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Article

Temporal Characteristics and Health Risks Assessment of PM_{2.5} in Ambient Air in Thohoyandou, South Africa

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Abstract: This study determined the temporal variation of PM_{2.5} in ambient air in Thohoyandou and further assessed the associated health risks. The levels of PM_{2.5} were quantified for a period of 1 year (April 2017-April 2018) using the gravimetric method. There was no significant difference (P-value = 0.18) in concentrations of both PM_{2.5} samples collected during weekdays (11.29 µg.m⁻³) and weekends (9.86 µg.m⁻³). However, higher concentrations of PM_{2.5} were measured in spring and the lowest was measured in summer. The cancer risk obtained for PM_{2.5} (2.21×10^{-5} , 3×10^{-4} , and 5×10^{-4} for infants, children, and adults respectively) in the outdoor air of Thohoyandou has exceeded the limit values by the USEPA and WHO, implying a significant risk for the whole population. For non-carcinogenic risks, the HQ values were 2.60, 4.81, and 2.60 for infants, children, and adults respectively. The HQ value >1 indicates a non-carcinogenic risk to the residents in Thohoyandou and a higher risk to children. Moreover, PM_{2.5} in Thohoyandou is responsible for 0.15% and 0.13% of deaths resulting from cardiovascular disease and lung cancer respectively for adults above 30 years. PM_{2.5} is causing adverse health effects in Thohoyandou as deduced from the health risk assessment. Therefore, it is recommended that further epidemiological studies be conducted in Thohoyandou to estimate the burden of disease due to exposure to particulate matter and suitable controlling policies be arranged to reduce particulate matter.

Keywords: ambient air; PM_{2.5}; gravimetric method; WHO guideline; health risk assessment

1. Introduction

Exposure to higher concentrations of fine particulate matter (PM_{2.5}) is a major public health concern across the world. This is mainly because of their small size, PM_{2.5} can penetrate deep into the lungs, heart, and bloodstream causing detrimental health effects (Chen et al., 2022). The health effects of PM_{2.5} range from respiratory diseases, cardiovascular diseases, and cancer to mortality in worst cases (Wang et al., 2021) (Ahani et al., 2020). The World Health Organization (WHO) estimated that ambient air pollution was responsible for 4.2 million deaths in 2019 due to stroke, heart disease, lung cancer, and acute and chronic respiratory diseases (WHO, 2022). In trying to reduce the health effects of PM_{2.5}, the WHO has set the limit for daily exposure at 25 µg.m⁻³ (WHO, 2021). However, it is estimated 9 out of 10 people worldwide reside in areas where air pollution levels exceed the WHO guideline (WHO, 2021). This means that the majority of people are at risk of air pollution-related illnesses.

To reduce air pollution and for countries to set management policies to control air pollution, there is a need for routine monitoring of various air pollutants particularly PM_{2.5} which is more toxic. In South Africa, several studies have been conducted to monitor the concentrations of PM_{2.5} (Petkova et al., 2013; (Gumede and Savage, 2017; Langerman and Pauw, 2018). However, these studies only concentrated on PM_{2.5} in "hotspot" areas and urban areas with little emphasis on rural areas (Morakinyo et al., 2020). Moreover, in most of these studies, the main focus was on the quantification

of PM_{2.5} and its chemical composition without estimating the health risks associated with PM_{2.5} and its components. Amongst the epidemiological studies that assessed the health risks associated with air pollutants in South Africa, Naidoo et al., (2013) examined the association between ambient air pollutants and respiratory outcomes amongst school children in Durban and reported that 32.1% of school children who were in grade 3-6 at a time were showing symptoms of asthma. The prevalence was found to have been higher in the southern part where the concentration of air pollutants was high (Naidoo et al., 2013). A study by (Norman et al., 2007) aimed at estimating the burden of diseases attributable to urban outdoor air pollution in South Africa in 2000. Their results showed that 3.7% of the national mortality from cardiopulmonary diseases and 5.1% of mortality from cancer of the trachea, bronchus, and lungs particularly in adults aged above 30 were attributable to outdoor pollution in urban areas. Based on this, much is desired in the understanding of the temporal variations of air pollutants in rural areas and further estimate of their health-associated risks.

Our Previous study characterized the chemical composition of fine particulate matter in Thohoyandou (Novela et al., 2020), a rural town located in the Limpopo Province of South Africa. From the study, a mean PM_{2.5} concentration of 10.9 µg/m³ over the sampling period of April 2017 to April 2018 was recorded. Moreover, the daily concentrations were found to exceed the WHO guideline for daily exposure (25µg.m⁻³) on nine occasions. The study also showed that air mass passing through Thohoyandou contains Pd, Sn, Sb, Mg, Al, and Si as dominant elements. Based on these findings there is a need to estimate the health risks that could be posed by the PM_{2.5} within the area. This study therefore presents the temporal variations of PM_{2.5} over the same period of April 2017 to April 2018. Lastly, the study estimates the health risks associated with PM_{2.5} in Thohoyandou.

2. Materials and Methods

2.1. Study area

The details of the study area are presented in our earlier publication (Novela et al., 2020). The sampling was carried out at a height of 9 m on the rooftop of the Department of Geography and Environmental Sciences building at the University of Venda. Thohoyandou normally receives seasonal rainfall, with most rainfall occurring mainly during midsummer to the beginning of autumn, with an average of 372 mm/annum (Osidele, 2016).

2.2. PM_{2.5} sampling procedure

This study is a part of the project which was piloted simultaneously in other two cities, Pretoria (Adeyemi et al., 2021) and Cape Town (Williams et al., 2021). Consequently, the same sampling methodology as these studies was employed (Adeyemi et al., 2021). A total of 147 samples were collected in 24 hours from 18 April 2017 to 16 April 2018. Samples were collected on a 3-day interval period with a duplicate sample collected after every 15th day. Before sampling, filter membranes were weighed using ultra-micro balance (mettler-Toledo XP6) batches of 20 at the University of Pretoria. The weighed filters were then hand-delivered to the University of Venda where they were stored in the refrigerator before sampling. After sampling, the filters were hand-delivered to the University of Pretoria, conditioned for 24 hours, and then weighed again. Equations 1, 2, and 3 were used to determine the mass of particulate matter, the volume of the sampled air, and the concentration of PM_{2.5}, respectively.

$$M_{pm} = (m_o - m_f) - m_b \quad (1)$$

$$V_a = Q_{ave} \times t \times 10^{-3} \quad (2)$$

$$PM_{2.5 conc} = \frac{M_{pm}}{V_a} \quad (3)$$

where M_{pm} (μg) is the mass of the particulate matter, m_o (μg) is the mass of the filter before sampling, m_f (μg) is the mass of the filter after sampling, m_b (μg) is the mass of the control filter, V_a (m^3) is the sampled air volume, Q_{ave} ($\text{l}\cdot\text{min}^{-1}$) is the average flow rate and t (min) time elapsed.

2.3. Human health risk assessment

The human health risk assessment was conducted following USEPA guidelines involving hazard identification (HI), dose-response assessment (DRA), exposure assessment (EA), and risk assessment (RA) as displayed in Figure 1 (USEPA, 2022). The first stage of hazard identification was to account for carcinogenic and non-carcinogenic effects of $\text{PM}_{2.5}$ and the subsequent steps were carried out to calculate those two effects.

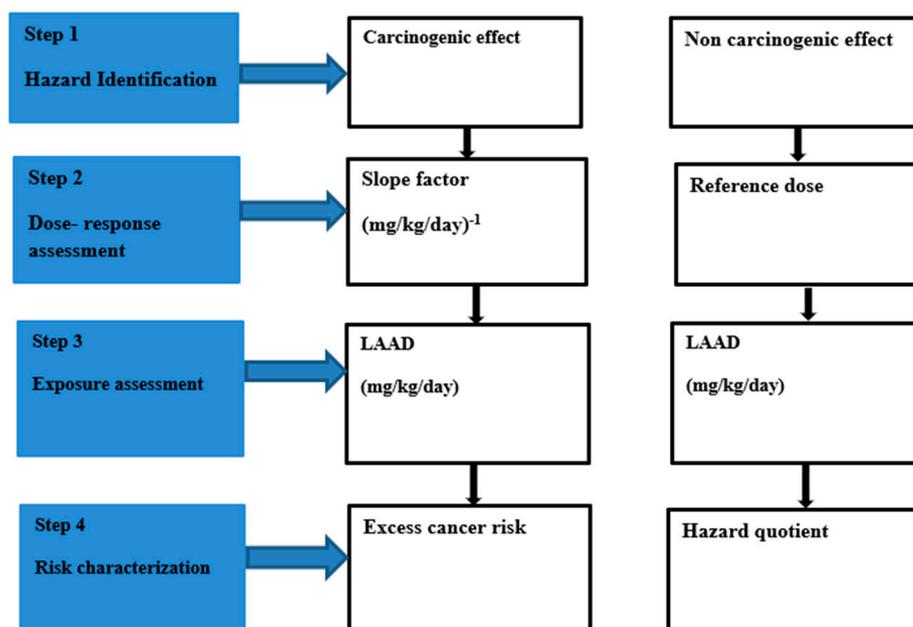


Figure 1. The framework for human health risk assessment framework.

Excess lifetime cancer risk (ELCR) for carcinogenic risk and hazard quotient for non-carcinogenic risk in this study were estimated using the equations presented on the Integrated Risk Information System (IRIS) (IRIS, 2022). ELCR involves the estimation of the magnitude of lifetime exposure to $\text{PM}_{2.5}$. The ELCR is given by (Eq. 4):

$$ELCR = SF \times LADD \quad (4)$$

The SF for ELCR was estimated by Eq. (5):

$$SF = \frac{UR}{(BW \times IR)} \quad (5)$$

where, UR = unit risk, IR = inhalation rate ($\text{m}^3\cdot\text{day}^{-1}$), and BW = body weight (kg). USEPA recommended ELCR values of $<1 \times 10^{-6}$ (USEPA 2007; Heydari et al., 2019).

Lifetime Average daily dose is given by (Eq.6):

$$LAAD = \frac{(C \times IR)}{(BW)} \quad (6)$$

where C is the average yearly concentration measured in Thohoyandou.

The non-carcinogenic risks induced by the inhalation of $\text{PM}_{2.5}$ were evaluated by calculating the hazard quotient (HQ):

$$HQ = \frac{LAAD}{SAAD} \quad (7)$$

The HQ value of ≤ 1 indicates no significant non-carcinogenic effect of $\text{PM}_{2.5}$, whereas the HQ value of >1 indicates a significant non-carcinogenic effect on the exposed population.

$$SAAD = \frac{(C \times IR)}{(BW)} \quad (8)$$

where C is the annual WHO guidelines ($5 \mu\text{g.m}^{-3}$). All these parameters are depicted in Table 1.

Table 1. Health risk assessment input data for both carcinogenic and non-carcinogenic effects.

Parameters	Reference		
Body weight, BW	Adults	71.9 kg	(US AID, 2016; Alfeus et al., 2022)
	Children	13.8 kg	
	Infants	7.6 kg	
	Reference	(Morakinyo et al., 2017)	
Inhalation rate, IR	Adults	$14.9 \text{ m}^3.\text{day}^{-1}$	(US EPA, 2011; Alfeus et al., 2022)
	Children	$9.0 \text{ m}^3.\text{day}^{-1}$	
	Infants	$5.4 \text{ m}^3.\text{day}^{-1}$	
	Reference	(Morakinyo et al., 2017)	
coefficient of risk function, β	Cardiopulmonary mortality	0.15515	(Ostro, 2004; Norman et al., 2007)
	lung cancer mortality	0.23218	
Unit risk, UR		$0.008 \mu\text{g.m}^{-3}$	(Kim, et al., 2018)

Environmental Burden Disease (EBD) due to air pollution was carried out following similar studies (Chalvatzaki et al., 2019). The number of deaths caused by cardiopulmonary and lung cancer diseases due to long-term exposure to $\text{PM}_{2.5}$ is determined using log-linear models (Amoatey et al., 2018). The EBD was calculated using relative risk (RR) which is an estimate of the likelihood of cardiopulmonary and lung cancer mortality in people exposed to $\text{PM}_{2.5}$ higher than the theoretical counterfactual concentration and attributable fractions (AF) which estimates the percentage of deaths from cardiopulmonary and lung cancer disease which could be prevented if $\text{PM}_{2.5}$ levels were lowered to the theoretical counterfactual concentration (Odekanle et al., 2020). RR was calculated using equation 9:

$$RR = \left[\frac{X + 1}{X_0 + 1} \right]^\beta \quad (9)$$

The attributable fractions are given by (Eq. 10):

$$AF = \frac{RR - 1}{RR} \quad (10)$$

X = mean concentration of the pollutants; X_0 = baseline concentration: $5 \mu\text{g.m}^{-3}$; β = coefficient of risk function for long-term exposure which is 0.15515 (95% CI; 0.0562–0.2541) and 0.23218 (95% CI; 0.08563–0.37873) for cardiopulmonary and lung cancer mortality respectively.

2.4. Statistical analysis

RStudio V1.3.1093 software for Windows (Affero General Public License v) was used to analyze the data. The distribution of the data was checked by the Shapiro-Wilk normality test (S-W test). Wilcoxon rank-sum test was used to test the significance of the difference of the $\text{PM}_{2.5}$ concentration measured during weekdays and weekends, whereas Kruskal Wallis was used to test if there is a significant difference between samples measured in different seasons.

3. Results

3.1. Temporal variation of $\text{PM}_{2.5}$

The descriptive statistics data in terms of weekends, weekdays, seasonally, and annually for $\text{PM}_{2.5}$ is depicted in Table 2. The highest concentrations of $\text{PM}_{2.5}$ were measured during weekdays as compared to weekends (Table 2). However, there is no significant difference in the $\text{PM}_{2.5}$ ($p > 0.05$) levels between weekdays and weekends. The highest mean $\text{PM}_{2.5}$ level was observed in spring, followed by autumn (Table 2). Statistically, the mean of $\text{PM}_{2.5}$ ($p = 0.06$) did not differ significantly across the four seasons.

Table 2. Descriptive statistics of PM_{2.5} measured in Thohoyandou, South Africa from 18 April 2017 to 16 April 2018.

	Mean ±SD	Min-Max	WHO daily guideline Exceedance	P-Value
Weekend	9.86±8.75	1.06-33.57		0.18
Weekday	11.29±8.519	1.35-37.53		
Autumn	10.41±7.17	1.35-33.57	2	0.06
Winter	9.83±8.10	1.18-37.53	1	
Spring	14.69±9.53	1.06-31.33	4	
Summer	8.64±7.22	1.83-34.28	2	
Annual	10.89±8.29	1.06-37.53	9	

3.2. Health risk assessment

Table 3 presents the cancer and non-cancer risks associated with PM_{2.5} in Thohoyandou. The cancer risk posed by PM_{2.5} in the ambient air passing through Thohoyandou was found to be 2×10^{-5} , 3×10^{-4} and 5×10^{-4} for infants, children, and adults respectively (Table 3). The HQ value for non-carcinogenic risks associated with PM_{2.5} was found to be 1.91, 3.15, and 1.55 for infants, children, and adults respectively when using WHO guideline (HQa) and 0.61, 1.20, and 0.64 for infants, children, and adults respectively when using South African national ambient air quality standards (SANAAQS) (HQb). The ER and AF were calculated for lung cancer mortality and cardiopulmonary mortality for adults aged 30 and above. The ER and AF values for lung cancer mortality are slightly higher (0.17 and 0.15, respectively) (Table 3) compared to the ER and AF values for cardiopulmonary mortality (0.11 and 0.10 respectively).

Table 3. The health risk posed by PM_{2.5} in Thohoyandou.

	HQa	HQb	ELCR	ER	AF
Adults	2.59	0.64	5×10^{-4}		
Children	4.81	1.20	3×10^{-4}		
Infants	2.46	0.61	2×10^{-5}		
Cardiopulmonary mortality				0.11	0.10
lung cancer mortality				0.17	0.15

4. Discussion

Thohoyandou has recorded a low number of exceedances when compared to other cities. A study by Adeyemi et al., (2021) observed three times the number of exceedances in Pretoria, South Africa. This could be because Thohoyandou is the smallest city compared to the other 2 cities. Higher exceedances in spring than in winter were also observed by (Williams, et al., 2021) in Cape Town, South Africa, wherein there were 9 exceedances in spring and 5 exceedances in winter. Higher exceedances in spring are attributable to biomass burning and agricultural activities resulting in increased particulate matter in Thohoyandou (Novela, et al., 2020).

There is no significant difference in air quality in Thohoyandou between weekdays and weekends. The study by Adeyemi et al., (2021) also reported an insignificant difference (P value was greater than 0.05) for the mean level of weekdays and weekends PM_{2.5} concentrations. Although the study expected higher concentrations during weekdays due to high traffic, they attributed this insignificant difference to other sources of PM_{2.5} during weekends such as the South African tradition of barbequing (Adeyemi, et al., 2021). In addition, there is also no seasonal change in overall air quality in Thohoyandou. This insignificant difference in air quality seasonally can be attributed to the sources contributing to PM_{2.5} and PM_{2.5} components in Thohoyandou not varying seasonally. However, in Pretoria, there was a significant difference (p-value less than 0.001) for the mean level of PM_{2.5} concentration measured in winter ($35.5 \mu\text{g.m}^{-3}$), autumn ($23.4 \mu\text{g.m}^{-3}$), spring ($14.3 \mu\text{g.m}^{-3}$), and

summer ($10.7 \mu\text{g}\cdot\text{m}^{-3}$). Overall the highest concentrations were measured in Pretoria recording the annual mean of $21.1 \mu\text{g}\cdot\text{m}^{-3}$ (Adeyemi et al., 2021), followed by Cape Town recording an annual mean of $13.3 \mu\text{g}\cdot\text{m}^{-3}$ and Thohoyandou recording the lowest mean.

The HQ values greater than 1 indicates that the population in Thohoyandou is exposed to higher $\text{PM}_{2.5}$ concentration and is at a higher risk of non-carcinogenic diseases such as neurological, cardiovascular, respiratory, and immune system damage. The HQ values followed a similar trend with the highest HQ values reported in Pretoria (16.38, 15.03, and 5.04 for infants, children, and adults respectively) (Howlett-Downing et al., 2023), followed by Cape Town (8.73, 8.02 and 2.72 for infants, children and adults respectively) (Alfeus et al., 2022). However both Cape Town and Pretoria studies obtained higher HQ for infants, this is because they calculated the same SAAD across all ages using body weight and inhalation rate values for adults as reference. A study by (Morakinyo et al., 2020) has also reported HQ greater than 1 only for children as well as slightly different HQ for children and infants when SA NAAQS was used. Other studies (Alfeus et al., 2022; Howlett-Downing et al., 2023) also confirms that using SA NAAQS underestimate the effect of $\text{PM}_{2.5}$ on non-carcinogenic risk and recommends that the standards be the same as WHO guideline (Alfeus et al., 2022) or even lowered to $3 \mu\text{g}\cdot\text{m}^{-3}$ (Edlund et al., 2021), to protect human beings. Children are more susceptible because they have low body weight and higher inhalation rate resulting in higher LAAD and subsequently higher HQ values. Adults have been reported to have low non-carcinogenic risk (Morakinyo et al., 2020; Edlund et al., 2021; Alfeus et al., 2022; Howlett-Downing et al., 2023) this can be attributed to their lower inhalation rate to body weight ratio when compared to that of children and infants, furthermore, adults spends most of their time working indoors. It will be beneficial if the standards can be lowered because children spend a lot of time playing outdoors where they are exposed to higher doses of $\text{PM}_{2.5}$.

The ELCR for all ages in Thohoyandou exceeded the threshold limit value by the USEPA ($<1 \times 10^{-6}$) and WHO ($1 \times 10^{-5} - 1 \times 10^{-6}$). Moreover, the risk of having cancer due to exposure to $\text{PM}_{2.5}$ was opposite the risk of non-carcinogenic diseases, with adults having a higher risk compared to children and infants. It is even higher than the ELCR (3×10^{-5} obtained in Nigeria by Odekanle, et al., (2020), further showing a significant risk for cancer to the general population living in Thohoyandou and surrounding areas. The results indicate that individuals at Thohoyandou will have a higher risk of cancer such as cancer risk than persons who are exposed to a theoretical counterfactual concentration of $5 \mu\text{g}\cdot\text{m}^{-3}$.

The ER could imply that for an individual in Thohoyandou, there is at least a 0.11% likelihood of having cardiopulmonary disease, and at least 0.17% of having lung cancer higher than an individual who is exposed to the theoretical counterfactual concentration. The AF implies that 0.10% of deaths from cardiopulmonary, and 0.15% from lung cancer could be circumvented if $\text{PM}_{2.5}$ is reduced to the theoretical counterfactual concentration. Although both the ER and AF for lung cancer and cardiopulmonary mortality were lower than what was obtained by Odekanle, et al., (2020) in Nigeria. The community in Thohoyandou is still at higher risk of mortalities due to lung cancer than cardiopulmonary diseases. The study conducted in Ghana by Amoatey et al., (2018) has also shown that individuals in Ghana have a higher risk of lung cancer than cardiopulmonary disease.

5. Conclusion

This study assessed the temporal variation of $\text{PM}_{2.5}$ in Thohoyandou and further assessed the health risk. The study has shown that the residents in Thohoyandou have an excess lifetime cancer risk above the recommended limit by WHO and USEPA. For non-carcinogenic risks, the HQ value for $\text{PM}_{2.5}$ in Thohoyandou is > 1 . Moreover, $\text{PM}_{2.5}$ in Thohoyandou could be responsible for 0.11% and 0.17% of deaths resulting from cardiovascular disease and lung cancer respectively. It is recommended that further studies be conducted to estimate the total mortality resulting from cardiopulmonary or lung cancer attributable to exposure to $\text{PM}_{2.5}$ in Thohoyandou.

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Original Draft Preparation, R.N.; Writing – Review & Editing, Rabelani Mudzielwana (R.M); Funding Acquisition, J.W and W.G.

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Disclosure statement: The authors declare no conflict of interest.

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