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Article

Maresin-like 1 Ameliorates Neuropathology of Alzheimer's Disease in Brains of a Transgenic Mouse Model

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Abstract: 1) Background: Impeded resolution of inflammation contributes substantially to the pathogenesis of Alzheimer's disease (AD); consequently, resolving inflammation is pivotal to the amelioration of AD pathology. This can potentially be achieved by the treatment with specialized pro-resolving lipid mediators (SPMs), which should resolve neuroinflammation in brains. 2) Methods: Here, we report the effects of long-term treatment with a SPM, maresin like 1 (MarL1), on AD pathogenesis in a transgenic 5xFAD mouse model. 3) Results: MarL1 treatment reduced A β overload, curbed the loss of neurons in brains especially cholinergic neurons associated with cleaved-caspase-3-associated apoptotic degeneration, reduced astrogliosis and microgliosis and the pro-inflammatory M1 polarization of microglia, curbed the AD-associated decline in anti-inflammatory Iba1⁺Arg-1⁺-M2 microglia, reduced astrogliosis-associated level of neuroinflammatory TNF- α , inhibited phenotype switching of pro-inflammatory neurotoxic A1 astrocytes and N1 neutrophils, promoted polarization of inflammation-resolving neuroprotective A2 astrocytes, promoted the blood-brain-barrier-associated tight-junction protein claudin-5 and decreased neutrophil leakage in 5xFAD brains, and induced the switch of neutrophils toward the inflammation-resolving N2 phenotype. 4) Conclusion: Long-term administration of MarL1 mitigates AD-related neuropathogenesis in brains by curbing neuroinflammation and neurodegeneration. These findings provided the preclinical leads and mechanistic insights for the development of MarL1 into an effective modality to ameliorate AD pathogenesis.

Keywords: Maresin-like; Alzheimer's Disease; neuroinflammation; neuropathogenesis; amyloid- β (A β); cholinergic neuron; cleaved-caspase-3; M1 or M2 microglia; A1 or A2 astrocytes; N1 or N2 neutrophil

1. Introduction

Alzheimer's disease (AD), the most prevalent form of dementia around the globe, develops over a period of several years, as a disease with both early and late onset and an increasing severity of cognitive decline [1]. AD affects more than 6.5 million people over the age of 65 years in the United States alone [2] and 50 million people worldwide [3]. The United Nations estimates are that the global AD population will increase to nearly 152 million by 2050 [3]. The main neuropathological characteristics of AD are the accumulation of amyloid- β (A β) peptide in brain parenchyma and

perivascular regions as senile plaques, the presence of hyper-phosphorylated (phospho) tau protein as neurofibrillary tangles, and an accompanying synaptic and neuronal loss mainly in the hippocampal and cortical regions of the brain [4]. The early clinical signs of AD manifest as neurobehavioral symptoms such as difficulty remembering names, events, and recent conversations, followed by impaired communication skills, disorientation, confusion, and lack of judgment. In the later stages of the disease, progressive symptoms include difficulty in speaking, swallowing, and walking, together with dementia [5].

Understanding the molecular mechanisms of AD and targeting therapies for preclinical and clinical studies are indispensably aided by the use of transgenic animal models of AD that accurately recapitulate clinical pathology and cognitive decline with the symptomatic phase of AD [6,7]. The 5xFAD transgenic mouse model, developed in 2006, is still widely used because its amyloid plaque pathology is analogous to that found in human AD. 5xFAD mice overexpress humanized sequences of five AD-linked mutations: the Swedish (K670N/M671L), Florida (I716V), and London (V717I) mutations in APP and the M146L and L286V mutations in PSEN1 under the control of the neuron-specific thy1 promoter [6]. The APP transgene includes the 5' untranslated region and thus contains a putative interleukin-1 β translational enhancer element [6]. The most prominent feature of 5xFAD mice is that they present AD amyloid pathology and generate amyloid- β plaque formation with an accelerated rate of A β 42 deposition in the cerebral cortex, subiculum, and deep cortical layers at an age as early as 2 months. This aggressive amyloid deposition of A β 42 leads to memory deficits at 4 months and neuron loss, as indicated by a decrease in synaptic markers, such as synaptophysin, syntaxin, and postsynaptic density protein 95, at 9 months of age [6,8]. A significant loss of pyramidal neurons is evident in cortical Layer 5 and the subiculum from 9 months to 12 months of age [6], together with increases in amyloid A β 42 plaque numbers at 6, 9, and 12 months of age in brain regions adjacent to Layer 5 and the subiculum, such as CA1/2, CA3, the dentate gyrus, Layers 4 and 6 of the cortex, and the midbrain [9]. 5xFAD mice show cardinal symptoms of AD, including cognitive deficits (learning and memory deficits) in Y-maze and Morris water maze test partially at 6 months and completely at 9 months of age [10,11]. Some motor deficits, such as missing reflexes and rigidity of the fore and hind paws, also begin to appear at 9 months [12].

AD has a decade-long clinically silent prodromal phase associated with subtle changes in biochemical and cellular functions, including neuronal dystrophy [13], astrogliosis [14], early onset of neurovascular dysfunction [15], and recruitment of microglia [16]. A need to shift focus to this silent prodromal phase has recently been acknowledged to prevent early loss of synapses in the brain and for exploration of potential targets for therapeutic AD interventions [17]. AD progression is significantly influenced by the neuroinflammatory state triggered by A β accumulation [18]. The innate immune response controls the A β levels in the brain [19]. A β can activate an inflammatory response involving escalations in microglial and astrocyte numbers for the uptake and clearance of A β from brains [19], even though A β primarily produced by neurons [20,21].

Microglial cells are highly dynamic and surveil the brain. They migrate toward dense-core A β plaques, and microgliosis occurs in the vicinity of A β [22]. Neuroinflammation is one of the major contributing factors to neurodegeneration in AD, and it starts as early as 2–3 months of age in 5xFAD mice [6]. Inflammatory M1-phenotype microglia contribute to and signify this neuroinflammation [23–25]. Microglia at the resting stage, as resident immune cells of the central nervous system, are constantly monitoring the microenvironment of the brain [26]. Upon injury, microglia can be activated to assume the M1 phenotype, becoming amoeboid and highly phagocytic in nature and expressing CD68 [27–30], MHC-II, and/or OX-6 as markers of inflammation [31,32]. By contrast, alternative M2 microglia help in immuno-resolution and repair processes in an injury and have neuroprotective effects [33,34]. The switching between M1 and M2 phenotypes depends on the severity and stage of the disease [35].

Astrocytes play a vital role in protecting and repairing neuronal damage in brains [36,37]. Astrocytes perform various essential functions including ion homeostasis, neurotransmitter buffering, secretion of neuroactive agents, synaptogenesis, and regulation of the blood brain barriers (BBBs). Astrocytes also use their end feet connections with the brain vasculature to vasodilate or

constrict brain blood vessels to accommodate nutrient-waste exchange [38] through a waste clearance system known as the glymphatic system [38,39]. Recent research has also suggested that astrocytes may play a role in the development and progression of AD [40] by clearing the brain of amyloid-beta ($A\beta$), the peptide that forms the plaques that are a hallmark of AD. Astrocytes can normally phagocytose $A\beta$ and are able to degrade it [38]; however, this ability is impaired in AD astrocytes, leading to $A\beta$ accumulation in the brain [41]. Patients with AD have been reported to have reactive astrocytes in the hippocampus and entorhinal cortex, as indicated by a significantly higher mean number of glial fibrillary acidic protein positive (GFAP⁺) cells in the hippocampus [42,43]. These reactive astrocytes have been shown to produce high levels of inflammatory molecules, such as TNF- α and interleukin-1 β , which may contribute to neuronal damage. AD is also associated with an additional GFAP-high state astrocyte type, termed disease-associated astrocytes (DAAs) [44], which exhibit an increased expression of pan-reactive and inflammatory A1 signatures in 5xFAD mice. DAAs are associated with diverse molecular pathways and are found positioned in proximity to $A\beta$ plaques in AD-affected brains [6,45].

Reactive astrocytes display either detrimental or beneficial effects [46], depending on their level of reactivity. In mouse models of infection-induced by LPS and in middle cerebral artery occlusion, quiescent (A0) astrocytes undergo a transformation into reactive forms through the upregulation or downregulation of specific genes [47]. Gene expression profiles indicate the existence of reactive astrocytes in two distinct forms: A1 (inflammatory, neurotoxic) and A2 (inflammation-resolving, neuroprotective) [48,49]. Furthermore, the deposition of $A\beta$ plaque triggers a response in A1 astrocytes, leading to an increased production of inflammatory mediators, such as chemokines, pro-inflammatory cytokines, and reactive oxygen species (ROS) that, in turn, damage neurons [50]. The presence of these pro-inflammatory signals creates a feedback loop that further activates astrocytes, thereby perpetuating the chronic inflammatory environment that is instrumental in the development and progression of AD. The A1 astrocytes, found surrounding amyloid plaques, release pro-inflammatory cytokines, such as TNF- α , IL-1, and IL-6, which contribute to the pathogenesis and progression of AD [51].

Recent studies have shed light on the molecular mechanisms underlying the formation and function of A2 astrocytes in AD. For instance, microglia-mediated signaling pathways have been implicated in the induction of A2 phenotype following brain injury [52]. Additionally, nuclear factor IA, a transcription factor, has been identified as a molecular switch that triggers the transition of astrocytes into the neuroprotective A2 state [53]. Furthermore, A2 astrocytes have been shown to upregulate various neuroprotective factors, including prokineticin-2, chitin-like 3, Frizzled class receptor 1, arginase 1, NF-E2-related factor 2 (Nrf2), pentraxin 3, sphingosine kinase 1, and transmembrane 4 L6 family member [54]. These factors contribute to synaptic maintenance, growth, and protection against neurodegenerative processes associated with AD. Conversely, other mediators undergo upregulation or downregulation in these distinct forms of reactive astrocytes. A2 astrocytes are characterized by their ability to dampen neuroinflammation, promote synaptic repair, and enhance neuronal survival. Studies have highlighted the induction of A2 astrocytes in various neurodegenerative conditions, including traumatic brain injury [55] and spinal cord injury [56]. However, their role in AD is still an emerging area of research. In the present study we characterized the A1 and A2 astrocytes and found that MarL1 treatment shifts the polarization of A1 (inflammatory, neurotoxic) to A2 (inflammation-resolving, neuroprotective) astrocytes demonstrating neuroprotective properties of MarL1 in 5xFAD mice model of AD.

Another cell type potentially involved in AD is the neutrophil, the most abundant circulating leukocyte, which plays a critical role as first responder to inflammation [57]. Recently, multiple reports have supported a role for the peripheral immune system, and especially neutrophils in AD [58,59]. Neutrophils can swarm to sites of inflammation but are not believed to cross the BBB [60–62]. A recent report has indicated an increase in the neutrophil population in AD brains and in a murine APP/PS1 model of AD [63]. Another study using 2-photon microscopy imaging reported that neutrophils infiltrate the brain parenchyma and migrate toward amyloid plaques in the 5xFAD mouse model, with a peak neutrophil infiltration occurring at 4 months of age in 5xFAD mice and at

6 months of age in the 3xTg-AD mouse model. This infiltration of neutrophils coincides with the onset of memory loss in cognitive tests [58]. A review article has summarized the role of a neutrophil granule protein, CAP37, as well as neutrophil elastase and cathepsin G, in neuroinflammation, with an emphasis on AD [64]. Analogous to the conventional categorization of macrophages or microglia into two major types, M1 and M2 phenotypes, neutrophils have been categorized into pro-inflammatory N1 [65] and anti-inflammatory N2 subpopulations [66]. The N1 and N2 neutrophil populations reportedly have distinct transcriptomic profiles and functions [65]. Pro-inflammatory N1 neutrophils exhibit increased production of inflammatory cytokines/chemokines with elevated levels of ROS and NO, increased activity of protein and matrix-degrading enzymes, amplified chemotactic responses, and enhanced phosphorylated forms of ERK1/2 and p65 signaling molecules associated with an inflammatory phenotype. By contrast, N2 neutrophils demonstrate increased expression of CD206, Ym1 and Arg1, and have similar ROS and NO levels and equivalent chemotactic response to unstimulated controls but no changes in ERK1/2 and p65 signaling molecules [65]. We have determined the possible occurrence of N1 and N2 neutrophils in brains of 5xFAD mice with and without treatment as well as of wildtype control mice in this study.

The recognition of the importance of neuroinflammation in AD has led to increased focus on specialized pro-resolving mediators (SPMs) that effectively promote the resolution of inflammation [67]. One class of these compounds are the maresins, first discovered in 2009 by Serhan et al [68]. Maresins [68,69] and the related maresin-like (MarL) mediators [70] are derived from essential ω -3 docosahexaenoic acid (DHA) by the action of endogenous enzymatic systems [12- or 15-lipoxygenase (LO) for maresins; and 12/15-LO plus a cytochrome P450 CYP4F3 for MarL]. Maresin-1 (7R,14S-dihydroxy-4Z,8E,10E,12Z,16Z,19Z-DHA) reduces neuroinflammation, mitochondrial damage, and neuronal death, while enhancing neural functional recovery, macrophage phagocytosis of A β , and the switch in macrophage phenotype to the anti-inflammatory M2 type [71,72]. Maresin 1 also ameliorates the physiopathology of experimental autoimmune encephalomyelitis [73] and promotes neuroprotection and functional recovery after spinal cord injury by resolving inflammation [71]. Maresin 1 treatment has recently been reported to ameliorate A β 42-induced cognitive decline and neuroinflammation in C57BL/6 mice [74]. Similarly, the intranasal instillation of maresin 1 in combination with resolvins and neuroprotectin/protectin D1 ameliorated memory deficits and gamma oscillation deficits, concurrently with a dramatic decrease in microglial activation in the App^{NL-G-F/NL-G-F} mouse model for AD [75]. Despite the protective effects of maresin 1 on the brain in 5xFAD transgenic mice, the underlying mechanisms remain abstruse.

By contrast, the maresin-like compound MarL1 (14S,22-dihydroxy-docosa-4Z,7Z,10Z,12E,16Z,19Z-hexaenoic acid) promotes the production of the regenerative angiogenic growth factor HGF and attenuates the production of the pro-inflammatory cytokine TNF α *in vitro* [70] in macrophages. MarL1 also enhances the macrophage-induced promotion of migration of epithelial cells and fibroblasts from scratch-wounded monolayer cultures, as well as stem cell transmigration [70]. Despite the growing evidence for pro-resolving and neuroprotective effects of maresin 1 and MarLs, the underlying mechanisms require further investigation for their therapeutic development. In the present study, we have hypothesized that long-term administration of MarL1 administration could mitigate AD-related brain neuropathogenesis by curbing neuroinflammation and neurodegeneration.

2. Materials and Methods

2.1. Animals

The Louisiana State University Health Science Center (LSUHSC) IACUC committee approved all the animal procedures, which are consistent with American Veterinary Medical Association guidelines. Mice were maintained at LSUHSC at a controlled temperature of 25 \pm 2°C and 50%–65% humidity with a fixed 12:12 h light-dark cycle. We used a widely used model of AD—5x familial Alzheimer's Disease (5xFAD) transgenic mice (Jackson Laboratory, Bar Harbor, ME, USA) with a C57BL/6J genetic background (MMRRC Strain #034840-JAX)—and compared them with wildtype (WT) control mice (C57BL/6J) [76].

2.2. Intranasal Treatment with Maresin-like 1

Male mice at the age of 1.5 months were randomly selected and equally divided into the following three groups: 1) WT (C57BL/6J mice), 2) 5xFAD mice treated with vehicle, and 3) 5xFAD mice treated with MarL1 plus vehicle. The MarL1 or vehicle was administered by the intranasal route 3 times per week to each mouse from 1.5 months to 9 months of age. Briefly, each mouse was temporarily immobilized for about 60 seconds by a slight anesthetization using isoflurane inhalation. During the immobilization, the mouse was held in the supine position and its nostrils were then instilled with 3 μ L/nostril of MarL1 (100 ng per mouse for each administration) dissolved in the vehicle (0.05% dimethyl sulfoxide [DMSO] in sterile 0.9% saline) or with 3 μ L the vehicle alone. The mouse was held at the same position for 20 more seconds to ensure liquid intranasal intake [75,77–79]. The mice were sacrificed at the age of 12.5 months.

2.3. Harvesting of Murine Brains for Immunohistology

The mice were anesthetized with 5% isoflurane and then transcardially perfused with 4% paraformaldehyde (PFA). The color change in the liver from a deep red to a paler shade was used as an indicator of a sufficient perfusion. The mice were then decapitated using a pair of sharp scissors and the brains were quickly removed from the cranium and immersed in 4% paraformaldehyde for fixing overnight at 4°C. Sections from the cortex and hippocampus regions were chosen for immunohistochemistry. After 24 h, the brains were transferred to 15% for 12 hours, then to 30% sucrose solution. After the brain tissue finally sank in the 30% sucrose solution, brain tissue blocks were made using optimal cutting temperature compound (OCT) liquid and cryo-molds for cryo-sectioning. Coronal section of brains were cut rostral-to-caudal serially at 20 μ m thickness on a HM550 cryostat (Microm-HM 550, Thermo Fisher Scientific), mounted on Superfrost Plus glass slides (VWR, Radnor, PA, USA), and stored.

2.4. Immunofluorescence Staining

The mounted brain sections (containing cortex and hippocampus) were washed twice in phosphate-buffered saline (PBS), followed by two washes in PBS-T (PBS containing 0.05% Triton-X). The sections were then incubated in blocking buffer (1% BSA+0.5% Triton-X+0.02% Tween-20 in 1X PBS) at room temperature for 60 min. The sections were then treated with the following antibodies: NeuN (1:500, rabbit, cell signaling-12943S), amyloid- β (MOAB-2, 1:500, mouse host, monoclonal 6C3, Millipore-MABN254), Gr-1 (Ly-6G/Ly-6C monoclonal antibody (1:200, rat host, Invitrogen), ionized calcium-binding adapter molecule-1 (Iba-1, 1:500, rabbit, Fujifilm Wako-019-19741), iNOs (1:200, rat, Invitrogen eBioscience), Arg-1 (1:500, goat, Abcam-ab60176), GFAP (1:500, rabbit, Sigma-G9269), TNF- α (1:500, goat, Invitrogen-PA5-46945), anti-choline acetyltransferase (1:500, ChAT, goat, Millipore-sigma-AB144P), cleaved caspase-3 (cleaved-caspase-3, 1:500, rabbit, Cell Signaling-9661) antibody, CD68 (1:500, mouse, Santa Cruz Biotechnology-70761), C3 (1:500, rabbit, Invitrogen-PA5-21349), S100A10 (reconstituted in sterile PBS, 0.2 mg/mL, mouse, Biotechne-AF2377), and claudin-5 (1:500, mouse, Santa Cruz Biotechnology, sc-374221). The sections were then incubated with appropriate secondary antibodies (Alexa Fluor 488, 568, or 594; Invitrogen) compatible with the aforementioned primary antibodies, followed by the incubation with DAPI (1:10,000 dilution). A total of three to four sections of brain per slide from each of five to eight mice per group were used for the histological study. Co-stained (yellow-colored) cells by two protein/peptide biomarkers (green-colored and red-colored) were quantified by cell counting or Pearson's coefficients obtained in ImageJ analysis (1.54J National Institutes of Health, Bethesda, MD).

2.5. Image Quantification

After immunofluorescence staining, fluorescent images were captured on ECHO Revolve fluorescent microscope using 4X, 10X, 20X, and 40X objectives, and mean intensity of fluorescence, number of immunoreactive cells, were quantified using the ImageJ software. The results were expressed in mean fluorescence intensity (MFI) as we conducted previously [80]. The counting of co-localized immune-positive cells for two markers was performed manually using the cell counter application of ImageJ. All quantifications were performed blinded to the experimental groups with the help of the ImageJ image analysis software.

2.6. Thioflavin S Staining and Analysis of Plaques

Thioflavin S (Sigma-Aldrich, T1892) is a fluorescent staining used for visualizing A β plaques in the brain [6]. The thioflavin S stained A β plaques appear bright green by fluorescence microscopy, making them easily identified. Briefly, brain sections (20 μ m thickness) were incubated in 1% thioflavin S solution in deionized water for 10 min and washed with running water carefully for 5 min, then incubated in 1% acetic acid for 15 min and wash again in running water. The slides were dried by placing them on paper towels for few minutes and then dehydrated in an alcohol series of 70%, 80%, 95%, 100% ethanol, transferred to xylene, and then mounted with Permount mounting medium and dried overnight in the dark. Thioflavin-S-positive plaques were determined from the images taken by Discover-ECHO Revolve fluorescence microscope in a single plain at 4 \times magnification. The images were subjected to threshold processing (Otsu) using ImageJ, and the total number of plaques based on size (less than and greater than 100 μ m) were analyzed in the cortical and hippocampal regions. For each animal, 6 fields from the cortex and from the hippocampus were imaged and analyzed.

2.7. Statistical Analysis

Results were expressed in Mean \pm standard error of mean (SEM). Kruskal–Wallis one-way analysis of variance (ANOVA, non-parametric test) followed by Tukey's multiple comparison post-hoc test was used to determine the statistical significance of differences between mouse groups of wildtype, 5xFAD, and 5xFAD + MarL1 (* p < 0.05, ** p < 0.01, and *** p < 0.001). For all experiments at least three replicates were performed. The definition of the significance for various p values are described in the figure legends, together with the number of biological replicates (n) for each experiment. GraphPad Prism 9.0 (GraphPad, Boston, MA) was used for graphs and statistical analyses.

3. Results

3.1. Maresin-like1 Reduced A β Overload and Curbed Neuronal Population Loss in Brain Hippocampi of 5xFAD Mice

Amyloid beta deposition is most prominent in the hippocampus and cortex in the brain, especially in 5xFAD mice, as the A β deposition starts as early as 2 months of age [6,81]. Here, we examined the effect of long-term intranasal instillation of MarL1 on A β deposition and neuronal population in the hippocampus of 5xFAD mouse brains. We found a significantly more A β plaques in the hippocampus of the 5xFAD mice than in the same brain regions in the wildtype mice (Figure 1, p < 0.001), and significant fewer A β_{1-42} plaques in the MarL1-treated 5xFAD mice than in the untreated 5xFAD mice (Figure 1, p < 0.001). We also evaluated the cerebral plaque in hippocampal and cortical sections by staining them with thioflavin-S (Thio-S) dye that detects the β -pleated sheet of the amyloid plaques [82]. The level of plaque deposition was quantified in the hippocampus and cortex by determining the number of plaques of size > 100 μ m² and size < 100 μ m² [83–85]. We found a markedly greater number of plaques in the cortex and hippocampus of 5xFAD mice than in the wildtype mice (Figure S1). The numbers of plaques of each size category were markedly lower in both the cortex and hippocampus of the MarL1-treated 5xFAD mice than in the same brain regions in the vehicle treated 5xFAD mice (Figure S1, p < 0.001). We found that GFAP⁺ astrocytes and Iba-1⁺

microglia engulfed the A β plaques and that those astrocytic and microglial cells formed clusters near A β plaques in 5xFAD mice (Figure S2).

We also examined A β -related neuronal losses by co-staining brain sections with MOAB-2 and with NeuN antibody. The NeuN⁺ neuronal population was significantly lower in the 5xFAD mice than in the wildtype mice (Figure 1B, $p < 0.001$). MarL1 treatment rescued the NeuN⁺ neuronal population in hippocampus (Figure 1B, $p < 0.001$), suggesting that MarL1 had a neuroprotective effect against AD pathogenesis in the brains of 5xFAD mice.

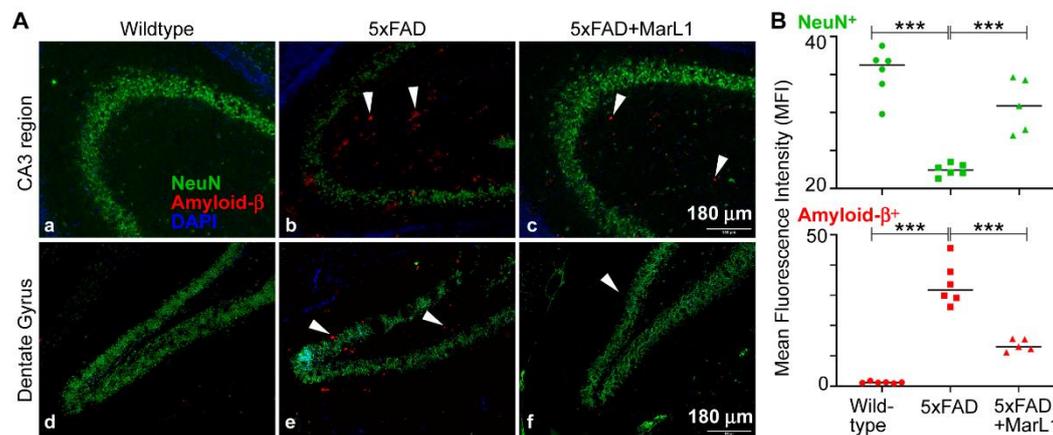


Figure 1. MarL1 treatment ameliorated AD neuropathology in brains of 5xFAD mice. (A) Immunostaining of NeuN (green) and Amyloid- β_{1-42} (red) in CA3 and dentate gyrus (DG) of hippocampus. White arrows mark some A β_{1-42} deposition in hippocampal regions. Scale bar: 180 μ m. (B) Quantification of NeuN⁺ and Amyloid- β_{1-42} ⁺ staining intensities of hippocampus (Mean fluorescence intensity, MFI). Data are Means \pm SEM. *** $p < 0.001$.

3.2. Maresin-like 1 Treatment of 5xFAD Mice Improved the Survival of Cholinergic Neurons and Decreased Cleaved-Caspase-3-Mediated Apoptotic Degeneration

Cholinergic neurons are vital for proper functioning of the brain, and they are integral for fine tuning of brain [86], maintenance of neuronal circuits balance [87]. They release the neurotransmitter acetylcholine (ACh), which is involved in regulating a wide range of brain functions including sensory processing, motor control, and cognitive processes such as motivation, behavioral flexibility, and associative learning [88]. These neurons are widely distributed throughout the brain, with a significant population found in the striatum, which contains the highest levels of ACh in the brain [89]. The loss of cholinergic neurons in the brain can have a detrimental effect on cognitive — a hallmark of AD [90,91].

Here, we investigated whether MarL1 treatment could curb the AD-associated decline in the cholinergic neuronal population in 5xFAD mice. We immunostained striatal brain sections with an antibody specific for choline acetyltransferase (ChAT), an enzyme that catalyzes the reversible synthesis of acetylcholine from acetyl CoA and choline at cholinergic synapses and therefore specifically stains cholinergic neurons [92]. We conducted the ChAT immunostaining together with cleaved-caspase-3 antibody to quantify the apoptotic ChAT⁺ neuronal population in the brain (Figure 2A). We found that the ChAT⁺ neuronal population was significantly smaller in the 5xFAD mice than in their wildtype littermates ($p < 0.001$), whereas MarL1 treatment significantly inhibited this decline in the ChAT⁺ population in 5xFAD mice compared to vehicle -treated 5xFAD mice ($p < 0.001$) (Figure 2B) in the striatum region. The number of apoptotic cleaved-caspase-3⁺ cells was also lower in the striatum region of 5xFAD mice treated with MarL1 than with vehicle (Figure 2B, $p < 0.001$), suggesting that MarL1 treatment may be effective in protecting cholinergic neurons from apoptosis and restoring their population in the brains of 5xFAD

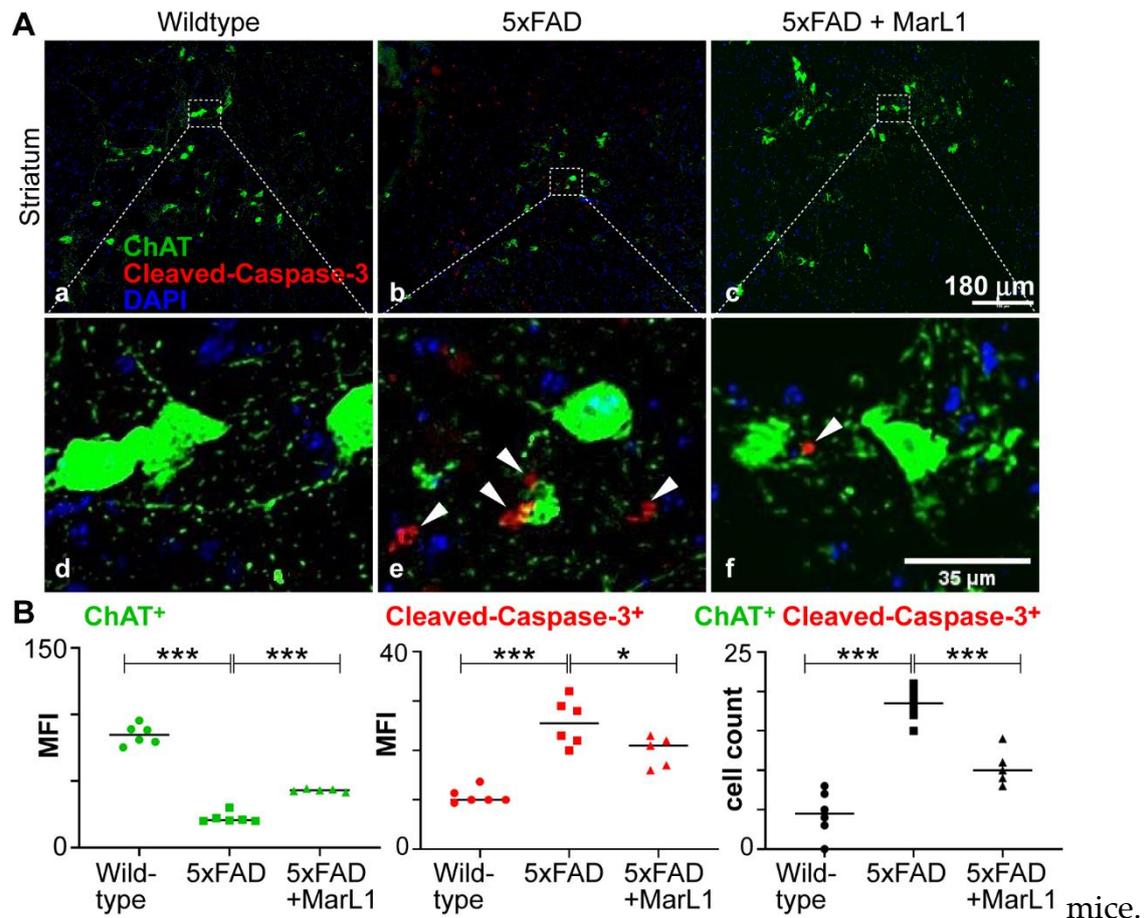


Figure 2. MarL1 protected cholinergic neurons (ChAT⁺) and inhibited apoptotic cleaved-caspase-3 activity in brains of 5xFAD mice. (A) Immunostaining of ChAT (green) and cleaved-caspase-3 (red) in striatum (Panels a-c: 10X magnification; scale bar: 180 μ m. White arrows mark cleaved-caspase-3⁺ cholinergic neurons in zoomed-in images (Panels d-f). Scale bar: 35 μ m. (B) Quantification of ChAT and caspase-3 in striatum. Left: Mean fluorescence intensity MFI for ChAT⁺; middle: MFI for cleaved-caspase-3⁺; right: count of cells stained positive for both ChAT and cleaved-caspase-3. Data are Means \pm SEM. *** $p < 0.001$, and * $p < 0.05$.

3.3. Maresin-like1 Attenuated the Pro-Inflammatory M1 Phenotypic Switching of Microglia by Inhibiting Iba-1⁺CD68⁺ Microglia in Brains of 5xFAD Mice

We investigated the effect of MarL1 on M1 phenotypic switching of microglia in the brains of 5xFAD mice by immunostaining assessment of the microglial phenotype using the microglial markers Iba-1 and CD68 for M1 microglia [27–30] in the brain (Figure 3A). Significantly greater immunoreactivities of Iba-1 were found in 5xFAD mice than in wildtype mice in hippocampus region (Figure 3B, $p < 0.001$), while the immunoreactivities of Iba-1 were significantly lower in MarL1-treated mice than in vehicle-treated 5xFAD mice (Figure 3B, $p < 0.001$).

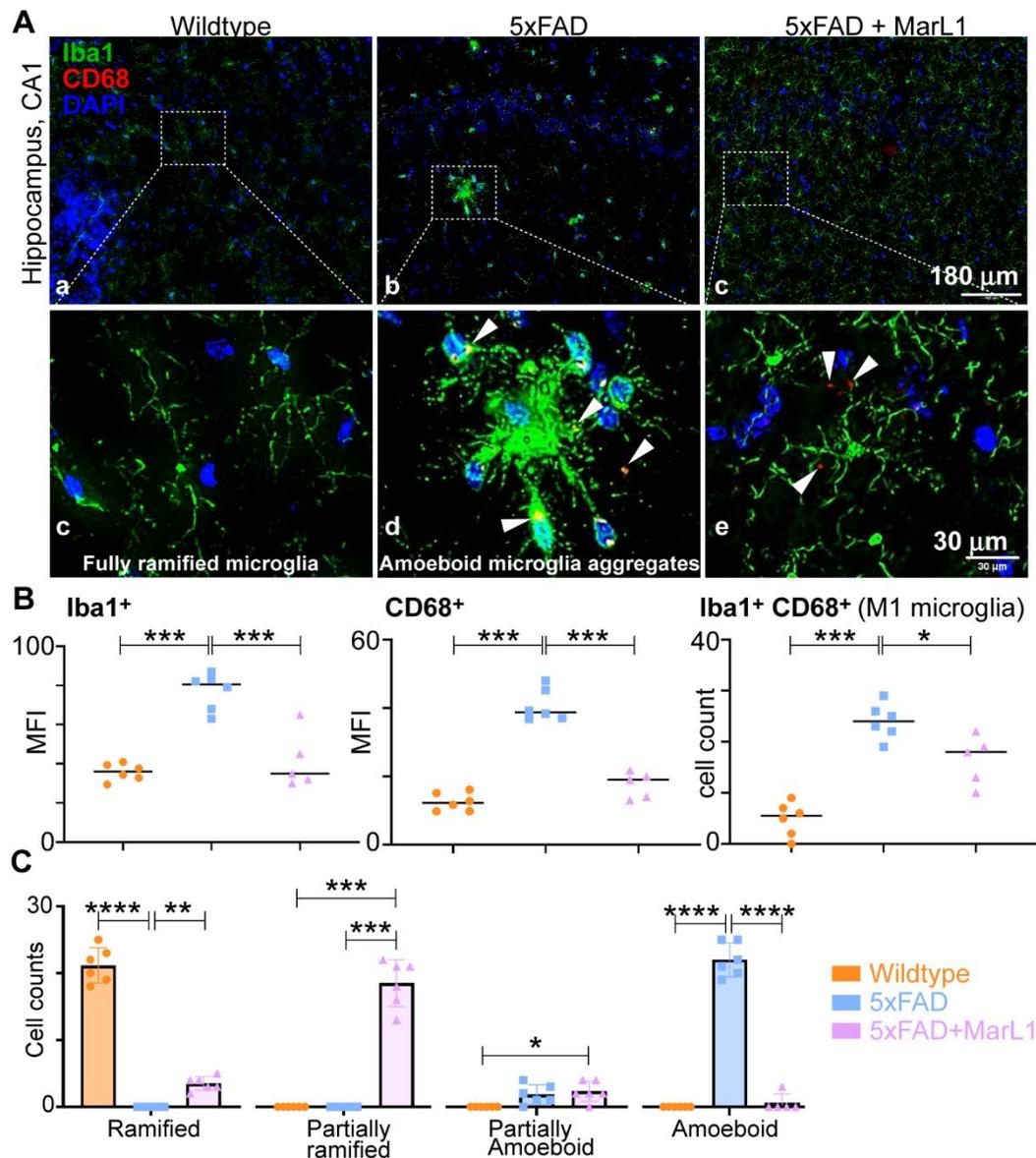


Figure 3. MarL1 suppressed pro-inflammatory M1 phenotype polarization of microglia in brains of 5xFAD mice. (A) Immunostaining of microglia with Iba-1 (green) and CD68 (red) in CA1 region of hippocampus from 5xFAD transgenic mice (Panels a-c: 10X magnification; scale bar: 180 μ m. Panels d-f: zoomed-in images; scale bar: 30 μ m). White arrows mark Iba-1⁺CD68⁺ microglia. (B) Quantification of Iba-1⁺ and CD68⁺ in hippocampus. Left: mean fluorescence intensity MFI of Iba-1⁺; middle: MFI of CD68⁺; right: count of microglia stained positive for both Iba-1⁺ and CD68⁺; (C) Quantification of microglia based on phenotype characterization (ramified, partially ramified, partially amoeboid, amoeboid) in hippocampus. Data are Means \pm SEM. *** $p < 0.001$, ** $p < 0.01$, and * $p < 0.05$.

We also quantified the levels of CD68 (scavenger receptor Class D), a phagocytic microglial marker on Iba-1⁺ microglial cells, in co-stained brain coronal sections [93]. The activation of CD68⁺ microglial cells was 3.25-fold higher in 5xFAD mice than in their wildtype littermates (Figure 3B, middle panel, $p < 0.001$), but this activation was significantly attenuated by 57% in the MarL1-treated 5xFAD mice (Figure 3B, middle panel, $p < 0.001$). The Iba-1⁺CD68⁺ cell count was significantly higher in 5xFAD brains than in wildtype controls (Figure 3B, right panel, $p < 0.001$), and was significantly lower in MarL1-treated 5xFAD mice than in vehicle-treated 5xFAD mice (Figure 3B, right panel, $p < 0.05$).

Microglia can be phenotypically categorized based on their circularity (i.e., the length of their processes) into different stages of activation ranging from ramified microglia (microglia at the resting stage, S0) to amoeboid microglia (microglia at the activated-stage, S1). Inter-stages also exist between S0 and S1 in the form of partially ramified microglia (having fewer processes) and partially amoeboid microglia (having 1-2 processes with a round shape) [94–96]. Notably, we observed an unusual phenomenon in the microglial phenotype in 5xFAD mice. We found that the microglial cells aggregated in the hippocampus and cortex to form a “cluster of cells” similar to those found near A β plaques and those microglia were partially or fully amoeboid in shape in the 5xFAD mice but did not show this morphology in the wildtype mice. We also observed some microglial aggregates in the cortex, but not in the hippocampus, of the MarL1-treated 5xFAD mice. The MarL1 treatment group showed more partially ramified microglial phenotypes than the vehicle-treated 5xFAD mice (Figure 3A).

We also quantified the numbers of microglial cells based on the morphology observed in Iba-1-immunostained sections. The number of ramified microglia was greater in the wildtype mice than in the 5xFAD and MarL1-treated mice (Figure 3C). The number of partially ramified microglia was significantly higher in the MarL1-treated 5xFAD mice than in the vehicle-treated 5xFAD or wildtype mice (Figure 3C, $p < 0.001$). The number of amoeboid microglia was significantly higher in the vehicle-treated 5xFAD mice than in the wildtype (Figure 3C, $p < 0.001$) and MarL1-treated 5xFAD mice (Figure 3C, $p < 0.001$). These results suggested that the transition of microglia from the ramified (S0) morphology to activated amoeboid (S1) morphology was greater in the 5xFAD mice than in the wildtype mice, while treatment with MarL1 attenuated that morphological transition.

3.4. Maresin-like 1 Curbed the AD Pathogenesis-Associated Decline in the M2 Microglial Population with an Anti-Inflammatory Alternatively Activated Phenotype in Brains of 5xFAD Mice

We determined the effect of MarL1 on the microglial phenotypic switch between M1 and M2 by investigating the M2 population in cortical brain sections. Immunostaining brain sections with Iba-1 and Arg-1, a biomarker for M2 microglia [97] (Figure 4A), revealed a significantly higher mean fluorescence intensity for Arg-1 in the brains of wildtype mice than of 5xFAD mice (Figure 4B, $p < 0.001$), but the population was significantly greater in MarL1-treated 5xFAD mice than in vehicle-treated 5xFAD mice; that is, the MarL1 treatment significantly restored the Arg1⁺Iba-1⁺ microglial population in 5xFAD mice (Figure 4B, $p < 0.001$). These results suggest that MarL1 treatment significantly shifted the polarization of the microglial population from M1 to M2, suggesting that MarL1 has a capacity for resolution of inflammation that could contribute to curbing AD pathogenesis.

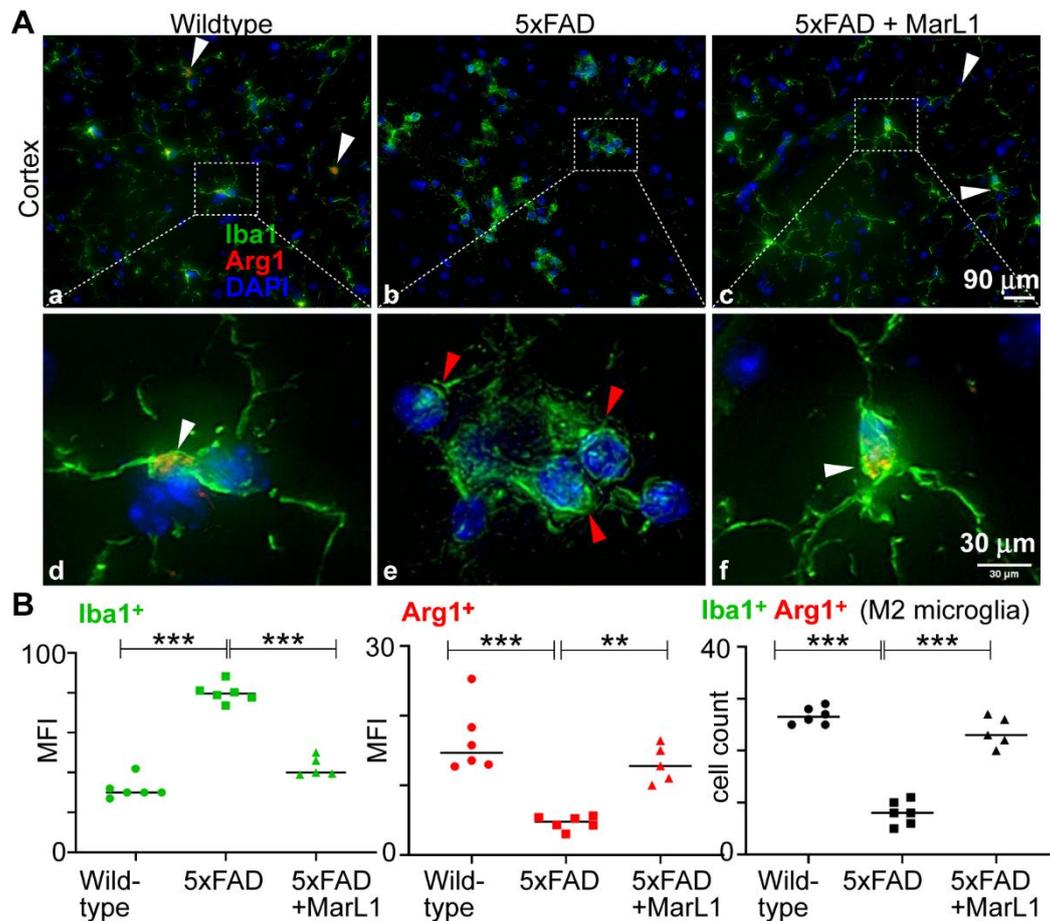


Figure 4. MarL1 promoted anti-inflammatory M2 phenotype polarization of microglia in brains of 5xFAD mice. (A) Immunostaining of microglia with Iba-1 (green) and Arg1 (red) in cortex (Panels a-c: 20X magnification; scale bar: 90 μ m. Panels d-f: zoomed-in images; scale bar: 30 μ m). White arrows mark Iba1⁺Arg1⁺ microglia. Red arrows mark microglial aggregation in cortex of 5xFAD mice. (B) Quantification of Iba-1 and Arg1 in cortex. Left: mean fluorescence intensity MFI of Iba1⁺; middle: MFI of Arg1⁺; right: count of microglia stained positive for both Iba1 and Arg1 in cortex. Data are Means \pm SEM. *** $p < 0.001$, and ** $p < 0.01$.

3.5. Maresin-like1 Mitigated Astrogliosis-Associated Neuroinflammation in Brains of 5xFAD Mice

Cognitive dysfunction in AD is tightly linked to the interaction between neurodegeneration and neuroinflammation, where neuroinflammation contributes to and exacerbates neurodegeneration [98]. Microglia and astrocytes are the two main glial cells responsible for initiating and implementing innate immune responses in the brain, with astrocytes primarily involved in the immune and inflammatory responses [99]. The presence of AD-linked A β [100] triggers various cellular receptors and signaling pathways [101], particularly the advanced glycation end products receptor and the NF- κ B pathway, thereby leading to the production of pro-inflammatory molecules, such as cytokines and chemokines, in astrocytes [102–104]. Since our results demonstrated that MarL1 inhibited microglial activation, we also investigated the effect of MarL1 on astrocyte population and activation in 5xFAD mice. We co-stained brain sections with the antibodies of active astrocyte marker GFAP and inflammation marker TNF- α (as shown in Figure 5A). The immunoreactivities of GFAP (Figure 5B upper panel, $p < 0.001$) and TNF- α (Figure 5B lower panel, $p < 0.001$) were significantly higher in 5xFAD mice than in wildtype mice, and they were significantly lower in the MarL1-treated 5xFAD mice than in the vehicle-treated 5xFAD mice (Figure 5B, $p < 0.001$ or $p < 0.01$, respectively). These results indicate that MarL1 treatment reduced AD-augmented neuroinflammation manifested by

TNF- α expression, as well as suppressed the AD-increase of GFAP⁺ astrocytic population or astrogliosis in brains of 5xFAD mice.

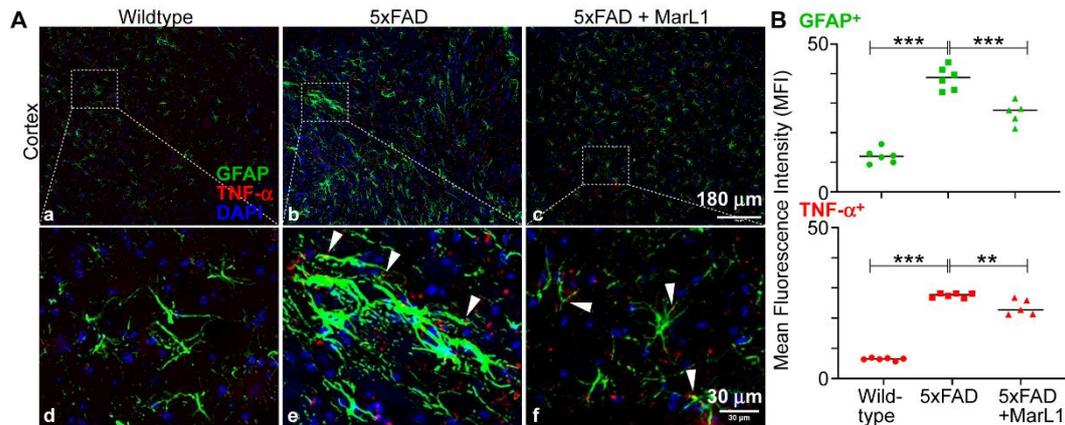


Figure 5. MarL1 treatment mitigated AD-augmented TNF- α expression and astrogliosis in brains of 5xFAD mice. (A) Immunostaining of GFAP (green) and TNF- α (red) in cortex. White arrows mark GFAP⁺TNF- α ⁺ astrocytes in cortex (Panels a-c: 10X magnification; scale bar: 180 μ m. Panels d-f: zoomed-in images; scale bar: 30 μ m). (B) Quantification of GFAP⁺ and TNF- α ⁺ in mean fluorescence intensity MFI in cortex. Data are Means \pm SEM. *** $p < 0.001$, and ** $p < 0.01$.

3.6. Maresin-like1 Treatment Inhibited A1 Astrocytes and Promoted A2 Astrocytes in Brains of 5xFAD Mice

Astrocytes undergo significant changes in their structure, molecular composition, and function when exposed to various pathological triggers, and these alterations are highly influenced by specific contexts. Overall, the changes observed in astrocytes are characteristic of a reactive state, which is associated with their response to pathological condition [48,49]. Reactive astrocytes can play contrasting roles in the brain during disease progression. On one hand, reactive astrocytes can contribute to and exacerbate neuropathology and neurodegeneration, as they have the potential to exhibit pro-inflammatory and neurotoxic properties, which can further damage the surrounding neurons and tissues. This detrimental effect is particularly evident when reactive astrocytes adopt the A1 phenotype, triggered by signals from microglia or neurons. On the other hand, reactive astrocytes also possess the ability to provide neuroprotection and support tissue repair [37,105], as they can adopt an anti-inflammatory and neuroprotective A2 phenotype in response to specific signals from microglia or neurons. In this state, reactive astrocytes aid in reducing inflammation and promoting the survival and recovery of neurons. The duality observed in the behavior of reactive astrocytes arises from their ability to respond to different signaling cues in brains. These cues from microglia or neurons can influence astrocytes to adopt either the harmful A1 phenotype or the beneficial A2 phenotype [54,106–108]. In various neurodegenerative disorders [37,105] and in the aging brain [109], the number of A1 astrocytes is frequently elevated. Recent advancements in single-nucleus transcriptome analyses have unveiled additional phenotypes and subtypes of astrocytes, demonstrating the extensive diversity of reactive astrocytes and their association with specific diseases [54]. Here, we explored the astrocyte A1 and A2 subtypes populations in AD.

We conducted immunostaining of hippocampal sections using specific markers to analyze A1 and A2 astrocyte subtypes. We co-stained GFAP and complement C3 in tissue sections to identify A1 astrocytes, as well as co-stained GFAP and S100A10 to identify A2 astrocytes [110]. The immunostaining results revealed significantly more GFAP⁺C3⁺ A1 astrocytes in 5xFAD mice than in the wildtype mice (Figure 6B, lower panel). However, treatment of 5xFAD mice with MarL1 noticeably reduced astroglial activation in the dentate gyrus compared to vehicle-treated 5xFAD mice (Figure 6, lower panel, $p < 0.001$), indicating that MarL1 treatment induced a shift in astrocyte polarization from A1 to A2. By contrast, examination of the hippocampal sections co-stained for GFAP and S100A10 (A2) revealed a lower expression in 5xFAD mice compared than in the wildtype

mice. However, S100A10 expression was higher in MarL1-treated 5xFAD mice than in vehicle-treated 5xFAD mice (Figure 7), suggesting that MarL1 treatment promotes A2 astrocyte polarization in AD.

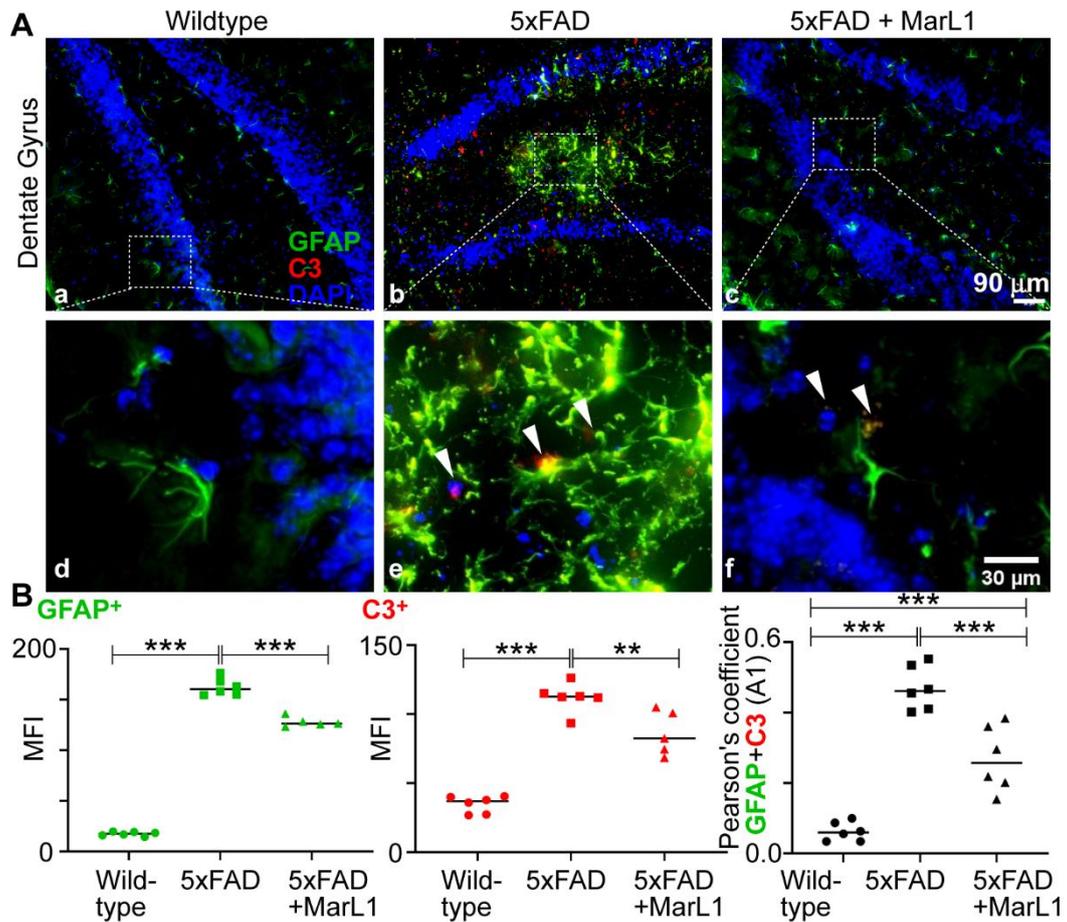


Figure 6. MarL1 treatment suppressed AD-associated pro-inflammatory A1 phenotypic polarization of astrocytes in brains of 5xFAD mice. (A) Immunostaining of GFAP (green) and Complement C3 (red) in dentate gyrus of hippocampus. Panels a-c: 20X magnification; scale bar: 90 μm . White arrows mark GFAP and complement C3 astrocytes co-expression in zoomed-in images (panels d-f); scale bar: 30 μm . (B) Quantification of GFAP⁺ and C3⁺ in mean fluorescence intensity MFI in dentate gyri. Left: MFI of GFAP⁺; middle: MFI of C3⁺; right: Pearson's coefficient for quantification of co-localization of GFAP and C3. Data are Means \pm SEM. *** $p < 0.001$, and ** $p < 0.01$.

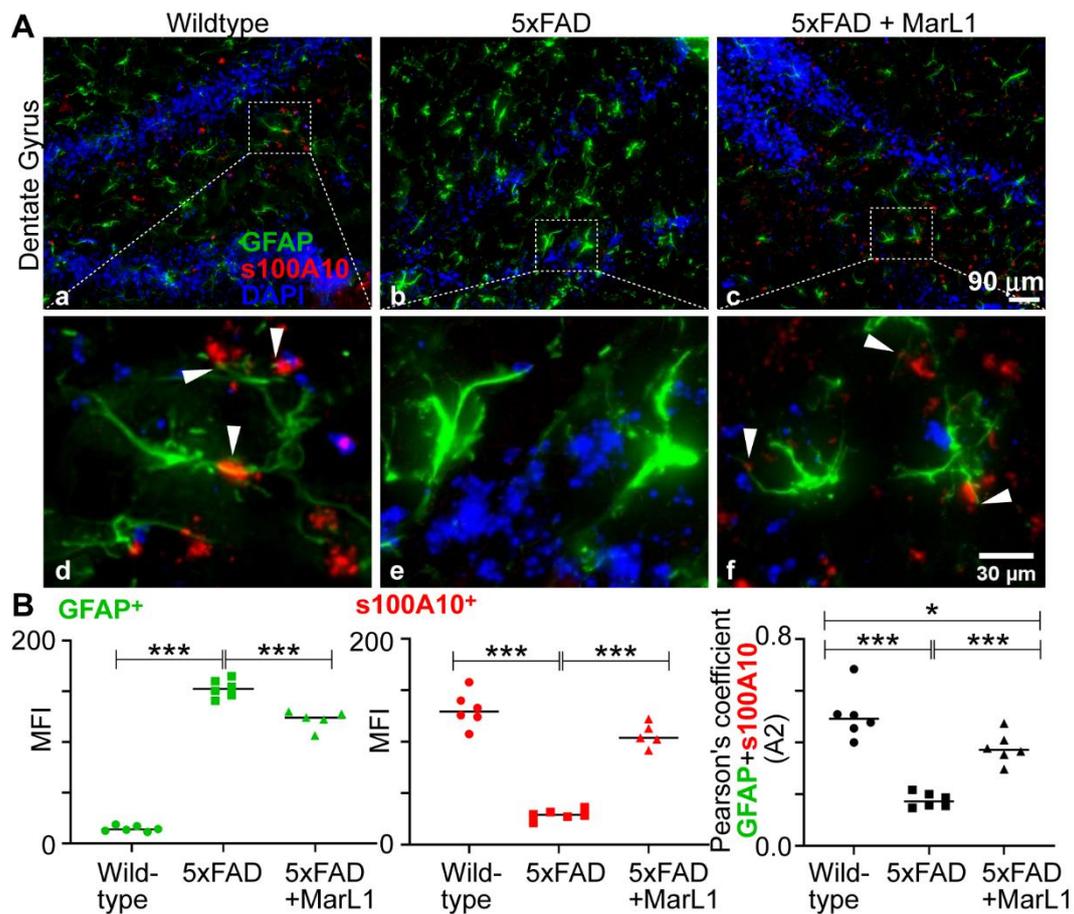


Figure 7. MarL1 treatment reversed AD-associated diminish of anti-inflammatory A2 phenotypic polarization of astrocytes in brains of 5xFAD mice. (A) Immunostaining of GFAP (green) and A2 marker S100A10 (red) in dentate gyrus of hippocampus. White arrows mark GFAP and S100A10 positive astrocytes in dentate gyri (Panels a-c: 20X magnification; scale bar, 90 μm. Panels d-e: zoomed-in images; scale bar: 30 μm). (B) Quantification of GFAP⁺ and S100A10⁺ in mean fluorescence intensity MFI in dentate gyri. Left: MFI of GFAP⁺; middle: MFI of S100A10⁺; right: Pearson's coefficient for quantification of co-localization of GFAP and s100A10. Data are Means ± SEM. *** $p < 0.001$, and * $p < 0.05$.

3.7. Maresin-like1 Treatment Promoted the Expression of BBB-Associated Tight-Junction Protein Claudin-5, Decreased Infiltration of Neutrophils in 5xFAD Brains, and Induced the Switch of Neutrophils toward the Inflammation-Resolving N2 Phenotype

Conventionally, AD has primarily been considered as a neurodegenerative disorder, but new reports suggest the role of dysfunction of the blood-brain barriers and linked neuroinflammation in close association with peripheral inflammatory signals [60–62,111,112]. Patients with early cognitive decline or mild cognitive impairment (MCI) have been reported to show BBB breakdown in the hippocampus (CA1, CA3, and dentate gyrus and parahippocampal gyrus), an area crucial for memory and learning [113]. As a result, the BBB can no longer effectively clear A β , and that peptide then accumulates in the brain and blood vessels [114], leading to increased expression of adhesion molecules on brain blood vessels and the release of inflammatory substances, such as complement system peptides, chemokines, and cytokines, that potentially promote leukocyte recruitment [114].

The resident immune cells in brains, such as microglia and astrocytes, when activated, may release tissue danger signals, cytokines, and chemokines that recruit leukocytes from the peripheral circulation to inflamed areas in brains. Both experimental and clinical evidence indicates that neutrophils and T-cells migrate into the brain in AD [115–118]. Recent studies using two-photon laser scanning microscopy have revealed that vascular deposition of A β in brains promotes intraluminal adherence and movement of neutrophils in brain blood vessels and that neutrophils preferentially

extravasate in the parenchyma with the areas of A β deposits [119]. We explored the possibility of neutrophil infiltration in the brain by immunostaining cortical sections with Gr-1 (a marker for myeloid differentiation, present primarily in neutrophils and transiently in monocytes/macrophages) and claudin-5 (a tight-junction protein present in endothelial cells of vessels in brain for vasculature), as shown in Figure 8A. We found a significantly greater influx of neutrophils in 5xFAD mice than in wildtype mice (Figure 8B, $p < 0.001$). The MarL1 treatment significantly reduced this influx compared to vehicle-treated 5xFAD mice (Figure 8B, $p < 0.001$). We also observed a phenomenon in 5xFAD mice called “neutrophil swarming” which is the accumulation of large numbers of neutrophils to neutralize large microbes and clusters of microbes in a targeted area [120,121]. Here, we noticed a massive number of neutrophil aggregations in the cortex of 5xFAD mice brain. One possibility is that neutrophil swarming may occur due to presence of A β plaques in the cortex of 5xFAD mice. Here, we report the first evidence for “neutrophil swarming” in the cortex of the brains of 5xFAD mice. We did not observe neutrophil swarming in MarL1-treated 5xFAD mice, although the neutrophil clusters that are not swarming were evident in the cortical sections (Figure 8A).

The BBB integrity was further assessed using the tight-junction protein marker claudin-5, which is vital for maintaining the integrity of the endothelial cells lining brain blood vessels, and staining endothelial cells in the blood vessels in the brain [122]. The mean claudin-5 intensities were significantly lower in 5xFAD mice than in wildtype mice. The MarL1 treatment restored the BBB integrity by increasing the claudin-5 levels in brain blood vessels in 5xFAD mice (Figure 8B). These results suggest that MarL1 treatment may provide a protective effect on the BBB integrity and decrease the infiltration of immune cells into the brain.

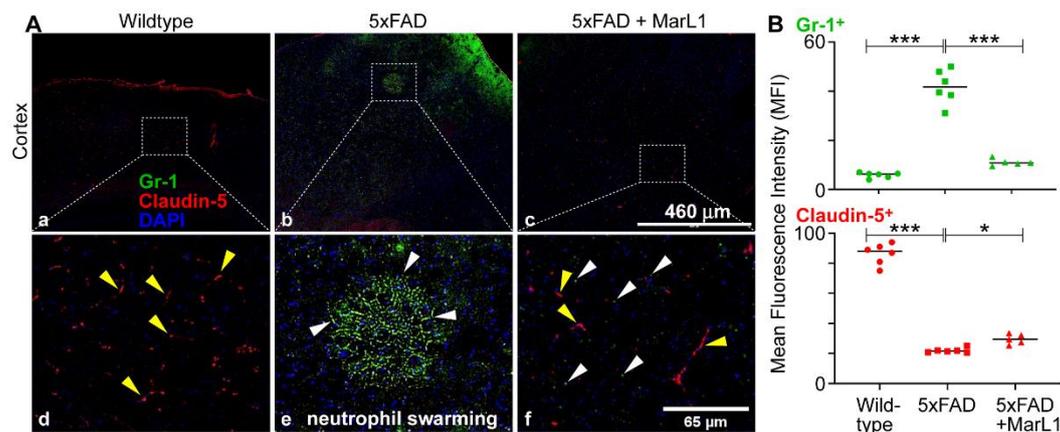


Figure 8. MarL1 attenuated the AD-associated compromise of blood–brain-barrier tight-junctions as well as neutrophil infiltration into brains of 5xFAD mice. (A) Immunostaining of Gr-1 (green) for neutrophils and Claudin-5 (red) for tight-junctions of the vasculatures in cortex. Panels a-c show images from cortex (4X magnification; scale bar: 460 μm). Panels d-f show zoomed-in images; scale bar: 65 μm. White arrows mark some Gr-1+ cells outside the vasculature in parenchyma in zoomed-in images. Yellow arrows mark some claudin-5+ vasculatures. Neutrophil swarming is evident in panels b and e. (B) Quantification of Gr-1+ and Claudin-5+ in MFI in cortex. Data are Means ± SEM. *** $p < 0.001$, and * $p < 0.05$.

We also categorized the infiltrating neutrophil population into N1-neutrophils, a pro-inflammatory phenotype [65], and N2-neutrophils, anti-inflammatory phenotype of pro-resolution of inflammation [66]. Immunostaining of coronal brain sections using the co-localization of Gr-1 and iNOS (Gr-1+iNOS⁺) revealed more Gr-1+iNOS⁺ N1 neutrophils in 5xFAD mice than in wildtype mice (Figure 9A), while MarL1 treatment reversed this trend in the hippocampal region. The Pearson’s coefficients between the mean fluorescence intensities, MFIs of Gr-1+ cells and iNOS+ cells are consistent with this trend about the co-localization Gr-1+ and iNOS+ (Figure 9B right panel, $p < 0.01$ or 0.05). By contrast, the microimages of Gr-1 and Arg1 co-localized brain sections showed less N2 neutrophils in 5xFAD mice than in wildtype mice (Figure 10A) and MarL1 treatment replenished the

N2 population above that in vehicle-treated 5xFAD mice. This direct microscopic observation is consistent with the analysis of Pearson's coefficients between MFIs of Gr-1⁺ cells and Arg1⁺ cells in the microimages (Figure 10B right panel, $p < 0.001$ or 0.01). These results suggest that MarL1 treatment polarizes the shift of N1 to N2 neutrophil population in neurodegenerative events.

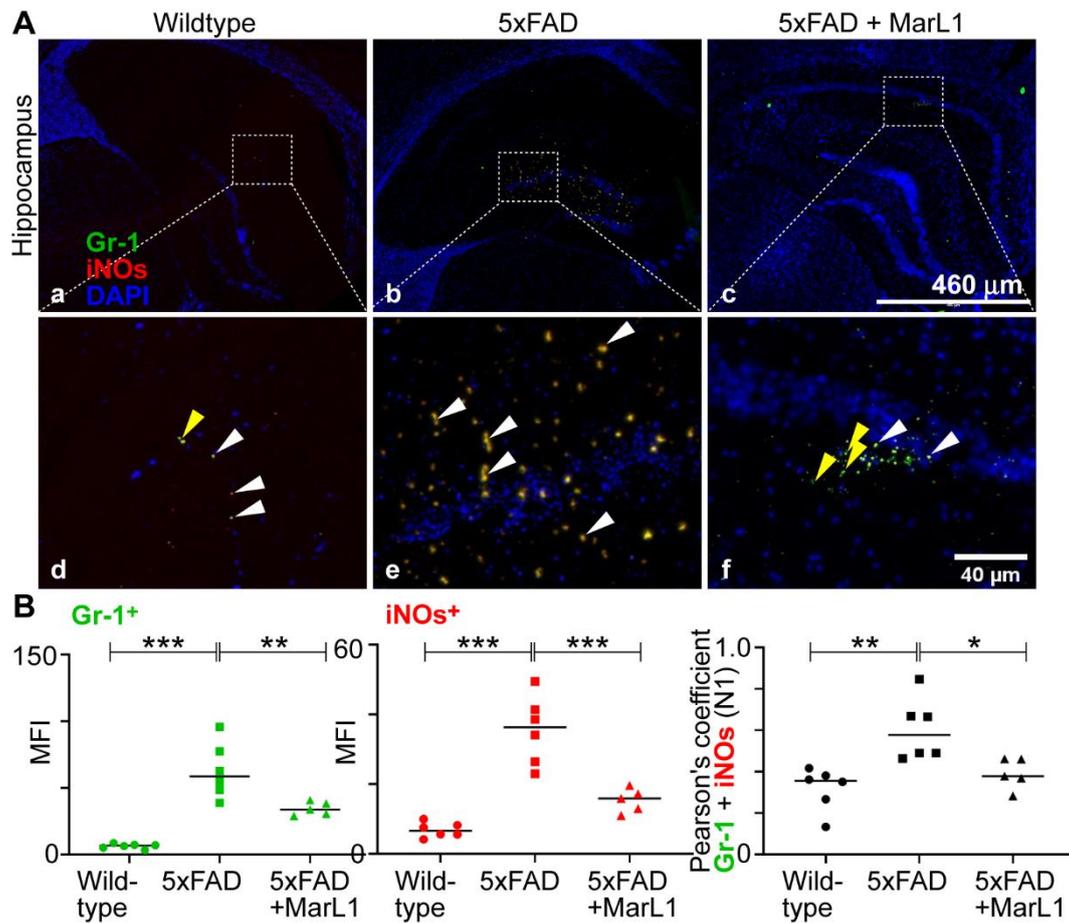


Figure 9. MarL1 treatment suppressed pro-inflammatory N1 polarization of neutrophils infiltrated into AD-pathogenic brains in 5xFAD mice. (A) Immunostaining of Gr-1 (green) for neutrophils and iNOs (red), an inflammatory marker. Panels a-c show hippocampus (4X magnification, scale bar: 460 μ m). Panels d-f show zoomed-in images; scale bar: 40 μ m. White arrows mark some Gr-1⁺iNOs⁺ cells and yellow arrows mark only Gr-1 positive cells in zoomed-in panels. (B) Quantification of Gr-1⁺ and iNOs⁺ in hippocampus. Left: MFI of Gr-1⁺; middle: MFI of iNOs⁺; right: Pearson's coefficient for quantification of co-localization of Gr-1 and iNOs. *** $p < 0.001$, ** $p < 0.01$, and * $p < 0.05$.

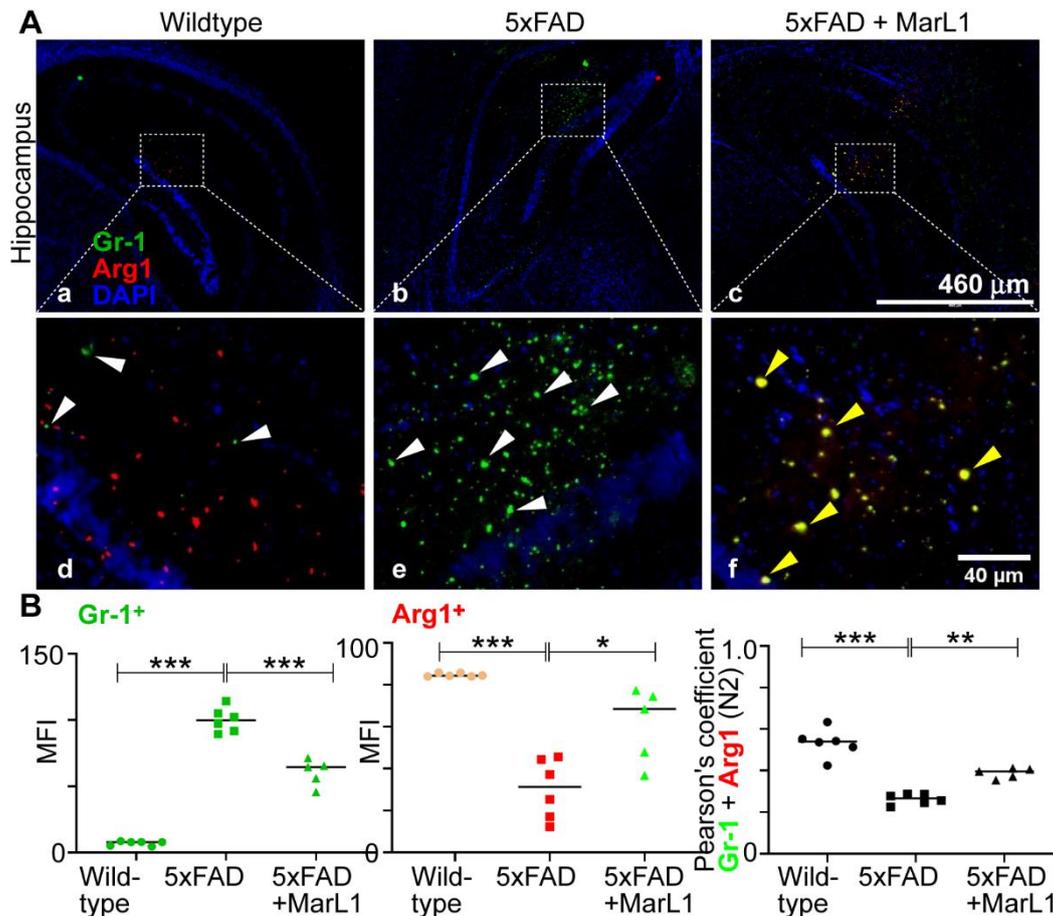


Figure 10. MarL1 treatment induced anti-inflammatory N2 phenotypic polarization of neutrophils infiltrated into AD-pathogenic brains in 5xFAD mice. (A) Immunostaining of Gr-1 (green) for neutrophils and Arg1 (red), an anti-inflammatory marker. Panels a-c show hippocampus (4X magnification, scale bar: 460 μm). Panels d-f show zoomed-in images; scale bar: 40 μm . White arrows mark Gr-1⁺ cells and yellow arrows mark Gr-1⁺Arg1⁺ cells in zoomed-in panels. (B) Quantification of Gr-1⁺ and Arg1⁺ in hippocampus. Left: MFI of Gr-1⁺; middle: MFI of Arg1⁺; right: Pearson's coefficient for quantification of co-localization of Gr-1 and Arg1. Data are Means \pm SEM. *** $p < 0.001$, ** $p < 0.01$, and * $p < 0.05$.

4. Discussion

AD is characterized as a progressive neurodegenerative disorder and the accumulation of amyloid beta plaques and tau tangles in the brain are considered to be key pathological features of AD [123]; however, recent studies have shown that AD has a multifactorial etiology and that neuroinflammation plays a central role in its etiopathogenesis, owing to its capacity to exacerbate A β and Tau pathologies [123–125]. Evidence of increased microglia activation (inflammation) in the brains of AD patients with elevated levels of pro-inflammatory cytokines in serum and in post-mortem brains supports the link between neuroinflammation and AD [126,127]. In the present study, we examined the effect of MarL1 on the extent of inflammation in brains of transgenic 5xFAD mice.

We evaluated the effect of intranasal instillation of the MarL1 mediator from the age of 1.5 to 9 months in 5xFAD mice. Intranasal instillation of drugs is well recognized to partly bypass the BBB to deliver drugs to brains more efficiently than *ip* or *iv* methods, thereby increasing drug bioavailability in the brain, while also delivering drugs noninvasively and to the blood circulation as well [77,128–130]. At the age of 12.5 months, 5xFAD mice show a significant reduction in levels of oligomeric A β 42 and A β plaques in cortex and hippocampal regions of the brain and in the loss of NeuN⁺ neurons in CA3 and dentate gyrus regions of hippocampus (Figure 1). Quantification of the A β plaque numbers

based on sizes greater than and less than 100 μm^2 area [83–85] using thioflavin-S staining revealed a marked reduction in the number of A β plaques following MarL1 treatment of 5xFAD mice (Figure S1). The neuroprotective effect of MarL1 was mediated by restoring the cholinergic neurons in striatum and decreasing the apoptotic cleaved caspase-3⁺ neurons in brain. Other studies have shown increased activation of cleaved caspase-3 in the hippocampus of AD patients and significant increases in synaptic pre-caspase-3 and active caspase-3 (i.e., cleaved caspase-3) expression levels in the postsynaptic density fractions [131]. These findings suggest that MarL1 has a neuroprotective effect in the brain.

Neuroinflammation is thought to play an essential role in neurodegeneration by contributing to neuronal damage and synaptic loss, with microglia and astrocytes as the key players [132–134]. Microglia, as the resident phagocytes in the brain, constantly use their highly motile processes to surveil brain regions for the presence of pathogens and cellular debris and simultaneously provide factors that support tissue maintenance [134]. The M2 phenotype microglia are also involved in the protection and remodeling of synapses for proper maintenance of the plasticity of neuronal circuits and release of trophic factors, including brain-derived neurotrophic factors, which contribute to memory formation [135,136]. Upon activation due to pathological triggers, such as neuronal death or protein aggregates, microglia change phenotypically to an amoeboid state and begin to migrate to the lesion, where they initiate an innate immune response [35]. Activated microglia (M1) are “pro-inflammatory” in nature and increase the expressions of markers involved in microglial activation, such as CD68 [27–30], CD86, CD45, CX3CR1, CD11b, and MHC-II [137].

Histological examinations of AD brains show that microglial cells are found in close association with A β deposits and are associated with dense-core plaques [138–140]; however, fewer microglial cells are found in the vicinity of the diffuse A β deposits in the cerebral cortex of AD patients [141,142]. The number of microglia and their size directly increases in proportion to plaque dimension, and A β deposition has been reported to recruit a microglial population to allow for the accumulation of these cells at the periphery of amyloid deposits [143,144]. Microglia have the ability to attach themselves to soluble oligomers and fibrils of A β by means of various receptors, such as CD36, $\alpha\beta$ 1 integrin, CD47, CD14, and class A scavenger receptor A1, as well as toll-like receptors (TLR2, TLR4, TLR6, and TLR9) [143,144]. Our results demonstrate enhanced microglial phagocytosis of A β plaques (Figure S2), and we found microglia in clusters in 5xFAD mice. These aggregates showed that microglial accumulation and proliferation in the brain could cause neuroinflammation, while MarL1 treatment reduced the A β accumulation thereby decreasing the microglial activation.

Enhanced microglial activation leads to increases in the expression of pro-inflammatory markers, such as interleukin-1 β , TNF- α , and iNOs, thereby exacerbating neuroinflammation [126,145]. Our data demonstrate that MarL1 treatment attenuated microglial activation by decreasing the population of Iba-1 positive microglia and CD68 expression in the hippocampus (CA1, dentate gyrus) of the 5xFAD mouse brain. We phenotypically characterized microglia and calculated the number of microglia in different states as: 1) ramified, 2) partially-ramified, 3) partially-amoeboid, 4) and fully-amoeboid microglia [146,147]. We found that MarL1 reduced the level of amoeboid microglia, suggesting its inflammation-resolving and anti-inflammatory properties are a consequence of suppression of microglial activation (Figure 3).

Specialized pro-resolving lipid mediators are reported to modulate immunity and inflammation by resolving inflammation by triggering a biochemical paradigm shift commonly referred to as the “lipid mediator class switch” and skewing the M1/M2 macrophage balance toward the anti-inflammatory M2 phenotype, with replacement of injured cells and restoration of the normal functions of tissues [67]. Consistent with these reports, MarL1 treatment caused a shift in the M1/M2 population in brain as indicated by a surging Arg-1⁺ microglial population in the brain (Figure 4). These findings suggest that MarL1 is a potent immunoresolvent that is effective in brains.

We found hypertrophy of astrocytes interacting with A β plaques in hippocampus in 5xFAD mice (Figure S2), as well as increased expression of TNF α in astrocytes in 5xFAD mice (Figure 5). These responses suggest that the mutations present in 5xFAD mice disrupt the mechanisms that would normally protect against and repair neuronal damage in the brain—functions that are typically

carried out by astrocytes [36,37]. The MarL1 treatment attenuated the GFAP-high state astrocytes in brains of 5xFAD mice and reduced A β accumulation. Our characterization of A1 and A2 astrocytes in the 5xFAD mouse model of AD revealed that MarL1 treatment shifts the polarization of A1 (neurotoxic) astrocytes to the A2 (neuroprotective) form, thereby demonstrating a potential reason for the neuroprotective action of MarL1 (Figures 6 and 7). These results demonstrate that MarL1 mitigates the astrocyte hypertrophy and inflammatory cytokine production and increases A β clearance in brains.

In this study we explored the concept of neutrophil migration in brain parenchyma. Here, we observed the phenomenon of “neutrophil swarming” [148] in the cortex, as shown in Figure 8, as evidence of neutrophil aggregation in the 5xFAD mouse brain. This is the first immunohistochemical report of neutrophil swarming in the brain cortex in the literature. Co-staining of Gr-1 (a marker for neutrophils) and claudin-5 (a marker for vasculature) showed that Gr-1⁺ neutrophils migrated into the brain and formed swarms, as neutrophils are nonresident cells in brains. We could not find neutrophil swarms in the brains of MarL1-treated 5xFAD mice, although neutrophils aggregate were evident than wildtype mice. No swarms were detected in the brains of the wildtype littermates. These findings suggests that neutrophil infiltration into brains could contribute to AD pathogenesis since neutrophils produce reactive oxygen species and degradation enzymes that can cause neuroinflammation and neurodegeneration[57–59]. Furthermore, our findings revealed that MarL1 treatment inhibited the AD-linked neutrophil infiltration and swarm in the brains of 5xFAD mice.

We also characterized neutrophils into pro-inflammatory N1 [65] and anti-inflammatory N2 subpopulations [66]. The N1 and N2 neutrophil populations reportedly have distinct transcriptomic profiles and functions [65]. Pro-inflammatory N1 neutrophils exhibit increased production of inflammatory cytokines/chemokines with elevated levels of ROS and NO, increased activity of protein and matrix-degrading enzymes, amplified chemotactic responses, and enhanced phosphorylated forms of ERK1/2 and p65 signaling molecules associated with an inflammatory phenotype. By contrast, N2 neutrophils demonstrate increased expression of CD206, Ym1 and Arg1, and have similar ROS and NO levels and equivalent chemotactic response to unstimulated controls but no changes in ERK1/2 and p65 signaling molecules [65]. In our study, we found that Gr-1⁺iNOS⁺ N1 neutrophils increased in 5xFAD mice. We also found that MarL1 treatment dampens the elevation of N1 neutrophils in brain (Figure 9). Furthermore, Gr-1⁺Arg1⁺ N2 neutrophils were amplified with MarL1 treatment and were lower in 5xFAD mice than in wildtype controls (Figure 10). These results demonstrate that chronic MarL1 treatment polarizes a shift from N1 to N2 in 5xFAD mice, suggesting resolution of inflammation in the brain.

Taken together, our results provide the first evidence that MarL1 was effective in inhibiting A β pathology in brain. However, the 5xFAD mouse model is an aggressive early onset transgenic AD model [8,149–152], therefore, the protection effects of MarL1 need to be explored using less aggressive AD models, including late-onset AD models [152,153]. Furthermore, the different doses of MarL1 and their safety should be evaluated for future clinical studies. Further research is needed to fully understand the mechanisms involved in the neuroprotection imparted by MarL1 in AD. MarL1-specific receptor targeted research could be a promising strategy for developing new treatments for this debilitating disease.

5. Conclusions

The long-term administration of MarL1 in 5xFAD mice had a positive impact on reducing the neuropathology associated with Alzheimer's disease in the brains of 5xFAD mice—an animal model deemed appropriate for the study of early onset AD and A β pathology. This study highlights the potential use of MarL1 as a therapeutic lead for the treatment of AD. Further research is needed to fully understand the underlying mechanisms of action and to further optimize the treatment efficacy. MarL1 treatment efficiency and its involved mechanisms should also be studied using the animal models available for AD Tau pathology.

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org. Figure S1: MarL1 treatment prevented or reduced the elevation of thioflavin-S

positive cerebral plaques in brains of 5xFAD mice; Figure S2: The interaction between astrocytes (a-c), microglia (d-f) and amyloid beta plaques in cortex and hippocampus of 5xFAD mice.

Author Contributions: Conceptualization, S.H.; Methodology, S.H., Y.L., P.S., Y.K., Y.Z., W.L.; Validation, P.S., Y.L., S.S., Y.K., Y.Z., N.L., A.-R.M. and S.H.; Formal analysis P.S., Y.L., N.L. and S.H.; Investigation, P.S., Y.L., Y.K., Y.Z., N.L. and S.H.; Resources, Y.K., Y.Z., W.L., and S.H.; Data curation, P.S., Y.L., Y.K., Y.Z., N.L. and S.H.; Writing - original draft, P.S., Y.L., S.S. and S.H.; Writing - review & editing, P.S., Y.L., S.S., Y.K., Y.Z., N.L., A.-R.M. and S.H.; Visualization, P.S., Y.L. and S.H.; Supervision: Y.K. and S.H.; Project administration, Y.K. and S.H.; Funding acquisition, Y.K. and S.H.

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