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Article

Mineralogical, Petrological, and Geochemical Characterisation of Chrysotile, Amosite and Crocidolite Asbestos Mine Waste from Southern Africa in Context of Risk Assessment and Rehabilitation

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Abstract: Derelict asbestos mine sites in South Africa pose a considerable risk to human, environmental and socio-economic health. Comprehensive mineralogical and geochemical datasets for the existing hazardous geological materials still exposed in Southern African derelict asbestos mines remain largely non-existent, as very little published and up-to-date literature is available. In this study three representative types of asbestos mineral fibres from derelict asbestos mines in Southern Africa, namely chrysotile from Havelock mine, amosite from Penge mine and crocidolite from Prieska mine are characterized mineralogically and geochemically to critically evaluate real-life hazards in rural and asbestos-fibre contaminated regions. The samples were examined using polarising light microscopy, X-ray fluorescence (major and trace elemental analysis), X-ray diffraction (including Rietveld refinement), specific surface area analyses and bio-durability tests. Data are discussed in view of their potential toxicities on both human health and the environment in the context of developing countries. Finally, information on the mineralogical and geochemical status of asbestos mine waste and its importance as baseline data for rehabilitation considerations is also evaluated.

Keywords: Asbestos; hazards; rehabilitation; dispersion; risks; environmental; mine waste

1. Introduction

The mineral wealth of South Africa is impressive but matched perhaps only by the subsequent environmental and human health problems resulting from mining. There are ~6000 derelict mines throughout South Africa, which pose significant health and environmental concerns [1]. Of these, 249 are abandoned asbestos mines of which less than 40 have been rehabilitated [1]. A legacy of pollution remains in the wake of the asbestos mining industry, and considerable quantities of rock-waste generated by decades of asbestos mining continue to pose an insurmountable health and environmental risk to surrounding communities, especially those in developing countries [2]. Historically, poorly regulated asbestos mining operations in South Africa have resulted in the widespread and seemingly unassailable contamination of the environment. Although occupational exposures diminished in the wake of the asbestos mining cessation in South Africa, the tenacious, contemporary, and vast asbestos contamination of the environment is indicative of an indeterminate and conceivably boundless epidemic of asbestos-related diseases (ARDs) [3].

The regulatory and commercial term, asbestos, defines a group of naturally occurring silicate minerals with a specific fibrous crystal habit and unique chemical, physical and technological properties [4]. There are six types of asbestos minerals that fall into one of two groups, namely serpentine and amphiboles [5]. Repeated experimentations have strongly proven the association between asbestos exposure and cancer types such as carcinoma [6–8]. The toxicity and carcinogenic effects of asbestos-mineral fibres are related to the physical and chemical properties, including

morphology, durability and/or bio-persistence, high aspect-ratio and chemical composition of these fibrous minerals [9–12]. The airborne dispersion of asbestos fibres through human activities and rock weathering increases the potential for inhalation of fibres, resulting in risks to human health [13–17]. Asbestos minerals also have a high capability to host a vast quantity of toxic species and elements, adding to the potential health risk problem [18]. Asbestos-related diseases (ARDs) acquired from environmental sources are undeniably a global concern [3,19]. Numerous types of asbestos-related diseases include both diseases of the pleura and diseases of the lung parenchyma [3]. Malignant mesothelioma, thickening and pleural plaques comprise the pleura diseases category and asbestosis and lung cancer comprise the lung parenchyma diseases category [3,20]. The global scientific community, to date, agrees that, based on scientific evidence, there is no safe level or threshold of asbestos fibre exposure below which the risk of mesothelioma is negligible [21,22]. Different fibrous minerals display different toxicities due to their different physical and chemical properties [23,24].

Geochemical and mineralogical characterisation of asbestos-bearing mine rocks is important for both human and environmental health risk assessment and quantification necessary for effective risk mitigation intervention [25]. Moreso, baseline geochemical and mineralogical data on asbestos fibre waste dumps are critical for directing rehabilitation interventions [25]. However, the costs involved in these assessments are a major issue for developing countries. The aim of this paper is to use traditional mineralogical, petrographic and geochemical methods, conventionally applied to the characterisation of inorganic fibrous minerals, to demonstrate the importance of incorporating geologic-based delineation in derelict asbestos mine site rehabilitation programmes. The paper further highlights the necessity of basic geological knowledge in the context of asbestos mine reclamation and demonstrates the feasibility of relevant scientific methods that are also cost-effective, relatively rapid and easily accessible in fund-limited, developing countries.

2. Materials and Methods

2.1. Sampling locations and geological background

Three different asbestos rock samples were investigated in this study (Table 1), namely: (i) Chrysotile from Bulembu (Havelock Mine), Eswatini; (ii) amosite from Penge, Lydenberg district, South Africa and (iii) crocidolite from Prieska Division, Northern Cape, South Africa.

Table 1. Location coordinates and description of sampling locations.

	Chrysotile	Amosite	Crocidolite
Sample number	Ch1	Am2	Cr3
Sampling locations	Havelock Mine, Bulembu, Swaziland (Eswatini)	Penge, Sekhukhune District, Limpopo, South Africa	Prieska Division, Northern Cape, South Africa
Location coordinates	25°57'21''S 31°07'51''E	24°25'07''S 30°20'14''E	28°19'01''S 23°06'05''E
Climate	Humid sub-tropical	Sub-tropical	Semi-arid
Biome	Grassland	Savanna	Savanna
Occurrence	Cross-vein fibres (growth of fibres at right angles to the walls of cracks)	Cross-fibre seams in banded ironstones	Cross-fibre seams in banded ironstones
Number of samples collected	Three	Two	Two

In southern Africa, the Havelock orebody is one of the largest chrysotile asbestos deposits [26]. The Havelock asbestos deposits occur within the Swartkoppie Formation of the Onverwacht Group

in the south-eastern part of Precambrian layered ultramafic complexes of the Barberton greenstone belt [27,28]. Chrysotile asbestos occurs as serpentinite lenses or pods within the main lithological components of the Swartkoppie Formation [29]. The differentiated and serpentinised ultramafic bodies contain units of pyroxenite, metagabbro, dunite and peridotite, where relict and strongly altered olivine, clinopyroxene, orthopyroxene and chromite are the major rock forming minerals [30]. The asbestos deposits are structurally controlled and localised within the deformation zones of the host rocks in the form of cross-fibres in a stockwork of veins [26,29,31]. Hydration resulted in the partial or complete serpentinization of the ultramafic rock [30]. Chrysotile asbestos formation requires a specific combination of tectonic controls including folding, faulting, shearing, serpentinization and metamorphism [30]. The original material is provided by the host rocks to form veins and therefore fibre composition reflects vein composition [32]. Host rocks with abnormally high iron contents result in the formation of dark green, rough textured fibres [32]. Host rocks with low iron, calcium and aluminium content and high silica and magnesia lead to the development of softer, silky fibres [32]. The chrysotile fibres are perpendicular to the walls of the veins and are arranged in parallel bundles.

The amosite samples (Am2) were collected from Penge, Limpopo Province where they occur as layered, extensive continuous seams within the banded-iron formations (BIF) [33]. Situated in the metamorphic aureole of South Africa's Bushveld Complex, the Penge Iron Formation of the Transvaal Supergroup is a unique succession as it contains both amosite and crocidolite asbestos [34,35]. The distribution of amosite and crocidolite asbestos seams in the Penge Iron Formation are controlled by bulk-rock composition. However, some evidence exists that with increasing metamorphic grades, amosite replaces crocidolite [35]. The fibrous amosite units occurring in the BIF are in transitional contact with and underlain by a thick dolomitic sequence [30]. An angular unconformity marks the upper contact of the BIF, which is overlain by a quartzites and shale sequence. Alternating bands of dark-coloured magnetite, grunerite and graphite and light-coloured chert, quartz and siderite comprise the iron-formation [35]. The bands are laterally extensive and range from several centimetres in thickness to microscopic [36]. The fibrous amosite asbestos is found as clearly defined lithological units [35], typically formed in several units of micro-banded magnetite-grunerite banded iron-formation [35]. For the most part amosite is found in lenses of fibrous masses with their long axes perpendicular to the country rock [37]. The quality of the amosite fibres depends on their location in the Penge/Egnep mine. Ash grey, easily separated and flexible fibres are found at the bottom levels of the mine, where the country rocks are not influenced by surface waters [37]. At the mine these fibres are called 'springy' fibres as they spring back to their original form after being bent [37]. 'Soft white' fibres are found above the bottom level, but below the ground-water level and are characterised by soft, flexible, and white fibres that do not readily revert to their original form after being bent [37]. Closer to the surface, 'soft brown' fibres with the least tensile strength are found and in certain places are weathered to clayey masses [37].

The crocidolite samples (Cr3) collected from the Prieska Mine in the Northern Cape occur as seams interbedded within the banded-iron formations [33]. In the Northern Cape the crocidolite fields extend > 450 km south of Prieska to the border of Botswana, where the blue fibres occur in the Asbestos Hills BIF as 1 to 50 mm cross-fibre seams [31,38].

Lengths of fibres are important when considering their removal from the lungs via macrophage cells that under normal circumstances eliminate foreign particles from the lungs [39]. Fibres with lengths greater than the diameter of macrophages cannot be removed resulting in macrophage death and inflammatory cytokines release into surrounding tissues resulting in fibrosis or asbestosis if inhaled as collagen builds up [40]. Numerous studies have indicated that fibres with lengths less than 5 μm do not have any significant biological potency as they are cleared by macrophages whose sizes range between 10 to 15 μm [41]. Fibres with lengths > 10 to 15 μm have a greater probability of persisting in the lungs for extended time periods [41]. Thus, length characterisation of exposed asbestos-containing mine rock waste is important with regards to the relative health risks and effects [39].

Crocidolite is believed to have formed mainly from sodium-rich brines that moved through the iron formation [36]. Unlike the host rocks, crocidolite is extremely resistant to weathering and persists at the surface [30]. The fibrous crocidolite asbestos deposits demonstrate significant blue colour variation [30]. Dark steely blue coloured crocidolite is found in the deeper mine workings of the Northern Cape, whereas lighter, lavender blue crocidolite is found in the weathered zone [30]. The lighter, weathered zone crocidolite contains more ferric iron and bound water and less silica than the dark fresh crocidolite [30].

2.2. Polarised light microscopy (PLM)

Visible asbestos fibers extracted from their host rocks were cut with scissors and positioned on a glass slide. A small drop of eugenol (refractive oil index $n = 1.54$) was then deposited on the fibres after which they are covered with cover slips. The slide was optically scanned, and the asbestos mineral identified using its optical properties (morphology, colour, pleochroism, birefringence, extinction characteristics and sign of elongation). Coatings on the fibres sometimes obscure the optical properties of the asbestos minerals and fibres finer than the microscopes resolving power (ca. $0.3 \mu\text{m}$) and are not detectable. The asbestos mineral fibres colour and index of refraction may be altered or changed by acid and heat treatment.

2.3. Crushing

A simple technique of crushing, using a mortar and pestle, was used to explore whether the long, visibly elongated minerals in each of the rock samples is fibrous. Elongated minerals sometimes become matted together during crushing and form a ball and/or separate into needles or fibres; these are considered as fibrous and potentially asbestiform. Those that are easily crushed into a powder are not fibrous and therefore deduced not to be asbestiform. However, cleavage fragments and asbestiform fibres may occur in close association. Powdered samples were studied using for X-ray diffraction (XRD), X-ray fluorescence (XRF) and Brunauer-Emmett-Teller (BET) surface area analysis. A rotary splitter was used to reduce the samples, which were then powdered in a mortar and pestle.

2.4. X-Ray Diffraction (XRD)

The samples were analysed by X-ray diffraction (XRD) to determine the mineral type. This was done by XRD Analytical and Consulting in Pretoria, South Africa. The XRD analysis was done by using the back-loading preparation method. Diffractograms were attained by employing a Malvern Panalytical Aeris diffractometer with PIXcel detector and fixed slits with Fe filtered $\text{Co-K}\alpha$ radiation. Phases were determined by means of X'Pert Highscore plus software (version 2.1. PANalytical, Malvern, UK). The Rietveld method (quantitative analysis) (Rietveld, 2014) was used to estimate the relative phase amounts (weight %). The phases were identified using X'Pert Highscore plus software. The relative phase amounts (weight %) were estimated using the Rietveld method (quantitative analysis). The relative intensities (equation 1) and d -spacing were calculated from the diffractogram data.

Relative intensity (%) = $I/I_1 \times 100$ (equation 1), where I is the intensity of the peak and I_1 is the intensity of the highest peak. d -spacing determination employed the standard Bragg Equation:

$$n\lambda = 2d \sin\theta \quad (1)$$

where $n = 1$, λ ($\text{CoK}\alpha$) = 1.78892 and $d = n\lambda/2\sin(\theta)$ (d -spacing value).

2.5. X-Ray Fluorescence (XRF)

Major and trace element concentrations of the four asbestos mineral fibre samples were determined using X-ray fluorescence (PANalytical PW2404 x-ray spectrometer) at the Earth lab, Bernard Price Building, University of the Witwatersrand, South Africa. Major elements were determined using the Norrish Fusion 1 technique [42] using in-house correction procedures outlined in [43]. Sample weight used was 0.35 gm and flux weight of 2.5 gm . Samples were fused using

Johnson Matthey Spectroflux 105 at 1100°C and raw data corrected. Standard calibrations were made up using synthetic oxide mixtures, international standard as well as in-house controls. Calibration standards were from International Reference Materials USGS series (USA) and NIM series (South Africa). Pressed pellets were prepared for trace element analysis and the data corrected for matrix effects using Compton peak monitoring.

2.6. BET-N₂ specific surface area determination

Specific surface area is of the important surface characteristics of mineral fibres [44] and a significant parameter related to the many attributes linked to its toxicity and carcinogenicity [45,46]. The specific surface area of the asbestos rock samples was determined by the BET method [47] using a Micromeritics TriStar 3000 V6.05 A surface area analyser with N₂ as absorbing gas at the School of Chemistry, University of the Witwatersrand, South Africa. A mass of ~ 0.2 g of each sample was placed in BET sample tubes and degassed for 4 hours. The samples were then loaded into the BET instrument and N₂ adsorption isotherms were obtained, and the specific surface area determined.

2.7. Bio-durability tests

The ability of mineral fibres to resist chemical and/or biochemical alteration is referred to as biodurability [48,48,50]. The biodurability of the asbestos rock samples was determined by batch dissolution experiments at 37°C and continuous agitation (90 rpm). Batch dissolution experiments (water-rock interaction study) allow for dissolution rates to be measured in a setting dominated by fluids [51]. The experiments were done at 37°C to simulate body temperature [52]. Although the intricacy of the human body cannot be replicated these experiments do allow a basis to assess the biological disintegration of the different mineralogical types of asbestos [52]. Seven batch reactors were set up for each type of asbestos sample and the change in sample mass at different intervals of time was measured. The advancement of the dissolution reaction was determined at the following predetermined sampling times: 24 hours, 48 hours, 1 week, 2 weeks, 1 month, 2 months and 3 months. The batch experiments were conducted in 100 mL Erlenmeyer flasks containing water and HCl solution (50 mL) at a pH of 4 and 50 mg of sample. At each sampling time the content of the flask was vacuum filtered using 0.22 µm φ cellulose Merck Millipore filters (ashless grade). The mass of the solid residue was determined by measuring the weight difference of the initial NOA rock sample mass and the solid residues, after filtration and drying, known the filter mass. The following equation was used to calculate the dissolved mass fraction (DMF) of the chrysotile, amosite, and crocidolite:

$$\text{DMF} = 1 - \frac{M_t}{M_o} \quad \text{or} \quad \text{DMF} = \frac{M_o - M_t}{M_o} \quad (\text{equation 3}),$$
 where M_o is the initial mass of the solid at time = 0 and M_t is the mass of the solid at time t .

The dissolution efficiency of the chrysotile, amosite and crocidolite was also calculated using the raw data of total mass loss after 720 hours. The dissolution efficiency (D%) of the asbestos rock sample in HCl-water solution was calculated according to equation (4) [53,54]:

$$\text{D\%} = \frac{M_i - M_t}{M_i} \times 100 \quad (\text{equation 4}),$$
 where M_i is the initial mass (grams), and M_t is the total mass loss (g).

3. Results

3.1. Bulk material description

Chrysotile (Ch1) collected from the Havelock Asbestos Mine (Bulembu) appears homogeneously distributed within the rock (Figure S1A). These chrysotile fibres occur in veins in the serpentinite (Figure S1B). The fibres within the veins display a combination of straight, curved, and contorted forms. A partitioning parallel to the vein walls has split the cross-fibre vein and subsequently shortening the fibre length in relation to the vein width (Figure S1D). Such disassociation affects the degree of fibre to sidewall cohesion enabling fibres to separate easily and become dispersed from the host rock. The highly fibrous components occupy ~80% of the rock sample and are easily separable. The bundles of chrysotile fibres are pale green in colour but separates to form a fluffy mass of white

fibres (Figure S1C). The individual fibres are extremely fine, flexible and have a curved and wavy appearance. When observed individually, the chrysotile fibres are white in colour and have a silky lustre. The crystals comprising the fibres are short (~2.5 cm) and extremely hair-like. The mineral fibres retained their fibrous form and aspect ratio upon crushing in a mortar and pestle. The fibres can be bent and twisted without breaking indicating that the chrysotile fibres have high tensile strength.

The amosite (Am2) consists of long (~20 cm), thin, straight, brown coloured fibres that form in bundles and have a ‘paintbrush-end’ effect (Figure S2A). The fibres from the amosite sample are very brittle and ‘shatter’ easily when brushed with the dissecting forceps. The bundle of amosite fibres demonstrates a slight curvature because of their long length. The surface of the amosite fibre bundle shows individual matted and splintery fibres (Figure S2B).

The crocidolite sample (Cr3) consists of long (~10 cm), straight, greyish to pale blue coloured fibres in a bundle (Figure S3A). The poly-filamentous bundle is macroscopically curved and contorted (Figure S3B) indicating flexibility. The fibres are brittle and have a silky lustre. The bundle of fibres is easily parted, have a longitudinal fine structure, and are tufted at the ends. These fibres show partial flexibility when bent.

The elongated shape of the minerals visibly observed in hand sample allowed direct length measurements to be taken (Table 2).

Table 2. Fibre lengths for 21 counts for each mineral in hand sample.

Chrysotile			Amosite		Crocidolite	
Counts	Length (cm)	Width (µm)	Length (cm)	Width (µm)	Length (cm)	Width (µm)
1	2.5	12.5	20	28.5	6	6.25
2	0.5	12	5	26.5	10	6.2
3	1.2	12.2	15	28	11	6.3
4	1.8	12.2	10	23.8	8	6
5	2.2	12.6	9	25.5	8	6
6	0.9	12.1	13	28	6	6
7	1.36	12.3	19	25	10	6.2
8	2.4	12.3	7	26.5	10	6.2
9	2.5	12.4	18	28	9	6.2
10	1.9	12.5	18	22.3	6	6.2
11	1.7	12	16	20.5	6	6.3
12	2.1	12.1	15	28.1	8	6
13	0.8	12.4	13	28.2	9	6.1
14	2	12.6	8	28	10	6
15	2	12.4	15	20.2	10	6.2
16	1.1	12.3	5	17	10	6.2
17	0.6	12.2	8	20	6	6.2
18	2.5	12.2	11	18.9	8	6.3
19	2.3	12.2	19	20	10	6.1
20	1.7	12.2	20	28.5	6	6.2
21	2	12.6	20	27.1	6	6.2
Average	1.72	12.3	13.52	24.7	8.24	6.16
Minimum	0.5	12	5	17	6	6
Maximum	2.5	12.6	20	28.57	11	6.3
Variance	0.40	0.30	25.11	13.87	3.13	0.01
Standard dev.	0.63	0.18	5.01	3.72	1.77	0.10

3.2. Polarised light microscopy (PLM)

The morphology of the chrysotile fibres is asbestiform containing kinks and larger bundles with splayed ends. In plane polarised light (PPL) the chrysotile fibres have low relief and show weak pleochroism with purple, light, and dark brown and pale-yellow colours observed (Figure S4). In cross polarised light (XPL) the fibres give off pale interference colours, including white, yellow, orange, red and purple and show a parallel extinction angle (Figure S5). The individual fibres are distinct in both PPL and XPL by various colours and birefringence. The cloudy yellow-orange character of certain bands in XPL emphasises the structure of these veins. The margins of the fibres are outlined with amorphous serpentine or material shown as irregular, slightly anisotropic, and potentially cryptocrystalline (Figure S6 and S7). These margins suggest a type of colloidal replacement, where deposition of iron imparted a cloudy appearance to some of the fibre margins [32].

The morphology of the amosite fibres is asbestiform with straight fibres and fibre bundles. The ends of the fibre bundles show a broom-like or splayed appearance. Under plane polarised light (PPL) the amosite has a weak to medium relief and weak to moderate pleochroism displaying brown, purple, pale-green, and pale-yellow colours. In cross polarised light (XPL), pink, blue, purple, yellow, orange, and white interference colours are observed along with a parallel extinction angle. Extremely fine amosite fibres with parallel alignment and matting are shown in Figure S8 and S9. The maximum angle of pleochroism and birefringence is observed at 45° (Figure S10 and S11).

The morphology of the crocidolite fibres is asbestiform with straight fibres and fibre bundles. In plane polarised light (PPL) the crocidolite fibres have moderate relief and are weakly pleochroic with blue, black, and pale-yellow colours displayed (Figure S12). Under cross polarised light (XPL), blue and pale-yellow interference colours and a parallel extinction angle are observed (Figure S13). The fibre bundles have clearly observed splayed ends (Figure S14 and S15). Crocidolite shows the least number of interference colours amongst all four of the various asbestos mineral fibres studied.

3.3. X-Ray Diffraction (XRD)

Analysis by XRD allows the identification of co-occurring fine-grained minerals that are difficult to detect and distinguish in hand sample and using optical microscopy. Although the fibres were individually extracted and clearly identifiable impurities removed, some mineralogical heterogeneity is unavoidable, and thus XRD was employed to determine the bulk mineralogical compositions of the asbestos samples and the recognition and identification of any impurities in each sample. The XRD (λ (CoK α) = 1.78892) of the samples are shown in graphs S1, S2 and S3 with the corresponding numerical 2 θ position and intensity data given in Table S1. The relative intensity and d -spacing for each sample was calculated and given in Table 3.

Table 3. X-Ray diffractogram data (λ (CoK α) = 1.78892). The value of I/I_1 (relative intensity %) is determined from equation 1, where I_1 is intensity of the highest peak of the phase and d (Å) is calculated from equation 2 assuming $n = 1$.

Peak #	Chrysotile rock sample		Amosite rock sample						Crocidolite rock sample	
			Amosite (grunerite)		Quartz low		Sepiolite			
	I/I_1	d (Å)	I/I_1	d (Å)	I/I_1	d (Å)	I/I_1	d (Å)	I/I_1	d (Å)
1	100	7.34	47.4	9.3	100	3.35	63.5	22.8	15	8.9
2	20	4.6	100	8.6	48.9	1.8	100	15.3	100	8.3
3	43.33	4.4	42.1	3.5					5	5.15
4	26.7	3.9	47.4	3.3					15	5.15
5	53.3	3.6	64.2	3.1					7.5	3.8
6	19.3	3.35	21.1	2.97					9	3.6
7	13.3	2.9	74.7	2.7					30	3.4
8	8	2.7	54.7	2.5					12.5	3.25

9	20	2.6	32.6	2.3	60	3.1
10	20.7	2.5	42.1	2.2	47.5	2.7

The relative intensity and *d*-spacing calculated for the chrysotile, amosite (grunerite) and crocidolite (magnesio-riebeckite) phases (Table 3) correspond to those of the known principal lattice spacings for each of the asbestiform minerals [55]. The Rietveld refinement data is shown in Table 4.

Table 4. Abundance (%) of mineral phases detected by XRD analysis.

Asbestos rock sample	Phases detected (% composition)
Chrysotile	Chrysotile (100 %)
Amosite	Amosite (94.5 %) >> Quarts low (4.1 %) > Sepiolite (1.4 %)
Crocidolite	Magnesio-riebeckite (100 %)
% abundance represents the modal amounts of minerals (quantitative analysis) present in asbestos rock samples	

Chrysotile and crocidolite can be shown to be the only mineral phases indicating the purity of the fibres in each sample. In contrast, the amosite sample contained two other mineral phase impurities being quartz and sepiolite.

3.4. X-Ray Fluorescence (XRF) major and trace elemental analysis

X-Ray fluorescens spectroscopy (XRF) was used to quantify the major and trace elements in asbestos-containing mine waste rocks. The major and trace concentrations were determined to define the amount of harmful elements that can potentially be released into both the environment and possibly absorbed by the human body. The average major and trace elemental concentrations (n = 2) of each asbestos rock waste is presented in Tables 5 and 6.

Table 5. Major element analysis (n=2).

Oxides (wt%)	Chrysotile	Amosite	Crocidolite
SiO ₂	42.08	48.93	51.52
Al ₂ O ₃	0.59	0.36	0.07
Fe ₂ O ₃	2.00	41.37	38.31
MnO	0.03	0.64	0.06
MgO	40.83	5.84	2.23
CaO	0.06	2.02	0.35
Na ₂ O	0.07	0.00	6.22
K ₂ O	0.01	0.24	0.10
TiO ₂	0.03	0.03	0.03
P ₂ O ₅	0.01	0.02	0.01
Cr ₂ O ₃	0.01	0.02	0.01
NiO	0.19	0.01	0.01
LOI	12.18	0.48	1.24
Total	100.08	99.87	100.15

Table 6. Trace element analysis (n=2).

Element (ppm)	Chrysotile	Amosite	Crocidolite
Sc	6.4	4.64	D.L.
V	16.42	3.51	3.91
Cr	83.4	4.61	D.L.
Co	52.55	D.L.	D.L.
Ni	1518.54	51.24	11.86
Cu	21.99	36.77	35
Zn	16.19	41.62	12.66
Ga	D.L.	D.L.	1.63
Rb	D.L.	20.77	1.02
Sr	0.74	26.63	0.86
Y	0.77	3.78	1.82
Zr	0.49	3.7	0.38
Nb	D.L.	0.85	D.L.
Mo	D.L.	0.62	D.L.
Ba	D.L.	28.17	1.69
Pb	6.62	5.32	5.06
Th	D.L.	D.L.	D.L.
U	D.L.	D.L.	D.L.
D.L. – detection limit			

The samples display the following distinctive major element geochemistry: Chrysotile samples contain the most aluminium and magnesium; amosite samples displayed the highest concentrations of iron and calcium, and crocidolite samples contained the greatest sodium.

3.5. BET-N₂ specific surface area

The specific surface area (SSA), determined by the N₂ BET procedure, of fibrous minerals is defined as the surface area per unit volume. 'Specific' or 'reactive' are two ways in which the surface area may be defined [56]. Gas adsorption and the Brunauer-Emmett-Teller (BET) equation is used to determine the specific surface area, whereby the total surface area is divided by the mass of the sample [47]. The BET N₂ specific surface areas and associated parameters of the extracted fibres are given in Table S2.

3.6. Bio-durability tests

The solid asbestos residue was separated from the solution via filtration at the end of each time during the bio-durability test and the mass measured (Table 7).

Table 7. The measured mass (mg) of the solid asbestos sample residue after each time period during dissolution in acidic solution.

Time (hours)	Chrysotile	Amosite	Crocidolite
0	50	50	50
24	25.2	39.1	37.7
48	24	38.6	33.6
168	21	36.3	32.3
334	18.6	35.5	31.7
720	16.6	35.4	31.1
Total mass loss (mg)	33.4	14.6	18.9

The weight loss for all three types of asbestos reached a plateau after 186 hours indicating the completion of the chemical reaction. The mass loss of the experiments for each asbestos sample was summed up, although 100% solid mass loss is never achieved. The reason is not incomplete dissolution, but rather the precipitation of silica back out of the solution [22]. The dissolved mass fraction (DMF) calculated for the asbestos samples are given in Table S3 and graphically represented in Figure 1.

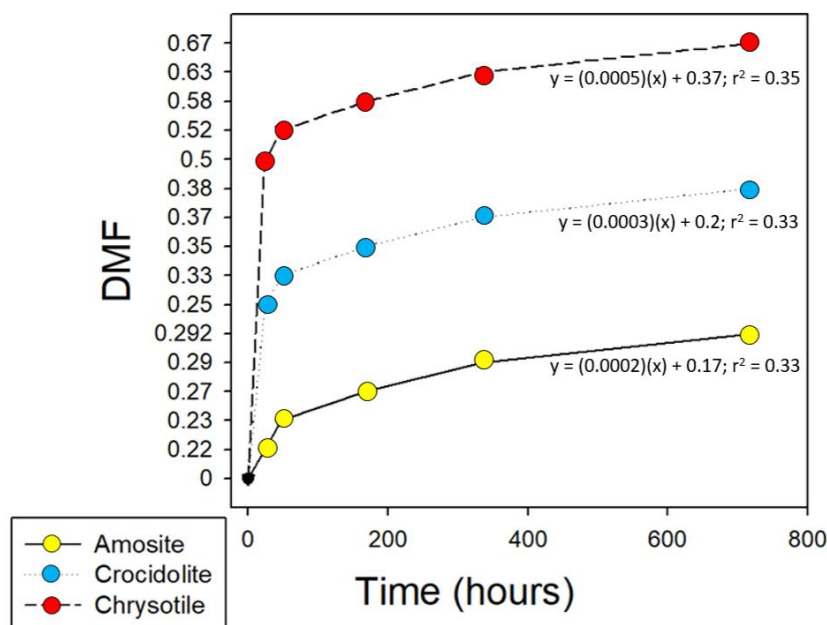


Figure 1. The dissolved mass fraction of the asbestos samples over time (hours).

The dissolution efficiency for chrysotile, amosite and crocidolite was calculated as 66.8 %, 29.2 % and 37.8 %, respectively.

4. Discussion

4.1. Mineralogical impact

The application of mineralogical and geochemical characterization of exposed asbestos-containing mine waste allows improved risk assessment with direct applications in predictive management. Mineral dust and fibres are heterogeneous substances with respiratory sensitizing properties. The complex nature of, and exposure to, mineral fibres necessitate procedures that account for this complexity if the allocation and attenuation of the human health impacts is to be conducted reliably. Importantly, the selected methods are based on what is realistically practical for developing countries where funds and scientific engagement are limited. In hand sample, all three types of asbestos show asbestiform morphology, including fibre thickness, parallelism in arrangement, separability, and flexibility. The fibres retain their aspect ratio forming numerous finer fibres during breakage caused by crushing. All samples showed moderate cohesion as fibres were released from bulk material when vigorously disturbed by hand. The three types of asbestos minerals sampled are cross-fibres in veins for chrysotile and seams for the amphiboles.

The fibre geometry (Table 2), defined by its diameter (D) and length (L), is a key parameter in its pathogenicity, toxicity, and inflammation [57,58]. Polarising light microscopy (PLM) is most used for semi-quantifying the percentage and identifying the type of fibre [59,60], but can also be used to accurately measure fibre dimensions $> 1 \mu\text{m}$ in diameter [61,62]. The dimensions provide information on the respirability and biological activity of airborne fibres [63]. The 'Stanton Hypothesis' states that the optimum fibre morphology for generating intrapleural tumours is $D \leq 0.25 \mu\text{m}$ and $L > 8 \mu\text{m}$, and was derived from experimental observations succeeding fibre implantation and injection into

animals [64]. According to this model, 'frustrated phagocytosis' [65] results because phagocytic cells are unable to eliminate 'Stanton fibres', i.e., needle-shaped particles with $L > 8 \mu\text{m}$ [64].

Optical microscopy provides important knowledge on texture, mineralogy, and alteration. All samples consist of poly-filamentous fibre bundles with parallel-sided, long, thin fibres having straight extinction. Splayed ends and fibre curvature were characteristically demonstrated by the crocidolite samples. Under high magnification, amosite and crocidolite minerals do not appear compact having gaps and visible divisions between fibres further pointing to their asbestiform nature. Unlike amosite and crocidolite, individual chrysotile fibres are less clearly distinguishable under the polarising light microscope (PLM). Chrysotile appeared more compact however upon closer inspection divisions between fibres were also identified, but less prominent than that of amosite and crocidolite. In PLM the chrysotile fibres appear to be more tightly welded together with little porosity between them. Optically, the colours of the fibres are both homogenous and heterogeneous under PLM.

Chemical heterogeneity suggested by colour variations in the fibre provides evidence of partial replacement of pre-existing fibres or generations of fibre growth. Homogenous colours were generally observed along the lengths of the amosite and crocidolite fibres (figures S8, S10, S12 and S14). Heterogenous colours within individual fibres is only observed in chrysotile (Figure S4 and S6) and implies compositional variability. This is further documented under cross-polarising light (Figure S5 and S7). Both amphibole asbestos samples did not appear to show any modifications optically and texturally in PLM consistent with the homogenous colouring. In comparison with the amphibole asbestos samples, the chrysotile asbestos samples exhibited a more complex microstructure matrix under PLM, in which several coexisting textures are apparent.

The asbestos-containing rock materials are natural samples collected from mines and thus the presence of mineral impurities is expected [66,67]. Typically, natural asbestos-containing rock samples occurs with other non-asbestiform morphologies and minerals [68]. Although these associated phases are thought to be harmless, little information on their potential toxic effects exists [68]. Thus, the characterisation of natural assemblages should include all phases occurring with the suspected asbestos fibres (Vigliaturo *et al.*, 2018). The results by XRD analysis allow the identification of co-occurring fine-grained minerals that are difficult to detect optically. Chrysotile (serpentine) and crocidolite (amphibole) samples are homogeneous containing no additional mineral phases. Amosite displays mineral phase heterogeneity and crystalline impurities of ~4.1 % quartz (SiO_2) and ~1.4 % sepiolite ($\text{Mg}_4\text{Si}_6\text{O}_{15} \cdot 6\text{H}_2\text{O}$). Fibrous and crystalline quartz (SiO_2) is known as a prolific cytotoxic particle that results in lung tumours upon inhalation [69]. The phyllosilicate mineral, sepiolite ($\text{Mg}_4\text{Si}_6\text{O}_{15} \cdot 6\text{H}_2\text{O}$), belongs to the mineral group hormite and is characterised by a fibrous habit [70]. Given limited studies and inadequate evidence for the carcinogenic effects of sepiolite in humans, few animal studies have indicated to include sepiolite in the Group 3 carcinogen category [71].

A survey of published literature indicates very limited research and knowledge exists regarding the carcinogenic and pathogenic effects of asbestos associated mineral phases following chronic inhalation. However, asbestos-associated mineral phases should not be neglected when considering the combined factors encompassing the toxicity of asbestos-containing mine-wastes.

4.2. Geochemical impact

Of further importance is the ability to quantify the amount of potentially harmful elements that can potentially be released both into the environment and ingested by the human body. The high concentrations of Al, Mg, Mn and Fe are not unexpected as they are major rock forming elements and are among the primary constituents in sediments and soils [72]. One of the most important factors for fibre-induced patho-biological activity is the total iron content of the asbestos minerals [58,73]. Siderosis is caused by the inhalation of iron-bearing compounds [74]. As iron acts as a catalyst for reactions involving release of reactive oxygen species and lipid, protein and DNA damage, it is a significant property in determining asbestos toxicity [75]. Iron becomes available at the reacting surface of fibres during dissolution where, through a Haber-Weiss chain reaction sequence, it promotes hydroxyl radical formation that damages DNA [76,77].

In addition to iron, other major chemical elements have been reported to participate in asbestos toxicity following inhalation [78,79]. Silicon (Si) is the second most abundant element and when inhaled, result in numerous pathologies such as silicosis [80]. Being the 3rd most abundant element in the Earth's crust, the environmental toxicology of aluminium has been revealed in recent investigations to cause numerous diseases. It thus presents a major threat to plants, animals, and humans [81,82]. The bulk chemical analysis of the chrysotile sample indicates only a slight deviation from the ideal composition of serpentine, containing very little Fe and Al. Substitution in chrysotile may occur in both the octahedral (O) and tetrahedral (T) sheets making up this layer silicate [83]. In the 1:1 T and O sheet ratio, both Si⁴⁺ and Mg²⁺ can be replaced by Al³⁺, respectively, with an average Al₂O₃ content of <0.9 wt.%, while the FeO content may be as much as 6 wt.% [84]. Mg²⁺ in the O sheet can also be replaced by Fe²⁺ and Fe³⁺ while Si⁴⁺ replacement in the T sheet is infrequent and minor. In the octahedral sheet, both Fe²⁺ and Fe³⁺ can replace Mg and the eventual replacement of Si⁴⁺ by Fe³⁺ may occur, although Al³⁺ is preferentially hosted in this position. The presence of both Fe²⁺ and Fe³⁺ exclusively in 6-fold coordination has been suggested by [67].

The different samples show considerably variable Mn concentrations with the highest amount found in the amosite. These results concur with those reported in [85] who explained that Mg in all the M(1), M(2), M(3) and M(4) sites of magnesium-iron-manganese-lithium amphiboles may be substituted with Mn [11,12]. Manganese is an essential trace element for biological organisms. However, in excess manganese poisoning ensues typically in the brain and lungs [86]. Thus, managing the environmental entrance and migration of manganese is a marked human health risk to humans [87].

Trace elements within mineral fibres may, in addition to the major elements, take part in the fibre toxicity [11,12,88–90]. The presence of trace metals in fibres and their effects on the carcinogenesis of asbestos has been documented by [91]. In our study, the highest content of Ni, Co, Cr and V was observed in chrysotile; amosite contained the greatest concentration of Zn, Rb, Sr, Zr, Nb and Ba; and crocidolite was the only sample in which Ga was measured. Overall, the amosite rock sample contained the greatest number of detected trace elements and crocidolite had the overall lowest concentration of trace elements. Mn and trace metals, such as Ni, Cr, Ni and Cu, in chrysotile almost exclusively represent isomorphous substitution of Mg [16,92,93]. Unlike that for antigorite and lizardite minerals, trace metal substitution in chrysotile is typically more restricted [94]. Interestingly, although characterised by different geological conditions of formation, the detection of copper, nickel, zinc, strontium, lead, yttrium, and zirconium was shared by the three asbestos rock samples. Lead was detected in all samples, and is a considerably toxic metal [95]. Unlike other metals (e.g., copper, manganese, and zinc) lead serves no biological functions (Flora *et al.*, 2012) and is highly toxic being listed as a hazardous heavy metal contaminant [96]. The toxicity of lead in living cells is caused by oxidative stress and ionic mechanisms [97,98]. Due to its high toxicity, lead is ranked among the 10 top priority substances of concern to the public (ATSDR, 2018). Several effects arise from the contamination of soil with lead including the reduction of soil fertility, microbial diversity, and nutrients [96]. Nickel was detected in all samples with chrysotile exhibiting an exceptionally high concentration (1519 ppm). A variety of adverse human health effects, such as lung fibrosis, kidney diseases, contact dermatitis, cardiovascular diseases and cancer of the respiratory tract, are forms of nickel allergy that can result from contact with nickel compounds [99–101]. Bioavailable Ni²⁺ toxicity at the intracellular sites was postulated by [102]. In human CD4⁺T lymphocytes cause the greatest apoptosis, DNA damage and caspase-9 positive T cells were induced by Ni²⁺ at a concentration of 0.05 mM [103].

Chromium was found in the chrysotile (83 ppm) and amosite (4.6 ppm) samples and represents a source of concern. Chromium results in the formation of hydroxyl and superoxide radicals describe by the Fenton reaction [104]. Fenton reactions induced by Cr³⁺ damage proteins [105]. The direct binding of Cr³⁺ to numerous non-metallo-proteins and metallo-proteins has been shown in Cr associated patients to result in the loss of their biological functions [106]. Chromium is also known to cause several health problems such as vomiting, kidney failure, mouth ulcers, lung cancer, stomach cancer, indigestion and acute tubular necrosis in humans following contact [107–109].

Vanadium was measured in chrysotile (16 ppm), crocidolite (3.9 ppm) and amosite (3.5 ppm) samples. Any of the three oxidation states of vanadium can produce genotoxic effects [110]. However, double-strand breaks are induced by V^{4+} causing lesions and creating aberrations in structural chromosomes [110,111]. Asthma, anemia and rhinitis can be caused by excessive amounts of vanadium in the body and even increase the possibility of lung cancer and uremia occurrence [112–115]. The release of vanadium from asbestos fibres into solution does not represent a concern as it is very low [110].

Molybdenum was measured in amosite (0.9 ppm). Biologically, molybdenum is an essential nutrient required by humans. However, inhalation and exposure to excess levels can decrease lung functioning, coughing and dyspnea [116,117].

The substantial presence of potentially toxic trace elements at concentrations measured in the studied chrysotile and amphibole asbestos samples may be explained, primarily, because of isomorphic substitutions in particular crystallographic positions [92,118]. The variability of potentially toxic elements amongst the studied samples, on the other hand, is best explained by the shared chemical changeability exhibited by asbestos mineral particles [119] and the different petrological and geochemical processes occurring during their formation [120]. High levels of heavy metals in the wastes indicates the possibility of the release into the soil, water and atmospheric environments presenting an interminable environmental hazard [121].

The heavy metals hosted in fibrous minerals accumulate in the lungs via dissolution following inhalation, altering the normal human lung baseline levels of these elements [122]. The surface area of asbestos has been proposed to play a role in fibre toxicity [123]. The surface area is a factor influencing the rate of dissolution and therefore clearance from the lungs [56,58]. Lung cancer, bronchogenic carcinoma, mesothelioma, etc. are caused when sufficient abundances of heavy metals are accumulated as the human lung tissue is damaged by metal-induced disease [11,12,74,90,122,124]. The concentration range of metals in normal human lungs are reported in Table 8 and shows that these ranges are greatly exceeded by their concentrations in the different asbestos types.

Table 8. Comparison of geochemical data in this study and the concentration range of heavy metal in normal human lungs (ppm).

Metals (ppm)	Chrysotile	Amosite	Crocidolite	Concentration range of trace elements in normal human lungs (ppm) [122]
Al	11147.8	6802.1	1322.6	
Fe	13988	289340	267940	40 – 500
Mn	230	4987	465	0.01 – 3
Mg	246200	35220	13449	
Cr	83.4	4.61	D.L.	0.002 – 0.50
Co	52.55	D.L.	D.L.	0.002 – 0.1
Ni	1518.54	51.24	11.86	0.01 – 1.00
Cu	21.99	36.77	35	1 – 5.00
Zn	16.19	41.62	12.66	1 – 30.00
Zr	0.49	3.7	0.38	
Ba	D.L.	28.17	1.69	> 1.10
Pb	6.62	5.32	5.06	0.02 – 0.50
[122] Vanoeteren <i>et al.</i> , 1986				

The solid mass loss of the bio-durability experiments for each asbestos sample is always less than 100% solid. The reason is not incomplete dissolution but rather the precipitation of silica out of the solution [22]. As demonstrated by the dissolution tests, chrysotile has the lowest bio-durability and amosite the highest. Based on the close link between bio-durability and bio-persistence it is expected that amosite fibres will have a much longer retention time following inhalation when

compared to both chrysotile and crocidolite. Therefore amosite fibres have a greater toxicity than chrysotile and crocidolite following inhalation due to their greater persistence in the lungs [125].

More recently, in addition to the already stated mineralogical and geochemical properties influencing the toxicity to asbestos exposure, trace element concentrations hosted in asbestos mineral fibres and their role in fibre toxicity have come under the spotlight [120]. The obvious threat of exposure to asbestos is much publicised. Numerous rehabilitation strategies, focused solely on mitigating the dispersion of these mineral fibres, have been considered and implemented. As well as their role in determining fibre toxicity, the elevated concentrations of heavy metals hosted in asbestos minerals pose a profound influence on the quality of the environment. Many potentially toxic elements have been found to be hosted in all forms of asbestos minerals [126–128]. The fundamental factor surrounding these findings is that, in the natural setting, leaching and weathering of asbestos-bearing rocks results in reduced heavy metal concentrations within the mineral particles themselves and the subsequent increase in concentrations in the surrounding soil and water ecosystems [128,129]. Compared to the maximum limits imposed by environmental governments and agencies, the concentrations of heavy metals in the proximity of asbestos-bearing geological sites are typically one order of magnitude greater [130], as documented, for instance, in the serpentine-derived soils of the Gimigliano – Mount Reventino Unit (GMRU), Calabria Region (S-Italy) [131]. In addition to soils, the interaction of water with asbestos-bearing rocks is also characterised by exceedingly high heavy metal concentrations due to the dissolution of these minerals [18]. The magnitudes of their concentrations and the fact that these toxic elements can be mobilised and dispersed into different terrestrial environments and subsequently absorbed by humans, makes their presence in asbestos-bearing mine waste a consequential public health and environmental threat.

4.3. Geographic impact and rehabilitation

Substantial volumes of crushed rock-based wastes were produced during the mining of asbestos mineral resources in Southern Africa. The accumulation of these historical asbestos-mining rock wastes resulted in large unmanaged mine dumps characterised by poly-mineral and rock assemblages, which tend to be unstable and display unfavourable physical and hydrological properties under physico-chemical conditions that increase their potentially toxicity [132–134]. The ‘rehabilitation industry’ in South Africa commonly practices vegetation establishment primarily aimed to generate surface stability with the aim to re-establish and return the site to a functional and sustainable ecosystem [135]. In large, governmental, and environmental agencies involved in derelict asbestos-mine land management have adopted the soil remediation approach to evaluate the rehabilitation requirements [135]. Asbestos mine dumps demonstrate huge variation in physical, geochemical, and mineralogical characteristics [136]. Given the site-specific nature of mine rock wastes a thorough investigation and characterisation is the first critical step for the formulation of a rehabilitation plan [137]. Individually and interactively, the physical, mineralogical, and geochemical properties result in impediments and challenges to natural vegetation establishment during rehabilitation and its subsequent sustainability. The way asbestos mine dump rehabilitation is undertaken is based on the credence that ecological restoration and remediation on all derelict and post-mining terrains can be tackled and accomplished in short deadlines. This emphasises the lack of appreciation of the influence of geological conditions on the substrates, the community assembly and plant growth [138,139]. To predict the potential challenges to rehabilitation mineralogical and geochemical characterisation of asbestos mine waste should become a standard practice.

5. Conclusions

Mineralogical and geochemical characterisations of asbestos mineral fibres left at derelict asbestos mine sites are important for two major reasons: Firstly, to identify and assess their human health hazard and define the toxicity degree; secondly to define the degree of potential environmental contamination in soils and (sub)surface waters in areas where these minerals occur. The results given in the study indicate that chrysotile, although being the least bio-durable, contains heavy metal concentrations that exceed those of the normal threshold concentrations in lungs beyond which result

in functional respiratory problems. Amosite is of particular concern due to its high bio-durability and metal content above values of the safe lung-threshold. These high levels of heavy metals detected in both chrysotile and amosite are potentially harmful not only to human health, but also the environment in general as they could contaminate the surrounding soil and water, which forms the basis of existence for rural communities in remote locations. To conclude, the cost-effective, reliable, and easily accessible analytical methods applied here substantiate that baseline values, pertinent to the geological material, require revision as very little data is currently reported in literature and other official reports concerning South African regulations and guidelines.

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org. Figure S1: Sample Ch1 (A) Chrysotile rock sample; (B) length of fibres spanning the width of veins; (C) showing individual masses of matted white fibres and (D) parting at the centre of the vein width halving the length of the cross-vein fibres., Figure S2: Sample Am2 (A) Amosite rock sample and (B) matted and splintery fibres. Figure S3: Sample Cr3 (A) Crocidolite rock sample and (b) showing slight curvature of poly-filamentous bundles., Figure S4: Sample Ch1. Chrysotile fibre bundle (PPL). Notice the break in the bundle in the top right., Figure S5: Sample Ch1. Chrysotile fibre bundle (XPL). Figure S6: Sample Ch1. Partially altered chrysotile fibres shown by amorphous, irregular material and cloudiness (PPL). Figure S7: Sample Ch1. Partially altered chrysotile fibres shown by amorphous, irregular material and cloudiness (XPL). Figure S8: Sample Am2. Extremely fine amosite fibres showing parallel alignment and matting (PPL). Figure S9: Sample Am2. Extremely fine amosite fibres showing parallel alignment and matting (XPL). Figure S10: Sample Am2. Amosite fibres at maximum angle of pleochroism showing heterogenous colours (PPL). Figure S11: Sample Am2. Amosite fibres at maximum angle of birefringence showing heterogenous interference colours (XPL). Figure S12: Sample Cr3. Poly-filamentous crocidolite (PPL). Figure S13: Sample Cr3. Poly-filamentous crocidolite (XPL). Figure S14: Sample Cr3. Crocidolite fibres with spayed ends (PPL). Figure S15: Sample Cr3. Crocidolite fibres with spayed ends (XPL). Graph S1: Diffractogram and relative phases (weight %) of the chrysotile sample.; Graph S2: Diffractogram and relative phases (weight %) of the amosite sample.; Graph S3: Diffractogram and relative phases (weight %) of the crocidolite sample. Table S1: The values of 2θ and intensity (I) recorded for each the peaks of each phase from the X-Ray Diffraction record (λ (CoK α) = 1.78892).; Table S2: BET surface area report.; Table S3: The dissolved mass fraction (DMF) calculated for the asbestos samples.

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