

Table S1. Material Safety Data Sheet for tested oil from *Amaranthus cruentus* seed [source: Szarlat M. i W. Lenkiewicz Zawady Poland].

Product Specification	Product Name: Cosmetic Amaranth Oil	Specification Number: SP-10/OL
INCI Name:	<i>Amaranthus cruentus</i> seed oil	
Product Description	Unrefined oil obtained by cold-pressing the seeds of <i>Amaranthus cruentus</i> . Crystallization below 17°C is a natural phenomenon and does not affect the quality of the product.	
Country of Origin	Poland	
Intended Use	For external use, for massage, as an additive to baths	
Ingredients	100% amaranth seed oil	
Physical and Chemical Properties:	Color Odor Density (g/cm ³) Water and Volatile Substances Content (% max) Acid Value (mg KOH/g of oil) max Peroxide Value (mEq O/kg of oil) max Insoluble Impurities Content (% max) * Iodine value (g I ₂ /100) * Lead (mg/kg) max:	Yellow to orange Specific, without foreign odors 0.92 0.5 5.0 10.0 0.2 120-140 0.1
Harmful Metals		
Fatty Acid Content (%)*	Palmitic C16:0 Stearic C18:0 Oleic C18:1 Linoleic C18:2	15.0-21.2 2.5-5.5 15.5-22.5 42.0-65.0
Other:	Squalene Content (%)*	4.0-8.0
Microbiological Requirements*	Presence of <i>Escherichia coli</i> in 1g Presence of <i>Staphylococcus aureus</i> in 1g Presence of <i>Pseudomonas aeruginosa</i> in 1g Presence of <i>Candida albicans</i> in 1g Total Count of Mesophilic Aerobic Microorganisms CFU/g max:	Absent Absent Absent Absent 5x10 ³
Allergens	Does not contain**	
GMO Information	Does not contain genetically modified ingredients	
Packaging	Allowed for contact with cosmetics, clean, undamaged, ensuring proper quality and durability of the product	
Labeling	Labeling of individual packaging in accordance with the current requirements contained in the Cosmetics Act of March 30, 2001 (Journal of Laws No. 42, item 473)	
Storage Conditions	Rooms should be dry, clean, free from foreign odors and pests; optimal temperature not exceeding 20°C; optimal humidity not exceeding 80%	
Shelf Life	12 months from the date of production	
Transportation Conditions	Clean transport vehicles free from foreign odors; products transported in sealed, properly secured packaging	

This specification is developed based on internal standards and current cosmetics regulations.

*Periodic testing conducted once a year

** According to Annex III of Regulation 1223/2009/EC dated November 30, 2009, on cosmetic products.