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[Uriel Ángel Sánchez-Rivera](#)<sup>\*</sup>, [Norma Berenice Cruz-Cano](#), [Alfredo Medrano](#), Carmen Álvarez-Rodríguez, [Martín Martínez-Torres](#)<sup>\*</sup>

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## Article

# Sperm Incubation in BWW Medium Induces Capacitation-Related Changes in the Lizard *Sceloporus torquatus*

Uriel Á. Sánchez-Rivera <sup>1,2,3,\*</sup>, Norma B. Cruz-Cano <sup>1</sup>, Alfredo Medrano <sup>2</sup>,  
Carmen Álvarez-Rodríguez <sup>1</sup> and Martín Martínez-Torres <sup>1,\*</sup>

<sup>1</sup> Laboratorio de Biología de la Reproducción, Facultad de Estudios Superiores Iztacala, Universidad Nacional Autónoma de México, México 54090; bionormacruz.7@gmail.com (NBCC); racunam@yahoo.mx (CAR)

<sup>2</sup> Laboratorio de Reproducción, Facultad de Estudios Superiores Cuautitlán, Universidad Nacional Autónoma de México, México 54714; amedrano@unam.mx (AM)

<sup>3</sup> Posgrado en Ciencias de la Producción y de la Salud Animal, Universidad Nacional Autónoma de México, México City 04510

\* Correspondence: uriel.sanchez@iztacala.unam.mx (UÁSR); martor@unam.mx (MMT); Tel.: +52 555623 1258

**Simple Summary:** Sperm acquire the ability to fertilize the egg during their transit through the female reproductive tract. This process, known as sperm capacitation, is well recognized in mammals and can be accomplished under laboratory conditions using specialized media. However, it remains unknown whether this process occurs in lizards. In this study, we investigated sperm incubation under conditions that promote capacitation to determine if similar changes occurred in their sperm. Our sperm assessment revealed functional changes, such as modifications in movement and staining patterns, commonly observed in mammals. It suggests that sperm capacitation may occur in this group of animals. Understanding sperm physiology is crucial for developing assisted reproduction technologies to aid conservation efforts for threatened species.

**Abstract:** Sperm capacitation involves biochemical and physiological changes that enable sperm to fertilize the oocyte. It can be induced in vitro under controlled conditions that simulate the environment of the oviduct. While extensively studied in mammals, its approach in lizards remains absent. Understanding the mechanisms that facilitate reproduction is essential for advancing the implementation of assisted reproductive technologies in this group. Fifteen males of *Sceloporus torquatus* were collected during the early stage of the reproductive season. The sperm were isolated from the seminal plasma and then diluted up to a volume of 150 µl using BWW medium to incubate with 5% CO<sub>2</sub> at 30 °C for a maximum duration of 3 hours. A fraction was retrieved hourly for ongoing sperm assessment. We found that total motility is maintained up to 2 hours post-incubation, after which it decreased. However, sperm viability remained constant. From that moment on, we observed a transition to a deeper and less symmetrical flagellar bending in many spermatozoa. The chlortetracycline assay indicated a reduction in the percentage of sperm showing the F pattern and an increase in those exhibiting the capacitated (B) and reactive (RA) patterns, accompanied by an elevation in the percentage of damaged acrosomes as revealed by the lectin binding assay. In mammals, these changes are often associated with sperm capacitation. These observations support the notion that this process may also occur in saurian.

**Keywords:** sperm capacitation; BWW medium; lizard; incubation; assisted reproduction techniques

## 1. Introduction

Ejaculated mammalian sperm are morphologically mature but functionally unable to fertilize (Fujihara et al., 2018). Sperm must undergo biochemical and physiological modifications to acquire competency for acrosome reaction and interaction with the oocyte. These changes occur during their passage through the female reproductive tract in a process called sperm capacitation (Ickowicz et al., 2012; Stival et al., 2016). It is accomplished in vitro under controlled conditions by recreating the

oviductal environment with defined media supplemented with essential ions such as bicarbonate, calcium, albumin, and energy substrates (Lemoine et al., 2008).

Sperm capacitation remains uncertain in lizards, despite sharing characteristics such as internal fertilization and possession of the epididymis, where sperm acquire motility (Dosemane & Bhagya, 2015). Females also have the ability to store sperm in the oviducts, allowing an asynchrony between mating and ovulation (Martínez-Torres, 2009; Ortega-León et al., 2009). These characteristics suggest that spermatozoa may require physiological changes after insemination to acquire fertilization ability. Thus far, only one study has conclusively shown sperm capacitation in crocodiles by noting increased intracellular levels of cyclic adenosine monophosphate (cAMP), which enhance motility and elevate protein phosphorylation levels (Nixon et al., 2016). Moreover, epididymal spermatozoa in *Lacerta vivipara* exhibit increased motility when incubated in a medium containing caffeine, a phosphodiesterase inhibitor known to elevate cAMP levels (Depeiges & Dacheux, 1985). These observations suggest that this mechanism may indeed occur within lizards.

Comprehension of reproductive biology is crucial for any assisted reproductive technologies (ARTs) development (Comizzoli & Holt, 2022), given the ongoing global decline in herpetofauna (Sinervo et al., 2010; Böhm et al., 2013). We selected *Sceloporus torquatus* as a model for advancing ARTs due to our understanding of its reproductive biology (Cruz-Cano et al., 2021; Sánchez-Rivera, 2017). We developed non-invasive semen collection methods by establishing the time to obtain greater volumes and generated sperm quality references (Martínez-Torres et al., 2019a; Martínez-Torres et al., 2019b). However, our attempts at sperm cryopreservation have yielded a low success rate in post-thawing recovery (Sánchez-Rivera et al., 2022). It is vital to grasp semen quality parameters, prevent spontaneous acrosome reactions (Lemoine et al., 2008), and enhance post-procedural recovery (Campbell et al., 2020). Besides, artificial insemination has been unsuccessful, possibly due to the use of freshly diluted sperm (unpublished data). These challenges underscore the importance of studying sperm physiology for successful ART implementation. We aimed to assess changes associated with sperm incubation using BWB medium and incubation parameters previously documented in crocodiles.

## 2. Materials and Methods

### 2.1. Animals

The capture of 15 adult males of *Sceloporus torquatus* (SVL > 70 mm) (Feria-Ortiz et al., 2001) was conducted in the Sierra de Guadalupe State Park, Coacalco, State of Mexico (19° 61' N, 99° 11' W, 2480 m altitude) under scientific collection licenses SPA/DGVD/086681/21 and SPARN/DGVD/12218/23 granted by the Secretaría del Medio Ambiente y Recursos Naturales. The collection occurred during the early stage of the reproductive season (October–November) in both 2021 and 2022. Morphometric data of the animals were recorded, including snout–vent length (using digital Vernier calipers to the nearest 0.01 mm) and body weight for each individual (measured using a digital scale with 0.1 g precision). The lizards were kept in outdoor enclosures measuring 3.0 × 5.0 × 2.0 m, with access to food and water, and then released into their natural habitat after completing experimental procedures.

### 2.2. Semen Collection and Incubation

Semen was collected by gently pressing the genital papillae, following the method described by Martínez-Torres et al. (2019b). Seminal volume and sperm concentration were measured. The ejaculates were washed with PBS and isolated from seminal plasma via double centrifugation at 2700 rpm for 10 minutes at room temperature. The sperm samples were diluted to a final volume of 150 µl using Biggers-Whitten-Whittingham (BWW) medium, with the following composition: 120 mM NaCl, 4.6 mM KCl, 1.7 mM CaCl<sub>2</sub>·2H<sub>2</sub>O, 1.2 mM KH<sub>2</sub>PO<sub>4</sub>, 1.2 mM MgSO<sub>4</sub>·7H<sub>2</sub>O, 5.6 mM D-glucose, 0.27 mM sodium pyruvate, 44 mM sodium lactate, 5 U/ml penicillin, 5 mg/ml streptomycin, 20 mM HEPES, 3 mg/ml BSA, 25 mM NaHCO<sub>3</sub>, pH 7.4, and an osmolarity of 300 mOsm (Nixon et al., 2016). All chemicals were purchased from Sigma. A portion of 30 µl was retrieved for assessment at 0 hours,

while the remaining sample was incubated with 5% CO<sub>2</sub> at 30°C for up to 3 hours. Additionally, a fraction was retrieved each hour for ongoing semen assessment.

2.3. Semen Assessment

We determined the total motility of spermatozoa using optical microscopy (Leica DM100) with a 40x objective and registered movement type when observed. We conducted the other tests at 100x magnification. Sperm viability was determined through eosin-nigrosin staining (Sánchez-Rivera et al., 2022). We established the sperm capacitation's state based on the proportion of spermatozoa exhibiting chlortetracycline (CTC) assay patterns: Full/F (uniform fluorescence head), Band/B (post-acrosomal region without fluorescence), and Acrosome Reacted/AR (fluorescent-free head or a thin fluorescent band on the equatorial segment), following the method described by Naijian et al. (2013). Acrosome integrity was assessed using a lectin-binding assay with fluorescein-conjugated *Pisum sativum* agglutinin (PSA-FITC), following the protocol outlined by Sánchez-Rivera et al. (2022).

2.4. Statistical Analysis

The data are presented as mean ± standard deviation. Due to the non-normal distribution and lack of independence assumptions, we utilized the non-parametric Kruskal-Wallis test to establish significant differences among time incubation periods. Subsequently, we conducted Dunn's post-hoc test for each sperm assessment. We assessed the effect of sperm incubation using the Wilcoxon test, with T0 as the control for each pair. A P-value of less than 0.05 was considered statistically significant. We carried out all the analyses and plots using the R (version 4.3.2) software on iOS.

3. Results

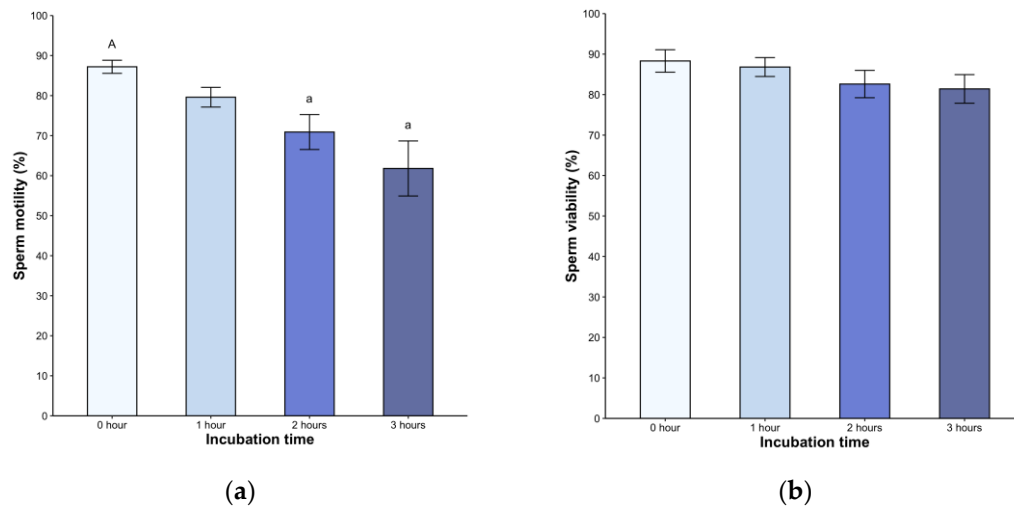
According to morphometric values, all males (n = 15) were considered adults. We obtained semen showing consistent characteristics typical of an ejaculate (Martínez-Torres et al., 2019b), including volume and sperm concentration (Table 1).

**Table 1.** Morphometric and semen characteristics of adult male lizards of *Sceloporus torquatus*.

Body weight (g)	Snouth-vent lenght (cm)	Vent-tail lenght (cm)	Semen emissions	Volume (µl)	Sperm concentration (x10 <sup>6</sup> /ml)
28.66 ± 16.0 (12.7-52.1)	8.73 ± 1.95 (6.0-11.5)	8.84 ± 2.23 (4.7-11.0)	2.00 ± 0.62 (1.0-3.0)	3.21 ± 1.31 (2.0-6.0)	94.23 ± 71.82 (18.3-220.0)

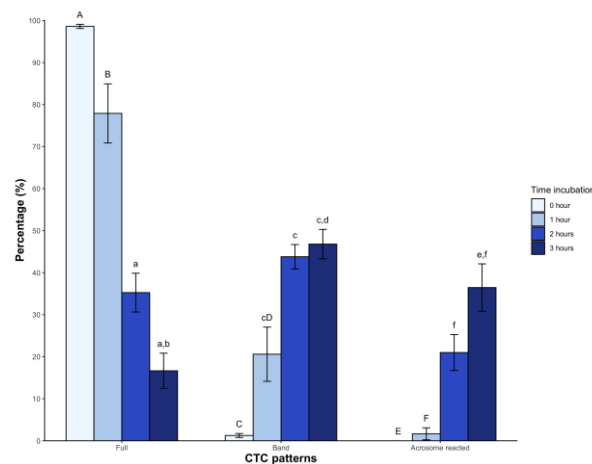
The Data Are the Mean ± Standard Deviation, the Range is Shown in Parentheses.

Following dilution, all samples exhibited high motility, ranging from 79% to 98%. We found a significant decrease in the second (82.6 ± 12.6%) and third hours (81.4 ± 13.2%, p < 0.05) post-incubation (H = 21.05, p < 0.05, Figure 1a). A statistically significant difference was observed in the second and third hours post-treatment (p < 0.05) but without difference between the hours. Sperm viability remained above 80% throughout the entire 240-minute observation period (p < 0.05, Fig 1b). Of note, the spermatozoa displayed active linear movement, but a transition to deeper and less symmetrical flagellar bending, with non-linear movement in many spermatozoa, was observed starting at 2 hours post-incubation (not shown).



**Figure 1.** (a) Sperm motility and (b) viability of *Sceloporus torquatus* incubated in BWW medium. The lines represent the standard error of the mean. Significant differences between means ( $P < 0.05$ ) are denoted by the same letter in upper and lower case.

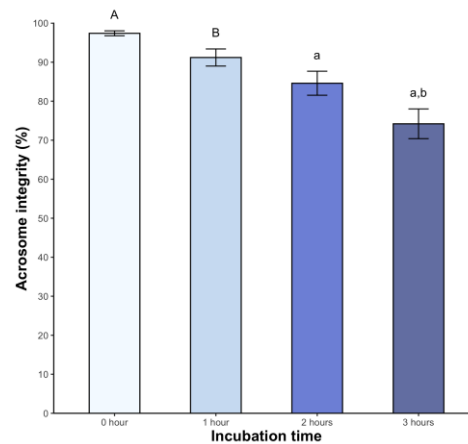
In the case of CTC patterns, a high percentage of sperm showed the Full pattern ( $98.6 \pm 1.8\%$ ) at time 0, with a significant decrease starting from the second hour ( $35.2 \pm 17.2\%$ ) and third hour ( $16.6 \pm 15.6\%$ ,  $p < 0.05$ ) post-incubation. The Band pattern showed low levels immediately after dilution with BWW medium ( $1.2 \pm 1.7\%$ ), which gradually increased from the first hour and reached  $46.8 \pm 13.1\%$  in the third hour. Regarding the acrosome-reacted pattern, it was initially absent but appeared from the second hour of incubation, reaching an average value of  $36.4 \pm 21.1\%$  ( $p < 0.05$ ) at 3 hours (Figure 2).



**Figure 2.** The clorthetracyclin (CTC) sperm patterns of *Sceloporus torquatus* incubated in BWW medium. The lines represent the standard error of the mean. Significant differences between means ( $P < 0.05$ ) are denoted by the same letter in upper and lower case.

Significant changes in acrosome integrity were observed, with 15.4% of spermatozoa showing damage at 2 hours post-incubation ( $p < 0.05$ ). This percentage increased to 25.8% at 3 hours post-incubation ( $p < 0.05$ ) (Figure 3).





**Figure 3.** Sperm acrosome integrity of *Sceloporus torquatus* incubated in BWB medium. The lines represent the standard error of the mean. Significant differences between means ( $P < 0.05$ ) are denoted by the same letter in upper and lower case.

#### 4. Discussion

Mammalian sperm incubation in defined media reveals biochemical and physiological changes during capacitation (Puga Molina et al., 2018; Sáez-Espinosa et al., 2020). Considering the lack of studies about sperm physiology in lizards, it is essential to determine if their sperm undergoes capacitation (as reported in crocodiles) (Nixon et al., 2016) to advance the implementation of ARTs in this group. To address this, we incubated *Sceloporus torquatus* spermatozoa in BWB medium at 30 °C with 5% CO<sub>2</sub> for up to 3 hours to assess functional changes in sperm quality.

We observed a consistently high percentage of motility (above 79 %), which decreased over time starting at 2 hours. This trend suggests that the medium may favor the metabolic processes of sperm (Bustani & Baiee, 2021), potentially because its composition improves cell longevity (Witte & Schäfer-Somi, 2007). Considering the specific variations of each species, the choice of medium is crucial for adequate manipulation of gametes (Kito & Ohta, 2005). BWB medium promotes sperm motility and consistently induces increased cAMP levels and protein tyrosine phosphorylation in mammals (McPartlin et al., 2008). Additionally, it enhanced motility in *Crocodylus porosus* in a 120-minute incubation (Nixon et al., 2016). In light of the observed effect of phosphodiesterase inhibitor (which increases cAMP levels) on *Lacerta vivipara* sperm, resulting in increased motility (Depeiges & Dacheux, 1985), we hypothesize that this mechanism is conserved in this group and *S. torquatus* would react similarly under capacitation conditions.

We also noted modifications in motility patterns in many sperm, with increased and deeper flagellar beat amplitude, less symmetrical bending, and nonlinear movement. These observations suggest the hyperactive movement, which may facilitate the zona pellucida penetration during fertilization, as observed in mammals (Ho & Suarez, 2001). However, we did not quantify the proportion of spermatozoa undergoing these changes. A comprehensive assessment of motility using computer-assisted sperm analysis (CASA) is essential to detect movement types and evaluate the proportion of hyperactivated sperm in a sample (Suarez, 2008).

On the other hand, the CTC assay monitors changes in the sperm head plasma membrane of bicarbonate-responsive cells by labeling sperm and detecting fluidity changes, which correspond with increased tyrosine phosphorylation, indicative of hyperactivated motility (Gadella & Boerke, 2016). This assay is applied for the first time in any non-avian reptile. Incubation induced significant changes, with a decrease in the F pattern (non-capacitated sperm) over time and a higher percentage of the B pattern (capacitated sperm) after 2 hours. Similar observations in dogs (Rota et al., 1999), mice (Kito & Ohta, 2005), and boars (Ded et al., 2019) have been reported. The AR pattern also increased from the second hour onwards. The above coincides with the findings of the acrosomal integrity assay. Similar results were found in chickens under mammalian capacitating conditions

(Priyadarshana et al., 2020). Based on these findings, we inferred that sperm incubated under the described conditions underwent molecular changes consistent with capacitation, attributable to medium composition.

The constituents of the BWB medium induce diverse changes in the sperm. Albumin, for instance, modifies lipid composition and membrane fluidity by reducing plasma membrane cholesterol content (McPartlin et al., 2009; Witte & Schäfer-Somi, 2007). Moreover, the presence of bicarbonate (above 15mM) in the medium initiates early changes that promote sperm capacitation by activating adenylate cyclase and elevating intracellular cAMP levels, resulting in hyperpolarization of the plasma membrane and increased intracellular pH (Ickowicz et al., 2012; Soriano-Úbeda et al., 2019). Calcium ions play a crucial role in this process by activating protein kinase A (PKA), which phosphorylates proteins involved in sperm functions like hyperactivation and the acrosome reaction (Nixon et al., 2020; Vyklicka & Lishko, 2020). Although the effects of glucose are unknown, it is essential for capacitation in mice, while pyruvate and lactate may inhibit it (Kito & Ohta, 2005).

The time in incubation has recently been recognized as a significant factor affecting sperm quality. In vitro studies on human sperm have shown a wide range from 1 to 24 hours to capacitation induction, leading to sperm subpopulations with varying degrees of functionality (Sáez-Espinosa et al., 2020). We found the changes in sperm assessments starting at two hours, which accentuated at the third hour accompanied by a significant decrease in total motility. However, the limited sperm volumes in lizards hamper our ability to incubate longer periods or devise protocols to select the sperm with capacitation-associated effects.

Further research on changes in oviductal content and functional assays in both mated and unmated females would offer valuable insights (Friesen et al., 2020) for optimizing the formulation of a more suitable medium. Incubation with calcium or progesterone ionophores can also be investigated, as both activate PKA-mediated signaling pathways, potentially improving efficiency in capacitation induction (Nixon et al., 2020).

## 5. Conclusions

Our study revealed some suggestive changes associated with sperm capacitation, such as a change in the type of movement characterized by increased and deeper flagellar beat amplitude, increased occurrence of capacitation patterns, and damaged sperm in the acrosome after two hours of incubation. These observations support the idea that this process also occurs in saurian. Establishing if sperm capacitation is a prerequisite for acquiring fertilization competence is crucial to improving the success of the implementation of any ART in this group of animals.

**Author Contributions:** Conceptualization, MMT and AM; investigation, UÁSR, NBCC, and CAR; data curation, formal analysis and visualization, UÁSR, NBCC; writing—original draft preparation, MMT and UÁSR; writing—review and editing, AM, NBCC, and CAR. All authors have read and agreed to the published version of the manuscript.

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**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** Dataset available on request from the authors.

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**Conflicts of Interest:** All authors declare that they have no conflicts of interest.

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