

Review

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Review

Synthesis, Characterization, Properties, and Biomedical Application of Chitosan-Based Hydrogels

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Abstract: The prospective applications of chitosan-based hydrogels (CBHs), a category of biocompatible and biodegradable materials, in biomedical disciplines such as tissue engineering, wound healing, drug delivery, and biosensing have garnered great interest. The synthesis and characterization processes used to create CBHs play a significant role in determining their characteristics and effectiveness. The processing procedure could be tailored to obtain specific features like porosity, swelling, mechanical strength, degradation rate, and bioactivity, affecting the properties of CBHs to a great extent. Additionally, characterization methods aid in gaining access to the microstructures and properties of CBHs. This review provides a comprehensive assessment of the state-of-the-art with a focus on the affiliation between particular properties and application domains. The main obstacles and prospects for the future of CBH development for biomedical applications are also covered in the review.

Keywords: Chitosan; hydrogel; biomedical application; stimuli-responsive hydrogels; synthesis methods; characterization methods

1. Introduction

Chitosan is a linear polysaccharide that is the outcome of the partial deacetylation of chitin [1]. Numerous chitosan resources are stored in the exoskeletons of insects and crustaceans (*e.g.*, shellfish and crabs) as well as fungal cell walls [2], meaning they're effortlessly obtainable. The physicochemical properties of chitosan are influenced by its molecular weight (MW), the degree of deacetylation (DD), and the presence of grafted groups [3]. The intrinsically available groups of chitosan encompass C₃-OH, C₂-NH₂, and C₆-OH [4], so chitosan is a sort of rather active biopolymer that could be altered, activated, and crosslinked *via* these functional groups, which are systematically summarized in Figure 1. Modifications of this polymer can be performed without affecting the degree of polymerization of chitosan [5]. The major techniques embrace acylation modification, alkylation modification, carboxyl modification, quaternary ammonium modification, *etc.* [6]. These modifications confer favorable properties and facilitate its application in tissue engineering, delivery vehicles, wound healing, biocompatible auxiliary units (BAUs), biosensors, *etc.* Furthermore, large volumes of water could be absorbed and retained by hydrogel, a three-dimensional (3D) crosslinked polymer network. CBHs are one category of hydrogels based on chitosan, combining the virtues of chitosan and hydrogel, and have wide expenditure. This paper reviews the synthesis methods, property characterization, and applications of CBHs in biomedicine.

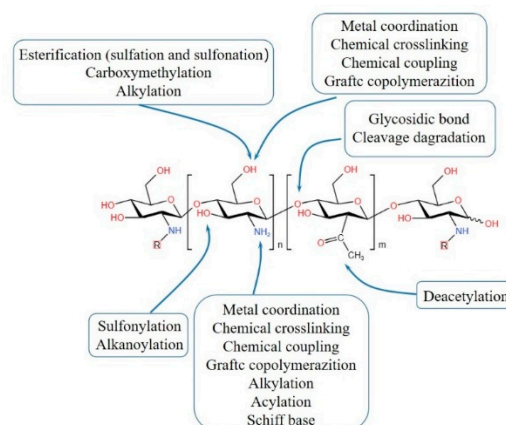


Figure 1. The reactive groups available for modification in chitosan (C₃-OH, C₂-NH₂, C₆-OH, and acetyl groups can be modified for fabricating CBHs with different properties) [7,8]. -R represents - COMe, -H. In addition, the degree of deacetylation is determined by the ratio of n to m.

2. Synthesis methods of CBHs

Diverse synthesis methods would primarily endow traits with divergence. Depending on the ways in which bonding networks are formed, CBHs could be divided into physical hydrogels and chemical hydrogels [9]. In physical hydrogels, the polymeric chains of the hydrogels are bound together by molecular entanglement or secondary interactions (mainly consisting of hydrogen bonding interactions, ionic interactions, and hydrophobic interactions), and the physically crosslinked hydrogels are reversible and restorable, which is advantageous to smart CBHs. Moreover, because of the reversible bonds, physically crosslinked hydrogels are more accessible to acquire the property of self-healing [10]. Generally, the hydrogels formed by physical crosslinking have good biocompatibility without adding any crosslinking agent. Nonetheless, some drawbacks, including poor mechanical properties and the difficulty of controlling their average pore diameters, are inevitable in this kind of hydrogel system. Comparatively speaking, the polymeric chains of chemically crosslinked hydrogels are held together *via* irreversible covalent bonds. These polymer chains are held together by irreversible covalent bonds. Normally, chemically crosslinked hydrogels possess better mechanical properties and stability due to the stronger chemical bonds or links, but the snag is that most of the crosslinking agents utilized for chemical crosslinking are toxic *in vivo*, reducing biocompatibility.

2.1. Physical crosslinking CBHs

There are two prerequisites that must be met in order for a molecular network to have the properties of a hydrogel: (1) the interchain interactions must be strong enough to form a semi-permanent structure in the network; and (2) the network must make it simple for water molecules to enter and persist there. The physically crosslinked CBH is rather fragile due to the unstable bonds, but the secondary bonds could be exploited to fabricate CBHs to fulfill these criteria [11]. Since chitosan has protonated amino groups under specific circumstances, it can form ionic complexes through ionic interactions with negatively charged molecules and between anions. Chitosan can form ionic complexes with small anionic molecules (*e.g.*, sulfates, citrates, phosphates) or metal anions (*e.g.*, Fe³⁺, Pt (II), Pd (II), Mo (VI)) in mixed charge systems [12]. Protonated amino groups in chitosan bind both anions and small molecules, while metal ions engage with chitosan *via* ligand-covalent bonds rather than electrostatic interactions [12,13]. Other secondary inter-chain contacts, such as hydrogen bonds between the hydroxyl groups of chitosan molecules and ionic molecules or connections between deacetylated chitosan chains after cation charge neutralization, are also present during the ionic complexation [13,14]. Besides, polyelectrolytes are macromolecules with a wide range of MWs, and the direct bonding between chitosan polymers and polyelectrolytes is stronger, such as hydrogen

bonding or van der Waals interactions. Water-soluble anionic macromolecules such as DNA, anionic polysaccharides (*e.g.*, alginate, carboxymethylcellulose, pectin, dextrose sulfate, xanthan gum, *etc.*), proteins (*e.g.*, gelatin, albumin, sericin, keratin, and collagen), and anionic synthetic polymers (*e.g.*, polyacrylic acid) are inset to fabricate polyelectrolyte CBHs. The stability of these compounds depends on their charge density, solvent, ionic strength, pH level, and temperature [15]. Additionally, hydrogels can be formed by polymer blends between chitosan and other water-soluble nonionic polymers (*e.g.*, PVA). These polymer blends, after lyophilization or a series of freeze-thaw cycles, form junctions in the form of crystallization and inter-polymer complexation, with chain-chain interactions acting as crosslinking sites for the hydrogel [16]. In the case of chitosan-PVA polymer blends, increasing the chitosan content negatively affects the formation of PVA crystals, leading to the formation of structurally disordered hydrogels [17]. Moreover, chitosan could also be prepared as a hydrogel alone without the addition of any other polymers or complexing molecules; *i.e.*, chitosan can be self-crosslinked when the initial polymer concentration exceeds the critical concentration of chain entanglement and when the hydrophile interactions reach equilibrium [11].

2.2. Chemical crosslinking CBHs

Chemical crosslinkers are molecules with two or more reactive ends that can chemically bond to particular functional groups on proteins or other molecules, such as primary amines, sulfhydryls, *etc.* Chemically crosslinked CBHs are mainly fabricated by using chemical crosslinking agents to react polymer functional groups with crosslinking agents to cross-link molecules into the 3D scaffold by covalent or ligand bonds. The crosslinker acts as a bridge connecting different or identical polymer chains to form a 3D network, with the mechanical strength and chemical stability of the polymeric material improved [18]. The simplest crosslinks are usually synthesized by condensation of the amino group of chitosan with the carbonyl group of the aldehyde or ketone by elimination of water molecules [19], *e.g.*, dialdehydes, especially glutaraldehyde, form covalent imine bonds with the amino groups of chitosan by the Schiff reaction. The formation of dynamic covalent bonds results from the Schiff base reaction and endows hydrogels with self-healing properties [16]. The most commonly used crosslinkers for the preparation of CBHs are epichlorohydrin (ECH), ethylene glycol diglycidylate (EGDE), glutaraldehyde (GLA), and genipin [20]. The gelation pathway is listed in Figure 2. The cytotoxicity of crosslinking agents and their tendency to cause inflammatory reactions *in vivo* are the main obstacles. Genipin is widely utilized as a crosslinking agent, and the low toxicity of genipin makes it a fabulous crosslinking agent for CBH preparation [21]. Under acidic and neutral conditions, genipin reacts spontaneously with primary amines on the polymerization chain. However, a large quantity of free amino groups would be expended during the preparation phase, reducing its ligand density and reactivity in subsequent reactions. Therefore, an interesting way to impart specific properties to chitosan is to modify it by accessing various new functional groups (such as amino, sulfur, phenolic, and other groups), known as grafting. The monomers to be grafted can be single or multiple, and this method does not disturb the initial backbone, thus maintaining its basic properties [22]. Especially, photosensitive functional groups can be grafted to form polymer blends of hydrogels *in situ*; chitosan photo-crosslinking precursors are usually obtained by methacrylic acidification; and the polymers can be crosslinked by forming random gel networks under irradiation such as ultraviolet, X-ray, or γ -rays [23]. The advantages of this technique over conventional chemical methods are ease of formation, speed, safety, and low cost. γ -ray irradiation method for the preparation of chitosan/gelatin/polyvinyl alcohol (PVA) hydrogels improved the tensile strength of chitosan/gelatin/PVA hydrogels compared to gel/PVA hydrogels [24].

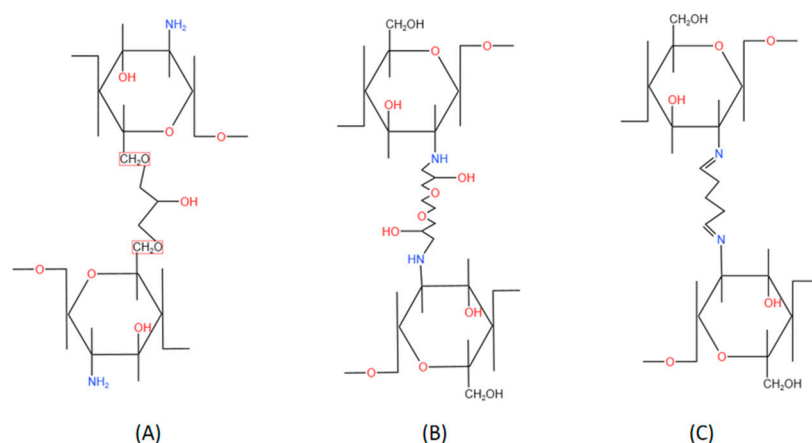


Figure 2. ECH (A) acts primarily on the hydroxyl group of chitosan, whereas EGDE (B) and GLA (C) are more likely to react with the amino group when used as crosslinking agents to create CBHs [22].

3. Characterization methods

A number of common characterization methods have been used to characterize CBHs, depending on their different qualities and properties. In general, the microstructure, chemical interactions, thermal stability, blood compatibility, mechanical resistance, antimicrobial properties, and viscosities of the CBHs are key factors to consider. CBHs often require performance testing and structural investigations because of their wide range of applications. The performance properties of CBHs have huge differences depending on their specific applications.

3.1. Microstructure Analysis

Numerous investigations of microstructural properties that may have an impact on the structural integrity of CBHs are continuously being carried out. For direct imaging of CBHs, microscopic methods such as scanning electron microscopy (SEM) and transmission electron microscopy (TEM) are commonly used [25,26]. SEM is an intermediate observation between transmission electron microscopy and light microscopy. It uses a narrowly focused high-energy electron beam to scan the sample, and through the interaction between the electron beam and the material, it excites various physical information and collects, amplifies, and re-images this information for the purpose of microscopic morphological characterization of the material. The resolution of the new scanning electron microscope can reach 1 nm; the magnification can reach 300,000 times and above, continuously adjustable; and the depth of field, large field of view, and imaging stereo effect are good. SEM is used to evaluate the surface morphology of various forms of hydrogel matrix. Hydrogel samples are usually covered with a thin layer under vacuum for SEM imaging studies. Transmission electron microscopy can see fine structures smaller than 0.2 μm that are not visible under optical microscopy, which are called sub-microstructures or ultra-structures. In order to see these structures clearly, it is necessary to choose a light source with a shorter wavelength to improve the resolution of the microscope. TEM allows a comprehensive examination of hydrogel samples, including changes in chemical composition, orientation, and aspect ratio (aspect ratio) of nanostructures, as well as the induction of electronic phase shifts and images based on material absorption. Kocak *et al.* [27] examined the synergetic effect of glycerol and pH factors on diverse properties of chitosan-based, dual pH- and temperature-sensitive injectable hydrogels, and they analyzed microstructural data with SEM in detail. The findings demonstrated that all CBHs displayed a morphology with a flat, smooth bottom surface and a rougher, more numerous top surfaces, with the majority of the pores located at cross-sectional areas. The final structural morphologies of the hydrogels were significantly impacted by the modest pH changes from 6.20–6.35 to 6.40–6.55. The pore structure was more uniform in the group with a lower pH level.

3.2. Chemical interactions Analysis

To examine the chemical interactions between the functional groups that make up the structure of a hydrogel, spectroscopic methods are often utilized. Fourier transform infrared spectroscopy (FTIR) is widely used to monitor the progress of polymerization processes when making hydrogels [28]. FTIR is the mathematical processing of the Fourier transform using computer technology and infrared spectroscopy for analysis and identification. It mainly consists of an optical detection part and a computer part. Spectroscopic analysis helps to determine the absorption bands characteristic of substances used during the synthesis of the hydrogels. When the sample is placed in the optical path of the interferometer, due to the absorption of energy at certain frequencies, the intensity curve of the resulting interferogram produces some changes accordingly. Through the mathematical Fourier transform technique, each frequency on the interferogram can be converted into the corresponding light intensity to obtain the whole infrared spectrum, and according to the different characteristics of the spectrogram, the functional groups of the unknown substance can be determined, the chemical structure can be determined, the chemical reaction process can be observed, isomers can be differentiated, the purity of substances can be analyzed, *etc.* For instance, Bańkosz *et al.* [29] observed an increase in the intensity of this band in the CBH modified with albumin particles by FTIR, indicating the presence of the above-mentioned modifier, *i.e.*, albumin particles, in the tested material. In the preparation of CBH using graft copolymerization, $-NH_2$ from chitosan is involved in the grafting reaction, which can also be confirmed by FTIR [30].

3.3. Thermal Stability Analysis

In order to determine the thermal stability of hydrogels, the temperature can be increased from room temperature to 600 °C at a rate of 10 °C per minute under an inert gas atmosphere using a thermogravimetric analysis device. Using thermogravimetric analysis, it is possible to determine the thermal and oxidative stability of the material under different atmospheres, analyze the physicochemical processes of decomposition, adsorption, desorption, oxidation, and reduction of the material (including further apparent reaction kinetic studies using the results of thermogravimetry analysis (TGA) [31], quantify the composition of the substance, determine the content of moisture, volatile components, and various additives and fillers. TGA can be used to evaluate the thermal properties of the aryl-functional group-crosslinked CBHs they generated. It was demonstrated that the final degradation temperature of all derivatives was lower than that of chitosan due to derivatization. and the thermal stability of the chitosan derivatives is worse than that of chitosan. This instability could be attributed to the deterioration of the crystallinity of chitosan due to the formation of Schiff bases [32].

3.4. Blood Compatibility Analysis

The hemolytic reaction determines the degree of erythrolysis and hemoglobin release caused by medical devices and materials. Other specific hemocompatibility tests can also be designed to simulate the geometry, contact conditions, and flow dynamics of a medical device or material during clinical application and to determine the interaction between blood, material, and device. The hemolysis rate is one of the most critical criteria when considering materials in blood-material contact for wound healing. The hemolysis rate is calculated using the Equation:

$$\text{hemolysis rate [\%]} = ([OD]_{\text{specimen}} - [OD]_{\text{negative}}) / ([OD]_{\text{positive}} - [OD]_{\text{negative}}) \times 100\%, \quad (1)$$

where $[OD]_{\text{specimen}}$ is the absorbance for samples, $[OD]_{\text{negative}}$ is the absorbance for the negative control (physiological saline), and $[OD]_{\text{positive}}$ is the absorbance for the positive control (water).

The hemolysis rate for chitosan/glyoxal hydrogels without washing or immersion in a polyphenol solution was 63.84%, which means that such hydrogels are highly hemolytic. Nonetheless, the hemolysis rate was negative after washing with distilled water. By washing the hydrogels with water, unreacted glyoxal is removed, and the rate of hemolysis is reduced [33].

3.5. Mechanical Resistance Analysis

The mechanical resistance of CBHs is regarded as an important quality for their application in a variety of scenarios. CBHs can mimic human tissue and might be employed as scaffolds in medication delivery and biological applications. The CBHs should have some mechanical resistance to maintain structural integrity. Mechanical resistance of CBHs is often assessed by cutting them into dumbbell shapes and examining their elongation and tension characteristics using a universal testing machine, while the thickness of the hydrogel is measured with a caliper. Furthermore, using a texturometer, the puncture test may be used to assess the mechanical resistance of hydrogel.

3.6. Antimicrobial Properties Analysis

Chitosan has been shown to inhibit the growth of bacteria, filamentous fungi, and yeast strains. Chitosan has also been found to be an antimicrobial agent. To characterize the antimicrobial properties of CBHs, we can use the inhibition ring method, the OD counting method, and the scanning electron microscopy (SEM) method, among others. Among the developed CBHs, the carbomer 940 (CBM)/carboxymethyl chitosan (CMC)/Eucalyptus essential oil (EEO) hydrogel exhibited optimal antibacterial activities of $46.26 \pm 2.22\%$ and $63.05 \pm 0.99\%$ against *Staphylococcus aureus* and *Escherichia coli*, respectively, along with cell viability ($>92.37\%$) and migration activity [34].

3.7. Viscosity Analysis

Sol-gel transition measurement is used to determine the hydrogel viscosity [35]. The development of thermo-responsive CBH required this sol-gel transition test. When exposed to temperature stimuli, these thermo-responsive hydrogels transform from the solution state to the gelation state. The swelling test is a quantitative parameter that is required to determine the mass of biological media or water that could be retained inside the hydrogel network. The dry hydrogel weight is measured as a control, and the dried sample is placed into water or biological media for about 48 h. Furthermore, the temperature variation is applied to the hydrogel, which is thermos-responsive. Finally, after the swelling test, the water-adsorbed hydrogel is measured to determine the amount of water taken up by the dried hydrogel. Due to the large relative MW and polydispersion of polymers, different types of molecular shapes with linear shape, branching, and crosslinking, and the aggregate structure having crystalline and amorphous types, the dissolution phenomenon of polymers is much more complex than that of small molecule compounds. The swelling ability of the hydrogels was defined using the swelling ratio (α), which was calculated by means of the equation:

$$\alpha = (m - m_0) / m_0, \quad (2)$$

where α is the swelling ratio, g/g; m is the mass of swollen hydrogel, g; and m_0 is the mass of dry hydrogel.

For example, Kudłacik-Kramarczyk *et al.* [36] characterized the sorption properties of both the unmodified CBHs and the CBHs containing albumin, and they demonstrated that while the swelling ratios of the modified polymers were slightly greater than those of the modified CBHs, the discrepancies between the values of the swelling ratios estimated for the modified CBHs and the CBHs without albumin were minimal.

4. Properties and biomedical application of CBHs

CBHs are incredible biomaterials with an extensive range of interesting applications. Most CBHs inherit the essential property of benign biocompatibility from chitosan. The marvelous capacity to be characterized, meanwhile, allows the widespread application of CBHs in biomedicine. The characteristics and applications of one hydrogel are generally regarded as being closely connected. Herein, the main properties of CBHs catering to versatile application sectors were methodically introduced to provide a thorough overview of the current state-of-the-art and prospects in biomedicine, as shown in Figure 3.

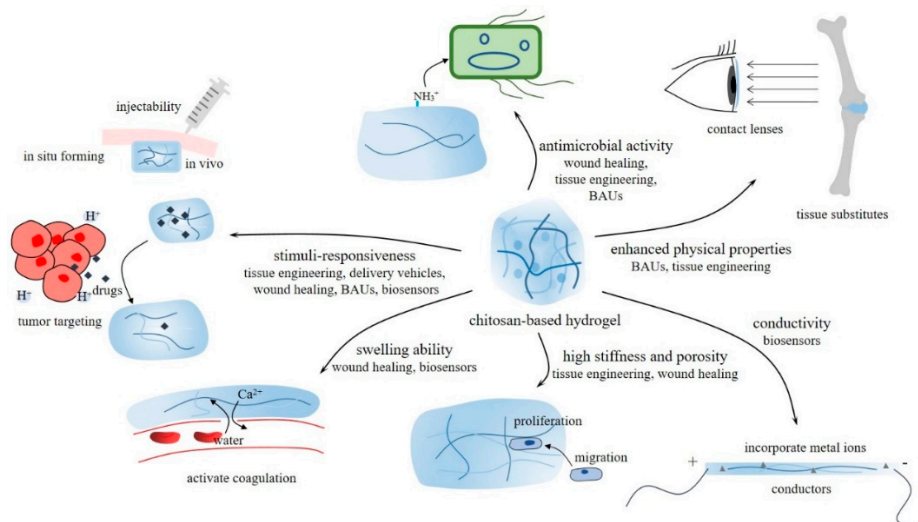


Figure 3. CBHs are a kind of adjustable hydrogels. They can be endowed with versatile properties such as swelling ability, stimuli-responsiveness, antimicrobial activity, enhanced mechanical strength, *etc.* Consequently, CBHs could be applied in a diversity of biomedical sectors, including tissue engineering, delivery vehicles, wound healing, *etc.*, in accordance with their properties.

4.1. Tissue engineering

Acceleration or augmentation of regeneration procedures is a requisite in tissue engineering due to the insufficient ability of some target tissues to propagate. For instance, cartilage is a form of connective tissue that has a low capability for self-repair due to its avascular and aneural nature [37]. Therefore, one feasible treatment method is to foster regeneration *via* exotic hydrogels. Hydrogel is a promising material for tissue engineering since its 3D configuration is analogous to the natural extracellular matrix (ECM) of tissues, while the porous porosity arrangement supports cell adhesion, proliferation, differentiation, and function. Gifted properties facilitate the preparation steps of the scaffold, but the successive activities are tricky, so these are detailed.

4.1.1. Methods and techniques to implant

The scaffold is often fabricated in a lab setting before being surgically implanted into the flaw site [38]. This technique incorporates materials or cells into the hydrogel and allows for fine control over the size and shape of the hydrogel. However, it might also impair surrounding tissues or cause an infection or inflammation. 3D bioprinting is an advanced fabrication technique that can produce patient-specific scaffolds with complex geometries and precise control of cell distribution and bioactive agents, with shear thinning behavior and viscosity being the critical characteristics of the bioink [39]. Xu *et al.* [40] reported a supramolecular CBH with host-guest connections that had great printability and mechanical strength. Comparatively, *in situ* tissue engineering avoids the need for pre-culturing cells and tissues *in vitro* and uses the host's own cells and biomolecules to regenerate the tissue, improving the integration and functionality of the regenerated tissue while lowering the risk of immunological rejection and infection [41]. *In situ*-forming CBH that is a kind of smart hydrogel and able to commence sol-gel transition in response to exterior inducements, such as pH value and temperature [42], could be injected into the body *via* minimally invasive surgery (MIS). Chitosan is water-soluble and positively charged under acidic conditions ($\text{pH} < 6$) but would turn uncharged and hydrophobic at physiological pH, forming a compact and physically crosslinked hydrogel [43]. The generation of both parallel and perpendicular crosslinking in CBH network structure arises at higher pH levels (above 6.5, where tissue pH is neutral) as well [44]. The two mechanisms facilitate pH *in situ* formation. Though mechanical properties would descend unavoidably, concentration and printing temperature are vital parameters affecting the gelation rate and thereby the strength of printed structures in *in situ* gelation 3D bioprinting *via* thermo-sensitivity

[45]. Introduced thermo-responsive constituent parts enable CBHs to respond to temperature *via* the quantity variance of intramolecular hydrogen bonds, and this has been considered a typical stimulus for smart CBHs [46]. However, before application, it is important to take into account patient variability, hydrogel displacement, lack of stability, *etc.*

4.1.2. Microenvironment adjustment

A nonthreatening microenvironment is critical for tissue regeneration. There are two dimensions to improving conditions: one is to eliminate antigens that might trigger an immunoreaction, and the other is to modulate the host immune response. Bioactive materials, *e.g.*, growth factors, peptides, nucleic acids, and antibiotics, could be loaded by CBHs to facilitate the growth of seed cells. Growth factors can be chemically modified or covalently immobilized *via* the amino and hydroxyl groups of chitosan, improving their stability and bioactivity in the target tissue matrix [47]. Li *et al.* [48] reported that CBH could recruit TFNA, which was injected into the articular cavity to enhance cartilage repair. TFNA is a promising DNA nanomaterial for improving the regenerative microenvironment. The antibiotics added to the hydrogel can enhance antimicrobial activity, producing environments that are free of microbes [49]. Inflammation resulting from xenografts is one obstacle to the implantation of CBHs [50]. Therefore, immunomodulation *via* hydrogel becomes conspicuous. Disordered macrophage activation impedes tissue regeneration. Regulating macrophages from M1 type to M2 type is crucial for expediting tissue repair in cartilage [51] and bone regeneration [52]. Because M1 type promotes inflammation while M2 type secretes anti-inflammatory cytokines for pro-tissue repair effects. Various CBHs could regulate this procedure. For instance, chitosan/silk fibroin/chitosan nanoparticle (NP) scaffolds facilitate M2 macrophage polarization and influence the osteo-immunomodulatory responses of the cells [52].

4.1.3. Tissue regeneration

Cells interact with their microenvironments and are affected by them. Hydrogels must be created with exclusive physical, chemical, and biological qualities in order to account for the unique traits of each type of tissue and foster tissue regeneration.

Regeneration strategies can be divided into two types: encapsulating autologous cells as seed cells in hydrogel and inducing the proliferation of surrounding cells *via* various substances [37]. The combination of cell-based and proliferative strategies is ideal. According to Hao *et al.* [53], CBHs alone were less effective than chondrocyte- and chitosan-coated materials at fully repairing cartilage lesions *in vivo*. Due to its similarity with the natural ECM, the matrix stiffness of CBHs is one parameter affecting tissue regeneration by regulating the force exerted on the cells. It has been demonstrated that the hydrogel matrix stiffness affects cell proliferation, with early passage-stage cells being more sensitive [54]. High matrix stiffness typically encourages cell growth, whereas low stiffness causes cell dormancy and stemness [55]. The ECM stiffness varies depending on the tissue type and can influence cell behavior, so modulation is imperative for application. Generally, the parameter can be adjusted by modifying the crosslinking degree; more bonds are beneficial to enhance the deformation resistance, while fewer bonds work in the opposite direction. Chang *et al.* [56] achieve stiffness tunability by changing the grafting ratio. Dual-crosslinked hydrogels may have higher stiffness than single-crosslinking methods [57]. Moreover, the covalent binding methods unavoidably affect other properties due to the changes in CBH structures, so it turned out to be an optimization problem. Physical contacts are weaker and less stable than dynamic covalent bonds, which are reversible, stimuli-responsive, and adjustable [58], a workable method for controlling the stiffness of hydrogel. However, a few issues with the latter, including achieving homogeneity, incomplete study, and finite reaction type variety, need to be ameliorated [59]. And the porous structure is available for the proliferation of the tissue, for it could not only facilitate the adhesion and proliferation of adjacent cells but also release drugs more efficiently. CBHs could be made permeable using a variety of techniques, being divided into physical, chemical, and biological types. The porous framework of CBHs can be generated by 3D printing [39], foaming [60], microwave [61], *etc.* NaHCO₃, added to the CBH system, could react with the protonated amino groups *in vivo*, releasing CO₂ to generate

micropores [62]. Adding lysozyme encourages the degradation of CBHs to generate pores. By catalyzing the breakdown of CBH, lysozyme can be used to produce porous structures. When mesenchymal stem cells are incorporated into chitosan-lysozyme hydrogels, these spaces advance cell proliferation and migration, which likewise help with osteogenic differentiation [63]. The favorable average diameter of scaffold pores varies depending on the cell type, which has an impact on cell differentiation and gene expression [64], so regulating the average diameter of the hydrogel is vital, with the modifying approaches diverging between techniques. Besides, the porosity ratio is another critical parameter to assess the microstructure.

4.1.4. Biodegradation in vivo

As tissue engineering materials, scaffolds should not induce acute or chronic effects and be biodegradable because the newly formed tissue should be able to replace them simultaneously [65], which prevents the need for surgical removal. Hydrolysis, enzyme-mediated processes, or a combination are utilized [66]. Lysozyme, a critical enzyme catalyzing the degradation of CBH, resides in all mammalian tissues and functions *via* accidental splitting of β -1,4-glycosidic bonds (depolymerization) and hydrolysis of the N-acetyl linkage (deacetylation) [65]. It's been proven that the degradation of CBH can be tweaked by changing the concentration of lysozyme added to chitosan hydrogels by chemically altering methacrylate groups. Additionally, biodegradable smart CBHs are hydrogels that would break down over time in response to biological or microenvironmental ingredients like biological substances, pH levels, temperature, *etc.* Biodegradable smart hydrogels have been utilized for tissue engineering purposes because of their advantages, including controlled degradation kinetics and sensitivity to incentives. Nevertheless, some of the challenges or limitations are their low mechanical strength, inferior stability, multifactorial degradation kinetics, and potential immunogenicity [67]. Notably, CBHs can release loaded drugs, cells, growth factors, *etc.*, following degradation, and the released N-acetyl- β -D-glucosamine commences fibroblast propagation [68]. There are several parameters in the synthesis procedure that influence the biodegradability, such as the DD and MW of chitosan and the type and concentration of crosslinking agents [11]. Nevertheless, the impact of the concentration of lysozyme in tissue, which will ascend in some adverse cases, on the biodegradation ratio is still unstudied, which should be considered in the factors affecting it. Last but not least, Reay *et al.* [69] measured the sizes of the genipin-chitosan hydrogel-degraded particles and reported that the majority of them were as small as 1.7 nm, which is below the renal filtration threshold, meaning that they could be eliminated from the body *via* urine. The safety of CBH biodegradation remains unclear due to the varied crosslinking methods of CBHs, and further research is crucial.

4.2. Delivery vehicles

CBHs have been manipulated as delivery vehicles for various bioactive agents. CBHs could enhance the stability, retention, and bioactivity of the delivered agents and modulate the release kinetics and interactions with the target tissues.

4.2.1. Drug release regulation and release kinetics

Stimuli-responsive CBHs are the major component of drug delivery systems (DDSs) made of CBHs, having been well researched and widely applied, for they are liable to gelatinize and break down under definite stimuli. In addition, their widespread application can be attributed to their injectability, lack of surgical necessity, shape flexibility, *etc.* They can release drugs, cells, biomass, *etc.* at one specific occasion, depending on the microenvironment of the tissue, including pH values, temperature, biological factors, *etc.* [70]. Passively received and steerable stimuli could be used to categorize these signals. The former should be nimble and take into account the hardwired circumstances of the target site, due to the fact that the former is a category of indeterminate parameters, whereas the latter can be regulated because it is generally stable and mostly factitious. As detailed in the tissue engineering part, at an acidic pH, the amino groups of chitosan will be

positively charged, and hydrogel will swell, facilitating the release of cargo. But most of the groups were depleted by chemical gelation. Silva *et al.* [71] preserved the original amino acid *via* a protecting and deprotecting strategy. The physical crosslinking approach is another practical option. It can retain relatively high pH sensitivity and fragility, which are advantageous for the emancipation of medications. It's been demonstrated that sol-gel crosslinking CBH is a pH-responsive matrix that can bulge or dwindle depending on the pH level of the microenvironment [72]. In cancer therapy, the drugs used in DDSs are usually malignant to normal cells as well. The gel formation is rather immobile, favoring adhesion to the targeted tissue by filling it up or wrapping it. Then, different stimuli foster the release of bioactive molecules integrated with chitosan, achieving targeted therapy. The tumor microenvironment (TME) is a multifaceted and continuously evolving object, featuring acidic, hypoxic, excessive metabolite accumulation, and high-depression conditions for immune cells [73,74]. pH-responsive CBHs, especially acid-sensitive ones, would trigger degradation of the hydrogel there [75], thereby releasing the loaded drugs. Another latent reaction, swelling behavior, triggered by acidic stimuli, increases the contact area between the hydrogel and the tumor, facilitating the diffusion of drugs or other agents from the hydrogel [70]. Besides, it can also exert mechanical pressure on the tumor tissue, depressing and hindering tumor growth. The high density of lactic acid in the tissue fluid promotes macrophage transformation into M2 type, which will foster the escalation of tumors [76]. The immunosuppressive milieu can be reversed in the microenvironment by adding CaCO_3 , which also lessens the immunosuppressive effect on T cells since the higher pH value encourages macrophage polarization from M2 type to M1 type [77]. And the bionic onion structure is applied to regulate the drug release kinetics [78]. It enlightens that the exquisite structure can be programmed to release alkaline salts or ions in acidic instances before setting free medications, which are not only stimuli-responsive but also can adjust the microenvironment to favor subsequent treatment. Thermo-sensitive CBHs can be divided into two types. One form of thermo-sensitive CBH exhibits a lower critical solution temperature (LCST), whereas the other type exhibits an upper critical solution temperature (UCST). When the temperature is raised over a certain degree, LCST hydrogel contracts and releases contents, whereas UCST hydrogel expands and absorbs water. LCST could be exploited to control the release of drugs from the hydrogel, for the hydrogel will shrink and release encapsulated drugs within it [79]. By controlling the temperature and the LCST of the CBHs, it is achievable to control the rate and timing of drug release. Comparatively, the delivery mode of *in situ*-forming hydrogel is the very opposite of the anterior. UCST hydrogel is a fluid that facilitates a mixture with drugs at a lower temperature and becomes gel after being inoculated into the body. Incidentally, the UCST CBH is widely utilized as a category of injectable hydrogel. The liquid formation facilitates the homogeneous incorporation of drugs or biological molecules, and they can keep their hydrogel formation after injection, achieving relatively sustained drug release. Vaccine antigens could be added when the hydrogel is liquid at room temperature and can be released slowly to trigger the adaptive immune system [80]. Wu *et al.* [81] creatively synthesized hydrogel *via* ascending the temperature break of the LCST, and it's promising to prepare DDS. Hydrogels that are light-sensitive have a variety of methods to release their cargo. One method involves the photothermal effect, in which near-infrared light can cause a specific cargo to be released, leading to the creation of hydrogel [82]. The release of cargo can also occur through photo-initiated chemical processes, which could alter the hydrogel network [83]. Nevertheless, these CBHs only respond to one parameter, and it's vital to control or maintain other conditions during the preparation and application phases, limiting their potential applications and controlling their behavior. Multi-responsive CBHs are hydrogels that can respond to more than one stimulus from the environment. They can control drug release precisely and lessen side effects thanks to their benefits like diverse sensitivities, expected kinetics, easier degradability under particular conditions, *etc.* [84]. Nisar *et al.* [85] synthesized a UV- and pH-sensitive DCC hydrogel *via* the Schiff base reaction, forming imine bonds. Nonetheless, the synthesis procedure is complicated and more likely to retain harmful chemical agents. Theoretically, because physical crosslinking CBHs are fragile structures, it is possible to create them, excluding the latter hidden problem, but it is challenging to manage how they degrade in response to particular stimuli. The swift release mechanism, which is appropriate for

rapid onset or potent drugs. The opposite can release with a relatively average velocity and preserve stability under some conditions, which is preferable to drugs that only need to maintain low consistency and a sustained release over a longer period of time. And by avoiding the high peak density of medications in the body, sustained release can also aid in lessening adverse effects and damage to contiguous tissues. Except for UCST and multi-network [86,87] CBHs, sustained release can be tunable *via* self-digestion or hydrolysis. Lysozyme can act as a crosslinker and a drug carrier for chitosan sulfate hydrogels, and the release kinetics of drugs can be modified by adjusting the lysozyme concentration [88]. The hydrolysis of the azomethine linkages in the polyurethane chains led to the degradation of the hybrid hydrogels [89].

4.2.2. Loaded consignments

CBHs could perform as delivery vehicles for medications, proteins, genes, and cells by incorporating or adsorbing them within their network or *via* covalent bonds. The merits of CBHs as delivery carriers include versatile loading modes, extending the retention of consignments in biological settings, and regulated or controllable release kinetics [90]. Hydrogel is a 3D structure with a high water-content, so hydrophilic medications are more likely to load than hydrophobic ones. Considering the increasing needs, there are several strategies to increase the load ratio and retard drug release. It has been demonstrated that boosting the proportion of hydrophobic moieties inside CBH can postpone the release, but the link should be correctly regulated because the relationship is not a linear one [91]. Polymeric micelles, self-assembled configurations of amphiphilic molecules having a hydrophobic core and a hydrophilic shell, can also be exploited to extraordinarily depress diffusion of the hydrophobic substances [92]. A biocompatible non-ionic microemulsion to encapsulate hydrophobic drugs to enhance the water solubility of the drugs and protect them from degradation [93]. Conspicuously, encapsulating exosomes and micro-vesicles, two types of extracellular vesicles that are small membrane-bound structures released by cells into the extracellular space, are capable of carrying different types of macromolecules, bestowing CBHs with the aptitude to modulate several metabolic pathways in the recipient cells [94,95]. The amalgamation of these materials is favorable because they have the advantages of being stimuli-responsive, biocompatible, able to steadily release, able to incorporate a variety of chemicals, *etc.*

4.3. Wound healing

The intention of wound healing is to accelerate the natural healing response so that damaged tissues can mend and regenerate. This involves the use of dressings, biomaterials, and drugs that can modulate the hemostasis, inflammation, proliferation, and remodeling phases [96] of wound healing, with CBH functioning mainly in the first three phases. Wound-healing CBHs can be operated on to treat acute wounds, chronic inflammation, ulcers, *etc.*

4.3.1. Hemostasis phase

Hemocompatibility is a prerequisite for wound dressing materials [97], as these CBHs come into direct contact with gore. To improve the adhesion property of hydrogels on bleeding wound surfaces of internal organs, Chen *et al.* [98] suggested that creating a local drying setting by expelling the moisture on the wound surface *via* incorporating a super-hydrophilic substance is one feasible way. Furthermore, the hydrogel could still preserve a humid microenvironment, endorsing wound healing [99], inside the wound by absorbing effusion. Introducing other adhesive components can also help [97]. After being injected into irregular wounds, self-healing CBHs are capable of mending on their own thanks to the design of reversible crosslinking, including Schiff base bonds, the metal coordination bond, host-guest interactions, and electrostatic interactions [100]. Wei *et al.* [101] developed a particular type of CBH that demonstrated a normal shear-induced gel-to-sol transition as well as quick self-healing ability and quickly plugged the lesion with the CBH. Additionally, photo-initiated polymerization allows for the tuning of the CBH, which enables it to respond to various wound forms and tissue types. Besides, another benefit is that the wound dressings can

preserve integrity under external forces. After the hydrogels are applied to the location, versatile methods, like electrostatic interaction [98] and chitosan's inherent hemostatic property [102], are implemented to concentrate blood cells and platelets to activate coagulation, the initial stage of wound healing. Yu *et al.* [103] synthesized Janus self-propelled CBH spheres with constructive swelling behaviors, realizing exudate absorption, red blood cell and platelet concentration, and directional movement, moving against blood flow and reaching the bleeding site. Notably, apart from these methods, the native coagulation system *in vivo* can also be regulated *via* loaded substances. Ca^{2+} is widely integrated into CBHs through ionic [97] or calcium salt [104] formation. The ion can induce the conversion of prothrombin to thrombin, a critical step because the latter fosters the formation of fibrin networks [103]. And TXA- NH_2 , a typical antifibrinolytic drug to treat hemophilia and other coagulopathies [105], can be added, avoiding fibrinolysis and preventing the breakdown of blood clots. Song *et al.* [106] demonstrated that a certain ratio of acetyl amino and amino groups in chitosan may also stimulate the coagulation system and encourage platelet and erythrocyte adherence. But whether there are similar mechanisms in CBHs deserves further research.

4.3.2. Inflammation regulation phase

Bacterial infection is a tricky menace to laceration and escalating inflammation. CBHs that have inherent antibacterial properties and combining antibacterial agents with hydrogels are two viable strategies. The former relies on the intrinsic properties of chitosan (or its derivatives) or is triggered by some substances (*e.g.*, triazole rings [107]). The positively charged amino groups ($\text{pH} < 6$) of chitosan electrostatically interact with negatively charged components on the microbial membrane, thwarting basic roles [108]. Some low-MW chitosan can permeate the membrane and combine the biopolymers, disordering metabolisms [109]. The latter involves the incorporation of external antibacterial agents, such as antibiotics (*e.g.*, lincomycin [110]), metal nanoparticles or ions (*e.g.*, AgNPs or Mg^{2+}), natural polymers (*e.g.*, antimicrobial peptides [111]), *etc.*, into the hydrogel matrix to eliminate microbes due to its biodegradability. Nonetheless, CBHs that have inherent antibacterial properties may have lower and narrower antibacterial activity and spectrum than those combining antibacterial agents with hydrogels. Therefore, both have merits and demerits, and the choice of the most suitable one depends on the specific application and requirements. Inflammation is a normal response to injury or infection, but excessive or chronic inflammation, more common in the type 2 diabetic patient group, would result in tissue damage. Therefore, on the premise that no microorganisms exist or have any growth activity, anti-inflammation is imperative to decrease the damage. There are versatile methods to downregulate it. For instance, by inhibiting the expression of iNOS, an enzyme that creates NO in response to inflammation, it was demonstrated that the diminution in NO instigated by CBH had an anti-inflammatory impact, activated by lipopolysaccharide [112]. Nevertheless, there are some concerns that the antibacterial agent would leach out over time, resulting in the loss of antibacterial property [113], and the anti-inflammation property might work reversely. Yin *et al.* [114] synthesized hybrid hydrogels, which could elevate the release of both NO and TNF- α by stimulating and activating RAW 264.7 macrophages, augmenting their antibacterial biological response, which is proven to advance the healing procedure. In short, the regulation of inflammation should be a comprehensive issue, demanding consideration of the antimicrobial property, adjacent tissue state, patient condition, *etc.*

4.3.3. Fostering proliferation phase

The third stage is proliferation, where new tissue is formed to rebuild the site, which is detailed in the tissue engineering part. Another way to promote proliferation is to eliminate malignant factors. Delayed wound healing results to a great extent from the depletion of metal ions in the wound microenvironment, so the controlled release sequence of metal ions from CBHs can significantly promote wound healing [115]. Reactive oxygen species (ROS) buildup greater than the antioxidant capacity of cells can obstruct wound healing, especially in cases of chronic and non-healing wounds, whereupon antioxidant treatments are effective in preventing or reducing oxidative stress and improving wound healing [116]. Amino groups of chitosan can be regarded as electron donors to

stabilize active oxidizing radicals and further terminate the free radical chain reaction, which endows it as an antioxidant [117], with prolonged N-deacetylation having a stronger antioxidant effect [118]. Phenolic hydroxyl groups [119], magnolol [120], and other oxidants present in the hydrogel matrix can enhance the property.

4.4. Biocompatible auxiliary units (BAUs)

The BAUs are a specific kind of hydrogel with high biocompatibility, which enables them to function as substitutes or auxiliaries for tissues to achieve healing or symptom relief. Generally, BAUs with biodegradability are beneficial for short-term usage, while the others are better suited for substitution. Furthermore, the latter, known as tissue substitutes, aim to mimic the properties of original tissues rather than serve as scaffolds for tissue regeneration, which sets them apart from tissue engineering. Biocompatibility and low cytotoxicity are essential to alleviating inflammation [121] and damage to adjacent tissues [122].

Contact lenses made of CBH can be used for eyesight correction or therapy. The former requires premium optical properties, which could be achieved by regulating the orientation of the polymer chains *via* electrodeposition [123], while the latter is more of a DDS. Jiao *et al.* [121] produced contact lenses made of one CBH endowed with biodegradability, antioxidant activity, and antimicrobial activity, making them a feasible therapy for bacterial keratitis therapy and corneal repair. Besides, its optical properties are similar to commercial ones.

As tissue substitutes, the gels shall be endowed with equal or enhanced mechanical characteristics. The difficulty of preparing a permanent substitute is another trouble, and research on how to preserve the integration of hydrogels is insufficient [65]. The physical crosslinking of CBH preserves the stimuli-responsibility and biodegradability of hydrogel; the latter is disadvantageous in this case. With coordination crosslinking between chitosan and nanoparticles [124] or other polymers, the mechanical properties of hydrogels can be enhanced. Dual-physical crosslinking is able to enhance stability, depending on other precursors [125]. The cytotoxicity of chemical agents and the inability to react to stimuli are obstacles, though they foster stronger covalent crosslinking. Exploiting novel agents with higher biocompatibility and lower cytotoxicity is one feasible way. Combining the two approaches is another potential course of action, which would give CBH some intriguing advantages and make it possible to produce hydrogels with better mechanical and structural stability while preserving biocompatibility and biodegradability [126]. Tough and lubricated BAU is a great artificial cartilage that functions as the native tissue [127]. The gel membrane with high toughness, immunomodulatory, and anti-adhesion properties may replace the biological ones such as the dura mater and diaphragm [128]. UCST hydrogels are prone to application due to the in-situ formation of these gels, enabling injection in MIS, for they are a liquid solution at room temperature and form a gel at body temperature, avoiding surgery [122,129]. Combining this property with pH sensitivity, CBHs could release drugs in a controlled manner [122], achieving the treatment incidentally. Ni *et al.* [129] synthesized hydrogel, forming a cushion to lift the lesion area, adhere to the wound, and protect the micro-wound from acidic environments.

4.5. Molecular detection biosensors

Biosensors, a type of analytical tool, consist of biological elements with physicochemical detectors that perceive and quantify the presence or concentration of particular compounds in a sample. Herein, molecular detection biosensors made of CBHs were set into immobilization matrixes and responsive units. The former is quantitative, inexpensive, and uncomplicated to use and detect *in vitro*. Nonetheless, the sampling process is typically uncomfortable for the patients. The latter makes the most of the properties of the CBHs, including their high stiffness, sensitivity, avoidance of surgery, *etc.*, but it necessitates various instrumentation for configuration and rigorous manufacturing standards for products.

4.5.1. Immobilization matrix

The ability of qualitative biosensors to convert or magnify an unquantifiable signal into a quantifiable one is a crucial feature. One strategy is to utilize the rest of the reactive groups of CBH to graft other bioscopes for transformation. The low limit of detection indicates the sensitivity. Immobilization ability, linear range, and surface area-to-volume ratio are critical parameters. Most immobilization matrixes are made into membrane or layer formation because they have a higher surface area-to-volume ratio, meaning that more biomolecules or nanomaterials can be attached to the hydrogel surface, which can improve the sensitivity, selectivity, and stability of the biosensor [130]. In order to create hydrogels with improved mechanical stability and enzyme adsorption capacity, additional polymers can be grafted onto chitosan [131]. Another method is to combine nanoparticles with chitosan to create nanocomposites that have improved conductivity and sensitivity [130]. An enzyme, antibody, or nucleic acid, for example, interacts with the target substance to produce a signal that the physicochemical detector can detect and quantify. Inserting nucleic acid could be implemented to find the complement sequence that measures the level of gene expression, making it easier to diagnose at the gene level [132]. The electrochemical reaction enzyme can transform the concentration of the target substrate into detectable electric signals received by the electrode [133–135]. While it is important to take precautions before detection because otherwise these molecules are easily deactivated or degraded, the detecting circumstances are typically complex and may have an impact on the stability of bioprobes, CBHs, and the bonding between them. And another concern is that the sensitivity is easily affected by the solution conductivity. Therefore, it's necessary to increase the stability and set the calibration. Additionally, another technique uses variations in optical signals brought on by the blend of a detection target and CBHs [136,137]. Partial examples were summarized in Table 1.

Table 1. Immobilization matrix in biomedicine.

CBH formation	Immobilized substances	detection target	detection parameter	low limit of detection	possible biomedical application	references
membrane	bioprobes	VEGF	fluorescence signals	23pM	diagnosis of early cancer and other diseases that involve angiogenesis	[138]
membrane	bioprobes	β -glucuronidase of <i>E.coil</i>	blue color	100nM	diagnosis of <i>E. coli</i> infections	[139]
membrane	detection target	analytes that can interact with streptavidin	changes in the angle of light reflected by the film	1.9×10^{-6} RIU	biomolecular detection	[136]
membrane	bioprobes	microRNA	fluorescence signals	0.03fM	detection of microRNA-21 in MCF-7 cancer cells and multicolor imaging of the cells	[132]
membrane	bioprobes	Glucose	fluorescence signals	0.029mM	glucose monitoring <i>in vivo</i>	[140]

surface layer	enzymes	Glucose	current change	0.25mM	continuous glucose monitoring systems (CGMS)	[133]
surface layer	enzymes	hydrogen peroxide	current change	0.07mM	detection of the catalase activity in biological samples	[134]
surface layer	bioprobes	<i>E.coil</i>	raman signal	3.46 CFU/mL	hygiene	[137]
surface layer	antibodies	Interleukin-6	current change	0.03 pg/mL	detection of sepsis	[141]
surface layer	enzyme	Glucose	current change	0.1 mM	monitoring glucose levels in diabetic patients without invasive blood sampling	[135]
3D structure	bioprobes	Cu ²⁺	fluorescence signals	4.75µM	screening infectious diseases, chronic disease treatment, health management, and well-being surveillance	[142]

4.5.2. Responsive units

Ebrahimi *et al.* [143] reported a method by which the presence and concentration of the enzyme can be indicated by the intensity of the fluorogenic substrate, which is covalently conjugated to chitosan and will be released after degradation. Another strategy is to detect hydrogel conductivity. This method is used in detecting vitality signals, *e.g.*, respiratory movements, heart beating, and motions, by inducing minor deformation, which is enough to change the inherent conductivity of the hydrogel [144,145]. Electrical signals are the common output of this method; they rely on the electrode to sense the current change. Conductivity is critical to the sensitivity of biosensors. Given that the hydrogel itself is not conductive, adding carbon nanotubes [144], salt content [145], metal ions [146], *etc.* can improve it. In addition to improving wear resistance, oriented 3D networks also give CBH enhanced linearity over a broad strain sensing range [127], increasing accuracy. Besides, many properties of CBHs facilitate biomedical applications. Self-healing and adhesion-elongating duration *in vivo* [144]. The anti-swelling feature maintains mechanical toughness and strength across a variety of deformations and pressures, guaranteeing the stability and dependability of CBH sensors in a variety of settings and applications [146].

Traditional inorganic sensing devices connect to tissues through physical attachment on the surface, whereas the flexibility of tissues limits their application [144]. All stimuli-responsive hydrogels have the potential to be made into biosensors from the perspective of material design [147]. Research on sensing subtle signals *in vivo* attempted to start. The promising application direction is utilizing the stimuli-sensitive property of smart CBHs to detect micro-changes in the shapes, conductivity, and swelling ratio of CBHs. And it can be a kind of signal to detect the parameters *in vivo*. They can be made very small and biodegradable. But the obstacles are the detection techniques to sense these changes.

5. Conclusions

CBHs are affordable biomaterials that are made using either physical or chemical methods. Additionally, they are biodegradable and biocompatible. They differ from other varieties of hydrogels in a variety of respects, such as simplicity of modification, low toxicity, and wide availability. Additionally, they can be blended to produce composite hydrogels, which have improved mechanical strength, stability, responsiveness, and functional properties, by adding other organic or inorganic polymers or chemicals. Further investigation into methods to protect these benign groups during synthesis is warranted because the free amino groups of CBHs and chitosan both function in a variety of synthesis processes and are essential for pH sensitivity, antimicrobial activity, and other biological reactions, among other things.

During the characterization process, most of the properties of CBHs are well represented by the above methods of characterizing CBHs, but there are also problems that cannot be ignored. In addition to these commonly used characterization methods, the vast majority ignore the size of metabolites of CBHs in humans, how they are degraded, whether they can be eliminated from the body, and whether they are harmful to humans. The widely used antibacterial properties usually rely on *Staphylococcus aureus* and *Escherichia coli* to characterize them while ignoring fungi and other pathogenic bacteria, which deserve to be explored in depth in subsequent studies.

CBHs can be used for tissue engineering, delivery vehicles, wound healing, BAUs, biosensors, and other applications because they can support cell formation and tissue repair. They can also retain and release drugs or biomolecules. The catholic application of smart hydrogels in various biomedical sectors is made possible by their regulated biodegradation and kinetics. But there are already some difficulties that must be overcome, such as poor mechanical strength and restricted stability. And dynamic covalent hydrogels are an emerging type of smart hydrogel because of their superior ability to switch forces. Ultimately, the relationship between the properties of CBHs and their biomedical applications is a comprehensive issue and a complicated optimization problem. Many studies succeed in improving some features while neglecting others. Consequently, further study is indispensable to determine the latent relationships between numerous properties and resolve how to balance each property to improve system performance.

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