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## Article

# Biogenic Amines Profile Characterization in Glioblastoma Patients Undergoing Standard of Care Treatment

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**Abstract:** Introduction: This study aims to characterize changes in biogenic amines patterns in glioblastoma patients undergoing surgery and concurrent chemoradiation to illustrate how this class of metabolites changes during different stages of standard care treatment protocol. Methods: We examined 138 plasma specimens (before surgery, 2 days after surgical resection, before starting concurrent chemoradiation, immediately after chemoradiation, and after adjuvant chemotherapy treatment) from 36 patients with isocitrate dehydrogenase (*IDH*) wildtype glioblastoma. Untargeted GC-TOF mass spectrometry-based metabolomics of biogenic amines was used given its superiority for identifying and quantitating small metabolites; this yielded 340 structurally identified metabolites. Results: Comparing post-surgery to pre-surgery showed increased level of 12 metabolites: Glycodeoxycholic acid ( $P=7.79E-05$ ), Betonicine ( $P=9.23E-05$ ), Glycocholic acid ( $P=3.18E-03$ ), 3-Cysteinylacetaminophen ( $P=4.95E-03$ ), S-Methyl-3-thioacetaminophen ( $P=5.77E-03$ ), Taurocholic acid ( $P=9.97E-03$ ), N-glycine ( $P=0.0013$ ), p-acetamidophenyl.β-D-glucuronide ( $P=0.0048$ ), 2-Hydroxy-5-sulfolpyridine-3-carboxylic acid ( $P=0.0074$ ), Acetaminophen sulfate ( $P=0.0095$ ), 2-Amino-3-methoxybenzoic acid ( $P=0.02$ ), and Dehydrofelodipine ( $P=0.024$ ). There were 11 compounds that were downregulated, which included Mannitol ( $P=1.96E-19$ ), Sorbitol ( $P=2.75E-019$ ), Linoleic acid ( $P=1.51E-10$ ), 1-Methylnicotinamide ( $P=1.78E-09$ ), Nudifloramide ( $P=2.81E-08$ ), Hexadecanedioic acid ( $P=5.49E-05$ ), 3-Hydroxybutyric acid ( $P=0.0002$ ), Riluzole (0.0036), Bupivacaine ( $P=0.0041$ ), Lactitol ( $P=0.008$ ), and 1-hydroxymidazolam.β-D-glucuronide ( $P=0.0414$ ). After chemoradiation, significant decrease was uncovered in Famotidine ( $P=0.0074$ ), N-Isovaleryl glycine ( $P=0.012$ ), and 3-Methylcrotonylglycine ( $P=0.0131$ ). While significant increase was detected in N-Methylisoleucine ( $P=0.0011$ ), 4-Methyl-5-thiazoleethanol ( $P=0.042$ ), and 6-Hydroxycaproic acid ( $P=0.049$ ). Ensemble learning models, specifically random forest (RF) and AdaBoost (AB), accurately classified treatment phases with high accuracy (RF:  $0.81 \pm 0.04$ , AB:  $0.78 \pm 0.05$ ). One significant insight gleaned from these models were that the metabolites Sorbitol and N-methylisoleucine were identified as important predictive features and confirmed by SHAP analysis. Conclusion: To our knowledge, this is the first study to describe plasma biogenic amines signatures during different treatment phases in patients with glioblastoma. A larger study is needed to confirm the results and the potential application of this algorithm for classification of treatment responses.

**Keywords:** glioblastoma; metabolomic profiling; biogenic amines; concurrent chemoradiation

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### Key Points

- Specific biogenic amine level changes are associated with surgery and concurrent chemoradiation.
- Integrating metabolomics with machine learning approaches carries future potential in detecting glioblastoma and its recurrence.
- Validation and mechanistic investigations are needed for clinical translation, benefiting patient management and outcomes.

### Relevance of the Study

Metabolomic alteration is a characteristic of cancer. Biogenic amines can be used as diagnostic and prognostic biomarkers as well as to identify aberrant metabolic pathways, which could lead to new interventional strategies. In the present study, we show specific plasma biogenic amines changes associated with surgery and concurrent chemoradiation therapy in glioblastoma patients undergoing treatment. This could carry future diagnostic potential for early glioblastoma detection or recurrence of disease.

### 1. Introduction

Glioblastoma is the most common primary malignant brain tumor in adults, and universally carries a poor prognosis (Ostrom *et al.*, 2019). First line treatments typically include maximal safe resection, radiation therapy (RT), and chemotherapy using temozolomide (TMZ). This treatment is associated with improvement in 2-year survival rates compared with previous treatments (Stupp *et al.*, 2005). Despite these treatments, glioblastoma universally recurs, and the overall prognosis remains poor with 5 years relative survival rate of 6.6% (Low *et al.*, 2022). These tumors acquire new mutations that result in resistance to treatment (Barthel *et al.*, 2019). Further, these mutations will cause plasma metabolic changes that are detectable by metabolomic techniques at the time of diagnosis of brain tumors (Baranovicova *et al.*, 2019). We have recently reported changes in metabolomic profiles in patients undergoing treatment (Aboud *et al.*, 2023). However, little is known about the changes in the profiles of biogenic amines in patients after concurrent radiation and TMZ.

In this report, we prospectively enrolled a cohort of patients with *isocitrate dehydrogenase (IDH)* wildtype glioblastoma, as defined by the new World Health Organization (WHO) classification and performed untargeted metabolomics for biogenic amines before and after surgery, as well as before and after concurrent chemoradiation. Here, we propose a data-driven approach of integrating metabolomics with machine learning to categorize plasma levels of biogenic amines in glioblastoma patients undergoing standard of care treatment.

### 2. Materials and Methods

#### 2.1. Patients

Thirty-six patients with histopathological confirmed diagnoses of *IDH* wildtype glioblastoma, WHO Grade 4 (Louis *et al.*, 2021) were enrolled into this study. Institutional Review Board of The University of California Davis was obtained along with written informed consents from all patients. We obtained demographic and clinical data for the study subjects via medical record review. Patients received standard-of-care initial treatment with surgical resection, concurrent RT and chemotherapy. Blood samples were collected before surgery (BS), two days after surgery (S), prior to starting radiation therapy (RT), after completing radiation therapy (PRT), as well as after adjuvant chemotherapy treatment (PT).

## 2.2. Biogenic Amines profiling

Untargeted plasma metabolomics by hydrophilic interaction liquid chromatography triple time of flight TTOF mass spectrometry (HILIC-TTOF MS) was performed at the UC Davis West Coast Metabolomics Center. Plasma metabolites extraction has been previously described (Barupal *et al.*, 2019). Metabolite profiling using HILIC-TTOF-MS was performed on the Agilent 1290 UHPLC/Sciex TripleTOF 6600 mass spectrometer under positive and negative ionization mode. Metabolites (injection volume 5  $\mu$ L) were separated using Waters Acquity UPLC BEH Amide column (1.7 $\mu$ m, 2.1 x 150 mm) and a binary mobile phase consisted of 100% LC-MS grade H<sub>2</sub>O with 10 mM Ammonium formate and 0.125% formic acid as solvent A and 95:5 (*v/v*) ACN:H<sub>2</sub>O with 10 mM ammonium formate with 0.125% formic acid as solvent B. Mobile phase was running under gradient conditions with a flow rate of 0.8 mL/min. Column temperature was kept at 45 °C. Data were acquired in data-dependent acquisition mode with a mass range 50-1500 *m/z* for MS1 and 40-1000 *m/z* for MS2.

## 2.3. Raw data processing, metabolite, annotation, and statistical analysis

MS-Dial 4.6 was used for processing the acquired raw LC-MS data including peak-picking, peak alignment and annotation of related peaks (Barupal *et al.*, 2019). Simca P+14 (Sartorius Stedim Data Analytics AB, Umea, Sweden) was used to generate partial least square-discriminative analysis (PLS-DA) score plot. The imported datasets (identified metabolites (*Rt*, *m/z*) pairs with their normalized peak heights were mean centered and auto scaled. MetaboAnalyst 5.0 (McGill University, Montreal, QC, Canada) (<http://www.metaboanalyst.ca>) (Pang *et al.*, 2021) was used to generate heat maps. GraphPad Prism 9 (version 9.5, San Diego, CA) was used to generate volcano plots. The processed peak heights with their annotation were imported to MetaboAnalyst, normalized to the total sample median and auto scaled. Unpaired Student's *t*-Test was used to identify significantly altered metabolites between the compared groups (*p*-value < 0.05 was considered significant). Enrichment analysis was done using the freely available statistical tool ChemRICH (Chemrich.fiehnlab.ucdavis.edu). Individual metabolite abundance comparisons were performed using GraphPad Prism 9 (version 9.5, San Diego, CA).

## 3.2. Machine learning modeling: data pre-processing and machine learning models

### 3.2.1. Dataset

The full dataset consisted of 137 samples after removing one with more than 50% missing biogenic amines. Each sample was associated with one of the five treatment stage classes: pre-surgery, post-surgery, pre-radiation, post-radiation, and post-adjuvant treatment. While splitting the dataset into training and testing sets, we ensured each split was stratified, maintaining the original class distribution. In addition, since multiple samples could be associated with a single patient, we also ensured that samples from the same patient would not appear across different splits. Finally, we use an 80-to-20 split, resulting in 110 and 27 samples for the training and testing sets, respectively (Section 1.1.1 of Supplementary Information).

### 3.2.2. Model selection

We implemented a model selection with Scikit-learn (Pedregosa *et al.*, 2011) to choose the optimal machine learning model for this dataset, where we considered five classifiers: Logistic Regression (LR) (Berkson, 1944), Support Vector Machine (SVM) (Boser *et al.*, 1992), Random Forest (RF) (Breiman, 2001), AdaBoost (AB) (Freund and Schapire, 1995), and Multilayer Perceptron (MLP) (David and James, 1987). For each classifier, we performed a grid search with 5-fold cross-validation to tune the best hyperparameter (Supplementary Table 1). Note that while generating splits for the cross-validation, we ensured that each split was stratified and did not share the same patient, similar to training-testing splits (Section 1.1.2 of Supplementary Information). Finally, for the selected model with the best accuracy, we performed sequential feature selection implemented by MLxtend (Raschka, 2018) to select the most predictive subset of features.

### 3. Results

#### 3.1. Patients

As we reported in our recent publication (Aboud et al., 2023), thirty-six patients with glioblastoma, IDH wildtype (determined by immunohistochemistry), WHO grade 4, were identified in the UC Davis Neuro-Oncology clinic. As MGMT methylation reflects a good prognostic factor (Hegi et al., 2005), we determined that of the 36 patients, 18 had MGMT promoter methylation, 16 were unmethylated, and 2 had unknown methylation status. The cohort consisted of 21 males and 15 females; median age at diagnosis was 63.5 years; median BMI at diagnosis was 28; and 30 patients were self-identified as white (Table 1). All patients underwent surgical intervention at our institution. We collected 36 samples before surgery (BS), 32 samples 2 days after (S), 28 samples just before radiation therapy (RT), 17 samples after the radiation therapy had been completed (PRT), as well as 13 samples after completion of adjuvant chemotherapy (PT).

**Table 1.** Demographics of patients. “BS” pre-surgery sample, “S” two days post-surgery sample, “RT” pre-radiation sample, and “PRT” immediate post-radiation sample “PT” post-treatment sample.

Patient #	Sex	Ethnicity	Age at Dx yr	BMI at Dx	BS	S	RT	PRT	PT
1	M	White	60	40	X	X	X	X	X
2	M	White	72	30	X	X	X		
3	M	Hispanic	43	28	X	X		X	X
4	M	Asian	49	57	X	X		X	
5	F	White	78	23	X	X			
6	M	Hispanic	65	22	X	X		X	X
7	M	White	72	41	X	X	X		
8	M	White	80	24	X	X	X	X	
9	F	White	61	27	X	X	X		
10	F	White	69	25	X	X	X		
11	M	Indian	60	27	X		X	X	X
12	F	White	61	25	X	X	X		
13	F	White	52	27	X	X			
14	M	White	62	30	X	X	X		
15	M	White	69	31	X	X	X	X	X
16	M	White	67	44	X	X			
17	F	White	82	28	X	X	X		
18	F	White	55	29	X	X			
19	M	African American	47	37	X	X	X	X	
20	M	White	63	30	X	X	X	X	X
21	F	White	86	27	X	X	X		
22	F	White	64	31	X	X	X	X	
23	M	White	56	22	X	X	X	X	
24	F	White	69	26	X	X	X	X	X
25	F	NA	69	27	X	X	X		X
26	M	White	64	36	X	X	X	X	X
27	M	White	68	28	X		X	X	
28	M	White	69	28	X	X	X	X	X
29	F	White	58	27	X		X	X	
30	F	white	66	27	X	X	X		
31	M	White	55	28	X	X	X	X	X
32	F	White	60	20	X	X	X		X
33	M	White	58	28	X	X	X		
34	M	White	53	30	X	X	X		X
35	M	White	58	26	X	X	X		
36	M	White	76	35	X				

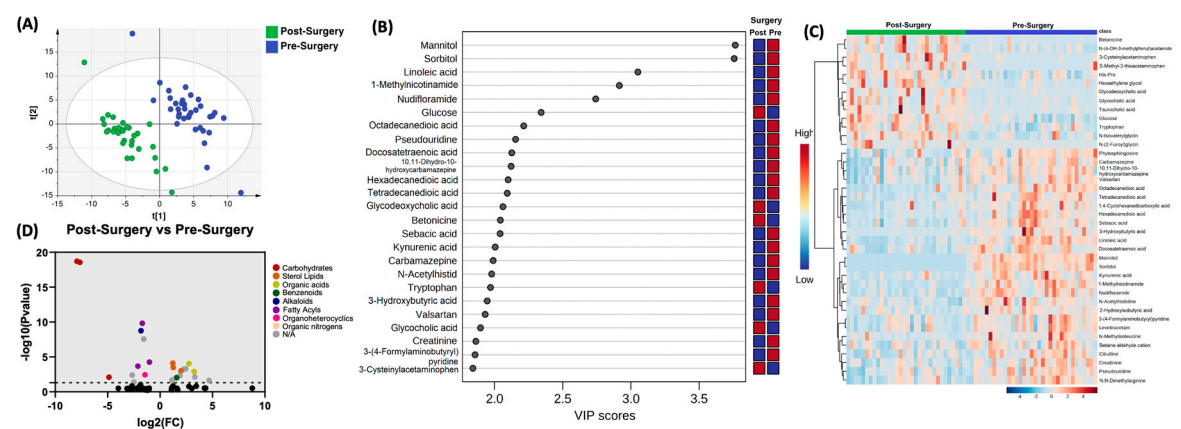
#### 3.2. Biogenic Amines

We identified 340 unique biogenic amines by retention index and mass spectral matching (Fiehn, 2016). We compared samples at four points in patient’s treatment course as follows: the first time point is prior to surgery (BS), the second is post-surgery (S), the third is prior to starting concurrent chemoradiation therapy (RT), after finishing concurrent chemoradiation (PRT), and the last time point after completion of adjuvant chemotherapy (PT).



3.2.1. Post-Surgery versus Pre-Surgery

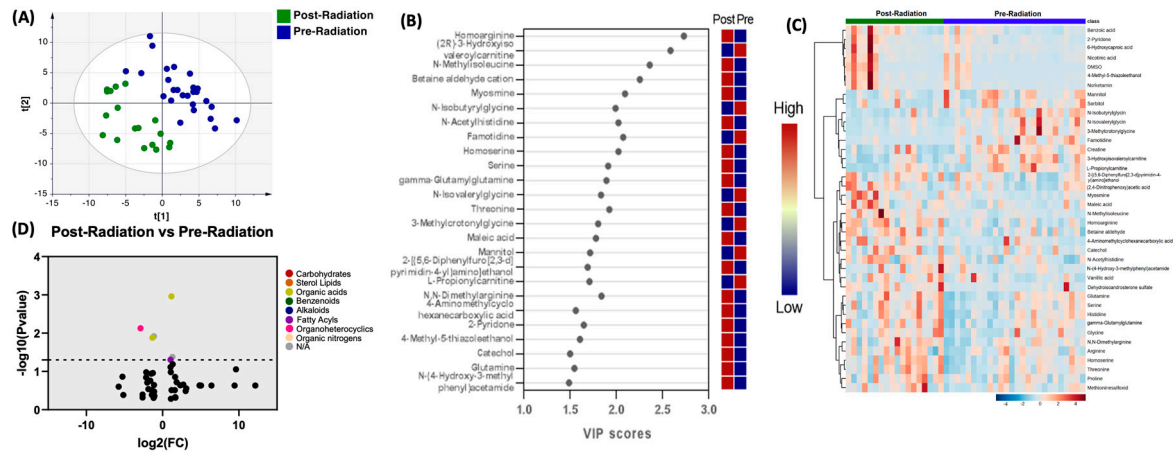
In comparing the profile of biogenic amines post-surgery with pre-surgery, partial least squares-discriminant analysis (PLS-DA) showed two grouped clustering with evidence of separation (Figure 1A). Complete list of significantly altered biogenic amines is available (supplementary table 1). Figure 1B illustrates the 25 metabolites with the highest VIP scores. Figure 1C depicts a heat map of the top 40 significantly altered biogenic amines. Setting the fold change (FC) cutoff at 2 and P value at 0.05 (Figure 1D), there were 12 compounds that were upregulated, which included Glycodeoxycholic acid ( $P=7.79E-05$ ), Betonicine ( $P=9.23E-05$ ), Glycocholic acid ( $P=3.18E-03$ ), 3-Cysteinylacetaminophen ( $P=4.95E-03$ ), S-Methyl-3-thioacetaminophen ( $P=5.77E-03$ ), Taurocholic acid ( $P=9.97E-03$ ), N-glycine ( $P=0.0013$ ), p-acetamidophenyl.β-D-glucuronide ( $P=0.0048$ ), 2-Hydroxy-5-sulfonylpyridine-3-carboxylic acid ( $P=0.0074$ ), acetaminophen sulfate ( $P=0.0095$ ), 2-Amino-3-methoxybenzoic acid ( $P=0.02$ ), and Dehydrofelo-dipine ( $P=0.024$ ). In contrast, there were 11 compounds that were downregulated, which included Mannitol ( $P=1.96E-19$ ), Sorbitol ( $P=2.75E-019$ ), Linoleic acid ( $P=1.51E-10$ ), 1-Methylnicotinamide ( $P=1.78E-09$ ), Nudifloramide ( $P=2.81E-08$ ), Hexadecanedioic acid ( $P=5.49E-05$ ), 3-Hydroxybutyric acid ( $P=0.0002$ ), Riluzole ( $P=0.0036$ ), Bupivacaine ( $P=0.0041$ ), Lactitol ( $P=0.008$ ), and 1-hydroxymidazolam.β-D-glucuronide ( $P=0.0414$ ).



**Figure 1.** Comparison of biogenic amines profile of post-surgery samples vs pre-surgery. (A) partial least squares-discriminant analysis (PLS-DA) showed two grouped clustering with evidence of separation between plasma at pre-surgery (purple) and post-surgery (green). (B) VIP score with the highest 25 metabolites. (C) Heatmap of the top 40 altered metabolites at pre-surgery and post-surgery. Blue indicates decreased peak value and maroon indicates increased peak value of each compound listed. (D) Volcano plot of up regulated biogenic amines (right side) and down regulated biogenic amines (left side) plasma specimens at post-surgery comparing to at pre-surgery using p-value of <0.05 and fold change cutoffs of 2.0, colors correlate with metabolite’s super class.

3.2.2. Post-Radiation versus Pre-Radiation

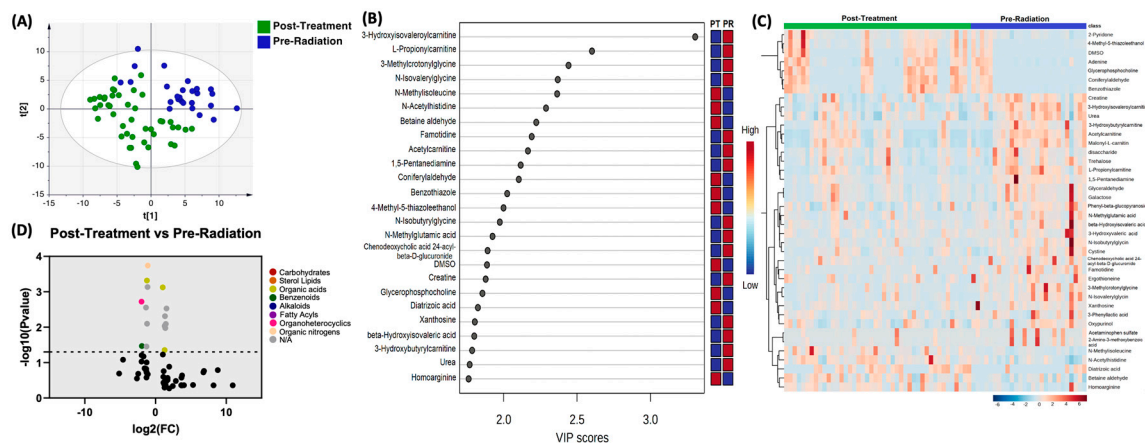
When comparing the profile of biogenic amines post-radiation with pre-radiation, PLS-DA showed two grouped clustering (Figure 2A). Figure 2B illustrates the 25 metabolites with the highest VIP scores. Figure 1C depicts a heat map of the top 40 significantly altered biogenic amines. The complete list of significantly altered biogenic amines is available (supplementary table 2). Setting the FC cutoff at 2 and P value at 0.05 (Figure 2D), Only 3 compounds were upregulated, which included N-Methylisoleucine ( $P=0.0011$ ), 4-Methyl-5-thiazoleethanol ( $P=0.042$ ), and 6-Hydroxycaproic acid ( $P=0.049$ ). Similarly, there were 3 compounds that were downregulated, which included Famotidine ( $P=0.0074$ ), N-Isovaleryl-glycine ( $P=0.012$ ), and 3-Methylcrotonylglycine ( $P=0.0131$ ). Figure 2C depicts a heat map of the top 40 significantly altered biogenic amines (Figure 2C).



**Figure 2.** Comparison of biogenic amines profile of post-radiation samples vs pre-radiation. (A) partial least squares-discriminant analysis (PLS-DA) showed two grouped clustering with evidence of separation between plasma at pre-radiation (purple) and post-radiation (green). (B) VIP score with the highest 25 metabolites. (C) Heatmap of the top 40 altered metabolites at pre-radiation and post-radiation. Blue indicates decreased peak value and maroon indicates increased peak value of each compound listed. (D) Volcano plot of up regulated biogenic amines (right side) and down regulated biogenic amines (left side) in plasma specimens at post-radiation comparing to at pre-radiation using p-value of <0.05 and fold change cutoffs of 2.0, colors correlate with metabolite's super class.

### 3.2.2. Post-Treatment versus Pre-Radiation

Moreover, the profile of biogenic amines post-treatment with pre-radiation were compared, PLS-DA showed two grouped clustering with separation noted (Figure 3A). Complete list of significantly altered biogenic amines is available (supplementary table 3). Figure 3B illustrates the 25 metabolites with the highest VIP scores. Figure 3C depicts a heat map of the top 40 significantly altered biogenic amines. Using the same setting of the FC cutoff at 2 and P value at 0.05 (Figure 3D), there were 7 compounds upregulated, which included N-Methylisoleucine (P=0.0008), Coniferylaldehyde (P=0.003), 4-Methyl-5-thiazoleethanol (P=0.0049), DMSO (P=0.0081), Glycerophosphocholine (P=0.0093), Diatrizoic acid (P=0.011) and Bradykinin (P=0.044). There were 8 compounds that were downregulated, which included L-Propionylcarnitine (P=0.0002), 3-Methylcrotonylglycine (P=0.0005), N-Isovaleryl-glycine (P=0.0007), Famotidine (P=0.0019), 1,5-Pentanediamine (P=0.0028), Chenodeoxycholic acid 24-acyl-beta-D-glucuronide (P=0.008), Acetaminophen sulfate (P=0.035), and 2-Amino-3-methoxybenzoic acid (P=0.035).



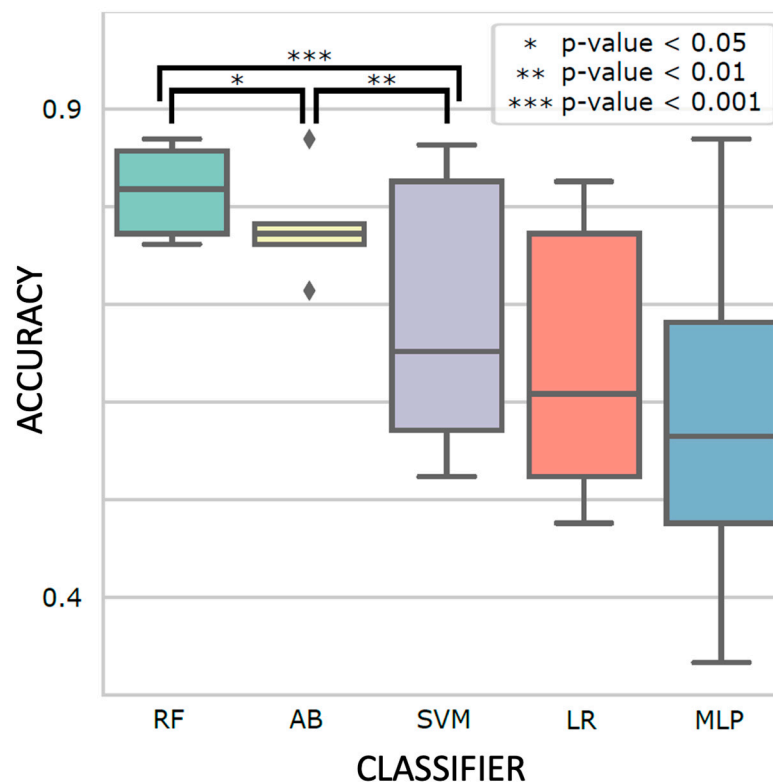
**Figure 3.** Comparison of biogenic amines profile of post-treatment samples vs pre-radiation. (A) partial least squares-discriminant analysis (PLS-DA) showed two grouped clustering with evidence

of separation between plasma at pre-radiation (purple) and post-treatment (green). (B) VIP score with the highest 25 metabolites. (C) Heatmap of the top 40 altered metabolites at pre-radiation and post-radiation. Blue indicates decreased peak value and maroon indicates increased peak value of each compound listed. (D) Volcano plot of up regulated biogenic amines (right side) and down regulated biogenic amines (left side) in plasma specimens at post-treatment comparing to at pre-radiation using p-value of  $<0.05$  and fold change cutoffs of 2.0, colors correlate with metabolite's super class.

### 3.3. Machine learning models for classifying treatment phases.

#### 3.3.1. Ensemble learning accurately predicted patient treatment stages.

Different classifiers with the best-performing hyperparameters are shown in Figure 4. Ensemble learning classifiers, RF and AB, achieved the highest accuracy ( $0.81 \pm 0.04$  and  $0.78 \pm 0.05$ ) and were significantly more accurate than the third best model, SVM ( $0.69 \pm 0.14$ ;  $p$ -value =  $5.9 \times 10^{-5}$  and  $2.9 \times 10^{-3}$ , respectively). Using RF with the optimal hyperparameters (supplementary table 4), we evaluated its performance using the holdout test set. The test accuracy and F1 score are both  $0.81 \pm 0.03$  (Figure 5a) and overall AUPRC and AUROC are 0.87 and 0.96, respectively (Figure 5b-d). Specifically, the model could distinguish *pre-surgery* (AUPRC = 1.0, AUROC = 1.0) and *post-surgery* (AUPRC = 0.99, AUROC = 1.0) plasma samples nearly perfectly while relatively struggling to classify *pre-radiation* (AUPRC = 0.73, AUROC = 0.87) and *post-radiation* (AUPRC = 0.71, AUROC = 0.92) patients. Sequential feature selection selected the 25 (7%) most predictive biogenic amines from the original 340, slightly improving micro-averaged test accuracy and F1 scores (both  $0.82 \pm 0.02$ ; supplementary table 5).

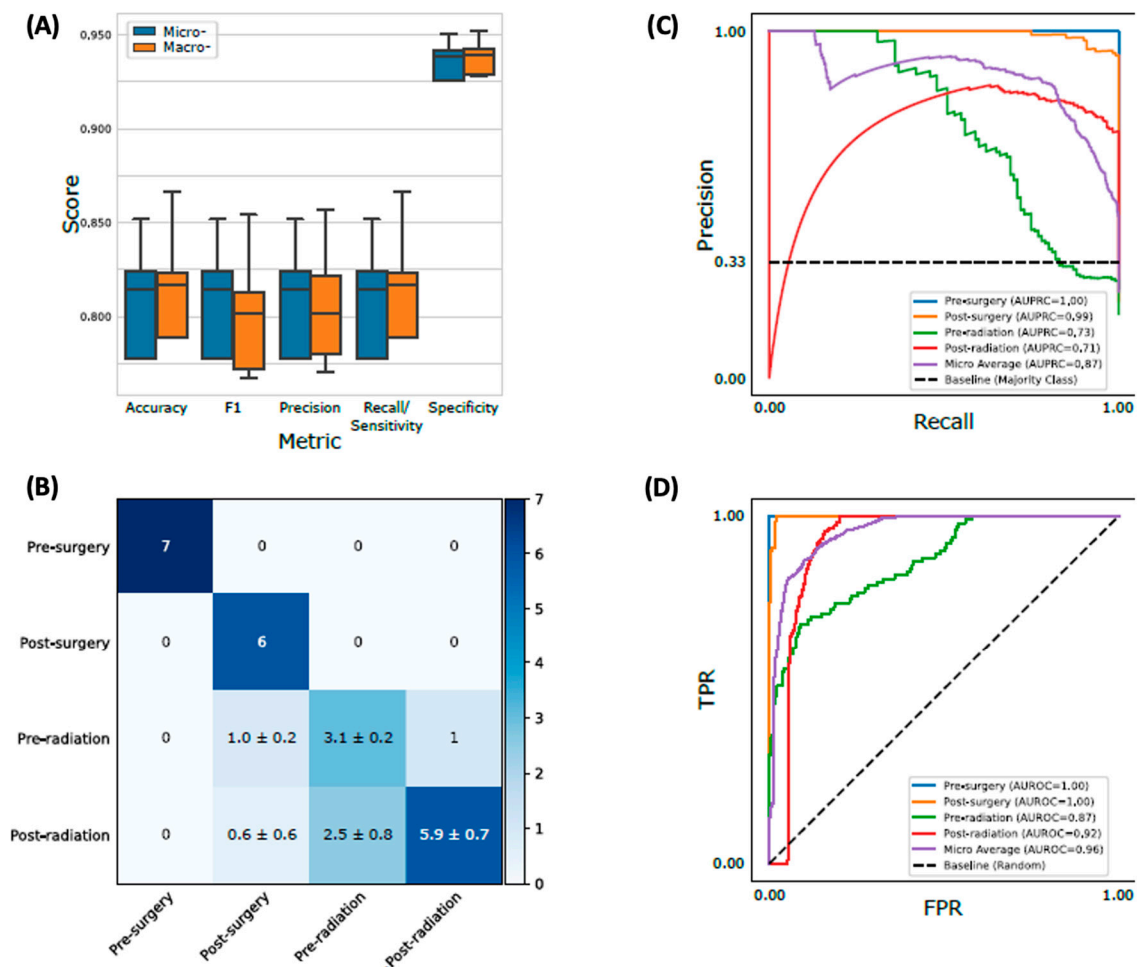


**Figure 4.** Comparison between classifiers Random Forest (RF), AdaBoost (AB), Support Vector Machine (SVM), Logistic Regression (LR), and Multiplayer Perceptron (MLP) on 5-fold cross-validation results. Five independent grid searches were performed for robustness, and the hyperparameter set with the best mean validation accuracy was shown for each classifier (i.e.,  $n = 25$  for each boxplot). The box indicates the interquartile range, the horizontal middle line indicates the median, the diamond indicates an outlier, and the whisker line indicates the range between minimum and maximum, excluding outliers. The  $p$ -values were computed with two-tailed  $t$ -tests.

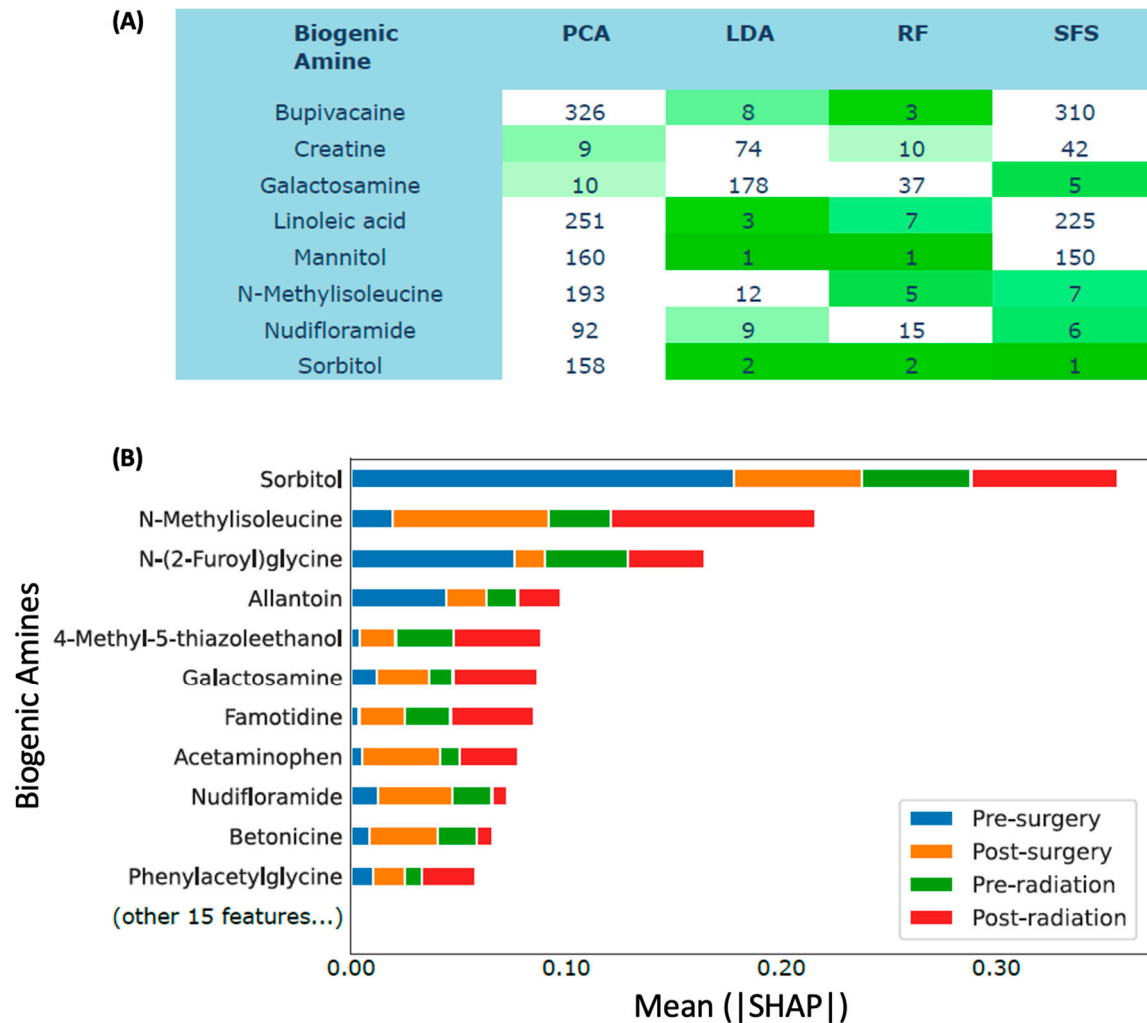


### 3.3.2. Sorbitol and n-methylisoleucine were among the most predictive biogenic amines.

We applied multiple methods to rank the most predictive biogenic amines (supplementary Data 1). We identified eight biogenic amines ranked among the top 10 most important features simultaneously by at least two methods (Figure 6a), which were bupivacaine, creatine, galactosamine, linoleic acid, mannitol, N-methylisoleucine, nudifloramide, and sorbitol. To better understand how biogenic amines affected the classification of patient treatment stages, we applied a model interpretability method called SHAP (Lundberg and Lee, 2017) to our random forest classifier trained with selected features. Again, sorbitol and N-methylisoleucine were the two most important features ( $\text{mean}|SHAP| = 0.36$  and  $0.22$ ), whereas galactosamine and nudifloramide were sixth and ninth, respectively (Figure 6b).



**Figure 5.** Performance evaluation on the testing set for the best model. Random Forest with the best hyperparameter trained with the entire training set was shown. **a** Micro- and macro-averaging of evaluation metrics. Macro-averaging is the average of a metric across different classes, while micro-averaging is the weighted average based on the size of each class. The boxplot consists of 20 points, where each point is a corresponding metric computed from an independent run with different random initialization. **b** Confusion matrix for the best model. The standard deviation was computed from the 20 independent runs. **c, d** Precision-recall (PR) and receiver operating characteristic (ROC) curves. Each curve was plotted by concatenating predictions from the 20 independent runs.



**Figure 6.** Comparison of different feature importance methods. a Biogenic amine feature ranks of Principal Component Analysis (PCA), Linear Discriminant Analysis (LDA), Random Forest (RF), and Sequential Feature Selection (SFS). The table only shows the biogenic amines ranked top 10 by at least two methods. b SHAP values of Random Forest with features selected by SFS. The interpretation of a SHAP value for a tree-based model is that a feature satisfying a split criterion expects to change the output probability by the amount of SHAP value.

#### 4. Discussion

In this study, we demonstrated specific plasma biogenic amines changes associated with treatment in patients with pathologically confirmed *IDH wildtype* glioblastoma. First line treatment for patients with glioblastoma is maximal safe resection, RT, and chemotherapy (Stupp *et al.*, 2005). Patients presenting with tumors of the brain discovered on imaging are usually referred for surgical intervention to provide tumor tissue for histological diagnosis and molecular testing. Furthermore, the extent of resection is an important prognostic factor. While glioblastomas may vary between patients in their molecular features, similar treatment has been applied to the majority of these tumors due to the lack of effective and specific treatment options. Metabolomics provides us a powerful tool to examine plasma metabolites in patients with glioblastoma to potentially identify clinically relevant biomarkers. In particular, little is known about how biogenic amines levels change during early treatment stages like surgery and chemoradiation.

Our study compared prospectively collected blood metabolomics profiles obtained from glioblastoma *IDH wildtype* patients before and after surgical resection, before and after concurrent RT with TMZ chemotherapy, as well as also after their treatment with adjuvant TMZ chemotherapy as per standard of care protocol (Stupp *et al.*, 2005). Obtaining a metabolomic profile for patients may

help in improvement of treatment strategies, and several compound classes such as sugar alcohols were previously detected as markers in other cancers (Ismail *et al.*, 2020).

N-glycine is a nonessential amino acid that belongs to the super class of organic acids. Glycine is biosynthesized in the body from amino acid serine and is involved in the body's production of collagen, hemoglobin, and DNA with the principal function as a precursor to proteins. Glycine and serine both play a role in one carbon metabolism (Xia *et al.*, 2019). Glycine is an inhibitory neurotransmitter in the central nervous system, and this might explain our observation of upregulation of Glycine after surgery. Some studies showed elevated glycine after severe traumatic brain injury, and such an upregulation is thought to be a compensatory mechanism to counteract the excitotoxic impacts of glutamate (Ruppel *et al.*, 2001).

Of note, elevated serum levels of glycine and serine were linked to a protective role in pancreatic cancer (Luu *et al.*, 2022). Kim *et al.* reported an important role for both serine and glycine in glioblastoma cells survival in the "ischemic zones" of gliomas (Kim *et al.*, 2015). Betonicine was another amino acid that we noticed upregulation after surgery in our samples, though its relevance is unclear.

After surgery, certain external substances called exogenous metabolites can be detected. These include p-acetamidophenyl-beta-D-glucuronide, which is a major urinary metabolite of Acetaminophen, and 3-(Cystein-S-yl) acetaminophen, an amino acid with organic acids. Another detected metabolite is acetaminophen sulfate, belonging to the phenylsulfates group of organic acids. Additionally, S-Methyl-3-thioacetaminophen, which is also a metabolite of acetaminophen, is found. These findings are likely linked to the direct administration of medication right after surgery. Similarly, the levels of 2-Hydroxy-5-sulfolopyridine-3-carboxylic acid, Dehydrofelo-dipine, and 2-Amino-3-methoxybenzoic acid increased after surgery, and the last compound's levels decreased after treatment completion. This suggests that these compounds may originate from external sources.

Our results included downregulation of multiple metabolites after surgery, this included metabolites that are related to medications and/or supplements used during and shortly after surgery such as: sugar alcohols including (mannitol, sorbitol, and lactitol) with little significant energy value as they are largely eliminated from the body. Bupivacaine, a long-acting local anesthetic, is only found in individuals that have used or taken this drug. Lastly, 1-hydroxymidazolam-beta-D-glucuronide is the glucuronidated conjugate of a midazolam metabolite.

Lipid metabolism correlates with cell replication, so decreased levels of Linoleic acid may suggest altered cell replication. 1-Methylnicotinamide and Nudifloramide are Pyridine alkaloids with Alkaloids super class. 1-Methylnicotinamide was previously reported to be enriched in T cells infiltrating serous carcinoma (Kilgour *et al.*, 2021). Fatty Acyls such as Hexadecanedioic acid and 3-Hydroxybutyric acid were also downregulated after surgery. The upregulation of sterol lipids including Glycodeoxycholic acid, Glycocholic acid, and Taurocholic acid after surgery could be related, at least in part, to the dysregulated lipid metabolism in glioma (Abdul Rashid *et al.*, 2022). The downregulation of Riluzole, Benzothiazole with Organoheterocyclic compounds super class, is not fully clear as our patients were not on exogenous treatment with Riluzole.

Common metabolites were noted to be upregulated shortly after finishing concurrent chemoradiation therapy and later on after concluding treatment with adjuvant TMZ. One of these metabolites is N-Methylisoleucine which is an isoleucine derivative belonging to the organic acids super class, and there has not previously been reported an association between this metabolite and cancer. Another metabolite that was upregulated is 4-Methyl-5-thiazoleethanol that is a thiazole with Organoheterocyclic compounds super class, this is a natural product that is found outside the cells as well as in the cytoplasm. The hydroxy fatty acid 6-Hydroxycaproic acid was upregulated after concurrent chemoradiation.

Another set of metabolites were noted to be downregulated shortly after finishing concurrent chemoradiation therapy and later after concluding treatment with adjuvant TMZ. This was related to medication changes during treatment such as discontinuing Famotidine (thiazole with Organoheterocyclic super class) after treatment. N-Isovaleryl-glycine, an amino acid natural product of leucine catabolism (Kim *et al.*, 2016), has been associated with multiple diseases including

colorectal cancer although no association has been established with brain tumors. Further, there has not been any reported association of cancer with 3-Methylcrotonylglycine.

After concluding treatment, we noted an increase in Coniferyl aldehyde that is a cinnamic acid with the polyketides super class. This metabolite has been reported to promote re-proliferation of the intestinal epithelium by inhibiting cell death and promoting endothelial cell function (Jeong *et al.*, 2015), though there has not been any reported association with brain tumors. DMSO is probably due to an exogenous source given that it has analgesic and anti-inflammatory properties.

Glycerophosphocholine is an organic phosphoric acid with the organic acids super class. It has a role in choline storage in the cytosol. Glycerophosphocholine has been linked to cancer, with lung cancer tissue having higher levels than adjacent normal tissues (Chen *et al.*, 2011). Furthermore, Melanoma with brain metastasis has higher levels of Glycerophosphocholine (Sjøbakk *et al.*, 2013).

The upregulation of Bradykinin after concluding treatment could be of clinical value as bradykinin was previously reported to promote glioma invasion and cell migration by acting on B2 receptors (Montana and Sontheimer, 2011). The authors of this report propose targeting B2 receptors as a treatment strategy in the future. Upregulation of Diatrizoic acid, which is an organic, iodinated radiopaque X-ray contrast medium used in diagnostic radiography, is likely due to imaging studies performed near sample collection times.

Treatment with temozolomide causes senescence in cancer cells (Mhaidat *et al.*, 2007), which might explain our observation of increased levels of carnitine during treatment. Carnitines have previously been reported to lead to senescence (Yamada *et al.*, 2012) wherein downregulation of L-Propionylcarnitine was seen after finishing treatment with chemotherapy. 1,5-Pentanediamine is a diamines that has previously been reported to inhibit ornithine decarboxylase, which results in the inhibition of neuroblastoma cells and glioma cells to a less extent (Chapman and Glant, 1980). Chenodeoxycholic acid 24-acyl-beta-D-glucuronide, mostly an exogenous metabolite, is a bile acid with the Sterol lipids super class.

Cancer treatment (surgery, radiation therapy, and chemotherapy) in our study samples altered levels in both endogenous and exogenous compounds. The endogenous changes can be rationalized as typical cancer-related compounds, including glycine and serine. This might be interpreted as overflow of oxidative pathways due to aberrant glycolysis, but a more likely explanation may be that these metabolites are likely hexoses. Thus, further confirmation on some of these metabolites is required. Having said that, the full implication of exogenous metabolites in treatment or treatment stage is not fully clear.

Furthermore, ML models, including random forest (RF) and AdaBoost (AB), accurately classified treatment phases, with RF showing the highest accuracy. The RF model successfully distinguished pre-surgery from post-surgery plasma samples, capturing treatment-related metabolic changes. Sorbitol and N-methylisoleucine emerged as important predictive features, consistently ranking highly across multiple methods. SHAP analysis confirmed their significance in treatment stage classification. Notably, sorbitol and N-methylisoleucine, previously unassociated with cancer, hold potential as novel glioblastoma biomarkers. The ML findings complemented statistical analyses, providing further insights into predictive biogenic amines. This integration enhances our understanding of glioblastoma metabolism.

The generalization of our findings is limited by the small sample size and the collection of the samples restricted to one center. An additional external dataset from a broader geographical area would be needed to confirm our results. Second, the study is missing control groups consisting of samples from normal donors. However, comparing metabolites pre-surgery, post-surgery, pre-concurrent chemoradiation, and post concurrent chemoradiation longitudinally in the same patient is considered using every patient as his/her own control in a prospective fashion. Lastly, due to the small sample size, the machine learning models suffer from some degree of overfitting despite our efforts of preventing this. With a larger sample size, however, we believe our machine learning models will be more generalizable. Furthermore, with longitudinal data, we can further apply more sophisticated deep learning models such as RNN, LSTM (Hochreiter and Schmidhuber, 1997), and transformer (Vaswani *et al.*, 2017).



## 5. Conclusions

In our patient population with glioblastoma *IDH wildtype*, we identified several plasma metabolite changes that could be associated with surgery, radiation, and chemotherapy. Validation of these results in a larger cohort and further investigation of the underlying mechanism of these metabolites is still needed. Future validation may provide a guide for diagnosis and monitoring response to treatment.

**Supplementary Materials:** The following supporting information can be downloaded at: [www.mdpi.com/xxx/s1](http://www.mdpi.com/xxx/s1), Supplementary table 1. Table details biogenic amines with significant changes post-surgery vs pre-surgery. Sub class information obtained using Metabolomics Workbench (<https://www.metabolomicsworkbench.org/databases/refmet/index.php>). "NA" lower match score or library match. Supplementary table 2. Table details biogenic amines with significant changes post-radiation vs pre-radiation. Sub class information obtained using Metabolomics Workbench (<https://www.metabolomicsworkbench.org/databases/refmet/index.php>). "NA" lower match score or library match. Supplementary table 3. Table details biogenic amines with significant changes post-treatment vs pre-radiation. Sub class information obtained using Metabolomics Workbench (<https://www.metabolomicsworkbench.org/databases/refmet/index.php>). "NA" lower match score or library match. Supplementary table 4. Model selection pipeline configuration. The pipeline was implemented with the Scikit-learn (Pedregosa *et al.*, 2011) Python library. LR, SVM, RF, AB, and MLP stand for Logistic Regression, Support Vector Machine, Random Forest, AdaBoost, and Multilayer Perceptron, respectively. Features were standardized, except for tree-based models, i.e., RF and AB. Supplementary table 5. Performance of classifiers with the best hyperparameters on the holdout testing set. All metrics were micro-averaged. Mean and standard deviation were computed based on 20 independent training runs with different random seeds. Supplementary Data 1. Feature importance by PCA, LDA, RF, and SFS.

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