

Article

Not peer-reviewed version

Senna alata: Phytochemistry, Antioxidant, Thrombolytic, Anti-inflammatory, Cytotoxicity, Antibacterial activity, and GC-MS analysis

Deepa Karki , [Bipindra Pandey](#) ^{*} , Prabhat Jha , [Ashish Acharya](#) , Dharma Khanal , Bechan Raut , [Sandesh Panthi](#) ^{*}

Posted Date: 21 December 2023

doi: 10.20944/preprints202312.1598.v1

Keywords: Senna alata; phytochemical screening; antioxidant activity; anti-inflammatory activity; thrombolytic activity; cytotoxic activity



Preprints.org is a free multidiscipline platform providing preprint service that is dedicated to making early versions of research outputs permanently available and citable. Preprints posted at Preprints.org appear in Web of Science, Crossref, Google Scholar, Scilit, Europe PMC.

Copyright: This is an open access article distributed under the Creative Commons Attribution License which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Article

Senna alata: Phytochemistry, Antioxidant, Thrombolytic, Anti-Inflammatory, Cytotoxicity, Antibacterial Activity, and GC-MS Analysis

Deepa Karki ¹, Bipindra Pandey ^{2,3,*}, Prabhat Jha ³, Ashish Acharya ³, Dharma Prasad Khanal ¹, Bechan Raut ¹ and Sandesh Panthi ⁴

¹ Manmohan Memorial Institute of Health Sciences, Tribhuvan University, Kathmandu, Nepal

² Department of Pharmacy and Clinical Pharmacology, Madan Bhandari Academy of Health Sciences, Hetauda, Nepal

³ School of Health and Allied Sciences, Pokhara University, Kaski, Nepal

⁴ PSN Education Pvt. Ltd., Gokarneshwor-5, Kathmandu 44600, Nepal

* Correspondence: bipindra.pandey@mbahs.edu.np (BP); sanpan276@gmail.com (SP)

Abstract: Aim: Nepal's medicinal plants are culturally important and have diverse benefits. *Senna alata* belongs to the family Leguminosae and is a valuable plant utilized for medicinal and ornamental purposes. The aim of the research was to extract *Senna alata* leaves by successive maceration with various solvents. Methods: In this study, various methods were utilized to evaluate phytochemistry, overall phenolic and flavonoid content, in-vitro antioxidant, anti-inflammatory, cytotoxicity assay, anti-thrombolytic activity, and antibacterial activities. Results: The extractive values of *Senna alata* were determined as 1.58%, 0.78%, and 5.92% in hexane, ethyl acetate, and methanol, respectively. GC-MS analysis revealed major compounds such as 3-Methylmannoside, Neophytadiene, Campesterol, and Vitamin E in the leaf extract. Qualitative phytochemical screening verified the tannin content, carbohydrates, flavonoids, cardiac glycosides, glycosides, and saponins in the methanol extract. The total phenolic and flavonoid values were 46.36±4.5 mg GAE/gm and 480.4±3.055 QE/gm of dried extract, respectively. The extract exhibited significant antioxidant and anti-inflammatory activities, with IC₅₀ values of 29.81 and 9.93, respectively. Furthermore, it demonstrated cytotoxic activity with an LC₅₀ value of 767.85 in the brine shrimp bioassay. In terms of thrombolytic activity, the extract showed clot lysis percentages of 7.89% and 10.13% at concentrations of 10 mg/ml and 25 mg/ml, respectively. Conclusion: In conclusion, the methanolic extract of *Senna alata* leaves displayed therapeutic potential, including antioxidant, anti-inflammatory, cytotoxic, thrombolytic, and antibacterial effects. The existence of several chemicals via GC-MS analysis also verified plant's potential for therapeutic use.

KeyWords *Senna alata*; phytochemical screening; antioxidant activity; anti-inflammatory activity; thrombolytic activity; cytotoxic activity

Introduction

Due to a lack of research and scientific validation, herbal medicines are still not widely accepted by the medical community ^[1]. Antibiotic resistance is an issue in today's world because of the widespread use of commercial antibiotics to treat infectious diseases ^[2].

The immune system's natural reaction to harm caused by microbial, chemical, and physical agents is inflammation. Excessive inflammation leads too many acute and chronic human diseases characterizes autoimmune diseases, illnesses of the circulatory system, malignancies, and metabolic and neurological disorders ^[3].

An entire class of extremely reactive molecules produced by the metabolism of oxygen is known as reactive oxygen species (ROS). Normally occurring physiological quantities of ROS are necessary for cellular functions. Higher quantities of reactive oxygen species, however, can result in significant cellular and tissue damage and accelerate the development of illnesses like cataract formation, liver injuries and aging. Synthetic and natural antioxidants can both be useful in assisting the body in lessening the oxidative damage caused by reactive oxygen species ^[3]. *Senna alata* contains chemical

components that have been shown to have a variety of pharmacological activities. However, the real effects are yet unknown, thus more research is needed to investigate its medical benefits [4].

Meantime, some studies reported that generation of reactive oxygen species (ROS) caused inflammation and which has been related to the pathogenesis factors for various disease in patients [5]. Hence, this complication may be prevented through the scavenge ROS by the free radical scavenging mechanism. Most of bioactive phytoconstituents like; phenolic, alkaloid, and flavonoid compounds curing the endogenous cells and cellular proteins through the free radical scavenging activity [6-8]. Since such preventive effects are important to the inflammatory, cytotoxicity, and microbial disease which is also due to oxidative process.

Senna alata is commonly known as candle tree or ringworm brush [1]. It is locally known as Agasti plant and used in various religious rituals. *Senna alata* is a significant flowering plant that is both decorative and medicinal [9]. Plant leaves are utilized as an astringent, expectorant, vermicide, purgative, and in the treatment of fungal illnesses. *Cassia alata* leaf extract may have cytotoxic, analgesic, antibacterial, anti-inflammatory, and fungicidal properties [1, 9].

The search for new antimicrobial active agents obtained by using plant extracts of *Senna alata* has led to the discovery of many clinically useful drugs, which help to solve the problems of antibiotic resistance exhibited by pathogenic microorganisms [2]. *Senna alata* contains anti-inflammatory agents; hence can be a sensible and successful research approach in the hunt for novel anti-inflammatory medications. This plant extracts may led to the concentration of scientific effort on finding reliable and efficient sources of antioxidants which prevents from the cellular and tissue damage causes by oxidative stress [3].

In the search for new drugs, the search for bioactive plant components from natural sources is always a deciding factor. Research on *Senna alata* leaves will improve the proper use of this plant in various medical conditions as an alternative treatment plan and will help to find possible therapeutic agents for specific diseases. This study aims to investigate the in vitro antioxidant, antibacterial, anti-inflammatory, thrombolytic, cytotoxic effects, phytochemical profiling and his GC-MS analysis of *Senna alata* leaf extract.

Material and methods

Drugs and Chemicals

Methanol, Ethyl acetate, and Hexane were purchased from Merck Life Science Pvt. Ltd., while the Vincristine Sulphate was obtained from the Neon Laboratories, Limited, India. Standard reference drug Diclofenac and Ciprofloxacin were obtained from Saheka India and Arati Drugs India respectively. Ascorbic acid, Gallic acid, Quercetin, DPPH was purchased from Hi-Media, India. Every reagent and chemicals of analytical are used for this research.

Study PLANT material

Senna alata leaves were gathered from Chandragiri-06, Kathmandu, Nepal. Plant herbarium was authenticated by taxonomist from National Herbarium and Plant Laboratories, Kathmandu, Nepal. A voucher specimen (Acc. No. 02-1221- 2020) was deposited in the herbarium of Manmohan Memorial Institute of Health Science for future reference.

Plant Extracts Preparation and Extracts Percentage Yield

The leaves of the plants were thoroughly cleaned with fresh water. The leaves were then dried and sliced into little bits and introduced to successive maceration technique in which 3 different solvent were used according to polarity of the solvents. The method involved use of non-polar solvent ethyl acetate and n-hexane and polar solvent methanol for extraction of active constituents from the powdered leaves. For this, a known amount of powdered sample was taken in a beaker and extraction was carried out in hexane, ethyl acetate and then methanol subsequently in increasing order of polarity using maceration process. Finally, the obtained extract was transferred to a stainless steel plate and concentrated at room temperature using table fan. Dried extracts were stored in borosilicate glass vials and subjected to different investigations. Then obtained plant extract was

filtered by Whatman No. 1 filter paper. The filtrate was evaporated by rota evaporator under reduced pressure (60 mmHg) at 40°C and store at 4°C. The extract yield percentage can be determined using the formula below:

$$\text{Extract \% yield} = (\text{Weight of dried extracts} / \text{Weight of plants sample}) \times 100$$

GC-MS Analysis

The chemical components present in the methanolic extract that demonstrated the different biological activities were identified by performing a GC-MS analysis on the extract. The Nepal Academy of Science and Technology in Khumaltar, Lalitpur, conducted the GC-MS. For the GC-MS examination of plant material, GCMS QP2010 (Shimadzu, Kyoto, Japan) equipped with RTX-5MS fused silica capillary column of 30m length X 0.25 mm diameter X 0.25µm film thickness. Helium (>99.99% purity) with 36.2 cm/sec linear velocity was employed as carrier gas. The system was configured using 3.9 ml/min of total flow rate, 0.95 ml/min of column flow and 3.0 ml/min purge flow. The volume of injected sample was 1µl. The injector was set in splitless mode having 280°C of temperature. Starting at 100°C, the oven temperature increased to 250°C at 15°C/min with a 1-min pause. It then increased to 280°C at 30°C/min with a 1-min hold, then it increased once more from 280°C to 300°C at 15°C/min with an 11-minute hold. With solvent cut-off duration of 3.5 minutes, the ion source and interface temperatures were set at 200°C and 280°C, respectively. 20 minutes were spent on the mass range scan, which covered 40 to 500 m/z. By comparing the mass spectra of the compounds with information from the NIST 08 mass spectral collection, the compounds were identified.

Qualitative Phytochemical Analysis

The *Senna alata* leaves extracts undergo phytochemical analysis for the detection of plant secondary metabolites like alkaloid, flavonoid, tannin, carbohydrate, anthraquinone, saponins and protein [10, 11].

Quantitative Phytochemical Analysis

Using the Folin-Ciocalteu technique, the total phenolic content of *Sennaalata* extracts was determined^[12] using certain adjustments, and the results were expressed as gallic acid (GA) equivalents in milligrams (mg) per gram of dry leaf extract (mg GAE/g).

The aluminum chloride technique was used to determine the total flavonoid content [13] using a few minor adjustments, and the total flavonoid were expressed as milligrams of quercetin equivalents (QE) per gram of extract from dried leaves (mg QE/g).

DPPH Free Radical Scavenging Assays

The prior methodology was utilized to assess the *Sennaalata* leaves extract's capacity to scavenge DPPH free radicals [14]. To put it briefly, 2 mL of DPPH solution (60 µM) was added to 2 mL of ethanolic and aqueous extracts at varying concentrations (0.1-100 µg/ml). Next, incubate in the dark at 25 °C for 30 minutes. For the positive control, ascorbic acid (AA) was used. A measurement of absorbance at 517 nm revealed that the reaction combination's reduced absorbance indicated increased free radical scavenging activity [15, 16]. IC₅₀ value of the sample containing plant extracts—that is, the concentration required to scavenge 50% radicals was also determined. Each sample's free radical inhibition activity was calculated using the following formula:

$$\text{DPPH free radical scavenging activity (\%)} = [(A_{\text{control 517}} - A_{\text{Sample 517}}) / A_{\text{control 517}}] \times 100$$

Where, $A_{\text{control 517}}$ is the control absorbance $A_{\text{sample 517}}$ is the plant extract sample absorbance

In Vitro Thrombolytic Activity

For assessing the clot-dissolving activity of *Senna alata*, a plant extract, compared to positive (Streptokinase) and negative control (water). Blood samples were collected from 21 healthy volunteers and distributed into pre-weighed micro centrifuge tubes. Following clot formation, serum was extracted, and the weight of the clot was measured. *Senna alata* extract, streptokinase, and water were added separately to different tubes. Following 90 minutes incubation, after removing any fluid that had leaked, the tubes were weighed again. The weight difference before and after clot lysis was calculated as a percentage of clot lysis. The experimental setup allowed the evaluation of *Senna alata* effectiveness in dissolving blood clots and comparing it to the controls [17].

$$\% \text{ clot lysis} = \frac{W_3 - W_2}{W_1} \times 100$$

$$W_2 - W_1$$

Where, Clot weight = $W_2 - W_1$

W_1 = weight of tube alone, W_2 = weight of clot containing tube, W_3 = final weight of tube with test

Brine Shrimp Lethality Bioassay

In this experiment, the lethality test for brine shrimp was utilized to assess the cytotoxic potential of a plant extract [18]. Six different concentrations of the extract were tested, ranging from 800 µg/ml, 400 µg/ml, 200 µg/ml, 100 µg/ml, 50 µg/ml. After a 24 hour exposure, the number of surviving shrimp was recorded. Larvae showing no movement were considered dead. Negative control using Dimethyl sulfoxide and a Vincristine sulfate as reference standard were included. To make sure famine was not the cause of the observed death, comparisons were made with the control group.

The toxicity of the plant extracts was determined by calculating the median lethal concentration (LC_{50}) using probit analysis, as described by Finney (Singleton & Rossi, 1965). The Brine Shrimp lethality bioassay offers several advantages, including its rapidity, low cost, simplicity, and the ability to use a large number of organisms for statistical validation. It also requires minimal sample volume (2-20 mg or less) and does not necessitate animal serum, which is typically needed for other cytotoxicity assays.

$$\text{Mortality \%} = (\text{No. of Dead larvae} / \text{Total no. of Larvae}) \times 100\%$$

Antibacterial Activity

Evaluation of Antibacterial Activity

To evaluate antibacterial activity, the agar well method was employed. In the method test, organisms were gathered, isolated as pure cultures, and standardized using the 0.5 M Mac-Farland standard [19].

Microorganism Culture

It was decided that selectable microorganisms may be used for the investigation of antibacterial characteristics. The ATCC culture was obtained from the MMIHS laboratory, while the clinical isolates were obtained from the Natural Product Research Laboratory, Thapathali, Kathmandu. The creatures being assessed were:

Gram positive: *Staphylococcus aureus* (ATCC 6538P), *Bacillus subtilis* (ATCC6051)

Gram negative: *E.coli* (ATCC 8739), *Klebsiella pneumoniae* (ATCC700603)

Mueller Hilton Agar (MHA) petri plates that had just been made were used to cultivate the obtained bacteria. The organism was allowed to develop in peptone water broth for the purpose of

standardization prior to the test. Before being injected into the petri plates, the organisms in peptone water broth were cultured for 4-5 hours.

Standard Preparation

The antimicrobial evaluation standard employed in the experiment consisted of (320, 160, 80, 40) µg/ml of a solution of Gentamycin and Azithromycin dissolved in 1% DMSO.

Sample Preparation

Different concentration of Normal extract solution (320, 160, 80, 40) µg/ml was dissolved in DMSO solution.

Test Procedure

The bore well diffusion method was employed for the test. According to the manufacturer's directions, MHA agar was made. The agar was prepared and 15 minutes of autoclaving at 15 pounds of pressure. In a sterile laminar hood, sterile petri dishes were filled with agar. The sun could set. For the test method, bores were prepared using an 8mm well borer. Using a sanitized swab stick, the bacteria were extracted from the peptone water broth and swabbed in the petri plates. Using a micropipette with sterile tips, 100 g/L of the extracts were collected. For 5 different concentrations of the test extracts, 5 holes were punched into each plate. Standard and blank underwent a similar process. Following a 24-hour incubation period, the zones of inhibition were identified on the plates.

Statistical Analysis

The data was shown as mean ± standard deviation. The gallic acid and quercetin standard calibration curve was draw for estimation of phenolic and flavonoid content using Microsoft Excel's regression line equation, 2007. The table and picture presented the results. The statistical analysis was carried out using SPSS version 16.

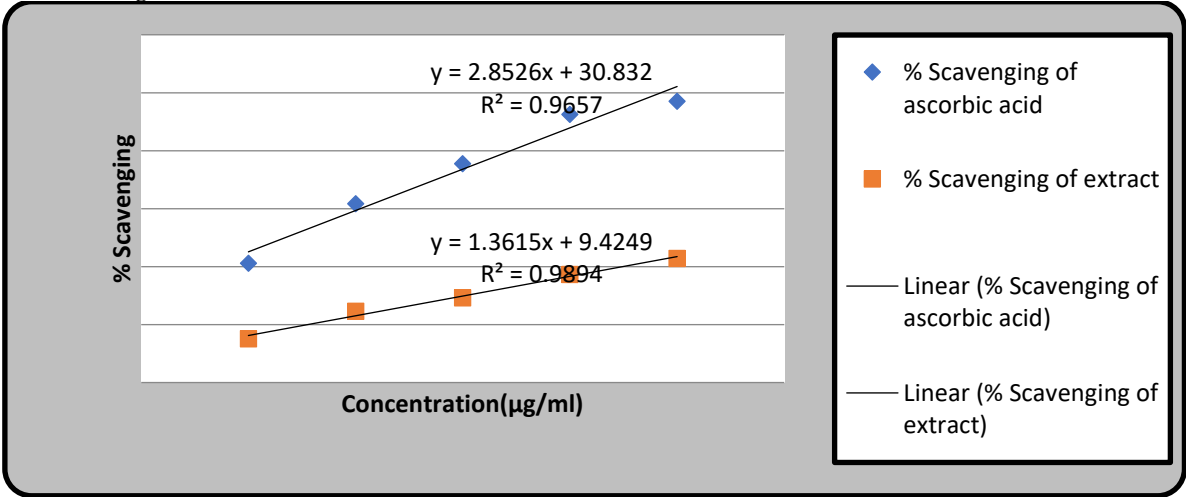


Figure 1. Antioxidant activity by using DPPH.

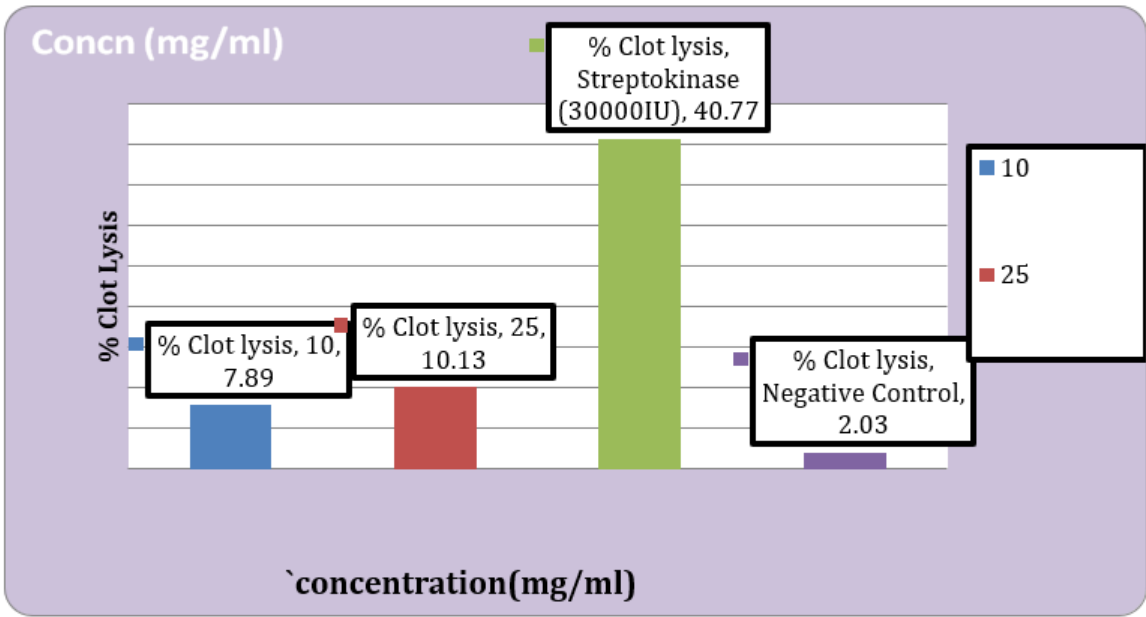


Figure 2. Thrombolytic activity of the extract.

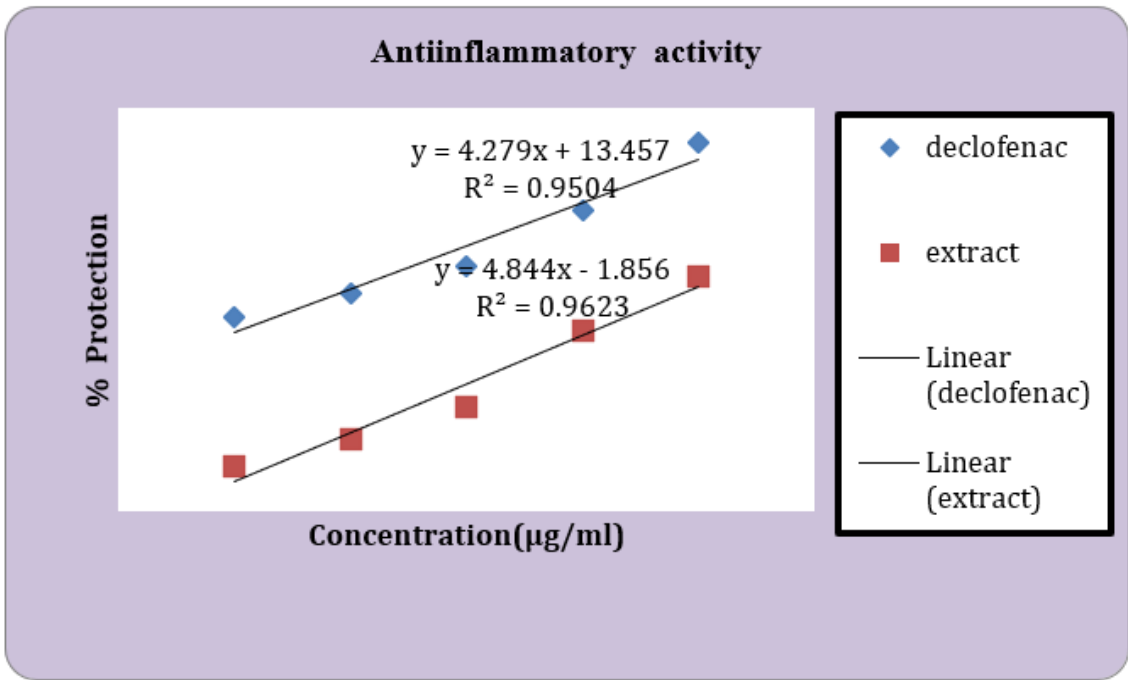


Figure 3. Anti-inflammatory activity of standard and the extract.

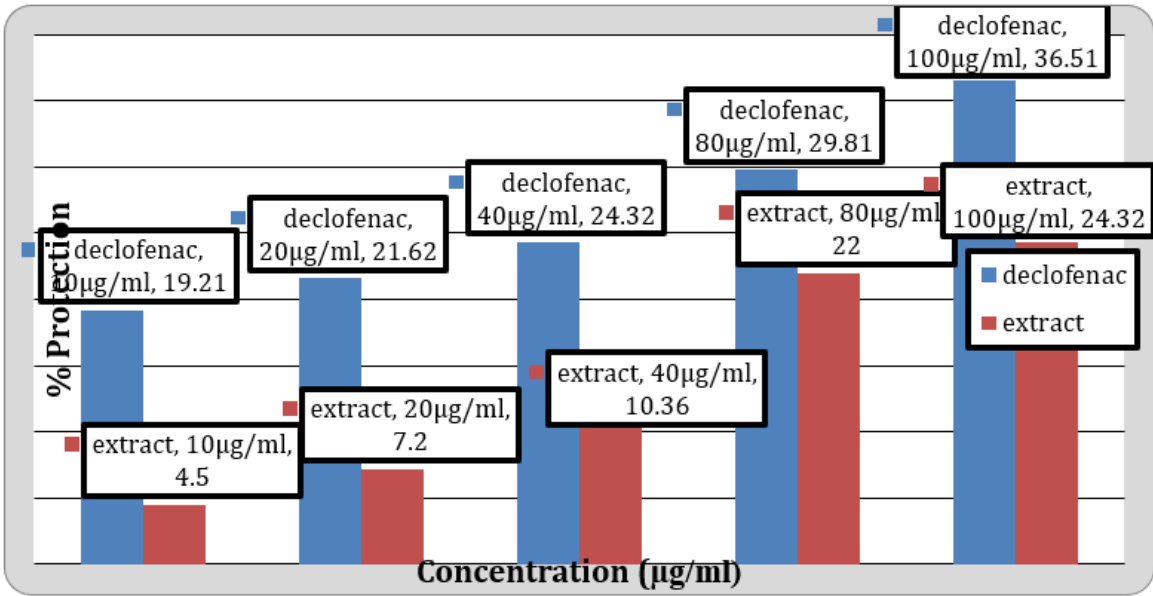


Figure 4. Anti-inflammatory activity of the extract.

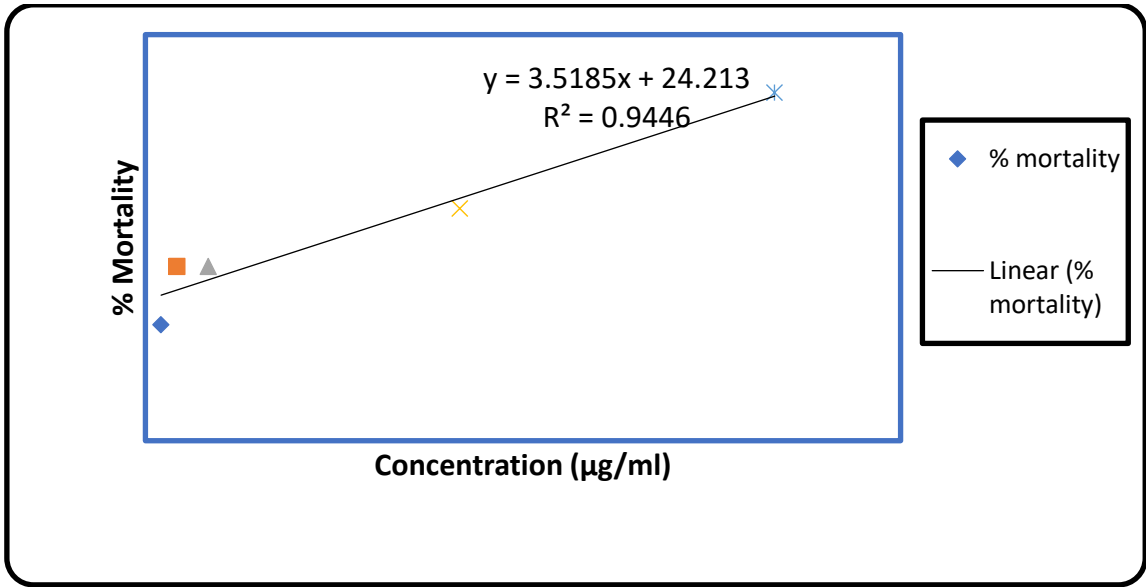


Figure 5. Cytotoxic activity of vincristine sulphate.

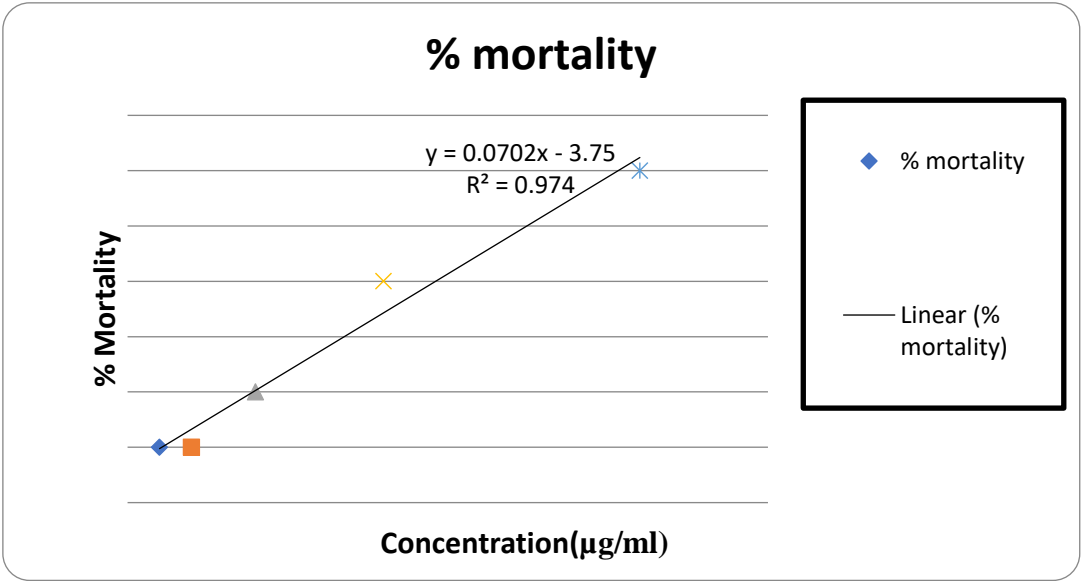
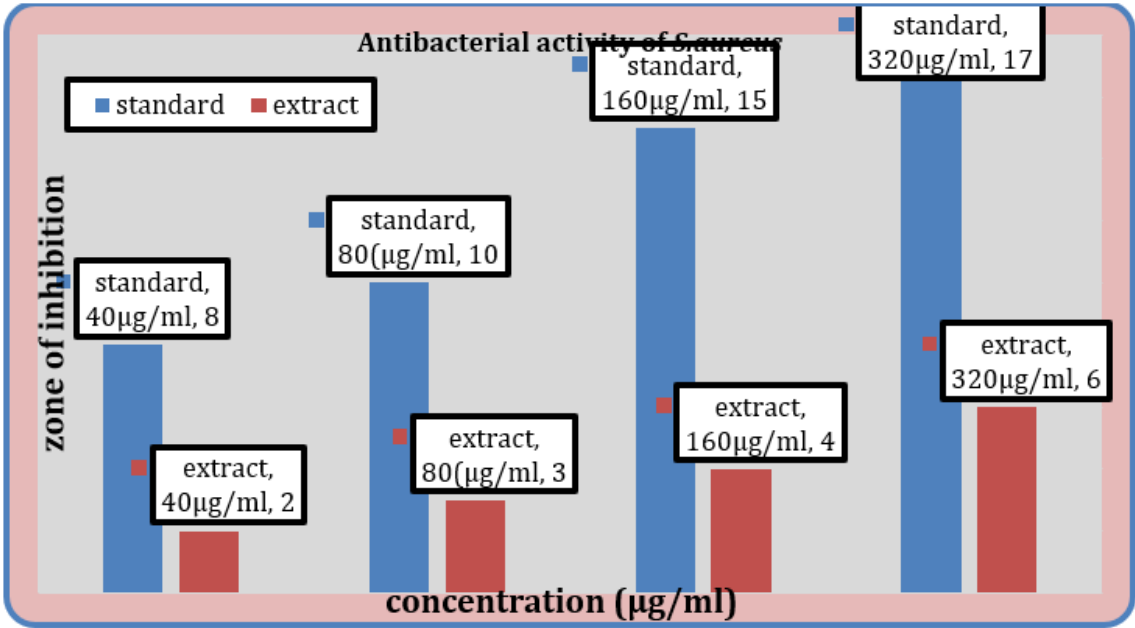


Figure 6. Cytotoxic activity of the extract.



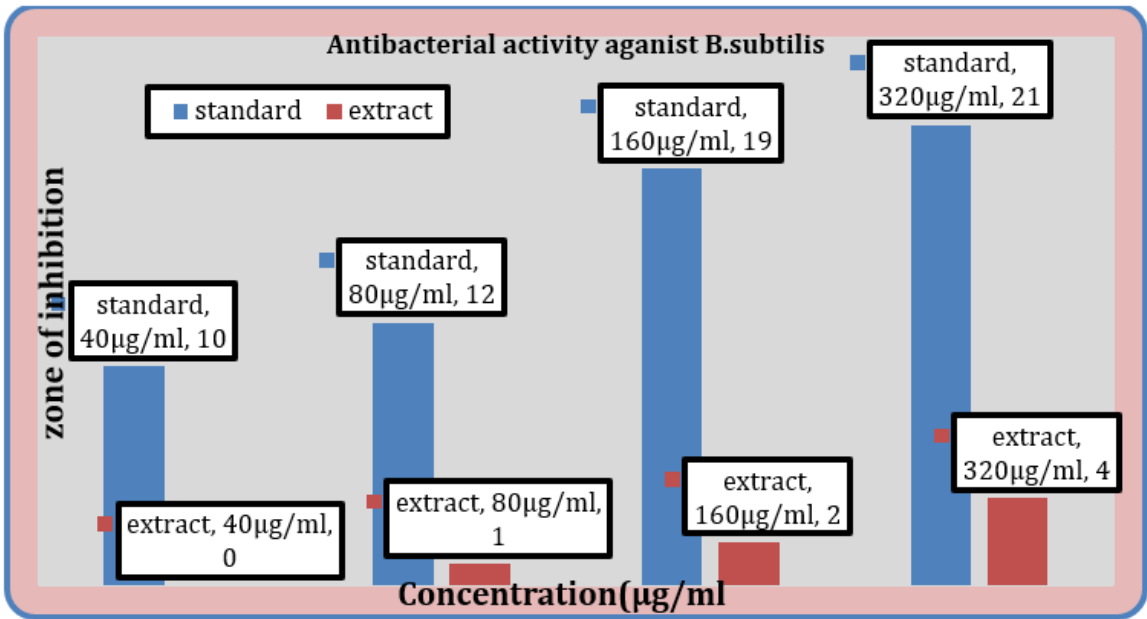


Figure 7. Antibacterial activity of the extract against *S. aureus*, *B. subtilis*.

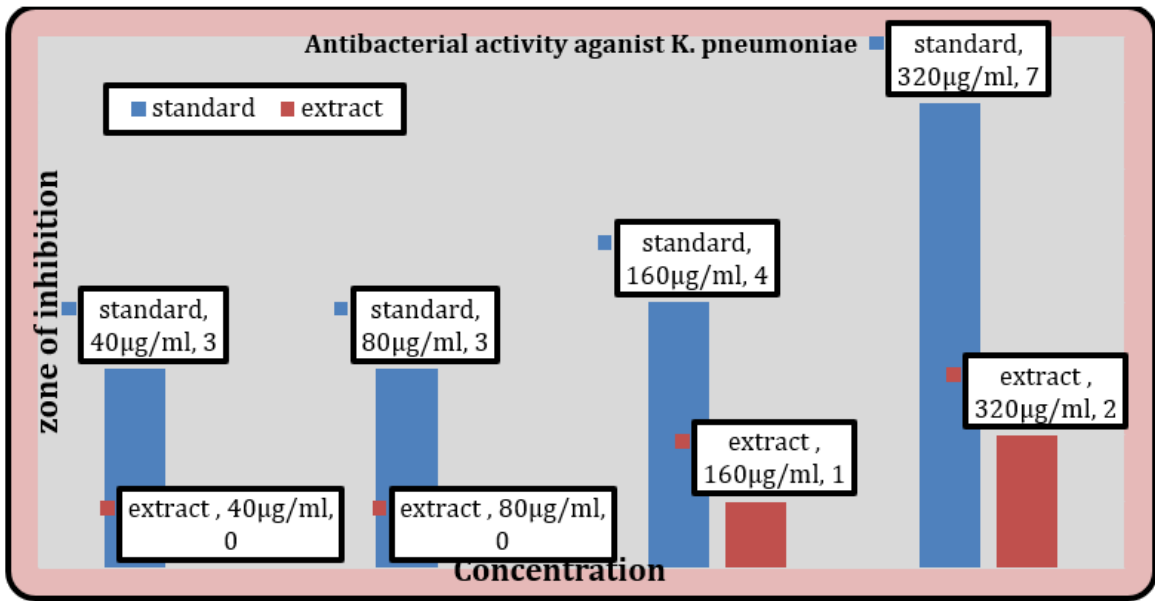


Figure 8. Antibacterial activity of the extract against *K. pneumoniae*.

Results

Qualitative Phytochemical Analysis

Numerous phytoconstituents, including tannin, flavonoids, saponin, carbohydrates, terpenoids, and cardiac glycosides, were found in methanol extracts using qualitative phytochemical screening; these results are shown in Table 1.

Table 1. Phytochemical screening of water and ethanol extract of *Sennaalataleaves*.

Phytochemical constituents	Specific tests	Result
		Methanol extract

Alkaloid	Mayer's test	-
	Wagner test	-
	Hager's test	-
	Dragendroff's test	-
Carbohydrate	Molish's test	+
	Benedict's test	+
Glycoside	Modified Borntrager test (Anthraquinones)	-
	Killer killiani test (Cardiac glycoside)	+
Saponin	Foam test	+
Phenol	Ferric chloride test	+
Flavonoid	Alkaline reagent test	+
	Shinoda test	+
	Zn-HCl test	+
Tannin	Gelatin test	+
	Ferric Chloride test	+
Terpenoid	Salkowaski test	-
	Copper acetate test	-
+: Presence, -: Absence		

Table 2. GC –MS analysis.

S.N	Name of Compound	Molecular formula	Reported Activity
1	3-Methylmannoside	C ₇ H ₁₄ O ₆	Plant growth regulator/ regulate plant growth by modulating glycoconjugation to lectins in plants
2	Neophytadiene	C ₂₀ H ₃₈	Antimicrobial, additive for liquid cigarette
3	Squalene	C ₃₀ H ₅₀	Antioxidant
4	Campesterol	C ₂₈ H ₄₈ O	Anticancer, Antimicrobial , anti-inflammatory
5	Stigmasterol	C ₂₉ H ₄₈ O	Anticancer, Antiinflammatory
6	Alpha.Tocospiro	C ₂₉ H ₅₀ O ₄	Cytotoxicity against human A549 cells by SRB assay. Antimicrobial activity against Mycobacterium tuberculosis H37Rv

Table 3. Extraction yield (%) of three solvents of *Sennaalata* leaves, total phenolic and flavonoids content.

Extract	Extraction yield (%)	Phenols (mg GAE/g dry extract weight)	Flavonoids (mg QE/g dry extract weight)
Methanol extract	5.92	46.36±4.5	480.4±3.055
Hexane extract	1.54	44.89±4.49	476.17±4.33
Ethyl acetate	0.78	40.66±0.36	435.77±4.81
Values calculated from the mean of three times experiment and represented as mean ± S.D			

Table 4. IC₅₀ value and DPPH free radical scavenging activity of both *Sennaalata* extracts at varying concentrations.

Extract/ Standard	% activity of DPPH scavenging					IC ₅₀ µg/mL
	5 µg/mL	10 µg/mL	15 µg/mL	20 µg/mL	25 µg/mL	
Methanol extract	15.13±0.0093	24.65±0.0063	29.28±0.0094	37.33±0.0290	42.83±0.0049	29.81
Ascorbic acid	41.19±0.0090	61.69±0.0012	75.59±0.0050	92.56±0.0050	97.07±0.0080	6.12

Values calculated from the mean of three times experiment and represented as mean ± standard deviation (n=3).

Table 5. Percentage clot lysis of extract.

S.N	Concentration(mg/ml)	% clot lysis
Extract 1	10	7.89
Extract 2	25	10.13
Streptokinase	30,000 I.U	40.77
Negative control	D/W	2.03

Table 6. Percentage protection and percentage hemolysis of extract and standard.

Concentration(µg/ml)	Percentage Protection		% hemolysis	
	Diclofenac	Extract	Diclofenac	Extract
10	19.21	4.5	80.79	95.46
20	21.62	7.4	78.38	92.75

40	24.32	10.32	75.68	89.62
80	29.81	18.16	70.19	77.90
100	36.51	23.32	63.49	75.17

Table 7. EC₅₀ values for Diclofenac and extract.

Name	EC ₅₀
Diclofenac sodium	8.54
Extract	9.93

Table 8. Percentage mortality by standard Vincristine Sulphate.

Concn (µg/ml)	% mortality	LC ₅₀ value
0.25	20	7.32
0.5	30	
1	30	
5	40	
10	60	

Table 9. Percentage mortality of brine shrimp by extract.

Concentration (µg/ml)	% Mortality	LC ₅₀ (µg/ml)
50	0	767.85
100	0	
200	10	
400	30	
800	50	

Table 10. Antibacterial activity.

Sample	Concn ($\mu\text{g/ml}$)	Inhibition zones of antibacterial screening (mm)			
		<i>S. aureus</i>	<i>B. subtilis</i>	<i>K. pneumoniae</i>	<i>E. coli</i>
Azithromycin	40	5	10	-	-
	80	7	12	-	-
	160	12	19	-	-
	320	14	21	-	-
Gentamycin	40	-	-	3	8
	80	-	-	3	9
	160	-	-	4	13
	320	-	-	7	15
Extract	40	2	-	-	-
	80	3	1	-	-
	160	4	2	1	-
	320	6	4	2	-

Quantitative Phytochemical Analysis

The methanol leaf extracts of *Senna alata* exhibited the highest percentage of extraction yield (5.92%). Highest phenol content was observed in methanol extract (46.36 \pm 4.5) mg GAE/gm dry extract weight while highest flavonoid content was found in methanol extract (480.4 \pm 3.055) mg QE/gm dry extract weight (Table 3).

DPPH Radical Scavenging Activity

Compared to conventional ascorbic acid, the methanol extracts of *Senna alata* leaves (IC₅₀ value 29.81 $\mu\text{g/mL}$) demonstrated good DPPH free radical scavenging action (Table 4).

Thrombolytic Activity

This study found that the percentage of clot lysis was 7.89% at 10 mg/ml and 10.13 % at 25 mg/ml. In a similar vein, clot lysis with conventional streptokinase was found to be 40.77%.

Anti-inflammatory Activity

Human red blood cell (HRBC) membrane stabilizing method assessed the in vivo anti-inflammatory properties of *Senna alata* extracts. As a standard, Diclofenac Sodium was used. The results obtained by studying in vivo anti-inflammatory activity are tabulated in Table 6.

Cytotoxic Activity

Vincristine sulfate had an LC_{50} value of 7.32 ($\mu\text{g/ml}$), while *Senna alata*'s methanolic extract had an LC_{50} value of 767.85 ($\mu\text{g/ml}$).

Antibacterial Activity

Table 10 displays the methanolic extract's antibacterial activity. While the extract does not demonstrate activity against *E. coli*, it does demonstrate activity against *S. aureus*, *B. subtilis*, and *K. pneumoniae*.

Discussion

It is widely accepted that natural products are the most valuable source of lead compounds for innovative drug development in the pharmaceutical industry. Bioactive plant components are used as drug candidates or drug substitutes to treat various human diseases [20]. The selection of *Senna alata* for this communication was based on its limited scientific research, traditional and ethnomedicinal uses. *In vitro* antioxidant, antibacterial, *in vitro* anti-inflammatory, thrombolytic, cytotoxic activities, phytochemical profiling and *Senna alata* leafmethanolic extract was subjected to GC-MS analysis.

The percentage yield was found maximum in methanol i.e. 5.92 %. In the previous study, methanol extract of *Senna alata* wasfoundthat 8.32% [21]. This was mostly impacted by various cultivation circumstances, including climate, plant location, and harvest times. The solvent's polarity has an impact on the phytochemicals that are recovered in the extracts.

The phytochemical analysis of *Senna alata* extracts showed the occurrence of a variety of chemical components that may have different pharmacological effects, such as flavonoids, carbohydrates, tannins, saponins, and cardiac glycoside. An earlier investigation found that the *Senna alata* plant's root and leaf extracts have antimicrobial properties was done in Nigeria revealed that saponins, alkaloids, flavonoids, anthraquinone, tannins, phenols and glycosides are present in *Senna alata* [18]. Because they contain phenols and flavonoids, plant secondary metabolites have anti-inflammatory and antioxidant properties. They also have a favorable correlation with as antibacterial, cytotoxicity, and anti-inflammatory activity [18].

The total phenolic content was determined using Folin-Ciocalteu's technique in using standard agent as gallic acid. The leaves of *Senna alata* had the highest quantity of total phenols (42.76 ± 2.13 mg GAE/g dry extract weight) in the methanol extract. Using quercetin as a reference, the total flavonoid concentration was determined using the aluminum chloride colorimetric test. Of the two methanol extracts with flavonoid content, this one has a high concentration of flavonoids (34.97 ± 2.86 mg QE/g dry extract weight). It demonstrates how important a role the solvent system plays in the solubility of various chemical components. It has been demonstrated that higher polarity solvents remove phenolic chemicals from the entire plant more effectively than lower polarity solvents [22]. This result agrees with the previous study [23]. Similar previous study was performed on methanol extract of this plant showed that 41.6 ± 0.41 mg GAE/g and 31.9 ± 0.63 QE/g of dried extract [21].

The various samples' DPPH radical scavenging ability was tested at various doses (at 5, 10, 15, 20, and 25 $\mu\text{g/ml}$) methanol extract revealed the concentration-dependent radical scavenging activity. Ascorbic acid's IC_{50} value in the DPPH scavenging method was 6.62 ($\mu\text{g/ml}$), while plant extract's IC_{50} value was 29.81 ($\mu\text{g/ml}$). Previous study conducted by J.Sujatha, S.Asokan showed that the IC_{50} value was 24.56 $\mu\text{g/ml}$ [24]. According to this study, the IC_{50} value decreased as the phenolic and flavonoid concentration increased. The plant samples' antioxidant activity could be attributed to the presence of these chemical ingredients [25]. It has been demonstrated that plants with flavonoid and phenolic compounds have the ability to scavenge free radicals in living things [24]. Plant metabolites known for their phenolic and flavonoid components are widely distributed and exhibit a variety of pharmacological properties, including antibacterial, antioxidant, hepatoprotective, antidiabetic, and antimutagenic properties [26, 27]. The majority of compounds classified as antioxidants are derived from plants as secondary metabolites, such as phenolic compounds (flavonoids, phenolic acids, tocopherols, etc.) [25]. Because they can scavenge reactive oxygen species such as superoxide free

radicals, singlet oxygen, and hydroxyl radicals, phenolic compounds have the potential to be antioxidants [28]. The many functional hydroxyl groups found in flavonoids mediate their antioxidant action by scavenging dangerous free radicals and chelating metal ions to prevent the generation of dangerous radicals that damage vital biomolecules. Lipid peroxidation is oxidative stress's most frequent side effect. Through a variety of mechanisms, flavonoids play a significant role in lipid peroxidation against oxidative damage [29].

This study showed that, lethal concentration (LC₅₀ value) for the *Senna alata* leaves extract was found to be 767.85 µg/ml and highest mortality percentage was 30 % at concentration of 800 µg/ml. In the earlier research carried out by M.A. Awal et al, it was found that the toxicity effect of ethanolic leaf and seed extract of *Cassia alata* and found promising activity, rated that LC₅₀ value of 4.31µg/ml for seed and 5.29µg/ml for leaf [18]. The phytochemicals present in plant such as alkaloids, flavonoids are believed to have anticancer activity which can inhibit either initiation or progression of the tumors. The absent of alkaloids may be causes for relatively lower value of cytotoxicity activities.

In the anti-inflammatory activity, the percentage protection at 100µg/ml was found to be 36.51% and 23.32% for standard drug Diclofenac sodium and extract respectively. It was discovered that the thrombolytic activity at a concentration of 10 mg/ml was 7.89% and at 25 mg/ml it was 10.13 %. In the earlier investigation carried out by Adnan Mannan et al. extract of cassia seed showed 37.92% clot lysis when the amount of 100µl/ml [17].

The ability of test substance to inhibit the growth is confirmed by the appearance of the zone of inhibition. The largest zone of inhibition was found to be against *Streptococcus aureus* i.e. 6mm and for *Bacillus subtilis* it was found to be 4 mm. Also the extract didn't showed any action against the *E. coli* and for *Klebsiella pneumoniae*, it was found to be 2mm. In the previous study conducted by AA.Ogunjobi and M.A Abiala, the methanol extracts of *Senna alata* powder inhibited the growth of *Staphylococcus aureus*, and *Bacillus subtilis* with inhibition zone diameter of 15 mm and 12mm respectively [30].

The current investigation of *Senna alata* revealed the existence of increased levels of phenolic and flavonoid components together with strong antioxidant and anti-inflammatory activity, thrombolytic activity, cytotoxic activity and antimicrobial activity. Given that it may be a likely contender for the development of a novel oral therapeutic agent.

Conclusions

In conclusion, high extract yields was observed when *Senna alata* leaves were extracted with methanol, resulting in a large amount of flavonoids and phenolic compounds with significant antioxidant activity. From the GC-MS analysis, it can be concluded that *Senna alata* has the highest area ratio of 3-Methylmannoside. This study suggests that methanol extract from *Senna alata* leaves has potential anti-inflammatory, thrombolytic, cytotoxic, and antibacterial effects. Ultimately, this study supports additional scientific confirmations, investigations, and research to determine the potential therapeutic benefits of this medicinal plant in suppressing microorganisms, inflammatory diseases, and harmful cell proliferation-related diseases.

Author contributions: DK and BR conceived and designed the experiments. DK, BP, PJ, AA performed the experiments. BP, DPK, BR and SP analyzed the data. DK, PJ, BP and AA wrote the manuscript. BP, DPK, BR and SP reviewed the manuscript. SP and BP critically revised and provided intellectual input. DPK and BR supervised the project.

Funding: The author(s) received no specific funding for this work.

Data Availability Statement: All relevant data is in the paper and if any query regarding the finding of this study is obtainable from the corresponding author upon request.

Acknowledgments: The authors are thankful to the Department of Pharmacy, Manmohan Memorial Institute of Health Sciences, Kathmandu, Nepal for providing the research facilities and the laboratory facilities throughout the research.

Conflict of interest: The authors declare no conflict of interest.

Approval of the research protocol by an Institutional Reviewer Board and the approval number: Ethical clearance certificate was acquired from the Institute Review Committee of the Department of Pharmacy, Manmohan Memorial Institute of Health Sciences, Kathmandu indicating that the study was carried out with utmost meticulousness and void of any potential threat to human or the environment (Approval No:MMIHS-BP-2018).

Informed Consent: The informed consent of the volunteering human blood donor was duly solicited before their participation. Appropriate permission to research on the study plant was duly solicited from the local legislations.

References

1. Ibrahim D, Osman H. Antimicrobial activity of *Cassia alata* from Malaysia. *J Ethnopharmacol*. 1995;45(3):151-6.
2. Parveen A, Parveen B, Parveen R, Ahmad S. Challenges and guidelines for clinical trial of herbal drugs. *J Pharm Bioallied Sci*. 2015;7(4):329-33.
3. Sagnia B, Fedeli D, Casetti R, Montesano C, Falcioni G, Colizzi V. Antioxidant and anti-inflammatory activities of extracts from *Cassia alata*, *Eleusine indica*, *Eremomastax speciosa*, *Carica papaya* and *Polyscias fulva* medicinal plants collected in Cameroon. *PLoS ONE*. 2014;9(8).
4. Carmona F, Pereira AMS. Herbal medicines: old and new concepts, truths and misunderstandings. *Revista Brasileira de Farmacognosia*. 2013;23(2):379-85.
5. Dembinska-Kiec A, Mykkänen O, Kiec-Wilk B, Mykkänen H. Antioxidant phytochemicals against type 2 diabetes. *British Journal of Nutrition*. 2008;99(E-S1):ES109-ES17. Epub 2008/05/01.
6. Rodrigues HG, Diniz YS, Faine LA, Galhardi CM, Burneiko RC, Almeida JA, et al. Antioxidant effect of saponin: potential action of a soybean flavonoid on glucose tolerance and risk factors for atherosclerosis. *Int J Food Sci Nutr*. 2005;56(2):79-85.
7. Abou El-Soud NH, Khalil M, Hussein J, Oraby F, Farrag AH. Antidiabetic effects of fenugreek alkaloid extract in streptozotocin induced hyperglycemic rats. *J Appl Sci Res*. 2007;3(10):1073-83.
8. Zhang YJ, Gan RY, Li S, Zhou Y, Li AN, Xu DP, et al. Antioxidant Phytochemicals for the Prevention and Treatment of Chronic Diseases. *Molecules*. 2015;20(12):21138-56.
9. Timothy S, Wazis C, Adati R, Maspalma I. Antifungal activity of aqueous and ethanolic leaf extracts of *Cassia alata* Linn. *Journal of Applied Pharmaceutical Science*. 2012;2(7):182-5.
10. Evans WC. *Trease & Evans Pharmacognosy* (15Th Edition): Elsevier (A Division of Reed Elsevier India Pvt. Limited); 2002.
11. Yadav M, Chatterji S, Gupta SK, Watal G. Preliminary phytochemical screening of six medicinal plants used in traditional medicine. *Int J Pharm Pharm Sci*. 2014;6(5):539-42.
12. Singleton VL, Rossi JA. Colorimetry of Total Phenolics with Phosphomolybdic-Phosphotungstic Acid Reagents. *American Journal of Enology and Viticulture*. 1965;16(3):144.
13. Arvouet-Grand A, Vennat B, Pourrat A, Legret P. [Standardization of propolis extract and identification of principal constituents]. *J Pharm Belg*. 1994;49(6):462-8.
14. Molyneux P. The use of the stable free radical diphenylpicrylhydrazyl (DPPH) for estimating antioxidant activity. *Songklanakarin J sci technol*. 2004;26(2):211-9.
15. Shodeinde SA, Oboh G. Antioxidant properties of aqueous extracts of unripe *Musa paradisiaca* on sodium nitroprusside induced lipid peroxidation in rat pancreas in vitro. *Asian Pac J Trop Biomed*. 2013;3(6):449-57.
16. Blois MS. Antioxidant determinations by the use of a stable free radical. *Nature*. 1958;181(4617):1199-200.
17. Mannan A, Kawser MJ, Ahmed AA, Islam NN, Alam SM, Emon MAEK, et al. Assessment of antibacterial, thrombolytic and cytotoxic potential of *Cassia alata* seed oil. *Journal of Applied Pharmaceutical Science*. 2011(Issue):56-9.
18. Awal M, Nahar A, Hossain MS, Bari M, Rahman M, Haque M. Brine shrimp toxicity of leaf and seed extracts of *Cassia alata* Linn. and their antibacterial potency. *J Med Sci*. 2004;4(3):188-93.
19. Sedighinia F, Afshar AS, Asili J, Ghazvini K. Antibacterial activity of *Glycyrrhiza glabra* against oral pathogens: an in vitro study. *Avicenna journal of phytomedicine*. 2012;2(3):118.
20. Kumar S, Pandey AK. Chemistry and biological activities of flavonoids: an overview. *ScientificWorldJournal*. 2013;29(162750).
21. Pamulaparthi A, Prathap VR, Banala M, Nanna RS. Total Phenolic, Flavonoid contents and Antioxidant assays in leaf extracts of *Senna alata* (L.) Roxb. *Journal of Pharmaceutical Sciences and Research*. 2016;8(9):981.

22. Galanakis C, Goulas V, Tsakona S, Manganaris G, Gekas V. .A knowledge base for the recovery of natural phenols with different solvents. *Int J Food Prop.* 2013;16:382-96.
23. Russo D, Valentão P, Andrade PB, Fernandez EC, Milella L. Evaluation of Antioxidant, Antidiabetic and Anticholinesterase Activities of *Smallanthus sonchifolius* Landraces and Correlation with Their Phytochemical Profiles. *Int J Mol Sci.* 2015;16(8):17696-718.
24. Aklima J, Mojumder S, Sikdar D. Total phenolic content, reducing power, antioxidative and anti-amylase activities of five Bangladeshi fruits. *International Food Research Journal.* 2014;21(1):119.
25. Yadav R, Agrawal M. Phytochemical Analysis of Some Medicinal Plants. *Journal of Phytology.* 2011;3(12):10-4.
26. Kumar S, Mishra A, Pandey AK. Antioxidant mediated protective effect of *Parthenium hysterophorus* against oxidative damage using in vitro models. *BMC Complementary and Alternative Medicine.* 2013;13(1):120.
27. Singh R, Singh S, Kumar S, Arora S. Evaluation of antioxidant potential of ethyl acetate extract/fractions of *Acacia auriculiformis* A. Cunn. *Food Chem Toxicol.* 2007;45(7):1216-23.
28. Mishra A, Kumar S, Pandey AK. Scientific validation of the medicinal efficacy of *Tinospora cordifolia*. *ScientificWorldJournal.* 2013;23(292934).
29. Kumar S, Pandey A. Antioxidant, lipo-protective and antibacterial activities of phytoconstituents present in *Solanum xanthocarpum* root. *International Review of Biophysical Chemistry.* 2012;3(3):42-7.
30. Ogunjobi A, Abiala M. Antimicrobial activity of *Senna alata* and *Phyllanthus amarus*. *Global journal of pharmacology.* 2013;7(2):198-202.

Disclaimer/Publisher's Note: The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.