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## Article

# Cardiovascular Aging in HIV Infection: Analysis of Involved Genes

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**Abstract:** Acquired immunodeficiency syndrome (AIDS) has transitioned from a progressive, fatal disease to a chronic, manageable disease thanks to better defining of antiretroviral therapy, hence contributing to increased life expectancy. In parallel, a growing number of subjects without overt clinical signs of disease but living with chronic HIV infection (people living with HIV, PLWH) are experiencing early cardiovascular disease worldwide. However, a progressive increase in the prevalence of multiple comorbid diseases has been reported as these patients age, including cardiovascular disease (CVD). Cardiovascular mortality can be either directly related to the viral infection, a progressive reduction of response to the antiretroviral therapy, chronic inflammation or lifestyle-related. Cardiovascular ageing represents a relevant issue in the management of HIV-infected patients. Although the exact pathophysiological mechanism that leads PLWH to develop cardiovascular disease is not entirely understood, there is substantial evidence that they accumulate age-related conditions earlier than the general population. Furthermore, since the proportion of PLWH growing older than 50 years has progressively increased, this results in a complex interaction between disease-related pathophysiology and the exposition of a growing burden of cardiovascular risk factors. For this reason, we performed a systematic review of the genes most frequently associated with ageing in HIV-infected subjects, followed by a bioinformatic analysis to explore the biological impact of the genes related to ageing.

**Keywords:** HIV; aging; cardiovascular disease

## 1. Introduction

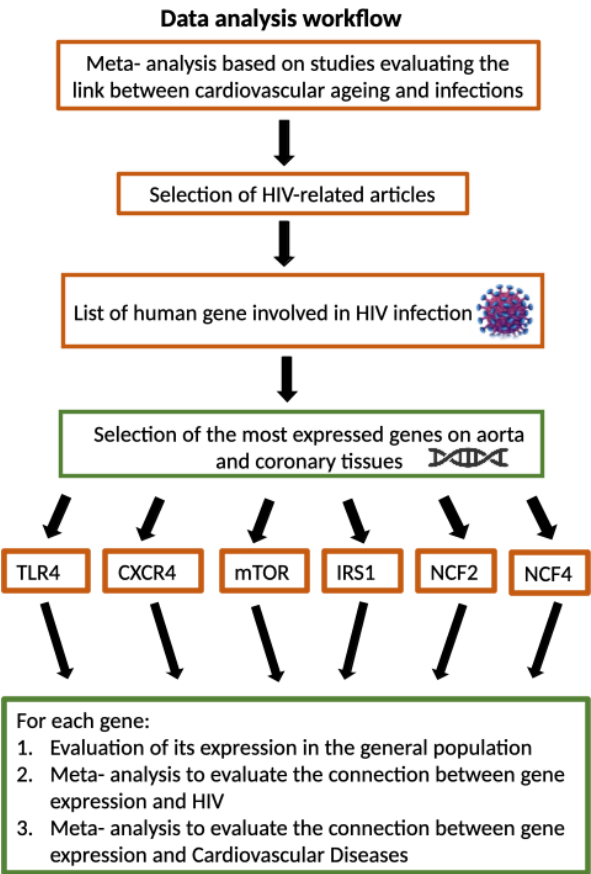
Cardiovascular diseases represent the world's leading cause of death[1]. Older age is a significant risk factor for cardiovascular disease, which prolongs exposure to hypertension, diabetes, hypercholesterolemia and smoking [2]. In addition, intrinsic ageing of the heart makes it more prone to stress, with an increase in cardiovascular mortality and morbidity in older adults. Intrinsic cardiac ageing is defined as the slowly progressive structural changes and functional declines with age, without significant cardiovascular risks [3]. At the same time, the progressive deterioration of immune functions with age (immunosenescence) increases older adults' susceptibility to infection and their risk of severe outcomes in case of disease. Moreover, ageing may be the cause of infection, but infection can also be the cause of ageing [4]. Mechanisms may include enhanced inflammation, pathogen-dependent tissue destruction or accelerated cellular ageing through increased turnover. However, the connection between cardiovascular ageing and infections and how the two phenomena can influence each other is still unknown. Our attention was focused on the possible interactions between HIV and the development of cardiovascular diseases with advancing age, considering the increase in life expectancy of these patients thanks to modern therapies.

The human immunodeficiency virus (HIV) is an enveloped retrovirus that contains two copies of a single-stranded RNA genome[5]. HIV attaches to the CD4 molecule and CCR5 (a chemokine

co-receptor), gaining the T-helper lymphocyte. After integration in the host genome, the HIV provirus forms and follows transcription and viral mRNA production, assembling structural proteins in the host cell. Viral budding from host cells can release millions of HIV particles that can infect other cells [6].

From two to four weeks, HIV enters the body, and the patient may develop symptoms of primary infection. Following this period, a prolonged chronic HIV infection occurs, which can last for decades. The last stage of HIV disease is acquired immunodeficiency syndrome (AIDS), characterised by opportunistic infections and tumours, which are usually fatal without treatment [7]. Prolonged life expectancy heralded a higher prevalence of diseases of ageing, including CVD-associated morbidity and mortality [8].

The risk of CVD death is significantly higher among patients with HIV in respect of the general population for every 10-year age group from 25 years to 64 years. In contrast, no significant difference was observed in the 65 to 74-year age group [9]. It was also found that the risk of CVD death was significantly lower among PWH who had viral suppression than among those without full suppression. Different pathophysiological mechanisms correlate the development of cardiovascular diseases to a gene dysregulation exacerbated by the infection and by the inflammatory substrate connected to it [10]. Rho-associated kinases ROCK1 and ROCK2, IL-6, MMP9, CCL23, NCF4, and some T-cell components (TLR4, CXCR4) regulate pathological remodelling processes that involve inflammation and fibrosis in cardiovascular disease. Their up/down deregulation is frequent in people living with HIV (PLWH). Their expression varies according to the type of tissue considered and is strongly influenced by sex, race, and age. In this context, we aim to provide a comprehensive quantitative synthesis of genetic pathways involved in HIV and their correlation with CVD, considering age and sex-related differences too [11]. Figure 1 depicts the workflow of analysis.



**Figure 1.** We made a first meta-analysis based on studies evaluating the link between cardiovascular ageing and infections, choosing only HIV-related articles. A list of human genes involved in HIV infection has been drawn up, and only major genes expressed in the aorta and coronary tissue (TLR4, CXCR4, mTOR, NCF2, NCF4 and IRS1) have been selected To highlight a possible correlation between the infection and CVD pathogenesis, an analysis was carried out on three levels: we analysed gene expression in the general population, we made a meta-analysis to evaluate the connection between gene expression and HIV and a meta-analysis to evaluate the connection between gene expression and Cardiovascular Diseases

2. Related Work

The introduction of Highly Active Antiretroviral Therapy (HAART) has reduced AIDS-related mortality, as demonstrated by Hammer et al. [12]. However, non-HIV-related mortality, such as that attributable to CVD, has become increasingly crucial for the estimated 33.3 million people living with HIV (PLHIV) [13]. Data from the New York City HIV Surveillance Registry for 2001 to 2012 showed that the proportion of CVD deaths among all deaths increased in the HIV population from 6 per cent to 15 per cent and decreased in the general population [14].

Despite evidence of the earlier onset of CVD in the PWH population, it is not well known how HIV infection increases the risk of CVD. Smoking remains one of the most significant contributors to the development of CVD among PLWH [15]. At the same time, HIV infection has been recognized as a prothrombotic condition in which a hypercoagulable state places patients at increased risk for deep vein thrombosis and other ischemic CVD events. Activated platelets favour proinflammatory and thrombogenic effects. However, no genes have been identified as the cause of the increased risk of developing CVD in PLWH.

3. Methods

3.1. Study Selection

We searched Scopus electronic databases using the following keywords and corresponding MeSH (Medical Subject Headings) terms: ( cardiovascular AND ageing, AND infection ) AND ( omics OR sequencing OR genomics OR proteomics OR metabolomics ). We also checked the reference lists of eligible studies and screened scientific abstracts and relevant Web sites. Two investigators (S.D.R., F.B.) independently screened search records to identify eligible trials. No disagreements occurred. Inclusion criteria were randomised, and observational controlled trials were conducted based on the connection between cardiovascular ageing and infections. Exclusion criteria were studies unrelated to the research question, with no control arm; clinical outcome not reported; absence of original article and editorial comment. Figure 2 depicts the PRISMA workflow for meta-analysis.

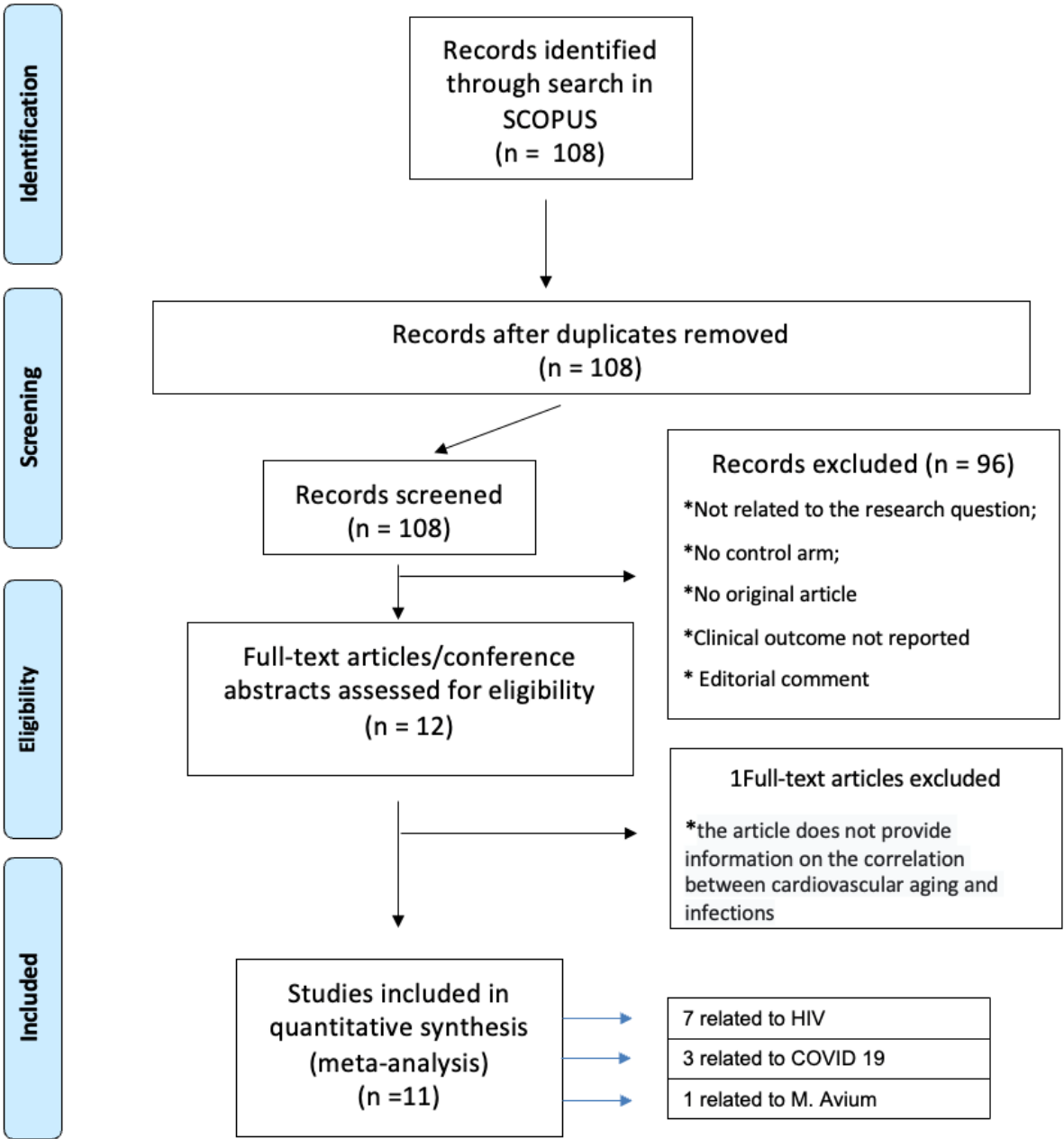


Figure 2. PRISMA-based screening strategy

3.2. Data Synthesis and Analysis

We decided to focus our primary data summary on studies evaluating only the link between cardiovascular ageing and HIV using data extracted from the original primary publications. We based our analyses on the genes dis-regulated pathways in patients with HIV, drown up a list of all the genes involved and selected only the genes most expressed in aortic and coronary tissues: TLR4, CXCR4, mTOR, NCF2, NCF4 and IRS1. We used VoyAGER application [16] to search expression gene levels in the general population of TLR4, CXCR4, mTOR, NCF2, NCF4 and IRS1, in particular on the aorta and coronary tissues, with related age and sex differences as depicted in Figure 3.

Tissue	Male		Female	
	INCREASING	DECREASING	INCREASING	DECREASING
Adipose_subcutaneous		ROCK2	MMP9	ROCK2
				IRS1
				SERPINE1
				S100B
Adipose_visceral	PIK3CD		CXCR4	
	ADA			
Artery_aorta			CXCR4	
			NARF	
		NCF2		
		TLR4		
Artery_coronary		NCF4		
			MTOR	
Artery_tibial			NARF	
			IRS1	
			NCF1	
			CD5	
				NTF3
			NARF	
			S100B	
			NCF4	
Heart_left_ventricle	AGER			
		AZR		
Skin_not_exposed	ADA	ACTB		
				IGF1R
Whole_blood	TNFSF11	MTOR		IRS1
	TNFSF10			
	ACTB			
	IL6			
			CCL23	
		PIK3CD		
		GNAI3		
		S1009A		
		S1008A		
		NCF2		
		ROCK2		
		PIK3CB		
		TNFSF10		
		PIK3CA		
		CD14		
		AGER		
		ACTB		
		NCF1		
		PIK3CG		
		TLR4		
		MMP9		
		ITG2		
		NCF4		

Figure 3. A list of genes increasing and decreasing in males and females grouped by tissue.

At the same time, we used these genes for a new integrated Scopus and Pubmed meta-analysis to identify their role in HIV and CVD using the following keywords and corresponding MeSH (Medical Subject Headings) terms: ((TLR4) AND (HIV));((CXCR4) AND (HIV));((mTOR) AND (HIV));((NCF4)



AND (HIV);((NCF2) AND (HIV));((IRS1) AND (HIV) for the first meta-analysis and ((TLR4) AND (cardiovascular)) AND (disease);((CXCR4) AND (cardiovascular)) AND (disease);((mTOR) AND (cardiovascular)) AND (disease);((NCF4) AND (cardiovascular)) AND (disease);((NCF2) AND (cardiovascular)) AND (disease);((IRS1) AND (cardiovascular)) AND (disease) for the second meta-analysis. Finally, we compared the variability of these genes in the general population, in patients with HIV, and in patients with cardiovascular diseases to understand how the development of cardiac pathologies in PLWH correlates with the expression of these genes.

### 3.3. Bioinformatic Data Analysis

The GTEx data portal [17] is widely recognized as a crucial resource for accessing whole-genome sequencing and RNA-seq data from various individuals. For each specimen, GTEx includes pertinent details about the patient, including the origin tissue, sex, and age, which are categorized into six distinct groups.

As of September 25th, the latest iteration of the GTEx database (version 8) comprises 17,382 samples from 54 different tissues across 948 donors (accessible at <https://gtexportal.org/home/tissueSummaryPage>). This version is hosted online and features a user-friendly query interface and data visualization tools. These resources are extensively utilized in numerous studies related to ageing, as referenced in several publications [18].

GTEx provides information about the age and sex of the patient, categorized into six different classes: 20-29, 30-39, 40-49, 50-59, 60-69, 70-79. The data also includes details about the tissue of the sample. Samples were grouped by tissue and sex, and genes were identified based on their average expression levels increasing or decreasing with age for each sex. The average expression level for each age group was calculated, and genes showing increased or decreased levels with age were selected. The statistical significance of the increase was tested using an ANOVA test with a corrected p-value of less than 0.05.

## 4. Results

One hundred eight articles were identified through search in SCOPUS. Using a PRISMA-based screening strategy depicted in Figure 2, we identified 11 studies, seven related to HIV [19–24], 3 related to COVID-19 [25–27] and one related to *Micobacterium Avium* [28]. We focused our analysis only on HIV related studies, drawn up a list of all the genes involved and selecting only the genes most expressed in aortic and coronary tissues: TLR4, CXCR4, mTOR, NCF2, NCF4 and IRS1. Our aim was to clarify the variability of these genes in general population, in PLWH and in people with cardiovascular diseases in order to provide a comprehensive quantitative synthesis of genetic pathways involved in HIV and their correlation with CVD, considering age related differences too as depicted in Figure 4.

Gene	General population	PLWH	PLWCVD
TLR4	↑	↑	↑
CXCR4	↑	↑	↑
mTOR	↓	↑	↑
IRS1	↓	↑	↑
NCF2	=	↑	NA
NCF4	=	↑	NA

**Figure 4.** In this figure, we observe the variability of the genes of interest in the general population, patients with HIV, and patients with cardiovascular diseases. We have also clarified the association between specific polymorphisms of the genes of our interest and the development of HIV and cardiovascular diseases. The main polymorphisms associated with HIV include A+896G (rs4986790) and C+1196T (rs4986791). Compared to non-carriers, carriers of A+896G/C+1196T showed blunted inflammatory responses to inhaled LPS. At the same time, single nucleotide polymorphisms(SNPs) in TLRs such as TLR4 1063A/G and 1363C/T are associated with changes in CD4 count, viral load (VL), and disease progression during HIV infection. The main polymorphisms associated with cardiovascular diseases are rs1927914, rs10759932, rs4986791, 299Gly for TLR4 and rs2943640, Arg/Arg , Gly/Arg, rs956115, Gly972Arg, Arg972 for IRS1. NA: No clinical data is available for NCF2 and NCF4.

4.1. Increasing Decreasing Genes in General Population

TLR4 levels both in aortic and coronary tissues tend to decrease starting from the age of 50 but the highest rate of genetic alterations occurs at 25 years in coronary tissue and at 55 years in aortic tissue (see Figures A1 and A2). CXCR4 levels in aortic tissue continuously rise throughout life and the highest rate of genetic alterations occurs around 40 years old. Instead in coronary tissue gene’s levels continuously increase up to the age of 60 and then decrease exponentially. In this case the highest rate of genetic alterations occurs during young age (30 years) (see Figures A3 and A4).mTOR levels both in aortic and coronary tissues tend to decrease starting from the age of 50 and at the same time the highest rate of genetic alterations occurs in this phase (highest point after 60 years for coronary tissue and at 55 years for aortic tissue) (see Figures A5 and A6).IRS1 levels both in aortic and coronary tissues tend to decrease starting from the age of 50 and at the same time the highest rate of genetic alterations occurs in this phase (highest point at 50 years for coronary tissue and 60 years for aortic tissue) (see Figures A7 and A8 of the Appendix A). NCF2 levels in aortic tissue do not vary throughout life and the highest rate of genetic alterations occurs around 35 years old. Instead in coronary tissue gene’s levels tend to decrease starting from the age of 60 years. In this case the highest rate of genetic alterations occurs at 50 years (see Figures A9 and A10 of the Appendix A). NCF4 levels in aortic tissue do not vary throughout life and the highest rate of genetic alterations occurs around 35 years old. Instead in coronary tissue gene’s levels tend to decrease starting from the age of 60 years. In this case the highest rate of genetic alterations occurs at 60 years (see Figures A11 and A12 of the Appendix A).

4.2. Increasing and Decreasing Genes in Patients with HIV

From an integrated Scopus and Pubmed search, we found clinical data only for TLR4, mTOR, CXCR4, IRS1, and NCF4.

266 TLR4 articles were identified through a search in SCOPUS and 310 through a search in PUBMED. Using a PRIMSA-based screening strategy (see Figure A13 of the Appendix A), we identified 38 studies. Many studies using several cell types from HIV-infected patients indicate that TLR4 plays



a crucial role in regulating the expression of proinflammatory cytokines and viral pathogenesis [29]. An increase of TLR4 expression and production of proinflammatory cytokines were observed in HIV patients and, remarkably, some studies found the expression was higher in cells from patients who do not use HAART [30,31].

Ten studies have highlighted the correlation between HIV and specific TLR4 polymorphisms: the presence of the TLR4 gene Gly polymorphic allele in the genome increases the risk of HIV/HCV coinfection development [32]. The main TLR4 SNPs studied include A+896G (rs4986790) and C+1196T (rs4986791). Compared to non-carriers, carriers of A+896G/C+1196T showed blunted inflammatory responses to inhaled LPS [33] while single nucleotide polymorphisms (SNPs) TLRs such as TLR4 1063A/G and 1363C/T are associated with changes in CD4 count, viral load (VL), and disease progression during HIV infection [34]. The TLR4 Asp299Gly heterozygous genotype and the mutant allele G were higher in HIV-1 infection than healthy controls, and in stage, I compared to different clinical stages of infection [35].

Finally, TLR4 Asp299Gly polymorphism is independently associated with the occurrence of CVDs in HIV-infected patients. The pro-inflammatory profile related to this variant could be involved in the development of atherosclerotic pathologies [36]. At the same time, HIV entry in the host cell requires interaction with the CD4 membrane receptor and depends on the activation of coreceptor CXCR4. [37]. Therefore, a tendency for greater activation of CXCR4+CD4+ T cells in patients with advanced disease was observed. [38]. In particular, 3825 CXCR4 articles were identified through a search in SCOPUS and 3970 through a search in PUBMED. Using a PRIMSA-based screening strategy (see Figure A14 of the Appendix A), we identified 62 studies. The natural ligands for CXCR4 can inhibit viral entry. In particular, several peptidic compounds, T22 (an 18-mer), T134 (a 14-mer), ALX40-4C (a 9-mer) and CGP 64222 (also a 9-mer), have been identified as CXCR4 antagonists and show anti-HIV activity [39–41]. Another new technology consists of a small-molecule inhibitor, ALX40-4C, that inhibits HIV-1 envelope (Env)-mediated membrane fusion and viral entry directly at the level of coreceptor use. [42] In the future, HIV entry/fusion inhibitors will become important new antiviral agents to combat AIDS. Mutations in the CXCR4 gene are generally rare and have not been implicated in HIV-1/AIDS pathogenesis. Comprehensive mutation analysis of the CXCR4 gene confirmed a high degree of genetic conservation within the coding region of this ancient population. [43].

mTOR plays a crucial role, too. One hundred fifty-one mTOR articles were identified through a search in SCOPUS and 187 through a search in PUBMED. Using a PRIMSA-based screening strategy (see Figure A15 of the Appendix A), we identified 19 studies. CD4+ and CD8+ T cells from PLWH play a role in cell adhesion, apoptosis and migration processes involved in atherosclerosis, and the upregulated mTOR pathway mediates these atherogenic processes [20,44]. The HIV-1 viral life cycle depends on mTOR because it drives signalling and metabolic pathways required for viral entry, replication, and latency. In HIV-1 pathogenesis, mTOR alters host cell metabolism to create an optimal environment for viral replication [44]. Preclinical evidence indicates that selective inhibitors of mTOR, such as rapamycin, could represent a novel therapeutic approach for the treatment of these pathologies [45].

In PLWH monocytes, NCF genes are involved in superoxide production and are a positive regulator of P13K signalling. [20] From our integrated search on Pubmed and Scopus, only one article was selected (see Figure A16 of the Appendix A), where microarray data analysis of datasets that involved HIV cases was done to scrutinize the differentially expressed genes. NCF4 might have the potential to be exploited as a possible drug target and biomarker in the diagnosis, prognosis as well as treatment of HIV and its comorbidities [46].

Finally, blood sugar metabolism abnormalities have been identified in HIV-infected individuals and associated with HIV-associated neurocognitive disorders (HAND). [47] In HIV untreated patients, there is severe insulin resistance with increased LPS and cytokines that involve the liver, hypothalamus, muscle, vessels and adipose tissue. Five IRS1 articles were identified through a search in SCOPUS and

20 through a search in PUBMED. We identified nine studies using a PRISMA-based screening strategy (see Figure A17 of the Appendix A).

The increase in LPS circulating levels in HIV patients will induce an increase in circulating inflammatory cytokines. These increases will activate TLR4, IL-6, and TNFalpha receptors, which will induce mitochondrial dysfunction, activation of the inflammasome and an increase in intracellular lipid accumulation [48]. Then, PKR, JNK, and IKKbeta/NF-KB pathways will be activated in the liver, muscle, adipose tissue, macrophages and other tissues. Activating these serine kinases (PKR, JNK, and IKKbeta) will induce serine phosphorylation of the IRS1/2 and, consequently, a downregulation in insulin signalling [48]. Finally, the same antiretroviral therapy with indinavir, lopinavir and nelfinavir causes insulin resistance [49–51].

#### 4.3. Increasing and Decreasing Genes in Patients with CVD

The integrated Scopus and Pubmed search found clinical data for TLR4, mTOR, CXCR4, and IRS1. It was of great interest to require information about baseline characteristics of patients with cardiovascular disease and the de-regulation of a specific gene expression.

884 TLR4 articles were identified through a search in SCOPUS and 141 through a search in PUBMED. Using a PRISMA-based screening strategy, we identified 22 studies. (see Figure A18 of the Appendix A) People included were both male and female, of any age from eighteen years and with many diseases such as diabetes mellitus, hypertension, dyslipidemia, obesity, bicuspid aortic valve, abdominal aortic aneurysm, peripheral artery disease, the story of acute myocardial infarction or unstable angina. Six studies have highlighted the correlation between cardiovascular diseases and specific TLR4 polymorphisms [52–57]: rs1927914 TC, TC/CC genotypes and TLR4 rs1927914 TC genotype were associated with aortic aneurysm; rs10759932 polymorphism was associated with a reduced risk of AAD. The C/T genotype of the rs4986791 polymorphism was significantly associated with severe non-coronary atherosclerosis. The frequency of SNP896A/G in the TLR4 gene was not significantly different between AMI patients and controls. Finally, 299Gly carriers (with a story of CCS) had a lower risk of cardiovascular events during follow-up with pravastatin. Instead sixteen studies demonstrated that the specific cardiovascular disease (aortic aneurysm, acute or chronic coronary syndrome etc.) was associated with higher TLR4 blood levels [58–68].

About CXCR4, 128 articles were identified through a search in SCOPUS and 83 through a search in PUBMED. Using a PRISMA-based screening strategy as reported in Figure A19 of the Appendix A), we identified 1 study. People included were both male and female, of any age from eighteen years and with many diseases such as diabetes mellitus, hypertension, dyslipidemia, atrial fibrillation, the story of acute myocardial infarction or unstable angina. In this study, platelet surface expression of CXCR4 was measured in 284 patients with symptomatic CAD at the time of percutaneous coronary intervention (PCI). The primary combined endpoint was defined as all-cause death and myocardial infarction (MI) during a 12-month follow-up. There were differences in CXCR4 values in patients who developed a combined end point compared with event-free patients and in patients who subsequently died. In fact, lower platelet CXCR4 levels were independently and significantly associated with all-cause mortality (hazard ratio 0.24, 95 per cent CI 0.07-0.87) and the primary combined end point of all-cause death and MI (hazard ratio 0.30, 95 per cent CI 0.13-0.72) [69].

One hundred twenty-nine articles on mTOR were identified through a search in SCOPUS and 361 through a search in PUBMED. Using a PRISMA-based screening strategy (see Figure A20 of the Appendix A), we identified two studies. People included were both male and female, of any age from eighteen years and with many diseases such as diabetes mellitus, hyper- or hypothyroidism, severe infection, malignancy, CVD, stroke/TIA, Rheumatoid Arthritis, and acute myocardial infarction. One study demonstrated that mTOR inhibition using everolimus at the time of an acute STEMI reduces LV infarct size following successful PCI[70]. In the other study, patients with Rheumatoid Arthritis showed hypoexpression of Raptor, a positive regulator of mTOR activity, resulting in decreased LDL levels[71].

One thousand nine hundred ninety-four articles were identified about IRS1 through a search in SCOPUS and 32 through a search in PUBMED (see Figure A21 of the Appendix A). Using a PRISMA-based screening strategy, we identified following studies [71–74]. People included were both male and female, of any age from eighteen years and with many diseases such as diabetes mellitus, obesity, hypertension, dyslipidemia, previous acute myocardial infarction, multivessel CAD, prior stroke/TIA, chronic renal insufficiency. Five studies have highlighted the correlation between cardiovascular diseases and specific IRS1 polymorphisms: the C allele of the IRS1 gene (rs2943640) in both homozygous and heterozygous states may indicate an increased risk of dyslipidemia in type 2 diabetic patients with comorbidities. Arg/Arg and Gly/Arg polymorphism of the IRS-1 gene is associated with such components of the metabolic syndrome as hypertriglyceridemia and fasting hyperglycemia. In another study, type 2 DM patients who are carriers of the C allele of the rs956115 marker of the IRS-1 gene have a hyperreactive platelet phenotype and increased risk of MACE, while hypertensive patients with the GA genotype Gly972Arg polymorphism of the IRS-1 gene are predisposed to insulin resistance and disorders of lipid metabolism.

Finally, the Arg972 variant in insulin receptor substrate-1 is associated with an atherogenic profile in type 2 diabetic patients.

## 5. Discussion

Antiretroviral therapy (ART) has improved quality of life and increased life expectancy among human immunodeficiency virus (HIV)–infected individuals. Consequently, patterns of mortality and morbidity are changing among the human immunodeficiency virus (HIV)—infected population [75].

Several studies suggest that CVD events in HIV-positive patients occur at higher rates compared with HIV-negative or general populations of similar age [76]

It is well known that the risk of CVD increases with age, but it remains unclear whether this age-related increase is more rapid in HIV-positive people than in the general HIV-negative population.

We based our analyses on the genes dysregulated pathways in patients with HIV, selecting genes simultaneously most expressed in aortic and coronary tissue. We compared the gene expression of TLR4, CXCR4, mTOR, NCF2, NCF4, and IRS1 in the general population, in patients with HIV, and in patients with cardiovascular disease, obtaining interesting results.

The findings presented in the analysis highlight the intricate relationship between genetic pathways involved in HIV infection and cardiovascular diseases. The dysregulation of genes such as TLR4, CXCR4, mTOR, NCF2, NCF4, and IRS1 in individuals living with HIV not only impacts viral pathogenesis but also contributes to the development of cardiovascular complications.

The upregulation of TLR4, a key regulator of proinflammatory cytokines, in HIV patients, particularly in those not on antiretroviral therapy, underscores the role of inflammation in HIV pathogenesis and its potential link to cardiovascular diseases. Similarly, the increased activation of CXCR4 in advanced HIV disease indicates its involvement in viral entry and immune dysregulation, which can also impact cardiovascular health.

Furthermore, the dysregulation of mTOR, NCF2, NCF4, and IRS1 in HIV-infected individuals sheds light on the metabolic disturbances and insulin resistance observed in these patients, which are known risk factors for cardiovascular diseases. The interplay between these genetic pathways not only affects the progression of HIV-related complications but also influences the development of cardiovascular events in this population.

The identification of specific polymorphisms and gene expressions associated with cardiovascular diseases in individuals living with HIV provides valuable insights into potential genetic markers for risk stratification and targeted interventions. Understanding these genetic pathways' molecular mechanisms can pave the way for personalized approaches to managing cardiovascular risks in PLWH.

Overall, the integration of genetic studies in the context of HIV infection and cardiovascular diseases offers a comprehensive understanding of the intricate interplay between viral pathogenesis, immune responses, metabolic dysregulation, and cardiovascular complications.

6. Conclusions

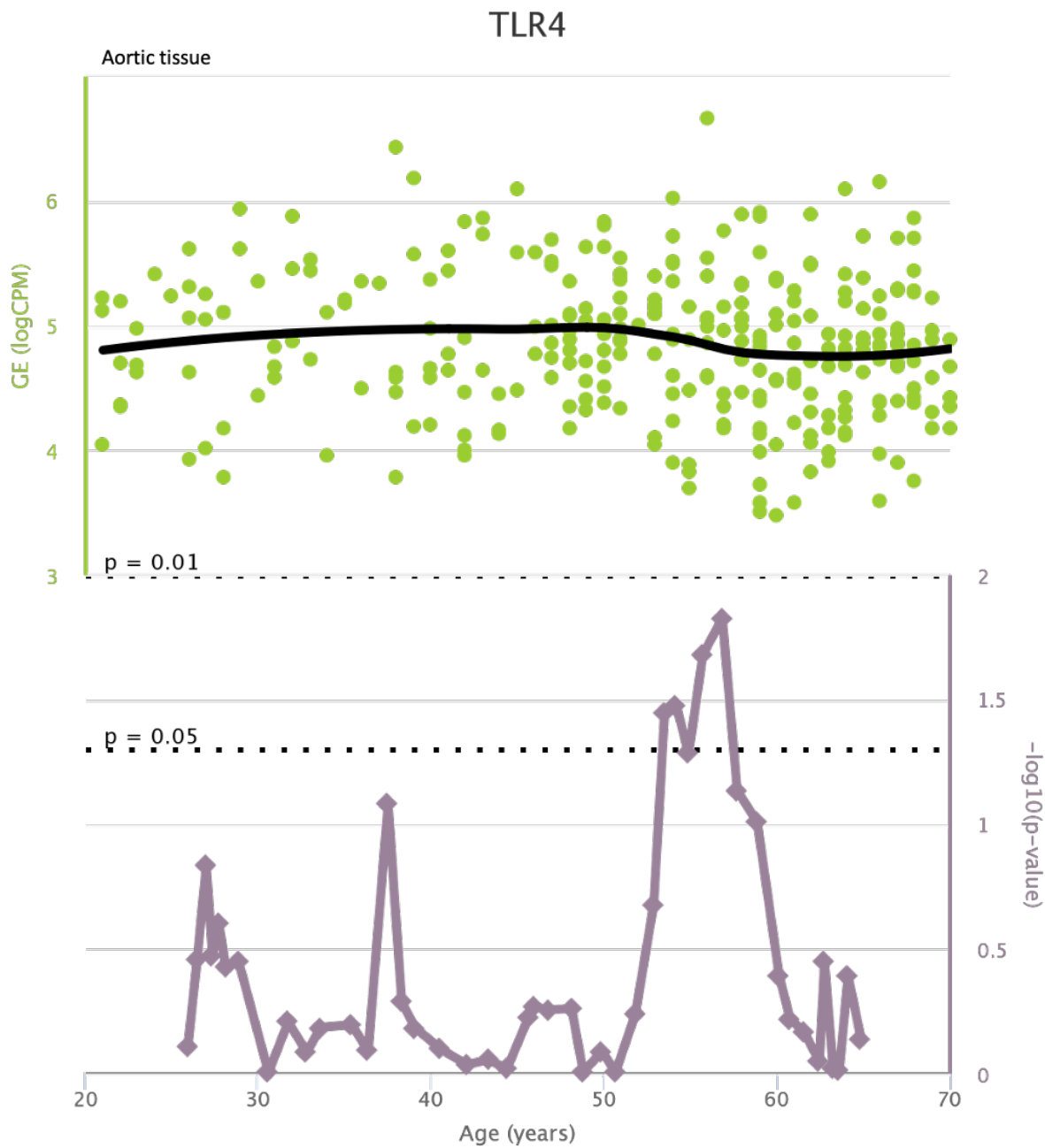
In conclusion, with our research we have identified possible correlations between the genetic pathways involved in HIV and the development of cardiovascular diseases. Further research in this area is essential to elucidate the causal relationships between these genetic pathways and disease outcomes, ultimately guiding the development of novel therapeutic strategies for improving the health outcomes of individuals living with HIV.

Abbreviations

AIDS	Acquired Immunodeficiency Syndrome
HIV	Human Immunodeficiency Virus
PLWH	People Living With HIV
CVD	Cardiovascular Diseases
PWH	People With HIV
HAART	Highly Active Antiretroviral Therapy
CCS	Chronic Coronary Syndrome
AMI	Acute Myocardial Infarction
CAD	Coronary Artery Disease
TIA	Transient Ischemic Attack
DM	Diabetes Mellitus
MACE	Major Adverse Cardiovascular Events
ART	Anti Retroviral Therapy

Appendix A

This section contains a set of supplementary Figures related to the analysis of the paper.



**Figure A1.** TLR4 levels in aortic tissue and rate of genetic alterations

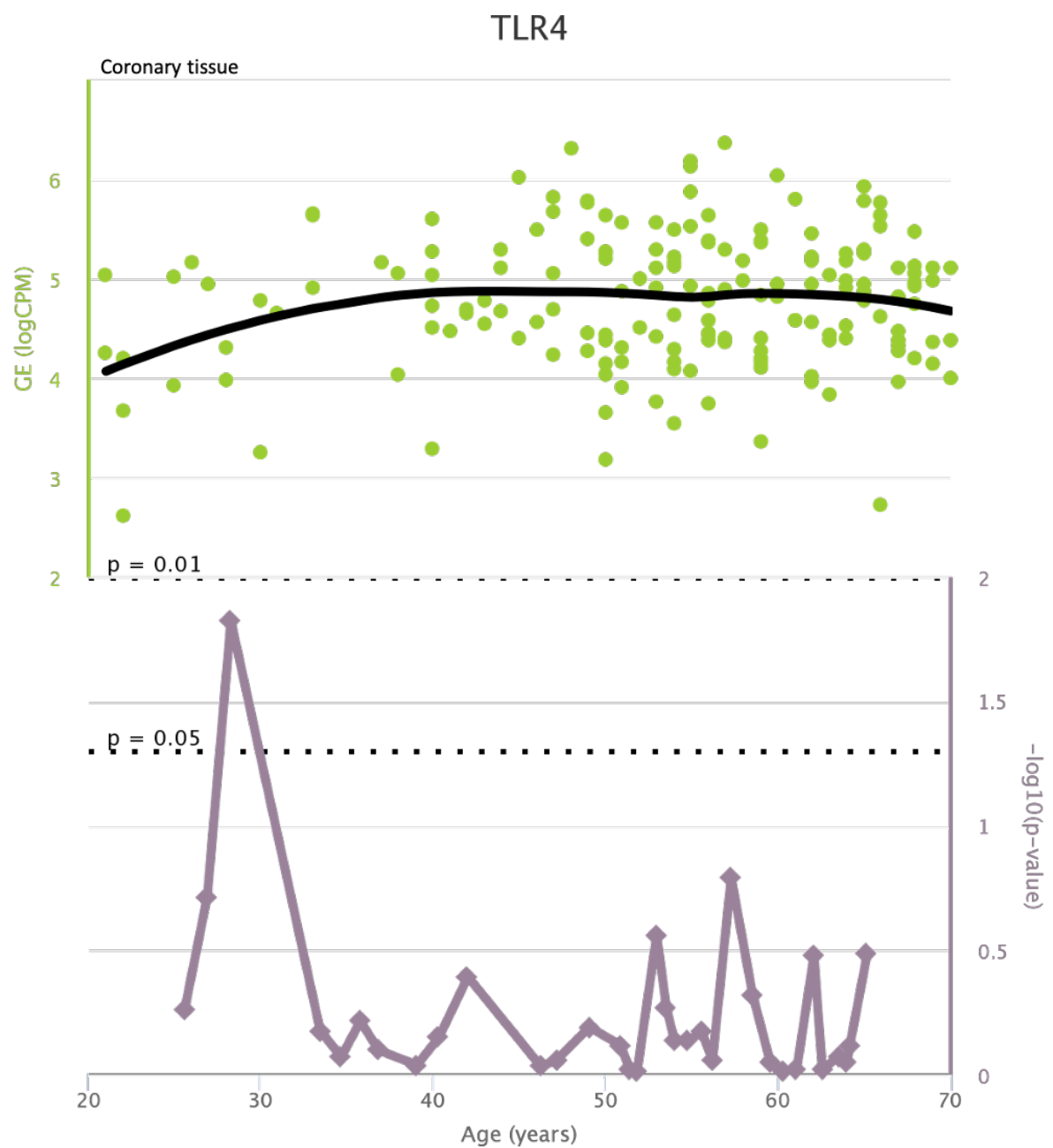
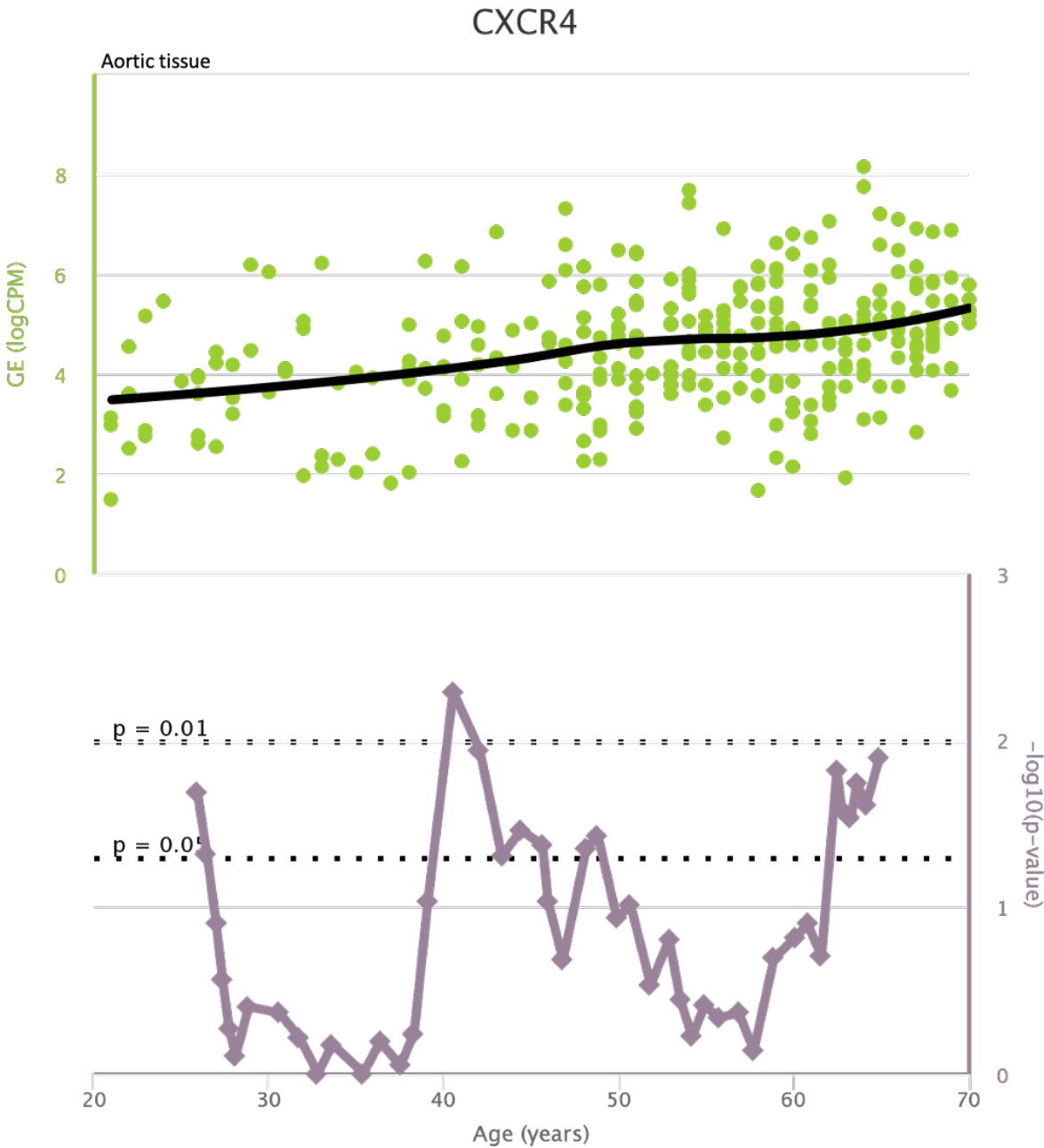
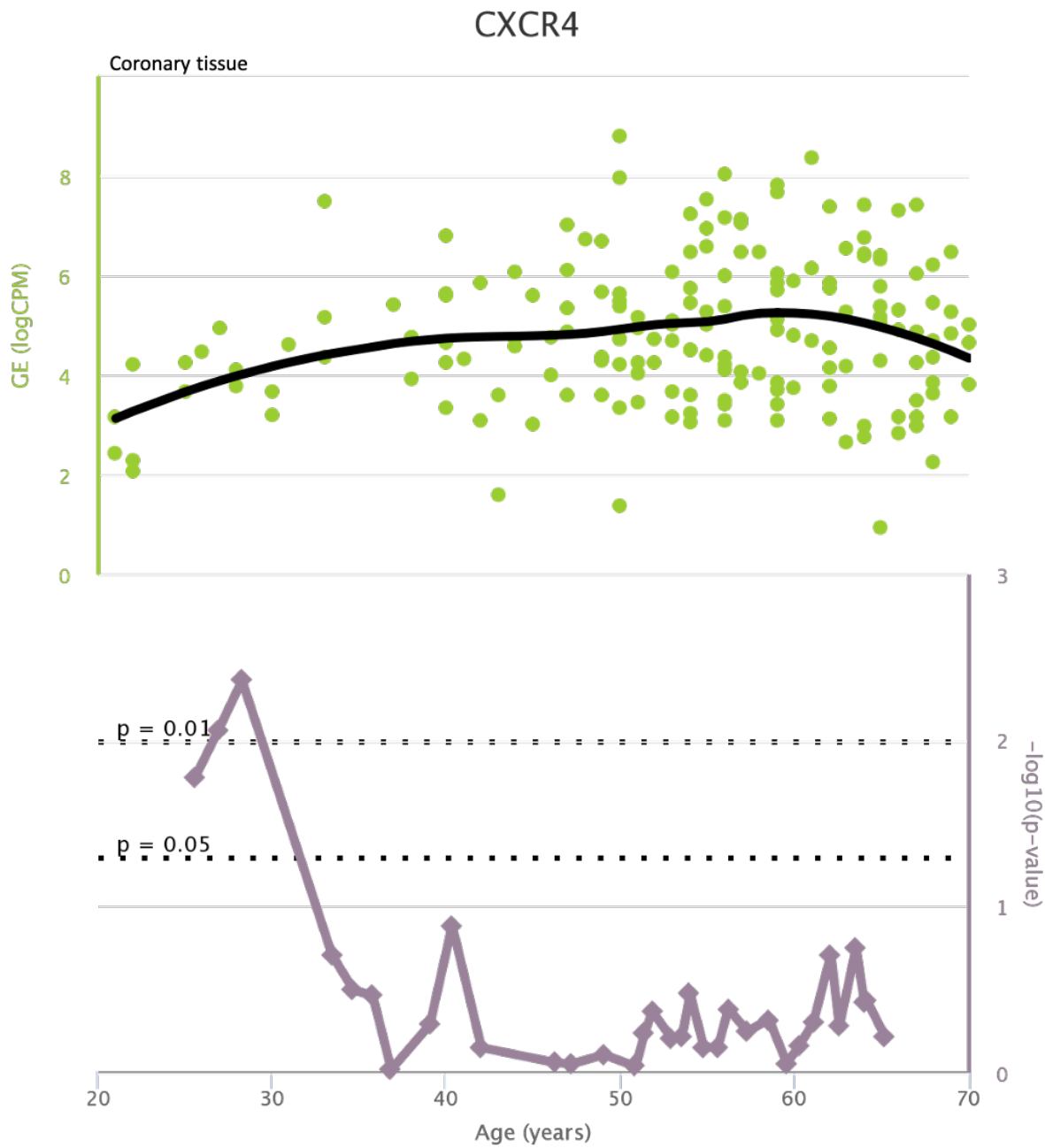


Figure A2. TLR4 levels in coronary tissue and rate of genetic alterations

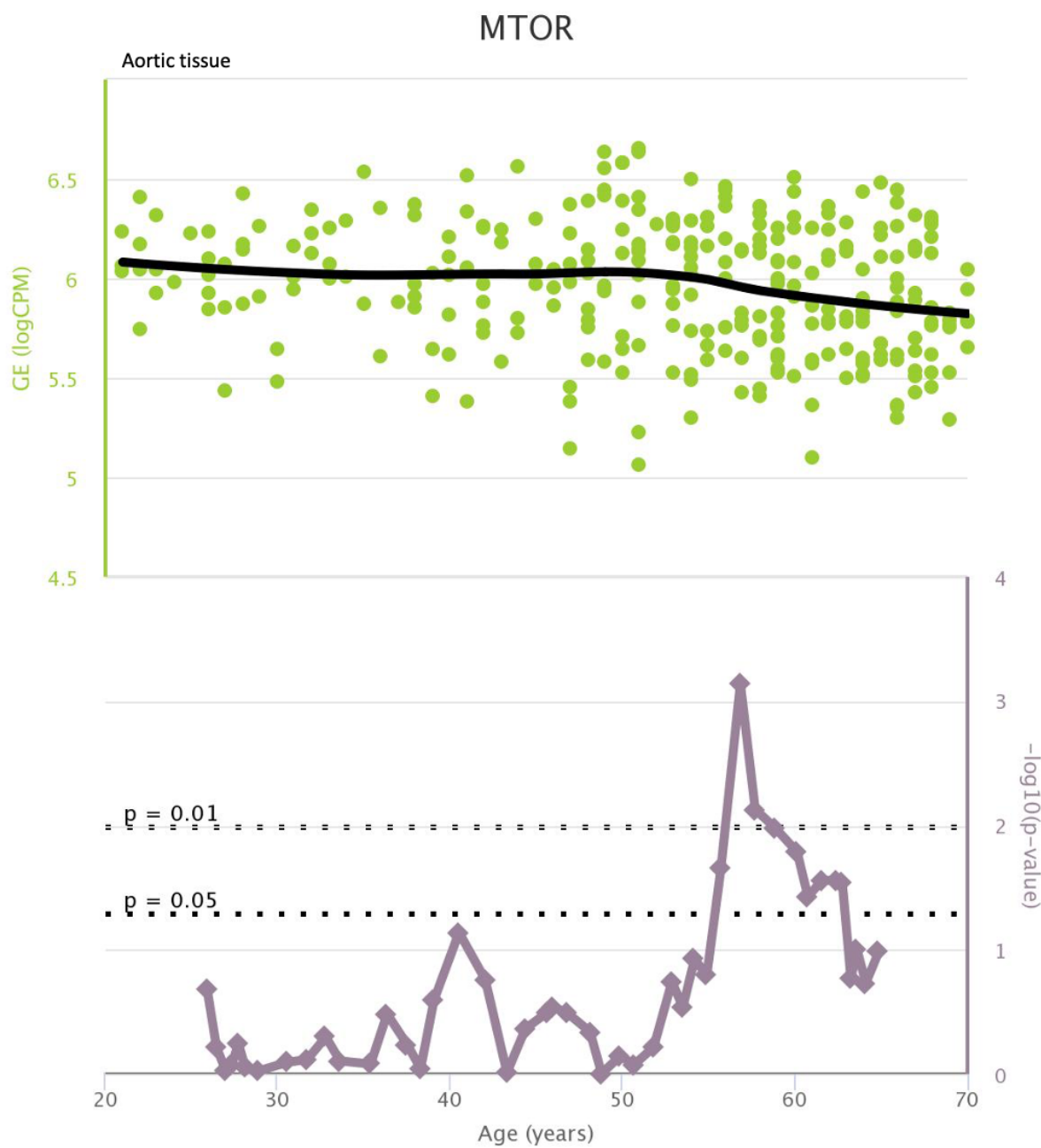




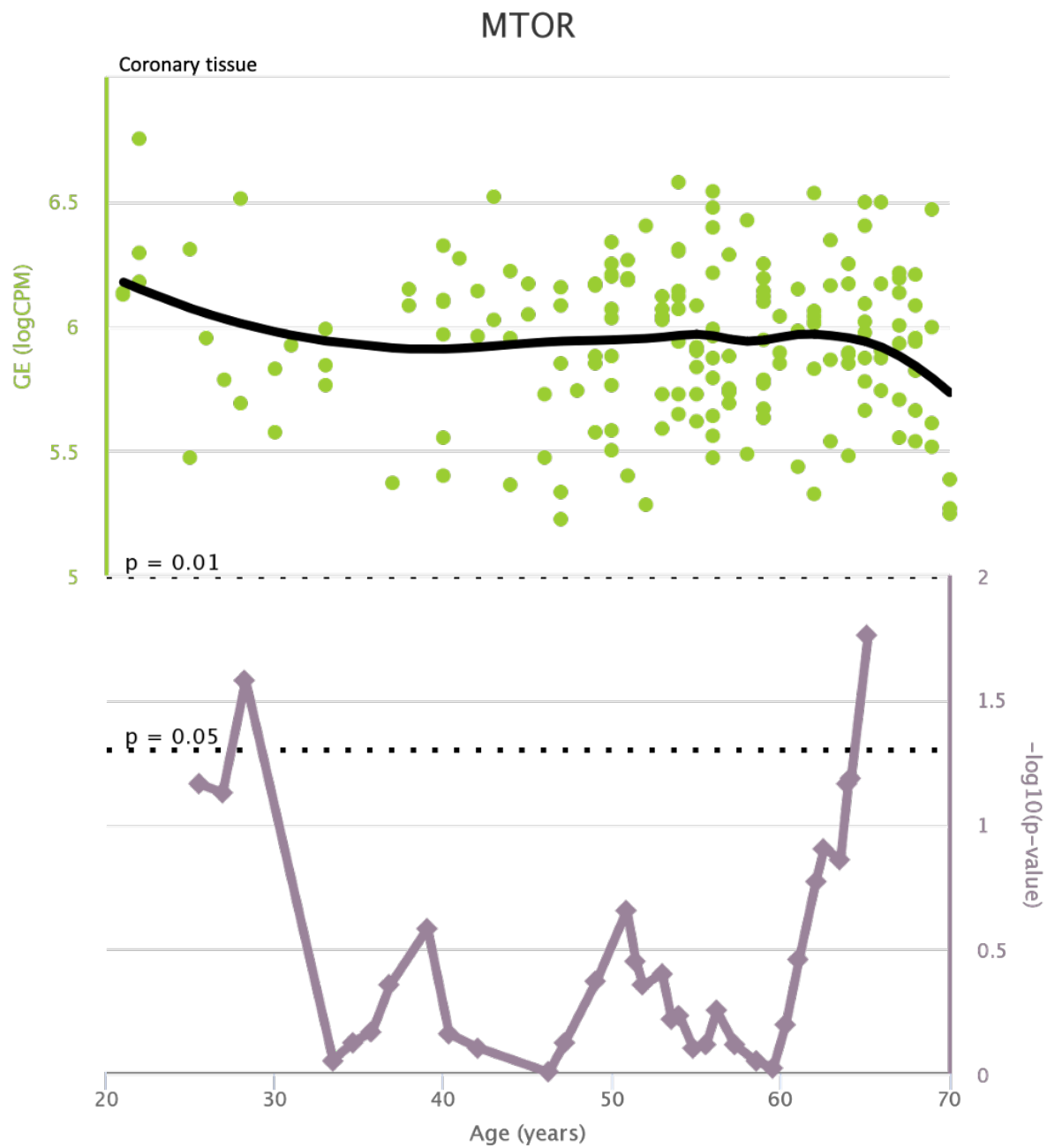
**Figure A3.** CXCR4 levels in aortic tissue and rate of genetic alterations



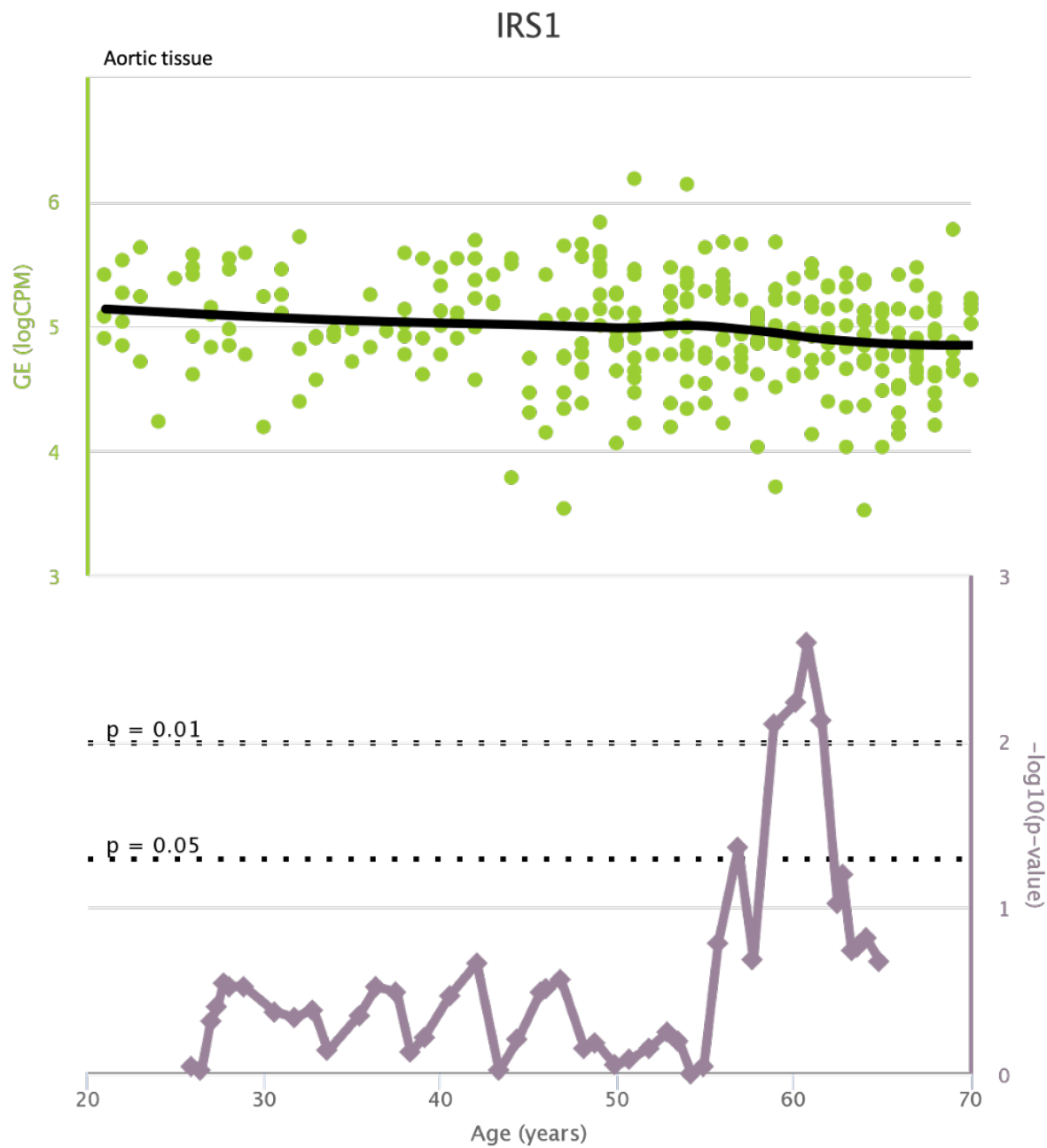
**Figure A4.** CXCR4 levels in coronary tissue and rate of genetic alterations



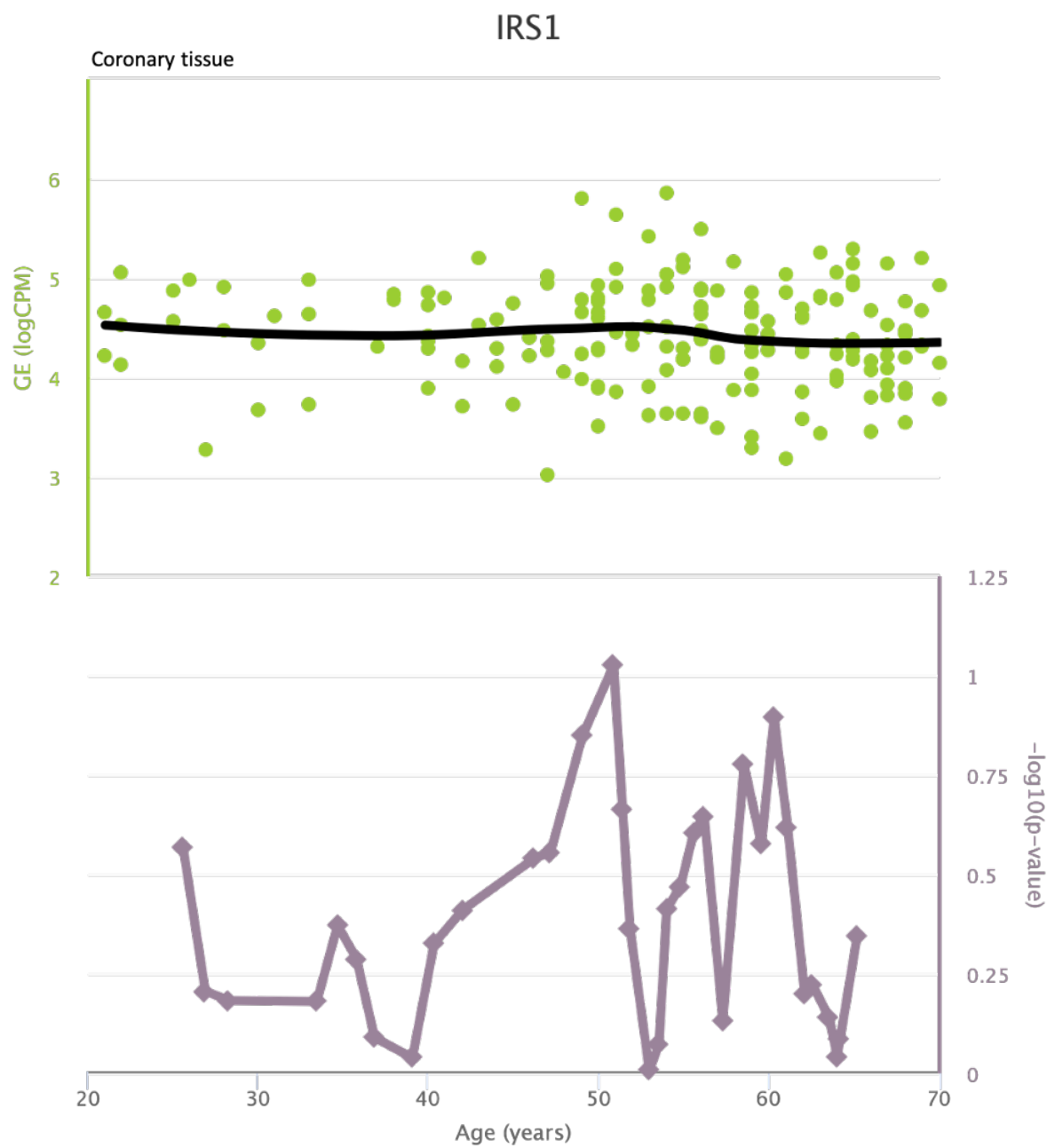
**Figure A5.** mTOR levels in aortic tissue and rate of genetic alterations



**Figure A6.** mTOR levels in coronary tissue and rate of genetic alterations

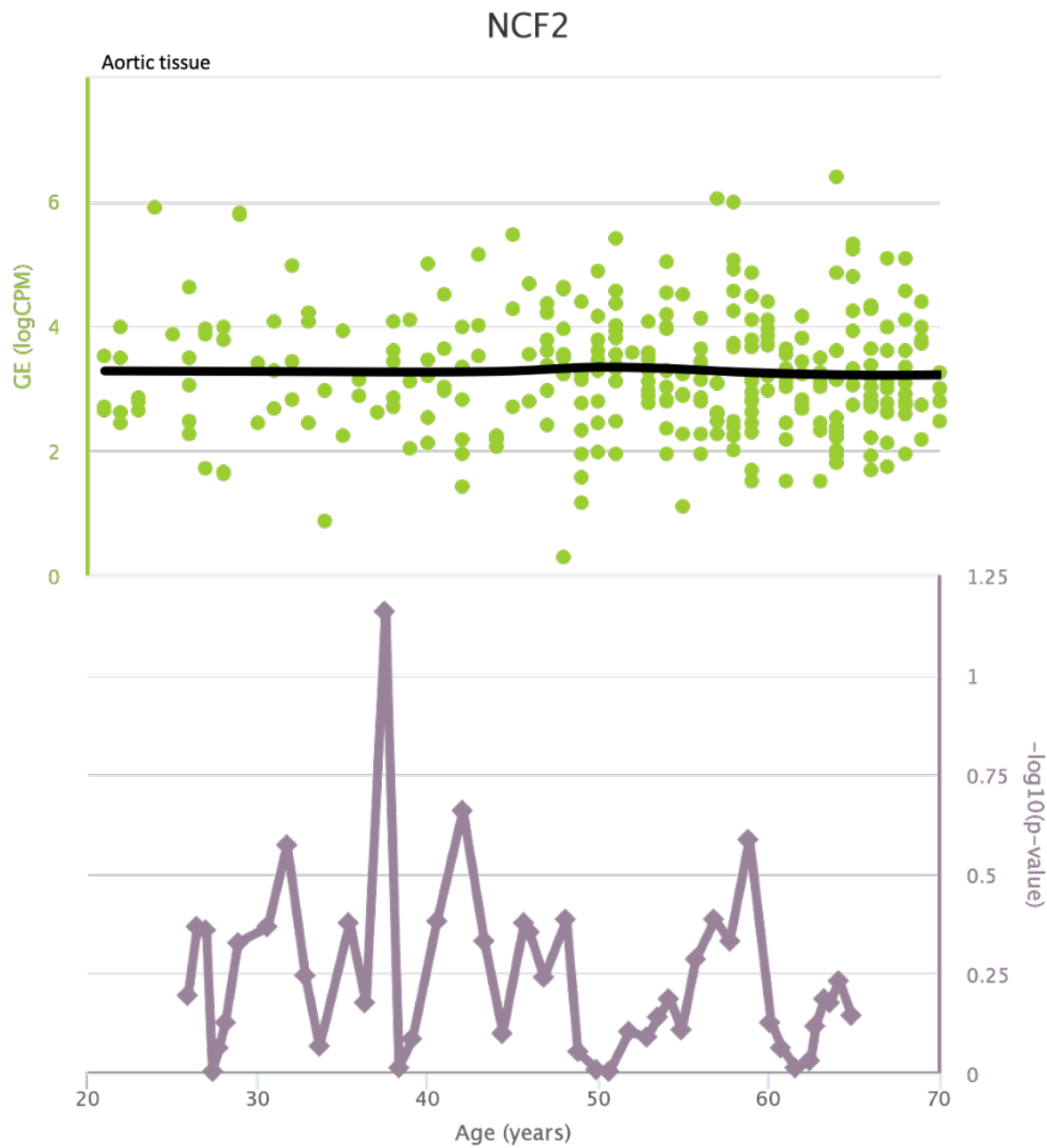


**Figure A7.** IRS1 levels in aortic tissue and rate of genetic alterations



**Figure A8.** IRS1 levels in coronary tissue and rate of genetic alterations





**Figure A9.** NCF2 levels in aortic tissue and rate of genetic alterations

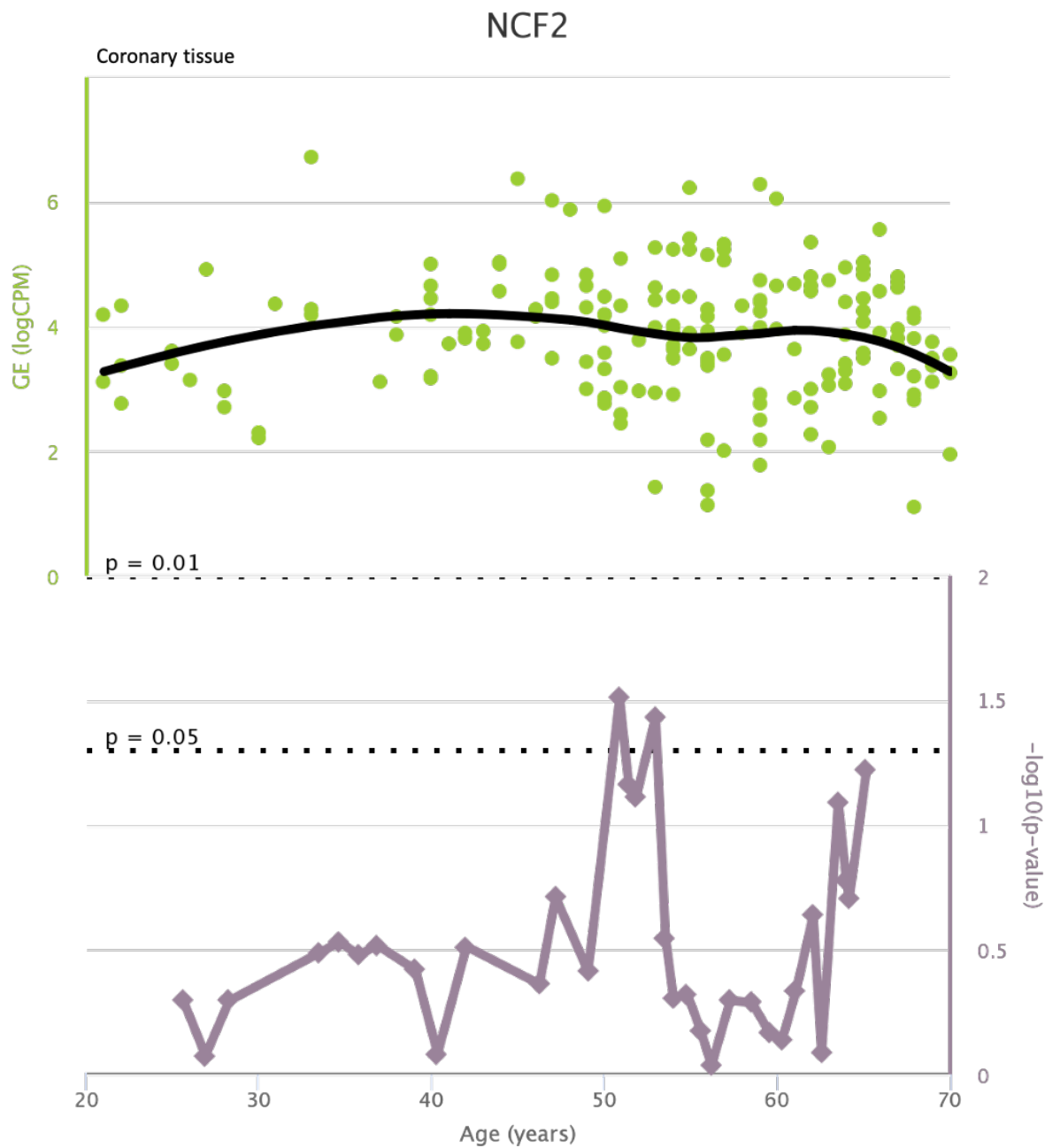


Figure A10. NCF2 levels in coronary tissue and rate of genetic alterations

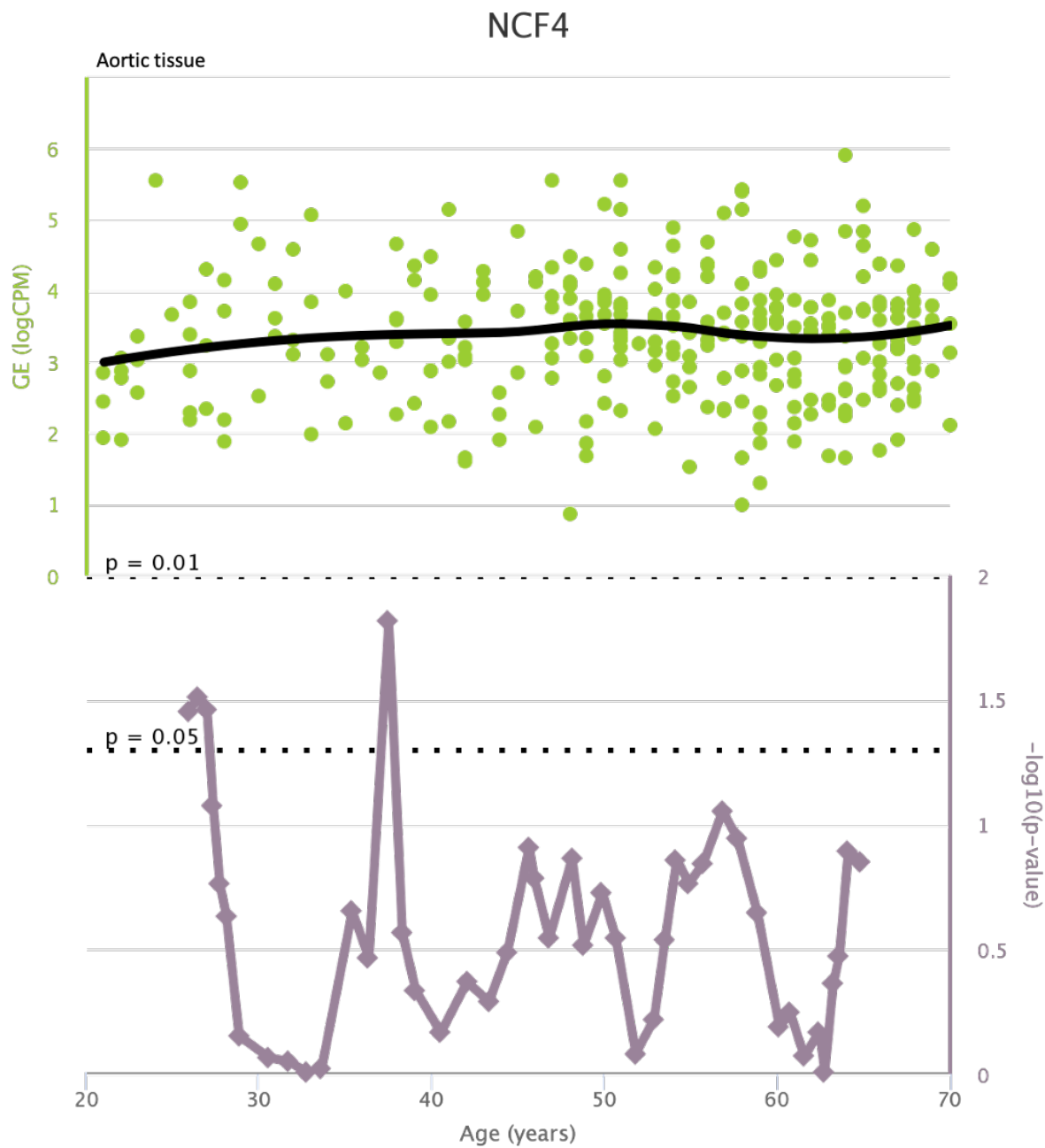
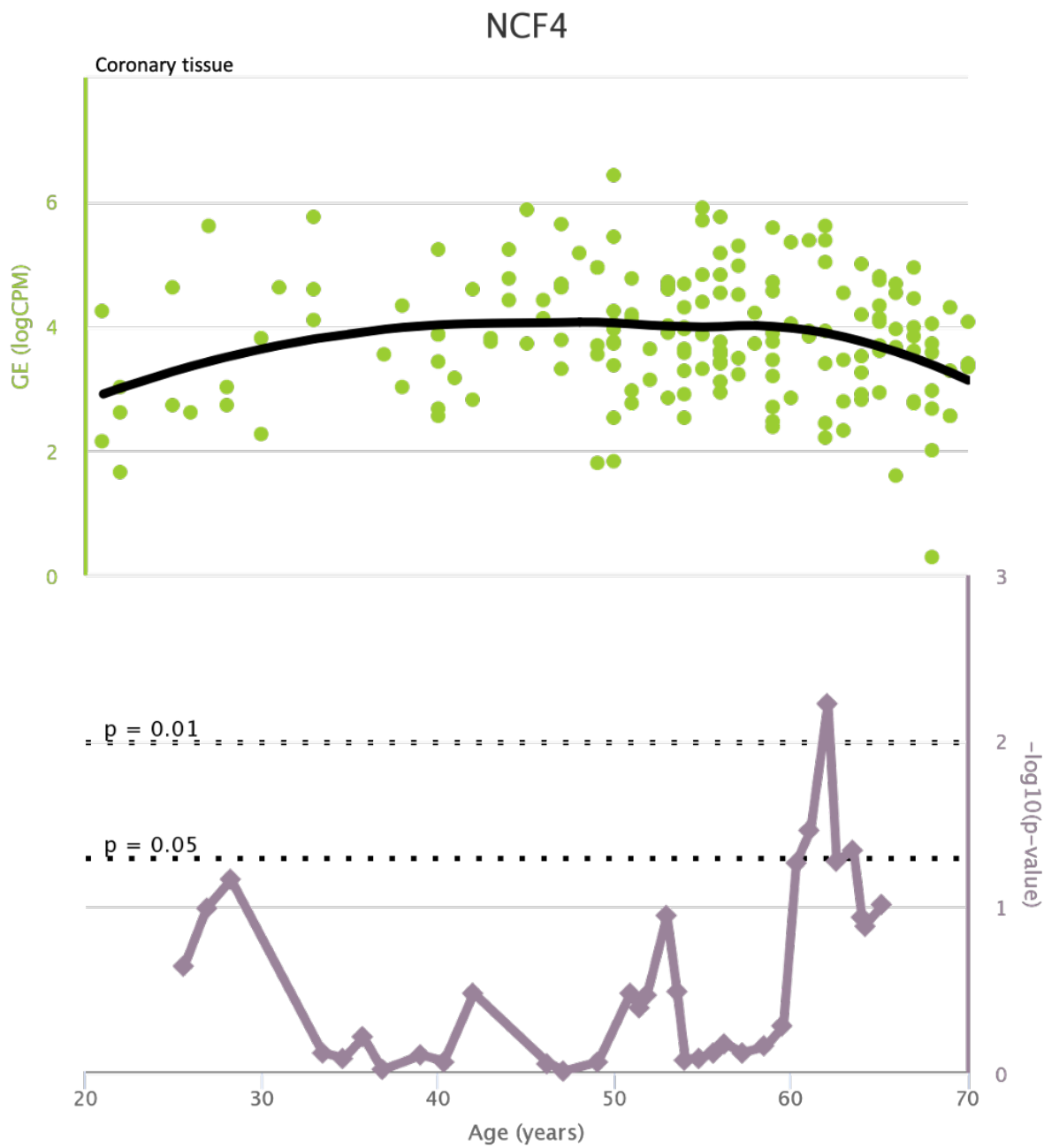


Figure A11. NCF4 levels in aortic tissue and rate of genetic alterations



**Figure A12.** NCF4 levels in coronary tissue and rate of genetic alterations

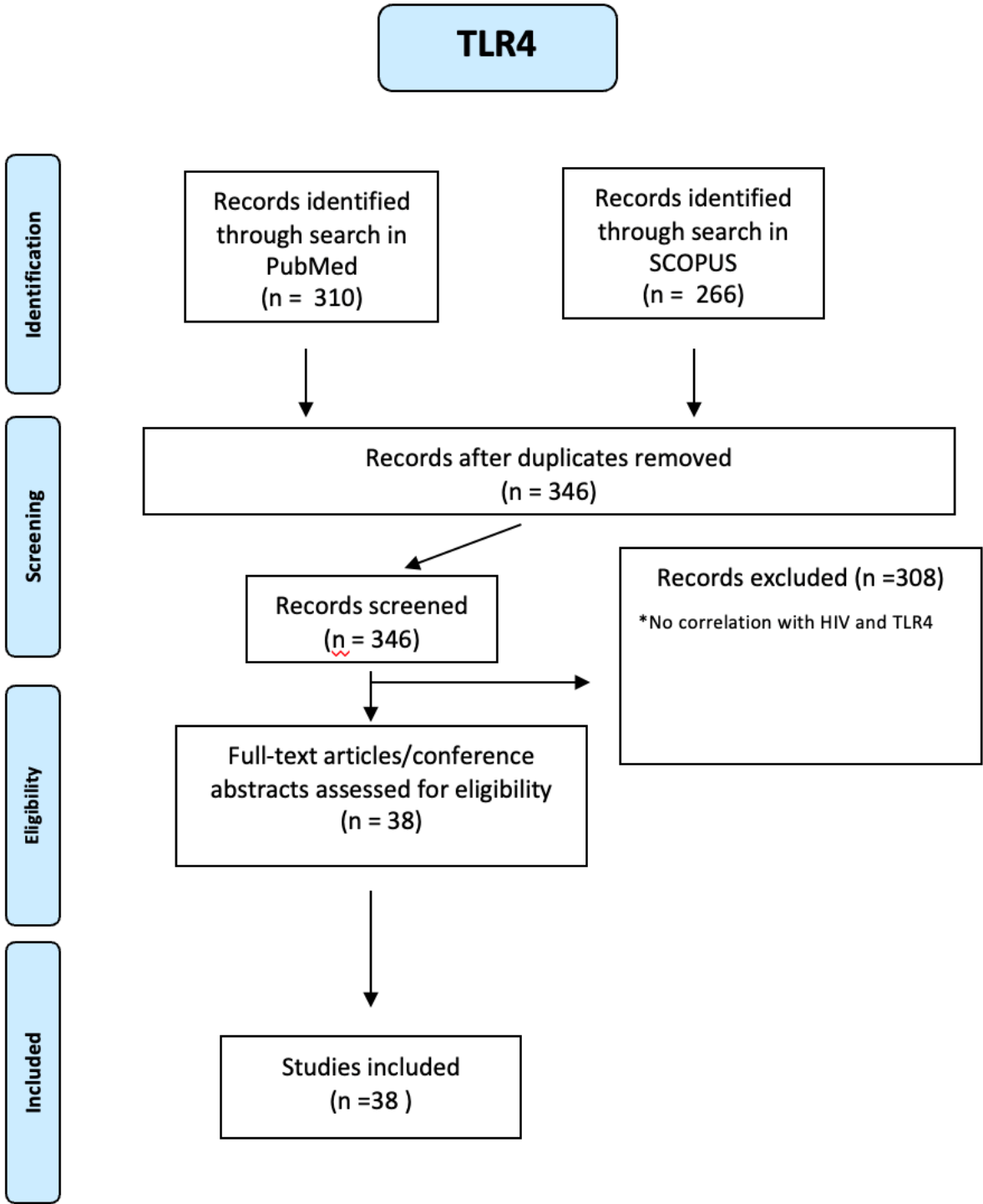


Figure A13. PRISMA-based screening strategy for TLR4

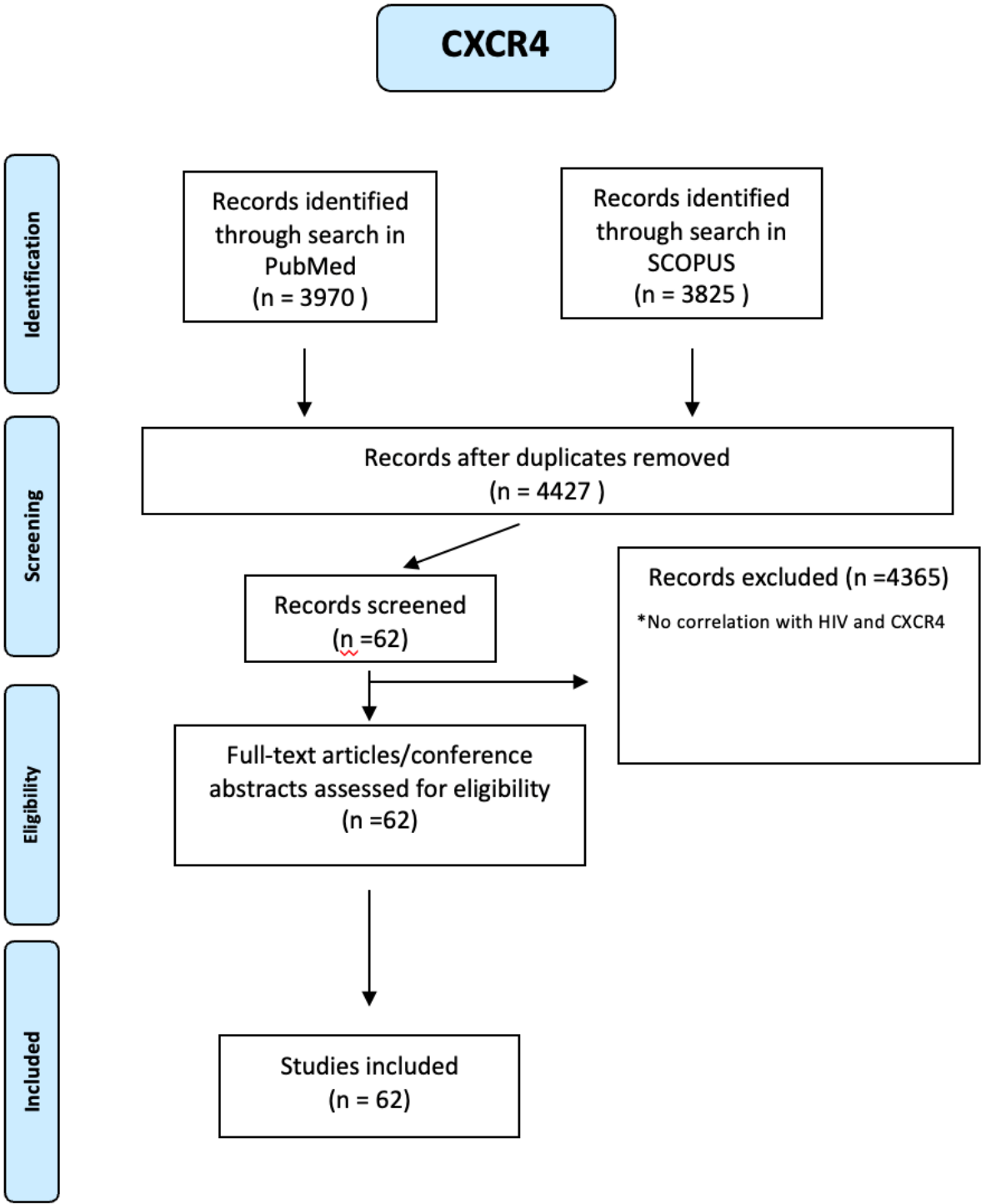


Figure A14. PRISMA-based screening strategy for CXCR4



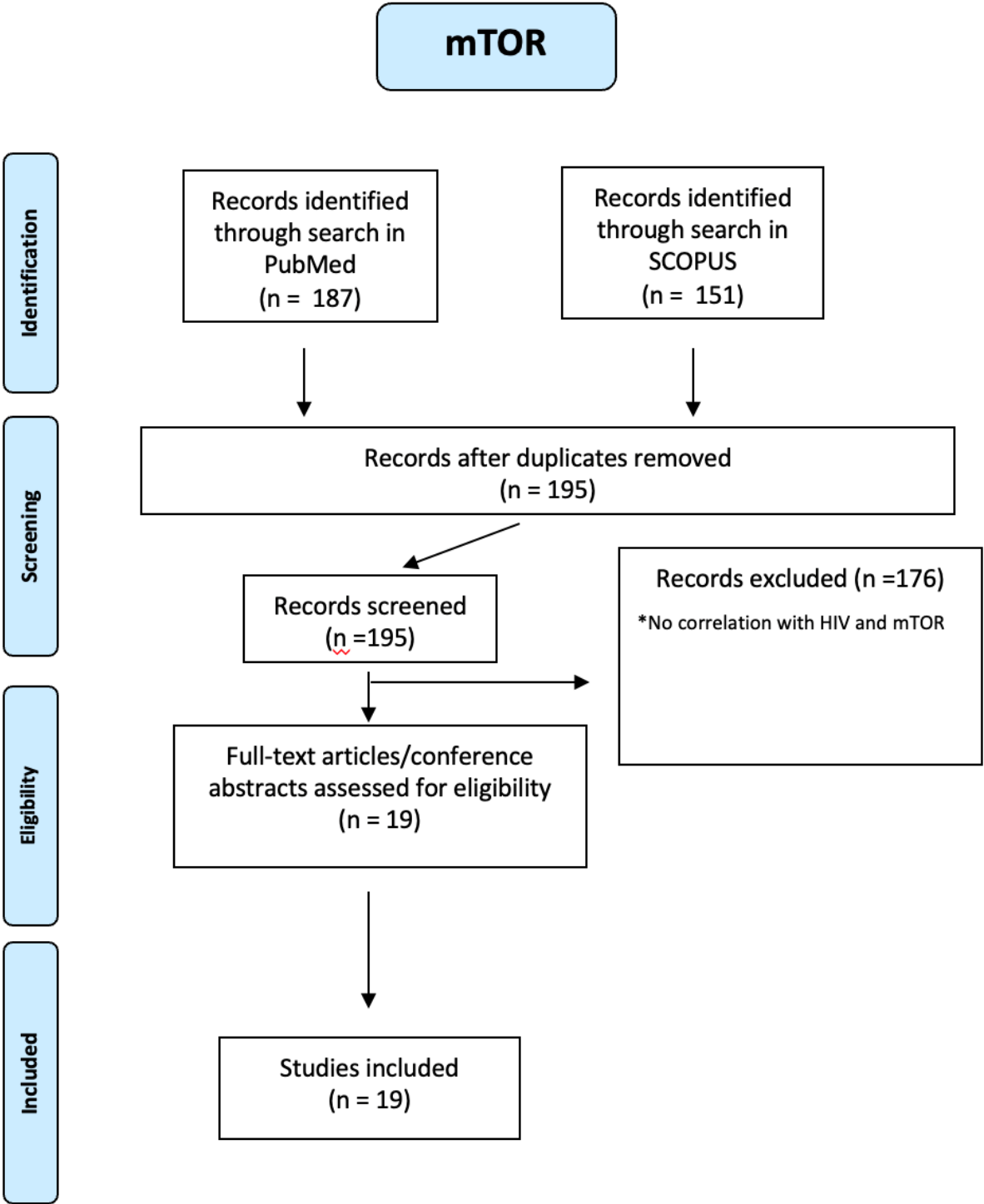


Figure A15. PRISMA-based screening strategy for mTOR

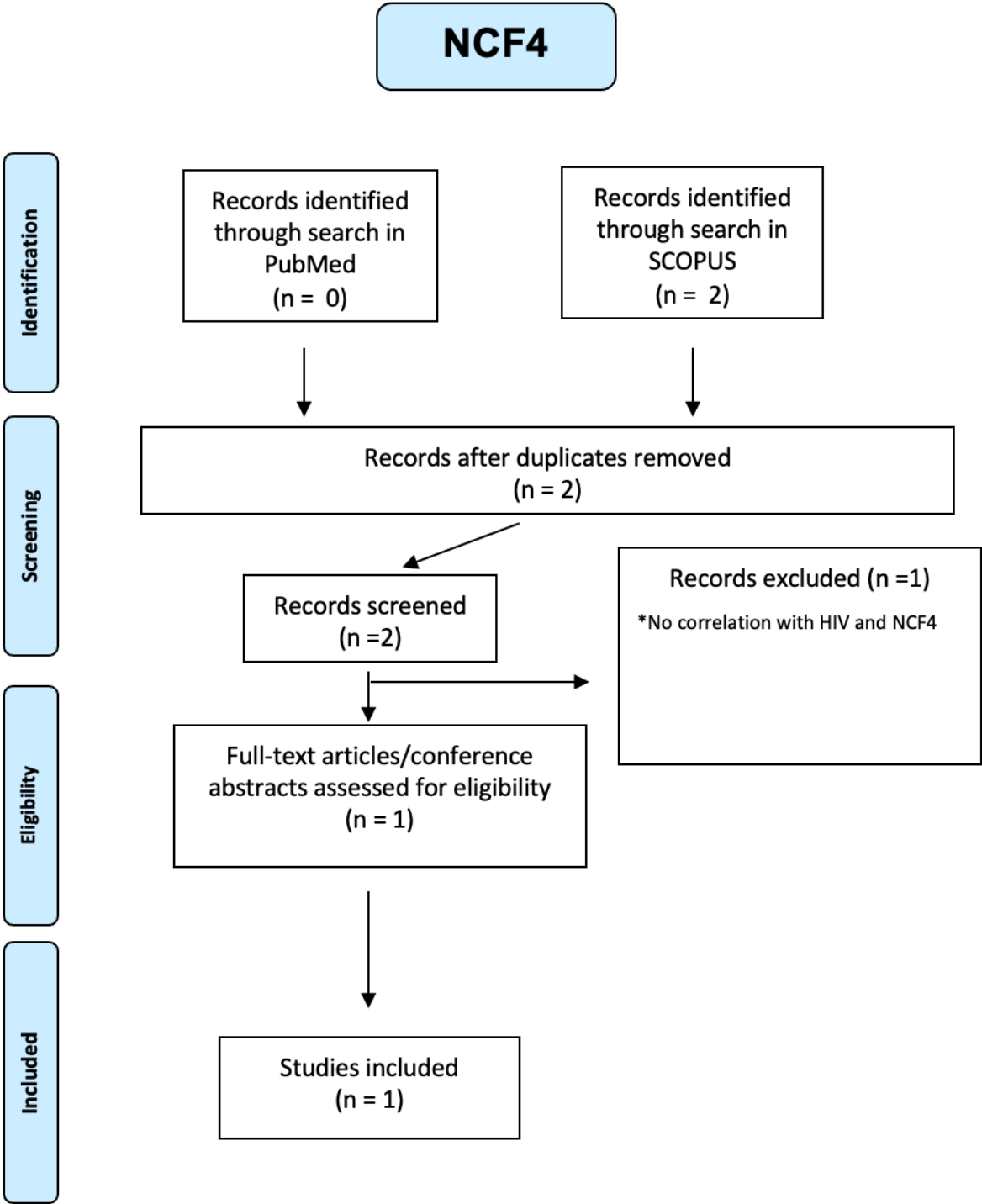


Figure A16. PRISMA-based screening strategy for NCF4

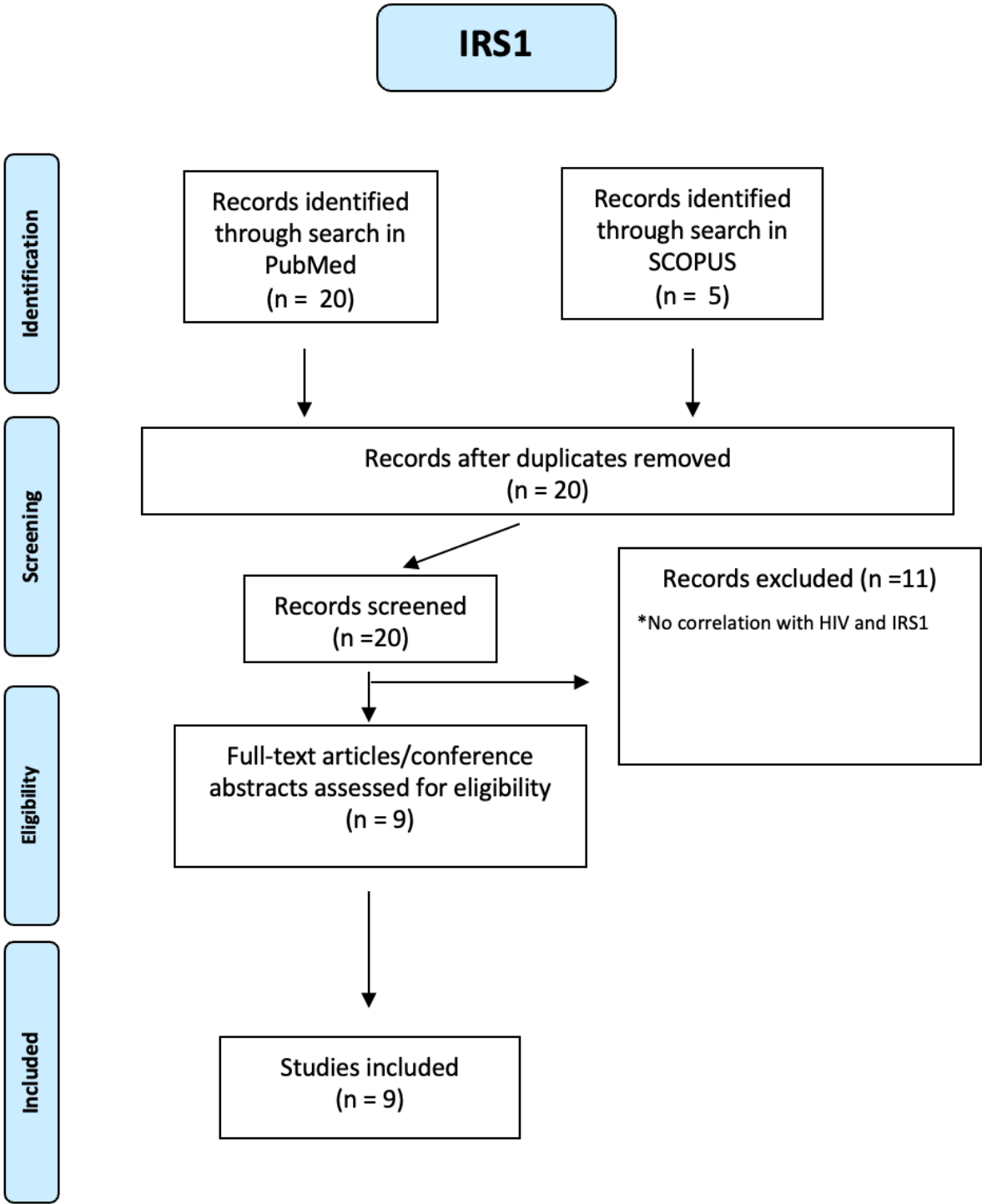


Figure A17. PRISMA-based screening strategy for IRS1

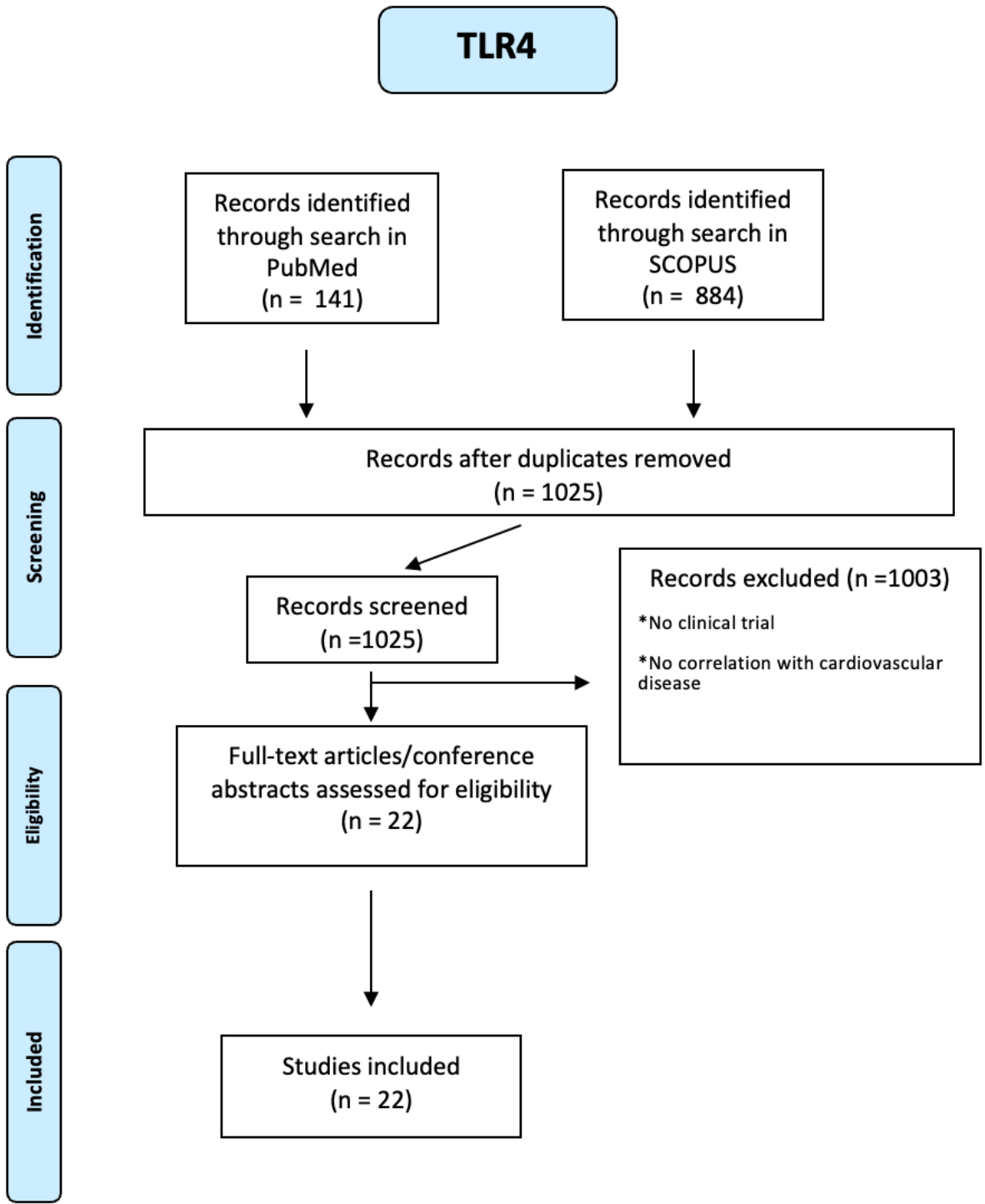


Figure A18. PRISMA-based screening strategy for TLR4

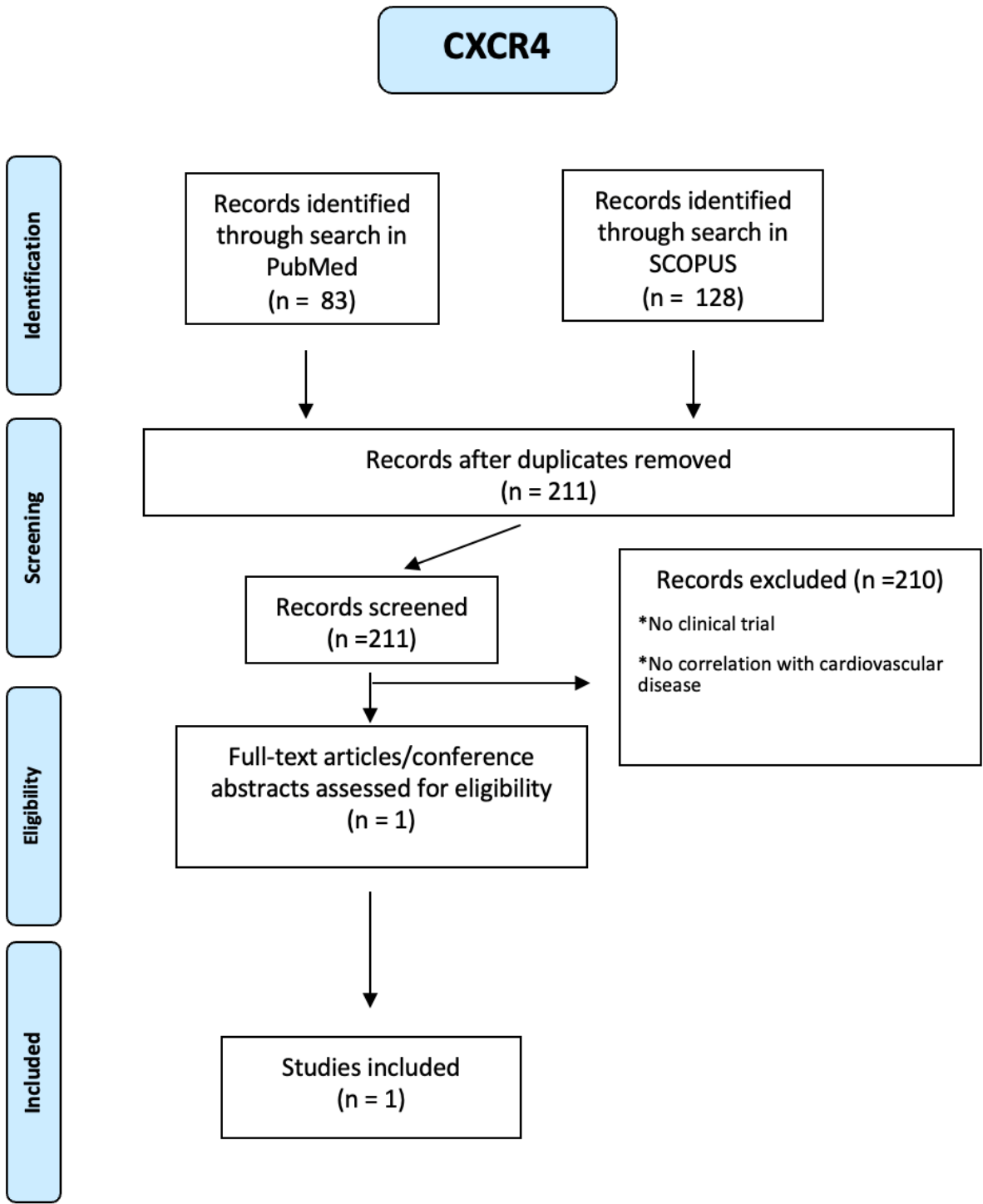


Figure A19. PRISMA-based screening strategy for CXCR4

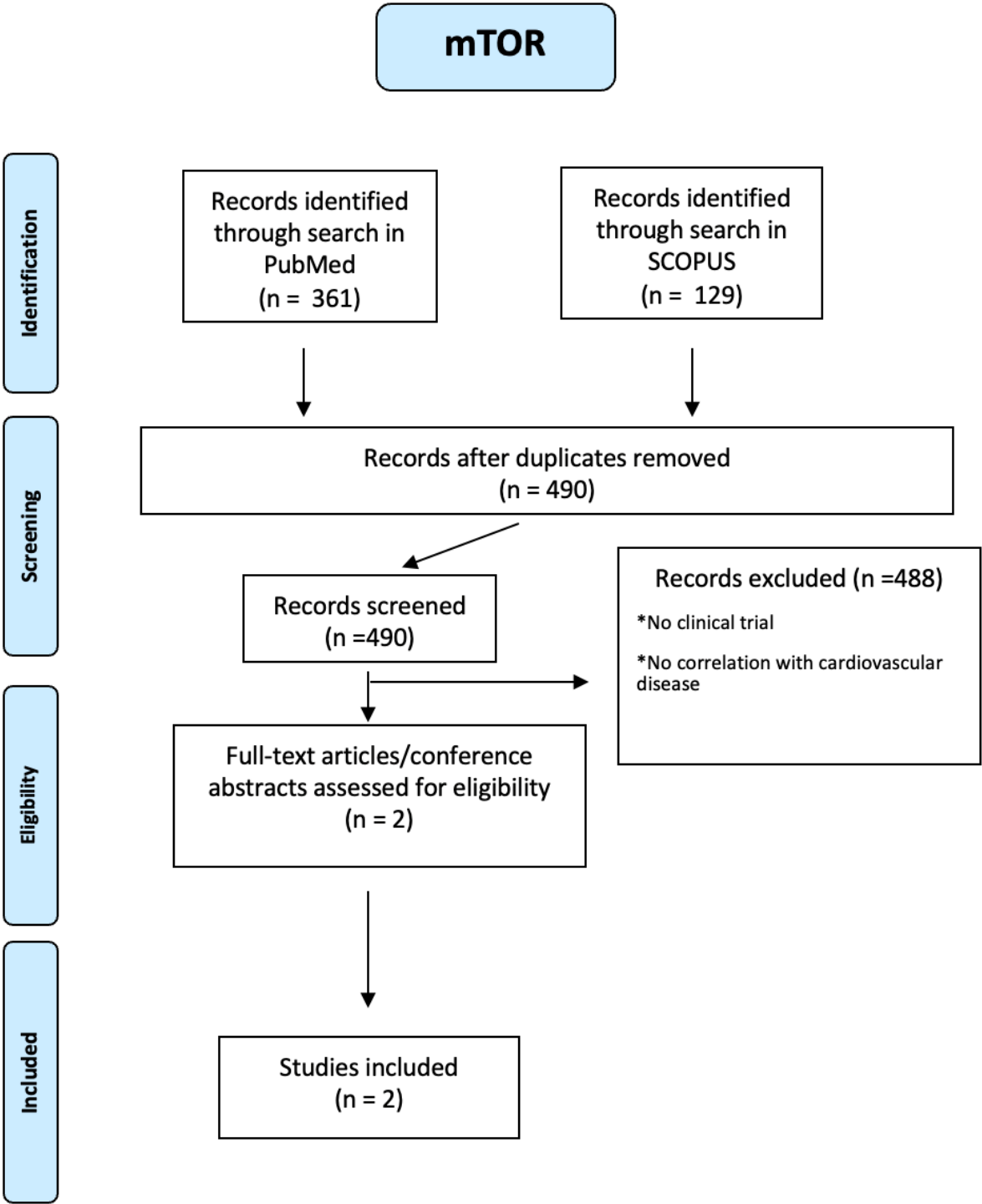


Figure A20. PRISMA-based screening strategy for mTOR



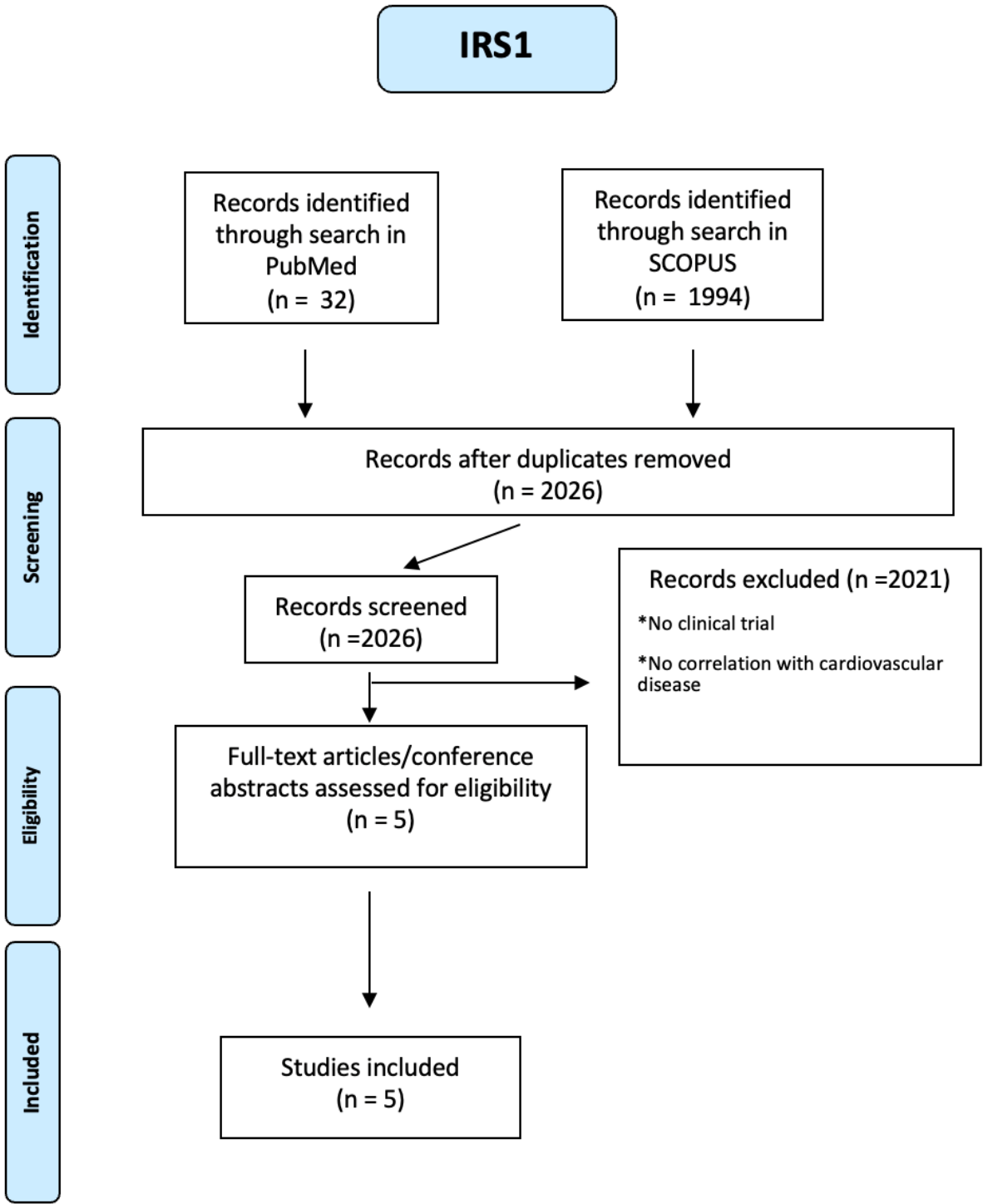


Figure A21. PRISMA-based screening strategy for IRS1

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