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## Article

# Risk Biomarkers for Biochemical Recurrence after Radical Prostatectomy for Prostate Cancer Using Clinical and MRI-Derived Semantic Features

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**Simple Summary:** Multiparametric magnetic resonance imaging (mpMRI) is now a standard practice for suspected prostate cancer (PCa) patients, significantly enhancing risk assessment and PCa detection. Integrating MRI into clinical staging allows for more precise, personalized treatment planning in cases of extraprostatic cancer extension. Adverse MRI findings, such as macroscopic extracapsular extension on MRI (mECE+), capsular disruption, extended tumor capsular contact length (TCCL), Gleason score (GS)  $\geq 8$ , positive surgical margins (PSM), and pECE+ on pathology, were associated with higher biochemical recurrence (BCR) risk. Particularly in low/intermediate-risk patients (pECE- and GS  $< (4+4)$ ), adverse MRI characteristics correlated with elevated BCR risk. This highlights the importance of incorporating predictive MRI features pre-surgery to aid clinical decisions and enhance outcomes in prostate cancer. Adverse MRI features assist in identifying low/intermediate-risk patients needing closer monitoring.

**Abstract:** Objectives: This study aimed to assess the impact of a predictive model for detecting extracapsular extension on pathology (pECE+) on biochemical recurrence-free survival (BCRFS) within 4 years after robotic-assisted radical prostatectomy (RARP). Methods: Retrospective data analysis from a single center between 2015 to 2022. Variables under consideration included prostate-specific antigen (PSA) levels, patient age, prostate volume, MRI semantic features and Gleason score (GS). We also assessed the influence of pECE+ and positive surgical margins on BCRFS. using the Kaplan-Meier survival function and Cox regression model were assessed. Additionally, we analyzed the MRI features on BCR (biochemical recurrence) in low/intermediate risk patients. Results: 177 participants with a follow-up exceeding 6 months post-RARP were included. The 1-year, 2-year, and 4-year risks of BCR after curative prostatectomy were 5%, 13%, and 21%, respectively. The survival analysis showed that adverse MRI features as macroscopic ECE on MRI (mECE+), capsular disruption, high tumor capsular contact length (TCCL), GS $\geq 8$ , positive surgical margins (PSM), and pECE+ on pathology were risk factors for BCR. In low/intermediate-risk patients (pECE- and GS  $< (4+4)$ ) the presence of adverse MRI features, has been shown to increase the risk of BCR. Conclusions: The study highlights the importance of incorporating predictive MRI features for detecting extracapsular extension pre-surgery in influencing early outcomes and clinical decision-making; mECE+, TCCL, capsular disruption, and GS $\geq 8$  based on pre-surgical biopsy were independent prognostic factors for early BCR. The presence of adverse features on MRI can assist in identifying low/intermediate-risk patients who would benefit from closer monitoring.

**Keywords:** extracapsular extension; prostate cancer; magnetic resonance imaging; radical prostatectomy; staging; biochemical recurrence; biochemical recurrence-free survival

## 1. Introduction

Between 27% and 53% of all patients undergoing curative radical prostatectomy (RP) or prostate cancer (PCa) radiation therapy (RT) develop a biochemical recurrence (BCR) (1). The biochemical recurrence, after radical prostatectomy, is defined as PSA > 0.2 ng/ml with a second confirmatory level of prostate specific antigen of >0.2 ng/mL (2). BCR can be a surrogate marker of prostate cancer recurrence. However, it is important to note that a rising PSA level does not always mean that cancer has already metastasized, and that the natural history of PSA-only recurrence can be prolonged (Cornford et al. 2020; Mottet et al. 2021). However, a systematic review and meta-analysis that investigated the impact of BCR on outcome endpoints concluded that patients with BCR are at an increased risk of developing distant metastases and cancer-specific mortality (5). The European Association Guidelines, recommend that patients with pathological ISUP (International Society Urological Pathology) grade 4–5, combined with locally advanced disease in specimen (pT3) and with or without surgical margins, are at high risk for BCR (Van den pathological ISUP grade 4–5; Broeck et al. 2019) and should be offered adjuvant intervention after prostatectomy. The low/intermediate risk patients' ISUP 1–3 and pT2 may not require immediate intervention (7).

Adding mp-MR information may assist clinicians to better stratify patients and accurately predict the outcome of patients with tumors that have spread outside the prostate gland. By incorporating MRI into clinical staging algorithms, clinicians can create more accurate and personalized treatment plans for patients with extra prostatic cancer spread (8–12).

Our purpose is to analyze the impact of the previous model, developed by the authors, to predict pECE+ on the biochemical recurrence free survival (BCFS), after prostatectomy. Additionally, we aim to determine the adverse MRI features in patients with low/intermediate risk for BCR.

## 2. Materials and Methods

This prospective single-center study included 228 participants from a previous cohort used to perform and validate a predictive model to detect pECE+ in patients operated by RARP at Hospital da Luz, Lisbon (13). All patients had a diagnosis of PCa and underwent an MRI exam with a standard protocol and they were operated on between 2015 and 2020. Each participant was subsequently followed from the date of prostatectomy until May 2022 in order to record the exact date of biochemical recurrence. Fifty-one patients were excluded because they were lost for follow-up (Figure S1).

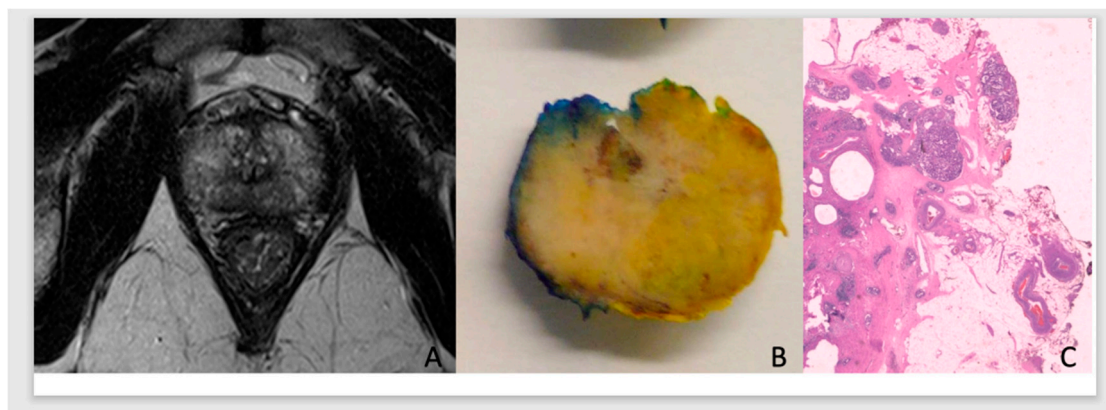
The outcome of the study, biochemical recurrence-free survival (BCRFS), was defined as the time-lapse between curative prostatectomy to the earliest date of BCR, which was defined as a prostate-specific antigen level of 0.2 ng/mL after an interval of undetectable prostate-specific antigen.

### *Features:*

We used all the covariates from the pECE+ predictive model described in our previous paper (13). Therefore, the covariates analyzed in this study were:

- Semantic MRI interpretative features set (black striation periprostatic fat, obliteration of the rectoprostatic angle, measurable ECE on MRI (mECE+), smooth capsular bulging, capsular disruption, unsharp margin, and irregular contour) used for predicting pECE+ on MRI.
- The index lesion length (ILL) corresponds to the major length of the index lesion; and the tumor capsular contact length (TCCL), which is the contact length of the index lesion with the prostate capsule. Both were measured in millimeters on axial T2 images, and we used a curvilinear ruler to draw the TCCL.
- PI-RADS V2 for characterization of the index lesion (14).

- Gleason score (GS) on the prostate specimen. The GS was divided into low/intermediate risk ISUP 1-3 ( $GS \leq 4+3$ ) and high risk, ISUP 4-5 ( $GS \geq 4+4$ ) for BCR, according to the literature (7).
- The clinical and laboratory data evaluated included the age of the patients, PSA levels at surgery, PSA density (PSA/prostate volume), and MRI and surgery dates. Patients' data were anonymized, collected in an Excel database and organized according to the surgery dates. Categorization of the PSA:  $PSA < 6$  ng/ml,  $6 \text{ ng/ml} \leq PSA < 10$  ng/ml and  $PSA \geq 10$  ng/ml.
- In this predictive analysis we added PCa pathological staging and surgical margins results of the prostate specimen. Tumors were classified as pECE negative (pECE-) if no tumoral cells were detected on extracapsular tissue, and pECE positive (pECE+) if a presence of a tumoral extension beyond the periphery of the prostate gland was detected (Figure 1). Positive surgical margins (PSM) refer to the presence of tumor cells beyond the inked surgical margins of the resected tumor.



**Figure 1.** Illustration of the MRI, anatomical and histology of PCa. ADC prostate G7(3+4) in the apex with low signal on T2WI, high TCCL, budging on MRI (a) on the right apex in the anatomic specimen (b), with pECE+ on histology (c).

### 2.1. Statistical Analysis

We conducted exploratory data analysis, including descriptive statistics and hypothesis testing, to compare patients with and without biochemical recurrence using risk features identified by Guerra et al. (13). Statistical tests included two-sample z-tests, Fisher's exact tests, and the Fisher-Freeman-Halton test. Kaplan-Meier method and log-rank tests were used to compare survival curves. Univariable and multivariable Cox proportional hazard models were applied, highlighting hazard ratios and 95% confidence intervals. We estimated survival curves for low/intermediate-risk and high-risk ISUP patients and examined the effect of mECE+ and pECE+ on biochemical recurrence risk. The analyses were conducted using R.

## 3. Results

### 3.1. Exploratory Analysis

Table 1 displays the characteristics of the patients according to the presence of biochemical recurrence (BCR+ or BCR-): 23% were BCR+ and 77% BCR (BCR-) after prostatectomy. In the exploratory analysis, all variables introduced in the previous predictive model to detect pECE+ were significantly different ( $p$ -values  $< 0.10$ ) between patients BCR+ and BCR-, except the age of the participants. Patients with BCR+ had more extensive lesions, larger TCCL, higher PSA levels, smaller prostate size, and a higher PSAD ratio. Most patients with BCR+ had a PI-RADS score of 5 (75%). The majority of patients with BCR+ (82.5%) had ISUP 1-3; it is worth stressing that there were only 17 individuals in the whole sample (9.6% of the total) with ISUP  $> 3$ . The early semantic features for prediction pECE+ as smooth capsular bulging, unsharp margins, irregular contour and capsular disruption are present more often in patients BCR+ than patients BCR- (roughly, the percentage of

BCR+ patients with each of these features is double that in BCR- patients). On the other hand, 89.8%, 71.5% and 76.6% of the patients with BCR- not present mECE+, PSM and pECE+, respectively).

**Table 1.** Characteristics of the patients by Biochemical Recurrence, BCR (sample size = 177).

| Variables                          | BCR+<br>(n. <sup>o</sup> of patients = 40) | BCR-<br>(n. <sup>o</sup> of patients = 137) | <i>p-value</i> |
|------------------------------------|--|---|----------------|
| <b>Continuous variables</b>        |  |   |                |
| Age at MRI (years)                 | 61.5 ± 5.6 (51.7; 73.0)                    | 61.3 ± 6.8 (41.2; 75.2)                     | 0.845          |
| Prostate volume (g)                | 36.6 ± 12.1 (20; 86)                       | 44.9 ± 21.9 (19; 150)                       | 0.002          |
| PSA (ng /ml)                       | 8.0 ± 4.0 (2.6; 20.0)                      | 6.6 ± 3.4 (2.2; 21.2)                       | 0.038          |
| PSAD* (ng /ml/g)                   | 0.23 ± 0.10 (0.06; 0.50)                   | 0.17 ± 0.12 (0.04; 0.96)                    | 0.003          |
| Index lesion size (mm)             | 17.4 ± 6.6 (7.0; 39.0)                     | 13.3 ± 5.2 (5.0; 30.0)                      | 0.000          |
| Tumor capsular contact length (mm) | 17.3 ± 10.6 (0.0; 57.0)                    | 10.6 ± 7.6 (0.0; 35.0)                      | 0.000          |
| <b>Categorical variables</b>       |  |   |                |
| Index lesion PI-RADS V2            |  |   |                |
| 3                                  | 1 (2.50)                                   | 10 (7.30)                                   | 0.000          |
| 4                                  | 9 (22.50)                                  | 83 (60.58)                                  |                |
| 5                                  | 30 (75.00)                                 | 45 (32.85)                                  |                |
| Smooth capsular bulging            |  |   |                |
| No                                 | 8 (20.00)                                  | 72 (52.55)                                  | 0.001          |
| Yes                                | 32 (80.00)                                 | 65 (47.45)                                  |                |
| Capsular disruption                |  |   |                |
| No                                 | 12 (30.00)                                 | 83 (60.58)                                  | 0.001          |
| Yes                                | 28 (70.00)                                 | 54 (39.42)                                  |                |
| Unsharp margin                     |  |   |                |
| No                                 | 11 (27.50)                                 | 79 (57.66)                                  | 0.001          |
| Yes                                | 29 (72.50)                                 | 58 (42.34)                                  |                |
| Irregular contour                  |  |   |                |
| No                                 | 13 (32.50)                                 | 91 (66.42)                                  | 0.000          |
| Yes                                | 27 (67.50)                                 | 46 (33.58)                                  |                |
| Black striation periprostatic fat  |  |   |                |
| No                                 | 26 (65.00)                                 | 113 (82.48)                                 | 0.027          |
| Yes                                | 14 (35.00)                                 | 24 (17.52)                                  |                |
| Measurable ECE                     |  |   |                |
| No                                 | 29 (72.50)                                 | 123 (89.78)                                 | 0.010          |
| Yes                                | 11 (27.50)                                 | 14 (10.22)                                  |                |
| ECE in prostatectomy specimen**    |  |   |                |
| No                                 | 21 (52.50)                                 | 105 (76.64)                                 | 0.005          |
| Yes                                | 19 (47.50)                                 | 32 (23.36)                                  |                |
| Retroprostatic angle obliteration  |  |   |                |
| No                                 | 34 (85.00)                                 | 132 (96.35)                                 | 0.018          |
| Yes                                | 6 (15.00)                                  | 5 (3.65)                                    |                |
| Surgical margins                   |  |   |                |
| Negative                           | 22 (55.00)                                 | 98 (71.53)                                  | 0.076          |
| Positive                           | 18 (45.00)                                 | 39 (28.47)                                  |                |
| Gleason score/ISUP***              |  |   |                |
| [6 (3+3), 7 (3+4), 7 (4+3)]/1-3    | 33 (82.50)                                 | 127 (92.70)                                 | 0.068          |
| [8 (4+4), 9 (4+5)]/4-5             | 7 (17.50)                                  | 10 (7.30)                                   |                |

Of low/intermediate risk-patients (112) with ISUP 1-3(GS<8) and pECE-, 15 patients (13%) had BCR+, and 97 patients (87) had BCR -. The mean of TCCL and tumor size were higher in the BCR+ group (TCCL: 12.5mm versus 8.4mm; Index lesion size: 14.8 versus 12.1mm), and they were statistically different between the two groups like some individually semantic MRI features as smooth capsular bulging capsular disruption, and PI-RADS score (Table 2).



**Table 2.** Characteristics of low/intermediate-risk patients by Biochemical Recurrence, BCR (n = 112).

| Variables                          | BCR+<br>(n. <sup>o</sup> of patients = 15) | BCR-<br>(n. <sup>o</sup> of patients = 97) | p-value      |
|------------------------------------|--|--|--------------|
| <b>Continuous variables</b>        |  |  |              |
| Prostate volume (g)                | 38.2 ± 14.2 (24; 86)                       | 45.8 ± 22.0 (19; 122)                      | <b>0.120</b> |
| PSA (ng/dL)                        | 6.7 ± 3.4 (2.6; 14.0)                      | 6.4 ± 3.2 (2.2; 20.7)                      | 0.704        |
| Index lesion size (mm)             | 14.8 ± 4.4 (7.0; 22.0)                     | 12.1 ± 4.5 (5.0; 30.0)                     | <b>0.019</b> |
| Tumor capsular contact length (mm) | 12.5 ± 6.7 (0.0; 23.0)                     | 8.4 ± 6.1 (0.0; 24.0)                      | <b>0.021</b> |
| <b>Categorical variables</b>       |  |  |              |
| Index lesion PI-RADS V2            |  |  |              |
| 3                                  | 1 (6.70)                                   | 8 (8.25)                                   | <b>0.016</b> |
| 4                                  | 5 (33.33)                                  | 65 (67.01)                                 |              |
| 5                                  | 9 (60.00)                                  | 24 (24.74)                                 |              |
| Smooth capsular bulging            |  |  |              |
| No                                 | 4 (26.67)                                  | 59 (60.82)                                 | <b>0.023</b> |
| Yes                                | 11 (73.33)                                 | 38 (39.18)                                 |              |
| Capsular disruption                |  |  |              |
| No                                 | 7 (46.67)                                  | 72 (74.23)                                 | <b>0.037</b> |
| Yes                                | 8 (53.33)                                  | 25 (25.77)                                 |              |
| Unsharp margin                     |  |  |              |
| No                                 | 7 (46.67)                                  | 67 (69.07)                                 | 0.140        |
| Yes                                | 8 (53.33)                                  | 30 (30.93)                                 |              |
| Irregular contour                  |  |  |              |
| No                                 | 8 (53.33)                                  | 77 (79.38)                                 | <b>0.047</b> |
| Yes                                | 7 (46.67)                                  | 20 (20.62)                                 |              |
| Black striation periprostatic fat  |  |  |              |
| No                                 | 13 (86.67)                                 | 88 (90.72)                                 | 0.640        |
| Yes                                | 2 (13.33)                                  | 9 (9.28)                                   |              |
| Measurable ECE                     |  |  |              |
| No                                 | 15 (100.00)                                | 95 (97.94)                                 | —            |
| Yes                                | 0 (0.00)                                   | 2 (2.06)                                   |              |
| Retoprostic angle obliteration     |  |  |              |
| No                                 | 15 (100.00)                                | 97 (100.00)                                | —            |
| Yes                                | 0 (0.00)                                   | 0 (0.00)                                   |              |

### 3.2. Survival Analysis

We analyzed the time between curative prostatectomy and biochemical recurrence (BCRFS). The main results are depicted in Figure S2-S3 and Table 3. The Kaplan-Meier estimate of the survival function for the global BCRFS is illustrated in Figure S2. Estimates of BCRFS probability after curative prostatectomy were 95% (95% CI: [92, 99]), 87% (95% CI: [82, 93]), 79% (95% CI: [72, 87]) at 1, 2 and 4 years, respectively (Figure S2 and Table 3).

**Table 3.** Results from the Kaplan-Meier survival curves for each feature under study: Biochemical recurrence-free survival at 1, 2 and 4 years (95% CI); p-values from the log-rank tests to compare the survival curves from the groups considered in each feature.

| Feature                                | Biochemical Recurrence-Free Survival |                  |                  | Log-rank test<br>p-value |
|--|--------------------------------------|------------------|------------------|--------------------------|
|  | 1-year (95% CI)*                     | 2-year (95% CI)* | 4-year (95% CI)* |                          |
| pECE-                                  | 98 (95, 100)                         | 92 (87, 98)      | 87 (79, 94)      | 0.00083                  |
| pECE+                                  | 90 (82, 99)                          | 75 (63, 89)      | 60 (45, 80)      |                          |
| mECE-                                  | 97 (94, 100)                         | 91 (87, 96)      | 86 (79, 93)      | 0.00012                  |
| mECE+                                  | 88 (75, 100)                         | 62 (45, 87)      | 39 (20, 75)      |                          |
| Gleason score/ISUP**<br>(GS ≤ 4+3)/1-3 | 97 (94, 100)                         | 89 (84, 95)      | 81 (74, 89)      | 0.04400                  |

| Gleason score/ISUP**<br>(GS $\geq$ 4+4)/4-5 | 82 (65, 100)   | 68 (49, 96)  | 57 (35, 93) |         |
|---|----------------|--------------|-------------|---------|
| Capsular disruption                         | 98 (95, 100)   | 94 (88, 99)  | 91 (84, 99) | 0.00015 |
| Not Present                                 | 93 (87, 99)    | 80 (71, 90)  | 66 (55, 80) |         |
| Negative Surgical Margin                    | 97 (95, 100)   | 90 (84, 96)  | 84 (77, 93) | 0.04000 |
| Positive Surgical Margin                    | 91 (83, 99)    | 82 (72, 94)  | 68 (55, 84) |         |
| TCCL<10 mm                                  | 99 (96, 100)   | 97 (92, 100) | 89 (80, 99) | 0.00023 |
| 10 mm $\leq$ TCCL<20 mm                     | 95 (89, 100)   | 86 (77, 95)  | 79 (69, 91) |         |
| TCCL $\geq$ 20 mm                           | 89 (78, 100)   | 67 (51, 89)  | 53 (34, 82) |         |
| PSA<6 ng/ml                                 | 100 (100, 100) | 97 (93, 100) | 88 (80, 98) | 0.01700 |
| 6 ng/ml $\leq$ PSA<10 ng/ml                 | 92 (85, 99)    | 77 (67, 90)  | 68 (55, 84) |         |
| PSA $\geq$ 10 ng/ml                         | 90 (79, 100)   | 81 (68, 98)  | 74 (57, 96) |         |
| No Strata (all patients)                    | 95 (92, 99)    | 87 (82, 93)  | 79 (72, 87) | —       |

\* Values in percentage. TCCL: Tumour Capsular Contact Length CI: Confidence Interval \*\*ISUP: International Society Urological Pathology

We also estimated the survival curves for each categorical covariate under study. The goal was to evaluate the extent to which the survival curves differ across the categories of the covariates.

The results of the Kaplan-Meier estimate for the survival functions (BCRFS) stratified by pECE, measurable ECE on MRI, ISUP low/intermediate (GS  $\leq$  4+3) and high (GS  $\geq$  4+4) risk, index Lesion PIRADS v2, capsular disruption, TCCL, surgical margins and PSA levels categorized are illustrated in Figure S3 A - H respectively and Table 3. The log-rank test was used to compare the survival curves of the different strata for each covariate cited above.

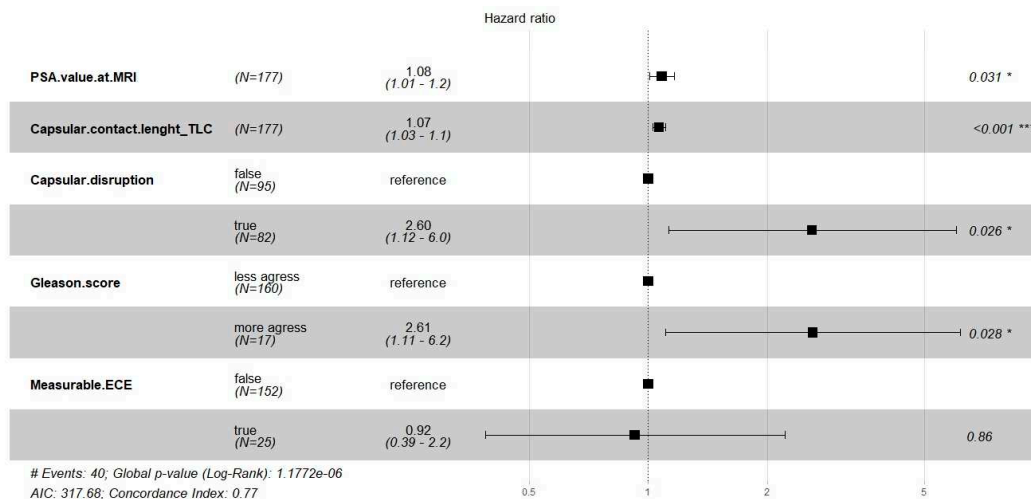
At the 5% significance level, there are statistical differences between the two survival curves for BCRFS when stratifying by all variables (p-values < 0.05). The only exception is for index lesion PIRADS v2 (Figure S1D).

The greater the TCCL, the higher the cumulative probability of biochemical recurrence. It is important to notice that the estimated cumulative probability of a patient's recurrence with TCCL $\geq$  20mm at one year of follow-up is the same (11%) as a patient's recurrence with TCCL< 10mm at four years of follow-up.

Patients with PSM have a higher risk for BCR than those with NSM, which increases over time (Figure S3G, Table 3). The estimated BCRFS probability is 91% for patients with PSM in the first-year post-surgery and 68% at four years of follow-up.

In our previous study (13), the GS > 7(3+4), which included grade groups 3,4 and 5, was identified as a relevant biomarker for pECE+. However, in our current preliminary analysis, only the GS  $\geq$  8 (grade group 4-5), has emerged as a relevant risk factor to BCR (p-value=0.044 for the log-rank test).

We fitted the Cox regression model to evaluate the effect of the semantic and clinical covariates on the time until biochemical recurrence. The main results are shown in Table S1 and Figure 2.



**Figure 2.** Forest Plot from the Cox proportional hazards regression model with the covariates PSA, TCCL, CD, GS, mECE+: Hazard Ratio (HR) (black squares) and respective 95% Confidence Interval, CI, (solid horizontal lines), for each covariate; p-values. The dotted line corresponds to the HR=1. If the horizontal line of the CI crosses the line HR=1, the respective covariate is not statistically significant. Number of events, global p-value to evaluate the overall significance of the model, AIC and the concordance index are also shown in the figure.

The multivariable Cox regression model showed that PSA, TCCL, capsular disruption, and Gleason score were significant risk factors for biochemical recurrence (BCR) ( $p < 0.05$ ).

#### 4. Discussion

In this study, researchers aimed to investigate the relationship between a previously developed predictive model for detecting extracapsular extension (pECE+) on MRI and early-term oncologic outcomes, specifically biochemical recurrence (BCR) up to four years after prostatectomy. The study also aimed to analyze the MRI features that affect the probability of disease recurrence in low/intermediate-risk patients.

The study demonstrated that the prognostic features for detecting pECE+ on MRI, such as the presence of mECE+, capsular disruption and high tumor contact length (TCCL), also impacted on BCR+ as demonstrated in Cox regression and survival analysis. Patients without these signs on MRI (mECE-, no capsular disruption, and TCCL <10 mm) had a lower risk factor for BCR+. Other early MRI semantic features are individually important but were not discriminatory in the statistical analysis.

On the other hand, patients with macroscopic extracapsular extension (mECE+) have a worse prognosis than those with pathologically confirmed extracapsular extension (pECE+). This means that when ECE is not visible on MRI, it is a favorable prognostic factor, even though it cannot guarantee the absence of microscopic pECE+. Moreover, recent literature has shown that local MRI staging is an independent risk factor for long-term oncologic outcomes, including BCR+, the development of metastatic disease, and prostate cancer-related mortality (15). The observation that MRI findings predictive of pECE+ indicate risk regardless of histological results might contribute to the ongoing refinement of clinical prostate cancer algorithms. By redefining risk groups using MRI findings instead of digital rectal examination (DRE) findings, better BCR-free survival can be achieved due to improved discrimination of non-organ-confined disease. This could have important implications for treatment planning and monitoring, although more information is needed regarding disease recurrence, PSA-specific mortality, and overall survival (OR).

In this study, only the GS > (4+3)/ISUP 4-5 were considered histological risk factors for BCR. It aligns with European guidelines (Mottet et al., 2021), which did not consider group grade  $\geq 3$  (GS 4+3) as a high-risk factor for BCR.



Although PSA was not identified as a predictive feature for pECE+ in the previous model (13), its value should be considered as a biomarker of poor prognosis for BCR before surgery. Elevated PSA levels are associated with more aggressive disease and indicate an increased risk for biochemical recurrence.

This study further underscores the importance of classic prognostic biomarkers such as pECE+, PSM, PSA, and high-risk ISUP in established prognostication tools following prostatectomy, as supported by previous research. (5,16–19). However, this model enables us to observe that even patients without these risk characteristics for BCR+, commonly referred to as low/intermediate-risk patients (pECE<sup>0</sup>, GS < (4+4)), can potentially benefit from pre-surgery MRI to evaluate adverse staging MRI-features (high TCCL and tumor size, smooth capsular bulging capsular disruption, capsular disruption and PI-RADS score). These MRI features confer a certain level of risk and should be considered when managing these patients.

The extrapolation of the timing of biochemical recurrence (BCR) and death in prostate cancer (PCa) is not well established. Previous studies have shown that longer times to BCR after radical prostatectomy (RP) are associated with a higher likelihood of localized disease and decreased PCa mortality (20). However, more recent studies have failed to find a consistent association between time to BCR and death from PCa (21). Various variables, such as Gleason score (GS), pathological stage, surgical margin status, and lymph node involvement, are related to BCR and should be considered to predict local or distant recurrence. Short PSA doubling time (mainly PSA-DT <6 months), GS ≥8 ng/ml, seminal vesicle invasion (SVI) (pT3b), and lymph node positivity appear to be the main factors associated with metastatic disease and PCa mortality. Therefore, stratifying men with PCa into risk groups is crucial for defining prognosis and treatment decisions (21).

It is important to acknowledge several limitations of our study. Firstly, we only analyzed the early outcome of BCR, and further analysis is needed to assess the model's influence on PCa disease progression and mortality. Our cohort was limited to a single institution and a single therapeutic approach (robot-assisted radical prostatectomy - RARP), which limits the generalizability of our findings to other management options such as radiation therapy (RT), focal therapy, or active surveillance. We did not evaluate the influence of seminal vesicle invasion (SVI) separately from extracapsular extension (pECE+) in our analysis. Additionally, we did not consider lymph node metastasis and the impact of adjuvant RT on post-surgical outcomes. The amount of positive surgical margins (PSM) was also not considered, although it varied between 1 cm and 1 mm, with a mean of less than 5 mm on pathology examination.

Further research is needed to understand better the prognostic significance of our predictive model in long-term disease progression-free survival and the influence of other neoadjuvant therapeutics used in cases of positive surgical margins immediately after prostatectomy.

## 5. Conclusions

This study suggests that in addition to the important role of pathologic tumor stage as a prognostic factor, the predictive MRI features for detecting extracapsular extension (ECE) before surgery also significantly impact early outcomes and should be taken into consideration in clinical decision-making. The presence of macroscopic ECE, tumor contact length (TCCL), capsular disruption, and a Gleason score (GS) of ≥8 ng/ml can be regarded as independent prognostic factors for early biochemical recurrence (BCR). It is particularly important to determine the adverse staging MRI-features in low/intermediate-risk patients (pECE-, GS < (4+4)) to identify individuals who require closer monitoring. By incorporating these factors into the clinical assessment, healthcare professionals can identify patients who may benefit from more intensive follow-up and potentially early intervention strategies.

**Supplementary Materials:** The following supporting information can be downloaded at the website of this paper posted on Preprints.org. Figure S1: Flowchart of the patient selection process; Figure S2: Estimation of the survival curve for the biochemical recurrence-free survival (BCRFS) study: Kaplan-Meier survival function (relapse-free); number of patients at risk for every 250 days; The dashed lines represent the estimates for the survival curve at 365, 730, 1460 days. Figure S3: Estimation of the survival curves for the biochemical recurrence-

free survival (BCRFS) study. Kaplan-Meier survival function (relapse-free) stratified by: pECE based on pathologic specimen staging (A), measurable ECE (B), Gleason score's severity (C), Index Lesion PIRADS.V2 (D), capsular disruption (E), TCCL (F), surgical margins (G) and PSA (H); number of patients at risk for every 250 days; p-value from the two-tailed log-rank test to compare the two survival curves. The dashed lines represent the estimates for the survival curve at 365, 730, 1460 days; Table S1: Results from fitting a Cox proportional hazards regression model.

**Author Contributions:** A.G.: study design, data collection and analysis. Manuscript elaboration; F.C.A. and G.V.: data analysis, review and editing; K.M.: radical prostatectomy surgery of all patients; R.M.: supervision. H.M.: statistical analysis. All the authors read and agreed with the final version of the manuscript.

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**Data Availability Statement:** The data presented in this study are available on request from the corresponding author.

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