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Article

Genetic Determinants of Atherogenic Indexes

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Abstract: Atherogenesis and dyslipidemia increase the risk of cardiovascular disease, which is the leading cause of death in developed countries. While blood lipid levels have been studied as disease predictors, their accuracy in predicting cardiovascular risk is limited due to its high interindividual and interpopulation variability. The lipid ratios: atherogenic index of plasma (AIP=log TG/HDL-C) and the Castelli risk index 2 (CI2=LDL-C/HDL-C) have been proposed as better predictors of cardiovascular risk, but the genetic variability associated to these ratios has not been investigated. This study aimed to identify genetic associations with these indexes. The study population (n=426) included males (40%) and females (60%) aged 18-52 years (mean 39 years), the Infinium GSA array was used for genotyping. Regression models were developed using R and PLINK. AIP was associated with variation on *APOC3*, *KCND3*, *CYBA*, *CCDC141/TTN*, and *ARRB1* (p-value < 2.1E-6) the three former previously associated to blood lipids, while CI2 was associated with variants on *DIPK2B*, *LIPC*, and 10q21.3 rs11251177 (p-value 1.1E-7) the latter previously linked to coronary atherosclerosis and hypertension. *KCND3* rs6703437 was associated with both indexes. This study is the first to characterize the potential link between genetic variation and atherogenic indexes, AIP and CI2, highlighting the relation between genetic variation and dyslipidemia predictors. These results also contribute to consolidating the genetics of blood lipid and lipid indexes.

Keywords: dyslipidemia; atherogenic indexes; genetic associations

1. Introduction

Atherogenesis and dyslipidemia are key risk factors for coronary artery disease (CAD), the leading cause of mortality in the world [1]. Atherosclerosis is an inflammatory process that encompasses the formation of plaque in the artery walls contributing to cardiovascular disease (CVD), hypertension, stroke, and coronary artery disease [2]. Atherosclerosis is complex and multifactorial, involving genetics, the environment, lipid levels such as low-density lipoprotein cholesterol (LDL-C), total triglycerides (TG), and high-density lipoprotein cholesterol (HDL-C), the comorbidities, diabetes, dyslipidemia, hypercholesterolemia, and the accumulation of oxidized LDL [3]. Increasing age is highly correlated to atherosclerosis and current epidemiological studies suggest that early detection would lead to prevention and the deployment of interventions for treatment and control prior to cardiovascular disease onset. However, the characterization of early molecular phenotypes atherosclerotic key events remain to be fully elucidated [4]. Dyslipidemia, one of the main underlying factors in atherogenesis, is highly prevalent worldwide; for instance, it reaches 53% in the United States, 49% in China [5], and 80% in Turkey [6]. In Mexico City, the CARMELA study determined a prevalence of 50.5% for hypercholesterolemia and 32.5% for hypertriglyceridemia, and hypotheses are that nearly every two out of three city dwellers might have some type of dyslipidemia [7,8].

The early identification of atherosclerosis and dyslipidemia is urgently needed to pinpoint targeting therapies and preventive interventions. Lipids levels and lipid indexes have been of some

help because of their association to cardiovascular risk. For example, LDL-C, TG, and HDL-C are strongly correlated to coronary heart disease (CHD) although their underlying genetics has not been fully characterized [9]. A genetic profile that may aid in the identification of dyslipidemia, and CVD or its predisposition could propel earlier diagnosis and interventions.

Up-today, the association between genetics and blood lipids has aided in the search for reliable markers of CVD, atherosclerosis, and dyslipidemia since in part, these have a heritable basis and the literature evidences their association with an extensive collection of genetic loci [10,11]. For example, single nucleotide variants (SNVs) on *APOE*, *CETP*, *LPL*, *PCSK9*, and *GCKR* have been significantly associated with lipid levels and dyslipidemia in different populations [10,11]. Despite the high prevalence of CVD and dyslipidemia in Mexico, only a few studies have investigated its relationship with genetic variation. One report found SNVs on *APOA5*, *GCKR*, *LPL*, and *NPC1* associated with hypertriglyceridemia [12], while polymorphisms on *ABCA1*, *CETP*, *LIPC*, and *LOC55908* have been associated with hypoalphalipoproteinemia, many of these variants are shared by different populations but some seem to be unique to certain geographical ancestries [10,13].

Recent studies have highlighted the accuracy and relevance of lipid ratios/indexes to better assess dyslipidemia and cardiovascular risk. The atherogenic index of plasma (AIP=log TG/HDL-C) can accurately predict hypertension, metabolic syndrome, and ischemic stroke even when HDL-C and TG levels seem normal or when isolated values of TG or HDL-C cannot assess this risk [14,15]. The direct measurement of HDL-C and LDL-C has shown bias in assessing cardiovascular health [16] but their ratio i.e., the CI2 (LDL-C/HDL-C, CI2), although less cited, has been confirmed as a better predictor of cardiovascular risk [9,16,17]. Hence, there is an apparent, but not as frequently acknowledged, value of AIP and CI2 indexes to identify cardiovascular risk. It is possible that AIP and CI2 ratios together with genetics could improve the clinical assessment of CVD risk and dyslipidemia. Nevertheless, little is known about the direct relationship between these indexes and genetic variation. Therefore, here we investigated the potential association between lipid indexes, AIP and CI2, and genetic variants in Mexican adults free of cardiovascular disease.

2. Materials and Methods

2.1. Population

Study participants were volunteers recruited between 2014 and 2016 for the longitudinal study Tlalpan 2020 (n=426) [18], all normotensive and with no previous diagnosis of cardiovascular disease. The study protocol followed the principles of the Declaration of Helsinki and was approved by the Institutional Bioethics Committee of the Instituto Nacional de Cardiología numbers 13-802 and 16-983 and at INMEGEN, CEI2017/20. A blood sample was withdrawn after an overnight 12h fast in EDTA-Vacutainers. DNA was extracted using the PureBlood kit (Qiagen, Valencia CA, USA), nucleic acid quality control and concentration were assessed in a Nanodrop (ThermoFisher, Waltham, MA, USA) and aliquoted to 40 ng/μL, DNA samples were stored at -70°C until analysis. Anthropometric measurements included, height, weight, waist and hip circumference. Clinical determinations included, triglycerides (TG), HDL-C, LDL-C, uric acid, creatinine, and glucose. Blood pressure was reported as the average of three measurements with a calibrated sphygmomanometer after a resting period of 10 min. Circulating lipids were compared to reported reference values [19,20]. Total triglycerides, HDL-C, and LDL-C levels were used to calculate the Castelli risk index 2, CI2= LDL-C/HDL-C [18] and the atherogenic index of plasma, AIP = log (TG/HDL-C) [14,21,22].

2.2. Lipid indexes and genetic analyses

Lipid values and indexes were assessed according to the above-mentioned equations, AIP and CI2 indexes showed a wide normal distribution, AIP: mean 0.419±0.281 and range (-0.40 – 1.610) and CI2: mean 2.66 ± 0.841 and range (0.430 – 5.36). DNA samples were genotyped using the GSA-Infinium array 24 v.10 (Illumina) for 670K variants. After bioinformatic quality control, we excluded redundant SNVs, variants with less than 95% genotype call rate, missing data per variant > 5%,

missing data per individual > 2%, and minor allele frequency MAF < 1%, for statistical analyses we considered 330K variants

Independent linear regression models were developed with AIP and CI2 as dependent variables assuming additive effects on the allele dosage and selected covariates [23]. Descriptive genomic analyses included, Hardy-Weinberg p -value < 1.0 E-5, call rate > 0.95, and sex-check by heterozygosity [25]. Model covariates were selected according to their impact on the total variance for AIP or CI2 based on the value of the first component of PCA and included, uric acid, weight, waist circumference, and sex. Statistical significance was considered starting at p -value=1.0 E-5 given that our population was tested for 1.0 E5 SNVs (330K variants). Nevertheless, we identified genetic associations for AIP at p -value=1.0 E-6 and for CI2 between p -value=1.0 E-7 and 1.0 E-5, without correction for multiple testing since we defined this study as exploratory i.e., our observations would require future validation

To account for population stratification, we assessed genetic admixture using the Software Admixture 1.3 [26], and the 1000G project reference populations, Northern Europeans from Utah (CEU, Caucasians), Mexicans from Los Angeles (MXL), Yoruba in Ibadan from Nigeria (YRI), Chinese Han from Beijing (CHB), and Natives from Mexico. Genetic data from the GSA microarray were used to define 56,000 Ancestry Informative Markers (AIMs), setting an identity by descent value, IBD π -hat Z0.5, and excluding markers in linkage disequilibrium or a physical distance < 500kb, ensuring that ancestry informative markers (AIMs) were uniformly distributed throughout the genome.

3. Results

3.1. Population and lipid characteristics

The study group consisted of 40% males and 60% females (n=170, 256), with a mean age of 39 years (17 – 53). Mean and median values were within reference laboratory ranges for uric acid, creatinine, glucose, HDL-C, LDL-C, and TG (Table 1). Males showed higher total TG (49%), LDL-C 32%, total cholesterol (50%), and HDL-C (45%) levels compared to females (p -value 1.9E-2 – 9.7E-4, Table 2). Dyslipidemia was identified in 70% of males and 72% of females, deviation from reference levels is depicted in Table 2. Also, females showed lower creatinine and uric acid levels compared to males and overall displayed a healthier lipid profile, in agreement with previous reports of lipid sex differences (16,27,28). Calculations for AIP and CI2 indexes showed that men presented 26% and 18% higher AIP and CI2 values compared to women (p -value \leq 4E-6) reflecting an expected higher cardiovascular risk (Tables 1 and 2).

Table 1. Population characteristics.

	Males N = 170	Females N = 256	All N = 426
Age, y	38 (18-53)	40 (17-52)	39 (17-53)
Weight, kg	78.1 (51.2 -125)	63.1 (41.7 - 119)	70 (41.7 - 125)
Height, m	1.70 (1.50 - 1.99)	1.57 (1.36 - 1.72)	1.61 (1.36 - 1.99)
BMI, kg/m ²	26.8 (16.9 - 40.3)	26.2 (16.9 - 47.1)	26.4 (16.8 - 47.1)
Waist circumference, cm	94.0 (63.0 – 130)	85.0 (54.0 – 126)	89.0 (54.0 – 130)
Glucose, mg/dL	94.0 (72.0 – 166)	90.0 (74.0 – 241)	92.0 (72.0 – 241)
Uric acid, mg/dL	6.34 (1.82 – 10.0)	4.62 (2.30 – 7.58)	5.31 (1.82 – 10.0)
Creatinine, mg/dL	0.95 (0.62 – 1.40)	0.69 (0.44 – 1.19)	0.77 (0.44 – 1.40)
Cholesterol, mmol/dL	4.62 (2.96 – 8.30)	4.39 (2.16 – 7.06)	4.49 (2.16 – 8.30)

HDL-C, mmol/dL	1.10 (0.60 – 2.12)	1.22 (0.73 – 2.27)	1.16 (0.60 – 2.27)
LDL-C, mmol/dL	3.09 (0.98 – 6.87)	2.93 (0.54 – 5.38)	3.00 (0.54 – 6.87)
Triglycerides (TG), mmol/dL	1.48 (0.47 – 15.4)	1.22 (0.22 – 5.86)	1.32 (0.22 – 15.34)
Dyslipidemia, n (%)	119 (70%)	85 (72%)	304 (71%)
Castelli risk index 2 (CI2) ¹	2.91 (1.25 – 5.36)	2.45 (0.43 – 4.92)	2.60 (0.43 – 5.36)
Atherogenic index of plasma (AIP) ²	0.48 (-0.18 – 1.61)	0.38 (-0.40 – 1.17)	0.42 (-0.40 – 1.61)

Values indicate the mean and range. ¹ CI2 = LDL-C/HDL-C; ²AIP = log (TG/HDL-C).

Table 2. Proportion of lipid levels outside reference values.

	High TG > 1.9 mmol/L	High cholesterol > 5 mmol/L	High LDL-C > 3.9 mmol/L	Low HDL-C < 1.04 mmol/L
Males %, n ¹	30%, 51	35.3%, 60	16.5%, 28	38%, 65
Females %, n ¹	16%, 41	22.3%, 59	10.9%, 28	26%, 67
p-value ²	8.74E-06	2.32E-03	1.80E-03	2.59E-05

¹ n, sample size for each sex. ²p-value for sex differences using an ANOVA test.

3.2. Genetic analyses

The GSA array probes for 669,672 genetic variants, after quality control we considered a total of 309,635 SNVs for the development of the association models. Population admixture was assessed using publicly available genetic variation for European, Native Mexicans, Asian, and Sub-Saharan African ancestries. Our sample showed expected ancestral contributions of European 30% (0.1 – 0.80), Native Mexican 65% (0.16 – 0.99), CHB 1% (0 – 0.25), and YRI 4% (0 – 0.28) similar to previous results [11]. The admixture proportion was considered as a covariant for the association models and was graphically represented in Supplemental Figure S1.

3.3. Genotype-phenotype associations

3.3.1. Genotype-phenotype association for AIP

The AIP was associated with seven variants on, *APOA1/APOC3*, *CYBA*, *ARRB1*, *CCDC141*, *KCND3*, and *VLDR* (p-value=1E-6, Table 3) and to other 26 variants with a p-value ~1E-5 (Supplemental Table S1 and Supplemental Figure S2). Top associated variants were, *APOC3* rs5128, *ARRB1* rs11236389, *LIPC/ALDH1A2* rs261342, *DIPK2B* rs4294309, and *KCND3* rs6703437, the latter was also associated with CI2 although with a lower significance (p-value=1.1E6 – 1.8E-5, Table 3). The visual impact of the most significant genotypes on AIP values were represented in Figure 1A. The variant allele of *APOC3* rs5128 seems to have a detrimental effect on AIP values while the variant allele of *ARRB1* rs11236389 is suggestive of a protective atherogenic effect showing an association with lower AIP values.

Table 3. Variants associated with atherogenic indexes.

Gene	Chr	rs identifier	Coefficient	p-value
Variants associated to AIP				
<i>APOA1/APOC3</i>	11	rs5128	0.094	2.61E-06
<i>CYBA</i>	16	rs12709102	0.078	3.91E-06
<i>ARRIB1</i>	11	rs11236389	-0.102	6.63E-06
<i>TTN/CCDC141</i>	2	rs10497528	0.089	8.29E-06
<i>APOA1/APOC3</i>	11	rs5072	0.091	8.94E-06
Variants associated to CI2				
<i>Intergenic</i>	10q21.3	rs11251177	0.606	1.07E-07
<i>LINC02451</i>	12	rs6582413	0.259	5.19E-07
<i>LINC02451</i>	12	rs12817366	0.254	1.88E-06
<i>Intergenic</i>	12	rs34115639	0.244	7.06E-06
<i>Intergenic</i>	12	rs10880344	-0.233	7.10E-06
<i>Intergenic</i>	6	rs7762658	-0.247	2.03E-06
<i>LIPC/ALDH1A2</i>	15	rs261342	0.227	1.10E-06
<i>DIPK2B</i>	23	rs4294309	0.306	1.18E-05
<i>KCND3</i>	1	rs6703437	-0.234	1.76E-05

Lead SNVs generated by GLM considering uric acid, weight, waist circumference, sex, and genetic ancestry. The raw output of the GLM analysis is in ST2.

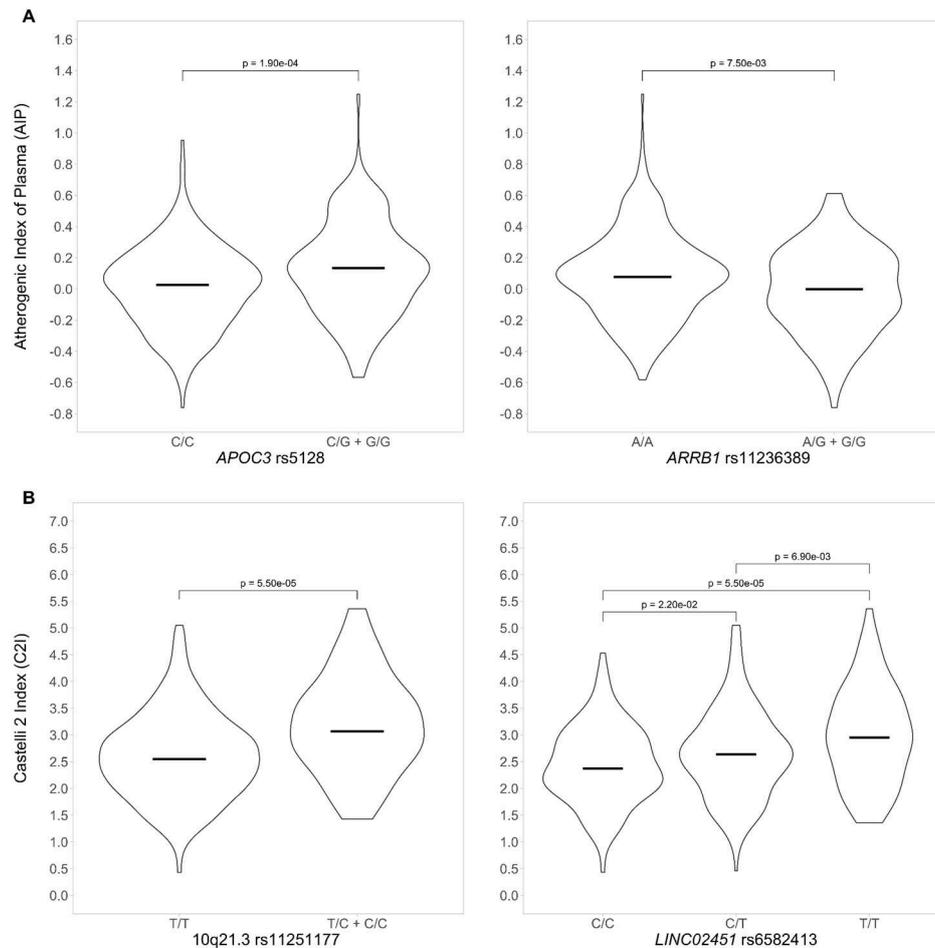


Figure 1. Impact of *APOC*, *ARRB1*, *LINC02451*, and *10q21.3* variants on AIP and Castelli 2 indexes. A. association between AIP and *APOC3* rs5128 (left) and *ARRB1* rs11236389 (right), horizontal middle line depicts lipid indexes mean value. B. association between CI2 and *10q21.3* rs11251177 (left) and *LINC02451* rs65822413 (right), horizontal line reflect the mean values of each lipid index, statistical significance of mean differences is displayed at the top.

3.3.2. Genotype-phenotype association for CI2

We found a statistically significant association between CI2 and nine variants mostly in intergenic regions, four located on chromosome 12 in partial linkage disequilibrium (p -value $<1E-7 - 1E-5$, Table 3, and Supplemental Figure 2). Figure 1B depicts the impact of the most significant variants on CI2, where the minor allele of *10q21.3* rs11251177, and *LINC02451* rs6582413 showed an association with a 25% increment in CI2 levels (p -value $5.5E-5$). The current literature shows only a few reports on the clinical impact of the loci here identified (Table 3) or its relation to lipids and lipid indexes, hence we sought for their in-silico impact in The Regulome database (visited on December 2022), to infer its functional impact. For *10q21.3* rs11251177 and rs6582413 we found a neutral impact of these variants to clinical phenotypes, both in LD with low-ranking variants and within 500kb (28) (Table 3) leaving little room for interpretation and a void in information that ought to be addressed in future research.

4. Discussion

The identification of a quantitative relationship between genetics and CVD surrogates such as AIP and CI2 is of health transcendence due to the high mortality associated with cardiovascular disease underlied by atherogenesis. Several lipid levels and their indexes have attempted to predict cardiovascular risk and support prevention strategies. There are a couple of studies that associate

lipids and lipoproteins measurements with genetic loci in different populations, but high interindividual or population variability has clouded their interpretation and potential application [30,31]. The AIP and CI2 indexes have emerged as surrogate markers of cardiovascular health as they have been reliably correlated with cardiovascular risk, lipoprotein size [17,29], or plasma atherogenicity [30]. They have demonstrated to be better CVD predictors compared to TG/HDL-C alone [31,32]. M. Dobiasova and J. Frohlich showed that the AIP index closely correlates to lipoprotein particle size and fractional esterification rate of HDL-C which in turn is a predictor of coronary artery disease risk [33,34], cerebrovascular accident [35], the thickness of the carotid intima-media, statin response, and ischemic stroke [36]. Current reports have provided valuable molecular insights into lipid metabolic pathways and dyslipidemia, but no study has identified the relationship between the ratios, AIP and CI2 with genetics [10].

Here, we report statistically significant associations between gene variants and lipid indexes AIP and CI2 previously reported as relevant for lipid levels and CVD including, *APOC3/APOA1*, 10q.21.3 rs1125117, *KCND3*, and *VLDL*. Evidence from other fields suggests that adding genetic information to clinical CVD prevention may fine-tune the utility of lipid indexes for disease prediction [20], likely facilitating the development of specific laboratory tests and algorithms. Below, we discuss the relevance of our findings in the scope of novel and previous genetic associations.

The identification of variants on *APOC3* and *VLDL* associated to atherogenic indexes confirmed previous inferences, since these genes are well known to impact lipid levels. *APOC3* has been repeatedly associated with dyslipidemia [37] and blood lipids. Several studies confirm a variety of loci, not always in LD, mapping on the *APOC1*, *APOC3*, and *APOA5* clusters and its relation to blood lipids [38–40]. Variant *APOC3* rs147210663 has been reported over 40 times associated to dyslipidemia, cholesterol, and BMI, it is in LD with *APOC3* rs5128 here identified, and whose association with triglyceride levels in Pima Amerindians has been reported as a founder mutation [41]. Also, a recent multi-ancestry analysis on 170,000 exomes including 16,440 individuals of “Hispanic” origin reported that *APOC3* is a relevant gene for HDL-C and the TG/HDL-C ratio [11]. To further delve into the relevance of the *APOC3* and chromosome 11 loci, Jurado-Camacho et al. described the *APOA1/C3/A5-ZPR1-BUD13* cluster and its impact on several lipid traits including, HDL-C and TG [41]. These observations agree with our results of the intron variant *APOC3* rs5128 as significantly associated to the AIP index in Mexican adults highlighting that the connection of *APOC3* and blood triglycerides is likely population independent [42]. Also associated with AIP were intronic variants, *ARRB1* rs11236389 and *CYBA* rs12709102 the former codes for the cytosolic protein, arrestin beta 1, with immune functions but no clinical reports were found. The second one is part of the microbicidal oxidase system of phagocytes that has also been related to CAD, the thickness of the carotid intima media, and as a direct indicator of atherogenicity and obesity validating in part our observations [43]. Although the link between lipid metabolism and variants rs11236389 and rs12709102 here identified have not been previously reported, it might not necessarily be an unexpected observation since these genes, or their paralogs seem to bear variants in relation to cardiovascular risk [1,43].

TTN/CCDC141 rs10497525 is an intron variant of the large sarcomeric protein, titin, variations on this gene cause muscle disorders and cardiomyopathies [44]. *TTN/CCDC141* is highly expressed in the heart [45] suggesting its potential role in biochemical pathways and cardiovascular health, but not yet discussed under the scope of dyslipidemia and atherogenic indexes. Our results may give rise to the biochemical connection between heart health, blood lipid levels and genetics identified in adults under 53 years.

The last variant associated with the AIP index was *KCND3* rs6703437, this gene codes for a potassium channel responsible for smooth muscle contraction and it is associated with the Brugada syndrome and cardiac conduction [46]. *KCND3* rs6703437 is 0.6 Kb apart and in partial LD with variant rs672757, this latter directly associated with obesity in patients with asthma [47], hinting towards a potential role of heart disease under a lipid imbalance.

Overall and according to the recent literature, the variants here associated with the AIP index may be indicative of cardiovascular health, heart function, lipid transport, and metabolism. Our

observations confirm previous correlations between lipid levels and genes, *APOC3*, *TTN/CCDC141*, *KCND3*, *CYBA*, and *ARRB1* and attest for the first time to a genetic relationship with AIP.

For the CI2, we identified six variants on intergenic and non-coding loci, four of them on chromosome 12 with few or no reports of their clinical relevance. We identified *DIPK2B* rs4294309 an intron variant located on chromosome Xp11.3. *DIPK2B* codes for a protein kinase domain 2B and known variants influence autism and intestinal carcinoma, but its relation to lipid metabolism or cardiovascular health has not been previously reported. However, *DIPK2B* maybe indirectly related to lipid and lipid indexes since its association with autism has been linked to alterations of cholesterol levels, decreased HDL-C, apolipoprotein A1 (ApoA1), and apolipoprotein B (ApoB) (48,49), suggesting a potential lipid-gene-autism relationship that may possibly pinpoint to a genetic marker. On chromosome 12 we identified four variants associated with CI2, rs6582413, rs12817366, rs34115639, and rs10880344 the two former on the Long Intergenic Non-Protein Coding RNA 2451, *LINC02451*, and the two latter in intergenic regions. Genome-wide linkage and meta-analyses of chromosome 12 have confirmed the presence of variants relevant to premature myocardial infarction and atherogenic plaque of the carotid intimal media, but these reported loci do not appear to be in close LD with the variants here listed. It is possible that several regions on chromosome 12 point towards genetic regulation or coding genes correlated to the CI2 and cardiovascular health that together may be considered as a polygenic cluster on chromosome 12.

Genetic variation on 10q21.3 here, rs7762658, rs11251177, have been associated with coronary artery disease in the GENOA study and in a pedigree of familial hypercholesterolemia [50]. Loci 10q.21.3 has been suggested to harbor genes with a role in subclinical coronary atherosclerosis [1], we identified this same locus as 10q21.3 rs1125117 with the highest statistical significance and size effect associated to CI2 (p-value 1.07e-7). Lange L. et al. mentioned that this variant is enriched in families with hypertension which is one of the future goals of the present cohort, i.e., the identification of markers predictive of hypertension and cardiovascular health supporting the relevance of cluster 10q21.3 in particular variant rs1125117.

Other variants associated with CI2 were observed on *KCND3*, *DIPK2B*, and *LIPC/ALDH1A2* which have already been identified in lipoprotein and dyslipidemia studies. Here, *KCND3* rs6703437 was associated to both, AIP and CI2 indexes (p-value 2.06e-6 and 1.7e-5) suggesting a concomitant association of this variant with HDL-C and triglycerides. Current reports on *KCND3* indicate a link between genetic variation and cognitive impairment [51,52] suggesting a shared relationship between neurological disorders and lipids and hence the importance of monitoring genetic variation associated with lipid indexes as potential predictors of several physiological systems.

Associated to CI2 was also the gene *LIPC/ALDH1A2* with the dual function of triglyceride hydrolase and ligand/bridging factor for receptor-mediated lipoprotein uptake. *LIPC/ALDH1A2* rs261342 is located on the 5' promoter region of *LIPC* and has been strongly associated with HDL-C in women as part of a haplotype [53] and used to assess CVD risk and its relation to lipids and apolipoproteins [54]. We found this variant associated with CI2 confirming its relationship to HDL-C levels, in males and females, i.e., in a sex independent manner opposed to the sexual dimorphism listed in previous results [53]. For CI2, we corroborate previous associations between this atherogenic index and 10q21.3 rs11251177, and to loci clustered on chromosomes 12 and 6. Also, we confirmed that gene variation on *LIPC* and *KCND3* impact CI2 interindividual variation and the latter may have a stronger health impact as we found it associated with both, AIP and CI2.

5. Conclusions

Our observations introduce variants not previously reported and provide to the collection of loci associated to the lipid indexes AIP and CI2. The clinical utility of these SNVs as indicators of cardiovascular disease risk remains to be investigated, but its association to genetic variation contributes to the not fully accounted genetic impact on lipids [48]. Here, we attest the relationship between genetics and the atherogenic indexes AIP and CI2 that to the best of our knowledge has not been previously reported. We showed that the genetic variants listed here are associated to these lipid indexes overlapping previous reports of genetic associations to specific blood lipids. Future studies

should aim to integrate and validate a list of genetic markers consolidating knowledge on genetics and lipids that could be directed to cardiovascular prevention.

6. Patents

No patents are filed or intended from the work reported in this manuscript.

Supplementary Materials: The following supporting information can be downloaded at the website of this paper posted on Preprints.org. Figure S1: Admixture of the study population; Table S1: All genetic variants associated to Atherogenic Plasma Index and Castelli 2 Index (p-value < 0.51.E-2). Supplemental Table S1: All genetic variants and its association to Atherogenic Plasma Index.

Author Contributions: SR-M and EC-R contributed to the cohort conceptualization, volunteer recruitment, sample management, clinical processing, clinical analyses, and genetic conceptualization. T.T contributed to sample management, processing, genetic analyses, data bioinformatic and statistical analysis and writing the manuscript. RC-R contributed to the cohort conceptualization, volunteer recruitment, and clinical data acquisition. KR-C, MR-D wrote sections of the manuscript and contributed to population statistical analyses. DK defined patient grouping, revised the manuscript and bioethics documentation. VG-C defined the genetics study, analyzed and interpreted results, wrote the paper, and contributed to sample processing, and data acquisition. All authors contributed to manuscript revision, read, and approved the submitted version.

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Institutional Review Board Statement: The study was conducted in accordance with the Declaration of Helsinki, and approved by the Ethics Committee of Instituto Nacional de Cardiología Ignacio Chávez (protocol code 13-802 and date of approval 16/05/2017) and at INMEGEN CEI 2017/20.

Informed Consent Statement: Informed consent was obtained from all subjects involved in the study. Written informed consent has been obtained from the patient(s) to publish this paper"

Data Availability Statement: Data available on request from the corresponding author due to privacy restrictions and multiple institutions managing the future purpose of the cohort as a longitudinal study.

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Conflicts of Interest: The authors declare no conflict of interest.

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