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Article

Adsorption Technology for PFAS Removal in Water: Comparison between Novel Carbonaceous Materials

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Abstract: PFAS are a variety of ecologically persistent compounds of anthropogenic origin loosely included in many industrial products, in which the carbon chain can be fully (perfluoroalkyl substances) or partially (polyfluoroalkyl substances) fluorinated. Their ubiquitous presence in many environmental compartments over the years, and highly long-lasting nature, arose concern because of the possible adverse effects of PFAS on ecosystem and human health. Between the remediation technologies, adsorption has been demonstrated to be a manageable and cost-effective method for the removal of PFAS in aqueous media. This study tested two novel and eco-friendly adsorbents (pinewood and date seeds biochar) on 6 different PFAS (PFOS, GenX, PFHxA, PFOA, PFDA, PFTeDA). Batch sorption tests (24 hours) were carried out to evaluate the removal efficiency of each PFAS substance in relation to the two biochars. All samples of liquid phase were analysed by a developed and then well-established method: i) pre-treatment (centrifugation and filtration); ii) determination by high-performance liquid chromatography coupled with mass spectrometry (HPLC-MS/MS). Results evidenced a comparable adsorption capacity of both materials, but greater for the long-chain PFAS. Such findings may lead to a promising path for the use of waste origin materials in the PFAS remediation field.

Keywords: PFAS; water treatments; adsorption technology; pinewood biochar; date seeds biochar

1. Introduction

Per-fluoroalkyl and poly-fluoroalkyl substances (PFAS) are anthropogenic persistent organic molecules characterized by a hydrophobic tail of variable length in which hydrogen atoms are entirely or partially replaced by fluorine atoms and a polar head with differing functional groups. Because of the strong carbon-fluorine bond PFAS have an excellent thermal-chemical stability and resistance to degradation which makes them crucial in many industrial applications (e.g., food packaging, textiles, personal care products, fire-retardants, electronics, pesticides). PFAS can be divided in two main families in terms of chain length and functional group: perfluoroalkyl sulfonic acids ($C_nF_{2n+1}SO_3H$ PFASs) and perfluoroalkyl carboxylic acids ($C_nF_{2n+1}COOH$ PFCAs). Long-chain carboxylic and sulfonic acids (number of carbons: ≥ 6), such as PFOA and PFOS, have shown high bioaccumulation properties and have been classified as PBT (Persistent Bioaccumulative Toxic) substances according to the EU's REACH (Registration Evaluation and Authorization of CHemicals) [1]. Several biomonitoring trials, carried out to evaluate PFAS health effects on human population, have highlighted their characteristics of endocrine disruptors and potential adverse effects such as: altered metabolism, reduced fertility along with fetal growth, obesity, carcinogenicity and reduced ability of the immune system to fight infections [2-8]. Therefore, many regulations and restrictions have been introduced in both USA and Europe resulting in the replacement of proven toxic compounds with some short-chain PFAS (e.g., PFOA to GenX) [9-12]. Despite this, due to their persistence and bioaccumulation characteristics, PFAS are significantly widespread in all environmental matrices. Surface water contamination is of particular concern, since it can easily reach groundwater, making drinking and process water the most impacting way of human exposure [13].

Thus, the US Environmental Protection Agency (EPA) has set 10–90 ng L⁻¹ threshold values for drinking water and in Europe the most recent action plan has established a limit of 0.5 µg L⁻¹ for all PFAS in drinking water [14, 15, 1]. In this context, the development of efficient and cost-effective water treatment methods is a primary challenge for scientific community. The most effective water treatments for PFAS removal include the use of advanced oxidation, reverse osmosis, ion-exchange resins and nanofiltration. Even though these technologies have shown promising results they present concerning drawbacks such as the formation of shorter chain PFAS as byproducts. Moreover, PFAS low concentration in water and high hydrophilicity make difficult to provide an overall efficient remediation [16–18]. Between the most effective treatment processes mentioned, adsorption is an established technology for removal of contaminants, both as stand-alone application and in combined water treatment plants. For example, activated carbon (AC) has been successfully used due to its high specific area and porosity [19, 20]. However, some disadvantages such as cost regeneration and the resulting reduced adsorption efficiency led the scientific community to test novel materials capable to overcome these limitations. Over the years the eco-friendlier biochar material has been taking hold as a cost-effective remediation treatment for organic compounds: its major advantage lies in being a carbon-rich waste material deriving from the slow pyrolysis of biomass without needing activation by solvents or gas. In addition, the 3D structure enables the material to easily interact with a variety of substances through its hydrophobic surface making biochar a potential suitable material also for PFAS [21–23]. Hence, the aim of present study has been to test two novel and eco-friendly biochars for the removal of PFAS in aqueous media. The two adsorbents were produced from date and pinewood pyrolysis. PFAS were selected to investigate as much as possible a wide spectrum of chemical structures by different chain length (6–14 carbons) and functional group (carboxyl and sulphonic).

2. Materials and Methods

2.1. Chemicals and Materials

Six PFAS standards of different chain length (i.e. C₄–C₁₄) and composition were investigated: perfluorohexanoic acid (PFHxA), ammonium perfluoro(2-methyl-3-oxahexanoate) (GenX), perfluorooctanoic acid (PFOA), perfluorooctanesulfonic acid (PFOS), perfluorodecanoic acid (PFDA), perfluorotetradecanoic acid (PFTeDA) (Table S1); two mass-labeled internal standards (ISs) (i.e. ¹³C₄-PFHxA, ¹³C₄-PFOS) (LGC standard Ltd Milano Italia) were also used. The two selected biochars are produced from pinewood (PW) gasification in form of powder material (Burkhardt GmbH, Mühlhausen, Germany) [24] and high temperature pyrolysis of date seeds (DS) (Briska University, Algeri, Algeria), respectively.

2.2. Batch Adsorption Tests

The experiments were performed in two steps: i) adsorption kinetic tests to establish the equilibrium time; and ii) adsorption isotherms tests to investigate the removal capacity of both the selected biochars. In detail, for kinetics tests an aliquot of the solution spiked with a PFAS compound was sampled at the test beginning (time 0) to evaluate the starting PFAS concentration (C₀) and at C_t after 1, 2, 3, 4, 5, 6, 7, 8, 24, 27, 30, 54, 57 h. Four additional samplings were also carried out after 24 h (C_t = 24 h) to confirm the achievement of equilibrium. A solid/liquid ratio of 2 g L⁻¹ was chosen for the experiments: a fixed quantity of sorbent material (0.002 g) was placed in contact with contaminated solutions at different concentrations (0.5, 1, 2.5, 5, 6, 8, 10, 20, 30, 40 mg L⁻¹). The equilibrium concentration (C_t) determined was used to calculate the sorption equilibrium amount (q_t) at that time with the following equation (1):

$$q_t = \frac{(C_0 - C_t)V}{m} \quad (1)$$

where C₀ (µg L⁻¹) is the initial concentration of the single PFAS in the solution C_t (µg L⁻¹) is the concentration of the PFAS in the solution at the time of collection t (h); V(L) is the volume of the solution and m (mg) is the weight of the DS and PW biochar. Batch isotherm experiments were set one compound at time for 24h in order to reach the equilibrium and carried out on an orbital shaker at 180 rpm: biochar of choice was added at different quantities (from 30 to 250 mg) to 50 ml of ultra-pure deionized water (MilliQ) spiked with a PFAS standard solution at a fixed concentration (10 mg

L⁻¹) in a 50 mL polypropylene tube (Falcon). Samples collected were then centrifugated at 4200 rpm for about 20 minutes and then 3 mL of each sample was filtered with a 0.22 µm cellulose acetate filter (Sartorius Stedim). Lastly, internal standard (IS) for each sample was added for the instrumental analysis (Figure 1). The equilibrium concentration (C_e) determined was used to calculate the sorption equilibrium amount (q_e) with the following Equation (2):

$$q_e = \frac{(C_0 - C_e)V}{m} \quad (2)$$

where C_0 is the starting PFAS concentration expressed in mg L⁻¹, q_e is the PFAS sorbed amount in mg g⁻¹, C_e is the equilibrium PFAS concentration expressed in mg L⁻¹, V is the volume of the solution in L and m is amount of sorbent in mg.

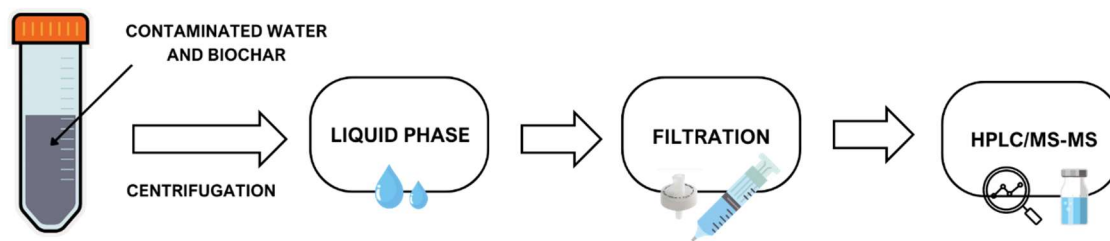


Figure 1. Laboratory procedure from batch test to analytical determination.

2.3. Equilibrium and Kinetic Modeling

The adsorption kinetic model was derived from the *Lagergren* pseudo-first order equation as reported in eq. (3):

$$\frac{dq_t}{dt} = k(q_e - q_t) \quad (3)$$

where q_t and q_e are the amount adsorbed at time t and at equilibrium and k_1 is the rate constant of the pseudo-first order sorption process. The integral equation after applying the initial conditions of $q_t = 0$ at $t = 0$ is (4,5):

$$\ln(q_e - q_t) = \ln q_e - kt \quad (4)$$

or

$$q_t = q_e(1 - e^{-kt}) \quad (5)$$

Equilibrium tests were carried out to investigate both DS and PW sorption capacity and their affinity for the target PFAS compounds. Two isotherm models were attempted for the construction of the equilibrium curves: the Langmuir and the Freundlich models. The models were both applied to each experimental plot in deionized water. The Langmuir and Freundlich models are reported in Equations (6) and (7) respectively:

$$q_e = q_{\max} \frac{K_L C_e}{1 + K_L C_e} \quad (6)$$

$$q_e = K_F C_e^n \quad (7)$$

where q_{\max} (mg g⁻¹) is the maximum adsorbable amount, K_L is the Langmuir thermodynamic constant (L mg⁻¹), K_F is the Freundlich (L mg⁻¹) and n is a dimensionless parameter greater than zero; $n > 1$ means upwards concavity, whereas $n < 1$ represents downward concavity.

2.4. HPLC/MS-MS

The analytical determination performed in this study was modified and adapted from a previous work [25] for PFAS water samples analysis (Table S2, S3). Briefly, every sample was analyzed using a coupled system consisting of a high-pressure liquid chromatography Agilent 1290 (HPLC) and an

Agilent G6460 triple quadrupole mass spectrometry (QqQ MS/MS) (Agilent Technologies, Toronto, CA) with electrospray ionization (ESI) operating in negative mode. The analytes were separated by a Waters Xbridge BEH (Ethylene Bridged Hybrid) C₁₈ (25 μ m \times 2.1 mm \times 100 mm) (Milford Massachusetts Stati Uniti) column with a Ultra C₁₈ delay column (5 μ m \times 30 mm \times 2.1 mm, Restek, USA) and the sample injection volume was 5 μ L. The flow rate was controlled at 0.2 mL/min with a mobile phase of 15 mM ammonium acetate in ultra-pure deionized water (MilliQ) (A) and methanol (B). The overall performances of analysis have been confirmed from the work cited above [25].

2.5. Textural Characterization and Morphology

Surface area Brunauer–Emmett–Teller (BET) multipoint method [26] and textural analysis were obtained by N₂ adsorption/desorption measurements at the liquid nitrogen temperature (-196 °C) using a Micromeritics 3Flex 3500 analyzer. The sample was pre-treated under vacuum at 350 °C for 2.5 hours. The pore distribution was determined by the Barret–Joyner–Halenda (BJH) method [27]. The analysis of micropore was performed by the t-test [28]; the total pore volume was determined by the rule of Gurvitsch [29]. Morphology was evaluated by a scanning Electron Microscope (SEM) analysis using a Zeiss Auriga FESEM without any pre-treatment of the material.

3. Results and Discussion

3.1. Adsorbent Characterization of Date Biochar

The PW biochar was characterized in a previous study [24], while textural characterization and morphology of DS biochar were performed in the present investigation. Specific surface area and total pore volume data are reported in Table 1 along with the N₂ adsorption/desorption isotherms (Figure 2a), pore volume graph (Figure 2b) and SEM images (Figure 3). Figure 2a shows a deviation between sorption curves leading to their lack of meeting; this phenomenon is called in literature “open hysteresis” and is usually present in N₂ isotherms of biochars deriving from pyrolysis [30]. This behavior has been widely investigated and it is probably related to: 1) pore swelling during adsorption due to the adsorbate (N₂) penetrating into the pores, causing a deformation and consequentially an expansion of the pore volume; 2) unreached desorption-pressure of the pore blocking the fluid from evaporating so that the adsorbate remains trapped in the cavities [31, 32]. The comparison between PW and DS biochar shows that in both DS and PW materials the high surface area values are mostly due to micropores and the great total volumes are principally related to mesopores but in the PW biochar the amount of mesopores is about six times higher than in the DS biochar. Regarding the pore size distribution, for both PW and DS biochar the meso- and macropores are continuously distributed in a 20–1000 Å range, mostly in the 20–200 Å range. In fact, both PW and DS biochar were prepared in similar temperature conditions (850 °C), respectively by direct pyrolysis and gasification, resulting in a heterogeneous texture and development of porosity also related to their organic waste origin. Regarding morphology, SEM analysis confirmed the adsorption/desorption test: many pores resulted around 100 Å (Figure 3a) and the presence of pores under 10 Å can be lightly evidenced on the surface of the material (Figure 3b), although in-depth information about the micropores distribution was limited by the SEM microscope.

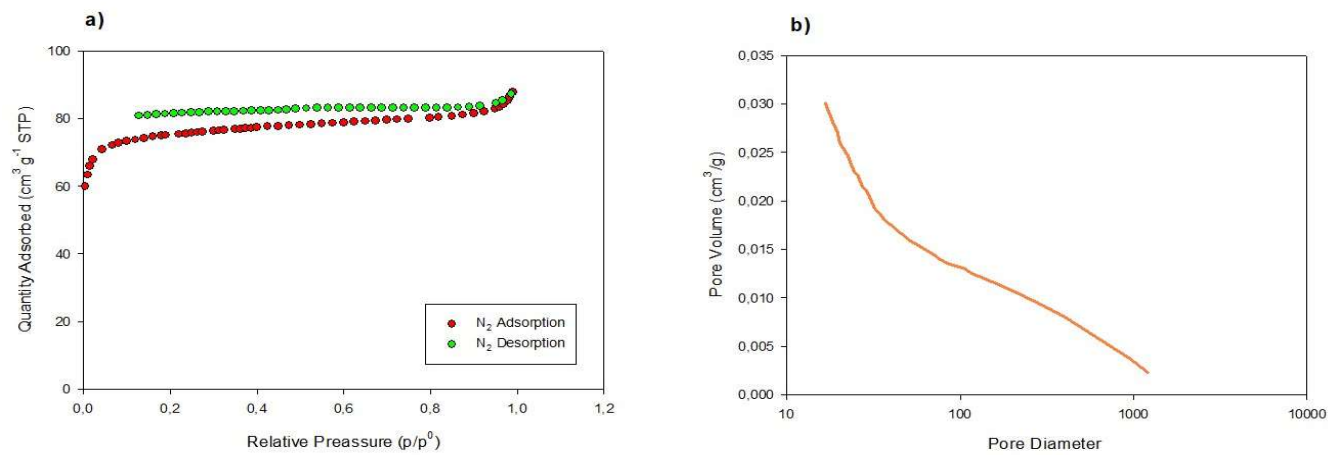


Figure 2. (a) N2 adsorption/desorption isotherms; (b) total pore volume of DS biochar.

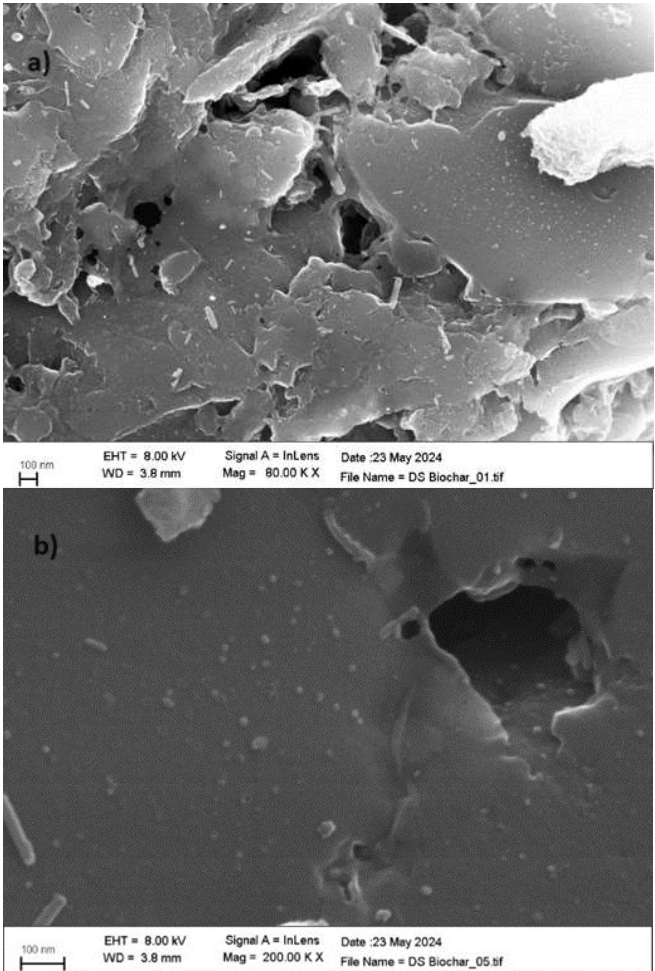


Figure 3. SEM images of DS (a,b), provided by the CNIS institute.

Table 1. Specific surface area and pore volume of DS and PW biochar.

Pinewood		
	Surface area (m² g⁻¹)	Volume pore (m³ g⁻¹)
Total	343±2	0.383
Micropores	224	0.136
Mesopores	119	0.247

Date seeds		
	Surface area (m ² g ⁻¹)	Volume pore (m ³ g ⁻¹)
Total	290±4	0.136
Micropores	270	0.110
Mesopores	20	0.026

3.2. Kinetic Tests

Between all the PFAS investigated, the sorption kinetics of PFOS at 1 mg L⁻¹ are reported as an example of the behavior adsorbate-adsorbent studied for the two biochars selected (Figure 4). As expected, because of its long chain log K_{ow} value and sulphonic group, PFOS interact effectively with the surface area of both the two organic materials [33]: the graphs show how the adsorption rate decreases with time until it gradually approaches the equilibrium state. The overall equilibrium state already reached at 24h and the slow adsorption that followed suggests the diffusion of PFOS molecules into the pores of the adsorbents [34].

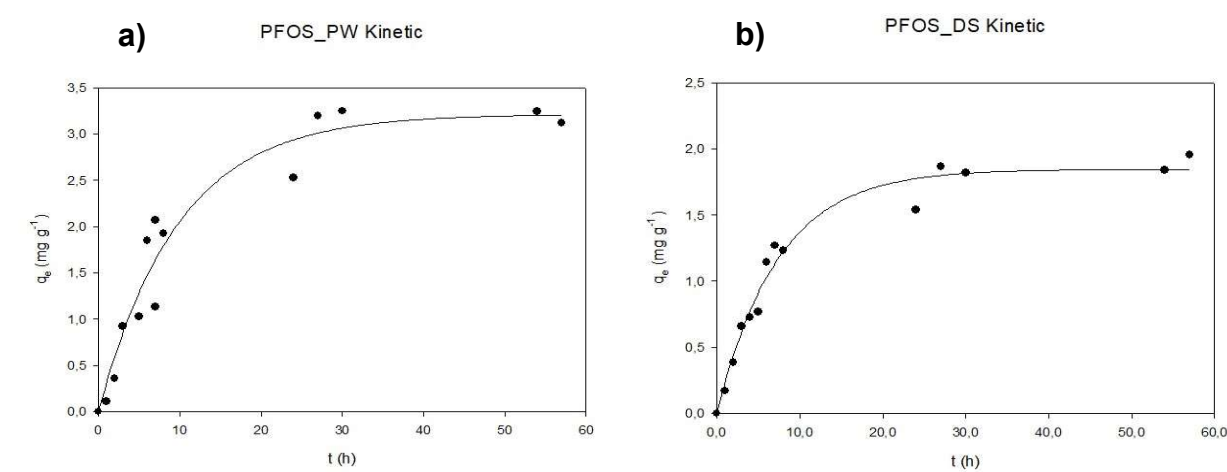
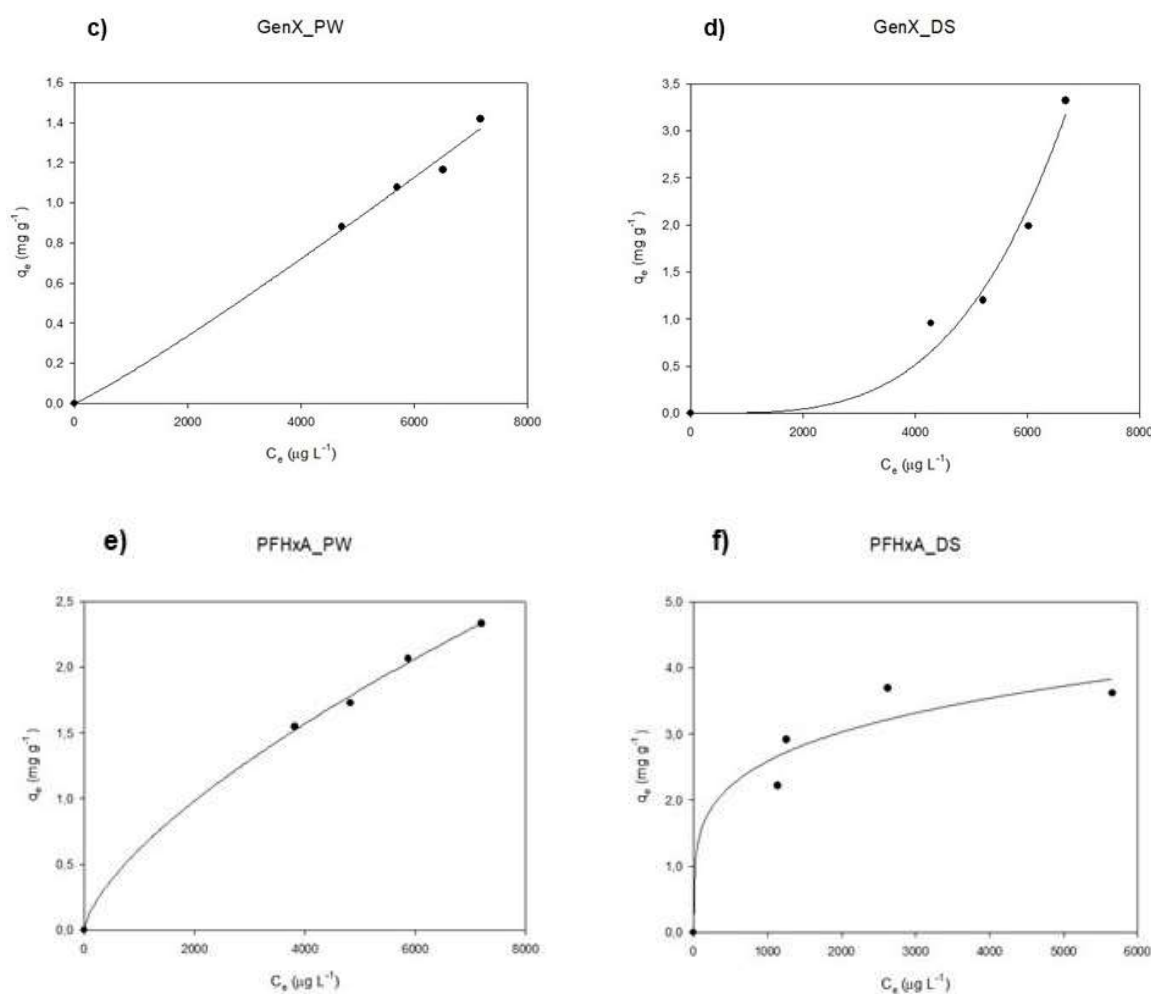


Figure 4. Sorption kinetics of PFOS on PW (a) and DS (b) at 2 g L⁻¹.

3.3. Isotherm Curves: Pinewood vs Date

Sorption isotherms of GenX PFHxA PFOA PFOS PFDA and PFTeDA both on PW and DS are reported in Figure 5. Freundlich model has been preferred to Langmuir's to represent results because it fits better the complexity of the adsorption phenomenon investigated with this two biochars; constants and the regression coefficients R² of Freundlich model are provided in Supplementary materials (Table S4). PFAS compounds investigated differ in terms of chain lenght (from 6 to 14 carbon atoms) and functional group (carboxylic and sulphonate). From the isotherm curves three ranges of C_e (0-1000, 2000-4000, 5000-9000 µg L⁻¹) can be evidenced: the highest values are related for the most part to DS while the intermediate and lowest ones to PW. In particular, the majority of low-intermediate C_e values belonging to long-chains PFAS (PFDA, PFTeDA) implies a major affinity as opposed to the high C_e ones for these short-chain compounds (PFHxA, GenX). PFTeDA, PFOA and GenX present a linear trend in case of DS isotherms curves suggesting that the adsorption process occurs in a single layer probably due to the active sites number where the adsorbate can adhere [35]. PFDA is the only one to show the same behavior both with PW and DS: this could be ascribed to its highly hydrophobic nature for which multilayer sorption is considered favorable especially at higher equilibrium concentrations [36]. PFOS reported the highest q_e values demonstrating its great affinity with the two carbonaceous materials probably thanks to the combination of chain length and sulphonate group [37-40]. In fact, PFAS with longer chains are more hydrophobic and the interaction with the carbonaceous adsorbents seems to be stronger and more effective. On the other hand, PFAS with shorter C-F chains show a recalcitrant behavior towards both biochars favouring electrostatic

interactions between ions eventually present on the surface of the material [38-39]. Similar results have been reported for AC for which the number of CF₂ units and functional group has shown to influence its removal efficiency despite its high surface area [41, 42]. Moreover, if q_e values of PFDA and PFOS differ significantly between the two adsorbents, PFTeDA showed a recurring behavior: both q_e and C_e values are comparable, but the isotherms show a different trend. Results obtained suggest how the surface area of the two materials investigated, also in terms of pores and chemistry composition, affects the overall adsorption of these compounds. In fact, data show a possible correlation between pore size and adsorption capacity, resulting in higher q_e values for PW in case of long chain PFAS (PFOS, PFDA, PFTeDA), in accord with the mesoporous abundance found by textural characterization analysis (Table 1). This behavior has also been studied in literature evidencing how the rates of PFAS sorption onto porous sorbents is closely related to the particle diameter and pore size of sorbents [34, 36, 42].



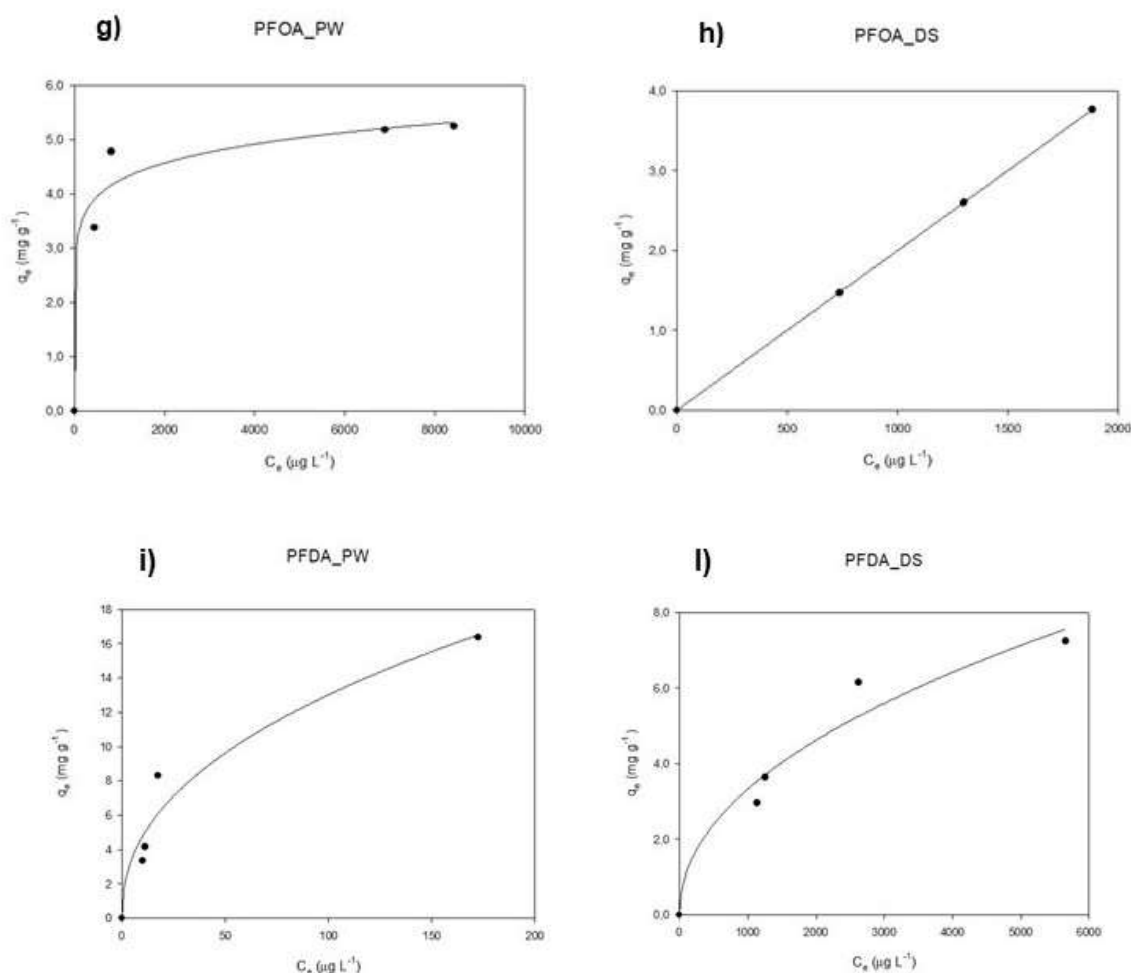


Figure 5. Sorption isotherms of PFOS (a, b), GenX (c, d), PFHxA (e, f), PFOA (g, h), PFDA (i, l), PFTeDA (m, n) on PW and DS biochar at $10 \mu\text{g L}^{-1}$.

5. Conclusions

Sorption tests were carried out to investigate the removal efficiency of 6 PFAS (PFHxA, GenX, PFOA, PFOS, PFDA, PFTeDA) from aqueous solution by two biochars, deriving from organic waste (pinewood and date seeds). Isotherm curves of DS and PW showed similar trends in relation to PFAS compounds with higher adsorption capacity for the long-chain ones (PFOA, PFOS, PFDA, PFTeDA). However, peculiar behaviors have also been evidenced (PFOS, PFTeDA), probably related to the porous structure and elemental composition of the two materials. Correlation between pore size and adsorption capacity has also been evidenced, showing higher performances for PW. These results highlighted an encouraging prospective for the replacement of well-known manufactured adsorbents as AC in the remediation field. In fact, using alternative biosorbents has less environmental and cost-effective impact in the long term. Following this point of view, in order to reach and possibly exceed AC performances, further investigation has to be explored by: i) column tests (both for single PFAS compound and mixtures); and ii) studying functionalization procedures to enhance adsorption capacity for both DS and PW.

Supplementary Materials: The following supporting information can be downloaded at: Preprints.org, Table S1: PFAS compounds investigated, relative molecular formulas, weights and octanol-water partition coefficients ($\text{Log } K_{ow}$); Table S2: Electronic parameters and retention time (RT) of each PFAS compound investigated; Table S3: Elution gradient in column for PFAS analysis; Table S4: Isotherm parameters, with corresponding regression coefficients (R^2).

Author Contributions: Conceptualization, M.S. and G.S.; methodology, G.S. and M.S.; software, M.S., and I.P.; validation, C.R., G.S. and M.S.; formal analysis, M.S. and I.P.; investigation, M.S. and R.C.; resources, M.P.P. and

R.R.; data curation, C.R.; writing—original draft preparation, M.S.; writing—review and editing, G.S., C.R., R.R.; visualization, R.R.; supervision, M.P.P.; project administration, M.P.P.; funding acquisition, C.R. All authors have read and agreed to the published version of the manuscript.

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Conflicts of Interest: The authors declare no conflicts of interest.

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