

Review

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Review

# Sustainable Public Transit: A Comprehensive Review

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**Abstract:** Public transportation systems play a crucial role in the sustainable development of urban areas, contributing to environmental, economic, and social sustainability. This paper reviews the current literature on public transportation and its contributions to urban sustainability, focusing on key sustainability indicators, methodologies for assessing sustainability, and public transit's potential to reduce the negative impacts of autodependence. A review of various studies demonstrates that while public transit systems offer substantial sustainability benefits, there is a need for more nuanced approaches to measuring and improving their effectiveness. The paper also explores future research directions in sustainability assessment frameworks and the application of Composite Sustainability Indices (CSIs) to public transit systems.

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#### 1. Introduction

An efficient and sustainable transportation system is integral to the growth and development of cities. Public transportation, in particular, has the potential to reduce urban congestion, minimize environmental degradation, and improve social equity. However, as urban areas continue to grow, public transit faces significant challenges in meeting the increasing demand for mobility while also contributing to sustainability goals.

Sustainability in transportation refers to the ability of a transportation system to meet the needs of the present without compromising the ability of future generations to meet their own needs. The integration of sustainability principles into transportation planning has gained increasing importance as cities grapple with issues such as traffic congestion, pollution, and inequality in mobility access.

This paper reviews the role of public transportation in fostering sustainable urban development. It draws on key studies to assess the environmental, social, and economic impacts of public transit, explores sustainability frameworks, and evaluates current methodologies for measuring the sustainability of transport systems.

### 2. Sustainable Transportation

## 2.1. Overview

The concept of sustainable transportation incorporates three key dimensions: environmental, economic, and social. These dimensions are often referred to as the "triple bottom line" of sustainability (Theis, 2012; Black, 2010). The environmental aspect addresses the reduction of pollution and resource consumption, the economic aspect focuses on cost-effectiveness and productivity, and the social dimension emphasizes equity, accessibility, and quality of life for all citizens.

While transportation planning has historically focused on efficiency and economic considerations, the growing recognition of environmental and social costs has shifted the conversation towards more holistic, sustainable approaches. Sustainable transportation aims to

reduce dependency on private automobiles, promote energy-efficient modes like public transit, and foster more inclusive and accessible urban environments (Schiller et al., 2010).

#### 2.2. Defining Sustainable Transportation

Sustainable transportation can be defined in a variety of ways, but two main types of definitions are commonly found in the literature: aspirational and objective-oriented. Aspirational definitions, like those offered by Black (2010), emphasize the broader sustainability concept of meeting current needs without compromising future generations. Objective-oriented definitions, like those proposed by the Centre for Sustainable Transportation (2005), include specific goals such as reducing emissions, improving accessibility, and ensuring cost-effectiveness.

An example of a sustainability framework for public transportation comes from the work of Banister (2008), who identified four key pillars for sustainable transportation: reducing the need to travel, encouraging mode shift, minimizing trip lengths, and increasing efficiency. These principles guide the development of sustainable transportation policies and systems.

#### 2.3. Key Transportation Sustainability Challenges

Transportation systems, particularly those reliant on private automobiles, have significant negative impacts. Issues such as congestion, air pollution, and social inequality are some of the most prominent challenges. Auto-dependence contributes to environmental degradation through increased emissions, while also creating economic burdens through lost productivity and costly infrastructure investments.

Schiller et al. (2010) argue that the spread of low-density suburban development driven by automobile dependence has fragmented urban communities and reduced social interactions. This "severance" effect is a critical social sustainability issue, leading to a reduction in community cohesion and social capital.

#### 3. Analyzing the Sustainability of Public Transit

#### 3.1. Review of Sustainability Indicators/Measurement

Quantifying the sustainability of public transit systems is a complex task. Various indicators have been proposed to measure different aspects of sustainability, including environmental impacts (e.g., emissions reduction, energy use), social impacts (e.g., accessibility, equity), and economic factors (e.g., cost-effectiveness, return on investment).

One of the primary challenges in sustainability assessment is the need for a comprehensive set of indicators that reflect all dimensions of sustainability. As suggested by Litman & Burwell (2006), traditional transportation analysis often overlooks important non-motorized modes such as walking and cycling. This gap highlights the need for new, more inclusive evaluation methods that consider the full range of transport modes.

Several methodologies for assessing the sustainability of transportation systems have been developed, including Composite Sustainability Indices (CSIs). These indices combine multiple sustainability indicators into a single composite score, allowing for a more holistic assessment of performance.

#### 3.2. Review of Application of Sustainability Assessment

Several studies have applied sustainability indicators and indices to analyze public transit systems. For example, Jeon et al. (2009) used a multi-criteria decision-making approach to evaluate the sustainability of different transportation scenarios in the Atlanta Metropolitan Area. They employed a modified triple bottom line framework, incorporating environmental, social, economic, and system effectiveness categories to assess various transportation alternatives.

Haghshenas & Vaziri (2012) applied similar CSI techniques to assess the sustainability performance of transportation systems in various cities. By analyzing a range of environmental,

2

3

economic, and social indicators, they demonstrated how sustainability assessments can be used to compare public transit performance across different urban settings.

Miller (2014) developed the Public Transit Sustainable Mobility Assessment Project (PTSMAP), which uses 16 sustainability indicators to evaluate the performance of U.S. rapid transit systems. This tool not only helps assess the current sustainability of existing systems but also provides insights into the potential sustainability benefits of proposed transit alternatives.

These studies underscore the importance of using a variety of indicators and methodologies to assess public transit systems. They also highlight the challenges involved in standardizing sustainability assessments, especially when it comes to weighting and normalizing the data to ensure accurate comparisons.

#### 4. Discussion and Conclusions

#### 4.1. Summary

This paper reviews the state of research and practice in the field of sustainability analysis for public transit. It identifies key sustainability challenges in transportation, reviews definitions and frameworks for sustainable transportation, and explores methodologies for assessing sustainability performance. Public transit systems are critical in addressing many of the sustainability challenges associated with automobile dependence, and a growing body of research has developed indicators and techniques to measure the sustainability benefits of transit systems.

#### 4.2. Areas for Further Research

While significant progress has been made in the development of sustainability assessment frameworks, there is still much to be done. Future research should focus on refining Composite Sustainability Indices (CSIs), with particular attention to the impact of weighting and normalization techniques on the final results. Additionally, studies should explore the uncertainties involved in sustainability assessments, especially regarding data availability and the application of models in diverse urban contexts.

Further research should also consider the social sustainability aspects of public transit, such as its role in enhancing community cohesion and providing equitable access to mobility for disadvantaged groups. Additionally, the integration of non-motorized transport modes, such as walking and cycling, into sustainability assessments will help provide a more comprehensive view of transportation sustainability.

**Supplementary Materials:** The following supporting information can be downloaded at the website of this paper posted on Preprints.org.

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4