

Review

Not peer-reviewed version

---

# A GIBAC-based selectivity strategy for the design of PDE5 inhibitors to minimize visual disturbances

---

[Wei Li](#)\*

Posted Date: 21 May 2024

doi: 10.20944/preprints202405.1374.v1

Keywords: Sildenafil; Phosphodiesterase type 5 (PDE5); Phosphodiesterase type 6 (PDE6); Efficacy-safety balance; GIBAC



Preprints.org is a free multidiscipline platform providing preprint service that is dedicated to making early versions of research outputs permanently available and citable. Preprints posted at Preprints.org appear in Web of Science, Crossref, Google Scholar, Scilit, Europe PMC.

Copyright: This is an open access article distributed under the Creative Commons Attribution License which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Article

# A GIBAC-Based Selectivity Strategy for the Design of PDE5 Inhibitors to Minimize Visual Disturbances

Wei Li 

Contrebola Institute of Computational Interstructural Biophysics, No. 88, Fuxing East Road, Nantong City 226000, Jiangsu Province, People's Republic of China; wli148@aucklanduni.ac.nz

**Abstract:** Phosphodiesterase type 5 (PDE5) inhibitors are widely used in the treatment of various conditions, including erectile dysfunction and pulmonary hypertension. Despite their clinical efficacy, these drugs quite often cause visual disturbances due to off-target effects on Phosphodiesterase type 5 (PDE6) in the retina. This review explores the application of a general intermolecular binding affinity calculator (GIBAC)-based binding selectivity strategy in the design of PDE5 inhibitors, aiming to enhance binding selectivity and minimize visual side effects. This GIBAC strategy integrates computational structural biological approaches to iteratively refine drug-target binding affinities, thereby improving target specificity and the structural biophysical limit for the efficacy-safety balance of PDE5 inhibitors. Through detailed analysis of PDE5's and PDE6's biological role and the molecular mechanisms underlying visual disturbances, this article underscores the necessity of target binding selectivity in PDE5 inhibitor design in future. Additionally, this article discusses the practical applications of GIBAC in computational drug discovery and design, along with the future directions and the potential for GIBAC to transform PDE5 inhibitor development, ultimately enhancing therapeutic outcomes and patient safety. Finally, this article calls for a GIBAC-based paradigm shift in computational drug discovery and design towards the continued development of the pharmaceutical industry.

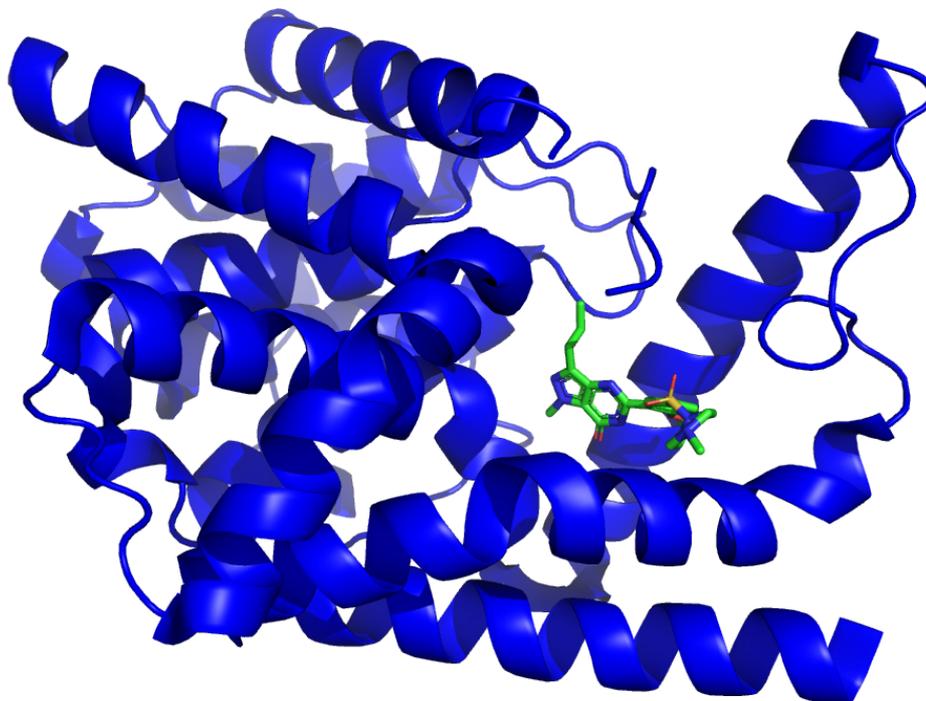
**Keywords:** sildenafil; Phosphodiesterase type 5 (PDE5); Phosphodiesterase type 6 (PDE6); efficacy-safety balance; GIBAC

## An Introduction to Phosphodiesterase Type 5 (PDE5) and Phosphodiesterase Type 6 (PDE6)

Phosphodiesterase type 5 (PDE5) and phosphodiesterase type 6 (PDE6) are crucial enzymes involved in cellular signaling pathways with significant implications in human health and disease [1–3]. PDE5, predominantly found in smooth muscle cells of the vasculature and corpus cavernosum, plays a pivotal role in the regulation of cyclic guanosine monophosphate (cGMP) levels [4]. PDE5 inhibitors cause vasodilation in the penis and lung by blocking the breakdown of cyclic guanosine monophosphate (cGMP) which results in prolongation of the action of mediators of vasodilation including nitric oxide (NO) [5]. Clinically, inhibitors of PDE5, such as sildenafil, tadalafil, and vardenafil, are widely prescribed for the treatment of erectile dysfunction, pulmonary hypertension, and other cardiovascular conditions [6]. However, despite their therapeutic efficacy, PDE5 inhibitors are associated with a notable side effect profile, notably visual disturbances, attributed to off-target effects on PDE6 [7]. PDE6, primarily expressed in rod and cone photoreceptor cells of the retina, serves as a key mediator in the visual transduction cascade [8].

In general, the essential biological function of phosphodiesterase (PDE) type enzymes is to regulate the cytoplasmic levels of intracellular second messengers, 3',5'-cyclic guanosine monophosphate (cGMP) and/or 3',5'-cyclic adenosine monophosphate (cAMP) [7]. PDE targets have 11 isoenzymes. Of these enzymes [7], PDE5 (Figure 1) has attracted a special attention over the years after its recognition as being the target enzyme in treating erectile dysfunction. Due to the amino acid sequence and the secondary structural similarity of PDE6 and PDE11 with the catalytic domain of PDE5, first-generation PDE5 inhibitors (i.e. sildenafil and vardenafil) are also competitive inhibitors of PDE6 and PDE11 [9]. Thus, inhibition of PDE6 by PDE5 inhibitors can disrupt phototransduction processes, leading to transient visual changes, including altered color perception and sensitivity to light [9]. Understanding the distinct roles of PDE5 and PDE6 in cellular signaling pathways is essential for elucidating the

mechanisms underlying both the therapeutic effects and adverse reactions associated with PDE5 inhibitors [8]. Moreover, it underscores the importance of developing strategies to enhance binding selectivity towards PDE5 while minimizing off-target interactions with PDE6, thereby mitigating visual disturbances and improving the overall safety profile of these drugs [8].



## Blue: PDE5      Rainbow: Sildenafil

**Figure 1.** Crystal structure of human phosphodiesterase 5 (PDE5) complexed with sildenafil (PDB ID: 1UDT) [10,11]. In this figure, the blue cartoon represents the catalytic domain of PDE5, while the small molecule in rainbow sticks represents sildenafil. This figure was prepared with PyMol [12]

Specifically, the amino acid sequence of the catalytic domain of PDE5 is listed in italics in fasta format as below,

```
>3SHY_1 | Chain A | cGMP-specific 3',5'-cyclic phosphodiesterase | Homo sapiens (9606)
MGSSHHHHHHSSGLVPRGSHMEETRELQSLAAAVVPSAQTTLKITDFSFDFELSDLETALCTIR
MFTDLNLVQNFQMKHEVLCRWILSVKKNYRKNVAYHNWRHAFNTAQCMFAALKAGKIQNKLTDL
EILALLIAALSHDLDRGVNNSYIQRSEHPLAQLYCHSIMEHHHFDQCLMILNSPGNQILSGLSIEEYK
TTLKIIKQAILATDLALYIKRRGEFFELIRKNQFNLEDPHQKELFLAMLMTACDLSAITKPWPIQQRIAE
LVATEFFDQGDREKELNIEPTDLMNREKKNKIPSMQVGFIDAICLQLYEALTHVSEDCFPLLDGCRK
NRQKWQALAEQQ
```

and the amino acid sequence of the entire PDE5 is listed in italics in fasta format as below,

```
>PDE5A_(UniProtKB ID: O76074)_cGMP-specific 3',5'-cyclic phosphodiesterase
MERAGPSFGQQRQQQQPQQQKQQQRDQDSVEAWLDDHWDFTFSYFVRKATREMVNAWFA
ERVHTIPVCKEGIRGHTESCSCPLQQSPRADNSAPGTPTRKISASEFDRPLRPVVKDSEGTVSFLSDSE
KKEQMPLTPPRFDHDEGDQCSRLELVKDISSHLDVDTALCHKIFLHIHGLISADRYSLFLVCESSNDK
FLISRLFDVAEGSTLEEVSNNCIRLEWNGKIVGHVAALGEPLNIKDAYEDPRFNAEVDQITGYKTQSIL
CMPIKNHREEVVGVAQAINKKSNGGTFTEKDEKDFAAYLAFCGIVLHNAQLYETSLLLENKRNQVLL
DLASLIFEEQQSLEVILKKAATIISFMQVQKCTIFIVDEDCSDSFSSVFHMECEELEKSSDTL TREHDA
NKINYMYAQYVKNTMEPLNIPDVSKDKRFPWTENTGNVNQQCIRSLCTPIKNGKKNKIVGVCQL
VNKMEENTGKVKPFNRNDEQFLEAFVIFCGLGIQNTQMYEAVERAMAKQMVTLVLSYHASAAEE
```

ETRELQSLAAAVVPSAQTCLKITDFSFDFELSDLETALCTIRMFTDLNLVQNFQMKHEVLCRWILSVK  
KNYRKNVAYHNWRHAFNTAQCMFAALKAGKIQNKLTDLLEILALLIAALSHDLDRGVNNSYIQRSE  
HPLAQLYCHSIMEHHHFDQCLMILNSPGNQILSGLSIEEYKTTLKIIKQAILATDLALYIKRRGEFFELIR  
KNQFNLEDPHQKELFLAMLMTACDLSAITKPWPIQQORIAELVATEFFDQGDREKERLNIEPTDLMNR  
EKKNKIPSMQVGFIDAICLQLYEALTHVSEDCFPLLDGCRKNRQKWQALAEQQEKMLINGESGQAK  
RN

and the amino acid sequences of four ( $\alpha$ ,  $\beta$ ,  $\gamma$  and  $\delta$ ) subunits of PDE6 (Figure 2) are also listed in italics in fasta format as below:

>PDE6A\_(UniProtKB ID: P16499)\_Human Retinal Rod cGMP-specific 3',5'-cyclic phosphodiesterase subunit alpha

MGEVTAEEVEKFLDSNIGFAKQYYNLHYRAKLISDLLGAKEAAVDFSNYHSPSSMEESEIIFDLL  
RDFQENLQTEKCIFNVMKKLCFLLQADRMSLFMYRTRNGIAELATRLFNHVKDAVLEDCLVMPDQE  
IVFPLDMGIVGHVAHASKKIANVPNTEEDEHFCDFVDILTEYKTKNILASPIMNGKDVVAIIMAVNKV  
DGSHTKRDEEILLKYLNFANLIMKVYHLSYLNHCETRRGQJLLWSGSKVFEELTDIERQFHKALYTV  
RAFLNCDRYSVGLLDMTKQKEFFDVWPVLMGEVPPYSGPRTPDGREINFYKVIDYILHGKEDIKVIP  
NPPPDHWALVSGLPAYVAQNGLICNIMNAPAEFFAFQKEPLDESGWMIKNVLSMPIVKNKKEEIVG  
VATFYNRKDGKPFDEMDETLMESLTQFLGWSVLNPDTYESMNKLENRKDIFQDIVKYHVKCDNEEI  
QKILKTREYVYGKEPWECEEEELAEILQAELPDADKYEINKFHFSDLPLTELELVKCGIQMYEELKVVDK  
FHIPQEALVRFMYSLSKGYRKITYHNWRHGFNVGQTMFSLVTGKLRKRYFTDLEALAMVTAAFCHDI  
DHRGTNNLYQMKSQNPLAKLHGSSILERHHLEFGKTLRDESLNIFQNLNRRQHEHAIHMMDIAIIA  
TDLALYFKKRTMFQKIVDQSKTYESEQEWTQYMMLEQTRKEIVMAMMMTACDLSAITKPWEVQSQ  
VALLVAAEFWEQGDLETLVLTQQNPIPMMDRNKADELPKLQVGFIDFVCTFVYKEFSRFHEEITPMLD  
GITNNRKEWKALADEYDAKMKVQEEKKQKQSAKSAAGNQPGGNPSPGGATTSKSCCIQ

>PDE6B\_(UniProtKB ID: P35913)\_Human Retinal Rod cGMP-specific 3',5'-cyclic phosphodiesterase subunit beta

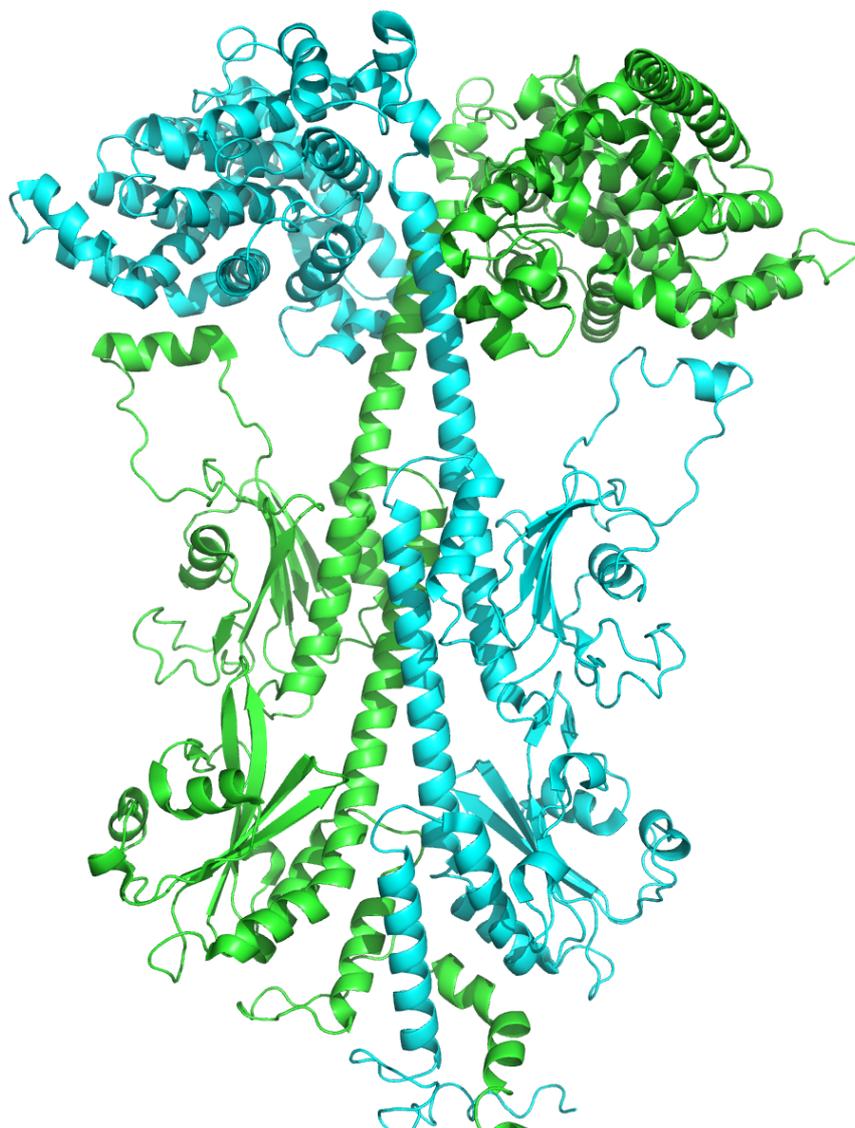
MSLSEEQARSFLDQNPDFARQYFGKKLSPENVAACEDGCPPDCDSLRLDLCQVEESTALLELV  
QDMQESINMERVVFKVLRRLCTLLQADRCSLFMYRQRNGVAELATRLFSVQPDVLEDCLVPPDSEI  
VFPLDIGVVGHVAQTKKMVNVEDVAECPHFSSFADELTDYKTKNMLATPIMNGKDVVAVIMAVNK  
LNGPFFTSEDEDVFLKYLNFATLYLKIYHLSYLNHCETRRGQVLLWSANKVFEELTDIERQFHKAFYT  
VRAYLNCERYSVGLLDMTKEKEFFDVWSVLMGESQPYSGPRTPDGREIVFYKVIDYVLHGKEEIKVIP  
TPSADHWALASGLPSYVAESGFICNIMNASADEMFKFQEGALDDSGWLIKNVLSMPIVKNKKEEIVGV  
ATFYNRKDGKPFDEQDEVLMESELTQFLGWSVMNTDTYDKMNKLENRKDIAQDMVLYHVKCDRDE  
IQLILPTRARLKGEPADCEDELGEILKEELPGPTTFDIYEFHFSLECTELDLVKCGIQMYEELGVVRK  
FQIPQEVLVRLFSISKGYRRITYHNWRHGFNVAQTMFTLLMTGKLKSYTDLFAFAMVTAAGLCHDI  
DHRGTNNLYQMKSQNPLAKLHGSSILERHHLEFGKFLSEETLNIIYQNLNRRQHEHVIHLMDIAIIAT  
DLALYFKKRAMFQKIVDESKNYQDKKSWVEYLSLETTRKEIVMAMMMTACDLSAITKPWEVQSKV  
ALLVAAEFWEQGDLETLVLDQQPIPMMDRNKAAELPKLQVGFIDFVCTFVYKEFSRFHEEILPMFDR  
LQNNRKEWKALADEYEAKVKALEEKEEERVAACKVGTICNGGPAPKSSTCCIL

>PDE6G\_(UniProtKB ID: P18545)\_Human Retinal rod rhodopsin-sensitive cGMP 3',5'-cyclic phosphodiesterase subunit gamma

MNLEPPKAEFRSATRVAGGPVTPRKGPFPKFKQRQTRQFKSKPPKGVQGFDDIPGMEGLGTD  
ITVICPWEAFNHLELHELAQYGI

>PDE6D\_(UniProtKB ID: O43924)\_Human Retinal rod rhodopsin-sensitive cGMP 3',5'-cyclic phosphodiesterase subunit delta

MSAKDERAREILRGFKLNWMNLRDAETGKILWQGTEDLSVPGVEHEARVPPKILKCKAVSREL  
NFSSTEQMEKFRLEQKVYFKGQCLEEWFFFEFGFVIPNSTNTWQSLIEAAPESQMMPASVLTGNVIET  
KFFDDDLLVSTSRVRLFYV



**PDB ID: 6MZB**

**Cyan: alpha    Green: beta**

**Figure 2.** Cryo-EM structure of phosphodiesterase 6 (PDB ID: 6MZB) [13,14]. In this figure, cyan represents the  $\alpha$  subunit of PDE6, while green represents the  $\beta$  subunit of PDE6. This figure was prepared with PyMol [12]

To further account for the molecular and structural characterizations of PDE6, the amino acid sequences of  $\alpha$ ,  $\beta$  and  $\gamma$  subunits of PDE6 are also listed in italics in fasta format as below:

>6MZB\_1 | Chain A [auth B] | Rod cGMP-specific 3',5'-cyclic phosphodiesterase subunit beta | Bos taurus (9913)

*MSLSEGVHRFLDQNPGFADQYFGRKLSPEDVANACEDGCPEGCTSFRELCQVEESAALFELV  
QDMQENVNMERVVFKILRRLCSILHADRCSLFMYRQRNGVAELATRLFSVQPDSVLEDCLVPPDSEI  
VFPLDIGVVGHVAQTKKMVNVDVMECPHFSSFADELTDYVTRNIIATPIMNGKDVAVIMAVNK  
LDGPCFTSEDEDVFLKYLNFGLNLKIYHLSYLHNCETRRGQVLLWSANKVFEELTDIERQFHKAFYT  
VRAYLNCDRYSVGLLDMTKEKEFFDVWPVLMGEAQAYSGRPRTPDGREILFYKVIDYILHGKEDIKVIP  
SPPADHWALASGLPTYVAESGFICNIMNAPADEMFNFQEGPLDDSGWIVKNVLSMPIVINKKEEIVG  
VATFYNRKDGKPFDEQDEVLMESLTQFLGWSVLNTDTYDKMNKLENRKDIAQDMVLYHVRCDRE*

EIQLILPTRERLKGEPADCEEDELGKILKEVLPKPAKFDIYEFHFSLECTELELVKCGIQMYEELGVVR  
 KFQIPQEVLVRFVSVSKGYRRITYHNWRHGFNVAQTMFTLLMTGKLSYYTDLEAFAMVTAGLCH  
 DIDHRGTNNLYQMKSQNPLAKLHGSSILERHHLEFGKFLSEETLNIYQNLNRRQHEHVIHLMDIAII  
 ATDLALYFKKRTMFQKIVDESKNYEDRKSWEVYLSLETTRKEIVMAMMMTACDLSAITKPWEVQSK  
 VALLVAAEFWEQGDLELTVLDQQPIPMMDRNKAAELPKLQVGFIDFVCTFVYKEFSRFHEEILPMFD  
 RLQNNRKEWKALADEYEAKVKALEEDQKKETTAKKVGTEICNGGPAPRSSTRIL

>6MZB\_2 | Chain B[auth A] | Rod cGMP-specific 3',5'-cyclic phosphodiesterase subunit alpha | Bos taurus (9913)

MGEVTAEEVEKFLDSNVSAKQYYNLRYRAKVISDLLGPREAAVDFSNYHALNSVEESEIIFDLL  
 RDFQDNLQAEKCVFNVMMKLCFLQADRMFLMYRARNGIAELATRLFNVHKDAVLEECLVAPDS  
 EIVFPLDMGVVGHVALSKKIVNVPNTEEDEHFCDFVDTLTEYQTKNILASPIMNGKDVVAIIMVVNK  
 VDGPHFTENDEEILLKYLNFANLIMKVFHLSYLHNCETRRGQILLWSGSKVFEELTDIERQFHKALYT  
 VRAFLNCDRYSVGLLDMTKQKEFFDVWVPLMGEAPPYAGPRTPDGREINFYKVIDYILHGKEDIKVI  
 PNPPPDHWALVSGLPTYVAQNGLICNIMNAPSEDFFAFQKEPLDESGWMIKNVLSMPIVNKKEEIVG  
 VATFYNRKDGKPFDEMDETLMESLTQFLGWSVLNPDYELMNKLENRKDIFQDMVKYHVKCDNEE  
 IQTILKTREYVYKPEWECEEEELAEILQGELPDADKYEINKFHFSDLPLTELELVKCGIQMYEELKVVD  
 KFHIPQEALVRFMYSLSKGYRRITYHNWRHGFNVGQTMFSLVLTGKLRKYFTDLEALAMVTAAFCH  
 DIDHRGTNNLYQMKSQNPLAKLHGSSILERHHLEFGKTLRDESLNIFQNLNRRQHEHAIHMMMDIAI  
 IATDLALYFKKRTMFQKIVDQSKTYETQQEWYQYMMLDQTRKEIVMAMMMTACDLSAITKPWEV  
 QSKVALLVAAEFWEQGDLELTVLQQNPIPMMDRNKADELPLKQVGFIDFVCTFVYKEFSRFHEEITP  
 MLDGITNNRKEWKALADEYETKMKGLEEEKQKQQAANQAAAGSQHGGKQPGGGPASKSCCVQ

>6MZB\_3 | Chains C, D | Retinal rod rhodopsin-sensitive cGMP 3',5'-cyclic phosphodiesterase subunit gamma | Bos taurus (9913)

MNLEPPKAEIRSATRVMGPPVTPRKGPPKFKQRQTRQFKSKPPKKGVQGFDDIPGMEGLGTD  
 ITVICPWEAFNHLELHELALQYGI

### Background on Currently Available PDE5 Inhibitors and Their Action Mechanisms

Phosphodiesterase type 5 (PDE5) inhibitors represent a class of drugs with diverse clinical applications and profound therapeutic significance [1–3]. Primarily known for their efficacy in the management of erectile dysfunction (ED), PDE5 inhibitors, including sildenafil (Viagra, Figure 1), tadalafil (Cialis), and vardenafil (Levitra), exert their effects by selectively inhibiting the enzymatic activity of PDE5. By blocking the degradation of cyclic guanosine monophosphate (cGMP), PDE5 inhibitors prolong the vasodilatory effects initiated by nitric oxide (NO) release upon sexual stimulation [7]. This results in enhanced blood flow to the corpus cavernosum of the penis, facilitating erectile function [5]. Beyond their use in ED, PDE5 inhibitors have demonstrated efficacy in the treatment of pulmonary arterial hypertension (PAH) by promoting vasodilation and inhibiting pulmonary vascular remodeling [15]. Furthermore, emerging research suggests potential applications of PDE5 inhibitors in various other conditions, including benign prostatic hyperplasia (BPH) and Raynaud's phenomenon [16].

At the molecular level, PDE5 inhibitors bind directly to the catalytic site of PDE5 (Figure 1), preventing the hydrolysis of cGMP to guanosine monophosphate (GMP). From the amino acid sequence point of view, the binding between PDE5 inhibitor (e.g., Sildenafil) and PDE5's catalytic site is located between sequence position number 536 and 860 (Figure 3). This binding between PDE5 inhibitor (e.g., Sildenafil) leads to an accumulation of cGMP within smooth muscle cells, resulting in prolonged relaxation and vasodilation. Additionally, the inhibition of PDE5 in other tissues, such as the pulmonary vasculature, contributes to the therapeutic effects observed in PAH [7]. However, the non-selective nature of some PDE5 inhibitors can lead to off-target interactions with other phosphodiesterase isoforms, notably PDE6 in the retina, resulting in visual disturbances. Understanding the molecular mechanisms underlying PDE5 inhibitor action is crucial for optimizing their therapeutic benefits while minimizing adverse effects [19,20].

6 of 15

3SHY	.....	0
PDE5A	MERAGPSFGQQRQQQPQQKQQRDQDSVEAWLDDHWDFTFSYFVRKATREMVNAWFAE	60
3SHY	.....	0
PDE5A	RVHTIPVCKEGIRGHTESCSCPLQQSPRADNSAPGTPTRKISASEFDRPLRPVVKDSEG	120
3SHY	.....	0
PDE5A	TVSFLSDSEKKEQMPLTPPRFDHDEGDQCSRLLELVKDISSHLDVTALCHKIFLHIHGLI	180
3SHY	.....	0
PDE5A	SADRYSLFLVCESSNDKFLISRLFDVAEGSTLEEVSNNCIRLEWNKGIVGHVAALGEPL	240
3SHY	.....	0
PDE5A	NIKDAYEDPRFNAEVDQITGYKTQSILCMP IKNHREEVVGVAQA INKKSNGGGTFTEKDE	300
3SHY	.....	0
PDE5A	KDFAAYLAFCGIVLHNAQLYETSLLNKRNVLLDLASLIFEQQSLEVILKKAATIIS	360
3SHY	.....	0
PDE5A	FMQVQKCTIFIVDEDCSDSFSSVFHMECEELEKSSDTLTREHDANKINYMYAQYVKNTME	420
3SHY	.....	0
PDE5A	PLNIPDVSKDKRFPWTENTGNVNNQ CIRSLLCTPIKNGKKNKVIGVCQLVNKMEENTGK	480
3SHY	.....MGSSHHHHHHSSGLVPRGSHM	27
PDE5A	VKPFNRNDEQFLEAFVIFCGLGIQNTQMYEAVERAMAKQMTLEVLSYHASAAE	540
3SHY	QSLAAAVVPSAQTLLKITDFSFSDFELSDLETALCTIRMFTDLNLVQNFQMKHEVLCRWIL	87
PDE5A	QSLAAAVVPSAQTLLKITDFSFSDFELSDLETALCTIRMFTDLNLVQNFQMKHEVLCRWIL	600
3SHY	SVKKNYRKNVAYHNWRHAFNTAQCMFAALKAGKIQNKLTDEILALLIAALSHDLDRGV	147
PDE5A	SVKKNYRKNVAYHNWRHAFNTAQCMFAALKAGKIQNKLTDEILALLIAALSHDLDRGV	660
3SHY	NNSYIQRSEHPLAQLYCHSIMHHHFDQCLMILNSPGNQILSGLSIEEYKTTLKI IKQAI	207
PDE5A	NNSYIQRSEHPLAQLYCHSIMHHHFDQCLMILNSPGNQILSGLSIEEYKTTLKI IKQAI	720
3SHY	LATDLALYIKRRGEFFELIRKNQFNLEDPHQKELFLAMLMTACDLSAITKPWPIQQRIAE	267
PDE5A	LATDLALYIKRRGEFFELIRKNQFNLEDPHQKELFLAMLMTACDLSAITKPWPIQQRIAE	780
3SHY	LVATEFFDQGDREKELNIEPTDLNREKKNKIPSMQVGFIDAICLQLYEALTHVSEDCF	327
PDE5A	LVATEFFDQGDREKELNIEPTDLNREKKNKIPSMQVGFIDAICLQLYEALTHVSEDCF	840
3SHY	PLLDGCRKNRQKWQALAEQQ.....	347
PDE5A	PLLDGCRKNRQKWQALAEQQEKMLINGESGQAKRN	875

non-conserved  
 ≥ 50% conserved

**Figure 3.** Sequence alignment (<https://www.genome.jp/tools-bin/clustalw>) of human cGMP-specific 3',5'-cyclic phosphodiesterase (PDE5, UniProtKB ID: O76074) and its catalytic domain whose structure is experimentally determined (PDB ID: 3SHY [17,18]).

## Challenges in the Design of PDE5 Inhibitors: Balancing Efficacy and Safety

Challenges in PDE5 Inhibitor Design encompass a spectrum of factors, notably the prevalence of common side effects, particularly visual disturbances, and the imperative for enhanced selectivity in drug design [5,20]. Among the various adverse reactions associated with PDE5 inhibitors, visual disturbances represent a significant concern. These disturbances primarily arise due to off-target effects on phosphodiesterase type 6 (PDE6) in the retina [21]. PDE6, a crucial enzyme involved in phototransduction, is responsible for the hydrolysis of cyclic guanosine monophosphate (cGMP) in photoreceptor cells. By inhibiting PDE6 activity, PDE5 inhibitors disrupt the delicate balance of cGMP levels in the retina, leading to alterations in visual perception [9]. The mechanism underlying visual disturbances involves perturbations in the phototransduction cascade, affecting processes such as light sensitivity and color discrimination. Moreover, the non-selective nature of some PDE5 inhibitors exacerbates this issue, as they may interact with other phosphodiesterase isoforms, further compromising visual function [22]. Thus, the challenge lies in designing PDE5 inhibitors with improved selectivity profiles, minimizing off-target interactions with PDE6 while maintaining therapeutic efficacy. Addressing these challenges is paramount for optimizing the safety and tolerability of PDE5 inhibitors, thereby enhancing their clinical utility in the treatment of erectile dysfunction and other related conditions [5].

## Defining the Challenge in PDE5 Inhibitor Design with a Structural and Biophysical Perspective

As is known, ligand-receptor binding affinity is an essential parameter in computer-assisted drug discovery and structure-based drug design [23]. Thanks to the continued development of experimental structural biology and the half-a-century old Protein Data Bank (PDB) [24–28], a comprehensive structural biophysical analysis becomes possible [29,30] for specific ligand-receptor complex structures deposited in PDB, such that our understanding of the structural and biophysical basis of their interfacial stability is able to help us modify the binding affinity of certain drug target and its interacting partners [31–35]. Take PDE5 as an example here, where the structural key is the design of non-PDE6-binding PDE5 inhibitor (abbreviated below as molecule X), ensuring that:

1. molecule X does bind to PDE5, i.e.,  $\Delta G$  (kcal/mol) < 0; and
2. molecule X does not bind to PDE6, i.e.,  $\Delta G$  (kcal/mol) = 0 or  $\Delta G$  (kcal/mol) > 0; and
3. in the absence of molecule X, cGMP does bind to PDE5 as usual ( $\Delta G_{\text{noelec}} = -9.07$  kcal/mol [10,11] as calculated by Prodigy [36]) and is able to be catalyzed by PDE5; and
4. in the presence of molecule X, cGMP does not bind to PDE5 (i.e.,  $\Delta G$  (kcal/mol) = 0 or  $\Delta G$  (kcal/mol) > 0), such that PDE5 is unable, or at least not as able as in the absence of molecule X, to catalyze cGMP.

To put it simply, the structural key to the design of non-PDE6-binding PDE5 inhibitor (molecule X) here is also described in [37] as the question for a ChatGPT-like chatbot for drug discovery & design in future: can you generate a  $K_d$ -ranked list of therapeutic candidates which targets X (e.g., PDE5) but not Y (e.g., PDE6)?

## A GIBAC-Based Selectivity Strategy for the Design of Non-PDE6-Binding PDE5 Inhibitors

On August 11, 2022, the concept of a general intermolecular binding affinity calculator (GIBAC) was for the first time proposed in an MDPI preprint [38] and defined as below:

$$K_d = f(\text{molecules}, \text{envPara}) \quad (1)$$

where *molecules* represents the molecular system described either in strings (e.g., amino acid sequences, strings of SMILES to represent small molecules [39,40]), or in graphs to describe PTMs (e.g., glycosylated proteins) and PEMs (e.g., insulin icodec of Novo Nordisk [41–43]).

On October 19, 2023, the concept of GIBAC (Equation 1) was for the first time updated, including its inception, definition (Equation 1), construction, practical applications, technical challenges and

limitations, and future directions [37,44]. As defined in [37], a real GIBAC (Equation 1) is able to meet the criteria listed as below:

1. a real GIBAC needs to take genetic variations into account; and
2. a real GIBAC needs to work even without structural information; and
3. for a real GIBAC, a variety of factors need to be taken into account, such as temperature, pH [45,46], site-specific protonation states (e.g., side chain  $pK^a$  of protein) [47,48], post-translational modifications (PTMs) [49–51], post-expression modifications (PEMs) [52,53], buffer conditions [54], et cetera; and
4. a real GIBAC requires a general forcefield for all types of molecules [55]; and
5. a real GIBAC requires a universal notation system for accurate and flexible description of all molecular types and drug modalities [56,57]; and
6. a real GIBAC is able to be used the other way around, i.e., to be used as a search engine for therapeutic candidate(s). With such a GIBAC-based search engine, a list of therapeutic candidates can be retrieved and ranked according to drug-target  $K_d$  value(s), with input parameters including drug target(s) and a desired drug-target  $K_d$  value or a range of it.

As mentioned above, the binding between PDE5 inhibitor (e.g., sildenafil) and PDE5's catalytic domain is located between sequence position number 536 and 860 (Figure 3) of PDE5. From Figure 4, it can be seen that the three amino acid sequences (PDE5, PDE6A and PDE6B) do possess a certain degree of sequence homology. Yet, the three sequences are also different from one another, especially for the region which corresponds to the catalytic domain of PDE5, i.e., the region between sequence position number 536 and 860 (Figure 3) of PDE5. Thus, from a structural and biophysical point of view, it is conceivable to design non-PDE6-binding PDE5 inhibitors, which selectively targets PDE5, binds to its binding pocket as shown in Figure 1, and does not target PDE6 at all, i.e.,  $\Delta G$  (kcal/mol) = 0 or  $\Delta G$  (kcal/mol) > 0 [37].

PDE5A	MERAGPSFGQQRQQQPQQKQQQRDQDS	VEAWLDDHWDF	TFSYFVRK	ATREMVNAWFAE	60			
PDE6A	.....MGEVTA	EEVEKFLDSN	IGFAKQY	YNLHYRAKLISDLLGA	39			
PDE6B	.....MSLSE	EQARSFLDQNP	DFARQYF	GKLSPENVAAC.E	37			
PDE5A	RVHTIPVCKEGIRGHT	ESCSCPLQQSPRADNS	APGTPTRKIS	ASEFDRPLRP	IIVVKDSEG 120			
PDE6A	KEAAVD	FSNYHSPSSME	.....	.....	56			
PDE6B	DGCPPD	CDSLRDLCQVE	.....	.....	54			
PDE5A	TVSFLSDSEKKEQMPLTPPRFDHDEGD	QCSR	LLELVKDI	SSHLDVTALCHK	IFLHIHGLI 180			
PDE6A	.....	ESEIIFDL	LRDFQENL	QTEKCI	FNVMKKLCFLL 89			
PDE6B	.....	ESTAL	LLELVQDM	QESINMER	VVFKVLRRLCTLL 87			
PDE5A	SADRYSLFLV	CESSNDKFL	ISRLFD	VAEGSTLE	EVSN...NCIRLEWNG	GIVGHVAALG 237		
PDE6A	QADRMSL	FMYRTRNG	.IAELATRLFN	VHKDAVLEDCLV	MPDQEIVFPLDM	GIVGHVAHSK 148		
PDE6B	QADRC	SLFMYRQRNG	.VAELATRLFS	VQPD	SVLEDCLVPPDSEIVFPLDI	GIVGHVAQTK 146		
PDE5A	EPLNIK	DAYEDPRF	NAEVDQIT	GYKTQS	ILCMPIKN	HREEVVGVAQA	INKKSCNGGTFTE 297	
PDE6A	KIANVP	NTEEDE	HFCD	FVDILT	EYKTKNILAS	PIMNG	.KDVVAVIMAVNK	VDG...SHFTK 205
PDE6B	KMVN	VEDVAE	CPHFSS	FADEL	TDYKTKNML	ATPIMNG	.KDVVAVIMAVNK	LNG...PFFTS 203

Figure 4. Cont.

PDE5A	KDEKDFAAAYLAFCGIVLHNAQLYETSLL <del>ENKRNQVLLDLASLIFEEQQSLE</del> EVILKKIAAT	357
PDE6A	RDEEILLKYLNFANLIMKVYHLSYLHNCETRRGQTL <del>LWSGSKVFEELTDIERQFHKA</del> LYT	265
PDE6B	EDEDVFLKYLNFATLYLKIYHLSYLHNCETRRGQVLLWSAN <del>KVFEELTDIERQFHKA</del> FYT	263
PDE5A	IISFMQVQKCTIFIV <del>DEDCSDSFSSVFHMECE</del> ELEKS <del>SDTLTREHDANKINMYA</del> QYVKN	417
PDE6A	VRAFLNCDRYSVGLLDMTKQKEFFDVW <del>PVLMGEVPPYSGPRTPDGREIN</del> FYKVIDYILHG	325
PDE6B	VRAYLNCERYSVGLLDMTKEKEFFDVWS <del>VLMGESQPYSGPRTPDGREIV</del> FYKVIDYVILHG	323
PDE5A	TMEPLNIPDVSKDKRFPWTENTGNVNQ <del>QCTIRSL</del> LCTPIKNGK <del>KN</del> .....KVI	465
PDE6A	KEDIKVIPNPPPDHWALV <del>SGLPAYVAQNGLICNIMNAP</del> AEDFFAFQKEPL <del>DES</del> GMKKNV	385
PDE6B	KEEKVIPTPSADHWALAS <del>GLPSYVAESCFICNIMNAS</del> ADEMFKFQEGAL <del>DDSGW</del> LKKNV	383
PDE5A	GVCQLV <del>NKMEENTGKVKPFNRND</del> .....EQFL <del>EAFVIFCGLGIQNTQMYE</del> AVERAMA	517
PDE6A	LSMPIVNKKEEIVGVATFYNRKDGK <del>PFDEMDETLMESLTQFLGWSV</del> LNPD <del>TYESM</del> NKLEN	445
PDE6B	LSMPIVNKKEEIVGVATFYNRKDGK <del>PFDEQDEVLMESLTQFLGWSVM</del> NTDTYDKMKNLEN	443
PDE5A	KQMVTELVLSYH <del>ASAAEETR</del> .....ELQSLAA <del>AVVPSAQT</del> LK <del>ITD</del>	558
PDE6A	RKDI <del>FQDI</del> IVKYHVKCD <del>NEEIQKILK</del> TRE <del>VY</del> GKEP <del>WECEEEEL</del> AETLQ <del>AELPD</del> ADKYE <del>INK</del>	505
PDE6B	RKDI <del>AQDMVLYHVKCDRDEIQ</del> LILP <del>TRARL</del> GKEP <del>ADCEDEL</del> GEIL <del>KEELP</del> GPT <del>TFDI</del> YE	503
PDE5A	FSFSD <del>FELSDLE</del> TALCTIRM <del>FTDNLVQNFQMKHEVL</del> CRWILSVK <del>KNYRKNVA</del> YHN <del>WRHA</del>	618
PDE6A	FHFSD <del>PLTELELVKCGIQMYELK</del> VVD <del>KFHIPQEALVRF</del> MYSLSK <del>GYRK</del> .ITYHN <del>WRHG</del>	564
PDE6B	FHFSD <del>LECTELDLVKCGIQMYELC</del> VVR <del>KFQIPQEVLRV</del> FLFSISK <del>GYRR</del> .ITYHN <del>WRHG</del>	562
PDE5A	FNTAQ <del>CMFAALKAGKI</del> QNKLT <del>DLEILALLIAALSHDL</del> DHRGV <del>NNSYIQRSEHPLA</del> QLYCH	678
PDE6A	FNVG <del>QTMFSLLV</del> TGK <del>LRYFTDLEALAMVTA</del> AFCH <del>IDHRGTNNLYQMKSQ</del> NPLAKLHGS	624
PDE6B	FNVA <del>QTMFTLLMTGKLSY</del> YTDLEA <del>FAMVTA</del> GLCH <del>IDHRGTNNLYQMKSQ</del> NPLAKLHGS	622
PDE5A	SIME <del>HHHFDQCLMI</del> LNSPGNQ <del>ILSGLSIEEYK</del> TKLKI <del>KQATLATDLALYIK</del> R <del>RGEFFEL</del>	738
PDE6A	SILER <del>HHLEFGKTL</del> LRD <del>ESLNIFQNLNRRQHEHA</del> TH <del>MDIAIIATDLALYFKKR</del> TMFQKI	684
PDE6B	SILER <del>HHLEFGKFL</del> SE <del>ETLNIVQNLNRRQHEH</del> VTH <del>MDIAIIATDLALYFKKR</del> AMFQKI	682
PDE5A	IRKN..... <del>QFNLED</del> PHQ <del>KELFLAML</del> MTAC <del>DL</del> SAIT <del>KPWPIQ</del> QRI <del>AELVATE</del> FFD	788
PDE6A	VDQ <del>SKTYESEQEW</del> TQY <del>MMLEQ</del> TRKEI <del>V</del> MAM <del>MTAC</del> DL <del>SAITKPWEV</del> QSQV <del>ALLVAAEF</del> WE	744
PDE6B	VDE <del>SKNYQDKKS</del> WVEY <del>LSLET</del> TRKEI <del>V</del> MAM <del>MTAC</del> DL <del>SAITKPWEV</del> QSKV <del>ALLVAAEF</del> WE	742
PDE5A	QGD <del>RERKELNIE</del> PT <del>DL</del> M <del>NREK</del> KNKI <del>PSMQVGFIDAI</del> CL <del>QLYEALTHVSE</del> DC <del>FP</del> LL <del>DGCRK</del>	848
PDE6A	QGD <del>LERTVLLQ</del> NP <del>IPMMDRNKA</del> DEL <del>PKLQVGFIDFVCTFVYKEFS</del> RFHEE <del>ITPMLDGITN</del>	804
PDE6B	QGD <del>LERTVLDQQ</del> PI <del>PMMDRNKAA</del> E <del>LPKLQVGFIDFVCTFVYKEFS</del> RFHEE <del>ILPMFDR</del> LQN	802
PDE5A	NRQ <del>KWQALAEQQE</del> KMLING <del>ESGQA</del> KRN.....	875
PDE6A	NRKE <del>W</del> KALADEY <del>DAKM</del> KV <del>EEKKQK</del> QQA <del>KSAAA</del> GNQ <del>PGCN</del> PS <del>PGGAT</del> TSK <del>SCCI</del> Q	860
PDE6B	NRKE <del>W</del> KALADEYE <del>AKV</del> KAL <del>EEK</del> EE <del>EEERVA</del> AKK <del>VGTEICNG</del> GP <del>APKSS</del> TCCIL....	854

~~X~~ non-conserved  
X ≥ 50% conserved

**Figure 4.** Sequence alignment (<https://www.genome.jp/tools-bin/clustalw>) of human cGMP-specific 3',5'-cyclic phosphodiesterase (PDE5, UniProtKB ID: O76074), PDE6A\_(UniProtKB ID: P16499)\_Human Retinal Rod cGMP-specific 3',5'-cyclic phosphodiesterase subunit alpha (UniProtKB ID: P16499) and PDE6B\_(UniProtKB ID: P35913)\_Human Retinal Rod cGMP-specific 3',5'-cyclic phosphodiesterase subunit beta (UniProtKB ID: P35913).

In practice, the design of non-PDE6-binding PDE5 inhibitors is equivalent to a matter of the construction of a mini GIBAC based on experimental structures of PDE5 and its inhibitor(s) using currently available AI algorithms as listed in [37]. Specifically, the construction of a mini GIBAC based on experimental structures of PDE5 and its inhibitor(s) needs at least four key ingredients: data, algorithm, knowledge and computational power, e.g.,

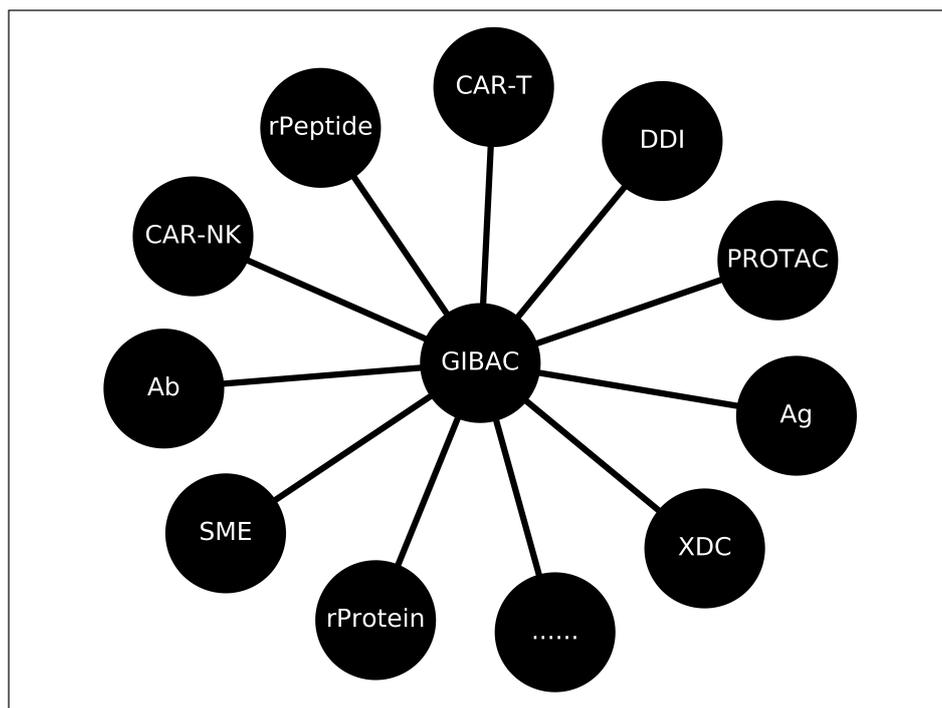
1. experimental structures of PDE5 and its inhibitor(s);
2. experimental structures of PDE6 and its inhibitor(s);
3. PDE5-related computational structural data from AlphaFold database [? ];
4. PDE6-related computational structural data from AlphaFold database [? ];
5. synthetic (both apo and complex) PDE5-related structural data generators [? ];
6. synthetic (both apo and complex) PDE6-related structural data generators [? ];
7. feature extraction using a comprehensive structural biophysical analysis [29,30], including structural biophysics and interfacial geometrics [25,58] underlying the complex structures of PDE5 (or PDE6) and its inhibitors.
8. molecular docking & dynamics simulation tools [? ? ].
9. synthetic  $K_d$  data generators [36];
10. side chain placement and energy minimization algorithms [? ] to incorporate structural information of PTMs [49–51] and PEMs [52,53,59] into structural models.

#### Future Direction of GIBAC's Practical Application in Drug Discovery and Design

While drug-target  $K_d$  is an essential parameter for drug discovery & design, it is but one of the many aspects of drug discovery & design. Usually,  $K_d$  and  $\Delta G$  has been used to indicate the efficacy of a drug. However, it has been shown that residence time ( $RT$ ) is yet another indicator of efficacy for some systems [60,61]. In biophysics, the relationship between  $K_d$ ,  $K_{on}$  (association rate constant), and  $K_{off}$  (dissociation rate constant) can be described as  $K_d = K_{off}/K_{on}$ , with  $RT$  representing the average time a molecule spends bound to its target before dissociation.

Essentially, computational drug discovery and design is a matter of a package of parameters focusing on efficacy, safety, et cetera, of the candidates. To this end, a package of biophysical parameters (in addition to  $K_d$ ) allows a further generalization of the GIBAC originally coined in [38], leading to the concept of a real GIBC (Table 1), which is to be one biophysics-based future direction of GIBAC. Moreover, this article further discusses the potential of GIBAC to act as a ChatGPT-like chatbot for drug discovery & design in future, which is able to accurately, precisely and efficiently handle questions such as:

1. can you generate a  $K_d$ -ranked list of therapeutic candidates which targets  $\underline{X}$  of different species, e.g.,  $\underline{X}$  of human [35,63],  $\underline{X}$  of cat [64],  $\underline{X}$  of horse [65]?
2. can you generate a  $K_d$ -ranked list of therapeutic candidates which targets X, Y and Z? such as vorolanib [66] or retatrutide [67]?
3. can you generate a  $K_d$ -ranked list of therapeutic candidates which targets X but not Y or Z?
4. can you generate a list of insulin analogues does not bind to IDE [42,68], but still binds to IR to ensure downstream signal transduction?
5. can you generate a set of mutations into the S protein to stabilize its conformation in the prefusion state for the design of a subunit vaccine of Covid-19 [69–71]?



**Figure 5.** Areas where GIBAC are applicable and involved. SME, Antibody, Antigen, XDC, ApDC: Aptamer drug conjugate ADC: Ab drug conjugate, rPeptide, rProtein, PROTAC, DDI, Purify, Chimeric antigen receptor (CAR) T + CAR-NK [62] cell therapy relies on T cells that are guided by synthetic receptors to target and lyse cancer cells. CARs bind to cell surface antigens through an scFv (binder), the affinity of which is central to determining CAR T cell function and therapeutic success [37].

**Table 1.** A tabular description of a general intermolecular biophysics calculator (GIBC).

Input 1	Input 2	Output
$molAstring, molBstring, \dots$	$envPara$	$K_d, K_{on}, K_{off}, RT, pK_a$
$molAgraph, molBgraph, \dots$	$envPara$	$K_d, K_{on}, K_{off}, RT, pK_a$

### Towards a GIBAC-Based Paradigm Shift in Computational Drug Discovery and Design

Finally, this article argues that the time (May 21, 2024) is now ripe for a GIBAC-based paradigm shift in computational drug discovery and design, and for the construction of such a GIBAC to be on the agenda of the drug discovery & design community, in light of

1. the crucial roles of  $K_d$  and  $\Delta G$  in drug discovery & design; and
2. the availability of a substantial amount of structural and biophysical data, experimental and synthetic; and
3. the continued accumulation of our knowledge of the biophysics [72,73] underlying biological systems; and
4. the availability of a variety of AI algorithms [37] for drug discovery & design; and
5. the democratization of high performance computing since the beginning of this century, and its continued evolution towards scalable quantum computing [74], and perhaps computation beyond silicon [75,76] in future.

### Ethical Statement

No ethical approval is required.

## Declaration of Generative AI and AI-Assisted Technologies in the Writing Process

During the preparation of this work, the author used OpenAI's ChatGPT in order to improve the readability of the manuscript, and to make it as concise and short as possible. After using this tool, the author reviewed and edited the content as needed and takes full responsibility for the content of the publication.

**Author Contributions:** Conceptualization, W.L.; methodology, W.L.; software, W.L.; validation, W.L.; formal analysis, W.L.; investigation, W.L.; resources, W.L.; data duration, W.L.; writing—original draft preparation, W.L.; writing—review and editing, W.L.; visualization, W.L.; supervision, W.L.; project administration, W.L.; funding acquisition, not applicable.

**Funding:** This research received no external funding.

**Acknowledgments:** The author is grateful to the communities of structural biology, biophysics, medicinal and computational chemistry and algorithm design, for the continued accumulation of knowledge and data for drug discovery & design, and for the continued development of tools (hardware, software and algorithm) for drug discovery & design.

**Conflicts of Interest:** The author declares no conflict of interest.

## References

1. Das, A.; Durrant, D.; Salloum, F.N.; Xi, L.; Kukreja, R.C. PDE5 inhibitors as therapeutics for heart disease, diabetes and cancer. *Pharmacology & Therapeutics* **2015**, *147*, 12–21. <https://doi.org/10.1016/j.pharmthera.2014.10.003>.
2. Ahmed, W.S.; Geethakumari, A.M.; Biswas, K.H. Phosphodiesterase 5 (PDE5): Structure-function regulation and therapeutic applications of inhibitors. *Biomedicine & Pharmacotherapy* **2021**, *134*, 111128. <https://doi.org/10.1016/j.biopha.2020.111128>.
3. Hemnes, A.R.; Champion, H.C. Sildenafil, a PDE5 inhibitor, in the treatment of pulmonary hypertension. *Expert Review of Cardiovascular Therapy* **2006**, *4*, 293–300. <https://doi.org/10.1586/14779072.4.3.293>.
4. Samidurai, A.; Xi, L.; Das, A.; Kukreja, R.C. Beyond Erectile Dysfunction: cGMP-Specific Phosphodiesterase 5 Inhibitors for Other Clinical Disorders. *Annual Review of Pharmacology and Toxicology* **2023**, *63*, 585–615. <https://doi.org/10.1146/annurev-pharmtox-040122-034745>.
5. Andersson, K. PDE5 inhibitors – pharmacology and clinical applications 20 years after sildenafil discovery. *British Journal of Pharmacology* **2018**, *175*, 2554–2565. <https://doi.org/10.1111/bph.14205>.
6. Giovannoni, M.; Vergelli, C.; Graziano, A.; Dal Piaz, V. PDE5 Inhibitors and their Applications. *Current Medicinal Chemistry* **2010**, *17*, 2564–2587. <https://doi.org/10.2174/092986710791859360>.
7. Kayık, G.; Tüzün, N.S.; Durdagi, S. Investigation of PDE5/PDE6 and PDE5/PDE11 selective potent tadalafil-like PDE5 inhibitors using combination of molecular modeling approaches, molecular fingerprint-based virtual screening protocols and structure-based pharmacophore development. *Journal of Enzyme Inhibition and Medicinal Chemistry* **2017**, *32*, 311–330. <https://doi.org/10.1080/14756366.2016.1250756>.
8. Bischoff, E. Potency, selectivity, and consequences of nonselectivity of PDE inhibition. *International Journal of Impotence Research* **2004**, *16*, S11–S14. <https://doi.org/10.1038/sj.ijir.3901208>.
9. Cote, R.H. Characteristics of Photoreceptor PDE (PDE6): similarities and differences to PDE5. *International Journal of Impotence Research* **2004**, *16*, S28–S33. <https://doi.org/10.1038/sj.ijir.3901212>.
10. Sung, B.J.; Yeon Hwang, K.; Ho Jeon, Y.; Lee, J.I.; Heo, Y.S.; Hwan Kim, J.; Moon, J.; Min Yoon, J.; Hyun, Y.L.; Kim, E.; Jin Eum, S.; Park, S.Y.; Lee, J.O.; Gyu Lee, T.; Ro, S.; Myung Cho, J. Structure of the catalytic domain of human phosphodiesterase 5 with bound drug molecules. *Nature* **2003**, *425*, 98–102. <https://doi.org/10.1038/nature01914>.
11. Sung, B.J.; Lee, J.; Heo, Y.S.; Kim, J.; Moon, J.; Yoon, J.; Hyun, Y.L.; Kim, E.; Eum, S.; Lee, T.; Cho, J.; Park, S.Y.; Lee, J.O.; Jeon, Y.; Hwang, K.; Ro, S. Crystal structure of Human Phosphodiesterase 5 complexed with Sildenafil (Viagra), 2004. <https://doi.org/10.2210/pdb1udt/pdb>.
12. DeLano, W.L. Pymol: An open-source molecular graphics tool. *CCP4 Newsletter On Protein Crystallography* **2002**, *40*, 82–92.
13. Gulati, S.; Palczewski, K.; Engel, A.; Stahlberg, H.; Kovacic, L. Cryo-EM structure of phosphodiesterase 6 reveals insights into the allosteric regulation of type I phosphodiesterases. *Science Advances* **2019**, *5*. <https://doi.org/10.1126/sciadv.aav4322>.

14. Gulati, S.; Palczewski, K. Cryo-EM structure of phosphodiesterase 6, 2019. <https://doi.org/10.2210/pdb6mzb/pdb>.
15. Kim, K.H.; Kim, H.K.; Hwang, I.C.; Cho, H.J.; Je, N.; Kwon, O.M.; Choi, S.J.; Lee, S.P.; Kim, Y.J.; Sohn, D.W. PDE 5 inhibition with udenafil improves left ventricular systolic/diastolic functions and exercise capacity in patients with chronic heart failure with reduced ejection fraction; A 12-week, randomized, double-blind, placebo-controlled trial. *American Heart Journal* **2015**, *169*, 813–822.e3. <https://doi.org/10.1016/j.ahj.2015.03.018>.
16. Maltez, N.; Maxwell, L.J.; Rirash, F.; Tanjong Ghogomu, E.; Harding, S.E.; Tingey, P.C.; Wells, G.A.; Tugwell, P.; Pope, J. Phosphodiesterase 5 inhibitors (PDE5i) for the treatment of Raynaud's phenomenon. *Cochrane Database of Systematic Reviews* **2023**, 2023. <https://doi.org/10.1002/14651858.cd014089>.
17. Chen, T.; Chen, T.; Xu, Y. Crystal structure of the PDE5A1 catalytic domain in complex with novel inhibitors, 2011. <https://doi.org/10.2210/pdb3shy/pdb>.
18. Xu, Z.; Liu, Z.; Chen, T.; Chen, T.; Wang, Z.; Tian, G.; Shi, J.; Wang, X.; Lu, Y.; Yan, X.; Wang, G.; Jiang, H.; Chen, K.; Wang, S.; Xu, Y.; Shen, J.; Zhu, W. Utilization of Halogen Bond in Lead Optimization: A Case Study of Rational Design of Potent Phosphodiesterase Type 5 (PDE5) Inhibitors. *Journal of Medicinal Chemistry* **2011**, *54*, 5607–5611. <https://doi.org/10.1021/jm200644r>.
19. Azzouni, F.; Abu samra, K. Are Phosphodiesterase Type 5 Inhibitors Associated with Vision-Threatening Adverse Events? A Critical Analysis and Review of the Literature. *The Journal of Sexual Medicine* **2011**, *8*, 2894–2903. <https://doi.org/10.1111/j.1743-6109.2011.02382.x>.
20. Aliferis, K.; Petropoulos, I.; Farpour, B.; Matter, M.; Safran, A. Should Central Serous Chorioretinopathy Be Added to the List of Ocular Side Effects of Phosphodiesterase 5 Inhibitors? *Ophthalmologica* **2011**, *227*, 85–89. <https://doi.org/10.1159/000333824>.
21. Laties, A.; Sharlip, I. Ocular Safety in Patients Using Sildenafil Citrate Therapy for Erectile Dysfunction. *The Journal of Sexual Medicine* **2006**, *3*, 12–27. <https://doi.org/10.1111/j.1743-6109.2005.00194.x>.
22. Saikia, Q.; Hazarika, A.; Mishra, R. A Review on the Pharmacological Importance of PDE5 and Its Inhibition to Manage Biomedical Conditions. *Journal of Pharmacology and Pharmacotherapeutics* **2022**, *13*, 246–257. <https://doi.org/10.1177/0976500x221129008>.
23. Fujii, H.; Qi, F.; Qu, L.; Takaesu, Y.; Hoshino, T. Prediction of Ligand Binding Affinity to Target Proteins by Molecular Mechanics Theoretical Calculation. *Chemical and Pharmaceutical Bulletin* **2017**, *65*, 461–468.
24. Berman, H.; Henrick, K.; Nakamura, H. Announcing the worldwide Protein Data Bank. *Nature Structural & Molecular Biology* **2003**, *10*, 980–980.
25. Li, W. Half-a-century Burial of  $\rho$ ,  $\theta$  and  $\varphi$  in PDB **2021**. <https://doi.org/10.20944/preprints202103.0590.v1>.
26. Li, W. Visualising the Experimentally Uncharted Territories of Membrane Protein Structures inside Protein Data Bank **2020**.
27. Li, W. A Local Spherical Coordinate System Approach to Protein 3D Structure Description **2020**.
28. Li, W. Structurally Observed Electrostatic Features of the COVID-19 Coronavirus-Related Experimental Structures inside Protein Data Bank: A Brief Update **2020**.
29. Li, W. How do SMA-linked mutations of *SMN1* lead to structural/functional deficiency of the SMA protein? *PLOS ONE* **2017**, *12*, e0178519.
30. Li, W. Extracting the Interfacial Electrostatic Features from Experimentally Determined Antigen and/or Antibody-Related Structures inside Protein Data Bank for Machine Learning-Based Antibody Design **2020**.
31. Li, W. Structural Identification of the Electrostatic Hot Spots for Severe Acute Respiratory Syndrome Coronavirus Spike Protein to Be Complexed with Its Receptor ACE2 and Its Neutralizing Antibodies **2020**.
32. Li, W. Calcium Channel Trafficking Blocker Gabapentin Bound to the  $\alpha$ -2- $\delta$ -1 Subunit of Voltage-Gated Calcium Channel: A Computational Structural Investigation **2020**.
33. Li, W. Inter-Molecular Electrostatic Interactions Stabilizing the Structure of the PD-1/PD-L1 Axis: A Structural Evolutionary Perspective **2020**.
34. Li, W. Structural and Functional Consequences of the SMA-Linked Missense Mutations of the Survival Motor Neuron Protein: A Brief Update. In *Novel Aspects on Motor Neuron Disease*; IntechOpen, 2019.
35. Li, W. Designing Nerve Growth Factor Analogues to Suppress Pain Signal Transduction Mediated by the p75NTR-NGF-TrkA Complex: A Structural and Biophysical Perspective **2024**. <https://doi.org/10.20944/preprints202403.1756.v1>.

36. Vangone, A.; Bonvin, A.M. Contacts-based prediction of binding affinity in protein-protein complexes. *eLife* **2015**, *4*.
37. Li, W.; Votvevor, G. Towards a Truly General Intermolecular Binding Affinity Calculator for Drug Discovery & Design **2023**.
38. Li, W. Towards a General Intermolecular Binding Affinity Calculator **2022**.
39. Lee, J.; Pilch, P.F. The insulin receptor: structure, function and signaling. *American Journal of Physiology-Cell Physiology* **1994**, *266*, C319–C334.
40. Rahuel-Clermont, S.; French, C.A.; Kaarsholm, N.C.; Dunn, M.F. Mechanisms of Stabilization of the Insulin Hexamer through Allosteric Ligand Interactions. *Biochemistry* **1997**, *36*, 5837–5845.
41. Nishimura, E.; Pridal, L.; Glendorf, T.; Hansen, B.F.; Hubálek, F.; Kjeldsen, T.; Kristensen, N.R.; Lützen, A.; Lyby, K.; Madsen, P.; Pedersen, T.Å.; Ribel-Madsen, R.; Stidsen, C.E.; Haahr, H. Molecular and pharmacological characterization of insulin icodec: a new basal insulin analog designed for once-weekly dosing. *BMJ Open Diabetes Research & Care* **2021**, *9*, e002301.
42. Li, W. Designing Insulin Analogues with Lower Binding Affinity to Insulin Receptor than That of Insulin Icodec **2024**. <https://doi.org/10.20944/preprints202404.1922.v1>.
43. Li, W. How Structural Modifications of Insulin Icodec Contributes to Its Prolonged Duration of Action: A Structural and Biophysical Perspective **2023**. <https://doi.org/10.20944/preprints202311.1048.v1>.
44. Wong, C.H.; Siah, K.W.; Lo, A.W. Estimation of clinical trial success rates and related parameters. *Biostatistics* **2018**, *20*, 273–286.
45. Yang, A.S.; Honig, B. On the pH Dependence of Protein Stability. *Journal of Molecular Biology* **1993**, *231*, 459–474.
46. Harris, T.K.; Turner, G.J. Structural Basis of Perturbed pKa Values of Catalytic Groups in Enzyme Active Sites. *IUBMB Life (International Union of Biochemistry and Molecular Biology: Life)* **2002**, *53*, 85–98.
47. Li, W. Gravity-driven pH adjustment for site-specific protein pKa measurement by solution-state NMR. *Measurement Science and Technology* **2017**, *28*, 127002.
48. Hansen, A.L.; Kay, L.E. Measurement of histidine pKa values and tautomer populations in invisible protein states. *Proceedings of the National Academy of Sciences* **2014**, *111*, E1705–E1712.
49. Herget, S.; Ranzinger, R.; Maass, K.; Lieth, C.W. GlycoCT—a unifying sequence format for carbohydrates. *Carbohydrate Research* **2008**, *343*, 2162–2171.
50. Foster, J.M.; Moreno, P.; Fabregat, A.; Hermjakob, H.; Steinbeck, C.; Apweiler, R.; Wakelam, M.J.O.; Vizcaíno, J.A. LipidHome: A Database of Theoretical Lipids Optimized for High Throughput Mass Spectrometry Lipidomics. *PLoS ONE* **2013**, *8*, e61951.
51. Sud, M.; Fahy, E.; Subramaniam, S. Template-based combinatorial enumeration of virtual compound libraries for lipids. *Journal of Cheminformatics* **2012**, *4*.
52. Li, W. Strengthening Semaglutide-GLP-1R Binding Affinity via a Val27-Arg28 Exchange in the Peptide Backbone of Semaglutide: A Computational Structural Approach. *Journal of Computational Biophysics and Chemistry* **2021**, *20*, 495–499.
53. Weiss, M. Design of ultra-stable insulin analogues for the developing world. *Journal of Health Specialties* **2013**, *1*, 59.
54. Olsson, M.H.M.; Søndergaard, C.R.; Rostkowski, M.; Jensen, J.H. PROPKA3: Consistent Treatment of Internal and Surface Residues in Empirical pKa Predictions. *Journal of Chemical Theory and Computation* **2011**, *7*, 525–537.
55. Hofmann, D.W.M.; Kuleshova, L.N. A general force field by machine learning on experimental crystal structures. Calculations of intermolecular Gibbs energy with iFlexCryst. *Acta Crystallographica Section A Foundations and Advances* **2023**, *79*, 132–144.
56. Wang, T.; He, X.; Li, M.; Shao, B.; Liu, T.Y. AIMD-Chig: Exploring the conformational space of a 166-atom protein Chignolin with ab initio molecular dynamics. *Scientific Data* **2023**, *10*.
57. Müller, C.E.; Hansen, F.K.; Gütschow, M.; Lindsley, C.W.; Liotta, D. New Drug Modalities in Medicinal Chemistry, Pharmacology, and Translational Science. *ACS Pharmacology & Translational Science* **2021**, *4*, 1712–1713.
58. Li, W. A Reversible Spherical Geometric Conversion of Protein Backbone Structure Coordinate Matrix to Three Independent Vectors of  $\rho$ ,  $\vartheta$  and  $\varphi$  **2024**. <https://doi.org/10.20944/preprints202404.0576.v1>.

59. Li, W. An Exhaustive Exploration of the Semaglutide-GLP-1R Sequence Space towards the Design of Semaglutide Analogues with Elevated Binding Affinity to GLP-1R **2024**. <https://doi.org/10.20944/preprints202405.0258.v1>.
60. Costa, B.; Pozzo, E.D.; Giacomelli, C.; Barresi, E.; Taliani, S.; Settimo, F.D.; Martini, C. TSPO ligand residence time: a new parameter to predict compound neurosteroidogenic efficacy. *Scientific Reports* **2016**, *6*.
61. Copeland, R.A. The drug-target residence time model: a 10-year retrospective. *Nature Reviews Drug Discovery* **2015**, *15*, 87–95.
62. Rahnama, R.; Kizerwetter, M.; Yang, H.; Christodoulou, I.; Fearnow, A.; Vorri, S.; Spangler, J.; Bonifant, C. Poster: AML-496 Study of Affinity Tuning in AML-Targeted CAR-NK Cells. *Clinical Lymphoma Myeloma and Leukemia* **2022**, *22*, S136.
63. Zimmermann, A.; Sutter, A.; Shooter, E.M. Monoclonal antibodies against beta nerve growth factor and their effects on receptor binding and biological activity. *Proceedings of the National Academy of Sciences* **1981**, *78*, 4611–4615.
64. Enomoto, M.; Mantyh, P.W.; Murrell, J.; Innes, J.F.; Lascelles, B.D.X. Anti-nerve growth factor monoclonal antibodies for the control of pain in dogs and cats. *Veterinary Record* **2019**, *184*, 23–23.
65. Kalnins, G. mature recombinant horse NGF, 2020.
66. Sheng, X.; Ye, D.; Zhou, A.; Yao, X.; Luo, H.; He, Z.; Wang, Z.; Zhao, Y.; Ji, Z.; Zou, Q.; He, C.; Guo, J.; Tu, X.; Liu, Z.; Shi, B.; Liu, B.; Chen, P.; Wei, Q.; Hu, Z.; Zhang, Y.; Jiang, K.; Zhou, F.; Wu, D.; Fu, C.; Li, X.; Wu, B.; Wang, L.; Qin, S.; Li, G.; Liu, Y.; Guo, H.; Chen, K.; Zhang, D.; Wang, G.; Ding, L.; Wang, Y.; Yuan, X.; Guo, J. Efficacy and safety of vorolanib plus everolimus in metastatic renal cell carcinoma: A three-arm, randomised, double-blind, multicentre phase III study (CONCEPT). *European Journal of Cancer* **2023**, *178*, 205–215.
67. Urva, S.; O'Farrell, L.; Du, Y.; Loh, M.T.; Hemmingway, A.; Qu, H.; Alsina-Fernandez, J.; Haupt, A.; Milicevic, Z.; Coskun, T. The novel GIP, GLP-1 and glucagon receptor agonist retatrutide delays gastric emptying. *Diabetes, Obesity and Metabolism* **2023**, *25*, 2784–2788.
68. Fakhrai-Rad, H. Insulin-degrading enzyme identified as a candidate diabetes susceptibility gene in GK rats. *Human Molecular Genetics* **2000**, *9*, 2149–2158.
69. Li, W. Delving deep into the structural aspects of a furin cleavage site inserted into the spike protein of SARS-CoV-2: A structural biophysical perspective. *Biophysical Chemistry* **2020**, *264*, 106420.
70. Shi, W.; Cai, Y.; Zhu, H.; Peng, H.; Voyer, J.; Rits-Volloch, S.; Cao, H.; Mayer, M.L.; Song, K.; Xu, C.; Lu, J.; Zhang, J.; Chen, B. Cryo-EM structure of SARS-CoV-2 postfusion spike in membrane. *Nature* **2023**, *619*, 403–409.
71. Heo, L.; Feig, M. Modeling of Severe Acute Respiratory Syndrome Coronavirus 2 (SARS-CoV-2) Proteins by Machine Learning and Physics-Based Refinement **2020**.
72. Noble, D.; Blundell, T.L.; Kohl, P. Progress in biophysics and molecular biology: A brief history of the journal. *Progress in Biophysics and Molecular Biology* **2018**, *140*, 1–4.
73. Becker, O.M.; MacKerell Jr, A.D.; Roux, B.; Watanabe, M. *Computational biochemistry and biophysics*; CRC Press, 2001.
74. Kendon, V. Quantum computing using continuous-time evolution. *Interface Focus* **2020**, *10*, 20190143.
75. Cookson, C. Taking **bold** bets: new UK agency prepares to fund breakthrough technologies, 2023. Accessed: (August 30, 2023).
76. Zhou, S.F.; Zhong, W.Z. Drug Design and Discovery: Principles and Applications. *Molecules* **2017**, *22*, 279.

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.