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Article

Eicosapentaenoic Acid Modulates Transient Receptor Potential V1 Expression on Specific Brain Areas in a Mouse Fibromyalgia Pain Model

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Abstract: Pain is unpleasant sensory and emotional experience accompanied by tissue injury. Often an individual experience, it can be influenced by different physiological, psychological, and social factors. Fibromyalgia, one of the most difficult-to-treat types of pain, is characterized by general muscle pain accompanied by obesity, fatigue, sleep, and memory and psychological concerns. Fibromyalgia has increased nociceptive sensations via central sensitization in the brain and spinal cord level. We used intermittent cold stress to create a mouse fibromyalgia pain model (Day 0: 3.69 ± 0.14 g; Day 5: 2.13 ± 0.12 g). Mechanical pain could be reversed by eicosapentaenoic acid (EPA) administration (Day 0: 3.72 ± 0.14 g; Day 5: 3.69 ± 0.13 g). A similar trend could be also observed for thermal hyperalgesia. The levels of elements in the transient receptor potential V1 (TRPV1) signaling pathway were increased in the ascending pain pathway, including the thalamus, medial prefrontal cortex, somatosensory cortex, anterior cingulate cortex, and cerebellum. EPA intake significantly attenuated this overexpression. Novel chemogenetics method was used to indeed inhibit SSC to ACC activity presented an analgesic effect through TRPV1 downstream pathway. The present results provide insights as to the role of TRPV1 signaling pathway as in fibromyalgia and its potential as a clinical target.

Keywords: eicosapentaenoic acid; fibromyalgia; thalamus; mPFC; TRPV1

1. Introduction

Fibromyalgia is often accompanied by widespread musculoskeletal pain, resulting in fatigue, sleep disturbance, memory loss, and psychiatric problems. Classic fibromyalgia symptoms often begin after an event and progressively accumulate without eliciting occurrence. Fibromyalgia often occurs in women who also have tension headaches, irritable bowel syndrome, anxiety, and depression (1-3). Currently, there is no cure for fibromyalgia, medication can only manage symptoms. Nutrients, exercise, meditation, yoga, and relaxation may help (4-6). Fibromyalgia may result from repeated nerve stimulation, also called central sensitization, or changes in overexpression of neurotransmitters or neuromodulators in the brain. These phenomena may result from genetic

mutations, infections, and psychological stress. Fibromyalgia affects about 1–8% of the population (7-9). The American College of Rheumatology reorganized the diagnostic principles for fibromyalgia. They announced widespread pain index (WPI) and symptom severity scale (SS) to evaluate fibromyalgia. The WPI assesses 19 common pain points over the last two 2 weeks and the SS estimates the degree of fatigue, waking, and cognitive symptoms. Fibromyalgia pain is defined by a WPI ≥ 7 and SS ≥ 5 or WPI 3–6 and SS ≥ 9 over the last three months. Duloxetine (Cymbalta), milnacipran (Savella), and pregabalin (Lyrica) are current FDA approved treatments for fibromyalgia. Gabapentinoids, sedatives, selective serotonin reuptake inhibitors, serotonin norepinephrine reuptake inhibitors, and tricyclic compounds are also utilized for fibromyalgia, though having several side effects. The economic impact of fibromyalgia is high and the precise cost drivers of healthcare spending for symptoms (10-12).

Transient receptor potential vanilloid 1 (TRPV1) channels act as detectors of several microenvironmental signals such as mechanical, thermal, pain, vision, or stress and they can be widely stimulated by several related inputs. These ion channels, permeable to Na⁺ and Ca²⁺, are found in several tissues, typically on the cell membrane (13-15). Accordingly, due to the crystal structure of TRPV1. TRPV was selected for drug development and implied in curing many diseases. TRPV1 modulation has been clinically investigated for different indications, especially for pain treatment, as these channels are main detectors and transducers of painful signal from the peripheral to the central nervous system. Numerous potent TRPV1 agonists and antagonists have been used in clinical trials to cure visceral, inflammatory, and neuropathic pain (16-17). However, the therapeutic effect was unsatisfactory, causing several side effects. TRPV1 is considered a critical brain inflammatory sensor and pain biomarker in the mouse brain (19). Triggering TRPV1 can increase the level of mitogen-activated protein kinase (MAPK), which is involved in pain development. MAPK has three major subfamilies: extracellular signal-regulated protein kinase (ERK), p38, and c-Jun N-terminal kinase/stress-activated protein kinase (JNK) (20). TRPV1 downstream PI3K-Akt-mTOR axis was also indicated to be involved in the modulation of pain sensation (21).

Eicosapentaenoic acid (EPA) is a long-chain omega-3 polyunsaturated fatty acid mostly found in cold-water fish. EPA has beneficial effects on heart disease, high triglycerides, hypertension, and inflammation. EPA is an essential nutrient with anti-inflammatory (22), antidepressant (23), neuroprotective (24), and cardioprotective effects (25). Even though EPA is used as a dietary supplement or nutrient-based medicine, its detail mechanisms are still unclear. EPA was also reported to have anti-inflammation and immune function in the brain. In addition, docosahexaenoic acid (DHA) is the abundant in the brain and responding for neurotransmission, neuroplasticity and neuroprotection. Recent article indicated lower level of EPA in patients with depression suggesting that EPA play a crucial role in the pathogenesis of depression. The findings provide further support for using EPA as an alternative therapy for depression (26-28). Further, low levels of EPA have been found in patients with depression, indicating that EPA plays an essential role in the pathogenesis of depression (29, 30). Thus, EPA has potential as an alternative therapy for depression without side effects (31-33). Further, EPA has been shown to relieve chronic pain and depression in mouse models. EPA can reduce chronic pain and depression through regulation of interleukins (21).

In the current study, we investigated the role of EPA on fibromyalgia pain and the underlying mechanisms in a mouse model, which remain unknown. We found augmented expression and localization of TRPV1 and associated kinases in a mouse model of fibromyalgia. These increased levels of signaling mediators were found in the mouse thalamus, somatosensory cortex (SSC), anterior cingulate cortex (ACC), medial prefrontal cortex (mPFC), and cerebellum. Furthermore, On the contrary, CB1 has a different decreasing trend. These effects were reversed by EPA administration. Thus, our results demonstrate the positive effects of EPA in a mouse fibromyalgia pain model and advise the clinical use of EPA.

2. Materials and Methods

Animals and EPA administration

We used 27 female C57BL/6 mice (8–12 weeks old) in this study (BioLASCO, Taipei, Taiwan Co., Ltd., Taipei, Taiwan). Mice underwent a 12 h light–dark cycle with food and water ad libitum. We used a statistic method to calculate the sample size. Nine mice in each group were considered as the minimum number required for a significance alpha level of 0.05 and a power of 80%. Mouse use was allowed by the Institute of Animal Care and Use Committee of China Medical University (Permit no. CMUIACUC-2023-071), Taiwan, following the Guide for the use of Laboratory Animals (National Academy Press). Mice were randomly grouped into three groups: normal mice (Group 1: Normal), fibromyalgia mice (Group 2: FM), and fibromyalgia mice treated with EPA group (Group 3: FM + EPA). The research was designed to euthanize the mice at the end of day 5. Nociceptive behaviors were evaluated at day 0, day 3, and day 5. EPA (300 mg/kg/day) was orally administered daily during the treatment period on day 3–5 (21).

Pain behavior test

Mechanical and thermal nociceptive behaviors were evaluated three times on day 0, day 3, and day 5 before and after fibromyalgia pain induction. All mice were placed in the behavior examination room over 30 min to calm down. The behavior was analyzed only when the mice were quiet without sleeping or grooming. We first verified the von Frey filament examination, mechanical pain was tested by calculating the strength of replies to stimuli within 3 performances via electronic von Frey test (IITC Life Science Inc., USA). Rodents were placed to a steel mesh (75 × 25 × 45 cm) and isolated with a plastic cage (10 × 6 × 11 cm). Rodents were confirmed by filament examination at central zone of the right back paw. The forces were calculated as gram and were documented when the mice withdraw their paw. Besides, the Hargreaves' test was achieved to measure thermal nociceptive behavior by calculating the time to thermal stimuli with 3 presentations (IITC Life Sciences, SERIES8, Model 390G). The animals were engaged in a cage on top of a glass area. All rodents were placed to the experimental room, and were enriched to the condition over 30 min.

Western blot analysis

The whole thalamus, mPFC, SSC, ACC, and cerebellum tissues were excised to extract proteins. Tissues were placed on ice and stored at –80°C until protein extraction. Total proteins were homogenized in cold radioimmunoprecipitation lysis buffer containing 50 mM Tris-HCl pH 7.4, 250 mM NaCl, 1% NP-40, 5 mM EDTA, 50 mM NaF, 1 mM Na₃VO₄, 0.02% NaN₃, and 1x protease inhibitor cocktail (AMRESCO). The extracted proteins were subjected to 8% SDS-Tris glycine gel electrophoresis and transferred to a polyvinylidene difluoride (PVDF) membrane. The membrane was blocked with 5% nonfat milk in Tris Buffered Saline with Tween (TBST) buffer (10 mM Tris pH 7.5, 100 mM NaCl, 0.1% Tween 20), incubated with a primary antibody in TBS-T with 1% bovine serum albumin (BSA) for 1 h at room temperature. Peroxidase-conjugated anti-rabbit antibody, anti-mouse antibody, or anti-goat antibody (1:5,000) was used as appropriate secondary antibody. The bands were visualized using an enhanced chemiluminescent substrate kit (PIERCE) with LAS-3000 Fujifilm (Fuji Photo Film Co., Ltd.). Where applicable, the image intensities of specific bands were quantified using NIH ImageJ software (Bethesda, MD, USA). β -actin or α -tubulin we used as internal control.

Immunofluorescence

Mice were euthanized using a 5% isoflurane and intracardially perfused with normal saline followed by 4% paraformaldehyde. The brain was immediately dissected and postfixed with 4% paraformaldehyde at 4°C for 3 days. The tissues were placed in 30% sucrose for cryoprotection overnight at 4°C. The brain was embedded in an Optimal cutting temperature compound and rapidly frozen using liquid nitrogen before storing the tissues at –80°C. Frozen segments were cut into 20 μ m

sections using a cryostat and instantaneously placed on glass slides. The samples were fixed with 4% paraformaldehyde and incubated with a blocking solution, consisting of 3% BSA, 0.1% Triton X-100, and 0.02% sodium azide, for 1 h at room temperature. After blocking, the samples were incubated with the primary antibody (1:200, Alomone), TRPV1, and Iba1, prepared in 1% BSA solution at overnight. Then, samples were incubated with the secondary antibody (1:500), 488-conjugated AffiniPure donkey anti-rabbit IgG (H + L), 594-conjugated AffiniPure donkey anti-goat IgG (H + L), and peroxidase-conjugated AffiniPure donkey anti-mouse IgG (H + L) for 2 h at room temperature before being fixed with coverslips for immunofluorescence visualization.

Statistical analysis

Statistical analysis was performed using the SPSS statistic program. All statistic data are presented as the mean \pm standard error (SEM). A Shapiro–Wilk test was performed to test data normality. Differences among all groups were tested using an Analysis of Variance (ANOVA) test followed by a post hoc Tukey's test. $P < 0.05$ was considered statistically significant.

3. Results

3.1. EPA attenuated the intermittent cold stress-induced fibromyalgia pain in mice

To address if EPA has analgesic effects on mouse fibromyalgia pain, we performed The von Frey and Hargreaves' tests to detect mechanical and thermal hyperalgesia. After inducing the mice fibromyalgia model for three days, their mechanical or thermal hyperalgesia was measured. The mechanical thresholds in the fibromyalgia group, which underwent cold stress induction, were significantly lower than those of the normal group (Figure 1A, red column, day 5: 2.13 ± 0.12 g, $*P < 0.05$, $n=9$). EPA mitigated the mechanical hypersensitivity by increasing the withdrawal threshold measured by the von Frey test (Figure 1A, blue column, day 5: 3.69 ± 0.13 g, $\#P < 0.05$, $n=9$). In the Hargreaves' test, cold stress significantly decreased the thermal latency compared to the normal group, suggesting the successful induction of fibromyalgia pain. In contrast, EPA administration alleviated the thermal hyperalgesia by increasing the thermal latency (Figure 1B, $*P < 0.05$, $n=9$).

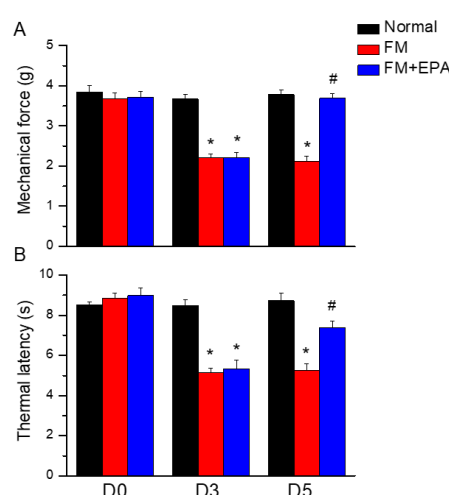


Figure 1. (A) Mechanical force measured with the von Frey filament test. (B) Thermal latency time via Hargreaves' test. *Noteworthy difference in comparison to the normal group. #significant differences with the FM group. $n = 9$.

3.2. EPA relieved fibromyalgia pain through regulation of TRPV1 signaling pathway in the mouse thalamus

Central sensitization is involved in hyperalgesia from nociceptor signals in the peripheral region. We used Western blot to detect TRPV1 expression in the mouse thalamus, a crucial brain area for ascending pain processing. Induction of fibromyalgia pain via cold stress reliably increases TRPV1

expression in the thalamus (Figure 2A, black columns, $*P < 0.05$, $n = 6$), while EPA suppressed this effect after three intakes (Figure 2A, black columns, $\#P < 0.05$, $n = 6$). We next considered the expression of downstream protein kinases involved in conducting pain signals, such as phosphorylated PKA, PI3K, and PKC. Fibromyalgia pain significantly increased the expression of those kinases in comparison to the normal group (Figure 2A, $*P < 0.05$, $n = 6$). This increase decreased with EPA administration (Figure 2A, $\#P < 0.05$, $n = 6$). In addition, mice with fibromyalgia pain showed dramatic increases in pAkt and the pmTOR axis. Furthermore, pERK, pp38, pJNK protein levels increased in the thalamus of fibromyalgia mice (Figure 2A, $*P < 0.05$, $n = 6$), such upregulation was reduced by EPA administration (Figure 2A, $\#P < 0.05$, $n = 6$). After the impression of protein kinases activation, the transcription factors including pCREB and pNF- κ B therefore initiated the gene transcription. pCREB and pNF- κ B expression increased after fibromyalgia pain induction in the thalamus. EPA intake significantly decreased this upregulation. Using immunofluorescent staining, we next determined lower expression and colocalization of TRPV1 and pERK in the normal mouse thalamus than in that of mice with fibromyalgia. EPA treatment inhibited this increase (Figure 2C, green, red, or yellow color, $n = 3$).

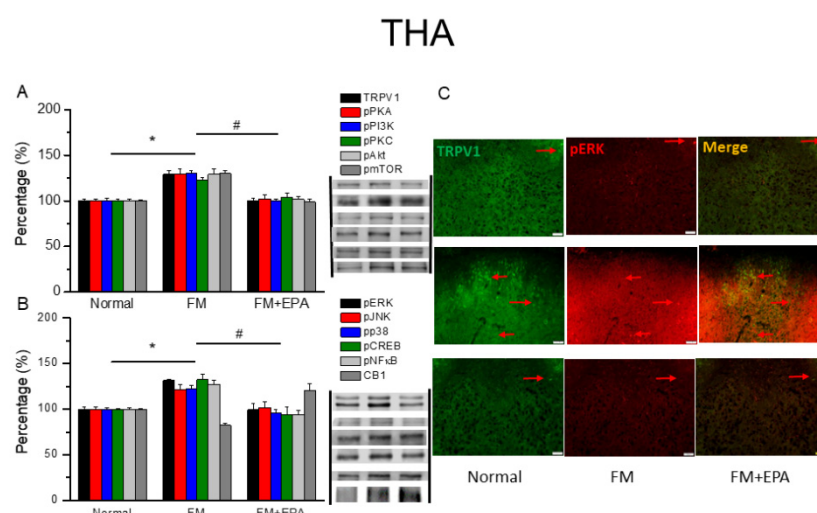


Figure 2. Changing percentage of TRPV1 and related molecules in the mouse thalamus. Western blotting results of (A) TRPV1, pPKA, pPI3K, pPKC, pAkt, and pmTOR. (B) pERK, pJNK, pp38, pCREB, pNF- κ B, and CB1 protein levels. *significant difference to normal. #significant changes compared with the FM group. $n = 9$. (C) Immunofluorescence labeling of TRPV1, pERK, and double staining in the mouse THA (green, red, or yellow). Bar, 100 μ m. $n = 3$ in all groups.

3.3. EPA intake mitigated cold stress-induced fibromyalgia pain in the mouse somatosensory cortex

We next explored the effect of EPA and the TRPV1 pain-signaling pathway in the SSC. TRPV1 expression was potentiated in the mouse SSC after fibromyalgia pain induction (Figure 3A, $*P < 0.05$, $n = 6$). This overexpression was remarkably alleviated by EPA treatment (Figure 3A, $\#P < 0.05$, $n = 6$). The mouse fibromyalgia model resulted in pPKA, pPI3K, and pPKC overexpression in the SSC; this overexpression decreased by EPA treatment. Similar results were observed for pAkt, pmTOR downstream molecules in the SSC. Furthermore, cold stress increased pERK, p38, and pJNK levels as well as those of pCREB and pNF- κ B in the SSC of the fibromyalgia group (Figure 3B, $*P < 0.05$, $n = 6$), an effect reversed by EPA treatment (Figure 3B, $\#P < 0.05$, $n = 6$). We next determined lower colocalization of TRPV1 and pERK in the normal mouse SSC than in the fibromyalgia group. This increase was attenuated by EPA treatment (Figure 3C, green, red, or yellow color, $n = 3$).

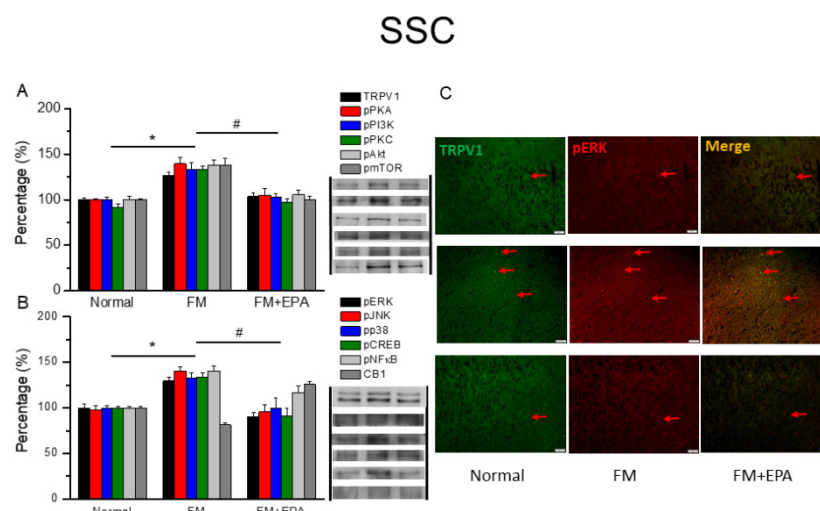


Figure 3. Changing percentage of TRPV1 and related molecules in the mouse SSC. Western blotting results of (A) TRPV1, pPKA, pPI3K, pPKC, pAkt, and pmTOR. (B) pERK, pJNK, pp38, pCREB, pNF-κB and CB1 protein levels. *significant difference to normal. #significant changes compared with the FM group. n = 9. (C) Immunofluorescence labeling of TRPV1, pERK, and double staining in the mouse SSC (green, red, or yellow). Bar, 100 μm. n = 3 in all groups.

3.4. EPA treatment attenuated fibromyalgia pain through TRPV1 modulation in the ACC

After the final behavioral tests on day 5, we collected the mouse ACC to examine TRPV1 protein expression via Western blotting. Fibromyalgia pain mice had significantly increased TRPV1 levels as well as increased pPKA, pPI3K, and pPKC (Figure 4A, * $P < 0.05$, n = 6). All these effects were decreased by EPA administration (Figure 2A, # $P < 0.05$, n = 6). Mice fibromyalgia pain also increased pAkt and pmTOR expression in the ACC. EPA treatment revealed the analgesic effect accompanied by attenuating the overexpression of pAkt and pmTOR. Furthermore, cold stress initiated mice fibromyalgia simultaneously potentiated pERK, p38, and pJNK overexpression (Figure 4A, * $P < 0.05$, n = 6), and EPA reversed this phenomenon (Figure 4B, # $P < 0.05$, n = 6). Lastly, the protein level of pCREB and pNF-κB in the ACC displayed a similar response trends (Figure 4B, * $P < 0.05$, n = 6). In addition, there was lower colocalization of TRPV1 and pERK in the normal mouse ACC than in that in the fibromyalgia group. This increase was attenuated by EPA treatment (Figure 4C, green, red, or yellow color, n = 3).

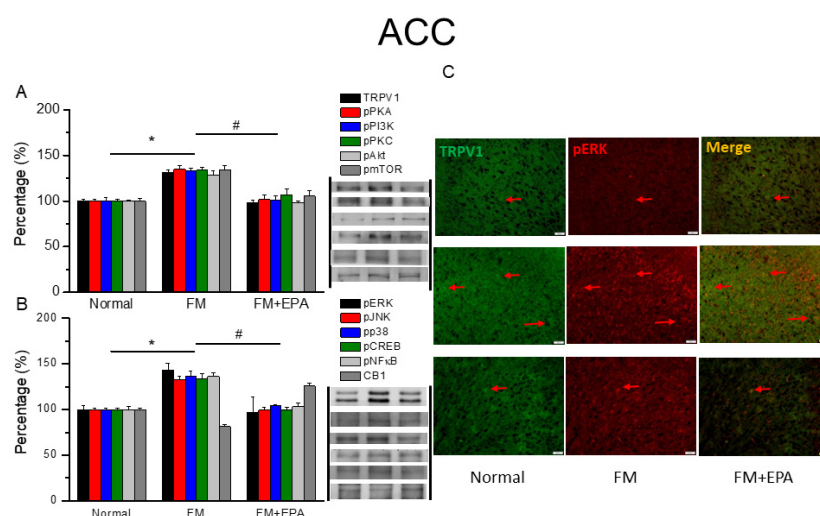


Figure 4. Changing percentage of TRPV1 and related molecules in the mouse ACC. Western blotting results of (A) TRPV1, pPKA, pPI3K, pPKC, pAkt, and pmTOR. (B) pERK, pJNK, pp38, pCREB, pNF-

κ B, and CB1 protein levels. *significant difference to normal. #significant changes compared with the FM group. n = 9. (C) Immunofluorescence labeling of TRPV1, pERK, and double staining in the mouse ACC (green, red, or yellow). Bar, 100 μ m. n = 3 in all groups.

3.5. The increased levels of TRPV1 and associated molecules in the mPFC in fibromyalgia mice decreased with EPA treatment

The mouse mPFC was known involving in fibromyalgia pain through TRPV1 and associated mediators. Fibromyalgia mice showed higher protein levels of TRPV1 (Figure 5A, * $P < 0.05$, n = 6), which EPA administration effectively decreased (Figure 2A, # $P < 0.05$, n = 6). Downstream protein kinases such as pPKA, pPI3K, and pPKC, were simultaneously increased after fibromyalgia pain induction, which were then abrogated by EPA treatment. We further examined the expression of pAkt and pmTOR expression, which were augmented by cold stress-induced pain (Figure 5A, * $P < 0.05$, n = 6), and further reversed by EPA treatment (Figure 5B, # $P < 0.05$, n = 6). EPA treatment also attenuated the overexpression of pERK, p38, pJNK, pCREB, and pNF- κ B. Lower TRPV1 and pERK colocalization was observed in the normal mouse mPFC compared to the fibromyalgia group. This increase was attenuated by EPA treatment (Figure 5C, green, red, or yellow color, n = 3).

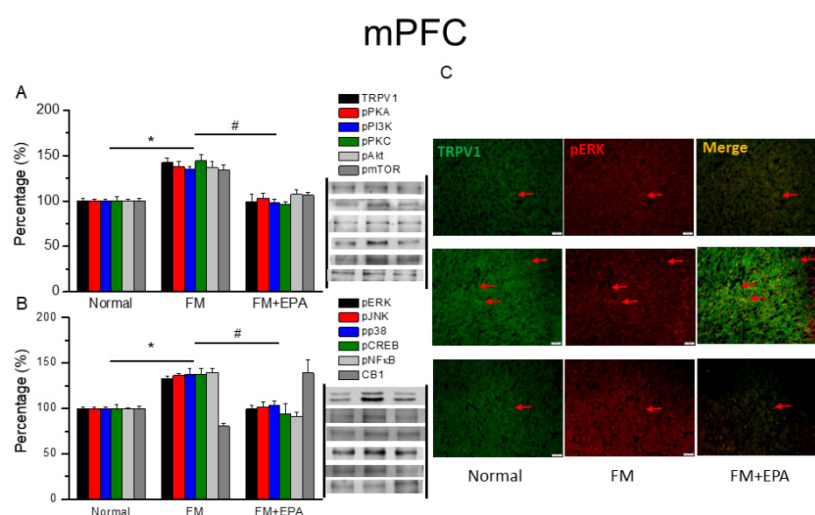


Figure 5. Changing percentage of TRPV1 and related molecules in the mouse mPFC. Western blotting results of (A) TRPV1, pPKA, pPI3K, pPKC, pAkt, and pmTOR. (B) pERK, pJNK, p38, pCREB, pNF- κ B, and CB1 protein levels. *significant difference to normal. #significant changes compared with the FM group. n = 9. (C) Immunofluorescence labeling of TRPV1, pERK, and double staining in the mouse mPFC (green, red, or yellow). Bar, 100 μ m. n = 3 in all groups.

3.6. Effects of EPA on fibromyalgia related pathways and associated molecules in cerebellum lobules 5-7

After the original approval of fibromyalgia pain according to the applicable mice behavior data, the mice cerebellum brain regions were sampled in order to discover the linked protein alteration in the mice cerebellum lobules 5-7. The outcome of fibromyalgia on TRPV1 pathway was investigated, and the linked molecular foundations of EPA were then examined. The normal mouse group was taken as the ideal value and normalized to 100%. Totally, the cerebellum lobules 5-7 were determined. TRPV1 expression was significantly higher in the fibromyalgia group (Figure 6-8A, * $P < 0.05$, n = 6); an increase attenuated by EPA treatment (Figure 6-8A, # $P < 0.05$, n = 6). In addition, as expected, the participation of pPKA, pPI3K, pPKC, pAkt, and pmTOR, which are the major pathways of MAPK, were all increased in fibromyalgia mice and further reversed by EPA treatment. Lastly, similar tendency was also observed in pERK, p38, pJNK, pCREB, and pNF- κ B (Figures 6-8B). Finally, we observed lower colocalization of TRPV1 and pERK in the normal mouse cerebellum than in the fibromyalgia group. This increase was attenuated by EPA treatment (Figure 6-8C, green, red, or yellow color, n = 3).

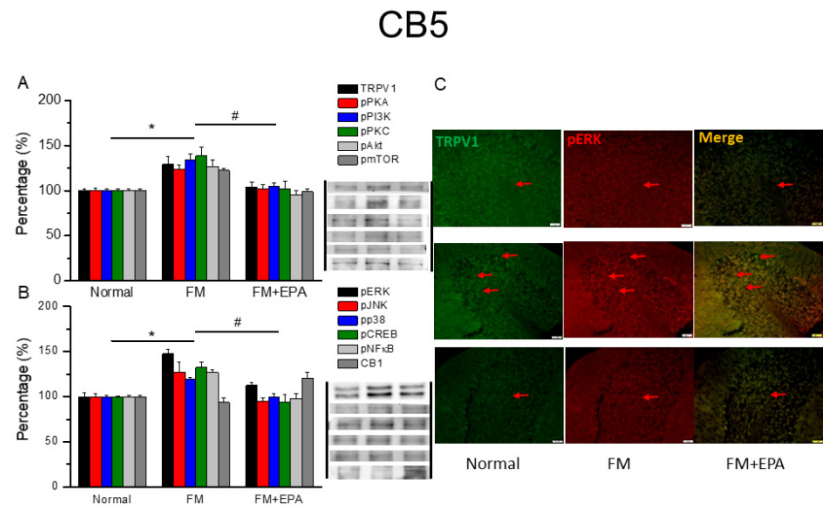


Figure 6. Changing percentage of TRPV1 and related molecules in the mouse cerebellum 5. Western blotting results of (A) TRPV1, pPKA, pPI3K, pPKC, pAkt, and pmTOR. (B) pERK, pJNK, pp38, pCREB, pNF-κB, and CB1 protein levels. *significant difference to normal. #significant changes compared with the FM group. n = 9. (C) Immunofluorescence labeling of TRPV1, pERK, and double staining in the mouse cerebellum 5 (green, red, or yellow). Bar, 100 μm. n = 3 in all groups.

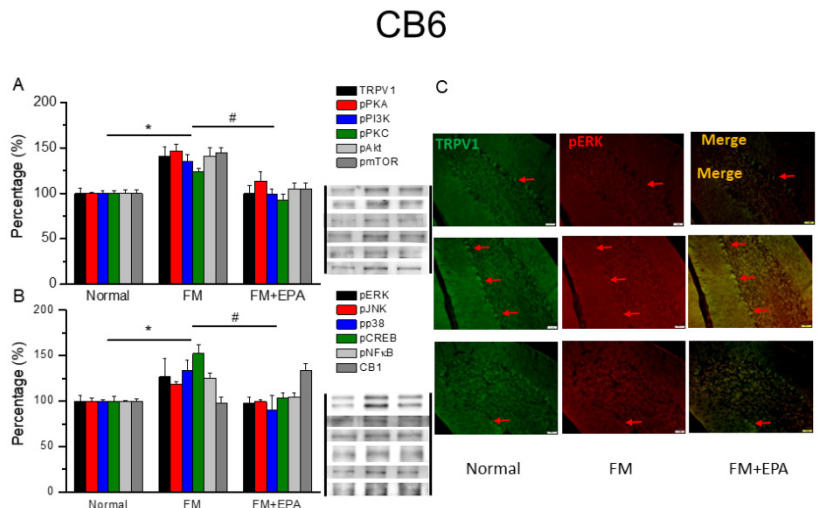


Figure 7. Changing percentage of TRPV1 and related molecules in the mouse cerebellum 6. Western blotting results of (A) TRPV1, pPKA, pPI3K, pPKC, pAkt, and pmTOR. (B) pERK, pJNK, pp38, pCREB, pNF-κB, and CB1 protein levels. *significant difference to normal. #significant changes compared with the FM group. n = 9. (C) Immunofluorescence labeling of TRPV1, pERK, and double staining in the mouse cerebellum 6 (green, red, or yellow). Bar, 100 μm. n = 3 in all groups.

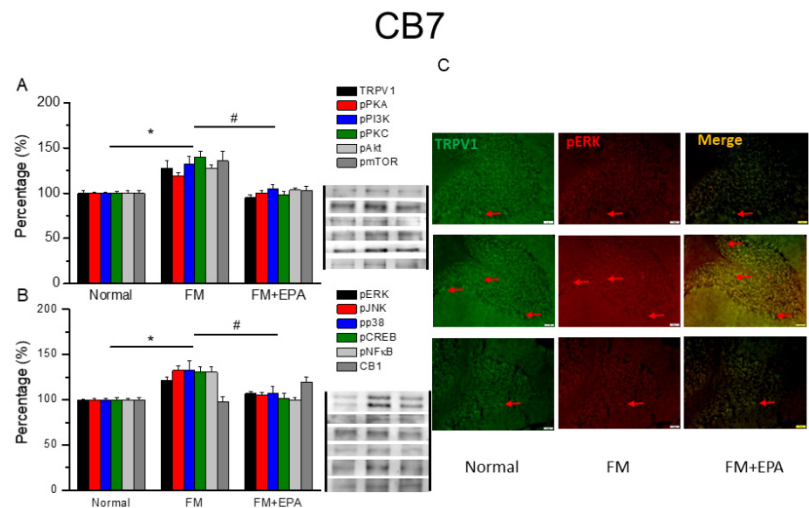


Figure 8. Changing percentage of TRPV1 and related molecules in the mouse cerebellum 7. Western blotting results of (A) TRPV1, pPKA, pPI3K, pPKC, pAkt, and pmTOR. (B) pERK, pJNK, pp38, pCREB, pNF- κ B, and CB1 protein levels. *significant difference to normal. #significant changes compared with the FM group. n = 9. (C) Immunofluorescence labeling of TRPV1, pERK, and double staining in the mouse cerebellum 7 (green, red, or yellow). Bar, 100 μ m. n = 3 in all groups.

3.7. Chemogenetics inhibition of SSC area significantly alleviated mice fibromyalgia pain

Figure 9A displays a noteworthy FM-induced mechanical hyperalgesia at day 5 after induction (Figure 7A, n = 6). Besides, chemogenetics blockage of the SSC region also meaningfully diminished mechanical hyperalgesia (Figure 7A, n = 6). Regarding thermal hyperalgesia, fibromyalgia mice showed substantial thermal hyperalgesia compared to basal condition (Figure 7B, n = 6). Furthermore, thermal hyperalgesia was released in mice with SSC inhibition after chemogenetics manipulation (Figure 7B, n = 6). Furthermore, we next showed that CB1 was not changed after chemogenetics treatment. Considerably, pPKA, pPI3K, pPKC, pAkt, pmTOR, pERK, and pNFkB were reduced after chemogenetics manipulation in both SSC and ACC regions (Figure 7 C & D, n = 6).

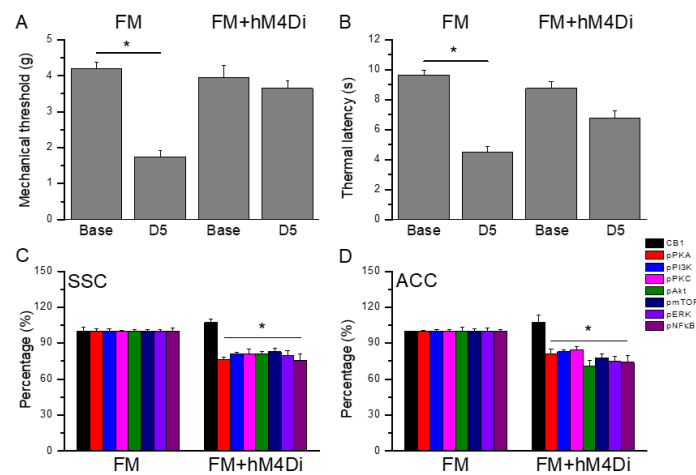


Figure 9. Mice pain behaviors of FM and FM mice treated with chemogenetics method (hM4Di). * $P < 0.05$ means statistically significant difference (A) Mechanical hyperalgesia (von Frey test). (B) Thermal hyperalgesia (Hargreaves' test). Protein intensities of CB1, pPKA, pPI3K, pPKC, pAkt, pmTOR, pERK, and pNFkB were measured in mice (C) SSC and (D) ACC.

4. Discussion

In the present study, we examined the effect and mechanisms of EPA on mice fibromyalgia pain. We performed cold stress to successfully generate a mouse model of fibromyalgia pain. Mechanical and thermal hyperalgesia can be attenuated by EPA oral administration. Our data showed an increase expression of TRPV1 and related kinases in the mice thalamus, SSC, ACC, mPFC, and cerebellum. The phenomena were diminished by EPA administration. Our data reveal the positive effects of EPA in a mouse fibromyalgia pain model and recommend the clinical use of EPA in fibromyalgia.

EPA, which is one of the omega-3 polyunsaturated fatty acid, is a vital nutrient that has heart-protect, anti-inflammation, neuroprotective, lower triglycerides functions. Although EPA was used as a health medicine or dietary supplement, its molecular target and molecular medicine is still unclear. Kato et al. reported that EPA significantly inhibits vesicular nucleotide transporter (VNUT), a main mediator for releasing adenosine triphosphate. In addition, VNUT^{-/-} mice showed anti-nociceptive effects on both neuropathic and inflammatory pain. EPA administration effectively attenuated both neuropathic and inflammatory pain. Furthermore, the analgesic effect of EPA was blocked by intrathecal injection of purinergic agonists. Thus, VNUT is a cellular target of EPA in both neuropathic and inflammatory pain (34). Further, our results indicated that EPA has analgesic effect on fibromyalgia pain through regulation of TRPV1 and associated molecules.

Perna et al. suggest that DHA and EPA derivate such as resolvins (RvD1, RvD2, and RvE1) are endogenous anti-inflammatory lipid residues with analgesic effects in somatic pain through TRPV1 modulation. In addition, RvD2 attenuated the capsaicin-induced Ca²⁺ influx of rectal submucosal neurons of patients with irritable bowel syndrome. RvD1, RvD2, and RvE1 diminished histamine-induced TRPV1 activation in peripheral dorsal root ganglion neurons delivering an analgesic effect (35). The current study showed increased protein levels of TRPV1 and related factors in the ascending pain pathway including the thalamus, SSC, ACC, and mPFC in fibromyalgia mice, which EPA administration could decrease. In addition, CB1 receptor was attenuated in this fibromyalgia model suggesting a crucial role in EPA analgesia. These data evidences the possible role of TRPV1 as novel target for treating fibromyalgia pain.

Silva et al. showed that fish oil meaningfully inhibited mechanical and thermal hyperalgesia via decreasing tumor necrosis factor levels in the spinal cord. In addition, fish oil increased the sciatic functional index, electrophysiological recordings, and increased the number of myelinated fibers in the sciatic nerve (36). In addition, Veigas et al. found that mice fed with fish oil had alleviated thermal nociception accompanied by reduced acid-sensing ion channel 1a (ASIC1a), ASIC3, and TRPV1 expression in the dorsal root ganglion (37). Moreover, in another study, EPA increased the proliferation of neural stem cells and the expression of 2-arachidonylglycerol. Pretreatment with cannabinoid 1 or cannabinoid 2 receptor antagonists can further diminish such possessions (38). RvE1 is a derivate from EPA specialized pro-resolving lipid mediator, which has anti-inflammatory and analgesic effects. Suzuki et al. reported that chronic pain significantly induced after spared nerve injury and was further diminished by intracerebroventricular injection of RvE1. The analgesic effect of RvE1 through chemerin receptor ChemR23 (39). Xu et al. indicated that intrathecal pre-treatment of RvE1 prohibited the induction of nerve injury-induced nociception and increase of Iba-1 (microglial marker) and TNF- α in the mice spinal cord. Intrathecal injection of RvE1 at 3 weeks after neuropathic pain induction reliably abridged mechanical allodynia and heat hyperalgesia (40).

Bagher et al. reported that stimulating the CB1 receptor by orthosteric agonists has significant effects in alleviating the pain and neuroinflammation in chemotherapy-induced peripheral neuropathy (CIPN). They further verified that newly synthesized GAT229, a pure CB1 positive allosteric modulators, in alleviating neuropathic pain and slowing the progression of CIPN. GAT229 also abridged proinflammatory cytokines in the mice dorsal root ganglia neurons through brain-derived neurotrophic factor and the nerve growth factor levels in the mice DRG neurons (41). Thapa et al. determined that painful responses were found following capsaicin stimulation of injured corneas in mice. Corneal neutrophil infiltration was also analyzed. CB1 allosteric ligands reliably alleviated pain responses to capsaicin activation. These nociceptive responses can be further reversed

by CB1 antagonist AM251 suggesting the crucial target of CB1 receptor (42). Sierra et al. identified that CB1 receptor and opioid ligands has noteworthy diminution of pain behaviors in CIPN mice better than separate ligands. The tendency can be next blocked by the CB1R-opioid antibody (43). In the present study, we indicated that EPA administration significantly diminished mice fibromyalgia pain. Consistent with our hypothesis, CB1 receptor was decreased in the mice specific regions in fibromyalgia pain mice. Furthermore, these effects can be then reversed by EPA administration. Our information advise that EPA have anti-nociceptive effects associated with CB1 signaling in the mouse brain. Thus, these targets could be potential treatments for fibromyalgia pain.

5. Conclusion

In this research, we evaluated the therapeutic effect of EPA on fibromyalgia pain and its actual cellular mechanisms in a mouse model. We used intermittent cold stress to initiate a mouse fibromyalgia pain model, which mechanical and thermal hyperalgesia were observed via von Frey and Hargraves' test. Mechanical and thermal pain was reversed by EPA administration. The protein levels of TRPV1 signaling pathway were augmented in the ascending pain pathway, including the thalamus, medial prefrontal cortex, somatosensory cortex, anterior cingulate cortex, and cerebellum. Interestingly, CB1 receptor was reduced in this fibromyalgia mouse model. EPA ingestion meaningfully diminished these phenomena in the aforementioned areas. Chemogenetics technique was performed to show analgesic effect at SSC to ACC circuit through TRPV1 downstream pathway. Therefore, we deliver innovative evidences for the use of EPA in mice fibromyalgia pain model and recommend the clinical use of EPA.

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