

Review

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Review

Optical Intracranial Self-Stimulation (oICSS): A New Behavioral Model for Studying Drug Reward and Aversion

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Abstract: Brain-stimulation reward, also known as intracranial self-stimulation (ICSS), is a commonly used procedure for studying brain reward function and drug reward. In electrical ICSS, an electrode is surgically implanted into the medial forebrain bundle in the lateral hypothalamus or the ventral tegmental area in the midbrain. Operant lever responding leads to the delivery of electrical pulse stimulation. The alteration in the stimulation frequency-lever response curve is used to evaluate the impact of pharmacological agents on brain reward function. If a test drug induces a leftward or upward shift in the ICSS response curve, it implies a reward-enhancing or abuse-like effect. Conversely, if a drug causes a rightward or downward shift in the functional response curve, it suggests a reward-attenuating or aversive effect. A significant drawback of electrical ICSS is the lack of cellular selectivity in understanding the neural substrates underlying drug reward *versus* aversion. Excitingly, recent advancements in optical ICSS (oICSS) have facilitated the development of at least three cell type-specific oICSS models – dopamine-, glutamate-, and GABA-dependent oICSS. In these new models, a comparable frequency-rate response curve has been established and employed to study the substrate-specific mechanisms underlying brain reward function and a drug's rewarding *versus* aversive effects. In this review article, we summarize recent progress in this exciting research area. The findings in these new behavioral models have not only increased our understanding of the neural mechanisms underlying drug reward and addiction but have also introduced a novel experimental approach in preclinical medication development for treating substance use disorders.

Keywords: intracranial self-stimulation; brain-stimulation reward; optogenetics; optical ICSS; reward; aversion; drugs of abuse; new psychoactive substances

Introduction

Brain Stimulation Reward (BSR) or Intracranial Self-Stimulation (ICSS) is a classical experimental paradigm used to study the neural substrates underlying reward processes and motivated behavior [1-3]. BSR is the pleasurable experience induced by direct stimulation of brain reward regions, while ICSS is an operant behavior producing BSR. This technique can be traced back to the 1950s when Olds and Milner introduced the concept that electrical stimulation of certain brain regions could induce pleasurable experiences in rats, giving birth to the intriguing realm of ICSS[4]. Over time, researchers identified key structures supporting this ICSS, including the lateral hypothalamus, the middle forebrain bundle (MFB), and the ventral tegmental area (VTA) in the midbrain [5-9].

The ICSS procedure has since become a versatile tool with a multitude of applications. Firstly, it has been extensively utilized to dissect the neural substrates and circuits responsible for brain reward function[1, 4, 9]. In this procedure, subjects are given a condition to operantly respond to electrical stimulation of a specific brain region using a box with two levers or nose pokes – one active contingent to electrical stimulation and another being inactive without consequence upon responding. The number of active responses and the discrimination between active and inactive

levers or nose pokes are crucial measures. If a subject makes more active responses to obtain stimulation, it suggests that the targeted brain region supports positive ICSS, indicating its involvement in positively reinforcing effects [5, 7, 10]. Thus, the ICSS procedures have provided a unique way to investigate the anatomical basis of brain reward function and motivated behavior. Secondly, ICSS has been extensively used to evaluate a drug's rewarding or reward-attenuating effects [1, 8, 11, 12]. Changes in the stimulation-response curve of ICSS are used to quantitatively measure drug-induced changes in BSR [5, 13-15] (Figure 1). Thirdly, the ICSS procedure has also been used to evaluate the abuse potential of new psychostimulant substances and the therapeutic potential of novel compounds for treating substance use disorders [1, 9, 14]. As many drugs of abuse enhance BSR in ICSS, the antagonism of novel compounds on addictive drug-enhanced BSR serves as a crucial indicator of therapeutic effects [15-18].

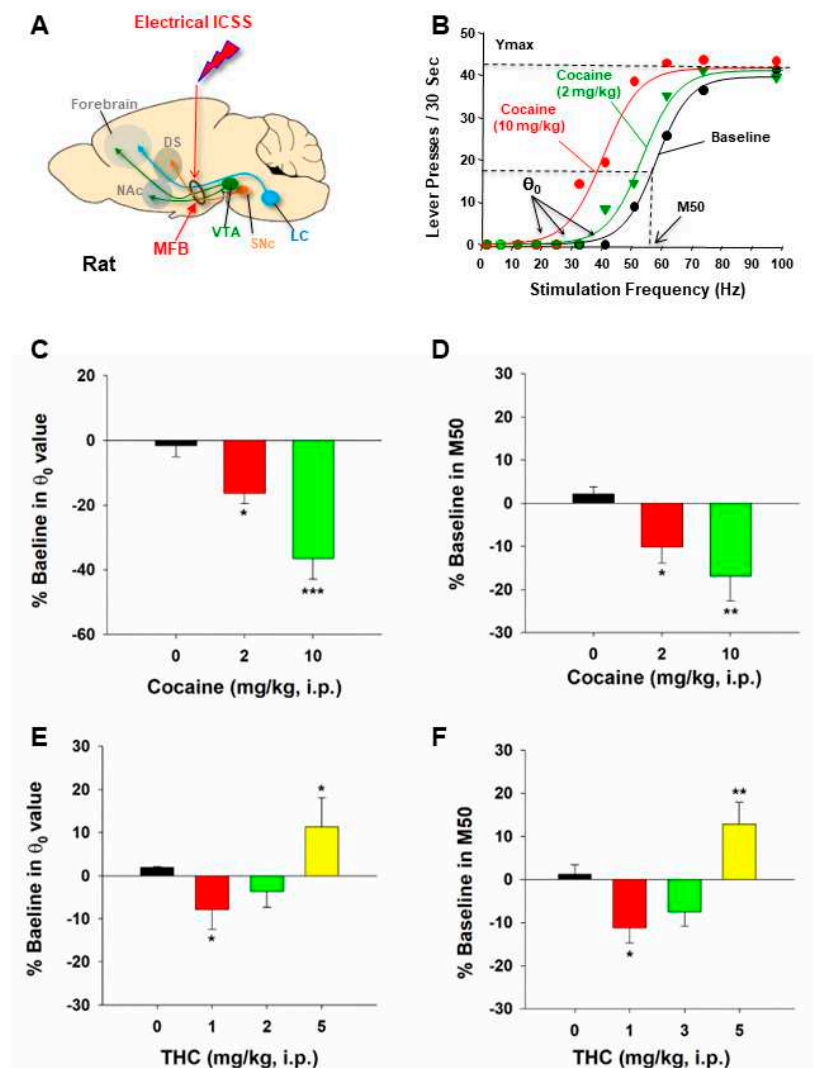


Figure 1. The effects of cocaine and THC on electrical brain-stimulation reward (BSR) in rats. (A) A diagram illustrates the medial forebrain bundle at the anterior-posterior level of the lateral hypothalamus and the location of a stimulation electrode for electrical BSR. (B) Representative stimulation-response curves, indicating that systemic administration of cocaine shifted the stimulation-response curve to the left and decreased the BSR stimulation threshold (θ_0) and M50. (C, D) The effects of cocaine on the mean (\pm SEM) values of BSR stimulation threshold (θ_0) (C) and M50 (D), indicating that cocaine dose-dependently shifted the frequency-rate response curve to the left and decreased the θ_0 and M50 values. (E, F) The effects of THC on the mean (\pm SEM) values of θ_0 (E) and M50 (F), indicating that THC produced biphasic effects – THC, at a low dose (1 mg/kg, i.p.) shifted the frequency-rate response curve to the left and decreased the θ_0 and M50 values, while, at a

high dose (5 mg/kg), THC shifted the curve to the right and increases θ_0 and M50 values.* $p < 0.05$, ** $p < 0.01$, compared to the vehicle control group; one-way ANOVA followed by post-hoc Student–Newman–Keuls tests for multiple group comparisons. Adapted from Xi et al., 2010 and Spiller et al., 2019 [14, 113].

However, despite its broad implications, the lack of cell type specificity in electrical ICSS has been a significant drawback in studying neural mechanisms underlying brain reward processes and addiction [1, 19, 20]. As the MFB contains both ascending and descending fiber projections between the brainstem and the forebrain and the VTA contains multiple phenotypes of neurons [21–23], electrical stimulating the MFB or VTA results in the release of various transmitters from diverse cell types in multiple brain regions.

The recent development of optogenetics has provided a promising solution to this challenge. By introducing opsins, light-sensitive proteins, researchers can make genetically defined populations of cells light-sensitive [24, 25]. This revolutionary technique allows us to selectively manipulate (activate or inactivate) specific types of neurons or their projection terminals to determine their role in reward processes and addiction [20, 26, 27]. For instance, stimulation of the mesolimbic DA system with optogenetics has confirmed the crucial role of DA or DA-related circuits in reward and motivation [23, 28–30]. In addition to DA, optogenetic stimulation of glutamate or GABA neurons in distinct brain regions has also been shown to produce optical ICSS (oICSS) [30–34], supporting positive reinforcement effects. However, it is worth noting that most studies utilizing optogenetics have employed a single stimulation frequency or intensity to determine which types of neurons, when activated, are able to produce rewarding effects. oICSS has not been used to study drug effects on oICSS until 2017 when we first introduced the stimulation frequency-rate response curve of oICSS, akin to the one used in electrical ICSS (Figure 1), to a study to determine how the drugs of abuse such as cocaine and cannabinoids differentially alter the brain reward function in transgenic VgluT2-Cre mice [13]. This innovative approach represents a significant step forward, as it allows us to quantitatively evaluate the effects of substances on oICSS, mirroring the established methods in electrical ICSS. In this minireview article, we first review the principle of the frequency-rate response of oICSS for studying drug reward and aversion. Subsequently, we review recent progress in studying the effects of drugs of abuse and other drugs on specific neurotransmitter-mediated oICSS. Lastly, we discuss the implications of this novel technique in future studies.

Principles of oICSS for studying drugs of abuse

The general experimental methods involve the introduction of opsins, light-sensitive proteins, into specific neurons or their projection terminals [24, 25]. This genetic modification renders these populations of cells light-sensitive, allowing for precise control through optogenetic stimulation. The technique has been pivotal in studying cell type-specific neural mechanisms underlying brain reward function and motivation [28].

Traditionally, the rate-frequency curve-shift procedure has been a standard method in assessing drug effects in electrical ICSS. In this procedure, the effects of drugs of abuse on ICSS behavior are evaluated through parameters such as θ_0 (the minimally required stimulation frequency), Y_{max} (the maximal rate of lever response), and M50 (the stimulation frequency for half maximal reward efficacy) (Figure 1B) [14, 15, 35, 36]. Drugs of abuse, such as cocaine and amphetamine, cause a decrease in the stimulation threshold for electrical BSR and shift the stimulation–response curve leftward or upward immediately after acute administration. Similarly, systemic administration of GBR12935 (a selective DAT inhibitor) or SKF82958 (a DA D1R-like agonist) also produces a dose-dependent decrease in BSR threshold and a leftward or upward shift of the eICSS curve [1, 8]. These findings suggest that cocaine, DAT inhibitors, or D1R agonists each potentiate the rewarding effects of ICSS. In contrast, withdrawal from chronic cocaine or nicotine administration is associated with depression-like effects and deficits in brain reward function, as assessed by BSR threshold elevation or a rightward shift of electrical ICSS [37, 38]. Based on these findings, a well-accepted assumption is that if a test drug, such as cocaine, causes a decrease in θ_0 and M50 values or a leftward or upward

shift of the stimulation–response curve, it indicates enhanced BSR and a summation between BSR and drug reward [1, 14, 19] (Figure 1C,D). In contrast, if a drug, such as Δ^9 -THC, produces an increase in θ_0 or M50 value or a rightward or downward shift in ICSS curve, it is often interpreted as producing reward-attenuation or aversive effects [1] (Figure 1E,F).

Similarly, the adoption of this approach in oICSS studies, with a focus on a shift of the stimulation-rate response of oICSS, provides a quantitative framework for evaluating drug-induced changes in neurotransmitter-dependent oICSS. The same assumption is used in oICSS. If a drug, such as cocaine, also causes a leftward or upward shift of the stimulation-response curve, it indicates enhanced BSR. Conversely, if a drug, such as Δ^9 -THC, produces a rightward or downward shift in the oICSS curve, it indicates the drug producing reward-attenuation or aversive effects.

DA-dependent oICSS and its implications in studying drug reward versus aversion

Extensive research has focused on the functional roles of VTA DA neurons in reward processes. These neurons play distinct roles in both positive and negative reinforcement, resulting in preference and avoidance behaviors, respectively [20, 28, 39-41]. VTA DA neurons exhibit increased activity in response to both rewarding and aversive stimuli [41, 42], suggesting physiological implications of these neurons in diverse and even conflicting environmental settings. Despite the complicated responses of DA neurons to seemingly conflicting cues, acute activation of these neurons leads to positive reinforcement and behavioral preference [28, 29].

In 2011, Witten et al. first reported that selective optogenetic activation of VTA DA neurons in TH-Cre mice supported oICSS [43]. Subsequent research over the following decade has confirmed previous findings regarding the role of DA neurons in the VTA and substantia nigra (SN) in driving positive ICSS and reinforcement in rats and mice [44-47] (Table 1, Figure 2). However, projection-specific optogenetic manipulations indicated that VTA dopaminergic projections to sub-regions of the NAc may play different roles in reinforcement – VTA neurons that primarily project to the NAc core support positive oICSS, while a subpopulation of VTA neurons that project to the NAc shell do not [48], revealing previously unexpected complexities in neural pathways of reinforcement.

Table 1. Neural substrates underlie oICSS when activated.

Animals	Brain region	Targeted Neurons	Opsins	Stim. Frequency	Finding	References
Dopamine-dependent oICSS						
TH-Cre rats	VTA	DA	ChR2	20 Hz	oICSS	[43, 115]
TH-Cre mice	VTA, SNc	DA	ChR2	25 Hz	oICSS	[47, 116]
TH-Cre mice	VTA	DA	ChR2	20 Hz	oICSS	[117]
TH-Cre	VTA	DA	ChR2	20 Hz	oICSS	[118-122]
DAT-Cre mice	VTA-NAc	DA terminals	ChR2	30 Hz	oICSS	[123]
DAT-Cre	SNc	DA	ChR2	50 Hz	oICSS	[124]
DAT-Cre mice	VTA	DA	ChR2	1, 5, 10, 25, 50, 100 Hz	oICSS	[17, 18, 44-46]
DAT-Cre, Crhr1-, Cck-, mice	VTA	DA	ChR2	20Hz	oICSS	[48]
DAT-Cre mice	VTA	DA	ChR2	1, 5, 10, 20, 25, 50, Hz	oICSS	[125]
DAT-Cre mice	VTA	DA	ChR2	1, 5, 10, 20, 25, 50, 65 Hz	oICSS	[126]
DAT-Cre mice	VTA	DA	ChR2	20 Hz	oICSS	[127]
DAT-Cre mice	NAc, PFC	DA terminals	ChR2	20 Hz	oICSS	[127]
DAT-Cre	VTA	DA	ChR2	40 Hz	oICSS	[128]
D1-Cre	Dentate gyrus	DA				
Glutamate-dependent oICSS						
C57 WT mice	BLA-VTA	Glutamate	ChR2	20 Hz	oICSS	[129]
C57 WT mice	vHipp-NAc	Glutamate	ChR2	20 Hz	oICSS	[130]

VgluT2-Cre mice	VTA	Glutamate	ChR2	20 Hz	oICSS	[32]
<i>Thy1-ChR2-EYFP mice</i>	NAc	Glutamate terminals	ChR2	20 Hz	oICSS	[131]
<i>VgluT2-Cre mice</i>	Pedunculo pontine	Glutamate	ChR2	10, 20, 30, 40 Hz	oICSS	[132]
VgluT2-Cre mice	VTA	Glutamate	ChR2	1, 5, 10, 25, 50, 100 Hz	oICSS	[13]
VgluT2-Cre mice	DMS,	Glutamate terminals	ChR2	20 Hz	oICSS	[133]
VgluT2-Cre mice	NAc	Glutamate terminals	ChR2	40 Hz	oICSS	[71]
VgluT2-Cre mice	VTA	Glutamate	ChR2	10, 20, 30, 40 Hz	oICSS	[33]
VgluT2-Cre mice	VP, NAc, LHb	Glutamate terminals	ChR2	10, 20, 30, 40 Hz	oICSS	[33]
VgluT2-Cre mice	RN	Glutamate	ChR2	20 Hz	oICSS	[17]
VgluT2-Cre mice	VTA	Glutamate terminals	ChR2	20 Hz	oICSS	[17]
VgluT2-Cre mice	Parabrachio-SNc	Glutamate terminals	ChR2	20 Hz	oICSS	[134]
GABA-dependent oICSS						
C57 WT	NAc	GABA	ChR2	20 Hz	oICSS	[130]
Vgat-Cre	SNr,	GABA	Halo	Constant, 20 s	oICSS	[46]
Vgat-Cre	SNr	GABA	Arch3	Constant, 3 s	oICSS	[102]
D1-Cre mice	DS	D1-MSNs	ChR2	Constant, 1 s	oICSS	[101]
D1-Cre mice	DS	D1-MSNs	ChR2	40Hz	oICSS	[102]
D1-Cre mice	DS	D1-MSNs	ChR2	5 Hz	oICSS	[103]
D1-Cre mice	NAc	D1-MSNs	ChR2	25 Hz	oICSS	[104]
Other substance-dependent oICSS						
ePet-Cre mice	DRN	5-HT	ChR2	5, 20 Hz	oICSS	[135]
ePet-Cre mice	DRN	5-HT	ChR2	20 Hz	oICSS	[117]
SERT-Cre mice	DRN, 5-HT neurons	5-HT	ChR2	40 Hz	oICSS	[102]
Tac2-Cre mice	dMHb	Neurokinin-expressing	ChR2	20 Hz	oICSS	[136]
D1-Cre	LC-DG	D1-expressing	ChR2	20 Hz	oICSS	[137]

Abbreviations: VTA, ventral tegmental area; NAc, nucleus accumbens; DS, dorsal striatum; SNc, substantia nigra pars compacta; SNr, substantia nigra pars reticulata; PFC, prefrontal cortex; BLA, basolateral amygdala; DRN, dorsal raphe nucleus; LC, locus coeruleus; DG, dentate gyrus; dMHb, dorsal medial habenula; D1-MSNs, D1 receptor-expressing medium-spiny neurons; 5-HT, serotonin; DAT-Cre, Cre recombinase expressed in dopamine transporter (DAT)-expressing neurons; TH-Cre, Cre recombinase expressed in tyrosine hydroxylase (TH)-expressing neurons; ePet-Cre, Cre recombinase expressed in serotonergic neurons; SERT-Cre, Cre recombinase expressed in serotonin transporter (SERT)-expressing neurons; VgluT2-Cre, Cre recombinase expressed in type 2 vesicular glutamate transporter (VgluT2)-expressing neurons; Vgat-Cre, Cre recombinase expressed in vesicular GABA transporter (GAT)-expressing neurons

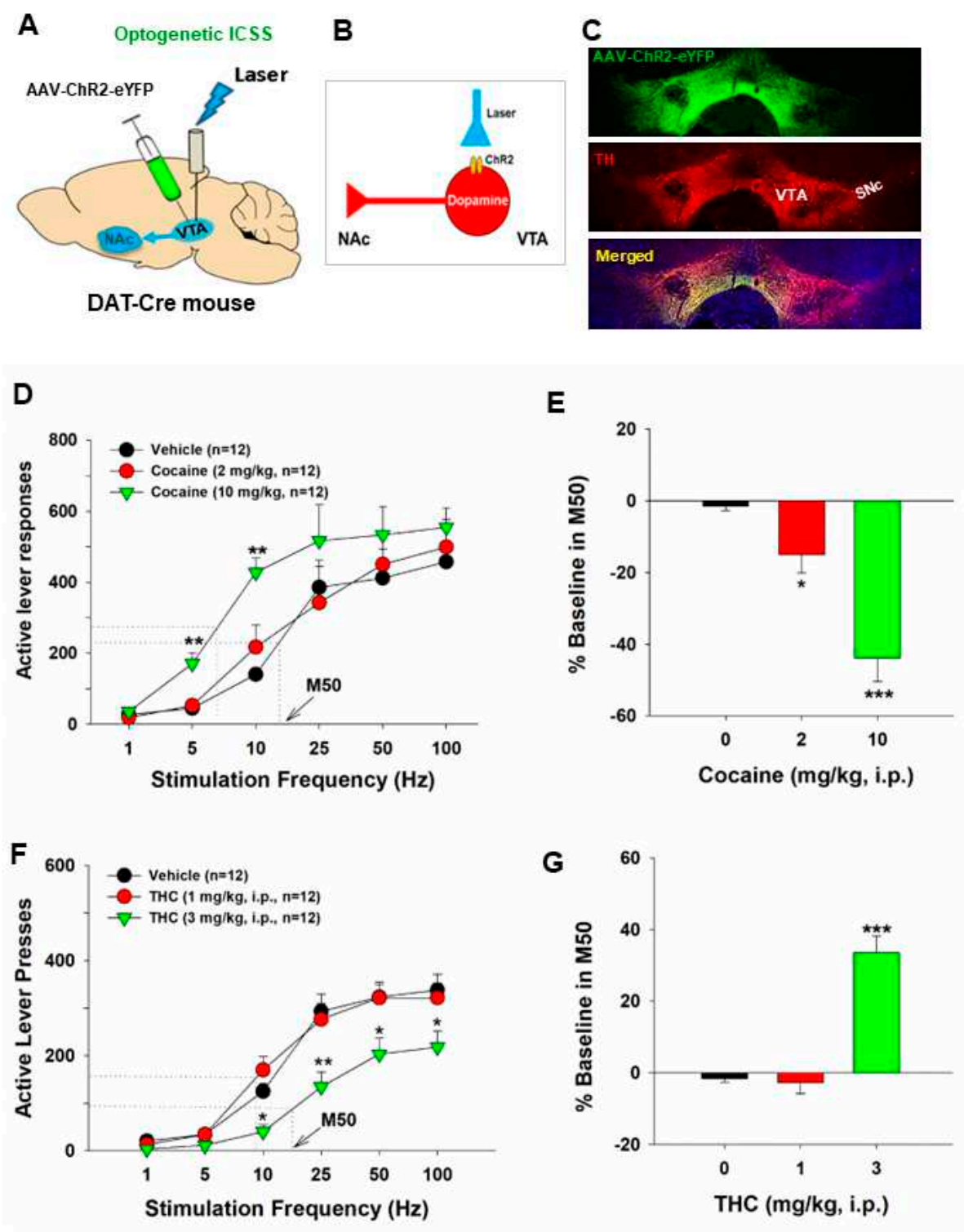


Figure 2. Optical intracranial self-stimulation (oICSS) experiment in DAT-Cre mice. (A) Schematic diagrams illustrating that AAV-ChR2-eYFP vectors were microinjected into the lateral VTA and optical fibers (i.e., optrodes) were implanted in the same brain region. (B) A diagram illustrates AAV-ChR2 is expressed on VTA DA neurons, which can be activated by 473 nm laser. (C) Representative images of AAV-ChR2-eYFP and TH expression in the VTA. (D) the stimulation-rate response curves, indicating that optogenetic activation of VTA DA neurons induced robust oICSS behavior (lever presses) in DAT-Cre mice in a stimulation frequency-dependent manner. Systemic administration of cocaine shifted the frequency-rate response curve to the left and decreased M50 values. (E) Cocaine-induced % changes in M50 over pre-cocaine baseline. (F) Effects of THC on DA-dependent oICSS.

Systemic administration of THC dose-dependently shifted the curve to the right and increased M50 values. (G) THC-induced % changes in M50 over pre-THC baseline. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$, compared with the vehicle control group. Adapted from Hempel et al., 2023 and Jordan et al., 2020 [58, 114].

As stated above, the frequency-rate ICSS procedures have been used as a tool for testing drug abuse potential for decades. Several previous review articles have summarized the major findings of the effects of drugs of abuse on electrical ICSS [1, 2, 5, 10, 19]. Most previous studies observed the effects of acute drug administration on electrical ICSS [1, 8]. For example, acute administration of cocaine or methamphetamine produced a dose-dependent leftward or upward shift in the frequency-rate curve [1]. In contrast, opioids produced mixed effects – highly addictive opioids such as morphine and fentanyl weakly facilitated ICSS at low doses; but, at higher doses, they produced initial ICSS depression followed later by ICSS facilitation [1, 8]. Cannabinoids with CB1 and CB2 receptor agonist profiles produced little, biphasic, or depression of electrical ICSS in rats. An early study reported that THC facilitated ICSS in Lewis rats [49]. A later study from the same group found that THC facilitated ICSS in Lewis and Sprague-Dawley rats but not in Fischer 344 rats [50]. In contrast, other studies found that THC produced a dose-dependent biphasic effect – low doses facilitated, while high doses depressed ICSS in Sprague-Dawley or Long-Evans rats [14, 51] or produced monophasic dose-dependent depression of ICSS in Sprague-Dawley rats [12, 52]. Consistent with the latter finding, other cannabinoid agonists such as nabilone, levonantradol, CP55940, WIN55212-2, and HU210 produced only dose-dependent depression of ICSS in rats of various strains [11, 52, 53].

Utilizing the same frequency-rate response of oICSS, we investigated the impact of drugs of abuse on DA-dependent oICSS, yielding a series of novel findings. Acute administration of cocaine resulted in dose-dependent oICSS facilitation, evidenced by a leftward or upward shift and a reduction in M50 [18, 44, 45, 54] (Figure 2). Similarly, opioids such as oxycodone demonstrated dose-dependent biphasic effects – low doses facilitated, while high doses inhibited oICSS in DAT-cre mice [55]. These findings align with observations in electrical ICSS in rats. Notably, the BSR-enhancing effects of cocaine were more potent at low electrical or optical stimulation frequencies, suggesting that cocaine-enhanced extracellular DA via blockade of the DA transporter (DAT) may exhibit additive or synergistic effects with DA neuron activation produced by low-frequency stimulation.

We also employed oICSS as a novel behavioral tool to assess the abuse potential of novel DAT inhibitors such as JJC8-088 and JJC8-091. JJC8-088 induced a cocaine-like upward or leftward shift in oICSS in DAT-cre mice, implying potential cocaine-like abuse [54]. In contrast, JJC8-091 prompted a contrary downward shift in oICSS, suggesting potential therapeutic anti-cocaine properties [54]. Indeed, results from a series of behavioral, neurochemical, and electrophysiological experiments substantiate the findings and conclusions observed in oICSS [54].

Furthermore, we utilized oICSS to investigate potential abuse or aversive effects of novel DA D3 receptor ligands on DA-dependent oICSS behavior. Novel D3 receptor ligands (\pm)VK4-40 (a D3 receptor antagonist), R-VK4-40 (also a D3 receptor antagonist), and S-VK4-40 (a D3 receptor partial agonist) induced mild depression in oICSS, while their pretreatment functionally counteracted cocaine- or oxycodone-enhanced oICSS [55-57]. These findings not only suggest an essential role of the D3 receptor in mediating DA-mediated oICSS through the blockade of D3 receptors or by competing with excess DA binding to D3 receptors caused by optical stimulation but also provide additional evidence supporting the utility of these D3 receptor ligands for treating substance use disorders, with a potential low abuse risk themselves.

Additionally, we extensively employed this behavioral model to investigate the functional role of cannabis or cannabinoids on DA-dependent behavior. Our findings revealed that systemic administration of Δ^9 -tetrahydrocannabinol (Δ^9 -THC), WIN55212-2, but not cannabidiol, dose-dependently decreased oICSS responding and shifted oICSS curves downward. Similarly, cannabinoid ligands that selectively activated CB1 (by ACEA), CB2 (by JWH133), or PPAR γ (by pioglitazone) also induced dose-dependent reductions in oICSS [18, 45, 58]. Pretreatment with antagonists of CB1 (AM251, PIMSR), CB2 (AM630), or PPAR α/γ (GW6471, GW9662) receptors dose-

dependently blocked Δ^9 -THC-induced reduction in oICSS [18, 58]. However, when examining various new synthetic cannabinoids in this behavioral model, we found that XLR-11 produced a cocaine-like enhancement, AM-2201 produced a Δ^9 -THC-like reduction, while 5F-AMB had no effect on oICSS responding [45]. Together, these findings from oICSS suggest that most cannabinoids are not rewarding or reward-enhancing but rather reward-attenuating or aversive in mice, and multiple cannabinoid receptor mechanisms underlie cannabinoid action in mesolimbic DA-dependent behavior. These findings not only confirm some previous findings with electrical ICSS but also expand our understanding of the role of DA in cannabinoid action.

This newly established behavioral model has also been instrumental in cannabis-based medication development for treating substance use disorders (Table 2). In recent years, the cannabinoid CB2 receptor has emerged as a new target in medication development for the treatment of substance use disorders, as this receptor has been identified on midbrain DA neurons and implicated in drug reward and addiction [59-64]. Systemic administration of beta-caryophyllene (BCP), a plant-derived product with a CB2 receptor agonist profile and also an FDA-approved food additive, mildly depressed oICSS in DAT-cre mice [65-67]. Pretreatment with BCP dose-dependently inhibited oICSS-enhancing effects produced by cocaine, methamphetamine, and nicotine [65-67]. Although the neural mechanisms underlying BCP action in oICSS are not fully understood, the simplest explanation is that activation of CB2 receptors on DA neurons inhibits DA neuron activity, subsequently counteracting the DA-enhancing effects produced by optogenetic stimulation of DA neurons or drugs of abuse.

Table 2. Effects of drugs of abuse, dopaminergic ligands, and cannabinoids on oICSS.

Tested drugs	Mice	oICSS	Findings	References
Drugs of abuse				
Cocaine (5, 10, 15, 20 mg/kg)	DAT-cre	20 Hz	↓ oICSS by 20 Hz laser	[119]
Heroin (1, 2, 4, 8, 16, 32 mg/kg)	DAT-cre	20 Hz	↓ oICSS by 20 Hz laser	[121]
Cocaine (2, 10 mg/kg)	DAT-Cre	Frequency-rate (F-R) curve	↑ oICSS, Shift the F-R curve to the left	[57, 114]
Oxycodone (0.3, 1, 3 mg/kg)	DAT-Cre	F-R curve	↑ oICSS at low doses, ↓ oICSS at high doses, Shift the F-R curve upward or downward	[55]
DAT inhibitors				
JJC8-088 (DAT inhibitor)	DAT-Cre	F-R curve	↑ oICSS, Shift the F-R curve upward	[54]
JJC8-091 (Atypical DAT inhibitor)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[54]
Dopamine D3 receptor ligands				
(±)-VK4-40 (D3 antagonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[57]
R-VK4-40 (D3 antagonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[55]
S-VK4-40 (D3 partial agonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[56]
Cannabinoid receptor agonists				
THC	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[44]
THC	Vglut2-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[45]

WIN55,212-2	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[45]
AM-2201	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[45]
CBD	DAT-Cre	F-R curve	No effect on oICSS	[45]
ACEA (CB1 agonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[45]
JWH133 (CB2 agonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[44]
Xie2-64 (CB2 inverse agonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[114]
BCP (CB2 agonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[65-67]
GW7647 (PPARα agonist)	DAT-Cre	F-R curve	No effect	[58]
Pioglitazone (PPARγ agonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[58]
Cannabinoid receptor antagonists				
PIMSR (Neutral CB1 antagonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[18]
SR144528 (CB2 antagonist)	DAT-Cre	F-R curve	No effect on oICSS	[114]
GW6471 (PPARα antagonist)	DAT-Cre	F-R curve	↓ oICSS, Shift the F-R curve downward	[58]
GW9662 (PPARγ antagonist)	DAT-Cre	F-R curve	No effect on oICSS	[58]

Glutamate-dependent oICSS and its application in studying drug reward and addiction

The VTA is well-known for regulating reward consumption, learning, memory, and addiction [23, 68-71]. In addition to DA neurons, the VTA contains other types of neurons, including glutamate neurons and GABA neurons [23]. Unlike the well-studied functions of DA neurons, the role of VTA glutamate neurons is understudied. However, emerging studies have begun to reveal the importance of glutamate in regulating reward processes and addiction. In the brain, glutamate is synthesized from glutamine by glutaminase and then packaged into vesicles by vesicular glutamate transporters (VgluT) for its synaptic release [72]. Glutamate neurons in the VTA mainly express VgluT2 but not VgluT1 or VgluT3 [73, 74]. VgluT2-expressing glutamate neurons are mostly located in the anterior and middle line of the VTA [44, 73] and project to the NAc, ventral pallidum (VP), PFC, dorsal hippocampus (DH), and lateral habenula (LHb) [13, 33, 71, 74, 75] (Figure 3).

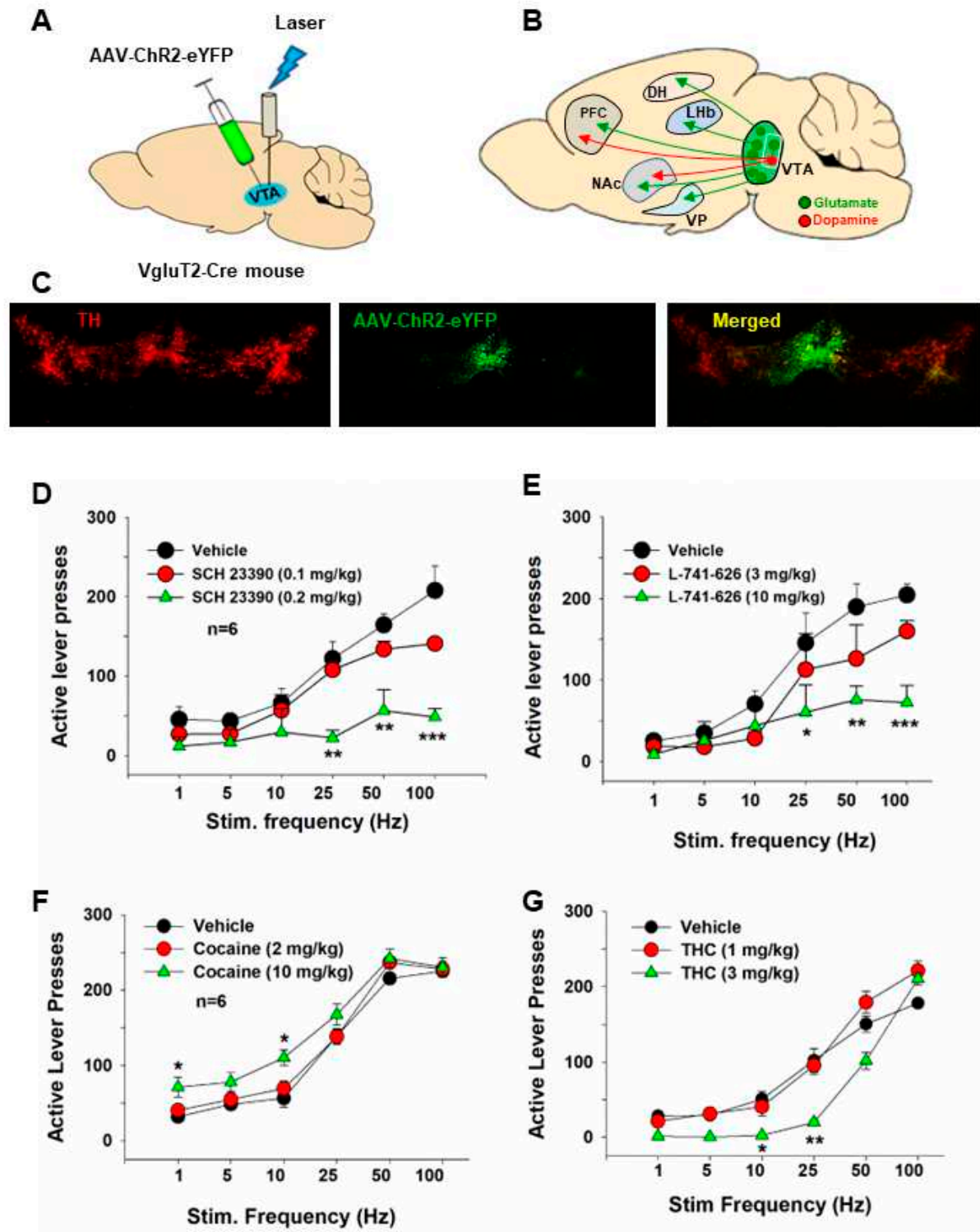


Figure 3. Optical intracranial self-stimulation (oICSS) experiment in VgluT2-Cre mice. (A) Schematic diagrams illustrating the target brain region (VTA) of the AAV-ChR2-GFP microinjection and intracranial optical fiber implantation. (B) Schematic diagram showing VTA glutamate projections. Within the VTA, some glutamate neurons locally synapse onto DA neurons. (C) Representative images of AAV-ChR2-EGFP expression in the medial VTA. (D, E) The stimulation frequency-rate response curve, indicating that optical stimulation of VTA glutamate neurons produced robust oICSS in VgluT2-Cre mice in a stimulation frequency-dependent manner. Systemic administration of SCH23390, a selective D1 receptor antagonist significantly inhibited the oICSS (D), while L-741,626, a selective D2 receptor antagonist, also dose-dependently inhibited the oICSS (E). (F, G) Systemic administration of cocaine dose-dependently shifted the rate-frequency function curve leftward and

upward in VgluT2-Cre mice (F), while THC produced an opposite effect, producing a dose-dependent rightward shift (G). Adapted from Han et al., 2017[13].

Optical stimulation of VTA glutamate neurons is rewarding, as assessed by the increased firing of VTA DA neurons, supporting oICSS, and producing conditioned place preference and appetitive instrumental conditioning [13, 32, 33]. The rewarding effects of VTA glutamate neurons are suggested to be mediated via a local excitatory synapse connection between VTA glutamate and DA neurons [13, 32]. This is further supported by our finding that pretreatment with DA D1 or D2 receptor antagonists attenuates oICSS maintained by optical stimulation of VTA glutamate neurons in VgluT2-Cre mice [13]. Additionally, optical activation of VTA glutamate neurons could also support oICSS in the absence of DA release [71], suggesting a DA-independent mechanism underlying glutamate-mediated reward. In contrast to reward, evidence also shows that optical stimulation of VTA glutamate neurons induces aversive escape behaviors [70], and optogenetic stimulation of VTA glutamatergic terminals in the NAc induces aversion [27, 76].

The LHb is a brain region known for its function in conditioning aversion and reward [77, 78]. Optogenetic activation of VTA glutamatergic terminals in the LHb elicits aversion and produces aversive conditioning [79]. These findings suggest that in addition to local glutamate projections within the VTA, VTA glutamate neurons also project to other brain regions and activation of distinct glutamate pathways may produce rewarding or aversive effects.

We have recently utilized glutamate-dependent oICSS to assess the rewarding versus aversive effects of drugs of abuse in VgluT2-Cre mice. Our findings indicate that systemic administration of cocaine caused a significant leftward shift of the rate-frequency curve of oICSS, suggesting a reward-enhancing effect [13]. This observation aligns with the results observed in DAT-cre mice [18, 46, 54]. As DA receptor antagonists significantly attenuated oICSS and shifted the rate-frequency curve to the right[13], it suggests that the oICSS produced by the activation of VTA glutamate neurons is at least partially mediated by the activation of VTA DA neurons. This DA-dependent mechanism may also explain how acute cocaine produces an enhancement in glutamate-mediated oICSS, as cocaine is an indirect DA enhancer through pharmacological blockade of DAT in the NAc.

We also employed this glutamate-dependent oICSS behavioral model to investigate the rewarding versus aversive effects of cannabinoids. Cannabis can elicit both rewarding and aversive responses in both humans and experimental animals. Cannabis reward is believed to be mediated by the activation of cannabinoid CB1 receptors on GABAergic neurons, leading to the disinhibition of VTA DA neurons [80, 81]. However, there is a lack of direct behavioral evidence supporting this GABAergic hypothesis. To address this, we recently used RNAscope in situ hybridization assays to examine the cellular distribution of CB1 receptors in the brain. Our findings revealed that CB1 receptors are not only expressed on VTA GABAergic neurons but also on VTA VgluT2-positive glutamatergic neurons [13]. We then used Cre-Loxp transgenic technology to selectively delete CB1 receptors from glutamatergic neurons or GABAergic neurons. The results showed that systemic administration of Δ^9 -THC produced a dose-dependent conditioned place aversion and a reduction in glutamate-mediated oICSS in VgluT2-cre control mice, but not in glutamatergic CB1-KO mice [13]. These findings, for the first time, suggest that the activation of CB1 receptors expressed in VgluT2-positive glutamate neurons contributes to the aversive effects of cannabis or cannabinoids.

It is well-known that opioids are rewarding and produce analgesic effects. Opioid reward has been thought to be mediated through the inhibition of GABA transmission and subsequent disinhibition of DA neurons [82-84]. Recent studies indicate that mu opioid receptors are not only expressed in VTA GABA neurons but also in VTA glutamate neurons [46, 85]. Optogenetic activation of VTA glutamate neurons resulted in excitatory currents recorded from VTA DA neurons that were reduced by presynaptic activation of the mu opioid receptor *ex vivo* [85]. In addition, opioid administration also directly inhibits glutamatergic transmission [86]. These findings suggest an important role of glutamate neurons in opioid effects. Opioids, such as morphine or oxycodone, have been shown to strengthen glutamatergic inputs to VTA DA neurons [85, 87, 88]. Furthermore, optically activating the VTA glutamate terminals in the dorsal hippocampus promotes opioid preference [76]. Together, growing evidence suggests that VTA glutamate neurons are also involved

in opioid effects. oICSS may be used to study the functional role of glutamate neurons in opioid reward.

GABA-dependent oICSS and its application in studying drug abuse

VTA GABA neurons play a crucial role in modulating reward consumption, depression, stress, and sleep by forming local synapses onto DA neurons [46, 89, 90] or by sending GABAergic projections to other brain regions such as the NAc, PFC, central amygdala, and dorsal raphe nucleus [90-93]. While anatomical and electrophysiological data reveal that VTA GABA neurons form local synapses onto other VTA neurons [94, 95], the inhibitory input from local GABA neurons is much weaker than long-range GABAergic inhibitory inputs from the RMTg and NAc [93, 95]. Evidence has shown that disrupting local GABA release within the VTA causes major malfunctions in stress and anxiety modulation through a DA-dependent mechanism [89, 90, 96, 97]. Optogenetic stimulation of VTA GABA neurons also induces conditioned place aversion [98] and disrupts cocaine and sucrose reward consummation [46, 89]. As optogenetic stimulation of VTA GABA neurons directly suppressed the activity and excitability of neighboring DA neurons, as well as the release of DA in the NAc [89, 98], it is suggested that the dynamic interplay between VTA DA and GABA neurons can control the initiation and termination of reward-related behaviors. However, direct optical activation of VTA GABA failed to alter heroin self-administration in Vgat-Cre mice [46], suggesting that VTA GABA interneurons may play a limited role in opioid reward.

In addition to VTA, the striatum consists of multiple types of neurons, including a large population (~95%) of GABAergic medium spiny neurons (MSNs) and a smaller population of interneurons [99]. The MSNs are classified as D1-MSNs and D2-MSNs based on the expression of D1 or D2 receptors [100]. Interestingly, optogenetic stimulation of D1-MSNs within the dorsal striatum [101-103], NAc [104], or olfactory tubercle [105] is positively reinforcing, as assessed by real-time place preference or oICSS, while optogenetic stimulation of D2-MSNs within the dorsal striatum causes conditioned place aversion [101]. The reinforcing effects of D1-MSNs have been shown to be mediated through GABAergic projections from the dorsal striatum to the substantia nigra (SN) to the ventromedial motor thalamus [102]. Together, *in vivo* optogenetic experiments have demonstrated that optogenetic activation of GABA neurons across the striatum also supports positive oICSS.

To further understand how the activation of striatal GABAergic neurons produces positive oICSS, we injected AAV-DIO-ChR2-eYFP vectors into the NAc, and optical fibers were implanted into the VTA to stimulate D1-MSN GABAergic terminals in the VTA. We observed a robust oICSS response in a stimulation frequency-dependent manner in Vgat-Cre mice (Figure 4A). As flupentixol, a DA receptor antagonist, was able to inhibit the oICSS, it is suggested that this positive oICSS could be mediated indirectly via a DA-dependent mechanism (Figure 4B). We then used the standard rate-frequency response curve to observe the effects of drugs of abuse. We found that systemic administration of cocaine produced a significant enhancement in this GABA-dependent oICSS and shifted the frequency-rate response curve to the left (Figure 4D). In contrast, systemic administration of heroin produced an opposite, dose-dependent reduction in the oICSS in Vgat-cre mice (Figure 4C), suggesting that opioids may inhibit GABA-dependent oICSS behavior via mu opioid receptors expressed in NAc GABAergic neurons and their terminals. As both mu opioid receptors and CB1 receptors are highly expressed in striatal GABAergic neurons, this novel GABA-dependent oICSS behavioral model may further be used to identify the role of striatal GABAergic neurons and their projection pathways in the rewarding effects of opioids and cannabinoids.

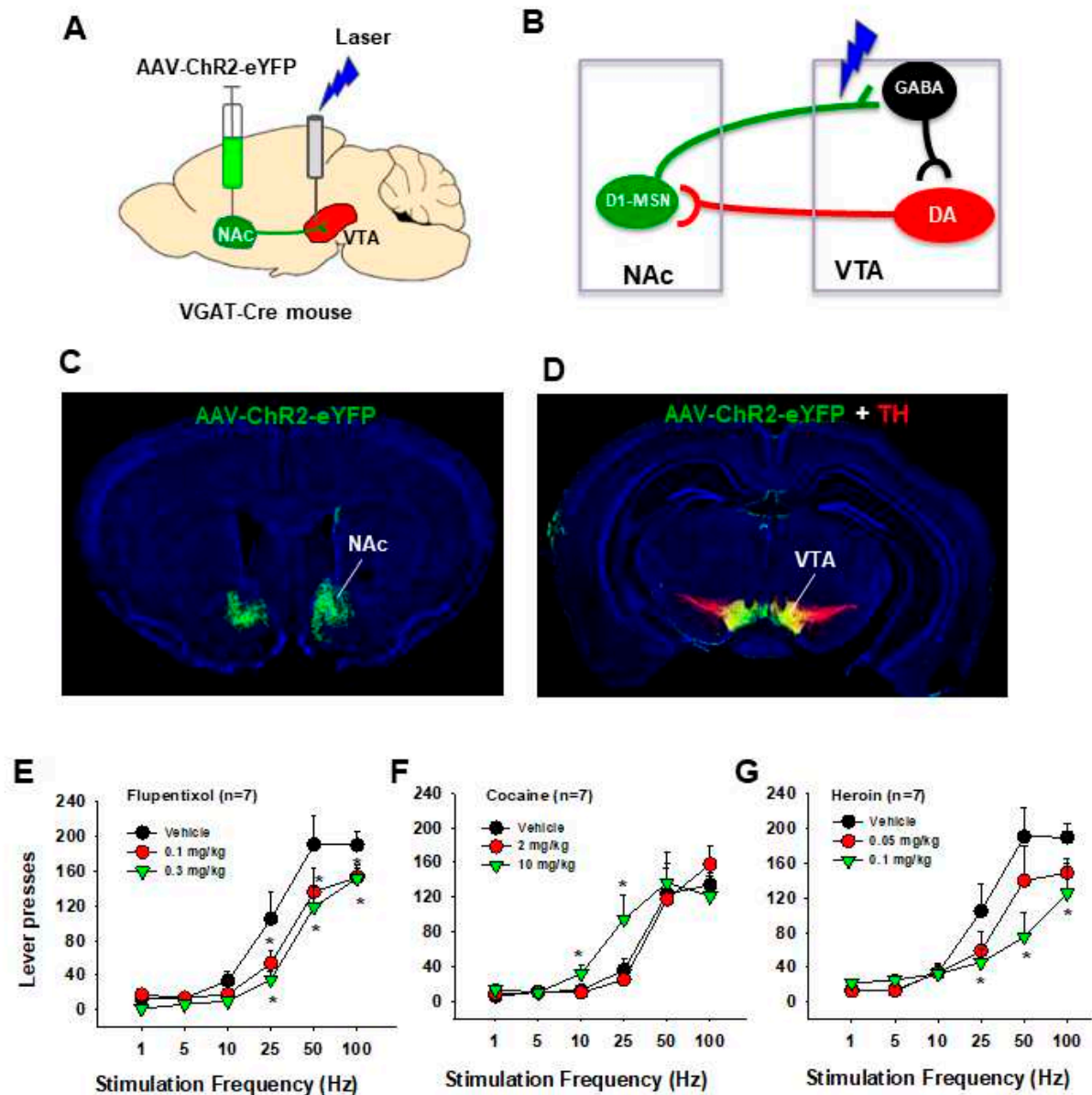


Figure 4. Optical intracranial self-stimulation (oICSS) experiment in Vgat-Cre mice. (A) Schematic diagrams illustrating that the AAV-ChR2-GFP was microinjected into bilateral NAc and optical fibers were implanted into the VTA. (B) Schematic diagram illustrating a working hypothesis that D1-MSNs project from the NAc to the VTA and synapse on VTA GABAergic interneurons that project to VTA DA neurons. Optical stimulation of NAc D1-MSN GABAergic terminals in the VTA disinhibits DA neurons via GABAergic interneurons, producing positive oICSS. (C, D) Representative images of AAV-ChR2-EGFP expression in the NAc (AAV injection site) and VTA (D1-MSN projection area). (E) The frequency-rate response curve of oICSS in Vgat-Cre mice, illustrating that flupentixol, a non-selective DA receptor antagonist, dose-dependently attenuated oICSS maintained by optical activation of NAc D1-MSN GABA terminals in the VTA. (F) Systemic administration of cocaine dose-dependently enhanced oICSS and shifted the frequency-rate response curve to the left. (G) In contrast, systemic administration of heroin dose-dependently decreased oICSS and shifted the frequency-rate response curve to the right. * $p < 0.05$, compared to the vehicle control group.

Advantages and limitations of oICSS

Intravenous drug self-administration, conditioned place preference (CPP) or aversion (CPA), and intracranial self-stimulation (ICSS) are the most commonly used behavioral procedures to assess

the rewarding effects of drugs of abuse [1]. In comparison to classical electrical ICSS, the oICSS procedure presents several advantages. First, the neurobiological basis of the behavior is clear [24, 25]. The provided data demonstrate that optical activation of multiple phenotypes of neurons, including midbrain DA neurons and glutamate neurons, as well as NAc GABAergic D1-MSNs, produces rewarding effects. This not only confirms previous findings regarding the role of DA in reward and motivation but also reveals unexpected new findings indicating that multiple neurotransmitters and circuits underlie brain reward function. Second, light stimulation is relatively safer than electrical stimulation for in vivo experiments. Little evidence indicates that photostimulation (10–20 mW) of Chr2-expressing neurons leads to cell death [20]. Third, oICSS responding driven by optogenetic stimulation of a specific phenotype of neurons is more robust and stable over time than classical electrical ICSS. Mice quickly learn to lever press for oICSS, and once they have acquired the behavior, responding may last up to 5 months, whereas electrical ICSS behavior in rats usually lasts 1–2 months, based on our many years of experience. Lastly, oICSS appears to be more sensitive than electrical ICSS in detecting subtle changes in BSR and enables the testing of multiple drugs in the same subjects (with appropriate washout periods), with the added benefit of reducing animal numbers. Therefore, oICSS could be especially suitable for screening a large number of compounds for abuse potential.

The limitations of oICSS as a new behavioral model to evaluate drug rewarding versus aversive effects include the use of transgenic Cre-expressing mouse or rat lines, AAV vector microinjections, and transgenic opsin expression. The availability of transgenic animals may limit the use of oICSS, and the differences in opsin expression levels may impact the basal levels of oICSS behavior between studies, making original data comparisons between studies difficult [106]. In addition, stimulation threshold (θ_0) and M50 values that are routinely used in electrical ICSS have not been used in oICSS to evaluate drug effects. In electrical ICSS, 16 different electrical pulse frequencies ranging from 141 to 25 Hz are used to generate a stimulation–response curve, allowing us to accurately calculate θ_0 and M50 using best-fit mathematical algorithms as reported previously (Xi et al., 2006, 2008; Spiller et al., 2008, 2019). However, in oICSS, the currently available laser stimulators only allow us to generate six different laser pulse frequencies ranging from 1 to 100 Hz to establish a stimulation–response curve. Thus, more efforts are needed to optimize the oICSS procedure. We note that although ICSS procedures have been commonly used to examine drug's abuse potential, these procedures have not been listed as standard drug screening tests in the field of drug abuse and addiction [107, 108] or listed in the Guideline for Industry for assessing abuse potential of drugs by the FDA for regulatory purposes [109]. We live in an age of proliferating drug development that requires an expanding capability for abuse potential testing. This highlights the importance of improving predictive validity for oICSS as a viable tool in screening drug's abuse potential in the future studies. Furthermore, optogenetic stimulation of nerve terminals may generate back-propagating action potentials, which can secondarily activate additional projections of a particular cell [110]. Thus, neurotransmitter release in other projection regions of a cell may complicate the data explanations. Lastly, a leftward or rightward shift of the rate-frequency response curve of electrical or optical ICSS may not necessarily mean rewarding (reward-enhancing) or aversive (reward-attenuating) as both rewarding and aversive stimuli may activate the mesolimbic DA system [111], suggesting that DA may play a similar role in both reward and aversion [40, 47, 98, 112]. For example, it is well known that cannabis or cannabinoids are rewarding in some human subjects. However, in ICSS, the most used cannabinoids, such as Δ^9 -THC and WIN55,212-2, as well as synthetic cannabinoids such as AM-2201 and ACEA, all produced significant and dose-dependent reductions in electrical or optical ICSS [13, 14, 44, 45], suggesting that they are aversive in mice. To address this discrepancy observed in humans and experimental animals, other behavioral models such as CPP and self-administration should be included in the study to fully address the abuse versus aversive potential of cannabinoids [1, 52].

In summary, the evolution of ICSS from its inception in the 1950s to the integration of optogenetics in recent years represents a continuum of advancements that have significantly enriched our understanding of the neural mechanisms underlying reward processes and addiction. The oICSS

procedure has not only served as a tool to investigate the anatomical basis of brain reward function and motivated behavior but has also been crucial in evaluating the effects of drugs of abuse and new psychoactive substances. The recent integration of optogenetics has further refined our ability to selectively manipulate specific neural circuits, offering a more nuanced and precise understanding of the neural basis of reward and motivation. As research in this field continues to evolve, the combination of traditional ICSS methods and cutting-edge techniques such as optogenetics holds immense promise for unraveling the complexities of the brain's reward system and developing targeted interventions for substance use disorders.

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