

Brief Report

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Posted Date: 15 June 2023

doi: 10.20944/preprints202306.1122.v1

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Brief Report

Detection of Venezuelan Equine Encephalitis Virus from Brain Samples of Equines with Encephalitis

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Simple Summary: In this study, we investigated the presence of Alphavirus in bovines and equines with signs of encephalitis. After comparing four Universal RT-PCR methods and selecting the one best suited for our laboratory conditions, none of the bovine brains tested positive for Alphavirus. However, out of the 30 equine samples, only four were positive using the selected Universal RT-PCR. Through sequencing, we confirmed that only two of these samples belonged to the Venezuelan equine encephalitis virus subtype IE. These samples were isolated in the northern region of Costa Rica. The presence of this virus highlights the importance of ongoing surveillance and understanding of these viruses to implement effective disease control measures under the one health umbrella.

Abstract: Alphavirus species are globally distributed zoonoses, primarily transmitted by arthropods. In Costa Rica, Venezuelan equine encephalitis virus (VEEV) and Eastern equine encephalitis virus (EEEV) are endemic. The objective of this study is to detect these viruses in brain samples from equines displaying nervous signs. For this purpose, four published universal RT-PCR methods were compared. The most sensitive and specific RT-PCR method was used to test a total of 70 brain samples, including 40 from bovines and 30 from equines, all exhibiting nervous signs. In the positive cases, eight different brain regions were extracted and tested using this RT-PCR. Positive cases were confirmed through sequencing. Among the four universal RT-PCR assays, Torii RT-PCR demonstrated the highest sensitivity and specificity for diagnosing VEEV and EEEV. Not all assessed brain regions showed DNA amplification. None of the bovine brains was positive and out of the 30 equine brain samples, only four tested positive, and sequencing confirmed two of these samples as VEEV subtype IE. Torii RT-PCR successfully detected VEEV in pools of the hippocampus, spinal cord, and basal nuclei, making these brain regions suitable for diagnosing this virus. None of the samples were positive for EEEV.

Keywords: alphavirus; Costa Rica; Venezuelan equine encephalitis; RT-PCRs

1. Introduction

The *Alphavirus* genus comprises over 31 species, most of which are zoonotic viruses transmitted by mosquitoes [1]. Outbreaks caused by 30 of these species have had a significant impact on public health in the Americas, including diseases such as Chikungunya, Venezuelan equine encephalitis virus (VEEV), Eastern equine encephalitis virus (EEEV), and Western equine encephalitis virus (WEEV) [2]. Alphaviruses can cause a range of diseases in humans, ranging from flu-like symptoms to arthritis, rashes, and potentially fatal encephalitis [2].

Among the methods for diagnosing *Alphavirus*, polymerase chain reaction (PCR) is a reliable and sensitive technique. Various PCR variants have been modified to reduce costs while maintaining accuracy [3]. Universal PCR is one such variant that can detect virus families or genera by targeting multiple species in a single reaction [4]. Although sequencing of the PCR product is necessary to

determine the specific *Alphavirus* species or strain [5], this methodology allows for the discovery of new Alphaviruses and differentiation between various viral species affecting different hosts [6]. Several universal PCR assays have been published for diagnosing the Alphavirus genus [4,6–9]. However, given the variety of diagnostic options and potential universal primer candidates for *Alphavirus*, it is crucial to properly compare and assess the conditions and limitations of the available sets of universal primers.

In Costa Rica, VEEV and EEEV are endemic [10], while WEEV has not been detected [11]. However, VEEV is more prevalent (35.9%) (confidence interval [CI]: 29.9–42.5) than EEEV (2.8%) (CI: 1.3–5.9) [10]. VEE infection in humans can manifest as fever, headache, vomiting, and diarrhea, which can sometimes be misdiagnosed as dengue fever [12]. Equines, on the other hand, may exhibit symptoms such as weight loss, ataxia, blindness, and even death [13]. The aim of this study is to detect the presence of *Alphavirus* in brain samples collected from 2012 to 2021, including 40 cattle and 30 horses with encephalitis that tested negative for rabies. To achieve this, four Universal RT-PCR methods were compared in order to determine the most sensitive and specific one for detecting *Alphavirus* in these samples.

2. Materials and Methods

Control samples for this study were provided by the Gorgas Memorial Institute of Health. The TC83 VEEV IAB strain and the EEEV/Sinv chimeric virus [14] were propagated in Vero E6 cell cultures. The monolayer of each virus was inoculated at a multiplicity of infection (MOI) of 0.1 in a 150 cm flask containing 15 mL of Dulbecco's Modified Eagle Medium (DMEM) supplemented with 2% fetal bovine serum (FBS). The flasks were incubated at 37°C for one hour, with rocking every 15 minutes to ensure even distribution of the virus. After harvesting, the titers of EEE/Sinv and TC83 were determined to be 1.4×10^8 plaque-forming units per milliliter (PFU/mL) and 7×10^9 PFU/mL, respectively.

Histological analysis was performed on various brain regions that were fixed in formalin, including the spinal cord, medulla oblongata, cerebellum, frontal colliculi, thalamus, hippocampus, occipital cortex, and basal ganglia. This analysis was conducted on a brain sample obtained from an equine with encephalitis, which was collected on October 22, 2015, and had tested positive for VEEV by IgM ELISA. No fixed tissue from these locations was preserved at -80°C for molecular analysis.

The control samples were stored at temperatures between -50°C and -80°C and were extracted using either the magnetic beads method (Applied Biosystems™ (Waltham, MA, USA), MagMAX™ Viral/Pathogen Nucleic Acid Isolation Kit) or the column method DNeasy Blood and Tissue Kit (Qiagen Germantown, MD USA).

To compare the sensitivity of different Universal RT-PCR methods, one RT-PCR and three nested and semi-nested RT-PCRs [6–9] were assessed. These PCR methods were evaluated for their ability to detect varying dilutions of Alphaviruses, ranging from 10^7 PFU/mL to 10^3 PFU/mL for the VEEV TC83 strain and from 10^6 PFU/mL to 10^2 PFU/mL for the EEEV/Sinv chimeric virus. The workflow for the comparison of the Universal RT-PCRs is depicted in Figure 1.

In the Phase I two-step nested RT-PCR, the reverse transcription step was the same for the Grywna, Pfeffer, and Sanchez protocols. The specific details of the reverse transcription master mix can be found in Table S1 of the Supplementary Material. The PCR and nested PCR conditions, including the master mix reactions and thermocycling conditions, for the Grywna, Pfeffer, and Sanchez protocols are provided in Table S2 of the Supplementary Material.

The Grywna protocols were performed using an Applied Biosystems Veriti Thermal Cycler, while other reactions without touchdown protocols were carried out in an Applied Biosystems 2720 Thermal Cycler, (Waltham, MA, USA). In the Grywna protocol, the amplicon of the second round of PCR targeted a region of the NSP4-polyprotein genes, resulting in a 210 bp amplicon. For the Pfeffer protocol, the amplicons were 434 bp and 310 bp for the first RT-PCR and the nested PCR, respectively, targeting the NSP1 gene. The Sanchez protocol produced amplicons of 481 bp and 195 bp for each round, respectively, targeting the NSP4 gene. In all RT-PCRs, water was added as necessary to complete the master mix volume reaction. Visualization of the amplicons was done using a 2%

agarose gel stained with Gel-Red. A molecular weight ladder, specifically the 50 bp GeneRuler™ ladder, was used for size determination. The ladder contained bands ranging from 50 bp to 1000 bp, with the strongest bands corresponding to 250 bp and 500 bp.

In Phase II, the Pfeffer, Sanchez, and Torii protocols were compared in the one-step RT-PCR format. The details of these protocols can be found in Table S3 RT-PCR step of the Pfeffer, Sanchez, and Torii protocols in the Supplementary Material. Specifically, the Torii RT-PCR protocol amplified a fragment of approximately 460 bp in the NS4 gene [6].

In Phase III, the comparison focused on the volume of extraction, specifically using 1 µL and 5 µL volumes. The most sensitive RT-PCR protocol from Phase II was used for this comparison. The samples used in these assays included dilutions of VEEV TC83 (7×10^5 PFU/mL) and EEEV (1.2×10^5 PFU/mL), which were extracted with columns (30 months prior) and stored at -80°C. Additionally, cell culture supernatants of VEEV (5×10^8 PFU/mL) and EEEV/Sinv (4.5×10^6 PFU/mL), were titrated on August 20, 2018 (40 months prior), and were used. These samples had been stored at -80°C and were thawed for testing. Tenfold dilutions were prepared in DNAase and RNAse-free water, and 200 µL of each dilution was extracted using two commercial methods, columns and magnetic beads (Dneasy Blood and Tissue Kit (Qiagen Germantown, MD USA), magnetic beads method with Applied Biosystems™ MagMAX™ Viral/Pathogen Nucleic Acid Isolation Kit (Thermo Fisher Scientific, Waltham, MA USA), and Mag-MAX™-96 Total).

In one equine brain tested positive to VEEV for IgM ELISA, brain tissue samples ranging from 53 mg to 99 mg were collected from 8 identified locations. Pieces of tissue weighing between 20 mg to 25 mg were extracted from these samples using the Dneasy Blood and Tissue Kit (Qiagen Germantown, MD USA), and subsequently eluted in 200 µL of AE buffer. These extracted samples were then subjected to testing using the most suitable RT-PCR method determined in the study.

The brain tissue samples analyzed in the study were collected from a total of 70 animals with signs of encephalitis, including 30 equines and other samples from bovines. The samples were collected between 2012 and 2021 and were stored at temperatures between -20 and -80 °C. The extraction of nucleic acids from the brain tissue samples was performed using either the magnetic beads method with the Applied Biosystems™ MagMAX™ Viral/Pathogen Nucleic Acid Isolation Kit, (Waltham, MA, USA) or the column method with the Dneasy Blood and Tissue Kit (Qiagen Germantown, MD USA).

In the case of amplified positive samples, they were further confirmed through sequencing using the Sanger protocol. Forward and reverse primer reactions were prepared separately, with each reaction containing a 20 µL mixture comprising 0.5x ready reaction premix, 0.5x sequencing buffer, 8 µM forward or reverse primers, and 10 µL of DNA (10-40 ng/µL). The PCR reactions underwent thermal cycling conditions, followed by purification using resin and SAM™ Solution. Depending on the band intensity observed, 10 to 20 µL of the supernatant was transferred to a 96-well plate. The sequencing step was performed using a SeqStudio genetic analyzer from Applied Biosystems™ (Waltham, MA, USA).

Ethics

All samples used in this study were taken according to law 8495 “General Law of the National Animal Health Service”

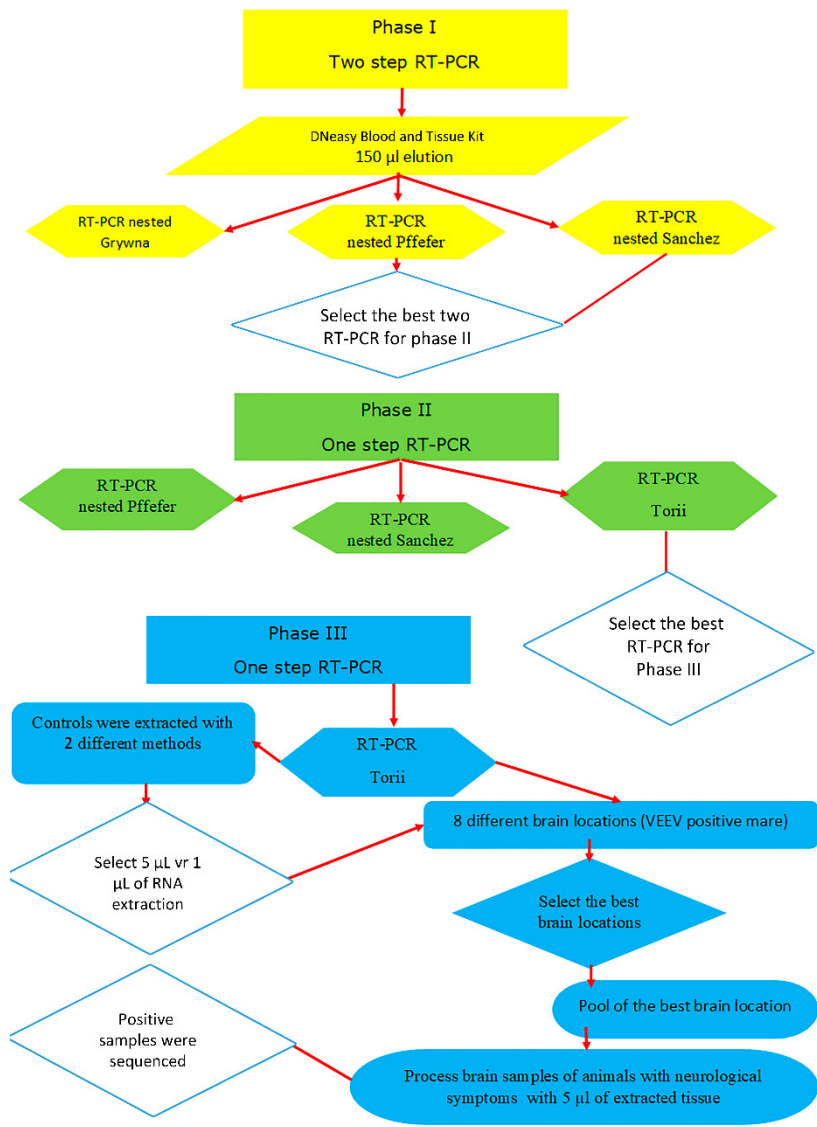


Figure 1. Workflow of the brain samples process.

3. Results

3.1. Phase I universal two-step RT-PCR format

Figure 2 presents the results of the three nested Universal RT-PCR assays, which utilized the same control dilutions of Alphavirus. In Figure 2A, the Grywna nested RT-PCR shows an amplicon size of 210 bp. In Figure 2B, the Pfeiffer nested RT-PCR exhibits positive amplicon bands at 434 bp (first RT-PCR) and 310 bp (second PCR). Figure 2C shows the Sanchez nested RT-PCR, with amplicons at 481 bp (first PCR) and 195 bp (second PCR).

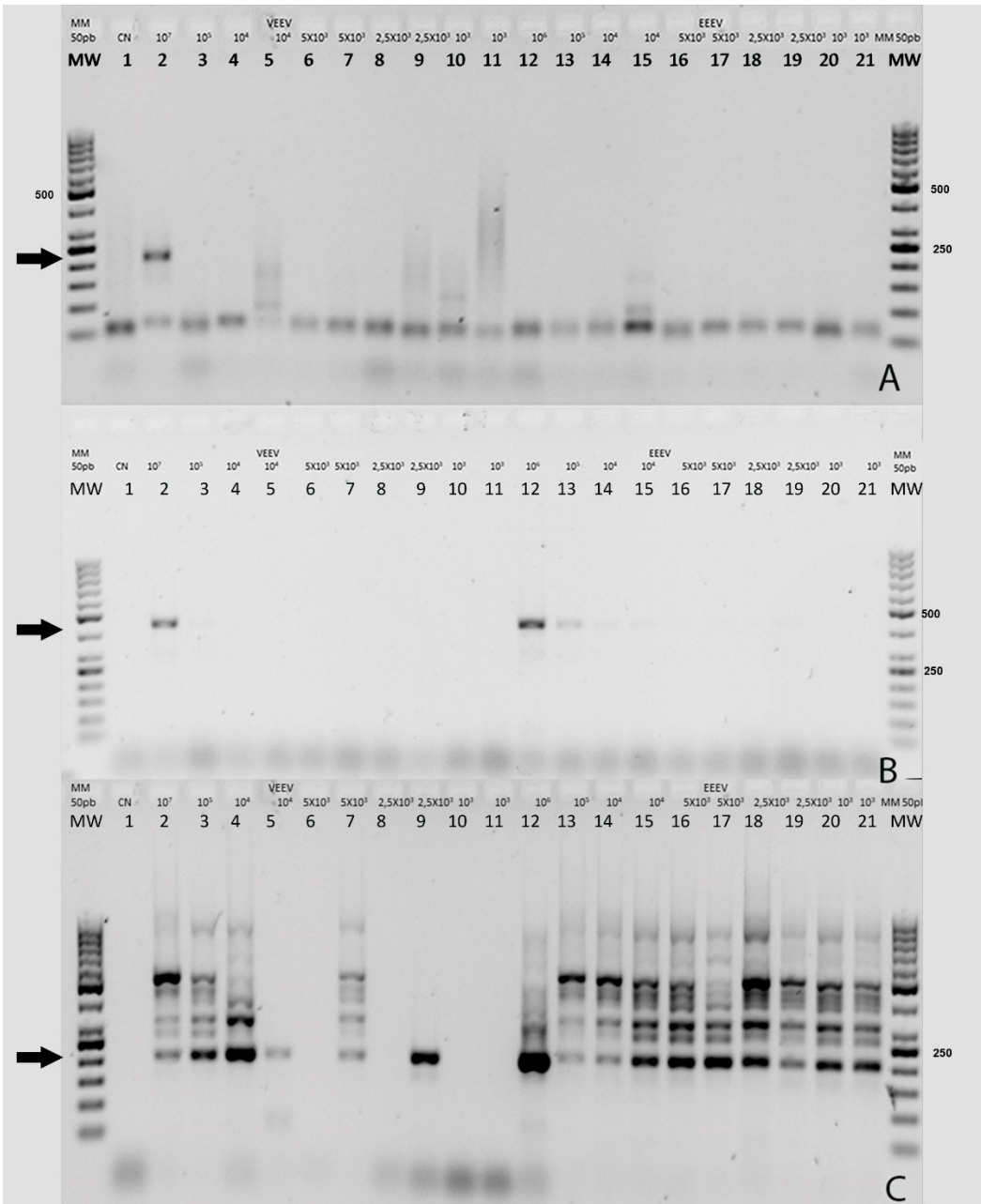


Figure 2.

Figure 2 illustrates the comparison of the three universal nested RT-PCR assays using the two-step format. The molecular weight (MW) ladder is a 50 bp ladder, with the first 5 bands ranging from 50 to 250 bp, followed by bands ranging from 300 bp to 1000 bp. The strongest bands in the ladder correspond to 250 bp and 500 bp. In the figure, lane 1 represents the negative control. Lanes 2 to 11 show VEEV positive controls, with varying concentrations (10^7 , 10^6 , 10^4 , 10^4 , 5×10^3 , 5×10^3 , 2.5×10^3 , 2.5×10^3 , 10^3 , 10^3) expressed in PFU/mL. Lanes 12 to 21 depict the EEEV/Sinv Positive control, with the following concentrations (10^6 , 10^5 , 10^4 , 10^4 , 5×10^3 , 5×10^3 , 2.5×10^3 , 5×10^3 , 10^3 , 10^3) expressed in PFU/mL.

The Grywna nested RT-PCR successfully detected VEEV at a concentration of 10^7 PFU/mL, as evidenced by the presence of a 210 bp band indicated by an arrow. However, lower concentrations of VEEV or any EEEV/Sinv dilutions were not detected (Figure 2A).

The Pfeffer nested RT-PCR demonstrated the ability to detect VEEV at concentrations of 10^7 PFU/mL and 10^6 PFU/mL, as indicated by an arrow at the 434 bp band in the initial RT-PCR. However, no clear bands were observed at the 310 bp band in the nested PCR (Figure 2B).

In the case of the Sanchez nested RT-PCR, a 195 bp band indicated by an arrow was observed in all EEEV/Sinv concentrations. However, this band was not consistently present in all VEEV dilutions. It is important to note that nonspecific bands were also amplified in this assay (Figure 2C). The band observed in lane 13, corresponding to the EEEV/Sinv 10^3 PFU/mL chimeric virus, was confirmed as Sinv through sequencing.

3.2. Phase II Universal one-step RT-PCR format

Figure 3 depicts the comparison of three one-step RT-PCR formats (Pfeffer, Sanchez, and Torii) for detecting two viruses, VEEV and EEEV/Sinv, at various concentrations. The one-step Pfeffer RT-PCR reliably detected VEEV at concentrations of 10^7 and 10^6 PFU/mL, but not at lower concentrations, also detected the EEEV/Sinv concentration from 10^7 PFU/mL to EEEV/Sinv 10^3 PFU/mL. The Sanchez nested RT-PCR successfully detected all dilutions of both viruses, except for one replicate of EEEV/Sinv at 10^3 PFU/mL. The Torii RT-PCR detected all dilutions of both viruses, except for VEEV at 10^3 PFU/mL. The results obtained from the Sanchez nested RT-PCR and Torii RT-PCR were comparable.

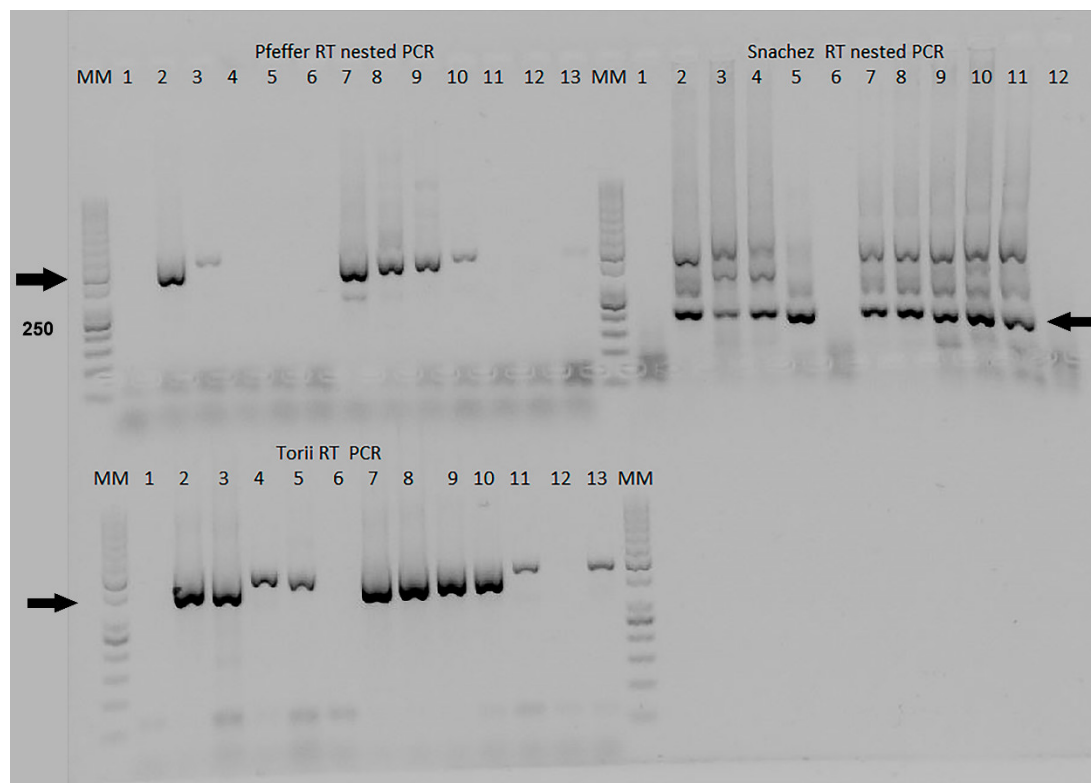


Figure 3. Comparison between Pfeffer RT-PCR nested, Sanchez RT-PCR nested, and Torii RT-PCR all performed in one-step format. The lanes are labeled as follows: Lane 1 represents the negative control, lane 2 shows VEEV 10^7 PFU/mL, lane 3 displays VEEV 10^6 PFU/mL, lane 4 VEEV 10^5 PFU/mL, lane 5 VEEV 10^4 PFU/mL, lane 6 VEEV 10^3 PFU/mL, lane 7 EEEV/Sinv 10^7 PFU/mL, lane 8 EEEV/Sinv 10^6 PFU/mL, lane 9 EEEV/Sinv 10^5 PFU/mL, lane 10 EEEV/Sinv 10^4 PFU/mL, lane 11 EEEV/Sinv 10^3 PFU/mL, lane 12 VEEV 10^3 PFU/mL, lane 13 EEEV/Sinv 10^3 PFU/mL. Sample 13 from the nested Sánchez RT PCR was not dispensed onto the gel due to lack of space.

Considering the sensitivity and specificity of each Universal PCR method for detecting Alphavirus, as well as the time and resources required to complete each protocol, the Torii one-step RT-PCR has been selected for the next phase.

3.3. Brain Tissue samples

No differences were observed when testing 1 μ L or 5 μ L of extracted RNA from control dilutions, as shown in Figures S1A and S1B, respectively.

Figure 4 displays the amplification bands of the four positive equine samples detected in this study out of the 30 equine samples. In Figure 4A, faint DNA bands could be obtained from various regions of the brain of sample LSE9010-15, with the strongest band observed in the hippocampus. Histological analysis of these regions revealed severe non-suppurative encephalitis, characterized by moderate to severe perivascular lymphoplasmacytic infiltrates and moderate gliosis in those locations, consistent with a viral infection. In Figure 4B, a clear band is observed in lane 3 of the gel, representing a pool of frozen tissues extracted from the hippocampus, spinal cord, thalamus, and basal nuclei. This pooled sample corresponds to the same sample used in Figure 4A.

Figure 4C presents the results of sample LSE3841 (collected in 2021), which showed bands in lanes 3 (corresponding to basal nuclei location) and lane 15 (hippocampus), while sample 1LSE1773 brain (2021) displayed a faint band in lane 10 (basal nuclei). The brain sample LSE4488 (2020) exhibited bands in lane 13 (medulla oblongata), lane 15 (basal nuclei), and lane 17 (spinal cord).

None of the brains collected from bovines exhibiting signs of encephalitis tested positive for Alphavirus using the Torii RT-PCR method using 5 μ L.

Out of the four samples found positive for Alphavirus, only two samples were confirmed to be VEEV subtype IE by sequencing. These two samples were isolated in the northern region of Costa Rica.

One of the positive samples, LSE4488 (ON840547 GenBank ID), exhibited a 98.58% similarity to the sequence KC344441, which was isolated in Nicaragua in 1968. Additionally, it displayed a 98.10% of identity to the sequence of sample LSE9010-15 (MK796243) [15], also amplified in this study with Torii RT-PCR.

4. Discussion

Three of the RT-PCR nested and semi-nested assays were validated against several species of the Alphavirus genus [2–4], and the Torii RT-PCR was able to detect a new Alphavirus species in Zambia named Mwinilunga virus [5]. The Grywna et al. protocol was validated using 10 alphaviruses and other RNA viruses. The Pfeffer et al. protocol, on the other hand, was validated using 30 viruses, which included strains from all six VEEV subtypes., while, the Sanchez et al. protocol was validated using 12 viruses. Our intention was not to validate these methods, but rather to verify and evaluate the performance of the assay under our specific laboratory conditions to ensure its accuracy and reliability. Factors such as the design of primers, the selection of target genes, and the conservation of the amplified regions can all impact the sensitivity and specificity of the assay. Additionally, variations in equipment, reaction volumes, and reagents used can also affect the assay's performance. This thorough evaluation helps to ensure that the assay is suitable for the intended purpose of detecting Alphavirus in the brain tissue of animals with encephalitis, providing accurate and reliable results.

It is interesting to note that three of the four Universal RT-PCR assays use the NSP4 gene as a target. In the case of the Grywna test, the limit of detection (LOD) corresponds to 10^4 PFU/ml, ranging from 5 to 100 RNA copies per reaction across all Alphavirus species [9]. Meanwhile, Sanchez's LOD was 5×10^6 PFU/mL for EEEV in the first RT-PCR and 5×10^2 PFU/mL in the nested PCR, corresponding to 1 copy per reaction [7]. No LOD information is available in the Torii manuscript [6]. While the Pfeffer et al. method, targeted the NSP1 gene for its RT-PCR, the LOD was 1.2×10^3 PFU/mL of VEE strain for the first RT-PCR and 1.2 PFU/mL for the semi-nested PCR [8]. The final reaction volume used in this validation was 12.5 μ L, while in the Pfeffer protocol, it was 100 μ L, 50 μ L in Grywna and Sanchez protocols, and 15 μ L in the Torii assay. Of the RT-PCRs only the Sanchez protocol shows several unspecific bands, however, the band corresponding to 195 bp band in the Chimera EEE/SINV was confirmed as Sindbis virus by sequencing, Recombinant Sindbis virus (SINV)/VEEV and SINV/EEEV constructs have been developed to express the immunogenic structural proteins derived from VEEV or EEEV within the less virulent SINV backbone which include the NSPs. We use this

chimeric virus because this approach allowed us to prepare control stocks of the chimeric virus while adhering to the appropriate biosafety guidelines and minimizing potential risks associated with handling VEEV or EEEV during their inoculation in Vero cells.

We observed that VEEV did not amplify in all of the brain locations tested. In studies of Alphavirus replication in mouse brains, histopathological evidence of EEEV damage was detected in the cortex, hippocampus, and thalamus [16]. Conversely, VEEV viral replication in the brains of mice was multifocal and localized in association with brain capillaries [17]. In humans, EEEV produces lesions in the basal ganglia, thalamus, and cerebral cortex, visible by computed tomography (CT) or magnetic resonance imaging (MRI) [18]. In our study, we amplified VEEV RNA in the hippocampus, thalamus basal nuclei, and spinal cord of the equines. We were able to amplify pools of these locations from two positive equines, demonstrating the possibility of using these pools in VEEV diagnosis. Overall, these findings highlight the importance of selecting the correct sampling site in the brain for accurate diagnosis of viral infections. An interesting observation is the presence of nonspecific bands in the Torii RT-PCR when the brain tissue matrix and host DNA are included in the sample. This phenomenon can be attributed to the use of degenerate primers in the Torii et al. protocol. Degenerate primers contain nucleotide positions where multiple possibilities are allowed, increasing the chances of binding to nonspecific DNA sequences.

Despite the seropositive cases of VEEV in Costa Rica ranging from approximately 23% to 36% [10,11], only four out of the 30 equine brains evaluated in this study showed amplification for Alphavirus. Furthermore, only two samples could be sequenced and confirmed as VEEV subtype IE due to the low viral load observed in the other two samples. The challenges of detecting RNA are due to its susceptibility to degradation by multiple freeze and thaw cycles or RNase enzymes present in the tissue. To address this, the volume of RNA extraction was increased to 5 µl in the RT-PCR. Alphaviruses can be diagnosed not only in tissues but also in blood, although viremia is generally detected in blood for only 3 to 6 days after infection [19]. A study used the detection of canine distemper virus (CDV) as an internal control to evaluate the extraction method, RNA degradation, and the presence of PCR inhibitors in bovine brain samples. CDV was detected in all the extracted samples when it was spiked directly into the extraction process but not in all the samples when CDV was spiked directly into the brain tissue sample before RNA extraction, possibly due to rapid CDV RNA degradation in the brain tissue matrix [20]. The autophagy process, which is used by cells to maintain cellular health and homeostasis, may also contribute to the failure of viral RNA detection in tissue samples [21].

We demonstrate that the Torii RT-PCR is well-suited for use in our laboratory conditions, with our reagents (master mix reaction volume, extraction methods), equipment (different thermocyclers, micropipettes), and workflow (one or two RT-PCR steps, different brain locations), it was also inexpensive, faster, sensitive, and specific in comparison with the nested RT-PCRs in the same conditions. It appears that the most suitable tissues for VEEV diagnosis in equines are the hippocampus, basal nuclei, and spinal cord. These specific tissue samples have shown positive amplification of VEEV RNA in our study, indicating their potential for accurate diagnosis of VEEV infection in equines. Finally, we were able to sequence two samples; according to the Basic Local Alignment Search Tool Blast [6] (National Institute of Health, Bethesda, MD USA), both viruses belong to the VEEV subtype IE confirming the endemicity of this subtype at least in the northern provinces of Costa Rica. The presence of this virus highlights the importance of ongoing surveillance and understanding of these viruses to implement effective disease control measures under the one health protocol.

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org.

Funding: Consejo Nacional de Rectores (agreement-VI-177-2012, and agreement-VI-270-2017), University-government cooperation Ministerio de Planificación- Consejo Nacional de Rectores 2017, and PROMOTORA COSTARRICENSE DE INNOVACIÓN E INVESTIGACIÓN, Contrato de Incentivos N° FI-231B-17.

Data Availability Statement: Data availability under request.

Acknowledgments: Sandra Sandra López Vergès, Dpt. of Research in Virology and Biotechnology Gorgas Memorial Research Institute for Health Studies, Panama, and Heidi Wood (Chief, Zoonotic Diseases and Special Pathogens Division), Kai Makowski, at National Microbiology Laboratory, Public Health Agency of Canada / Government of Canada, for supplying positive Alphavirus controls which allow this study. Gabriel Gonzalez, Arturo Molina, reviewing the manuscript, and especially Tracy L Sturgill for also reviewing the manuscript (English structure) and her comments.

Conflicts of Interest: The authors declare no conflict of interest.

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