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[Francesco Misiti](#) <sup>\*</sup>, [Pierluigi Diotaìuti](#), Giovanni Enrico Lombardo, [Ester Tellone](#)

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Keywords: Sphingosine-1-phosphate; Band 3; erythrocyte; caspase-3; beta-amyloid; Alzheimer's disease



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## Article

# Sphingosine-1-Phosphate Decreases Erythrocyte Dysfunction Induced by $\beta$ -Amyloid

Francesco Misiti <sup>1,\*</sup>, Pierluigi Diotaiuti <sup>1</sup>, Giovanni Enrico Lombardo <sup>2</sup> and Ester Tellone <sup>2</sup>

<sup>1</sup> Human, Social and Health Department, University of Cassino and Lazio Meridionale, V. S. Angelo, Loc. Folcara, 03043, Cassino (FR), Italy

<sup>2</sup> Department of Chemical, Biological, Pharmaceutical and Environmental Sciences, University of Messina, Viale Ferdinando Stagno d'Alcontres 31, 98166 Messina, Italy

\* Correspondence: Social and Health Department, University of Cassino and Lazio Meridionale, Italy, V. S. Angelo-Polo didattico della Folcara, Cassino (FR) 03043, tel.+39 7762994423; e-mail: f.misiti@unicas.it

**Abstract: Background:** Amyloid beta peptides (A $\beta$ ) have been identified as the main pathogenic agents in Alzheimer's disease (AD). Soluble A $\beta$  oligomers, rather than monomer or insoluble amyloid fibrils, show membrane-binding capacity to red blood cells (RBCs) and trigger several morphological and functional alterations in RBCs that can result in impaired oxygen transport and delivery. Since bioactive lipids have been recently proposed as potent protective agents against A $\beta$  toxicity, we investigated the role of sphingosine-1-phosphate (S1P) in signaling pathways involved in the mechanism underlying ATP release in A $\beta$ -treated RBCs. **Methods:** In RBCs following different treatments, ATP, 2,3 DPG, cAMP levels, and caspase 3 activity were determined by spectrophotometric and immunoassay. **Results:** S1P rescued the inhibition of ATP release from RBCs triggered by A $\beta$ , through a mechanism involving caspase-3 and restoring 2,3 DPG and cAMP levels within the cell. **Conclusions:** These findings reveal the molecular basis of S1P protection against A $\beta$  in RBCs and suggest new therapeutic avenues in AD.

**Keywords:** sphingosine-1-phosphate; erythrocyte; caspase-3; beta-amyloid; Alzheimer's disease

## 1. Introduction

Sphingosine-1-phosphate (S1P) is a potent lipid mediator that performs several roles [1]. Sphingosine kinase 1 (Sphk1) or sphingosine kinase 2 produce S1P from its precursor sphingosine; meanwhile, S1P phosphatase and S1P lyase (Sgpl) revert into sphingosine and 2-hexadecenal and phospho-ethanolamine, respectively [2]. Red blood cells (RBCs) uptake S1P [3–5], while S1P may also be produced within the cells through Sphk1 [2]. Since RBCs contain Sphk1 but no S1P-degrading enzymes [6], S1P is abundantly stored in RBCs [7], as well as in platelets [8] and the endothelium [9,10]. S1P performs several functions and regulates many cellular processes, including cell growth, proliferation, migration, and apoptosis [11–14]. In recent papers, S1P has been discussed concerning the RBC adaptation mechanism to SARS-COVID-19 infection [15]. In RBCs, S1P promotes deoxygenated haemoglobin (deoxyHb), which anchors to band 3, the most abundant membrane protein in RBCs, thereby increasing glycolysis flux, 2,3-diphosphoglycerate (2,3 DPG) levels [16], and ATP release [17]. RBCs release ATP under reduced oxygen tensions and following deformation, to modulate vasodilation [18]. The pathway underlying ATP release from RBCs involves several proteins, such as G proteins, adenylyl cyclase (AC) and cyclic AMP-dependent protein kinase A [18], which are a cystic fibrosis transmembrane conductance regulator and protein pannexin, respectively [19,20]. Alzheimer's disease (AD) is a pathology characterised by senile plaques in several regions of the central nervous system (CNS), which are frequently correlated with areas of neurodegeneration [21]. Amyloid beta (A $\beta$ ) peptides, which are major protein components in the plaques, consist of 39–43 amino acid peptides that originate from a more significant transmembrane protein, amyloid precursor protein (APP). A $\beta$  neurotoxicity has been associated with peptide self-aggregation, which leads to the formation of amyloid-like fibrils [22] and eventually to neuronal cell death through

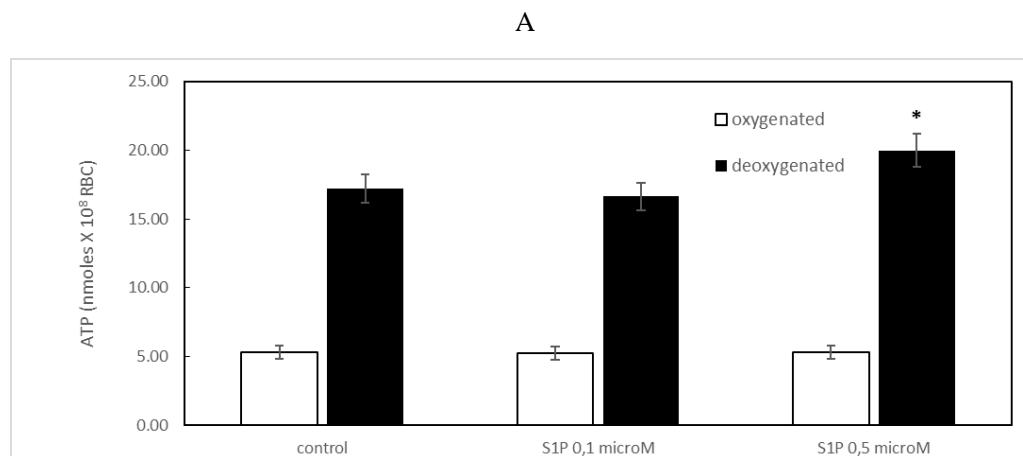
apoptosis. However, recent studies have shown that soluble forms of A $\beta$  exhibit stronger neurotoxicity, and in the monomeric form, A $\beta$  may be responsible for the neurodegeneration observed in AD [23,24]. A $\beta$  has been found in blood at nanomolar concentrations and is abundantly produced by platelets [25]. RBCs encounter A $\beta$  peptides at the luminal surface level of brain capillaries [26] and seem to only interact with monomeric A $\beta$  peptides [27]. A $\beta$  alters RBC metabolism and induces RBC death [28–34] through a signaling pathway involving protein kinase C [35,36]. Evidence from epidemiological data indicates a close association between vascular and AD pathology [37]. However, experimental studies suggest that A $\beta$  can reduce cerebral blood flow (CBF), inducing neurovascular dysfunction and increasing the brain's susceptibility to ischemia [38]. Therefore, we are interested in determining whether RBCs contribute to the AD pathogenesis. Previous studies have reported decreased S1P levels in AD tissues and plasma [39,40]. S1P protects neuronal cells from apoptosis [41], notably in response to A $\beta$  [42]. Moreover, a recent paper demonstrated that S1P abrogates neuronal Ca $^{2+}$  dyshomeostasis induced by toxic A $\beta$  cells [43].

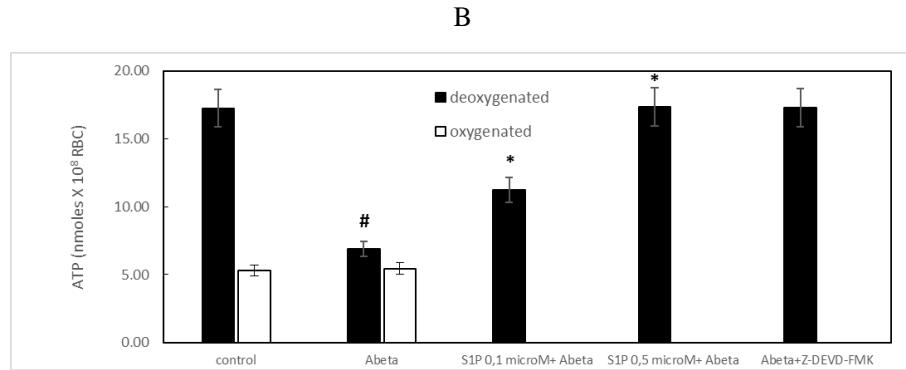
Based on the importance of vascular dysfunction in AD pathology, in this study, we investigated the protective role of S1P against A $\beta$  peptides on ATP release in RBCs.

## 2. Results

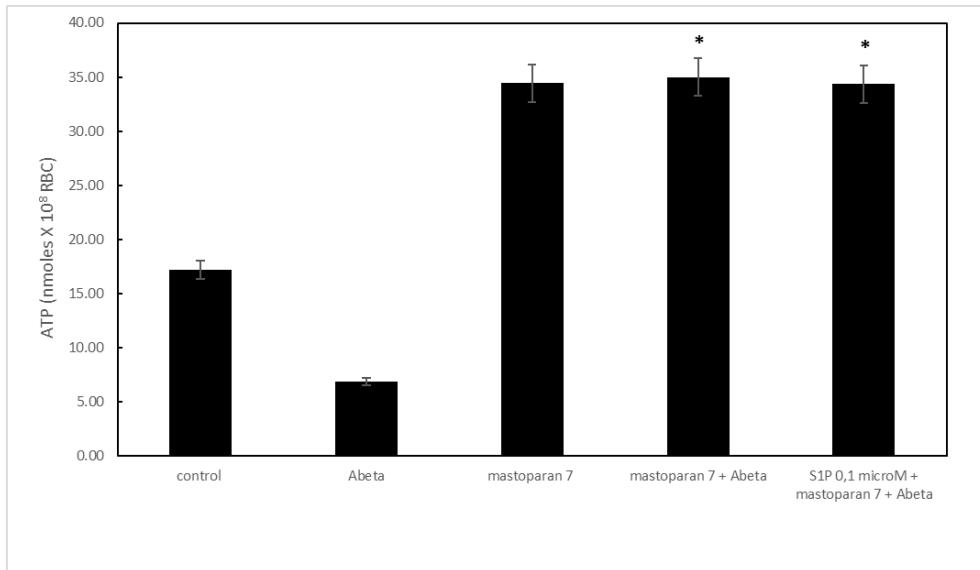
### 2.1. Protective Role of Sphingosine-1-Phosphate on ATP Release

It is known that RBCs can readily uptake exogenous S1P, up to 5  $\mu$ mol, l-1 in an *in vitro* system [3]. Firstly, we assessed whether S1P affected the mechanism responsible for ATP release from RBCs. Here, RBCs were treated at high and low oxygen tensions with S1P at concentrations of 0.1 and 0.5  $\mu$ M for 24 h. The ATP values were significantly higher for control cells with S1P at 0.5  $\mu$ M compared to 0.1  $\mu$ M (Figure 1A). When 0.1  $\mu$ M A $\beta$  was added to RBCs at low and high oxygen tensions for 24 hours, it inhibited the release of ATP from RBCs at the low oxygen tension (Figure 1B), as previously reported [31]. Next, to verify the protective role of S1P against A $\beta$ , S1P was pre-incubated with RBCs for 30 min before A $\beta$  exposure at a low oxygen tension. As shown in Figure 1B, ATP values were fully restored in the presence of 0.5  $\mu$ M S1P, with a slight protective effect at 0.1  $\mu$ M. It is known that caspase-3 is involved in the mechanism responsible for the inhibition of ATP release from RBCs by A $\beta$  [31]. Next, we examined whether the protective effect of S1P against A $\beta$  was mediated by caspase 3. Pre-treatment of RBCs exposed to A $\beta$  with a caspase-3 inhibitor, i.e., Z-DEVD-FMK, was able to rescue ATP levels back to control levels (Figure 1B), evidencing the involvement of caspase-3 in the protective mechanism elicited by S1P. In RBCs, it has been shown that ATP release is linked to a pathway including Gi and adenylyl cyclase (AC) [18]. Mastoparan 7, an activator of Gi, was used to clarify the involvement of the Gi-related pathway in the protective role of S1P against A $\beta$ . As reported in Figure 2, in the experiments with mastoparan 7, ATP release values remained similar between RBCs in the presence and absence of S1P, demonstrating that Gi proteins do not mediate S1P action.





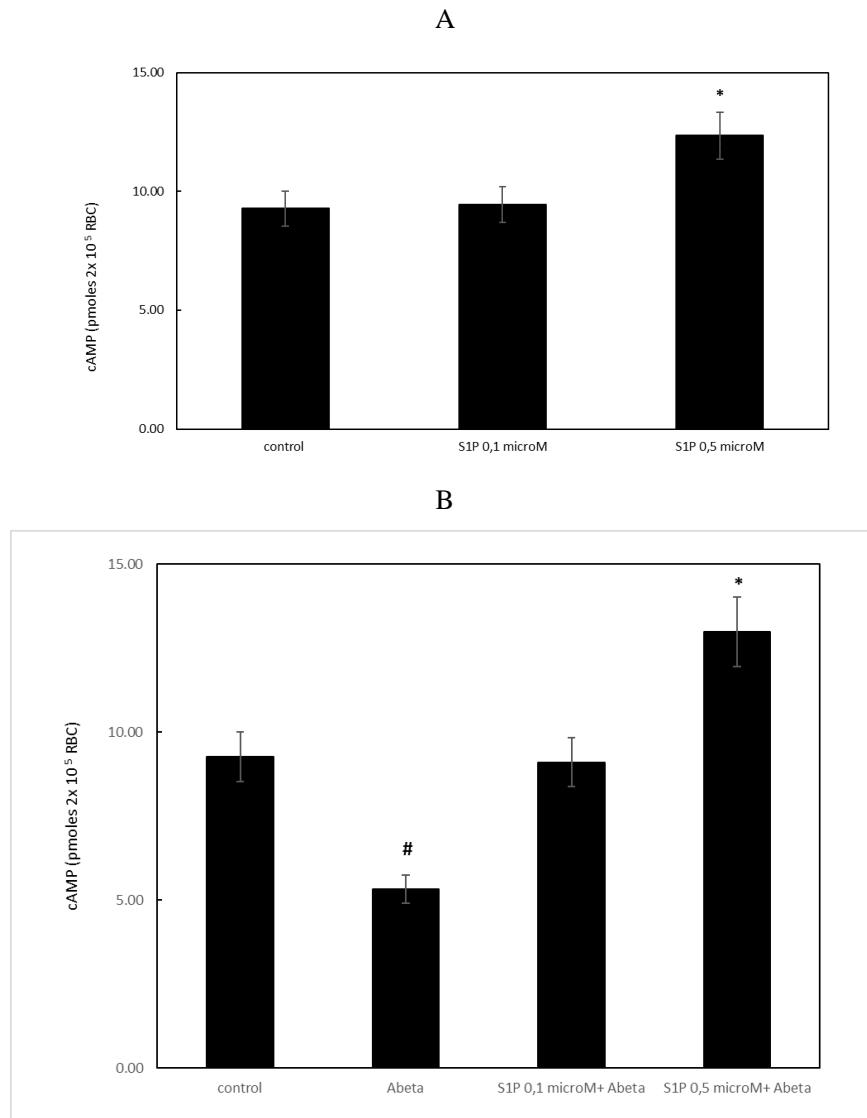
**Figure 1.** (A) Effect of sphingosine-1-phosphate (S1P) on ATP release in oxygenated (white) and deoxygenated (black) red blood cells (RBCs). Values are presented as the mean  $\pm$  SD ( $N = 5$ ). \* $p < 0.05$  compared with control. (B) Protective role of S1P against amyloid beta (A $\beta$ ) peptides. Values are presented as the mean  $\pm$  SD ( $N = 5$ ). # $p < 0.05$  compared with deoxygenated cells, \* $p < 0.05$  compared with A $\beta$ .



**Figure 2.** Effect of mastoparan 7 (10  $\mu$ M) on ATP release from RBCs. Values are presented as the mean  $\pm$  SD ( $N = 6$ ). \* $p < 0.05$  compared with A $\beta$  cells.

## 2.2. Effect of Sphingosine-1-Phosphate on the Accumulation of cAMP

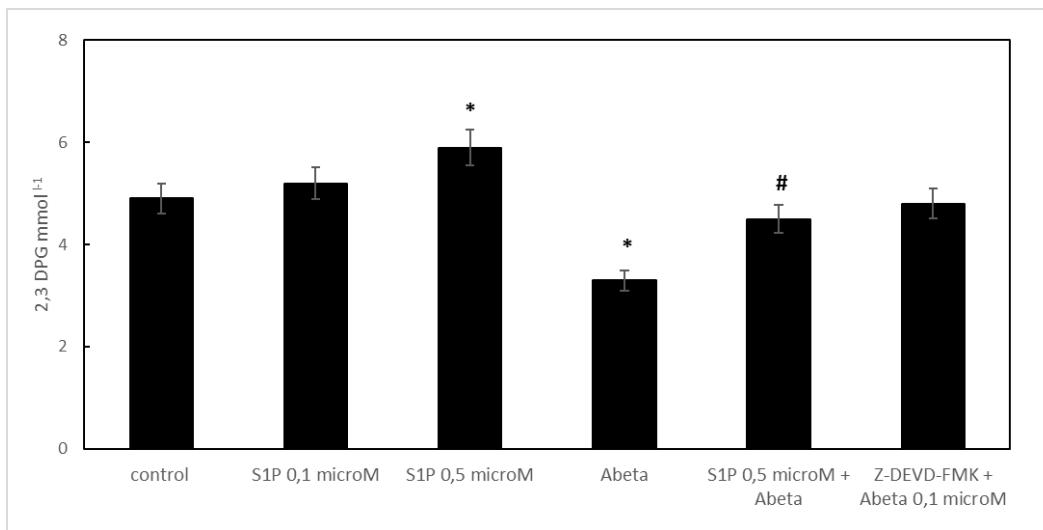
Then, we investigated whether cAMP was involved in the protective effect of S1P against A $\beta$  in deoxygenated RBCs. Here, in deoxygenated RBCs treated for 24 h with S1P alone at 0.1 and 0.5  $\mu$ M, cAMP values were significantly higher for control cells treated with S1P at 0.5  $\mu$ M. As previously reported [18], cAMP levels in RBCs are significantly higher when the cells are deoxygenated compared to oxygenated conditions (Figure 3A). Next, further, to verify the protective role of S1P against A $\beta$ , S1P was pre-incubated with RBCs for 30 min before A $\beta$  exposure at low oxygen tension. As shown in Figure 3B, cAMP values were fully restored in the presence of 0.5  $\mu$ M S1P, with no effects observed at 0.1  $\mu$ M. Pre-treatment of A $\beta$ -exposed RBCs with a caspase-3 inhibitor, i.e., Z-DEVD-FMK, rescued cAMP levels to those shown by control cells, thereby demonstrating the involvement of caspase-3 in the protective mechanisms elicited by S1P.



**Figure 3.** (A) Effect of S1P on cyclic adenosine monophosphate (cAMP) levels in deoxygenated RBCs (black). Values are presented as the mean  $\pm$  SD (N = 5). \* $p$  < 0.05 compared with control. (B) Protective role of S1P against A $\beta$  in deoxygenated (black) RBCs. Values are presented as the mean  $\pm$  SD (N = 5). # $p$  < 0.05 compared with deoxygenated cells, \* $p$  < 0.05 compared with A $\beta$ .

### 2.3. Effect of Sphingosine-1-Phosphate on 2,3 DPG Levels

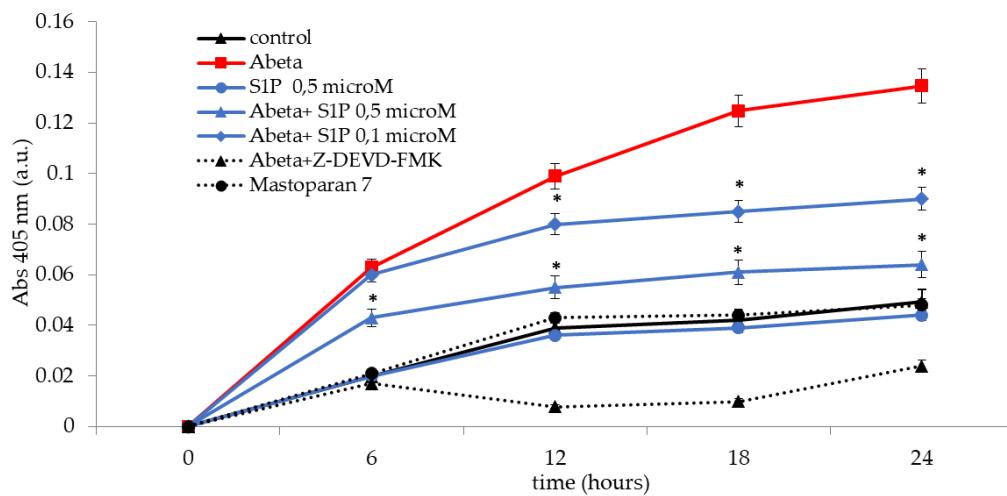
When RBCs were treated with A $\beta$  for 24 h, the 2,3 DPG levels observed in the deoxygenated RBCs were significantly reduced compared to the control cells (Figure 4). S1P alone at 0.5  $\mu$ M increased 2,3 DPG levels compared to the control, demonstrating that S1P could increase metabolic fluxes through glycolysis to generate 2,3-BPG, as previously reported [16]. In RBCs pre-incubated for 30 min with S1P at 0.5  $\mu$ M before A $\beta$ , the 2,3 DPG levels were significantly higher than those shown by the A $\beta$ -treated cells. Pre-treatment of A $\beta$ -A-exposed RBCs with Z-DEVD-FMK fully restored the 2,3 DPG levels, thereby demonstrating that, among other mechanisms, caspase is involved in the protective mechanism elicited by S1P.



**Figure 4.** Effect of S1P treatment on 2,3-diphosphoglycerate (2,3 DPG) levels in deoxygenated RBCs. Values are presented as the mean  $\pm$  SD (N = 5). \* $p$  < 0.01 compared with control deoxygenated cells. # $p$  < 0.01 compared with A $\beta$ -treated cells.

#### 2.4. Effect of Sphingosine-1-Phosphate on Caspase-3 Activity

Band 3 degradation by caspase-3 has been suggested to induce cdb3/deoxyHb binding site disruption in RBCs [29,30]. Cdb3/deoxyHb binding activated the pathway responsible for ATP release from deoxygenated RBCs [18]. A $\beta$  inhibits ATP release from RBCs through a pathway involving the activation of caspase-3 [31]. As shown in Figure 5, A $\beta$  treatment dramatically increased caspase-3 activity in a time-dependent manner. A $\beta$ -mediated caspase-3 activation was significantly rescued by pre-incubation with S1P at 0.5  $\mu$ M for 30 min, with only a minor protective effect observed with 0.1  $\mu$ M. Pre-incubation of A $\beta$ -treated RBCs with Z-DEVD-FMK inhibited the A $\beta$ -mediated caspase-3 activation. However, this observation excluded the presence of unspecified proteolytic activities. Moreover, S1P alone at 0.5  $\mu$ M did not affect caspase-3 activity. Then, we examined the effects of mastoparan 7, an activator of Gi, to determine whether Gi mediated the observed protective effect of S1P against the activation of caspase-3 by A $\beta$ . As reported in Figure 5, caspase-3 was unaffected in the presence of mastoparan 7, demonstrating that Gi proteins do not mediate S1P action.



**Figure 5.** Caspase-3 activity in deoxygenated RBCs following treatment under different conditions. Values are presented as the mean  $\pm$  SD (N = 5). \* $p$  < 0.05 compared with A $\beta$ -treated cells. a.u.

#### 2.5. Hemolysis Degree

The spontaneous lysis of RBCs is another potential source of extracellular ATP. Thus, the RBC suspensions were analyzed to evaluate hemoglobin concentrations in the supernatants and determine hemolysis after experiments [40]. In all experiments, hemolysis was less than ~3%.

### 3. Discussion

RBCs release ATP in response to low oxygen tension [18]. The starting event in the release of ATP from RBCs involves an interaction between deoxyHb and the cytoplasmic domain of the anion exchange protein band 3, i.e., the cdb3–deoxyHb/band 3 complex induces stress in the membrane components, triggering the downstream pathway responsible for ATP release. It has been shown that ATP release and cAMP accumulation are strongly reduced in RBCs in the presence of A $\beta$  and associated with caspase-3 activation [31], thus decreasing tissue oxygenation, particularly in cerebral microvascular circulation, and aggravating AD pathology. Here, we report that A $\beta$ -mediated inhibition of ATP release from deoxygenated RBCs was abolished when cells were pre-incubated with sphingosine-1-phosphate (S1P) before treatment with A $\beta$ . The signalling pathway underlying ATP release from RBCs includes the heterotrimeric G proteins Gs and Gi, adenylyl cyclase (AC), and cyclic AMP-dependent protein kinase A [18]. In the presence of S1P, comparable amounts of intracellular cAMP were measured following incubation with mastoparan 7 (i.e., stimulatory agent of Gi), both in the presence and absence of A $\beta$  peptides; this finding suggests that the activity of the Gi subunit in heterotrimeric G proteins could not explain the protective effect induced by S1P in A $\beta$ -treated RBCs. The possible role of S1P in AD is controversial, with some studies suggesting a causative role in AD while others propose a protective role [44]. We observed that the pre-treatment with a caspase-3 inhibitor, i.e., Z-DEVD-FMK, before A $\beta$ , could rescue ATP and cAMP levels to those observed in control cells. We suggest that S1P inhibited the A $\beta$ -mediated activation of caspase-3 activity, protecting the cytoplasmic domain of the anion exchange protein band 3, i.e., cdb3, through caspase-3 cleavage.

Since the release of ATP from RBCs occurs in response to low oxygen tension and consists of an interaction between deoxyHb and cdb3 [18], our findings indicate that the mechanism underlying the protective role of S1P on the inhibition of ATP release, triggered by A $\beta$ , partially involves the S1P-mediated abrogation of caspase-3 activation. These findings align with a previous paper, which showed that the S1P agonist SEW2871 decreased A $\beta$ -induced caspase-3 activation, neuronal death, and cognitive damage in rats with AD [45]. Furthermore, we showed that S1P increased 2,3-DPG levels within the cell. In a previous study [16], it has been suggested that S1P induces 2,3 DPG production by binding directly to deoxy-Hb, thereby stabilizing Hb in the deoxygenated state. DeoxyHb binds to cdb3, triggering the release of some glycolytic enzymes to the cytosol, thereby increasing glycolysis flux to produce more 2,3-DPG. Thus, the increase in 2,3 DPG can bind more oxyHb molecules, meaning S1P promotes deoxyHb anchoring to cdb3 and triggers the mechanism responsible for ATP release from RBCs in response to low oxygen tension.

### 4. Materials and Methods

#### 4.1. Chemicals

A $\beta$  peptide (1-42) purity > 98% was purchased by Peptide Speciality Laboratories GmbH (Heidelberg, Germany). Peptides were solubilized in 100% 1,1,1,3,3-hexafluoro-2-propanol (HFIP; Sigma, St. Louis, MO, USA). The HFIP was then removed by vacuum evaporation, and the remaining disaggregated peptide was dissolved in dimethylsulphoxide (DMSO). Sphingosine-1-phosphate (S1P) and other chemicals were purchased from Sigma Aldrich (St. Louis, MO, USA).

#### 4.2. Preparation of Red Blood Cells and Incubation Conditions

Blood samples were collected in citrate and washed three times with an iso-osmotic NaCl solution. Low-speed centrifugation (800x g, 5 min) was performed to separate plasma, avoiding mechanical stress that could determine RBC morphological alterations. Ficoll was used to isolate mature RBC for a density gradient centrifugation. RBCs were incubated at 37 °C for 24h with or

without 0.1  $\mu$ M A $\beta$  peptide, pre-incubated in the presence and absence of S1P at 0.1 and 0.5  $\mu$ M. In experiments performed under low oxygen conditions, the measured percentage of deoxyHb was 60%  $\pm$  0.32%. RBCs were sedimented by centrifugation at 500g for 10 min to exclude the possibility that RBC lysis affects our determinations. Oxygenated hemoglobin in the supernatant was determined by light absorption at 405 nm (Cary 3E, Varian, Palo Alto, CA) [46]. Although this method does not measure methemoglobin and oxidized forms of hemoglobin (about 1-3% of the total hemoglobin), it is commonly used when measuring experimentally induced RBC lysis [47].

#### 4.3. ATP Assay

The luciferin-luciferase technique was used to measure ATP, as reported [48], which uses the ATP concentration dependence of light generated by the reaction of ATP with firefly tail extract.

#### 4.4. Measurement of cAMP

After RBCs exposure to different experimental conditions, cAMP's concentration was then determined, as previously described [49], with a cAMP Biotrak enzyme immunoassay system (Amersham Biosciences).

#### 4.5. Determination of 2,3 DPG

2,3-DPG in 20  $\mu$ l RBC pellet was isolated with 100  $\mu$ l, 0.6 M cold perchloric acid on ice, vortexed, and centrifuged. A volume of 80  $\mu$ l supernatant was transferred to a new tube, neutralized, and centrifuged. An aliquot of supernatant was used to measure 2,3-DPG levels using a commercially available kit (Sigma Aldrich, St. Louise, USA).

#### 4.6. Caspase-3 Activity Determination

After RBCs exposure to different experimental conditions, caspase activity has been carried out as previously described [50].

#### 4.7. Statistical Analysis

All data are expressed as means  $\pm$  SD. Statistical analyses (Student's-t test and ANOVA) were performed with SYSTAT 10.2 software (Statcom, Inc., Richmond, CA, USA). The level of significance was set at 0.05.

### 5. Conclusions

We provide evidence that S1P rescued the inhibition of ATP release from RBCs triggered by A $\beta$ . Among several signalling pathways mediated by S1P, our results suggest that the protective path is mediated by caspase-3 and deoxyHb. The protective role of S1P could be relevant to supporting energy demands in tissues, particularly in cerebral microvascular regions after ischemia or where a deposition may cause the cerebral vessel lumen to narrow. While this is a promising finding, this study is limited because it did not use AD models; therefore, future studies that use blood cells from AD patients are warranted. Lately, fingolimod (FTY720), a synthetic analog of S1P, was observed to revert memory deficits in a rat model of AD, suggesting a crucial role of S1P in neuroprotection against A $\beta$  toxicity [51]. Taken together, data from this study indicate that restoring S1P plasma levels may be an attractive therapy to treat or prevent AD.

**Author Contributions:** FM was responsible for designing, collecting data, analyzing, and writing the manuscript; PD and GEL were responsible for analyzing data; ET was responsible for analyzing data and writing the manuscript.

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**Institutional Review Board Statement:** Human blood was collected, treated, and used according to the ethical and safety guidelines and regulations approved by the "Institutional Review Board" of the University of Messina. (Prot 71-23 del 05.04.2023).

**Informed Consent Statement:** Informed consent was obtained from all subjects involved in the study.

**Data Availability Statement:** All data points generated or analyzed during this study are included in this article, and no further underlying data is necessary to reproduce the results.

**Acknowledgments:** not applicable.

**Conflicts of Interest:** The authors declare no conflicts of interest.

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