

Interesting Images

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Interesting Images

Diffuse Cardiac Uptake Misdiagnosed as Cardiac Amyloidosis in Bone Scan

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Abstract: In this presented case, a 77 years old woman suffering from ongoing knee pain underwent a bone scan using ^{99m}Tc-hydroxydiphosphonate (HDP) in suspicious for bone infection. An incidental finding from this scan revealed diffuse cardiac uptake, necessitating further diagnostic procedures to exclude the possibility of cardiac amyloidosis. In the subsequent ^{99m}Tc-3,3-diphosphono-1,2-propanodicarboxylic acid (DPD) scan and SPECT images, no perceptible cardiac uptake was observed at all. Upon retrospective review of the patient's medical records, she had received 1000mg of ferric carboxymaltose for iron-deficient anemia, the day before the ^{99m}Tc-HDP bone scan. Therefore, it is assumed that the diffuse and temporary cardiac activity was due to the transient iron overload. We present and share this bone scan images in order to avoid possible future misinterpretation of cardiac amyloidosis.

Keywords: bone scan; ^{99m}Tc-HDP; cardiac amyloidosis; iron overload

Figure 1.

We present a 77-year-old woman who suffered ongoing left knee pain after the prosthesis insertion. To evaluate the extent and severity of the periprosthetic bone infection, a bone scan using ^{99m}Tc-hydroxydiphosphonate (HDP) was performed. Beyond the expected uptake in the left knee's periprosthetic region, an incidental finding indicated a diffuse and moderate cardiac uptake (arrow). This finding was classified as grade 2, based on the visual grading system ranging from 0 to 3, proposed by Perugini for the diagnosis of cardiac amyloidosis in bone scan¹.

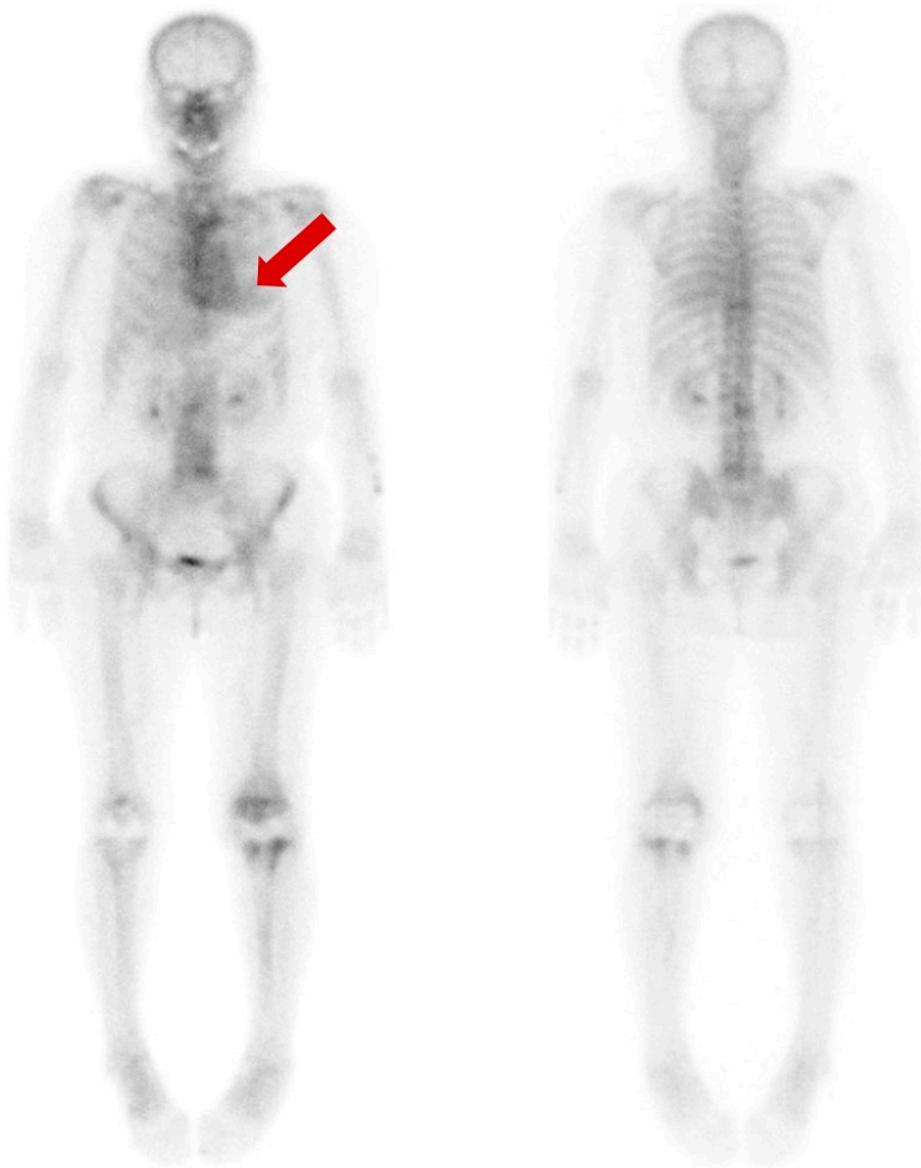
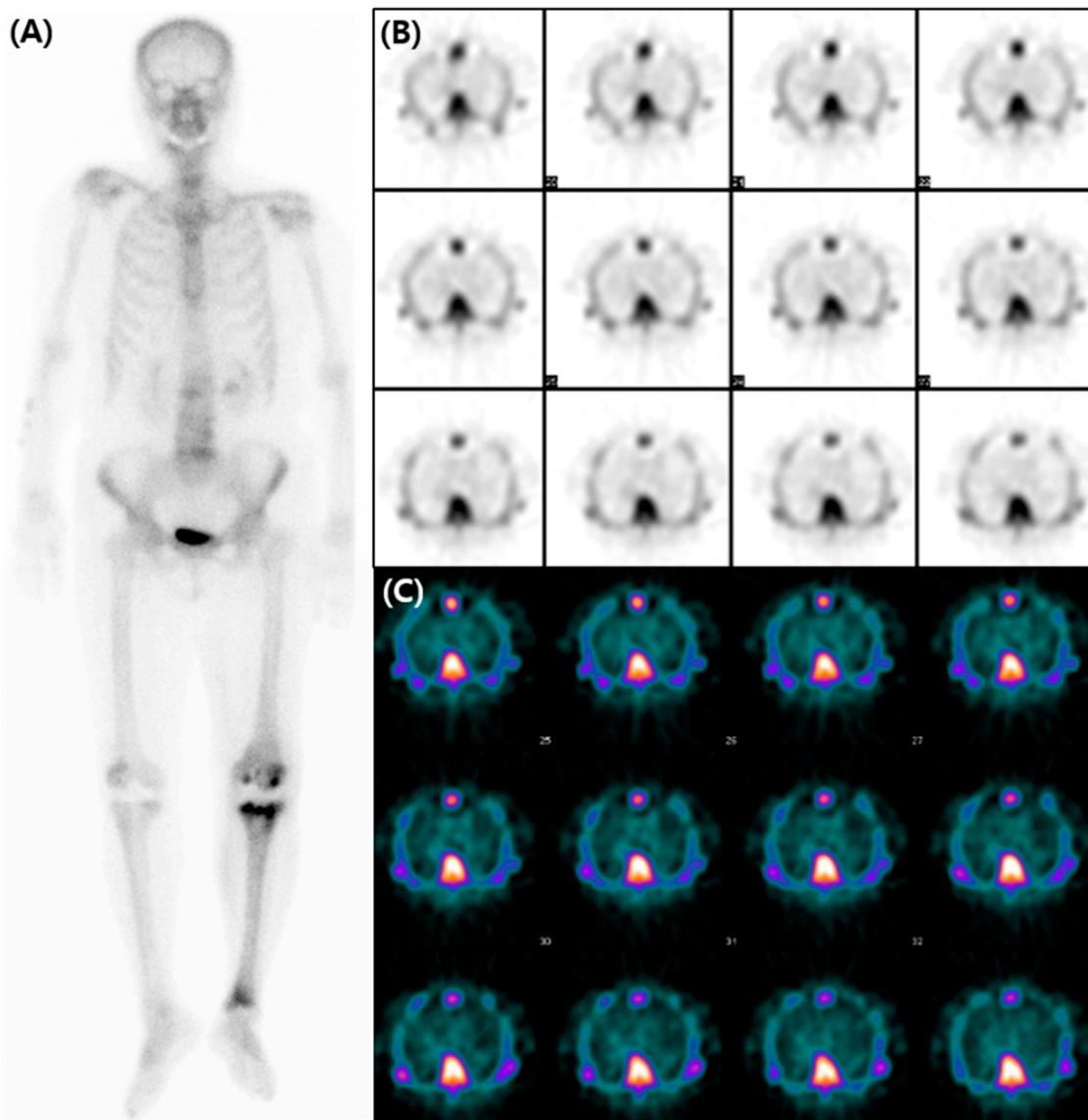


Figure 2.

A subsequent bone scan using ^{99m}Tc -3,3-diphosphono-1,2-propanodicarboxylic acid (DPD) was obtained three weeks later including SPECT images for assessment of transthyretin-type cardiac amyloidosis (CA). The decision was influenced by the accumulating evidence that favored the use of ^{99m}Tc -DPD over ^{99m}Tc -HDP for detecting CA²⁻⁴, and by the necessity of SPECT images. However, no perceptible radiotracer accumulation was observed in the subsequent ^{99m}Tc -DPD scan (A). Additionally, no perceptible radiotracer uptake was noted in the myocardium on the axial SPECT images (B, C). An echocardiogram revealed preserved ejection fraction of 60% without any abnormal wall motion. No abnormality was found in serum free light chain, serum and urine protein electrophoresis/immunofixation data. Upon thorough review of her medical history, her hemoglobin level was 8.7 g/dl, and she was diagnosed with iron-deficient anemia. We also observed that a total of 1000mg of ferric carboxymaltose had been intravenously administered the day before the ^{99m}Tc -HDP bone scan. Hence, it is assumed that the diffuse and temporary cardiac activity was a result of transient iron overload. Bone scan using ^{99m}Tc -DPD or ^{99m}Tc -PYP is known for its several advantages in the diagnosis in CA. They not only have high sensitivity and specificity but also provide a non-invasive, whole-body evaluation and are readily accessible^{5,6}. Currently, multidisciplinary experts in cardiovascular imaging and cardiac amyloidosis recommend including bone scans for diagnosis of CA⁷. However, caution should be exercised in the interpretation of myocardial uptake in a bone scan,

as altered biodistribution of radiotracer can occur in various medical conditions including iron overload⁸⁻¹². As bone scans are widely used in the diagnosis of CA, we present and share this image in order to avoid possible future misinterpretation.



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