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## Article

# Determination of Uric Acid in Homeopathic Acid Uric Tablet by Colorimetric Method

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**Abstract:** Uric acid being a diagnostic biomarker of gout and therapeutic agent in homeopathic medicines necessitates to develop simple and specific method for its determination. Therefore, present study describes the development and validation of simple and specific colorimetric method for determination of uric acid in homeopathic tablets. Uric acid upon reaction with acid and reagent mixture produced coloured derivative which was detected at 411 nm. The method was found linear over the whole range investigated with the correlation coefficient ( $R^2$ ) = 0.9975. Beer's law was obeyed over the concentration ranges from 5.0 µg/mL to 240 µg/mL. The method was found to be reliable (95.7 to 108.2% recovery), repeatable intra-day accuracy (97.01 to 107.4%) and reproducible-inter day accuracy (99.45 to 107.8%) with relative standard deviation less than 5%. The results of the present study indicate the method is easy to perform, specific and suitable to be used for the determination of uric acid in homeopathic Acid Uric Tablet using less expensive derivitization.

**Keywords:** homeopathic; uric acid; derivitization

## Introduction

Uric acid, 7, 9-dihydro-1H-purine-2, 6, 8 (3H)-trione, is a heterocyclic organic compound possessing 168 Da molecular mass. It is the final oxidation product of purine metabolism and acts as an endogenous antioxidant. It scavenges hydroxyl radicals, singlet oxygen and peroxy radicals (Sautin and Johnson, 2008). However, abnormally high concentration of uric acid in biological fluids is associated with hyperuricemia, gouty arthritis and urate crystals deposition in kidneys (Schumacher, 1996; Kramer and Curhan, 2002; Maiuolo *et al.*, 2016). It is an important biomarker of various diseases. Furthermore, it has been reported that uric acid is used as API in anti-gout homeopathic medicines such as Acid Uric 3x Tablet. Such medicines are often much diluted tinctures that contain APIs in very low amount (Shaukat *et al.*, 2020). This necessitates sensitive analytical methods that can quantify APIs in homeopathic medicines. The development of simple and sensitive analytical methods of homeopathic medicines may be helpful in their quality control and stability studies.

The literature review indicated several methods for the determination of uric acid using various analytical techniques. The reported methods included enzyme-catalyzed oxidation to induce chromophore, colorimetry involving various reagents, electrochemical detection utilizing electrodes and biosensors and reversed phase HPLC (Jelickic *et al.*, 2003; Dai *et al.*, 2007; Piermarini *et al.*, 2013; Tanaka *et al.*, 2013). Uric acid has been determined in serum (Trinder, 1968, Montaseri *et al.*, 2014; Motshakeri *et al.*, 2018), saliva (Inoue *et al.*, 2003), wheat flour (Venkat *et al.*, 1960) and milk as well as orange juice (Zuo *et al.*, 2015). Most of the reported methods were laborious and involved the use of reagents which were carcinogenic (Czauderna and Kowalczyk, 1997; Chen *et al.*, 1998; Jelickic *et al.*, 2003). Hence, there was a need to develop method using UV/Visible spectroscopy that could be used for quality control Acid Uric 3x Tablet in less equipped homeopathic manufacturing laboratories. Therefore, the present study aimed to develop colorimetric methods, that may be employed for the quality control of the selected homeopathic anti-gout medicine (Acid Uric 3X Tablet).

## Material and methods

### Chemicals and Solvents

Uric acid (Difco Laboratories, USA), Acid Uric 3x Tablet (Batch No 25, BM Homeo Pakistan), Nitric acid (BDH Laboratory supplies, England), sodium dihydrogen phosphate, disodium hydrogen phosphate, analytical grade methanol, hexane (Sigma Aldrich, Gmbh), potassium ferrocyanide trihydrate, ferric chloride, butanol. Silica gel (mesh size 60 to 120) and silica gel TLC plates 60 F<sub>254</sub> (20 × 20 cm) of Merck KGaA, Darmstadt, Germany. The solvents used included acetic acid (Merck, Germany) and double distilled water.

### Instruments

Double beam UV/Visible spectrophotometer (Model-2550, Shimadzu Scientific Instruments, USA, equipped with Operating system UV Probe 2.21), Fourier Transform Infrared Spectrophotometer (IR Tracer-100, Shimadzu Japan), were used in the current study. Other equipment used included pH meter (WTW series, Ino lab), ultrasonicator (Memmert, Germany).

### Development and validation of colorimetric method for uric acid

#### Standard solutions

Standard stock solution of uric acid having concentration of 5 mg/mL was prepared in 1% sodium acetate solution. Then, a range working standard solutions (5.0-240 µg/mL) was prepared from the standard stock solution.

#### Derivatizing solutions

Potassium ferrocyanide test solution was prepared by dissolving 100 mg potassium ferrocyanide in 50 mL distilled water. Ferric chloride test solution was prepared by dissolving 162 mg ferric chloride in 50 mL HCl (0.1N). Both the solutions were stored in tightly capped container and protected from light and heat.

#### Uric acid derivitization

Uric acid (20 mg) was moistened with 70% concentrated nitric acid (0.5 mL) in china dish. The resulting mixture was kept in an oven at 100°C temperature for 20 min till the appearance of pink color. This acid-treated uric acid was then added in a test tube containing a mixture of 2 mL each of potassium ferrocyanide and ferric chloride solutions which gave a solution of uric acid (5 mg/mL). A blank was made by mixing equal volume of potassium ferrocyanide and ferric chloride test solutions. Ten Acid Uric 3x Tablets were powdered and an amount one tablet (250 mg) was taken in a china dish and treated as mentioned in standard solution derivitization.

Both derivatized and un-derivatized uric acid solutions were applied on TLC plates by glass capillary and allowed to dry. The plate was developed using a solvent mixture of methanol, hexane, butanol, acetic acid and water (6:1:1:1:1 v/v/v/v). Then, the plate was dried using hot-air chromoplate was visualized under UV light to confirm derivitization.

#### Determination of $\lambda_{\max}$

The derivatized uric acid solution was scanned in wavelength ranging 800-200 nm using blank. The spectrum was used to determine  $\lambda_{\max}$  and compare the absorption profile of un-derivatized sample.

#### Separation of uric acid derivative

One milliliter derivitized reaction mixture was eluted through column (2.8 cm long, 2.1 cm external diameter and 1.5 cm internal diameter) packed with slurry of activated silica gel (mesh size 70 µm) using the mobile phase (used for TLC). Eluted samples (1-2 mL) were collected separately in test tube, labelled and then spotted over TLC plate. The chromatogram is developed using mobile phase methanol: hexane: butanol: acetic acid: water (6:1:1:1:1 v/v/v/v) and calculated the R<sub>f</sub> value of

the developed spot. The fractions with the same  $R_f$  values were pooled together and scanned in wavelength range 800-200 nm. The spectrum obtained was used to determine  $\lambda_{\max}$ . The fraction was evaporated to dryness and subjected to IR analysis for comparison of spectra of underivatized and derivatized uric acid.

### Method validation

#### Linearity

The standard solutions having concentration range of 5.0-240  $\mu\text{g/mL}$  were analyzed in triplicates at 411 nm. The linearity was observed by visual observation of the calibration curve and correlation of the data points was evaluated by determining the correlation coefficient ( $R^2$ ).

#### Sensitivity

Working standard solutions containing uric acid (5.0-80.0  $\mu\text{g/mL}$ ), were analyzed in quintuplicate and peak area of each standard was plotted against concentration. Mean slope and standard deviation of each plot were used to determine LOD and LOQ statistically using the following equations:

$$\text{LOD} = 3.3 \frac{\sigma}{S} \quad (1)$$

$$\text{LOQ} = 10 \frac{\sigma}{S} \quad (2)$$

#### Recovery, intra-day and inter-day accuracy and precision

For recovery, lactose (10 mg) was spiked with 1 mL of each of the three mixed working standard solutions (10, 20 and 40  $\mu\text{g/mL}$ ). Un-spiked samples were treated in a similar procedure to prepare respective blanks. The spiked and un-spiked samples were analyzed in triplicate, and their concentrations were determined using calibration curve. The calculated amount was then compared with the spiked amount to assess recovery. For intra-day accuracy and precision, each of the three mixed standard solution (10, 20 and 40  $\mu\text{g/mL}$ ) was analyzed 6 times in the same day, while for inter-day accuracy and precision each of the solutions was analyzed once daily for 6 consecutive days. The amount of each standard was determined from calibration curves, constructed on each day, and was compared with the true value to determine accuracy, whereas the RSD of the six readings was taken to find precision.

#### Determination of active content in Acid Uric 3x Tablet

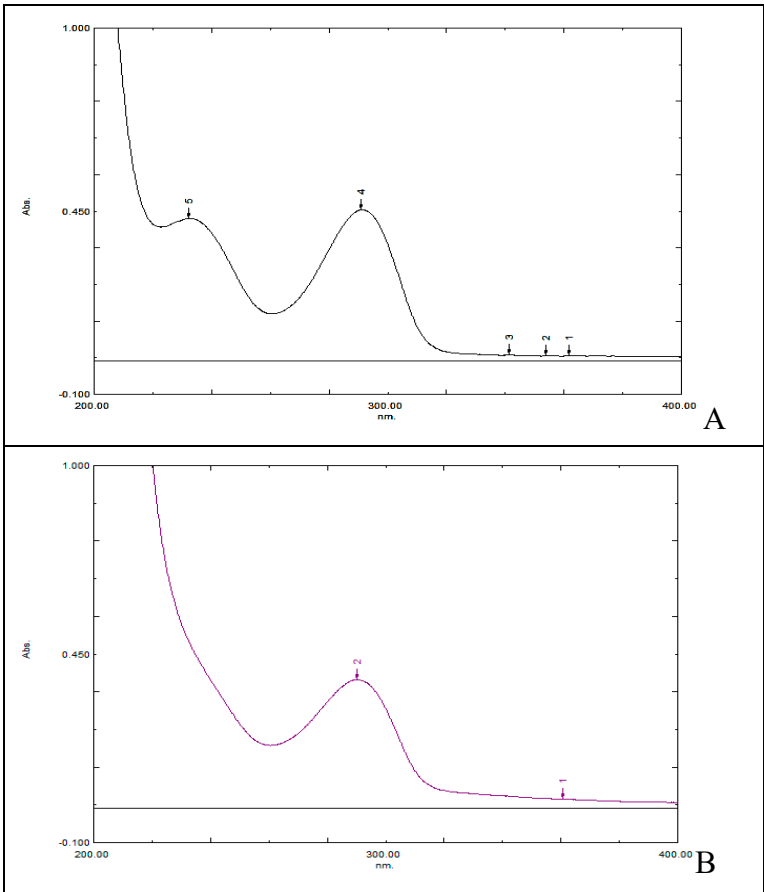
The Acid Uric Tablet was derivitized as mentioned in uric acid derivitization section. The amount of uric acid in sample was determined from the linear regression equation, obtained from the standard calibration curve.

### Results and Discussion

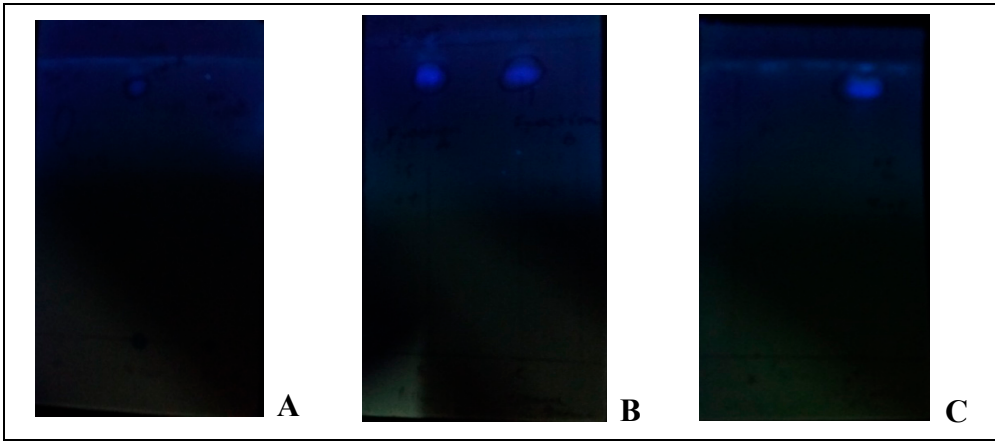
#### Development and validation of colorimetric method

The spectrum of un-derivitized uric acid and Acid Uric 3x Tablet solutions are given in Figure 1. These results indicated that uric acid absorbs maximum at 295 nm.

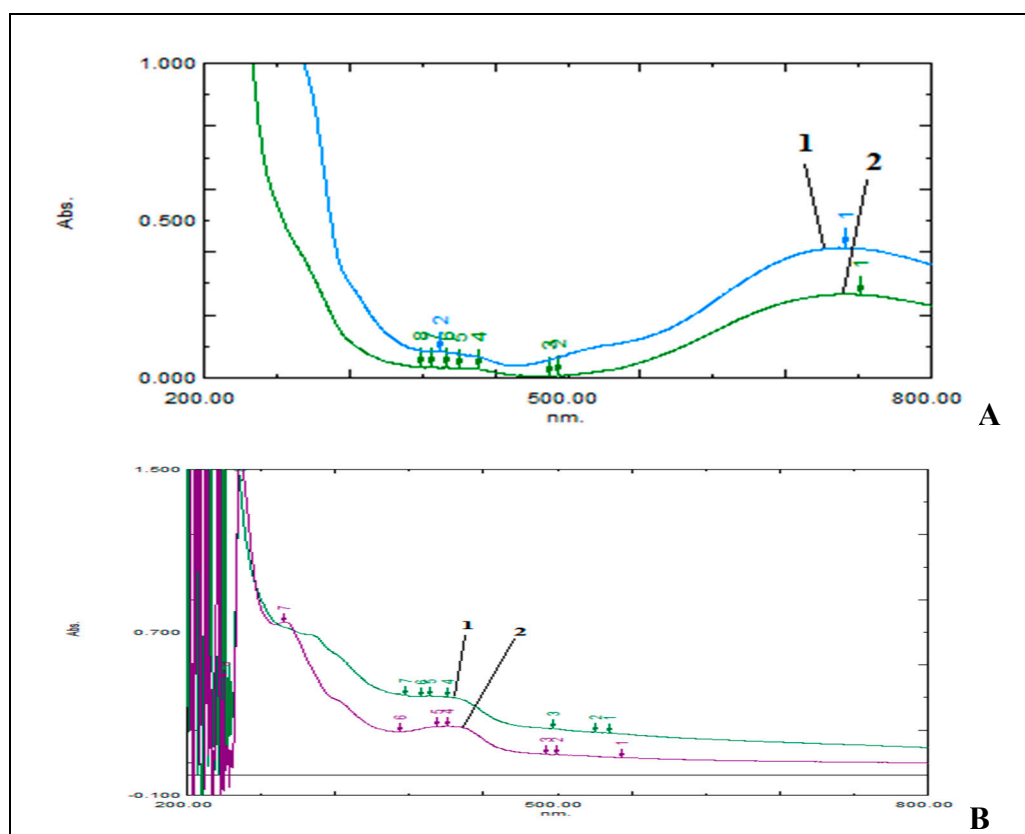
The derivitized sample gave single spot on TLC plate visible at 365 nm giving  $R_f$  value 0.8 while blank and standard solution gave no spot on TLC (Chromoplate 1), hence indicating that the reagent mixture derivitized the sample. This derivitized sample and blank reagent gave maximum absorbance at same wavelength 729 nm, hence indicating reagent interference (Figure 2A). So, to remove reagent interference and isolate uric acid derivative, the sample was eluted through column of suitable dimension. The isolated fraction when scanned in wavelength range 800-200 nm gave maximum absorbance at 411 nm. Similarly procedure was followed for Acid Uric Tablet and sample derivative so formed gave scan at same wavelength as that of standard (Figure 2B).



**Figure 1.** UV-Visible spectrum scan of (A) Uric acid standard and (B) Acid Uric Tablet.

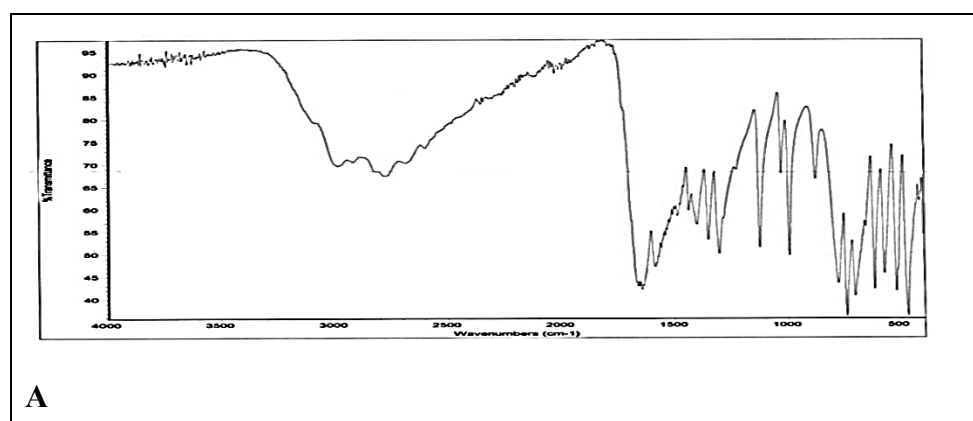


**Chromoplate 1.** Flourescent spot of uric acid derivative at 365 nm and no spot of standard and reagent blank (right and left of chromplate A) (A), flourescent spots of derivative in column fractions (B), flourescent spot after pooling of column fractions having same R<sub>f</sub> value (C).



**Figure 2.** UV-Visible overlay scan of derivitized uric acid (1) and reagent blank (2) before column elution (A), derivitized standard uric acid (1) and derivitized Acid Uric Tablet (2) after column elution (B).

The FTIR spectra of standard uric acid and derivitized uric acid are compared and interpreted. The standard spectra showed C=O stretching vibrations between  $1870\text{--}1550\text{ cm}^{-1}$  thus indicating the presence of keto group in standard. OH stretching between  $3700\text{--}3000\text{ cm}^{-1}$  indicated the presence of OH group, thus this stretching frequency may be due to tautomeric (enol) form of uric acid. C=C stretching between  $1600\text{--}1450\text{ cm}^{-1}$  indicated presence of unsaturation in compound. NH stretching observed between  $3400\text{--}3200\text{ cm}^{-1}$  (Figure 3A). On the other hand, spectra of derivitized uric acid showed the presence of primary amine depicted by two bands between  $3500\text{--}3200\text{ cm}^{-1}$ . Moreover, transmittance peak at  $1715\text{ cm}^{-1}$  showed presence of keto group (Figure 3B). Moreover there is C-N stretch at  $1277\text{ cm}^{-1}$  and C-O stretch between  $1000\text{--}1300\text{ cm}^{-1}$  (Socrates, 2004).





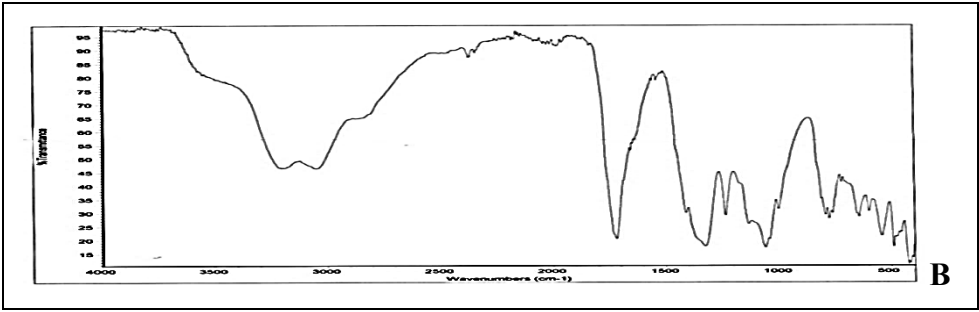


Figure 3. FTIR spectra of standard uric acid (A) and derivitized uric acid (B).

Validation of method

Linearity

The plot of concentration versus absorbance is given in Figure 4 which shows that the method linear over the whole range investigated (5.0-240.0 µg/mL). The linear regression equation was found to be  $Y=0.0041x - 0.0241$  with ( $R^2 = 0.9975$ ). This indicated that method was linear and obeyed the Beer’s Law in a concentration range 5.0-240.0 µg/mL. Hence, the samples falling in this range can be quantified using the method.

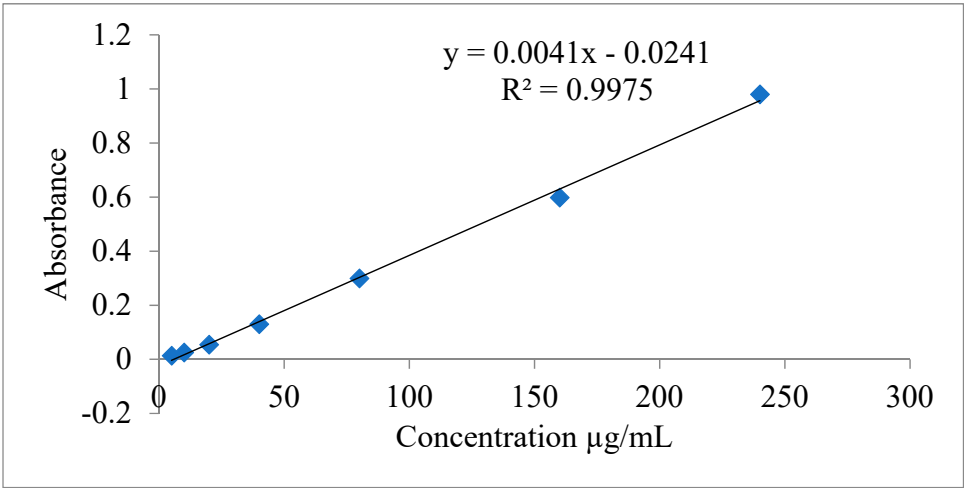


Figure 4. Calibration curve of uric acid at λ<sub>max</sub> 411nm.

Sensitivity

The results of LOD and LOQ determination using the method are given in Table 1. These results indicate that method is having reasonably good sensitivity (LOD = 0.75 µg/mL and LOQ = 2.5 µg/mL). Hence, the method can be used to quantify uric acid, if found at equal of higher to LOQ value.

Table 1. Results of Limit of detection (LOD) and Limit of quantification (LOQ) of uric acid by colorimetric method at 411 nm.

Standard curve	Concentration (µg/mL)	Linear regression equation	Slope	Intercept
1	5.0-80.0	Y=0.0039x-0.071	0.0039	0.071
2	5.0-80.0	Y=0.0041x-0.0195	0.0041	0.0195
3	5.0-80.0	Y=0.004x-0.0195	0.004	0.0195
4	5.0-80.0	Y=0.0039x-0.0175	0.0039	0.0175
5	5.0-80.0	Y=0.0041x-0.0185	0.0041	0.0185

Mean slope S= 0.004
Intercept Standard deviation S.D = 0.0011
LOD=3.3S.D/S=0.75 µg/mL
LOQ=10S.D/S = 2.5 µg/mL

Recovery and Intra and inter-days accuracy and precision

The results of recovery, intraday and inter-days precision and accuracy of the developed method are given in Table 2. The recovery was found to be 95.7-108.2% with relative standard deviation RSD less than 5% which indicated the method was reliable. Intra-day and inter-day accuracy values were 97.01-107.4% and 99.45-107.8% with relative standard deviation less than 5%, which indicated that the method is repeatable as well as reproducible.

**Table 2.** Recovery, Intraday and inter-day accuracy and precision of the colorimetric method for the determination of uric acid (n = 6).

Concentration (µg/mL)	Mean recovery (%) ± SD	Intra-day analysis		Inter-day analysis	
		Accuracy %age	Precision RSD	Accuracy	Precision RSD
10.0	108.2±0.45	105.1	4.54	107.4	5.0
20.0	107.84±0.2	107.4	4.4	107.84	4.68
40.0	95.77±0.1	97.01	0.74	99.45	1.79

Determination of unknown drug content in sample

The unknown concentration of uric acid in homeopathic tablet was determined from absorbance of sample and regression equation of standard calibration curve. Uric acid content calculated in homeopathic uric acid tablet (after derivitization) is calculated out to be 0.20 mg per tablet.

Conclusion

The described colorimetric method is a novel involving derivitization of uric acid in homeopathic tablet (Acid Uric 3x Tablet) and may be used in routine quality control in less equipped laboratories.

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**Conflict of interest:** There is no conflict of interest.

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