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Cheng-Cheng Kan , Wei-Che Tsai , Cheng-Chung Cheng , [Gwo-Ping Jong](#) *

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The Best Strategy for Black Hole Phenomenon between Intravascular Ultrasound and Optical Coherence Tomography

Cheng-Cheng Kan ^{1,2}, Wei-Che Tsai ², Cheng-Chung Cheng ² and Gwo-Ping Jong ^{3,4}*

¹ Department of Internal Medicine, Taichung Armed Forces General Hospital, Taichung 41152 and Taiwan.

² Division of Cardiology, Department of Internal Medicine, Tri-Service General Hospital, National Defense Medical Center, Taipei 11490, Taiwan.

³ Department of Internal Medicine, Chung Shan Medical University Hospital, Chung Shan Medical University Taichung 40201, Taiwan.

⁴ Institute of Medicine, Chung Shan Medical University, Taichung 40201, Taiwan.

* Correspondence: author: Dr. Gwo-Ping Jong, Department of Internal Medicine, Chung Shan Medical University Hospital, Taichung 40201, Taiwan. Tel: 886-933-450449; E-mail: cgp8009@yahoo.com.tw

Abstract: The black hole (BH) phenomenon is an intraluminal restenotic lesion. It was identified by intravascular ultrasound (IVUS) and optical coherence tomography (OCT) after intracoronary brachytherapy and drug-eluting stent implantation. Despite the similarity in the mode of action of brachytherapy and drug-eluting stent implantation, the BH phenomenon appears to be uncommon after drug-eluting stent implantation. Specifically, the BH phenomenon is better identified by OCT than by IVUS. Herein, we present a case of in-stent restenosis with suspected BH phenomenon on IVUS confirmed by OCT.

Keywords: black hole phenomenon; in-stent restenosis; intravascular ultrasound; optical coherence tomography

1. Introduction

In-stent restenosis (ISR) is a common complication that can occur following the placement of a coronary stent [1,2]. In recent years, the use of drug-eluting stents (DESs) reduces ISR and major adverse cardiac events [3,4]. However, ISR after DES implantation still occurs [5,6]. The black hole (BH) phenomenon is an intraluminal restenotic lesion image obtained by intravascular ultrasound (IVUS) and optical coherence tomography (OCT) [7–12]. The development of ISR involves multiple factors, including biological, mechanical, patient, and operator-related factors [13–15]. Intracoronary imaging is crucial for determining the specific mechanism of ISR, enabling tailored treatment strategies based on the identified cause. Therefore, we present a case of an ISR lesion with a suspected BH phenomenon on IVUS confirmed by OCT.

2. Case Description

A 72-year-old male presented to our outpatient department with incremental exertional dyspnea and chest pain for the past 2 weeks. He had ischemic heart disease and underwent percutaneous coronary intervention (PCI) on June 21, 2022, with sirolimus-eluting stents (SES) placed at the proximal portion of the left anterior descending (LAD) artery and the proximal to middle portion of the left circumflex artery. His ongoing medications included aspirin, clopidogrel, bisoprolol, atorvastatin, ezetimibe, furosemide, and hypoglycemic agents (pioglitazone, glimepiride, and dulaglutide).

During the cardiovascular outpatient department visit, his symptoms had subsided, and the ECG displayed sinus rhythm without significant ST/T wave changes for 9 months. According to the history and positive findings of the treadmill exercise test, he was admitted for coronary angiography. On admission, his laboratory data revealed poor diabetic control (hemoglobin A1C of

8.3%) and controlled hyperlipidemia (total cholesterol, 132 mg/dL; triglycerides, 54 mg/dL; low-density lipoprotein, 55 mg/dL, and high-density lipoprotein, 59 mg/dL). Blood counts, serum electrolytes, and renal and liver function tests were within normal limits.

Coronary angiography on April 27, 2023, revealed severe ISR of the proximal LAD (Figure 1). A 60-MHz high-definition IVUS was performed, which revealed a homogenous echolucent appearance at an ISR of the SES (Figure 2A) and a suspected BH phenomenon.

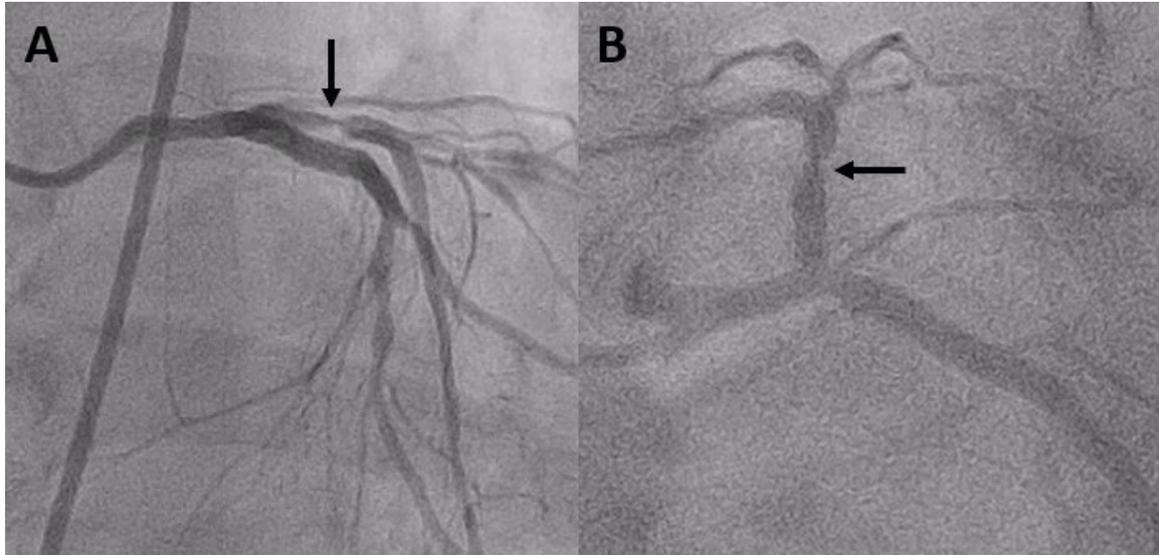


Figure 1. A and B Coronary angiography showed a severe stenosis (black arrow) at the proximal portion of LAD.

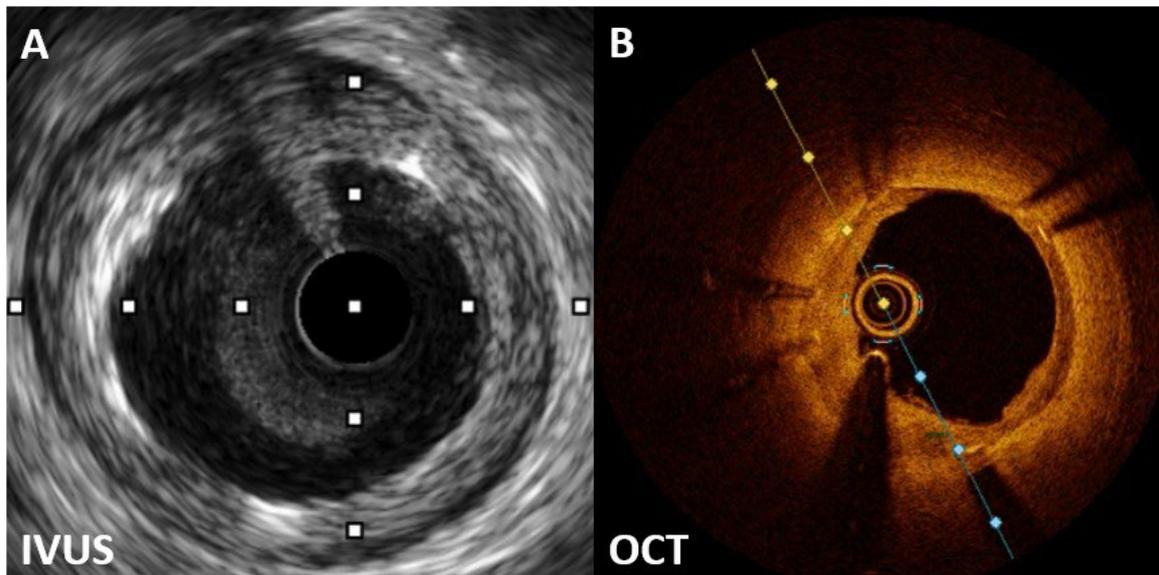


Figure 2. A Homogenous echolucent appearance at an ISR of the sirolimus eluting stent. B The layered pattern with superficial high-signal intensity band adjacent to the luminal surface, and signal-poor region near the stent.

Given the significant constriction of the lumen area of the ISR lesion, obtaining a high-quality OCT image without balloon predilatation is challenging. Hence, we chose the 2.0-mm balloon to minimize the effect on the original lesion. OCT revealed a layered pattern with a superficial high-signal intensity band adjacent to the luminal surface and a signal-poor region near the stent (Figure 2B). According to the above imaging findings, the patient was diagnosed with BH phenomenon through OCT.

A DES was implanted and subsequently postdilated using a noncompliant balloon. After PCI, the lumen surface appeared smooth, with no evidence of tissue prolapse or residual intraluminal thrombus, with a well-deployed stent. Thrombolysis in myocardial infarction III distal blood flow was achieved using angiography.

3. Discussion

Following the placement of a coronary stent, ISR can commonly emerge as a complication [1,2]. Despite advances in technology, the occurrence rate of ISR has remained relatively consistent, affecting approximately 10% after DES implantation [5,6].

The cause of ISR is multifactorial and can be attributed to various biological, mechanical, and procedural factors [13–15]. Mechanical factors primarily include stent expansion or fracture, whereas biological factors involve localized inflammation leading to excessive neointimal growth and late neoatherosclerosis.

The “BH” phenomenon, which has been characterized as an intraluminal restenotic lesion with a homogeneous black appearance (echolucent) on IVUS, was initially observed in patients following brachytherapy [7]. This phenomenon has also been identified in patients who have received SES implants [8].

DES improved BMS limitations but raised concerns about complications such as late restenosis and thrombosis. Late DES thrombosis is marked by delayed healing with impaired reendothelialization and persistent fibrin deposition. The exact cause of late restenosis remains unclear but may involve a delayed healing response to stent polymers and drugs.

Although the BH phenomenon is unusual in DES restenosis, establishing a universal mechanism is challenging. Tissue analysis of the BH revealed a primarily hypocellular matrix with areas rich in proteoglycans, possibly due to delayed vascular wound healing following SES implantation. The echolucent appearance is likely attributed to this hypocellular matrix and its high water content [9,10].

OCT revealed a layered structure with an inner layer with high-signal intensity and outer layers with low signal intensity. The low OCT signal intensity is a result of restenotic tissue rich in proteoglycan and poor in collagen matrix or fibrin-rich thrombus formation. Although various restenotic tissues can exhibit low OCT signal intensity, the consistent border and structure in this case suggest that the BH phenomenon in OCT may be due to the lack of organized mature connective tissue elements in the restenotic tissue [11,12].

Assessments by IVUS or OCT before DES restenosis treatment can help identify restenotic tissue characteristics and guide the development of an optimal strategy to prevent recurrent ISR. However, OCT is superior to IVUS for the diagnosis of the BH phenomenon after DES implantation.

4. Conclusions

A BH phenomenon can occur after SES implantation. The diagnosis of the BH phenomenon after DES implantation favors OCT over IVUS.

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