

1 *Original research manuscript*

2 **Mechanisms underlying the altered proliferation,** 3 **invasion and migration of endometrial carcinoma** 4 **cells via small interfering RNA specific Snail-1** 5 **transcription factor in HEC-1A cells**

6 Jun Jiang ^{1,*}, Jianfen Wang ¹, Yong Shen ¹, Xuelu Jiang ¹

7 ¹ The First Affiliated Hospital of Zhejiang Chinese Medical University, Hangzhou (31006), China

8 * Correspondence: junjiang026@gmail.com

9

10 **Abstract:** Snail-1 is a transcription factor that play a role in the regulation of invasion, and
11 metastasis of malignant cells via modulation of the epithelial-to-mesenchymal transition (EMT)
12 process. Here in the current investigation, we knocked down the expression of Snail-1 through
13 small interference RNA (siRNA) in Endometrial carcinoma (EC) associating cell line, namely HEC-
14 1A, and then assessed the migration and proliferation of the transfected cells. We exerted Snail-1
15 specific siRNA to transfect the HEC-1A cells. Using quantitative Real-time PCR, the mRNA
16 expression levels of Snail-1, MMP-9, Vimentin, and E-cadherin as well as expression level of miR-
17 34a were measured. In addition, western blotting was carried out to determine the protein level of
18 Snail-1. Using MTT and migration assay, the ability of transfected HEC-1A cells in proliferation
19 and migration was evaluated. Snail-1 mRNA and protein expressions were decreased after
20 transfection of HEC-1A cells. As well transfection caused decreased expression of MMP-9 and
21 vimentin, while the expressions of E-cadherin and miR-34a were increased. Transfection of HEC-
22 1A cells resulted in promoted apoptosis rate and reduced migration ability. EMT of EC tumor cells
23 is partially under the impression of Snail-1, which alters the apoptosis and metastasis of these
24 cells. As a consequence, silencing Snail-1 by siRNA may suggest a potentially promising tool in
25 the EC therapy.

26 **Keywords:** Endometrial carcinoma; Snail-1; siRNA; metastasis; apoptosis

27

28 **1. Introduction**

29 Endometrial carcinoma (EC) is a most critical cause of malignancies in the female genital tract,
30 that has recently been reported to confer an increasing incidence and death rates. A large number of
31 affected subjects are detected when the disease is still found in the uterus, which is defined as stage
32 I or II of the International Federation of Gynecology and Obstetrics (FIGO) criteria. The 5-year
33 survival rates in patients with EC is between 74% to 91%. That notwithstanding, a 5-year overall
34 survival is 57–66% and 20–26% has been reported, in respective, for patients in the FIGO stage III
35 and IV [1]. A number of treatment approaches, including hormonal therapy, surgery,
36 chemotherapy, and radiation therapy has been prosperous in the therapy of EC patients when the
37 disease is localized, in spite of a little treatment options for the patients when the disease shows
38 metastasis [2]. As a consequence, it is paramount to reveal the precise molecular modulation that
39 are involved in the progression of the disease from a localized phenotype toward metastatic and
40 invasive phenotype.

41 The transforming from early-stage into advanced-stage tumor phenotype is related to a
42 process called epithelial-mesenchymal transition (EMT), participating in the migration, metastasis
43 and invasion of malignant cells [3, 4]. EMT can develop mesenchymal characteristics in the

44 epithelial cells, that in turn, promotes the detachment of malignant cells from the origin source of
45 tumor and allow their aftermath invasive mobilization, providing the metastatic ability to the
46 cancer cells [5]. An association has been indicated between EMT and the erosion of E-cadherin-
47 mediated cell-to-cell attachment in malignant cells [6]. EMT play a role in the triggering and
48 activation of mesenchymal signatures, including vimentin, and a number of EMT-stimulating
49 transcription factors, such as Snail.

50 *Snail family transcriptional repressor 1 (SNAIL1)* gene is harbored by the chromosome 20,
51 codifying a member of the Snail superfamily of zinc-finger transcription factors, namely Snail-1,
52 which plays a role in the transcription inhibition. Snail superfamily of zinc-finger transcription
53 factors are involved in the differentiation and survival cells that are expressed in them, charactering
54 two curtail cancer developing mechanisms [7, 8]. By suppression of E-cadherin, Snail-1 takes part in
55 the modulation of EMT, leading to controlling the mesenchymal features like migration and
56 metastasis. EMT underlying Snail-1 dysregulation has been associated with E-cadherin and
57 claudins underexpression as well as of fibronectin and vimentin overexpression [9]. Furthermore,
58 Snail-1 has been shown to be involved in the upregulation of matrix metalloproteinase (MMP)-9,
59 and therefore, regulates the migration and invasion and of tumor cells [9, 10]. A bulk of
60 investigations has testified the role of Snail-1 in the modulation of molecules involved in the EMT,
61 including E-cadherin, vimentin, and MMP-9, as well as microRNAs (miRNAs) like miR-34a,
62 thereby, impressing the invasion, migration, and metastasis of cancer cells [11-15].

63 Herein, in this study, the expression of Snail-1 was silenced via siRNA in EC related HEC-1A
64 cell line, and then evaluated the EMT process in the transfected cells through studying the
65 migration and proliferation abilities of the HEC-1A cells.

66 2. Results

67 2.1. mRNA expression of Snail-1

68 After transfection of HEC-1A cells with Snail-1 specific siRNA, it was observed that the mRNA
69 expression of Snail-1 was downregulated after 24 hrs (Fold change = -0.76, P= 0.0081), 48 hrs (Fold
70 change = -0.71, P= 0.006), and 72 hrs (Fold change = -0.61, P= 0.00011) compared with the negative
71 control group (Figure 1.a). On the other side, as the dose of Snail-1 specific siRNA increased, the
72 mRNA expression of Snail-1 was decreased in HEC-1A cells; in a dose dependent pattern, the
73 expression of Snail-1 mRNA was downregulated in 40 pmol of Snail-1 specific siRNA (Fold change
74 = -0.81, P= 0.021), 60 pmol of Snail-1 specific siRNA (Fold change = -0.63, P= 0.00021), and 80 pmol of
75 Snail-1 specific siRNA (Fold change = -0.59 1, P= 0.00035) in Snail-1 transfected HEC-1A cells
76 compared with the negative control cells (Figure 1.b).

77

78 2.2. Snail-1 protein level

79 Figure 2.a indicates the intensity of the protein bands after electrophoresis after transfection of
80 HEC-1A cells with Snail-1 specific siRNA. According to the figure 2.b, transfected HEC-1A cells
81 demonstrated a statistically significant downregulation of the Snail-1 protein expression in 60 pmol
82 of Snail-1 specific siRNA (Fold change = -0.80, P= 0.0044) and 80 pmol of Snail-1 specific siRNA
83 (Fold change = -0.49, P= 0.00059) compared with the negative control group.

84

85 2.3 Expression of target genes and miR-34a

86 Snail-1 specific siRNA transfection resulted in significant downregulation of MMP-9 mRNA in 40
87 pmol of siRNA (Fold change = -0.82, P= 0.0045), 60 pmol of siRNA (Fold change = -0.69, P= 0.00088),
88 and 80 pmol of siRNA (Fold change = -0.48, P= 0.000036) compared with the negative control
89 (Figure 3.a). Transfection of Snail-1 specific siRNA eventuated in significant downregulation of
90 mRNA expression of vimentin in HEC-1A cells after adding 40 pmol of siRNA (Fold change = -0.77,
91 P= 0.025), 60 pmol of siRNA (Fold change = -0.71, P= 0.00012), and 80 pmol of siRNA (Fold change =
92 -0.47, P= 0.00055) compared with the negative control group (Figure 3.b). On the other hand, it was
93 seen that transfection of Snail-1 specific siRNA into HEC-1A cells resulted in significant

94 upregulation of E-cadherin mRNA after adding 40 pmol of siRNA (Fold change = 1.9, P= 0.00031),
 95 60 pmol of siRNA (Fold change = 2.5, P= 0.00065), and 80 pmol of siRNA (Fold change = 3.1, P=
 96 0.00023) compared with the negative control group (Figure 3.c). Moreover, an upregulation of miR-
 97 34a was detected in HEC-1A cells upon transfection with 40 pmol of siRNA (Fold change = 1.5, P=
 98 0.0089), 60 pmol of siRNA (Fold change = 1.9, P= 0.00071), and 80 pmol of siRNA (Fold change = 2.2,
 99 P= 0.00064) compared with the negative control group (Figure 3.d).

100

101 2.4 Apoptosis rate

102 It was detected that HEC-1A transfection with adding 80 pmol siRNA Snail-1 specific siRNA led to
 103 statistically significant promotion in the rate of apoptotic cells after 48 hrs (P= 0.034), 72 hrs (P=
 104 0.014), and 96 hrs (P= 0.0088) in comparison to the negative control group (Figure 4).

105

106 2.5 Migration of HEC-1A cells

107 According to the wound healing assay, it was seen that transfection of Snail-1 specific siRNA
 108 resulted in a significant reduction in the number of migrated HEC-1A cells to the scratched region
 109 after 24 hrs (P= 0.00054), 48 hrs (P= 0.00066), and 72 hrs (P= 0.00066) compared with the negative
 110 control group (Figure 5).

111

112 2.6. Figures, Tables

113

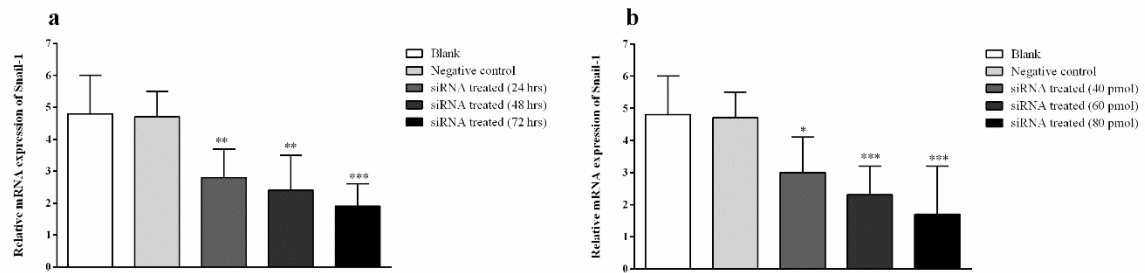
114 **Table 1.** The primer sequences exerted in the Real-time expression analysis in HEC-1A cells.

Gene name	Strand	Sequences
E-cadherin	Forward	5'-TCCATTTCTTGGTCTACG CC-3'
	Reverse	5'-CACCTTCAGCCAACCTGTTT-3'
Snail-1	Forward	5'-GGTTCTTCTGCGCTACTGCTG-3'
	Reverse	5'-GTCGTAGGGCTGCTGGAAGG-3'
MMP-9	Forward	5'-ATTTCTGCCAGGACCGCTTCTAC-3'
	Reverse	5'-ATCCGGCAAACCTGGCTCCTTC-3'
Vimentin	Forward	5'-CAGGCAAAGCAGGAGTCCA-3'
	Reverse	5'-AAGTTCTCTTCCATTTACGCA-3'
β -actin	Forward	5'-TCCCTGGAGAAGAGCTACG-3'
	Reverse	5'-GTAGTTTTCGTGGATGCCACA-3'
Let-7a	Target sequence	5'-UGAGGUAGUAGGUUGUAUAGUU-3'
miR-34a	Target sequence	5'-UGGCAGUGUCUUAGCUGGUUGU-3'

115

116

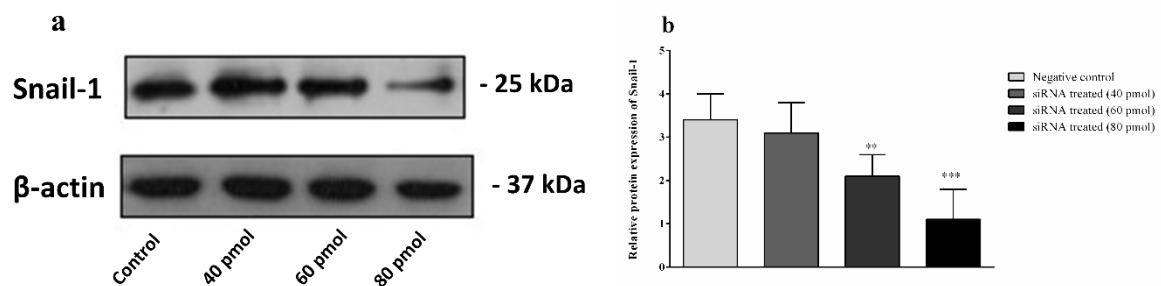
117



118

119 **Figure 1.** Transfection of HEC-1A cells by Snail-1 specific siRNA and aftermath expression of Snail-1. a; mRNA
 120 expression of Snail-1 in HEC-1A cells after of 24, 48 and 72 hrs from transfection of HEC-1A cells with 80 pmol
 121 of Snail-1 specific siRNA. b; Snail-1 mRNA expression after 48 hrs since transfection of HEC-1A cells with
 122 three doses of 40, 60, and 80 pmol of Snail-1 specific siRNA (Data are represented as mean \pm SD; * indicates $P <$
 123 0.05, ** indicates $P <$ 0.001, and *** $P <$ 0.0001).

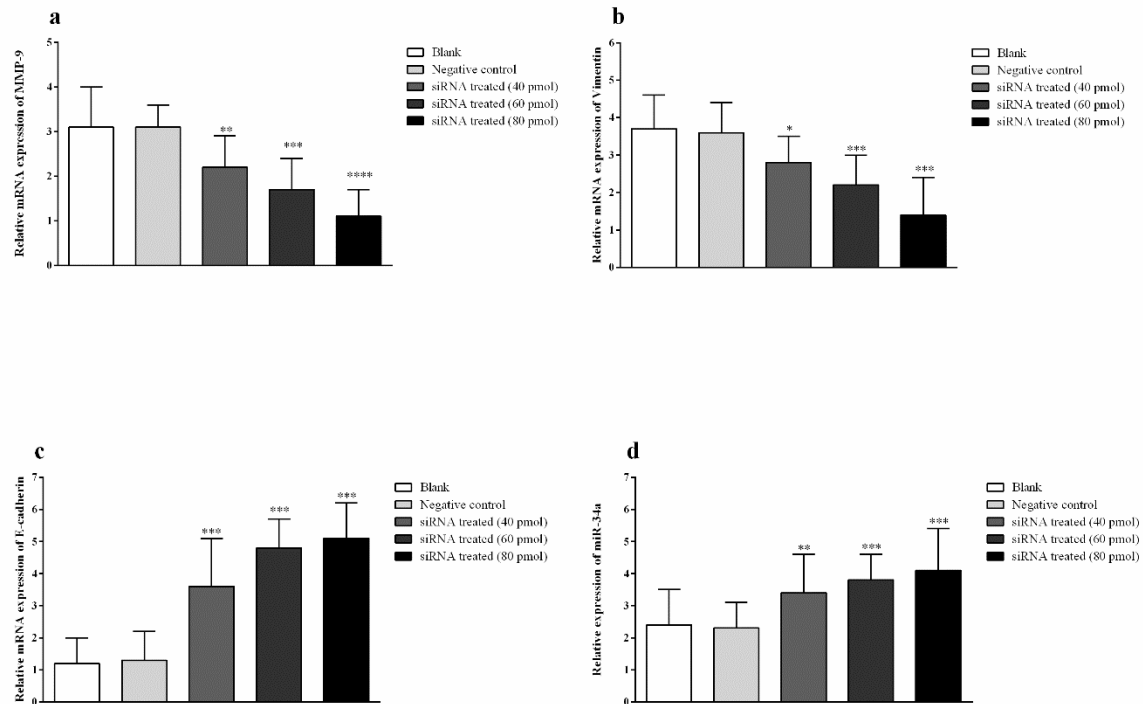
124



125

126 **Figure 2.** Expression of Snail-1 protein in HEC-1A cells transfected by Snail-1 specific siRNA. HEC-1A cells
 127 were transfected with three doses of 40 pmol, 60 pmol, and 80 pmol of Snail-1 specific siRNA. a; Expression
 128 level of each band was identified via densitometry and color density of each band was normalized to the β -
 129 actin protein level. Electrophoretic bands of the Snail-1 and β -actin proteins. b; protein expression of Snail-1
 130 was decreased after transfection of 40 pmol, 60 pmol, and 80 pmol of Snail-1 specific siRNA into HEC-1A cells
 131 (Data are represented as mean \pm SD; ** indicates $P <$ 0.01 and *** indicates $P <$ 0.001).

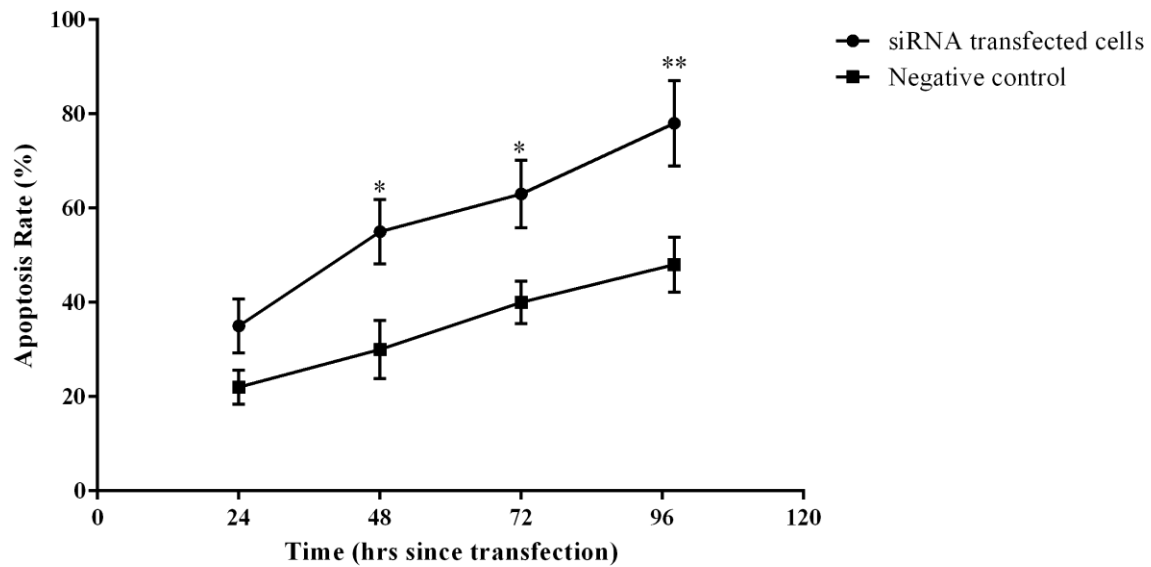
132



133

134 **Figure 3.** Bar graphs shows the expression levels of metastatic-related genes and miR-34a after transfection of
 135 HEC-1A cells by Snail-1 specific siRNA after 48 hrs. mRNA levels of a; MMP-9, b; Vimentin, c; E-cadherin, and
 136 d; miR-34a were evaluated after transfection of HEC-1A cells by three doses of 40 pmol, 60 pmol, and 80 pmol
 137 of Snail-1 specific siRNA compared with the negative control using quantitative Real-time PCR (Data are
 138 represented as mean \pm SD; * indicates $P < 0.05$, ** indicates $P < 0.01$, *** indicates $P < 0.001$, and **** indicates $P <$
 139 0.0001).

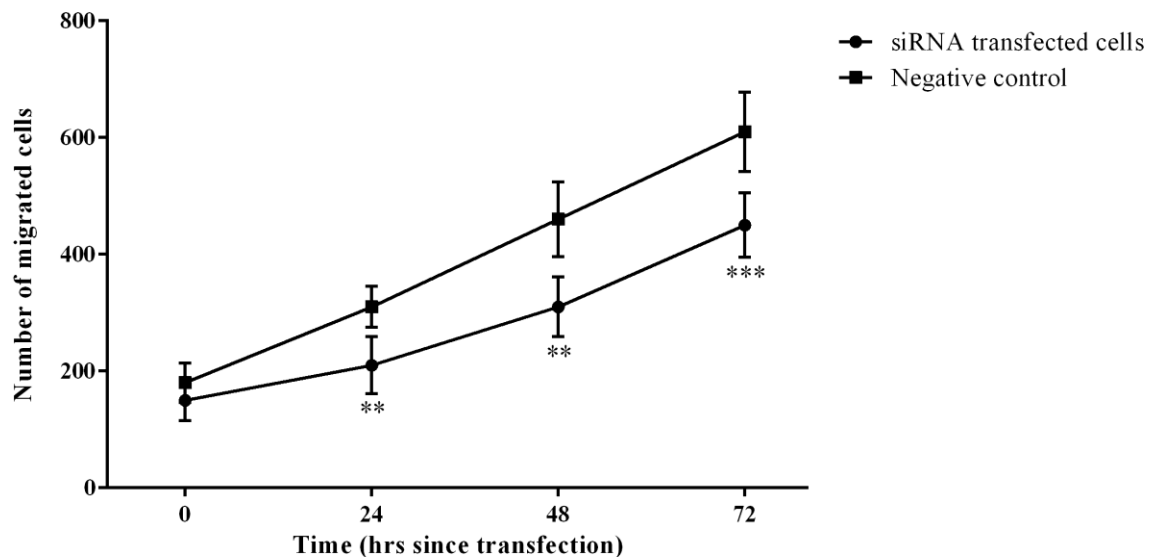
140



141

142 **Figure 4.** The apoptosis rate of HEC-1A cells after transfection with 40 pmol Snail-1 specific siRNA. Apoptosis
 143 of HEC-1A cells was determined by MTT assay after 24 hrs, 48 hrs, 72 hrs, and 96 hrs after transfection (Data
 144 are represented as mean \pm SD; * indicates $P < 0.05$ and ** indicates $P < 0.01$).

145



146

147 **Figure 5.** Migration of HEC-1A cells after transfection with Snail-1 specific siRNA since 0 hrs, 24 hrs, 48 hrs,
 148 and 72 hrs. A monolayer of HEC-1A cells seeded on wells was transfected by Snail-1 specific siRNA and a
 149 scratched was generated on the plate surface, and the filling of gaps was evaluated after 0 hrs, 24 hrs, 48 hrs,
 150 and 72 hrs (Data are presented as means \pm SD; ** indicates $P < 0.01$ and *** indicates $P < 0.001$).

151

152 **3. Discussion**

153 Phenotypic as well as molecular transformation of epithelial cells to a mesenchymal phenotype
154 having migratory ability is defined as EMT, which takes an active part in the progression of
155 malignancies [17-19]. Numerous investigations suggest the EMT is the underlying mechanism of
156 cancerous behaviors, such as invasion, migration, and metastasis of malignant cells [20]. As a
157 consequence, it would be of interest to evaluate the detailed molecular mechanisms of invasion and
158 metastasis underlying EMT in EC. A bulk of surveys has established the involvement of Slug/Snail
159 zinc-finger proteins in the tumor behaviors of malignant cells by means of suppression of the
160 adhesive properties of epithelial cells [21-23]. Hence, Snail family proteins, particularly snail-1, are
161 potential targets for the designing of therapeutic strategies.

162 Gene silencing via RNA interference (RNAi) has been a rapidly growing concept as a
163 personalized strategy in the treatment of malignancies. Small interfering RNAs (siRNAs) are
164 effector molecules that have the potential silence important genes involved in the development of
165 malignancies [24]. The currently available therapeutic strategies for EC therapy are hormonal
166 therapy, surgery, chemotherapy, immunotherapy, radiation therapy, or a combination of these
167 methods [25]. That notwithstanding, these strategies have not fully been successful in the therapy of
168 EC patients. Therefore, in this study we hypothesized to evaluate the potential of Snail-1 silencing
169 by siRNA in amelioration the invasive and metastatic features of EC *in vitro*.

170 Snail-1 expression has been established to be in immediate association with the metastatic
171 feature of tumor cells. *In vitro* experiments have demonstrated that Snail is required for metastasis
172 of tumor cells to the lymph node [26]. In addition, increased mRNA expression of Snail was
173 reported in the metastatic lesions obtained from ovarian cancer [27]. As well, it was reported that
174 the nuclear expression of Snail and Slug were positive in 16.9% and 3.7%, respectively, in EC
175 tumors. Furthermore, nuclear expression of Snail, representing EMT, was significantly associated
176 with myometrial invasion, FIGO stage, positive peritoneal cytology as well as survival of EC
177 patients [28]. Studies have also indicated that Snail regulates the expression of vimentin and MMP-
178 9 in the glioma cell lines [29]. In line with these reports, we contemplated that Snail-1 expression
179 silencing can decrease the metastatic behaviors of EC cells. We observed that targeting Snail-1 in
180 HEC-1A cells led to underexpression (MMP-9 and vimentin) and overexpression (E-cadherin) of
181 EMT-related gens.

182 Although the Snail-1 expression level has been previously evaluated in EC [28], little studies
183 have evaluated the impression of Snail-1 knockdown on the apoptosis and migration of EC tumor
184 cells. However, it has previously been indicated that that that Snail-1 silencing led to promotion of
185 apoptosis in tumor cells [13, 30, 31]. Here in the current study, transfection of Snail-1 specific siRNA
186 transfection increased the apoptosis of HEC-1A cells.

187 Expression of vimentin and fibronectin as the mesenchymal markers is decreased during EMT,
188 while expression of the epithelial markers like Mucin-1 and E-cadherin is increased. It has been
189 reported that Snail knockdown resulted in the decreased expression of vimentin in the breast cancer
190 cell lines [26]. Moreover, E-cadherin expression has been demonstrated to be reduced in EC that
191 was associated with EMT [28]. Our experiments indicated that Snail-1 silencing resulted in
192 upregulation of E-cadherin, alongside with downregulation of vimentin and MMP-9, in HEC-1A
193 cells, which was associated with a marked decrease of cell migration and metastasis.

194 Protease enzymes participate in the development of EMT by means of degradation of
195 extracellular matrix, facilitating the migration and metastasis of malignant cells [32]. MMPs have
196 been reported to play a role in increasing the migration and metastasis of malignant cells [33-35].
197 Invasion of hepatoma cells has been established to be under the impression of Snail function by
198 means of MMP upregulation [36]. Alternately, the generation of MMP-9 and vimentin was
199 increased by Snail in the glioma cell lines [29]. Our experiments revealed that silencing of Snail-1
200 culminated in underexpression of metastasis-related gene MMP-9 and the number of migrated cells
201 was decreased.

202 miR-34a has been implicated as a tumor suppressor that is involved in the pathogenesis of
203 various malignancies [37, 38], as well as EC [39, 40]. miR-34a was reported to be downregulated in
204 EC tissues and negatively correlated with Notch1 expression. Moreover, miR-34a suppressed the
205 proliferation, migration, invasion, EMT-associated phenotypes by downregulating the Notch1
206 expression in EC cells. Furthermore, upregulation of miR-34a repressed the tumor growth in nude
207 mice [41]. Furthermore, underexpression of miR-34a was reported in the esophageal squamous-cell
208 carcinomas. However, upregulation of miR-34a culminated in the increased apoptosis of cancer
209 cells, while downregulated the MMP-2 and MMP-9 expressions, which in turn, repressed invasive
210 and migrative properties of cancer cells [38]. Here, our experiments revealed that transfection of
211 HEC-1A cells by Snail-1 specific siRNA eventuated in upregulation of miR-34a and downregulation
212 of MMP-9, conferring a decreased ability of HEC-1A cells to migrate.

213 Taking all the findings together, this was the first investigation, to our best knowledge, to
214 evaluate the role of Snail-1 silencing by siRNA in impressing the EMT of EC HEC-1A cells. Snail-1
215 specific siRNA declined the expression of Snail-1 mRNA in EC HEC-1A cells. Moreover, the
216 apoptosis rate of HEC-1A cells was increased. As well, migration potential of HEC-1A cells was
217 decreased upon transfection, alongside with downregulation of MMP-9 and vimentin as well as
218 upregulation of E-cadherin and miR-34a. As a result, silencing of Snail-1 by specific siRNA suggests
219 a therapeutic strategy for EC therapy. That notwithstanding, arming with further data about the
220 molecular regulation of EC by Snail-1 might contribute to the successful EC treatment.

221 4. Materials and Methods

222 4.1. Cell culture

223 The EC related HEC-1A cell line was chosen for the transfection that was maintained and
224 cultured in the Roswell Park Memorial Institute (RPMI) 1640 culture medium (Sigma-Aldrich, St.
225 Louis, MO, USA), which was supplemented with 10% fetal bovine serum (FBS; Sigma-Aldrich, St.
226 Louis, MO, USA), 1% penicillin/streptomycin antibiotics (Gibco Inc., Paisley, UK). The culture
227 conditions were 37 °C temperature, 5% CO₂, and 95% humidity. Every 24 hrs, the culture medium
228 was exchanged, and passaging was performed when the confluency was approximately 80–90%.

229 4.2. siRNA transfection of HEC-1A cells

231 DNA oligonucleotides (siRNAs) targeting specifically the Snail-1 contain three different pooled
232 siRNA duplexes sequences (first sequence, sense strand of 3'-GGACUUUGAUGAAGACCAUtt-5'
233 and antisense strand of 3'-AUGGUCUUCAAAAGUCctt-5'; second sequence, sense strand of 3'-
234 CACGAGGUGUGACUAAACUAtt-5' and antisense strand of 3'-UAGUUAGUCACACCUCGUGtt-
235 5'; third sequence, sense strand of 3'-GCGAGCUGCAGGACUCUAAAtt-5' and antisense strand of 3'-
236 UUAGAGUCCUGCAGCUCGctt-5'). In addition, the negative scrambled control siRNA (Santa
237 Cruz Biotechnology, Inc) was also transfected to the control HEC-1A group. For transfection, 2×10⁵
238 HEC-1A cells/well was cultured in 6-well plates. After 18 hrs, different doses of transfection reagent
239 and siRNA was added into the cells with at least 70% confluency. Cell harvesting was conducted
240 after 24, 48, and 72 hrs since transfection, and then RNA and protein content of cells were isolated.

241 4.3. Extraction of RNA, synthesis of cDNA

243 Using the Trizol (Qiagen, Germany), the total RNA was extracted from the HEC-1A cells,
244 according to the manufacturer's user manual guidelines. A NanoDrop spectrophotometer (2000c,
245 Thermo Fisher Scientific, USA) device was applied to examine the purity and integrity of isolated
246 RNA. Afterwards, the reverse transcription of extracted RNAs was conducted to complementary
247 DNA (cDNA) by TAKARA cDNA synthesis Kit (TAKARA, Japan), according to the manufacturer's
248 user manual protocol. On the other side, to evaluate the transcript level of miR-34a, miScript II RT
249 Kit (Cat no. 218161, Qiagen, Hilden, Germany) was used for reverse transcription of the extracted
250 RNA to cDNA.

251

252 4.4. Quantitative Real-time-PCR

253 The RealQ Plus Master Mix Green High ROX (AMPLIQON, Odense M, Denmark) and
254 StepOne Plus Real-time PCR device (Applied Biosystems, Foster City, CA, USA) were applied for
255 quantitative Real-time PCR detection of mRNA and miRNA expressions. For performing Real-time
256 PCR, the primers were obtained from Primer Bank (<https://pga.mgh.harvard.edu/primerbank/>; for
257 more details, see Table 1). Normalization of the transcript levels of the mRNA and miRNA was
258 performed to the expression level of corresponding housekeeping gene β -actin. The widely exerted
259 comparative C_T approach was used to calculate the relative expression levels of target genes using
260 the $2^{-\Delta\Delta C_T}$ formula as suggested by Schmittgen and Livak [16].

261

262 4.5. MTT assay

263 To determine the proliferation or apoptosis of Snail-1 specific siRNA transfected HEC-1A cells,
264 the methyl-thiazol-tetrazolium (MTT) assay was carried out. HEC-1A cells (5×10^3) were seeded in
265 three replicates in the 96-well and 100 μ l RPMI 1640 medium was added to each well. The
266 transfection of the HEC-1A cells was conducted on the cells as described above. After that, HEC-1A
267 cells from control and transfected groups were cultured for 24, 48, 72, and 96 hrs. Then 100 μ l of
268 MTT reagent (Sigma, Germany) with the concentration of 0.0005 gr/ml in PBS was added to each
269 well and incubation of the plates was conducted for 4 hrs. After that, 100 μ l of dimethyl sulfoxide
270 (DMSO) was added to each well to stop the formazan crystal production and incubation of plates
271 was conducted for 30 min on the shaker in the room temperature conditions. Finally, the optical
272 density (OD) of each well was measured by an ELISA reader (Tecan Spectra, Austria) device at 570
273 nm wavelength.

274

275 4.6. Western blot analysis

276 The RIPA buffer (25 mM Tris HCl pH 7.6, 150 mM NaCl, 1% NP-40, 1% sodium deoxycholate,
277 0.1% SDS) was exerted to extract the protein from HEC-1A cells. After that, 100 μ g of the extracted
278 total protein was electrophoresed on 12.5% Sodium dodecyl sulfate (SDS) polyacrylamide gel (SDS-
279 PAGE), proceeding by electroblotting on the Polyvinylidene fluoride (PVDF) membranes.
280 Afterwards, 3% bovine serum albumin (BSA) in TBST solution (1 \times Tris-Buffered Saline, 0.1%
281 Tween-20) was added to block the membranes at the room temperature conditions (overnight). The
282 primary Rabbit polyclonal antibodies were used for detection of protein levels of Snail-1 (1:500, sc-
283 28199, Santa Cruz Biotechnology) and β -actin (1:3000, monoclonal antibody, Abcam), as the
284 housekeeping protein. After that, the membrane was washed and then incubated with horseradish
285 peroxidase (HRP)-conjugated goat anti-rabbit secondary polyclonal antibody (1:3000, Santa Cruz
286 Biotechnology). To evaluate the protein levels, the electrochemiluminescence (ECL) kit (Roche
287 Diagnostics GmbH) was used. Finally, protein level quantification was conducted by the NIH
288 ImageJ 1.63 software.

289

290 4.7. Wound healing assays

291 The metastatic and migration potential of HEC-1A cells after transfection with Snail-1 specific
292 siRNA was determined through the wound healing assay. According to this assay, the ability of
293 transfected cells was evaluated via the filling the gap area. First, 10×10^5 HEC-1A cells per well were
294 seeded in 24-well plates. Subsequently, after reaching a 90% confluency, a scratch was created on
295 the plates across the cell monolayer via a sterile pipette tip to generate a linear gap region. After
296 that, the plate surface was washed with PBS to remove cell debris from the plates. Afterwards,
297 HEC-1A cells were transfected using 80 pmol Snail-1 specific siRNA. The experiments were
298 repeated in a triplicate order. Using light microscopy, an image of the plates was captured at 0, 24,
299 48, and 72 hrs after scratching. The number of migrated cells was calculated by the NIH ImageJ 1.63
300 software.

301

302 4.8. Statistical analysis

303 The statistical analysis of data and plotting of graphs was performed via GraphPad Prism v.7
 304 software (GraphPad Software, La Jolla California USA). The non-parametric Kruskal–Wallis test
 305 was conducted to determine the differences between groups. The data were shown as mean \pm
 306 standard deviation (SD) obtained from three independent experiments and *P* values less than 0.05
 307 were regarded as statistically significant level.
 308

309 **Author Contributions:** Conceptualization, J.J and Y.S.; methodology, Y.S.; software, Y.S.; validation, J.J., W.J.
 310 and S.Y.; formal analysis, J.J.; investigation, W.J.; resources, X.J.; data curation, W.J.; writing original draft, J.J.;
 311 writing review and editing, J.J.; visualization, Y.S.; supervision, X.J.; project administration, J.J.

312

313 **Conflicts of Interest:** The authors declare no conflict of interest.

314 Abbreviations

EMT	epithelial-to-mesenchymal transition
siRNA	small interference RNA
EC	Endometrial carcinoma
<i>SNAIL1</i>	<i>Snail family transcriptional repressor 1</i>
MMP	Matrix metalloproteinase
MTT	Methyl-thiazol-tetrazolium
DMSO	Dimethyl sulfoxide
OD	Optical density
SDS-	Sodium dodecyl sulfate polyacrylamide gel
PAGE	
PVDF	Polyvinylidene fluoride
BSA	Bovine serum albumin
HRP	Horseradish peroxidase

315 References

- 316 1. Creasman WT, Odicino F, Maisonneuve P, Quinn MA, Beller U, Benedet JL, et al. Carcinoma of the
 317 corpus uteri. FIGO 26th Annual Report on the Results of Treatment in Gynecological Cancer. *Int J*
 318 *Gynaecol Obstet.* 2006;95 Suppl 1:S105-43.
- 319 2. Rauh-Hain JA, del Carmen MGJTo. Treatment for advanced and recurrent endometrial carcinoma:
 320 combined modalities. 2010;15(8):852-61.
- 321 3. Thiery JP, Acloque H, Huang RY, Nieto MAJc. Epithelial-mesenchymal transitions in development
 322 and disease. 2009;139(5):871-90.
- 323 4. Yang J, Weinberg RAJDC. Epithelial-mesenchymal transition: at the crossroads of development and
 324 tumor metastasis. 2008;14(6):818-29.
- 325 5. Thiery JP, Sleeman JPJNrMcb. Complex networks orchestrate epithelial–mesenchymal transitions.
 326 2006;7(2):131.
- 327 6. Halbleib JM, Nelson WJJG, development. Cadherins in development: cell adhesion, sorting, and
 328 tissue morphogenesis. 2006;20(23):3199-214.
- 329 7. Peinado H, Olmeda D, Cano A. Snail, Zeb and bHLH factors in tumour progression: an alliance
 330 against the epithelial phenotype? *Nature Reviews Cancer.* 2007;7(6):415-28.
- 331 8. Francí C, Gallen M, Alameda F, Baro T, Iglesias M, Virtanen I, et al. Snail1 protein in the stroma as a
 332 new putative prognosis marker for colon tumours. *PLoS One.* 2009;4(5):e5595.
- 333 9. Kaufhold S, Bonavida B. Central role of Snail1 in the regulation of EMT and resistance in cancer: a
 334 target for therapeutic intervention. *Journal of Experimental & Clinical Cancer Research.* 2014;33(1):62.
- 335 10. Taki M, Higashikawa K, Yoneda S, Ono S, Shigeishi H, Nagayama M, et al. Up-regulation of stromal
 336 cell-derived factor-1 alpha and its receptor CXCR4 expression accompanied with epithelial-mesenchymal
 337 transition in human oral squamous cell carcinoma. *Oncology reports.* 2008;19(4):993.
- 338 11. Sun M, Guo X, Qian X, Wang H, Yang C, Brinkman KL, et al. Activation of the ATM-Snail pathway
 339 promotes breast cancer metastasis. *Journal of molecular cell biology.* 2012;4(5):304-15.

- 340 12. Chen X-M, Huang Q-C, Yang S-L, Chu Y-L, Yan Y-H, Han L, et al. Role of micro RNAs in the
341 pathogenesis of rheumatoid arthritis: novel perspectives based on review of the literature. *Medicine*.
342 2015;94(31):e1326.
- 343 13. Musavi Shenaz SMH, Mansoori B, Mohammadi A, Salehi S, Kaffash B, Talebi B, et al. SiRNA-
344 mediated silencing of snail-1 induces apoptosis and alters micro RNA expression in human urinary
345 bladder cancer cell line. *Artificial Cells, Nanomedicine, and Biotechnology*. 2016:1-6.
- 346 14. Dong P, Xiong Y, Watari H, Hanley SJ, Konno Y, Ihira K, et al. MiR-137 and miR-34a directly target
347 Snail and inhibit EMT, invasion and sphere-forming ability of ovarian cancer cells. *Journal of*
348 *Experimental & Clinical Cancer Research*. 2016;35(1):132.
- 349 15. Mansoori B, Mohammadi A, Shirjang S, Baghbani E, Baradaran B. Micro RNA 34a and Let-7a
350 Expression in Human Breast Cancers is Associated with Apoptotic Expression Genes. *Asian Pacific*
351 *Journal of Cancer Prevention*. 1887;17(4).
- 352 16. Schmittgen TD, Livak KJ. Analyzing real-time PCR data by the comparative CT method. *Nature*
353 *protocols*. 2008;3(6):1101-8.
- 354 17. Barrallo-Gimeno A, Nieto MA. The Snail genes as inducers of cell movement and survival:
355 implications in development and cancer. *Development*. 2005;132(14):3151-61.
- 356 18. Huber MA, Kraut N, Beug H. Molecular requirements for epithelial-mesenchymal transition during
357 tumor progression. *Current opinion in cell biology*. 2005;17(5):548-58.
- 358 19. Najafi-Hajivar S, Zakeri-Milani P, Mohammadi H, Niazi M, Soleymani-Goloujeh M, Baradaran B, et
359 al. Overview on experimental models of interactions between nanoparticles and the immune system.
360 *Biomedicine & Pharmacotherapy*. 2016;83:1365-78.
- 361 20. Mani SA, Guo W, Liao M-J, Eaton EN, Ayyanan A, Zhou AY, et al. The epithelial-mesenchymal
362 transition generates cells with properties of stem cells. 2008;133(4):704-15.
- 363 21. Peinado H, Marin F, Cubillo E, Stark H-J, Fusenig N, Nieto MA, et al. Snail and E47 repressors of E-
364 cadherin induce distinct invasive and angiogenic properties in vivo. *Journal of cell science*.
365 2004;117(13):2827-39.
- 366 22. Olmeda D, Jorda M, Peinado H, Fabra A, Cano A. Snail silencing effectively suppresses tumour
367 growth and invasiveness. *Oncogene*. 2007;26(13):1862-74.
- 368 23. Usami Y, Satake S, Nakayama F, Matsumoto M, Ohnuma K, Komori T, et al. Snail-associated
369 epithelial-mesenchymal transition promotes oesophageal squamous cell carcinoma motility and
370 progression. *The Journal of pathology*. 2008;215(3):330-9.
- 371 24. Ahmadzada T, Reid G, McKenzie DRJBr. Fundamentals of siRNA and miRNA therapeutics and a
372 review of targeted nanoparticle delivery systems in breast cancer. 2018;10(1):69-86.
- 373 25. Miller KD, Siegel RL, Lin CC, Mariotto AB, Kramer JL, Rowland JH, et al. Cancer treatment and
374 survivorship statistics, 2016. 2016;66(4):271-89.
- 375 26. Olmeda D, Moreno-Bueno G, Flores JM, Fabra A, Portillo F, Cano A. SNAIL1 is required for tumor
376 growth and lymph node metastasis of human breast carcinoma MDA-MB-231 cells. *Cancer research*.
377 2007;67(24):11721-31.
- 378 27. Elloul S, Bukholt Elstrand M, Nesland JM, Tropé CG, Kvalheim G, Goldberg I, et al. Snail, Slug, and
379 Smad-interacting protein 1 as novel parameters of disease aggressiveness in metastatic ovarian and breast
380 carcinoma. *Cancer*. 2005;103(8):1631-43.
- 381 28. Tanaka Y, Terai Y, Kawaguchi H, Fujiwara S, Yoo S, Tsunetoh S, et al. Prognostic impact of EMT
382 (epithelial-mesenchymal-transition)-related protein expression in endometrial cancer. 2013;14(1):13-9.
- 383 29. Mahabir R, Tanino M, Elmansuri A, Wang L, Kimura T, Itoh T, et al. Sustained elevation of Snail
384 promotes glial-mesenchymal transition after irradiation in malignant glioma. *Neuro-oncology*.
385 2013:not239.
- 386 30. Roy HK, Iversen P, Hart J, Liu Y, Koetsier JL, Kim Y, et al. Down-regulation of SNAIL suppresses
387 MIN mouse tumorigenesis: modulation of apoptosis, proliferation, and fractal dimension. *Molecular*
388 *cancer therapeutics*. 2004;3(9):1159-65.
- 389 31. Vega S, Morales AV, Ocaña OH, Valdés F, Fabregat I, Nieto MA. Snail blocks the cell cycle and
390 confers resistance to cell death. *Genes & development*. 2004;18(10):1131-43.
- 391 32. Crowe DL, Tsang KJ, Shemirani B. Jun N-Terminal Kinase 1 Mediates Transcriptional Induction of
392 Matrix Metalloproteinase 9 Expression. *Neoplasia*. 2001;3(1):27-32.

- 393 33. 33. Gruss C, Herlyn M. Role of cadherins and matrixins in melanoma. *Current opinion in oncology*.
394 2001;13(2):117-23.
- 395 34. 34. Sheu B-C, Hsu S-M, Ho H-N, Lien H-C, Huang S-C, Lin R-H. A novel role of metalloproteinase in
396 cancer-mediated immunosuppression. *Cancer research*. 2001;61(1):237-42.
- 397 35. 35. Siahmansouri H, Somi MH, Babaloo Z, Baradaran B, Jadidi-Niaragh F, Atyabi F, et al. Effects of
398 HMGA2 siRNA and doxorubicin dual delivery by chitosan nanoparticles on cytotoxicity and gene
399 expression of HT-29 colorectal cancer cell line. *Journal of Pharmacy and Pharmacology*. 2016;68(9):1119-
400 30.
- 401 36. 36. Miyoshi A, Kitajima Y, Kido S, Shimonishi T, Matsuyama S, Kitahara K, et al. Snail accelerates cancer
402 invasion by upregulating MMP expression and is associated with poor prognosis of hepatocellular
403 carcinoma. *British journal of cancer*. 2005;92(2):252-8.
- 404 37. 37. Hemmatzadeh M, Mohammadi H, Jadidi-Niaragh F, Asghari F, Yousefi M. The role of oncomirs in
405 the pathogenesis and treatment of breast cancer. *Biomedicine & Pharmacotherapy*. 2016;78:129-39.
- 406 38. 38. Shi H, Zhou S, Liu J, Zhu J, Xue J, Gu L, et al. miR-34a inhibits the in vitro cell proliferation and
407 migration in human esophageal cancer. *Pathology-Research and Practice*. 2016;212(5):444-9.
- 408 39. 39. Dong P, Xiong Y, Yue J, Hanley SJ, Watari HJO. miR-34a, miR-424 and miR-513 inhibit MMSET
409 expression to repress endometrial cancer cell invasion and sphere formation. 2018;9(33):23253.
- 410 40. 40. Choi YS, Lee KEJJocp. The Significance of miR-34a Expression in Endometrial Carcinogenesis:
411 Correlation With Expression of p16 and Ki-67 Proteins in Endometrial Cancers. 2015;20(4):268.
- 412 41. 41. Wang Z, Wang W, Huang K, Wang Y, Li J, Yang XJO. MicroRNA-34a inhibits cells proliferation and
413 invasion by downregulating Notch1 in endometrial cancer. 2017;8(67):111258.
- 414 Title of Site. Available online: URL (accessed on Day Month Year).