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Article

Efficacy and Differential Physiological-Biochemical Response of Biostimulants in Green Beans Subjected to Moderate and Severe Water Stress

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Abstract: Water stress is one of the main factors affecting the development of agricultural crops. An innovative alternative to improve tolerance to water stress is the application of biostimulants. In the present study, the efficacy and physiological and biochemical responses of different biostimulants were evaluated in beans under moderate and severe stress. The treatments consisted of three types of irrigation: FC100, without water stress, FC75, irrigation reduced by 25% (moderate water stress) and FC50, irrigation reduced by 50% (severe water stress). In the treatments with water deficit, foliar biostimulants were applied: zinc oxide nanoparticles plus chitosan, Codasil®, Osmoplant®, Stimplex® and salicylic acid. Foliar application of ZnO + chitosan nanoparticles benefited biomass accumulation and yield under moderate water stress (FC75) and Codasil® and Osmoplant® under severe water stress (FC50). Proline, free sugars and gas exchange were higher under the application of ZnO + chitosan nanoparticles under moderate water stress and under Codasil® and Osmoplant® under severe water stress. Depending on the severity of water stress, ZnO + chitosan nanoparticles, Codasil® and Osmoplant® are viable products to increase tolerance in green bean cv. Strike plants.

Keywords: Phaseolus vulgaris L.; nanofertilizers; bioregulators; nanotechnology

1. Introduction

Water stress is one of the main abiotic factors that reduce the development and yield of plants. Therefore, agricultural productivity and food security are threatened by water deficit [1]. Plants are under water stress if the water supply to the roots is limited or exceeded by the rate of transpiration. However, other factors influence this process, so there is no conclusive definition [2]. Because the fresh biomass of plants is composed of 85% water, drought severely affects physiological and biochemical processes [3]. Some of these alterations include mineral absorption, photosynthesis, respiration rate, gas exchange in leaves, increase in reactive oxygen species (ROS), among others [4,5].

The physiological and biochemical modifications in response to drought stress in crops are given by the duration and intensity of the period to which they are subjected. In this way, tolerance mechanisms such as osmotic adjustment, cell wall modifications and activation of the antioxidant system arise as a response to stress [6]. Therefore, the degree of tolerance to drought stress in plants depends on the efficacy in the activation of said mechanisms [7].

Although plants can reduce the adverse effects of low water availability, reducing the transpiration cycle through stomatal closure, this also causes an alteration in the photosynthesis process, specifically in the availability of CO₂, which in turn, it would slow down the production of energy generation and structural biocomposites [8]. Due to this, it is necessary to investigate the use

of compounds that are effective in stimulating development and production in plants and that are also capable of enhancing responses against water stress.

One of the innovative proposals that has emerged in recent decades to increase crop growth and production, improve the efficient use of nutrients and promote tolerance against abiotic stress in an environmentally friendly way is the use of biostimulants in plants in low concentrations [9]. Biostimulants have been defined as compounds obtained from different organic or inorganic substances and/or microorganisms, which can improve the growth and productivity of plants and reducing the negative effects of stress. Among the most common biostimulants are minerals such as zinc (Zn) and silicon (Si), vitamins, amino acids, poly and oligosaccharides, and some types of plant hormones [10–12]. However, due to the wide range of products cataloged as biostimulants in development and the lack of published literature on the mechanisms of action in metabolism, it is necessary to investigate the effects of these compounds on physiological and biochemical modifications in plants. Therefore, the objective of this study was to evaluate the efficacy and differential physiological-biochemical response of biostimulants in green bean cv. Strike subjected to moderate and severe water stress.

2. Results and Discussion

2.1. Aerial, foliar, root and total biomass

One of the key variables when analyzing the physiological state of plants is the accumulation of biomass [7,13]. In the present study, significant differences were found in the production of aerial, foliar, root and total biomass because of the application of water stress and biostimulants (Figure 1). Regarding aerial biomass, the FC75+NanoZn+Q treatment presented the highest accumulation with an increase of 15.24% with respect to FC75, placing this combination as a viable biostimulant to reduce the effect of water stress on plants, even surpassing other biostimulants established commercial.

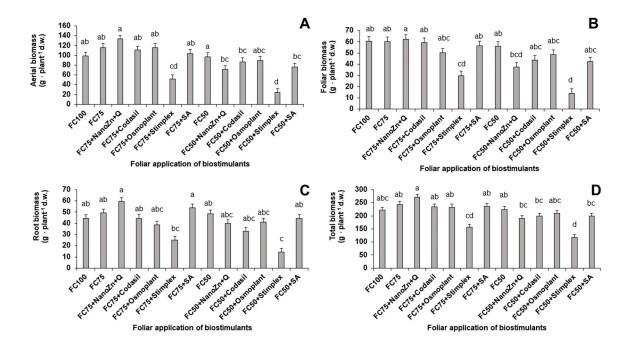


Figure 1. Effect of biostimulant application on aerial (A), foliar (B), root (C) and total (D) biomass production in plants of green bean cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulant application). Means with different letters indicate significant differences according to LSD test. (P < 0.05).

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The same trend was recorded in leaf biomass, with FC75+NanoZn+Q being the best treatment with an increase of 91.2% with respect to FC75+Stimplex, which was the treatment that favored this parameter to a lesser extent when irrigation was reduced by 25%. Likewise, when the amount of water was reduced by 50%, the FC50 treatment obtained the highest yield, with an increase of 3 times the value of the FC50+Stimplex treatment, as the treatment with the lowest accumulation of foliar biomass (Figure 1).

In the case of root biomass, when the amount of irrigation was reduced by 25%, the treatment that obtained the highest value was FC75+NanoZn+Q, presenting an increase of 136.8%, with respect to FC75+Stimplex, which was the least value treatment. As in the previous sections, when the amount of irrigation was reduced by 50%, the treatment that benefited the most was FC50, presenting an increase of 236.8% with respect to FC50+Stimplex with the least accumulation (Figure 1).

Finally, in relation to the total biomass, when the amount of irrigation was reduced by 25%, the treatment that favored the accumulation was FC75+NanoZn+Q, with an increase of 73.7%, compared to FC75+Stimplex, the treatment with the least accumulation. In addition, when the irrigation reduction was 50%, the FC50 treatment presented the highest accumulation, increasing by 91.4% with respect to the treatment with the lowest accumulation, FC50+Stimplex (Figure 1).

These results agree with [14], who reported an increase in biomass of 23.77% when a combination of zinc and chitosan nanoparticles was added, compared to the control without application, and a decrease when only Zn nanoparticles were added, demonstrating the potential of these compounds together. This joint effect is related to the signaling reactions triggered by zinc nanoparticles and chitosan. These reactions include the generation of hormones such as ABA, which influences root architecture, increasing the adaptation of plants to resist water stress [15].

The application of biostimulants did not favor the accumulation of biomass once the plants were subjected to FC at 50% with respect to the control, highlighting the FC50+Codasil and FC50+Osmoplant treatments as viable options when drought stress is severe. This phenomenon was caused by the decrease in stomatal density under severe drought conditions, which in turn affected the photosynthesis cycle, limiting plant growth and decreasing the absorption efficiency of foliar-applied biostimulants [16].

2.2. Yield

Yield is linked to biomass production and the physiological state of the plants, since part of the biomass generated is used for the formation of fruits [17]. In the present study, significant differences in yield were found because of the application of water stress and biostimulants (Figure 2). When the plants were subjected to 75% FC, the treatment that favored fruit production was FC75+NanoZn+Q, with an increase of 107.4% compared to the FC75 treatment and 32.1% compared to FC100 (control, without stress) water and without application of biostimulants). On the other hand, when the plants were subjected to a 50% irrigation reduction, the treatments that were shown to alleviate the effects of stress were FC50+Codasil and FC50+Osmoplant with increases of 76.6% and 59.2%, respectively, compared to FC50. These results show the relationship between total biomass productions (Figure 1) and yield (Figure 2). Treatments with higher biomass production were able to translocate the largest amount of assimilates to the fruits. In addition, the results show the decrease in fruit production when the plant is under conditions of moderate (FC75) and severe (FC50) water stress caused by the decrease in growth parameters such as root (Figure 1) and stem elongation.

Finally, the results agree with [18], who explain that plants subjected to water stress experience an induced deficiency of micronutrients such as Zn, Fe, Mn and Ca, which in vegetative stages are necessary for metabolic processes related to growth and development. The application of Zn in the form of nanoparticles, accompanied by chitosan at the recommended doses (100 pm) [19], improved the accumulation of this micronutrient and, therefore, promoted a higher production through the improvement in the metabolic processes of the plant.

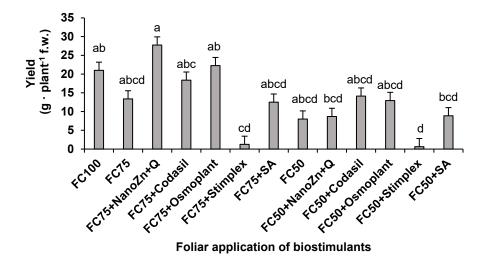


Figure 2. Effect of biostimulant application on yield in green bean plants cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulant application). Means with different letters indicate significant differences according to LSD test (P < 0.05).

2.3. Nitrate reductase activity "in vivo"

The enzyme nitrate reductase (NR) is the first step in the nitrate assimilation process in plants, since it reduces the absorbed nitrate into nitrite, which will later be incorporated into nitrogenous metabolites [20]. In the present study, significant differences were found in the NR activity due to the effect of the application of hydric stress and biostimulants (Figure 3). The treatment that presented the highest activity was FC75+NanoZn+Q, presenting increases of 490.7% with respect to FC75+Stimplex, as the treatment with the lowest activity when the plants were subjected to moderate stress (FC75). Once the amount of water applied was reduced by 50%, the treatments that benefited the most were FC50+Osmoplant, FC50+SA, FC50+NanoZn+Q and FC50+Stimplex, with no significant difference between them, with the highest being FC50 +Osmoplant, increasing 6.8 times with respect to FC50.

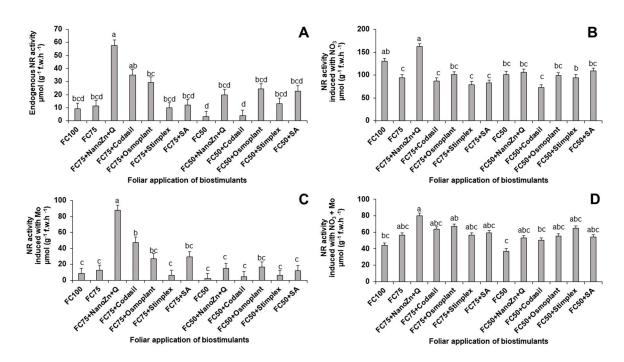


Figure 3. Effect of biostimulant application on NR activity in plants of green bean cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulant application). Means with different letters indicate significant differences according to LSD test (P < 0.05).

The data obtained agree with those found in the variables of biomass (Figure 1) and yield (Figure 2), where the most favored treatment was also FC75+NanoZn+Q. As indicated by [21], the constant application of Zn nanoparticles tends to modify growth, yield, nutritional status and nitrogen assimilation in plants, making these physiological processes more efficient. These changes are due to the high participation of Zn in signaling, enzymatic cofactor and integral maintenance of DNA. In addition, the results agree with what was found by [22], who report that the application of ZnO nanoparticles at doses of 25 and 100 ppm foliar-applied to cucumber crops increased growth, biomass accumulation and decreased the effects of water stress. These results place foliar ZnO nanoparticles as a viable option to mitigate the decrease in the nitrogen assimilation process caused by water stress in green bean plants.

2.4. Photosynthetic pigments

The study of the concentration of photosynthetic pigments in plants is a good indicator of the physiological state of crops [23]. In the present study, significant differences were found in the concentration of photosynthetic pigments due to the application of water stress and biostimulants (Figure 4). When subjecting the plants to a water stress of 25% (FC75), the treatment that showed the highest accumulation of total chlorophyll was FC75+Stimplex, with an increase of 3.23% compared to FC75, without significant difference with FC75+Codasil, FC75+Osmoplant and FC75+SA. Once water stress increased to 50% (FC50), the FC50 treatment obtained the highest values in total chlorophyll.

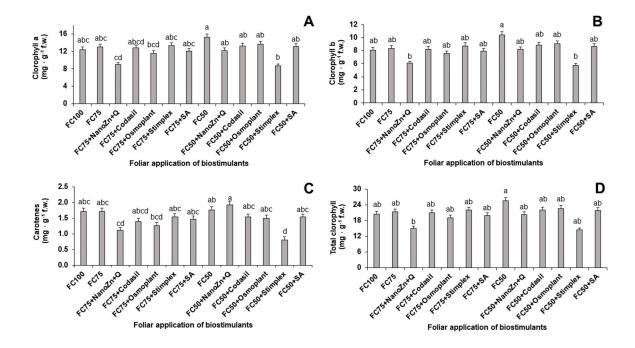


Figure 4. Effect of biostimulant application on chlorophyll a (A), chlorophyll b (B), carotenes (C) and total chlorophyll (D) content in green bean plants cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulant application). Means with different letters indicate significant differences according to LSD test (P < 0.05).

The results obtained are similar to those reported by [24], who indicate that a simulated mild stress had no effect on the chlorophyll content in spinach. Other authors mention that in sage plants

(Salvia officinalis L.) with drought stress induction treated with algae extracts, the concentration of chlorophyll increased [25]. The algae extract used in this experiment had the ability to improve the water relations of the leaves and reduce the closure of the stomata, which reduced the CO2 fixation capacity, and promoted the synthesis of chlorophyll. This explanation agrees with what was obtained in the stomatal conductance parameter (Figure 10), where this treatment was the one that favored the efficiency of this process, facilitating water management through density and stomatal closure. The high concentration of chlorophyll in the FC50 treatment happened due to the development of chlorophylls to make the photosynthetic process more efficient, as explained by [26].

2.5. Chlorophyll index

The chlorophyll index (SPAD) is a rapid and non-destructive method to detect chlorophyll levels in plants and determine their nutritional status [27]. In the present study, significant differences were found in the chlorophyll index because of the application of water stress and biostimulants (Figure 5). The treatment that presented the highest SPAD values when irrigation was restricted by 25% (FC75) was FC75+NanoZn+Q, with an increase of 18.3% compared to FC75 and 10.4% compared to FC100. Similarly, when water stress was 50% water, the treatment that accumulated the highest SPAD value was FC50+NanZn+Q, with an increase of 8.85% with respect to FC50. These values correspond to what was published by [13], who report an increase in SPAD values in bean crops of around 20% when ZnO nanoparticles + chitosan were applied to bean plants. In the same way, [15], reported a similar trend when applying ZnO nanoparticles in eggplant, finding increases in SPAD values with respect to untreated plants, with doses of 50 and 100 ppm.

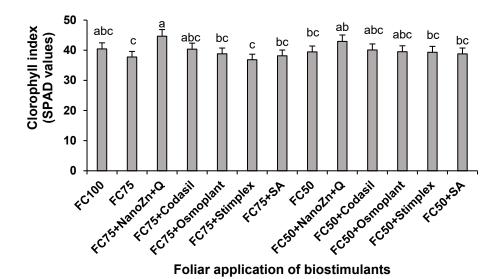


Figure 5. Effect of biostimulant application on the chlorophyll index (SPAD) in green bean plants cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulant application). Means with different letters indicate significant differences according to LSD test (P < 0.05).

The increase in SPAD values (Figure 5), along with yield (Figure 2) and total biomass (Figure 1) values, can be attributed to the role of zinc and chitosan application in maintaining the integrity of the membranes and the efficiency in the absorption of other micronutrients such as copper and boron that are key to inhibit the activity of chlorophyllase and the maintenance of the structure of the chloroplasts [28].

2.6. Amino Acids and Soluble Proteins

Amino acids are precursors of proteins, and both are part of the nitrogen assimilation process, so they are a biochemical indicator of the effectiveness of the applied treatments [29]. In the present study, no significant differences were found in the concentration of soluble amino acids due to the application of water stress and biostimulants (Figure 6). However, the FC75+Stimplex treatment favored the accumulation of amino acids with an increase of 13.8% with respect to FC75 when the plants were subjected to a 25% irrigation reduction. When the irrigation reduction was 50%, the treatment that stood out was FC50+SA, with an increase of 42.3%.

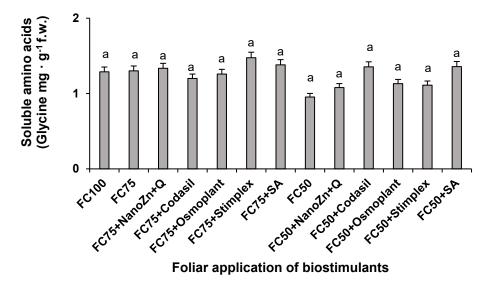


Figure 6. Effect of biostimulant application on soluble amino acid content in green bean plants cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulant application). Means with different letters indicate significant differences according to LSD test (P < 0.05).

According to several authors, this effect was probably due to the composition of the seaweed extracts (*Ascophyllum nodosum* L.), which in addition to containing hormones such as cytokinins and auxins that promote growth, contain protein hydrolysates and free amino acids. In addition to this, the additional source of N provided by the product derived from algae facilitates the assimilation and elaboration of metabolites [30]. [31] indicate that compounds such as amino acids and peptides contained in biostimulants are easily absorbed, increasing their concentration in plants and generating a defense against different types of stress.

Regarding the content of soluble proteins (Figure 7), in the same way the FC75+Stimplex treatment promoted the accumulation when a hydric stress of 25% of water was applied, having an increase of 32.1% with respect to FC75. Similarly, when the field capacity was at 50%, the FC50+Stimplex treatment increased by 37.8% compared to FC50, being the best treatment. These results agree with those obtained by [32], who report an increase in protein content of 25% compared to the control in snap beans cv. Paulista, when algae extracts (*Fucus spiralis* and *Ulva rigida*) were applied foliarly. Several authors have reported the relationship between the application of algae extracts by foliar route and improvement in the assimilation of growth hormones and other metabolites, in turn improving nitrate reductase activity, chlorophyll and protein content [33].

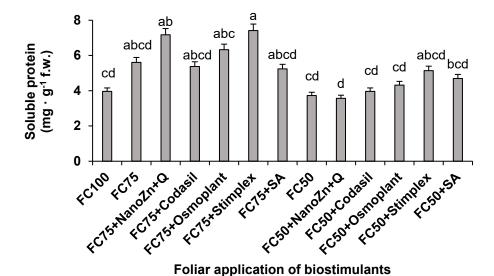
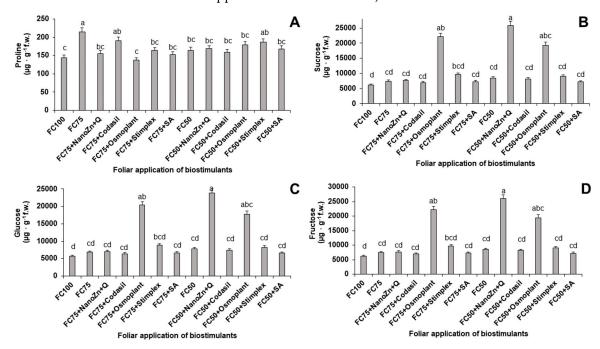


Figure 7. Effect of biostimulant application on soluble protein content in green bean plants cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulant application). Means with different letters indicate significant differences according to LSD test. (P < 0.05).

2.7. Content of proline, sucrose, glucose and fructose

One of the adaptive responses to abiotic stress in plants is the accumulation of compatible osmolytes such as sugars (sucrose and glucose) and amino acids (proline) that help protect cells [34]. In the present study, significant differences were found in the contents of proline, sucrose, glucose and fructose because of the application of hydric stress and biostimulants (Figure 8). Regarding the proline content, the treatment with the highest content was FC75, with an increase of 48.6% compared to FC100, evidencing the state of stress of the plants with a decrease in water to 25%. This increase was 13.9 % when the water application was reduced to 50 % (FC50) with respect to FC100 (control without water stress and without application of biostimulants).



When the amount of water was reduced by 25%, the treatment that decreased the proline content the most was FC75+Osmoplant, with a reduction of 36% compared to FC75. This treatment did not present significant differences (P= 0.05) with respect to FC100, which could indicate a better adaptation to stress in this group of plants. When irrigation was reduced by 50%, the treatment that reduced proline content the most was FC50+Codasil, with a reduction of 2.5%.

These results are similar to those of [35], who indicate that the concentration of proline was higher in plants treated with commercial osmoregulator products compared to those not treated. When stress is induced by salinity or water deficit, the osmotic adjustment is the main response factor [36]. The accumulation of proline in tissues, leaves, could play a protective role in drought conditions, together with osmoregulation. On the other hand, products such as Osmoplant® could mitigate water stress since the treated plants did not accumulate proline in leaves.

The accumulation in the plant of nonstructural carbohydrates such as glucose and its derivatives are a good indicator of the physiological state and stress, because it leads to a decrease in photosynthesis and respiration, which ultimately lead to carbon depletion [37]. In the present study, the treatment that favored the accumulation of sucrose, glucose and fructose when the field capacity was at 75% was FC75+Osmoplant, with increases compared to FC75 of 198% in the three parameters (Figure 6). The treatment that benefited the most in these variables when irrigation decreased by 50% was FC5+NanoZn+Q, which increased by 205.9% compared to FC50.

These results agree with those obtained by [38], who reported that the application of ZnO nanoparticles at a dose of $100~{\rm mg}\cdot{\rm kg}^{-1}$ in pea plants increased the sucrose content by 1.8 times, however, no increases in reducing sugars such as glucose and fructose were recorded. The possible explanation for the increase in the concentrations of non-structural carbohydrates in both FC75+Osmoplant and FC50+NanoZn+Q is due to the participation of these compounds in the response to stress. The plants that showed the best adaptation were those treated with Osmoplant® and ZnO nanoparticles + chitosan, and it has been reported that sucrose, glucose and fructose can contribute to stress-related signaling pathways [39]. Finally, it should be noted that these results are related to those obtained in fluorescence and photosynthetic activity (Figure 10). Previously, it was mentioned that water stress caused a decrease in photosynthesis efficiency, which would explain why the highest fluorescence values were obtained in the FC75+Osmoplant treatment, since the highest rate of electron exchange occurred in this treatment, which in turn triggered the biosynthesis of anti-stress signaling metabolites such as reducing sugars.

2.8. Content of proline, sucrose, glucose and fructose

Organic nitrogen is, together with amino acids and proteins, one of the final products of the nitrogen assimilation process in plants. Therefore, it is a good indicator of the nutritional status of the plant [40]. In the present research work, no significant differences were found (P= 0.05) with respect to the treatments used in the content of organic nitrogen in green bean plants cv. Strike (Figure 9). The treatment that presented the highest organic nitrogen content when the amount of water was reduced by 25% was FC75+Stimplex, with an increase of 6.8% compared to FC75, although not significant. The plants to which an irrigation of 50% of water was applied showed a reduction in the content of organic nitrogen in all the treatments equally. However, the treatment that presented the least reduction and, therefore, the greatest capacity to cope with water stress was FC50+SA, with a reduction of only 0.7%.

As indicated by various authors, the applications of commercial products with *Ascophyllum nodosum* extracts have a beneficial effect on the availability and assimilation of nutrients, including nitrogen [41]. This effect can be attributed to the induction of the expression of glutamine synthetase and nitrate reductase, enzymes that convert inorganic ammonium to organic glutamine and reduce

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nitrate to nitrite, respectively [42]. In the same way, the exogenous application of salicylic acid has been extensively studied in plants with beneficial effects on nitrogen accumulation, related to the increase in glutathione assimilation and content, as well as the increase in the concentration of photosynthetic pigments. Together, this plant response to salicylic acid application results in increased photosynthesis and development under several types of stress [43,44].

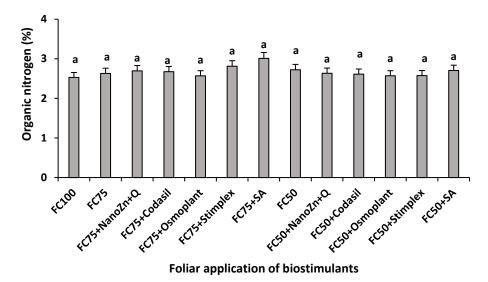


Figure 9. Effect of biostimulants application on organic nitrogen content in green bean plants cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulants application). Means with different letters indicate significant differences according to LSD test (P < 0.05).

2.9. Photosynthetic activity, stomatal conductance, fluorescence and transpiration.

To obtain biomass and production, a correct balance between carbon assimilation and transpiration is necessary. In this process, gas exchange mediated by stomatal closure is decisive for the supply of CO₂, ATP, and NADPH [45]. In the present study, significant differences were found in photosynthetic activity, stomatal conductance, fluorescence and transpiration due to the application of water stress and biostimulants (Figure 10). The highest photosynthetic activity occurred when the amount of irrigation was reduced by 25% in the FC75+SA treatment, with an increase of 13.6% compared to FC75, however, the increase was not significant. On the other hand, when irrigation was reduced by 50%, the treatment that stood out was FC50+Osmoplant, increasing photosynthetic activity by 21.2% compared to FC50 (Figure 10). Regarding stomatal conductance when irrigation was reduced by 25%, the treatment that benefited most was FC75+SA, with an increase of 38.8% compared to FC75. By supplying a 50% irrigation, the 27.8% increase of the FC50+SA treatment with respect to FC50 positioned it as the best treatment.

As the literature indicates, one of the processes most affected by drought is photosynthetic activity, due to the reduction of the photosynthetic area, stomatal closure, the reduction of the synthesis of chlorophyll pigments and the deterioration of the photosynthetic machinery [46]. Within the mechanisms of action of commercial products called osmoregulators is the increase in the efficient use of water, through the restriction of transpiration, closing the stomata and reducing evaporation from the surface of the leaf to avoid the dehydration and preserve turgor [47]. In the same way, the photoprotective effect of salicylic acid could be the reason photosynthetic activity remains stable even though the plant is under drought conditions.

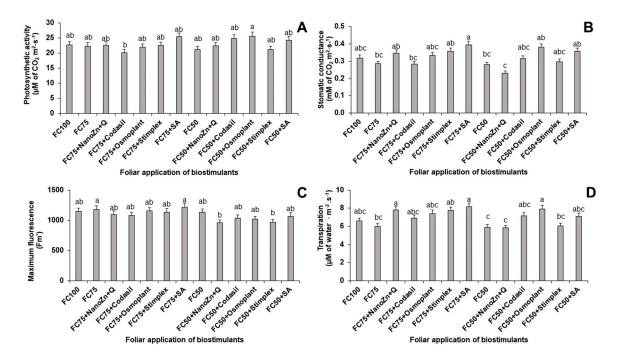


Figure 10. Effect of biostimulants application on photosynthetic activity (A), stomatal conductance (B), fluorescence (C) and transpiration (D) in green bean plants cv. Strike under water stress conditions (FC75 and FC50) and a control (FC100, without water stress and without biostimulants application). Means with different letters indicate significant differences according to LSD test (P <0.05).

On the other hand, these results, together with those obtained in total biomass (Figure 1), yield (Figure 2), total chlorophyll (Figure 4) and chlorophyll index (Figure 5), lead to the conclusion that the application of ZnO nanoparticles + chitosan have a beneficial effect on photosynthetic efficiency, which ultimately led to maintaining this process despite stress conditions due to reduced irrigation and allowed plants to root development and the accumulation of aerial biomass to finally obtain a high yield.

Maximum relative fluorescence quantification (Fm') is another essential element when considering photosynthetic efficiency. The energy that is absorbed by the photosynthetic pigments is sent to the reaction centers of photosystems I (PSI) and II (PSII) for transformation to photochemical energy or dissipated as fluorescence [48]. In the present study, the highest value when the plants were subjected to a 25% decrease in irrigation was presented in the FC75+SA treatment with an increase of 3.4% with respect to FC75. On the other hand, once the amount of water decreased to 50%, the treatment with the highest fluorescence value was FC50, followed by the FC50+SA treatment (Figure 10).

These results agree with what was reported by [49], who found that the application of salicylic acid at a dose of 0.5 mM reduced the adverse effects of drought and increased photosynthetic efficiency. Other authors indicated that although the exogenous application of salicylic acid in broad bean plants improved CO₂ assimilation and chlorophyll content, it did not have significant effects on photoprotective compounds such as chlorophyll fluorescence [50]. The values obtained can be related to the effect of salicylic acid in the protection of the photosynthetic machinery, since, during the light reactions in the leaves, one of the main processes of energy dissipation for the absorption of light by light-harvesting pigments is the fluorescence emission of chlorophyll.

Finally, the treatments with the highest values in transpiration were FC75+SA when irrigation was applied at 75%, with an increase of 36.2%, and FC50+Codasil, when irrigation was applied at 50% (Figure 10). These data agree with what was mentioned above and with the production values obtained. Although the treatment with salicylic acid improved the response to water stress through

an improvement in photosynthetic efficiency, it did not reach the highest values in production and biomass, due to its high rate of transpiration.

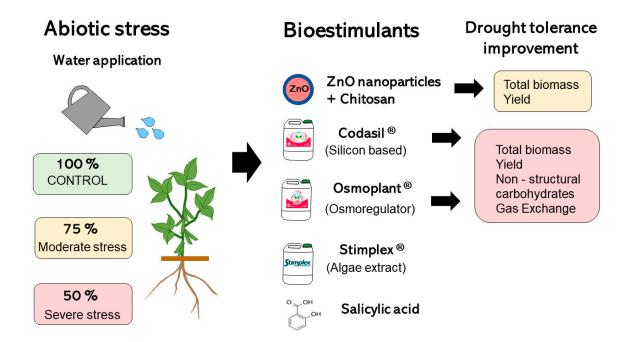


Figure 11. Graphical summary of the treatments applied and the effect on the main variables measured under moderate (FC75) and severe (FC50) stress in ejotero bean plants cv. Strike.

3. Materials and Methods

3.1. Crop management

The experiment was conducted at the facilities of the Food and Development Research Center in Delicias, Chihuahua, Mexico, during the months of August and September 2021. The experiment was established under greenhouse conditions at an average ambient temperature of 30.7 °C. Green bean seeds (*Phaseolus vulgaris* L.) cv. Strike, which were grown in 13.4 L plastic pots (two plants per pot) in a substrate mixture composed of vermiculite and perlite in a 2:1 ratio. The plants were watered with a complete nutrient solution composed of 6 mM NH₄NO₃, 1.6 mM K₂HPO₄, 0.3 mM K₂SO₄, 4 mM CaCl₂, 1.4 mM MgSO₄, 5 μ M Fe-EDDHA, 2 μ M MnSO₄, 0.25 μ M CuSO₄, 0.5 μ M H₃BO₃ and 0.3 μ M Na₂MoO₄ with a pH of 6.0-6.1. The solution was applied depending on the amount of irrigation (100, 75 and 50%).

3.2. Experimental design

A completely randomized design with thirteen treatments and six repetitions was used (Table 1). A control (FC100) was used at 100% field capacity (without water stress and without application of biostimulants). In addition, two water stress treatments were applied: FC75 with a water application restriction of 25% and FC50, with a water application restriction of 50%. Biostimulants were applied via foliar to both water stress conditions: ZnO nanoparticles + chitosan, Codasil®, Osmoplant®, Stimplex® and salicylic acid (Table 1). Biostimulant treatments were applied 15 days after germination and the appearance of the first true leaves. The applications were made foliar, every seven days in a period of two months.

Table 1. Treatment description.

| Percentage of water applied (FC) | Added biostimulant | Doses of added biostimulant | Code |
|--|---------------------|--------------------------------|----------------|
| 100 | - | - | FC100 |
| 75 | - | - | FC75 |
| 75 | Nano ZnO + Chitosan | 100 ppm | FC75+NanoZn+Q |
| 75 | Codasil® | 200 ppm | FC75+Codasil |
| 75 | Osmoplant® | 200 ppm | FC75+Osmoplant |
| 75 | Stimplex® | 200 ppm | FC75+Stimplex |
| 75 | Salicylic Acid | 0.1 mM | FC75+SA |
| 50 | - | - | FC50 |
| 50 | Nano ZnO + Chitosan | 100 ppm | FC50+NanoZn+Q |
| 50 | Codasil® | 200 ppm | FC50+Codasil |
| 50 | Osmoplant® | 200 ppm | FC50+Osmoplant |
| 50 | Stimplex® | 200 ppm | FC50+Stimlex |
| 50 | Salicylic Acid | 0.1 mM | FC50+SA |

Table 2. Chemical composition of biostimulants and doses applied on green bean plants cv. Strike under water stress.

| Bioestimulant | Chemical composition | Doses |
|-------------------|---|----------------------------|
| Codasil ® | Liquid solution with a high | 2 mL/L (Manufacturer's |
| | concentration of soluble silicon | recommendation). |
| | composed of 20% silicon, 4% free amino | |
| | acids and 11.20% potassium. | |
| Osmoplant ® | Liquid solution composed of 6% free | 2 mL/L (Manufacturer's |
| | amino acids, 2.4% nitrogen, and 3.3% | recommendation). |
| | potassium. | |
| Stimplex ® | Liquid solution, composed of | 2 mL/L (Manufacturer's |
| | Ascophyllum nodosum algae extract as its | recommendation). |
| | active ingredient at 0.34%, with a | |
| | formulation of total nitrogen $0.1\ \%$ and | |
| | soluble potassium (K2O) 4.0 %. | |
| Zinc Oxide | < 50 nm, 99.9% | 0.1246 g/L (100 ppm) [13]. |
| Nanoparticles | | |
| Chitosan (Poli-D- | | 2 mL/L [51]. |
| glucosamine) | | |
| Salicylic acid | C7H6O3 | 0.0138 g/1 L |
| | | (0.1 mM) [52]. |

3.3. Plant sampling

Once the plants reached the state of physiological maturity at 60 days of crop development, the plant material was harvested. The collected material was washed with distilled water to remove residues and finally separated into organs (root, stem, leaves and fruit). The samples were divided into fresh and dry material. The fresh material was used for "in vivo" analyses, which included yield, nitrate reductase activity, photosynthetic pigments, amino acids and proteins, and proline, sucrose, glucose and fructose assays. The dry material was used for the quantification of biomass and organic nitrogen content.

3.4.1. Aerial, foliar, root and total biomass

The production of aerial, foliar, root and total biomass of the plant were evaluated separately from the dry weight of the plant. To quantify the weight, an analytical balance (AND HR-120, San José, California, USA) was used, the weights were expressed as grams per plant based on dry weight (g plant d.w.).

3.4.2. Biomass and Yield

The total fresh weight of fruits per plant was quantified. Ripe pods were harvested, and their weight was recorded using an analytical balance (AND HR-120, San José, California, USA). The results are expressed as grams of fresh weight per plant (g plant 1 f.w.).

3.4.3. Nitrate Reductase Activity "in vivo"

Nitrate Reductase (NR) activity "in vivo" (EC 1.6.6.1) was determined using the method proposed by Sánchez et al. (2004). The taleoles of the leaves were cut into 7 mm sections and placed in 10 mL of maceration buffer (100 mM K phosphate buffer, pH 7.5 and 1% (v/v) propanol). The samples were infiltrated at a pressure of 0.8 bar. They were incubated at 30 °C in the dark for 1 h, and finally placed in a boiling water bath to stop NR activity. Then, 1 mL of the enzyme extract was taken and 2 mL of 1% (p/v) sulfanilamide in 1.5 M HCl and 2 mL of 0.02% 1-naphthylenediamine N-dihydrochloride in 0.2 M (p/v) HCl were added. The resulting nitrite concentration was determined by spectrophotometry at 540 nm, against a standard curve of NO₂.

3.4.4. Photosynthetic pigments

For the quantification of photosynthetic pigments, the methodology described by [53] was followed. From the fresh leaf material, specifically from the leaf blade, 7 mm taleole were obtained up to an approximate weight of 0.125 g. Four replicates per treatment were acquired and placed in test tubes. 10 mL of pure methanol (99%) (CH₃COH) were added to each tube and sealed with parafilm tape. It was left to stand in the dark for 24 h. Once this time had elapsed, the samples were shaken and the reading was carried out in a Genesis 10S UV-VIS spectrophotometer (Thermo Scientific, Waltham, Massachusetts, USA) at three wavelengths: 666, 653 and 470 nm. Photosynthetic pigment concentrations were expressed as mg g⁻¹ f.w. and were calculated using the following formulas:

Chl a =
$$[15.65(A666) - 7.34(A653)]$$

Chl b = $[27.05(A653) - 11.21(A666)]$
Carotene = $[(1000*A470) - 2.86(Chl a) - 129.2(Chl b)]/2212.5.7$

3.4.5. Chlorophyll index

For the quantification of the chlorophyll index, a Minolta SPAD 502 chlorophyll reader (Konica Minolta Sensing, Inc., Osaka, Japan) was obtained, which measures "*in situ*" without causing damage to the leaf. Reading is achieved by projecting light through a sheet. The measurement was made on parts free of ribs. The results were expressed as SPAD units [27].

3.4.6. Amino acids and soluble proteins

For the quantification of amino acids and soluble proteins, 0.5 g of fresh plant material were weighed and homogenized in cold 50 mM KH₂PO₄ buffer at pH 7. The sample was centrifuged at 12,000 g for 15 min. The supernatant obtained was obtained for the determination of total amino acids by the ninhydrin method with slight modifications [54]. Total amino acids are expressed as mg g⁻¹

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f.w. The soluble protein content was measured with the Bradford reagent [55] and expressed as mg g^{-1} f.w., using bovine serum albumin as standard.

3.4.7. Proline, sucrose, glucose and fructose assay

The extraction for the determination of the concentration of proline, sucrose, glucose and fructose was conducted following the methodology proposed by [56] with modifications for the experiment proposed by [57]. An amount between 0.25-0.5 of fresh plant material was homogenized with 5 mL of 96% ethanol and, subsequently, two rinses with 5 mL of 70% ethanol were applied. The resulting homogenate was centrifuged at 5,500 rpm for 10 min, and the resulting supernatant was used to determine the concentrations of proline and soluble sugars. The concentration of proline and soluble sugars were expressed as mg g^{-1} f.w.

3.4.8. Organic nitrogen content

An organic elemental analyzer (Thermo Fisher Scientific, FLASH 2000, Massachusetts, United States) was used for total organic nitrogen quantification, following the methodology described by [58], adapted for plant material. 0. 3 mg of the ground plant material was weighed over a soft tin microcontainer on an ultra-microbalance (Mettler Toledo, XP6 Excellence Plus XP, Ohio, United States), to which 9 mg of vanadium pentoxide (V₂O₅) was added and subsequently sealed. The sealed capsules were placed inside the automatic sampler carousel for analysis. The results were expressed as percentage of organic nitrogen (%).

3.4.9. Photosynthetic activity, stomatal conductance, maximum fluorescence and transpiration.

Photosynthetic activity and stomatal conductance were measured in the leaves when the plant reached its physiological maturity, in a time range from 10:00 am to 11:00 am. A portable meter LICOR 6400 (Lincoln, Nebraska, USA) was used, a healthy leaf of homogeneous color and free of damage was selected on each plant. A concentration of 400 μ mol per mol CO₂ was used in the reference cell, while the sample cell was maintained at approximately 380 μ mol per mL CO₂. The air vapor pressure deficit in the sample chamber was less than 1.5 and the temperature of the block that housed the leaf was 25 °C. Photosynthetic activity was expressed as μ M CO₂ m²·s⁻¹, stomatal conductance was reported as mM CO₂ m²·s⁻¹. Transpiration was reported as μ mol H₂O m⁻²·s⁻¹ and maximum chlorophyll fluorescence was expressed as (Fm').

3.5. Statistical analysis

The data obtained were subjected to an analysis of variance and the significant differences in the means were determined by the test of significant differences (LSD) (P < 0.05), using the Statistical Software SAS 9.0.

4. Conclusions

The foliar application of the biostimulants with zinc oxide + chitosan nanoparticles was the foliar treatment that most benefited biomass accumulation and yield in green bean plants cv. Strike at a moderate level of water stress (FC75). When water stress was severe (FC50), with a 50% reduction in water application, the physiological and biochemical responses of the biostimulants used were modified, as well as the adaptive responses by the plant, now being the application of Codasil® and Osmoplant® the treatments that benefited the production and accumulation of biomass. The commercial product Stimplex® increased the accumulation of proteins and amino acids in the plant, however, the content of free sugars had a greater response with the application of zinc nanoparticles and Osmoplant®. A similar trend was found in gas exchange parameters, where, in general, the application of zinc nanoparticles + chitosan and Osmoplant® were the treatments that stood out, demonstrating the importance of osmoregulatory responses and micronutrients such as zinc in the carbon assimilation process. These results could indicate that the use of ZnO nanoparticles accompanied with chitosan can increase tolerance to moderate water stress in green bean plants cv.

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Strike. On the other hand, when water stress is severe, products that focus on osmotic balance such as Osmoplant® and Codasil® are a viable alternative to increase tolerance to this type of stress. Finally, it should be noted that more in-depth studies are required regarding the use of biostimulants in horticulture to elucidate the mechanisms of action at the physiological, biochemical and molecular levels that are involved in relieving and tolerating water stress in plants.

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