

Review

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Review

Development of Anti-HIV Therapeutics: From Conventional Drug Discovery to Cutting-Edge Technology

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Abstract: With the first case of human immunodeficiency virus (HIV) infection confirmed in US in 1981, the efforts of discovering anti-HIV therapeutics have been continued ever since. Ten years later, the first HIV drug zidovudine (AZT) was developed to inhibit HIV reverse transcriptase. At meantime, scientists were enlightened to discover new drugs of different targets acting on HIV integrase, protease, and host receptors. The advent of combination antiretroviral therapy (cART) is completely a game changer, with high efficiency in suppressing viremia for people with HIV (PWH) by controlling the viral load below the detectable level. On the bright side, the ART treatment has made HIV a chronic infection rather than a fatal disease. However, it cannot eradicate integrated HIV DNA from the host cells, thus the latent viral reservoir has become a lifelong threaten. In this review, we first discuss the scientific history of conventional HIV drug discovery, with more and more anti-HIV agents have been developed to solve drug resistant issue and relieve the side effect. As a complementary therapy, advanced gene editing technologies have been applied to excise HIV provirus from host genome. Within four decades, novel research conducted on HIV treatment and their contributions to eliminate HIV have been altogether summarized in our review.

Keywords: HIV; cART; Gene editing; CRISPR

1. Introduction

It has been four decades since human immunodeficiency virus (HIV) was identified as the pathogen which caused the disease of acquired immunodeficiency syndrome (AIDS) [1,2]. Compared to the number of antiviral drugs developed against different viral infection, the discovery of HIV drugs has achieved great success with over thirty drugs approved by Food and Drug Administration (FDA) until present [3]. Based on their molecular mechanism and targets to each step of viral lifecycle, these drugs can be classified into six different groups: (1) coreceptor inhibitors (CRIs) and (2) fusion inhibitors (FIs) targeting viral entry; (3) nucleoside reverse transcriptase inhibitors (NRTIs) and (4) non-nucleoside reverse transcriptase inhibitors (NNRTIs) targeting reverse transcription; (5) integrase strand transfer inhibitors (InSTIs) targeting viral integration; (6) protease inhibitors (PIs) targeting viral maturation [4,5]. From the history of anti-HIV drug discovery, the first generation of drugs are all reverse transcriptase inhibitors including the first HIV drug zidovudine (3'-azido-3'-deoxythymidine, or AZT) approved in 1987 [6,7]. However, the AIDS lethality has not decreased until the advent of antiretroviral therapy (ART) after the development of reverse transcriptase inhibitors and protease inhibitors in the middle 1990s.

In general, ART is the combination of three or more drugs designed against at least two steps in the lifecycle of virus. People with HIV (PWH) should be treated with ART as soon as possible, usually the initial ART combination contains InSTIs, such as first generation InSTIs raltegravir (RAL), elvitegravir (EVG), and second generation InSTIs dolutegravir (DLG) and bictegravir (BIC), to specifically block the viral DNA integrated into the host genome [8,9]. With the clinical application

of ART, HIV viral replication was strongly suppressed and the plasma viral load of PWH was significantly reduced to the undetectable level [10,11]. Although not universally appreciated, the statement of viral load undetectable equals untransmittable (Undetectable = Untransmittable or U = U), relying on the science-based evidence [12,13]. There are some clinical studies have demonstrated no transmissions happened to their partners during the condomless intercourse, no matter heterosexual acts or men who have sex with men (MSM), when the undetectable viral load maintained for more than six months by ART [14–16]. Eventually, ART development has successfully changed AIDS from a fatal disease into a controlled viral infection with the restored immune function [17,18] and with the mortality rates of PWH close to general mortality rates [19–21].

Despite current ART can durably suppress HIV viremia, the viral load will get rebound within several weeks of ART interruption even in patients with very small HIV reservoir and minimal ongoing viral transcription [22,23]. The lifelong treatment of ART for PWH has brought new challenges into our attention, such as side effects [24], drug resistant [25,26] and unable to eradicate the integrated virus [27,28]. The persistence of HIV viral reservoir integrated into the host cells is always the threaten for PLWH, just like a ticking time bomb. Therefore, continuous efforts are demanded to discover novel drugs against different targets with less toxicity and develop alternative therapeutics including the gene editing technologies application into eliminating viral reservoirs for HIV functional cure.

In this review, we provide an overview of HIV-1 life cycle and summarize the most updated anti-HIV drugs that US Food and Drug Administration (FDA) approved, regarding with the steps during the viral replication. In addition, we describe the most advanced gene editing tools based on the clustered regularly interspaced short palindromic repeat (CRISPR)/CRISPR-associated nuclease 9 (Cas9) system as a complementary strategy for completely HIV cure. Along with it, the effective *in vivo* delivery system for programmable elements will be briefly discussed at last.

2. HIV life cycle and correlated target for drug discovery

2.1. Overview of the life cycle of HIV-1

The HIV-1 life cycle can be viewed as a series of steps processed in order, with some events may happen simultaneously. The first step is the attachment of viral particle to host cell membrane, by a specific interaction between HIV glycoprotein gp120 and the host cell receptor CD4 that expressed on the cell surface [29]. Under the observation of variable tropism displayed by HIV infected CD4+ cells, two coreceptors including α -chemokine receptor CXCR4 and β -chemokine receptor CCR5 have been identified to be critical for T cell tropic (T-tropic) and macrophage tropic (M-tropic) respectively [30,31]. After receptor binding, the membrane fusion takes place under a sequence of conformational change of glycoprotein gp41. The exposed fusion peptide inserts into the target cell membrane, at the meantime, the N-terminal heptad repeat (NHR) and the C-terminal heptad repeat (CHR) form the coiled-coil six helix bundle (6HB) which bends HIV viral membrane closer to host cell membrane that forces the membrane fusion [32]. As a result, viral RNA is released into the host cell cytoplasm.

Once viral RNA releasing into the cell cytoplasm, it starts reverse transcription to generate viral DNA using the viral genome encoded enzyme reverse transcriptase (RT), also known as RNA-dependent DNA polymerase [33]. The synthesized DNA associates with several viral and cellular proteins, forming a large nucleoprotein complex named preintegration complex (PIC) [34]. The viral DNA as part of PIC, will be tranported into cell nucleus by passing through the nuclear pore on the nucleus membrane. The viral genome encoded enzyme integrase (IN), within part of the PIC, presents in nucleus to catalyze viral DNA integration into host cell chromosome. The integrated viral DNA, referred to as the “provirus”, is essential for HIV viral replicaiton. It serves as the template for viral RNA synthesis, the transcribed mRNA is then transported to the cytoplasm and start translation for making viral proteins. The viral envelop glycoprotein (Env) and the precursor of Gag protein, Gag-pol polyprotein are synthesized in the endoplasmic reticulum (ER) and transported to the plasma membrane at where viral particle assembly takes place [35]. The N-terminal myristoylated matrix (MA) domain of Gag is observed by structure with exposure of a patch of highly basic residues,

these positively charged residues could interact with negatively charged acidic phospholipids on the plasma membrane to stabilize binding [35]. During the process of viral protein transportation to the membrane, the Gag precursor recruits two copies of single-stranded viral RNA interacts with Gag-pol precursor and assembles as viral particles [36]. The assembled Gag protein complex induces membrane budding, with the viral Env protein incorporated into the particles [37]. During or immediately after the budding, viral protease (PR) cleaves Gag and Gag-pol polyprotein precursors to the mature Gag and Pol proteins [38]. The viral particles pinch off from the plasma membrane and are capable of initiating a new round of infection.

2.2. *Viral entry inhibitors*

It is efficient to design drugs targeting viral entry as it could block viral infection at the first step. Up to date, there are three entry inhibitors that approved by FDA listed in Table 1 [39]. Enfuvirtide, also known as T20 or ENF (trade name as Fuzeon), is the first HIV entry inhibitor approved in 2003 [40]. Enfuvirtide is a short peptide derived from HIV gp41 amino acids 127-162, it binds to viral native NHR to prevent the formation of 6HB fusion core so that inhibit membrane fusion [41]. However, enfuvirtide is clinically treated in high doses due to its relatively low antiviral activity and short half-life in vivo [42]. Another drawback of enfuvirtide is that it easily induces drug resistance because of the viral mutations detected in NHR [43]. The second entry inhibitor is maraviroc (also known as MVC, trade name as Selzentry), which approved in 2007 as a potent antiviral drug for M-tropic (R5) strains of HIV-1 [44]. Maraviroc is a CCR5 antagonist that inhibits the binding of chemokine ligand to CCR5 receptor at a low nanomolar range and blocks downstream CCR5-signalling [45]. Maraviroc is a small molecule with distribution throughout the body, it can penetrate the blood-brain barrier and can be detected in cerebrospinal fluid (CSF) [46], seminal plasma (SP) [47] and cervicovaginal fluids (CF) [48]. In clinic, the resistance to maraviroc appears when virus switches coreceptor from CCR5 to CXCR4, or to a dual tropism under the pressure of drug treatment [49]. The last entry inhibitor is ibalizumab-uyik (also known as IBA, trade name as Trogarzo) that FDA approved in 2018, as HIV treatment for adult patients that other drugs have not worked [50,51]. Ibalizumab-uyik is the only monoclonal antibody (MAb) developed for HIV treatment with intravenous (i.v.) injection over decades. Ibalizumab-uyik is a recombinant humanized IgG4 MAb that derived from a parent mouse MAb. It binds to the interface between extracellular domains 1 and 2 of human CD4 receptor that induces steric hindrance to prevent HIV gp120 binding to CD4 molecule [52]. Ibalizumab-uyik has its unique advantages for HIV therapy, including low toxicity, ability to restore CD4 T cells, minimal potential for resistance. It is an important addition to manage HIV infection in adults who are failing with the current treatment.

Table 1. List of FDA approved HIV drugs by targets.

Year	Trade name	Generic name	Molecule type	Target	Manufacturer	Class
2003	Fuzeon	Enfuvirtide (T20)	Peptide	GP41	Trimeris/Roche	FI
2007	Selzentry	Maraviroc (MVC)	Small molecule	CCR5	Pfizer	CRI
2018	Trogarzo	Ibalizumab-uyik (IBA)	monoclonal antibody	CD4	TaiMed Biologics	RI
1987	Retrovir	Zidovudine (AZT)	Small molecule	RT	GlaxoSmithKline	NRTI
1991	Videx	Didanosine (ddI)	Small molecule	RT	Bristol-Myers Squibb	NRTI
1992	Hivid	Zalcitabine (ddC)	Small molecule	RT	Roche	NRTI
1994	Zerit	Stavudine (d4T)	Small molecule	RT	Bristol-Myers Squibb	NRTI
1995	Epivir	Lamivudine (3TC)	Small molecule	RT	GlaxoSmithKline	NRTI

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2007	Selzentry	Maraviroc (MVC)	Small molecule	CCR5	Pfizer	CRI
2018	Trogarzo	Ibalizumab-uiyk (IBA)	monoclonal antibody	CD4	TaiMed Biologics	RI
1996	Viramune	Nevirapine (NVP)	Small molecule	RT	Boehringer Ingelheim	NNRTI
1997	Rescriptor	Delavirdine (DLV)	Small molecule	RT	ViiV Healthcare	NNRTI
1998	Sustiva	Efavirenz (EFV)	Small molecule	RT	DuPont Pharmaceuticals	NNRTI
1998	Ziagen	Abacavir (ABC)	Small molecule	RT	ViiV Healthcare	NRTI
2001	Viread	Tenofovir disoproxil (TDF)	Small molecule	RT	Gilead	NRTI
2003	Emtriva	Emtricitabine (FTC)	Small molecule	RT	Gilead	NRTI
2008	Intelence	Etravirine (ETR)	Small molecule	RT	Johnson & Johnson	NNRTI
2011	Edurant	Rilpivirine (RPV)	Small molecule	RT	Tibotec	NNRTI
2018	Pifeltro	Doravirine (DOR)	Small molecule	RT	Merck	NNRTI
1995	Invirase	Saquinavir (SQV)	Small molecule	PR	Roche	PI
1996	Crixivan	Indinavir sulfate (IDV)	Small molecule	PR	Merck	PI
1996	Norvir	Ritonavir (RTV)	Small molecule	PR	Abbott	PI
1997	Viracept	Nelfinavir (NFV)	Small molecule	PR	Agouron Pharmaceuticals	PI
1999	Agenerase	Amprenavir (APV)	Small molecule	PR	GlaxoSmithKline	PI
2000	Kaletra	Lopinavir (LPV)	Small molecule	PR	Abbott	PI
2003	Lexiva	Fosamprenavir (FPV)	Small molecule	PR	GlaxoSmithKline	PI
2003	Reyataz	Atazanavir (ATV)	Small molecule	PR	Bristol-Myers Squibb	PI
2005	Aptivus	Tipranavir (TPV)	Small molecule	PR	Boehringer Ingelheim	PI
2006	Prezista	Darunavir (DRV)	Small molecule	PR	Tibotec	PI
2007	Isentress	Raltegravir (RAL)	Small molecule	IN	Merck	InSTI
2013	Tivicay	Dolutegravir (DTG)	Small molecule	IN	ViiV Healthcare	InSTI
2014	Vitekta	Elvitegravir (EVG)	Small molecule	IN	Gilead	InSTI
2018	Biktarvy	Bictegravir (BIC)	Small molecule	IN	Gilead	InSTI
2021	Vocabria	Cabotegravir (CAB)	Small molecule	IN	ViiV Healthcare	InSTI

2.3. Reverse transcriptase inhibitors

The current FDA approved anti-HIV drugs for post entry inhibition are targeting viral genome encoded enzyme RT, IN and PR (Table 1). In fact, more than half of the approved drugs are RT inhibitors. These small molecules can block the viral RNA conversion into DNA which will be

integrated into the host genome later. The first effective anti-HIV drug that FDA approved in 1987 was a RT inhibitor zidovudine, also known as azidothymidine (AZT) [7]. Approved RT inhibitors can be grouped into two classes: nucleoside reverse transcriptase inhibitors (NRTIs) and non-nucleoside reverse transcriptase inhibitors (NNRTIs). NRTIs are deoxynucleoside triphosphate analogs, but lack a free 3'-hydroxyl group. Once NRTIs are incorporated into the nascent viral DNA, further viral DNA synthesis catalyzed by RT enzyme is effectively terminated [53]. Within this class, tenofovir, also known as tenofovir disoproxil fumarate (TDF), is part of recommended initial ART regimes in clinic [54]. These recommended regimes usually have a high rate of viral suppression, minimal toxicity and less likely to involve drug resistance. NNRTIs are small hydrophobic compounds that bind to an allosteric site located approximately 10 Å away from the RT catalytic active site, to inhibit DNA polymerization [55]. Until present, there are six HIV-1 NNRTIs approved by FDA in a timeline order as : nevirapine (NVP), delavirdine (DLV), efavirenz (EFV), etravirine (ETR), rilpivirine (RPV), doravirine (DOR). NNRTIs are essential component in ART and currently under extensive development. Compare to NRTIs, NNRTIs seem to block viral RNA reverse transcription at initial steps [56]. However, the emerging drug-resistance of NNRTIs makes it failure in beating the growing number of mutated HIV-1 variants. For example, efavirenz, nevirapine and delavirdine could effectively inhibit the wild-type HIV-1 in clinic, but they are less effective against RT mutant HIV-1, such as clinical strains containing K103N and Y181C mutations [57].

2.4. *Protease inhibitors*

It has been studied that proteolytic cleavage of Gag and Gag-pol polyprotein precursors by HIV PR is required for viral infectivity. The budded uncleaved virions have lost the infection capability [58]. The critical of enzyme PR in the maturation process of virus makes it an attractive target for anti-HIV drugs consequently. So far, there are ten FDA approved protease inhibitors (PIs) including: saquinavir, indinavir, ritonavir, nelfinavir, amprenavir, lopinavir, fosamprenavir, atazanavir, tipranavir, and darunavir (Table 1). The first one, saquinavir (SQV), approved in 1995, which marked the beginning of combination antiretroviral therapy for HIV patients. The clinical data showed that ART with saquinavir and RT inhibitor zalcitabine significantly extended the patient lifespan, compared with zalcitabine alone [59]. Protease inhibitor thus becomes one of the most important regimens in the combination therapy. Unfortunately, most of the PIs are associated with side effects in long-term treatment, such as the increased risk of cardiovascular and cerebrovascular diseases as well as dyslipidemia, diabetes [60–62]. There was no significance regarding of adverse effects when comparing PI as a monotherapy compound with the ART combination of PIs and RT inhibitors, indicating that PIs were in major responsibility for the side effects [63].

It is possible to optimize the chemical structure of PI molecule to improve the clinical benefits. The successful attempts are darunavir and lopinavir, which were modified from amprenavir and ritonavir, respectively. However, the further modification of lopinavir was failed, none of the analogues compounds has shown better than original lopinavir [64]. Other attempts have been tried to optimize PIs to avoid side effects. For example, GS-8374 modified from a scaffold of TMC-126 (darunavir analog), has a favorable resistance profile against a spectrum of patient-derived HIV-1 variants highly resistant to multiple PIs [65]. In addition, this new inhibitor GS-8374 neither affects insulin-stimulated glucose uptake in adipocytes in culture nor acutely alters peripheral glucose disposal in a rodent model system as preclinical evaluation, which is similar to atazanavir but unlike ritonavir and lopinavir [66].

2.5. *Integrase inhibitors*

Like all retroviruses, HIV-1 integrates its viral DNA which generated from viral RNA reverse transcription into the host chromosome. Integration provides a favorable environment for virus long term persistence. The process of viral integration is mediated by viral genome encoded enzyme IN, which is a specialized DNA recombinase. IN is an attractive drug target because it is essential for infective virions production, and there is no mammalian homologue of IN [67]. However, the progress for drug discovery against IN was delayed for more than 10 years than anti-HIV drug

targeting RT and PR. It is mainly because a lack of good lead compounds obtained from in vitro screening and there were no reliable assays to evaluate integrase inhibition. Until now, there are five compounds approved by FDA (Table 1), including the first IN inhibitor raltegravir that got approval in 2007, and elvitegravir, dolutegravir, bictegravir, cabotegravir.

After synthesis of the viral DNA, IN assembles at the ends of it by binding to the HIV-1 LTR region, in consequence of DNA-IN binding complex formation. Then IN catalyze to remove two terminal nucleotides at each end of LTRs to produce a new 3' hydroxyl ends, as refer to 3' processing [68]. At the second catalytic step, IN is responsible to transfer viral DNA to the human chromosomal DNA, namely strand transfer or transesterification. IN binds to the host chromosomal DNA and mediates a concerted nucleophilic attack by the 3' hydroxyl residues of the viral DNA on phosphodiester bridges located in the target DNA. Then the processed 3' hydroxyl ends of viral DNA are ligated to the 5'-O-phosphate ends of the host DNA, irreversibly binding the viral DNA to the target DNA [69]. Last step of integration is the gap between virus and host DNA filled by host repair machinery. The current approved InSTIs were developed to primarily target the strand transfer step of HIV-1 integration, thus become the only class that interacts with two essential elements of the virus within the DNA-IN complex [70]. InSTIs are generally well tolerated by PWH, but emerging data suggest that some InSTIs contribute to weight gain. Because of its high efficacy and less side effects, InSTIs are recommended as an initiating ART component [71].

3. CRISPR/Cas9 based gene editing in HIV treatment

3.1. Gene editing targets host cell

In March 2008 at the Conference on retroviruses and opportunistic infections, the Berlin patient was declared as the first person “cured of HIV” who remained free of HIV for more than 13 years after ART interruption. With the success of stem cells transplantation from a healthy donor with homozygous CCR5 Δ 32 mutation, people start to see the silver lining behind the cloud. After the Berlin patient, there are London patient, New York patient, City of Hope patient, and Düsseldorf patient, who are cured of HIV from hematopoietic stem cell (HSC) transplantation [72]. The lesson we learnt is that 32-base-pair deletion of coreceptor CCR5 renders host cells resistant to R5-tropic HIV-1 variants infection [73]. Therefore, intensive work on disruption CCR5 expression by gene editing tools is currently being conducted. The rapidly updated CRISPR/Cas9 technology has boosted the research for curative HIV therapy, such as the recently developed base editing. Base editing uses programmable DNA-binding proteins to directly convert C·G to T·A base pairs (cytosine base editing, CBE) [74], or convert C·G to T·A base pairs (adenine base editing, ABE) [75]. Base editors modify targeted nucleotides with a single base change in the genome (Figure 1), no introduction of double-strand breaks (DSBs) while CRISPR/Cas9 does.

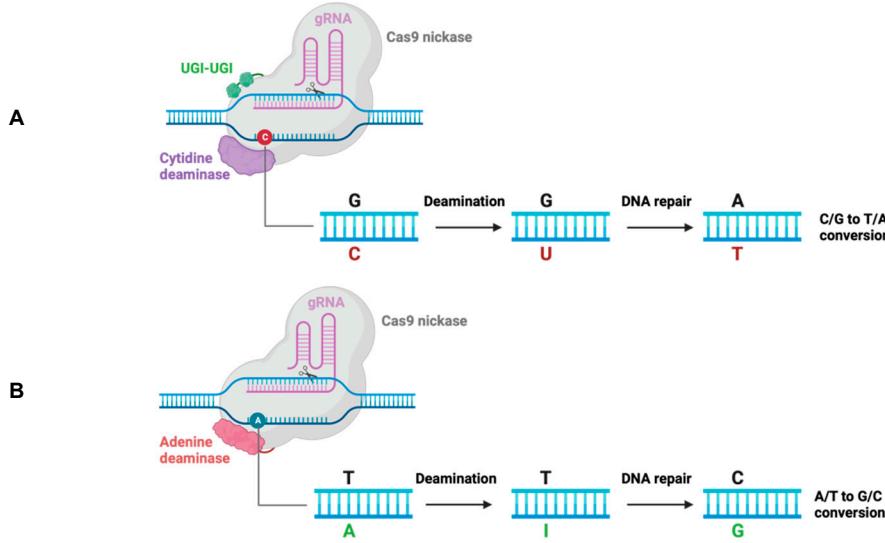


Figure 1. Mechanism schematic of cytidine base editor (CBE) and adenine base editor (ABE) system. (A) CBE contains a Cas9 nickase fused to a deaminase and two UGI (uracil glycosylase inhibitor). C is changed to U under deamination, then change to T with host DNA repair. As a result, CBE converts C/G base pair into T/A base pair. (B) ABE are composed of a Cas9 nickase fused to deaminase that change A to I, then I to G. As a result, ABE converts A/T base pair into G/C base pair. .

Xu et al. established a HSC transplantation model with CRISPR/Cas9 conferred CCR5-ablated human CD34+ hematopoietic stem/progenitor cells (HSPCs) [76]. HSPCs reconstituted in mice for over 1 year and achieved robust CCR5 disruption, which mediated an HIV-1 resistance effect in vivo. Liu et al. designed two different guide RNA (gRNA) combinations targeting both CXCR4 and CCR5, in a single vector [77]. The simultaneous genome editing of HIV-1 coreceptors CXCR4 and CCR5 in primary CD4+ T cells with CRISPR/Cas9 system, protects modified cells from X4-tropic or R5-tropic HIV-1 viral infection. Knipping et al. applied base editors to simultaneously disrupt both co-receptors in primary human CD4+ T cells, it prevents transduction with R5-tropic and X4-tropic viral vectors [78]. Except targeting coreceptors, Chinnapaiyan et al. used CRISPR/Cas9 to knockdown cellular co-factor cyclin T1 which is crucial for HIV transcription, and demonstrated cyclin T1 inhibition mediated HIV silencing [79]. Overall, the research of CCR5 gene modification is dominant rather than other host cellular target.

3.2. Gene editing targets HIV genome

Although the current HIV-1 treatment including ART and broadly neutralizing antibody could suppress plasma viral load below the detectable level, they could not eliminate the integrated provirus. Virus will get rebound within few weeks after ART withdrawal. This challenge can be overcome with gene editing on proviral DNA in CD4+ T cells. Ebina et al. designed gRNA to target HIV-1 long terminal repeat (LTR), in specific location of TAR sequence of the R region and NF- κ B binding sequence in the U3 region, respectively. This LTR-targeted CRISPR/Cas9 system can disrupt HIV-1 provirus and also excise provirus from the cellular genome [80]. Kaminski et al. employed CRISPR/Cas9 editing system to precisely remove the integrated copies of the proviral DNA fragment from latently infected human CD4+ T cells, by targeting the highly conserved sequence of LTR U3 region among all HIV-1 viral isolates [81]. Liao et al. adapted the CRISPR/Cas9 system to disrupt latently integrated viral genome and provide long-term defense against new viral infection. They screened multiple potential gRNA target sites in the HIV-1 genome, including the structural (gag and env), enzymatic (pol) and accessory genes (vif and rev), as well as LTRs. By using a multiplexed CRISPR/Cas9 system with gRNAs targeting LTR sequences (especially the R region), they achieved an elevated level of disruption and excision of pre-integrated proviral genome [82]. Zhu et al. tested

10 sites in HIV-1 DNA by CRISPR/Cas9, and revealed a highly efficient target site within the second exon of Rev that could inactivate provirus efficiently by significantly reduction of HIV-1 gene expression and virus production [83]. In general, among different sites targeted on viral genome, targeting HIV-1 LTR has a strong impact on viral disruption because LTR serves as a critical element for viral transcription. And especially targeting the LTR-R region, which contains the TAR sequence that is highly conserved of all HIV-1 subtypes.

In addition, there are combinational targets on both host cells and viral genome. To improve the efficiency of viral elimination, Dash et al. developed dual CRISPR therapies targeting both proviral DNA and CCR5 [84]. There are two CRISPR reagents, including one set designed to target LTR and Gag to excise HIV-1 LTR-Gag region from latent proviral DNA integrated cells, and the other set designed to target host coreceptor CCR5. The viral outgrowth assay (VOA) demonstrated that no progeny virus was recovered from plasma and tissues from CRISPR-treated virus-free mice.

3.3. Clinical trials of gene editing applied in HIV treatment

On December 8, 2023, the U.S. FDA approved two milestone treatments, Casgevy and Lyfgenia, for sickle cell disease (SCD) in patients 12 years and older [85]. Casgevy is the first FDA-approved therapy utilizing CRISPR/Cas9, which greatly inspired the development of HIV treatment in the field of gene therapy. To date, EBT-101 is the only CRISPR/Cas9 based gene therapy for HIV treatment in clinical trial and now is in the status of recruiting (NCT05144386). EBT-101 is comprised of an all-in-one CRISPR/Cas9 system that expressing dual gRNAs targeting viral LTRs and the Gag gene, thereby generating three possible deletions: 5'LTR to Gag, Gag to 3'LTR, and 5'LTR to 3'LTR [86]. The dual gRNAs excise large sections of proviral DNA (Figure 2), eliminating viral escape and reproduction.

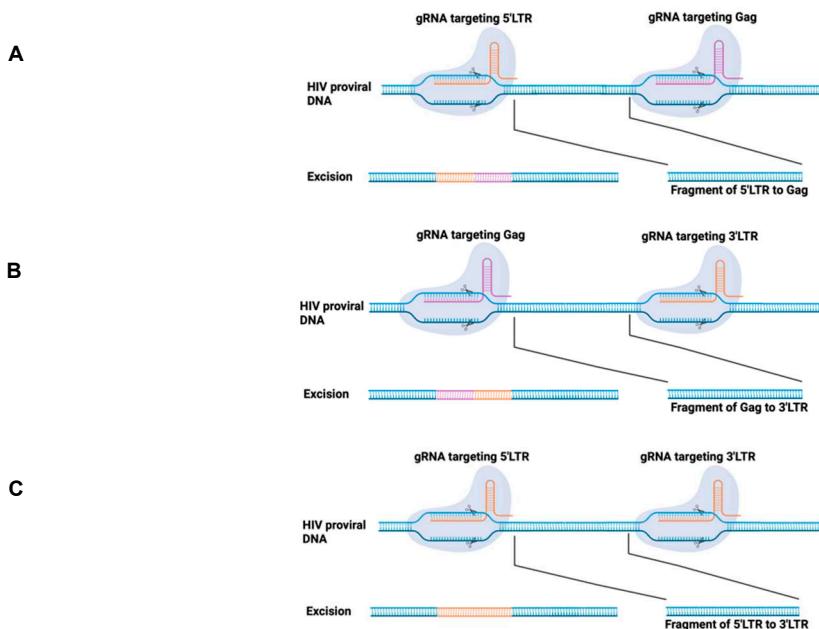


Figure 2. Schematic of CRISPR/Cas9 system applied for HIV provirus excision. Two gRNAs were designed to target HIV LTR (5' and 3') and Gag at specific site. The induced double strand breaks are repaired by non-homologous end joining, which will induce deletion of fragment from 5'LTR to Gag (A), or Gag to 3'LTR (B), or 5'LTR to 3'LTR (C).

Besides, there are zinc finger nucleases (ZFNs) enabled CCR5 gene editing for HIV treatment in clinical trial. A phase I study of autologous T cells genetically modified of CCR5 by ZFNs was completed (NCT00842634). It demonstrated the removal of CCR5 protein on the T cells is permanent in the follow-up study up to 6 years. Meanwhile, another phase I (NCT01044654) and phase 1/2 (NCT01252641) clinical trials regarding dose escalation study and single dose infusion of autologous T cells genetically modified of CCR5 by ZFNs in HIV infected patients was completed almost the

same time. It both approves the safety and feasibility of ZFN-CCR5-modified CD4+ T cells re-infused back to humans as HIV therapy. Futher, the phase II clinical trial randomly comparing the effect of infusing expanded autologous CD4+ T cells with or without CCR5 modification ex vivo by ZFNs among HIV-infected patients is ongoing (NCT03666871). For stem cell gene modification, there is a phase I pilot study to evaluate the feasibility, safety and engraftment of ZFN-CCR5-modified CD34+ HSPCs in R5 tropic HIV-1 infected patients (NCT02500849).

4. Conclusions and future perspectives

The discovery of anti-HIV drug is arguably among the most successful treatment for any human disease, regarding the number of available anti-HIV agents that developed for four decades since the first HIV-1 viral infection case was confirmed in 1981. More than 30 antiretroviral drugs have been approved, and combination therapy is demonstrated with high efficiency and controllable toxicity for PWH. However, the lifelong treatment of ART and acquired drug resistance remain as major hurdle to treatment. Continuous efforts are demanded to develop new compounds and new drug combinations to achieve therapy success. Although these ART drugs are highly potent to suppress viremia, they are unable to eradicate the integrated viral DNA which will be potentially reactivated at certain condition. With the development of gene editing tools, such as ZFNs, CRISPR/Cas9, transcription activator-like effectors (TALENS) ect. More and more research conducted on provirus elimination using these new technologies. Especially for recent years, base editing and prime editing derived from CRISPR/Cas9 system are much safer because no double-strand breaks introduced in the targeted DNA. With efficient design of target sites, low off-target effects, these gene modification tools can be applied quickly in various research fields including anti-HIV therapy. It is convenient in application since for different target, it only needs to design different gRNA. And the flexibility is that different gRNAs can be combined in one vector for better knock-out efficiency. Such as the current ongoing clinical trial of EBT-101, it is a combination of gRNAs targeting HIV-1 LTR and Gag genes.

The CRISPR/Cas9 system is indeed a promising tool applied for HIV treatment, but the obstacle is low delivery efficiency *in vivo*. The delivery components can be plasmid, ribonucleoprotein (RNP) and mRNA. The delivery vehicle can be viral vector-based delivery, lipid nanoparticle and microinjection. Adeno-associated virus (AAV) vector is an efficient and widely used delivery agent, which remains the only gene therapy vector that FDA approved for human disease. Viral vector delivery for gene editing element also made remarkable progress for clinical HIV treatment. In specific, EBT-101 adapts AAV9 for CRISPR/Cas9 delivery. Other clinical trials of CCR5 gene modified T cells and stem cells are transduced with ZFNs expressed in adenoviral vector. It is obvious that lacking specific targeting CD4 T cells is the most significant challenge for CRISPR/Cas9 therapeutics in removing HIV reservoir in clinic. It is urgent to develop methods for specifically targeting T cells. Hamann et al. modified the AAV2 capsid proteins, with a set of novel nanobodies with high affinity for the human CD4 receptor. This CD4 antibody modified capsid was demonstrated to improve targeting efficiency of human primary CD4+ T cells *in vitro* [87]. It provides a promising strategy for changing AAV tropism to particularly targeting specific cell. Another limitation is the packaging capacity of AAV vector, which is less than 5 kb. The large size of SpCas9 (~4.1 kb) decreases the efficiency of delivery, so it seems impossible to package the base editor and prime editor in AAV. Therefore, Levy et al. came up with a dual AAVs system for the delivery of split base editors [88]. Another way to solve the issue is to optimize SpCas9 protein into a truncated variant or use smaller SaCas9. While it is a long way to go, but the combination of antiretroviral drug and the gene editing technology will lead to the promising progress in HIV-1 therapeutics.

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