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Article

# Intermittent and Mild Cold Stimulation Maintains the Immune Function Stability by Increasing the Levels of Intestinal Barrier Genes of Broilers

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Simple Summary: Cold is an important limiting factor in the development of livestock and poultry industry, which has adverse effects on the intestinal barrier and immune function of animals. While appropriate cold stimulation can improve immune function, it remains unclear whether intermittent and mild cold stimulation can improve production performance, intestinal barrier function and stress tolerance by improving immunoglobulins and intestinal barrier genes levels. In the study, broilers were subjected to intermittent and mild cold stimulation and acute cold stress to assess its effects on the production performance, intestinal barrier and immune function. The results indicate that intermittent and mild cold stimulation can improve production performance, the intestinal barrier and ability of broilers to withstand acute cold stress by modulating the levels of intestinal barrier genes and immunoglobulins. We hope to provide a theoretical basis for the development of husbandry in cold environment.

**Abstract:** In order to improve the adaptability of broilers to low-temperature environments and their ability to resist acute cold stress (ACS), 240 one-day-old broilers were selected and randomly divided into three groups. The control treatment (CC) was raised at the conventional feeding temperature from 1-43 days (d), the cold stimulation treatments (CS) were kept at 3 °C below the temperature of CC at 1-d intervals for 3 and 6 hours from 15 to 35 d, namely CS3 and CS6, respectively. Then all broilers were kept at 20 °C from 36 to 43 d. ACS was then carried out at 44 d, and the ambient temperature was dropped to 10 °C for 6 hours. The study investigated the production performance, as well as levels of intestinal barrier genes (including *Claudin-1*, *E-cadherin*, *Occludin*, *ZO-1*, *ZO-2* and *Mucin2*), secretory *IgA* in duodenum and jejunum, and immunoglobulins (*IgA* and *IgG*) in serum. The results showed that IMCS could increase the daily weight gain and decrease the feed conversion ratio. During the IMCS, the expression levels of intestinal barrier genes were up-regulated and the content of secretory *IgA* was increased. When IMCS ceased for one week, the level of immunoglobulins in serum stabilized, and the expression levels of *Occludin*, *ZO-2* and *Mucin2* still maintained high levels. After ACS, broilers that received IMCS training maintained the high levels of intestinal barrier genes and secretory *IgA*.

**Keywords:** broiler; duodenum; jejunum; production performance; intestinal barrier immunoglobulin

### 1. Introduction

Animals living in cold regions often suffer from low temperature that can cause damage to various organs, leading to decreased production performance, compromised immune function, and disrupted internal homeostasis[1-3]. The intestinal tract not only has a role in digesting and absorbing nutrients but also serves as a barrier for protection. It plays an essential role in the immunity[4,5]. The intestinal mucosal barrier is a protective barrier that prevents the loss of water, electrolytes, and the invasion of microorganisms in the lumen[6,7]. The physical intestinal barrier consists mainly of intestinal epithelial cells and tight junctions (TJ)[8]. TJ plays a crucial role in intercellular connections [9,10]. The absence of TJ complex can impair barrier protection function, affecting the intestinal permeability, which can be used as an indicator to evaluate the integrity of intestinal mucosa[11]. Fanning and Krause et al. discovered that Claudins and ZO-1 proteins can regulate epithelial permeability and help maintain the integrity of intestinal barrier[10,12]. The expression levels of Claudin-1 and Occludin can be used as biomarkers to determine the function of intestinal barrier in broilers[13,14]. Stress can inhibit the expression levels of TJ proteins, increase intestinal permeability, destroy the integrity of the intestine, and result in intestinal barrier dysfunction of broilers[15-17]. For instance, heat stress (35 °C) can reduce the levels of TJ proteins and increase the permeability of tight junctions between cells of broilers[18]. Zhao et al. found that low temperature could significantly shorten the villus height of the small intestine of broilers, and seriously damage the intestine[19]. However, appropriate cold or hot stimulation can improve intestinal tightness, thereby enhancing intestinal barrier function. Heat stress (38-39 °C) for 5 days could significantly increase the mRNA levels of TJ proteins in jejunum of broilers [20]. Cold stimulation with an interval of one day, at 3 °C below the conventional temperature could relieve the intestinal damage when were broilers subjected the acute cold stress[21]. Therefore, the impact of environment on organisms is twofold, and reasonable using of environmental stimuli can help to maintain the integrity of intestinal barrier.

Immunoglobulins are crucial effectors of the immune system, and levels of immunoglobulins can vary with changes in the internal and external environment of the body. When environmental changes are excessive, a reduction in the content of immunoglobulin in animal serum can lead to damage to the body. Heat stress (40 °C) for 4 weeks had reduced the IgA and IgG content in serum and affect the development of immune function in broilers[22]. The appropriate cold stimulation can increase the content of immunoglobulin to a certain extent. Mild cold stimulation at 3 °C below the normal feeding temperature can increase the expression of IgA and IgG in the spleen of broilers and activate the innate immune system[23]. After acute cold stress, the content of IgA in the ileum of broilers with cold training was significantly higher than that of broilers without cold training, aiding the body in resisting cold environments[21]. Therefore, the level of immunoglobulin can reflect the immune function of the body.

Low temperature is one of the important factors limiting livestock and poultry industry in northern regions, as cold stress often causes damage to animals. However, reasonable utilization of cold environment can have positive effects. Some studies indicated that proper cold stimulation can enhance the intestinal immunity of broilers[21,23]. It remains unclear whether intermittent and mild cold stimulation (IMCS) can enhance the production performance and intestinal immune function of broilers by enhancing the integrity of intestinal barrier and the levels of immunoglobulins. In the study, broilers were trained with cold stimulation at 3 °C below conventional feeding temperature of every other day, aiming to explore the effect of IMCS on production performance, intestinal barrier and immunity and tried to find out its potential molecular mechanism. We hope to discover a suitable cold stimulation training program to help the body adapt to low-temperature environments, and provide a theoretical basis for the establishment of cold adaptation strategies in poultry production practice in cold regions.

#### 2. Materials and Methods

2.1. Animals and Experimental Design

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Two hundred and forty 1-day old Ross 308 broilers were randomly divided into three groups, each with five replicates containing 16 broilers per replicate. All broilers were reared in battery cages located in climate control rooms. The control group (CC) was raised at the standard feeding temperature, which was maintained at 35 °C for the first 3 days (d) then gradually reduced by 0.5 °C every day until it reached 20 °C on day 35. The feeding temperature of the cold stimulation group (CS) was the same as that of the CC group from 1 to 14 d, and the temperature at one-day intervals from 15-35 d was 3 °C below CC group. The duration of cold stimulation was 3 h (CS3) and 6 h (CS6) respectively. From day 36 to 43, broilers in all three experimental groups were kept at a temperature of 20 °C. On day 44, all broilers were subjected to acute cold stress (ACS) of 10 °C for 6 h starting at 07:00 am. The specific feeding temperature is shown in Figure 1. The relative humidity of the room was kept at 60-70% at 1-14 days and 40-50% at 15-44 days. Throughout the study, the birds were given free access to water and feed. The feed supply included: a commercial starter diet was given for 1-3 weeks (metabolizable energy [ME] of 12.1 MJ/kg and crude protein [CP] of 21.0%) and a commercial growing-finishing diet was given for 4-6 weeks (ME of 12.6 MJ/kg and CP of 19.0%) (Baishicheng Animal Husbandry, Harbin, China). The main composition of the commercial diets included corn, soybean meal, vitamin A, vitamin D3, NaCl, copper sulfate, calcium chloride, choline etc. All procedures performed in the present study were approved by the Institutional Animal Care and Use Committee of Northeast Agriculture University (IACUCNEAU20150616).

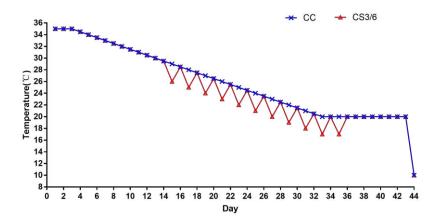


Figure 1. The specific experimental temperature scheme.

#### 2.2. Sample Collection

In this study, four broilers in each group were randomly selected and euthanized for blood, duodenum and jejunum at 22, 36, 43 d and after 6 h of ACS. The duodenum and jejunum were taken out and quickly put into liquid nitrogen, and then transferred to - 80  $^{\circ}$ C until used for RNA extraction. Blood was stewed and centrifuged at 2000 $^{\times}$ g at 4  $^{\circ}$ C for 15min. Then the supernatant was taken out and stored at - 20  $^{\circ}$ C for Elisa detection.

### 2.3. Evaluation of Broiler Production Performance

Five representative broilers from each sample group were randomly selected, and weight gain was recorded on the first day of weeks 3, 4, 5 and 6. Feed addition and surplus of each cage were counted every day. The average of daily weight gain and daily feed intake was recorded. The number of dead broilers was recorded and excluded from the test, and the average value was measured for the remaining broilers. Feed conversion ratio was calculated using the following formula: daily feed intake/daily weight gain.

# 2.4. RNA Extraction and Reverse Transcription

Total RNA from duodenum and jejunum was extracted using Rnaiso plus (Bao Bioengineering Co., Ltd., Dalian, China) according to the instructions. RNA concentration and OD260/OD280 ratio were detected and recorded with an ultramicro spectrophotometer (IMPLEN, p330, Germany). RNA concentration was adjusted to 1  $\mu$  g/ $\mu$  l and the OD value was within the range of 1.8-2.1. Complementary DNA (cDNA)was synthesized by PrimeScript® RT reagent Kit with gDNA Eraser (Perfect Real-Time) (TaKaRa, Shiga, Japan). The specific reaction system is shown in Table 1.

**Table 1.** Reverse transcriptional reaction system.

Reagent	Usage			
5×gDNA Eraser Buffer	2.0μ1			
gDNA Eraser	$1.0\mu$ l			
Total RNA	1μg			
RNase Free dH2O up to	10.0µl			
42 °C Water-bath for 2min				
5×PrimeScript Buffer 2	$4.0\mu$ l			
RT Primer Mix	$1.0\mu$ l			
PrimeScript RT Enzyme Mix	$1.0\mu$ l			
I				
RNase Free dH <sub>2</sub> O	$4.0\mu l$			
37 °C Water-bath for 15 min, then 85 °C Water-bath for 5 s				

# 2.5. Quantitative Real-Time PCR (qRT-PCR) Analysis

Target genes (*Claudin-1, E-cadherin, Occludin, ZO-1, ZO-2, Mucin2*) and reference gene ( $\beta$ -actin) were synthesized by Shanghai Sangong Bioengineering Co., Ltd (Shanghai, China). The primer sequence is shown in Table 2. qRT-RCR was performed on AriaMx Real Time PCR instrument (Agilent, USA) using THUNDERBIRDSYBR qPCR Mix (Toyobo, Japan), following the manufacturer's instructions. The reaction procedure was as follows: 95 °C for 60s, followed by 40 cycles of 95 °C for 15s, and 60 °C for 1min. The relative mRNA levels of target gene were calculated by  $2^{-\Delta\Delta Ct}$  method.

**Table 2.** Gene-special primer sequences used for the study.

Gene	Gene Reference	Primer Sequences (5'-3')	
	Sequence		
β-actin	NM_205518.1	Forward:	
		CACCACAGCCGAGAGAGAAAT	
		Reverse:	
		TGACCATCAGGGAGTTCATAGC	
Claudin-1	NM_001013611.2	Forward:	
		TGGAGGATGACCAGGTGAAGA	
		Reverse: CGAGCCACTCTGTTGCCATA	
E-cadherin	NM 001039258.2	Forward:	
		GACAGGGACATGAGGCAGAA	
		Reverse: GCCGTGACAATGCCATTCTC	

Occludin	NM 205128.1	Forward: TCATCGCCTCCATCGTCTAC
		Reverse: TCTTACTGCGCGTCTTCTGG
ZO-1	XM 413773.4	Forward:
		TGTAGCCACAGCAAGAGGTG
		Reverse: CTGGAATGGCTCCTTGTGGT
ZO-2	XM_025144669.1	Forward: CGGCAGCTATCAGACCACTC
		Reverse:
		CACAGACCAGCAAGCCTACAG
Mucin2	XM_421035	Forward: CAGCACCAACTTCTCAGTTC
		Reverse: TCTGCAGCCACACATTCTTT

# 2.6. Western Blot Analysis

Western and IP cell lysates (Biosharp, Beijing, China) containing 1% PMSF (SparkJade, Harbin, China) were used to extract proteins from duodenum and jejunum. The protein concentration was determined using a BCA protein detection kit (Biosharp, Beijing, China) and adjusted to 4 mg/mL. The methods of western blot according to our previous reports. Briefly, equal amounts of total protein (40 mg/condition) were separated by 10% SDS-PAGE gel (Beyotime, Shanghai, China), and transferred to nitrocellulose membrane with a semi-dry transfer instrument. The membrane was sealed in 5% skimmed milk for 2 hours, and then washed with 1x PBST for three times. The primary antibodies against Claudin-1(1:500, WanleiBio, Shenyang, China), E-cadherin (1:1000, Sangong, Shanghai, China), Occludin (1:1000, Sangong, Shanghai, China) and β-actin (1:9000, Zenbo, Chengdu, China) were incubated with nitrocellulose membrane at 4 °C overnight. After cleaning the membrane with 1x PBST for 3 times, an HRP goat anti-rabbit IgG (1:9000, ABclonal, Wuhan, China) was added and incubated with membrane for 1 hour. The protein bands were washed with 1x PBST for three times, visualized using ECL chemiluminescence kit (Biosharp, Beijing, China) and scanned with the grayscale scanner (CLINX, Shanghai, China). Finally, Image J software (NIH, Bethesda, MD) was used for gray scale analysis. The relative expression levels of proteins were determined by the ratio of the gray value for the target protein to  $\beta$ -actin.

# 2.7. Elisa Detection

The levels of immunoglobulin (*IgA*, *IgG* and *IgM*) in serum of broilers at 22, 36 and 43 d and secretory *IgA* (SIgA) in duodenum and jejunum at day 22, 36, 43 and Y6 were detected by enzymelinked immunosorbent assay (ELISA), according to the instructions provided by the manufacturer (mlbio, Shanghai, China).

# 2.8. Statistics and Analysis

All results were analyzed by IBM SPSS 21.0 software (IBM, Armonk, NY, USA). Kolmogorov-Smirnov was used to test the normal distribution of all data. One-way analysis of variance (ANOVA) with Duncan's multiple comparisons was used to analyze the effect of cold stimulation on production performance, the mRNA expression levels of barrier genes in duodenum and jejunum and the content of immunoglobulin in serum, duodenum and jejunum. The results were expressed as mean  $\pm$  standard deviation (SD), and the significant difference was expressed as P < 0.05.

# 3. Results

# 3.1. Production Performance of Broilers

The effect of IMCS on production performance is shown in Table 3. In CS3 group, feed conversion ratio was significantly lower than that in CC and CS6 groups (P < 0.05). Daily weight gain

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in CS3 group was significantly higher than that in CC and CS6 groups (P < 0.05). No significant difference was observed for daily food intake between CC and CS groups (P > 0.05).

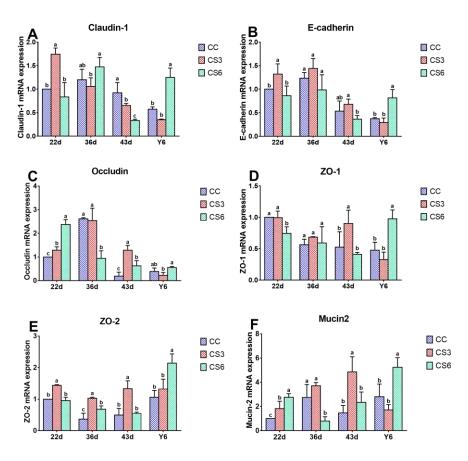
**Table 3.** Effect of IMCS on production performance of broilers.

	CC	CS3	CS6	P value
Feed conversion ratio	2.01±0.07 <sup>a</sup>	1.84±0.06 <sup>b</sup>	1.98±0.07ª	0.000
Daily feed intake (kg)	1.21±0.37a	1.21±0.36ª	1.24±0.40ª	0.163
Daily weight gain (kg)	0.60±0.14 <sup>b</sup>	0.65±0.15ª	0.62±0.14 <sup>b</sup>	0.008

Values are means  $\pm$  SD. Values with different lowercase letters are significantly different (P < 0.05).

#### 3.2. mRNA Levels of Intestinal Barrier Genes in Duodenum

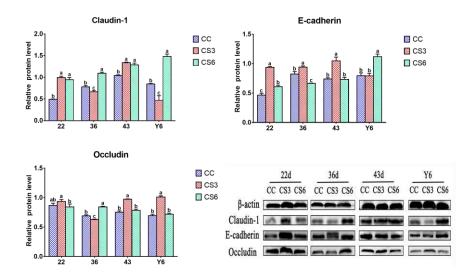
The results of mRNA expression levels of barrier genes in duodenum are shown in Figure 2. At 22 d, the mRNA expression levels of Claudin-1. E-cadherin and ZO-2 in CS3 were significantly higher than those in CC and CS6 (P < 0.05), but there were no significant differences between CC and CS6 (P > 0.05). Compared to CC, the mRNA levels of Occludin and Mucin2 in CS were increased significantly (P < 0.05), and the levels in CS6 were significantly higher than those in CS3 (P < 0.05). A significant increment in ZO-1 mRNA levels was found in the CC and C3 groups when compared to CC treatment (P < 0.05), but no significant difference was found between CC and CS3 (P > 0.05). At day 36, the mRNA levels of Occludin and Mucin2 in CC and CS3 were significantly higher than those in CS6 (P < 0.05), while no significant difference was observed between CC and CS3 groups (P > 0.05). ZO-2 mRNA level was found to be significantly higher in CS than that in CC (P < 0.05), and that in CS3 was significantly higher than that in CS6 (P < 0.05). A significantly increased in Claudin-1 level was found in CS6 compared with CS3 (P < 0.05). The expression levels of other genes were changed slightly (P > 0.05). At 43 d, the mRNA levels of Occludin, ZO-1, ZO-2 and Mucin2 in CS3 were significantly higher than those in CC and CS6 (P < 0.05), and the Occludin mRNA level in CS6 was higher than that in CC (P < 0.05), while no significant difference was observed in other genes (P >0.05). Claudin-1 mRNA level in CC group was significantly higher than that in CS groups (P < 0.05), and that in CS3 group was significantly higher than that in CS6 group (P < 0.05). The level of Ecadherin in CS3 group was significantly up-regulated compared with CS6 group (P < 0.05), but there was no significant difference between CC and CS (P > 0.05). After 6 hours of ACS (Y6), the levels of all genes, except for Occludin in CS6, were significantly increased compared to CC and CS3 (P < 0.05), while CC and CS3 groups had no significant difference (P > 0.05). Moreover, the mRNA level of *Occludin* in CS6 was significantly higher than that in CS3 (P < 0.05).



**Figure 2.** Effects of cold stimulation on mRNA levels of intestinal barrier genes in duodenum. Values are means  $\pm$  SD. Different letters indicate significant differences among the treatment (a, b, c) (P < 0.05). P values among groups are respectively: Claudin-1 (22 d: 0.000; 36 d: 0.076; 43 d: 0.001; Y6: 0.002); E-cadherin (22 d: 0.013; 36 d: 0.133; 43 d: 0.043; Y6: 0.008); O-ccludin (22 d: 0.000; 36 d: 0.009; 43 d: 0.000; Y6: 0.058); O-2 (22 d: 0.003; 36 d: 0.001; 43 d: 0.001; Y6: 0.007); O-2 (22 d: 0.007); O-2 d: 0.007; O-2 d: 0.009; O-3 d: 0.001; 43 d: 0.001; Y6: 0.007); O-2 d: 0.007; O-2 d: 0.009; O-3 d: 0.001; O-3 d: 0.001; O-3 d: 0.001; O-3 d: 0.009; O

### 3.3. Protein Levels of Intestinal Barrier Genes in Duodenum

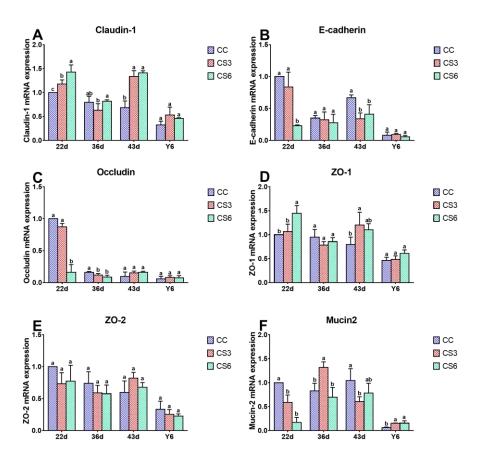
The results of protein expression levels of Claudin-1, Occludin and E-cadherin in duodenum are shown in Figure 3. At 22 d, the protein expression level of Claudin-1 in CS was significantly higher than that in CC (P < 0.05), but there were no significant differences between CS3 and CS6 (P > 0.05). The level of *Occludin* in CS3 was significantly higher than that in CS6 (P < 0.05), but no significant difference was found between CC and CS (P > 0.05). Compared to CC, the protein level of *E-cadherin* in CS was increased significantly (P < 0.05), and that in CS3 was significantly higher than that in CS6 (P < 0.05). At day 36, a significant increment in *Claudin-1* and *Occludin* levels was found in CS6 when compared to CC and CS3 (P < 0.05), and those in CC were significantly higher than those in CS3 (P < 0.05). 0.05). The *E-cadherin* level in CS3 was increased significantly compared to CC and CS6 (P < 0.05), and the level of *E-cadherin* in CC was significantly higher than that in CS6 (P < 0.05). At day 43, compared to CC, the level of Claudin-1 in CS was significantly increased (P < 0.05), but there was no significant difference between CS3 and CS6 (P > 0.05). The protein levels of Occludin and E-cadherin in CS3 were significantly higher than those in CC and CS6 (P < 0.05), while no significant difference was observed between CC and CS groups (P > 0.05). After ACS for 6 h, the levels of Claudin-1 and E-cadherin were significantly increased compared to CC and CS3 (P < 0.05), and the Claudin-1 level in CC was significantly higher than that in CS3 (P < 0.05). The E-cadherin level had no significant difference between CC and CS3 (P > 0.05). A significant increase in Occludin level was observed in CS3 when compared to CC and CS6 (P < 0.05), but there was no significant difference between CC and CS6 (P > 0.05). 0.05).



**Figure 3.** Effects of cold stimulation on protein levels of intestinal barrier genes in duodenum. Values are means  $\pm$  SD. Different letters indicate significant differences among the treatment (a, b, c) (P < 0.05). P values among groups are respectively: Claudin-1 (22 d: 0.000; 36 d: 0.000; 43 d: 0.000; Y6: 0.000); E-cadherin (22 d: 0.000; 36 d: 0.000; 43 d: 0.000; Y6: 0.000); E-cadherin (22 d: 0.009; 36 d: 0.000; 43 d: 0.000; Y6: 0.000).

# 3.4. mRNA Levels of Intestinal Barrier Genes in Jejunum

Figure 4 shows the effect of IMCS and ACS on mRNA levels of barrier genes in jejunum. After seven-day IMCS (at 22 d), the level of Mucin 2mRNA in CC was higher than that in CS (P < 0.05), there was no significant difference between CS groups (P > 0.05). Compared to CS6, a significant increase in the mRNA levels of *E-cadherin* and *Occludin* and a significant decrease in levels of *Claudin*-1 and ZO-1 were found in CC and CS3 (P < 0.05), and Claudin-1 in CS3 was significantly higher than that in CC group (P < 0.05). However, no significant difference between CC and CS3 groups was observed in *E-cadherin*, Occludin and ZO-1 (P > 0.05). The level of ZO-2 was not significantly different among the three groups (P > 0.05). At 36 d, the mRNA level of Occludin in CC was significantly higher than that in CS (P < 0.05), whereas there was no significant difference between CS groups (P > 0.05). Compared with CC and CS6, Mucin 2 level in CS3 exhibited a marked increase (P < 0.05), but there was no significant difference between CC and CS6 (P > 0.05). Claudin-1 mRNA level in CS6 was significantly increased compared to CC (P < 0.05). No significant difference was found for other genes (P > 0.05). At 43 d, compared with CC, the mRNA expression levels of *Claudin-1* in CS and *ZO-1* in CS3 were significantly up-regulated (P < 0.05), while *E-cadherin* in CS and *Mucin2* in CS3 were significantly down-regulated (P < 0.05). There was no significant difference in the levels Claudin-1 and E-cadherin between CS3 and CS6 groups (P > 0.05). After ACS, the mRNA level of Mucin2 in CS was significantly higher than that in CC (P < 0.05), but there was no significant difference in Mucin2 between CS groups (P > 0.05) and other genes among the three groups (P > 0.05).

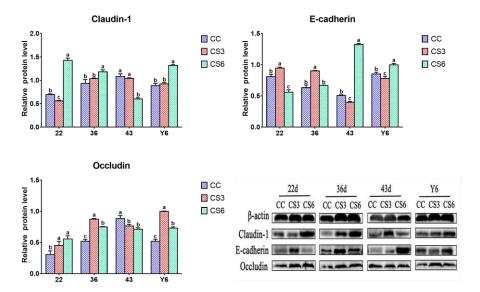


**Figure 4.** Effects of cold stimulation on mRNA levels of intestinal barrier genes in jejunum. Values are means ± SD. Different letters indicate significant differences among the treatment (a, b, c) (*P* < 0.05). *P* values among groups are respectively: *Claudin-1* (22 d: 0.001; 36 d: 0.070; 43 d: 0.000; Y6: 0.282); *E-cadherin* (22 d: 0.002; 36 d: 0.639; 43 d: 0.034; Y6: 0.539); *Occludin* (22 d: 0.000; 36 d: 0.006; 43 d: 0.122; Y6: 0.759); *ZO-1* (22 d: 0.002; 36 d: 0.172; 43 d: 0.039; Y6: 0.188); *ZO-2* (22 d: 0.098; 36 d: 0.382; 43 d: 0.159; Y6: 0.453); *Mucin2* (22 d: 0.000; 36 d: 0.023; 43 d: 0.111; Y6: 0.032).

### 3.5. Protein Levels of Intestinal Barrier Genes in Jejunum

Figure 5 shows the effect of IMCS and ACS on protein levels of barrier genes in jejunum. At 22 d, the level of Claudin-1 in CS6 was higher than in CC and CS3 (P < 0.05), and that in CC was significantly higher than that in CS3 (P < 0.05). The Occludin level in CS was significantly higher than that in CC (P < 0.05), there was no significant difference between CS3 and CS6 (P > 0.05). Compared to CC and CS6, a significant increase in the protein levels of *E-cadherin* was found in CS3 (P < 0.05), and the *E-cadherin* level in CC was significantly higher than that in CS6 (*P* < 0.05). At 36 d, the *Claudin*-1 level in CS6 was significantly higher than that in CC and CS3 (P < 0.05), and no significant difference was found between CC and CS3 (P > 0.05). The levels of Occludin and E-cadherin in CS3 were significantly higher than those in CC and CS6 (P < 0.05), and Occludin level in CS6 was significantly higher than that in CC (P < 0.05), but no significant difference was observed in *E-cadherin* between CC and CS6 (P > 0.05). At 43 d, the *Claudin-1* level in CC and CS3 was significantly higher than that in CS6 (P < 0.05), there was no significant difference between CC and CS3 (P > 0.05). The level of Occludin in CC was significantly increased compared to CS (P < 0.05), and the Occludin level between CS had no significant difference (P > 0.05). The level of *E-cadherin* in CS6 was significantly higher than that in CC and CS3 (P < 0.05), and that in CC was significantly higher than that in CS3 (P < 0.05). After ACS for 6 h, the levels of Claudin-1 and E-cadherin in CS6 were significantly increased compared to CC and CS3 (P < 0.05), and the *E-cadherin* level in CC was significantly higher than that in CS3 (P < 0.05) 0.05), but no significant difference was observed in Claudin-1 between CC and CS3 (P > 0.05). The

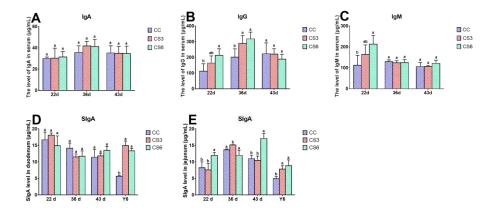
level of *Occludin* in CS was significantly increased compared to CC (P < 0.05), and that in CS3 was significantly higher than that in CS6 (P < 0.05).



**Figure 5.** Effects of cold stimulation on protein levels of intestinal barrier genes in jejunum. Values are means  $\pm$  SD. Different letters indicate significant differences among the treatment (a, b, c) (P < 0.05). P values among groups are respectively: Claudin-1 (22 d: 0.000; 36 d: 0.004; 43 d: 0.000; Y6: 0.000); E-cadherin (22 d: 0.000; 36 d: 0.000; 43 d: 0.000; Y6: 0.000); E-cadherin (22 d: 0.006; 36 d: 0.000; 43 d: 0.003; Y6: 0.000).

# 3.6. Levels of Immunoglobulin in Serum, Duodenum and Jejunum

The effect of IMCS and ACS on the content of immunoglobulin in serum (6A-6C), duodenum and jejunum (6D-6E) is shown in Figure 6. At 22 d, the contents of IgG and IgM in serum in CS6 were significantly higher than those in CC (P < 0.05), and those in CS3 were higher than those in CC, but the difference was not significant (P > 0.05). The level of SIgA in jejunum in CS6 was significantly higher than that in CC and CS3 (P < 0.05), but CC and CS3 had no significant difference (P > 0.05). There was no significant difference in content of IgA in serum and SIgA in duodenum among the three groups (P > 0.05). At 36 d, the content of IgG in CS was significantly higher than that in CC (P < 0.05), but CS3 and CS6 had no significant difference (P > 0.05). The contents of SIgA in jejunum in CC and CS6 were significantly lower than those in CS3 (P < 0.05). There was no significant difference in the contents of IgA, IgM in serum and SIgA in duodenum among the three groups (P > 0.05). At 43 d, the contents of immunoglobulin except for SIgA in jejunum were not significantly different among the three groups (P > 0.05). The content of SIgA in jejunum in CS6 was significantly higher than that in CC and CS3 (P < 0.05). After ACS for 6 h, the content of SIgA in duodenum and jejunum in CS was significantly higher than that in CC (P < 0.05), but there was no significant difference in duodenum among the three groups (P > 0.05).



**Figure 6.** Effects of IMCS and ACS on the content of immunoglobulin in serum, duodenum and jejunum. Values are means  $\pm$  SD. Different letters indicate significant differences among the treatment (a, b) (P < 0.05). P values among groups are respectively: IgA (22 d: 0.938; 36 d: 0.316; 43 d: 0.991); IgG (22 d: 0.035; 36 d: 0.022; 43 d: 0.560); IgM (22 d: 0.035; 36 d: 0.770; 43 d: 0.263); SIgA in duodenum (22 d: 0.367; 36 d: 0.106; 43 d: 0.304; Y6: 0.015); SIgA in jejunum (22 d: 0.167; 36 d: 0.019; 43 d: 0.105; Y6: 0.019).

#### 4. Discussion

Environmental temperature is one of the most important factors affecting broiler production performance, including egg production, food intake, weight gain and ketone body quality[3,24,25]. Low temperature environment leads to significantly decreased body weight gain, pectoral weight and thigh muscle weight of broilers[26]. However, appropriate cold stimulation would prevent adverse effects on production performance. Blahova et al. found that after 20 days of cold stimulation (4-13 °C), no significant difference was found in body weight gain of broilers in the control group and cold stress group[27]. Moreover, Shinder et al. reported that the survival rate of broilers significantly increased after exposure to repeated short-term cold training[28]. The above results were similar to ours. In the present study, the difference in daily feed intake between CC and CS groups was not significant, which may due to the fact that cold stimulation (3 °C below feeding temperature of CC group) was relatively mild. Broilers can adapt to the environment by exerting thermoregulation, without the need for increasing daily feed intake to increase heat production. The daily weight gain of broilers in CS3 group was significantly higher than that of CC and CS6 groups, but no significant difference was observed between CC and CS6 groups; this could be partly explained by the fact that IMCS applied for 3 h increased daily weight gain by increasing fat accumulation, whereas IMCS applied for 6 h would eliminate the accumulation effect observed in broilers submitted to ICMS for 3 h. Feed conversion ratio in broilers of the CS3 group was lower than that of CC and CS6 groups, and no difference was observed in daily feed intake among all groups, although daily weight gain of broilers in CS3 group increased. Collectively, the results showed that appropriate cold stimulation could increase the production performance of broilers.

TJ is the most important connection between intestinal cells. TJ only allows small molecules to pass through and hinders the passage of macromolecules and microorganisms, which plays an important role in maintaining the integrity of mucosa and the stability of barrier function[9,10]. In the present study, at the beginning of CS (22d), the mRNA and protein levels of *Claudin-1* and *Occludin* in duodenum in CS3 and that of *Claudin-1* in jejunum in CS6 were up-regulated, to resist the influence of cold stimulation on intestinal mucosa. When the IMCS ended (36d), the protein levels of *Claudin-1* in CS6 in duodenum and jejunum and that of *Occludin* in CS3 in jejunum were increased. The results indicated that the 21-day IMCS training at a temperature of 3 °C below ambient temperature could not cause damage to the intestinal mucosa, and could promote the expression and reasonable distribution of intestinal TJ to a certain extent, thus maintaining the integrity of the mucosa and the stability of the intestinal barrier function. The protein level of *Occludin* in Caco-2 cells was increased after heat stress (39 or 41 °C)[29]. A study showed that the level of *Occludin* in jejunum

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of broilers was significantly increased after cold stimulation at 16 °C for 72 h[30], which were consistent with our results. ZO-1 is the key to the polymerization of Claudins [31]. In the study, one week after IMCS (43d), the mRNA levels of ZO-1 and ZO-2 in the duodenum and jejunum of CS3 group were increased, proving that IMCS could promote Claudins polymerization by increasing the expression levels of ZO-1 and ZO-2, making the intestinal barrier tighter. Consistent with our results, Zhou et al. found that 72 h cold treatment resulted in increased ZO-1 levels. E-cadherin is a calcium dependent transmembrane protein, which distributed in epithelial cells and involved in cell adhesion[32]. Mucin2 is the most abundant mucin in the intestine and is the first line of defense against microbial invasion of the intestine[33]. The study found that the *E-cadherin* and *Mucin*2 levels in CS3 in duodenum were higher than those in CC from 22 d to 43 d, indicating that appropriate cold stimulation could up-regulate the E-cadherin and Mucin2 levels, improve the integrity of intestinal epithelial cells and the tightness between cells, protect the intestine from the invasion of susceptible bacteria, and maintain the intestinal barrier function. This is consistent with previous study showing that changes in environmental temperature can affect the expression of TJ genes and thereby alter the intestinal permeability and barrier function[34]. In the study, the expression trend of TJ genes in duodenum and jejunum is slightly different, which may because TJ proteins differentiate and restrict solute channels according to molecular size, and change with different intestinal[35]. Overall, the study suggested that appropriate cold stimulation could promote the expression of TJ genes and improve the intestinal barrier function, thus benefitting the health and production performance of broilers.

As an important effector molecule of immune system, immunoglobulin plays an important role in the process of resisting cold stimulation [36,37]. In this study, at the beginning of IMCS, the levels of IgG and IgM in CS group and SIgA in jejunum in CS6 were increased, and there was no significant difference in immunoglobulin between CC and CS groups at 43 d. This finding suggests that broilers could increase the secretion of immunoglobulin to improve the intestinal immune function and resist the cold environment at the beginning of cold stimulation. Therefore, when broilers adapt to the environment, the content of immunoglobulin returned to the normal level. Increased barrier tightness during cold stimulation may be one reason for the increase of immunoglobulin levels, as tighter barrier prevents pathogens from invading the intestinal tract and improves the immune function. The increase in immunoglobulin content in the serum of broilers and the improvement of immune function reported by Sang Oh Park when exposed to temperatures 8 °C higher than the control group is consistent with our findings[38]. Carr et al. revealed that the levels of IgG and IgM were improved when mice were submitted cold stress. Thaxton et al. found that cold exposure could accelerate the synthesis rate of IgG of chickens and enhance humoral immunity to a certain extent [39]. The above results match with our results. At the same time, the level of immunoglobulin can also affect production performance[40], which is one of the reasons for the improvement of production performance after IMCS training.

Epithelial cells are arranged on the surface of mucosa. These cells establish a selective permeation barrier between the internal and external environment, responsible for digesting food and absorbing nutrients. The study showed that after ACS, the protein levels of *Claudin-1* and *Occludin*, the mRNA levels of *ZO-1* and *ZO-2* levels in CS6 group were significantly up-regulated, indicating that increasing the expression levels of TJ genes in broilers of the CS group can increase the barrier tightness during the process of ACS and maintain the stability of intestinal function. Yang et al. found that heat stress for I h could enhance the *Claudin-1* levels of jejunum in ducks, this match with our results[18]. Liu et al. revealed that broilers which were subjected 21 days of cold stimulation training could significantly up-regulate the *Claudin-1* and *ZO-2* levels in the ileum after ACS[21]. It indicated that the cold tolerance of the body could be improved by the IMCS in the early stage. In the present study, *E-cadherin* and *Mucin2* levels in duodenum in CS6 and *Mucin2* levels in jejunum in CS were up-regulated after ACS. *SIgA* plays an important role in the intestinal immune response. Immunoglobulin levels can also affect intestinal barrier function[41]. In the present study, after ACS, the level of *SIgA* in CS was notably higher than that in CC. These results indicated that the expression level of mucin could be increased by IMCS training in the early stage, and the *E-cadherin* and *Mucin2* 

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could be rapidly up-regulated during ACS, activating the body's protective mechanism, improving the intestinal immune function, preventing microorganisms from invading the intestinal tract, and maintaining intestinal health. This finding is consistent with previous research by Liu et al., who reported that the expression level of *Mucin2* in the ileum of broilers which had undergone cold training in the early stage did not change significantly when suffered from ACS, and the mRNA level of *IgA* increased significantly.[21]. In the present study, there was no significant difference in the content of *IgA* in the serum, indicating that the body could maintain stability of immune function through immunoregulation. According to Varasteh et al., the level of *E-cadherin* in jejunum and ileum of broilers significantly increased after heat stress (38-39 °C)[20], further supporting the positive effects of appropriate stimulation. In conclusion, the expression level of mucin can be improved to a certain extent after appropriate cold stimulation training in the early stage, which can effectively block the invasion of pathogenic microorganisms, enhance the immune capacity, and thus improving the ability to resist ACS.

#### 5. Conclusions

The IMCS training had a positive effect on the production performance, the function of intestinal barrier and immunity by upregulating the levels of intestinal barrier genes and *SIgA*. In the process of ACS, the levels of intestinal barrier genes and *SIgA* in CS group could be rapidly increased to maintain the integrity of intestinal barrier and overall health of broilers.

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