

Article

Not peer-reviewed version

Contribution of echocardiography and 2D strain in the detection of subtle myocardial involvement in group A and B patients with chronic obstructive pulmonary disease

Rania Kaddoussi , [Ikram Chamtour](#)*, Wafa Dhouib , [Ellassoufi Fatima ezzahra](#) , Monia Daami , [Walid Jomaa](#) , Wissal Rouetbi , Khaldoun Ben Hamda

Posted Date: 18 July 2024

doi: 10.20944/preprints202407.1478.v1

Keywords: chronic obstructive pulmonary disease, subtle myocardial involvement, echocardiography, strain



Preprints.org is a free multidiscipline platform providing preprint service that is dedicated to making early versions of research outputs permanently available and citable. Preprints posted at Preprints.org appear in Web of Science, Crossref, Google Scholar, Scilit, Europe PMC.

Copyright: This is an open access article distributed under the Creative Commons Attribution License which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Article

Contribution of echocardiography and 2 D strain in the detection of subtle myocardial involvement in group A and B patients with chronic obstructive pulmonary disease

Rania Kaddoussi ¹, Ikram Chamtouri ^{2,*}, Wafa Dhouib ³, Ellassoufi Fatima ezzahra ², Monia Daami ¹, Walid Jomaa ², Wissal Rouetb ² and Khaldoun Ben Hamda ²

¹ Pneumology department, Hospital Fatuma Bourguiba Monastir

² Cariology B department, Hospital Fatuma Bourguiba Monastir

³ Preventive medicine department, Hospital Fatuma Bourguiba Monastir

* Correspondence: ikram_chamtouri@hotmail.fr

Abstract: Background. Myocardial involvement mediated by chronic obstructive pulmonary disease (COPD) is a common cause of morbidity and mortality. Conventional transthoracic echocardiography (TTE) parameters are poor in the detection of subclinical myocardial dysfunction. **Aim.** To investigate the contribution of strain in the early detection of cardiac damage in stable COPD patients. **Methods.** Group A and B patients with COPD were enrolled in this study. The COPD assessment test, spirometry, 6-minute walk test, and both conventional TTE and strain were performed in these patients. **Results.** Eighty COPD patients, with a mean age 65.6 ± 8.9 years, were included. The Left ventricular ejection fraction (LVEF) was $60.7 \pm 5.1\%$. Right atrium and right ventricle (RV) strain were $24.5 \pm 6.6\%$ and $-19.9 \pm 3.7\%$, respectively. Additionally, left ventricle global longitudinal strain (LV GLS) was -21.1 ± 2 . Forty-eight patients had impaired RV strain. Compared to COPD patient with normal RV strain, those with RV reduced strain had a lower 6meter walk distance (6MWD) ($p=0.001$) and forced expiratory volume in the first second (FEV1) ($p=0.012$), and a higher CAT score ($p=0.012$). A reduced RV strain was correlated with a higher risk of hospitalizations for acute exacerbation in the post inclusion year (55% versus 25%; $p=0.024$). No deaths were recorded during the follow-up period. No significant factors causing neither RA strain alteration nor LV GLS reduction were revealed. **Conclusion.** Group A and B COPD patients having normal conventional TTE parameters, speckle tracking is a key parameter in the detection of subclinical myocardial dysfunction.

Keywords: chronic obstructive pulmonary disease; subtle myocardial involvement; echocardiography; strain

Introduction

Chronic obstructive pulmonary disease (COPD) is a public health problem worldwide[1]. It is one of the main causes of high morbidity and mortality [2]. The development of heart failure during COPD is a major anticipating factor of exacerbation, hospital readmission, and mortality [3]. Both right- and left-sided heart failure could frequently be noted in COPD patients. Several studies have revealed that this comorbidity is related, on the one hand, to the structural and physiological changes in the pulmonary vascularization predisposing to the right heart failure even before pulmonary hypertension (PH) [4] and, on the other hand, to the common cardiovascular risk factors, such as smoking, chronic systemic inflammation, and endothelial dysfunction that are leading factors of heart failure [5]. Subtle heart failure has no symptomatic repercussion on COPD with overlapping symptoms, such as dyspnea, leading to an under diagnosis of incipient myocardial damage [6]. Right ventricle (RV) and left ventricle (LV) subclinical dysfunctions remain challenging. The conventional

echocardiographic measurements are poor in detecting subtle myocardial injury [7]. Speckle tracking study, a technique of myocardial deformation measurement, provides promising results in the early detection of LV and RV dysfunction[8,9]. Thus, the aim of the current study was to identify subtle RV and LV dysfunction using two-dimensional strain in stable COPD patients and its correlation with hospital readmission.

Methods

Study Design

This is an analytical cross-sectional prospective study performed during the period from January 2023 to May 2024. All stable group A and B COPD patients without PH were included in this study.

Study Population

Inclusion criteria: Patients with confirmed diagnosis of group A and B COPD and those aged more than 18 years were included in this study [10]. Participants in the study had to be free of COPD exacerbations for three months before enrollment.

Non-inclusion criteria: Patients with evidence of LV ejection fraction (LVEF)<50% on echocardiography and those with severe valvular heart disease, pulmonary embolism, PH, coronary artery disease, conduction abnormalities, and atrial fibrillation on electrocardiogram were not included in the present study. Patients with contraindications for the 6-minute walk test were not also included in the study[10].

Exclusion criteria: Patients with abnormalities noted while performing echocardiography were excluded.

Sample Size

The sample size was calculated according to the following predictive equation[11]: $N = (Z\alpha p(1-p))/i^2$ and based on the prevalence of heart failure in COPD patients and the expected sensitivity and specificity. For a prevalence of 54%, an expected sensitivity and specificity of respectively 97% and 99%, a desired precision of 0.1, the minimum sample size was estimated at 23 patients.

Variables and Data Collection

Diagnosis of COPD was confirmed by a spirometry using the GOLD 2023 criteria, indicating a non-reversible ventilatory deficit (FEV1 /FVC < 0.7 following bronchodilation) [12]. Patients' recruitment was carried out from January to March 2023. During this period, patients filled out a questionnaire written in the local Arabic dialect. The questionnaire had three components. The first part involved the patients' social and demographic characteristics (e.g., age, gender, medical ATCD). The second part included COPD data (e.g., treatment, number of hospitalizations). The third part involved the COPD assessment test (CAT), including questions about eight areas, to assign an overall score ranging from 0 to 40. Higher scores indicates that COPD has a greater impact on the patient's health and well-being [13]. After filling out the questionnaire and on the same day , spirometry was performed by an experienced technician using a portable spirometer (SpirobankG MIR, delMaggiolino 12500155 Roma, Italy) according to the international recommendations[14]. Spirometry data, including expiratory forced vital capacity (FVC, L), (FEV1, L), maximal mid-expiratory flow (L/s), and FEV1/FVC ratio (absolute value), were reported as absolute values and percentages of reference international value[15]. The 6-minute walk test was performed for all the patients. The test was conducted on a flat, straight corridor and the patients were required to walk as far as possible for six minutes to calculate the 6-minute walk distance (6MWD). The directions given to the patients throughout the test were in compliance with the International Standards Guidelines [16].

Trans thoracic echocardiography (TTE) was performed between April 2023 and May 2024. All the included COPD patients underwent a standard TTE using a Vivid E9 echocardiography system

(General Electric Medical System). The same operator performed all echocardiographies to limit inter-operator variations. All conventional TTE parameters were performed, including LV diameters, wall thickness and volumes. LVEF was estimated using the Simpson method. Peak mitral E and A waves in pulse Doppler, e' wave in tissue Doppler imaging, E/e' ratio as well as the left atrial area (LAA) and volume were measured. Right ventricle (RV) function was evaluated using peak of right ventricular systolic myocardial velocity (S wave) and tricuspid annular plane systolic excursion (TAPSE). The right and left atria area and volume were measured. Systolic pulmonary artery pressure (SPAP) was calculated on the peak of tricuspid regurgitation. Speckle tracking analyses using Echopac software version 112 and automated functional imaging (AFI) was used to evaluate both LV and RV strain, and RA reservoir function. A RA strain <25% is considered impaired[17]. An altered RV free wall strain is >19 [18] and an impaired LV global longitudinal strain (LV GLS) is >20 [19]

One year after TTE performing, all patients were contacted to check the number of hospitalizations during this year and deaths.

Statistical Analysis

Quantitative data were expressed as means and medians, and qualitative data as percentages. The Chi-square test and Fisher's exact test were appropriately used for qualitative variables and percentage comparisons. The Student's t-test was utilized to compare the means of quantitative variables. Non-parametric tests (Mann-Whitney test) were used as needed. Values were considered significant when p was ≤ 0.05.

A univariate analysis was initially conducted. The association between dependent and each independent variable was analyzed to include variables that could be highly predictive a priori in a multivariate analysis model.

During multivariate analysis, variables with p < 0.25 were included in the multivariate model and they were analyzed using backward stepwise logistic regression. The Backward stepwise procedure included all selected variables and progressively removed those that did not contribute sufficient information to the model at each step. Thus, only the independent variables remained in the final step. Variables with a significant Odds Ratio (p ≤ 0.05) still present in the final step were considered significant independent variables in the observed multivariate model. To determine the association between quantitative variables, correlation was used to determine the correlation coefficient (r) and regression analysis was used to study the regression equation: Y = a + b X, in which Y is dependent, X is independent, b is slope, and a is intercept.

All statistical analyses were performed using SPSS (Statistical Package for the Social Sciences) version 21.0 IBM.

Ethical Consideration

This study was approved by the medical and research ethics committee at Fattouma Bourguiba University Hospital (Approval number IORG 0009738 N 160 OMB 0990-0279) All the patients signed an informed consent to participate in this study.

Results

A total of 80 patients with a mean age of 65.6 ± 8.9 years were included. Male predominance was noted (83.3%). The number of active smokers was 29 (36.2%). The mean FEV1 value was 1954 ± 639 mL in the exploration of respiratory function. Using the CAT score, nine patients were scored >30 (Table 1).

Table 1. Socio-demographic and respiratory characteristics of stable group A and B COPD patients.

Characteristics	Total (N=80) N(%) or Mean ±SD
Age (Years)	65.6±8.9
Gender (n, %)	

Male	67(83.8)
Female	13(16.3)
Living Habits (n, %)	
Current smoker	29(36 .2)
Former smoker	42(52.5)
Never smoked	9(11.3)
FEV1 (ml)	1954 ±639
6MWD (meter)	396±121
CAT score (n, %)	
<10	24(30.0)
10-20	30(37.5)
21-30	17(21.3)
>30	9(11.3)

LVEF was 60.7 ± 5.1%. Right atrium reservoir and RV strain were 24.5 ± 6.6% (Figure 1) and -19.9 ± 3.7%, respectively. Additionally, LV GLS was -21.1 ± 2.4.

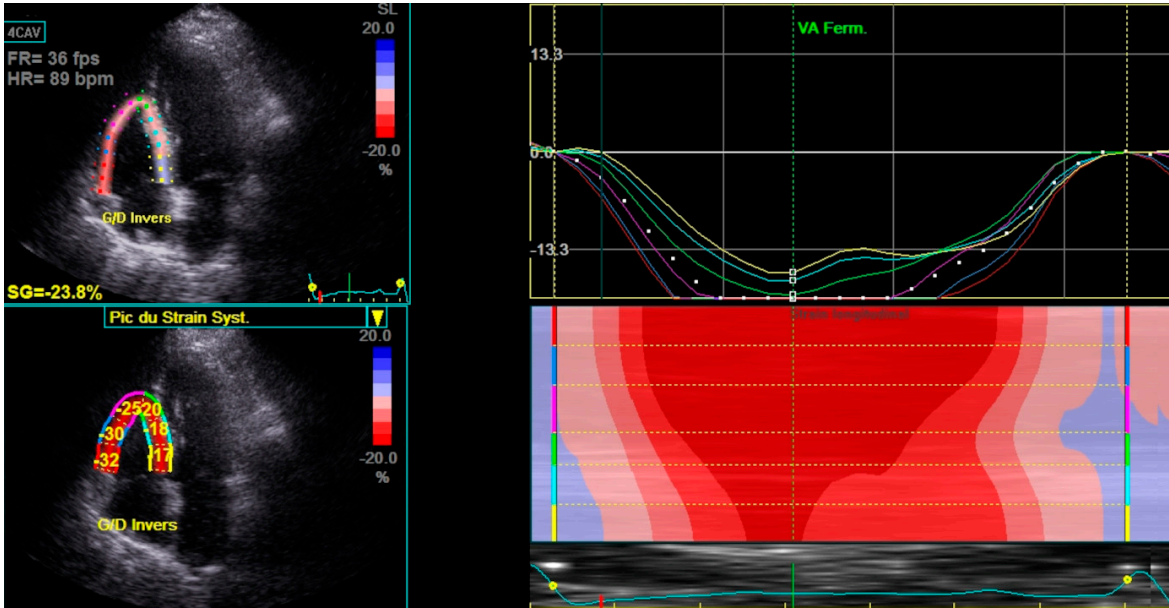


Figure 1. RV strain in stable COPD patient.

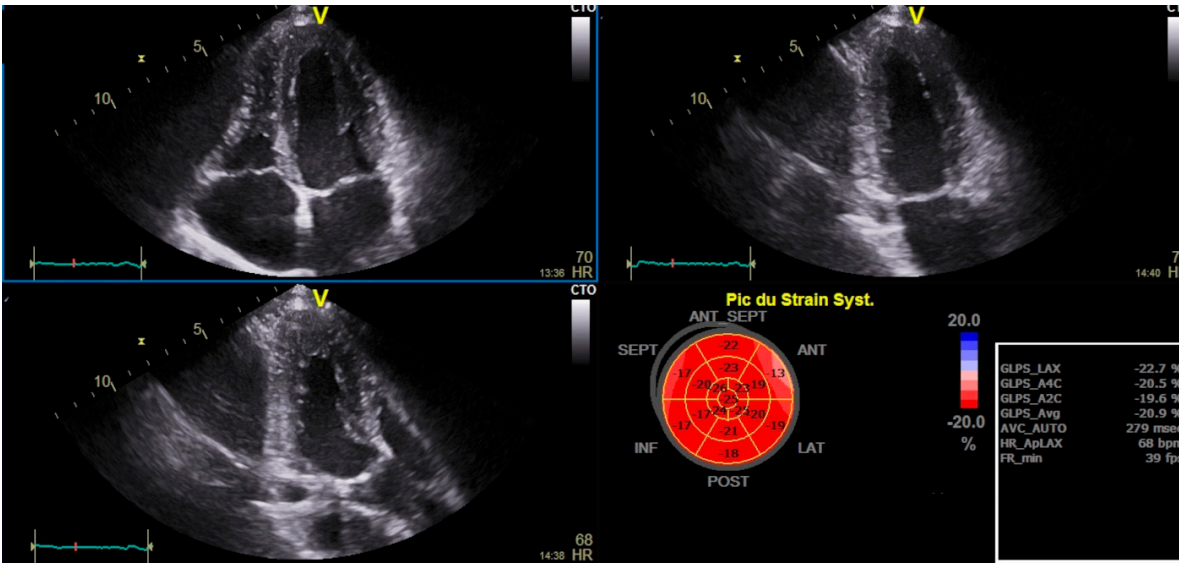


Figure 2. LV GLS and bull’s eye in stable COPD patient.

Table 2. Echocardiographic parameters in stable COPD patients.

Cardiac echography	Total(n=80) Mean±SD
LVEF (%)	60.7±5.1
FAC (%)	45.4±7.7
TAD (mm)	27.7±2.7
RVBD (mm)	32.3±3.6
RV MCD (mm)	24.4±2.5
RVLD (mm)	62.5±5.7
RAA (cm²)	12.6±2.1
S RV (cm/s)	12.8±2.1
TAPSE (mm)	20.8±3.28
sPAP (mmHg)	32.8±6.4
RV wall thickness (mm)	6.6±0.8
IVC (mm)	14.9±1.3
E/A ratio	0.98±0.29
E/e’ ratio	6.2±3.3
LAA (cm²)	14.5±2.4
IVS thickness (mm)	9.0±0.8
LVEDD (mm)	45.8±3.4
PW thickness (mm)	8.7±0.9
RV Strain (%)	-19.9±3.7
RA Strain (%)	24.5±6.6
LV GLS (%)	-21.1±2.4

FAC: fractional area change, IVC: inferior vena cava, IVS: inter ventricular septum, LAA: left atrial area, LV: left ventricle, LVEF: left ventricle ejection fraction, LVEDD: left ventricle end diastolic diameter, PW: posterior wall, RA: Right atrium, RAA: RA area, RV: right ventricle, RVBD: RV basal diameter, RV MCD: RV mid cavity

diameter, RVLD: RV longitudinal diameter, sPAP: systolic pulmonary artery pressure, TAD: tricuspid annulus diameter, TAPSE: tricuspid annular plane systolic excursion.

Among the eighty participants, forty-eight patients had impaired RV strain, with a lower 6MWD (p=0.001) and FEV1 (p=0.012), and a higher CAT score (p=0.012) compared to those with normal RV strain (Table 3).

Table 3. Associated factors with a reduced RV strain in group A and B patients with COPD.

Characteristics	Normal RV Strain (N=32) N	Impaired RV Strain (N=48)	P
	(%) Or Mean±SD	N (%) Or Mean±SD	
Age (Years)	65.4±.8	65.7±9.5	0.87
Gender			0.083
Male	24(35.8)	43(64.2)	
Female	8(61.5)	5(38.5)	
Living Habits			0.005
Current smoker	17(9.3)	12(40.7)	
Former smoker	9(21.4)	33(78.6)	
Never smoked	6(66.7)	3(33.3)	
FEV1(ml)	2182±407	1626±727	0.012
6MWD(m)	470±104	310±113	0.001
CAT	13±6	21±10	0.012
<10	16(66.6)	8(33.3)	
10-20	16(53.3)	14(46.6)	
21-30	0(0.0)	17(100)	
>30	0(0.0)	9(100)	

CAT: COPD Assessment Test, FEV1: forced expiratory volume in one second; 6MWD:6 minute walk distance, m: meter, ml: milliliter.

Univariate analysis revealed a significant association between damaged RV Strain and FAC, S wave RV, TAPSE, and sPAPS (Table 4).

Table 4. Association between conventional echocardiographic parameters and reduced RV Strain in COPD patients in univariate analysis.

Characteristics	Normal RV strain (N=32)	Reduced RV Strain (N=48)	P
	Mean±SD	Mean±SD	
LV Ejection fraction (%)	60.75±4.819	60.77±9.599	0.986
FAC (%)	50.343±5.839	42.166±7.143	0.000
TAD (mm)	27.593±2.949	27.854±2.576	0.677
RVBD (mm)	32.593±3.653	32.208±3.649	0.645
RVMD (mm)	23.875±2.485	24.750±2.621	0.140
RVLD (mm)	60.875±6.282	63.583±5.089	0.037
RAA (cm²)	12.531±2.361	12.693±2.041	0.744
S wave RV (cm/s)	13.906±1.956	12.062±1.803	0.000
TAPSE (mm)	22.937±3.426	19.500±2.352	0.000

sPAP (mmHg)	29.000±5.364	35.375±5.796	0.000
RV wall thickness (mm)	6.343±1.035	6.708±0.682	0.061
IVC (mm)	14.66±1.537	15.17±1.226	0.104
E/A	1.060±0.290	0.938±0.282	0.065
LAA (cm²)	14.931±2.597	14.333±2.364	0.290
IVS thickness (mm)	8.906±0.928	9.208±0.742	0.111
LV EDD (mm)	45.312±3.335	46.229±3.520	0.248
LV PW (mm)	8.625±0.975	8.791±0.988	0.460

FAC: fractional area change, IVC: inferior vena cava, IVS: inter ventricular septum, LAA: left atrial area, LV: left ventricle, LVEF: left ventricle ejection fraction, LVEDD: left ventricle end diastolic diameter, PW: posterior wall, RA: Right atrium, RAA: RA area, RV: right ventricle, RVBD: RV basal diameter, RV MCD: RV mid cavity diameter, RVLD: RV longitudinal diameter, sPAP: systolic pulmonary artery pressure, TAD: tricuspid annulus diameter, TAPSE: tricuspid annular plane systolic excursion.

Haut du Formulaire

The multivariate analysis identified three factors associated with the reduction of RV strain. The sPAP was found to be a significant factor for damaged RV strain, with an adjusted OR of 1.2 (p=0.001) (Table 5).

Table 5. Multivariate analysis of the factors associated with the changes in RV strain.

	aOR	95%CI		P
6MWD	0.985	0.978	0.993	0.001
sPAP	1.214	1.079	1.366	0.000
S wave RV	0.526	0.338	0.818	0.004

aOR: adjusted Odds Ratio, 6MWD: 6-minute walk distance, RV: right ventricle sPAP: systolic pulmonary artery pressureA moderate and statistically significant positive association was noted between sPAPS and the alteration in RV Strain. An increase in sPAP was associated with the damage in RV strain (r=0.561 P=0.000) (Figure 1).

A moderate and statistically significant negative relationship was noted between S wave RV and RV strain. An increase in S wave RV was associated with the improvement in RV Strain (r=-0.485 P=0.000) (Figure 3).

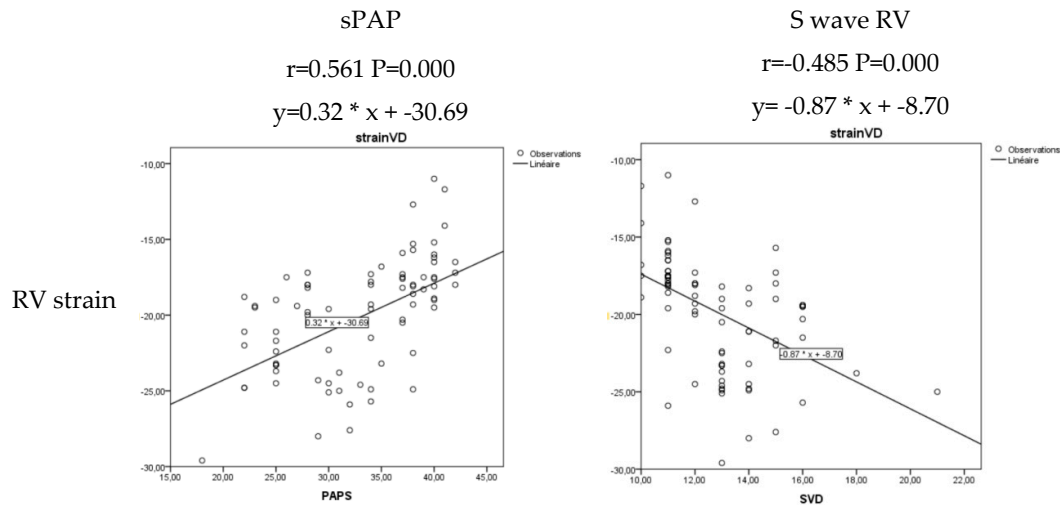


Figure 3. Regression and Correlation Analysis between RV Strain and sPAPS, and RV Strain S wave RV.

Only, reduced RV strain was correlated with a higher risk of hospitalizations for acute exacerbation in the post inclusion year (55% versus 25%; $p=0.024$). No deaths were recorded during the follow-up period.

This study revealed no significant factors causing neither RA reservoir function alteration nor LV GLS reduction.

Discussion

Right heart failure is a major cause of mortality and morbidity in patients with COPD. The prognosis of these patients can be affected by prompt diagnosis, effective therapy, and careful observation[20].

This study highlighted that stable COPD without PH could cause subtle LV and RV dysfunction before developing symptoms of heart failure. Progressive cardiovascular impairment related to COPD increases the mortality and morbidity rates[21]. According to previous studies, the possible mechanisms leading to this damage are chronic multisystemic inflammation, high oxidative stress, high levels of inflammatory markers such as TNF- α , interleukins, and C-reactive protein, endothelial alteration, and the interaction between the heart and the lungs (22,4, 5). Cardiovascular damages include pulmonary hypertension, and left and right heart failure [22]. Heart failure is a major cause of mortality in patients with COPD (1). Initially, ventricular dysfunction is asymptomatic or oligosymptomatic, especially for the right ventricle in the early stage of COPD without pulmonary hypertension [23]. Cardiac involvement in patients with recurrent exacerbations in group E has already been documented [5,24,25]. According to Freixa et al., nearly one in every eight COPD patients requiring hospitalization develop severe RV dysfunction three months following the initial exacerbation [26]. However, cardiac involvement is underdiagnosed in group A and B patients with COPD [27]. Chronic hypoxemia and low blood oxygen levels can engender pulmonary hypertension or elevated blood pressure in the pulmonary arteries through several mechanisms (6,7). Chronic hypoxemia can be undiagnosed for a long time in COPD patients since it is initially limited to intensive exertion and can be hidden by adaptive processes, especially in group A patients with low dyspnea manifestations. Classifying the cause of respiratory problems among patients with both conditions can be challenging. Systematic screening for cardiac involvement is therefore beneficial. Indeed, early diagnosis of subtle left and right dysfunction could change the therapeutic strategy and the prognosis of COPD patients.

As it is available and non-invasive, echocardiography is currently used to diagnose the effects of COPD on the heart. However, the parameters of standard echocardiography are not effective in screening subtle cardiac damage. Several studies have revealed the geometry of the LV, the function changes encompassing systolic and diastolic dysfunction, the hypertrophy of LV, and the reduced volumes [28]. However, systolic and diastolic LV function could be totally normal in standard echocardiography parameters as shown in the present study. Speckle tracking is a promising method for the early detection of LV dysfunction. Pizarro et al. showed a significant damage in LV GLS in COPD patients with a reduced regional strain in the apical and septal walls that is correlated with COPD severity [29]. In this study, despite the normal parameters of LV standard echocardiography, subclinical LV alteration was revealed by GLS. RV dysfunction in COPD patients is associated with worse outcomes and an increased mortality [3]. Previous studies have shown that RV hypertrophy, dilatation, and systolic dysfunction are common in COPD patients regardless of pulmonary hypertension and the increased RV afterload (30,31). These findings may be due to an elevated pulmonary vascular resistance and a reduced pulmonary artery/arterial compliance [32]. RV remodeling develops early during COPD, leading to subclinical RV dysfunction [32]. RV GLS is a powerful parameter in RV in subclinical dysfunction secondary to chronic respiratory diseases, such as COPD and fibrotic interstitial lung diseases [33]. Speckle tracking echocardiography allows the quantification of RV dysfunction and the screening of discrete and localized contractile loss [33]. The current study demonstrated that despite normal RV systolic parameters (S wave RV, TAPSE), RV free wall strain was damaged. Right atrium exercise intolerance may also be altered by heart dysfunction [5]. Therefore, in the case of reduced 6MWD, a subclinical cardiac involvement should be screened, especially in non-exacerbated COPD. A high CAT score was also noted in patients with altered RV Strain ($p=0.012$). Since many factors contribute to the impact of the quality of life in individuals with COPD, the significance of cardiac involvement is often neglected, particularly in groups A and B [12]. This emphasizes how crucial it is to provide COPD patients with global management plans that take into account both cardiac and pulmonary issues even in group A and B patients with COPD. The quality of life of such patients can be enhanced by integrating care approaches that take into account the complex character of these illnesses. Besides, cardiovascular disorders are correlated with a higher risk of hospitalizations as shown in this meta-analysis where right heart failure was a potential risk factor for the 30-day readmission of COPD patients [34]. COPD patients with heart failure have a far higher risk of being hospitalized, which exacerbates their already complicated medical needs. Early detection of heart failure plays a crucial role in reducing the hospitalization rates and improving patient outcomes. Therefore, an early identification of heart failure enables prompt intervention, which can slow the evolution of the disease and improve symptoms.

Study Limitations

One of the limitations of the present study is the absence of magnetic resonance imaging as a gold standard for the diagnosis of RV and LV subtle dysfunction as well as the short term follow-up and the lack of data. Moreover, LV and RV strain could be affected by other factors beyond COPD. Indeed, despite the high sensitivity of speckle tracking in the early detection of cardiac involvement, its low specificity remains a major limitation.

Conclusions

Cardiac damage is a common complication in COPD patients. It could worsen the prognosis and increase mortality. Due to the overlapping symptoms of cardiac failure and COPD, myocardial damage is often overlooked. Based on this study, LV and RV strain could predict silent myocardial involvement at early stages. Close follow-up using speckle tracking allows the detection of subtle cardiac damage and the indication of the appropriate strategy to prevent advanced myocardial dysfunction.

Abbreviations

- IVS: inter ventricular septum
- LVEDD: left ventricle end diastolic diameter
- LVEF :Left ventricular ejection fraction
- PW: posterior wall
- RV: right ventricular
- TAPSE: tricuspid annular plane systolic excursion
- TTE: Conventional transthoracic echocardiography
- CAT: COPD assessment test
- COPD: chronic obstructive pulmonary disease
- FAC: fractional area change
- FEV1:forced expiratory volume in the first second
- GLS: global longitudinal strain
- IVC: inferior vena cava
- LA: Left atrium
- LAA: left atrial area
- m:meter
- ml:milliliter
- PH:Pulmonary hypertension
- RA: Right atrium
- S wave : right ventricular systolic myocardial velocity
- RAA: right atrium area
- RVBD: Right ventricle basal diameter
- RV MCD: Right ventricle mid cavity diameter
- RVLD: Right ventricle longitudinal diameter
- sPAP: Systolic pulmonary artery pressure
- TAD: tricuspid annulus diameter
- TAPSE: tricuspid annular plane systolic excursion

References

1. Murray CJ, Lopez AD. Global mortality, disability, and the contribution of risk factors: Global Burden of Disease Study. *The Lancet*. mai 1997;349(9063):1436-42.
2. Rabe KF, Hurd S, Anzueto A, Barnes PJ, Buist SA, Calverley P, et al. Global Strategy for the Diagnosis, Management, and Prevention of Chronic Obstructive Pulmonary Disease: GOLD Executive Summary. *Am J Respir Crit Care Med*. 15 sept 2007;176(6):532-55.
3. Almagro P, Barreiro B, Ochoa De Echagüen A, Quintana S, Rodríguez Carballeira M, Heredia JL, et al. Risk Factors for Hospital Readmission in Patients with Chronic Obstructive Pulmonary Disease. *Respiration*. 2006;73(3):311-7.
4. MacNee W. Pathophysiology of cor pulmonale in chronic obstructive pulmonary disease. Part One. *Am J Respir Crit Care Med*. sept 1994;150(3):833-52.
5. Hesse K, Bourke S, Steer J. Heart failure in patients with COPD exacerbations: Looking below the tip of the iceberg. *Respir Med*. mai 2022;196:106800.
6. Chhabra SK, Gupta M. Coexistent chronic obstructive pulmonary disease-heart failure: mechanisms, diagnostic and therapeutic dilemmas. *The Indian Journal of Chest Diseases & Allied Sciences*. 2010 Oct-Dec;52(4):225-238. PMID: 21302600.
7. Cengiz Elçioğlu B, Kamat S, Yurdakul S, Şahin ŞT, Sarper A, Yıldız P, et al. Assessment of subclinical left ventricular systolic dysfunction and structural changes in patients with chronic obstructive pulmonary disease. *Intern Med J*. oct 2022;52(10):1791-8.
8. Schoos MM, Dalsgaard M, Kjærgaard J, Moesby D, Jensen SG, Steffensen I, et al. Echocardiographic predictors of exercise capacity and mortality in chronic obstructive pulmonary disease. *BMC Cardiovasc Disord*. déc 2013;13(1):84.
9. Smolarek D, Gruchała M, Sobiczewski W. Echocardiographic evaluation of right ventricular systolic function: The traditional and innovative approach. *Cardiol J*. 31 oct 2017;24(5):563-72.
10. Singh SJ, Puhan MA, Andrianopoulos V, Hernandez NA, Mitchell KE, Hill CJ, et al. An official systematic review of the European Respiratory Society/American Thoracic Society: measurement properties of field walking tests in chronic respiratory disease. *Eur Respir J*. déc 2014;44(6):1447-78.

11. Serhier Z, Bendahhou K, Ben Abdelaziz A, Bennani MO. Methodological sheet n°1: How to calculate the size of a sample for an observational study? *Tunis Med.* janv 2020;98(1):1-7.
12. Agustí A, Celli BR, Criner GJ, Halpin D, Anzueto A, Barnes P, et al. Global Initiative for Chronic Obstructive Lung Disease 2023 Report: GOLD Executive Summary. *Eur Respir J.* avr 2023;61(4):2300239.
13. Houben-Wilke S, Janssen DJA, Franssen FME, Vanfleteren LEGW, Wouters EFM, Spruit MA. Contribution of individual COPD assessment test (CAT) items to CAT total score and effects of pulmonary rehabilitation on CAT scores. *Health Qual Life Outcomes.* déc 2018;16(1):205.
14. Graham BL, Steenbruggen I, Miller MR, Barjaktarevic IZ, Cooper BG, Hall GL, et al. Standardization of Spirometry 2019 Update. An Official American Thoracic Society and European Respiratory Society Technical Statement. *Am J Respir Crit Care Med.* 15 oct 2019;200(8):e70-88.
15. Firnhaber J. Performance and Interpretation of Office Spirometry. *Prim Care Clin Off Pract.* déc 2021;48(4):645-54.
16. Singh SJ, Puhan MA, Andrianopoulos V, Hernandez NA, Mitchell KE, Hill CJ, et al. An official systematic review of the European Respiratory Society/American Thoracic Society: measurement properties of field walking tests in chronic respiratory disease. *Eur Respir J.* déc 2014;44(6):1447-78.
17. Krittanawong C, Maitra NS, Hassan Virk HU, Farrell A, Hamzeh I, Arya B, et al. Normal Ranges of Right Atrial Strain. *JACC Cardiovasc Imaging.* mars 2023;16(3):282-94.
18. Morris DA, Krisper M, Nakatani S, Köhncke C, Otsuji Y, Belyavskiy E, et al. Normal range and usefulness of right ventricular systolic strain to detect subtle right ventricular systolic abnormalities in patients with heart failure: a multicentre study. *Eur Heart J – Cardiovasc Imaging.* févr 2017;18(2):212-23.
19. Pio SM, Medvedofsky D, Stassen J, Delgado V, Namazi F, Weissman NJ, et al. Changes in Left Ventricular Global Longitudinal Strain in Patients With Heart Failure and Secondary Mitral Regurgitation: The COAPT Trial. *J Am Heart Assoc.* 5 sept 2023;12(17):e029956.
20. Cengiz Elçioğlu B, Kamat S, Yurdakul S, Şahin ŞT, Sarper A, Yıldız P, et al. Assessment of subclinical left ventricular systolic dysfunction and structural changes in patients with chronic obstructive pulmonary disease. *Intern Med J.* oct 2022;52(10):1791-8.
21. Anthonisen NR, Connett JE, Enright PL, Manfreda J. Hospitalizations and Mortality in the Lung Health Study. *Am J Respir Crit Care Med.* 1 août 2002;166(3):333-9.
22. Hunninghake DB. Cardiovascular Disease in Chronic Obstructive Pulmonary Disease. *Proc Am Thorac Soc.* 1 avr 2005;2(1):44-9.
23. Chaouat A, Bugnet AS, Kadaoui N, Schott R, Enache I, Ducoloné A, et al. Severe Pulmonary Hypertension and Chronic Obstructive Pulmonary Disease. *Am J Respir Crit Care Med.* 15 juill 2005;172(2):189-94.
24. Kovacs G, Avian A, Bachmaier G, Troester N, Torniyos A, Douschan P, et al. Severe Pulmonary Hypertension in COPD. *Chest.* juill 2022;162(1):202-12.
25. Hurst JR, Skolnik N, Hansen GJ, Anzueto A, Donaldson GC, Dransfield MT, et al. Understanding the impact of chronic obstructive pulmonary disease exacerbations on patient health and quality of life. *Eur J Intern Med.* mars 2020;73:1-6.
26. Freixa X, Portillo K, Paré C, Garcia-Aymerich J, Gomez FP, Benet M, et al. Echocardiographic abnormalities in patients with COPD at their first hospital admission. *Eur Respir J.* avr 2013;41(4):784-91.
27. Rahman HH, Rashid MH, Miah NA, Israt S, Atiqullah S, Akbar MS. Correlation Study between COPD and Heart Failure in Elderly Patient. *Mymensingh Med J.* 2022 Apr;31(2):498-505. PMID: 35383772.
28. Jørgensen K, Müller MF, Nel J, Upton RN, Houltz E, Ricksten SE. Reduced Intrathoracic Blood Volume and Left and Right Ventricular Dimensions in Patients With Severe Emphysema. *Chest.* avr 2007;131(4):1050-7.
29. Pizarro C, Van Essen F, Linnhoff F, Schueler R, Hammerstingl C, Nickenig G, et al. Speckle tracking echocardiography in chronic obstructive pulmonary disease and overlapping obstructive sleep apnea. *Int J Chron Obstruct Pulmon Dis.* août 2016;Volume 11:1823-34.
30. Marti S. Body weight and comorbidity predict mortality in COPD patients treated with oxygen therapy. *Eur Respir J.* 2 févr 2006;27(4):689-96.
31. Ito S, Pislaru SV, Soo WM, Huang R, Greason KL, Mathew V, et al. Impact of right ventricular size and function on survival following transcatheter aortic valve replacement. *Int J Cardiol.* oct 2016;221:269-74.

32. Hilde JM, Skjørtén I, Grøtta OJ, Hansteen V, Melsom MN, Hisdal J, et al. Right Ventricular Dysfunction and Remodeling in Chronic Obstructive Pulmonary Disease Without Pulmonary Hypertension. *J Am Coll Cardiol.* sept 2013;62(12):1103-11.
33. Buonauro A, Santoro C, Galderisi M, Canora A, Sorrentino R, Esposito R, et al. Impaired Right and Left Ventricular Longitudinal Function in Patients with Fibrotic Interstitial Lung Diseases. *J Clin Med.* 21 févr 2020;9(2):587.
34. Ruan H, Zhang H, Wang J, Zhao H, Han W, Li J. Readmission rate for acute exacerbation of chronic obstructive pulmonary disease: A systematic review and meta-analysis. *Respir Med.* janv 2023;206:107090.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.