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Article

The Role of CyberKnife Stereotactic Radiosurgery in Recurrent Cranial Medulloblastomas across Pediatric and Adult Populations

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Abstract: Background and Objectives: Medulloblastoma is the most common malignant brain tumor in children. In recent decades, the therapeutic landscape has undergone significant changes, with stereotactic radiosurgery (SRS) emerging as a promising treatment for recurrent cases. Our study provides a comprehensive analysis of the long-term efficacy and safety of SRS in recurrent medulloblastomas across both pediatric and adult patients at a single institution. Methods: We retrospectively reviewed the clinical and radiological records of patients who underwent CyberKnife SRS for recurrent cranial medulloblastomas at our institution between 1998 and 2023. Follow-up data were available for 15 medulloblastomas in 10 patients. The cohort comprised 8 pediatric patients (ages 3-18) and 2 adult patients (ages 19-75). Median age at the time of SRS was 13 years, median tumor volume accounted for 1.9 cc, median biologically equivalent dose (BED) was 126 Gy, and single-fraction equivalent dose (SFED) was 18 Gy. The SRS was administered at 75% of the median isodose line. Results: Following a median follow-up of 39 months (range: 6-78), 53.3% of the medulloblastomas progressed, 13.3% regressed, and 33.3% remained stable. The 3-year local tumor control (LTC) rate for all medulloblastomas was 65%, with lower rates observed in the adult cohort (50%) and higher rates in pediatric patients (67%). The 3-year overall survival (OS) rate was 70%, with significantly higher rates in pediatric patients (75%) compared to adult patients (50%). The 3-year progression-free survival (PFS) rate was 58.3%, with higher rates in pediatric patients (60%) compared to adult patients (50%). Two pediatric patients developed radiation-induced edema, while two adult patients experienced radiation necrosis at the latest follow-up, with both adult patients passing away. Conclusion: Our study provides a complex perspective on the efficacy and safety of CyberKnife SRS in treating recurrent cranial medulloblastomas across pediatric and adult populations. The rarity of adverse radiation events (ARE) underscores the safety profile of SRS, reinforcing its role in enhancing treatment outcomes. The intricacies of symptomatic outcomes, intertwined with factors such as age, tumor location, and prior surgeries, emphasize the need for personalized treatment approaches. Our findings underscore the imperative for ongoing research and the development of more refined treatment strategies for recurrent medulloblastomas. Given the observed disparities in treatment outcomes, a more meticulous tailoring of treatment approaches becomes crucial.

Keywords: stereotactic radiosurgery; CyberKnife radiosurgery; medulloblastoma

1. Introduction

First described in 1925, medulloblastoma remains as a significant malignant brain neoplasm predominantly affecting the pediatric population [1]. Manifesting with a peak age of diagnosis between 6 to 8 years, the traditional therapeutic triad of surgery, chemotherapy (CT) and radiation therapy (RT) has been the mainstay [2,3]. Notably, recent decades have ushered substantial

transformations in therapeutic strategies, marked by an enhanced understanding of molecular subgroups influencing both prognosis and treatment modalities [4]. Despite these strides, the absence of clear guidelines for managing recurrent cases underscores the persistent clinical challenges, especially given the aggressive nature of recurrent medulloblastoma [5].

The intricate interplay between the infiltrative nature of medulloblastoma and the intricacies of neural architecture demands precise and efficacious therapeutic strategies [6]. Within this context, stereotactic radiosurgery (SRS) has emerged as a focal point in the management of recurrent medulloblastoma [7]. Leveraging targeted ionizing radiation, SRS strategically engages the biological vulnerabilities of the pathology. Bolstered by advancements in radiological imaging, radiation delivery platforms, and an evolving comprehension of radiobiology, SRS has assumed a pivotal role in combating this challenging adversary [8,9].

In our study, we demonstrate the efficacy and safety of SRS over the long term, specifically for both pediatric and adult patients grappling with the formidable burden of recurrent medulloblastoma. Situated within a single institution, our investigation uniquely integrates clinical expertise with research acumen, providing a nuanced perspective on the multifaceted dimensions of SRS application in the context of the recurrent nature of medulloblastoma.

2. Methods

Patient Selection and Characteristics

Between 1998 and 2023, we identified and treated 15 cases of recurrent medulloblastomas in 10 patients at Stanford University Medical Center using CyberKnife SRS. The selection criteria included a minimum follow-up period of 6 months. Clinical data were stored in a database approved by the Institutional Review Board (IRB) and complied with the Helsinki Declaration. The detailed overview of the patient demographics is presented in Table 1.

Table 1. Demographic characteristics in 10 patients with 15 recurrent cranial medulloblastomas.

Characteristics	Entire Cohort	Pediatric	Adult
# patients	10 (100%)	8 (80%)	2 (20%)
Sex			
Male	8 (80%)	6 (75%)	2 (100%)
Female	2 (20%)	2 (25%)	0 (0%)
Prior Surgery			
Single	6 (60%)	6 (75%)	0 (0%)
Multiple	3 (30%)	1 (12.5%)	2 (100%)
Symptoms			
Headaches	6 (60%)	4 (50%)	2 (100%)
Nausea	4 (40%)	4 (50%)	1 (50%)
Vomiting	5 (50%)	4 (50%)	1 (50%)
Ataxia	3 (30%)	1 (12.5%)	2 (100%)
Visual impairment	3 (30%)	2 (25%)	1 (50%)
Seizure	2 (20%)	2 (25%)	0 (0%)
Left-sided dysmetria	1 (10%)	1 (12.5%)	0 (0%)
Peripheral rigidity	1 (10%)	1 (12.5%)	0 (0%)
# tumors	15 (100%)	13 (86.7%)	2 (13.3%)
Location			
Cerebellar	5 (33.3%)	4 (30.8%)	1 (50%)
Ventricular	2 (13.3%)	1 (7.7%)	1 (50%)
Frontal	2 (13.3%)	2 (15.4%)	0 (0%)
Parietal	2 (13.3%)	2 (15.4%)	0 (0%)
Temporal	1 (6.7%)	1 (7.7%)	0 (0%)
Thalamic	1 (6.7%)	1 (7.7%)	0 (0%)

Cervicomedullary	1 (6.7%)	1 (7.7%)	0 (0%)
Medullary	1 (6.7%)	1 (7.7%)	0 (0%)
<i>Clinical Presentation</i>			
Symptomatic	14 (93.3%)	12 (92.3%)	2 (100%)
Asymptomatic	1 (6.7%)	1 (7.7%)	0 (0%)
#, numbers			

The study cohort comprised 8 (80%) pediatric patients (ages 3-18) and 2 (20%) adult patients (ages 19-75). The median age at the time of SRS was 13 years, with the pediatric group having a median age of 12 years (range: 9-16) and the adult group with a median age of 27 years (range: 25-29). Nine (90%) patients underwent prior surgery prior to SRS, with histological confirmation of WHO grade IV recurrent medulloblastomas. Additionally, one (10%) adult patient received RT as primary treatment based on radiographic diagnosis. Symptoms were correlated with lesion location and included headaches, ataxia, nausea, vomiting, seizures, visual impairment, and motor impairment (Table 1).

Tumor Characteristics

The overall study included 10 patients with 15 recurrent cranial medulloblastomas. The median tumor volume was 1.9 cc (mean: 2.7; range: 0.02-8.7); with the pediatric group having a median of 1.9 cc (range: 0.02-8.7) and the adult group having 1.5 cc (range: 0.5-2.5). Most lesions (86.7%) occurred in pediatric patients, primarily located in the cerebellum (n = 5, 33.3%), followed by ventricular (n=2, 13.3%), parietal (n=2, 13.3%), and frontal (n=2, 13.3%) regions (Table 1).

Treatment

Cranial recurrent medulloblastomas were treated with CyberKnife SRS (Accuray, Inc., Sunnyvale, CA) utilizing the established method previously outlined by Shi et al. [10]. The median time between initial diagnosis and SRS was 30 months (range: 12-108); 39 months (range: 12-108) in the pediatric group and 24.5 months (range: 24-25) in the adult group. SRS was administered with a median single-fraction equivalent dose (SFED) of 18 Gy to the 75% median isodose line (range: 65-81). Marginal dose, maximum dose, isodose line, and the number of fractions did not significantly differ between cohorts (Table 2).

Table 2. Treatment characteristics in 10 patients with 15 recurrent cranial medulloblastomas.

Characteristics	Entire Cohort	Pediatric	Adult	Statistical Significance (p Values)
# tumors per patient				
Mean	1.5	1.6	1	0.4
Median	1	1	1	
Range	1-4	1-4	1	
Age at Treatment, yrs				
Mean	14.3	12.4	27	< 0.001
Median	13	12	27	
Range	9-29	9-16	25-29	
Interval between Diagnosis to SRS, mo				
Mean	42.7	45.5	24.5	0.4
Median	30	39	24.5	
Range	12-108	12-108	24-25	
Target Tumor Volume, cc				
Mean	2.7	2.9	1.5	0.51
Median	1.9	1.8	1.5	

Range	0.02-8.7	0.02-8.7	0.5-2.5	
Margin Dose, Gy				
1 Fraction				
Mean	17.8	17.8	18	
Median	18	18	18	
Range	14-20	14-20	18	
2 Fractions				
Mean	20	20	N/A	
Median	20	20	N/A	
Range	20	20	N/A	
3 Fractions				
Mean	N/A	N/A	N/A	0.8
Median	N/A	N/A	N/A	
Range	N/A	N/A	N/A	
4 Fractions				
Mean	N/A	N/A	N/A	
Median	N/A	N/A	N/A	
Range	N/A	N/A	N/A	
5 Fractions				
Mean	25	25	N/A	
Median	25	25	N/A	
Range	25	25	N/A	
Maximum Dose, Gy				
1 Fraction				
Mean	23.3	23.1	24.2	
Median	24.2	24.2	24.2	
Range	19.7-25	19.7-25	24.2-24.3	
2 Fractions				
Mean	30.8	65	N/A	
Median	30.8	65	N/A	
Range	30.8	65	N/A	
3 Fractions				
Mean	N/A	N/A	N/A	0.9
Median	N/A	N/A	N/A	
Range	N/A	N/A	N/A	
4 Fractions				
Mean	N/A	N/A	N/A	
Median	N/A	N/A	N/A	
Range	N/A	N/A	N/A	
5 Fractions				
Mean	35.7	70	N/A	
Median	35.7	70	N/A	
Range	35.7	70	N/A	
# Fraction				
Mean	1.3	1.4	1	0.6
Median	1	1	1	
Range	1-5	1-5	1	
BED, Gy				
Mean	118.1	117	126	

Median	126	126	126	0.7
Range	66.7-153.3	66.7-153.3	126	
SFED				
Mean	17.2	17.1	18	
Median	18	18	18	0.6
Range	12.7-20	12.7-20	18	
EQD2				
Mean	70.8	70.2	75.6	
Median	75.6	75.6	75.6	0.7
Range	40-92	40-92	75.6	
Isodose Line, %				
Mean	74.9	74.9	74.5	
Median	75	75	74.5	0.9
Range	65-81	65-81	74-75	
Follow Up, mo				
Mean	35.6	36.5	29.5	
Median	39	39	29.5	0.6
Range	6-78	6-78	9-50	
#, number; BED, biologically effective dose; SFED, single-fraction equivalent dose; EQD2, equivalent total doses in 2-Gy fractions; N/A, not applicable; cc, cubic centimeter; Gy, Gray; mo, months; yrs, years				

Biologically Effective Dose (BED), Single-Fraction Equivalent Dose (SFED), and Equivalent Total Doses in 2-Gy Fractions (EQD2)

The biologically effective dose (BED) was calculated using the linear-quadratic (LQ) model with a α/β ratio of 3 Gy [11,12]. The BED was converted to SFED and the equivalent total doses in 2-Gy fractions (EQD2) using LQ model [13]. Median BED, SFED, and EQD2 for the entire cohort were 126 Gy (range: 66.7-153.3), 18 Gy (range: 12.7-20), and 75.6 Gy (range: 40-92), respectively, with no significant differences observed between groups (Table 2).

Follow-up

Patients underwent clinical evaluation and MRI follow-up semi-annually for the first two years after SRS, followed by annual assessments. Tumor volume was measured in axial, sagittal, and coronal planes and analyzed using Kaplan-Meier analysis. Graphical representations were generated using standard statistical software (IBM SPSS Statistics 29.0, Chicago, IL).

3. Results:

Patient Demographics and Characteristics

Following the exclusion of patients lost to follow-up, 15 lesions in 10 patients were included in the study. The cohort consisted of 8 (80%) were pediatric and 2 (20%) adult patients, while 5 (50%) patients succumbed during the evaluation period. The median follow-up after SRS was 39 months (range: 6-78) (Table 2).

Local Tumor Control

Among the 15 recurrent medulloblastomas, 8 (53.3%) demonstrated progression, 2 (13.3%) exhibited radiographic regression, and 5 (33.3%) remained stable. LTC rates for all medulloblastomas were 86%, 65%, and 31% at 1, 3, and 5 years, with a higher rate observed in pediatric patients (67%) at 3 years compared to the adult cohort (50%) (Table 3, Figure 1A).

Analysis of LTC rates revealed interesting patterns related to the location of tumors. Cerebellar lesions demonstrated a favorable response with a 78% LTC rate at 3 years compared to 50% for ventricular lesions. Furthermore LTC rates correlated with the number of prior surgeries, with a

higher rate in patients who had undergone a single surgery (75%) compared to those with multiple surgeries (66.7%) (Tables 1 and 3).

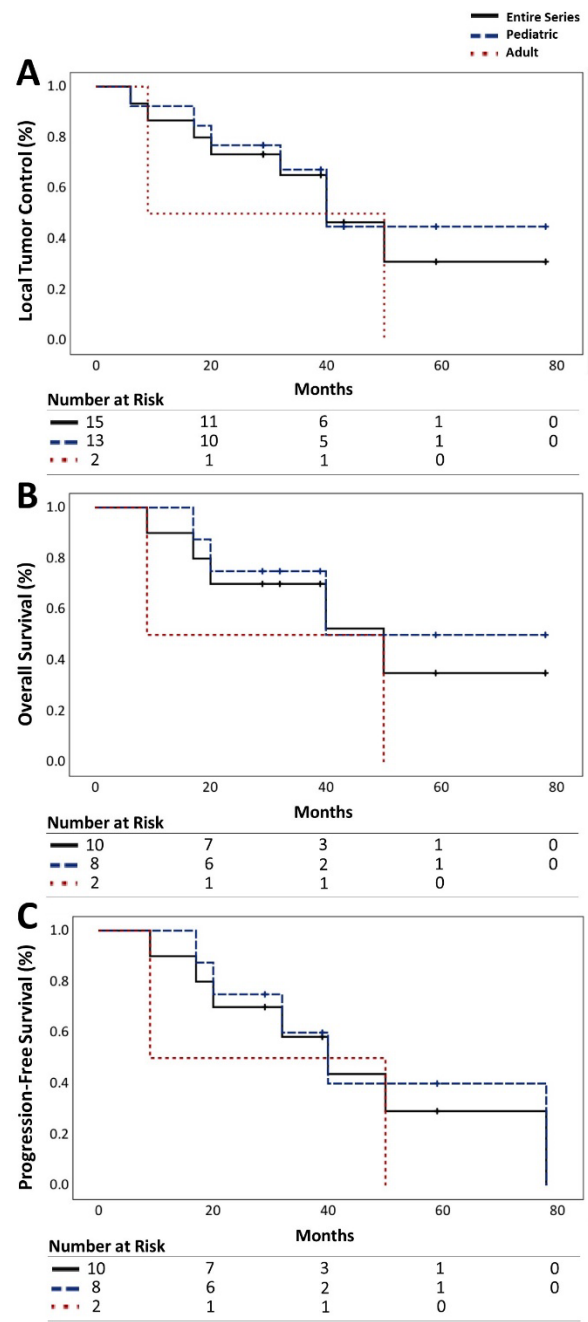


Figure 1. Summary of patient outcome according to Kaplan-Meier method after treatment with CyberKnife SRS. **A.** Local tumor control (LTC) rate, **B.** Overall Survival (OS) rate, and **C.** Progression-free survival (PFS) rate of the adult (black, solid) and pediatric (blue, dash) series with recurrent medulloblastomas with number of lesions (A) and patients (B+C) at risk.

Table 3. Radiological and clinical outcomes.

Variables	Entire Series	Pediatric	Adult	Statistical Significance (p Value)
LTC				
3 yrs, %	65	67	50	0.05
OS				

3 yrs, %	70	75	50	0.24
mean, mo	47.4	47.4	0	
PFS				
3 yrs, %	58	60	50	0.46
mean, mo	42.3	42.3	0	
SI, %	70	75	50	0.05
SW, %	10	12.5	50	0.03
NS, %	10	0	50	< 0.001
<i>LTC, local tumor control; OS, overall survival; PFS, progression-free survival; SI, symptomatic improvement; SW, symptomatic worsening; NS, new symptoms; yrs, years; mo, months</i>				

Patient Survival

OS rates for all patients were 90%, 70%, and 35% at 1, 3, and 5 years, respectively. Pediatric patients demonstrated higher rates of overall survival (75%) compared to adult patients (50%) at 3 years (Table 3, Figure 1B).

Survival outcomes were also influenced by clinical presentation. Asymptomatic patients exhibited a 100% OS rate at 3 years, while symptomatic patients showed varied rates based on the location of the tumor (Tables 1 and 3).

Progression-Free Survival

PFS rates were 90%, 58%, and 29% for all patients at 1, 3, and 5 years, with a higher rate observed in the pediatric cohort at 3 years (60%) (Table 3, Figure 1C).

PFS was notably influenced by the age at treatment, with pediatric patients experiencing a 60% PFS rate at 3 years compared to 50% in adults. Additionally, a positive correlation was observed between PFS and target tumor volume, with larger volumes exhibiting a slightly higher PFS rate (Tables 2 and 3).

Symptomatic Outcome

In the entire cohort, one (10%) pediatric patient was asymptomatic, allowing the evaluation of symptomatic outcomes for 9 (90%) patients with 14 (93.3%) symptomatic medulloblastomas. Overall, 7 (77.8%) patients demonstrated symptomatic improvements following SRS (Table 3). Notably, symptomatic improvement was more significant in the pediatric cohort (75%) compared to the adult cohort (50%) (p=0.05). The improvements were observed in headaches, nausea, vomiting, ataxia, and visual impairment. However, one (12.5%) pediatric patient and one (50%) adult patient experienced worsening headaches, and one (50%) adult patient presented with new symptoms, including dizziness and vomiting after treatment with SRS (Table 3).

Symptomatic outcomes were associated with the location of tumors, with cerebellar lesions showing the highest rate of improvement (80%). Furthermore, improvements in symptoms were more pronounced in cases with a single prior surgery compared to multiple surgeries (81.3% vs. 57.1%) (Tables 1–3).

Adverse Radiation Effect (ARE)

Among the entire cohort, 2 (20%) pediatric patients experienced radiation-induced edema and 2 (20%) adult patients confirmed radiation necrosis. Patients who experienced ARE had similar dose parameters as the overall cohort, highlighting the need for further investigation into individual susceptibility factors.

4. Discussion

Our investigation into the outcomes of SRS for recurrent cranial medulloblastomas presents a thorough analysis of treatment efficacy and patient management (Figure 2). In light of the identified variations in treatment outcomes between pediatric and adult patients, a nuanced customization of

treatment strategies emerges as imperative. This divergence may stem from enhanced central nervous system (CNS) plasticity in pediatric patients or the presence of less aggressive tumor types [14]. By integrating demographic, clinical, and treatment factors, our study provides a nuanced understanding of the intricate landscape associated with recurrent medulloblastomas.

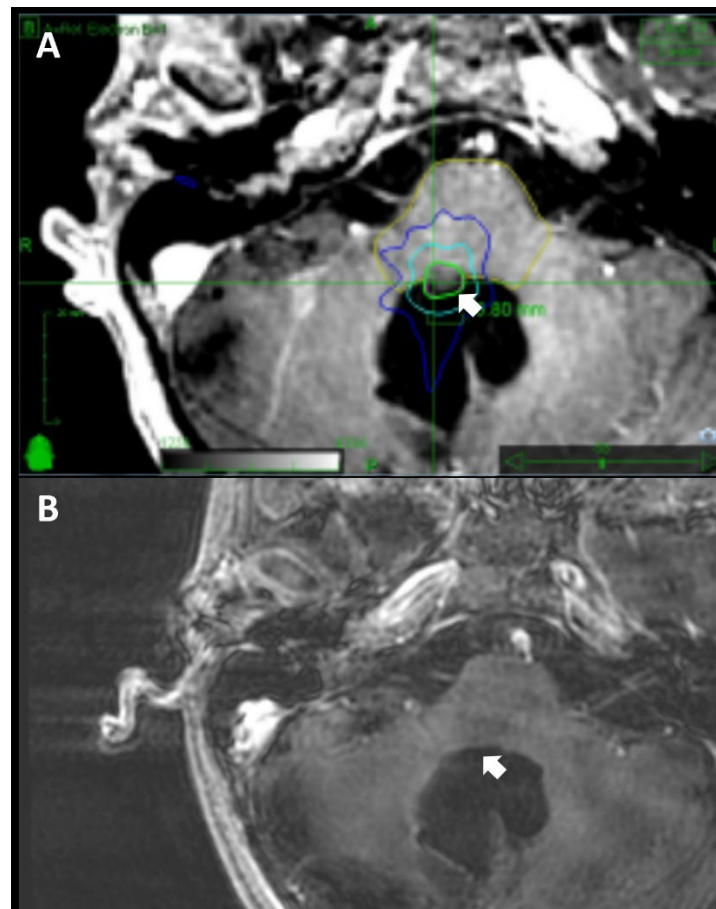


Figure 2. Comparison of **A.** a baseline CyberKnife treatment plan and **B.** the most recent radiographic follow-up evaluation of a 11-year-old male patient with a cervicomedullary recurrent medulloblastoma status post surgical resection and adjuvant radiation therapy. A marginal dose of 18 Gy was delivered with the maximum dose of 24.16 Gy in a single fraction to 75% of the isodose line (**A**). A substantial reduction in tumor size was evident in the 41-month follow-up MRI (**B**).

Local Tumor Control

The observed LTC rates, notably the substantial 67% rate at 3 years in the pediatric cohort, emphasize the potential efficacy of SRS in managing recurrent medulloblastomas. Our findings align with existing literature, underscoring the significance of precision in targeting specific tumor locations, particularly cerebellar lesions, to optimize treatment outcomes [7,15–18].

Pediatric patients, who constitute a majority in our cohort, exhibit a higher prevalence of cerebellar lesions, possibly contributing to the enhanced LTC rates observed in this subgroup (Table 1). Conversely, the prevalence of multiple prior surgeries in the adult cohort may be linked to comparatively lower LTC rates, suggesting a potential association between prior surgical intervention and LTC outcomes [19–21]. Further exploration of associations between the number of fractions, BED, and LTC rates, considering factors such as age and tumor location, could enhance our understanding of the interplay influencing LTC outcomes.

Patient Survival and Progression-Free Survival

The OS rates of 90%, 70%, and 35% at 1, 3, and 5 years underscore the potential long-term benefits of SRS in managing recurrent cranial medulloblastomas, especially given their aggressive nature [22]. The discernibly elevated survival rates in pediatric patients compared to their adult counterparts emphasize age as a pertinent prognostic factor [23,24]. The prevalence of multiple prior surgeries in the adult cohort may contribute to the lower OS rates, emphasizing the impact of prior treatment history on long-term survival outcomes [25]. Shorter intervals between diagnosis and SRS may be associated with more favorable outcomes, suggesting that prompt initiation of SRS after diagnosis could contribute to improved survival rates. Smaller tumor volumes may correlate with greater OS and PFS outcomes, highlighting the importance of accurately defining and targeting tumor boundaries during SRS [26]. Optimal margin doses contribute to improved OS and PFS, and deviations from this may impact outcomes [27]. The nuanced interplay of these factors underscores the need for personalized treatment strategies, tailoring therapeutic approaches based on individual patient characteristics to optimize treatment outcomes.

Symptomatic Outcomes

Our investigation of symptomatic outcomes post-SRS reveals notable improvements, particularly in the pediatric patient cohort. With a higher percentage experiencing SI and lower rates of SW and NS, a potential correlation between clinical response and long-term survival outcomes is suggested [28]. Pediatric patients, constituting 80% of our cohort, demonstrate a particularly encouraging trend in symptomatic outcomes [29,30]. The SI percentage of 75% in the pediatric group, compared to 50% in adults, underscores the positive impact of SRS on symptom relief in younger patients [31]. The correlation between tumor location and SI emphasizes the need for tailored treatment approaches, with targeting cerebellar lesions yielding favorable symptomatic outcomes. The influence of the number of prior surgeries on symptomatic outcomes necessitates a critical examination of the optimal timing and extent of surgical interventions in managing recurrent medulloblastomas [30,32]. While SRS contributes to SI, understanding the interplay between prior surgeries and post-SRS symptoms is crucial for refining treatment strategies [33]. Our findings suggest that a judicious approach to surgical interventions, considering factors such as timing and extent, may contribute to more favorable symptomatic outcomes in the context of recurrent medulloblastomas.

Adverse Radiation Effects

The identification of radiation-induced edema and necrosis, albeit in a subset of patients, accentuates the critical role of meticulous dose planning [29,34]. These occurrences in both pediatric and adult patients underscore the imperative for personalized treatment strategies to mitigate ARE. [1] The absence of myelopathy provides reassurance and aligns with the safety profile reported in the existing literature [35,36].

Integration with Previous Studies

Our findings harmonize with prior studies exploring the role of SRS in recurrent medulloblastomas, emphasizing the indispensability of a multidisciplinary approach in patient care [4,31]. The alignment with established literature buttresses the generalizability of our results and contributes substantially to the burgeoning body of evidence supporting the efficacy of SRS in recurrent cranial medulloblastomas.

Limitations and Future Directions

Notwithstanding the promising results, our study is not immune to limitations. The retrospective nature of the analysis and the relatively modest sample size warrant cautious interpretation. Prospective studies with larger cohorts are imperative to validate our findings. Additionally, sustained long-term follow-up is pivotal for assessing the durability of treatment

responses and potential late effects. These considerations acknowledge the current limitations and provide a foundation for future research to build upon our initial insights.

5. Conclusion

Our study offers a nuanced perspective on the efficacy and safety of CyberKnife SRS in addressing recurrent cranial medulloblastomas in both pediatric and adult demographics. The infrequency of ARE accentuates the favorable safety profile associated with CyberKnife SRS, thus affirming its contributory role in optimizing treatment outcomes. The intricacies of symptomatic responses, entangled with variables such as age, tumor localization, and prior surgical interventions, underscore the imperative for individualized therapeutic strategies. Our results underscore the need for ongoing research endeavors and the development of more refined and effective treatment strategies for recurrent medulloblastomas. Given the observed disparities in treatment outcomes between pediatric and adult cohorts, a more meticulous tailoring of treatment modalities becomes crucial.

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Conflicts of interest/Competing interests: Nothing to report.

Code availability: Not applicable.

Consent to participate: Not applicable.

Conference Presentations: This research has been presented as a poster at several prestigious conferences, including the American Association of Neurological Surgeons (AANS) Annual Meeting 2023 in Los Angeles, USA, the European Association of Neuro-Oncology (EANO) Annual Meeting 2023 in Rotterdam, Netherlands, the Congress of Neurological Surgeons (CNS) Annual Meeting 2023 in Washington, D.C., and the Radiosurgery Society (RSS) Scientific Meeting 2024 in Chicago, IL.

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