

Review

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Review

# Nanobodies Open New Avenues in Cancer Treatment: Beyond a Laboratory Bench

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**Abstract:** Nanobody technology is a promising new approach to cancer research and treatment. Monoclonal antibodies have always been at the heart of targeted treatment, but their large size, cumbersome production, and restricted ability to penetrate tissue cause problems. Nanobodies are derived from camelid heavy-chain antibodies and have intrinsic characteristics that provide distinct benefits, including small size (15 kDa), high stability, and access to inaccessible epitopes. Their ease of production in bacterial systems further enhances their cost-effectiveness compared to conventional antibodies. Their role has been explored, from nanobody-based imaging agents that improve tumor detection to nanobody-drug conjugates that enhance targeted delivery while minimizing off-target effects. In addition, the recent expansion of their role in chimeric antigen receptor T-cell therapies, immune checkpoint blockade, and bispecific T-cell engagers highlights their increasing activity in immunotherapy. Similarly, nanobodies engineering is improving both dendritic cell vaccines and drug delivery through nanoparticle conjugation, expanding the therapeutic panorama. Here we provide remarkable findings about the versatility of Nbs-based strategies in oncology. Through their attractive characteristics, nanobodies' therapeutics will change the way to treat cancer and provide new perspectives toward more effective and personalized medicine.

**Keywords:** Nanobodies; cancer therapies; and nanobody engineering

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## Main

The discovery of monoclonal antibodies by Köhler and Milstein in 1975 <sup>1</sup> changed the course of modern medicine, resulting in multiple applications in direct and/or indirect target identification, biotechnology development, clinical diagnostics, and immunotherapy. However, despite the existence of approved and widely used monoclonal antibodies, some inherent characteristics of their structure, such as their size, low structural stability under adverse conditions, the high cost of their production <sup>2</sup>, and poor dissemination in tumor tissue, have made their therapeutic application in medical fields such as oncology difficult. In this sense, such concerns have encouraged the scientific community to search for and develop new alternatives.

18 years later, Hamers-Casterman and colleagues[3] uncovered a class of small molecules derived from antibodies composed only of heavy chains and present in the serum of *Camelus dromedarius*. Such molecules have also been found in cartilaginous fish[4] and are nowadays known as nanobodies (Nbs). Indeed, their unique structure and functional properties, such as small size, the possibility to engineer high-affinity antigen binding, and resistance to extreme conditions, coupled with a low cost of production, make them an interesting platform for XXI century medicine. This review provides relevant information about Nbs technology in cancer. It highlights several applications, from accurate diagnosis to novel therapeutics, and challenges to overcome. These small molecules are modeling cancer therapies and impacting the next generation of strategies in oncotherapy.

## How Are Nanobodies Structured, and what Are Their Properties?

Camelids have both antibodies based on conventional heterotetrameric antibodies and only heavy-chain antibodies[5]. Interestingly, these heavy-chain antibodies differ from typical antibodies as they are homodimers with an antigen-binding domain and two constant domains. The independence of these antigen-binding domains is a key aspect of these antibodies and allows them to function independently[6]. Such antigen-binding domains are called Nbs and are smaller (15 kDa) (Figure 1), which provides better penetration depth in tissue. Moreover, these Nbs possess extended CDR1 and CDR3 (complementarity-determining regions), causing an increase in paratope diversity and an additional disulfide bond between CDR1 and CDR3, which provides structural stability. They also have large hydrophilic domains that provide solubility and resistance[6]. These factors contribute to antigen-binding diversity, solubility, and resistance to aggregation; consequently, Nbs are more resistant than antibodies when exposed to altered protease and pH conditions. This stability is beneficial for many routes of administration (Table 1), and all these structural aspects give them a long or rounded structure[2] that, together, facilitates the detection of antigenic epitopes that conventional antibodies would have trouble reaching.

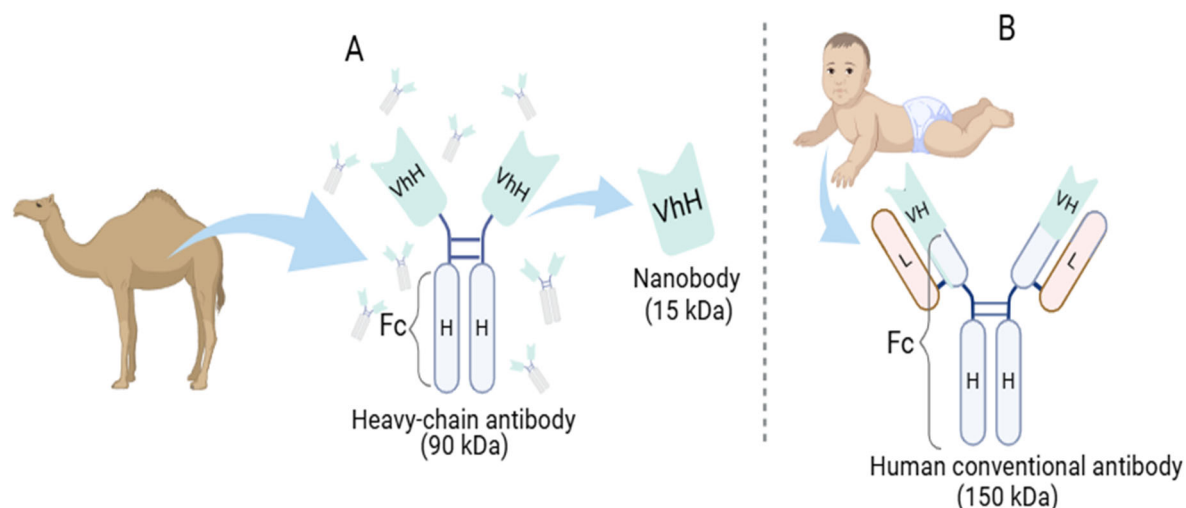
**Table 1.** Advantages of nanobodies over conventional antibodies.

|                              | Nanobodies  | vs. | Conventional Antibody   |
|------------------------------|---|-----|---|
| Structural simplicity        | Single-domain structure   |     | Heterotetrameric structure  |
| Size                         | ~15 kDa   |     | ~150 kDa  |
| CDR                          | 3 CDRs (Longer CDR1 and CD3)  |     | 3 CDRs  |
| Stability                    | High. Generally, they are functional at high temperatures and different pH levels |     | Less stable under extreme temperatures and pH conditions  |
| Solubility                   | High. They are rich in hydrophilic regions, preventing aggregation                |     | Solubility is more variable and lower in some cases due to hydrophobic regions. Such regions increase the risk of aggregation |
| Affinity                     | High  |     | High  |
| Immunogenicity               | Low   |     | Higher than nanobodies, can induce immune responses   |
| Antigenic Diversity          | Both non-planar and planar epitopes   |     | Mainly planar epitopes  |
| Efficient Tissue Penetration | High  |     | Low, due to larger size   |
| Cost of Production           | Low   |     | High  |

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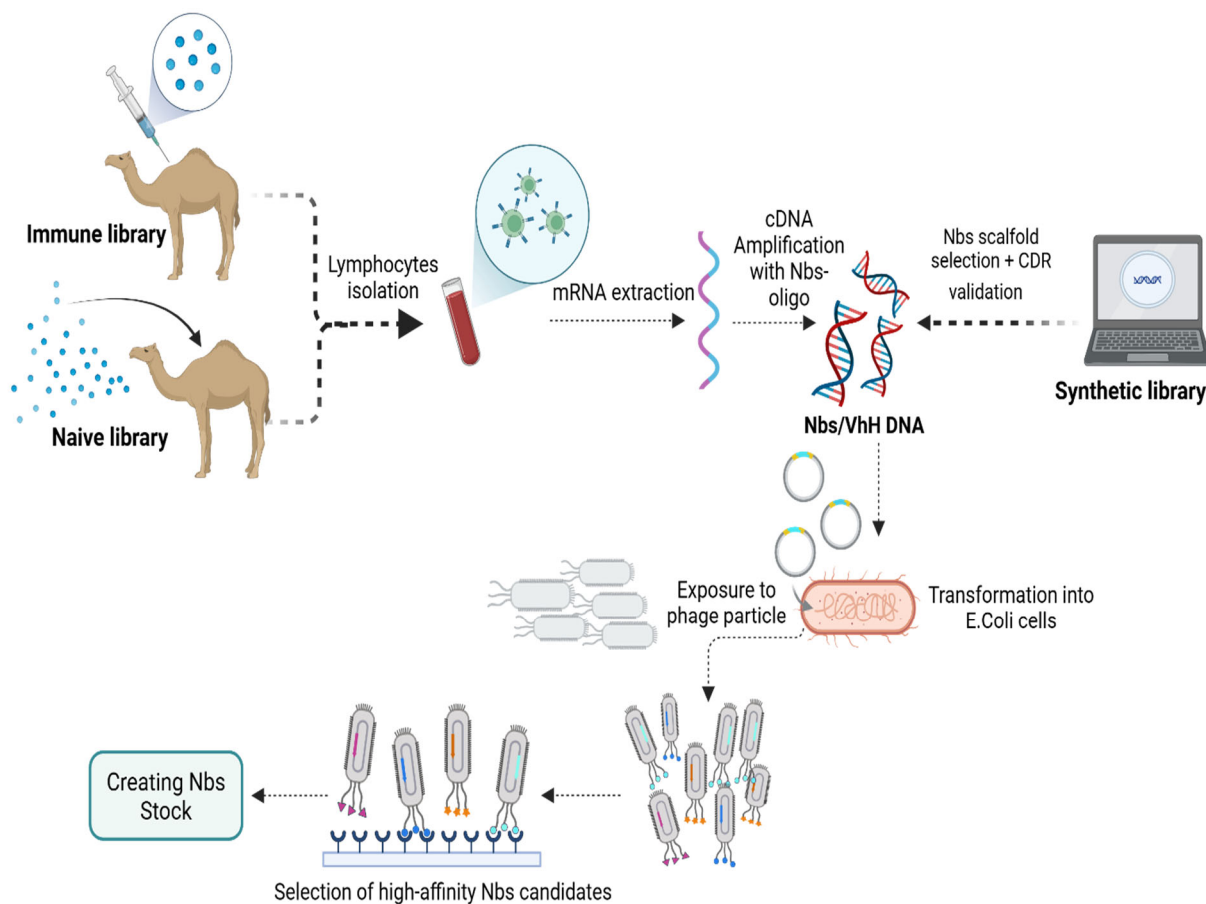
## Overview of Nanobody Generation

To date, there are several methods available for the generation of a Nbs library with the goal of producing these small molecules with optimal stability and affinity for their application.



**Figure 1. Structure of nanobodies compared to conventional antibodies.** (A) Heavy-chain antibodies are homodimers lacking light chains (90 kDa), allowing the isolation of their antigen recognition regions (VhH) in camelids, also known as nanobodies (Nbs) (15 kDa). (B) Conventional antibodies are heterotetramers composed of two heavy and two light chains, forming two identical antigen-binding sites (VH). Each binding site consists of non-covalently linked variable domains. Fc: constant fragment of an antibody. H:.

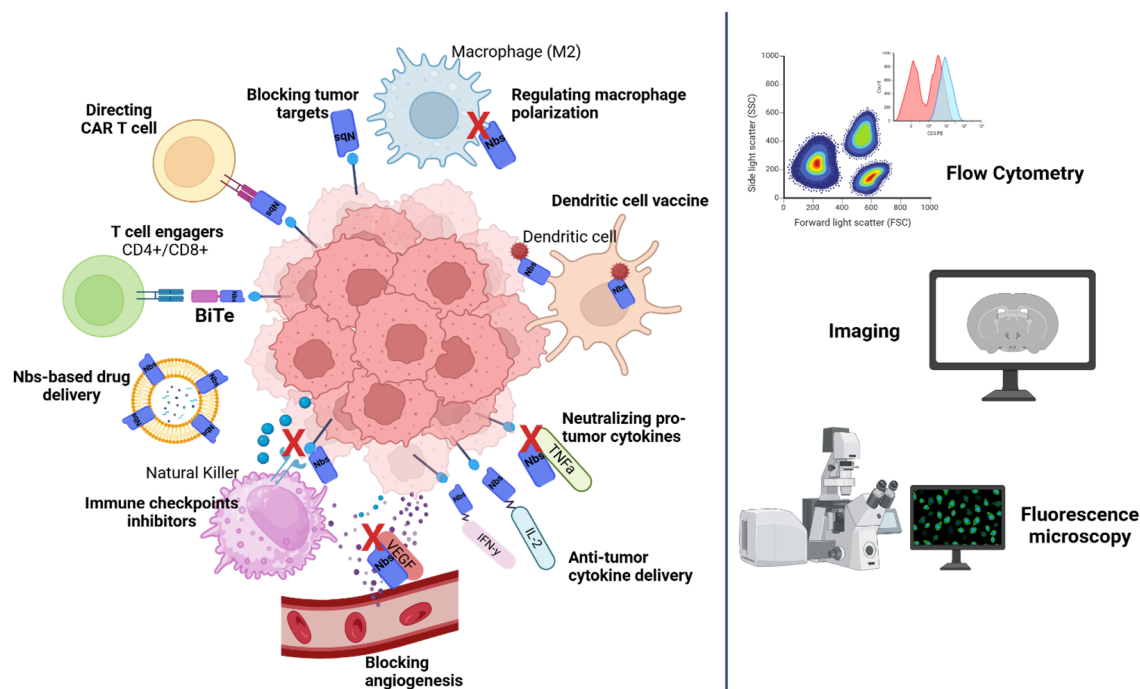
Antigen-specific Nbs can be generated from immune, naive, or synthetic libraries. Immune libraries are typically developed by immunizing animals from the Camelidae family (llamas, camels, and alpacas) [7]. After immunization, the process involves isolating lymphocytes, purifying mRNA (messenger ribonucleic acid), and amplifying the heavy-chain variable domain sequence by polymerase-chain reaction (PCR). As the Nbs structure does not require glycosylation to maintain their function, the expression is possible in several systems, with *E. coli* (*Escherichia coli*) being a standard platform for production. Indeed, one of the major advantages of nanobodies over conventional antibodies is their ease of production and expression in bacteria, making them more cost-effective. Unlike conventional antibodies that require mammalian cells. Second, naive (non-immune) libraries are based on the natural immune response of animals, whereas synthetic libraries are developed using the Nbs scaffold with modifications in the CDRs (*in silico*), especially CDR3 [8] (Figure 2). These modifications conserve the reading frame of the heavy-chain variable domain and the structural features of Nbs while enabling the rapid generation of billions of CDR variants without the need for animals.



**Figure 2. Generating Antigen-Specific Nbs: A phage-display library approach.** A schematic diagram of the different methods of generating Nbs. Camelids are immunized with an antigen to generate an immune library, while a naive library does not require inoculation (natural response). Blood is collected to extract lymphocytes and mRNA, and Nbs sequences are amplified through PCR. In synthetic libraries, a Nbs scaffold is used, and CDRs are randomized. These libraries are transformed into phage vectors and E. coli to display Nbs and produce high-affinity phages. Successful phages are stored for future production. Created in <https://BioRender.com>.

### Applications: Nanobody-Based Strategies for Cancer

As the first Nbs therapy approved by the Food and Drug Administration (FDA) in 2019, caplacizumab has been used for the treatment of acquired thrombotic thrombocytopenic purpura[9] and marked an important milestone in Nbs-based strategies (Figure 3).



**Figure 3. Scheme of the application potential of the Nbs.** (A) Nbs targets in the tumor microenvironment. (B) Use of Nbs in disease diagnosis through techniques such as images, flow cytometry, and fluorescence microscopy. IFN- $\gamma$ : Interferon-gamma; IL-2: interleukin 2; VEGF: Vascular endothelial growth factor; TNF- $\alpha$ : Tumor necrosis factor-alpha. Created in <https://BioRender.com>.

The diagnosis of tumor imaging is as critical as therapy, as visual knowledge of the tumor's antigen profile is required to maximize therapeutic efficacy. In fact, there are multiple Nbs probes that have been examined with respect to different targets, and one of the more advanced formulations targeting human epidermal growth factor receptor-2 (HER2) is  $^{68}\text{Ga}$ NOTA-Anti-HER2, which is used in positron emission tomography/computed tomography[10]. This means these studies have provided the opportunity for using Nbs to detect primary and metastatic tumors without producing adverse effects. Likewise, these data demonstrated the utility of Nbs as diagnostic molecules in cancer. Currently, there are Nbs in preclinical and clinical trials for use as therapeutic tools in cancer[6]. The inherent properties of Nbs make them advantageous for oncology applications. Their nanoscale dimensions allow deep penetration into tumors, and some Nbs can cross the blood-brain barrier, while their modularity allows the development of bispecific or multivalent constructs, antibody-drug conjugates, and delivery systems targeting the tumor microenvironment.

### Why Nanobody-Based Cancer Therapies?

In cancer treatment, Nbs-based therapies have emerged as a promising alternative due to their modular structure and functional versatility (Fig. 4). Their ability to target previously inaccessible epitopes, their small size, their low immunogenicity, their high tissue penetration, and the other properties mentioned above expand the treatment possibilities and allow for more precise and effective strategies. For this reason, their therapeutic potential and adaptability in oncology are growing.

### Tumor targets

Roovers and coworkers in 2007[11], published the first successful *in vivo* implementation of therapeutic nanobodies for solid tumors. Their anti-EGFR (epidermal growth factor receptor) Nbs effectively delayed tumor growth, and they later developed a biparatopic version that superiorly

reduced EGFR activation with comparable efficacy to its monoclonal antibody counterpart, cetuximab[11].

In the same way, Rossotti and colleagues[12] reported that Camelid immunized with EGFR DNA (deoxyribonucleic acid) generated Nbs with improved functionality compared to protein-immunized Nbs. Nbs against EGF (epidermal growth factor)[13], HER2[14], CAIX (carbonic anhydrase IX)[15], DR5 (death receptor 5)[16], c-Met (mesenchymal-epithelial transition factor ) [17], HGF (hepatocyte growth factor)[18], PA28 (proteasome activator complex)[19], EphA4 (ephrin receptor A4)[20], CEACAM6 (CEA cell adhesion molecule-6)[21], TUFM (mitochondrial translation elongation factor)[22] and protein C receptor[23] have also shown delayed tumor growth.

In addition, synergistic effects can be realized through the utilization of bispecific Nbs targeting CD16 on natural killer cells and EGFR on the epithelial neoplastic cells in the experimental setting revealed synergistic effects which may be translated into clinical benefit. This approach has the effect of augmenting the extent of cellular lysis irrespective of KRAS (Kirsten rat sarcoma viral oncogene homolog) mutational status, and such augmentation has been found to correlate with significantly greater *in vivo* cytotoxicity against colorectal carcinoma when delivered alongside autologous or allogeneic CD16-expressing natural killer cells[24]. Thus far, anti-CD16 Nbs have been conjugated to Nbs against carcinoembryonic antigen (CEA), MUC-1, or glypican-3 (GPC3), and tumor growth suppression was observed *in vivo*[25–27]. Moreover, there are reports about the application of Nbs in combination with immunotoxins for colon cancer. The conjugation of an EGFR-targeting Nbs with the fungal ribotoxin  $\alpha$ -sarcin resulted in the creation of a nano-immunotoxin that demonstrated improved therapeutic efficacy, showing better anti-tumor activity relative to immunotoxin-based treatments alone [28].

## Nanobodies as modulators of checkpoint inhibitors

Checkpoint inhibitors revolutionized cancer therapy, most notably with FDA-approved antibodies against (programmed cell death protein 1/programmed death-ligand 1) PD-1/PD-L1 and (cytotoxic t-lymphocyte associated protein 4) CTLA-4. However, their efficacy keeps going limited, which highlights the potential of Nbs to overcome these limitations due to their structural benefits. The use of Nbs as checkpoint blockades has been shown to be effective PDL1, with combination therapies using the avelumab (-L1) showing a greater T-cell response and improved tumor activity [29],[30]. Moreover, the anti-CTLA-4 Nbs are revealed to produce potent anti-tumor activity, warranting a novel rationale for the Nbs application for cancer. A fusion protein combining anti-CD47 Nbs with an anti-CD20 antibody to exert a significant anti-tumor efficacy *in vivo*[29].

There is evidence that Nbs play a crucial role in the regulation of tumor angiogenesis. We know that VEGF (vascular endothelial growth factor) and its corresponding receptors constitute ideal targets for therapeutic inhibition and control of angiogenesis. As such, both monovalent and bivalent nanobodies have successfully prevented VEGF ligand interactions and also inhibited VEGF-induced cellular proliferation *in vivo* [31]. Additionally, coupling Nbs to a proline-alanine-serine (PAS) sequence improves their *in vivo* efficacy and pharmacokinetic properties [32]. *In vitro* effectiveness of a Nbs targeting the anti-VEGF receptor-2 (VEGFR2) in the prevention of capillary-like structure formation has been displayed[33]. Nbs targeting delta-like ligand 4 (DLL4) or CD3 have shown significant inhibition of neovascularization and tumor progression both *in vitro* and *in vivo* [33],[34].

## Dendritic cell vaccine based on nanobody

Dendritic cells are the most potent of the antigen-presenting cells and are attractive candidates for cancer vaccines. Using the penetration capacity and structural simplicity of nanobodies, studies have explored the implementation of Nbs-based conjugates to enhance dendritic cell-based immunity. That being said, conjugates can enhance antigen uptake by dendritic cells and promote presentation through histocompatibility complexes (MHC). Furthermore, dendritic cells can express nanobodies, which are able to be inserted by lentivirus or adenovirus, provoking the expression of

themselves intracellularly or on the surface of these cells [35]. This allows for the stable expression of Nbs directed against checkpoints or their secretion. Nbs-lentiviruses have shown specific transduction into dendritic cells *in vitro*, but a subsequent study suggested that broad tropism lentiviruses may be more effective in inducing an anti-tumor response [36]. On the other hand, Nbs can be conjugated into nanoparticles (liposomes, polymers, and gold nanoparticles) containing tumor or immunostimulatory antigens. Such nanoparticles can be internalized by dendritic cells through receptor-mediated endocytosis, favoring better activation of dendritic cells. Considering that, Nbs offer a new approach to improving dendritic cell-based vaccines.

## Nanobodies engineering for CAR-T technology

The adaptation of Nbs to CAR-T cells (Chimeric Antigen Receptor-T Cells) has been evaluated as part of their recognition receptor, or as secretion molecules with immunomodulatory properties to optimize their antitumor effect[37]. Efficacy of chimeric antigen receptor (CAR) T cells has been demonstrated in hematologic malignancies. However, their application to solid tumors has been restricted due to their inherent immunogenicity and the large size of CARs. Various studies have demonstrated the efficacy of utilizing MUC-1, CD7, CD38, VEGFR2, prostate-specific membrane antigen (PSMA), glypican-2 (GPC2)[38–40] and T cell receptor (TCR)-like Nbs-CARs in various tumor models [41]. Bispecific Nbs-CARs targeting CD20 and HER2 have also been developed [42].

Xie and coworkers engineered CAR T cells directed against PD-L1 with effective *in vivo* tumor regression and raised the potential for combination therapies extensions [37]. These anti-PD-L1/CTLA-4 Nbs-secreting CAR T cells have demonstrated enhanced anti-tumor response *in vivo* and indicate synergistic potential [43]. More recently, other types of CAR structural Nbs have begun to be studied by researchers, and they gave full play to their advantages as alternative CAR-targeting structural domains: the low immunogenicity, high stability, strong specificity and high affinity of Nbs, as well as the simple and feasible development process. Nowadays, several clinical trials using this therapy of Nbs-CAR T (BCMA CAR-T, CD7 CAR-T Cells) have completed their phase I and II, coming up with a good outcome and being a new alternative clinical treatment of cancer[6].

## Nanobody-based drug delivery

The combination of nanobodies and drug carriers (liposomes, micelles, albumin- and ferritin-based nanoparticles, and polymer-based multimers) enables active targeting of Nbs-based anticancer drugs to tumor tissues. With them having tumor-specific receptors can be used as carriers for the delivery of drugs to the tumor site, enabling the targeted release and reducing damage to normal cells and reducing side effects. In spite of the preclinical success of cytokine-based therapy, a lot of clinical studies have shown low efficacy due to their short half-life. However, the incorporation of Nbs could impart a new way of improved cytokine therapies. An anti-PD-L1 Nbs fused to either interleukin-2 (IL-2) or interferon- $\gamma$  (IFN $\gamma$ ) demonstrated *in vivo* efficacy in treatment-resistant pancreatic tumors [44,45].

Similarly, Nbs have also been created to target chemotactic cytokines that directly impact tumor proliferation, angiogenesis, and metastasis. Such Nbs can block protumor chemokines CXCL10[46] or fused to anti-tumor chemokines CCL21[47] that have demonstrated functionality in microfluidic devices but have yet to be tested *in vivo*.

## Nanobody-Drug Conjugates

Antibody-drug conjugates merge the excellent killing capability of small-molecule drugs with the extremely targeted dependence of antibodies. However, the antibody[6] size limits its penetration through the tissue. In comparison, Nbs are small new molecules and have received significant interest in the development of next-generation targeted drug conjugates. Nbs-drug conjugates have the advantage over standard antibody-drug conjugates because they have a greater tumor penetration rate. However, many limitations remain, of which the rapid systemic clearance of the

Nbs-drug complex is of particular concern as the complex is sequestered prior to reaching the tumor at concentrations sufficient to have a therapeutic effect. So, patients will need lots of doses over a brief period, so all of this is even more inconvenient. Such pharmacokinetic clearance is reversible by common methods such as molecular weight augmentation through albumin fusion and pegylation[6] to avoid glomerular filtration in the kidneys. Structure-activity relationship engineering such as this is critical in optimizing their pharmacokinetics, cementing their role as powerful components of drug conjugates.

## Nanobodies-based viral vectors

Adeno-associated viruses (AAVs) have been further developed to express the Nbs *in vivo*, which are referred to as Nbs-AAVs. The same approach has generated interest in immunotherapy enabling sustained expression of Nbs treatments in target tissues. This allows for sustained expression of Nbs-based therapies and does not require re-dosing. Antigen targeting has been shown by Nbs-AAVs in previous studies, including, for example, CD38, ARTC2.2, and P2X7[48], though additional *in vivo* studies are required. Moreover, tumor vasculature has also been targeted using viral vectors, and recombinant  $\lambda$  (lambda) bacteriophages have shown a significant HER2+ cell growth inhibitory effect *in vitro*[49,51].

## T Cell Engagers

Antibodies targeting CD3 on all T cells were the first to be approved by the FDA for clinical use[9]; however, their initial systemic toxicity led to the development of bi-specific T-cell engagers (BiTE). These are bispecific molecules composed of the variable fragments of both the heavy and light chains of an antibody, with a unique function simultaneously binding an antigen on tumor cells and a surface molecule on T cells to induce tumor lysis [52][53]. Even so, this therapy is associated with antigen loss and immunosuppressive factors, such as the upregulation of immune checkpoints.

With Nbs technology, more compact and improved BiTE have become possible. Li and coworkers[53] created a BiTE (S-Fab) composed of an anti-CEA Nbs and an anti-CD3 fragment-binding antigen[54], with significant T-cell-mediated cytotoxicity *in vitro* and *in vivo*. S-Fab was pegylated to prolong its serum half-life while maintaining uncompromised anti-tumor activity[53].

Over the past years, studies have shown that the bi-specific T-cell activator based on three anti-EGFR nanobodies and one anti-CD3[52] was 15-fold more effective than the same antibody therapy, demonstrating the superiority of Nbs and that innovations in cancer therapy are on the right track [54] (Table 2). Research on the use of Nbs in cancer therapy continues, further enhancing treatment efficacy and reducing toxicity, demonstrating their powerful and promising potential (Table 3).

**Table 2.** Other nanobodies-based technologies in cancer.

|                                 | Examples   | Reference |
|---------------------------------|--|-----------|
| Targeting Modules (UniCAR)      | Nanobody-based targeting modules that effectively retarget UniCAR T cells to induce EGFR+ tumor lysis.   | 59        |
| $\gamma\delta$ T Cell Activator | Nanobody as part of BiTE, targeting the EGFR and V $\gamma$ 9V $\delta$ 2 T cells receptor stimulated T-cell mediated cytotoxicity against EGFR+ tumor cells <i>in vivo</i> .          | 60        |
| Tumor Penetrating Peptides      | Nanobodies conjugated to penetrating peptides to improve specificity and penetration. Anti-EGFR nanobodies fused to these peptides have demonstrated antitumor activity <i>in vivo</i> | 61        |
| Nanobody-Secreting Stem Cells   | Therapeutic stem cells that secrete either anti-EGFR nanobodies conjugated to tumor necrosis factor-related apoptosis  | 62        |

|                                    |   |    |
|------------------------------------|---|----|
| Nanobodies in Photodynamic Therapy | Nanobody-photosensitizer conjugates demonstrated targeted phototoxicity <i>in vitro</i> and <i>in vivo</i> . Anti-EGFR nanobodies conjugated to a novel Ru <sup>II</sup> polypyridyl complex reported EGFR-specific targeting | 63 |
|------------------------------------|---|----|

Table 3. Nanobodies in clinical studies.

| Clinical Trial ID/Phase    | Title   | Results  | Reference |
|----------------------------|---|--|-----------|
| NCT05639153/<br>Phase I    | A Trial to Evaluate Safety, Tolerability, Pharmacokinetics and Preliminary Efficacy of DR30303 in Patients with Advanced Solid Tumors           | Completion date- 30/04/2024  | 64        |
| NCT03972150/<br>Phase I    | A Study to Find the Best Dose of BI 836880 Alone and in Combination with BI 754091 in Japanese Patients with Different Types of Advanced Cancer | The maximum tolerated dose was not reached. BI 836880 alone and in combination with ezabemlimab had a manageable safety profile with preliminary clinical activity in Japanese patients with advanced solid tumors               | 65        |
| NCT03248843/<br>Phase I    | A Study of PD-L1 Antibody KN035 in Japanese Subjects with Locally Advanced or Metastatic Solid Tumors   | Well-tolerated with efficacy. Pharmacokinetics data and preliminary anti-tumor response support dose regimens  | 66        |
| NCT03667170/<br>Phase I    | KN035 in Subjects with Advanced Solid Tumors  | Completion date- 15/12/2025  | 67        |
| NCT02827968/<br>Phase I    | Phase 1 Study of Anti-PD-L1 Monoclonal Antibody KN035 to Treat Locally Advanced or Metastatic Solid Tumors                                      | Favorable safety and pharmacokinetic profile, with promising preliminary antitumor activity in patients with advanced solid tumors   | 68        |
| NCT02683083/<br>Phase I    | [ <sup>131</sup> I]-SGMIB Anti-HER2 VHH1 in Patients with HER2+ Breast Cancer   | No drug-related adverse events with <sup>131</sup> I-GMIB-anti-HER2-VHH1, primarily eliminated through the kidneys, stability in circulation, exhibited specific uptake in metastatic lesions in advanced breast cancer patients | 69        |
| NCT02340208/<br>Phase I/II | A Phase I/II Open-Label, Non-Randomized Dose Escalation Study of Immunoconjugate L-DOS47  | One dose-limiting toxicity (spinal pain) observed, no complete or partial responses were seen, 32 patients   | 70        |

|                             |  |   |       |
|-----------------------------|--|---|-------|
|                             |  | achieved stable disease after two treatment cycles, one patient in cohort 9 remained on treatment for 10 cycles without disease progression   |       |
| NCT02309892/<br>Phase I     | A Phase I, Open Label, Dose Escalation Study of Immunoconjugate L-DOS47 in Combination with Pemetrexed/Carboplatin in Patients with Stage IV (TNM M1a and M1b) Recurrent or Metastatic NSCLC Lung Cancer | L-DOS47 combined with standard pemetrexed, and carboplatin chemotherapy is well tolerated in patients with recurrent or metastatic nonsquamous NSCLC  | 71    |
| NCT04887259/<br>Phase I/IIa | Trial of LAVA-051 in Patients with Relapsed/Refractory CLL, MM, or AML   | Completion – 30/12/2024   | 72    |
| NCT05369000/<br>Phase I/IIa | Trial of LAVA-1207 in Patients with Therapy Refractory Metastatic Castration Resistant Prostate Cancer   | Completion— 30/03/2024  | 73    |
| NCT03548207/<br>Phase Ib/2  | A Phase 1b-2, Open-Label Study of JNJ-68284528, A Chimeric Antigen Receptor T-Cell (CAR-T) Therapy Directed Against BCMA in Subjects with Relapsed or Refractory Multiple Myeloma                        | With a median follow-up of 18 months, results show significant, long-lasting responses in heavily treated multiple myeloma patients, the treatment maintained a manageable safety profile without any new safety concerns | 74,75 |
| NCT03090659/<br>Phase 1/2   | A Clinical Study of Legend Biotech BCMA-chimeric Antigen Receptor Technology in Treating Relapsed/Refractory (R/R) Multiple Myeloma Patients   | Completion— 31/12/2023  | 76    |
| NCT04133636/<br>Phase 2     | A Phase 2, Multicohort Open-Label Study of JNJ-68284528, A Chimeric Antigen Receptor T-Cell (CAR-T) Therapy Directed Against BCMA in Subjects with Multiple Myeloma                                      | Completion— 13/11/2028. Interim results— responses with manageable safety, responses in pts with ineffective or insufficient response to autologous stem cell transplantation   | 77,78 |
| NCT03924466/<br>Phase II    | Quantification of 68-GaNOTA-Anti-HER2 VHH1 Uptake in Metastasis of Breast Carcinoma Patients and Assessment of Repeatability (VUBAR) – Pilot Study   | Completion-31/12/2024   | 79    |
| NCT05556096/<br>Phase III   | A Phase 3, Randomized, Double-blind, Placebo-controlled, Parallel,   | Completion-07/07/2027   | 80    |

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Multicenter Study to Evaluate the  
Safety and Efficacy of ALXN1720 in  
Adults with Generalized  
Myasthenia Gravis

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## Limitations of Nanobody-Based Therapy

Nbs-based therapeutics have shown as a promising alternative to traditional monoclonal antibodies, as due to their small size, they have deep tumor penetration and ease of manufacturing. However, the very properties that make them so promising also render them difficult to apply due to their brief half-life in the bloodstream and tumor microenvironment barriers. Such constraints reduce the therapeutic potential since repeated administration is needed to achieve effective drug concentration therein. Although great progress has been made, there is currently no comprehensive strategy that effectively integrates both long circulation and effective targeting tumors.

The immunosuppressive microenvironment of solid tumors poses a barrier for the effectiveness of immunotherapies, including those based on Nbs. Additionally, metabolic changes in the tumor microenvironment impede efficient therapy. Myeloid-derived suppressor cells and regulatory T cells promote an anti-inflammatory microenvironment that impairs immune-mediated attack by Nbs therapies. Although promising results have been achieved with Nbs-based checkpoint inhibitors against PD-L1 and CTLA-4, other strategies are required to counteract tumor-mediated immunosuppression [54]. Therefore, strategies require other approaches, as mentioned above, such as bispecific Nbs, Nbs-drug conjugates and combination therapies including agents capable of remodeling the extracellular matrix or normalizing the tumor vasculature in order to improve drug penetration and retention in the tumor tissues[55]. These emerging strategies also rely on the use of multivalent Nbs to target multiple checkpoints and Nbs-coated dendritic cells to manipulate immune responses directly in the tumor microenvironment. Up to now, engineered multimeric Nbs[56,57] are being evaluated to enhance tumor retention and bidirectionally block multiple immunosuppressive pathways as well as nanoparticle conjugation strategies to increase drug accumulation and circulation time in tumors. On the other hand, Nbs compared to antibodies lack constant fragments (Fc), and thus cannot directly initiate an Fc-mediated immune response. As Nbs are not naturally produced in humans, their therapeutic implementation brings into question their overall safety. Regardless of this approach, Nbs sequence studies have revealed high similarity with human variable domains[58], and combined with their size, structure, and low agglutination, Nbs possess low immunogenicity and are appropriate for human administration. Having said that, new strategies based on Nbs may be the next step to revolutionizing a new wave of cancer therapeutics.

## Conclusions

Nbs-based therapies have changed the field of oncology by coming with an innovative alternative relative to conventional antibodies. Their unique structural and functional properties, such as small size, high stability, deep tumor penetration, and low cost of production, have enabled their application in cancer diagnosis, imaging, and targeted therapy. As a result, immune checkpoint inhibition, CAR-T cell engineering, drug delivery, and bispecific T-cell engagers have demonstrated their versatility to cover multiple aspects of cancer treatment. Despite all the advances, the scientific community continues working on the limitations related to the pharmacokinetic properties of Nbs mentioned through this review. That being said, further research is needed to optimize Nbs engineering and, thus, their therapeutic potency. As the field progresses, ongoing clinical trials and innovative approaches, such as multivalent Nbs constructs and combination therapies, are expected to correct these limitations and improve treatment outcomes. As evidenced by existing preclinical studies, Nbs-biotechnology may be the future of oncotherapy. In sum, Nbs-based cancer therapies represent a significant advancement in oncology, promoting a foundation for next-generation targeted treatments. Regardless of the challenges that persist, research and technology will continue

to develop the way for their wide clinical application, transforming both cancer and other disease therapies into a more effective and personalized approach.

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**Competing interests:** The authors declare no competing interests.

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