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Article

Evaluating the Sequelae of Mastoidectomy for Acute Mastoiditis: A Long Term Follow-Up Study of Mastoid Function

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Abstract

Background: Despite the widespread use of antibiotics, acute mastoiditis (AM) and related complications resulting from acute purulent otitis media continue to occur, predominantly in children. Although numerous studies have focused on the pathogenesis, aetiological agents, and treatment of AM, comprehensive investigations of the long-term outcomes of AM and the physiological consequences of surgical intervention in the temporal bone are lacking. Methods: A cohort of patients who had undergone mastoidectomy for AM were invited for evaluation at least five years postoperatively. The assessment included the COMQ-12 questionnaire, clinical examination and otomicroscopy, extended high-frequency pure-tone audiometry, DPOAE, middle ear impedance testing, and a newly developed protocol for non-invasive mastoid function measurement. Results were compared with a control group and a group treated solely with tympanostomy for acute otitis media at risk of mastoiditis. Results: In the COMQ-12 questionnaire, we found that patients who underwent mastoidectomy experienced slightly greater difficulties with hearing in quiet environments and in noisy settings, as well as an increased perception of tinnitus and an unpleasant sensation around the ear. Otomicroscopy revealed minor structural changes in the test groups, whereas no such changes were observed in the control group. Pure-tone audiometry demonstrated approximately 10 dB higher threshold values at high and extended high frequencies, similar to findings in the DPOAE test. Middle ear impedance testing indicated an elevation in the stapedius reflex threshold, while other tests did not reveal statistically significant differences. Mastoid function testing in patients who had undergone mastoidectomy showed preserved pressure buffer function but a reduced capacity for thermal insulation of the vestibular organ under extreme thermal stimulation—an occurrence that is rarely encountered in daily life. **Conclusions:** In the long term, most patients recovering from AM exhibit only minor functional and structural sequelae. In the context of AM management, the effects of mastoidectomy are negligible compared to those of less invasive surgical interventions.

Keywords: acute mastoiditis, mastoidectomy, long-term outcomes, pediatric otorhinolaryngology

Introduction

Despite the widespread use of antibiotics, acute mastoiditis (AM) and its associated complications—typically arising from acute suppurative otitis media (AOM)—continue to occur, predominantly affecting children. Although their incidence has significantly declined due to improved treatment strategies, surgical intervention remains a central component of management, particularly in cases involving intracranial complications and microbial resistance [1–7].

In recent years, there has been a notable increase in studies investigating more conservative approaches to managing uncomplicated AM, either by minimizing surgical intervention, such as mastoidectomy, or by entirely avoiding surgery. These studies report commendable recovery outcomes; nevertheless, the trend toward reducing the frequency and extent of surgical drainage procedures raises significant concerns. Potential issues include an increased risk of severe

complications, extended duration of treatment, greater reliance on antibiotic therapy, and diminished surgical proficiency and expertise [1,3,4,8–13].

While numerous studies have examined the pathogenesis, microbial aetiology, and immediate treatment outcomes associated with acute mastoiditis, relatively few have addressed its long-term sequelae, particularly the physiological consequences resulting from surgical intervention involving the mastoid cell system [10,14,15]. To address this knowledge gap, we conducted a comprehensive study to evaluate the persistent effects of surgically treated acute mastoiditis and specifically investigate the impact of mastoidectomy on long-term ear function.

Materials and Methods

Patient Selection

A retrospective review was conducted of medical records of paediatric patients who underwent mastoidectomy for AM between July 2001 and October 2019 at the Department of Otorhinolaryngology, University Clinical Center Maribor. During this 18-year period, the surgical indications for mastoidectomy remained consistent and included clinical signs such as otalgia, fever, and postauricular swelling. All procedures were performed under general anaesthesia by the same group of surgeons, following a standardized surgical protocol. The technique involved a postauricular incision, drilling of the cortical mastoid bone, opening of the major air cell system, and exposure of the epitympanum. Tympanostomy tubes were inserted for middle ear drainage, and a drainage tube was placed in the mastoid cavity. The surgical site was closed in two layers. Inclusion criteria for the study required that patients had undergone mastoidectomy with tympanostomy in one ear due to AM, and tympanostomy in the contralateral ear due to concurrent fulminant acute AOM. The presence of contralateral tympanostomy due to fulminant AOM was an essential additional inclusion criterion.

Out of 109 patients identified, contact information was available for 97, and 67 met the additional inclusion criteria. Of these, 30 consented to participate in the study.

Thirty healthy volunteers, matched to the test cohort by age, without documented or anamnestic history of ear infections, hearing impairment, or balance disorders, formed the control group. Volunteers with responses exceeding 0 on any COMQ-12 questionnaire item were excluded.

For analysis, data were divided by ear, forming three groups: tympanostomy and mastoidectomy group (Group TM - 30 ears), tympanostomy-only group (Group T - 30 ears), and control group (Group C - 30 ears).

Data Collection

The study was conducted from September 1, 2022, to March 30, 2024, at the Department of Otorhinolaryngology, University Clinical Center of Maribor. The sample size was limited by volunteer response rates from the test group, predominantly adolescents and young adults typically without residual symptoms. The relatively low incidence of AM further constrained participant numbers. Nevertheless, the sample size aligns with comparable studies on AM [16–18].

Review of Medical Records and Examination

Medical records were reviewed for demographic data, preoperative symptoms, intraoperative findings, diagnostic methods, laboratory parameters, microbiological findings, and postoperative complications. Otomicroscopy was conducted using a standard office microscope, employing a grading system with a Likert scale (0–3) for pathology evaluation, including tympanic membrane atrophy, thickness, scarring, myringosclerosis, and myringitis. Retraction severity was graded from 0 to 4 according to Toš and Sadé classifications [19,20].

Sensory Testing



Auricular sensory testing was performed using a 1.65 Semmes-Weinstein monofilament at six predefined auricular locations (Figure 1) [21].

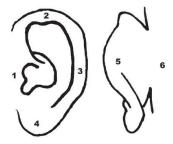


Figure Sensory testing locations.

COMQ-12 Questionnaire

Participants completed the Chronic Otitis Media Questionnaire 12 (COMQ-12), a validated 12-item, disease-specific health-related quality-of-life questionnaire with Likert-scale responses (0–5) [22,23].

Audiometry

Extended high-frequency pure tone audiometry (125 Hz–20 kHz) was conducted using an Interacoustics AC40 Clinical audiometer. Audiometric results were categorized into low-tone average (LTA, <500 Hz), middle-tone average (MTA, 0.5–4 kHz), high-tone average (HTA, 4–8 kHz), and extended high-tone average (EHTA, 8–20 kHz). For calculation of MTA same method was used as per widely known pure-tone average [24].

Middle Ear Impedance Testing

Single-band (256 Hz) tympanometry and stapedial reflex thresholds (500, 1000, 2000, 4000 Hz) were measured with an Interacoustics AT235 tympanometer. Wide-band tympanometry was conducted using Interacoustics Titan hardware, recording external auditory canal volume, tympanometric peak pressure, compliance, and middle-ear resonant frequency.

Distortion-Product Otoacoustic Emissions (DPOAE)

DPAOEs were recorded using Interacoustics Eclipse equipment, with stimulus levels of 65 dB (f1) and 55 dB (f2), an f2/f1 ratio of 1.22, test duration of 60 seconds, and minimum reliability of 98%. Measurements were conducted twice across frequencies ranging from 500 Hz to 10 kHz. Only reliable emissions were included, averaged, and frequency-averaged similarly to audiometry.

Ultrasound Examination

Ultrasound is a non-invasive imaging method that allows examination of deeper tissues. While typically used for soft tissue assessment, it is also effective for examining the periosteum and cortical bone. Using ultrasound, we can identify potential defects in the mastoid bone and periosteum post-surgery, as well as measure the thickness of the skin over the mastoid and cortical bone (Figure 2).



Figure 2: Measurements of thickness of the mastoid cortex

Non-Invasive Assessment of Mastoid Function

The two mastoid functions that can be evaluated non-invasively are its role as a pressure buffer and its thermal insulation capacity. For this purpose, we developed a reproducible protocol using standard clinical equipment. Cooling and warming of the skin over the mastoid are known to influence tympanometric peak pressure (TPP) and vestibulo-ocular reflex [25]. While TPP changes are easily quantifiable, nystagmus measurement is more technically demanding; therefore, video head impulse test (vHIT) was chosen for vestibulo-ocular reflex gain (VORg) assessment as it allows reliable statistical analysis under standard outpatient conditions.

Cooling is expected to reduce TPP. Assuming the mastoid behaves as a closed air-filled system, a temperature drop of 1 °C from normal body temperature would reduce middle ear pressure by approximately 32 daPa. In reality, the mastoid is neither closed (due to the Eustachian tube) nor of constant volume, as mucosal thickness changes [26]. Cooling likely reduces mucosal thickness through vasoconstriction of small perforating vessels in the cortical bone, increasing the air-filled volume and further lowering middle ear pressure. Considering these mechanisms, a total pressure drop of 50–80 daPa can be expected [25,27].

For VORg, no prior reference exists for temperature-induced change. Our experimental setup—subjects seated with horizontal alignment of the lateral semicircular canals—minimizes endolymph convection effects, suggesting that increased VORg is due to direct thermal effects on hair cells [28–34]. Our preliminary trials indicated an approximate 10% increase in VORg during cooling. In the context of mastoid thermal insulation, this response likely reflects the relationship between mastoid cell surface area and its volume.

Thermal conduction properties of overlying tissues are critical for interpreting these measurements. Reported conductivity values are ~0.545 W/mK for skin and ~0.68 W/mK for cortical bone; mastoid cellular bone is likely lower (~0.42 W/mK) [35–38]. Hydrogel pads, with high heat capacity, provide reproducible cooling to deeper structures. Middle ear temperature change is estimated indirectly by infrared tympanic thermometry, targeting the scutum region. Anatomical studies show the lateral semicircular canal lies at an average depth of ~12 mm from the mastoid surface, comparable to the distance from the surface to the scutum [39,40]. Given similar tissue conductivity, heat transfer should reach both sites simultaneously, allowing indirect assessment of mastoid temperature change at the depth of the lateral semicircular canal.

At the start, baseline measurements are taken for mastoid skin temperature, ear canal temperature, TPP, and VORg for the lateral semicircular canal. A hydrogel pad ($5 \times 10 \times 2$ cm, folded in half) cooled to -5 °C is placed over the mastoid process, directly behind the ear, with the auricle and skin protected by a four-layer cotton pad. Cooling is applied for 5 minutes, after which all measurements are repeated. Measurements can be completed within 1 minute, after which the cooled hydrogel pad is reapplied for another 5 minutes. A third series of measurements is then performed. The total protocol duration is 12 minutes (Figure 4.1).

The protocol is based on the experimental design described by Magnuson (2000) but differs in that VORg is used instead of nystagmography [25].

Results

Characteristics of patients undergoing mastoidectomy

A review of hospital electronic medical records from the University Clinical Center Maribor for the years 2009–2019 identified 109 patients meeting the inclusion criteria. None of these patients had regular follow-up visits at the Department of Otorhinolaryngology and Head and Neck Surgery. Contact information was available for 97 patients, of whom 67 fulfilled additional inclusion criteria and were invited to participate. Thirty patients responded to the invitation and completed the research protocol.

A single episode of uncomplicated AOM preceding AM was documented in 10% (n=3) of patients, with one patient (3.3%) experiencing two episodes. The remaining patients had no documented history of ear infections. Parents did not report pre-existing hearing loss before AM onset. Additionally, 96.7% (n=29) of patients successfully passed neonatal hearing screening. The median age at surgery was 2.12 years (Q1: 1.24; Q3: 4.08), with the youngest patient being 0.64 years old and the oldest 11.33 years old. The left side was operated in 63.3% (n=19) of cases, and 56.7% (n=17) were male. Median hospital stay was 10.5 days (Q1: 8.0; Q3: 14.25), ranging from 5 to 78 days. The retroauricular drainage tube remained in place for a median of 9.5 days (Q1: 6.75; Q3: 12.0), ranging from 4 to 20 days.

Imaging (CT scan) was performed in 16.7% (n=5) of cases. Median leukocyte count was 14.25 x 10^9/L (Q1: 11.55; Q3: 20.05), ranging from 2 to 35 x 10^9/L. Median C-reactive protein was 99.0 mg/L (Q1: 47.75; Q3: 160.75), ranging from 5 to 280 mg/L. *Streptococcus pneumoniae* was the predominant pathogen, isolated in 56.7% (n=17) of cases. *Streptococcus pyogenes* group A was found in 20% (n=6), while *Turicella otitidis*, *Pseudomonas aeruginosa*, and *Staphylococcus aureus* each appeared in 3.3% (n=1) of cases. Sterile cultures were obtained in 10% (n=3). Bilateral swabs yielded identical pathogens in 96% (n=26) of cases. No surgical complications were associated with mastoidectomy. Meningitis occurred in one patient, recurrent AOM in 20% (n=6), and recurrent mastoiditis in 3.3% (n=1). Among all 109 mastoidectomies performed at the department in the observed years, complications included labyrinthitis (4.5%, n=5), meningitis (2.8%, n=3), facial nerve paresis (2.8%, n=3), sigmoid sinus thrombosis (1.8%, n=2), sepsis (1.8%, n=2), and posterior cranial fossa skull base defect (0.9%, n=1). Surgical complications were rare, comprising one case each of excessive bleeding due to undiagnosed coagulopathy and postoperative retroauricular skin necrosis.

Median duration of routine follow-up was 13 months (Q1: 11; Q3: 16.25), ranging from 7 to 37 months. During this period, recurrent bilateral AOM occurred in 20% (n=6) of patients, and repeat bilateral tympanostomy was necessary in 10% (n=3). One patient (3%) developed tympanic membrane perforation post-AM, successfully managed with myringoplasty. Patients reported no ongoing issues or long-term hearing impairment. The interval from surgery to the research protocol implementation was a median of 11.6 years (Q1: 6.83; Q3: 13.63), ranging from 4.98 to 22.07 years.

The overall median age at the time of protocol completion was 14.3 years (Q1: 11.21; Q3:16.25), ranging from 6.63 to 24.85 years, median age in Group TM was 14.1 years (Q1: 10.71; Q3: 15.76), in Group T 14.1 years (Q1: 10.71; Q3: 15.76), and in Group C 14.45 years (Q1: 12.05; Q3: 20.73).

COMQ-12 questionnaire

COMQ-12 questionnaire results are presented in Table All control group participants scored zero on all items. Mean scores per item were also reported for clarity and revealed very low values, all below Statistically significant differences between groups were found for items 3, 4, 5, 6, and 7.



Table 1: COMQ-12 Questionnaire Results: TM, C – groups; U – Mann-Whitney U test statistic; p – statistical significance, Q - question

	Median (IQR)		Mea	n	min.;			
	Media	an (iQK)	(st. dev.)		max.			
Q	TM	С	TM	С	TM	C	U	р
1	0,0 (Q ₁ : 0,0; Q ₃ : 0,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,2 (0,61)	0,0 (0,0)	0; 3	0; 0	467,0	0,34
2	0,0 (Q ₁ : 0,0; Q ₃ : 0,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,07 (0,37)	0,0 (0,0)	0; 2	0; 0	464,0	0,3
3	0,0 (Q ₁ : 0,0; Q ₃ : 1,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,5 (1,01)	0,0 (0,0)	0; 4	0; 0	352,0	0,002
4	0,0 (Q ₁ : 0,0; Q ₃ : 2,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,93 (1,26)	0,0 (0,0)	0; 4	0; 0	288,0	<0,001
5	0,0 (Q ₁ : 0,0; Q ₃ : 0,25)	0,0 (Q1: 0,0; Q3: 0,0)	0,33 (0,71)	0,0 (0,0)	0; 3	0; 0	368,0	0,004
6	0,0 (Q ₁ : 0,0; Q ₃ : 0,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,27 (0,69)	0,0 (0,0)	0; 3	0; 0	400,0	0,017
7	0,0 (Q ₁ : 0,0; Q ₃ : 1,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,47 (0,90)	0,0 (0,0)	0; 3	0; 0	352,0	0,002
8	0,0 (Q ₁ : 0,0; Q ₃ : 0,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,0 (0,0)	0,0 (0,0)	0; 0	0; 0	480,0	1
9	0,0 (Q ₁ : 0,0; Q ₃ : 0,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,07 (0,37)	0,0 (0,0)	0; 2	0; 0	464,0	0,3
10	0,0 (Q ₁ : 0,0; Q ₃ : 0,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,2 (0,76)	0,0 (0,0)	0; 3	0; 0	448,0	0,14
11	0,0 (Q ₁ : 0,0; Q ₃ : 0,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,07 (0,36)	0,0 (0,0)	0; 2	0; 0	464,0	0,3
12	0,0 (Q ₁ : 0,0; Q ₃ : 0,0)	0,0 (Q1: 0,0; Q3: 0,0)	0,2 (0,48)	0,0 (0,0)	0; 2	0; 0	450,0	0,17

Tactile sensitivity testing of the auricle

Reduced tactile sensitivity was observed in 10% (n=3) of patients at location 5, in 6.6% (n=2) at location 6, and in 3.3% (n=1) at location No sensory deficits were observed at other sites, in the control group, or in the contralateral ears (Figure 1).

Otomicroscopic examination

Otoscopy findings are summarized in Table 2, including both median and mean values. No statistically significant differences were found between Groups TM and T. However, both differed significantly from Group C in the presence of tympanic membrane atrophy, myringosclerosis, and epitympanic retraction (Toš classification). No significant differences were observed for signs of active chronic otitis (myringitis) or conditions potentially affecting sound transmission (thickening, scarring, Sadé retraction).

Table 2: Otomicroscopic Examination Results: TM, T, C – groups; χ^2 – Chi-square statistic for the Independent Samples Median Test (ISMT); p – statistical significance.

		Median (IQR))	Me	an (st. de	ev.)		
	TM	T	C	TM	T	С	χ^2	р
	0,0 (Q ₁ :	0,0	0,0	0,6	0,4	0.4 0.0		
Atrophy	0,0; Q ₃ :	$(Q_1: 0,0; Q_3:$	$(Q_1: 0,0; Q_3:$	(0,68)	(0,56)	0,0 (0,0)	19,06	< 0,001
	1,0)	1,0)	0,0))	(0,30)	(0,0)		
Thickening	0,0	0,0	0,0	0,27	0.27	0.0		
and	$(Q_1: 0,0;$	(Q ₁ : 0,0; Q ₃ :	$(Q_1: 0,0; Q_3:$	(0,69)	(0.60)	0,0	5,98	0,5
scarring	Q3: 1,0)	1,0)	0,0))	(0,69)	(0,0)		
Myringoscl	0,0	0,0	0,0	0,63	0,63	0,0		
erosis	$(Q_1: 0,0;$	(Q ₁ : 0,0; Q ₃ :	$(Q_1: 0,0; Q_3:$	(0.89)	(0,89)	(0,0)	17,32	< 0,001
erosis	Q3: 0,0)	0,0)	0,0))		(0,0)		
	0,0	0,0	0,0	0,03	0.02	0,0	1,09	0,58
Myringitis	$(Q_1: 0,0;$	$(Q_1: 0,0; Q_3:$	$(Q_1: 0,0; Q_3:$	(0,18)	0,03			
	Q3: 0,0)	0,0)	0,0))	(0,18)	(0,0)		
Retraction	0,0	0,0	0,0	0,43	0.2	0.0		
	$(Q_1: 0,0;$	(Q ₁ : 0,0; Q ₃ :	$(Q_1: 0,0; Q_3:$	(0,68)	0,3	0,0	12,36	0,002
(Toš)	Q3: 0,0)	0,0)	0,0))	(0,54)	(0,0)		
Dotmontion	0,0	0,0	0,0	0.1	0.1	0.0	•	
Retraction	$(Q_1: 0,0;$	$(Q_1: 0,0;$	$(Q_1: 0,0; Q_3:$	0,1	0,1	0,0	2,18	0,336
(Sadé)	Q3: 1,0)	Q3: 1,0)	0,0)	(0,4)	(0,4)	(0,0)	(0,0) $2,10$	

Extended high-frequency pure-tone audiometry

Median threshold values are provided in Table Statistically significant differences were identified in the low-, high-, and extended high-frequency averages. However, differences in mid-frequency averages (MTA/PTA) were not statistically significant. Figure 3 illustrates these results in an audiogram-style format. Pairwise comparisons showed: no significant differences between Groups TM and T across frequency ranges, significant difference between Groups T and C only in high-frequency averages and significant differences between Groups TM and C across all frequencies except mid-frequencies as visualized in Figure 4.

EHTA values significantly correlated with COMQ-12 responses regarding hearing in quiet (ϱ = 0.480, p = 0.037), hearing in noise (ϱ = 0.424, p = 0.019), and tinnitus perception (ϱ = 0.392, p = 0.032). EHTA also correlated with the number of symptomatic days before surgery (ϱ = 0.413, p = 0.023), with a near-significant correlation observed for HTA (ϱ = 0.334, p = 0.071). Number of symptomatic days also significantly correlated with perceived hearing loss in noise (ϱ = 0.384, p = 0.036).

Table 3: Pure-Tone Audiometry Results: TM, T, C – groups; χ^2 – Chi-square statistic for the Independent Samples Median Test (ISMT); p – statistical significance.

		С	T	TM	χ^2	р
	Median	10,0 (Q1: 10,0; Q3:	11,66 (Q1: 10,0; Q3:	13,3 (Q1: 10,0; Q3:	3: 8,06 0, 0	
LTA	(IQR)	11,66)	13,75)	18,33)	-,	-,-
(dB)	Min.	10,0	10,0	10,0		
	Max.	16,67	25,0	31,7		
	Median	10,5	10	11,0		
PTA	(IQR)	(Q ₁ : 10,0; Q ₃ :	(Q ₁ : 10,0; Q ₃ :	(Q ₁ : 10,0; Q ₃ :	2,27	0,32
	(IQK)	12,75)	12,25)	15,5)		
(dB)	Min.	10,0	10,0	10,0		
	Max.	19,0	21,8	35,0		
	Median	10	10,0	15,0		
HTA	(IQR)	(Q1: 10,0; Q3: 10)	(Q ₁ : 10,0; Q ₃ : 13,33)	(Q1: 10,0; Q3: 19,17)	21,7	< 0,001
(dB)	Min.	10,0	10,0	10,0		
	Max.	13,33	30,0	108,3		
	Median	10,71	12,5	18,2		
ELIT A		(Q ₁ : 10,0; Q ₃ :	(Q ₁ : 10,0; Q ₃ :	(Q ₁ : 10,0; Q ₃ :	9,3	0,01
EHTA	(IQR)	14,29)	19,82)	25,71)		
(dB)	Min.	7,11	9,3	8,6		
	Max.	25,0	43,6	120		

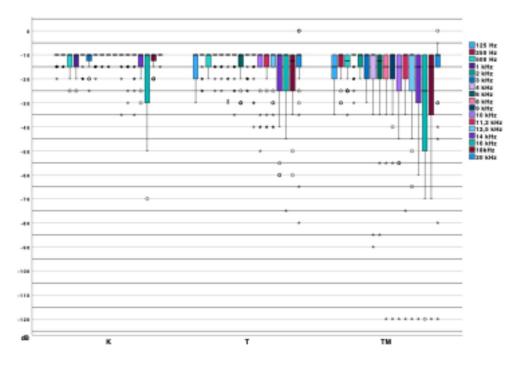


Figure 3: Median values of pure-tone audiometry thresholds, presented in a format analogous to a clinical audiogram

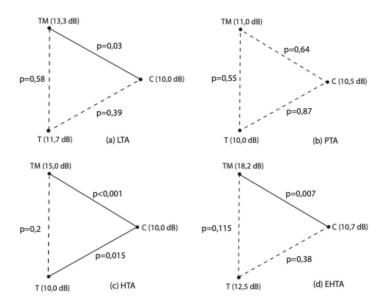


Figure 4: Direct comparison of pure-tone audiometry results (ISMT): (a) low-frequency average, (b) mid-frequency average, (c) high-frequency average, (d) extended high-frequency average; *p* – statistical significance.

Middle ear impedance testing

Single- and wide-band tympanometry showed that Group C had significantly larger external auditory canal volumes (χ^2 = 14.6; p < 0.001) than Groups TM and T. No other tympanometric measures showed significant intergroup differences (Table 5.5).

Ipsilateral acoustic reflex thresholds differed significantly across frequencies and groups. Significant differences were observed between Groups K and TM, and T and TM. No significant differences were found between Groups T and C (Figure 5).

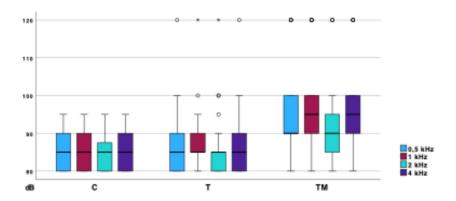


Figure 5: Median values of acoustic reflex threshold

Distortion product otoacoustic emissions (DPOAE)

Median DPOAE levels corrected for noise are listed in Table Frequency band averages were computed similar to audiometry: low (500 Hz), mid (1–4 kHz), and high (5–10 kHz). Results are visualized in Figure Corrected DPOAE values significantly correlated with audiometric thresholds: Low-frequency: ϱ = -0.279, p < 0.007; mid-frequency: ϱ = -0.387, p < 0.001; high-frequency: ϱ = -0.640, p < 0.001.

Direct group comparisons showed no significant differences in low and mid-frequency DPOAE values. Significant differences at high frequencies were observed between Group C and both Groups T and TM (Figure 7).

Table 4: DPOAE measurement values: LTA – low-tone average, MTA – mid-to-high frequency average, HTA – high-tone average; χ^2 – Chi-square statistic for the Independent Samples Median Test (ISMT); p – statistical significance.

		Group C	Group T	Group TM	χ^2	р
•	_	6,3	4,38	4,86	•	•
LTA	Median	(Q ₁ : 4,09;	(Q1: 2,8;	(Q1: -0,97;	0,76	0,68
	(IQR)	Q3: 9,76)	Q3: 10,55)	Q3: 8,35)		
(dB)	Min.	-3,05	-4,45	-6,05		
	Max.	17,15	17,35	16,10		
		19,93	18,0	16,51		
NAT A	Median (IQR)	(Q1: 10,38;	(Q1: 11,78;	(Q1: 9,83;	3,06	0,216
MTA		Q3: 26,49)	Q3: 23,61)	Q3: 24,71)		
(dB)	Min.	10,38	-7,25	-0,8		
	Max.	34,03	32,45	31,47		
		17,39	10 ,08	9,36		
TTTA	Median	(Q ₁ : 14,29;	(Q1: 5,48;	(Q1: 3,99;	20,23	< 0,001
HTA	(IQR)	Q3: 20,58)	Q3: 16,56)	Q3: 12,24)		
(dB)	Min.	1,8	-1,1	-2,62		
	Max.	30,02	23,95	12,24		

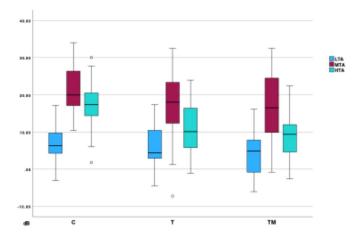


Figure 6: Median DPOAE amplitudes: LTA – low-frequency average, MTA – mid-frequency average, HTA – high-frequency average.

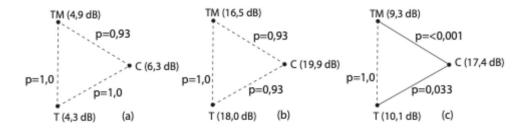


Figure 7: Direct comparison of DPOAE results (ISMT): (a) low-frequency average, (b) mid-frequency average, (c) high-frequency average; *p* – statistical significance.

Ultrasound examination of the mastoid

Ultrasound confirmed complete cortical healing in 96.7% (n=29) of patients. One patient had a defect involving less than 25% of the lateral cortical surface. No significant differences were found between Groups K and TM in cortical bone or skin thickness over the mastoid (Table 5).

Table 5: Thickness of skin over the mastoid and mastoid cortical bone: U – Mann-Whitney U test statistic; p – statistical significance.

		Group C	Group TM	U	р
	Median	3,73 (Q ₁ : 3,6;	3,7 (Q1: 3,59;	477.0	0.020
Claire their language (manna)	(IQR)	Q3: 3,93)	Q3: 3,89)	477,0	0,929
Skin thickness (mm)	Min.	3,0	3,3		
	Max.	4,7	4,3		
		E 71	5,77		
	Median	5,71	(Q1: 5,2; Q3:	444,0	0,976
Continuit home third and	(IQR)	(Q ₁ : 5,2; Q ₃ : 6,36)	6,42)		
Cortical bone thickness	Min.	4,13	1,93		
(mm)	Max.	7,97	7,97		
	Min.	1,8	-2,62		
	Max.	30,02	12,24		

Mastoid function testing

Temperature values (mastoid and ear canal), VORg, and TPP are summarized in Table To validate the non-invasive mastoid function test, we hypothesized that post-cooling values would significantly differ from baseline. All values except mastoid temperature change from 6 to 12 minutes met this criterion.

Mastoid skin temperature measurements significantly differed between Groups K and TM at all time points. Ear canal temperature differed significantly only at minute 0 (Figure 8). No significant differences were found in ear canal temperature changes (delta) over time. Mastoid skin temperature showed greater reduction in Group TM between 0–6 and 0–12 minutes (Table 7, Figure 8).

TPP values and changes did not significantly differ between groups (Table 7, Figure 9).

Absolute oVOR values showed no significant intergroup differences. However, the change from baseline to minute 12 was significantly different (p = 0.029) (Table 7, Figure 10).

Two participants discontinued the protocol at 6 minutes due to dizziness, nausea, and nystagmus. Both had reported no prior vertigo on the COMQ-No abnormalities were found in the patient with incomplete cortical healing on ultrasound.

Table 6: Measurements of ear canal temperature, mastoid skin temperature, VORg, and TPP: C, TM – groups, T_C – temperature in the ear canal, T_M – temperature over mastoid, TPP – tympanometric peak pressure, VORg – vestibulo-ocular reflex gain

		0 min		6 min		12 min	
		С	TM	С	TM	С	TM
Tc (°C)	Median (IQR)	36,7 (Q1: 36,6; Q3: 36,8)	36,6 (Q1: 36,4; Q3: 36,7)	36,1 (Q ₁ : 35,5; Q ₃ : 36,3)	35,8 (Q1: 35,3; Q3: 36,2)	35,75 (Q ₁ : 35,1; Q ₃ : 36,1)	35,5 (Q1: 34,4; Q3: 35,9)
	Min.	36,1	36,1	36,1	35,3	33,5	32,7
	Max.	36,9	37,3	36,9	36,2	36,2	36,6

Тм (°С)	Median (IQR)	37,3 (Q1: 36,9; Q3: 37,6)	36,9 (Q1: 36,8; Q3: 37,1)	18,1 (Q ₁ : 16,5; Q ₃ : 21,3)	14,8 (Q1: 11,9; Q3: 20,3)	17,65 (Q ₁ : 15,4; Q ₃ : 20,9)	15,2 (Q1: 13,2; Q3: 20,7)
	Min.	33,2	33,7	9,9	8,2	11,2	6,1
	Max.	37,7	37,4	27,5	26,0	28,6	23,3
VORg	Median (IQR)	0,89 (Q1: 0,80; Q3: 0,96)	0,88 (Q1: 0,54; Q3: 1,24)	0,93 (Q1: 0,86; Q3: 1,06)	0,93 (Q1: 0,90; Q3: 1,06)	1,00 (Q ₁ : 0,95; Q ₃ : 1,08)	1,06 (Q1: 0,95; Q3: 1,13)
	Min.	0,66	0,81	0,76	0,80	0,81	0,91
	Max.	1,26	0,95	1,31	1,41	1,36	1,33
TPP (daPa)	Median (IQR)	-1,0 (Q1: -5; Q3: 0)	-5,0 (Q1: -23; Q3: 0)	-69,0 (Q1: - 124; Q3: -31)	-89,5 (Q1: -65,3; Q3: - 144,3)	-87,5 (Q ₁ : - 133; Q ₃ : -53,8)	-82,0 (Q1: - 130,5; Q3: - 51,3)
	Min.	-75	-135	-216	-296	-208	-241
	Max.	11	15	0	-19	-7	-20

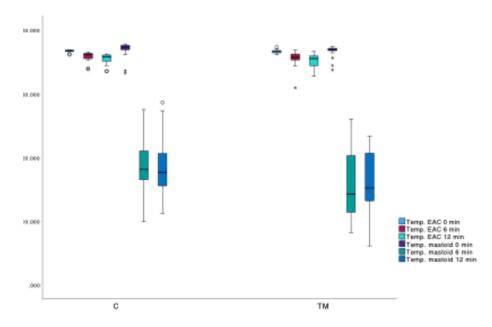


Figure 8: Measurements of ear canal temperature and mastoid skin temperature

Table 7: Comparison of mastoid function measurements between groups (U – Mann-Whitney U test, T_C – temperature in the ear canal, T_M – temperature over mastoid)

-	Group C	Group TM	U	р
Тм 0 min (°C)	37,3 (Q1: 36,9; Q3: 37,6)	36,9 (Q1: 36,8; Q3: 37,1)	260	0,002
Tм 6 min (°C)	18,1 (Q1: 16,5; Q3: 21,3)	14,8 (Q1: 11,9; Q3: 20,3)	317,5	0,022
Тм 12 min (°C)	17,65 (Q1: 15,4; Q3: 20,9)	15,2 (Q1: 13,2; Q3: 20,7)	302	0,030
Tc 0 min (°C)	36,7 (Q1: 36,6; Q3: 36,8)	36,6 (Q1: 36,4; Q3: 36,7)	323	0,025
Tc 6 min (°C)	36,1	35,8 (Q1: 35,3; Q3: 36,2)	395	0,230

	(Q1: 35,5; Q3: 36,3)			
Tc 12 min (°C)	35,75 (Q1: 35,1; Q3: 36,1)	35,5 (Q1: 34,4; Q3: 35,9)	359,5	0,189
Δ T _M (0–6 min) (%)	-106,6 (Q1: -126; Q3: -76)	-146,2 (Q1: -212; Q3: -82)	330	0,035
Λ T _M	1,1	2,9		
(6–12 min) (%)	(Q1: -24,3; Q3: 10,4)	(Q ₁ : 14,2; Q ₃ : -12,8)	409,5	0,568
Δ T _M	-103.6	-141.6		
(0–12 min) (%)	(Q1: -141,7; Q3: -79,1)	(Q1: -176,4; Q3: -79,8)	313	0,045
$\Delta \text{ Tc } (0-6 \text{ min})$	-1,66	-1,8		
(%)	(Q ₁ : -3,3; Q ₃ : -1,37)	(Q1: -3,6; Q3: -1,1)	462	0,8
Δ Tc (6–12 min)	-1,11	-1,13		
(%)	(Q1: -1,42; Q3: -0,83)	(Q ₁ : -0,13; Q ₃ : -1,9)	436	0,859
Δ Tc (0–12 min)	-2,78	-2,7	400	0.711
(%)	(Q ₁ : -4,7; Q ₃ : -2,01)	(Q ₁ : -5,5; Q ₃ : -2,2)	423	0,711
	0,89	0,88	450 F	0.655
VORg (0 min)	(Q1: 0,80; Q3: 0,96)	(Q ₁ : 0,54; Q ₃ : 1,24)	450,5	0,677
VOPa (6 min)	0,93	0,93	452	0.702
VORg (6 min)	(Q1: 0,86; Q3: 1,06)	(Q ₁ : 0,90; Q ₃ : 1,06)	453	0,703
VORg (12 min)	1,00	1,06	377	0,292
VORg (12 IIIII)	(Q1: 0,95; Q3: 1,08)	(Q ₁ : 0,95; Q ₃ : 1,13)	377	
TPP (0 min)	-1,0	-5,0	342,5	0,051
(daPa)	(Q ₁ : -5; Q ₃ : 0)	(Q1: -23; Q3: 0)	042,0	0,031
TPP (6 min)	-69,0	-89,5	357	0,083
(daPa)	(Q1: -124; Q3: -31)	(Q1: -65,3; Q3: -144,3)	337	0,000
TPP (12 min)	-87,5	-82,0	442	0,929
(daPa)	(Q ₁ : -133; Q ₃ : -53,8)	(Q ₁ : -130,5; Q ₃ : -51,3)	112	0,727
Δ VORg (0–6	0,06	0,085	378	0,152
min)	(Q ₁ : 0,032; Q ₃ : 0,08)	(Q ₁ : 0,03; Q ₃ : 0,12)		0,102
Δ VORg (6–12	0,045	0,055	386	0,357
min)	(Q ₁ : 0,023; Q ₃ : 0,11)	(Q ₁ : 0,22; Q ₃ : 0,11)		
Δ VORg (0–12	0,10	0,14	304	0,033
min)	(Q1: 0,09; Q3: 0,013)	(Q ₁ : 0,10; Q ₃ : 0,18)		
Δ TPP (0–6 min)	-66,5	-72,5	403,5	0,281
(daPa)	(Q1: -113,5; Q3: -27,8)	(Q1: -127,8; Q3: -50)	/-	-,
Δ TPP (6–12	-21	-4	339,5	0,108
min) (daPa)	(Q1: -33; Q3: -22,8)	(Q1: -35; Q3: 45,3)	/ -	-,
Δ TPP (0-	-87	-71,5	388,5	0,378
12min) (daPa)	(Q ₁ : -121; Q ₃ : -51,5)	(Q1: -101,8; Q3: -39,3)	,	•

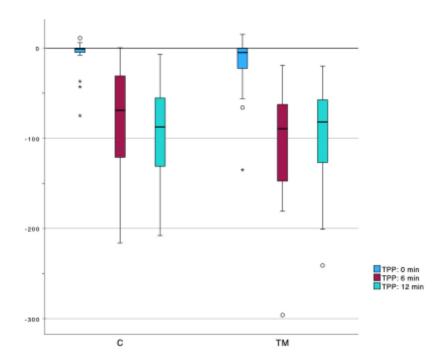


Figure 9: TPP measurements according to the protocol for non-invasive mastoid function assessment

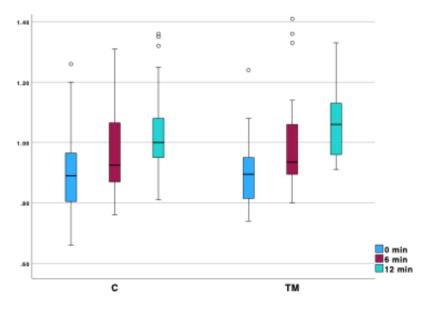


Figure 10: VOR gain measurements according to the protocol for non-invasive mastoid function assessment

Discussion

This study is unique in examining the sequelae of mastoidectomy performed in the context of AM treatment. To our knowledge, no previous research has investigated the long-term consequences of AM and its treatment in such detail.

While the incidence of AM and other complications associated with AOM is declining, this trend directly correlates with antibiotic usage [41,42]. Traditionally, mastoidectomy has been recognized as the most effective and reliable method for treating AM but is also the most invasive [17,43]. Increased antibiotic treatment efficacy has prompted numerous studies demonstrating that less invasive methods can effectively manage AM [2,4,5,10,14,16,18,44–46]. The question arises whether mastoidectomy remains necessary in contemporary AM treatment if recovery is achievable without

surgery. Upon reviewing various treatment strategies, the broad definition of AM explains the variety in therapeutic approaches. However, available studies do not suggest that less invasive methods were exclusively used for milder AM forms; rather, mastoidectomy was predominantly employed when the efficacy of other methods was uncertain (reference). To advocate mastoidectomy as a viable treatment option in modern management of AM, our research must demonstrate comparability, effectiveness, safety, and minimal postoperative consequences. Researching AM inherently faces limitations, as it typically affects severely ill or life-threatened children, making prospective studies nearly impossible. Retrospective studies may inherently contain bias due to challenges in accurately assessing the severity of inflammation, pre-existing hearing loss, or subsequent hearing impairments.

Our study compared patients with concurrent bilateral fulminant AOM. One ear progressed to AM, while the other exhibited severe AOM without fulfilling AM criteria but showed potential for progression (53% had a lowered postero-superior wall of the external auditory canal, and all had severely lateralized eardrums). Since middle ear and mastoid cavities are interconnected, mastoid inflammation (infection) likely occurs during AOM episodes [47]. On the AM-affected side, patients underwent combined mastoidectomy and tympanostomy, whereas the contralateral ear received tympanostomy alone. Pathogens were identical bilaterally in 96% of cases, indicating similar infection severity and timing, differing only in mastoid intervention. It is important to note that inflammation was likely more severe in ears undergoing mastoidectomy, possibly attributing more sequelae to surgical intervention inadvertently. Given minimal prior AOM episodes and appropriate management of recurrent AOM, previous or subsequent infections were unlikely to significantly affect ear function.

Our patient cohort demographics, inflammation markers, microbiological profiles, hospital stays, and complication frequencies align closely with similar studies [14,16–18,48]. A longer hospital stay noted in our cohort reflects institutional practice, as patients remained formally admitted during acute phases despite outpatient management. Actual hospital duration correlates closely with drainage tube duration, comparable to other studies.

The median age at surgery (2.12 years) indicates limited pure-tone audiometry feasibility, while brainstem auditory potentials testing is typically unnecessary for normal-hearing children. Pre-AM hearing concerns were absent in parental reports, with no post-AM trauma or serious infections documented. Neonatal hearing screening, successful in 97%, further supports comparability with larger studies and adequately limits bias, thus validating our results' applicability.

Analysis of AM treatment strategies emphasizes individualized decisions and the lack of standardized protocols (reference). Literature reviews consistently demonstrate mastoidectomy's effectiveness, despite differing opinions regarding recurrence prevention [49,50]. Our cohort experienced minimal recurrence (3.3%), confirming mastoidectomy as highly effective, aligning with previous findings.

Mastoidectomy, a fundamental otologic procedure, carries complication rates between 1-3% [51], significantly lower in primary surgeries [52]. Our analysis revealed low complication rates (1.8%), all reversible, performed consistently by three surgeons. General anesthesia in children with upper respiratory infections poses significantly higher risk (up to 30%) [53,54]. Combining literature and our findings, mastoidectomy emerges as safe when performed by experienced surgeons, with anesthesia presenting primary risks.

Median audiometric thresholds demonstrated minor hearing loss (<10 dB) across all frequencies in both groups T and TM compared to controls. Despite this minimal loss, speech comprehension remained unaffected, as confirmed by the COMQ-12 questionnaire results. Detailed audiometric analysis revealed statistically significant differences between both tested groups and the control group, primarily within high-frequency ranges. Importantly, no statistically significant differences were observed in frequency averages between groups T and TM, indicating that the ears differed only in the performance of mastoidectomy on one side. This finding suggests that the direct impact of mastoidectomy on auditory function is minimal or negligible. Furthermore, it is likely that

inflammation was more severe and prolonged in ears undergoing mastoidectomy, thus increasing the risk of inner ear damage. From this perspective, the influence of mastoidectomy on hearing outcomes might even be overestimated. Additionally, patients who underwent mastoidectomy earlier during the disease course showed better hearing outcomes, implying that timely mastoidectomy could contribute positively to auditory function. Specifically, we observed superior auditory results in higher frequencies in patients who underwent mastoidectomy promptly following AM diagnosis, highlighting the potential advantage of early surgical intervention in reducing longterm auditory damage associated with severe and prolonged inflammation. This suggests that early mastoidectomy in AM treatment not only has minimal detrimental effects on hearing but may actively promote improved auditory outcomes. While acoustic trauma during mastoidectomy remains a recognized potential risk, primarily due to ultrasonic drill noise, which can generate highintensity sound exposure potentially affecting high-frequency auditory sensitivity [55-59], the comparable patterns of hearing loss between groups T and TM reinforce the notion that inflammatory processes, rather than surgical intervention, predominantly contribute to observed auditory deficits. The consistency of audiometric findings across both surgical and non-surgical groups further supports the conclusion that observed hearing deficits primarily reflect inflammatory severity and associated physiological changes in middle and inner ear structures.

COMQ-12 scores were generally low, suggesting minimal or negligible chronic otitis media symptoms among study participants. However, despite these overall low scores, statistically significant differences were noted between the mastoidectomy (TM) and control groups regarding specific symptoms, including hearing difficulties in quiet and noisy environments, discomfort around the ear, sensations of dizziness or vertigo, and tinnitus. These findings indicate that, although most patients experienced only minor symptoms, a subgroup experienced meaningful chronic symptoms possibly impacting their quality of life. This is further supported by a statistically significant correlation between high-frequency hearing loss and higher scores on questions related to hearing in quiet environments, hearing in noise, and tinnitus. Additionally, sensory loss following surgery was documented in up to 10% of patients, primarily manifesting as diminished tactile sensation around the auricle, which aligns with previously published data[21,60,61]. Otomicroscopic examination further revealed notable structural changes, including tympanic membrane atrophy, myringosclerosis, and epitympanic retractions, clearly associated with inflammatory processes rather than the mastoidectomy itself. The absence of significant differences in structural alterations between groups undergoing tympanostomy alone and those undergoing combined mastoidectomy and tympanostomy suggests these changes result primarily from inflammatory sequelae rather than surgical intervention.

Objective ear function testing (DPOAE, impedance measurements) showed no significant differences attributable to mastoidectomy except elevated stapedius reflex thresholds in the TM group. DPOAE results demonstrate a similar pattern to those observed in pure-tone audiometry. Since tests of inner ear function (pure-tone audiometry, DPOAE) did not show statistically significant differences, we hypothesize that the altered stapedius reflex thresholds reflect biomechanical changes at the level of the middle ear. Additionally, all groups demonstrated lower median middle ear resonance frequencies than the established population averages (0.8–1.2 kHz). The resonance frequency in the control group (C) was 754 Hz, nearly within the population average, whereas it was lower in groups T (722 Hz) and TM (667 Hz), suggesting some damping due to a mass effect in the affected middle ears [62]. The cause of statistically significant differenc in external auditory canal volume in surgical groups requires further investigation. Two possible explanations are proposed: changes in the external auditory canal might result from postoperative scarring or alterations related to temporal bone pneumatization following infection [63].

We observed that all patients, except for one with a minor defect, had fully healed cortical bone of the mastoid. This finding indicates that children undergoing mastoidectomy for AM experience a nearly complete restoration of the original anatomical state of the cortical mastoid bone, likely contributing to the preservation of ear function.

The primary goal of the proposed mastoid function test protocol was to assess the suitability and validity of the test. As shown in Table 6, all measurements, except for the temperature change over the mastoid between the 6th and 12th minutes, demonstrated statistically significant differences. The lack of significant temperature change over the mastoid during this interval, despite continued cooling, is understandable as the maximum achievable surface cooling was reached within the first five minutes. Following this period, an increase in local blood flow likely occurred, introducing warmth into the cooled area, while the hydrogel pad itself gradually warmed. Cooling with the hydrogel pad can be conceptualized as point cooling, with surrounding tissues subsequently reheating the cooled area from all directions. Conversely, temperature measurements in the ear canal continued to decrease during the 6–12 minute interval, indicating sustained cooling of the deeper temporal (tympanal) bone due to persistent lower surface temperature, an observation consistent with previous studies [25].

Our results indicate that the cooling-based mastoid function test protocol elicited expected and measurable changes in TPP and VORg. However, for clinical application, validation with a larger sample of healthy subjects is necessary. A larger dataset from healthy individuals would establish a framework of normal test values to which pathological middle ear conditions (such as Eustachian tube dysfunction, serous otitis media, or chronic middle ear infections) could be compared.

Comparison of temperature changes between groups C and TM revealed a roughly linear decrease in ear canal temperatures for both groups, albeit at a slower rate during the second half of the test (Figure 8, Table 6, Table 7). There were no statistically significant differences between groups concerning the changes in ear canal temperatures. However, statistically significant differences were noted in absolute measurements of mastoid surface temperature at 0, 6, and 12 minutes, absolute ear canal temperature at 0 minutes, and the change in mastoid surface temperature between 0–6 and 0–12 minutes. It should be emphasized that skin surface temperature exhibits substantial individual variability influenced by ambient conditions, limiting its clinical relevance. The significantly greater temperature reduction over the mastoid in the TM group is likely attributed to scar formation and diminished vascularization of the subcutaneous tissues.

Comparison of TPP values during the protocol between groups C and TM showed a faster decrease to slightly lower absolute values in the TM group (Table 8, Figure 9). By the end of the protocol, TPP values in the TM group began to normalize, whereas the control group's values had not yet started to normalize. None of these differences reached statistical significance. The measured reduction in middle ear pressure during cooling likely results from both air cooling within the middle ear and additional mechanisms, such as changes in mastoid mucosal thickness [25–27,64,65]. Since the mastoid's function as a pressure buffer depends more on volume than on the surface area of its cellular system, and as cortical bone healing post-mastoidectomy closely follows periosteal lines, ultrasound results suggest that mastoid volume remains unchanged. Consequently, we conclude that mastoid pressure regulation capacity is fully preserved following mastoidectomy for AM. Variations in the rate of TPP change could result from altered thermal properties (heat capacity and conductivity) of tissues post-healing compared to healthy tissues.

Direct comparison of absolute VORg values between groups C and TM showed no statistically significant differences (Table 8, Figure 10), nor were there significant differences in VORg changes between the 0–6 minute and 6–12 minute intervals. However, the overall VORg change (0–12 minutes) was statistically significant, suggesting a slightly reduced thermal insulation capability of the mastoid. Thermal insulation by the mastoid primarily depends on the ratio of cellular surface area to mastoid volume [25,64,66,67]. Surgical interventions typically result in less extensive regeneration of the mastoid cellular system compared to the cortical bone, with the extent of regeneration strongly influenced by patient age at surgery [68,69]. Both our findings and existing literature indicate partial cellular system regeneration occurs, though a permanently lowered cellular surface-to-volume ratio remains likely. The extreme temperature stimulation utilized in this test protocol revealed minor reductions in mastoid thermal insulation, although such stimuli are physiologically uncommon and unlikely to occur in daily life, limiting clinical relevance.

Additionally, even the subject who showed incomplete cortical bone healing did not demonstrate significant deviations, suggesting minor bone defects do not substantially influence heat transfer. The occurrence of dizziness, nausea, and nystagmus in two participants can likely be attributed to increased thermal conductivity of tissues post-healing.

Conclusions

Our study is, to date, the first to provide a detailed analysis of the long-term sequelae of mastoidectomy performed for the treatment of AM, and it is unique in directly comparing two different surgical approaches to middle ear infection. In addition, we developed a novel protocol for the non-invasive measurement of both the pressure regulation capacity and thermal insulation function of the mastoid, which, to our knowledge, has not previously been described in the literature.

Based on the collected data, we found that most patients who underwent mastoidectomy for AM exhibited long-term high-frequency hearing loss of up to 10 dB, minor structural changes of the tympanic membrane, and elevated acoustic reflex thresholds. The same findings were observed in the group with fulminant AOM treated solely by tympanostomy. In the context of AM treatment, the consequences of mastoidectomy are therefore negligible compared to those of less invasive surgical approaches. Better hearing preservation was observed in patients who underwent mastoidectomy earlier in the course of AM.

The proposed method for non-invasive mastoid function testing proved feasible for clinical use. The protocol is reproducible and simple enough to be completed, including patient preparation, within the timeframe typically allocated for standard hearing and balance assessments. Our data demonstrate statistically significant changes in TPP and VORg values before and after completion of the protocol, as well as significant differences between the tested groups. Establishing normative population values would require testing a larger cohort of healthy individuals, which would enhance the clinical applicability of the method and allow comparison with various middle ear pathologies.

Extreme thermal stimulation of the mastoid surface resulted in statistically significant differences in lateral semicircular canal function, indicating that the thermal insulation capacity of the mastoid is slightly reduced after surgery. This change is likely due to a permanently reduced ratio between the surface area of the mastoid cellular system and its volume following mastoidectomy. However, such stimulation is non-physiological and unlikely to occur in everyday life, so we believe this finding has limited practical implications.

Reviewing both the literature and our data, we conclude that mastoidectomy remains the most effective surgical method for treating AM, with a negligible incidence of surgical complications. Furthermore, we demonstrated that the earlier mastoidectomy is performed in the course of AM, the lower the likelihood of high-frequency hearing loss. The ability to regulate middle ear pressure after mastoidectomy for AM remains fully preserved. The mastoid's function as a pressure buffer depends primarily on its volume, and the surgical alteration of the mastoid cell system during cortical mastoidectomy does not affect mastoid volume or its pressure regulation capacity.

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Institutional Review Board Statement: The study was approved by the National Medical Ethics Committee of the Republic of Slovenia on December 24, 2021 (reference number: 0120-547/2021/3).

Informed Consent Statement: The study was conducted in accordance with the Declaration of Helsinki, and informed consent was obtained from all participants prior to inclusion.

Data Availability Statement: The data presented in this study are available on request from the corresponding author due to privacy issues.

Conflicts of Interest: The author does not declare conflicts of interest.

Abbreviations

The following abbreviations are used in this manuscript:

AM Acute mastoiditis AOM Acute otitis media

COMQ-12 Chronic Otitis Media Questionnaire 12

daPa Deka pascal

DPOAE Distortion-Product Otoacoustic Emissions

K Kelvin m Meter

TPP tympanometric peak pressure VORg vestibulo-ocular reflex gain vHIT video head impulse test

W Watt

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