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Article

Diosgenin, a Toxic Steroidal Sapogenin Present in *Urochloa* spp. (Poaceae) from the Orinoco Region in Colombia

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Abstract: The steroidal sapogenin diosgenin can cause hepatobiliary disease in cattle leading to photosensitization. Diosgenin in *Urochloa* spp. from the Orinoco Region in Colombia was quantified at 14 and 28 days at different seasons. In general, the lowest diosgenin content was found in *U. dictyoneura* and *U. humidicola*, although under particular circumstances (in alluvial valley in June at 28 days) the latter could produce high levels (732 μ g/g). Among *U. brizantha*, *U. decumbens* and the hybrid called mulato (*U. ruziziensis* x *U. brizantha* x *U. decumbens*), the former presented the lowest levels of diosgenin and the other two the highest, especially in April and June. Rainy weather increased the diosgenin content in *U. decumbens* and in the hybrid. In the alluvial valley a positive significant correlation between diosgenin content and precipitation, was found for hybrid pastures. Because several saponins are metabolized into diosgenin in ruminants, this metabolite should be considered as the best marker of saponin content in *Urochloa* spp.

Keywords: Sapogenin; Eastern Plain; Brachiaria spp; seasonal variation; ruminants

1. Introduction

At the Orinoco region in Colombia, known as Eastern Plains, there are near 5'600.000 bovines [1] that graze on *Urochloa* spp. pastures, especially *U. brizantha*, *U. decumbens*, *U. dictyoneura*, *U. humidicola* and *U. ruziziensis* x *U. decumbens* x *U. brizantha* ("mulato" hybrid) [2]. *Urochloa* spp. is a grass frequently used in tropical regions; however, some species have caused toxicosis in herbivores due to its content of steroidal saponins that can cause hepatic disfunction leading to photosensitization [3]. Steroidal saponins are glycosides, in which the aglycone, called sapogenin, binds to one, two or three carbohydrates. The main saponins isolated from *Urochloa* spp. are protodioscin and dioscin [4–6], both of which can produce the aglycone diosgenin after hydrolysis in the rumen. Diosgenin in turn undergoes epimerization to epismilagenin, which once absorbed and taken to the liver, is conjugated with glucuronic acid by glucuronosyl transferases. The conjugated epismilagenin is translocated to the bile canaliculi where it binds to calcium forming glucuronate crystals that precipitate inside the bile canaliculi, causing obstruction and injury. Obstruction of the canaliculi causes an abnormal blood circulation of phylloerythrin, a photoactive chlorophyll metabolite that is capable of causal dermal lesions [7,8].

The photosensitization associated with *Urochloa* spp. occurs only sporadically. Sapogenin content in plants varies [9], and factors like age, relative humidity, temperature, and rainfall affect its content [10]. However, the research work that has been conducted to investigate the relationship between environmental conditions and photosensitivity metabolites in *Urochloa* spp. has focused on

measuring protodioscin not diosgenin [11–13]. On the other hand, in the Orinoco region of Colombia, it is not uncommon to see photosensitization in ruminants, which farmers usually attribute to the ingestion of plants different from grasses [14]. Because diosgenin is the aglycone common to the two main steroidal saponins present in *Urochloa* spp. (protodioscin and dioscin) it becomes relevant to obtain information about its content in this pasture.

The aim of the present study was to determine and quantitate diosgenin in the main species of *Urochloa* from the Colombian Orinoco region (*U. brizantha*, *U. decumbens U. dictyoneura*, *U. humidicola* and *U. ruziziensis* x *U. decumbens* x *U. brizantha*) and to investigate whether there are differences in content associated with the grass species and age, and with the place and time of sampling.

2. Results

Diosgenin content varied widely among the different *Urochloa* species, with the highest average content found in the hybrid ($505 \pm 422 \,\mu\text{g/g}$, with values ranging from 15 to 1972 $\mu\text{g/g}$) followed by *U. decumbens* ($361 \pm 285 \,\mu\text{g/g}$, 50 to $1207\mu\text{g/g}$), *U. brizantha* ($301 \pm 181 \,\mu\text{g/g}$, 68 to $735 \,\mu\text{g/g}$), *U. humidicola* ($187 \pm 119 \,\mu\text{g/g}$, not detectable -N.D. - to $732 \,\mu\text{g/g}$) and *U. dictyoneura* ($73 \pm 133 \,\mu\text{g/g}$, N.D. to $521 \,\mu\text{g/g}$). Only 8% of the samples analyzed had no detectable diosgenin levels which corresponded to *U. humidicola* (39%) and *U. dictyoneura* (61%); further, these two pastures showed the lowest sapogenin concentrations. From all pastures sampled (240), almost a quarter (27%) had diosgenin levels ranging from N.D. to $100 \,\mu\text{g/g}$, while most of the pastures sampled (60%) had diosgenin levels between $100 \,\text{and} < 800 \,\mu\text{g/g}$. Only 5% of the grasses analyzed had levels $> 800 \,\mu\text{g/g}$, 69% of them corresponding to the mulato hybrid and 31% to *U. decumbens*.

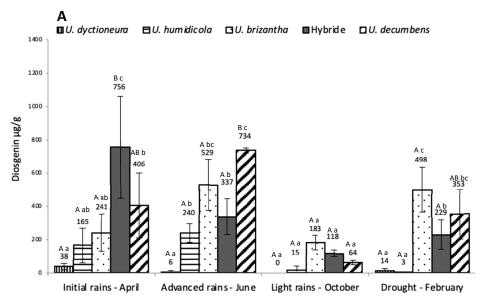
According to the factorial model applied to the data, there was an interaction between the *Urochloa* species, the sampling time, and the post-cutting time (P<0.05), suggesting that diosgenin content is dependent of these three factors. The sapogenin concentration under these conditions are presented on Figures 1 and 2 for "piedemonte" and the alluvial valley of the Ariari River, respectively.

Regarding to post-cutting time, it was discovered that for some periods and species, diosgenin levels were either lower (in "piedemonte" *U. decumbens* in April; in alluvial valley *U. dictyoneura* also in April; P<0.05) or higher (in "piedemonte" *U. decumbens* in June; in alluvial valley the same species in April; P<0.05) at 28 days post-cutting.

In "piedemonte" (Figure 1) at 14 days post-cutting *U. dictyoneura* and *U. humidicola* had the lowest levels of diosgenin. Additionally, the hybrid and *U. decumbens* had more diosgenin in the rainy season (April and June, respectively). Diosgenin levels at 28 days post cut showed a similar pattern: *U. dictyoneura* and *U. humidicola* had the lowest levels and *U. decumbens* and the hybrid showed the highest concentration in the rainy season.

Figure 2 shoows the diosgenin content in *Urochloa* spp. from the alluvial valley. At 14 days post cut *U. humidicola* produced lesser amounts of diosgenin while *U. dictyoneura*, in contrast with "piedemonte", achieved higher concentrations on the rainy season. Except for *U. decumbens* all pastures showed significantly higher diosgenin levels in periods with greater precipitation. Diosgenin levels in the alluvial valley at 28 days after regrowth showed a similar pattern: *U. humidicola* had the lowest concentration, the hybrid (in April, October, and February) and *U. decumbens* (in April) showed the highest diosgenin levels, and all pastures recorded the lowest diosgenin concentrations in the dry season.

Post-cutting: 14 days



Post-cutting: 28 days

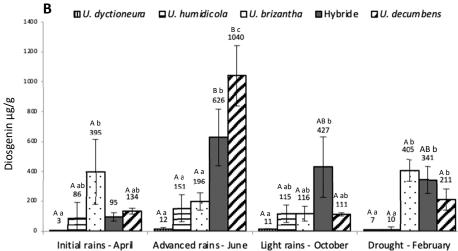
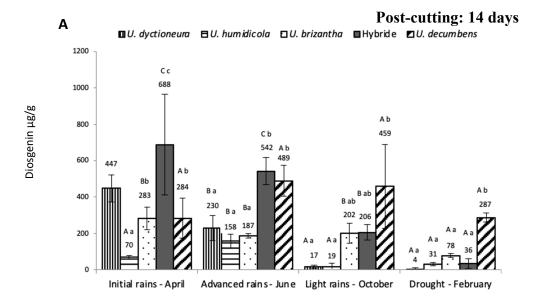


Figure 1. Diosgenin content (μ g/g on dry matter basis) in *Urochloa* spp. from "piedemonte" in the Orinoco region in Colombia at 14 (A) and 28 days (B) of regrowth. Hybrid: *U. ruziziensis x U. decumbens x U. brizantha Statistical differences among species at similar regrowth day at the same period, are indicated with lowercase letters. Statistical differences in identical species of the same regrowth day among periods are indicated with capital letters. n = 3; P < 0.05.*



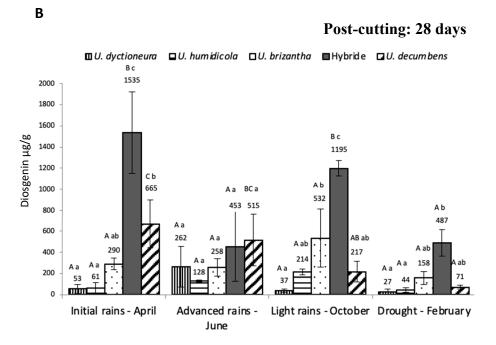


Figure 2. Diosgenin content (μ g/g on dry matter basis) in *Urochloa* spp. from the Ariari river valley in the Orinoco region of Colombia at 14 (A) and 28 days (B) of regrowth. Hybrid: *U. ruziziensis x U. decumbens x U. brizantha Statistical differences among species at similar regrowth day at the same period, are indicated with lowercase letters. Statistical differences in identical species of the same regrowth day among periods are indicated with capital letters. n = 3; P < 0.05.*

Only one significant Pearson correlation coefficient was found, which corresponded to the correlation between precipitation and diosgenin content for the hybrid from the alluvial valley (Figure 3).

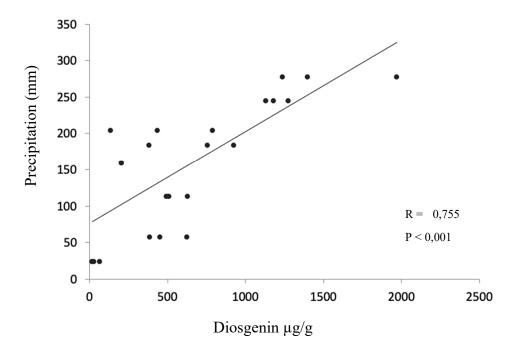


Figure 3. Linear correlation between precipitation and diosgenin concentration (on a dry matter basis) for the hybrid (*U. ruzizienzis* x *U. decumbens* x *U. brizantha*) from the Ariari alluvial valley.

3. Discussion

The most commonly used biomarker of saponin content in forages ingested by ruminants has been protodioscin [9,15,16]; however, *U. decumbens* and *U. brizantha* have been shown to contain other saponins in addition to protodioscin. Among other saponins reported in these grasses are dichotomine, saponin B, and dioscine and its C-25 epimerized form [17–20], all of which contain the sapogenin diosgenin. Diosgenin, therefore, is a better biomarker for steroidal saponin content in *Urochloa* spp. compared to protodioscin.

In the present study, diosgenin content was particularly high at day 28 post-cutting for *U. decumbens* and the hybrid from "piedemonte" in the rainy season; however, at 14 days, some species had higher levels (e.g., *U. humidicola* from alluvial valley in April). *In vitro* cultures of *Trigonella foenum graecum* reach the highest diosgenin levels at 21 to 38 days of age, decreasing then at 50 days [21]. This early higher production is needed by younger plants as a defense mechanism against possible aggressors (microorganisms, insects, herbivores) [21,22]. Regrowth time of 14 and 28 days (sampling times in the present study) are part of early stages of grass growth [23]; therefore, variations in diosgenin levels could correspond to the development of defenses against microorganisms and predators at early stages.

In the present study, U. dictyoneura and U. humidicola showed the lowest diosgenin concentrations. U. humidicola has been associated with photosensitization in cattle but its protodioscin content is low [19], suggesting that other metabolite(s) may be present in the grass [10,24]. Measurement of diosgenin content rather than protodioscin content would be a better biomarker of potential hepatotoxicity in U. humidicola. The highest diosgenin concentration found in U. humidicola was 732 μ g/g in a 28-day-old pasture harvested in the alluvial valley in June. The minimum diosgenin toxic concentration is estimated at 800 μ g/g [25], a level close to the maximum value recorded in the present study for U. humidicola. Therefore, it is possible that under certain conditions, this grass species may be causing toxicity in cattle in Colombia due to its diosgenin content.

Concerning the other species studied, *U. brizantha* and *U. decumbens* have been previously associated with toxicosis in ruminants; however, to the author's knowledge, this is the first study reporting diosgenin presence in the hybrid (*U. ruziziensis* x *U. decumbens* x *U. brizantha*). Interestingly, the hybrid can contain even higher diosgenin levels than *U. decumbens* or *U. brizantha* and the levels

found are high enough to suggest that the hybrid could cause hepatic lesions and secondary photosensitization. In previous studies it was suggested that small ruminants can develop acute hepatic cholestasis from ingesting the hybrid grass; however, the diagnosis was only presumptive since no attempts to determine saponin or sapogenin contents were made [26,27].

Even though protodioscin and diosgenin are closely related plant metabolites, a previous study showed that protodioscin levels in *Urochloa* spp. are higher in the dry season [12]. This finding is in contrast with the results of the present study where the highest diosgenin levels were found in the rainy season. There is no known explanation for this finding, but one possibility is that under conditions of high humidity, plant saponins are hydrolyzed by enzymes from opportunistic microorganisms, giving rise to diosgenin. In fact, enzymatic hydrolysis has been used for the industrial production of sapogenin from saponins: saponins from *Dioscorea zingiberensis*, has been treated with fungi (e.g., *Trichoderma reesei, Penicillium dioscin or Aspergillus flavus*) capable of producing enzymes that generate diosgenin [28–31]. Another possibility is that the activity of the enzyme that conjugates sapogenins with sugars in the plant (glucuronosyl tranferases) [32,33] decreases at low environmental temperatures, inducing greater levels of saponins in the rainy season.

In summary, *Urochloa* spp. contain numerous saponins, several of which contain diosgenin; therefore, diosgenin can be considered a better predictor of hepatic disease in herbivorous animals than protodioscin. Due to their diosgenin content it is recommended that to prevent potential intoxications in cattle in the Colombian Eastern Plains, the intake of grasses such as *U. decumbens* and the hybrid be avoided in the rainy season. Species with lower diosgenin content such as *U. dictyoneura*, *U. humidicola* and *U. brizantha* should be given to the animals during the rainy season.

4. Materials and Methods

4.1. Region of Study

Besides being the largest livestock producer in the region, the Department of Meta in the Eastern Colombian Plains, has introduced better pastures especially in the area called "piedemonte", which is the are closest to the east side of Andean mountains and the alluvial valleys [34]. Weather conditions in this area correspond to a rainfall greater than 3,000 mm/year with a rainy season from April to November and a dry season from December to March.

The sampling areas selected for the present study were two cattle ranches containing pastures of the main *Urochloa* species (*U. brizantha*, *U. decumbens U. dictyoneura*, *U. humidicola* and *U. ruziziensis* \times *U. decumbens* \times *U. brizantha*). Farms were located in the "piedemonte" (Villavicencio - latitude: 4,0° 3,0' N longitude: 73,0° 28,0' W) and in the alluvial valley of the Ariari River (San Martín de los Llanos, - latitude: 3,0° 3,7' longitude: 73,0° 44,0'). These farms had previously reported photosensitization cases in cattle.

4.2. Sampling

Urochloa spp. sampling was developed according to the rotation scheme of the region in which pastures are free from animals for approximately 28 days. During this resting period, grass samples were collected at 14th and 28th day from three different areas of 1 m² in each paddock. Pasture was cut at 2/3 distal mimicking what animals commonly do. Plants were taken from these points under four climatic conditions: early rains with a previous month of precipitation (sampled in April); progressive rains with four preceding months of rainfall (sampled in June); light rains with the minor fall, preceded by a short dry period (sampled in October) and drought without rains (sampled in February). The data corresponding to meteorological factors was obtained from weather stations belonging to the "Instituto de Hidrología, Meteorología y Estudios Ambientales – IDEAM" [12].

4.3. Determination and Quantitation of Diosgenin

The extraction and determination of diosgenin was done according to Taylor et al. (2000) [35]. Once the material was dried and milled, 100 mg were mixed with 5 mL of 80% ethanol. The mix was place in an ultrasonic bath for 2 hours for extraction and then centrifuged at 700 g for 5 minutes. The

supernatant was then transferred into a 10 mL glass tube and evaporated under vacuum at 43 °C. The dry residue that remained in the test tube was dissolved with vortex mixing in 2 mL of 70% 2-propanol containing 1 M sulfuric acid. Extracts were then hydrolyzed by heating the mixture at 100 °C for 2 h. After cooling, 3 mL of distilled and deionized water was added, and the solution was then extracted three times with 2 mL of methyl *tert*-butyl ether (MBE) using vortex and collecting thef organic phase. The combined MBE extracts were washed twice with 1 mL of 1 M NaOH solution and once with 1 mL of water. To dry the extract, the MBE pool was transferred to an anhydrous MgSO₄ column made with glass pipettes. The dried MBE extract was then evaporated, and the residue dissolved in 1 mL of toluene for further analysis by GC-FID.

GC was performed with a Shimadzu GC-14A Gas Chromatograph (Shimadzu Scientific Instruments, Kyoto, Japan) equipped with a flame ionization detector (FID), and a HP-5 fused silica capillary column (Agilent Technologies 19091 S-433UI HP – 5MSUI; 0.25 micron; 30 m x 0.25 mm). The GC split/splitless injection port equipped with a silanized glass liner (HP part 5181-3316) was kept at 250 °C. Two μL of the toluene extracts were injected at an initial oven temperature of 200 °C. After 1 min, the temperature was raised at 10 °C/min to 270 °C and then at 1 °C /min to 290 °C. The carrier gas was helium with a 2 mL/min constant flow under electronic pressure control.

With these parameters the retention time of the diosgenin standard (\sim 98% purity) purchased from Sigma-Aldrich Co. (St. Louis, MO, USA) was 17.3 minutes (Figure 4). The method linearity was established with concentrations of 0, 10, 25, 50, 100, 500, 750 and 1000 µg/mL.

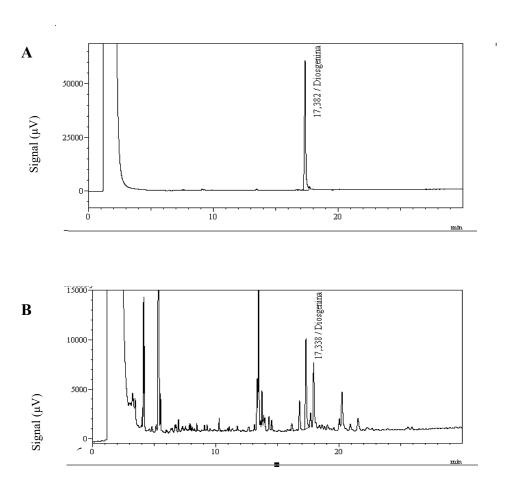


Figure 4. Diosgenin chromatograms. (A) Standard solution of 100 μ g/mL. (B) Chromatogram of a *U. decumbens* extract, containing 132 μ g/g diosgenin in the dried grass sample.

Linearity of the detector's response was confirmed by an r^2 value for the lineal function of 0.996, and a CV (coefficient of variation) of the response factors of 8.5%. The limit of detection (LOD) was calculated at 0.2 μ g/mL and the limit of quantitation (LOQ) at 0.6 μ g/mL. These in-vial concentrations were equivalent to sample concentrations of 2 and 6 μ g/g, respectively. LOD and LOQ values were obtained according to EPA 40 CRF Part 136, Appendix B [36]. For the determination of the method accuracy the percent recovery was calculated by spiking free hay (from *Digitaria eriantha*) at different diosgenin concentrations (10, 25, 50, 500 and 1000 μ g/mL) in duplicate. Percent recovery was found to be 65.5% on average, and the results were corrected for recovery by multiplying by a factor of 1.53.

To confirm the identity of diosgenin, GC-MS analysis of samples and standards were conducted. The mass spectra were obtained on a Thermo Scientific TRACE series 1300 GC connected to an ISQ QD single quadrupole mass spectrometer detector equipped with an AL1310 autosampler (Thermo, Massachusetts, USA) in liquid injection mode. The chromatographic conditions used were the same as those for GC-FID. The MS conditions were full-scan mode (m/z 100–500); dwell time 0.2 sec, electron ionization (EI) mode; ionization energy, 70 eV; ion source temperature, 230 °C; interface temperature, 280 °C. Data evaluation was performed using Chromeleon® 7 Chromatography Data System version 7.2.2.6394 software with a NIST 2007 target library. The identity of diosgenin was confirmed by comparing the fragmentation pattern of the diosgenin in the sample extracts with that of the standard (*m*/*z* 282,139, 91, 69 and 5).

4.4. Statistical Analyses

The experimental model was a completely randomized 5 x 4 x 2 factorial arrangement to determine which factor (type of pasture, season, and time of re-growth) were most important in grass diosgenin concentration. The model corresponds to five *Urochloa* species (*U. brizantha*, *U. decumbens*, *U. dictyoneura*, *U. humidicola* and the hybrid - *U. ruziziensis* x *U. decumbens* x *U. brizantha*), four sampling times (initial rains, advanced rains, light rains and droughty) and two post-cutting times (14 and 28 days). Each farm results (one from "piedemonte" and the other from alluvial valley) were analyzed separately using this experimental design. The goal was oriented on finding potential changes between species at the same sampling time, between sampling times for the same species and between regrowth time for the same grass species and sampling time. According to the O'Brien test the model satisfied the supposition of homogeneity of variances [37].

Additionally, for identifying the possible effect of the environmental factors on diosgenin content Pearson's correlations were estimated between the weather variables (temperature, precipitation, relative humidity, and solar brightness) and diosgenin content. This analysis was applied for all data, as well as for each of the regions, post-cutting time and particular *Urochloa* species. The statistical analysis was done using SAS 9.2 software, accepting a significance of P<0.05.

Author Contributions: Conceptualization, M.C.L. and G.J.D.; methodology, M.C.L., formal analysis, M.C.L..; writing—original draft preparation, M.C.L.; writing—review and editing, G.J.D.; supervision, G.J.D..; resources, M.C.L. and G.J.D. All authors have read and agreed to the published version of the manuscript.

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Data Availability Statement: Data are contained within the article.

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Conflicts of Interest: The authors declare no conflicts of interest.

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