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Article

Reference Gene Selection for Gene Expression Analysis During In Vitro Maturation of Alpaca Oocytes

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Simple Summary

Improving the in vitro maturation (IVM) of alpaca oocytes may contribute to the conservation of this genetically valuable and highly adaptable species, which plays a key role in Andean biodiversity. To optimize IVM protocols, compounds such as resveratrol have been proposed to enhance oocyte quality. However, assessing their molecular effects requires stable reference genes to ensure accurate gene expression analysis. In this study, we analyzed four candidate reference genes and identified *Rplp0* and *Gapdh* as the most stable during IVM, both in the presence and absence of resveratrol. Additionally, resveratrol was found to modulate the expression of genes associated with oocyte quality. This is the first study to identify reference genes in alpaca oocytes, representing a critical step toward advancing reproductive biotechnology in this species.

Abstract

Among the in vitro embryo production (IVP) procedures, the in vitro maturation (IVM) is an essential step for the oocyte to achieve nuclear and cytoplasmic maturity (competence). In this line, supplementation of the IVM medium with resveratrol have been associated with higher oocyte competence in other species. On the other hand, a precise analysis of transcript levels in mammalian gametes and embryos requires the use of reliable reference genes (RGs) for data normalization. However, RGs specific to IVM of alpaca oocytes have yet to be identified, creating a barrier to functional gene studies in this species. Therefore, this study aimed to identify suitable reference genes to properly analyze gene expression patterns during IVM of alpaca oocytes. Four candidate transcripts (*Gapdh*, *Actb*, *Rplp0* and *Ppia*) were selected and their stability during IVM with and without exposure to resveratrol was analyzed using RefFinder software (<https://github.com/fulxie/RefFinder>). The transcript levels of two target genes (*Bmp15* and *Sirt1*) were normalized by the selected reference genes. Our findings indicate that, among the four candidate reference genes, *Rplp0* and *Gapdh* were the most stable transcripts. Additionally, we observed that transcript levels of *Bmp15* were differentially expressed after IVM in the presence of resveratrol ($p < 0,05$). We also demonstrated that supplementation with resveratrol modulates the expression patterns of transcripts associated with chromatin remodeling and folliculogenesis. Thus, this is the first report evaluating suitable reference genes for alpaca oocytes, providing valuable tools to better understand oocyte physiology at the gene expression level of South American camelids.

Keywords: alpaca; resveratrol; in vitro maturation; gene expression; oocyte

1. Introduction

The low reproductive efficiency (LRE) of alpacas (*Vicugna pacos*) is currently a major concern. Over the past decades, fertility and birth rates have fallen below 45% and 50%, respectively [1]. One of the reasons of LRE is early embryonic loss after mating, associated with poor gamete quality [2]. Moreover, in vitro embryo production (IVP) has barely started compared to other ruminant species, such as bovine [3,4], where this technology has become efficient enough to be considered for commercial use and used for animal breeding. However, in South American camelids, is necessary to optimize in vitro maturation (IVM), fertilization (IVF) and embryo culture procedures to establish a consistent and replicable IVP process [5].

Unlike in mice or humans, where eggs are mainly collected at the metaphase II (MII) stage, in many livestock species the oocytes must be matured in vitro since the most common source of oocytes comes from slaughtered animals [6]. During IVM, immature oocytes obtained from small follicles must undergo nuclear and cytoplasmic maturity to be considered competent enough to support embryonic development [7]. Nuclear maturation lies in the progression of the oocyte through meiotic processes to reach and arrest at the meiosis II stage. Cytoplasmic maturation, instead, involves accumulating and redistributing organelles, RNA, and proteins associated with early embryonic competence [8]. These processes can be induced in vitro by cultivating the oocytes under the appropriate conditions. In this line, several studies have shown that the supplementation of the IVM medium with antioxidant molecules, such as resveratrol, enhance oocyte quality of bovine [9,10] and porcine [11,12] species.

On the other hand, quantitative reverse transcription polymerase chain reaction (qRT-PCR) assay is considered as gold standard method for assessing gene expression changes by quantifying at the transcript level. However, qRT-PCR assays are prone to errors and sensitive to experimental variations, so all potential bias factors need to be controlled and minimized to perform an adequate study [13]. These variables are usually controlled by normalizing the data against reference (housekeeping) transcripts, which theoretically should be consistently present regardless of tissue and/or experimental condition [14]. Nonetheless, in developmental biology, the stability of reference genes depends on the developmental stage and experimental setting, so their validation is essential for each model and species evaluated. For instance, classic reference genes such as *Gapdh* (glyceraldehyde 3-phosphate dehydrogenase) and *Actb* (β -actin) have been used to compare transcripts levels of different target genes during oocyte IVM and early embryonic development [15–17]. Though, the levels of these reference genes can be significantly regulated in different cell types and experimental conditions, which does not guarantee their stability [18].

Therefore, this study aimed to identify suitable reference genes for accurate gene expression analysis during in vitro maturation of alpaca oocytes. Four candidate reference genes (*Gapdh*, *Actb*, *Rplp0* and *Ppia*), were selected and their stability was evaluated after IVM of oocytes exposed or not at different concentrations of resveratrol. Additionally, the levels of two target transcripts were normalized by the selected reference genes.

2. Materials and Methods

All chemicals and reagents were obtained from Sigma Chemical Co. (St. Louis, MO, USA) unless otherwise specified. All experimental procedures were carried out at the Laboratory of Reproductive Physiology, Faculty of Biological Sciences, Universidad Nacional Mayor de San Marcos, Lima, Peru. The study was approved by the Ethics Committee of the Faculty of Biological Sciences, UNMSM (approval code: N° 106-2024-CBE-FCB-UNMSM, October 2, 2024).

2.1. Oocyte Collection and IVM

Ovaries were collected from a local slaughterhouse located in Huancavelica city, Peru, and transported to the laboratory in normal saline solution at 10°C within 15-22 h after collection. Cumulus-oocyte complexes (COCs) were aspirated from antral follicles of 3-8 mm in diameter. Subsequently, 903 COCs with at least three layers of surrounding cumulus cells and homogeneous cytoplasm, classified as category I or II were selected for IVM and cultured in tissue culture medium-199 (TCM-199, Gibco/BRL, Grand Island, NY, USA) supplemented with 2.2 g/L sodium bicarbonate, 10 IU/mL equine chorionic gonadotropin (eCG, Novormon), 0.1 IU/mL human chorion gonadotropin (hCG, Sigma-Aldrich, United States), 0.07 IU/mL follicle stimulating hormone (FSH, Folltropin-Bioniche, Canada), 10% fetal bovine serum (FBS, Sigma-Aldrich, United States), 0.2 mM sodium pyruvate (Sigma-Aldrich, United States), 1 µg/mL β-estradiol (Sigma-Aldrich, United States), 10 ng/mL epidermic growth factor (eGF, Sigma-Aldrich, United States) and 50 µg/mL gentamicin (Sigma-Aldrich, United States). In vitro culture was carried during 48 h at 38.5°C in an atmosphere with 5% CO₂.

After IVM, oocytes were denuded of cumulus cells mechanically, and those displaying extrusion of the first polar body were considered as reached nuclear maturity. The mature oocytes were then washed in PBS and stored in micro tubes containing RNA Preserve (Norgen Biotek, Canada)/PBS (1:3) at -20°C for further analysis.

2.2. Total RNA Extraction and cDNA Synthesis

Total RNA was extracted from three independent pools (obtained from different ovary collections) of twenty mature oocytes in each group using the Single Cell RNA Purification Kit (Norgen Biotek, Canada) according to the manufacturer's recommendations. The elution volume was 10 µL. Reverse transcription was performed using the TruScript First Strand cDNA Synthesis Kit for mRNA (Norgen Biotek, Canada) with 5 µL of RNA in a final reaction volume of 20 µL, according to the manufacturer's instructions. The reaction was incubated in a Multigene™ Mini Personal thermocycler (Labnet) at 50°C for 45 minutes and then at 70°C for 15 minutes. The resulting cDNA was stored at -20°C until further use.

2.3. Primer Design and Amplification Efficiency

Primers for four housekeeping (*Gapdh*, *Actb*, *Rplp0* and *Ppia*) and two target (*Bmp15* and *Sirt1*) genes were designed using the PRIMER 3 PLUS software (<https://www.bioinformatics.nl/cgi-bin/primer3plus/primer3plus.cgi>), and formation of homodimers and heterodimers was evaluated using the IDT SciTools Oligo Analyzer 3.0 platform (<http://www.idtdna.com/analyzer/Applications/OligoAnalyzer/>). Target genes were selected regarding their participation in folliculogenesis (*Bmp15*) and epigenetic control (*Sirt1*). All primers were synthesized by Macrogen (Seoul, Korea). Primer sequences and GenBank accession numbers are presented in Table 1.

To confirm primers specificity, conventional RT-PCR was performed using cDNA from alpaca oocytes. The amplicon size and absence of primer dimers were confirmed by electrophoresis on a 1.5% agarose gel. Additionally, qRT-PCR standard curves were constructed from 5-fold serial dilutions of a pool of cDNA to evaluate the amplification efficiency ($E\% = (10^{(-1/\text{slope})} - 1) \times 100\%$) of all genes [19].

Table 1. Detail of Primers used for qRT-PCR.

Gene	Function	Primer sequence 5'-3'	Product size ^a	GenBank Acc. No
<i>Actb</i>	Cytoskeletal structural protein	F: TCTTCCAGCCCTCCTTCCT R: GATCTCCTTCTGCATCCTGTC	175	XM_031676709.1

<i>Gapdh</i>	Glycolytic enzyme	F: GTGAACCACGAGAAGTATGAC R: TCCTTCCACGATGCCAAAGT	117	XM_006210852.2
<i>Rplp0</i>	Ribosomal protein	F: AGCCACATTGCTGAACATGC R: TAACCAATCTGCAGACACACG	154	HQ385999.1
<i>Ppia</i>	Peptidyl-prolyl cis-trans isomerase activity	F: TTCATCTGCACTGCCAAGAC R: TGTCCACAGTCAGCAATGGT	152	XM_006217133.3
<i>Sirt1</i>	Oxidative stress	F: ACCTCCACGACCACAAAAAG R: ACACACCTGGGTCATCAACA	167	XM_006220260
<i>Bmp15</i>	Folliculogenesis	F: TTCTTCTTTGGGGACTGGTG R: AGCATATACCGCAAGGGATG	184	XM_006217832.3

^aAmplicon size in base pairs.

2.4. Quantitative RT-PCR

The qRT-PCR was conducted using the StepOnePlus Real-Time PCR Systems (Applied Biosystems, Foster City, California) in 10- μ L reactions containing: 1 μ L cDNA, 5 μ L KAPA SYBR FAST qPCR Master Mix (2x) Universal (KapaBiosystems, United States), 0.4 μ L (0.4 mM) forward and reverse primers, 0.2 μ L 50x High ROX and nuclease-free water. Reaction conditions were as follows: 95°C for 1 min, followed by 40 cycles of 95°C for 15 s and 60°C for 20 s. After 40 cycles, a melt curve was generated by 95°C for 15 s, 60°C for 1 min and 95°C for 15 s with a ramp rate of 2%. Melt curve analyses were performed for all genes, and the specificity as well as integrity of the PCR products was confirmed by the presence of a single peak. For each biological sample, two technical replicates were run in each qRT-PCR experiment, and all samples for each gene were performed on the same run to minimize inter experimental variation.

2.5. Stability of Candidate Reference Genes and Determination of the Transcript Levels of *Bmp15* and *Sirt1*

To evaluate transcript stability during IVM, the COCs were cultured under 3 different conditions: group 1 was cultured in the regular IVM medium (control); group 2 was cultured in the regular IVM medium supplemented with 2 μ M of resveratrol (Resv 2 μ M), and group 3 was cultured in the regular IVM medium supplemented with 10 μ M of resveratrol (Resv 10 μ M). The experiment was repeated at least ten times (10 biological replicates). For gene expression analysis, three pools of 20 oocytes from each experimental group were evaluated (3 biological replicates). The RefFinder algorithm was used to compare and rank the tested candidate reference genes. RefFinder integrates four algorithms (Normfinder, BestKeeper, Δ Ct method, and geNorm). It assigns weights to each gene and generates a comprehensive evaluation, providing a reliable assessment of transcript stability. Expression levels of *Bmp15* and *Sirt1* were calculated using the modified $\Delta\Delta$ Ct method described by Pfaffl (2001), which incorporates the amplification efficiency (E) of each primer pair. For each independent qPCR run, the expression of the control group was normalized and assigned a relative value of 1. Subsequently, relative expression values of the treatment groups from all runs were pooled and subjected to statistical analysis.

2.6. Statistical Analysis

Quantitative data are presented as mean \pm standard deviation (SD). Differences among groups were analyzed using one-way ANOVA followed by Tukey's post hoc test. Binomial data sets, such as maturation rate, was analyzed by using Fisher's exact test. Differences were considered significant at $p < 0.05$.

3. Results

3.1. In Vitro Maturation of Alpaca Oocytes

The maturation rate after IVM is shown in Table 2. Supplementation with 2 μM of resveratrol significantly increased the maturation rate compared to both the control group (39.9% vs. 28.1%, $p = 0.0053$) and the group supplemented with 10 μM of resveratrol (39.9% vs. 26.8%, $p = 0.0012$).

Table 2. Maturation rate in vitro of alpaca oocytes exposed to different concentrations of resveratrol.

Group	Biological replicates	Total Number of oocytes	Maturation rate n (%)
Control	14	334	94 (28.1 %) ^a
Resv 2 μM	10	218	87 (39.9 %) ^b
Resv 10 μM	15	351	94 (26.8 %) ^a

Maturation rate: proportion of oocytes that extruded the first polar body after 24 h of in vitro culture. Resv 2 μM : oocytes exposed to in vitro maturation medium supplemented with 2 μM resveratrol. Resv 10 μM : oocytes exposed to in vitro maturation medium supplemented with 10 μM resveratrol. Different superscripts indicate statistical differences ($P < 0.05$).

3.2. Specificity and Amplification Efficiency

The amplification specificity for all transcripts assessed was confirmed by the presence of a single band showing the expected size for each PCR product (Figure S1) and by the presence of a single sharp peak in the melting curve analysis (File S1). The amplification efficiency for the four candidate reference genes and target genes remained in the range of 90.96 % to 101.10% with an R^2 values > 0.995 (File S1).

3.3. Cycle Threshold (Ct) Values and Variations in RGs

For each candidate reference gene, Ct values were analyzed to compare the transcription levels (Figure 1, Suppl. Table S1). Under all of the experimental conditions, raw Ct values varied from 25.3 to 31.7. Ppia, showed the lowest median Ct value (27.9), whereas Rplp0 the highest Ct value (30.3), suggesting the highest and lowest expression levels, respectively, among the candidate genes. On the other hand, Gapdh and Rplp0 showed the smallest variance among replicates, whereas Actb had the highest variance, suggesting them as the most stable and the most variable, respectively.

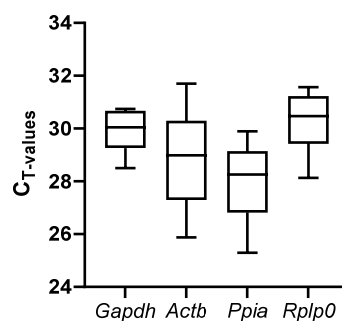


Figure 1. Cycle thresholds (Ct) values of the 4 candidate reference genes. Three biological replicates for each experimental condition were represented in each boxplot. Boxes include the percentiles that ranged from 25th (lower edge) to 75th (upper edge). The whisker caps depict the minimum and maximum data. The median is denoted by a horizontal line inside the box. Ct: cycle threshold.

3.4. Stability of Candidate Reference Genes

As shown in Table 3, *Rplp0* obtained the best rank according to NormFinder and ΔC_t methods (Table 3), whereas *Gapdh* ranked highest according to BestKeeper and was tied with *Rplp0* in GeNorm. On the other hand, *Actb* got the lowest rank according to all algorithms, except for NormFinder. The overall ranking generated by RefFinder was *Rplp0* > *Gapdh* > *Ppia* > *Actb* (Figure 2).

Table 3. Stability ranking of candidate reference genes using four statistical algorithms.

Rank	ΔC_T	BestKeeper	NormFinder	GeNorm
1	<i>Rplp0</i>	<i>Gapdh</i>	<i>Rplp0</i>	<i>Gapdh</i> / <i>Rplp0</i>
2	<i>Ppia</i>	<i>Rplp0</i>	<i>Ppia</i>	
3	<i>Gapdh</i>	<i>Ppia</i>	<i>Actb</i>	<i>Ppia</i>
4	<i>Actb</i>	<i>Actb</i>	<i>Gapdh</i>	<i>Actb</i>

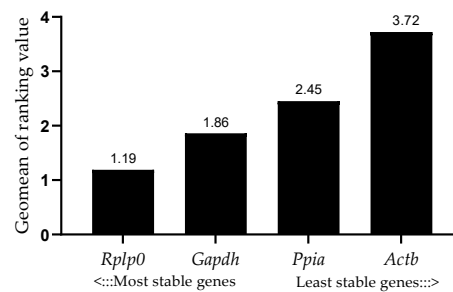
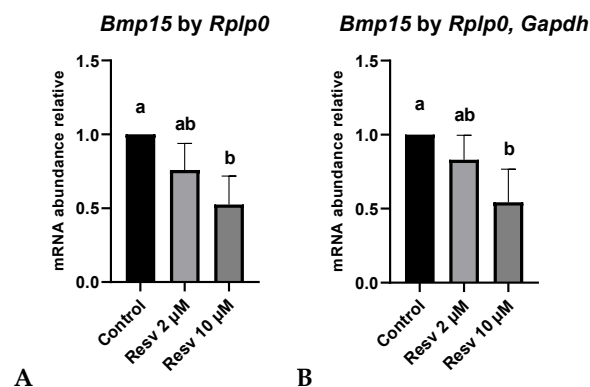


Figure 2. RefFinder ranking of candidate reference genes by expression stability. Expression stability of four candidate reference genes from the most stable (left) to the least stable (right).

3.5. Determination of the *Sirt1* and *Bmp15* Expression Profile

The relative expression of *Bmp15* was normalized using the most stable gene (*Rplp0*) and the combination of the two most stable genes (*Rplp0* and *Gapdh*) (Figure 3A,B, respectively). In both cases, *Bmp15* expression was higher in the control group compared to the 10 μ M resveratrol group ($p < 0.05$). A similar pattern of expression was observed when normalization as performed using *Rplp0*, *Gapdh* and *Ppia* (Figure S2). In contrast, when *Bmp15* expression was normalized using *Ppia* or *Actb* alone, distinct expression patterns were observed (Figure S2). No differences in *Sirt1* expression were observed among groups, regardless of the reference gene used. Similar trends were observed when normalized with *Rplp0* or the combination of *Rplp0* and *Gapdh* (Figure 3C,D) as well as with other reference genes, with the exception of *Actb* (Figure S2).



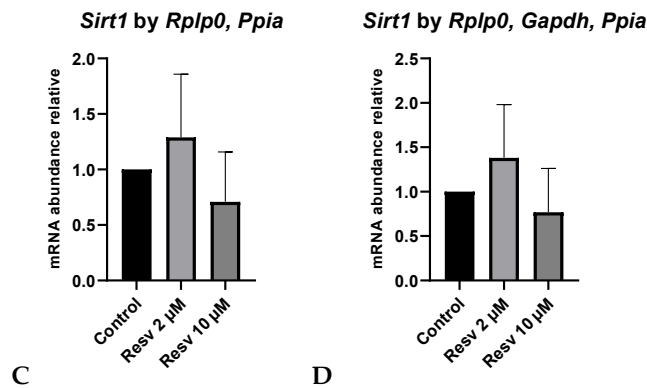


Figure 3. Relative expression of *Bmp15* and *Sirt1* normalized using different reference genes. Expression levels were normalized either to *Rplp0* (A, C) and to the geometric mean of *Rplp0* and *Gapdh* (B, D). Bars represent mean \pm SD of three biological replicates. Different letters indicate statistically significant differences ($P < 0.05$).

4. Discussion

Suitable reference genes are those that are expressed constantly from the cells under different experimental conditions and that serve as endogenous controls to normalize the data obtained by techniques such as qRT-PCR [20]. Selecting a suitable reference gene is crucial to obtain reliable and reproducible results in gene expression analysis [21,22]. However, there is no universal genes that can be used as a reference in all cases, so it is necessary to validate the stability of candidate transcripts in each biological system and/or experimental condition prior to their use in qRT-PCR assays [23]. For instance, Cadenas et al. evaluated five RGs in human ovarian cortex under different culture condition and found that *Gapdh* was the optimal RG for culture supplemented with 5% of platelet-rich plasma (PRP), but *Actb* was suitable for 10 or 20% of PRP [24].

In this study, we have performed a comprehensive analysis of transcript stability of different genes to be used as reference genes in qRT-PCR studies of alpaca oocytes after IVM under different culture conditions. The integrated analysis by RefFinder, combining the Δ Ct, BestKeeper, NormFinder, and geNorm methods, indicated that *Rplp0* and *Gapdh* were the most stable gene and *Actb* the least stable, although slight variations in individual rankings were observed due to differences in the algorithms used by each method.

Although RNA quantification prior to cDNA synthesis was not possible in this study due to the very low amount of RNA extracted from pools of only 20 oocytes and the limited sensitivity of spectrophotometric methods, this limitation was addressed by using a defined number of oocytes per sample. This approach is supported by previous studies showing that RNA normalization did not significantly affect reference gene expression stability in human oocytes [24].

The expression stability of *Rplp0*, a ribosomal protein associated with phosphatidic acid, has been widely recognized across various species and experimental conditions, particularly in ovarian and reproductive tissues. Different studies have validated its performance as a reference gene under both physiological and stress-induced environments, including follicular development in porcine [25], diverse reproductive states in mouse models [26], and cryopreservation of human ovarian tissue [27]. In addition, *Rplp0* has shown high expression stability in human granulosa cells from both polycystic ovarian patients and healthy women, further supporting its reliability in hormonally responsive ovarian tissues [28]. Similarly, *Gapdh*, fundamental to glycolysis and energy metabolism, has consistently ranked among the most stable reference genes in reproductive contexts. It showed reliable expression in mouse germinal vesicle oocytes [29] and was identified together with *Rplp0*, as one of the most stable genes in human ovarian cortex under different culture conditions [24]. Its stability was also confirmed during chemically induced oocyte maturation in carp [30]. In contrast, *Actb* showed low stability in our analysis, with three of four algorithms ranking it among the least stable genes, and its use altered the expected expression profiles of the target genes. This aligns with

previous studies reporting its poor performance in porcine granulosa cells under different stress condition [25], mouse uterus during peri-implantation [26], ovine oocytes before and after IVM [31] and mouse mature oocytes and embryos [32]. However, other reports have described it as stable in specific contexts, such as human VG oocytes and cumulus cells [24], underscoring the need for context-dependent validation.

Regarding the target genes analyzed in this study, we observed that the expression profile of *Bmp15* varied depending on the reference gene used for normalization, which emphasizes the importance of validating stable internal controls for accurate gene expression analysis. Notably, *Bmp15*, which encodes BMP15, a key member of the TGF β superfamily essential for oocyte development and folliculogenesis [33], showed lower expression in oocytes treated with 10 μ M resveratrol compared to the control. In contrast, the 2 μ M resveratrol group exhibited higher maturation rates than both the control and 10 μ M groups, suggesting that moderate concentrations may support oocyte competence. These observations align with previous reports indicating that low doses of resveratrol improve oocyte quality by enhancing antioxidant defenses, whereas higher concentrations may reduce these benefits or have detrimental effects, as observed in porcine and sheep oocytes, potentially due to oxidative stress or cytotoxicity [10,11,34].

In contrast, *Sirt1*, which encodes SIRT1, a key regulator of the oxidative stress response in murine oocytes through the modulation of antioxidant enzymatic pathways [35], did not show significant differences in mRNA expression among the different treatment groups, regardless of the reference gene used for normalization. While several studies have reported increased *Sirt1* expression under stress conditions such as heat shock, aging or cadmium exposure [36–38], others have shown that resveratrol supplementation during IVM can increase SIRT1 protein levels even in non-stressful conditions [39,40]. In our study, although a slight increase in *Sirt1* transcript levels was observed in the 2 μ M resveratrol group, this difference was not statistically significant.

These results support the use of *Rplp0* and *Gapdh* as stable reference genes for normalization in alpaca oocytes during in vitro maturation. However, their stability should be confirmed when applied to other experimental conditions.

5. Conclusions

This study evaluated the expression stability of four candidate reference genes in alpaca oocytes matured in vitro under different culture conditions. Based on a comprehensive analysis using RefFinder, *Rplp0* and *Gapdh* were identified as the most stable genes. Their combined use is recommended to ensure accurate normalization of gene expression data in this model.

To our knowledge, this is the first study to assess reference gene stability and to investigate gene expression in alpaca oocytes. These findings contribute essential baseline information for molecular studies in this species and underscore the importance of validating internal controls under specific experimental conditions.

Supplementary Materials: The following supporting information can be downloaded at: Preprints.org, Figure S1: Gel electrophoresis of RT-PCR products for the reference and target genes; File S1: Amplification efficiency and melting curve analysis of candidate reference and target genes; Table S1: Ct values of candidate reference genes and target genes in in vitro matured oocytes exposed to resveratrol; Figure S2: Relative expression of *Bmp15* and *Sirt1* using alternative reference genes not selected as the most stable.

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