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## Communication

# Sex-Ratio Distortion of *Aedes aegypti* (L.) in El Salvador: Implications for Urban Ecology and Biocontrol in Seasonally Dry Neotropical Biomes

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**Abstract:** Vector-borne disease (VBD) accounts for more than 17% of the global infectious disease burden, disproportionately affecting developing nations within tropical and subtropical areas. As *Aedes aegypti* mosquitoes are the principal vector for the transmission of many Public Health pathogens, our study examined their population dynamics within the seasonal context of tropical dry biomes in El Salvador as incidence of VBD in this region has increased in recent years. Species that rely on sexual reproduction must maintain a balanced sex ratio (1:1) to support their population dynamics, however, our phenological analysis of field-collected *A. aegypti* specimens revealed significant sex ratio variations during dry and wet seasons. Interestingly, we detected a seasonal shift that favored female mosquitoes during the dry season, highlighting the dynamic nature of mosquito populations in highly urbanized environments like El Salvador. By linking sex ratio distortions to anthropogenic factors, our study underscores the importance of comprehensively characterizing the urban ecology of vectors for the development of effective biocontrol strategies. As such, we advocate for more nuanced vector control approaches that consider ecological factors as well as the human behaviors that influence mosquito breeding habitats to effectively combat the rise of VBDs amid global climate changes.

**Keywords:** Neotropics; Northern Triangle of Central America; phenology; tropical dry forests; urban biology; vector ecology; vector-borne disease

## 1. Introduction

Vector-borne diseases (VBDs), like malaria and dengue, are caused by microbial pathogens that are primarily or exclusively transmitted through invertebrate vectors (mainly arthropods) when they take a blood meal from an infected host (human or animal). VBDs have a tremendous impact on human mortality and morbidity worldwide, resulting in more than 700,000 deaths annually though disease burden disproportionally affects underdeveloped nations within tropical and subtropical regions [1]. The worldwide distribution of VBDs is dependent on the complex interplay of demographic, ecological, environmental and social factors, with more than half the world's population at risk for infection with at least one vector-borne pathogen [1]. Human activity (e.g. expanding worldwide trade and travel, urbanization, changes in land use and population growth) coupled with global climate changes (e.g. increased temperatures, altered weather patterns, and changes in seasonal rainfall) have increased the worldwide distribution of many vectors, which is predicted to accelerate the spread of VBDs in the future [1-3]. While many arthropod species can act

like vectors for disease transmission, mosquitoes and ticks account for the majority of VBD incidence worldwide.

Mosquito vectors acquire vector-borne pathogens because female mosquitoes are haematophagous, taking blood meals during the mating season to sustain the additional nutritional requirements associated with ovulation. Even if the blood meal is taken from an infected host, the mosquito vector must acquire a sufficient pathogen load to establish an infection within the epithelial cells lining the mesenteron (midgut). During the extrinsic incubation period (lasting 1-3 weeks depending on the pathogen), the pathogen must then escape from the midgut epithelium into the hemolymph (body cavity) where it disseminates throughout the mosquito body. However, it is the invasion of the salivary glands that facilitates VBD transmission to a susceptible host during a blood meal [4,5]. Interestingly, mosquitoes remain infectious for life and can transmit the vector-borne pathogen to susceptible hosts during subsequent blood-feedings [2,4]. Vertical transmission can occur when infected female mosquitoes transmit vector-borne pathogens to their offspring through their eggs though the epidemiological significance of this mode of transmission remains unclear [5]. There are over 2,500 different species of mosquitoes throughout the world, however, the mosquito genera that are most associated with the spread of VBD are *Anopheles* (subfamily Anophelinae), *Culex* (subfamily Culicinae) and *Aedes* (subfamily Culicinae). *A. aegypti* mosquitoes in particular are responsible for the transmission of many important Public Health pathogens, including Yellow Fever, Zika, Chikungunya and Dengue. *A. aegypti* mosquitoes were first introduced to the American continent during the slave trade in the 1600s and spread worldwide when the shipping industry expanded [2]. This species of mosquito lives in intimate association with humans, preferring to live within human dwellings as they primarily feed on humans and generally breed in dark-colored, man-made water containers [2]. While the average female mosquito lives for approximately 4-6 weeks depending on the environmental conditions, male mosquitoes have significantly shorter lifespans (8-10 days).

The maintenance of a relatively balanced ratio between females and males (1:1) is a fundamental aspect of the population dynamics in sexually reproducing species [6] and several mechanisms contribute to their maintenance at or near parity [7]. Fisher's principle suggests that, in a sexually reproducing species, the natural selection process favors a balanced sex ratio [8]. When one sex becomes rarer, it has a higher rate of mating success leading to a selective advantage for producing offspring of the rarer sex [9] and a re-establishment of a 1:1 sex ratio within the population [10,11]. Additionally, certain environmental factors can differentially affect the development of males and females [9] by favoring the survival or reproduction of one sex over the other as well as influencing the mortality or fertility of one sex over the other [12]. Density-dependent processes, like the prevalence of predators or the introduction of disease-causing pathogens, can also preferentially select for the prevalence of one sex over the other [9], ultimately leading to distorted sex ratios within the population [13].

The successful implementation of biocontrol strategies to combat the spread of VBD requires a deeper understanding of the pathogen [14,15], the natural behaviors of their vectors [16], as well as the local environmental factors [17] that can be manipulated to break the disease transmission cycle with minimal unintended consequences on non-target organisms or local ecosystems [18]. El Salvador is characterized by tropical dry forests [19,20], consisting of deciduous forests where most tree species shed their leaves during the drought season, and floristically distinct gallery forests where most tree species retain their leaves throughout the year [21]. Seasonally dry tropical forests, such as those in El Salvador, are particularly sensitive to changes in climate, including variations in temperature and precipitation patterns. Studying these ecosystems allows us to observe and understand how climate change influences vegetation composition, arthropod species distributions, and ecosystem dynamics [22]. Dry forests are often more vulnerable to ecological disturbances, such as droughts and wildfires, compared to other tropical ecosystems, providing valuable insights into their resilience and adaptability in the face of environmental change [23,24].

Given that the context-dependent response of interspecific interactions to global climate change remains poorly understood [25,26], we examined the urban ecology of an important mosquito vector

in a seasonally dry tropical environment. Our research objective was to analyze the metadata collected by the Salvadoran Ministry of Health and curated by the Center for Ecohealth Research (CENSALUD) at the University of El Salvador to explore the ecological factors that influence the population dynamics of *A. aegypti* mosquitoes. Specifically, we hypothesized that seasonality would help explain sex ratio biases in *A. aegypti* populations and provide valuable insight for the identification of context-dependent mitigation strategies to help combat the recent rise in VBD incidence within El Salvador. Our study underscores the importance of understanding vector ecology in the context of a dynamic urban environment as part of continued efforts to implement effective biocontrol strategies in the Northern Triangle of Central America.

## 2. Materials and Methods

### 2.1. Mosquito Collection

A total of 150 *A. aegypti* mosquitoes were collected from the Department of Morazan. Sampling of 50 mosquitoes from the municipality of San Carlos (collected June 28th, 2022) in the hamlet of Barrio El Centro (13°38'48.5"N 88°05'47.4"W), 48 mosquitoes from the municipality of Jocoro (collected July 2nd, 2022) in the hamlet of Barrio San Sebastian (13°36'56.3"N 88°01'21.3"W), and an additional 52 mosquitoes from the municipality of Jocoro (collected July 16th, 2022) in the hamlet of Las Marias Centro (13°37'08.1"N 87°58'56.1"W). Moreover, a total of 150 *A. aegypti* mosquitoes were collected from the Department of La Union. Sampling of 50 mosquitoes from the municipality of Santa Rosa de Lima (collected July 28th, 2022) in the hamlet of El Limón (13°36'25.8"N 87°55'47.3"W), 50 mosquitoes from the municipality of Pasaquina (collected July 9th, 2022) in the hamlet of Santa Clara (13°35'12.4"N 87°46'47.2"W), and an additional 50 mosquitoes from the municipality of San José la Fuente (collected September 20th, 2022) in the hamlet of Barrio El Calvario (13°33'33.2"N 87°54'16.4"W). An additional 187 *A. aegypti* mosquitoes were collected from the Department of Usulután. All these mosquitoes were sampled from the municipality of Ereguayquín (collected March 14th, 2021) in an unnamed hamlet (13°20.5880'N 88°23.3880'W). Furthermore, a total of 89 *A. aegypti* mosquitoes were obtained from the Department of San Miguel. These mosquitoes were all sampled from the municipality of San Rafael Oriente (collected July 6th, 2021) in the hamlet of Barrio San Benito (13°22.8290'N 88°21.2050'W).

### 2.2. Sex Ratio Determination

The sex of *A. aegypti* mosquitoes was determined by examination of specific morphological features, including the proboscis, palps, abdomen, and antennae [27,28]. Female mosquitoes were identified by their distinct elongated proboscis, which is uniquely adapted to pierce the skin of animals to facilitate blood-feeding. In contrast, male mosquitoes have a weaker, less prominent proboscis that is more suited for drinking nectar. The palps, sensory appendages situated immediately in front of the antennae, offered another distinguishing morphological sex characteristic. In females, these palps are notably shorter and are often positioned near the proboscis. Conversely, males are equipped with longer, larger, feathery palps. Male mosquitoes also have bushier and more intricate antennae, which are essential sensory organs for detecting the wingbeat frequencies of females during the mating process as well as changes in carbon dioxide levels. Additional morphological distinctions are evident in the abdomen. Female mosquitoes typically have a larger and more rounded abdomen, particularly when gravid. This abdominal enlargement could take on a brownish hue if the female had recently taken a blood meal. In males, the abdomen is thinner and has a streamlined appearance devoid of the engorgement seen in females resulting from recent blood-feeding or egg development.

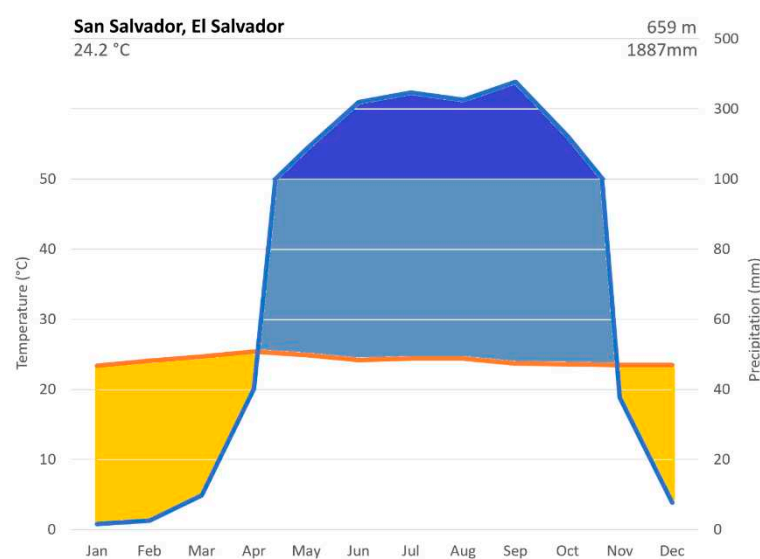
### 2.3. Climate Diagram

We generated a climate diagram for San Salvador, El Salvador by utilizing temperature and precipitation data collected between 1981-2010 from CHELSA V2.1 [29]. This climate data was also used to determine the Köppen-Geiger Classification [20] and the Holdridge Life Zone [19]. Changes

in the observed sex ratios of male to female (M:F) *A. aegypti* mosquitos were evaluated relative to an expected homogenized sex ratio (1:1) using a 1-Factor Chi-Square analysis. Additionally, the percent sampling abundance for both male and female mosquitoes relative to all *A. aegypti* collected across all samples was evaluated relative to an expected homogenized percent sampling distribution (12.5%).

### 3. Results

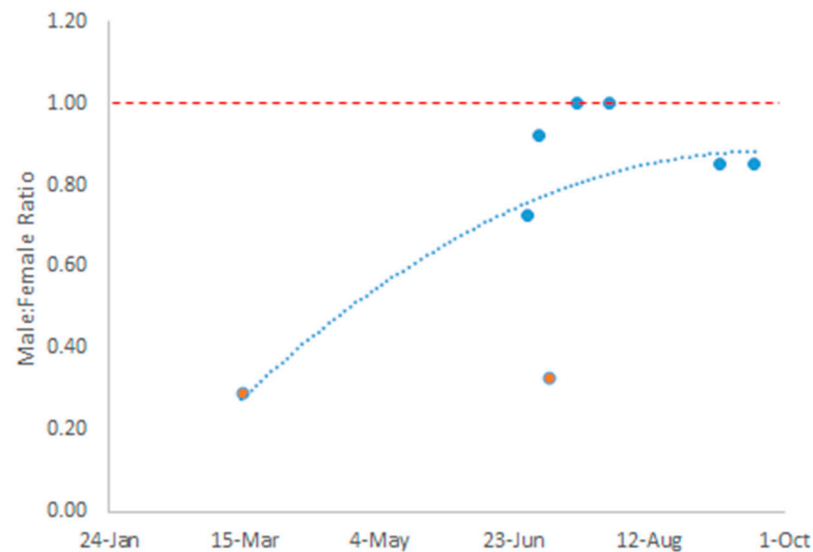
The 1981-2010 climate diagram of San Salvador, El Salvador revealed a distinct seasonal pattern with a dry season lasting approximately 6 months (November - April), and a wet season spanning approximately 6 months (May - October) whereby water-saturation of soils persists for at least 5 months (Figure 1). Climate data confirmed that the Köppen-Geiger Classification for this geographic region corresponds to a tropical wet and dry climate (As/Aw), characterized by dry winters and summers. The climate data also established that the Holdridge Life Zone classification was that of a Tropical Dry Forest.



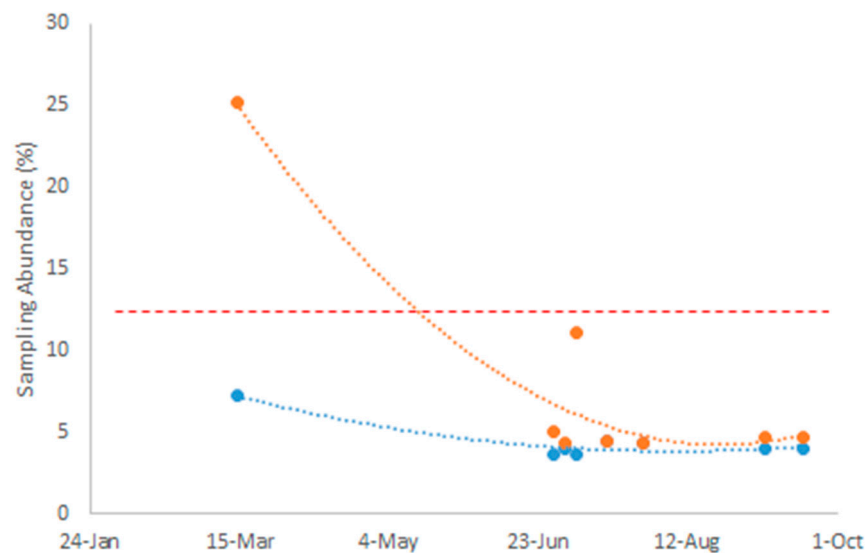
**Figure 1.** Climate diagram of San Salvador, El Salvador (1981-2010).

The sex ratio of *A. aegypti* mosquitoes observed during the sampling period (March 2021 - September 2022) significantly deviated from parity ( $\chi^2 = 108.2$ ,  $p$  value  $\ll 0.001$ ), favoring female mosquitoes during the dry season (March) with fewer males. However, the sex ratio shifted during the wet season (June - October), approaching parity between male and female mosquitoes (Figure 2). Additionally, the proportion of male *A. aegypti* mosquitoes collected during the sampling period relative to the total mosquitoes sampled differed significantly from the expected proportional abundance ( $\chi^2 = 42.5$ ,  $p$  value  $\ll 0.001$ ). We found that the observed proportional abundance of males remained below the expected value throughout the dry and wet season sampling periods (Figure 3). Interestingly, the proportion of female *A. aegypti* mosquitoes collected relative to the total mosquitoes sampled also differed significantly from the expected proportional abundance ( $\chi^2 = 43.0$ ,  $p$  value  $\ll 0.001$ ). Although our analysis showed that there were more female mosquitoes than expected during the dry season (March), while female representation fell below expected proportional abundance during the wet season (June - September) (Figure 3). Collectively, our metanalysis showed evidence of a seasonal shift in *A. aegypti* mosquito sex ratios that favored the abundance of female mosquitoes during the dry season of a highly urbanized environment within El Salvador.





**Figure 2.** Observed temporal changes to sex ratio in mosquitoes (blue) relative to an expected parity (red).



**Figure 3.** Observed temporal changes to the proportional abundance of male (blue) and female (orange) mosquitoes relative to the expected sampling abundance (red).

4. Discussion

Understanding of the natural selection mechanisms that influence sex ratios in mosquito populations has been leveraged before as an effective biocontrol strategy [30]. This is an important consideration as disease prevention and vector control mechanisms are the principal methods for managing the spread of VBDs given that there are limited curative therapies and vaccines available [2,31]. Generally, biocontrol mechanisms limit the transmission of vector-borne pathogens by reducing or eliminating human contact with their vectors and there are a wide range of chemical- and non-chemical-based tools available [2,3,30,31]. For example, immature vectors stages can be targeted using chemical or biological larvicides, removing suitable aquatic habitats (either through habitat modifications or manipulations) or through the introduction of predator species [3,32-34]. Adult vectors are generally eliminated using chemical sprays within and around human dwellings as well as by reducing human contact with vectors using topical insect repellents, screen doors and

insecticide-treated bed nets [3]. However, recent biocontrol mechanisms have employed alternative strategies that require a molecular understanding of VBD pathogenesis and the dynamics of vector ecology, including the introduction of genetically engineered mosquitoes or the use of Wolbachia-infected mosquitoes that cannot support the growth of vector-borne pathogens [2,3,5,35].

Sterile insect techniques are actively being used as a method of biocontrol that exploits the mating behavior and relatively stable sex ratios within natural *A. aegypti* mosquito populations [2,36,37]. Briefly, male mosquitoes are sterilized through radiation or genetic modification (e.g. introduction of a dominant lethal gene) before being released into the natural mosquito population [2,35,38]. When these sterile males mate with wild *A. aegypti* females, no viable offspring are produced, leading to a decrease in the mosquito population over time [2]. The advantage of this form of biocontrol is that it facilitates the rapid reduction of mosquito populations though the shortened lifespan of male mosquitoes means this form of vector control is unsustainable and limited to a single breeding cycle. Long-term, sustainable examples of biocontrol include the purposeful infection of *A. aegypti* mosquitoes with Wolbachia, a natural bacterial pathogen that commonly parasitizes insects [2,39]. Wolbachia bacteria can induce a natural mechanism known as cytoplasmic incompatibility (CI) within infected *A. aegypti* mosquitoes [40], reducing the lifespan of female mosquitoes and increasing their resistance to infection with certain vector-borne pathogens, including the Plasmodium parasites that cause malaria [41,42] and arboviruses like Dengue or Chikungunya [41]. When released into a natural mosquito population, Wolbachia infected mosquitoes can spread the bacterial infection to their mating partners [5] leading to a reduction in reproductive success over time as well as introducing skewed sex ratios that ultimately reduce the mosquito population within that geographic region [39,40,43]. However, the timing for and geographic distribution of these biocontrol mechanisms should consider the ecological and anthropogenic factors that influence mosquito mating behaviors and sex ratios to maximize efforts [2,44].

Our analysis of climatic patterns in El Salvador from 1981 to 2010 revealed a distinct six-month cycle between wet and dry seasons (Figure 1). The dry season persisted from November through April, followed by a wet season spanning May through October, during which conditions of water-saturated soils persisted for at least five months. This marked seasonality helped explain significant changes in sex ratios of *A. aegypti* mosquito populations in El Salvador. We observed that sex ratios shifted in favor of female *A. aegypti* mosquitoes during the dry season and then approached parity throughout the wet season (Figure 2). Interestingly, male *A. aegypti* mosquitoes persisted proportionally below expected abundance year-round while female *A. aegypti* mosquitoes significantly rose above expected abundance, specifically during the dry season (Figure 3). Our findings underscore the dynamic nature of *A. aegypti* mosquito populations in seasonally dry neotropical biomes, emphasizing the need for a nuanced approach to vector control that accounts for these seasonal shifts in mosquito sex ratios.

Previous studies have emphasized the low abundance of mosquitoes in seasonally dry tropical biomes during the dry season [45,46], with mosquitoes actively seeking natural and man-made refuges during this period [47,48]. In El Salvador, the intricate interplay between anthropogenic activities and high population density assumes critical importance, especially regarding the abundance of man-made water storage structures that serve as mosquito habitats in urban environments. Boasting the highest population density in Central America, reaching approximately 304 inhabitants/km<sup>2</sup> in 2021 [49], the demand for water in this region intensifies during the dry season [50]. While 95.8% of the urban population in El Salvador has access to drinking water, 58% of the overall population lacks water services, relying on natural water sources like rivers, lakes, and rainwater [51]. Consequently, a deeply ingrained practice among Salvadorans involves the domiciliary storage of water in plastic barrels or concrete structures, inadvertently creating potential habitats for *A. aegypti* mosquitoes [52]. Notably, domiciliary water storage volumes increase during the dry season when water scarcity peaks in natural water sources [51,52], providing the environmental conditions necessary to sustain mosquito breeding cycles near or within human dwellings when female *A. aegypti* mosquito abundance is high (Figures 2 and 3).

It is important to note that while female mosquitoes engage in blood-feeding, male mosquitoes primarily feed on nectar sources. The scarcity of floral resources during the dry season may further influence the observed ecological dynamics of male mosquitoes, resulting in their low abundance during the dry season in El Salvador (Figures 2 and 3). Given that our study revealed a sex ratio distortion with linkages to anthropogenic factors during a season typically characterized by lower mosquito abundance and dependence on refugia, we propose that developing effective biocontrol strategies for disease transmission mitigation in these seasonally dry tropical biomes would significantly benefit from a comprehensive ecological understanding of the domestic habits of anthropophilic vector species [53]. Specifically, considerations of seasonality, climate variability, and human behaviors influencing mosquito habitats would collectively contribute to more resilient and sustainable approaches to combat VBDs in the face of ongoing global climate changes [54,55]. Ongoing efforts to utilize sterile insect techniques to reduce the spread of VBD should consider how the seasonality of *A. aegypti* mosquito sex ratios will affect the implementation of proposed biocontrol programs within this region of Central America as the release of Wolbachia-infected or sterile male mosquitoes might be more effective at reducing the incidence of VBD during the dry season (Figures 2 and 3).

Future investigations should further characterize the epidemiological implications of the observed sex ratio bias toward female *A. aegypti* mosquitoes during the dry season in El Salvador. This involves assessing the prevalence of disease-causing pathogens in female mosquitoes during this period and exploring their potential impact on disease transmission dynamics within local human populations. Such research will inform more nuanced biocontrol approaches as well as enhance our understanding of the intricate relationship between mosquito vector ecology in highly urbanized environments and the transmission of VBDs in seasonally dry neotropical biomes. Ultimately, effective control of VBD throughout the Northern Triangle of Central America will require the implementation of several biocontrol mechanisms as well as active surveillance of vector-borne pathogens within local *A. aegypti* populations. Given the recent rise in VBD incidence worldwide, a comprehensive understanding of the ecology of *A. aegypti* vectors and the spatial distribution of the pathogens they transmit is vital for the development of sustained biocontrol mechanisms within El Salvador.

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**Data Availability Statement:** The data that support the findings of this study are available from the corresponding author [A.M.G.-C.] upon reasonable request.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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