

Table S1 Sociodemographic characteristics between Georgian students and international students

	Georgian students (35.5%)		International students (64.5%)	
	Frequency	Percent	Frequency	Percent
Gender				
Male	35	18.4	150	43.5
Female	155	81.6	195	56.5
Age				
< 20	144	75.8	217	62.9
21-25	43	22.6	113	32.8
>26	3	1.6	15	4.3
Year of study				
First year	102	53.7	182	52.8
Second year	30	15.8	80	23.2
Third year	28	14.7	40	11.6
Fourth year	26	13.7	22	6.4
Fifth year	4	2.1	18	5.2
Sixth year			3	0.9
Students in Tbilisi				
Yes	190	100	325	94.2
No			20	5.8

Table S2 Distribution on Psychological Report of Georgian students and international students

Psychological Report				
	Georgian students (35.5%)		International students (64.5%)	
Depression	Frequency	Percent	Frequency	Percent
Yes	158	83.2	231	67
No	32	16.8	114	33
Anxiety				
Yes	166	87.4	250	72.5
No	24	12.6	95	27.5
Stress				
Yes	144	75.8	189	54.8
No	46	24.2	156	45.2

Table S3 Distribution on Sleep Report of Georgian students and international students

Sleep Report				
	Georgian students (35.5%)		International students (64.5%)	
Subjective Sleep	Frequency	Percent	Frequency	Percent
Poor	131	68.9	152	44.1
Good	59	31.1	193	55.9
Sleep Latency				
High	189	99.5	345	100
Low	1	0.5	0	0
Sleep Duration				
> 7hours	49	25.8	64	18.6
< 7hours	141	74.2	281	81.4
Sleep Efficiency				
< 75%	66	34.7	112	32.5
> 75%	124	65.3	233	67.5
Sleep alterations				
High	91	47.9	139	40.3
Low	99	52.1	206	59.7
Sleep pills				
< 1 time/week	147	77.4	310	89.9
> 1 time/Week	43	22.6	35	10.1
Day time Sleep Dysfunction				
High	172	90.5	276	80
Low	18	9.5	68	19.7
Global Score				

Poor	175	92.1	302	87.5
Good	15	7.9	43	12.5
