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Article

Oxidative Stress-Mediated Repression of Virulence Gene Transcription and Biofilm Formation as Antibacterial Action of *Cinnamomum burmannii* Essential Oil on *Staphylococcus aureus*

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Abstract: This work aimed to identify chemical compounds of *Cinnamomum burmannii* leaf essential oil (CBLEO) and to unravel antibacterial mechanism of CBLEO at molecular level for developing antimicrobial. CBLEO had 37 volatile profiling with abundant borneol (28.40 %), and showed good potential to control foodborne pathogens, of which *Staphylococcus aureus* had the greatest inhibition zone diameter (28.72 nm) with the lowest values of minimum inhibitory concentration (1.0 µg/mL) and bactericidal concentration (2.0 µg/mL). To unravel antibacterial action of CBLEO on *S. aureus*, a dynamic exploration of antibacterial growth, material leakage, ROS formation, protein oxidation, cell morphology and interaction with genome DNA were conducted on *S. aureus* exposed to CBLEO at different doses (1/2-2×MIC) and times (0-24 h), indicating that CBLEO acts as inducer for ROS production and oxidative stress of *S. aureus*. To highlight antibacterial action of CBLEO on *S. aureus* at molecular level, a comparative association of ROS accumulation with some key virulence-related gene (sigB/agrA/sarA/icaA/cidA/rsbU) transcription, protease production and biofilm formation in *S. aureus* subjected to CBLEO at different levels and times, revealing that CBLEO-induced oxidative stress caused transcript suppression of virulence regulators (RsbU and SigB) and its targeted genes, causing protease level increase destined for biofilm formation and growth inhibition of *S. aureus*, which may be as key bactericidal action. Our findings provide valuable information for studying the antibacterial mechanism of essential oil against pathogens.

Keywords: *Cinnamomum burmannii* essential oil; antibacterial action; oxidative stress; virulence gene; transcriptional expression; biofilm; *Staphylococcus aureus*

1. Introduction

Food is rich in nutrients and suitable for the growth and reproduction of pathogens. Microbial food spoilage and food-borne disease remain the major issue for public health worldwide [1]. The synthetic preservatives, such as tertiary butylhydroquinone (TBHQ), butylated hydroxytoluene (BHT) and several organic acids and salts, have been widely applied in food industry to guarantee both food safety and security, but various adverse effects (immunity suppression, teratogenicity, carcinogenicity, hypersensitivity, allergic reaction, and acute toxicity) caused by prolonged use have greatly impacted public health, which has become a hot button worldwide [1–3]. Therefore, the

development of novel and effective natural antimicrobial agent is of paramount importance to assure food safety and public health.

Plant essential oil has been identified with high and extensive biological properties (such as antimicrobial, anticancer, and antiviral and antioxidant activity) [4–9]. In recent years, the development and utilization of novel natural essential oils in food industry has become one research focus, and notably, plant essential oils have been used as new natural source of antimicrobials, food preservatives and packaging [1,2,10–12]. Several studies have indicated that essential oil can cause a range of damage to bacterial, including cell membrane damage and content leakage [6,8,9,13–15], respiratory metabolism depression [9,14,16], redox homeostasis disruption [8,17], DNA topological change and DNA/RNA synthesis) [9,15,18,19]. It is also noted that foodborne pathogens-caused food poisoning and diseases have become one major threat to human health and food safety by secreting enterotoxins [20,21], but the growth and reproduction of pathogens are tightly dependent on biofilm formation, and thus the prevention of pathogen biofilm formation has become an effective way to ensure food safety [22]. The regulation of bacterial biofilm formation may involve in coordinated expression of several virulence genes [23–25]. In recent years, the essential oils have been identified with anti-biofilm effect against fungi and bacteria [18,26–31] and effective inhibition of virulence-related gene expression [9,16,26,28]. Yet, few studies have concerned about cellular response of bacteria to oxidative stress and ROS accumulation induced by essential oil, moreover, the acting mechanism of essential oil involved in virulence attenuation and biofilm formation inhibition remains enigmatic.

The genus *Cinnamomum*, a member of the family Lauraceae, is widely distributed in Southeast Asia with notable economic value owing to its rich essential oil and medicinal utilization [32–34]. The essential oils of *Cinnamomum* plants have been shown with various biological effects (such as antimicrobial, anti-inflammatory and antitumor) [32–36], and widely used in medicine, perfume and chemical industry, especially in food industry for natural preservative, antimicrobial and antioxidant agents, and flavoring agent (such as brewing chocolate, chewing gum and liquors) [37–39]. Of note, *Cinnamomum burmannii* is one of the most promising sources in food, pharmaceutical or cosmetic industry due to its unique compounds (such as borneol, α -terpineol and α -pinene) [32,38]. Presently, based on our studies on different *C. burmannii* germplasms, some accessions have been selected with high yield of essential oil (1.2 %-1.6 %) and high proportion of borneol (45.5 %-64.8 %), and notably, we have established standard system for utilization of *C. burmannii* [40–42]. Yet, the antibacterial mechanism of *C. burmannii* leaf essential oil (CBLEO) is unknown, which has intercepted CBLEO application in modern industry.

The aim of this work was to unravel antibacterial action and to highlight molecular mechanism that governed bacterial growth and biofilm inhibition for developing CBLEO as potential source of natural antibacterial agent. To this end, one plus tree of *C. burmannii* (accession CB01) was used to detect volatile profile of CBLEO and to assess antibacterial activity on 7 representative food-borne pathogens, and antibacterial action of CBLEO was conducted on *Staphylococcus aureus* (susceptible strain). As an initial step toward exploring antibacterial action of CBLEO, we focused on the dynamic effects of CBLEO on bacterial growth, content release, electric conductivity, ROS and MDA formation, protein oxidation, and cell morphology in *S. aureus* subjected to different doses ($1/2 \times \text{MIC}$, $1 \times \text{MIC}$ and $2 \times \text{MIC}$) and times (0-8 h). Such assay could help to unravel how CBLEO induce oxidative stress. To highlight antibacterial acting mechanism of CBLEO on *S. aureus* at molecular level, a comparative assay was conducted on the association of ROS accumulation with some key virulence-related gene transcription, protease level, biofilm formation and the interaction with genome DNA in response of *S. aureus* to CBLEO at different levels and times. This study presents the effect of essential oil-mediated oxidative stress and ROS accumulation on transcription of virulence-associated regulators as an attempt to elucidate antibacterial mechanism of essential oil.

2. Results

2.1. Identification of volatile compounds in *C. burmannii* leaf essential oil (CBLEO)

To develop *C. burmannii* leaf essential oil (CBLEO) as potential source for application, we detected chemical compounds of CBLEO by GC-MS. A total of 37 compositions were identified (Table 1), accounting for 99.56 % of total oil. The main chemical components of CBLEO mainly included 14

monoterpene hydrocarbon, 29 sesquiterpene hydrocarbon, 6 monoterpene alcohol, 6 sesquiterpene alcohol and 5 sesquiterpene hydrocarbon, of which monoterpene (85.38 %) was the dominant group of components. The rich compound was borneol (28.40 %), followed by bornyl acetate (9.43 %), eucalyptol (9.22 %), D-limonene (7.44 %), α -pinene (3.96 %), β -cymene (3.96 %), β -caryophyllene (3.71 %), α -terpineol (3.15 %), α -phellandren (2.67 %), sabinene (2.53 %), β -myrcene (2.41 %), β -pinene (2.38 %) and camphor (2.14 %). All these indicated a complex of chemical components with rich borneol in CBLEO.

Table 1. Compounds and contents of the essential oils from *Cinnamomum burmami* leaves by GC-MS analysis.

Type	Compound	Formula	RI ^a	Percentage (%) ^b
Monoterpene hydrocarbons (14)	α -Thujene	C ₁₀ H ₁₆	902	0.56 \pm 0.03 ^e
	α -Pinene	C ₁₀ H ₁₆	948	3.96 \pm 0.17 ^{bc}
	(-)-Camphene	C ₁₀ H ₁₆	943	2.03 \pm 0.12 ^c
	Sabinene	C ₁₀ H ₁₆	897	2.53 \pm 0.11 ^c
	β -Pinene	C ₁₀ H ₁₆	943	2.38 \pm 0.10 ^c
	β -Myrcene	C ₁₀ H ₁₆	958	2.41 \pm 0.10 ^c
	α -Phellandrene	C ₁₀ H ₁₆	969	2.67 \pm 0.12 ^c
	3-Carene	C ₁₀ H ₁₆	948	0.32 \pm 0.02 ^e
	4-Carene	C ₁₀ H ₁₆	919	0.19 \pm 0.01 ^f
	β -Cymene	C ₁₀ H ₁₄	1042	3.96 \pm 0.19 ^{bc}
	D-Limonene	C ₁₀ H ₁₆	1018	7.44 \pm 0.25 ^b
	β -cis-Ocimene	C ₁₀ H ₁₆	976	0.43 \pm 0.02 ^e
	γ -Terpinene	C ₁₀ H ₁₆	998	0.50 \pm 0.03 ^e
	α -Terpinolen	C ₁₀ H ₁₆	1052	0.96 \pm 0.06 ^e
Monoterpene alcohol (6)	Eucalyptol	C ₁₀ H ₁₈ O	1059	9.22 \pm 0.29 ^b
	Linalool	C ₁₀ H ₁₈ O	1082	0.63 \pm 0.03 ^e
	Borneol	C ₁₀ H ₁₈ O	1138	28.40 \pm 0.62 ^a
	Terpinen-4-ol	C ₁₀ H ₁₈ O	1137	1.50 \pm 0.09 ^{cd}
	α -Terpineol	C ₁₀ H ₁₈ O	1143	3.15 \pm 0.18 ^{bc}
	Guaiol	C ₁₀ H ₁₈ O	1228	0.23 \pm 0.01 ^f
Monoterpene ketone (1)	Camphor	C ₁₀ H ₁₆ O	1121	2.14 \pm 0.10 ^{bc}
Monoterpene aldehyde (1)	α -Citral	C ₁₀ H ₁₆ O	1174	0.19 \pm 0.01 ^f
Monoterpene ester (2)	Bornyl acetate	C ₁₂ H ₂₀ O ₂	1277	9.33 \pm 0.24 ^b
	Geranyl acetate	C ₁₂ H ₂₀ O ₂	1352	0.25 \pm 0.01 ^f
Sesquiterpene hydrocarbons (5)	β -Caryophyllene	C ₁₅ H ₂₄	1494	3.71 \pm 0.19 ^{bc}
	α -Caryophyllene	C ₁₅ H ₂₄	1579	0.99 \pm 0.05 ^e
	Germacrene D	C ₁₅ H ₂₄	1515	0.58 \pm 0.03 ^e
	α -Guaiene	C ₁₅ H ₂₄	1469	0.19 \pm 0.01 ^f
	Germacrene B	C ₁₅ H ₂₄	1603	1.74 \pm 0.10 ^{cd}
Sesquiterpene alcohol (6)	Elemol	C ₁₅ H ₂₆ O	1522	0.42 \pm 0.02 ^e
	trans-Nerolidol	C ₁₅ H ₂₆ O	1564	1.36 \pm 0.07 ^{cd}
	Spathulenol	C ₁₅ H ₂₄ O	1536	1.72 \pm 0.08 ^{cd}
	Guaiol	C ₁₅ H ₂₆ O	1614	1.28 \pm 0.08 ^{cd}
	(-)-Spathulenol	C ₁₅ H ₂₄ O	1536	0.51 \pm 0.03 ^e
	Bulnesol	C ₁₅ H ₂₆ O	1614	0.44 \pm 0.02 ^e
Sesquiterpene ester (1)	Caryophyllene oxide	C ₁₅ H ₂₄ O	1507	1.00 \pm 0.08 ^{cd}
Others (1)	Cinnamyl acetate	C ₁₁ H ₁₂ O ₂	1367	0.24 \pm 0.01 ^f
Total				99.56 \pm 0.21

^a Retention index of present experiment determined on SH-R \times ITM-5SIL MS column using n-alkanes (C₈–C₂₅) series. ^b Relative percentage was calculated by peak area, and the data represent the average of three replicates ($n = 3$). Different lowercase letters represent significant differences ($p < 0.05$).

2.2. Assay of antibacterial activity of CBLEO

The detections of DIZ, MIC and MBC values were applied to determine antibacterial activity of CBLEO. In case of CBLEO, the DIZ values ranged from 7.51 to 28.72 mm across all tested strains, and the MIC and MBC values were in range of 1.0–16.0 µg/mL and 2.0–32.0 µg/mL, respectively (Table 2), indicating that CBLEO displayed good inhibition effects on foodborne pathogens. Of note, the maximum value of DIZ (28.72 nm) and the minimum values of MIC (1.0 µg/mL) and MBC (2.0 µg/mL) were all marked in response of *S. aureus* to CBLEO, indicating a strong bactericidal effect of CBLEO on *S. aureus*. Hence, to develop CBLEO as potential antibacterial agent, our following works were focused on the exploration of antibacterial action of CBLEO on *S. aureus*.

Table 2. Assay of antibacterial activity of *C. burmannii* leaf essential oils (CBLEO) against seven representative food-borne pathogens.

Microorganisms	CBLEO			Antibiotic ^a		
	DIZ ^b (mm)	MIC ^b (µg/mL)	MBC ^b (µg/mL)	DIZ ^b (mm)	MIC ^b (µg/mL)	MBC ^b (µg/mL)
Gram-positive bacteria						
<i>Bacillus subtilis</i>	21.31 ± 0.65 ^b	2.0	4.0	40.70 ± 0.71 ^a	0.125	0.25
<i>Listeria monocytogenes</i>	13.33 ± 0.45 ^{bc}	4.0	8.0	35.31 ± 0.56 ^b	0.125	0.25
<i>Staphylococcus aureus</i>	28.72 ± 0.72 ^a	1.0	2.0	30.05 ± 0.56 ^b	0.5	1.0
Gram-negative bacteria						
<i>Escherichia coli</i>	9.71 ± 0.61 ^{bc}	8.0	16.0	37.52 ± 0.61 ^a	0.25	0.5
<i>Pseudomonas aeruginosa</i>	7.51 ± 0.48 ^{bc}	16.0	32.0	37.31 ± 0.57 ^a	0.25	0.5
<i>Enterobacter aerogenes</i>	10.21 ± 0.51 ^{bc}	8.0	16.0	33.71 ± 0.61 ^b	0.25	0.5
<i>Salmonella</i>	9.02 ± 0.43 ^{bc}	8.0	16.0	39.51 ± 0.45 ^a	0.125	0.25

^aAmpicillin was used as reference antibacterial agent. ^bDIZ: diameter of inhibition zone; MIC: minimal inhibitory concentration; MBC: minimal antibacterial concentration. The values are mean of triplicate detection (*n* = 3) ± standard deviation. Different lowercase letters represent significant differences (*p* < 0.05).

2.3. Effect of CBLEO on bacterial growth of *S. aureus*

To unravel antibacterial action of CBLEO against *S. aureus*, the assay of antibacterial kinetics curve was conducted on the CBLEO treatments with five different doses (1/8×MIC, 1/4×MIC, 1/2×MIC, 1×MIC, and 2×MIC) and times (0-24 h), all of which displayed a dose/time-dependent inhibition manner for bacterial growth (Figure 1). The greatest inhibitory effect was recorded at 2×MIC for 24 h with the number of viable cells reduced by 96.86 % from 7.0 to 0.2 lg CFU/mL, followed by 93.57 % decrease at 1×MIC, but 38.29 %, 20.28 % and 6.86 % decline was marked for 1/2×MIC, 1/4×MIC and 1/8×MIC, respectively (Figure 1). A significant inhibition of bacterial growth was noted within 1 h incubation of 1×MIC and 2×MIC, and a complete inhibition occurred within the first 8 h and 12 h at 2×MIC and 1×MIC, respectively, but the control cells showed a normal growth pattern (Figure 1), indicating a great bactericidal potential of CBLEO to *S. aureus*.

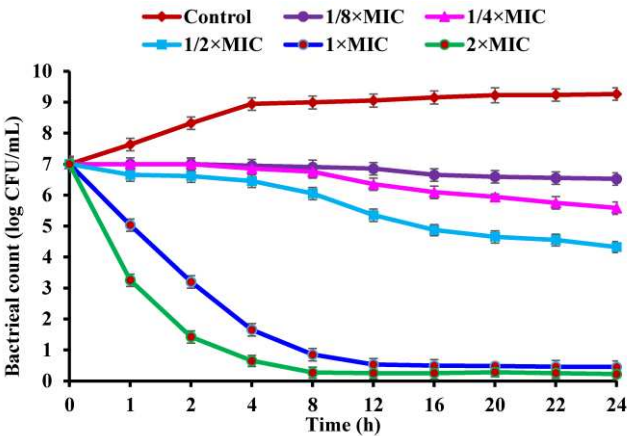


Figure 1. The growth kinetics curve of *Staphylococcus aureus* affected by CBLEO. The data represented the mean value \pm SD of three parallel replicates.

2.4. Impact of CBLEO on cell structure of *S. aureus*

The damage of cell structure (cell wall and membrane) in CBLEO-treated *S. aureus* was evaluated as part of an attempt to understand antibacterial action of CBLEO. Firstly, the effect of CBLEO on cell wall damage was tested by the leakage assay of AKP (cell wall damage-biomarker enzyme). In presence of CBLEO, AKP activity in *S. aureus* suspensions increased by a dose/time-dependent pattern (Figure 2A). After 8 h of exposure to CBLEO, AKP activity at $2\times$ MIC displayed 1.7- and 0.8-fold greater than that at $1/2\times$ MIC and $1\times$ MIC, respectively, and the notably increased activity was recorded within the first 2 h at both $1\times$ MIC and $2\times$ MIC, whereas the control exhibited no change in AKP activity (Figure 2A), revealing a destruction of cell wall of *S. aureus* caused by CBLEO.

Next, CBLEO-mediated damage on the permeability of cell membrane was assayed by detecting electric conductivity. During exposure to CBLEO, a dose/time-dependently increased profile for electric conductivity was marked in *S. aureus* suspensions, of which a rapid increase was all detected within the first 1 h (Figure 2B). After 8 h incubation of CBLEO, the values of electric conductivity at $1/2\times$ MIC, $1\times$ MIC and $2\times$ MIC displayed 4.0-, 7.3- and 8.9-fold greater than those of the control (Figure 2B), indicating that CBLEO could effectively cause cell membrane damage and permeability increase of *S. aureus* with the intracellular electrolyte release.

As for cell membrane integrity, the releases of intracellular protein and nucleic acid were tested. After incubation of *S. aureus* with different doses of CBLEO ($1/2\times$ MIC, $1\times$ MIC and $2\times$ MIC), the released amount of protein displayed a dose/time-dependent increase, in which the increased degree of protein release at $2\times$ MIC for 8 h was 2.0- and 0.7-fold greater than at $1/2\times$ MIC and $1\times$ MIC respectively (Figure 2C). A similar dose/time-dependently increased pattern was also noted for nucleic acid leakage (Figure 2D). Yet, those in the control showed no significant change (Figure 2C, D). These results indicated that CBLEO could result in irreversible damage of cytoplasmic membrane integrity of *S. aureus* with a loss of cellular materials.

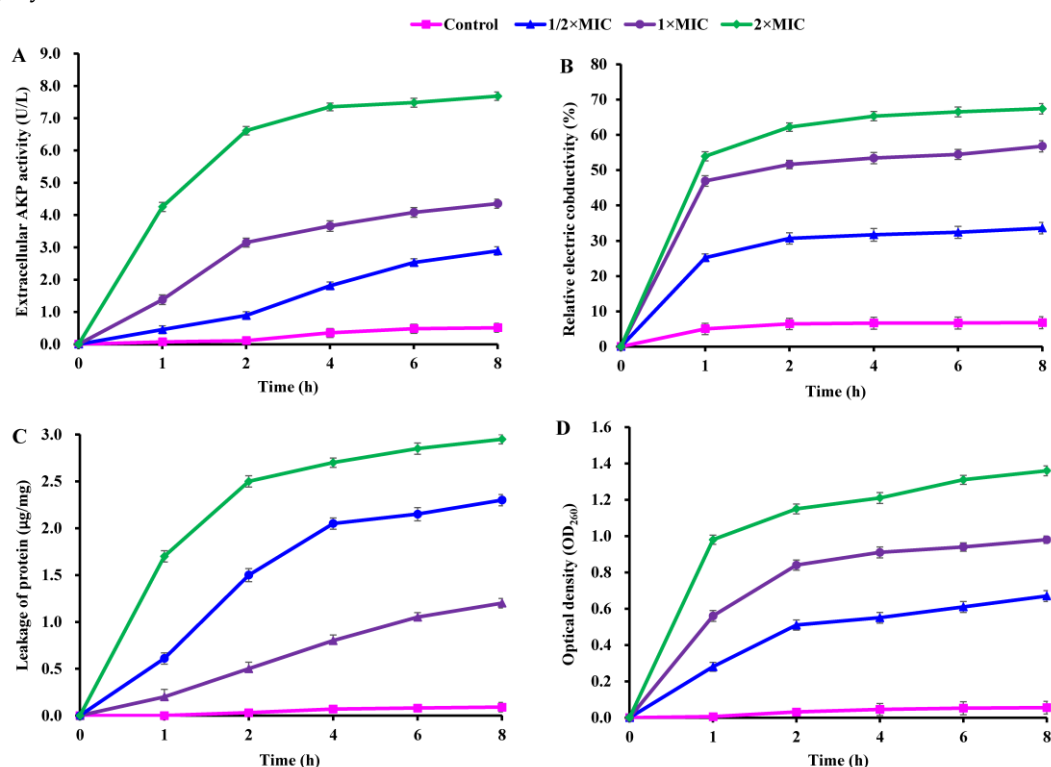


Figure 2. Effect of CBLEO on cell wall and cell membrane of *S. aureus*. (A) Extracellular activity of alkaline phosphatase (AKP); (B) Relative electric conductivity; (C) Leakage of protein; (D) Release of 260-nm absorbing material. The data represented the value \pm SD of three replicates.

To highlight antibacterial action of CBLEO on *S. aureus*, we further performed SEM analysis to explore the influence of CBLEO on cell morphology of *S. aureus*. The untreated *S. aureus* cells retained normal and complete appearance with a smooth surface, intact cell membrane and cell wall structure (Figure 3A), whereas the CBLEO-treated *S. aureus* cells became irregular, and cell surface collapsed or shriveled (Figure 3B), and thus considered that CBLEO could change cell morphology and damage cell membrane of *S. aureus*. This further confirmed the above assayed results of CBLEO-caused damage to the permeability and integrity of cell membrane of *S. aureus* (Figure 2).

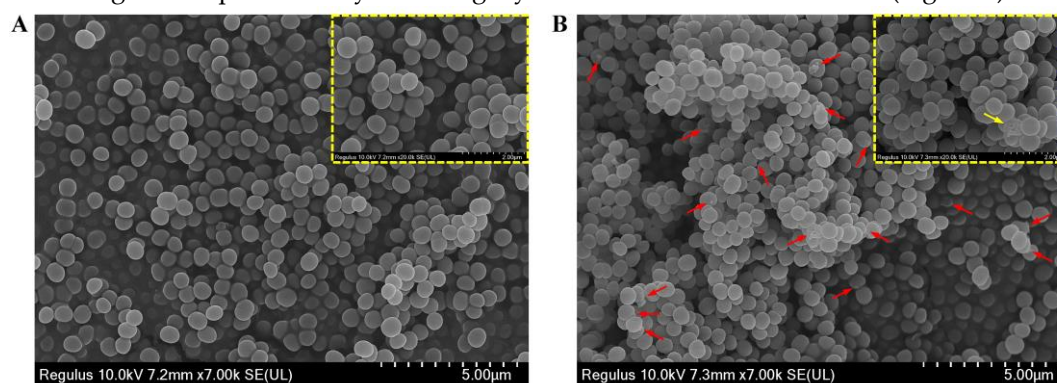


Figure 3. Effect of CBLEO on cell morphologically of *S. aureus* by scanning electron microscope (SEM) assay. **(A)** SEM image of the untreated *S. aureus*; **(B)** SEM image of *S. aureus* treated with CBLEO (1×MIC) for 2 h. The red arrows represented cell morphology change and cell membrane damage.

2.5. Effect of CBLEO on cellular MDA and ROS generation and protein oxidation of *S. aureus*

Considering that CBLEO could damage cell structure and control bacterial growth of *S. aureus* (Figures 1-3), it was vital to determine the potential of CBLEO to induce oxidative stress destined for cell membrane damage and growth inhibition of *S. aureus*. Firstly, MDA was selected as lipid peroxidation-biomarker to evaluate the temporal amount change in *S. aureus* cells during exposure to CBLEO, and a dose/time dependently increased pattern was identified for intracellular MDA (Figure 4A), in which MDA content was much higher at 2×MIC than at both 1×MIC and 1/2×MIC after 8 h exposure, while the control remained almost no change, implying that CBBLEO could induce cell lipid peroxidation of *S. aureus*. Hence, we then focused on exploring intracellular ROS generation and protein oxidation of *S. aureus* cells as oxidative stress-indicator. The intracellular levels of ROS and protein carbonyl formation increased in *S. aureus* cells by a dose/time dependent manner during exposure to CBLEO, both of which all showed the maximum value after 8 h of exposure to the CBLEO at 2×MIC, but no notable change was detected for the control (Figure 4B, C), emphasizing that CBLEO-induced oxidative stress could result in an accumulation of ROS and protein oxidation product in *S. aureus* cells.

2.6. Effect of CBLEO on cellular total protein concentration of *S. aureus*

Given the effect of CBLEO-induced oxidative stress on cellular lipid peroxidation and protein oxidation of *S. aureus* (Figure 4B, C), it was essential for us to investigate whether CBLEO-induced oxidative stress affected total protein of *S. aureus* cells. Hence, a dynamic analysis of cellular total protein was performed in *S. aureus* exposed to CBLEO. Compared with the control, the amount of cellular total protein exhibited a dose/time-dependently decreased profile in *S. aureus* exposed to CBLEO, and 25.79 %, 34.37 % and 53.01 % decline was observed at 1/2×MIC, 1×MIC and 2×MIC after 8 h incubation of CBLEO respectively (Figure 4D), referring an induction of bacterial protein fragmentation or its biosynthesis disturbance by CBLEO.

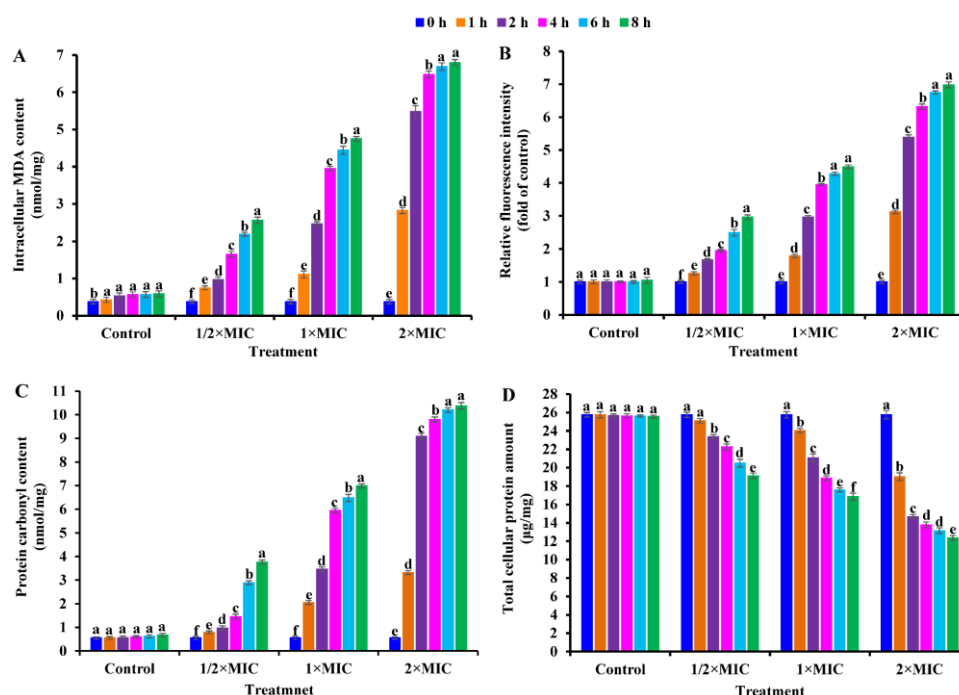


Figure 4. Effect of CBLEO on cell lipid peroxidation and oxidative stress in response of *S. aureus* to different doses and times. **(A)** Intracellular mallondialdehyde (MDA) level; **(B)** Intracellular ROS generation; **(C)** Protein carbonyl content; **(D)** Total cellular protein. The data represented the mean value ± SD of three parallel replicates, and different letters denoted significant differences (p < 0.05).

2.7. Effect of CBLEO on cellular biofilm development and protease activity of *S. aureus*

Another concern was that whether CBLEO has anti-biofilm activity against *S. aureus*. A dose/time-dependent decrease in biofilm biomass was marked in *S. aureus* cells exposed to CBLEO, of which the reduction of biofilm biomass was 43.64 %, 63.75 % and 85.42 % after 8 h of exposure to 1/2×MIC, 1×MIC and 2×MIC respectively, but the increased biofilm formation was observed for the control (Figure 5A), emphasizing that CBLEO had good anti-biofilm effect on *S. aureus*. Also noteworthy was an association of biofilm formation decline with protease production [43]. Compared with biofilm biomass (Figure 5A), the protease activity exhibited a dose/time-dependent increase in *S. aureus* exposed to CBLEO, but a decrease in protease activity was detected for the control (Figure 5B), indicating that CBLEO-induced low capacity of biofilm formation may be associated with an increase of protease activity.

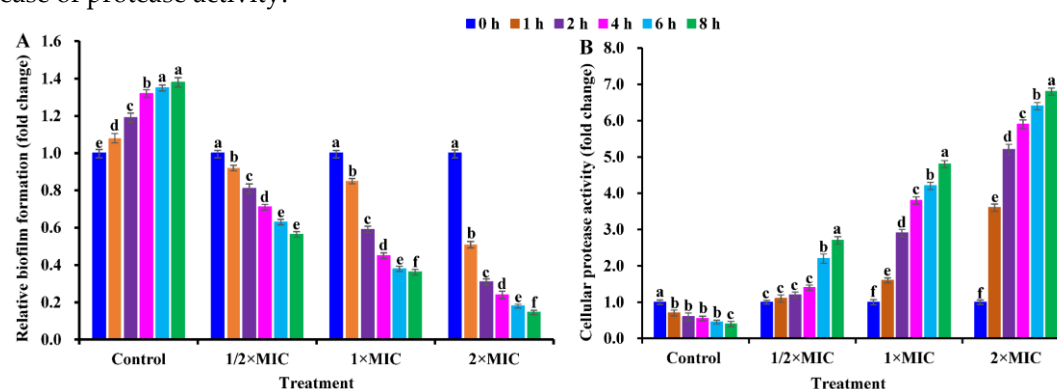


Figure 5. Effect of CBLEO on biofilm formation and protease activity in response of *S. aureus* cells to different doses and times. **(A)** Assessment of inhibitory capacity of CBLEO on biofilm formation by microtiter plate assay; **(B)** Change of cellular protease activity. The values of biofilm formation and protease production in *S. aureus* cells from the control and CBLEO-treated with different doses at 0 h

was arbitrarily set to 1.00 for standardization, and the data represented the mean value \pm SD of six parallel replicates and different letters denote significant differences ($p < 0.05$).

2.8. Effect of CBLEO on genome DNA of *S. aureus*

It was reported that main component (carvacrol or citral) of essential oil could be chimeric with bacterial DNA and break DNA structure of *S. aureus* and *E. coli* [9,14,16]. In attempt to highlight antibacterial action of CBLEO on *S. aureus* at the molecular level, we explored the binding activity of CBLEO to genomic DNA of *S. aureus* during exposure to CBLEO at different concentrations and times by agarose gel electrophoresis assay. After incubation, the same single band of genomic DNA was marked for *S. aureus* from all the CBLEO-treated and control samples, and the band brightness of them showed no notable change (Figure 6), suggesting that CBLEO may have no direct effect on genome DNA of *S. aureus*.

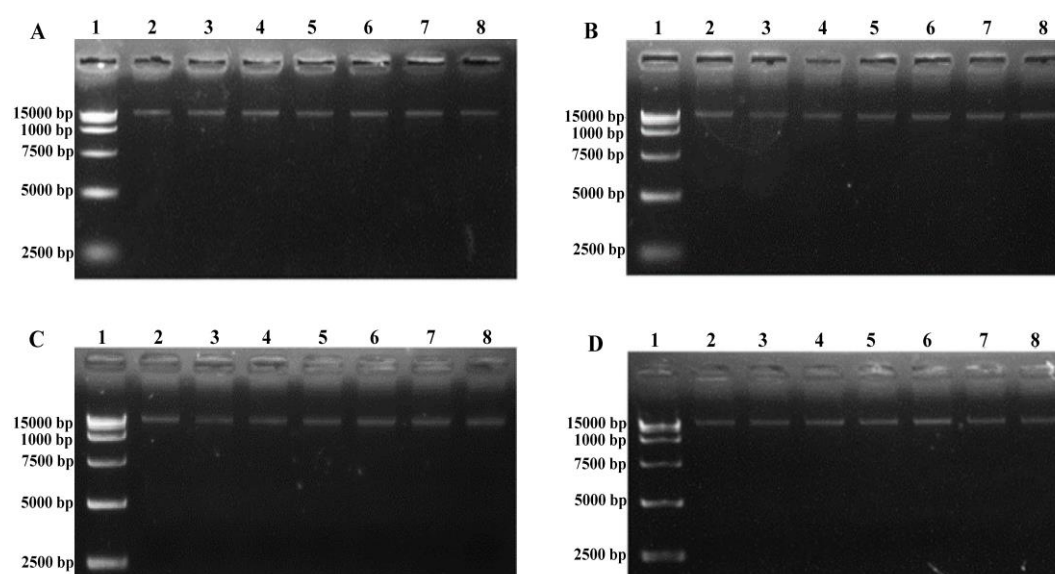


Figure 6. Effect of CBLEO on genome DNA of *S. aureus* cells by agarose gel electrophoresis assay. **(A)** After 0.5 h incubation with different levels of CBLEO; **(B)** After 1 h incubation with different levels of CBLEO; **(C)** After 3 h incubation with different levels of CBLEO; **(D)** After 5 h incubation with different levels of CBLEO. Lane 1 signified DNA Marker; Lane 2 represented genome DNA of *S. aureus* treated by PBS (as the control); Lanes 3-8 signified genome DNA of *S. aureus* treated with 1/2×MIC, 1×MIC, 2×MIC, 4×MIC, 8×MIC and 16×MIC of CBLEO, respectively.

2.9. Effect of CBLEO on transcript of virulence-related genes and regulatory proteins in *S. aureus*

The above findings that oxidative stress could effectively induce ROS accumulation (Figure 4B) and biofilm formation reduction (Figure 5A) with no direct effect on bacterial genome DNA (Figure 6) in response of *S. aureus* cells to CBLEO, prompted us to highlight mechanism for how CBLEO cause virulence attenuation and biofilm formation inhibition at the molecular level. Biofilm formation, one key virulence determinant, is controlled by several virulence genes in response to ROS. To ascertain the anti-biofilm mechanism of CBLEO at molecular level, some vital virulence-associated genes responsible for biofilm formation, including *agrA* (accessory gene regulator A), *sigB* (sigma factor B, involved in biofilm formation and stress response), *sarA* (staphylococcal accessory regulator A), *cidA* (murein hydrolase regulator, involved in cell lysis and extracellular DNA release), *icaA* (intercellular adhesin A, involved in cell wall and biofilm formation), and *rsbU* (involved in regulation of *sigB* and biofilm formation) were selected as potential antibacterial targets to detect dynamic changes of their transcriptional levels in response of *S. aureus* cells to CBLEO by qRT-PCR.

As shown in Figure 7, the transcriptional levels of *sigB/rsbU/agrA/sarA/icaA/cidA* in CBLEO-treated *S. aureus* cells were all down-regulated by a dose/time-dependent pattern, of which the lowest transcript level was recorded for 8 h at 2×MIC, but an increase of them was marked in the

control, as also noted for biofilm formation in CBLEO-treated *S. aureus* cells (Figure 5A), indicating that CBLEO could inhibit transcription of virulence-related genes destined to reduction of *S. aureus* biofilm formation. Of note, the down-regulated degree of transcriptional level of *sigB* (88.02 %) and *rsbU* (92.01 %) were much higher than that of *agrA*/*sarA*/*icaA*/*cidA* (68.89 %–73.97 %) after 8 h of exposure at 2×MIC (Figure 7), implying that SigB and RsbU may be as crucial regulatory protein for controlling biofilm formation in CBLEO-treated *S. aureus*.

Together, CBLEO-induce collaborative transcription repression of virulence-related genes was mainly responsible for the inhibition of biofilm formation, of which both RsbU and SigB may be as antibacterial targets of CBLEO against *S. aureus* (Figure 8).

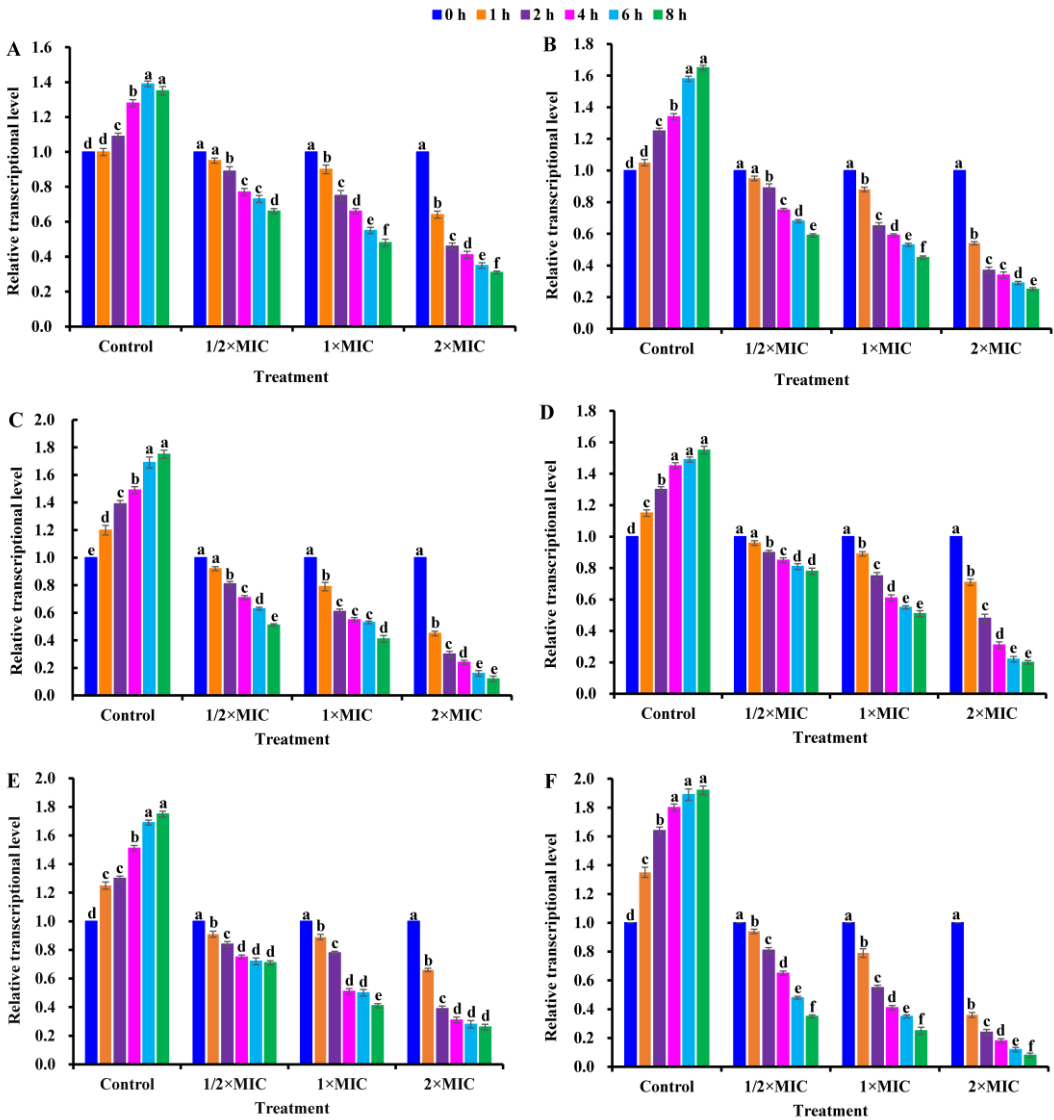


Figure 7. Effect of CBLEO on transcriptions of virulence-associated regulators of *S. aureus* under exposure to different concentrations and times by qRT-PCR detection. (A) Relative transcription of *agrA* (accessory gene regulator A); (B) Relative transcription of *sarA* gene (staphylococcal accessory regulator A); (C) Relative transcription of *sigB* (sigma factor B); (D) Relative transcription of *icaA* (intercellular adhesin A); (E) Relative transcription of *cidA* gene (encoding for holin); (F) Relative transcription of *rsbU* (SigB activator). The relative expression values were counted as $2^{-\Delta\Delta C_t}$, and 16S RNA was used as the internal control. The transcription level in *S. aureus* cells from the control and CBLEO-treated with different concentrations at 0 h was arbitrarily set to 1.00 for standardization, and the data represented the mean value \pm SD of three parallel replicates and different letters denote significant differences ($p < 0.05$).

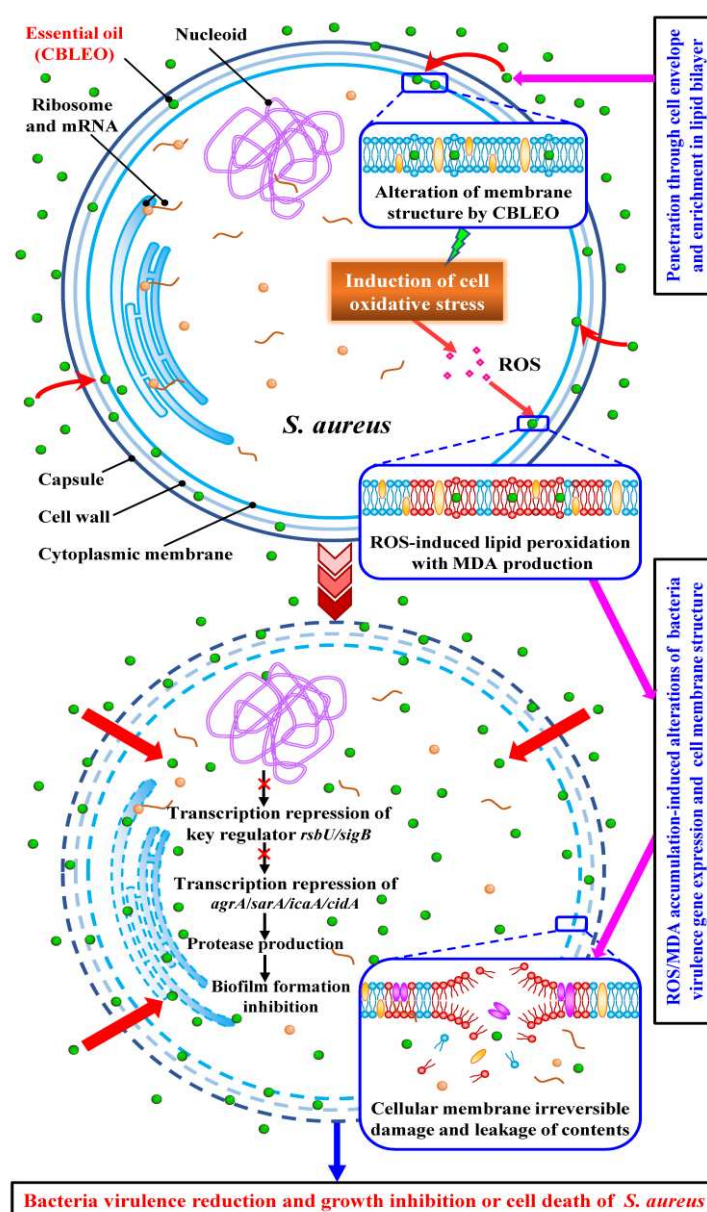


Figure 8. The Antibacterial acting mode of *C. burmami* leaf essential oil (CBLEO) on *S. aureus*. The identified antibacterial mechanism of CBLEO against *S. aureus* are based on the present work is summarized from two perspectives of virulence-related gene transcription regulation and cellular structure destruction. The abbreviations are shown as the follow: agrA, accessory gene regulator A; sarA, staphylococcal accessory regulator A; sigB, sigma factor B; icaA, intercellular adhesin A; ROS, reactive oxygen species; MDA, mallondialdehyde.

3. Discussion

3.1. Rich volatile profiling and high antibacterial activity for CBLEO

Essential oils from plants have been widely used as natural antimicrobials in food field [10–12]. In this work, 37 volatile compositions were identified in *C. burmannii* leaf essential oil (CBLEO) (Table 1), of which many compounds and its contents were different from those reported for other *Cinnamomum* species (such as *C. pauciflorum*, *C. zeylanicum* and *C. camphora*) [26,37,44,45], indicating a difference in volatile profiling and its contents among different *Cinnamomum* species. Several works have revealed a strong antimicrobial activity for some volatile components (such as α -

pinene, α -terpineol, β -pinene, β -ocimene, β -caryophyllene, 1,4-cineole, eucalyptol, limonene, borneol, bornyl acetate, and linalool) [4–8,26,36,37,46–51]. Here, given rich compounds of borneol (28.31%), bornyl acetate (9.43 %), eucalyptol (9.22 %), limonene (7.44%), α -pinene (3.96 %), β -caryophyllene (3.71%) and α -terpineol (3.15%) in CBLEO (Table 1), integrated with a good inhibitory effect of CBLEO on all tested food-borne pathogens (Table 2), It seems certain that these chemical compositions may be potential antimicrobial compounds of CBLEO. Of note, borneol was identified as the richest compound of CBLEO (Table 1), suggesting that it may be the most promising antibacterial agent, which could be evidenced by recently published results of pharmacological studies [32,47–49]. All findings indicated that the essential oil (especially borneol) from *C. burmannii* leaf may be as novel source of natural antimicrobial agent. Of note, *S. aureus* was identified as the most susceptible pathogen (Table 2), and thus the following work focused our attentions on highlight antibacterial action of CBLEO against *S. aureus* for development of CBLEO as natural antibacterial agent for potential utilization.

3.2. ROS generation-mediated oxidative stress and cell membrane damage involved in antibacterial action of CBLEO

During exposure of bacteria to the essential oil, lipophilic components could bind to bacterial cell surface and penetrate outer membrane, and then its lipid bilayer may contact with hydrophobic part of cell membrane and subsequent cause toxic effect, leading to cell wall and membrane damage, function destruction, material release, ROS generation and cell death [6,8,9,14,16]. However, the essential oil-mediated mechanism of bacterial cell membrane damage is still unclear. Several studies have shown that intracellular material leakage may be a good biomarker of irreversible damage to cell membrane [6,8,13]. Here, a close negative correlation was established between inhibitory effect of bacterial growth (Figure 1) and significant increase of material release, extracellular AKP activity (cell wall damage-marker enzyme) and electric conductivity in *S. aureus* during exposure to CBLEO (Figure 2), implying that a destruction of cell membrane structure induced by CBLEO may be as one pivotal cause for growth inhibition of *S. aureus*. This was in line with previous antibacterial effect of essential oil on several foodborne pathogens (such as *Bacillus subtilis*, *B. cereus*, *Escherichia coli*, *E. faecalis*, *Listeria monocytogenes*, *Pseudomonas aeruginosa*, *Shigella dysenteriae*, *S. aureus*, *Salmonella typhimurium*, and *Shigella flexneri*) [6,8,9,14,15].

ROS-induced lipid peroxidation during oxidative stress is known as one key initiator to cause cell membrane damage. MDA, the most abundant product of lipid peroxidation, can induce cellular protein oxidation [52], and thus widely serves as indicator of oxidative stress for studying microbial growth, cell death and disease incidence [8,53]. However, the association of oxidative stress with MDA variation in bacterial cell caused by essential oil remains unclear. Given that a similar accumulative pattern of MDA (Figure 4A) and ROS (Figure 4B) in CBLEO-treated *S. aureus* cells was positively associated to the degree of bacterial growth inhibition, material release and cell membrane damage (Figures 1-3), it seems certain that CBLEO-induced oxidative stress may be one crucial bactericidal effect, as was the case for the effect of essential oil on *S. flexneri*, *S. aureus*, *E. coli* and *P. digitatum* [8,9,14,17]. This could also be evidenced by previous results showing that the effects of antibacterial agents (such as catechin, fluconazole, miconazole and hypocrellin A) may be attributed to induction of oxidative stress with ROS production and membranous damage destined for cell death [54–56]. Also noteworthy was the impact of ROS accumulation on cellular protein oxidation [57]. Here, the increased amount of cellular protein carbonyl in CBLEO-treated *S. aureus* (Figure 4 C) ran parallel to a similar accumulation of ROS and MDA (Figure 4 A, B), but both of which showed a negative correlation with the declined content of total cellular protein (Figure 4D), and thereby concluded that CBLEO-induced oxidative stress could cause cellular protein oxidation and biosynthesis disturbance, as also noted for the effect of essential oil on *P. digitatum* and *S. aureus* [14,17].

Together, CBLEO-mediated oxidative stress and ROS accumulation may be as the primary driver of cell membrane damage of *S. aureus*. Yet, little attention has been paid to a cross-talk between

oxidative stress and virulence-associated factor expression required for biofilm formation during exposure of bacteria to the essential oil.

3.3. CBLEO-induced transcription repression of virulence-associated genes in *S. aureus* as pivotal antibacterial action

Foodborne disease has become a serious issue affecting human health and food safety. *S. aureus*, one of the most common foodborne pathogens, can grow in various foods and cause food poisoning by secreting enterotoxins that cause various disease symptoms (such as nausea, vomiting and diarrhea) [20,21], and thus pose a serious threat to human health [22]. The *S. aureus* enterotoxins, as a superfamily of secreted virulence factors, is generally regulated by quorum-sensing agr system via autoinduce peptide (AIP) and two divergent transcripts (called RNAII and RNAPIII), of which RNAII transcript is an operon of agr genes (agrBDCA) that encode key factors for agr regulatory activation [58]. Of these, AIP is produced from AgrD precursor, and then processed and exported as quorum signal by AgrB to activate sensor kinase AgrC and response regulator AgrA, subsequently leading to induction of agr system and upregulation of RNAII/RNAPIII transcription essential for virulence production [58–60]. Also, AgrA is known as key virulence regulator, but SarA has been identified as positive regulator of agr activity in *S. aureus* [23–25]. Yet, it is unclear to whether essential oil can affect bacterial AgrA or SarA activity. Here, the coordinately repressed transcriptions of both sarA and agrA in the response of *S. aureus* cells to CBLEO (Figure 7A, B) were temporally and positively correlated with bacterial growth inhibition (Figure 1), indicating that CBLEO-induced repression of the transcriptions of sarA and its targeted agrA may contribute to growth inhibition of *S. aureus*, which was the case for the effect of essential oil on *C. albicans*, *C. violaceum*, *P. aeruginosa*, *P. arotoovorum*, *P. aroidearumor* and *S. aureus* [16,18,26–28]. AgrA and SarA, two key global regulator of virulence genes were tightly controlled by transcription regulator SigB [23,61], which may in turn regulate transcriptions of several virulence-related factors crucial for cell processes (such as stress response and biofilm formation) of *B. subtilis*, *L. monocytogenes*, *P. aeruginosa* and *S. aureus* [25,61,62]. Given the fact that a similar dose/time-dependently repressed transcription of sigB/agrA/sarA/icaA/cidA in CBLEO-treated *S. aureus* cells (Figure 7) was temporally and positively correlated to an inhibition of bacterial growth (Figure 1) and biofilm formation (Figure 5A), but concomitantly with an increase of protease activity (Figure 5B), it seems likely that CBLEO-mediated coordinate repression of sigB/agrA/sarA/icaA/cidA transcript could activate expression of protease gene destined to increase its production in *S. aureus* cells during exposure to CBLEO, which may contribute to inhibition of biofilm formation and bacterial growth. This was consistent with antibacterial effect of essential oil on *E. coli*, *A. baumannii*, *C. violaceum*, *C. albicans*, *P. aroidearumor*, *P. aeruginosa*, and *P. arotoovorum* [9,18,26–29,31]. In support of our results, sigB, sarA, agrA, icaA or cidA mutation in *S. aureus* could increase protease amount with a significant decline of biofilm formation [43,63–69], and exogenous addition of protease notably limited biofilm formation of *S. aureus* [70,71].

Also of note was a role of RsbU in SigB activity activation [72,73]. Mutation of rsbU could repress transcription of sigB and its targeted downstream gene (ica/sarA/agr) crucial for bacterial biofilm formation [62,74]. Our findings that a similar dose/time-dependently repressed transcription of rsbU/sigB/agrA/sarA/icaA/cidA in the response of *S. aureus* cells to CBLEO (Figure 7) ran parallel to the reduced biofilm formation (Figure 5A), of which the transcriptions of rsbU (64.94 %–92.01 %) and sigB (48.98 %–88.02 %) were significantly down-regulated (Figure 7C, F), revealed that both RsbU and SigB may be key regulator in controlling biofilm formation of *S. aureus* cells exposed to CBLEO. This fact was supported by previous results that rsbU or sigB mutation increased expression of protease gene and reduced biofilm formation [71,73]. Hence, CBLEO-mediated transcriptional repressions of RsbU and SigB may be as pivotal antibacterial targets against *S. aureus*. Yet, the actual mechanism by which essential oil repressed transcription of virulence regulators destined for biofilm formation inhibition remains unknown.

ROS-mediated oxidative stress could cause AgrA oxidation to loss regulatory activity [24,25], and the mutation of rsbU, sigB, agrA or sarA in *S. aureus* increased susceptibility to oxidative stress

and inhibited biofilm formation [24,71]. Given a negative correlation among massive accumulation of ROS and protein oxidation (Figure 4B, C), low transcript of *rsbU/sigB/agrA/sarA/icaA/cidA* (Figure 7), less formation of biofilm (Figure 5A) and notable inhibition of bacterial growth (Figure 1) in *S. aureus* exposed to CBLEO, it seems clear that CBLEO-induced growth inhibition of *S. aureus* was attributed likely to limitation of biofilm formation via depressing transcriptions of virulence-related regulators caused by ROS accumulation, which may confer the key acting mechanism of CBLEO on *S. aureus*, coincided with antibacterial effect of essential oil on *P. aeruginosa*, *C. violaceum* and *E. coli* [9,18]. Our results were also consistent with previous results showing that the treatments of antibacterial agents (linezolid, benzimidazole and vancomycin) could cause oxidative stress, leading to transcription repression of virulence-related gene with protease activity increase destined for biofilm formation inhibition in several pathogens [71,75,76]. All these indicated that ROS-mediated oxidative stress could be a critical initiator to cause transcription repression of key regulators (*RsbU* and *SigB*) and its targeted genes during exposure of *S. aureus* to CBLEO with biofilm formation decrease, and eventually leading to bacterial growth.

Altogether, collaborative transcription repression of virulence-related genes, effective increase of protease activity, and notable inhibition of biofilm formation, may responded specifically to an increase of ROS-induced oxidative stress in *S. aureus* during exposure to CBLEO, of which *RsbU/SigB*-mediated transcription regulatory system may contribute mostly to bactericidal effect of CBLEO against *S. aureus*.

4. Materials and Methods

4.1. Plant materials

The *C. burmannii* leaves were collected from plus tree with high borneol (accession CB01) locating at our planting base (Guangdong Huaqingyuan Biotechnology Co. LTD) of Guangdong Province (E115°50'1", N24°28'28"), China [41].

4.2. Extraction of essential oil and analysis of chemical components of CBLEO

Essential oil was extracted by steam distillation, and the fresh leaves (about 50 g) were powdered and subjected to hygro-distillation using a modified Clevenger-type apparatus for 5 h [77]. The obtained oils were collected, measured and dried over with anhydrous Na_2SO_4 , and then stored in a sealed tube at -20°C for further use. The essential oil yield (1.61 %) was calculated as the percentage (% , w/w) of fresh leaves [8].

Detection of chemical components by GC-MS was performed on GCMS-QP2020W/O gas chromatograph (Shimadzu, Japan), equipped with SH-R \times ITM-5SIL MS column (30 m \times 0.25 mm, 0.25 μm) [77]. The temperature program was as follows: from 70°C to 160°C at $2^\circ\text{C}/\text{min}$ and hold for 2 min, then increased to 220°C at $10^\circ\text{C}/\text{min}$ and kept for 5 min. The carrier gas was nitrogen at 1.19 mL/min. The GC inlet was set in a splitting mode with split ratio 1:20 and at 230°C and 1.0 μL of diluted samples (1/10, v/v, in hexane) were injected. The quadrupole MS operating parameters: interface temperature 200°C ; electron impact ionization at 70 eV with scan mass range of 45–450 m/z. Identifications of volatile compounds were based on the Mass Spectral Library database and retention indices of authentic reference standards.

4.3. Bacterial strains and culture

Seven representative food-borne pathogens were used for antibacterial activity assay, including four Gram-negative bacteria of *Pseudomonas aeruginosa* (CICC 21636), *Escherichia coli* (CICC 10389), *Salmonella* (CICC 10982) and *Enterobacter aerogenes* (CICC 10293), and three Gram-positive bacteria of *Staphylococcus aureus* (CICC 10384), *Bacillus subtilis* (CICC 10275) and *Listeria monocytogenes* (CICC 21633).

To assess antibacterial activity of CBLEO on foodborne pathogens, the tested bacterial suspensions were prepared in nutrient broth (NB), expect for brain heart infusion (BHI) for *L.*

monocytogenes, and incubated at 37 °C for 24 h. Each strain inoculum was suspended in 0.85 % of sterile saline to obtain a standard microbial density (about 10⁷ CFU/mL).

4.4. Assessment of antibacterial activity of CBLEO

4.4.1. Detection of diameter of inhibition zone (DIZ)

DIZ detection by agar disc diffusion was applied to screen antimicrobial activity of CBLEO [8]. Each strain inoculum (100 µL, 10⁷ CFU/mL) was coated on the culture medium surface (BHI for *L. monocytogenes*, NB for other bacteria), and the sterile 6 mm paper disc impregnated with CBLEO (10 µL, 50 mg/mL) was placed on medium surface. After the incubation at 37 °C for 24 h, antimicrobial activity was determined by a clear zone around the disc, and the DIZ was detected. Ampicillin (10 µg/disc, 10 mg/mL) and sterile distilled water (10 µL) were used as the positive and negative controls, respectively.

4.4.2. Determination of minimum inhibitory (MIC) and bactericidal concentration (MBC)

Microdilution method was used to detect the MIC and MBC of CBLEO [8]. A series of two-fold dilutions of CBLEO (0.125–32 µg/mL) were added into bacteria suspension (1×10⁷ CFU/mL) in the wells of a sterile microplate, and cultured overnight at 37 °C. The lowest concentration of CBLEO that showed no visible bacteria growth was defined as the MIC, and the MBC was expressed as the lowest concentration of CBLEO required to kill bacteria. Ampicillin was applied as reference antibacterial agent.

4.5. Analysis of bacterial growth kinetics of *S. aureus*

Antibacterial kinetics assay was used to assess antibacterial mechanism of CBLEO on *S. aureus* (the most susceptible strain) [6]. In order to increase CBLEO solubility, the stock CBLEO was prepared in 4 % dimethyl sulphoxide (DMSO) [51] to obtain five different doses (1/8×MIC, 1/4×MIC, 1/2×MIC, 1×MIC, and 2×MIC), and then was respectively added into *S. aureus* (100 mL, 10⁷ CFU/mL). After incubating for 3, 6, 9, 12, 15, 18, 21 and 24 h, the collected suspension was used to detect optical density (OD) at 600 nm by ultraviolet spectrophotometer (Agilent Cary 3500, USA). The growth kinetic curve of *S. aureus* was elaborated by drawing the lg number of CFU/mL versus incubated time [8].

4.6. Analysis of antibacterial mechanism of CBLEO on *S. aureus*

4.6.1. Cell membrane permeability

Detection of electric conductivity using an electrical conductivity meter (DDS-11D, China) was used to evaluate impact of CBLEO on cell membrane permeability of *S. aureus*, and the result was defined as the relative electric conductivity. All analyzed procedures (including *S. aureus* cell isolation, isotonic bacteria preparation and electric conductivity detection) were based on our previous method [8].

4.6.2. Integrity of cell membrane

The membrane integrity of *S. aureus* cells was evaluated by detecting the leakage of intracellular nucleic acid and protein [8]. *S. aureus* cells (1×10⁷ CFU/mL) were incubated at 37 °C with CBLEO at different levels (1/2×MIC, 1×MIC and 2×MIC) and times (0-8 h), and the samples were collected at different times for centrifugation (10,000 rpm) at 4 °C for 10 min. The obtained supernatants were used to detect the amounts of nucleic acid and protein using ultraviolet spectrophotometer (Agilent Cary 3500, USA). The detected result of nucleic acid was expressed as the absorbance value at 260 nm (OD₂₆₀), and the amount of protein was standardized to the used amount of *S. aureus* cells (µg/mg).

4.6.3. Cell wall damage

The impact of CBBLEO on cell wall damage of *S. aureus* was analyzed by detecting release of alkaline phosphatase (AKP) [78]. Different doses (1/2×MIC, 1×MIC and 2×MIC) of CBLEO were added into *S. aureus* cells (10⁷ CFU/mL) and incubated at 37 °C, and then the supernatants collected from different times (0-8 h) were used for the detection of AKP activity by commercial kit (RS0904F, Redshineen Biotech, China). The AKP activity was standardized to the used amounts of *S. aureus* cells and expressed as U/L.

4.6.4. Scanning electron microscope (SEM) analysis

The impact of CBLEO on cell morphology of *S. aureus* was tested by SEM assay [16]. The *S. aureus* suspension (10⁷ CFU/mL) was added into CBLEO (1×MIC), and the group added equal amount of absolute ethanol was applied as the control. After 2 h of incubation, the collected cells were washed with phosphate-buffered saline buffer, and then fixed in glutaraldehyde (2.5 %) at 4 °C for 12 h, followed by dehydration under the different levels of ethanol gradient (30, 50, 80, 90 and 100 %). The specimens were dried at critical point of CO₂ and coated with gold-palladium by Polaron E5100 II (Polaron Instruments Inc., Hatfield, CA). Finally, the samples were observed with a scanning electron microscopy (SEM, JSM-7001F, JEOL, Japan) at voltage of 10 kV.

4.6.5. Analyses of cellular protein oxidation and ROS and MDA production

Oxidative stress and lipid peroxidation of *S. aureus* induced by CBLEO were assessed by detecting the amounts of ROS generation and protein oxidation (two key markers of oxidative stress) and MDA accumulation (a marker of lipid peroxidation) [8,57]. *S. aureus* cells (10⁷ CFU/mL) were detected at incubation (37 °C) with different doses (1/2×MIC, 1×MIC and 2×MIC) and times (0-8 h) of CBLEO, and the samples were collected and then centrifugated at 4 °C for 10 min under 10,000 rpm. The obtained cell pellets were used to determine protein carbonyl, ROS and MDA by using assay kits of ab126287, ab113851 and ab118970 (Abcam, China), respectively. The ROS amount was given in fold of untreated controls, and the protein carbonyl content (protein oxidation product) was standardized to the used amount of *S. aureus* cells and defined as nmol/mg. The MDA content was also standardized to the used amounts of *S. aureus* cells, and expressed as nmol/mg.

4.7. Change in bacterial total protein

The *S. aureus* cells (10⁷ CFU/mL) were incubated with different doses of CBLEO at 37 °C, and the samples were collected respectively from different times (0-8 h), and then centrifuged at 10,000 rpm for 10 min under 4 °C, the obtained cell pellets were used for the detection of total protein amount by using BCA Protein Assay Kit (102536, Abcam). The result was standardized to the used amounts of *S. aureus* cells and expressed as µg/mg.

4.8. Total protease assay

Total protease activity was detected in the above obtained cell pellets of *S. aureus* by analysis kit (ab111750) according to the manufacturer's instructions, and the fluorescein isothiocyanate (FITC)-labeled casein was used as a general substrate. The protease activity was standardized to the used amounts of cell total protein and expressed as U/mg protein using BSA as standard. One unit (U) was defined as the amount of protease that cleaves substrate to yield an amount of fluorescence equivalent to 1.0 µmol of unquenched FITC per min at 25 °C.

4.9. Analysis of virulence-associated gene expression

Total RNA of *S. aureus* was extracted by RNAprep Cell/Bacterial kit (Tiangen, China), and was reverse transcribed by PrimeScript™ RT reagent kit (Takara, Japan). The qRT-PCR was performed on BIO-RAD CF× Connect™ Real-Time System using SYBR Green qPCR Mix (Biomarker, China). All amplified primers used for the detection for virulence genes were listed in Table S1, and 16S rRNA was used as internal reference. The relative expression value of target genes in comparison with

reference gene was counted by $2^{-\Delta\Delta Ct}$ method [9], and the expression level in *S. aureus* from the treatments of different doses of CBLEO at 0 h was arbitrarily set to 1.00 for standardization.

4.10. Assay of antibiofilm activity

The impact of CBLEO on biofilm formation of *S. aureus* was assessed by a microtiter plate assay [18]. An overnight culture of *S. aureus* was added into a 96-well dish containing 200 μ L of LB broth supplemented with various levels of CBLEO. After incubation at 37 °C for 1–8 h, the bacterial cells were washed with PBS to remove all unattached cells and media components, and then 250 μ L crystal violet staining solution (0.1 %) was added and incubated for 20 min at 25 °C. After this, the plates were washed with PBS buffer for 2–3 times, and solubilized with ethanol. The absorbance at 570 nm (OD_{570}) was detected in CBLEO-treated (different concentrations) or control sample from 0–8 h, of which the value of OD_{570} at 0 h was arbitrarily set to 1.00 for standardization, and the result was defined as fold change.

4.11. Assay of binding activity of CBLEO to bacteria genome DNA

The binding activity of CBLEO to genomic DNA of *S. aureus* was tested by agarose gel electrophoresis method [79]. Genomic DNA of *S. aureus* was isolated by TIANamp Bacteria DNA Kit (Tiangen, China), and the value of OD_{260} was measured to calculate DNA concentration. An aliquot (100 ng) of genome DNA was incubated with CBLEO at different doses (1/2×MIC, 1×MIC, 2×MIC, 4×MIC, 8×MIC and 16×MIC) at 37 °C for 0.5, 1, 3 and 5 h under darkness, and each incubated mixture (5.0 μ L) was loaded to run agarose gel electrophoresis. The bacteria treated by PBS was used as the control.

4.12. Statistical analysis

All the results were recorded as mean \pm SD (standard deviation) three independent replicates, and analyzed by ANOVA employing Student's test at $P < 0.05$. All statistical assays were performed by IBM SPSS Statistics 25 software.

5. Conclusions

In this work, the *C. burmannii* leaf essential oil (CBLEO) was identified with diverse volatile compounds and high amount of borneol as well as good antibacterial activity, and *S. aureus* was the most susceptible pathogen. CBLEO could act as a strong inducer for ROS accumulation and oxidative stress of *S. aureus*, causing cell structure damage, giving rise to effective repression of virulence-related gene transcription with a significant inhibition of biofilm formation destined for growth inhibition of *S. aureus*. Notably, the comparative association among ROS accumulation, virulence-associated gene transcription, protease production, biofilm formation and bacterial growth in *S. aureus* cross different doses and times of CBLEO treatment had led to the identification of RsbU and SigB as important transcriptional regulator crucial for bacterial biofilm formation and growth inhibition. RsbU/SigB-mediated repression of biofilm formation caused by CBLEO-oxidative stress may be as key antibacterial target against *S. aureus*. Our findings should provide valuable information for those studying the acting mechanism of essential oil against pathogens. Further research focused on exploration of functional attribute (especially for borneol) of essential oil from *C. burmannii* leaf in food practical utilization as a natural antibacterial agent.

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org.

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