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Article

# Influence of Five Drying Methods on Active Compound Contents and Bioactivities of Fresh Flower from *Syringa pubescens* Turcz

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**Abstract:** The flower of *Syringa pubescens* Turcz. is a Chinese folk medicine and also used as flower tea for healthcare. The effects of five drying methods on the active compound contents, the antioxidant abilities, anti-inflammatory properties and enzyme inhibitory activities were evaluated. The plant materials were treated using shade-drying, microwave drying, sun-drying, infrared drying and oven drying. The seven active compounds were simultaneously determined by an HPLC method. Furthermore, the chemical differences were assessed using Scanning electron microscopy, UV spectroscopy and infrared spectroscopy. The antioxidant capacities and protective effects on L02 cells induced by hydrogen peroxide were measured. The anti-inflammatory effects on lipopolysaccharide-induced RAW264.7 cells were investigated. The enzyme inhibitory activities were determined against  $\alpha$ -amylase,  $\alpha$ -glucosidase, cholinesterases and tyrosinase. The results indicated that drying methods had significant influences on the active compound contents and biological properties. In consideration of the contents of bioactive compounds, the suitable drying methods were SHD, SD, OD and MD. The SHD sample exhibited stronger radical scavenging ability on DPPH, ABTS, hydroxyl and superoxide anions and higher reducing power compared with other samples prepared by SD, OD, MD and IRD. Moreover, SHD sample had strong protective effects against L02 cell damage induced by H<sub>2</sub>O<sub>2</sub>. SPF samples, especially SHD sample, significantly inhibited inflammatory factor secretion in LPS-stimulated RAW 264.7 cell. All studied SPF samples exhibited evident inhibitory effects on the four enzymes. SHD sample possessed the highest inhibitory activity on  $\alpha$ -glucosidase and  $\alpha$ -amylase. While SHD and SD samples had the potential inhibitory effects on cholinesterases and tyrosinase. In consideration of active compound contents and biological activities, it was recommended that SHD and SD were applied for drying SPF at an industrial scale.

**Keywords:** *Syringae Pubescentem Flos*; Drying method; Bioactive component contents; Biological activity

## 1. Introduction

*Syringa pubescens* Turcz. (Oleaceae), which is a deciduous shrub, is widely distributed in mountainous areas of Henan, Shanxi, Shaanxi, Hebei, Shandong Provinces and Beijing City [1]. The dried flower of *Syringa pubescens* (*Syringae Pubescentem Flos*, SPF) is often used as a Chinese folk medicine and flower tea for healthcare in Funiu Mountains in Henan Province. To date, modern scientific investigations on SPF have indicated that it has diverse biological and pharmacological properties including antioxidant [2,3], hepatoprotective [4], anti-inflammatory and antibacterial [5] activities. Furthermore, our recent study has demonstrated that SPF possessed strong inhibitory activity against  $\alpha$ -glucosidase [1]. These biological properties are due to the presence of chemical

constituents in SPF. The main compounds in SPF are phenylethanoid glycosides and iridoids [1–3,6,7].

Drying method of medicinal plants is one of key steps affecting their the compounds and biological activities [8–10]. Among the various drying methods, shade-drying (SHD), sun-drying (SD) and oven drying (OD) are commonly used to process medical plants at industrial scales [11,12]. In recent years with studies conducted, novel drying methods including the microwave drying (MD) and infrared drying (IRD) have been developed for the plant materials drying [13,14]. Different drying method is suitable for different medicinal herbal because the drying process can lead to the loss of some compounds or can prevent the loss of some compounds under different treatment conditions. However, the drying method of SPF and the differences in main bioactive compounds during the different drying methods have not been studied. The correlation between SPF bioactivity and the drying method is lacking. Therefore, the aim of this present work was to explore the influences and changes of drying methods on the bioactive compound contents, the antioxidant capacities, anti-inflammatory properties and enzyme inhibition effects of SPF, to determine the suitable drying method.

## 2. Results and discussion

### 2.1. The contents of bioactive compound

The contents of bioactive compounds of SPF prepared using five drying methods were shown in Table 1. The data revealed that echinacoisde, forsythoside B, verbascoside, and oleuropein were the major compounds of SPF extract, which was agreement with previous study [1]. Meanwhile, it could be found that the contents of active ingredient exhibited significant differences under five drying methods ( $p < 0.05$ ). The content of salidroside was the lowest content in SD method. The maximal ayringin was observed in SD ( $0.317 \pm 0.040$  mg/g) > OD and SHD ( $0.161 \pm 0.005$ ,  $0.149 \pm 0.015$  mg/g) > MD ( $0.028 \pm 0.004$  mg/g) and minimal from IRD ( $0.018 \pm 0.007$  mg/g). As for echinacoside, the contents from different drying methods were significant different ( $p < 0.05$ ). The highest content of echinacoside was found in SD and the minimal in IRD. The contents of forsythoside B and verbascoside showed similar trend, and the concentrations in OD was higher than those in other drying methods. The oleuropein content was MD > SD > OD and SHD > IRD. It could be concluded that the drying of SPF should not be done using IRD, this was possible due to the fact that IRD could cause degradation in active compounds of SPF [15]. Based on the contents of bioactive compound, MD, SD, OD and SHD could be used to treat SPF. Meanwhile, MD was the fastest method among these drying processes. However, SD, OD and SHD have been considered to be the most prevalent drying methods for industrial production [16]. In consideration of energy savings, SD and SHD are the appropriate drying methods for SPF.

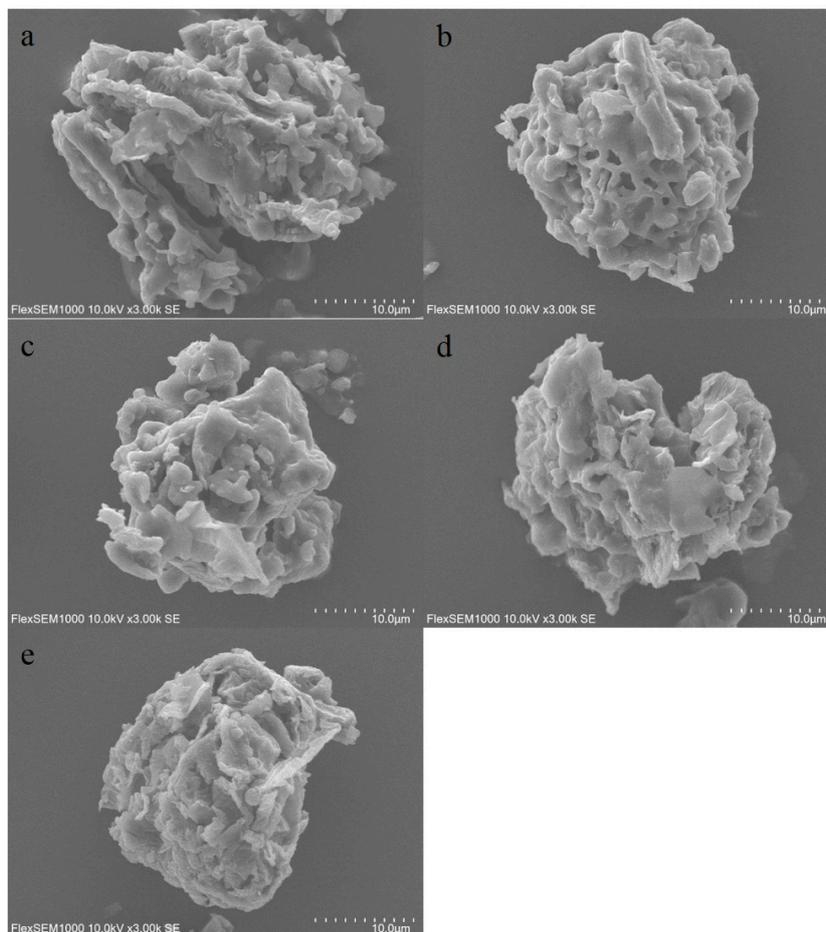
**Table 1.** Effect of different drying methods on the contents of bioactive compounds in SPF (n=3, mg/g).

Drying method	Bioactive compounds						
	Salidroside	Ayringin	Echinacoisde	Forsythoside B	Verbascoside	Isoacteoside	Oleuropein
SHD	2.471±0.049 <sup>a</sup>	0.149±0.015 <sup>b</sup>	11.734±0.360 <sup>b</sup>	11.351±0.218 <sup>b</sup>	4.486±0.097 <sup>b</sup>	0.077±0.001 <sup>a</sup>	21.490±0.242 <sup>c</sup>
OD	2.478±0.072 <sup>a</sup>	0.161±0.005 <sup>b</sup>	9.555±0.056 <sup>d</sup>	11.983±0.040 <sup>a</sup>	5.073±0.022 <sup>a</sup>	0.079±0.001 <sup>a</sup>	21.401±0.117 <sup>c</sup>
MD	2.646±0.172 <sup>a</sup>	0.028±0.004 <sup>c</sup>	10.422±0.138 <sup>c</sup>	9.256±0.137 <sup>c</sup>	2.817±0.009 <sup>d</sup>	0.052±0.007 <sup>b</sup>	31.735±0.310 <sup>a</sup>
SD	1.903±0.062 <sup>c</sup>	0.317±0.040 <sup>a</sup>	13.824±0.121 <sup>a</sup>	9.472±0.170 <sup>c</sup>	2.924±0.030 <sup>c</sup>	0.073±0.003 <sup>a</sup>	25.968±0.261 <sup>b</sup>
IRD	2.212±0.070 <sup>b</sup>	0.018±0.007 <sup>c</sup>	4.737±0.189 <sup>e</sup>	5.891±0.058 <sup>d</sup>	2.041±0.016 <sup>c</sup>	0.050±0.017 <sup>b</sup>	14.674±0.038 <sup>d</sup>

Note: SHD: shade drying; OD: oven drying; MD: microwave drying; SD: sun drying; IRD: infrared drying. Values in the same column with different letters are significantly different ( $p < 0.05$ )

## 2.2. SEM analysis

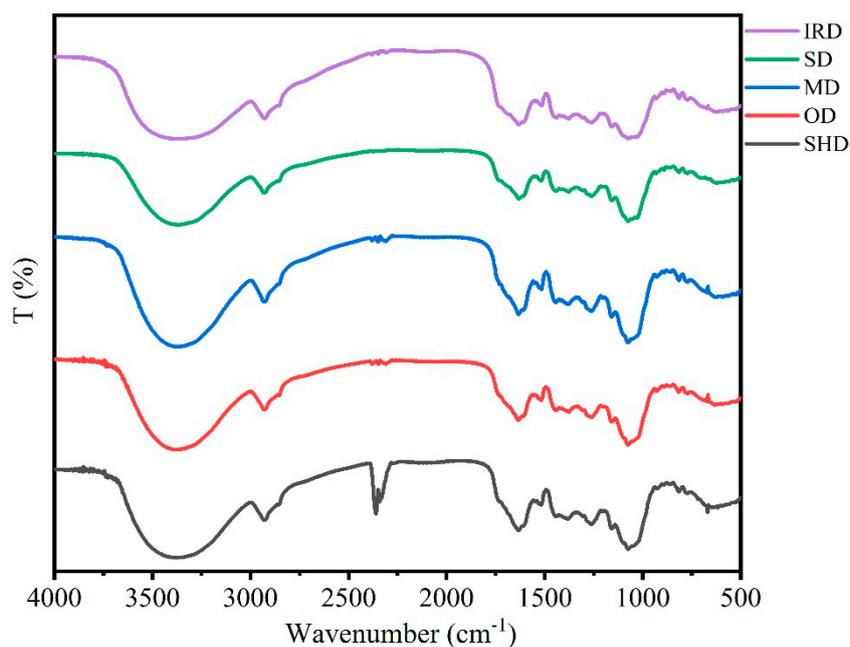
The powder characterization of SPF was used to assess the difference of samples treated by five drying methods. Figure 1a–e showed the micro-morphology of different samples. It could be seen that powder features exhibited a rough and irregular surface. Meanwhile, it was evident that micro-morphological characters of samples treated by different drying methods possessed significantly difference. This reason was possibly attributed to the fact that five drying methods resulted in physical and chemical changes of SPF materials [17].



**Figure 1.** Scanning electron microscope images of SPF under different drying methods.

## 2.3. FT-IR spectra analysis

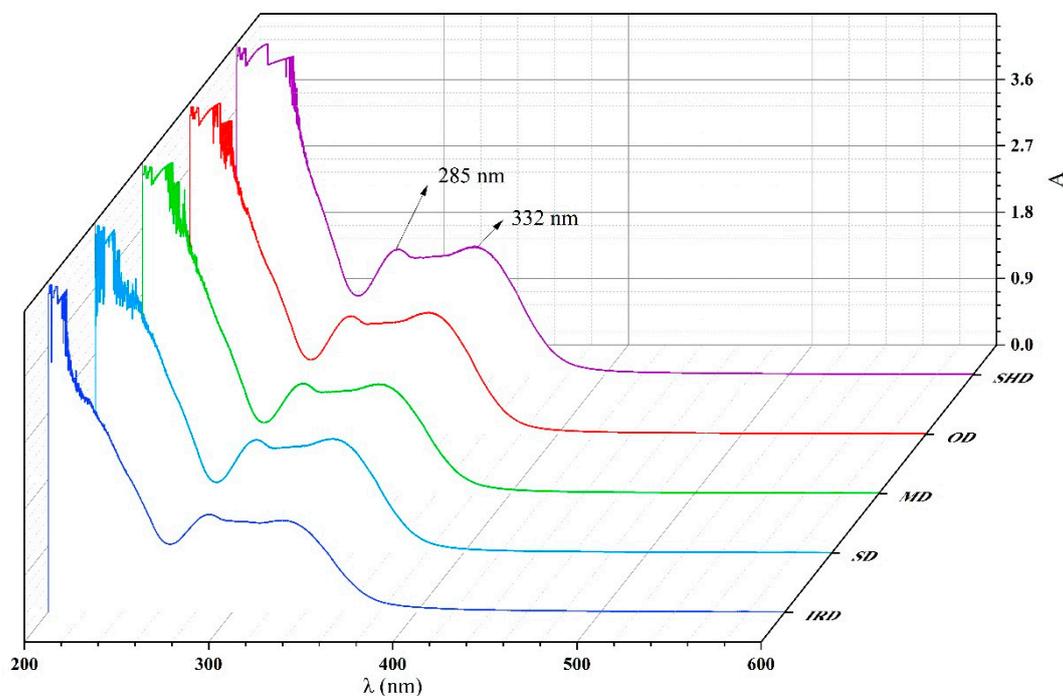
The intensity, shape and position of FT-IR spectra peaks from samples prepared by five drying methods were used to compare the differences and similarities (Figure 2). It could be observed that the main chemical compounds of SPF samples dried by different methods were similar owing to the similarity of FT-IR spectra. The characteristic absorption peaks of glycosides including echinacoisde, forsythoside B, verbascoside and oleuropein could be found in the FT-IR spectra. On the other hand, differences of the positions and intensities in the FT-IR spectra were found in the 1700-850  $\text{cm}^{-1}$  wavenumber regions. The changes of position and intensity of the absorption peaks revealed the differences of component contents of samples prepared by five drying methods. Compared with other drying methods, the absorption bands of sample treated by IRD at 1634–1632  $\text{cm}^{-1}$ , 1517-1512  $\text{cm}^{-1}$ , 1382-1378  $\text{cm}^{-1}$ , 1263-1256  $\text{cm}^{-1}$ , 1157-1152  $\text{cm}^{-1}$ , 1074-1066  $\text{cm}^{-1}$ , 927  $\text{cm}^{-1}$  and 860-858  $\text{cm}^{-1}$  were low, suggesting that the active compounds might be degraded after the IRD process.



**Figure 2.** FT-IR spectra of SPF under different drying methods.

#### 2.4. UV spectroscopy analysis

The UV-Vis spectra of the ethanol extract of five samples were illustrated in Figure 3. The peaks at 285 and 332 nm were identified as oleuropein and phenylethanoid glycosides, respectively [18,19]. It could be observed that the major compounds of SPF extract after different drying methods were similar. However, there were some variation on absorbance values of samples prepared by the different drying methods.

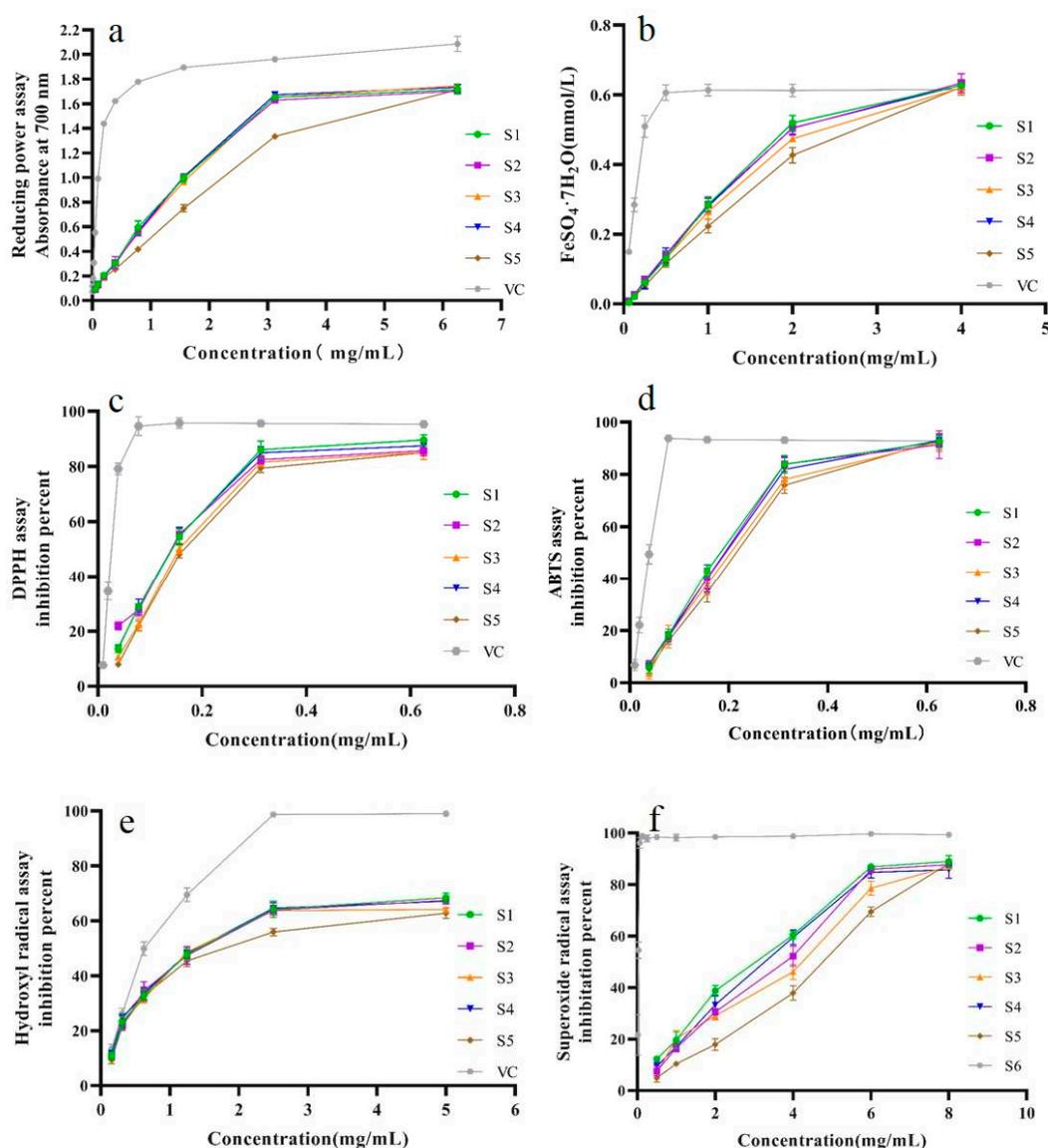


**Figure 3.** UV-Vis spectra of SPF under different drying methods.

## 2.5. Antioxidant activities in vitro

### 2.5.1. Influence of five drying methods on reducing power

The reducing power of SPF sample was showed in Figure 4a,b. Figure 4a showed that reducing power of SPF samples from five drying methods lower than that of the VC in the testing concentration range. Meanwhile, compared with other drying methods, reducing capacity of sample after IRD was weaker. And the reducing capacities of the samples prepared by SD, SHD, MD and OD exhibited similarly trend and was linear within the concentration from 0 to 3.25 mg/mL. When the concentration was more than 3.25 mg/mL, the reducing power did not increase. Likewise, the results of FRAP confirmed SPF samples prepared by five drying methods possessed different antioxidant properties (Figure 4b); meanwhile, sample after SHD had the highest antioxidant effect. However, SPF sample exhibited stronger antioxidant properties compared to the Fe(III) reducing power method. Furthermore, the antioxidant capacity of SPF sample was closer to that of the VC at the high concentration (4 mg/mL).



**Figure 4.** Antioxidant activities of SPF under different drying methods. (a) Reducing power, (b) FRAP, (c) DPPH, (d) ABTS, (e) •OH, (f) Superoxide radical. Note: S1: SHD; S2: OD; S3: MD; S4: SD; S5: IRD. (Similarly hereinafter).

### 2.5.2. Influence of different drying methods against DPPH, ABTS<sup>+</sup> and •OH scavenging ability

In the present work, three free radicals including DPPH, ABTS<sup>+</sup> and •OH were used to investigate scavenging capacity of SPF sample. Figure 4c showed DPPH-free radical scavenging effects of different SPF samples. It was evident that DPPH radical scavenging capacity of VC was significantly stronger than that of SPF sample within the test concentration ( $p < 0.05$ ). The IC<sub>50</sub> values of samples prepared by SHD, OD, MD, SD and IRD were 0.111, 0.118, 0.144, 0.123 and 0.142 mg/mL, respectively, and the sample after SHD possessed the strongest DPPH scavenging effect. The ABTS<sup>+</sup> radical scavenging effects of SPF sample were similar trends to that of DPPH radical scavenging effect (Figure 4d). However, IC<sub>50</sub> values of ABTS<sup>+</sup> radical scavenging effect were higher than those of DPPH radical scavenging effect. The •OH scavenging effect of SPF samples was similar to those found for ABTS<sup>+</sup> and DPPH (Figure 4e). However, the IC<sub>50</sub> values of •OH scavenging ability were higher compared to ABTS<sup>+</sup> and DPPH free radicals. Among five drying methods, the samples after SHD had the highest •OH scavenging effect with relative low IC<sub>50</sub> value of 1.521 mg/mL.

### 2.5.3. Influence of different drying methods on superoxide radical scavenging effect

The SPF sample against superoxide radical scavenging activity was showed in Figure 4f. In the test concentration range of 0.25-6.0 mg/mL, the superoxide radical scavenging abilities of SPF prepared by five drying methods were linear. Compared to the other SPF samples, the SHD sample possessed stronger superoxide radical scavenging capacity. Nevertheless, the activity of SPF sample was weaker than that of the VC.

## 2.6. Protective effect of SPF extract on H<sub>2</sub>O<sub>2</sub>-induced oxidative injury in L02 cells

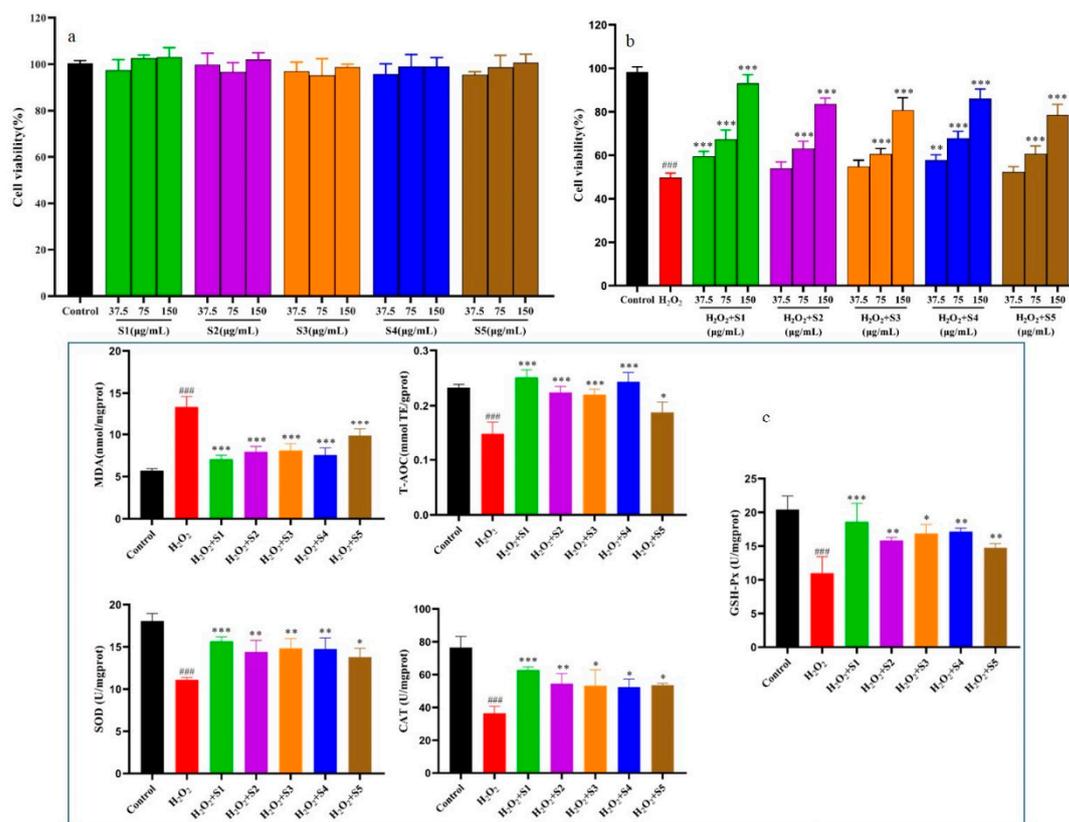
### 2.6.1. SPF of cytotoxicity on L02 cells

The cytotoxicity of SPF extract was showed Figure 5a. It could be found that the cell viabilities treated by SPF extract were more than 95 % at the tested concentration (37.5 µg/mL, 75 µg/mL and 150 µg/mL), indicating that the SPF extract was non-cytotoxicity on L02 cells [20]. Therefore, the SPF extract concentrations of 37.5 µg/mL, 75 µg/mL and 150 µg/mL were used in the following investigation.

### 2.6.2. Protective effect of SPF extract against oxidative damage by H<sub>2</sub>O<sub>2</sub>-induced and determination of cells biochemical indexes

Protective effect of SPF extract on oxidative damage by H<sub>2</sub>O<sub>2</sub>-induced was displayed in Figure 5b. Compared to control group, the cell survival rate induced by H<sub>2</sub>O<sub>2</sub> significantly decreased at 150 µmol/L ( $p < 0.01$ ). The cell viability notably increased after treatment with SPF extract (75 µg/mL and 150 µg/mL) compared with the H<sub>2</sub>O<sub>2</sub> group. Meanwhile, the cell viability of SHD and SD samples exhibited an obvious increase at the concentration of 37.5 µg/mL ( $p < 0.01$ ).

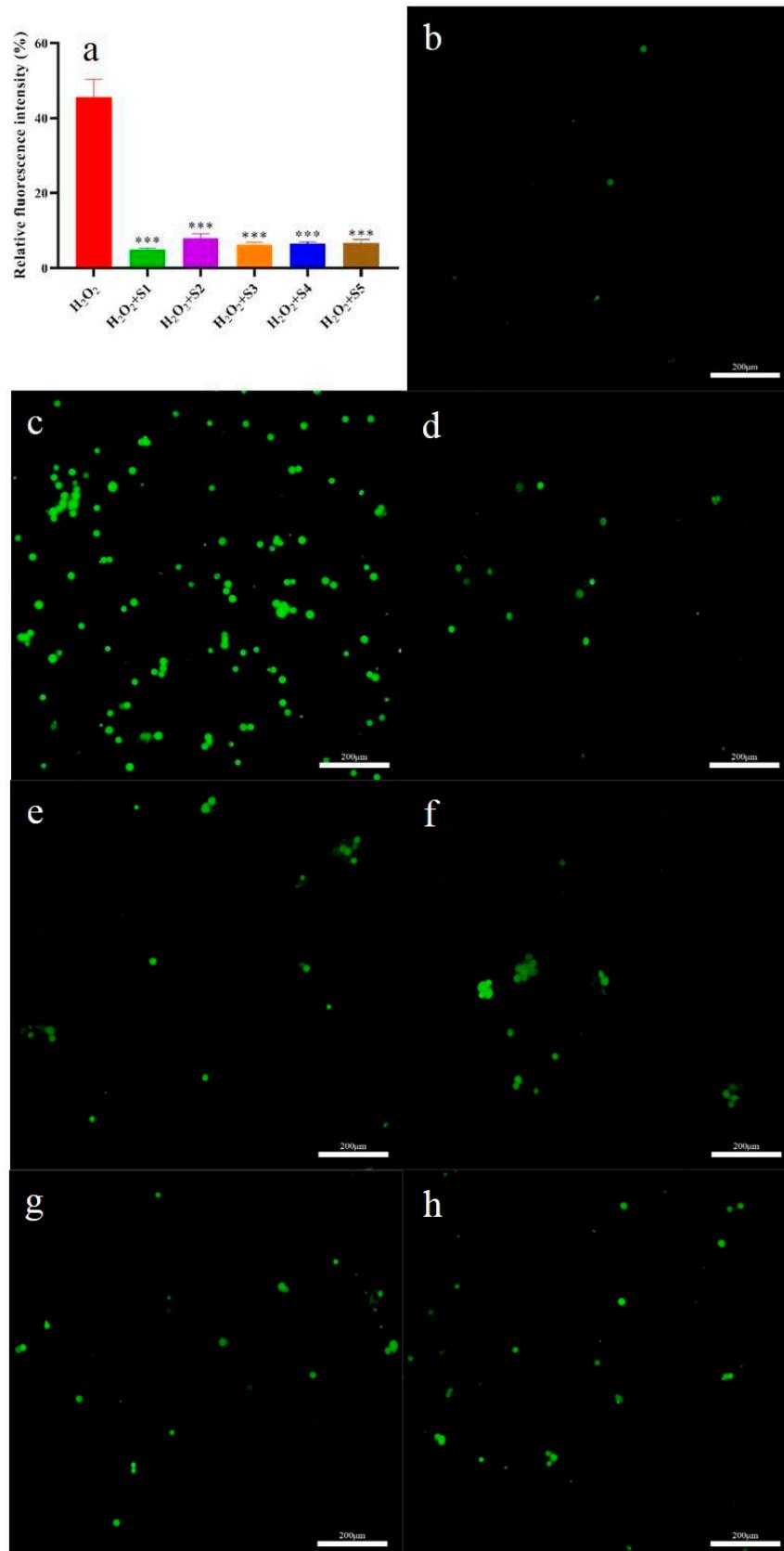
The results of SPF on levels of MDA, T-AOC, SOD, CAT and GSH-PX in the cells were showed Figure 5c. It could be found that MDA level in H<sub>2</sub>O<sub>2</sub> group significantly increased compared with the control group ( $p < 0.01$ ), and obviously decreased in SPF groups (150 µg/mL) compared with H<sub>2</sub>O<sub>2</sub> group ( $p < 0.01$ ). Furthermore, MDA level treated by SPF prepared by SHD was lower than that of the other SPF groups. The antioxidant enzymes activities including T-AOC, SOD, CAT and GSH-PX in H<sub>2</sub>O<sub>2</sub> group significantly decreased compared with control group ( $p < 0.01$ ). The antioxidant enzymes activities in SPF groups (150 µg/mL) considerably increased compared with H<sub>2</sub>O<sub>2</sub> group ( $p < 0.01$ ). Meanwhile, the increase trends antioxidant enzymes activities were similar. As for T-AOC, SHD group had relatively strong enzyme activity, followed by SD group, OD group, MD group and IRD group. The findings obtained from this study were consistent with previous studies that the cells exposed to excessive hydrogen peroxide, the enzymatic activities were remarkably decreased together with an increase in the MDA level [21]. These results demonstrated that SPF could ameliorate oxidative damage by H<sub>2</sub>O<sub>2</sub>-induced in L02 cells



**Figure 5.** Effects of H<sub>2</sub>O<sub>2</sub> and SPF on L02 cells. (a) Cytotoxicity of SPF; (b) Antioxidant activity of SPF against oxidative damage by H<sub>2</sub>O<sub>2</sub>-induced in L02 cells; (c) Effects of SPF on biochemical indexes.

### 2.6.3. Intracellular ROS evaluation

The level of intracellular ROS and ROS scavenging ability of SPF were given Figure 6a–h. The highest intracellular ROS level was found in the H<sub>2</sub>O<sub>2</sub> group among the test groups (Figure 6c). Compared to the H<sub>2</sub>O<sub>2</sub> group, the intracellular ROS level in the SPF groups significantly decreased ( $p < 0.05$ ). Meanwhile, intracellular ROS level in the SHD group was lowest (Figure 6a, 6d). These results indicated that SPF could scavenge the intracellular ROS. Similar results have been obtained by Shen, et al. [22], who confirmed that phenylethanoid glycosides from *Incarvillea compacta* possessed intracellular ROS scavenging capacity.

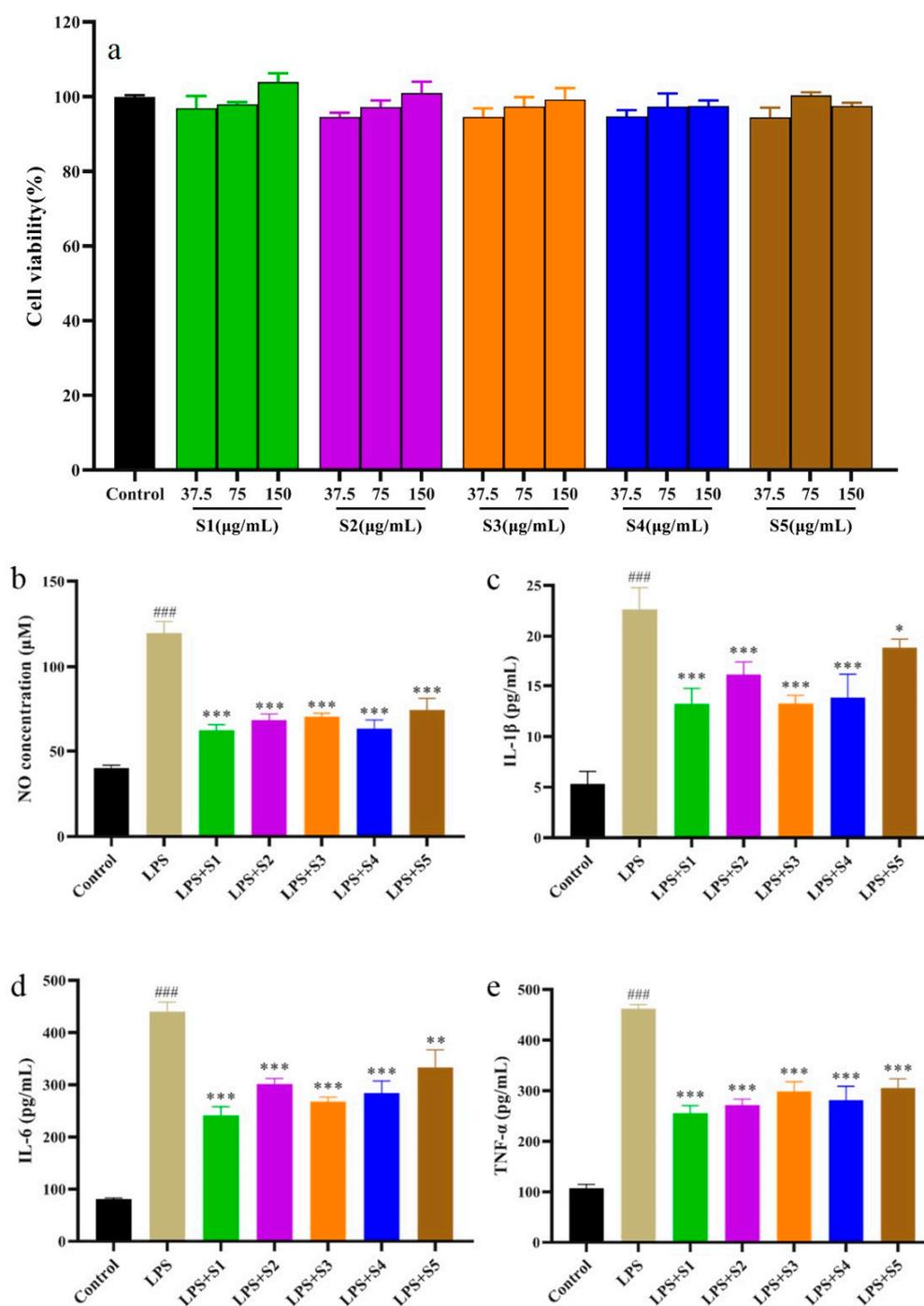


**Figure 6.** ROS level of L02 cells treated using  $H_2O_2$  and SPF. (a) relative fluorescence intensity; (b) Conctrl group; (c)  $H_2O_2$  group; (d)  $H_2O_2$  +S1 group; (e)  $H_2O_2$  +S2 group; (f)  $H_2O_2$  +S3 group; (g)  $H_2O_2$  +S4 group; (h)  $H_2O_2$  +S5 group.

## 2.7. Anti-inflammatory activity of SPF

### 2.7.1. Cytotoxicity of SPF

The cytotoxicity of SPF extract on RAW264.7 cells was showed Figure 7a. Compared with the control group, the viability of RAW264.7 cells exceeded 90%, suggesting SPF extract (37.5, 75, 150  $\mu\text{g/mL}$ ) showed non-cytotoxicity to RAW264.7 cells.



**Figure 7.** Effects of LPS and SPF on RAW264.7 cells. (a) Cytotoxicity of SPF; (b) Effects of SPF and LPS on NO; (c) Effects of SPF and LPS on IL-1 $\beta$ ; (d) Effects of SPF and LPS on IL-6; (e) Effects of SPF and LPS on TNF- $\alpha$ .

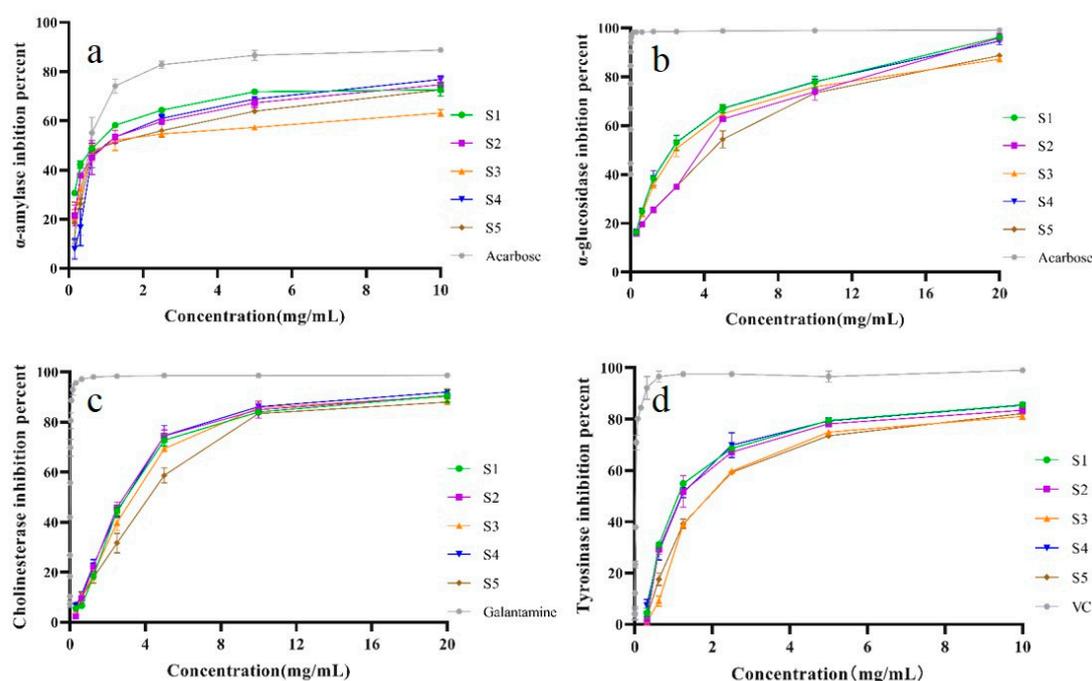
## 2.7.2. Determination of NO, IL-6, IL-1 $\beta$ , and TNF- $\alpha$ of RAW.264.7Cells

The NO is an inflammatory mediator and plays a vital role the pathogenesis of inflammation [23]. The results were showed in Figure 7b. Compared with control group, the NO production significantly increased ( $p<0.01$ ). However, NO production in SPF groups were remarkably suppressed compared with LPS group. Meanwhile, SPF samples prepared by SHD and SD strongly possessed inhibition on the NO production.

The inflammation process could lead to overexpression of inflammatory cytokines including IL-6, IL-1 $\beta$ , and TNF- $\alpha$  [24,25]. These inflammatory factors can promote the development of degree of inflammation. It could be found from Figure 7c-e that the levels of IL-6, IL-1 $\beta$ , and TNF- $\alpha$  in RAW264.7 cells simulated by LPS notably increased compared with control group ( $p<0.01$ ). However, the levels of inflammatory factors in SPF groups significantly reduced compared with the LPS group. Furthermore, the SPF sample prepared by SHD could evidently inhibit the expression of IL-6, IL-1 $\beta$ , and TNF- $\alpha$ .

## 2.8. Enzyme inhibitory activity

The  $\alpha$ -amylase and  $\alpha$ -glucosidase are the key enzymes hydrolyzing carbohydrates into glucose [26], which causes increase of postprandial blood glucose. The inhibition activities on  $\alpha$ -amylase and  $\alpha$ -glucosidase of SPF extracts were presented Figure 8a-b. It could be observed that SPF extract exhibited enzyme properties in a concentration dependent manner. Meanwhile, the IC<sub>50</sub> value of sample prepared by SHD was lower than that of other samples. However, IC<sub>50</sub> values of all tested SPF samples were higher than that of positive reference (Acarbose). These results were compatible with our previous work that different original sample possessed  $\alpha$ -glucosidase inhibition activities [1].



**Figure 8.** Enzyme inhibitory potentials. (a)  $\alpha$ -amylase inhibitory activity of SPF; (b)  $\alpha$ -glucosidase inhibitory activity of SPF; (c) AChE inhibitory activity of SPF; (d) Tyrosinase inhibitory activity of SPF.

As ROS have been confirmed to be strongly correlated with neurodegenerative diseases such as Alzheimer's disease and Parkinson disease [27,28]. Previous studies have revealed that inflammation is involved in Alzheimer's disease and Parkinson disease [29,30]. The SPF extract possessed strongly antioxidant and anti-inflammatory activity [6,7]. The inhibition of AChE has been considered as the

main approach for treatment of Alzheimer's disease [31]. Moreover, studies have indicated that the inhibition of tyrosinase is a vital target in developing new drug for Parkinson's disease [32]. In this study, enzymes inhibitory activities of SPF samples prepared by five drying methods were investigated. The results were presented in Figure 8c-d. It was evident that SPF extracts possessed enzymes inhibitory activities in a. As for AChE inhibitory activity, the IC<sub>50</sub> value of sample after SD was lower than that of other samples. Compared with all tested samples, the IC<sub>50</sub> value of control was lower. Meanwhile, we also found a dose-response effect of tyrosinase inhibitory activity of SPF sample (Figure 8). It could be observed that IC<sub>50</sub> values (1.717±0.188, 1.723±0.058, Supplementary Figure 3) of samples after SHD and SD were lower than that of other samples. The IC<sub>50</sub> value of control (VC) was 0.033±0.003, which was significantly lower than that of all tested SPF samples. The findings obtained from this work showed that SPF had strong AChE and tyrosinase inhibition degree and the sample prepared SHD and SD possessed higher enzyme inhibitory capacity.

### 3. Materials and methods

#### 3.1. Plant materials and reagents

The flowers of *Syringa pubescens* Turcz. were obtained from Xin'an County, Henan Province, China and were identified by Professor Yanfang Wu. Standard reference compounds, namely, salidroside, syringin, echinacoside, forsythoside B, verbascoside, isoacteoside and oleuropein were purchased from Chengdu Biopurify Phytochemicals Ltd. (Chengdu, China), and the purity was more than 98 %. 2,2'-Azinobis (3-ethylbenzothiazoline-6-sulfonic acid) diammonium salt (ABTS), 1,1-diphenyl-2-picrylhydrazyl (DPPH), 2,4,6-tris (2-pyridyl)-S-triazine(TPTZ),  $\alpha$ -glucosidase (from baker's yeast), p-nitrophenyl- $\alpha$ -Dglucopyranoside (pNPG) were provided by Aladdin Chemical Co. (Shanghai, China). The  $\alpha$ -amylase, cholinesterase and tyrosinase were obtained from Macklin (Shanghai, China). All other chemicals and solvents used were of analytical grade.

#### 3.2. Drying methods

The equal amounts of *Syringa pubescens* flowers were processed using five different drying methods. For the SD method, the fresh flower samples were exposed to directly to the sunlight at well ventilated place. For the SHD method, the fresh flower samples were placed under the shade in a laboratory. The temperature of this laboratory was 25 °C with appropriate ventilation. In regards to the OD method, the process was conducted in a BPG-9106A drying oven (Yiheng Scientific Instrument Co., Shanghai, China) at 45 °C. For the MD method, the process was performed at 700W in an PM20A0 microwave oven (Midea Group Co.,Ltd., Guangdong, China). For the IRD method, the drying process was carried out in an infrared drying oven (Hangzhou Qiwei Instrument Co., LTD., Hangzhou, China). All samples were processed by different drying methods to constant weight, and then were powdered using a mill and sieved through a 60-mesh sieve. The sample powder prepared by five drying methods were kept at 4 °C until use.

#### 3.3. Preparation of the standard solution

A mixed stock solution, which contains 90.00  $\mu$ g/mL of salidroside, 63.64  $\mu$ g/mL of syringin, 86.36  $\mu$ g/mL of echinacoside, 86.36  $\mu$ g/mL of forsythoside B, 94.55  $\mu$ g/mL of verbascoside, 90.91  $\mu$ g/mL of isoacteoside and 70.00  $\mu$ g/mL of oleuropein, was prepared according to previous study [1]. The solution was serially diluted in methanol to plot calibration curves.

#### 3.4. Extraction of bioactive compounds of the SPF samples

The extraction was conducted according to previous study [1]. Briefly, 2 g sample powder was accurately weighed and mixed with 20 mL of 70%. The extraction was conducted using a Ymnl-2008D ultrasonic probe extraction device (Nanjing Immanuel Instrument Equipment Co. Ltd., Nanjing, China) for 40 min at 40 °C. After extraction, the crude extract was subjected to centrifuge at 12,000

rpm for 15 min. The supernatant was transferred into a volumetric flask of 25 mL and diluted to volume using 70% ethanol.

### 3.5. Chromatographic methods

HPLC analysis was performed on an Eclassical 3200 HPLC system (Dalian Elite Analytical Instrument Co., Ltd., Dalian, China) equipped with an ultraviolet detector, an autosampler, a binary pump, and a column oven. The separation of active compounds was conducted with an Elite Supersil ODS2 column (4.6mm × 250 mm, 5 μm, Dalian Elite Analytical Instrument Co., Ltd., Dalian, China). The chromatographic conditions were the same as those described by Wang, Zhang, Wang, Zhang, Yang, Zhang, Ma, Wu, Ma and Fan [1].

### 3.6. Scanning electron microscopy (SEM)

After drying treatments, the morphological feature of sample was analyzed with an SEM (FlexSEM 1000, Hitachi, Tokyo, Japan). The sample powers were placed on conductive adhesive tape and sprayed with a very thin layer of gold for SEM analysis.

### 3.7. FT-IR analysis

An IRTracer-100 spectrometer (Shimadzu, Japan) was employed to record the diffuse reflectance spectra of the SPF powder. Briefly, the KBr powder was added into each sample, and then the mixture was ground again, and pressed into a tablet. The FTIR spectra were recorded in the range of 4,000-400  $\text{cm}^{-1}$  at resolution of 4  $\text{cm}^{-1}$  with 16 scans for each spectrum.

### 3.8. UV spectroscopy

A UV-2700 spectrophotometer (Shimadzu, Japan) was employed to measure the absorbance of the ethanol extract within the wavelength range of 600–200 nm. The characteristic peaks were identified and the peak values were recorded.

### 3.9. Assay of antioxidant activities

#### 3.9.1. Determination of reducing capacity

The measure method of reducing power was performed by our previously published work [33]. The absorbance at 700 nm was determined as the reducing capacity. In all the antioxidant activity experiments, the Vitamin C (VC) was used as a positive reference.

#### 3.9.2. Assay of the ferric reducing antioxidant power (FRAP)

The reducing power was also evaluated using the FRAP method according to the study reported by Yang, Wang, Zhang, Li, Wang, Zhang, Liu, Wu, Shen and Ma [2]. In this study, the  $\text{FeSO}_4$  solution was employed to plot linear regression equation as follows:  $Y = 5.8853x + 0.1395$  ( $R^2 = 0.999$ ).

#### 3.9.3. DPPH and ABTS radical scavenging assay

The DPPH and ABTS radical scavenging capacities of SPF extracts were performed as the method described by Wu, et al. [34].

#### 3.9.4. hydroxyl radical ( $\bullet\text{OH}$ ) scavenging assay

The  $\bullet\text{OH}$  scavenging ability was measured using the orthophenanthroline method [35] with a slight adjustment. Briefly, the mixed solution containing 1mL sample, 1 mL phosphate buffer solution (0.2 M, pH 7.4), 1 mL orthophenanthroline (2.5 mM), 1 mL ferrous sulfate solution (2.5 mM) and 1 mL  $\text{H}_2\text{O}_2$  was incubated for 60 min at 37 °C. Then, the absorbance value was recorded as  $A_i$  at 532 nm. The absorbance value was recorded as  $A_0$  without tested sample. The  $\bullet\text{OH}$  scavenging ability was obtained as following equation (1).

$$\bullet\text{OH scavenging capacity (\%)} = (1 - A_i/A_0) \times 100 \quad (1)$$

### 3.9.5. Superoxide radical ( $\text{O}_2^{\bullet-}$ ) scavenging assay

The ability of SPF extract to scavenge  $\text{O}_2^{\bullet-}$  was evaluated with a pyrogallol auto-oxidation system [36] with a few adjustments. Briefly, the mixed solution containing 0.5 mL Tris-HCl buffer (pH 8.2, 50 mM) and 0.4 mL sample solution was kept for 10 min at 25 °C. Then 150  $\mu\text{L}$  pyrogallol solution (3mM) was added and incubated for 5 min at 25 °C. The mixed reaction system was ended after added 150  $\mu\text{L}$  HCl. The absorbance value of mixed solution at 325 nm was recorded as  $A_i$ . The absorbance value was recorded as  $A_0$  without tested sample. The superoxide radicals scavenging ability was calculated using equation (1).

### 3.9.6. Protective effect of SPF extract on $\text{H}_2\text{O}_2$ -induced oxidative injury in L02 cells

#### 3.9.6.1. SPF of cytotoxicity on L02

Hepatic L02 cells were cultured as described by Wang, et al. [37]. Briefly, the DMEM medium containing 10% FBS, penicillin (100 U/mL) and streptomycin (100  $\mu\text{g}/\text{mL}$ ) were used to culture L02 cells. And then, L02 cells were placed in a humidified incubator at 37 °C under 5%  $\text{CO}_2$  with continuous growth for 48 h. The obtained L02 cells were seeded at a density of  $1.0 \times 10^5$  cells/mL with 100  $\mu\text{L}/\text{well}$ . The L02 cells were continuously incubated to adherence, the initial culture medium was removed. The L02 cells were pretreated using different concentrations of SPF extract dissolved in DMSO, and DMEM and DMSO were used as references. The L02 cells were continued to be treated for an additional 24h, the supernatants were removed, and PBS was used to wash cells for 3 times. The cell viability was measured using MTT assay.

#### 3.9.6.2. Protective effect of SPF extract against oxidative damage by $\text{H}_2\text{O}_2$ -induced and determination of cells biochemical indexes

The protective effect of five drying method SPF extract against  $\text{H}_2\text{O}_2$ -induced oxidative injury in hepatic L02 was measured as the method reported by Chen, et al. [38]. Briefly, after the L02 cells were incubated in 96-well at 37.0 °C for 24 h, different concentrations of SPF extract were added to 96-well and treated for 12 h. And then 100  $\mu\text{L}$  of  $\text{H}_2\text{O}_2$  (300 $\mu\text{mol}/\text{L}$ ) was transferred into 96-well and incubated for 6 h to induce oxidative damage. MTT was added and the absorbance value was read at 492 nm. Meanwhile, the cell culture media induced by  $\text{H}_2\text{O}_2$  were collected to determine the biochemical indexes. The parameters including SOD, GSH-PX, MDA, CAT and T-AOC were measured using detection kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) based on the manufacturers' instructions.

#### 3.9.6.3. Intracellular ROS evaluation

The assay of intracellular ROS was conducted based on the previous study [38]. Briefly, the oxidative damage was generated according to the above mentioned method. Each well was added with DCFH-DA (10  $\mu\text{M}$ ). After incubation for 1 h, the intracellular ROS levels were measured using fluorescent microscope (Olympus IX73, Olympus Corporation, Tokyo, Japan). The cells induced- $\text{H}_2\text{O}_2$  were used as negative reference.

### 3.10. Anti-inflammatory property of SPF in LPS-activated RAW264. 7 cells

#### 3.10.1. Cell culture and cytotoxic effect of SPF

RAW 264.7 cells were provided by Procell Life Science & Technology Co., Ltd. (Wuhan, China). The DMEM containing 10% FBS and 1% streptomycin/penicillin was employed to culture RAW 264.7 cells under 37 °C and 5%  $\text{CO}_2$  conditions. The cytotoxicity of SPF extract was assessed by the method reported by Zhen, et al. [39]. Briefly, RAW 264.7 cells were incubated in 96-well plates ( $1 \times 10^5$

cells/well). After 24 h, different concentrations SPF extract (37.5, 75, 150  $\mu\text{g/mL}$ ) were added to 96-well for another 24 h. Then, the MTT (20  $\mu\text{l}$ ) was added to each well and cell culture was kept for 4 h. The absorbance value of cell culture was read at 570 nm to evaluate cytotoxicity of SPF extract.

### 3.10.2. Determination of NO, IL-6, IL-1 $\beta$ , and TNF- $\alpha$ of RAW.264.7Cells

The RAW.264.7 cells were transferred into a 6-well plate and treated for 24 h. And then, different concentrations of SPF extract were added to test well and cultured for 2 h. Finally, LPS solution was added to induce inflammation models and kept for additional 24 h. The cell culture media was obtained by centrifugation. The NO, IL-6, IL-10, and TNF- $\alpha$  were measured with ELISA kits based on the kit instructions.

## 3.11. Enzyme inhibitory activity

### 3.11.1. $\alpha$ -Amylase inhibitory property assay

The  $\alpha$ -amylase inhibitory activity was determined using starch as a substrate as reported previously [40] with slight adjustments. The testing sample solution (1 mL) and 0.5 mL of  $\alpha$ -amylase solution dissolved in phosphate buffer were mixed and kept for 5 min at 37  $^{\circ}\text{C}$ . And then the reaction system was activated by adding the starch solution (0.5mL) and incubated 5 min at 37  $^{\circ}\text{C}$ . The reaction was terminated by the addition of HCl (1mL, 1 M). Finally, the I $_2$ -KI solution (0.5 mL) was added to the reaction mixtures. The absorbance value was read as  $A_i$  at 630 nm. The absorbance value was read as  $A_0$  without tested sample. The acarbose was used as a positive reference. The  $\alpha$ -amylase inhibition activity was calculated with the equation (2).

$$\text{Inhibitory activity (\%)} = [(A_0 - A_i) / A_0] \times 100 \quad (2)$$

### 3.11.2. Inhibitory activity on $\alpha$ -Glucosidase

The inhibitory activity on  $\alpha$ -glucosidase was investigated based on our previous study [1]. Briefly, the reaction system containing 100  $\mu\text{L}$  testing sample, 100  $\mu\text{L}$  glutathione, 100  $\mu\text{L}$   $\alpha$ -glucosidase solution dissolved in phosphate buffer (pH 6.8) and PNPG (50  $\mu\text{L}$ ) was treated for 15 min at 37  $^{\circ}\text{C}$ . After pretreatment, the mixed solution was terminated by addition 100  $\mu\text{L}$  sodium carbonate (0.2 M). The absorbance value was read as  $A_i$  at 405 nm. The absorbance value was read as  $A_0$  without  $\alpha$ -glucosidase. The  $\alpha$ -glucosidase inhibition activity was calculated with the equation (2).

### 3.11.3. Inhibitory activity on tyrosinase assay

The inhibitory property on tyrosinase was measured as previously published paper [41]. Briefly, the reaction system containing L-DOPA or L-tyrosine aqueous solution (50 $\mu\text{L}$ , 2 mM) and SPF solution was treated at 37  $^{\circ}\text{C}$  for 10 min. And then, the tyrosinase (100  $\mu\text{g/mL}$ ) was mixed to the solution to activate the reaction. After 10 min, the absorbance value with sample was read as  $A_i$  at 475 nm. The absorbance value without sample was read as  $A_1$ . The absorbance value without tyrosinase was read as  $A_0$ . The tyrosinase inhibitory activity was calculated with the equation (3).

$$\text{Inhibitory activity (\%)} = 100 - [(A_i - A_0) / (A_1 - A_0)] \times 100 \quad (3)$$

### 3.11.4. Cholinesterase inhibitory activity assay

The inhibitory activity ChE was assessed using previously reported method [42]. The reaction system containing different concentration SPF extract (50  $\mu\text{L}$ ), DTNB solution (125  $\mu\text{L}$ ), AChE or BChE solution dissolved in Tris-HCl buffer (pH 8.0) (25  $\mu\text{L}$ ) was incubated for 15 min at 25  $^{\circ}\text{C}$ . The absorbance value with sample was read as  $A_i$  at 405 nm, and without enzyme was read as  $A_0$ . The ChE inhibitory activity was calculated with the equation (2).

#### 4. Conclusions

In this work, the influences of five drying methods on the active ingredient contents, antioxidant property, anti-inflammatory activity and enzyme inhibition activity of SPF were investigated for the first time. The results obtained from this study demonstrated that drying methods could considerably influence active compounds and biological activities. On the whole, SHD and SD were the suitable to dry the SPF because of high bioactive constituent contents, strong antioxidant activity, high anti-inflammatory property and enzyme inhibitory activity.

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**Data Availability:** All data is included in the manuscript in the form of figures and tables.

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