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Review

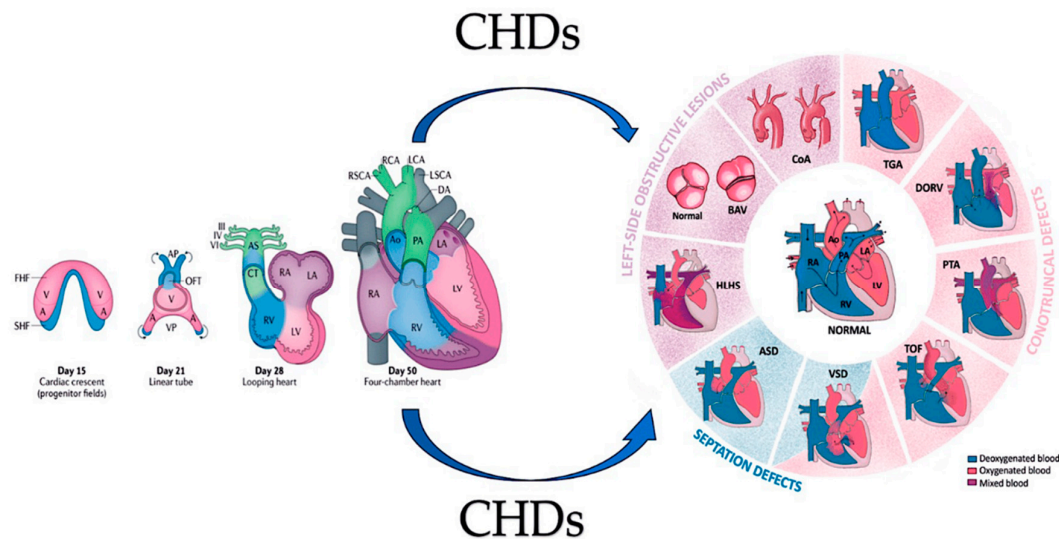
In-Depth Genomic Analysis: The New Challenge in Congenital Heart Disease

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Abstract: New insights into the causes and mechanisms of congenital heart disease (CHD) have been gained through the use of next-generation sequencing. Examination of the whole exome sequence detects detrimental gene variations modifying single or contiguous nucleotides, that are characterised as pathogenicity based on statistical assessments of families. and correlates with congenital heart disease, elevated expression during heart development, and reduction of harmful protein-coding mutations in the general population. Patients with CHD and extracardiac abnormalities enriched for gene classes meeting these criteria. CHDs and extracardiac defects, supporting a common set of pathways in the organogenesis of CHDs. Single-cell transcriptomics data reveal the expression of genes associated with CHD in specific cell lineages, and emerging evidence suggests that genetic variants disrupt multicellular genes essential for cardiogenesis. Metrics and units are being tracked in whole genome sequence studies.

Keywords: congenital heart disease; first heart field; second heart field; whole exome sequencing; whole genome sequencing; loss-of-function variant; copy number variants; gene variants; deletion; de novo mutations



Graphical abstract. The image on the left illustrates the development of the human heart, beginning with the formation of the first heart field (FHF) or cardiac crescent at approximately embryonic day 15. Chamber-specific cardiac progenitors are arranged in a specific spatial distribution. Simultaneously, another group of cardiac progenitors, the second heart field (SHF), develops behind the FHF. By day 21 of embryonic development, the fusion of the FHF midline forms a linear cardiac tube. Cells from the SHF migrate into the arterial and venous poles of the tube, as indicated by the arrows. By day 28, the linear heart tube loops to form early ventricular chambers. Cardiac neural crest cells populate the pharyngeal arches III, IV and VI, the aortic sac (AS) and the

conotruncal ridges (CT). At embryonic day 50, the heart structures resemble those of the mature heart, with four main chambers and two outflow tracts (OFTs). The diagram on the right displays the typical four-chambered heart of mammals and the structural abnormalities present in the most prevalent forms of congenital heart disease (CHDs). The black arrows indicate the direction of blood flow. Abbreviations; A, atrium, Ao, aorta, ASD, Atrial Septal Defect; AV, atrioventricular; BAV: Bicuspid Aortic Valve; CoA, coarctation of the aorta; DA, ductus arteriosus; DORV for Double-Outlet Right Ventricle; HLHS, hypoplastic left heart syndrome; LA, left atrium; LCA, left carotid artery; LSCA, left subclavian artery; LV, left ventricle; PA, pulmonary artery; , PTA, Persistent Truncus Arteriosus RA, right atrium; RCA, right carotid artery; RSCA, right subclavian artery; RV, right ventricle; TGA for Transposition of the Great Arteries; TOF for Tetralogy of Fallot; V, ventricle; VSD for Ventricular Septal Defect From Ibrahim et al *Int. J. Mol. Sci.* **2023**, *24*(22), 16258; <https://doi.org/10.3390/ijms242216258>

1. Current knowledge

Congenital heart disease (CHD) is widely acknowledged as the most frequent and frequently serious abnormality present at birth, with a prevalence of 6-13 per 1,000 newborn infants aged. [1–6] CHD includes a wide range of heart deformities that vary from a solitary irregularity such as an atrial or ventricular septal defect or an isolated dysplastic valve to complex conditions. Cardiac conditions characterized by multiple defects, namely tetralogy of Fallot or hypoplastic left heart syndrome. (Figures 1 and 2) Improved surgical and medical techniques to palliate and definitively treat critical and corrective measures for critical malformations, which require early intervention for survival, have led to a significant reduction in the mortality rate from CHD. [7] As a result, more than 90% of patients with CHD are able to survive into adulthood, contributing to the increased prevalence of CHD in the general population. In addition, the extended lifespan of patients with CHD has prompted greater acknowledgement of the related comorbidities. Roughly 13% of neonates with CHD demonstrate extracardiac structural or functional abnormalities and may encounter neurodevelopmental delays [3,8] during childhood. CHD is classed as syndromic if other diagnoses are likely to have resulted from the same aetiology. Syndromic CHD commonly causes intricate heart malformations, which may lead to lifelong health issues affecting various bodily systems.

Therefore, comprehending the aetiologies and mechanisms of CHD can provide valuable insights into both normal and abnormal developmental processes of multiple organs.

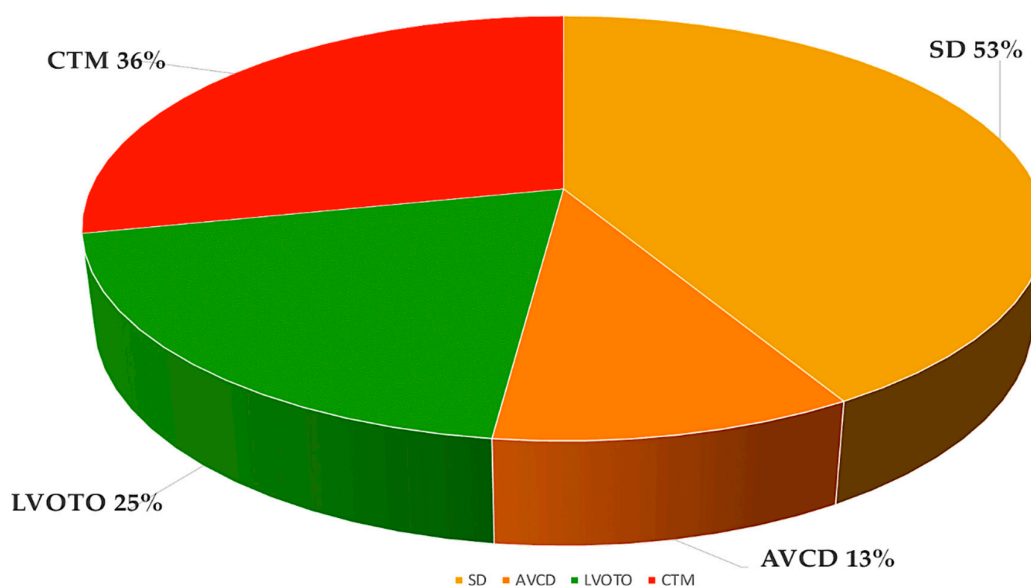


Figure 1. shows the common types of CHD from the Paediatric Cardiac Genomics Consortium, with percentages denoting the prevalence of malformation in the cohort of patients. It is important to note that the percentages exceed 100 due to coexisting structural cardiac abnormalities in the participants. Abbreviation; AVCD, atrioventricular canal defect; CHD, congenital heart disease; CTM; conotruncal malformation; LVOTO, left ventricular outflow tract obstruction; SD; septal defect. Ref [17,18].

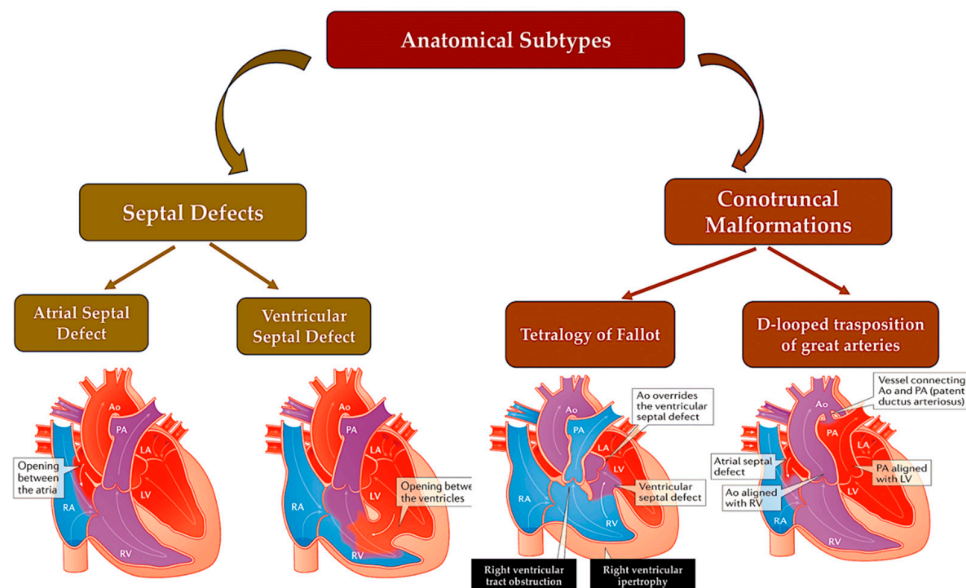


Figure 2. shows a simplified scheme of CHD defects divided according to anatomical subtype and their corresponding oxygen saturation levels. Anomalies in the connections between the left and right ventricles, such as atrial or ventricular septum defects or atrioventricular canal defects, usually lead to acyanotic states due to the left-right shunt of oxygenated blood into the pulmonary circulation. LVOTOs can range from isolated aortic stenosis to a combination of anomalies, such as hypoplastic left heart syndrome with mitral and aortic stenosis, which can cause cyanosis. Conotruncal malformations, such as tetralogy of Fallot and transposition of the great arteries, are often associated with cyanosis due to shunting of deoxygenated blood into the systemic circulation. This information is from the Paediatric Cardiac Genomics Consortium. Abbreviations; Ao, aorta; LA, left atrium; LV, left ventricle; PA, pulmonary artery; RA, right atrium; RV, right ventricle. Ref. [17,18].

1.1. Genetic

As a result of significant technical advances in human genome research, genetics plays a key role in the development of CHD. Initially, evidence emerged from examining patients with syndromic CHD through karyotyping, identifying aneuploidies such as trisomy 13, 18 or 21 (Down syndrome) and monosomy X (Turner syndrome) in approximately 12% of CHD patients. [9] Cytogenetic analysis and genomic arrays have helped to understand subchromosomal structural rearrangements, highlighting frequent 3-Mb deletions at

22q11.2 in DiGeorge (velocardiofacial) syndrome. [10–13] Deletions are present in approximately 2% of all cases of CHD and in 13% of individuals with specific cardiac malformations, as determined by fluorescence in situ hybridization [14,15] and targeted amplification. [16] About 25% of sporadic CHD cases are caused by the coexistence of karyotype or microarray-detected abnormalities. [17,18] The preliminary detection of monogenic causes of familial CHD has been

facilitated by genome-wide linkage causes of familial CHD, encompassing variations in genes encoding transcription factors and transcriptional regulators of genes involved in heart growth. [19,20] Enhanced comprehension of the human genome at the base pair level, along with advancements in sequencing technologies, has facilitated the identification of genes linked to CHD. Advanced whole exome sequencing (WES) and whole genome sequencing (WGS) platforms, combined with bioinformatics tools and large, compiled sequencing datasets from population-based studies enable the detection of deleterious variants, including missense mutations, loss-of-function (LOF) variants, minor insertions or deletions, copy number variants (CNVs), and structural variants. The implementation of these technologies has exposed harmful variants that are present in family cases of CHD, show de novo mutations in CHD probands with unaffected parents, and appear at notably higher frequencies in around 20% of CHD patients in large cohort studies. [18–25]

Taken together, in 45% of patients with CHD, these methods can detect deleterious coding variants in definitive and candidate genes for CHD. [18–25] Genes firmly linked to CHD manifest mutations that show significant co-segregation within families impacted by CHD, are significantly more prevalent in unrelated patients faced with CHD compared to control groups, or account for heart defects in individuals with CHD linked to syndromes. CHD candidate genes exhibit shared features, but their properties lack statistical significance for definitive categorisation. Various types of variants, including aneuploidies, CNVs, structural variants, and LOF variants, alter the dosage of CHD-related genes. Conversely, deleterious missense variants can maintain the physiological gene dosage whilst impairing the function of the encoded protein. [21,24] Figure 3

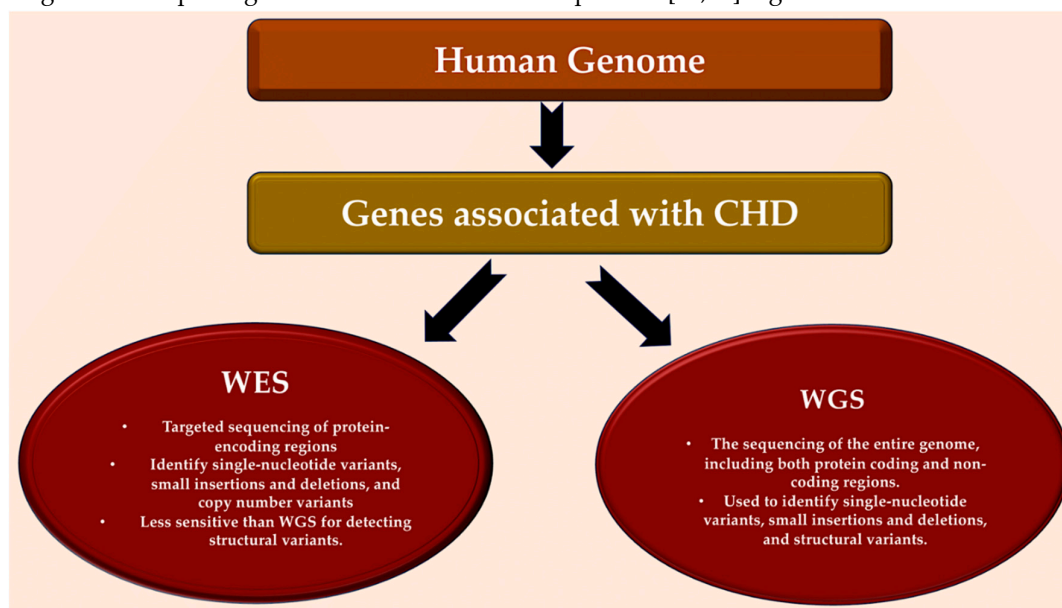


Figure 3. Detection of genes associated with CHD in human genome. Bioinformatic analytical tools such as WES and WGS platforms can be used to identify deleterious missense and LOF variants, small insertions or deletions, CNVs and structural variants in large, aggregated, population-based sequencing datasets. Abbreviations; CHD, congenital heart disease; CNV, copy number variant; LOF, loss-of-function; WES, whole-exome sequencing; WGS, whole-genome sequencing. Ref [18–25].

Genes associated with CHD offer fresh insights into the essential molecules and pathways implicated in cardiogenesis, adding to and elaborating on the extensive information garnered from exploring heart development in experimental models. Studying spontaneous gene variants in sporadic CHD can reveal novel genes implicated in cardiogenesis, while providing detailed information. [17,21,24] Clinical evaluations enable the identification of a wider range of cardiac and extracardiac phenotypes compared to studies conducted on experimental models. As the majority of human variants have a heterozygous dosage, while experimental models typically examine homozygous variants, CHD data obtained from human studies can reveal information regarding less

evident impacts on heart formation. Furthermore, patients with critical and complex malformations display the greatest frequency of de novo damaging variants in genes linked to CHD, which provides convincing evidence of severe adverse effects on reproductive health; and the evolutionary restriction on numerous genes connected with CHD. [8–25]

The question of why CHD is the most prevalent congenital abnormality is intriguing. One hypothesis suggests that the intricate developmental processes involved in heart formation are highly responsive to alterations in gene dosage for many essential genes and pathways. Such changes can cause developmental errors, many of which the 18-week gestational age screening ultrasonography can readily detect. [26,27] To showcase the intricate molecular orchestration of heart formation, this review provides a brief summary of cardiac development. This is followed by a discussion of the latest genomic discoveries and strategies at the forefront of current CHD research over the past decade. Key signals that govern cardiac morphogenesis have been examined extensively in several informative reviews which are recommended for further details, including publications. [28–35]. Throughout the review, we identify in bold those genes with harmful variants detected in patients with CHD. Figure 4 [22,23,36–40]

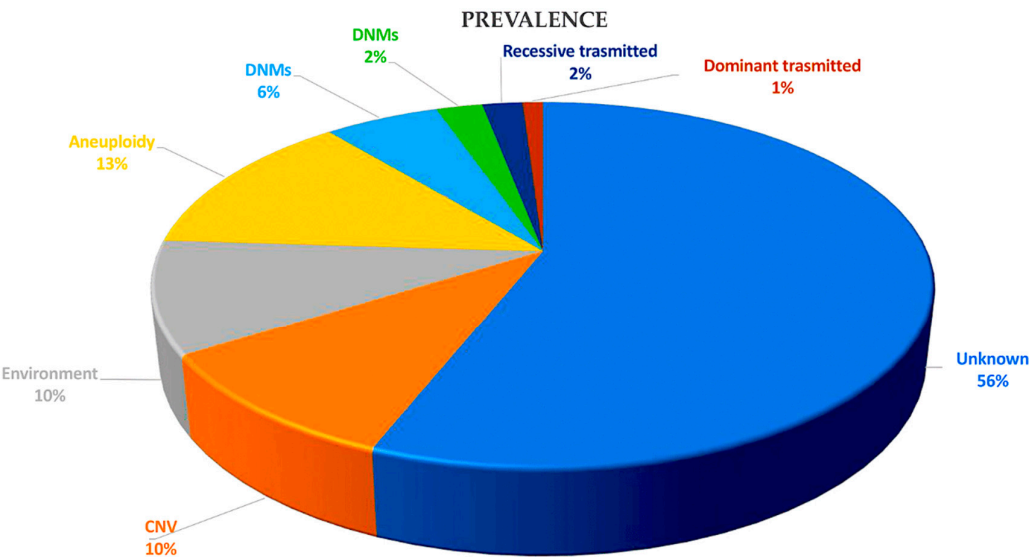


Figure 4. The pie chart illustrates the various causes of CHD and their relative proportions in contributing to the disease. Zaidi et al [36] were the first to estimate the contribution of de novo mutations to CHD, while Jin et al [22] presented the first model to systematically investigate inherited CHD mutations. Recessive transmitted causes involve variants in cilia and known CHD genes. Dominant causes of TOF include LOFs associated with *FLT4*, *KDR*, *TBX1*, and *NOTCH1*. DNMs may involve chromatin modifiers and dominant CHD genes. Aneuploidy etiology is related to trisomy 13, 18, or 21 and monosomy X. Non-genetic causes of CHD include teratogenic exposures such as alcohol, antiseizure and antiretroviral medication, and illnesses and infectious agents such as diabetes, hypercholesterolemia, and rubella. The causes of CHD are investigated through gene-gene interaction, gene-environment interaction, polygenic inheritance, and epigenetics. CNVs, including Del22q11.2, Del20p12, Del17q11, Del11q24-25, Del8p23.1, Del1q21.1, Dup12q24, and Dup7q11.23, are also considered. Non-genetic causes of CHD are discussed in references 23,37-40. Abbreviations; CHD, congenital heart disease; CNVs, copy number variations; Del, deletion, DMS, de novo mutations; Dup, duplication; LOF, loss of function.

2. Development of heart

The heart develops during the early stages of embryogenesis. The cardiac precursor fields differentiate and coalesce to create the cardiac crescent. During human gestation, the heart tube grows, undergoes regional transformation, and emerges as a nearly fully formed organ by 8 weeks. The process involves a linear and then looped structure. During heart development, differentiating precursor cell clusters interact to generate specialised heart cells with well-defined three-dimensional architecture within restricted regions.

2.1. A look at the lines of progenitor cells and their morphogenesis.

The first heart field (FHF), derived from the lateral plate mesoderm, the second heart field (SHF), derived from the lateral plate splanchnic mesoderm, and the migrating cardiac neural crest, which populates the III, IV and VI pharyngeal arches, are three major cell lineages involved in the formation of heart structures [35,41–43] (Figure 5). The FHF and SHF, which are symmetrical, merge anteriorly to form the heart crescent, which then coalesces into a linear cardiac tube with ventricular and atrial precursors aligned along the anterior-posterior axis. The heart cells originating from the FHF are involved in the development of the atria and the left ventricle, while the cells from the SHF are involved in the development of the right ventricle and the outflow tract and also contribute to both atria. Asymmetric growth causes ballooning of the outer curvature of the heart tube, which in turn increases the size of the ventricular chamber [44,45]. The separation of the subsequent outflow tract and the differentiation of smooth muscle occur with the contribution of the cardiac neural crest.

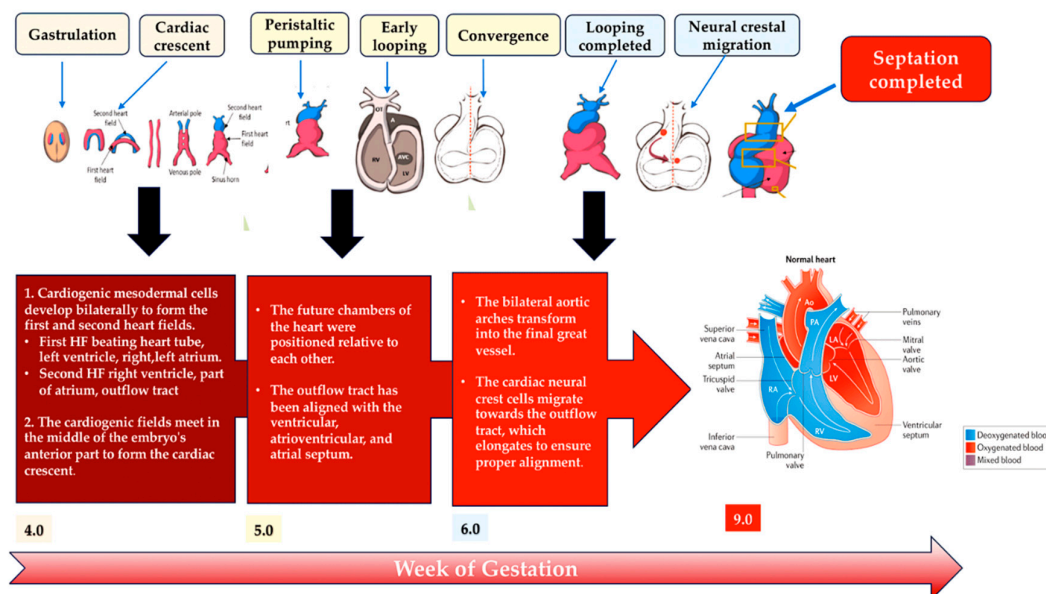


Figure 5. This schematic illustrates the embryonic development of the human heart, including first and second heart field formation, heart tube formation and pumping, looping, neural crest migration, and septation. The process results in a fully developed heart at the end of gestation. Abbreviation: HF, heart field. Ref [41–45].

2.2. Heart morphogenesis under genetic control

Several important biomolecules play a role in differentiating progenitor cells into cardiac cell lineages and directing cardiac morphogenesis. Genes associated with CHD have identified some of these molecules. FHF arises from cardiac mesoderm through signalling including bone morphogenetic protein (BMP) and fibroblast growth factor (FGF), which are induced by the adjacent endoderm [46–49]. The expression of key cardiac transcripts required for cardiomyocyte lineage commitment is reduced in experimental models by deletion of genes encoding BMPs [50]. The

expression of genes such as *GATA4*, *GATA6*, *NKX2-5* and *TBX5* control sarcomere formation and contraction. [28–33,51] Ventricular cardiomyocyte specification is promoted by the expression of *IRX4* in both the FHF and SHF of the cardiac crescent. [52] Factors such as retinoic acid within the mesodermal progenitor fields initiate commitment to an atrial lineage. [53,54]. Further specification leads to cardiomyocytes that will populate the left ventricle (*IRX4*, *HAND1* and *MSX1*), [55–57] the right ventricle (*IRX4* and *GATA6*) [55,58] and the outflow tract (*GATA6*, *HAND2*, *ARID3B* and *TEAD*⁴⁵). [56,58–60] FGF signalling is required for SHF contributions to the outflow tract, allowing neural crest migration and induction of *tbx1* expression in the SHF in zebrafish. [61] Although there are stereotyped differentiation pathways, plasticity is maintained in the progenitor fields during cardiac development. For example, ablation of FHF cells in zebrafish results in SHF compensation that regenerates ventricular cardiomyocytes. [62] Additional pathways and gene networks involved in cardiac neural crest differentiation have been discovered. In mice, normal differentiation of cardiac neural crest cells is prevented in the absence of retinoic acid signalling, [63] which can be ameliorated by maternal vitamin A supplementation. [64] This highlights the genotype-environment interactions in CHD. In contrast, a missense variant of *GATA6*, which is frequently found in patients with CHD and impairs outflow track formation, significantly enhances retinoic acid signalling. [58] *FOXC2* expression is essential for cardiac neural crest migration, as it mediates the activation of *Sema3c* expression in the SHF. *TBX1* expression, on the other hand, results in counterbalancing inhibitory signals. [65,66]

In the atrioventricular canal and outflow tract, the heart contains non-chambered cardiomyocytes, as well as valvular endothelial and smooth muscle cells. Regulatory proteins, such as *TBX2*, *TBX3*, [67], *BMP2*, and *BMP4*, [68] repress chamber-specific genes to specify non-chamber myocardium. Some valvular endothelial cells undergo a process called endothelial-to-mesenchymal transition to populate the endocardial cushions. This process is guided by signalling cascades that include vascular endothelial growth factor (VEGF) [69] and transforming growth factor- β (TGF β). [70] Investigations into the differentiation of the outflow tract in mouse models have also shown that histone deacetylase 3 (encoded by *Hdac3*) is necessary for the differentiation of smooth muscle, whereas FGF and sonic hedgehog signalling are needed for the pulmonary arteries and veins. [71–73] Through transdifferentiation, cardiomyocytes can also change into cells that are not cardiac chambers. During the development of the mouse heart, a population of cardiomyocytes was found to transdifferentiate into vascular smooth muscle cells of the great arteries. [74]

The left-right signalling axis is established in the embryo within the embryonic node. This occurs through signals mediated by motile and sensory cilia, leading to the asymmetric expression of genes that encode downstream regulatory signals.

The genes encoding downstream regulatory signals include those coding for the TGF β family members *Nodal*, *Lefty1*, *Lefty2* and *Zic3* [75–77]. These cues are critical for proper rightward looping of the linear heart tube, which properly positions the atria, ventricles and outflow tract and gives the sinoatrial node in the right atria. Disruption of Sonic hedgehog or activin signalling in the chick embryo [78] or knockout of mutations in *Lefty2*, which encodes left-right axis signalling proteins and transcriptional regulators, can cause defects in cardiac looping and result in congenital heart defects in mice. [79]

3. Interfering with Human Cardiac Development

Studying the anatomy of the human embryo has helped to understand how the human heart develops and the causes of cardiac malformations resulting from disrupted spatiotemporal dynamics. CHD is often divided into anatomical subgroups that are the result of abnormalities in common embryonic processes. Therefore, insights into the downstream developmental and physiological consequences will be gained from the discovery of genes with pathogenic variants that cause specific malformations.

3.1. Atrial and ventricular septal defects.

Valve and atrioventricular canal abnormalities, including defects in septum and valve function, may result from abnormal formation of endocardial cushions and/or dorsal mesenchymal protrusion. Only about 5% of individuals with CHD [80] have complete atrioventricular canal defects. However, almost half of the approximately 40% of individuals with trisomy 21 who have CHD have this defect. [81,82] This association suggests that genes located within a 0.96-Mb region of chromosome 21 play a crucial role in endocardial cushion development. [83] However, the responsible gene(s) are still unknown. As with other syndromes, not all people with trisomy 21 will go on to develop CHD, and up to 60% will have a structurally normal heart. [81,82]. Single atrial or ventricular septal defects are the most frequent congenital heart malformation; however, the causal etiology is rarely defined in individuals who have these defects sporadically in the absence of a genetic syndrome. Deleterious variants in *NKX2-5* and *GATA4* were first detected in patients with rare autosomal dominant familial septal malformation. In families with septal defects and associated limb defects, *TBX5* variants were identified as the cause of Holt-Oram syndrome. In model systems, the proteins of these genes physically interact with each other to promote the correct septation of the heart chambers during the separation of the atria and ventricles. [84–89]. Figure 6

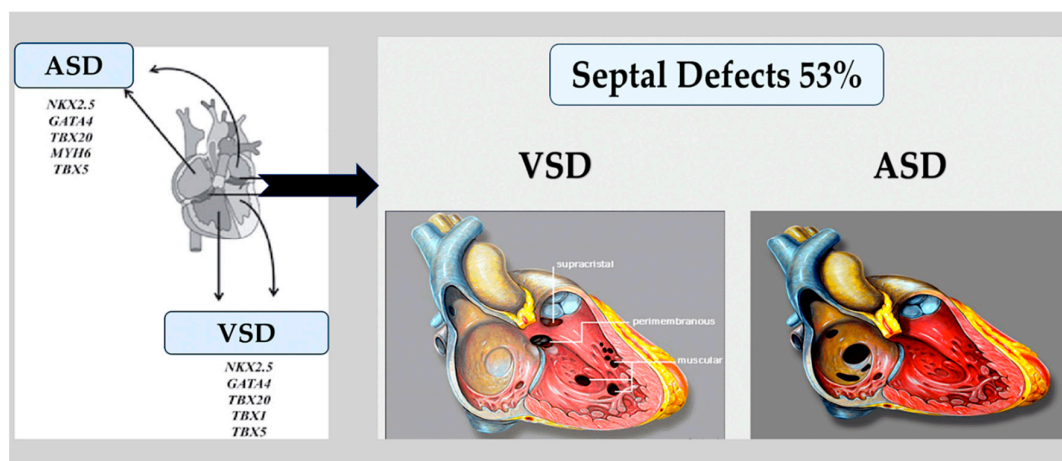


Figure 6. The left diagram shows that two types of congenital heart defects (ASD and VSD) are linked to gene mutations in transcription factors and signaling molecules. The right diagram illustrates abnormal connections between the left and right chambers of the heart, including atrial or ventricular septal defects or atrioventricular canal defects. These defects typically do not result in cyanosis because oxygenated blood moves from the left to the right side of the heart and into the pulmonary circulation. Abbreviations; ASD, atrial septal defect; VSD, ventricular septal defect. The image was created using modified images licensed under a Creative Commons Attribution 3.0 Unported License. Ref [88,89].

3.2. Left-sided obstructive lesions.

A number of narrowing or obstructive abnormalities of the left ventricle and valves are included in this group of CHDs. These may occur in isolation, such as mitral stenosis and bicommissural aortic valve, [90,91] (Figure 7) aortic stenosis and coarctation of the aorta, (Figure 8) or in combination. [90] This is a condition known as Shone complex, which is characterised by an annulo-leaflet mitral ring, parachute mitral valve, subaortic stenosis, coarctation of the aorta and hypoplastic left heart syndrome with mitral and aortic stenosis or atresia and hypoplastic left ventricle. (Figure 9) [90] Compared to other congenital heart defects, left-sided obstructive lesions have a higher heritability. Families with a range of malformations show a higher incidence of CHDs, suggesting a shared genetic pathway in the development of these structures. [90–92]

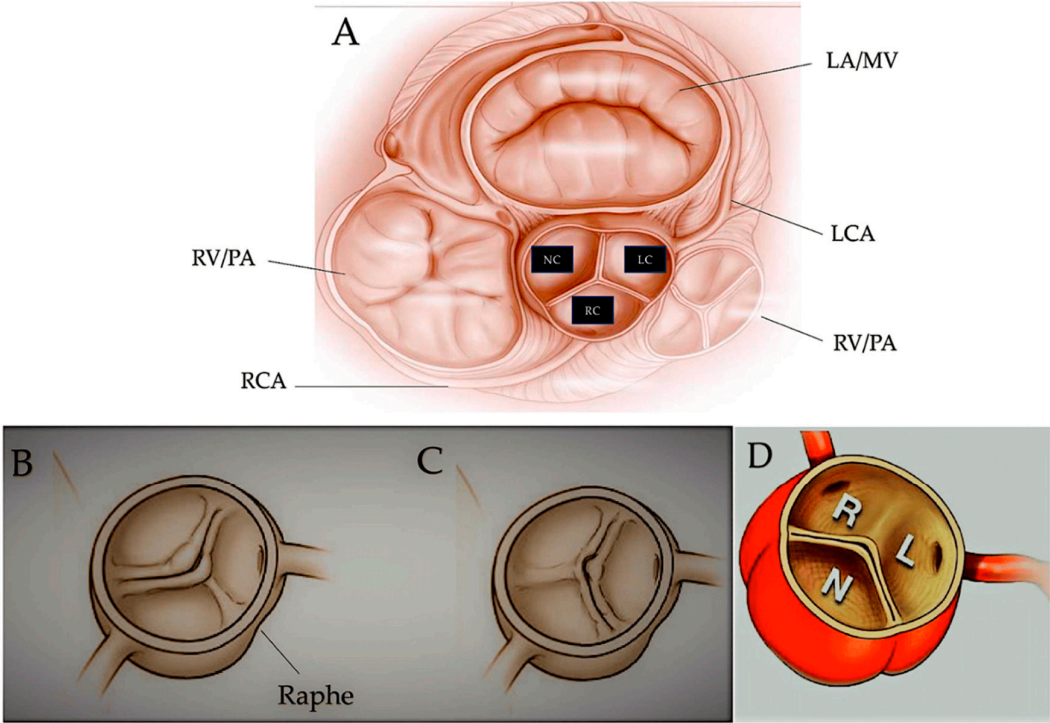


Figure 7. Fused bicuspid aortic valve. Panel A represents a short-axis normal tricuspid aortic pattern with anatomical proximities. Panel B C and D represent three cusps fusion patterns seen in the short heart axis. All BAVs have three sinuses. Raphe structure is between the fused cusps. Non fused cusp is prominent in respect to the fused ones. B) left-noncoronary fusion pattern; C) Right-noncoronary fusion pattern; D) right-left fusion pattern. The commissure angle of the non-fused cusp has a degree<180°. L, left coronary sinus; LA, left atrium; LC, left cusp; LCA, left coronary artery; MV, mitral valve; N, non-coronary sinus; NC, non-coronary cusp; PA, pulmonary artery; R, right coronary sinus; RC, right cusp; RCA, right coronary artery; RV, right ventricle. Licenses Centre Cardiologique du Nord (with permission). License Number 5644110549132 License date Oct 08, 2023; publication NEJM; Title: Mitral valve Repair for Mitral valve prolapse. Ref [91].

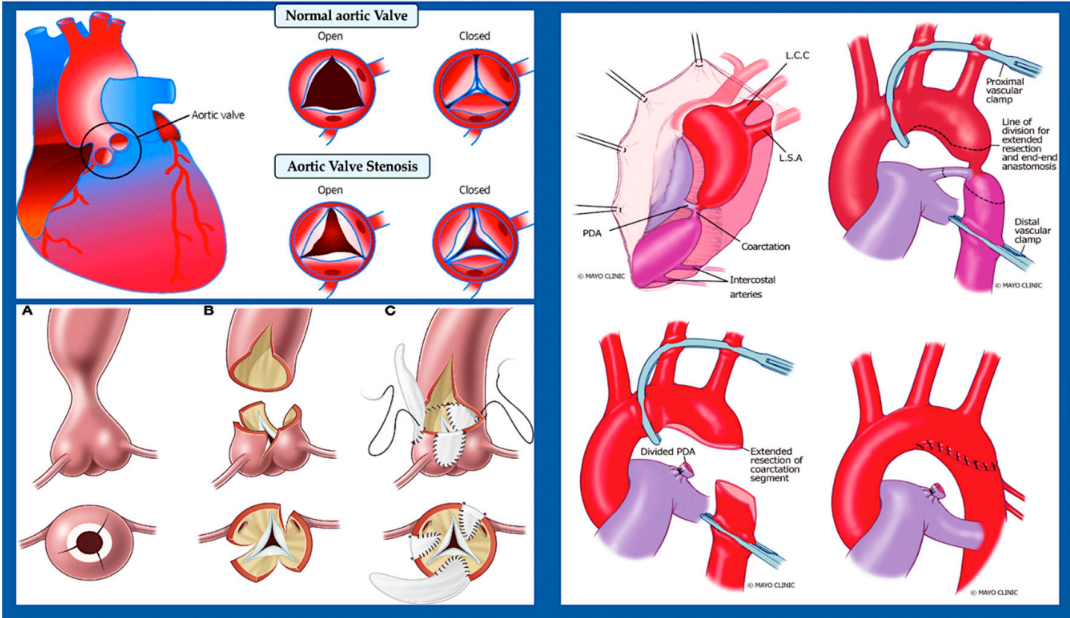


Figure 8. Two examples of left-sided obstructive lesions, represented by a normal and a pathological aortic valve with the corresponding surgical treatment, and an aortic coarctation with the corresponding surgical approach. **Left up:** Fetal aortic valve stenosis is a heart condition where the aortic valve, located between the left ventricle and aorta, cannot fully open. This causes blood to flow out of the left ventricle and enlarges the right ventricle, which can lead to poor fetal growth due to changes in blood flow. **Left down:** The procedure performed is an extended 3-patch supravulvar aortic stenosis repair. In this procedure, the ascending aorta is transected at its narrowest point, and three incisions are made into the sinuses of Valsalva. The sinuses are then enlarged using three pericardial patches, and the patch from the noncoronary sinus is extended into the ascending aorta to ensure symmetrical enlargement of the narrow segment. **Right up and down:** The diagram illustrates the surgical procedure employed to treat severe aortic coarctation. Extended resection is performed, followed by end-to-end anastomosis. Abbreviations; PDA, Patent ductus Arteriosus; L.C.C, left common carotid artery; L.S.A, Left subclavian artery. The image was created using modified images licensed under a Creative Commons Attribution 3.0 Unported License. Ref [89,92].

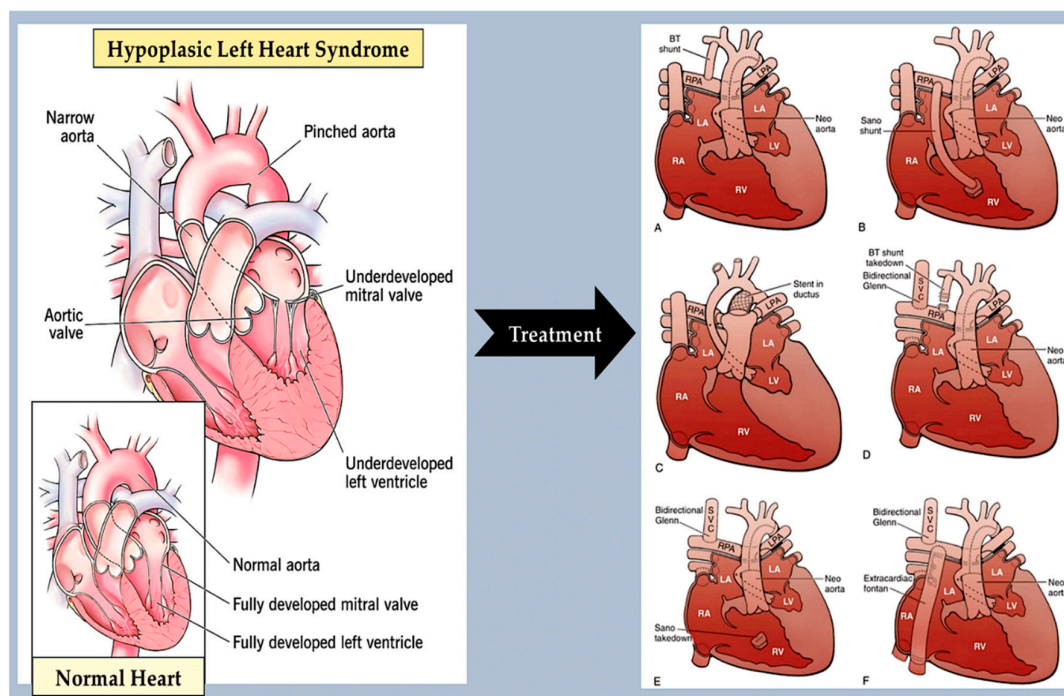


Figure 9. The image shows a comparison between a normal heart (down) and a heart (up) affected by hypoplastic left heart syndrome. The different treatment strategies are represented. **On the left:** Diagram of hypoplastic left heart syndrome. The mitral and aortic valves, left ventricular cavity, and aorta are severely underdeveloped, resulting in systemic blood flow being supplied by the patent ductus arteriosus. **On the right:** Staged reconstruction for hypoplastic left heart syndrome. Stage I of the Norwood reconstruction involves using a modified Blalock-Taussig (BT) shunt. The second stage is the Norwood reconstruction or the Norwood reconstruction using the Sano modification. The hybrid procedure is also an option. The first stage is the Norwood reconstruction, which can be performed using a modified Blalock-Taussig (BT) shunt or the Sano modification. The final stage is the Fontan procedure. Asterisk denotes Native ascending aorta. LA stands for left atrium. LPA represents left pulmonary artery. LV stands for left ventricle. RA denotes right atrium. RPA represents right pulmonary artery. RV stands for right ventricle. SVC denotes superior vena cava. The image was created using modified images licensed under a Creative Commons Attribution 3.0 Unported License. Ref [89].

Bicommissural aortic valve (15-30%), aortic coarctation (7-20%) and, less commonly, hypoplastic left heart syndrome [93,94] are common in patients with Turner syndrome (45, XO karyotype). Patients with Turner syndrome have an increased risk of left-sided obstruction lesions due to altered

gene dosages on chromosome X and copy number polymorphisms at the 12q13.31 locus. [95–97] However, it is currently unknown how these genotypes affect the development of left-sided structures. Jacobsen syndrome is a genetic disorder caused by a deletion in chromosome 11q23. [98] This syndrome can cause severe left-sided obstructive lesions in 33% of patients. The development of these lesions is partly due to a requirement for the protein C-ets-1, which is encoded by *ETS1*. This protein is necessary for supporting cardiomyocyte proliferation and extracellular matrix organization in the developing endocardium. [99–101] Bicuspid aortic valve is caused by monogenic damaging variants in *GATA5*, [102,103] while hypoplastic left heart syndrome is caused by such variants in *RBFOX2*. [104] Recently, in a family with autosomal dominant BAV, a novel heterozygous *GATA6* mutation, p.E386X, was identified. [105]

Mutations in *MYH6*, which encodes for α -myosin heavy chain, can lead to Shone complex [22] and hypoplastic left heart syndrome [106,107]. *MYH6* is a contractile protein highly expressed during cardiogenesis and is one of the few CHD-associated genes not associated to transcription or translation. Figure 10

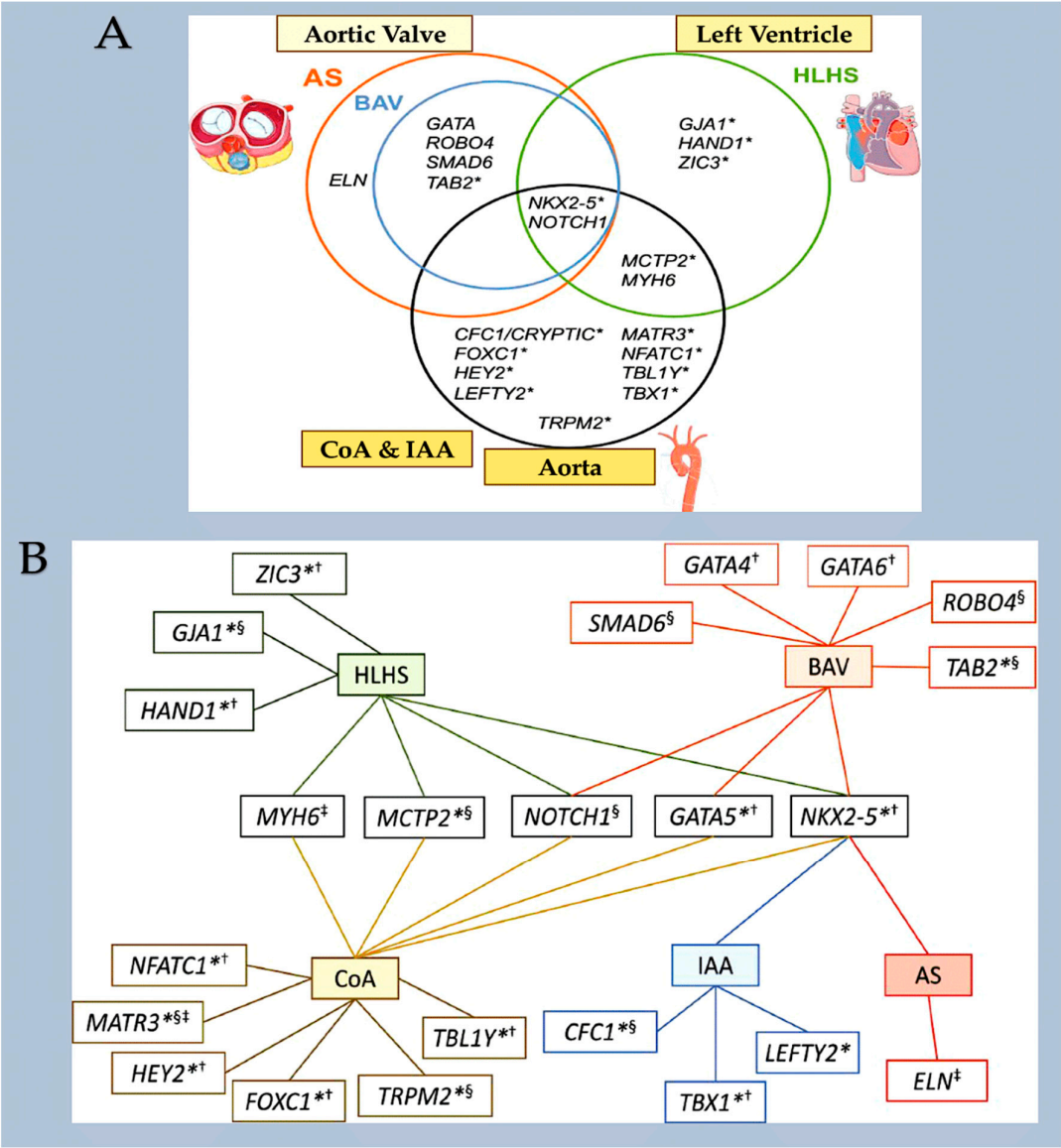


Figure 10. A: The figure displays a Venn diagram that shows the overlap of genes associated with LSOLs based on disease subtype. Genes without robust evidence of association are marked with an

asterisk. **B:** shows the genetic landscape of left-sided obstructive lesions. The genes marked with an asterisk have no robust evidence of association. The genes code for transcription factors, structural or contractile proteins, and cell signaling components. Abbreviations; AS, aortic stenosis; BAV, bicuspid aortic valve; CoA, coarctation of the aorta; HLHS, hyperplastic left heart syndrome; IAA, interrupted aortic arch; LSOL; left-sided obstructive lesion. The image was created using modified images licensed under a Creative Commons Attribution 3.0 Unported License.

3.3. Right-sided obstructive lesions.

These conditions reflect a wide range of embryological abnormalities that hinder the blood flow from the right side of the heart to the pulmonary capillary beds. Obstruction to the flow of systemic venous blood can occur in various conditions, such as tricuspid atresia, pulmonary atresia with intact ventricular septum, isolated pulmonary valve stenosis, supraaortic and branch pulmonary artery stenosis. Tricuspid atresia is associated with chromosomal trisomy in humans [108] and *Zfp2* LOF in mice [109] and is caused by the absence of the right-sided atrioventricular valve. Noonan syndrome is associated with pulmonary valve stenosis in more than 50% of children, particularly in those with variants in the *PTPN11* gene. [110] *PTPN11* variants cause pulmonary valve stenosis (PVS) by activating mitogen-activated protein kinases (MAPKs) in endocardial cells. This leads to excess endothelial-to-mesenchymal transition during pulmonary valve development. [111–113]

Other syndromes such as Costello and cardiofaciocutaneous syndromes, which are caused by excessive activation of the RAS-MAPK pathway, often result in PVS. [113–115]. Recently, the molecular determinants of Costello syndrome (CS) have been investigated, with the activation of mitochondrial bioenergetics and quality control resulting in restored organelle function in HRAS p.G12A and p.G12S cell models. In addition, reduced left ventricular hypertrophy was observed in CS mice and the incidence of developmental defects was reduced in the CS zebrafish model. Together, these findings underscore the importance of mitochondrial proteostasis and bioenergetics in the pathophysiology of RASopathies and indicate that patients with CS may benefit from the use of mitochondrial modulators. [115] Figure 11

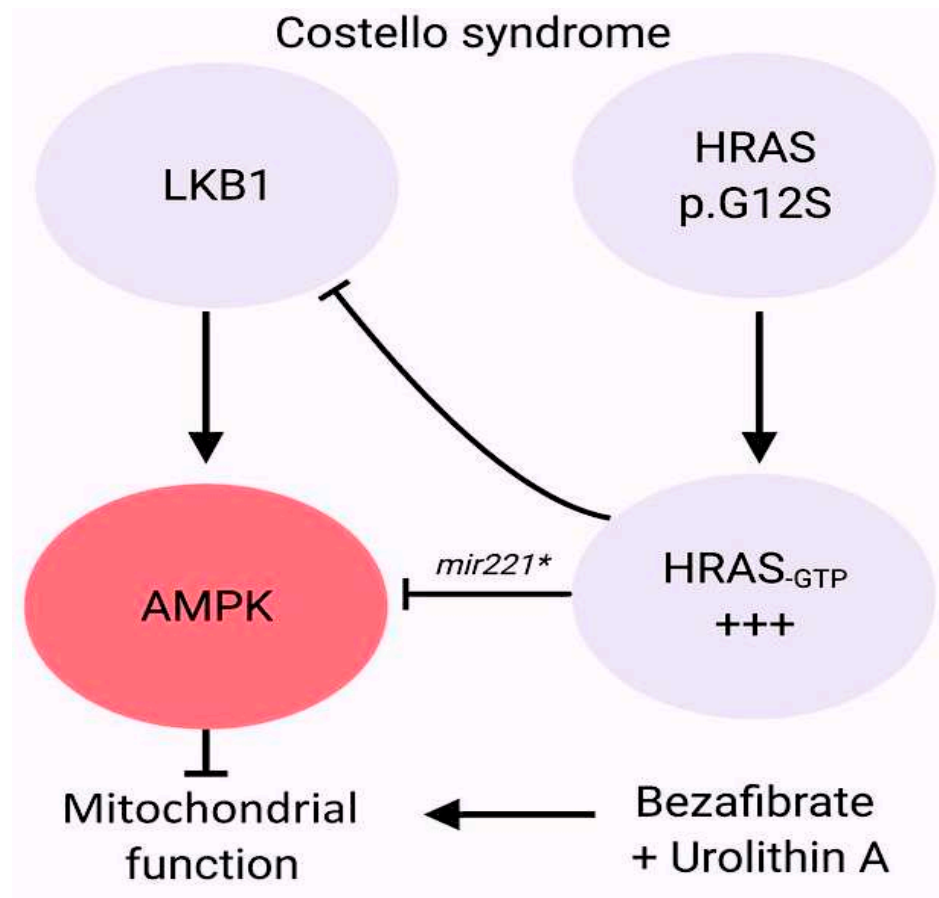


Figure 11. Germline mutations that activate RAS/MAPK signalling cause the "RASopathies". These are a group of rare human developmental disorders affecting over 400,000 individuals in the United States alone. Costello syndrome (CS) is a syndrome of multiple congenital anomalies. It is caused by heterozygous activating germline mutations in HRAS [1]. Most individuals with CS have a mutation in HRAS at position G12, with over 80% having a p.G12S substitution. Children with CS typically present with increased birth weight, dysmorphic craniofacial features, failure to thrive, and gastroesophageal reflux with oral aversion, especially in the neonatal period. CS can also affect the skin, causing excessive wrinkling and redundancy over the dorsum of the hands and feet, and deep plantar and palmar folds. In addition, individuals with CS have an increased risk of developing benign or malignant tumours. From Dard et al. J Clin Invest. 2022 Apr 15;132(8):e131053.

Robinow syndrome can cause isolated pulmonary valvular stenosis and conotruncal lesions, such as tetralogy of Fallot [116–118], in both autosomal dominant and recessive forms. The pathogenic variants in genes encoding receptors and ligands controlling planar cell polarity (*WNT5A*, *ROR2*, *DVL1* and *DVL3*) are responsible for the syndrome. [116–119] These findings demonstrate the importance of planar cell polarity. The development of the right ventricular infundibulum and the outflow tract cushions in the SHF is influenced by the cell polarity pathway. Tetralogy of Fallot, PVS and/or stenosis of the peripheral pulmonary arterial branches can occur in individuals with autosomal dominant Alagille syndrome (caused by mutations in the *JAG1* and *NOTCH2* genes). This demonstrates the sensitivity of Notch signalling in the development of the right ventricular outflow tract, pulmonary valve formation, and vasculogenesis, which contributes to the pulmonary arterial tree. [120–122] Figure 12

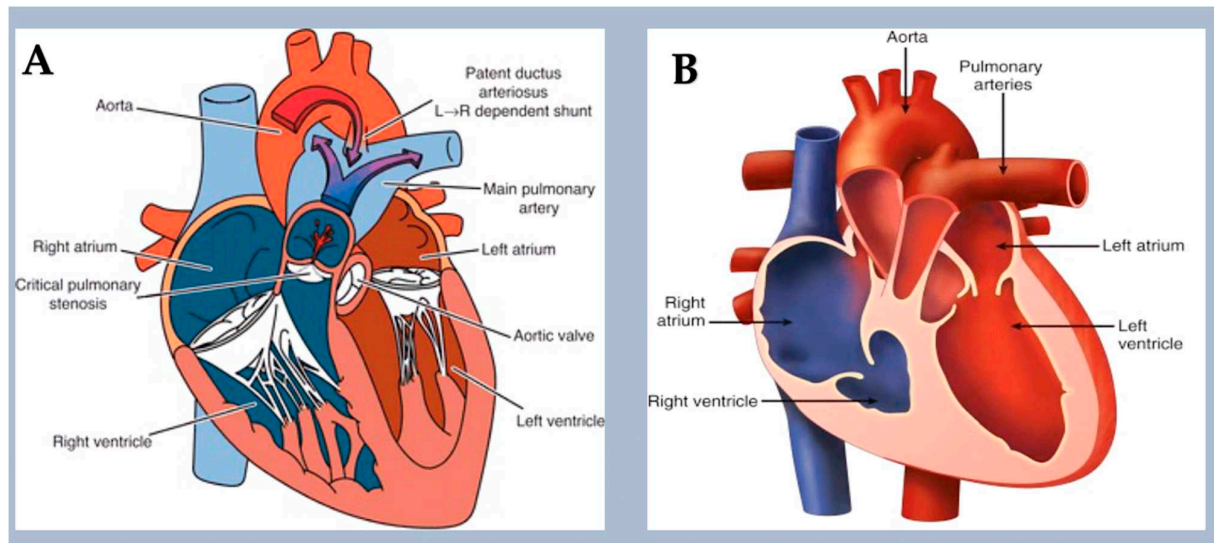


Figure 12. The diagram illustrates a type of obstructive lesion on the right side. PA/IVS is an abnormality in which there is complete closure of the communication from the RV to the PA and no ventricular septal defect. PA/IVS is a disorder with varying morphology. The RV is often small or hypoplastic, or it can be significantly dilated, as seen in association with Ebstein's anomaly or TV dysplasia and severe TV regurgitation. Although extracardiac anomalies are unusual in PA/IVS, many different cardiac anomalies can be observed. PA/IVS is typically associated with abnormalities of the right side of the heart, including dysplastic TV leaflets and thickened chordae that may cause severe regurgitation in utero. Atrial septal defects are also common. PA/IVS is typically associated with abnormalities of the right side of the heart, including dysplastic TV leaflets and thickened chordae that may cause severe regurgitation in utero. It is worth noting that the TV annulus is often small in many cases. In some cases, the tricuspid valve may be fully sealed off, causing tricuspid atresia or, more commonly, it may be moderately to severely underdeveloped, resulting in tricuspid stenosis. Especially in the setting of a hypertrophied, hypertensive RV with little or no tricuspid regurgitation, coronary abnormalities are common in PA/IVS. An inverse relationship exists between RV size and coronary anomalies - the smaller the RV and tricuspid annulus, the greater the likelihood of coronary anomalies. Abbreviations; PAPA/IVS, Pulmonary atresia with intact ventricular septum; PA, pulmonary artery; RV, right ventricle; TV, tricuspid valve. The image was created using modified images licensed under a Creative Commons Attribution 3.0 Unported License. Ref [89].

3.4. Defects in the left-right pattern.

Heterotaxy syndrome is caused by defects in left-right axis patterning, resulting in abnormal positioning of the viscera and congenital heart defects, including structural malformations and aberrant arterial and venous connections. Critical to left-right axis patterning is normal ciliary function. Some patients with primary ciliary dyskinesia have heterotaxy syndrome with CHD. Transposition of the great arteries is typical in patients with non-syndromic congenital heart disease and deleterious variants in cilia-related genes. [123,124]. Patients with cardiac left-right patterning defects also frequently have deleterious variants in genes involved in laterality, such as *NODAL*, *FOXH1*, *ZIC3*, *ACVR2B* and *SMAD2*. [123–125] Defects can cause CHD through autosomal dominant or autosomal recessive mechanisms. Variants in ciliary genes involved in laterality defects can result in CHDs in either autosomal dominant or autosomal recessive inheritance. Variants associated with CHD in genes encoding Nodal and TGF β signalling proteins are dominant, whilst *ZIC3* variants are associated with X-linked heterotaxy syndrome in hemizygous males. [126–130]

3.5. Conotruncal defects.

Conotruncal defects, including tetralogy of Fallot, persistent truncus arteriosus, and transposition of the great arteries (as shown in Figure 13), result from underdevelopment or misalignment of the ventricular septum, outflow tract, and/or great arteries.

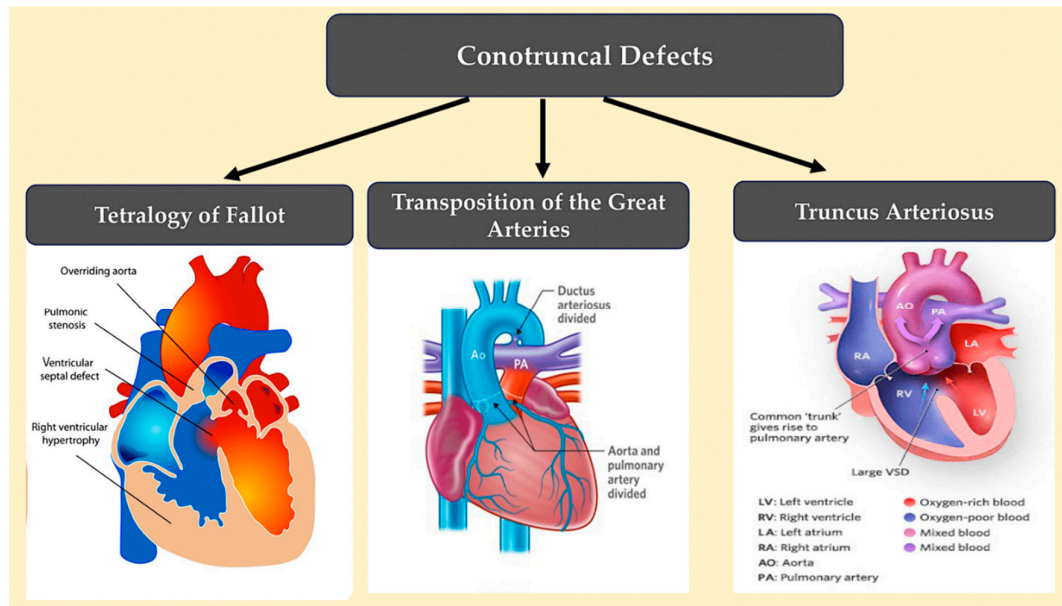


Figure 13. Conotruncal defects include conditions such as tetralogy of Fallot, persistent truncus arteriosus and transposition of the great arteries, which are caused by underdevelopment or malposition of the ventricular septum, outflow tract and/or great arteries. Conotruncal malformations often result in cyanosis due to the shunting of deoxygenated blood into the systemic circulation. The image was created using modified images licensed under a Creative Commons Attribution 3.0 Unported License. Ref [89].

Autosomal dominant 22q11.2 deletion syndrome often leads to conotruncal defects, which are commonly associated with the deletion of the CHD-associated gene *TBX1*. [131–134] Similarly, CHARGE syndrome, which is often caused by deletions or variants in the CHD-associated gene *CHD7*, [135–138] can also result in conotruncal defects. These disorders are associated with cardiac, facial and head malformations, which originate in neural crest cells, and reveal effects of harmful gene variants on cell lineages involved in extra-cardiac malformations. Both of these congenital heart defects display variable penetrance and expressivity [138–140], suggesting that additional factors influence the clinical phenotype. A genetic modifier that influences conotruncal defects in 22q11.2 deletion syndrome has been reported, although these additional factors are largely unknown. [131,141] Recurring duplications and deletions at 1q21.1 involving the CHD candidate genes *GJA5* encoding connexin 40 and *CHD1L* linked to *CHD7* gene are often associated with tetralogy of Fallot, sometimes (but not invariably) accompanied by extracardiac abnormalities such as mental retardation and dysmorphic features of the face [142–144]. The deletion in the 1q21 proximal region cannot evolve toward thrombocytopenia-absent radius syndrome critical region or the *RBM8A* gene. [144]

Nonsyndromic conotruncal defects are also primarily linked with monogenic loss of function variants in genes involved in two important signalling pathways that govern development of processes in the second heart field (SHF) and cardiac neural crest cells. These pathways are the Notch signaling (*NOTCH1*) and the VEGF signal transduction (*KDR*, *FLT4*, *VEGFA*, *FGD5*, *BCAR1*, *IQGAP1*, *FOXO1* and *PRDM1*). [145–148] The reason why these progenitor fields and developing tissues are particularly susceptible to alterations in the VEGF pathway is still unknown. Additionally, conotruncal defects are frequently caused by autosomal dominant damaging variants in *ZFPM2*,

which encodes the transcription factor *ZFPM2*, and in the genes encoding its binding partners *GATA4* and *GATA6*. [66,149–153] The *GATA* genes are transcriptional regulators that act as "pioneer workers" for transcription. They bind to and modulate closed regions of chromatin, allowing the later binding of transcription signals. This demonstrates the importance of the transcriptional regulatory network in conotruncal formation. [151]

4. Cohort studies reveal new CHD genes.

Analyses of CHD cohorts recruited from single centres or through national and international collaborations are increasingly identifying genes associated with CHD. [22,25,154] The majority of studies include patients with severe or critical CHD. There is an under-representation of patients with prevalent simple CHD findings and an absence of patients with confirmed genetic syndromes. [155] WES and case-control analyses are commonly used to detect variants. These investigations indicate that individuals with CHD have the same proportion of total de novo variants but substantially more uncommon (allele frequency $\leq 1 \times 10^{-5}$ in the general population) deleterious variants relative to the general population. These comprise a 9% excess of de novo deleterious variants, a 7% excess of dominant inherited variants and a 1% excess of recessively heritable variants. [22–25]

In patients with undetermined sporadic CHD, deleterious variants are detected in an estimated 8–10% of patients. [22,25] The highest rate of de novo harmful in patients with syndromic CHD, while the highest rate of heritable LOF variants is found among patients with isolated CHD. [25] Cohort studies have supported the relevance of previously defined biological signalling pathways in CHD pathogenesis. These include genes involved in the Notch [156] and VEGF [156] signalling cascades. Chromatin remodelling is, however, the most striking functional class of newly identified CHD-associated genes. [23,36] Patients with CHD who had extracardiac anomalies and neurodevelopmental delay most often had deleterious variants in these genes encoding chromatin remodelling proteins. The broad expression pattern of the genes suggests that organ development uses common epigenetic and transcriptional regulatory pathways.

The importance of ciliary function in cardiogenesis is supported by WES data from patients with CHD [157]. It is often the case that deleterious variants in cilia-related genes are inherited from an unaffected parent, as has been shown in other recessive diseases. In contrast, harmful variations in genes associated with chromatin alteration are more likely to occur de novo, which indicates that the damage caused by even a single mutant allele in this class of genes is significant.

4.1. CHD definitive genes.

WES data were analysed from two cohorts of patients with congenital heart defects: 2056 patients with isolated congenital heart defects, 2994 with syndromic congenital heart defects and 808 with congenital heart defects and unknown extracardiac status. The analysis had sufficient statistical power to detect a significant excess of harmful variants in patients with CHD compared to matched controls, with correction for analyses of all protein-coding genes ($P \leq 2 \times 10^{-6}$) [22,25,158]. From these cohorts, the genes that are identified have a definitive direct link to CHD, as with the genes related to the rare familial forms of CHD. However, the genes discovered in large study cohorts have a greater contribution to the overall population prevalence of CHD. In these two WES cohorts, a total of 18 genes were significantly enriched. The genes are *ADNP*, *ANKRD11*, *CDK13*, *CHD4*, *CHD7*, *DDX3X*, *DYRK1A*, *FLT4*, *KMT2A*, *KMT2D*, *NOTCH1*, *NSD1*, *PACS1*, *PRKD1*, *PTPN11*, *RBFOX2*, *SMAD6* and *TAB2*. [22,25,146,147] Although patients with syndromic CHD were excluded at enrolment, the analysis identified variants in *CHD7* (CHARGE syndrome), *KMT2D* (Kabuki syndrome), *NSD1* (Sotos syndrome) and *PTPN11* (Noonan syndrome). This suggests that forms of syndromic phenotypes, which escape clinical recognition, may arise from some of the variants associated with syndromic CHD. Mutations in *CDK13*, *CHD4* and *PRKD1* are more common in syndromic CHD, [22] whereas *SMAD6* mutations are more common in isolated CHDs. [159] Previous studies have emphasised the biological significance of certain genes associated with CHD. In mice, heart malformations have been observed as a result of null mutations in the murine

homologues of *SMAD6* and *NOTCH1*. [160,161] *RBFOX2* transcript levels are reduced in some CHD patient tissues compared to controls. [162] Additionally, the protein encoded by *DYRK1A* is a therapeutic target for neurodevelopmental phenotypes in individuals with trisomy 2. [163,164] New phenotype correlations have been discovered through recurrent variants in other genes. *NOTCH1* and *FLT4* mutations are causative factors in tetralogy of Fallot, accounting for 7% of patients in one study. [22,145–147] Additionally, genes previously linked to intellectual disability, such as *ADNP*, [165] *ANKRD11* (KBB syndrome), [166] *CDK13*, [167,168] and *DDX3X*, [169] are now accepted to be implicated in CHD. However, many definitive roles of CHD in heart development remain unknown.

4.2. Genes linked with CHD that have deleterious variants in humans.

According to WES data, around 400 genes are believed to contribute to CHD, which is significantly more than the number currently known. [36] Although some of these genes may contain harmful variants in CHD patients, they cannot be classified as definitive CHD-associated genes due to a lack of statistical significance. [22,25,146,158] Morton et al conducted meta-analyses of WES data from two large cohorts of patients with congenital heart disease to overcome limitations in statistical power caused by small sample sizes. Patients with aneuploidies or 22q11 deletions were excluded. The WES data were compared with data from a cohort of 128 individuals without CHD, as well as with the Genome Aggregation Database. The authors identified 132 candidate genes for CHD. 66 of these variants were enriched for LOF and 78 were enriched for deleterious missense. Patients with aneuploidies or 22q11 deletions were excluded from the analysis. [158]

This meta-analysis supports the involvement of CHD-associated genes in transcriptional regulation of transcription. Several of the genes identified as candidates for CHD with loss-of-function variants have functional annotations related to chromatin modification, transcription factors, or RNA processing, and some have been previously studied. Implicated in CHD or in organogenesis, accounting for associated extracardiac phenotypes. Patients with loss-of-function variants in the group of definitive and candidate genes for congenital heart disease regulation of gene expression exhibited a higher incidence of extracardiac phenotypes than those with damaging missense variants. [22,25] The analyses confirmed that de novo LOF variants were more common in patients with CHD and extracardiac abnormalities in genes related to chromatin modification. In patients with CHD and extracardiac abnormalities, there was an enrichment of inherited missense variants, while in patients with isolated CHD, there was an enrichment of transmitted LOF variants. These observations suggest a potential genetic basis for the presence or absence of extracardiac abnormalities in CHD patients. Some chromatin-modifying proteins may have cardiac-specific functions.

New technologies have enabled the comparison of results from studies on people of different ethnic and racial backgrounds [22,25,170]. The functional assessment of deleterious missense variants is expected to reclassify some candidate variant genes for CHD as definitive, improving genotype-phenotype correlations and increasing our knowledge of their precise roles in cardiac development.

5. Whole-genome sequencing.

Modern whole genome sequencing offers technical advantages over whole exome sequencing. (Figure 1) It eliminates the need for PCR amplification, provides more consistent genome coverage, and has superior validation rates for single nucleotide polymorphisms and copy number variations [171]. WGS can also identify rare or common mitochondrial sequences, microRNAs, non-coding RNAs, and promoter and regulatory genes, in addition to detecting exomes. WGS has successfully identified *MYH6* variants associated with aortic coarctation in patients. Additionally, adults with tetralogy of Fallot and a missing pulmonary valve have higher rates of deleterious variants in *VEGF*. A comparison was made between adults with tetralogy of Fallot and a missing pulmonary valve and those with a present pulmonary valve. [172–174]

5.1. Variation in non-coding sequences through whole genome sequencing

Only about 1% of the genome encodes protein, while the remaining 99% consists of non-coding sequences. These sequences include promoters, enhancers, and factors that influence chromatin topology or the accessibility of binding sites for RNA or protein factors and other unknown factors. [175–180] Variants in non-coding sequences can be harmful and may cause or influence the expression of CHD-associated genes. Topological association underlies this hypothesis. During cardiomyocyte differentiation in vitro, there is evidence of a relationship between non-coding regions and gene promoters [181–183]. Additionally, assessing non-coding sequences within CNVs can aid in defining them. The regions involved in CHD are likely to be those that are most involved in the development of the CHD. [184] In fact, targeted analyses of non-coding sequences *TBX5* flanking regions were analysed and three potential enhancers were identified. One of these enhancers contained a homozygous variant in a patient with CHD. [185] The homozygous non-coding variant prevented cardiac expression in model organisms when compared to the normal enhancer sequence. [185]

A study was conducted to analyze de novo variants in non-coding sequences in CHD. The focus was on variants in non-coding elements that are likely to regulate gene expression. Two related techniques were used [186,187]. Variants were identified using WGS based on scores derived from machine learning analysis of various genomic annotations or by their location within regions of active transcription during differentiation of human induced pluripotent stem cells (hiPSCs) into cardiomyocytes (hiPSC-CMs). Variants were identified using WGS based on scores obtained from machine learning assessment of different genomic annotations or by their position within domains of active transcription during human induced pluripotent stem cell (hiPSC) differentiation into cardiomyocytes (hiPSC-CMs). Functional assays were used to validate the non-coding variants prioritised by both strategies. Further analysis showed that in patients with CHD, compared to controls, there was an increase in non-coding variants within the binding sites of RNA-binding proteins. These findings suggest potential implications. Non-coding variants, especially those found in enhancers and RNA-binding protein sites, may account for 4-12% of CHD cases. While this is a promising start, the number of enhancer elements and RNA-binding protein sites throughout the genome is vast. Further analysis of larger cohorts will be necessary to confirm and expand upon these initial findings. [186,187]

5.2. Using whole genome sequencing to identify structural variation.

WGS allows for the detection of structural mutations with higher resolution than existing methods and increases the repertoire of LOF mutations identified in human disease. [188–190] Earlier work has suggested that small structural mutations can lead to CHD. These include an 8-kb deletion in *FLT4* linked to tetralogy of Fallot [147] and 10 kb deletion in *CHD7* associated with CHARGE syndrome caused by insertion of an Alu element. Genomic inversions and complex rearrangements can be identified by WGS. [18–25] (Figure 1) These structural mutations have been reported in patients with unexplained Alagille syndrome, affecting the expression of the *JAG1* and *NOTCH2* genes. It is expected that the number of deletions, insertions, translocations and other genomic rearrangements identified in CHD will increase significantly with advances in structural variant algorithms for interrogating whole genome sequencing. [145–147,191,192]

5.3. Future uses of genomics.

Undiscovered genomic features offer ongoing exciting possibilities to increase our knowledge of CHD genetics and explain the 55% of unexplained cases of CHD. WGS allows for more complete genotyping of an individual's SNPs and structural variants, allowing for the investigation of oligogenic causes of CHD, including both rare and common variants. Expanded analyses of genetic variants across the genome may provide insights into the penetrance and phenotypic diversity of congenital heart disease (CHD), both in familial cases and among unrelated patients with shared CHD genotypes. Additional research is required to comprehend the impact of environmental

exposures on the consequences of a CHD genotype. This is due to the significance of the following factors: CHD-associated genes and chromatin remodelling have a strong correlation, and environmental factors can also affect chromatin structure [193,194]. Some puzzling features of CHD may be elucidated by exploring these complexities. For instance, epidemiological evidence indicates that the recurrence rate of CHD in families ranges from 3% to 7%, which is lower than what is predicted by current knowledge of CHD genotypes. Recurrence rates of 25% and 50% would be expected for autosomal recessive and dominant conditions, respectively. [195–197]

6. Deriving causality by integrating biology

An important source of evidence for causality in the clinical setting is the identification of genes and variants with a potential causal relationship to CHD, in combination with investigations of gene regulation during development and functional studies in model systems.

6.1. Insights gained from single cell transcriptomics.

The emergence of single-nuclear RNA sequencing and single-cell RNA sequencing (scRNA-seq) has allowed for a thorough analysis of the numerous cells present in both the developing mouse heart [198] and the mature human heart [199,200].

These studies have revealed differences in gene expression between various cell lineages and unique cell states within each lineage that were previously unknown when analyzing bulk RNA sequencing data. For instance, the healthy adult human heart is composed of four subsets of ventricular cardiomyocytes and five subsets of atrial cardiomyocytes. [199] New questions are being raised by these findings. Studies on the developmental origins, plasticity, and physiological functions of distinct cell subsets are ongoing. These findings provide valuable insights into the cellular composition of the heart during fetal development. Transcriptional signatures of cardiomyocytes (*TNNI3* and *TNNT2*), fibroblast-like cells (*COL1A1*, *COL1A2* and *POSTN*), endothelial cells (*PECAM1* and *KDR*) and valve cells (*SOX9*) have been detected in recent scRNA-seq investigations of human fetal hearts. [201] During gestational week 7, genes related to the Notch signalling pathway are significantly more abundant in endocardial cells, which coincides with the compaction of the myocardium. Meanwhile, genes associated with the BMP pathway are expressed in both endocardial and fibroblast-like cells from gestational week 5 to week 25. This reflects periods of endocardial-to-mesenchymal transition. [201]

To complement and extend the limited data sets from human tissues, analyses of scRNA-seq data from the developing mouse embryo are presented. In the text, the complexity and transcriptional profiles of lineages derived from three germ layers are described: the early lateral plate mesoderm, the paraxial mesoderm and the neural mesoderm [198]. The expression of *Mesp1* in mouse cells during embryonic day (E) 6.75 to E7.5 indicates a loss of pluripotency and the acquisition of a commitment to the cardiac lineage. [202] *Hand2* expression initially specifies the second heart field, although it thereafter specifies cells of the outflow tract. [41] At E9.5 and later stages, cardiomyocytes cease dividing and start exhibiting gene expression patterns specific to each chamber. [201,203] The significant crosstalk between cell lineages driving cardiac differentiation and morphogenesis is also revealed by these data sets. Using these resources to investigate the temporal and lineage-specific expression of genes that contain harmful variants linked to CHD offers more granular detail than is possible from transcriptional analyses of bulk cardiac tissues. Pijuan-Sala al. reported significant findings in the presentation of scRNA-seq data from embryonic germ layer derivatives that contribute to heart development in mice. [204] These genes reveal the temporal emergence of cardiomyocytes, endothelial cells, and neural crest cells. They highlight the role of definitive and candidate CHD genes previously discovered in the meta-analysis. They reveal diverse lineage-specific and temporal expression in embryonic cells that are critical for normal cardiovascular development. As anticipated, genes with harmful variants found in patients with tetralogy of Fallot-associated CHD), such as *Kdr*, *Flt1*, and *Flt4*, exhibit high expression in E8.25-E8.5 endothelial cells, in line with the known functions of the encoded proteins in the VEGF pathway. [145,147] In contrast, three genes, *Rpl19*, *Rps24* and *Rps26*, which have been implicated in Diamond-Blackfan anaemia and

CHD, have different cellular and temporal patterns in the developing mouse heart. At E7.5-E7.75, *Rpl19* and *Rps26* are enriched in the mesenchyme, while *Rps24* is expressed in cardiomyocytes at E8.5. [205] It is possible that these genes have different roles in cardiac development due to their enrichment in cardiomyocytes at E8.5. Lastly, genes encoding chromatin-modifying proteins that have an integral function in the development of the heart and that have been shown to be affected by deleterious mutations in patients with CHD (*Chd4*, *Chd7*, *Kat6a*, *Kat6b*, *Kmt2* and *Kmt2d*) exhibit diverse cellular and temporal expression profiles in the developing mouse heart. [182] This implies that altered transcriptional dynamics in many cell types probably contribute to CHD. Morton et al. [158,187] predicted that datasets will aid in understanding the role of poorly studied genes enriched for damaging patients and identifying disrupted pathways. These insights will improve our understanding of the morphological consequences of deleterious variants and aid in resolving CHD. Cellular deficits can contribute to lifelong adverse events in patients with CHD. (182,183,206)

6.2. Findings from pluripotent stem cell models of congenital heart disease.

HiPSCs are sourced either from patients or from isogenic cell lines. They are edited using CRISPR-Cas9, an experimental approach for the functional analysis of damaging variants found in patients with CHD. The process of differentiating hiPSC-CMs exhibits characteristics similar to those of FHF [207,208] or SHF, cardiac neural crest or pre-valvular endocardial cells. [209–211] This allows for analysis of early developmental stages, such as the differentiation of mesoderm progenitor cells into early cardiomyocytes [207,208]. This allows for analysis of early developmental stages, such as the differentiation of mesoderm progenitor cells into early cardiomyocytes. [178] hiPSC-CMs offer a window into the mechanism of early cardiogenesis that is difficult to achieve with model organisms when combined with epigenetic and transcriptional profiling. [58,209–211]

Mutant hiPSCs can be characterised molecularly. This will enable the assessment of the functional impact of CHD-associated variants on gene expression, chromatin status, and differentiation states. The hiPSC-CMs have provided valuable insights into the pathogenesis of CHD, although these in vitro assays do not take into account the effects of in vivo morphology and haemodynamics. Patients with *GATA6* LOF variants exhibit disruption of crucial downstream regulators linked to outflow tract development, specifically *KDR* and *HAND2*. This disruption explains why *GATA6* LOF variants are associated with outflow tract malformations. The study used hiPSCs. [58] In contrast, hiPSCs carrying a recurrent *GATA6* missense variant found in patients with CHD and pancreatic agenesis exhibit a significantly altered epigenetic landscape and increased retinoic acid signalling. [58] Transcriptomic analyses of *TBX5*-haploinsufficient hiPSCs revealed that gene regulatory networks controlling cardiomyocyte differentiation are sensitive to *TBX5* dosage. Additionally, novel genetic tools that may affect CHD phenotypes have been identified. [212] HiPSCs carrying a missense variant in *GATA4*, which is associated with septal defects and pulmonary stenosis, exhibit a loss of *GATA4-TBX5* interactions and inappropriate expression of endothelial cell genes in iPSC-CMs. [84]

The use of hiPSCs holds potential for evaluating non-coding variants in CHD. This overcomes the challenge of limited conservation of non-coding sequences between species that hinders analysis in experimental models. Using the large-scale parallel assays designed for hiPSCs can differentiate likely contributory non-coding variants from numerous benign polymorphisms can help identify the associated genes. [213] Additionally, profiling the epigenetics and transcription of hiPSCs during cellular differentiation offers insight. It is challenging to achieve early cardiogenesis in model organisms. [182]

7. Moving genomics into the clinical setting

The field of clinical genetic testing for people with CHD is constantly in evolution as a result of improvements in testing methods and the identification of associations between genotypes and clinical phenotypes over time. Traditional genetic testing strategies have focused mainly on syndromic CHD or selected CHD phenotypes that are strongly associated with a particular genotype, such as the 22q11 deletion. [214] Genetic testing for congenital heart disease has traditionally targeted

syndromic CHD or selected CHD phenotypes that are closely linked to a particular genotype (such as the 22q11 deletion). [214] However, the availability and cost-effectiveness of clinical WES is increasing, making gene-based diagnosis of both syndromic and non-syndromic CHD more common. WES provides comprehensive analysis that can identify the causes of CHD and detect incidental findings. If the results of genetic testing are clinically actionable or unclear, it is essential to obtain informed consent and seek guidance from genetic counsellors or experienced clinicians. However, clinical whole exome sequencing (WES) is becoming more widely available and cost-effective, enabling gene-based diagnosis of both syndromic and non-syndromic CHD. Informed consent and guidance from genetic counsellors or experienced clinicians is essential, since WES provides comprehensive analysis to identify the causes of CHD as well as incidental findings that are clinically actionable and/or of unclear relevance.

Furthermore, as new findings emerge, it is necessary to establish criteria for determining the pathogenicity of CHD requires criteria that are similar to those proposed by ClinGen and the American College of Medical Genetics and Genomics. [215–218]

Patient care can be significantly impacted by the identification of definitive causal variants for congenital heart disease (CHD). Genotyping to inform the risk of recurrence, prenatal genetic counselling and pre-implantation genotyping will benefit both the family of a newborn with CHD and adults with repaired or mitigated CHD. [219] The genotype can increasingly indicate the risk for adverse extracardiac conditions or comorbidities, such as neurodevelopmental delay. [220,221] This emphasises the importance of monitoring negative postoperative results [220,221] and the potential development of cancers. [222–224]

7.1. CHD in association with extracardiac abnormalities or neurodevelopmental disabilities.

The likelihood of detecting a pathogenic CHD genotype increases from 8% to 22% when there is an extracardiac anomaly or neurodevelopmental delay, especially in genes that modify chromatin. [22] Studies of cohorts with neurocognitive disorders have shown an enrichment of damaging variants in chromatin-modifying genes [23,225–227], indicating a significant genetic contribution to the association. It is important to note the specific genetic factors that contribute to this association. between CHD and neurodevelopmental delay. Identifying chromatin-related damaging genotypes in newborns with CHD can inform pre-emptive interventions to improve their learning and social skills. [225–227]

De novo copy number variations have an impact on perioperative outcomes.

CHD genotypes can help identify high-risk patients for cardiac surgery. Patients with CHD and 22q11.2 deletions experience longer cardiopulmonary bypass durations and frequent repeat operations. Patients with CHD who have other large CNVs (>300 kb) also have a higher risk of death or requiring transplantation and prolonged admission time in intensive care compared to those without the deletion. [228–232] WES is continuing to extend these findings. Patients with congenital heart disease (CHD) who have de novo copy number variations (CNVs) or damaging single-nucleotide variants experience longer time to extubation and reduced transplantation-free survival. [220] These negative outcomes are particularly significant for CHD patients without extracardiac anomalies. Some genomic regions associated with risk are linked to cardiac trabeculation and myocardial performance, which may underlie the risk of heart failure and transplantation in some patients with CHD. [233] The link between genotype and morphological structure is important to consider.

7.2. Cancer risk in patients with congenital heart disease.

The incidence of cancer is 1.4 to 2 times higher in adults with CAD than in the general population. [222–224] Certain CHD genotypes may also increase the risk of cancer [152] in combination with increased radiation exposure associated with therapeutic interventions. [234,235] This is because many genes with harmful variants associated with CHD are also recognised as genes associated with cancer risk. Since patients with CHD with harmful variants in genes associated with

cancer risk often have extracardiac manifestations, this association may be related to the underlying and widespread developmental role of some CHD-associated genes.

7.3. Forthcoming applications in the clinic.

Investigating the relationship between causal variants associated with CHD and clinical outcomes presents a significant opportunity. Some of the questions that need to be answered include: How do variants in specific genes or defects in signalling pathways relate to the observed variability in CHD phenotypes? Additionally, do genetic variants linked to CHD or other genetic variants impact survival rates following surgical procedures? How do structural heart disease-causing variants relate to long-term cardiovascular function measures in patients with CHD? To answer these questions, we need large genome-wide sequencing datasets. These datasets need to be harmonised with comprehensive, high-quality clinical data. Multicentre collaborative efforts are likely to be crucial given the expense and magnitude of the datasets necessary to answer these questions.

8. Conclusions

The genetic architecture of CHD has been discovered through technological advances. This includes damaging germline and mosaic variants, copy number and structural variants that affect multiple genes, and variants in non-coding sequences. These discoveries have implications beyond the understanding of the molecular basis for this common birth defect. These insights define important genes and pathways involved in the development and function of the heart and other organs. Variants associated with CHD also identify genetic variants that increase the risk of neurocognitive dysfunction and cancer, and confer specific risks on patients requiring surgical intervention for CHD. Although progress has been made in understanding the genetic architecture of CHD, there is still much to learn. The causes of CHD remain unknown in over 50% of patients. To address this challenge, we need to explore new directions. One potential avenue is identifying abnormal gene expression. To increase productivity, direct analysis of human CHD tissues, comprehensive assessment of non-coding sequences and oligogenic variants, and examination of the effects of environmental exposures may be useful. Results from these and other studies offer great promises not only to improve the diagnosis, classification and clinical care of patients with CHD, but also to enrich the basic biological and genetic insights in developmental and genomic biology.

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Reference

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