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Article

# Biocompatible and Flexible Cellulose Film for the Reversible Colourimetric Monitoring of pH and Mg (II)

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## Highlights

- Fast, reversible colourimetric sensing of pH and Mg<sup>2+</sup> with high selectivity over Ca<sup>2+</sup> and common physiological ions
- Transparent, flexible, and biocompatible cellulose-based thin film material suitable for continuous real-time and wearable optical sensing
- Covalent immobilisation of Hyphan I chromophore on cellulose via vinylsulfonyl chemistry
- Stable, non-leaching sensor platform enabling scalable and cost-effective fabrication

## Abstract

Novel colourimetric sensors are readily devised by combining multifunctional (nano)materials with miniature optoelectronic components. The demand to detect and monitor metal ions has resulted in the invention of new colourimetric sensing schemes, especially for use at the Point-of-Need (PoN). Nonetheless, the design of fully *reversible* optical materials for continuous real-time ion monitoring remains a bottleneck in the practical realisation of sensors. Magnesium ion is vital to physiological and environmental processes, but monitoring can be challenging, particularly in the presence of Ca<sup>2+</sup> as a cross-sensitive interferent in real samples. In this work, a chromophore molecule Hyphan I (1-(2-hydroxy-5-β-hydroxyethylsulfonyl-phenyl-azo)-2-naphthol) has been grafted onto a cellulose matrix with a simple one-pot vinylsulfonyl process, to form a transparent, biocompatible and highly flexible thin-film colourimetric magnesium ion sensing material (Cellulose Film with Hyphan - CFH). The CFH film has a pH response time of < 60s over the pH range 4 to 9, with a pK<sub>a</sub> = 5.8. The LOD and LOQ for Mg<sup>2+</sup> at pH 8 are 0.089 mM and 0.318 mM, respectively, with an RSD = 0.93%. The CFH film exhibits negligible interference from alkaline and alkaline earth metals, but irreversibly binds certain transition metals (Fe<sup>3+</sup>, Cu<sup>2+</sup> and Zn<sup>2+</sup>). The CFH material has a fast and fully reversible colourimetric response to pH and Mg<sup>2+</sup> over physiologically relevant ranges without interference by Ca<sup>2+</sup>, demonstrating good potential for integration into microfluidic systems and wearable sensors for biofluid monitoring.

**Keywords:** colourimetric sensors; magnesium ions; pH sensing; cellulose based sensors; metal ion detection; wearable sensors

## 1. Introduction

The availability of new multifunctional (nano)materials and optoelectronic components has resulted in much research on novel colourimetric sensors for the detection and monitoring of analytes, especially for use at the Point-of-Need (PoN) [1–4]. The applications of colourimetric sensors

range from biomedicine, Point-of-Care (PoC) diagnostics, wearable devices, to food safety, agricultural and environmental monitoring, so there is a broad demand for functional sensors from these markets. Despite recent advances in rapid manufacturing technologies and ease of miniaturisation to micron scale features, the functional design of colourimetric materials that are both reversible and selective remains a challenge to the realisation of real-time optical chemical sensors as integrated analytical devices. Here, we address some of the functional challenges with the introduction of a biocompatible and flexible colourimetric thin-film sensor with fully reversible response to magnesium ions and pH.

Metal ions play a vital role in the regulation of biological and environmental processes [5,6], so monitoring of their presence and concentration is important across many application areas. Magnesium ion is vital to physiological processes and organisms [7], and for environmental [8] and agricultural balance in natural systems [9]. Besides the use of established ion-selective electrodes for the detection and quantification of  $Mg^{2+}$  [10], various optical sensors have been reported [11]. These include colourimetric [12,13], fluorescent [14–16] and surface plasmon-based devices [17]. The advantages of the simpler colourimetric sensors include a visible colour change that may be interpreted by the naked eye, operation with low-cost and portable instrumentation such as colour meters and photometers, may be mass produced on sustainable/green substrate materials such as paper and textiles, and may be used with commonly available mobile phone cameras [18–22]. Metal ion sensors can suffer from irreversible binding to the target ion and cross-sensitivity to interferent ions present in the sample due to strong binding constants. Reversibility may nonetheless be achieved with the right combination of substrate, indicator, analyte and immobilisation technique [23]. Choice of substrate material is therefore important and influences the ultimate reversibility of the sensor, its biocompatibility and wearability. Lastly, it is known that  $Mg^{2+}$  ion sensors often suffer from cross-sensitivity and interference to  $Ca^{2+}$  that is present in body fluids and environmental samples which is problematic for calibration [11].

Colourimetric sensors for metal ions may utilise established reversible ionophore systems like ion-selective optodes [24], gold and silver nanoparticle platforms [25], and organic chromophores [26]. Organic chromophores for pH and metal ion-sensing are typically Brønsted acidic/basic dyes or Lewis acid/base dyes, respectively, that change their absorption properties upon (de)protonation or complexation with metal ions. Ionochromic dyes are strong coordination ligands for colourimetric complexation of metal ions, and their immobilisation into polymer substrates is crucial in the design of stable sensing materials. Of the available immobilisation methods, covalent immobilisation of indicator dye directly to the solid substrate provides the greatest stability and durability and minimises leaching of the dye [27,28].

One of the most biocompatible and biodegradable sensor substrate materials is cellulose [29,30], although many biopolymers and their hydrogels are known to be suitable [31–34]. But the natural abundance, surface hydrophilicity, enhanced analyte diffusion, and high density of surface hydroxyls make cellulose a primary choice of substrate material [35,36]. Cellulose can be used in a variety of forms, including paper, film and nanofibers, moreover regenerated cellulose-based substrates like cellophane have good transparency, mechanical strength and are likely compatible with microfluidics - all of which are prerequisites for next-generation wearable sensors and continuous real-time monitoring [37].

Established metal-ion indicators containing an *o,o'* dihydroxy azobenzene complexation moiety, such as Eriochrome Black T (EBT) and Eriochrome Blue Black R (EBB), have been reported for the determination of transition metal ions, for  $Mg^{2+}$  and  $Ca^{2+}$  and for water hardness testing [38–41]. The structurally similar, but less well explored chelator, Hyphan I [42] has previously been used for the extraction of transition metal ions from complex mixtures [43]. Here, Hyphan I, 1-(2-hydroxy-5- $\beta$ -hydroxyethylsulfonyl-phenyl-azo)-2-naphthol, is used as a precursor for covalent immobilisation on cellulose. We anticipated that the combination of Hyphan I, a multifunctional chelating molecule, with a cellulose substrate would result in a new sensing material with enhanced optical properties and appropriate  $pK_a$  and binding constants for reversible response. Hyphan I was therefore grafted

onto cellulose in a simple one-pot vinylsulfonyl process to form a transparent, biocompatible and highly flexible thin-film colourimetric sensing material (Cellulose Film with Hyphan - CFH). The characterisation of CFH as an ion sensor shows a fast and fully reversible response to pH and  $Mg^{2+}$  in physiologically relevant ranges without cross-sensitivity to  $Ca^{2+}$ . This work demonstrates the future potential of CFH-based sensors to function as wearable and in-line microfluidic analytical devices for biofluid monitoring.

## 2. Materials and Methods

### 2.1. Chemicals

Chemicals for the synthesis of the dye were of reagent grade while chemicals for the immobilisation of the dye to cellulose (concentrated sulphuric acid, sodium hydroxide, sodium carbonate), buffers and chloride salts of alkali and alkaline earth metal ions for spectral evaluation (tris(hydroxymethyl)aminomethane (Tris), sodium dihydrogen phosphate, sodium acetate, sodium sulphate, boric acid, magnesium chloride hexahydrate, calcium chloride dihydrate, sodium chloride and potassium chloride) were all of analytical reagent grade. 2-Amino-4-(2-hydroxyethylsulfonyl)-phenol was obtained from Merck. The regenerated cellulose layers with a thickness of 35  $\mu m$  were from Innovia (NatureFlex™ 35 NP), Futamura Chemical Co. Ltd.

### 2.2. Synthesis of the Chromoionophore Hyphan I

The synthesis was performed according to a procedure described by Burba *et al.* [42]. Here, 1.47 g (6.8 mmol) of 2-amino-4-(2-hydroxyethylsulfonyl)-phenol was suspended in 2.2 mL (13.2 mmol) of 6 N hydrochloric acid and an additional 1.4 mL of distilled water and cooled to below 5 °C. To this, a solution of 0.28 g (4.1 mmol) of sodium nitrite in 2 mL of distilled water was added, and the resulting orange-brown suspension was stirred for 20 minutes at 5 °C and filtered. This filtrated diazotisation solution was slowly added to an ice-cooled solution of 0.58 g (4.0 mmol) of 2-naphthol previously dissolved in 2 mL of ethanol, and added to 0.2 g (5.0 mmol) of sodium hydroxide and 1.0 g (9.4 mmol) of sodium carbonate in 20 mL of distilled water. The resulting mixture was stirred for 3 hours. Then, it was acidified with 5 mL of 6 N hydrochloric acid to precipitate the red-brown dye. Column chromatography using dichloromethane/acetone (2:1) as the eluent gave red crystals.  $^1H$ -NMR (DMSO):  $\delta$  (ppm) 16.24 (s, 1H, -OH), 11.85 (s, 1 H, -OH), 8.43 (d, 1 H, =CH-), 8.32 (s, 1 H, =CH-), 7.93 (d, 1 H, =CH-), 7.67 (m, 3 H, =CH-), 7.47 (d, 1 H, =CH-), 7.20 (d, 1 H, =CH-), 6.78 (d, 1 H, =CH-), 4.93 (s, 1 H, -OH), 3.73 (t, 2 H, -CH<sub>2</sub>-), 3.52 (t, 2 H, -CH<sub>2</sub>-). Mass spectral analysis: 373,0 Da [MH<sup>+</sup>]. Yield: 20%.

### 2.3. Fabrication of Sensor Layers

Hyphan I indicator molecules were immobilised on transparent cellulose film (CFH) following the common procedure used for transparent cellulose, textiles and wipes [44]. In a typical immobilisation procedure, 50 mg of the dye was treated with 0.5 mL of concentrated sulfuric acid for 30 min at room temperature. This converts the hydroxyethylsulfonyl group of the indicator dye into the corresponding sulfonate. The sulfonated mixture was then poured into 400 mL of distilled water, and 1 mL of 32% sodium hydroxide solution was added to it for neutralisation. After placing the cellulose film for 5 minutes in this solution, 12.5 g of sodium carbonate in 100 mL of water was added to it, followed by the addition of 2.5 mL of 32% sodium hydroxide solution after 5 minutes. The sulfonated dye was converted into the chemically reactive vinylsulfonyl derivative in the prevailing basic condition, and in turn, vinylsulfonyl groups underwent Michael addition with the hydroxyl groups of the cellulose film. After 30 min, the indicator immobilised cellulose layers were removed from the dyeing bath and washed with distilled water.

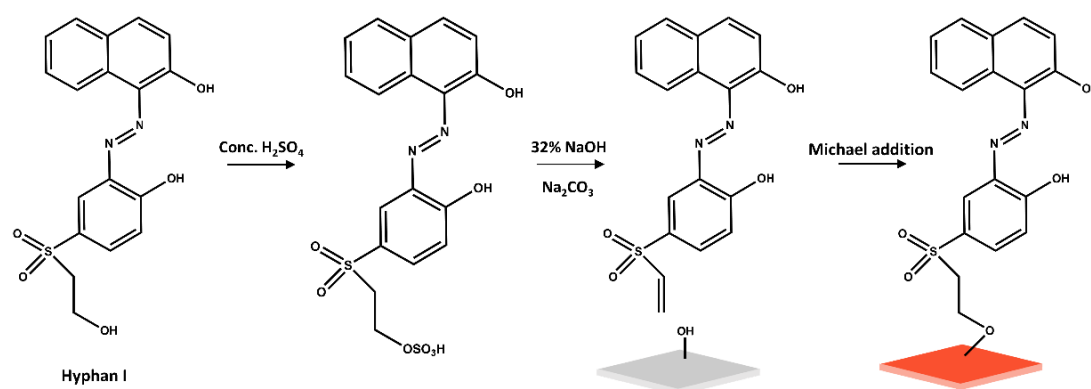
## 2.4. Measurements

For the pH-dependent sensing studies, Britton Robinson and Tris buffer solutions were used. The wide pH range Britton Robinson buffer was prepared using 0.04 M sodium acetate, 0.04 M boric acid, 0.04 M sodium dihydrogen phosphate, and 0.1 M sodium sulphate. For the interference-specific studies at pH 7.4 and 8.0, 50 mM Tris buffer was employed. 1.0 M aqueous sodium hydroxide and 1.0 M aqueous hydrochloric acid were used for pH adjustments of the buffer solutions. pH measurements were carried out using a WTW pH electrode SenTix 62. The optical responses of the Hyphan I immobilised cellulose (CFH) film corresponding to various pH and metal ion concentrations were collected using a Shimadzu UV-1280 UV-visible spectrometer in the absorbance mode. For this, the CFH film was cut according to the cuvette dimensions and placed against the cuvette wall, followed by the addition of different pH buffer solutions and metal ion concentrations into the cuvette. The sensing responses were then gathered by collecting the absorbance spectra.

## 3. Results and Discussion

### 3.1. Choice of Sensing Material

The colourimetric sensing material designed for this study was fabricated by covalent immobilisation of the azo indicator dye Hyphan I, 1-(2-hydroxy-5- $\beta$ -hydroxyethylsulfonyl-phenyl-azo)-2-naphthol, onto transparent cellulose films, **Figure 1**.



**Figure 1.** Hyphan I immobilisation on cellulose film to get the CFH sensitive material.

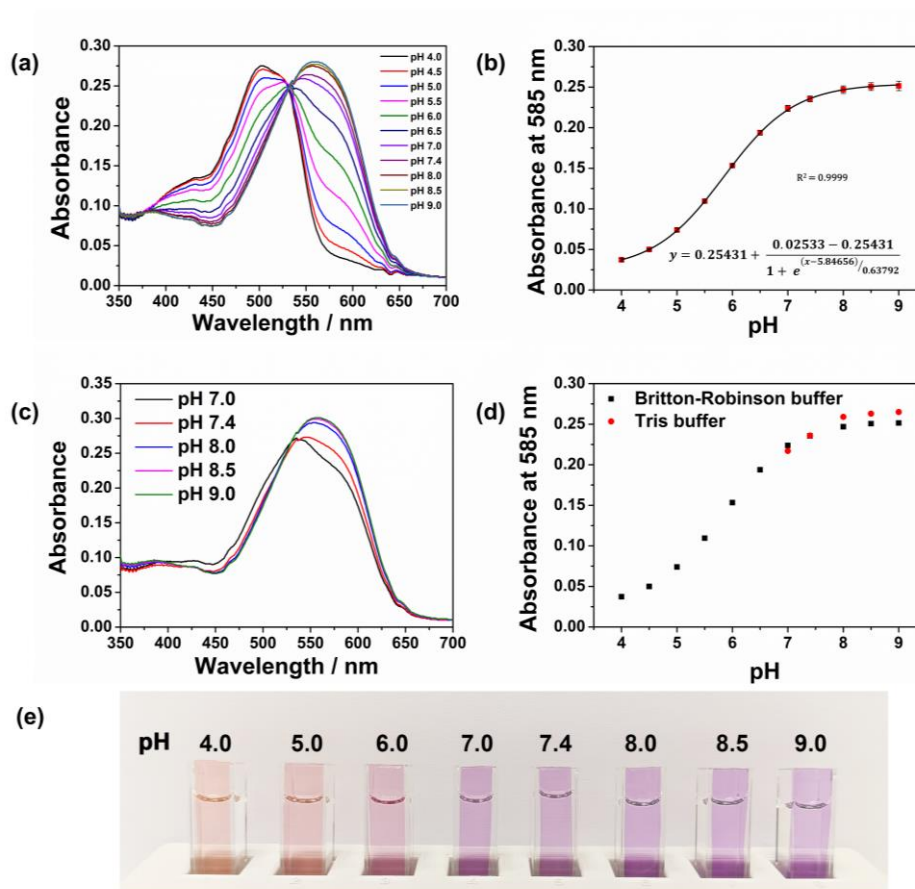
The dye contains naphtholic and phenolic hydroxyl groups, providing pH and metal ion complexation sites, while the hydroxyethylsulfonyl group at the end of the molecule can be used for grafting onto a cellulose film. Hyphan I is the same class of naphthol-type pH indicator dye together with Nitrazine Yellow and Naphthol Orange. It can serve as a pH indicator due to its ability to change colour with varying pH conditions. The dye molecule contains an *o,o'*-dihydroxy azobenzene moiety, similar to Erichrome Black T (EBT) and Erichrome Blue Black R (EBB) indicators, that are known for complexation of heavy metal and alkaline earth metal ions and which are used in various applications, including the removal of heavy metal ions from drinking water [38,40,42].

The covalent immobilisation of the dye is based on a simple one-pot vinylsulfonyl chemistry, schematically shown in **Figure 1** [44–46]. Typically, the molecule is first converted to a sulfonate in acidic conditions, followed by conversion to a chemically reactive vinylsulfonyl derivative under basic conditions. The vinylsulfonyl groups react with hydroxyl groups of the cellulose via Michael addition, providing a covalent attachment of the molecule onto the cellulosic material.

The resulting sensing material, CFH, is a 35  $\mu\text{m}$  thick, transparent, biocompatible and highly flexible cellulose film covalently functionalised with Hyphan I colourimetric indicator. It is known that in most cases, indicators retain their complexation properties upon immobilisation, however, with altered selectivity, sensitivity, reversibility and response times - characteristics also strongly related to the physical and chemical properties of the substrate [23,29]. Cellulose films are particularly compatible with wearable, epidermal monitoring applications [47–49], and the following steps of this study included characterisation of CFH as a potential pH and metal ion sensing material.

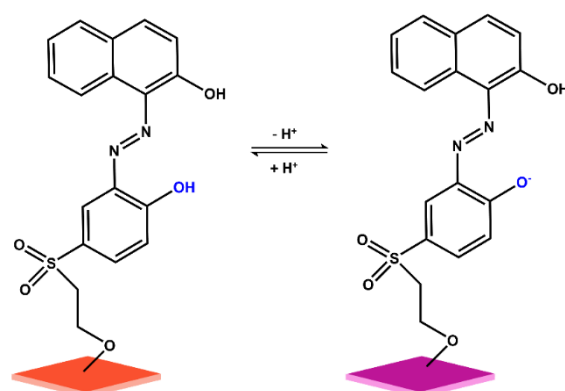
### 3.2. pH Sensitivity of the CFH Sensing Layer

The spectral pH sensing performance of the cellulose film CFH was tested in pH buffers over the pH range 4.0-9.0, **Figure 2**.



**Figure 2.** (a) UV-Vis spectra of the CFH film in Britton-Robinson buffer in the range of pH 4.0-9.0 (b) calibration curve fitted with Boltzmann model for the pH response of the film in the range of pH 4.0-9.0;  $n=6$  (c) UV-Vis spectra of the CFH film in Tris buffer in the range of pH 7.0-9.0 (d) comparison of the pH sensing responses in Britton-Robinson and Tris buffers (e) visible colour change of the CFH film in different pH buffer solutions.

The UV-visible absorption spectra show a bathochromic shift upon deprotonation of the hydroxyl group in Hyphan I, from 502 nm to 560 nm with a clear isobestic point at 532 nm. This is manifested as a visible colour change of the sensor layer from orange-red to purple, as proposed by the equilibrium, **Figure 3**. It is known that both phenolic groups in a similar molecule, EBT, are protonated at  $\text{pH} < 6$  [39]. Given their similar structure, deprotonation of the Hyphan I molecule most likely follows the same deprotonation scheme, as shown in **Figure 3**. However, it is known that both the acid-base and the tautomeric azo-hydrazone equilibria occur within the  $o,o'$ -dihydroxy azobenzene moieties in aqueous solutions, which additionally may affect the indicator properties when in immobilised form.



**Figure 3.** Proposed pH-dependent equilibrium of the cellulose film immobilised Hyphan I (CFH) sensor.

Deprotonation of the hydroxyl group causes a shift of the absorption peak to a longer wavelength (from 502 nm to 560 nm), which is expected and can be explained by the enhanced electron donor strength of the anionic  $-O^-$  phenolate group relative to the phenolic hydroxyl group  $-OH$  [50]. The film responds to pH changes reversibly, with a response time of less than 1 minute. The corresponding pH equilibrium constant,  $pK_a = 5.84$ , is calculated from the calibration curve fitted with the Boltzmann model, for six repetitive cycles of pH measurements using the same film, **Figure 2b** and **ESI Figure S1**. The standard deviations and relative standard deviations corresponding to each pH were found to be less than 0.0058 and 4.0%, respectively. The regression coefficient,  $R^2 = 0.9999$ , confirmed good fit of the experimental data to the theoretical Boltzmann model.

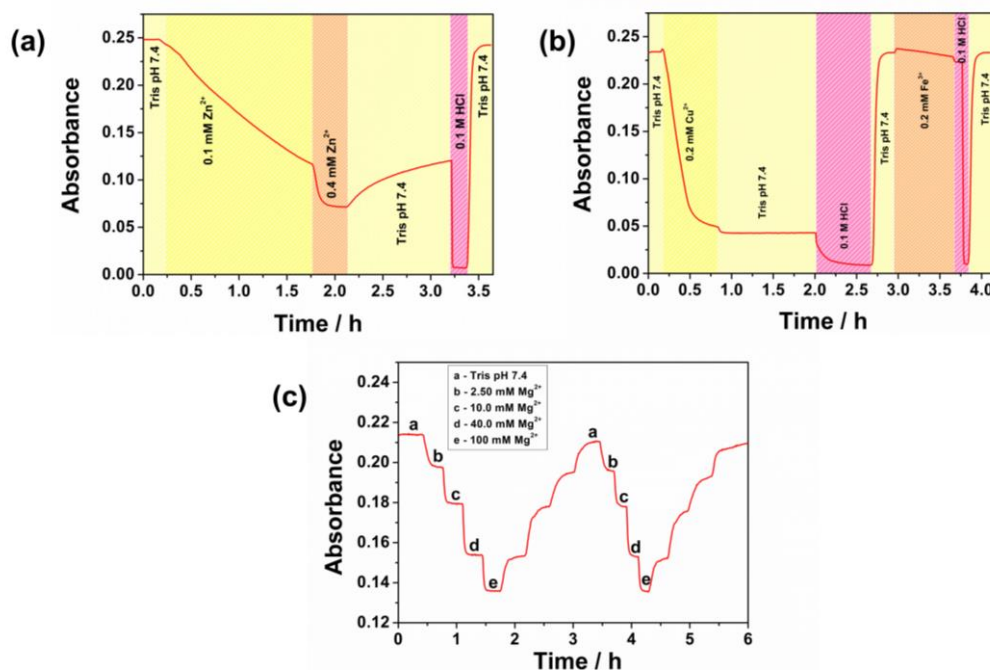
The spectral response of the CFH film in the range pH 7.0-9.0 was also tested in Tris buffer, **Figure 2c**. Tris buffer is used in biological analysis due to its minimal ion content. The corresponding pH titration plots in Britton-Robinson and Tris buffers are shown, **Figure 2d**. The optical responses observed in the two buffers are in good agreement, with the small differences ascribed to the different ionic compositions. It is interesting to note that at pH 7.4, which corresponds to physiological pH, the optical response of CFH in each buffer coincides.

### 3.3. Response to Metal Ions

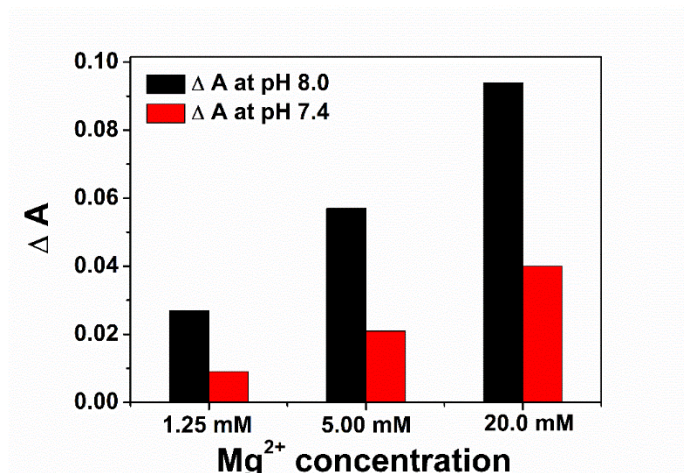
Eriochrome Blue Black R is a structurally equivalent ligand to Hyphan I and forms complexes with different transition metals, amongst which  $Zn^{2+}$ ,  $Cu^{2+}$  and  $Fe^{3+}$  show the highest formation constants [41]. The response of CFH towards these ions was investigated in a flow-through cell at pH 7.4, **Figures 4a** and **4b**.

**Figure 4a** shows the change in absorbance with increasing  $Zn^{2+}$  concentration from 0.1 to 0.4 mM. The response is not reversible, and after 2 hours, the initial signal of the CFH could not be recovered with buffer at pH 7.4. However, complete recovery of the initial baseline signal was achieved with 0.1 M HCl. A similar trend in reversibility was observed for  $Cu^{2+}$  and  $Fe^{3+}$  ions too, **Figure 4b**. The flow-through cell experiments confirmed the strong, irreversible binding of transition metal ions to the CFH film.

Unlike the transition metal ions,  $Mg^{2+}$  exhibited a fully reversible response in a concentration range from 2.50 mM to 100 mM over two consecutive reversible cycles lasting 6 hours, **Figure 4c**. This unique reversible binding affinity of the CFH towards  $Mg^{2+}$  ions can be partially attributed to its smaller ionic size, higher charge density and higher hydration energy [51,52]. Reversibility and stability in continuous use are essential requirements for real-time monitoring applications.



**Figure 4.** Dynamic flow-through cell reversibility studies of CFH film at varying concentrations of (a) Zn<sup>2+</sup> (0.10 and 0.40 mM), (b) Cu<sup>2+</sup> and Fe<sup>3+</sup> (0.20 mM each), (c) Mg<sup>2+</sup> (2.50, 10.0, 40.0 and 100 mM) in pH 7.4 Tris buffer.



**Figure 5.** Change in optical absorbance of CFH film at pH 7.4 and pH 8.0 at 1.25, 5.00, and 20.0 mM Mg<sup>2+</sup>.

### 3.4. Response to Mg<sup>2+</sup>

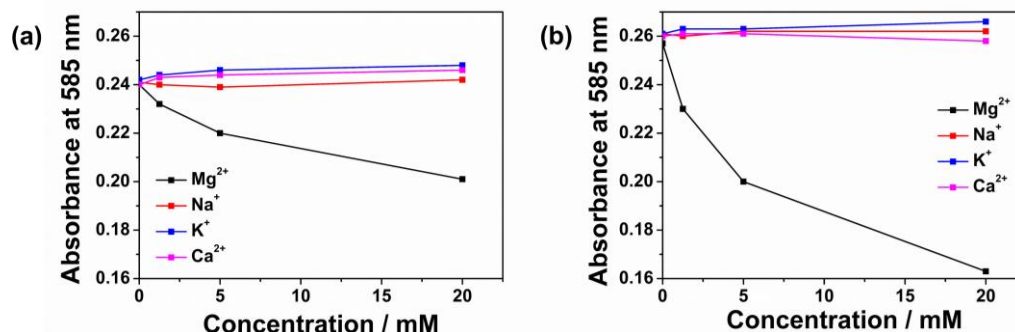
#### 3.4.1. Effect of pH on Mg<sup>2+</sup> Response

The absorbance of CFH film at Mg<sup>2+</sup> concentrations of 1.25, 5.00 and 20.0 mM was studied at pH 7.4 and 8.0. The measured change in absorbance is shown, **Figure 5**.

Greater changes in absorbance were observed at pH 8.0 compared to pH 7.4 for all three Mg<sup>2+</sup> concentrations. The increased response to Mg<sup>2+</sup> at pH 8.0 is the result of deprotonation of the Hyphan I phenolic -OH groups, which in turn increases the fraction of coordination sites available for Mg<sup>2+</sup>. Therefore, further Mg<sup>2+</sup> sensing studies were carried out under the optimum pH of 8.0. Additionally, to evaluate the sensing performance of CFH under physiological pH conditions, the latter sections also include sensing studies at pH 7.4.

### 3.4.2. Effect of Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup> on Mg<sup>2+</sup> Response

Three known interferent alkali and alkaline earth metal ions commonly present in physiological environments (Na<sup>+</sup>, K<sup>+</sup>, Ca<sup>2+</sup>) were tested together with Mg<sup>2+</sup>, in Tris buffer at pH 7.4 and 8.0, and the corresponding optical responses were measured, **Figure 6a** and **6b**.



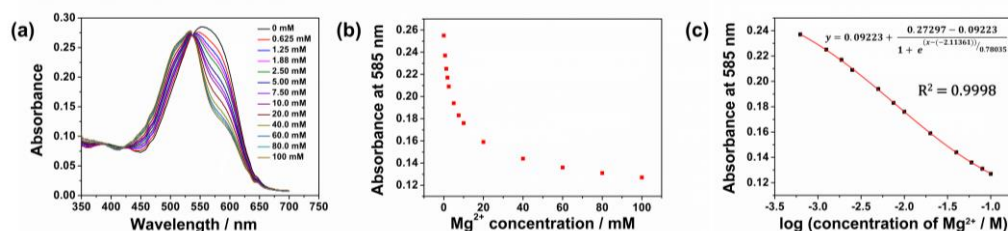
**Figure 6.** Absorbance response of CFH film to three physiologically and environmentally relevant alkali and alkaline earth metal ions compared to Mg<sup>2+</sup> at (a) pH 7.4 and (b) pH 8.0.

For each alkali/alkaline earth metal ion, the optical absorbance was determined at three different concentrations: 1.25, 5.00, and 20.0 mM. The responses generated by Na<sup>+</sup>, K<sup>+</sup> and Ca<sup>2+</sup> were compared to those of Mg<sup>2+</sup>. At pH 8.0, the measured absorbance change for 20 mM of Mg<sup>2+</sup> was found to be -36.6% of the initial blank, while Na<sup>+</sup>, K<sup>+</sup> and Ca<sup>2+</sup> showed changes of +0.38%, +1.92% and -0.77%, respectively.

The lack of a response to Ca<sup>2+</sup> was unexpected, given its strong complexation with the structurally related Eriochrome indicators. The high selectivity to magnesium over calcium ion is a considerable advantage of the CFH material in comparison with similar colourimetric, indicator-based systems, especially for application in biofluids where the typical concentration of these ions is usually similar [11].

### 3.4.3. Dynamic Range and Calibration Plots

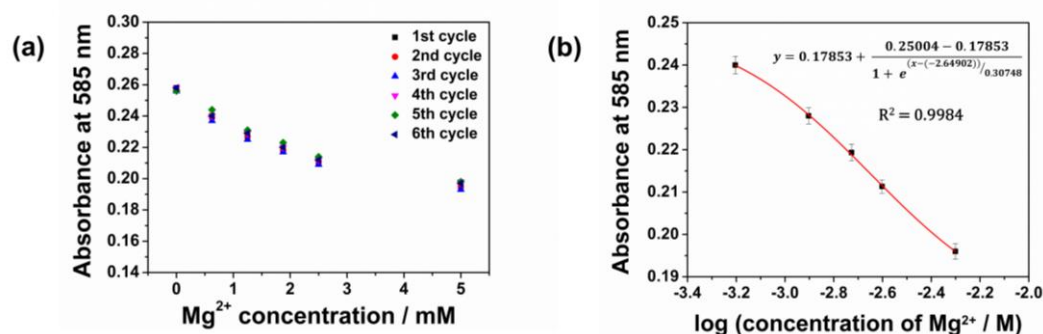
The UV-visible absorbance spectra of CFH film in Mg<sup>2+</sup> solutions (0 to 100 mM) were measured, **Figure 7a**. The absorbance around 585 nm decreases with increasing Mg<sup>2+</sup> concentration, **Figure 7b**. The absorbance values at 585 nm were fitted to a Boltzmann model with a regression coefficient  $R^2 = 0.9998$ , **Figure 7c**.



**Figure 7.** (a) UV-visible absorption spectra of CFH film for Mg<sup>2+</sup> ion concentration 0-100 mM, (b) absorbance of CFH film at 585 nm for Mg<sup>2+</sup> ion concentration 0-100 mM, (c) calibration plot of CFH film by Boltzmann curve fit.

Even though the CFH exhibited a dynamic range up to 100 mM for Mg<sup>2+</sup>, the most sensitive and more physiologically relevant range is to 20 mM. The choice of working range depends on various factors such as required accuracy, reproducibility, reversibility and the field of application. Based on

these considerations, the CFH was evaluated from 0 to 5 mM of  $Mg^{2+}$ . This has physiological relevance since  $Mg^{2+}$  in human sweat typically lies in this concentration range.



**Figure 8.** (a) Optical response of CFH film over six repetitive cycles in the range 0-5 mM  $Mg^{2+}$  (b) calibration curve fitted with the Boltzmann model.

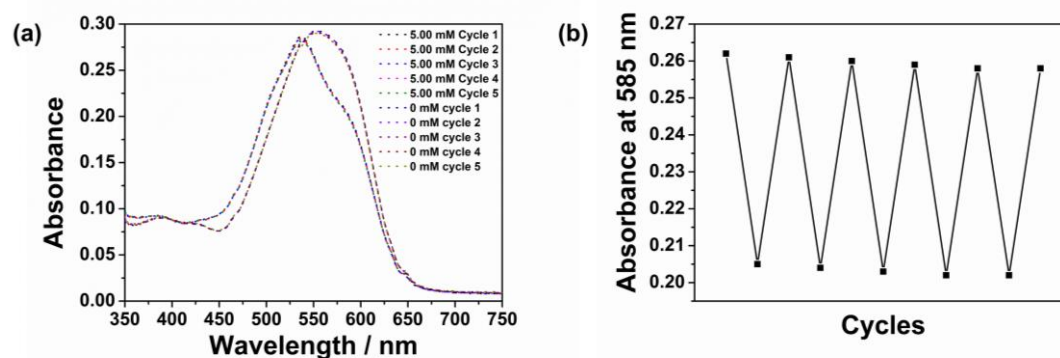
The repeatability of the CFH is shown, **Figure 8a**. Here, the absorbance was measured over 6 repeated cycles ( $n=6$ ) in increments from 0, 0.625, 1.25, 1.875, 2.5 to 5.0 mM  $Mg^{2+}$  ion concentration (**ESI Figure S2**). The standard deviation and relative standard deviation corresponding to each  $Mg^{2+}$  concentration were found to be less than 0.0021 and 0.93%, respectively. Upon fitting the data to a Boltzmann model, a calibration plot was obtained with a regression coefficient  $R^2 = 0.9984$ , **Figure 8b**. The calibration function is given by **equations 1 and 2**

$$y = A_2 + \frac{A_1 - A_2}{1 + e^{(x - x_0)/dx}} \quad (1)$$

$$y = 0.17853 + \frac{0.25004 - 0.17853}{1 + e^{(x - (-0.264902)) / 0.30748}} \quad (2)$$

#### 3.4.4. Reversibility

Reversibility of ion sensors is necessary for continuous real-time monitoring applications and is an important feature required of wearable sensors. The reversibility of the CFH to  $Mg^{2+}$  ion under dynamic flow conditions was described in Section 3.3. In addition, the reversibility of the CFH was evaluated in static cuvette tests. The CFH was alternately exposed to 0 and 5 mM  $Mg^{2+}$  solutions in Tris buffer at pH 8.0 over 5 repeated cycles, and the corresponding UV-visible absorption spectra measured, **Figure 9a**. The absorbance at 585 nm obtained over the five alternating cycles is shown, **Figure 9b**. The CFH was observed to be reversible in the static cuvette tests, with a relative standard deviation of less than 0.57% at 0 mM and 5 mM.



**Figure 9.** (a) Reversibility of the CFH film in a static cuvette test at 0 mM and 5 mM  $Mg^{2+}$  (b) absorbance response of the CFH film to alternating concentrations of 0 and 5 mM  $Mg^{2+}$  in Tris buffer, pH 8.0.

The LOD and LOQ of the CFH for  $Mg^{2+}$  at pH 8.0 are 0.089 mM and 0.318 mM, respectively, with an RSD of 0.93% (ESI S3). The CFH exhibits a response time < 2 minutes to  $Mg^{2+}$  ions in solution and has a stable and reversible response over 6-hour duration in a flow-through cell, Figure 4c. In addition, we found that CFH remains functional over several years when stored in the dark under room temperature conditions, indicating it has a good shelf-life.

#### 3.4.5. Real Sample Measurements

To evaluate the analytical performance of the CFH, three samples containing  $Mg^{2+}$  were tested. The first sample was a laboratory-prepared solution having 0.625 mM  $Mg^{2+}$  along with 5 mM of each  $Na^+$ ,  $K^+$  and  $Ca^{2+}$  ions. The other two samples were commercially available mineral water samples: Rommerquelle® and  $Mg^{++}$  Mivela®. All three samples were tested for  $Mg^{2+}$  after adjusting the pH to 8.0. The absorption at 585 nm was converted to concentration using the calibration function, Table 1. The colourimetric response of the CFH in mineral water  $Mg^{++}$  Mivela® is shown in ESI Figure S1, and the  $Mg^{2+}$  concentrations corresponding to the observed optical responses were found to agree with the declared values with a maximum relative error of 5.6%.

**Table 1.** Comparison of declared and measured  $Mg^{2+}$  concentrations in bottled mineral water samples using the CFH.

Sample	$c(Mg^{2+}) / mM$ declared	$c(Mg^{2+}) / mM$ measured with CFH	Relative error / %
Laboratory-prepared sample	0.625	0.622	0.5%
Rommerquelle®	2.50	2.36	5.6%
$Mg^{++}$ Mivela®	4.70	4.50	4.2%

## 4. Conclusion

In this work, a new and fully reversible optical sensor for pH and  $Mg^{2+}$  ions is demonstrated. Optical detection is based on a novel colourimetric responsive material, cellulose film with Hyphan I (CFH). To fabricate the CFH film, Hyphan I indicator is covalently immobilised on cellulose through the vinylsulfonyl group to hydroxyl groups present on the cellulose via a Michael addition. The resulting colourimetric film is transparent, thin, flexible and biocompatible with good optical properties. The CFH has a colourimetric response to pH and  $Mg^{2+}$  ions in solution, with an LOD and LOQ to  $Mg^{2+}$  of 0.089 and 0.318 mM, respectively, over a sensing range of 4.0-9.0 pH units with a response time of < 60s. The fast reversible colourimetric response and high selectivity to  $Mg^{2+}$  compared to  $Ca^{2+}$  and other common physiological ions make the CFH suitable for  $Mg^{2+}$  sensing in biomedical applications. However, CFH also shows strong irreversible binding to  $Zn^{2+}$ ,  $Cu^{2+}$  and  $Fe^{3+}$ , and this should be taken into account in applications where transition metal ions might be present in the sample. Unlike many chelation-based sensors, where strong binding results in an irreversible response to metal ions, the CFH is fully reversible to  $Mg^{2+}$  in the physiological range up to 5 mM. This is the result of a synergistic combination of the covalently immobilised Hyphan I with the cellulose film microenvironment, where cellulose characteristics such as hydrophilicity, ion diffusion rate and surface hydroxyl density influence the optical properties and sensing performance of the indicator. The covalent immobilisation strategy ensures long-term stability of the sensor by preventing indicator leaching, and the simple vinylsulfonyl fabrication process is suitable for industrial scale-up. The CFH film demonstrates the necessary characteristics of a pH and  $Mg^{2+}$  ion-responsive optical sensor for continuous real-time monitoring and is suitable for incorporation into wearable devices.

**Supplementary Materials:** The following supporting information can be downloaded at the website of this paper posted on Preprints.org, Table S1: pH repetitive sensing cycle responses. Table S2: Mg<sup>2+</sup> repetitive sensing cycle responses. Section S3: Calculation of LOD and LOQ. Figure S1: Colourimetric response of the CFH towards commercially available mineral water Mg<sup>++</sup> Mivela®.

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