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## Article

# Phytocannabinoids Reduce Inflammation of Primed Macrophages and Enteric Glial Cells

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**Abstract:** Inflammatory bowel diseases (IBD) includes Crohn's disease and ulcerative colitis, are idiopathic chronic relapsing inflammatory disorders of the intestinal tract. Different studies indicate that phytocannabinoids, could play a possible role in the treatment of IBD by relieving the symptoms involved in the disease. Phytocannabinoids act through the endocannabinoid system, which is distributed throughout the mammalian body in the cells of the immune system and in the intestinal cells. Our *in vitro* study analyzed the putative-anti-inflammatory effect of nine-selected pure cannabinoids in J774A1 macrophages cells and enteric glial cells (EGC's) triggered to undergo inflammation with lipopolysaccharide (LPS). The anti-inflammatory effect of several phytocannabinoids was measured by their ability to reduce TNF $\alpha$  transcription and translation in J774A1 macrophages and to diminish S100B and GFAP secretion and transcription in EGC's. Our results demonstrate that THC at the lower concentrations tested exerted the most effective anti-inflammatory effect in both J774A1 macrophages and EGC's compared to the other phytocannabinoids tested herein. We then performed RNA-seq analysis of EGC's exposed to LPS in the presence or absence of THC or THC-COOH. Transcriptomic analysis of these EGC's revealed 23 differentially expressed genes (DEG) compared to treatment with only LPS. Pretreatment with THC resulted in 26 DEG and pretreatment with THC-COOH resulted in 25 DEG. To evaluate which biological pathways were affected by the different phytocannabinoid treatments we used the Ingenuity platform. We show that THC treatment affected the mTOR and RAR signaling pathway while THC-COOH affected mainly the IL6 signaling pathway.

**Keywords:** phytocannabinoids; J774A1 M1 macrophages; enteric glial cells

## 1. Introduction

Inflammatory bowel disease (IBD) is a relapsing chronic inflammatory disorder of the gastrointestinal tract with 2 predominant forms: Crohn's disease (CD) and ulcerative colitis (UC) [1]. These two diseases are distinguished by their location and the nature of the inflammation [2]. CD affects any part of the gastrointestinal tract in a non-continuous type and is characterized by complications such as fistulas, abscesses, and strictures. In contrast, UC is characterized by mucosal inflammation limited to the colon and can be worsened into severe bleeding, rupture of the bowel and finally can progress into colon cancer [3,4]. The causes for the development of IBD are not entirely clear and range from genetic susceptibility, external environment, intestinal microbial flora and abnormal immune responses [1,5]. Alterations in epithelial barrier function, caused by combination of IBD risk factors, leads to translocation of luminal antigens (for example, bacterial antigens from the commensal microbiota) into the bowel wall [3,6]. As a result there is an aberrant and excessive cytokine response that cause subclinical or acute mucosal inflammation in a genetically susceptible host [6]. In fact, cytokines do not only drive intestinal inflammation, they are also associated with clinical symptoms of IBD [3,6,7].

IBD is one of the top five most expensive gastrointestinal-related diseases, despite having much lower prevalence than other common maladies (e.g. gastroesophageal reflux disease, irritable bowel syndrome and colorectal cancer) [8]. Macrophages are key players of the innate immune system involving in phagocytosis, antigen presentation and secretion of various cytokines, chemokines, and growth factors that protect the body from inflammatory or infection [9]. In the integral part of the

normal intestinal tissues, macrophages are well established in lamina propria and in Peyer's patches where they function as immune effector cells against any pathogenic attack [10]. In the presence of inflammatory stimuli, macrophages polarize toward pro-inflammatory M1 phenotype that produce high levels of inflammatory cytokines and chemokines in order to eliminate pathogens [10]. In contrast, wound healing environment promotes macrophage polarization to anti-inflammatory M2 state with increased production of anti-inflammatory cytokines, leading to alleviating inflammation, tissue repair and remodeling [11,12]. Emerging evidence has shown that recruitment of a large number of M1 inflammatory macrophages to inflamed tissues associated with high production of pro-inflammatory cytokines, contribute to inflammation and tissue damage in inflammatory diseases [13]. Macrophages exhibit a particularly vigorous response to lipopolysaccharide (LPS), a surface component of gram-negative bacteria, and TNF- $\alpha$  in response to inflammation or injury. The exposure of macrophages to LPS or TNF- $\alpha$  induced their differentiation to M1 phenotype [14]. Typically, M1 macrophages secrete toxic cytokines such as TNF- $\alpha$ , IL-1 $\beta$ , IL-6, IL-12, IL-18, IL-23, nitric oxide and reactive oxygen species (ROS). In addition, M1 macrophages decrease the stimulation of the anti-inflammatory cytokine IL-10 [15,16]. The dysfunction of the mucosal immune response in IBD is characterized by abnormalities in both the innate and adaptive immune systems [17]. The final common pathway of this dysregulated immune activation is abundant infiltration of immune cells, such as macrophages and monocytes, in the intestinal mucosa [18–20].

The gastrointestinal tract includes an extensive intrinsic nervous system termed the enteric nervous system (ENS), differing from all other peripheral organs. The ENS is characterized by the presence of neurons and enteric glial cells (EGCs), which are arranged into interconnected ganglia distributed between the plexuses. Enteric neurons directly produce and regulate critical cytokines involved in IBD [21,22], and there is evidence indicating that inflammatory diseases of the gut are characterized by changes affecting enteric glial cells [23,24]. EGCs are activated by exogenous stimuli that lead to over release of neurotrophins, growth factors and cytokines that in turn recruit infiltrating immune cells such as macrophages, neutrophils and mast cells into the colonic mucosa [25–27]. In fact, EGCs exert a key role in the maintenance of gut homeostasis cooperating with surrounding cells. Specifically, EGCs assure the correct trophism of neurons in the ENS [28], protect neurons from oxidative stress [29], control epithelial barrier functions by reducing epithelial permeability and actively participate in the course of intestinal inflammation acting as the first defensive line of the ENS [26,30]. Enteric glial cells have also gained a particular interest for IBD pathogenic processes since they resemble morphologically and functionality to astrocytes, which maintain homeostasis in the central nervous system [31]. The response to different insults such as inflammation and infection [32,33] is manifested by expressing glial fibrillary acidic protein (GFAP) and S100B protein [34,35]. In disease state, inflammation can convert EGCs to a "reactive EGC phenotype" characterized by over release of neurotrophins, growth factors and cytokines that in turn recruit infiltrating immune cells such as macrophages, neutrophils and mast cells in the colonic mucosa [26,27]. In this pathological condition, increased GFAP and S100B protein expression from EGCs are also been observed. These two proteins provide reliable biomarkers of glial activation in the intestinal tissue [36,37].

The endocannabinoid system (ECS) comprises endogenous cannabinoids (endocannabinoids [eCBs]), cannabinoid receptors and proteins that transport, synthesize and degrade eCBs. Most components of the ECS are multifunctional. Thus, rather than being a discrete system, the ECS influences, and is influenced by many other signaling pathways. This is especially important to consider when assessing the effects of ECS-targeting drugs [38]. The actions of most phytocannabinoids is mediated via receptors that are part of the ECS, through agonistic and antagonistic actions at specific receptors sites [39,40] and in varying degree of affinity [40]. The best-known receptors of the ECS are cannabinoid receptor 1 (CB1R), and cannabinoid receptor 2 (CB2R). Both receptors are G-protein coupled receptors (GPCR) that activate intracellular signaling [41]. For example, the mitogen-activated protein kinase (MAPK) pathway results from G-protein-coupled receptors activation [42], such as the resulting CB1 stimulation [39,43]. CB1Rs are found mainly on neurons, in the brain, in spinal cord and are expressed by some astrocytes [39,44]. In addition, CB1Rs are expressed in many peripheral organs and tissues including in the gastrointestinal tract [45,46], in the enteric nervous system [47], in the healthy colonic epithelium, in the gut smooth muscles and the submucosal myenteric plexus [48].

CB2 receptors are primarily expressed in cells of immune origin [49], including microglia [50], though they may also be expressed in neurons [50], particularly in pathological statuses [51]. Indeed, there is markedly more mRNA for CB2R than CB1R in the immune system [49]. CB2R are also present in epithelial and immune cells from the gastrointestinal tract [48] and in contrast to CB1 receptors, CB2 receptors are highly expressed in macrophages and in colonic epithelium tissue taken from IBD patients [48]. In fact, increased epithelial CB2 receptor expression in human inflammatory bowel disease tissue implies an immunomodulatory role that may affect mucosal immunity. The endocannabinoid system has been demonstrated to be activated in several conditions including inflamed intestine in mice and thus expressing increased amount of endocannabinoid receptors [52].

Our aim in this study was to analyze the putative-anti-inflammatory effect of nine-selected pure cannabinoids in vitro in J774A1 macrophages cells and enteric glial cells (EGC's) triggered to undergo inflammation with lipopolysaccharide (LPS). The anti-inflammatory effect of the phytocannabinoids was measured by their ability to reduce TNF $\alpha$  transcription and translation in J774A1 macrophages and to diminish S100B and GFAP secretion and transcription in EGC's.

## 2. Results

### 2.1. Effects of Phytocannabinoids on Inflammation in Murine Macrophages and EGC

The detection of TNF $\alpha$  levels provided us an acceptable criterion to evaluate the extent of inflammation. The maximal response to LPS elicitation of J77A1 cells was detected by the level of secretion of TNF $\alpha$  and measured after treatment with LPS (0.05 $\mu$ g/mL) for 4h (Figure S1 A.). Treatment with dexamethasone at a concentration of 5 $\mu$ M (Figure S1 B) provided us the most suitable control indicator of reduction of inflammatory response in J77A1 cells. All further analyses were done with 0.05 $\mu$ g/mL of LPS for 4h for secretion of TNF $\alpha$  and 0.05 $\mu$ g/mL of LPS for 1h for gene expression (Figure S1).

EGC cells play a fundamental role in gut maintenance and inflammation. During intestinal inflammation EGC enter reactive gliosis and overexpress S100B protein, a molecule that plays a pivotal role in the downstream signaling process of EGC inflammation [25]. Furthermore, it has been shown that EGC express CB2 receptor [53]. Quantification of cellular S100B protein was performed by ELISA. Treatment with Ssnb at a concentration of 10  $\mu$ g/L provided us the most suitable control indicator of reduction of inflammatory response in EGC cells. Ssnb is a polyphenol which inhibits TLR4 activation by blocking the binding of TLR4 to MyD88 (an important mediator of almost all the TLR downstream signaling), thereby suppressing NF- $\kappa$ B [54,55]. Afterwards EGC cells were incubated with 1 $\mu$ g/mL LPS for 24h. EGC express not only S100B, but also express high levels GFAP [56] upon inflammatory stimulation. Several studies have shown that S100B immunoreactivity mostly colocalizes with the GFAP-positive enteroglial mucosal network in tissue specimens from patients with intestinal inflammation [25,57].

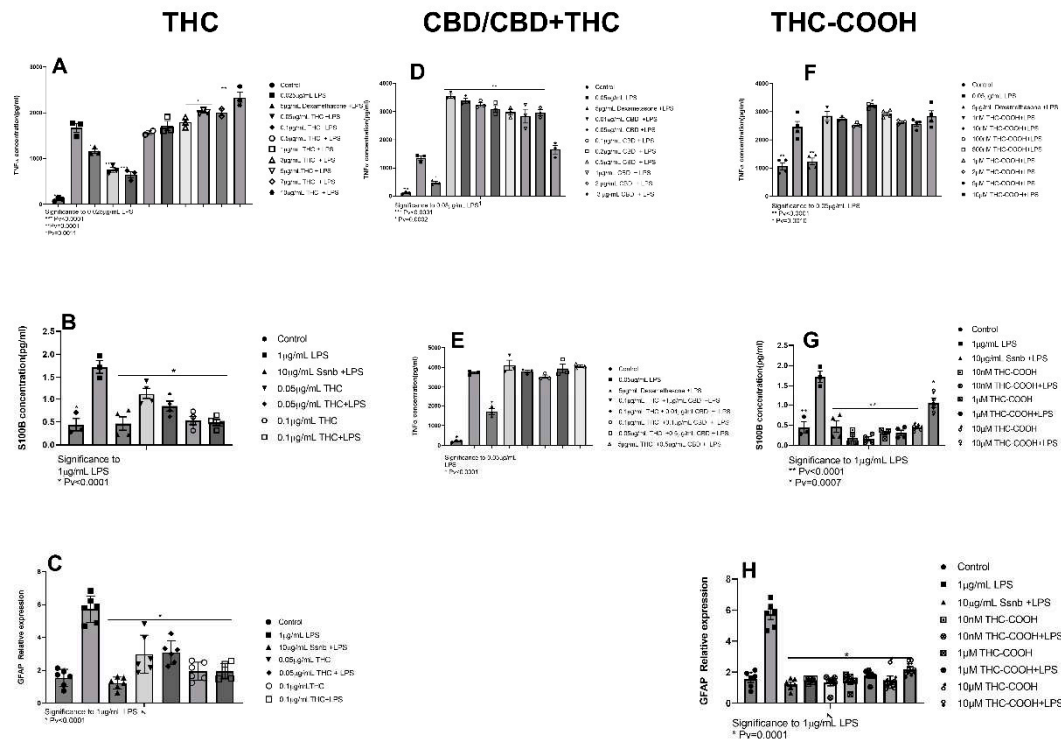
All cannabinoids were assayed for cytotoxicity using the MTT method on J774A1 and concentrations that did not reduce cell viability were selected for further analysis (Figure S2). For CBGA and CBDA all concentration tested reduced cell viability by at least 50% and hence were not evaluated further (Figure S1F, Figure S1G).

#### 2.1.1. THC

The putative cytotoxic effect of THC was evaluated by MTT assay. We demonstrate that THC was not toxic to the cells at concentrations up to 10 $\mu$ g/mL (Figure S2A). THC induced the greatest effect reducing TNF $\alpha$  secretion at either 0.1 and 0.05 $\mu$ g/mL (Figure 1A). This reduction was comparable to the effect of dexamethasone. Above these concentrations, THC increased TNF $\alpha$  secretion to levels equal to (0.1-1 $\mu$ g/mL) or above (5-10 $\mu$ g/mL) treatment with LPS (Figure 1A). The extent of reduction of secretion did not mirrored the effects measured on gene expression (Figure S4A).

Pretreatment of EGC cells with 0.05 $\mu$ g/mL and 0.1 $\mu$ g/mL THC led to a significant reduction in inflammation by lowering S100B protein levels (Figure 1B) and GFAP expression levels (Figure 1C). In EGC, a dose dependent





**Figure 1.** Pretreatment of J774A1 and EGC with THC (A-C), CBD (D,E) and THC-COOH (F-H) for 1h and then incubation with LPS 0.05 μg/mL and 1 μg/mL for J774A1 and EGC respectively for additional 24h. Control represent J774A1/EGCs without treatment, 0.05/1 μg/mL LPS represent the positive control for J774A1/EGCs (respectively) and 5 μg/mL Dexamethasone and 10 μg/mL Ssnb treatment represents the negative control for J774A1 or EGC respectively. A. Secretion of TNFα by J774A1 cells treated with 0.05-10 μg/mL THC and 0.05 μg/mL LPS, B. secretion of S100B from EGCs pretreated with 0.05 and 0.1 μg/mL THC with and w/o 1 μg/mL LPS. C. expression GFAP from EGCs pretreated with 0.05 and 0.1 μg/mL THC with and w/o 1 μg/mL LPS, D. TNFα secretion from J774A1 pretreated with 0.01-3 μg/mL CBD with 0.05 μg/mL LPS, E. TNFα secretion from J774A1 pretreated with a combination of THC+CBD and 0.05 μg/mL LPS, F. TNFα secretion from J774A1 pretreated with 1 nM-10 μM THC-COOH with 0.05 μg/mL LPS, G. secretion of S100B from EGCs pretreated with 1 nM-10 μM THC-COOH with 0.05 μg/mL LPS, H. expression GFAP from EGCs pretreated with 1 nM-10 μM THC-COOH with 0.05 μg/mL LPS. N=3 for all J774A1 TNFα secretion, N=4 for EGC S100B secretion, N=6 for GFAP expression. All samples were compared to positive LPS control using Dunnett's multiple comparison test.

### 2.1.2. CBD

Cannabidiol (CBD) is the second most abundant phytocannabinoid with non-psychoactive effects, which makes it well tolerated by consumers compared to THC [58]. CBD is known for its anti-inflammatory and anti-oxidative effects [59], along with a long list of other therapeutic properties [60,61]. CBD was not toxic to the cells up to 3 μg/mL (Figure S1B). Treatment J77A1 macrophages with CBD concentrations under the cytotoxicity level induced increased secretion of TNFα (Figure 3a). Furthermore, the combination of THC and CBD abolished THC's anti-inflammatory effect (Figure 3b).

### 2.1.3. THC-COOH

Metabolism of THC occurs mainly in the liver by microsomal hydroxylation and oxidation catalyzed by enzymes of the cytochrome P450 (CYP) complex [62]. The first product is 11-HydroxyΔ<sup>9</sup>-tetrahydrocannabinol (11-OH-THC) while 11-Nor-9-carboxy-Δ<sup>9</sup>-tetrahydrocannabinol (11-THC-COOH or THC-COOH) is the final product. THC-COOH is not psychoactive. It possesses anti-inflammatory and analgesic properties by mechanisms similar to those of nonsteroidal anti-

inflammatory drugs [63]. Concentrations of THC-COOH above 10 $\mu$ M were toxic to J774A1 cells (Figure S1E) and above 100 $\mu$ M to EGC (Figure S3B). Most of the concentrations of THC-COOH (1nM, 10nM, 100nM, 1 $\mu$ M, 2 $\mu$ M, 5 $\mu$ M and 10 $\mu$ M) that we tested did not exerted a significant effect on TNF- $\alpha$  secretion. However, 500nM did increased TNF- $\alpha$  in those cells (Figure 1 F). Concentrations from 1nM-10 $\mu$ M significantly reduced S100B secretion and expression (Figure 1G and Figure S4D) and GFAP expression (Figure 1H).

#### 2.1.4. THCA

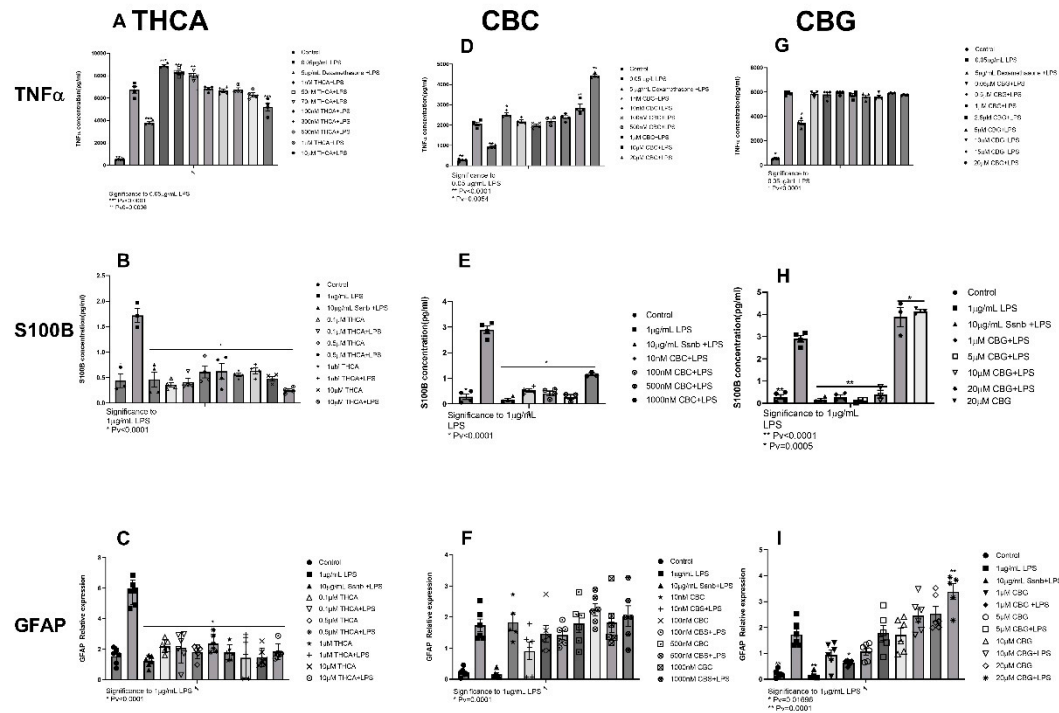
In the plant trichome THC is stored in its acidic form  $\Delta^9$ - tetrahydrocannabinol acid (THCA) [64]. THCA is devoid of psychotropic effects [65]. THCA needs to undergo decarboxylation to THC to produce psychotic effects, this decarboxylation is spontaneous and requires heat [39]. A recent study suggests that the anti-inflammatory activity of cannabis extract in colon epithelial cells is associated with THCA, and should be used in the treatment of IBD rather than CBD [66]. We show in cell viability experiments that THCA is not cytotoxic nor to J774A1 and nor to EGC up to 10 $\mu$ M (Figure S2C, and S3A). In concentrations below 10 $\mu$ M THCA increased secretion of TNF $\alpha$  in J774A1 cells compared to 0.05 $\mu$ g/mL LPS without pretreatment (Figure 2A). In concentrations of 0.1-10 $\mu$ M THCA reduced S100B secretion and expression (Figure 2b and S4C) and GFAP expression (Figure 2C). THCA alone did not elevated S100B secretion and GFAP expression (Figure 2B and C).

#### 2.1.5. CBC and CBG

Pretreatment with CBC and CBG did not exerted any cytotoxic effect on J77A1 cells below 10 $\mu$ M and 20 $\mu$ M respectively (Figure S1H, S1I). CBC treatment of J774A1 macrophages showed a U shape curve where 1nM, 10 $\mu$ M and 20 $\mu$ M significantly elevated TNF $\alpha$  secretion compared to LPS control and concentrations between 10nM and 1 $\mu$ M were insignificant related to control (Figure 2D). Pretreatment with 10nM-1 $\mu$ M CBC significantly reduced S100B secretion and expression to the same levels as Ssnb (Figure 2E S4F). Concentrations of 10nM, 100nM, 500nM and 1 $\mu$ M CBC did not exerted any effect on GFAP expression (Figure 2F).

CBG did not exerted any significant effect on TNF- $\alpha$  secretion in comparison to the positive control (0.05 $\mu$ g/mL LPS) all over the range of CBG concentrations tested (0.05 $\mu$ M- 20 $\mu$ M CBG) (Figure 2G).

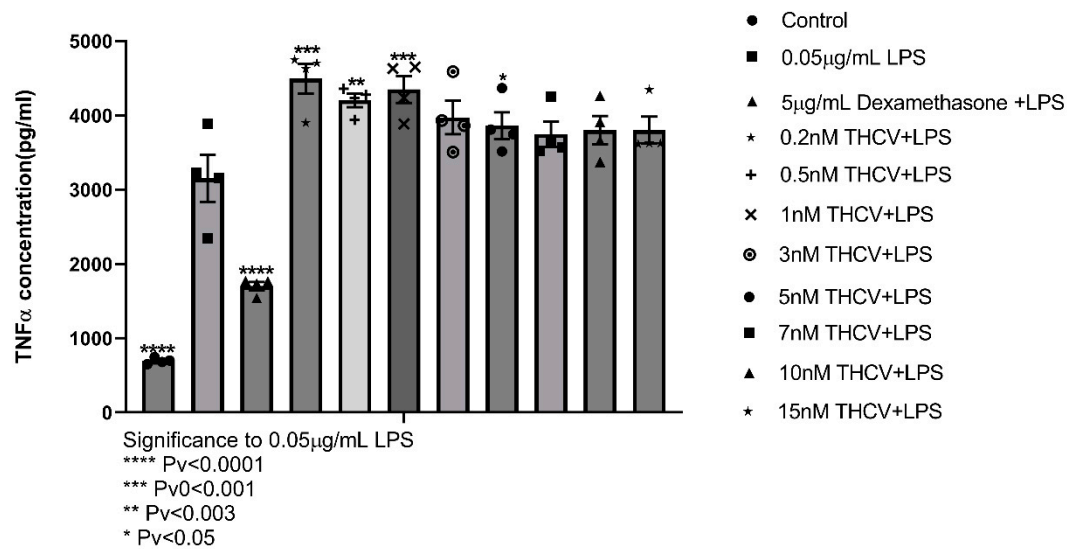
CBG treatment induced an anti-inflammatory effect in EGC cells at 1-10 $\mu$ M for S100B secretion (Figure 2H). However, the effect on secretion differs from the effect on relative expression of S100B (Figure 2H and Figure S4E). Interestingly, there is a discrepancy between S100B expression and translation in EGC cells after treatment with 20 $\mu$ M CBG (Figure 2H and Figure S4E) where it increased S100B secretion yet showed decreased transcription. Only 1 $\mu$ M of CBG significantly reduced GFAP expression, whereas a dose dependent increase in GFAP expression is seen with and without LPS (Figure 2I).



**Figure 2.** Pretreatment of J774A1 and EGC with THCA (A-C), CBC (D-F) and CBG (F-H) for 1h and then incubation with LPS 0.05 $\mu$ g/mL and 1 $\mu$ g/mL for J774A1 and EGC, respectively, for 4h. Control represent J774A1/EGCs without treatment, 0.05/1 $\mu$ g/mL LPS represent the positive control for J774A1/EGCs (respectively) and 5 $\mu$ g/mL Dexamethasone and 10 $\mu$ g/mL Ssnb treatment represents the negative control for J774A1 or EGC respectively. A. Secretion of TNF $\alpha$  by J774A1 cells treated with 1nM-10 $\mu$ M THCA and 0.05 $\mu$ g/mL LPS, B. secretion of S100B from EGCs pretreated with 1nM-10 $\mu$ M THCA with and w/o 1 $\mu$ g/mL LPS. C. Expression GFAP from EGCs pretreated 1nM-10 $\mu$ M THCA and 0.05 $\mu$ g/mL with and w/o 1 $\mu$ g/mL LPS, D. TNF $\alpha$  secretion from J774A1 pretreated with 1nM-20 $\mu$ M CBC with 0.05 $\mu$ g/mL LPS, E. secretion of S100B from EGCs pretreated with a 1nM-20 $\mu$ M CBC with 1 $\mu$ g/mL LPS, F. expression GFAP from EGCs pretreated with 1nM-20 $\mu$ M CBC with 1 $\mu$ g/mL LPS, G. TNF $\alpha$  secretion from J774A1 pretreated with 0.05-20  $\mu$ M CBG with 0.05 $\mu$ g/mL LPS, H. secretion of S100B from EGCs pretreated with a 1-20  $\mu$ M CBG with 1 $\mu$ g/mL LPS, I. expression GFAP from EGCs pretreated with 1-20 $\mu$ M CBG with or w/o 1 $\mu$ g/mL LPS, N=3 for all. J774A1 TNF $\alpha$  secretion, N=4 for EGC S100B secretion, N=6 for GFAP expression. All samples were compared to positive LPS control using Dunnett's multiple comparison test.

### 2.1.5. THCV

THCV is described as a phytocannabinoid belonging to one of the minor phytocannabinoids. The name “minor phytocannabinoids” has been used to define phytocannabinoids different from  $\Delta^9$ -THC, CBD, CBG and CBC. THCV only recently has been subjected to significant investigation following new discoveries about its novel medicinal properties [67–70]. Importantly, THCV decrease signs of inflammation and pain in acute inflammation model on mice partly *via* CB1 and/or CB2 receptor activation [71]. We show for J77A1 macrophages that THCV is not cytotoxic below 15nM (Figure S2D) THCV treatment of J774A1 cells showed significant increase in TNF $\alpha$  secretion from cells at concentrations of 0.2nM, 0.5nM, 1nM, and 3nM compared to 0.05 $\mu$ g/mL LPS group (Figure 3). Although it is not significant, 5nM, 7nM, 10nM and 15nM, showed an increase in TNF- $\alpha$  secretion compared to J774A1 cells treated with 0.05 $\mu$ g/mL LPS (Figure 3).



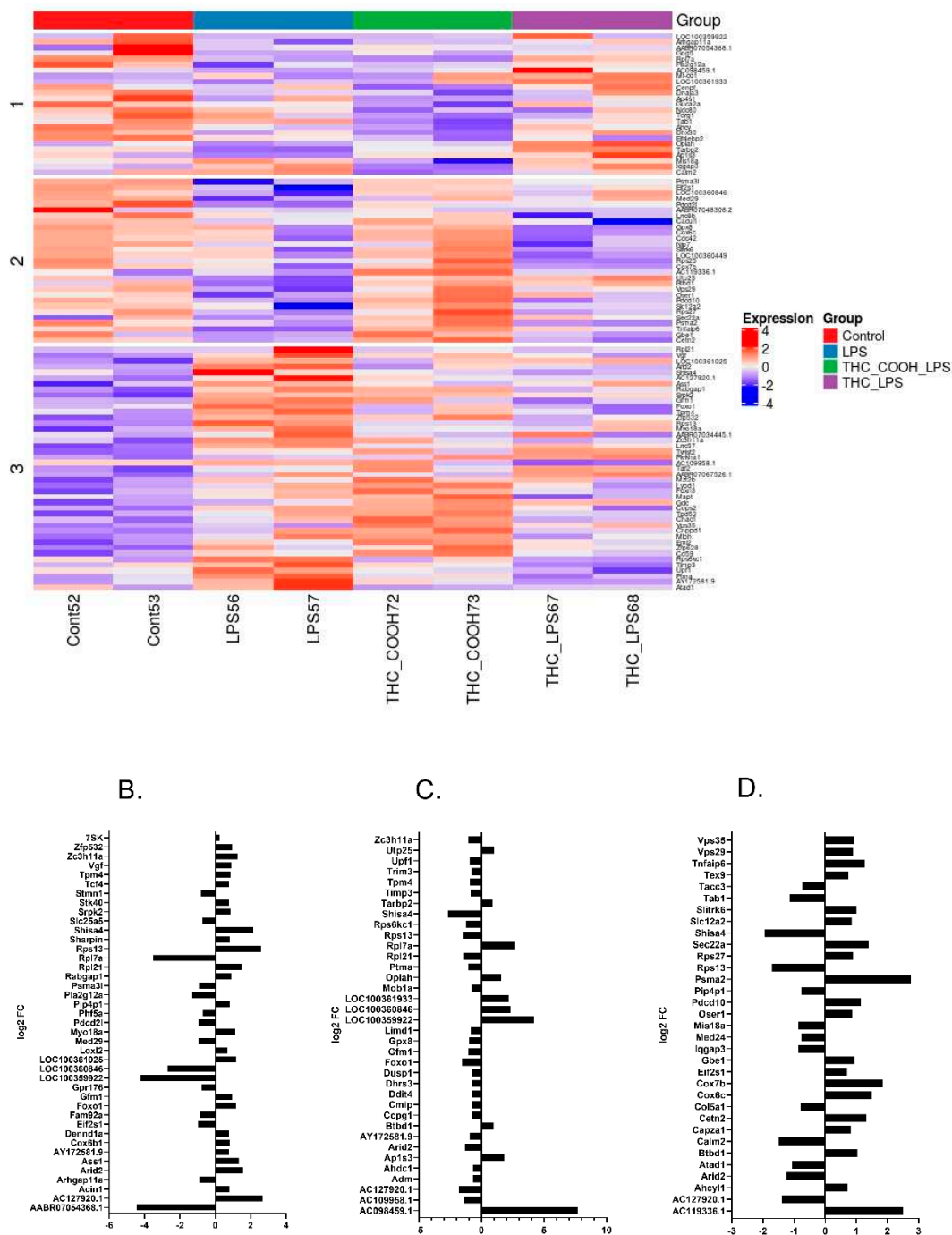
**Figure 3.** Pretreatment of J77A1 macrophages with increasing concentrations of. J77A1 cells were pretreated with 0.2nM-15nM THCV for 1h and then incubated with 0.05 $\mu$ g/L of LPS for 4h. Control represent J77A1 cells without treatment, 0.05 $\mu$ g/mL LPS represent the positive control and, 5 $\mu$ g/mL Dexamethasone treatment represents the negative control. N=4. All samples were compared to positive LPS control using Dunnett's multiple comparison test.

## 2.2. RNA Sequencing Analysis

EGC cells were treated for 1h with 0.1 $\mu$ g/mL of THC or 10nM of THC-COOH after which 1 $\mu$ g/mL of LPS was added for 4h. Additionally positive control 1 $\mu$ g/mL LPS and negative control cells were used. Transcriptomic analysis revealed 23 Differentially Expressed Genes (DEG) (fold change  $>1.6$ ,  $P < 0.05$ ) in control vs LPS (10 up regulated and 13 down regulated), 26 DEG THC+LPS vs LPS (10 up regulated and 16 downregulated) and 25 DEGs when comparing THC-COOH+LPS vs LPS (16 upregulated and 9 down regulated) (Figure 4). Pretreatment of THC before LPS resulted in down-regulation of the apoptosis related genes *mob1a* ( $P < 0.05$ , -1.7FC) [72], *ptma* ( $P < 0.05$ , -2FC). THC down regulated *adm* ( $P < 0.05$ , Fc -1.6), a gene that is upregulated in inflamed neurons, antagonists to *adm* inhibit the release of nNOS and macrophage recruitment [73]. Ap1S3 was upregulated by pretreatment of THC ( $P < 0.05$ , FC 3.5). Knockout of *ap1s3* in keratinocytes results in upregulation of IL1 and TNF $\alpha$  [74]. IL1 is a strong activator of IBD [75,76]. Oxidative stress genes were also affected by THC with downregulation of *gpx8* ( $P < 0.05$ , -2FC) and upregulation of *oplah* ( $P < 0.05$ , 3FC).

THC-COOH is the final metabolite of THC metabolism in the liver. Pretreatment of THC-COOH resulted in upregulated genes relating to cellular metabolism including *Cox6c*, *Cox7b* and *Gbe1* (Figure 4). THC-COOH upregulated *Psm2* a component of the 20S subunit. Knockdown of this gene results in reduced immune response in human lung cells [77].A.

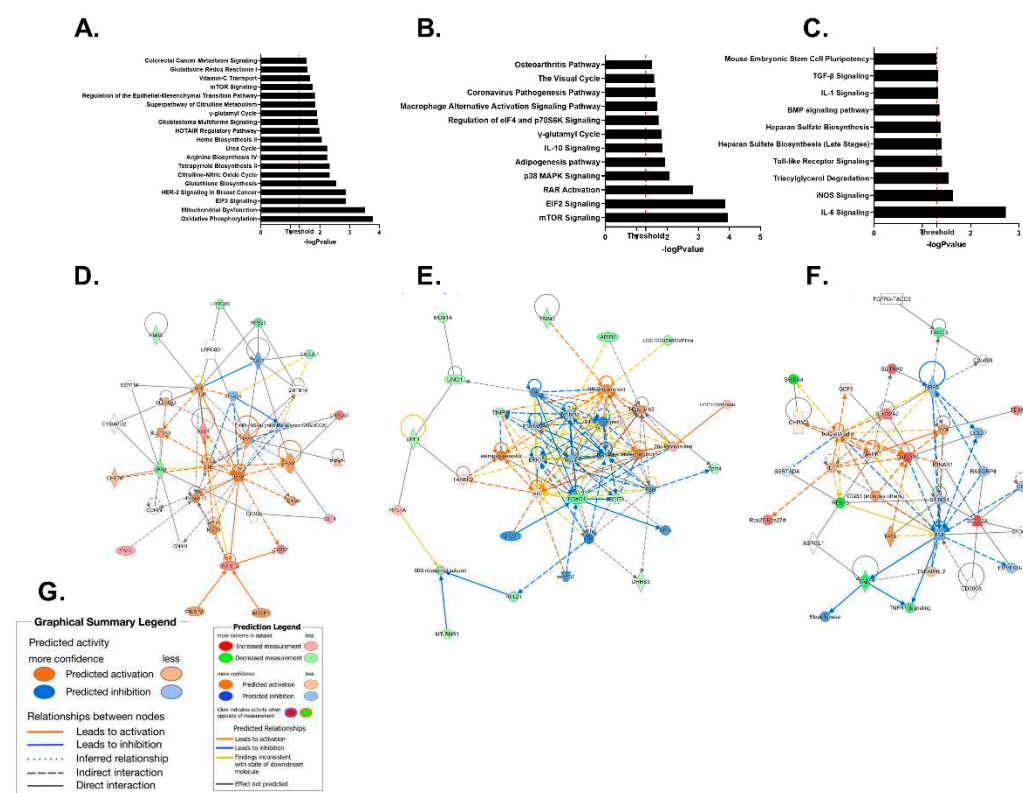




**Figure 4.** Differentially Expressed Genes (DEG) in Entro Glial Cells (EGC): A: Differential expression of All groups. B. non-treated cell compared to cells treated with LPS 1µg/mL for 24h C: 1h pretreatment with 0.1µg/mL THC before 24h of LPS compared to only LPS 1µg/mL. D: 1h pretreatment of 10nM of THC-COOH before 24h of LP compared to only LPS 1µg/mL.2.2.1. Pathway enrichment analysis.

To evaluate the biological pathways affected by the different pretreatments we used the IPA platform ( $P < 0.05$ ). Addition of LPS affected 34 canonical pathways ( $-\log(p\text{-value}) > 1$ ) (Figure 5, Supplementary File 1), the 4 major pathways ( $-\log(p\text{-value})$  2.88-3.78) were related to: Oxidative phosphorylation ( $-\log(p\text{-value})$  3.78), Mitochondrial dysfunction ( $-\log(p\text{-value})$  3.51), EIF2 signaling ( $-\log(p\text{-value})$  2.88) and HER-2 signaling ( $-\log(p\text{-value})$  2.88). Down regulation of Cox6c (log2FoldChange -2.46), Cox7b (log2FoldChange -2.63) and upregulation of MT-CO1 (log2FoldChange 1.97) results in changes of Oxidative Phosphorylation, Mitochondrial dysfunction,

and HER-2 signaling. Pretreatment with THC for 1h also affected the Elf2 signaling pathway through downregulation of Gm15489, MT-RNR1, RPL21 yet RPL7a was upregulated. The most affected pathway by pretreatment with THC was the mTOR pathway (-logPv 3.96) Figure 5). This is manifested through down regulation of 4 genes (DDIT4, Gm15483, MT-RNR1, RPS6KC1). The only pathway to show mild downregulation was the retinoic acid receptor (RAR) (zScore -2). Interestingly the final metabolite of THC, THC-COOH, affected different pathways when compared to THC. The carboxylated metabolite elicited changes in IL-6 signaling (Tab1 -logFC-2.2, Tnfaip6 -logFC2.4) and iNos signaling (Tab1 -logFC-2.2), both are canonical pathways related to inflammation. In general carboxylated THC affected fewer pathways compared to THC above the threshold of 1.3 (Figure 5 b and Figure c). IPA analysis identifies genetic networks that are affected by the DEG regardless of the direction of the expression change. 0.1 $\mu$ g/mL LPS affected the cell cycle and cell death network by 11 DEGs (Figure 5D). Pretreatment of THC effected the proteosome network (Figure 5E) 17 DEGs. The main network to be affected by pre treatment of THC-COOH was related to cell death and survival (Figure 5F).



**Figure 5.** EGC were either untreated or incubated with 1 $\mu$ g/mL of LPS (A and D). In treatment groups cells were pretreated for 1h with 0.1 $\mu$ g/mL of THC (B and E) or 10nM of THC-COOH (C and F). IPA was conducted on three experimental groups. Pathway enrichment (A-C), networks showing most hits (D-F). Pathway analysis of A. LPS vs untreated cells, B. Cells pretreated for 1h with 0.1 $\mu$ g/mL of THC, C. Cells pretreated for 1h with 10nM of THC-COOH. Threshold 1.3 -logPv. D. cell cycle and cell death network affected by addition of LPS to untreated cells. E. Proteosome network effected by pretreatment of THC. F. Cell cycle and cell death network affected by pretreatment of cells with THC-COOH. G. Legend for network. N=2.

### 3. Discussion

In this study we aimed to perform an in-depth assessment of the putative anti-inflammatory effects of both, major and minor phytocannabinoids on macrophages and enteric glial cells. These two kinds of cells have been shown to play a key role during onset and progression of IBD [9,32]. Current treatments of IBD include immunosuppressive and biological drugs [78,79]. Immunosuppressive drugs can cause adverse reactions including vomiting, dyspepsia, and anorexia and other systemic symptoms such as headache, dizziness, and rash [80]. Biological drugs consist mainly of antibodies targeting either cytokines or other immune targets, these include TNF $\alpha$

(infliximab and adalimumab) or  $\alpha 4\beta 7$  integrin (vedolizumab) [80]. Though biological drugs show efficacy at treatment of IBD there are adverse effect including cases of arthritis, sacroiliitis [81,82]. These treatments also incur great financial burden on patients and health providers driving the need for alternative pharmacological approaches.

Macrophages are resident cells of almost every tissue in the body and provide key orchestrators of chronic inflammatory disorders. Macrophages have been reported to play a role in the pathological progression of UC disease in comparison with other leukocytes [83]. The glial cells in the gut represent morphological and functional equivalent of astrocytes and microglia in the central nervous system, and play essential role as regulators of intestinal homeostasis [84,85]. Although no CBr have been detected in EGC there is mounting evidence on the effects of modulation of EGC by the ECS [86]. During intestinal inflammatory reaction, EGC cells release glial markers such as S100B and GFAP. Altered expression of S100B and GFAP has been reported in several intestinal inflammatory disorders in humans such as inflammatory bowel disease [25,56], celiac disease [26], postoperative colitis [87].

In order to assess the anti-inflammatory effects of the different cannabinoids we first evaluated their toxicity on both J774A1 murine macrophages and rat EGC by MTT assay [88] (Figure S2 and Figure S3). For J774A1 macrophages THC was not toxic in the range of 0.5-10 $\mu$ g/mL, CBD 10-50 $\mu$ M, THCA 1-20 $\mu$ M, THC-COOH 0.1-50 $\mu$ M, CBC 1-10 $\mu$ M, CBG 2.5-20 $\mu$ M, THCV 1-15nM, CBD 1-10 $\mu$ g/mL, CBDA, CBGA solution significantly decreased J774A1 cell viability more than 50% at all the concentrations that were tested (Figure S2). Cell viability was not decreased in EGC at the following concentrations; THCA 0.5-10  $\mu$ M, THC-COOH 0.5-100 $\mu$ M, CBG 5-30 $\mu$ M, CBC 0.5-2 $\mu$ M.

Our results show that THC significantly reduced TNF $\alpha$  secretion preferentially at low concentrations 0.05-0.5 $\mu$ g/mL whereas above 0.55 $\mu$ g/mL TNF $\alpha$  secretion was increased. At 5-105 $\mu$ g/mL secretion was above the effect of 0.5 $\mu$ g/mL LPS, showing an additive effect of THC on TNF $\alpha$  secretion. This is in accordance to the known biphasic effect of THC [89,90]. This data points to the advantage of using low or even ultralow doses of THC, this in accordance with the reversal of cognitive impairment in old mice, and spatial memory test in old female mice [91,92]. Transcription of TNF $\alpha$  was not affected by pretreatment of THC this was evident from RTqPCR (Figure S4A,) and transcriptomics. This is inline with other reports showing the instability of TNF $\alpha$  mRNA vs protein [93,94]. Pretreatment of EGC with low concentrations of THC markedly reduced S100B secretion and expression as well as GFAP expression (Fig1B,C). Taken together these results show significant immunosuppressive effect exerted by low doses of THC in our in-vitro model.

We demonstrate herein that CBD augmented the secretion of TNF $\alpha$  in all concentrations tested except for 3 $\mu$ g/mL where it was the same as 0.5 $\mu$ g/mL LPS control (Figure 1D). CBD has been used for treatment of inflammation and other comorbidities [95,96]. Our results may be due to the low concentrations used as it has been shown for T cells [97], yet it is notable that the concentrations we used were optimized to be non-cytotoxic. Furthermore, CBD abolished THC reduction of TNF $\alpha$  secretion (Figure 1E). Some data suggests that CBD can indirectly modulate THC via CB receptors [98] or by being an allosteric modulator that alters the efficacy of orthostatic ligands [99,100].

Upon consumption THC is metabolised in the liver to 11-OH-THC and then to the inactive metabolite THC-COOH [101]. THC-COOH did not reduced inflammatory markers in murine macrophages (Figure 1F), yet reduced all reactive glycosis markers in EGC (Figure 1G, 1H, S4D). In the plant trichomes THC is stored in its acidic form THCA [102], THCA is not psychoactive and upon heating (smoking or baking) it undergoes a decarboxylation reaction and is transformed to THC [39]. At 1-70nM THCA significantly increased TNF $\alpha$  secretion from J774A1 macrophages, at higher concentrations, 100nm-1 $\mu$ M no significant inflammatory effect was observed when compared to positive LPS control yet no reduction of TNF $\alpha$  secretion was measured at all concentrations tested (Figure 2A). In EGC cells, THCA reduced both S100B secretion and expression as well as GFAP expression at all concentrations tested (Figure 2B, S4C, 2C, respectively). This indicates that THCA can prevent the transfer of EGC to reactive gliosis, this is in line with evidence showing reduced IL-8 secretion from HCT116 colonocytes with *C. sativa* extract rich in THCA [66].

THCV is a minor cannabinoid from *C. sativa* with evidence of medicinal properties in metabolism [103], nausea [68], obesity and insulin sensitivity [46], pain [71] and inflammation [104]. Low concentrations, 0.2-3nM of THCV elevated murine macrophage TNF $\alpha$  secretion whereas higher concentrations were not different to LPS treated cells (Figure 4B). Overall, the results show that

THCV did not improve inflammation markers in our system, this is in accordance with results of Rao et al. [104] that showed that THCV did not reduce LPS induced NO production in RAW264.7 and similarly to the observed for keratinocytes [105].

CBC is considered one of the main four cannabinoids in the *Cannabis sativa* plant. It has been shown to have therapeutic properties through activation of TRPA1 and inhibition of degradation of cannabinoids [106–108]. An increase in TNF $\alpha$  secretion was generally observed in J774A1 macrophages. The lowest and the highest concentrations of CBC generally increased TNF $\alpha$  secretion being the most significant effect with 1nM and 10-20 $\mu$ M compared to LPS control (Figure 2D). Concentrations of 10nM to 1 $\mu$ M significantly reduced S100B secretion and expression in EGC (Figure 2E and Figure S4F respectively). However GFAP mRNA expression was not changed by pretreatment of CBC. Cumulatively, these results exemplify that CBC does not reduce inflammation on the tested primed cells according to the results of all markers we measured (Figure 2F).

CBG may exert therapeutic effect through modulation of transient receptor potential (TRP) channels, cyclooxygenase (COX-1 and COX-2) enzymes and cannabinoid 5-HT1A and  $\alpha$ 2 adrenergic receptors [106,109–111]. Non-cytotoxic concentrations of CBG (0.05-20 $\mu$ M) did not reduce TNF $\alpha$  secretion (Figure 2G). At 1-10 $\mu$ M CBG reduced S100B secretion by EGC whereas at 20 $\mu$ M S100B secretion was elevated with and without LPS (Figure 2H). Expression levels of S100B were reduced in all tested concentrations (Figure S4E). Expression of GFAP was only reduced at 1 $\mu$ M CBG and significantly increased at 20 $\mu$ M with or without LPS (Figure 2I). Collectively it can be stated that CBG is effective on EGC at concentrations of 1-10 $\mu$ M.

To evaluate a more systematic cellular response transcriptomic analysis was conducted on control untreated EGC, and compared to EGC cells treated with LPS 1 $\mu$ g/L for 24h, and pretreated for 1h with 0.1 $\mu$ g/mL THC or 10nM THC-COOH and then with 1 $\mu$ g/L LPS (see Materials and Methods). Incubation with LPS induced 23 DEGs (fold change >1.6, P<0.05) (Figure 4A), pathway analysis revealed that the main pathways effected by LPS were; oxidative phosphorylation, Mitochondrial dysfunction and EIF2 signaling (Figure 5A). Oxidative phosphorylation and mitochondrial dysfunction were effected by downregulation of Cox6c, Cox7b and MT-CO-1, all part of the mitochondrial respiratory complex. It has been shown that the mitochondria are active in infection and inflammation through release of cytokines and activation of the inflammasomes [112]. Both Cox6c and Cox7b are part of Cytochrome c Oxidase, the terminal enzyme of the mitochondrial respiratory chain. The reduction in oxidative phosphorylation agrees with previous reports showing a shift from oxidative phosphorylation to glycolysis in LPS induced glial cells [113,114]. Elf2 was shown to be activated via phosphorylation in RAW 264.7 cells by *Yersinia pseudotubercu* infection [115] causing a reduction of protein synthesis by negatively affecting the exchange of GDP to GTP in the  $\beta$ -subunit of eLF2. In BV-2 microglial cells LPS can cause excessive mitochondrial fission and ROS generation [116]. LPS has been shown to elevate oxidative stress in BV-2 microglial cells and in the brain as well as other organs [117,118]. EIF2 phosphorylation is increased in murine macrophages that are exposed to bacterial infection causing reduction in protein synthesis [115]. IPA analysis identifies genetic networks that are affected by the DEG regardless of the direction of the expression change. Treatment with LPS affected Developmental Disorder, Hereditary Disorder, Metabolic Disease networks (12 DEG) and Cell Cycle, Cell Death and Survival, Organismal Injury and Abnormalities (11 DEG) (Figure 5d) this is in accordance with Juknat et al. [119].

Pretreatment of 1h with 0.1 $\mu$ g/mL THC before incubation with LPS resulted in 26 DEGs (10 up regulated and 16 downregulated) compared to no pre-incubation. The main pathways affected were mTOR signaling, EIF2 and retinoic acid receptor (RAR) activation that was down regulated (-2 z Score). mTOR was affected by down regulation of DDIT4, Gm15483, MT-RNR1, RPS6KC1. mTOR signaling has been implicated in inflammation processes. Mammalian target of rapamycin (mTor) is a conserved serine/threonine protein kinase belonging to the phosphoinositide 3-kinase (PI3K) family. It has been shown in CNS microglial cells that LPS activates mTor activity resulting in Nitric Oxide (NO) and prostaglandin E2 and D2 [120]. Inhibition of mTor using rapamycin inhibited these effects by reduction of COX2 and NOS2 [121]. RAR is essential for Enteric Nervous System (ENS) development, knockout of RAR led to reduction of submucosal neurons yet did not reduce enteric glia cells primed by SOX10 [122]. Retinoic acid ameliorates IBD through NF $\kappa$ B signaling in colitis model and RAW264.7 macrophages [123]. Most studies indicate activation of RAR in inflammation [122,123] yet our data indicates a reduction of the RAR pathway in glial cells pretreated with THC.



Network analysis revealed that THC influenced the proteasome network (17 DEGs). It has been previously shown that mTOR regulates protein synthesis and degradation [124], this is done through control of the proteasome in nerve cells [125]. IPA analysis shows influence on both mTOR signaling pathway and proteasome network by pretreatment of THC.

The final metabolite of THC metabolism is THC-COOH, pretreatment with this drug reduced S100B secretion and expression as well as GFAP expression (Figure 1 F-G). The pathway that was most affected by THC-COOH was IL6 signaling. IL6 is known to be elevated in activated EGCs [126]. Our data shows downregulation of TGF-beta activated kinase 1 (MAP3K7) binding protein 1 (TAB1) and upregulation of TNF alpha induced protein 6 (TNFAIP6) (-logFC -2.2 and 2 respectively). TAB1 is involved in IL6 activation through activation of IL-1 and NFkB signaling [127], activation of TNFAIP6 inhibits IL-6 secretion in lung cells [128]. Together our results indicate that preincubation with THC-COOH could reduce IL-6 secretion by EGC cells.

## 4. Materials and Methods

### 4.1. Cell Culture

#### 4.1.1. J774A1 Murine Macrophages

J774A1 macrophages were purchased from the American type culture collection (ATCC, Manassas, VA, USA). Cells were cultured in 75 mm<sup>2</sup> flasks with Dulbecco's modified Eagle's medium (DMEM) (Sigma Aldrich, Burlington, USA) supplemented with 10% fetal bovine serum (Biological industries, Kibbutz Beit-Haemek, Israel), 1% penicillin-streptomycin (Biological industries), and 2.5ml sodium pyruvate (Biological industries) until they reached 70% confluency at 37°C under 5% CO<sub>2</sub>.

#### 4.1.2. Enteric Glial Cells

Enteric glial cell lines (EGC/PK060399egfr) were purchased from the American type culture collection (ATCC). Cells were thawed and grown in 75 mm<sup>2</sup> flasks to 70% confluence in DMEM medium containing 10% (Sigma Aldrich, USA) fetal bovine serum (FBS) (Biological industries), 0.5% penicillin-streptomycin (Biological industries), at 37°C under 5% CO<sub>2</sub>. Cells were trypsinized (using 0.25%) (Invitrogen, Carlsbad CA, USA) and transferred every 2-3 days.

### 4.2 Chemicals

Pure THC was purchased from BOL pharma (Revadim, Israel). Purified CBD was obtained from Tikun Olam Ltd. (Tel Aviv-Yafo, Israel). Sparstolonin B (Ssnb) was purchased from Sigma (Sigma, USA). LPS THCA, THCV CBC, CBG, CBA, THC-COOH were purchased at HPLC standard grade (Restek, Bellefonte, PA, USA). All purified or synthetic phytocannabinoids were dissolved in ethanol and later diluted with DMEM before addition to cells.

#### 4.3. MTT 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide

Cells were plated on 96 well plates at a concentration of 5x10<sup>4</sup>/0.2mL/well and left to adhere for 2h. Medium (DMEM D5796 Sigma Aldrich) was replaced with medium supplemented with different concentrations of test treatment. Cells were left in incubator for 24h (37°C 5%CO<sub>2</sub>). Medium was replaced with 180μL of clear medium (DMEM 01-053-1A Biological industries) supplemented with 20μL solubilized MTT final concentration 0.5mg/mL (Sigma Aldrich, USA) for 2h. After removal of MTT 100μL of dimethyl-sulfoxide (DMSO) was added and left on an orbital shaker for 20min. Absorbance was measured in a spectrophotometer (Synergy H1, Agilent CA, USA) at 550nm.

### 4.4. In Vitro Treatments

The cells were plated at a concentration of ~1x10<sup>6</sup> cells/mL and were pretreated with different concentrations of single phytocannabinoids and/or a mixture of phytocannabinoids for 1 hour based on previous studies [129] after which LPS (*E. coli* 0111:B4, Sigma USA) was added for additional 24h. After treatment, the medium was removed for ELISA analysis (see below) and RNA/proteins were extracted from the respective cells.

#### 4.5. Enzyme-Linked Immunosorbent Assay (ELISA)



The cell's growth medium was assayed for TNF $\alpha$  using ELISA according to manufacturer instructions (Peprotech, NJ, USA), or S100B using Simple-Step ELISA kit according to the manufacturer instructions (Abcam, Waltham, USA).

#### 4.6. RNA Extraction and cDNA Synthesis

RNA was extracted using TRI reagent (Sigma GmbH, Mannheim, Germany) in combination with PureLink column-based kit (Thermo Fisher, Waltham USA). RNA was quantified using Nanodrop 2000 (Thermo Fisher, Waltham, USA). 1.5 $\mu$ g of RNA was used for synthesis cDNA, using qScript cDNA Synthesis Kit (Quanta Bio, Beverly, USA).

#### 4.7. Quantitative Reverse Transcription PCR (RT-qPCR)

Real time qPCR was preformed using fast SYBR green master mix (Applied Biosystems, Foster City, CA, USA) on Quant studio 1 machine (Applied Biosystems). For normalization of gene expression in all reactions, we used the PPIA gene for TNF $\alpha$  gene normalization, and GAPDH gene for S100B and GFAP genes normalization. Expression was quantified using in run standard curve method. Primers for relative gene expression are depicted in supplemental table S1.

#### 4.8. RNA Sequencing Protocol and Computational Pipeline

Library construction and sequencing. Total RNA was extracted as described above. RNA-seq analysis was executed by the Crown Genomics institute of the Nancy and Stephen Grand Israel National Center for Personalized Medicine, Weizmann Institute of Science. A bulk adaptation of the MARS-Seq protocol [130,131] was used to generate RNA-Seq libraries for expression profiling of THP-1 treated cells (Supplementary Method S<sub>1</sub>). Sequence data analysis. Assembly and annotation were performed as described previously [132,133]. Differential analysis was performed using DESeq2 package (1.26.0) [134] with the betaPrior, cooks Cutoff and independent Filtering parameters set to False. Raw P values were adjusted for multiple testing using the procedure of Benjamini and Hochberg. Pipeline was run using snakemake [135]. DEGs were determined by a p-adj of < 0.05 and absolute fold changes > 1.6 and max raw counts > 10. Bioinformatics analysis. PCA, Hierarchical clustering and K-Means clustering were performed (Supplementary Method S1). Standardized, log 2 normalized counts were used for the clustering analysis. Clustering analysis was performed with Rstudio v3.6.1 [136]. DEGs, heatmaps, canonical pathways and graphical networks were analyzed using Ingenuity Pathways Analysis (Ingenuity® Systems version 90348151, www.ingenuity.com).

#### 4.9. Statistics

All statistics were performed on JMP pro 14 (SAS institute Inc., Cary, Nc, 1989-2019) or GraphPad prism (version 8 GraphPad Software, San Diego, California USA, www.graphpad.com). Unless otherwise stated data is expressed as mean  $\pm$  SE. Comparison between means of more than two groups were analyzed using means ANOVA and Tukey HSD.

### 5. Conclusions

Our results show that between all nine selected pure phytocannabinoids tested, essentially THC at low concentrations demonstrated to significantly reduce TNF $\alpha$  secretion in J774A1 murine macrophages. This is in accordance to the known biphasic effect of THC, and points to the advantage of using low doses of THC. Additionally, pretreatment of EGC cells also with low concentrations of THC markedly reduced S100B secretion and expression as well as GFAP expression. Taken together these results show significant immunosuppressive effect exerted by low doses of THC in our in-vitro model. RNA-seq analyses and Ingenuity Pathways Analysis show that THC treatment affected the mTOR and RAR signaling pathway while THC-COOH affected mainly the IL6 signaling pathway.

**Supplementary Materials:** The following supporting information can be downloaded at the website of this paper posted on Preprints.org, Supplementary Figures: Figure S1-up to-Figure S4; Supplementary Table: Table S1.

**Author Contributions:** For research articles with several authors, a short paragraph specifying their individual contributions must be provided. The following statements should be used "Conceptualization, B.S. and O.G.; methodology, G.C. and O.G.; software, O.G.; validation, G.C., O.G. and B.S.; formal analysis, G.C., O.G. and B.S.;

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**Data Availability Statement:** We encourage all authors of articles published in MDPI journals to share their research data. In this section, please provide details regarding where data supporting reported results can be found, including links to publicly archived datasets analyzed or generated during the study. Where no new data were created, or where data is unavailable due to privacy or ethical restrictions, a statement is still required. Suggested Data Availability Statements are available in section “MDPI Research Data Policies” at <https://www.mdpi.com/ethics>.

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