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Article

Comparison of Identification and Quantification of Polyphenolic Compounds in Skins and Seeds of Four Grape Varieties

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Abstract: The aim of this study was to identify and quantify polyphenolic compounds in skin extracts from four Bulgarian grape varieties and compare to those of seed extracts. The values of total phenolic contents (TPC), flavonoids, anthocyanins, procyanidins, ascorbic acid in grape skin extracts were determined. The antioxidant capacities of skin extracts were evaluated by DPPH, ABTS, FRAP and CUPRAC methods. The TPC values of skin extracts were 2-3 times lower than those of seed extracts. The significant difference between total parameters values of individual grape varieties were also found. According to the TPC and antioxidant capacity of skin extracts the different grape varieties were in the following order: Marselan $\geq$ Pinot Noir > Cabernet Sauvignon > Tamyanka. The individual compounds in the grape skin extracts were determined by RP-HPLC and compared with those of seed extracts. The determined composition of skin extracts was significantly different from seed extracts composition. Qualitative and quantitative evaluation of the procyanidins and catechins in the skins were carried out. A correlation between phenolic contents, individual composition and antioxidant capacity of different extracts was found. The studied grape extracts have a potential to be applied as natural antioxidants in the pharmaceutical and food industries.

Keywords: grape skins; seeds; polyphenolic composition; antioxidant potential; RT-HPLC

1. Introduction

Grape is an excellent source of bioactive compounds, especially polyphenols. The content of polyphenols in the individual part of grape is different. The highest total phenolic content (TPC) is found in grape seed (60-70%), followed by grape skin (28-35%) and the pulp (10%), [1,2]. In grape seeds and skins contain different polyphenols with wide range of biological activity which led to neutralization of the free radicals [3]. Grape seeds and skins are waste product from the wine production, and they are a cheap source for obtaining valuable bioactive compounds.

The grape and its derivatives contain flavonoids (mainly flavan-3-ols, flavonols, and anthocyanins) and non-flavonoids (phenolic acids and stilbenes). Flavan-3-ols accumulate in high amount in seeds and in small amount in the skin and flesh [4]. Flavan-3-ols include monomeric compounds ((+)-catechin, (-)-epicatechin) and oligomeric compounds (mainly procyanidin B1, B2, B3, C1) synthesized by the aggregation of flavanol monomers (+)-catechin and (-)-epicatechin [5]. Flavonols (mainly quercetin, myricetin, kaempferol) accumulate considerably in grape skin and in small quantity can be found in seeds of some grape varieties [6,7]. Anthocyanins are mostly concentrated in the skin of colored grape cultivars [8].

All phenolic compounds have a valuable bioactive property. Depending on their chemical structure the phenolic compounds have different positive activity over human diseases [2]. There are many publications studying the individual or group act of polyphenols on different kind of health problems [4,9,10]. The group of catechins ((+)-catechin, (-)-epicatechin, and (-)-epigallocatechin-3-gallate) have antioxidative and anti-inflammatory activities [11]. There are studies about cancer and neurodegenerative diseases prevention by using catechins. The Alzheimer's disease can be influenced by molecular mechanisms of those group of compounds [12]. The catechin, epicatechin and rutin are three flavonoids that have proved antidiabetic activity. Those three antioxidants have also control

over hyperglycemia [13]. Proanthocyanidins are excellent valuable bioactive compounds and could heal diabetes, asthma and neuropathology. They could be used for prevention of obesity, cancer and cardiovascular diseases [14]. Proanthocyanidins are used as a dietary supplement and are considered potent nutrients due to their strong antioxidant capacity [15]. The anthocyanin oenin is a pigment in the grape skins with prominent health benefits. Silva et al. [16] have described an unusual oenin antimicrobial activity. The flavonol quercetin and the flavonoid quercetin-3-glucoside have high antioxidant activity and they proved cardiovascular protective action and anticancer activity due to cytotoxic action against human cervical cancer cells [17]. The gallic acid has antibacterial properties and free radical reducing potential [18]. Also, the gallic acid could be used for protection of oxidative stress in the human cells [19]. The stilbenoid polyphenol, resveratrol has high antioxidant potential and is known as cardiovascular and neuro protector, anticancer and antimicrobial agent [20].

The combination of monomeric, dimeric, and trimeric phenolic compounds in seed and skin extracts provides a complex synergistic effect [21]. In some case the extracts act stronger than the pure phenolic compounds. Some authors described that the phenolic extracts have shown higher antimicrobial potency than pure phenolic compounds [22]. In other case it is better to use enriched extracts with individual phenolic compounds, ensuring higher antioxidant and antimicrobial activities [23].

That is why it is important to identify and quantify the polyphenolic compounds of the grape seed and skin extracts and their correlation with antioxidant activity. This will allow us to clearly understand the extract composition and their targeted health effects. Many authors have been reported about the phenolic composition and antiradical activity of wine or grape seeds, but there are few papers reporting data about grape seed and skin of the same sample [24-26]. There is almost no data in publications about contains of procyanidins in a skin extracts and discussions about the difference in the content of the procyanidins (strong antioxidants) in the skin extract and in the seed extract of the same grape variety [27-30]. The same was situation about content of catechin and epicatechin [31,32]. The present work addresses the flavanol composition of grape skins, comparing the results with those found from the seeds of four grape varieties; the latter information has been published in an earlier work [33].

The aim of this study was to evaluate the phenolic composition and antioxidant activity of skin extracts from four different Bulgarian grape varieties and compare to those of seed extracts. Similarities and differences between the polyphenolic composition, (specially of flavanols) of the skin and seed extracts of the different cultivars were discussed. This will allow to evaluate their potential as a source of natural antioxidants used in the pharmaceutical and food industries.

2. Results and Discussions

2.1. Comparison of total phenolic parameters of grape skin and seed extracts

The application of skin and seed extracts as sources for valuable biological active compounds is growing continuously. They possess a high antioxidant, antimicrobial and antilipid potential and successfully can be used as valuable pharmaceutical components, natural additives in foods and as dietary supplements. The identification and quantification of polyphenolic compounds in the extracts is very important objective for evaluation of their value. The first task in this studying was to prepare the skin extracts from four Bulgarian grape varieties (Cabernet Sauvignon, Marselan, Pinot Noir and Tamyanka). The extraction was carried out by preliminary determined optimal conditions - magnetic stirring at 500 rpm, at room temperature, 3 h [33]. An aqueous mixture of ethanol (70%, v/v) was chosen to carry out the extraction, because ethanol is harmless to health. The yields of grape skin extracts were determined (Table 1). The yield was calculated as ratio of dry extract weight to weight of dry skin weight in percent. The obtained results were compared with those of seed extracts. The yields of the skin extracts (5.5-15.42%) were found to be lower than those of the seed extracts of the four cultivars (12.03-18.34%), [33].

The values of the total phenolic contents (TPC), total flavonoids (TF), total anthocyanins (TA), procyanidins (PC), ascorbic acid (AA) of the four skin extracts were determined and compared with

analogical parameters of seed extracts (Table 2), discussed in details in our previous paper [33]. It was found that the TPC of skin extracts are 2-2.5 times lower than those of seed extracts (Table 1). TPC values of seed extracts varied in interval 79.06-111.22 mg GAE/g DW and those of skin extracts in interval 36.28 - 56.17 mg GAE/g DW.

Table 1. Comparison of polyphenolic content of grape skin and seed extracts.

Grape extract	Parameters	Pinot Noir	Cabernet Sauvignon	Marselan	Tamyanka
Skin	Yeld, %	5.52 ± 0.51	13.25 ± 0.52	15.42 ± 0.55	10.02 ± 0.52
	TPC, mg GAE/g DW	45.05 ± 0.85	42.32 ± 0.32	56.17 ± 0.41	36.28 ± 0.29
	TF, mg QE/g DW	4.41 ± 0.12	6.45 ± 0.12	6.70 ± 0.16	2.64 ± 0.11
	PC, mg CE/g DW	3.31 ± 0.15	3.65 ± 0.13	4.52 ± 0.14	1.23 ± 0.10
	TA, mg CGE/g DW	1.21 ± 0.10	3.34 ± 0.12	3.94 ± 0.15	0.015 ± 0.08
	AA, mg/g DW	3.17 ± 0.16	2.72 ± 0.11	2.76 ± 0.11	3.53 ± 0.14
Seed	Yield, %	12.05 ± 0.77	16.02 ± 0.65	18.34 ± 0.66	15.13 ± 0.63
	TPC, mg GAE/g DW	111.22 ± 1.28	88.22 ± 0.72	103.24 ± 1.11	79.06 ± 0.65
	TF, mg QE/g DW	51.50 ± 0.30	45.95 ± 0.14	52.01 ± 0.34	40.05 ± 0.18
	PC, mg CE/g DW	170.45 ± 2.52	157.22 ± 2.10	152.18 ± 2.05	31.44 ± 0.23
	TA, mg CGE/g DW	0.04 ± 0.02	0.05 ± 0.02	0.062 ± 0.01	no
	AA, mg/g DW	11.07 ± 0.25	3.01 ± 0.11	2.71 ± 0.13	4.88 ± 0.13

Bar indicates Mean ± SD (n=3).

Table 2. Calibration curves and validation data of the HPLC method used for determination of polyphenolic compounds in skin extracts.

Standard compounds	Wave Length, nm	Conc. range, mg/L	Equations	R ²	LODmg/L	LOQmg/L	RSD %RT (n = 5)
GA	280	1.0 – 10.0	y = 19.497x – 0.5612	0.9999	0.25	0.75	0.14
(+)-C	280	10.0 – 50.0	y = 2.202x + 0.8166	0.9992	2.59	7.84	0.27
(-)-EC	280	10.0 – 100.0	y = 1.732x + 4.7597	0.9995	4.80	14.55	0.17
(-)-EGCG	280	2.0 – 10.0	y = 12.648x + 5.035	0.9991	0.98	2.99	0.18
B1	280	10.0 – 30.0	y = 2.534x – 13.617	0.9986	1.75	5.30	0.26
B2	280	10.0 – 20.0	y = 3.901x – 9.72	0.9966	4.32	13.10	0.23
B3	280	2.5 – 100.0	y = 9.254x + 1.58	0.9998	0.26	0.78	0.26
C1	280	2.0 – 10.0	y = 9.490x + 0.81	0.9999	0.22	0.66	0.18
O	280	1.0 – 5.9	y = 27.966x – 24.586	0.9991	0.31	0.94	0.46
Q3G	360	1.9 – 8.0	y = 11.416x – 13.243	0.9999	0.13	0.38	0.50
R	320	0.7 – 5.6	y = 4.928x – 2.062	0.9979	0.40	1.23	0.11
Q	360	0.7 – 5.6	y = 15.663x – 8.784	0.9993	0.22	0.65	0.79

GA – gallic acid, (+)-C – (+)-catechin, (-)-EC – (-)-epicatechin, (-)-EGCG – (-)-epigallocatechin gallate, B1 – procyanidin B1, B2 – procyanidin B2, B3 – procyanidin B3, C1 – procyanidin C1, O – oenin, Q3G – quercetin 3-glucoside, R – resveratrol, Q – quercetin.

The difference between TF values of skin extracts according to those of seed extracts was higher (about 10 times). The content of procyanidins in both extracts has the highest difference. PC content in skin extracts was lower than those of seed extracts. The skin extract of white grape Tamyanka possess the lowest PC value. Contrary, the TA values of skin extracts were higher compared to those of seed extracts. The anthocyanin pigment content was the highest in the skin extracts of Marselan and Cabernet Sauvignon red grapes. The obtained results were logical, because the TA are accumulated in red grape skins. The seeds should not contain anthocyanins, but the TA traces usually remain during separation of seeds from skins. The AA content in the skin and seed extracts were similar. The obtained results were showed that skin and seed extracts have the highest difference between TF and PC values. Many authors discussed the similar differences between the total indicator values in seed and skin extracts. Rockenbach et al. [32] indicated that the TPC of Pinot Noir

seed extract was 165.18 mg CE/g DW and the value of skin extract was 6.60 mg CE/g DW. The TPCs in seed and skin extracts from the Cabernet Sauvignon grape were respectively 82.49 mg CE/g DW and 10.65 mg CE/g DW. The same authors compared the values of TF in extracts from Pinot Noir seeds and skins. They found that the TF value of seed extract was 111.87 mg CE/g DW, but in skin extract was only 0.56 mg CE/g DW. In the Cabernet Sauvignon cultivar, the difference was smaller (53.12 mg CE/g DW for seed extract and 2.52 mg CE/g DW for skin extract). Guaita and Bosso [26] described that the values of TPC of seed extracts of four red grape cultivars varied from 73.7 to 107.8 mg GAE/g DW and the TPCs of skin extracts varied from 33.2 to 37.5 mg GAE/g DW. The PC values of the skin extracts were 3-5 times lower than the PC values of seed extracts. They presented the same differences between the TF values of the skin and seed extracts.

Besides that, the studied extracts from different grape cultivars presented different values of total polyphenolic indicators contained in skin and seed extracts (Table 1). It is known that the concentration of polyphenolic compounds in grapes depends on the grape cultivars, and other factors, such as ripening time, climate, soil and growth location [24].

2.2. Validation of HPLC method

The individual compounds in skin and seed extracts of Pinot Noir, C. Sauvignon, Marselan and Tamyanka grapes were determined by RT-HPLC method. For this purpose, first the calibration curves of necessary standard compounds were performed. The absorptions of different standards were measured at 280, 320 and 360 nm (Table 2).

It is known that the differences in spectral characteristics of polyphenol compounds are linked to their chemical structures. Sovak [34] reported review of the absorbance observations of the compound inherent for grape seed extracts. The smaller compounds with 7- and 9-C-subunits are able to absorb the light beam at wavelength from 270 nm to 290 nm. The polyphenols with two aromatic rings and carbon bridge between (like stilbenes) have maximums near 310-320 nm. The next most complex compounds of this class contain 3 aromatic rings (flavonoids) and show a different location of the maximum 355 - 370 nm. Anthocyanidins and other large molecules show a peak at 500-530 nm.

The calibration graphs were constructed for every standard. The selected standards were mainly flavanols and procyanidins. The aim of this study was to prove the presence of flavanols, flavonols and procyanidins in skin extracts and to made comparison with the individual compounds in the seed extracts. That's exactly why the absorptions of different standards were measured at 280, 320 and 360 nm. From antocyanins was used only oenin as standard. It is known, that the skin extracts of red grapes have the antocyanins. The high TA values found in skin extracts of red cultivars (Marselan, Cabernet Sauvignon, Pinot Noir) have proven this fact (Table 1). Gallic acid glucoside was quantified with the response factor of gallic acid given the lack of commercial standards.

The linear equations of calibration curves were calculated (Table 2). The R squared values (R^2) for all calibration curves were very good (0.9979 – 0.9999). The limits of detection (LOD) and limits of quantification (LOQ) were calculated. The accuracy and repeatability of the method was determined by calculating the retention time precisions (RT). It was found that the retention time precisions were within 0.11-0.79% relative standard deviation (RSD).

2.3. Comparison of HPLC identification of phenolic compounds in grape skin and seed extracts

The comparison between the HPLC chromatograms of skin and seed extracts from Pinot Noir and Cabernet Sauvignon, Marselan and Tamyanka grape varieties were presented on Figures 1 and 2, respectively. The polarity of the polyphenolic compounds in the extracts is different. Therefore, RP-HPLC was a logical choice for extracted polyphenols identifications. The sequence of substances leaving the chromatographic column depends on the hydrophobic properties of the filling and also on the gradual increase in the concentration of acetonitrile in the mobile phase. The sequence of the eluted target compounds was presented on the chromatograms (Fig.1 and 2) and in Table 3.

Table 3. Polyphenols in grape skin and seed extracts in mg/g, expressed by dry weight (n = 5).

Grape extract	Polyphenols	Pinot Noir	Cabernet Sauvignon	Marselan	Tamyanka
Skins	Gallic acid	0.30 ± 0.12	0.37 ± 0.13	0.65 ± 0.18	1.11 ± 0.54
	Procyanidin B3	-	0.65 ± 0.19	0.97 ± 0.23	0.39 ± 0.11
	(+)-Catechin	5.86 ± 0.97	1.51 ± 0.69	2.23 ± 0.61	0.44 ± 0.14
	Oenin	2.21 ± 0.63	2.66 ± 0.85	2.54 ± 0.71	0.99 ± 0.31
	(-)-EC*(Epicatechin+ Epigallocatechin gallate)	0.45 ± 0.15	0.54 ± 0.13	0.47 ± 0.15	0.21 ± 0.09
	Quercetin 3-gallate	-	1.84 ± 0.78	-	-
	Procyanidin C1	0.32 ± 0.12	0.39 ± 0.14	0.42 ± 0.14	0.12 ± 0.08
	Quercetin	0.67 ± 0.34	1.25 ± 0.37	1.15 ± 0.55	0.45 ± 0.15
Seeds	Gallic acid	0.61 ± 0.23	0.44 ± 0.30	0.42 ± 0.31	0.35 ± 0.15
	Gallic acid glucoside	0.88 ± 0.32	0.13 ± 0.07	0.05 ± 0.01	0.64 ± 0.02
	Proanthocyanidin B1	8.81 ± 1.09	8.82 ± 1.17	7.57 ± 0.65	7.05 ± 0.73
	Proanthocyanidin B3	2.90 ± 0.39	0.95 ± 0.37	1.31 ± 0.93	1.69 ± 0.73
	(+)-Catechin	12.16 ± 0.98	9.17 ± 0.73	8.06 ± 0.51	7.35 ± 0.50
	Proanthocyanidin B2	4.06 ± 0.41	5.17 ± 0.21	5.17 ± 0.99	3.46 ± 0.62
	(-)-Epicatechin	10.16 ± 1.09	5.94 ± 0.45	14.27 ± 0.64	4.89 ± 0.31
	Proanthocyanidin C1	0.34 ± 0.11	0.55 ± 0.21	0.68 ± 0.32	0.14 ± 0.07

Bar indicates Mean ± SD (n=5).

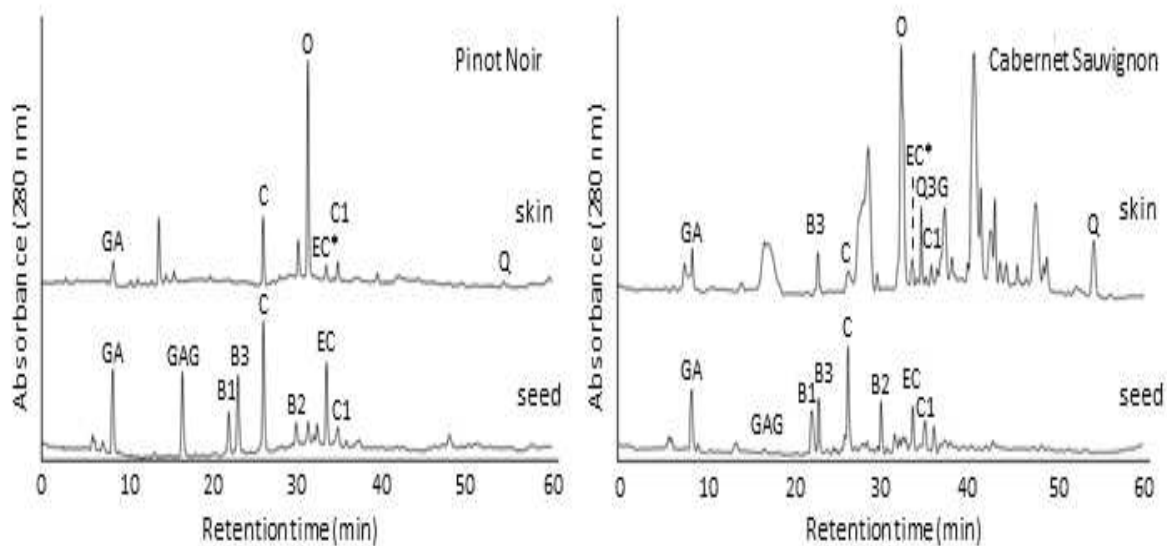


Figure 1. Chromatograms of skin and seed extracts from Pinot Noir and Cabernet Sauvignon red grape varieties. GA – gallic acid, C – (+)-catechin, EC* – (-)-epicatechin + (-)-epigallocatechin gallate, B1 – procyanidin B1, B2 – procyanidin B2, B3 – procyanidin B3, C1 – procyanidin C1, O – oenin, Q3G – quercetin 3-glucoside, R – resveratrol, Q – quercetin.

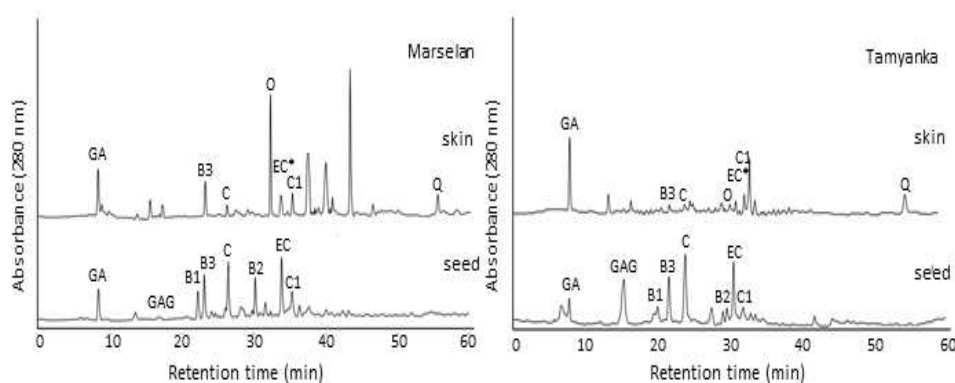


Figure 2. Chromatograms of skin and seed extracts from Marselan red grape and Tamyanka white grape varieties. GA – gallic acid, C – (+)-catechin, EC* – (-)-epicatechin + (-)-epigallocatechin gallate,

B1 – procyanidin B1, B2 – procyanidin B2, B3 – procyanidin B3, C1 – procyanidin C1, O – oenin, Q3G – quercetin 3-glucoside, R – resveratrol, Q – quercetin.

The composition profile of grape skin extracts was completely different from the profile of seed extracts. Analysis of soluble flavan-3-ols in grape skins is more difficult than in seeds since they are present in lower concentrations and are accompanied by other phenolic compounds such as flavonols, anthocyanins. That is way, only few publications have presented the identification of flavanol composition of grape skins [27, 28]. In this study the flavonols in skins were successfully separated with the selected chromatographic conditions. Some of the phenolic compounds were found in both skin and seed extracts, like gallic acid, catechin, epicatechin, procyanidin B3 and procyanidin C1.

At a comparison made between of skin and seed chromatograms and data from Table 3, it can be seen that the seeds are richer in monomeric flavan-3-ols: (+) catechin, (-) epicatechin, dimers: procyanidins B1, B2, B3 and trimer: procyanidin C1.

Catechin concentration in Pinot Noir, Marselan and Cabernet Sauvignon grape skins was 2, 3.5 and 6 times lower than those of grape seeds (Table 4). The concentrations of gallic acid in skin and seed extracts are similar. From procyanidins B in skin extracts was determined only procyanidin B3. Procyanidin B3 is a catechin dimer (catechin-(4 α →8)-catechin). Its concentration was significant in skin extracts of Marselan and Cabernet Sauvignon red grape cultivars and equivalent to those in the seed extracts. Only, the extract of Pinot Noir skins does not contain procyanidin B3. Similar results were obtained by Rodriguez et al. [27]. They have found that the concentration of procyanidin B3 in skin extract was higher according to concentrations of procyanidin B1 and B2. Although few in number, there are publications showing that skin extract contains procyanidins B1 and B2 [28]. Procyanidin C1 is a procyanidin trimer consisting of three (-)-epicatechin units joined by two successive (4 β →8)-linkages. There a not publications with information for identification of procyanidin C1 in skin extracts. In this case, it was found that concentration of procyanidin C1 in all skin extracts were similar like those in seed extracts. The determination of procyanidins B3 and C1 in skin extracts were very important, because it is known, that procyanidins are very strong antioxidant agents [35, 36]. The (-)-epicatechin could not be located well since its peak is masked with (-)-epigallocatechin gallat (EGCG) peak, that way their concentration was presented in complex EC+EGCG.

The skin extracts contain compounds that were not determined in the seed extracts, like oenin, quercetin 3-gallate and quercetin. The oenin (anthocyanin) was presented in high concentrations in skin extracts of red grapes (Marselan, Cabernet Sauvignon, Pinot Noir). The concentrations of the flavonols quercetin 3-gallate and quercetin were very low. It is known that quercetin and resveratrol are powerful antioxidants [37]. In our case the concentration of quercetin was the higher in skin extracts of the Cabernet Sauvignon and Marselan red grapes (1.25 and 1.15 mg/g DW) compare to those of Pinot Noir and Tamyanka grapes (0.67 and 0.45 mg/g). The obtained concentrations of quercetin were higher than those obtained from other authors (0.006 – 1.54 mg/g DW), [28, 32, 38]. The concentration of resveratrol was barely detectable only in chromatogram of Marselan skin extract, but it was absent in all seed extracts. The very low resveratrol concentrations in skin extracts were found from other authors [28, 32].

The results we obtained for the flavanols content and quercetin of tested skin extracts are compared with the results obtained from other authors in Table 4. As we indicated above, there are few publications on the study of the flavanols content in the skin extract. It is obvious that compound concentrations vary widely in different studies. This is due to the different grape varieties, climate, growth location, extraction solvents, etc. The comparison shows that the skin extracts obtained contain a higher concentration of flavanols, catechins, quercetin compared to the analogous results obtained by other authors.

Table 4. Comparison of flavonols content and quercetin of tested skin extracts with results from other studies

Grape Skins	PC B1, mg/g	PC B2, mg/g	PC B3, mg/g	PC C1, mg/g	C, mg/g	EC, mg/g	Q, mg/g	Reference
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Cabernet Sauvignon	0.012**	0.001**	0.027**	-	0.017**	0.006**	0.048**	[27]
Merlot	0.002**	0.021**	0.035**	-	0.025**	0.013**	0.031**	[27]
Cabernet Sauvignon	-	-	-	-	1.41	1.27	0.006	[38]
Cabernet Sauvignon	-	-	-	-	-	-	0.23	[32]
Grenache	0.62	0.41	0.27	0.46	0.76	0.28	-	[25]
Carignan	0.74	0.43	0.28	0.53	1.01	0.35	-	[25]
Pinot Noir	-	-	-	-	0.13	-	0.15	[32]
Pinot Noir	0.30	0.28	-	-	0.61	0.34	1.54	[28]
Pinot Noir	-	-	-	0.32	5.86	0.45*	0.67	Current study
Cabernet Sauvignon	-	-	0.65	0.39	1.51	0.54*	1.25	Current study
Marselan	-	-	0.97	0.42	2.23	0.47*	1.15	Current study
Tamyanka	-	-	0.39	0.12	0.44	0.21*	0.45	Current study

The all results were presented as mg/g dry weight extract, only data marked with ** - mg/g fresh grape. The data marked with * are combined results E+EGCG. C – (+)-catechin, EC* – (-)-epicatechin + (-)-epigallocatechin gallate, B1 – procyanidin B1, B2 – procyanidin B2, B3 – procyanidin B3, C1 – procyanidin C1, Q – quercetin.

Besides that, there are differences in the compound concentrations in skin extracts of different grape varieties. The obtained lower concentrations of individual compounds in skin extracts, compared to those of seed extracts, were correlated with the values of TPC (36.38 – 56.17 mg GAE/g DW), TF (2.64 – 6.70 mg QE/g DW) and PC (1.23-4.52 mg CE/g DW), (Table 2). According to the values of total parameters (TPC, TF and PC) and concentration of individual compounds the skin extracts of different cultivars were arranged in the following order: Marselan ≥ Pinot Noir > Cabernet Sauvignon > Tamyanka.

2.4. Comparison of antioxidant capacity of skin and seed extracts

Antioxidant capacity is one of the most important characteristics of grape extracts, which showed the degree of scattering radicals. The obtained results for antioxidant potential of skin extracts, determined by ABTS, DPPH, FRAP and CUPRAC methods, were presented in Table 5.

Table 5. Spectrophotometric determination of antioxidant capacity of grape skin and seed extracts.

Grape extract	Parameters	Pinot Noir	Cabernet Sauvignon	Marselan	Tamyanka
skins	DPPH, $\mu\text{M TE/g DW}$	75.77 $\pm$ 1.12	81.23 $\pm$ 0.73	89.74 $\pm$ 0.78	14.22 $\pm$ 0.18
	ABTS, $\mu\text{M TE/g DW}$	87.61 $\pm$ 1.25	99.05 $\pm$ 0.88	109.31 $\pm$ 1.01	58.23 $\pm$ 0.41
	FRAP, $\mu\text{M TE/g DW}$	11.28 $\pm$ 0.29	35.68 $\pm$ 0.45	29.05 $\pm$ 0.28	10.03 $\pm$ 0.34
	CUPRAC, $\mu\text{M TE/g}$	12.53 $\pm$ 0.32	14.41 $\pm$ 0.17	18.93 $\pm$ 0.22	11.64 $\pm$ 0.18
seeds	DPPH, $\mu\text{M TE/g DW}$	579.33 $\pm$ 4.15	435.25 $\pm$ 3.3	597.23 $\pm$ 4.12	245.6 $\pm$ 3.23
	ABTS, $\mu\text{M TE/g DW}$	2203.51 $\pm$ 10.25	2,246.23 $\pm$ 11.33	2,273.92 $\pm$ 12.32	1,907.24 $\pm$ 9.56
	FRAP, $\mu\text{M TE/g DW}$	142.76 $\pm$ 2.35	97.15 $\pm$ 0.82	115.22 $\pm$ 1.10	67.45 $\pm$ 0.75
	CUPRAC, $\mu\text{M TE/g}$	68.18 $\pm$ 0.98	64.38 $\pm$ 0.52	72.34 $\pm$ 0.81	32.23 $\pm$ 0.29

Bar indicates Mean $\pm$ SD (n=3).

All extracts possessed free radical-scavenging activity determined by ABTS and DPPH methods, but at different levels. High values of ABTS and DPPH antioxidant capacity compared to the results obtained with FRAP and CUPRAS methods indicated that the mechanism of antioxidant action of extracts was carried out by hydrogen donor transfer which could terminate the oxidation process by converting free radicals to stable forms. The obtained results were compared to the antioxidant capacity of the seed extracts. The results indicates that the skin extracts due to the lower polyphenolic contents, had ABTS and DPPH values lower than those of the seed extracts.

FRAP and CUPRAC assays are the most widely used methods to determine the reducing power of antioxidants. These parameters indicates that the antioxidants are electron donors and can reduce the oxidized intermediates of the lipid peroxidation process. The CUPRAC assay was based on

reduction of Cu (II) to Cu(I) by antioxidants and FRAP assay was based on reduction of Fe (II) to Fe(I) by antioxidants.

It can be seen from Table 6, that the FRAP and CUPRAC values of skin extracts were also lower than the values of seed extracts. The similar results were presented from other authors [39, 40]. Grape skins and seeds contain a complex phenolic composition. The scavenger capacity for free radicals was different among variety of polyphenols in grape skins and seeds. Some authors presented results for antioxidant capacity of pure phenolic compounds. Rauf et al. [14] reported that grape seed procyanidins have stronger antioxidative and anti-inflammatory effects than other polyphenols. Anastasiadi et al. [31] indicated, that according to the DPPH and FRAP values the referent phenolic compounds were arranged: quercetin > gallic acid > epicatechin > catechin > syringic acid. The identification of procyanidins, catechin, quercetin, quercetin 3-gallate in studied grape skin extracts showed that they possess compounds with high antioxidant activity. The all obtained results indicated that the skin and seed extracts from red cultivars Marselan, Cabernet Sauvignon and Pino Noir had significantly higher antioxidant capacity than those of white cultivar Tamyanka. The obtained antioxidant capacities correlated very well with polyphenolic contents in grape skin and seed extracts. The obtained grape extracts can be successfully used as valuable sources of biologically active substances with high antioxidant potential.

Table 6. Gradient mode of RP-HPLC for grape extracts analyses.

Time, min	Eluent A, %	Eluent B, %
0.0 – 5.0	90	10
5.1 – 20.0	80	20
20.1 – 25.0	75	25
25.1 – 50.0	70	30
50.1 – 80.0	55	45

3. Materials and Methods

3.1. Materials

The materials used in this study were the wastes (pomaces) from the vinification of three red wine *Vitis vinifera* L. cv. Pinot Noir, C. Sauvignon, Marcelan grapes and one white wine *Viis vinifera* L.cv. Tamyanka grape (Pink Pelikan Winery Ltd. Silistra, Bulgaria). This grape sorts is grown in the Danube region, near the city of Ruse, Bulgaria. Marselan is a recent crossing between two famous red grape varieties, *Vitis vinifera* L. cv. Grenache and Cabernet Sauvignon. Tamyanka is a French Muscat.

The chemicals used for the experiment were ethanol 99,9% v/v (Valerus, Bulgaria), sodium carbonate (> 99%), methanol, vanillin, ascorbic acid, 2,2-diphenyl-1-picrylhydrazyl (DPPH), 6-hydroxy-2,5,7,8-tetramethylchroman-2-carbohyllic acid (Trolox 97%), 2,2-azino-bis (3-ethylbenzotiazoline-6-sulphonic acid) (ABTS), potassium persulfate, 2N solution Folin-Ciocalteu reagent, gallic acid, quercetin, (+) catechin, sodium hydroxide, copper chloride, neocuproine, sodium acetate, ammonium acetate, tripyridyltriazine (TPTZ), ferric chloride. cupric chloride, trichloroacetic acid, butylated hydroxytoluene (BHT), thiobarbituric acid purchased from Sigma-Aldrich Co, Germany. The reagents sodium nitrite, aluminum chloride hexahydrate were purchased from Merck Co, Germany. Deionized water purified by ELGA’s water purification systems (UK) was used throughout the experiments. The reagents for HPLC analysis, as phosphoric acid, acetonitrile, (+)-catechin, (-)-epicatechin, (-)-epigallocatechin gallate, procyanidin B1, procyanidin B2, procyanidin B3, procyanidin C1, oenin chloride, quercetin 3-glucoside, resveratrol, quercetin, rutin were purchased by Sigma-Aldrich (Germany) and they were in HPLC grade.

3.2. Preparation of grape skin and seed extracts

Skins were separated from the seeds by rubbing the mixture over a plastic sieve. Then the treatment of grape seeds and skins was carried out separately. Processing included separately washing, drying at 40 °C for 14 h, and storage at 4 °C. For each experiment, a certain amount of dry grape seeds or skins was grinded to powder with a diameter of 2.5–22.5 µm. The mixture of grape skin powder (5 g) with 25 mL 70% aqueous ethanol was stirred on a magnetic stirrer MMS-3000 (Boeco, Germany) at constant stirring rate of 500 rpm, at ambient temperature and pressure, for 3 h. The upper liquid was separated and the process was repeated with other 25 mL 70% aqueous ethanol. The resulting mixture was centrifuged at 4830 × g for 10 min. The supernatant was separated and concentrated to 1 mL in a vacuum evaporator (Rotavapor R-215, Buchi, Flawil, Switzerland) in a water bath at 50–60 °C and 100–175 hPa vacuum pressure. The extract of grape seeds was prepared at the same conditions [33].

3.3. Spectrophotometric methods for determination of skin and seed polyphenols

The methodic for total phenol content (TPC), total flavonoids (TF), procyanidins (PC), total anthocyanin pigments (TA) and ascorbic acid content (AA) were described in detail in our previous manuscript [33]. Absorbances were measured at spectrophotometer 6900 UV-Vis JENWAY, England.

Total phenolic content was determined by the Folin-Ciocalteu assay [33]. The absorbances were measured at 725 nm. The standard curve was obtained on the basis of gallic acid with a concentration of 50–450 µg/mL in ethanol. Total polyphenolic content was expressed as milligram-equivalent gallic acid per gram of dry weight matter, mg GAE/g DW.

Total flavonoids were determined by the aluminum complexation assay [33]. The absorbances were measured spectrophotometrically at 510 nm. The standard curve was obtained on the basis of methanol solution of quercetin with a concentration of 0–1 mg/mL. Total flavonoids were expressed as milligram-equivalent quercetin per gram of dry weight matter, mg QE/g DW.

Procyanidins were estimated according to the procedure described by Brezoiu et al. [41]. A extract solution with a concentration of 300 µg/mL in methanol was prepared. A calibration curve was prepared using absorption for catechin solutions with concentrations ranging from 20 to 500 µg/mL. Different mixtures were prepared and incubated for 20 min at 30 °C and then their absorption was measured at 500 nm. Procyanidin content was expressed as mg (+)-catechin per gram of dry weight matter, mg CE/g DW.

The content of total anthocyanin pigments was determined according to the method described by Brezoiu et al. [41]. The extract (250 µL) was diluted with buffer solution at pH 1 to obtain an absorbance of 1.1. The dilution factor was determined. Then, the extract was diluted with buffer solution at pH 4.5 using the same dilution factor. The absorbance was measured at 520 nm. The concentration of anthocyanin pigments expressed as cyanidin-3-glucoside equivalents (mg/L).

The ascorbic acid content was determined according to the methodology described by Brezoiu et al. [41]. Extract (500 µL) was mixed with 250 µL Folin–Ciocalteu reagent that was previously diluted with 4.5 mL ultrapure water. The absorbance at 765 nm was measured. The standard curve was obtained on the basis of ascorbic acid in concentrations 10–500 µg/mL in ethanol.

3.4. Spectrophotometric methods for determination of antioxidant capacity of skin and seed extracts

The ABTS assay was carried out as described by Sofi et al. [42]. ABTS radical was prepared by mixing equimolar amounts of 2.6 mM of potassium persulfate and 7.4 mM ABTS, following by 16 h incubation in the dark, at room temperature. Before analysis, the 1 mL ABTS+• solution was diluted with 60 mL methanol to an absorbance of 1.1 ± 0.02 at 734 nm. Samples (100 µL) were allowed to react with 2 mL of ABTS+• solution for 10 min, on dark. Afterwards the solution absorbance at 734 nm was measured. A standard line is drawn in the linear interval 25–600 µM Trolox (TE). Results were expressed as µM TE equivalents/g dry weight matter.

Determination of DPPH radical scavenging activity was performed as described by Sofi et al. [42]. Sample (100 µL) was mixed with 2 mL of daily prepared DPPH• solution (24 mg in 100 mL methanol) for 20 min at room temperature. The decrease in absorbance was red

spectrophotometrically at 515 nm. A linear regression for the Trolox standards (25–800 μM) was constructed. Results were expressed as μM TE equivalents/g dry weight matter.

Ferric reducing antioxidant potential (FRAP) assay was performed based on the method of Benzie and Strain [43]. FRAP reagent were prepared daily by mixing 10 volumes of 300 mM sodium acetate buffer (pH 3.6) with 1 volume of 10 mM TPTZ solution and 1 volume 20 mM ferric chloride. Samples (150 μL) were allowed to react with FRAP reagent (2.85 mL) for 30 min in dark condition. The absorbance was measured at 539 nm, A standard line is drawn in the linear interval 25 to 800 μM Trolox. FRAP values were expressed as μmol TE per g dry matter.

The cupric reducing antioxidant capacity (CUPRAC) of the grape seeds and skins extracts was determined according to the method of Apak et al. [44]. One mL 7.5 mM neocuprine and 1 mL 1M ammonium acetate buffer (pH 7.0) solutions were added to a test tube with 1mL 10 mM Cu (II). Extracts were added to the initial mixture so as to make the final volume of 4.1 mL. The tubes were stoppered and the absorbance at 450 nm was recorded against a reagent blank after 30 min. Results were expressed as μmol TE per g dry matter.

3.5. HPLC assays for determination of phenolic composition of skin and seed extracts

Antioxidant content of grape extracts was determined by HPLC (Varian 920-LC Liquid Chromatograph) and reverse phase column (Stable Bond analytical column Zorbax SB-C18: 5 μm , 4.6 x 250 mm) with guard column (Zorbax SB-C18: 5 μm , 4.6 x 12.5 mm). The instrument was equipped with a photo diode array (PDA) detector and set range 200 – 600 nm, single read at 280, 320 and 360 nm. The analyses were performed at 24°C and 0.7 mL/min flow rate. Samples were automatically injected at volume 10 μL . Two eluents were used in gradient mode. Eluent A was 0.1% phosphoric acid in deionized water (dH_2O) and eluent B was acetonitrile. The steps of the gradient are described on Table 6.

The dried grape extracts from skins and seeds were dissolved in 70% acetonitrile in dH_2O at final concentration 10 mg/mL. The skin extracts were load for 1 min in an ultrasonic bath for completely dissolution. After that, the samples were filtered by 0.8 μm filter unit and then by 0.45 μm filter unit. The content in the obtained peaks in chromatograms were proved by standard solutions: gallic acid, (+)-catechin, (-)-epicatechin, (-)-epigallocatechin gallate, procyanidin B1, procyanidin B2, procyanidin B3, procyanidin C1, oenin, quercetin 3-glucoside, resveratrol, quercetin, rutin. Neither grape seed extract nor grape skin extract had a characteristic rutin peak.

3.6. Data processing of HPLC method

All of the experiments were performed five times and average values were calculated. The mathematical operations were performed by Microsoft Excel. The standard solutions were used for derivation of the linear equations and correlation coefficients of determination (R^2). Limit of detection (LOD) was the lowest concentration of the compound in the sample that can be consistently detected with a stated probability. Limit of quantification (LOQ) is the lowest concentration that can be quantified accurate and precise (Vashist and Luong, 2018). The used equations are:

$$\text{LOD} = \frac{3.3 \times \text{SD}}{b}$$

$$\text{LOQ} = \frac{10 \times \text{SD}}{b}$$

“SD” is the standard deviation and “b” is the slope of the obtained curve. Also, the HPLC characteristic (retention time, RT) of the peaks were analyzed. The relative standard deviations (RSD) of those parameters were calculated: $\text{RSD}\% = (\text{SD} \times 100)/\bar{x}$.

3.7. Statistical Analysis

Experimental results were means $\pm$ SD of three parallel measurements. Analysis of variance was performed by ANOVA procedures (DPS 7.55 for Windows).

4. Conclusion

In summary, skin and seed extracts of the studied four grape varieties are a promising medic and food source, which deserves more intensive research. According to the phenolic content and antioxidant capacity of the extracts the different grape varieties were arranged by the following order: Marselan $\geq$ Pinot Noir > Cabernet Sauvignon > Tamyanka. The quantities of bioactive compounds in skins were smaller than those in seeds. Regardless of that, the skin extracts contained the valuable bioactive compounds like procyanidins, catechin, epicatechin, quercetin, quercetin-glucoside, gallic acid. It was proved that skin extracts contained the strong antioxidants procyanidin B3 and procyanidin C1. The seed extracts of these grape varieties were abundant with flavanols and procyanidins. In the future, the isolation and identification of natural bioactive compounds of these extracts should be considered. Moreover, it is necessary to investigate the role and mechanism of these natural individual or combine bioactive compounds in different diseases. Also, the grape seed and skin extracts have the potential to be used as food additive and diet nutrient.

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