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Article

Silent Persistence: Molecular Evidence of Clonal Transmission in Fluconazole-Resistant *Candida parapsilosis* Hospital Outbreaks over Decades

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Abstract

Fluconazole-resistant *Candida parapsilosis* has emerged as a significant nosocomial pathogen, contributing to extensive outbreaks with severe clinical implications. Despite increasing evidence of clonal transmission, the genetic mechanisms that facilitate the persistence of hospital reservoirs remain inadequately characterized. We aimed to determine the extent of clonal spread and persistence patterns of fluconazole-resistant *Candida parapsilosis* strains across a 22-year period in a tertiary care hospital, using high-resolution microsatellite genotyping. Forty-seven fluconazole-resistant *Candida parapsilosis* isolates from candidemia patients (1997-2019) underwent microsatellite analysis using three polymorphic markers (CP1, CP4, B5). Genetic diversity, temporal distribution, and clonal relationships were assessed through phylogenetic analysis and discriminatory power calculations. Microsatellite analysis revealed minimal genetic diversity (combined discriminatory power: 0.7114), with only six distinct genotypes identified. Two dominant clones (Genotype-1: 23.4%, Genotype-2: 46.8%) persisted throughout the study, showing apparent spatiotemporal clustering in surgical and intensive care units. Phylogenetic analysis demonstrated tight genetic clustering, confirming prolonged clonal persistence spanning multiple years and clinical departments. Our findings provide compelling molecular evidence for persistent, multi-year clonal transmission of fluconazole-resistant *Candida parapsilosis* within hospital environments. These results challenge current infection control paradigms and highlight the urgent need for enhanced surveillance strategies and targeted interventions to interrupt these persistent transmission chains.

Keywords: *Candida parapsilosis*; microsatellite genotyping; clonal spread

1. Introduction

Candida albicans, traditionally considered to be the most common species among the causative agents of candidemia, is increasingly being replaced by non-*albicans* *Candida* (NAC) species such as *C. glabrata*, *C. tropicalis* and *C. parapsilosis* [1, 2]. The increase in NAC species is thought to be due to multiple factors. The widespread use of broad-spectrum antibiotics disrupts the normal microbiota and creates a favorable environment for the development of opportunistic fungal infections [3]. *C. parapsilosis*, which is common in the skin flora and can settle on foreign surfaces such as catheters, has started to be seen frequently among the healthcare-associated candidemia agents among NAC species with the effect of increasing invasive procedures [4]. Fluconazole is recommended in the treatment guidelines [5]. However, the incidence of *C. parapsilosis* strains showing fluconazole resistance has increased significantly worldwide in recent years [6]. This resistance limits clinical treatment options and negatively affects the clinical prognosis of patients [7]. Fluconazole-resistant

C. parapsilosis strains cause an increase in morbidity and mortality rates by decreasing treatment success, especially in intensive care units and patients with invasive medical devices [8]. Therefore, monitoring fluconazole resistance and preventing the spread of resistant strains in the hospital environment is of great importance.

C. parapsilosis has been associated with fungemia outbreaks in the hospital environment and has been frequently isolated from the skin flora of healthcare workers and surfaces in the hospital environment [9-11]. The fact that it has the capacity to form biofilms by colonizing on hospital surfaces and invasive medical devices significantly increases the risk of cross-infection by increasing the virulence of the pathogen [12].

In various studies, it has been found that fluconazole-resistant *C. parapsilosis* strains are genetically similar and this supports inter-patient transmission [13]. It has been reported that resistant strains isolated from the hands of hospital staff and environmental surfaces are genetically similar to strains isolated from patients [14,15]. In addition, genetic analyses have shown that certain resistant genotypes remain persistent in the hospital environment for years and are transmitted to different patients [16]. This situation has become particularly evident in intensive care units and neonatal units [17,13].

Microsatellite genotyping method stands out as an effective method to determine the genetic relationship of fluconazole-resistant *C. parapsilosis* strains. Analyses performed with this method show that resistant strains found in the hospital environment and on the hands of healthcare workers are genetically similar and indicate transmission routes [18]. In this study, we aimed to genotype fluconazole-resistant *C. parapsilosis* strains isolated from patients diagnosed with candidemia in our hospital over a 22-year period by microsatellite analysis method and to evaluate the genetic similarity between them.

2. Materials and Methods

Ethics committee approval was obtained from Bursa Uludag University, Non-Interventional Clinical Research Ethics Committee (Decision No: No. 2020-10/15). This study was conducted in a tertiary level reference hospital with intensive care units and clinical services.

2.1. DNA Isolation and Polymerase Chain Reaction (PCR)

In our study, 47 blood isolates previously identified as *C. parapsilosis* sensu stricto, which were isolated from patients diagnosed with candidemia between 1997 and 2019 and found to be fluconazole-resistant, were used [19]. DNA isolation from the isolates was performed using UltraClean Microbial DNA Isolation Kit (Qiagen, USA) according to the manufacturer's recommendations. The concentration and purity of the DNA samples obtained were evaluated with a Beckman Coulter DU-640 spectrophotometer using absorbance measurement at 260/280 nm wavelengths.

2.2. Antifungal Susceptibility Test

C. parapsilosis species complex isolates grown on blood cultures (BACTEC-FX: Becton-Dickinson, Sparks, MD, USA) were identified using germ tube test, morphology and biochemical profile (API ID 32C; BioMérieux, France) on corn flour tween 80 and chromogenic culture media. Antifungal susceptibility testing was performed using the microdilution method according to Clinical and Laboratory Standards Institute (CLSI) guidelines. According to the CLSIM27M44S document, strains with a minimum inhibitory concentration MIC ≥ 4 $\mu\text{g/ml}$ were considered fluconazole-insensitive (MIC=4 $\mu\text{g/ml}$ sensitive dose-dependent; MIC ≥ 8 $\mu\text{g/ml}$ resistant) [20, 21]. Although CLSI specifies 4 $\mu\text{g/ml}$ as dose-dependent susceptible, studies have shown that resistance starts at this MIC value and resistance genes are present. Therefore, in this study, all isolates with ≥ 4 $\mu\text{g/ml}$ were expressed as fluconazole resistant [22, 23].

2.3. Microsatellite Instability Analysis

For the Microsatellite Instability (MSI) test, PCR was performed with primers of fluorescently labeled microsatellite markers (CP1, CP4a and B) using the genomic DNA obtained. The reaction mixture in a total volume of 10 μ l contained 50-100 ng genomic DNA, 1.25 units of Taq Polymerase, 0.8 mM of each dNTP, 1.5 mM MgCl₂ and 0.5 μ M of each primer.

High-quality PCR products were processed using the "Sample Loading Solution" and "DNA Size Standard Kit" (Beckman Coulter, USA) and fragment analysis was performed with the "CEQ 8000 Genetic Analysis System" (Beckman Coulter Inc., Fullerton, CA, USA). After analysis, the data of each sample were comparatively evaluated using CEQ 8000 software, the integrated analysis software of the device.

2.4. Phylogenetic Tree Construction

The phylogenetic tree for microsatellite analysis was constructed using "BioNumerics" version 6.6 (Applied Maths, NV) software. Allele numbers, repeat numbers and allele frequencies were calculated with "CONVERT" software version 1.31. Hardy-Weinberg equilibrium and Chi-square test results were analyzed using "Genepop" software version 4.2. Discrimination power (DP) was calculated according to the formula proposed by Hunter et al. [24].

3. Results

Forty-seven fluconazole-resistant *C. parapsilosis* strains isolated from patients with candidemia were analyzed at the molecular level using CP1, CP4 and B5 microsatellite markers; the genetic diversity and possible epidemiological relationships of the isolates were comprehensively evaluated by microsatellite typing method.

The discrimination levels of three microsatellite markers differed. The CP1 marker revealed three different alleles ranging from 224 to 302 base pairs; the number of repeats ranged from 1 to 40 and allele frequencies ranged from 0.0213 to 0.9574. The DP of this marker was calculated as 0.0842; although heterozygosity was not observed, it provided basic information on genetic variation. The CP4 marker showed a higher level of diversity; four alleles ranging between 249-286 base pairs were detected, the number of repeats was between 1 and 19, and the allele frequencies were between 0.0213 and 0.8511. In CP4 marker, 4.25% heterozygosity was observed and the DP was determined as 0.2683. The B5 marker stood out as the marker with the highest discrimination power (DP: 0.5495); three alleles ranging between 140-148 base pairs were identified, repeat numbers ranged between 1 and 5, and allele frequencies ranged between 0.1277 and 0.6170. Heterozygosity was not detected in this marker. When all markers were considered, the total DP was calculated as 0.7114 (Table 1).

Table 1. Characteristics of Microsatellite Markers.

Marker	Number of alleles	Allele sizes	Number of repeats	Allele frequencies	Number of genotypes	Genotype frequencies	Heterozygosity rate (%)	DP*
CP1	3	224-302	1-40	0.0213 - 0.9574	3	0.0110 - 0.8123	0	0.0842
CP4	4	249-286	1-19	0.0213 - 0.8511	3	0.0222 - 0.6691	0.0425	0.2683
B5	3	140-148	1-5	0.1277 - 0.6170	3	0.0676 - 0.3901	0	0.5495
Total								0.7114

*DP: discriminatory power.

A total of 47 fluconazole-resistant *C. parapsilosis* isolates were genotyped and six different genotypes were identified. When the genotype distribution was analyzed, it was found that the most common genotype was Genotype-2 and it was the most represented group with a total of 22 isolates (46.8%). Genotype-2 was followed by Genotype-1 with 11 isolates (23.4%). The distribution of other

genotypes was as follows: Genotype-3 (6 isolates), Genotype-4 (4 isolates), Genotype-5 and Genotype-6 (2 isolates each). The average number of isolates per genotype was 12.7% (Figure 1.) (Supplementary Table A1).

Genotypic Frequency Distribution of *Candida parapsilosis* Isolates

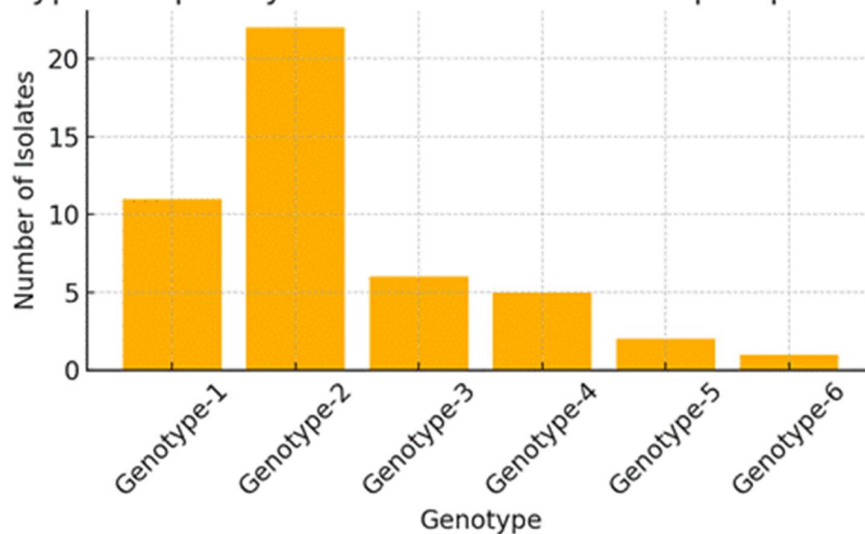


Figure 1. Genotype frequency distribution of *Candida parapsilosis* isolates.

The distribution of genotypes in clinics and years is shown in Figure 3. Accordingly, Genotype-2 was the most frequently isolated type in General Surgery and Reanimation wards in 2017 and 2018, while Genotype-1 was the predominant type in internal clinics, especially in Oncology and Neurology, in the 2000-2016 period. Genotypes-3, -4, -5 and -6 were rarely isolated in different clinical services and in variable years (Figure 2.) (Supplementary Table A2).

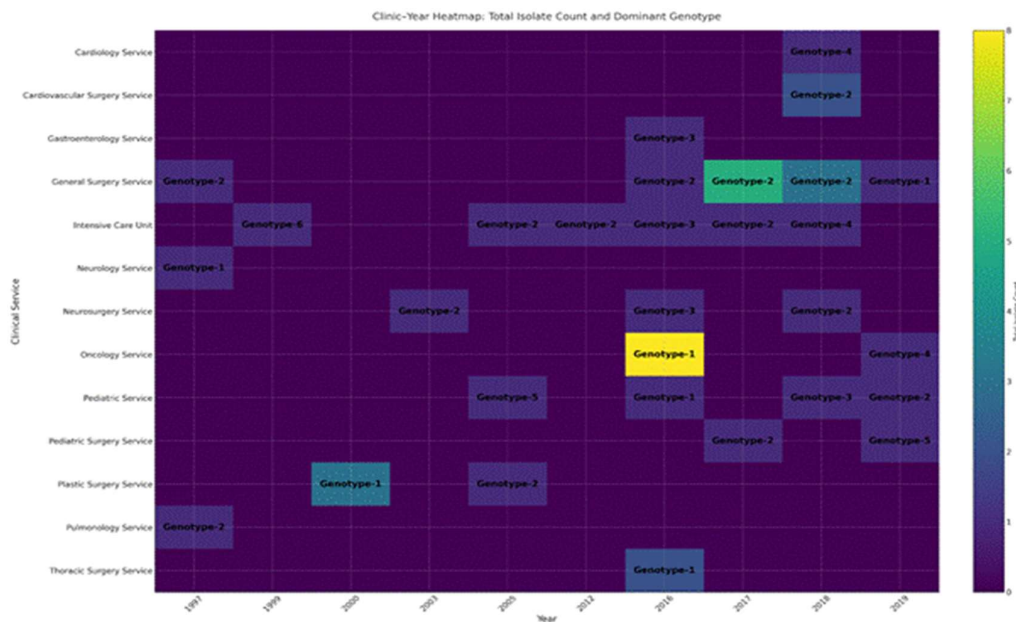


Figure 2. Clinical-year heatmap: total number of isolates and dominant genotype.

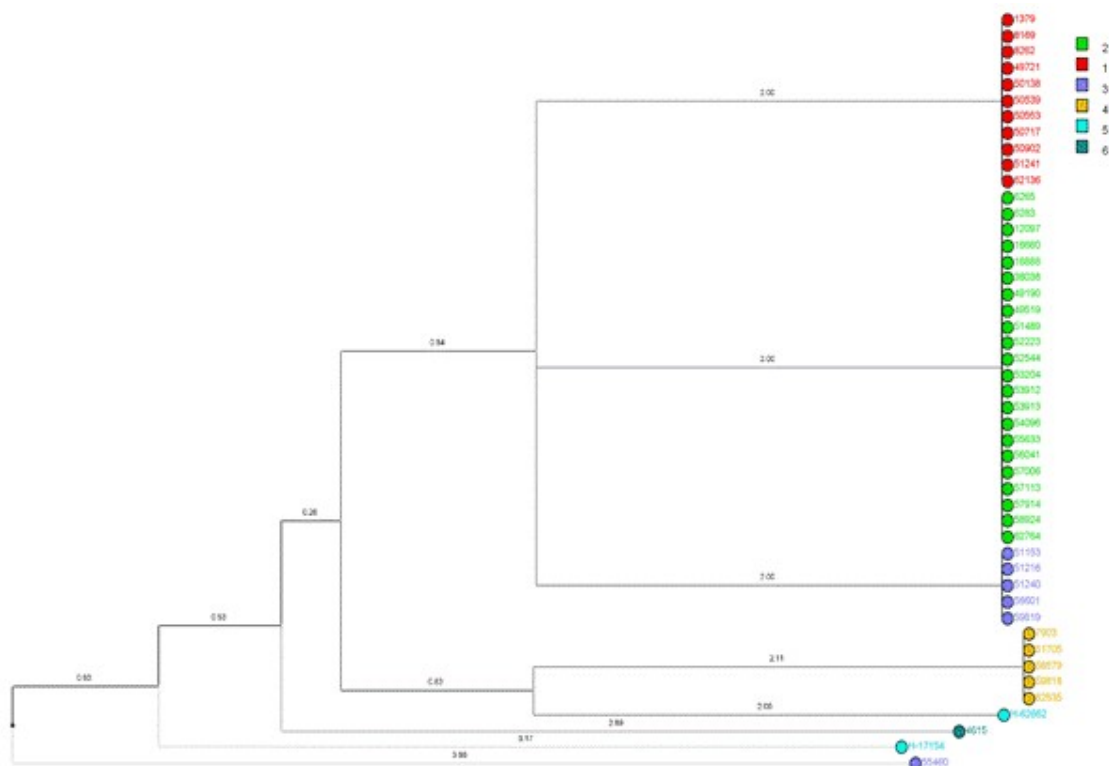


Figure 3. Dendrogram showing phylogenetic relationships and clustering of genotypes among isolates.

Phylogenetic relationships and genetic similarities among isolates were visualized through a dendrogram (Figure 3.) and phylogenetic tree (Figure 4.). Dendrogram analysis revealed clear clustering patterns, with Genotype-2 in particular exhibiting a highly compact and homogeneous structure. In contrast, Genotype-1 showed a more disorganized genetic distribution, while Genotypes-3, -4, -5 and -6, which were observed less frequently, showed more genetic heterogeneity. Phylogenetic tree analysis also supported these findings; genotypes were identified with different colors and genetically close isolates were highlighted with gray shading with a genetic distance of ≤ 1 .

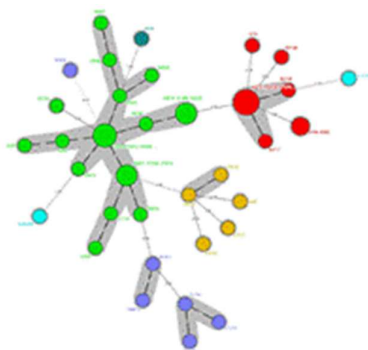


Figure 4. Phylogenetic tree showing genetic similarities and relationships among isolates, with genotypes represented by different colors and closely related isolates shaded and highlighted in gray.

4. Discussion

In this study, we genotyped 47 fluconazole-resistant *C. parapsilosis* isolates using the CP1, CP4, and B5 markers and observed a limited diversity among them. The CP1 marker was nearly monomorphic, exhibiting a DP of 0.0842, indicating 100% homozygosity. The CP4 marker showed

moderate polymorphism, with a DP of 0.2683 and 4.25% heterozygosity. Although the B5 marker demonstrated the highest DP at 0.5495, it also displayed complete homozygosity. The combined DP of 0.7114 is notably lower than the approximately 0.99 reported for four-locus panels [25].

In our comparison of data with international multilocus schemes, we noted significantly lower DP. Sabino et al. utilized a four-locus panel (CP1, CP4, CP6, and B5) on 236 *C. parapsilosis* isolates, reporting DP values of approximately 0.85 for CP1, 0.90 for CP4, and 0.86 for B5, resulting in a combined DP of 0.99 and 192 distinct genotypes. In contrast, our findings revealed a DP of only 0.084 for CP1, 0.2683 for CP4, and 0.55 for B5—all loci being homozygous—culminating in a combined DP of 0.7114 [25]. Similarly, Desnos-Ollivier et al. identified around 30 multilocus genotypes and reported a panel DP close to 0.97 in isolates from France and Uruguay [26]. These elevated DP values suggest a significant degree of allelic diversity. In contrast, the lower metrics observed in our study imply that many of our fluconazole-resistant isolates possess identical or closely related genotypes, indicative of a predominantly clonal population. These results emphasize that three loci may not be adequate to capture the full genetic heterogeneity of persistent *C. parapsilosis* strains in our hospital environment.

Previous research has shown that fluconazole-resistant *C. parapsilosis* clones may emerge and, under selective pressures, become predominant in clinical settings [27]. Some of these resistant strains can persist for several years; for instance, a study from Canada documented a single resistant strain that circulated for 5.5 years, causing ongoing infections [28]. This clonal expansion significantly contributes to the low diversity observed in our collection. Previous genomic studies have highlighted a predominantly clonal population structure, as indicated by significant deviations from the Hardy-Weinberg equilibrium and heterozygosity levels 25 to 70 times lower than those found in other diploid *Candida* species [25,29]. Consequently, slight genetic variation accumulates during replication, allowing identical clones to infect multiple patients. Our cohort's lack of variation at loci CP1 and B5, alongside only minimal polymorphism at CP4, suggests that our 47 isolates originate from several ancestral clones, with CP1 as a "clonal trace". While three-locus microsatellite panels are commonly used and deemed sufficiently discriminatory, our findings indicate they may underestimate the true genetic diversity of long-standing resistant populations [26, 30].

We note that *C. parapsilosis* easily colonizes hospital environments through the hands of healthcare workers and invasive medical devices, resulting in infection clusters dominated by specific clones [31]. Intensive care units for neonates and adults are especially susceptible to such outbreaks [32-34]. For instance, a Turkish hospital reported an outbreak involving a single genotype, while a Chinese study encompassing ten hospitals identified 122 different genotypes, with 32 of those forming clonal clusters—one specific MT42 clone was responsible for infections in 22 neonates within a single NICU [35,31]. These findings highlight how swiftly a single clone can spread under favorable conditions. Additionally, the high genotypic similarity observed among our 47 isolates suggests a likely occurrence of nosocomial clonal transmission, although direct epidemiological confirmation is still pending.

As a diploid organism, *C. parapsilosis* has the potential to carry two different alleles per locus, which would reflect sexual recombination or admixture [36]. However, its predominantly clonal, asexual lifecycle results in very low rates of heterozygous SNPs and microsatellite loci [29]. In our collection, CP1 and B5 were completely homozygous (0% heterozygosity), while CP4 exhibited only a single heterozygous isolate (4.25%). This evidence confirms that these 47 isolates originate from a largely monotypic, clonal population with minimal signs of sexual recombination.

In contrast to the 5–7% average genotype representation reported by Sabino et al. [25], our isolates exhibited an average of 12.7%, indicating moderate genetic similarity and limited diversity. Genotype 2 accounted for 46.8% of our cohort, suggesting significant clonal expansion. Such outbreaks predominantly involving a single genotype are well-documented in intensive and neonatal care settings [32]. The pronounced presence of Genotype 2 in our hospital implies dissemination from a common source or transmission chain, highlighting the urgent need to strengthen infection control measures, especially hand hygiene, catheter care, and protocols for invasive procedures [36].

Fluconazole-resistant *C. parapsilosis* infections are primarily found in high-risk environments—specifically, adult and neonatal ICUs, transplant units, and COVID-19 wards—where vulnerable patients are concentrated [37]. In our study, Genotype 2 was particularly prevalent in general surgery and reanimation wards during 2017–2018, aligning with findings that indicate how ICUs and surgical services—through invasive interventions such as central venous catheters and parenteral nutrition—facilitate clonal dissemination [38–40]. Resistant strains also formed clusters in the Chest Diseases and Pediatric Surgery units during the Ege University candidemia outbreak of 2019–2020 [41]. In contrast, Genotype 1 was detected in oncology and neurology wards between 2000 and 2016—areas characterized by immunosuppression, prolonged stays, and invasive procedures—underscoring distinct epidemiological patterns specific to different units [35, 42]. The occasional detection of genotypes 3–6, which are typically associated with isolated or exogenous introductions, further suggests multiple entry points and heterogeneous transmission routes [18, 31].

Our dendrogram and phylogenetic analyses revealed that Genotype 2 isolates form a compact, homogeneous cluster, which indicates significant nosocomial clonal transmission. Similar clustering patterns have been observed in outbreaks of *C. parapsilosis* and are recognized as key indicators of in-hospital transmission, particularly in ICU and surgical ward environments [43,44]. In the phylogenetic tree, distinct genotypes were color-coded, and clusters with genetic distances of ≤ 1 were highlighted, further confirming the close relatedness of the dominant clones.

We recognize several limitations in our study. Its retrospective, single-center design may limit the generalizability of our findings regarding clonal spread. The use of only three microsatellite loci (CP1, CP4, and B5) may have underestimated the overall genetic diversity. In addition, the use of archival isolates raises the possibility of DNA degradation, which could have affected some molecular results.

In conclusion our data reveal limited genetic diversity among fluconazole-resistant *C. parapsilosis* isolates, with Genotype 2 and Genotype 1 dominating throughout the hospital over two decades—findings consistent with nosocomial clonal spread. These results highlight the urgent need to strengthen infection control measures, particularly in surgical and intensive care units. We advocate for future multicenter studies incorporating larger collections of isolates, expanded multilocus panels, and comprehensive patient clinical metadata to enhance DP and better elucidate the transmission dynamics of resistant *C. parapsilosis*.

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