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Article

Recreational Economic Value of Mexico's Best Beach. A Study for Balandra Protected Area

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Abstract: Balandra, one of the most popular beaches in La Paz, Baja California Sur, was declared a flora and fauna protection area in 2012 and, in 2021, was declared the best beach in Mexico. More recently, it was included among the ten most beautiful beaches in the world. Currently, this beach faces overcrowding. Formulating effective management policies depends, to a certain extent, on the knowledge of their recreational value and visitor characteristics. Recreational value allows us to know the benefits of the tradeoffs among the ecosystem services and society and exhibit the value of possible damages to marine ecosystems. Like the one caused in 2022 by the fire of a tourist boat inside Balandra. Using the individual travel cost method and applying 159 questionnaires to site visitors, four models were estimated to calculate the individual willingness to pay for accessing Balandra, which ranges between 3.86 and 10.38 US\$/day/visitor. Recreational economic value (REV) for Balandra was estimated using two essential criteria. One, total of visitors registered in 2021. Two, daily maximum carrying capacity. We also calculated the REV as a proxy of the welfare loss derived from the site's closure. Finally, possible environmental and economic policy instruments that could be implemented are discussed.

Keywords: coastal tourism; marine protected area; Gulf of California; count models; truncated Poisson; and negative binomial model

1. Introduction

Marine protected areas (MPAs) are a recurrent mechanism to safeguard marine ecosystems and biodiversity [1]. MPAs provided benefits derived from their conservation, such as recreational benefits provided to beach swimmers in coastal zones. To ensure that these benefits are considered and endured, MPA management requires continuous surveillance and monitoring. These latter are not free, and because of that, managers set access fees. In several countries, the coastal and beach tourism industry is a source of significant economic benefits.

Natural diversity contributes to a massive demand for touristic services, mainly in MPAs, since using mega-diversity for recreational purposes has generated significant income levels in coastal communities. Nevertheless, there has been an accelerated increase in tourism and the demand for ecosystem services in coastal communities, even small ones, which depend on tourism as a primary or complementary means of livelihood [2].

These zones are highly linked to marine resources and attractions, such as crystal waters and environments suitable for practicing touristic sports and activities. Because of this, coastal zones are relatively relevant due to their social, ecological, cultural, and economic value. Emerging economies seek to exploit their tourism potential to catapult economic development without affecting them [3].

Coastal and marine environments attract hundreds of millions of tourists annually; tourism is a pillar of local economies in some regions [4]. Nature tourism contributes almost 7% of world tourism

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expenditure, and wildlife tourism contributes 343 billion US\$ globally [5]. Many tourism activities focus on "Sun & Sea," based on marine resources. Tourism depends on the integrity of coastal resources, i.e., beaches and water. Despite the economic importance of tourism, coastal resources have become scarcer and threatened by it. Several beach destinations have taken measures to deal with them, like long seashore structures or dredging. Such measures regularly bring non-accepted consequences, locally or elsewhere [6]. External pressures on coastal zones linked to tourism, such as land transformation and construction of industrial developments, water pollution, mangroves depletion, invasive species introduction, and exhaustive use of resources (for example, marine species used as meals and souvenirs), plus climate change; affects tourism viability and tourism coastal destinations [4]

The need to keep attractive beaches for tourists has frequently led local managers to clean these [7]. A good perception and attitude to the recreational site is essential for tourist demand [8–10]. However, such cleaning actions usually generate environmental externalities or damages in coastal ecosystems, like coastal line disruption, marine and coastal biodiversity reduction, and marine and coastal waste disposal (mainly algae, birds, and dead biota) [11]. However, beach cleaning is often needed to maintain tourism affluence and activity [12–14]. Nevertheless, environmental issues could be accumulative.

Tourism also generates social externalities, such as access loss to public or beach facilities, pollution, beach crowding, infrastructure construction, and artificial covers in sandy beaches, dunes and mangroves, waterfront and coastal line modifications, loss of cultural and religious values [15]. In these two situations, coastal ecosystem management prevails; a wide gradient of management instruments/tools is available, which could help management be more efficient considering the associated costs [16]. These tools must seek to minimize or eliminate externalities. MPAs' popularity is increasing, but management and conservation strategies to secure a sustainable anthropogenic use inside them are still under debate [15,16].

Externalities could be minimized by applying environmental valuation (EV) and its specific techniques [17,18]. Among them are the stated preference methods (contingent valuation) and the revealed preference methods (travel cost and hedonic prices). EV contribute to the design of economic instruments for environmental policy (EIEP), which are oriented to modified consumption or production patterns and strengthen environmental planning instruments or compensatory (or regulatory) instruments for conservation [19]. EIEP could also contribute to MPA's sustainable financing by using market mechanisms as compensatory instruments, voluntary markets, shared schemes, concessions, payments for environmental services, revenues, fees, charges, and commercial operations of MPAs [20].

Economic research contributes to the debate on MPAs as a management option assessing the cost and benefits for society (Table 1). This research could show how coastal zone value is modified, including beaches, with or without MPAs. Some costs are often accessible to estimate; however, some benefits, like recreational, conservation (future use), and ecosystem functions, are rarely incorporated [7].

Table 1. Beaches economic valuation research (US

Author(s)/Year	Country	Site	WTP	Method
Zambrano-Monserrate, et al. (2018) [21]	Ecuador	Villamil Beach	16.95	ITC
Zhang, et al. (2014) [22]	Australia, Queensland	Costa Dorada Beaches	19.97	ITC
Morales-Zarate, et al. (2019) [23]	México, Baja California Sur	Los Cabos Touristic Corridor	30.96	ITC
Enriquez-Acevedo, et al. (2016) [24]	Colombia	Caribbean Region	Mín. 3.80 Max. 6.80	CV
Legget, et al. (2018) [25]	California, Orange County	Long Beach to Huntington Beach	Mín. 5.78 Max. 20.36	ITC
Hynes y Greene (2013)	Ireland	Siverstrand	Min. 11.35	Panel ITC

[26]			Max. 68.41	
Voke, et al. (2013) [27]	United Kingdom	St. David's, Pembrokeshire	Min. 2.24 Max. 37.56	ITC
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Source: Self elaboration based on mentioned references. ITC: individual travel cost, VC: contingent valuation

1.1. Balandra Flora and Fauna Protection Area

Baja California Sur (BCS) is positioned as Mexico's fifth tourism destination and the third destination that received the most tourists by air and sea [28]. BCS's central natural heritage is constituted by high biodiversity (ecosystems and species), landscapes, and beaches, on which it is possible to perform different social and economic recreational activities [2]. La Paz's beaches stand out for their low slope and soft white sand; beaches like Balandra, El Tesoro, Coromuel, El Caimancito, and Pichilingue are some of the favorite beach destinations of national and international tourists [29]. Balandra became a natural protected area due to its high marine and terrestrial biodiversity.

Balandra was declared a natural protected area (BNPA) in 2012 [30]. It is located east of La Paz Bay (Figure 1) and incorporates the largest wetland in the bay of La Paz, Balandra and El Merito wetlands refuge of species of red, white, and black mangrove; it houses 13 species of macroalgae (seagrasses), 56 fish species and 30 of birds, fin whale, humpback whales, orcas and dolphins have been sighted. San Rafaelito protects a colony of California seals. The area of seagrasses and mangroves functions as a nursery habitat for fish and invertebrates of commercial interest. It highlights eight bays with white beaches and a mushroom-shaped rock formation [31].

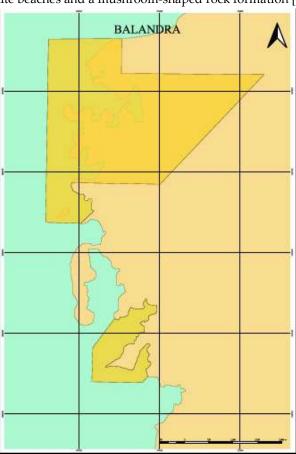


Figure 1. BNPA map and zoning. Source: Self elaboration using GIS.

Tourism is the main activity in BNPA, but there are also small-scale and recreational fisheries [30,31]. Tourism has increased since the federal government declared it the best beach in Mexico [32,33]. Because of its unique and barely unmodified landscapes and clean beaches, it is one of the most visited beaches in BCS [34].

A sudden tourism demand increase has generated some issues in BNPA; one, a severe overcrowding; BNPA carrying capacity (CC) is 350 persons/day in the main beach (Balandra A), and the full CC for the area is 984 persons/day [44]. Due to overcrowding, current visitor management strategies consist of two daily visiting shifts, with a maximum of 400 people on Balandra's main beach [35–37]. This strategy tries to accomplish 800 visitors/day in BNPA main beach, exceeding its CC by 2.28 times.

On August 21st, 2022, BNPA faced a maritime accident inside the marine zone; a tourist boat caught fire when passing by this zone, which is restricted to naval navigation. Carrying out marine and coastal pollution by the fuel and oil spill in the influence area where it took place, besides the boat physically burned waste was left on the beaches. Because of this accident, BNPA remained closed for over two months that year [38,39].

These issues lead to two questions: Can overcrowding be controlled by setting higher access fees? Two, what is the economic impact on on-site recreation from the damage caused by the maritime accident in the area? To answer these questions, we proposed using the individual travel cost method.

2. Materials and Methods

3.1. Sampling

Managers from BNPA reported 41 259 visitors in the 2020-2021 season. Applying proportional unrestricted random sampling for each month of the season, the sample for this research was estimated using parameter values as p=0.5, q=0.5, an estimation error (i) of 7.7% and 95% confidence; we obtained 161 questionaries to be applied face to face to visitors from April 2021 to March 2022. The response rate was 88%.

3.2. Questionnaire

Due to COVID-19 pandemic restrictions, we used a Google Forms online questionnaire. The questionnaire is divided into three sections. The first is "Travel," where visitors are asked about the visit motivation, transportation means, travel, and discretional costs (2021 US\$). The second, "Site," includes questions about visits to BNPA and the site's environmental conditions. Third, "Visitor characteristics," like precedence, distance, and socioeconomic and sociodemographic aspects.

3.3. Travel Cost Method

From an economic perspective, recreational services provided by natural resources (lakes, rivers, estuaries, beaches, forests, and others) have essential attributes and characteristics. These latter are fundamental to determining the economic value of recreational services. The market system does not assign access to natural resources that offer recreational alternatives. This means that natural resources providing recreational services are public goods. A prevalent methodology to assign their economic value is the travel cost method (TC). The method was proposed to the National Park Service of the United States of North America to establish access fees [40]. During the 1980's decade, TC applied two approaches to recreational studies: individual and zones. A decade later, when microdata was available, conjointly with a better understanding of the aggregation biases of the method, ITC was chosen over the zone method [41].

The method foundations are that a visitor must incur travel and other costs associated with visiting one specific site to enjoy its recreational services. It seeks to estimate how the demand for environmental assets varies, considering how the number of visits will change if there are also changes in the travel cost. TC has seven basic assumptions: i) trips and environmental quality of the site are complementary in the demand function, ii) individuals perceive and respond to travel cost

variations in the same way that they will respond to changes in site access fees, iii) single site visit, iv) individuals do not perceive utility or disutility during the trip or during his working time [42].

TC has some issues to consider, among them are: i) the equipment maintenance costs could be high or low, depending on its specialization or season, ii) incorporation of cost for multi-site or multi-purpose travels lacks theoretical bases, iii) lodging and feeding costs have a high discretional component, should all these costs must be accounted for? iv) including substitute sites and/or activities influence on welfare estimation; besides, there is not conceptually straightforward if these substitutes must be considered, v) recreational preferences could influence traveled cost or distance, or could be considered as an exogenous variable and, vi) there is no theoretical and clear consensus about how to include the opportunity cost [43].

A general outline of TC assumes a tourist visiting a single recreational site has a determined budget and an unrevealed value with which they compare actual prices before making the visiting decision. Considering the different preferences and income levels, this allocated budget is distributed among individuals through the travel cost for visiting the site; there will be individuals whose willingness to pay (WTP) for accessing the site is high, and others whose WTP to access the site is lower. This condition originates a demand curve, which relates the different costs and expenses of traveling to the site with the number of visits an individual makes [42]. Individual travel decisions related to cost differences are modeled from choosing a certain number of trips for a certain period. Finally, the value of a particular site's recreational service flow is represented by the area under the compensated demand curve, aggregating all site visitors [44].

ITC is characterized by its benefits in estimation efficiency for the demand function for recreational services. The general ITC outline is.

$$X_{ij} = f(C_{ij}, Z_{ij}, \varepsilon_{ij}) \tag{1}$$

Where X_{ij} is the individual number of visits to the recreational site in one year, C_{ij} is the personal travel cost, Z_{ij} is a vector of socioeconomic and environmental variables related to the individual and the site, and ε_{ij} is the stochastic term.

3.4. Poisson Models for Recreation Demand

Individuals frequently make just a few numbers of visits to a recreational site, with one or two trips as the maximum. Most ITC models are estimated using discrete distributions. Since the number of trips is a non-negative discrete variable, it is the dependent variable. Under this approach, discrete density functions such as the Poisson distribution have been decided to be used. The most relevant feature of Poisson models is that they assume equality between the distribution's mean and variance [42,45].

Recreational demand could be estimated using ITC; the method shows the individual's willingness to accept or behave in favor of site improvements or how the individual values potential site damage. If such changes happen, such willingness is measured through the number of trips and the associated costs to access the recreational site (and other socioenvironmental variables) [45].

The individual demand model allocates time and income constraints, providing a generic demand function for a single site. Assuming that an individual, i chose x_{ij} ; where j is the number of trips/visits to the site $\forall j=1, 2,...n$. Round TC is c_{ij} . The individual also consumes a set of associated goods z_i , also known as weak complementarity goods. TC assumes that the visitor is subject to two constraints [46]:

Income
$$y_i \cdot (\sum_{j=1}^n x_{ij} c_{ij} + z_i \le y_i)$$
 (2) Time
$$\sum_{j=1}^n x_{ij} + t_{ij} + h_i = T_i;$$
 (3)

Where t_{ij} is the travel time to the site, j; h is associated with the individual working hours, and T is the individual total available time. It also assumes that visiting time for every site is the same.

With explicit arguments individual demand i for site j, is given by $x_{i1} = f(c_{i1} + t_{i1}w_i, ..., c_{in} + t_{in}w_i, q_1...q_n, y_i^f)$, where y_i^f is the individual full income $(y_i^f = y_i^0 + w_iT_i)$; or the amount of money the person could earn if he worked his whole available time, w_i , is income after paying taxes, each q_i is the exogenous quality of the j^{th} site, and y_i^0 is the individual adjusted income by $y_i^0 = y_i + w_ih_i$; where y_i is the individual income.

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Once the general demand model has been defined, estimating the associated parameters for each trip determinant is possible. The most common model in TC is the Poisson count model. The Demand curve is determined for each individual site i in a given population is given as $x_i^* = f(z_i) + \varepsilon_i$; where $z_i = (p_{ij}, j = 1, ..., n, q_j, j = 1, ..., n, y_i^f$ and, $p_{ij} = c_{ij} + w_i t_{ij}$. Poisson models specify the demanded quantity, trips, as an integer nonnegative random number, with mean independent from exogenous regressors. The expected functional form for Poisson models is typically exponential. For single site models, as this, the general count model is written as $\Pr(x_i = n) = f(n, z_i, \beta), n = 0, 1, 2, ...,$ and the probability density function is $\Pr(x_i = n) = (e^{-\lambda} \lambda_i^n / n!); n = 0, 1, 2 ...;$ where $\lambda_i > 0$ and is specified as an exponential function $\lambda_i = \exp(z_i, \beta)$.

However, if the assumption of equality between the Poisson model's mean and variance is empirically invalid or if data are generated by a mechanism that structurally excludes zero counts, the regressor will probably be biased. In this case, truncated count models are recommended.

3.4.1. Truncated Models

Truncated count models must be used if at least one of the following three situations exists. One, data came from a mechanism that structurally excludes zero counts, as in this case (Figure 2); under this assumption, Poisson distribution must adjust only when data values begin at one [48,49]. Two, if on-site sampling is conducted, it ensures that questionnaires are applied to visitors. The on-site sampling allows only visitors with trips x > 0 to be interviewed. In the on-site interviewing process, there is a high probability of interviewing visitors with a high frequency of site visitation since these individuals are more likely to be selected, known as truncated error or truncated demands [45]. Third, if a population that visits a recreational site is considered and divided into strata based on the number of trips, such that the stratum i, contains individuals who make i trip, it causes endogenous stratification.

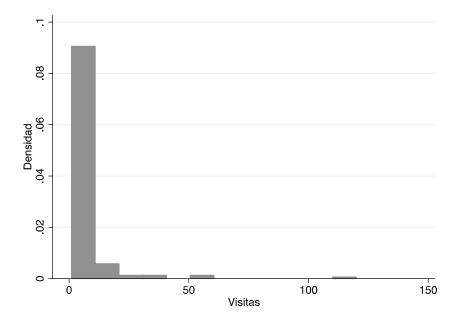


Figure 2. Histogram: Visits to BNPA since 2017.

This phenomenon occurs when the systematic variation in the selected proportion depends on the characteristics of the individuals in the sample or when the proportion of individuals chosen systematically varies from the population proportion. For distributions presenting these issues, the truncated Poisson model and the model with endogenous stratification can be applied [49,50].

3.4.2. Negative Binomial Models

The estimator for the truncated model could be biased and inconsistent under the presence of over-dispersion (α), defined as the excess of conditional variance over the corresponding conditional mean of the dependent variable (when the ratio variance-mean is higher than one). In such conditions, the negative binomial distribution must be used as an extension of the Poisson distribution [45].

For the negative binomial distribution, the functional form of λ is $\lambda_i = \exp(x_i \beta + \xi)$ with a gamma distribution with mean of 1 and variance α . Besides, the random independent variable is λ and its variance $\lambda + \alpha \lambda^2$. The ratio mean-variance is $1 + \alpha \lambda$, such as the over-dispersion degree is a function related to λ and α . If $\alpha \to 0$, implies no data over-dispersion, and the negative binomial distribution is reduced to a Poisson distribution on its limit. However, when using negative binomial models, if the on-site sampling problem exists, if a mechanism that structurally excludes zero counts was used to collect data, or if there is a presence of stratified bias, it is highly recommended to use negative binomial truncated models [47,48].

3. Results

college

income

pers

3.1. Descriptive

For continuous variables, the sample behaves as follows: an average of 6.81 visits to BNPA in the last five years, 12 days of staying, and five persons traveling with the interviewee. For monetary variables, averages are in US\$ 652 for monthly income, 44 for travel cost to BNPA, 65 for daily feeding expenses, 125 for daily lodging rate, and a total cost of 230. Frequencies for categorical variables are 62% male and 38% female; visitors are disaggregated as follows: 24% domestic, 27% American (USA), 21 Europe, and 28% another precedence. 42% of domestic visitors are locals (from La Paz City). A 72% manifest the current visit as the first to BNPA. 45% of visitors considered that the BNPA is in a good conservation status. Schooling disaggregates as follows: elementary 2%, high school 28%, college 68%, and postgraduate (master or Ph.D.) 2%. Lastly, 63% manifest that visiting BNPA and the mushroom-shaped stone were the main reasons.

3.2. Recreational Demand Model

Four recreational demand models for BNPA were estimated: Poisson (P), truncated Poisson (TP), negative binomial (NB), and truncated negative binomial (TNB). Trips to BNPA were used as the dependent variable, and eight independent variables were used as explicative of the dependent (Table 2).

Variable	Description
V	Dependent variable. Number of trips to BNPA in last five years, including actual visit.
tc	Travel cost natural logarithm (transportation cost plus cost of the trip or expense made to get to BNPA)
first	1: if is visitor's first visit to BNPA, 0: no
usa	1: If visitor's precedence is from USA, 0: Other
bnpa	1: Visiting BNPA or mushroom-shaped stones was their main trip motivation, 0: Other
stay	Natural logarithm of staying in La Paz City (days)

 Table 2. Variables included in BNPA recreational demand models.

1: If visitor's schooling is college, 0: Other

Natural logarithm of visitor's declared monthly income

Reciprocal of the number of persons traveling with the visitor

In four estimated models, the associated coefficient to tc presents the expected sign and is statistically significant at 1%. All variables are statistically significant at the traditional confidence levels (10, 5, and 1%); only bnpa and stay in the TNB model are not statistically significant.

For global models' significance, the pseudo-log-likelihood (Pseudo-LL) criteria indicate that models are reliable in explaining trip demand to BNPA. The recommended values for statistical

significance for these measures are -15.13 and -10.83 for α =0.0001 and α =0.001, respectively. The Chi² evaluates the null hypothesis that all coefficients are zero; its value rejects this hypothesis and is statistically significant at 1% [51].

The Pseudo R² is not recommended to assess the goodness of fit for count models [47,52]. Several statistical R² tests measure the count models' goodness fit, highlighting that for this kind of model, it is more beneficial to use Pearson's R² or Deviation R² [53–55]. In this study, the goodness of fit of the models is defined by Pearson R², a measure that yields values above the recommended values established for cross-section data (ranging from 0.20 to 0.40). Given these measures to prove the goodness of fit and statistical significance of models, we conclude that the TNB model is preferable over the rest.

The first model, P, indicates that if to increases by 10%, visits will rise by 5.97%. Dichotomous variables (first, usa, college, and bnpa) if the interviewee visits for the first time BNPA, then visits will be reduced by more than one. It is expected that the difference in visits will be 1.43 units above if the visitor is from usa; in the same way, it is likely that if the visitor schooling is college, visits increase by 0.7385, finally when the main reason is to visit Balandra (bnpa), visits will decrease by a magnitude of 0.8206. If the stay variable rises by 10%, then visits will decrease by 1.84%. If income increases by 10%, the dependent variable will decrease by 6.97%. If pers increase indiscriminately, this will reduce visits by 0.65%.

TP model shows that if to raises 10%, then visits will be reduced by 5.97%. Visits will decrease by 1.1911 and 0.8234 units, respectively, if the visitor's first visit and trip motivation (bnpa) were exclusively visiting Balandra Beach. The dependent variable will augment in 1.4975 and 0.8638 units if the visitors are from the USA and staying (stay) increases, respectively. A 10% increase in visitor's income will reduce visits to BNPA by 6.74%. On the other hand, a decrease of 0.6741 units will occur on the dependent variable if pers increases indiscriminately.

On the other hand, the NB model proves that if to has a 10% increase, then visits will decrease by 2.22%. Visits for those who arrived for the first time to BNPA were 0.8101 times lower than those who did not visit it for the first time and 0.2653 times less than those whose primary reason was to visit Balandra. For tourists from the USA, visits were 0.9721 times higher than other precedence. For those visitors who declared college schooling, visits were 0.9702 times higher than visitors with lower schooling levels. The dependent variable will decrease by 12.27% if the visitor's stay increases by one day. If income raises 10%, visits will drop by 5.55%. If the pers increases indiscriminately, visits will be reduced by 0.64%. Applying the natural logarithm to α , we obtain that $\alpha \approx 0$, meaning that there is over-dispersion in data; therefore, it is better to opt in favor of the NB rather than the P model.

Lastly, the TNB model suggests that if tc, stay, and income increase by 10%, visits will be reduced by 2.22, 0.79, and 6.78%, respectively. Coefficients for first and bnpa indicate that those who visit Balandra for the first time and those whose primary motivation is to visit Balanda will affect the dependent variable by 1.0314 and 0.2092 units less than those who do not fulfill these arguments. Meanwhile, coefficients for usa and college indicate that there will be a positive effect on visits by 1.0252 and 1.4552 units higher for those who possess these characteristics than those who do not. If pers increases indiscriminately, then visits will be reduced by 1.02%. The statistical significance of α indicates that favoring the TNB model over the TP model is better. The Psuedo-LL demonstrates that the best model will be considered if its value is the closest to zero in absolute value. Therefore, the model that fits better is the TNB.

Table 3. Recreational demand models for BNPA. Dependent: V.

Variable -	P	PT	BN	BNT
	n=143	n=143	n=143	n=143
tc	-0.5971	-0.6479	-0.2225	-0.2223
	(3.77)***	(3.67)***	(3.26)***	(2.65)***
first	-1.1118	-1.1911	-0.8102	-1.0314
	(5.51)***	(5.13)***	(4.91)***	(4.61)***
usa	1.4336	1.4975	0.9721	1.0252

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	(6.22)***	(5.97)***	(5.82)***	(5.80)***
bnpa	-0.8206	-0.8534	-0.2653	-0.2092
•	(3.71)***	(3.65)***	(1.83)*	(1.21)
stay	-0.1840	-0.1727	-0.1227	-0.0796
Ü	(2.47)**	(2.18)**	(2.27)**	(1.18)
college	0.7385	0.8638	0.9702	1.4564
S	(3.51)***	(3.66)***	(6.38)***	(7.26)***
income	-0.6965	-0.7378	-0.5552	-0.6785
	(6.23)***	(5.99)***	(6.84)***	(7.10)***
pers	-0.6547	-0.6741	-0.6449	-1.0212
•	(2.01)**	(1.91)*	(2.08)**	(2.37)**
cons	12.7428	13.3188	8.2037	8.7471
	(6.78)***	(6.37)***	(9.49)***	(8.95)***
$ln(\alpha)$			-0.8053	-0.2859
			(5.74)***	(2.02)**
Pearson R ²	0.8876	0.8806	0.8723	0.8867
Pseudo LL	-625.0543	-609.8388	-379.9554	-356.7948
Chi ² (8)	170.74	169.7	173.88	148.24
Pr>Chi²	0.0000	0.0000	0.0000	0.0000

Source: Self estimation based on survey data.

3.3. Willingness to Pay Calculation

The demand function's semi-logarithmic form precludes traditional estimates of WTP. Estimating WTP when the model has a semi-logarithmic form requires two steps [56]. First, the travel cost elasticity must be calculated by the following equation $\varepsilon_{tc}^V = -\beta \cdot (1/\bar{x})$, where β is the travel cost associated coefficient, \bar{x} is the average visits to the recreational site. Two, estimate WTP using the following formula $WTP = \bar{x}/\varepsilon_{tc}^V$ (Table 4).

Table 4. WTP, recreational value, and welfare loss for BNPA main beach (US\$).

Concept —	Model			
	P	TP	NB	TNB
WTP	3.86	3.56	10.37	10.38
RV-M	38,996.36	35,938.76	104,650.45	104,744.60
RV-A	467,945	431,255	1,255,776	1,256,906
VR2021	159,430	146,929	427,845	428,230
WL-2MA	77,993	71,878	209,301	209,489

Source: Self elaboration

Exchange rate: 20.10 MX\$/US\$

Assuming three scenarios, we estimated the recreational value (RV) for Balandra Beach A -or the main beach. One, assuming beach A reaches its monthly maximum carrying capacity (RV-M). Two, if the annual maximum carrying capacity of the beach is reached (RV-A). Three, using the total of visitors in 2021 (RV-2021), results are shown in Table 4. After, we also estimated the recreational welfare loss caused by the two monthly closures of BNPA under two scenarios. First, the maximum monthly carrying capacity in the main beach (WL-2MA) is assumed. Second, assuming maximum carrying capacity for the five beaches that conform to the BNPA complex (WL-5B2M), results are shown in Tables 4 and 5, respectively. Finally, we estimated the RV for the five beaches that integrate BNPA (Table 5), assuming their maximum annual carrying capacity (RV-5BCC).

Table 5. Recreational value and welfare loss for BNPA five beaches. Assuming maximum CC (US\$).

^{*} p<0.1; ** p<0.05; *** p<0.01

Beach -	Maximum CC		Model / RV (US\$)			
	Daily	Annual*	P	TP	NB	TNB
Balandra A	350	121,100	501,354	461,391	1,344,210	1,345,421
Balandra B	280	96,880	401,083	369,113	1,075,368	1,076,337
Frente 1	100	34,600	143,244	131,826	384,060	384,406
Frente 2	160	55,360	229,190	210,922	614,496	615,050
Frente 3	94	32,524	134,649	123,916	361,016	361,342
RV-5BCC	984	340,464	1,409,521	1,297,168	3,779,150	3,782,555
WL-5B2M			587,314	540,499	1,574,682	1,576,101

Source: Based on [57].

4. Discussion

Beaches are an essential source of ecosystem services flow for tourists, coastal tourism activity, and localities promoting them. However, coastal ecosystems, including beaches, are threatened by anthropogenic actions. There is a need for information that could be used to encourage more efficient management for MPAs. An essential piece of this information is linked to its recreational economic value. Most MPAs' management plans in Mexico lack the economic value component, or any other type of value, which is essential when negotiations about the recreational site's economic importance arise; otherwise, in case of damages made to, or inside, the site ecosystem.

WTP estimations could be helpful for site management, such as establishing or modifying access fees. Results indicated that visitors are willing to pay around 3.86 to 10.38 US\$/person/day above the current access fee. If this scheme could be implemented and, considering just registered visitors to BNPA, the total collection amount would rank from 159 430 to 428 230 US\$. However, if we consider the maximum carrying capacity of BNPA, this figure could rank from 1.409 to 3.782 million US\$. The value of the estimated WTP matches with several examples of fees from Latin American countries, like Costa Rica, Peru, Colombia, and Ecuador [58]. It ranges within values shown in Table 1. An approach to using these monetary schemes is to use them as a demand control mechanism for the number of visitors to reduce overcrowding and diminish anthropogenic pressure on coastal ecosystems.

North American visitors could be willing to pay a higher fee. A differentiated fee scheme is possible to implement, and based on the results obtained, MPA managers should consider this possibility to increase collection and appropriate the consumer surplus. If this scheme operates, recreational demand for BNPA will be reduced by 6.5% at maximum. It is demonstrated that tourist characteristics are determinants linked to the site's RV. Results also exhibit that BNPA can obtain higher income through site access fee modification without increasing pressure on the coastal ecosystem so that managers can cover maintenance, surveillance, and operational costs.

The economic resources collected through a new fee scheme based on the WTP estimation in this research could strengthen the whole gradient of conservation efforts, generating a possible and viable sustainable finance scheme. This would help to settle the budget constraints that Mexican MPAs face when allocating economic resources to surveillance, monitoring, and cleaning programs. On the other hand, social benefits have been assessed by the estimated economic recreational value, demonstrating that these are positive and could be internalized to be considered in the decision-making process.

5. Conclusions

Effective MPA management brings ecosystem benefits that could promote, directly or indirectly, local economies. Tourism is the sector most benefitted by conservation effects and actions. Therefore, MPA managers must be aware of challenges and opportunities around them; this way, they could obtain and use better -and with quality- economic information to guide environmental and conservation policies in their favor. The tourism industry (hotels mainly) benefits from conserving

^{*}Assuming BNPA opens 346 days a year according with [57].

MPAs; therefore, they should be morally committed to assisting managers in caring for these. For example, this assistance could be through a small lodging voluntary fee or mandatory tax, using the estimated WTP in this research as a baseline.

The results show that increased travel costs could lead to a contraction in the site's trip demand, helping to reduce overcrowding. It was also demonstrated that ecological damages could be measured by revealed preference methods in environmental economics. The estimated welfare economic loss caused by the two-month closure of BNPA is, perhaps, higher than the cost of beach and coastal cleaning. This value could be considered a baseline to establish fines/charges for ecosystem-damaging anthropogenic activities or evaluate the amount of damage caused by incidents or unforeseen events generated by tourism activity capable of inciting or damaging the ecosystem inside the influence polygon of BNPA.

Nevertheless, despite the conservation efforts in Mexico's coastal zones, most decision-makers, promoters, and tour operators believe that Sea & Sun tourism (or alternative tourism) is the panacea for development. Tourism generates local development asymmetries, and growth is hampered by economic interest and unequal power relationships. Besides, poorly planned and managed tourism activity generates long-term cumulative environmental impacts that are invisible to managers in the short term. Because of this, conservation policies must consider the economic value component to have continuity and sustainable financing.

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