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## Article

# Cbf $\beta$ is a Novel Modulator against Osteoarthritis by Maintaining Articular Cartilage Homeostasis through TGF- $\beta$ Signaling

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**Abstract:** TGF- $\beta$  signaling is a vital regulator for maintaining articular cartilage homeostasis. Runx transcription factors, downstream targets of TGF- $\beta$  signaling, have been studied in the context of osteoarthritis (OA). Although Runx partner core binding factor  $\beta$  (Cbf $\beta$ ) is known to play a pivotal role in chondrocyte and osteoblast differentiation, the role of Cbf $\beta$  in maintaining articular cartilage remains obscure. This study investigated Cbf $\beta$  as a novel anabolic modulator of TGF- $\beta$  signaling and determined its role in articular cartilage homeostasis. Cbf $\beta$  significantly decreased in aged mouse articular cartilage and human OA cartilage. Articular chondrocyte-specific *Cbf $\beta$* -deficient mice (*Cbf $\beta$ <sup>Δac/Δac</sup>*) exhibited early cartilage degeneration at 20 weeks old and developed OA at 12 months old. *Cbf $\beta$ <sup>Δac/Δac</sup>* mice showed enhanced OA progression under the surgical-induced mice OA model. Mechanistically, forced expression of Cbf $\beta$  rescued *Col2α1* and Runx1 expression in Cbf $\beta$ -deficient chondrocytes. TGF- $\beta$ 1-mediated *Col2α1* expression failed despite the pSmad3 activation under TGF- $\beta$ 1 treatment in Cbf $\beta$ -deficient chondrocytes. Cbf $\beta$  protected Runx1 from proteasomal degradation through Cbf $\beta$ /Runx1 complex formation. These results indicate that Cbf $\beta$  is a novel anabolic regulator for cartilage homeostasis, suggesting that Cbf $\beta$  could protect OA development by maintaining the integrity of the TGF- $\beta$ 1 signaling pathway in articular cartilage.

**Keywords:** articular cartilage; Runx1/Cbf $\beta$  complex; Osteoarthritis; TGF- $\beta$  signaling; proteasomal degradation

## 1. Introduction

Osteoarthritis (OA), the most common and painful disease of the joints, affects nearly half of the world's elderly population and represents an enormous socioeconomic challenge [1, 2]. OA is a joint disease with structural and functional changes in the articular cartilage, subchondral bone, ligaments, capsule, synovium, sensory nerve endings, meniscus, and periarticular muscles. Among these structural components, many studies focus on cartilage or subchondral bone. Regarding OA initiation, both subchondral bone and articular cartilage changes are critical factors for OA initiation [1, 3-5]. A dynamic equilibrium between synthesis and degradation of the extracellular matrix, such as *Col2α1*, proteoglycans, and *Mmp13*, controls articular cartilage homeostasis and integrity [4]. The inactivation of one copy of *Col2α1* leads to articular cartilage degeneration and increased OA development [6]. In the early stage of OA, cartilage matrix degradation occurs in the superficial zone

of the cartilage but later extends to deeper zones as OA progresses [7]. Mmp13 is a major enzyme that targets the breakdown of cartilage extracellular matrix such as type II collagen and proteoglycans [8]. Clinical investigation reveals a strong association between articular cartilage destruction with high Mmp13 expression [9].

Tight control of TGF- $\beta$  signaling plays an essential role in articular cartilage homeostasis [10]. Injection of TGF- $\beta$  into the knee joint increases proteoglycan, whereas injection of recombinant soluble TGF- $\beta$  type II receptor, an endogenous inhibitor, markedly worsens OA phenotypes [11, 12]. TGF- $\beta$  Type I receptor ALK1 (Activin Receptor-like Kinase) correlated well with Mmp13 expression, whereas ALK5 correlates with aggrecan and collagen type II. In senescent and OA articular chondrocytes, ALK5 expression was significantly decreased compared to ALK1, increasing the ALK1/ALK5 ratio, which is associated with the upregulation of Mmp13 in OA [13]. Indeed, chondrocyte-specific loss of Smad3, ALK5, or the overexpression of dominant-negative TGF- $\beta$  type II receptor in mice results in OA development at an early stage [14, 15]. These findings indicate that abnormal TGF- $\beta$  signaling increases OA development. Thus, the integrity of the TGF- $\beta$  signaling pathway is essential for the healthy maintenance of articular cartilage and for preventing OA. Here, we explored the TGF- $\beta$  signaling integrity regulated by Cbf $\beta$ .

Cbf $\beta$  is a partner protein of the runt-related transcription factor (Runx) family, which include Runx1, Runx2, and Runx3. It interacts with the Runt domain of Runx to enhance its DNA binding properties and transcription activity [16, 17]. Runx1 is a pivotal transcription factor for chondrogenesis, chondrocyte proliferation, and survival. Runx1 in mouse embryonic mesenchymal cells results in a potent induction of early chondrocyte differentiation markers such as type II collagen but not the hypertrophy marker, type X collagen [18]. Runx1 also acts on the superficial zone of articular chondrocytes to stimulate chondrocyte proliferation and promote anabolic protein expression to maintain articular cartilage integrity [19]. Deletion or carboxyl terminus truncation of Runx2 inhibits endochondral bone formation with the arrest of chondrocyte maturation, resulting in the complete absence of mature osteoblast formation [20-22]. Runx2 and Runx3 are both expressed in cartilaginous condensations of the mouse limb. The cooperative roles of these two proteins in mediating chondrocyte maturation, hypertrophy, and cartilage formation have been established in vivo using double-knockout mice [23]. Homozygous deletion of *Cbf $\beta$*  in mice causes embryonic lethality during pregnancy due to brain hemorrhage and reduces Runx1 stability and transcriptional activity to block fetal hepatic hematopoiesis [24, 25]. Cbf $\beta$  plays an essential role in endochondral bone formation through skeletal tissue cell-type-specific *Cbf $\beta$*  deletions, including mesenchymal cells [26, 27], chondrocytes [28, 29], and osteoblasts [30]. Since articular chondrocytes remain as non-hypertrophied hyaline cartilage during development, it is interesting to determine how the joint degenerates and progresses to OA as the articular chondrocytes die prematurely or undergo abnormal hypertrophy [7]. However, the role of Cbf $\beta$  during articular cartilage development and the evolution of OA is not well understood.

To determine the function of Cbf $\beta$  in articular cartilage and its effect on the development of OA, we analyzed the results of the deletion of *Cbf $\beta$*  from articular chondrocytes using *Gdf5-Cre* and *Cbf $\beta$ -floxed* mice together with a surgically induced OA model.

## 2. Materials and Methods

### 2.1. Antibodies and reagents

We purchased antibodies, including rabbit anti-HA, anti-Runx1, anti-Runx3, monoclonal anti-Actin, and goat anti-Lamin B antibodies from Santa Cruz Biotechnology (CA, USA), rabbit anti-Myc, anti-col2 $\alpha$ 1, mouse monoclonal anti-Mmp13, anti-Runx2, and anti-type II collagen from Abcam (MA, USA), rabbit anti-Smad3 and anti-phospho-Smad3 from Cell Signaling (MA, USA), monoclonal anti-Flag, an anti-HA-agarose antibody from Sigma-Aldrich (St. Louis, MO, USA). We obtained TGF- $\beta$  1, IL-1 $\beta$ , and recombinant TNF- $\alpha$  from R & D Systems (Minneapolis, USA), and hematoxylin, fast green, Safranin-O, human transferrin, and sodium selenite from Sigma-Aldrich.

## 2.2. Mice and experimental OA

Mice harboring an articular chondrocyte-specific deletion of *Cbf $\beta$*  (*Cbf $\beta$ <sup>Δac/Δac</sup>*) obtained by crossing *Gdf5-Cre* transgenic mice (*Cre<sup>Tg/+</sup>*, kindly provided by Dr. David Kingsley from Stanford University, U.S.A) (38) with *Cbf $\beta$ <sup>fl/fl</sup>* mice (39), both maintained on C57BL/6N background. The loxP sites of the *Cbf $\beta$ <sup>fl/fl</sup>* mice encompass the exon 5 of *Cbf $\beta$* , resulting in articular chondrocyte-specific deletion of exon 5 in *Cbf $\beta$ <sup>Δac/Δac</sup>* mice. *Cbf $\beta$ <sup>fl/fl</sup>* served as wild-type control (WT). Twelve-week-old male mice in both knees were conducted destabilization by the medial meniscus (DMM) OA surgery, and mice were sacrificed at 8 weeks after DMM surgery to assess OA progression (each group n=6) (40). We used twelve-month-old male mice for spontaneous OA progression analysis (WT=5, *Cbf $\beta$ <sup>Δac/Δac</sup>*=5). All animal procedures followed the guidelines issued by the Institutional Animal Care and Use Committee of Kyungpook National University (KNU-201455).

## 2.3. Human subjects

Human OA joint cartilage tissues were obtained from OA surgery patients through total knee arthroplasty. The Institutional Review Board of Kyungpook National University Hospital approved using human OA cartilage. We obtained written informed consent from all patients prior to the surgical procedure (IRB File No of KNUH 2022-01-010-001).

## 2.4. $\beta$ -galactosidase ( $\beta$ -gal) staining

Whole tissues were fixed for 30 min in 4% paraformaldehyde (PFA) in 0.1 M potassium phosphate buffer (pH 7.4) containing 2 mM MgCl<sub>2</sub>, 5 mM ethylene glycol tetra-acetic acid (EGTA), then washed for 30 min with 0.1 M potassium phosphate buffer. Tissues were kept in the X-gal staining solution overnight at 37°C and then washed briefly in phosphate-buffered saline (PBS). We made cryosections of the stained samples, fixed the slides briefly in 4% PFA, washed them in PBS, and counterstained them with Nuclear Fast Red (Sigma). Samples were washed in PBS and analyzed with a Leica microscope [41].

## 2.5. Assessment of OA severity

Knee joints were fixed with 4% PFA and decalcified with 10% ethylenediaminetetraacetic acid (EDTA; pH 7.4) for 4 weeks. Decalcified tissues were dehydrated by ethanol, embedded in paraffin, and then sectioned with a thickness of 3  $\mu$ m. We performed Safranin-O staining as in the previous study [5]. Briefly, sections were treated in the following order: deparaffinization, rehydration, and soaking in Weigert's iron hematoxylin solution for 10 min each, followed by fast green solution and 0.1% Safranin-O solution for 5 min each. Assigning OA progression followed the Osteoarthritis Research Society International (OARSI) diagnosis criteria [5].

## 2.6. Immunohistochemistry

We quenched the sections with 3% H<sub>2</sub>O<sub>2</sub> and retrieved antigens by boiling them in TEG buffer (1.211 g of Tris and 0.190 g of EGTA in 1L MilliQ-water, pH 9.0). After blocking with 1% bovine serum albumin for 1 hour at room temperature, sections were incubated with anti-*Cbf $\beta$* , anti-Runx1, anti-type II collagen, and anti-Mmp13 antibodies overnight at 4°C and incubated with goat anti-rabbit IgG or goat anti-mouse IgG conjugated HRP for 1 hour. Signals developed with a DAB substrate-chromogen system (Dakocytomation, Denmark).

## 2.7. Cell culture

Primary articular chondrocytes derived from the hindlimb knee joint of wild-type and *Cbf $\beta$ <sup>Δac/Δac</sup>* mice on postnatal day 5, as previously described (42). Chondrocytes were grown in Dulbecco's modified Eagle's medium (DMEM) (Lonza, ME, USA) containing 10% fetal bovine serum (FBS) (Gibco-BRL, USA) and the appropriate penicillin/streptomycin. Chondrogenic ATDC5 cells were

cultured in DMEM/F12 (Lonza) medium supplemented with 5% fetal bovine serum (FBS), 10 µg/ml human transferrin, and 3x10<sup>-8</sup> M sodium selenite. Chondrocytes were plated at a density of 2 × 10<sup>5</sup> cells/well on 6 well plates for drug treatment. Protein or total RNA was isolated from chondrocytes after 24 h treatment with TGF-β1 (1, 10, or 100 ng/ml), IL-1β (10 ng/ml), or TNF-α (10 ng/ml).

#### 2.8. Western blot analyses

Total protein lysates were isolated from human OA articular cartilage, mouse tibia articular cartilage of 12-month-old mice, and articular chondrocytes derived from articular cartilage by M-PER™ Mammalian Protein Extraction Reagent (Thermo Fisher Scientific, Rockford) containing a cocktail of protease inhibitors and phosphatase inhibitors. Proteins were separated on 10% SDS-polyacrylamide gels and transferred onto polyvinylidene difluoride (PVDF) membranes. The western blot was performed using the indicated antibodies.

#### 2.9. qRT-PCR analyses

Total RNA from hind limbs joint cartilage of 12-month-old mice and articular chondrocyte cells were isolated using the easy-BLUE Total RNA Extraction Kit (iNtRON Biotechnology, Seongnam-si, Gyeonggi-do, Korea) and cDNA was synthesized from 1 µg of total RNA using SuperScript II Reverse Transcriptase (Invitrogen, CA, U.S.A). qRT-PCR was performed using the Power SYBR green master mixture (Applied Biosystems, Foster, CA). The qRT-PCR primers were designed using Primer Express software (Applied Biosystems). Sequences of qRT-PCR primers showed in Table 1.

Target gene	Forward sequence (5' - 3')	Reverse sequence (5' - 3')
<i>Gapdh</i>	GCATCTCCCTCACAAATTCCA	GTGCAGCGAACCTTATTGATGG
<i>Cbfβ</i>	TATGGGTTGCCTGGAGTT TG	AAGGCCTGTTGTGCTAATGC
<i>Col2α1</i>	TTCCACTTCAGCTATGGCGA	GACGTTAGCGGTGTTGGGAG
<i>Aggrecan</i>	GAGAGAGGCGAACATCGAACGA	CGTGAAGGGCAGCTGGTAAT
<i>Mmp9</i>	AAACCAGACCCCAGACTCCTC	GAGGACACAGTCTGACCTGAA
<i>Mmp13</i>	GCCAGAACTTCCCAACCATG	TCAGAGCCCAGAATTTCCTCC
<i>Mmp14</i>	GGATGGACACAGAGAACCTCGTG	CGAGAGGTAGTTCTGGGTTGAG
<i>Mmp15</i>	CTGAGCAGCTATGCCACAGACA	TGCTGTCTCCTCGTTGAAGC
<i>IL-6</i>	TTGCCTTCTTGGGACTGATG	CTGAAGGACTCTGGCTTTGT
<i>IL-17</i>	CTCAAAGCTCAGCGTGTCAAACA	TATCAGGGTCTTCATTGCGGTGGA
<i>IL-18</i>	CAGGCCTGACATCTTCTGCAA	TTTGATGTAAGTTAGTGAGAGTGA
<i>IL-22</i>	GGTGACGACCAGAACATCCA	GACGTTAGCTCTCACTTCCCT

#### 2.10. Co-immunoprecipitation (Co-IP) assay

Primary articular chondrocytes were plated at a density of 2 × 10<sup>6</sup> cells/well in 100 mm plates for transfection experiments. Cells were transfected with 10 µg DNA, including 5 µg of the pcDNA3.1-myc-Cbfβ and 5 µg of pCS4-2Flag-Runx1 by using Lipofectamine 2000 (Invitrogen) and grown for 24 h. Cell lysates (400 µg) were bound with anti-Myc at 4°C overnight with gentle agitation, then incubated with 0.1g of Sepharose A beads (GE Healthcare) in lysis buffer for 2 h at 4 °C with gentle agitation. Mixtures were washed with lysis buffer five times, and proteins were eluted by boiling with 50 µl protein loading buffer. Co-IP was performed by western blot with anti-Myc or anti-Flag antibody.

#### 2.11. Poly-ubiquitination assay

ATDC5 chondrocytes were transfected with 12 µg DNA, including 4 µg pCS4-Flag-Runx1, 4 µg pcDNA3.1-HA-Ubiquitin, and 4 µg pCS4-Myc-Cbfβ by using Lipofectamine 2000 (Invitrogen) and

grown for 24 h. After 24 h from transfection, cells were incubated with 20 $\mu$ M MG132 for 2 h. Cell lysates (400  $\mu$ g) were allowed to bind with anti-Flag antibody at 4°C overnight with gentle agitation, then incubated with 0.1g Sepharose A beads (GE Healthcare) in lysis buffer for 2 h at 4°C with gentle agitation. Proteins were eluted by boiling with 50 $\mu$ l protein loading buffer. Ubiquitination levels were evaluated by western blot with anti-HA antibody.

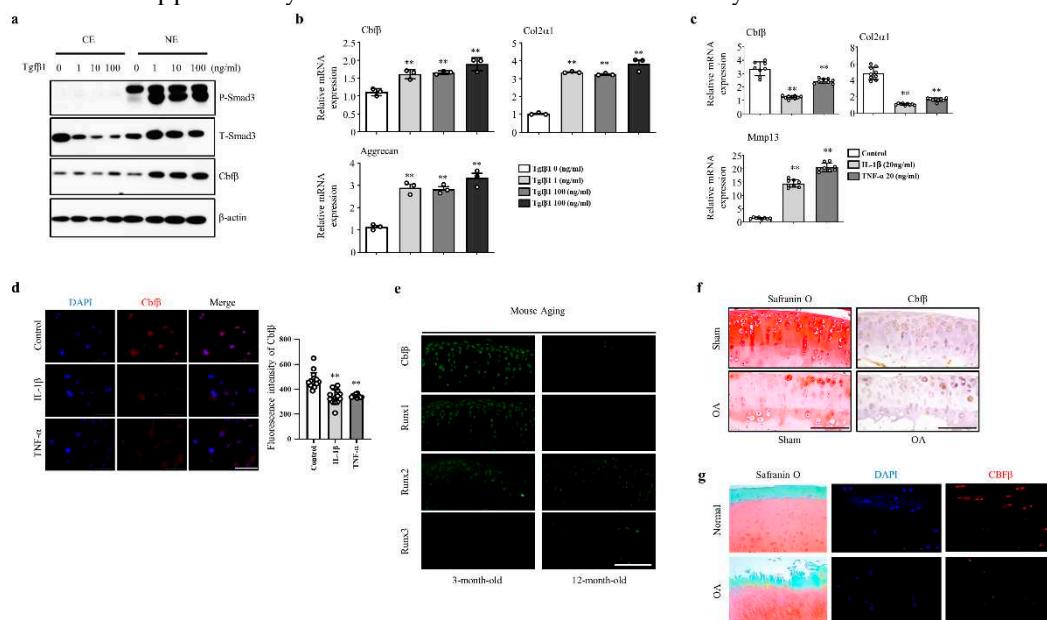
### 2.11. Statistical analyses

We used GraphPad Prism 9 (GraphPad, San Diego) for statistical analysis. Paired or unpaired Student's t-test was used to analyze the statistically significant between the two groups comparison. We considered a  $P < 0.05$  to be statistically significant (\* $P < 0.05$ , \*\* $P < 0.01$ ), and ns represents no significance. Data are expressed as mean  $\pm$  SD or mean  $\pm$  SE.

## 3. Results

### 3.1. *Cbf $\beta$* was enhanced by anabolism and suppressed by catabolism

To assess the involvement of *Cbf $\beta$*  in articular cartilage metabolism, we analyzed the expression of *Cbf $\beta$*  under TGF- $\beta$ 1, interleukin-1 $\beta$  (IL-1 $\beta$ ), or TNF- $\alpha$  activation. Treatment of various concentrations (1, 10, and 100 ng/ml) of TGF- $\beta$ 1, one of the pivotal anabolic factors in the articular cartilage, increased pSmad3 and *Cbf $\beta$*  protein levels in the articular chondrocytes (Fig. 1a). TGF- $\beta$ 1 also increased the mRNA expression of *Cbf $\beta$* , Type II collagen, and Aggrecan (Fig. 1b). The pro-inflammatory cytokines IL-1 $\beta$  or TNF- $\alpha$  decreased *Cbf $\beta$*  expression along with type II collagen and Aggrecan, while Mmp13 expression increased in primary cultured mouse articular chondrocytes (Fig. 1c). We confirmed that *Cbf $\beta$*  decreased under IL-1 $\beta$  or TNF- $\alpha$  treatment in the fluorescent staining (Fig. 1d). Moreover, *Cbf $\beta$*  silencing in chondrocytes upregulated the expression of Mmps such as Mmp9, Mmp13, Mmp14, and Mmp15, and inflammatory cytokines IL-6, IL-17, IL-18, and IL-22 in the chondrocytes (Supplementary Fig. 1a and 1b). Taken together, *Cbf $\beta$*  was enhanced by anabolism and suppressed by catabolism in the articular chondrocytes.

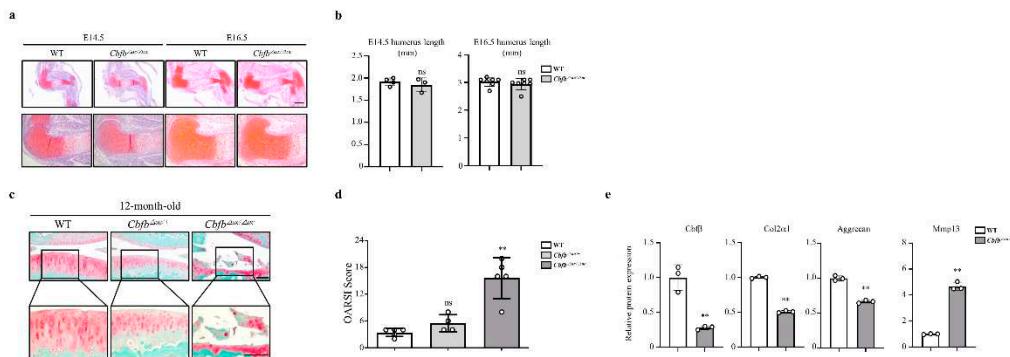


**Figure 1.** *Cbf $\beta$*  loss is involved in OA pathogenesis. (a) *Cbf $\beta$*  and pSmad 3 protein expression detected by Western blotting in articular chondrocytes under TGF- $\beta$ 1 treatment. NE, nuclear extracts; CE, cytoplasmic extracts (b) *Cbf $\beta$* , *Col2α1*, and Aggrecan mRNA expression detected by qRT-PCR in articular chondrocytes under TGF- $\beta$ 1 treatment. (c) *Cbf $\beta$* , *Col2α1*, and *Mmp13* mRNA expression detected by qRT-PCR in articular chondrocytes under IL-1 $\beta$  or TNF- $\alpha$  treatment. (d) *Cbf $\beta$*  determined by immunofluorescence staining after treatment of IL-1 $\beta$  and TNF- $\alpha$  in articular chondrocytes. Scale bars, 100  $\mu$ m. (e) Expression of *Cbf $\beta$* , *Runx1*, *Runx2*, and *Runx3* at 3 and 12 months of age evaluated

by immunofluorescence staining (n=3). Scale bars, 100  $\mu$ m. (f) Mouse joints OA development assessed by Safranin O staining, Cbf $\beta$  expression by immunohistochemistry. Scale bars, 100  $\mu$ m. (g) Human OA development was assessed by Safranin O staining and Cbf $\beta$  expression by immunofluorescent (n=6). Scale bars, 100  $\mu$ m.

### 3.2. Cbf $\beta$ loss is involved in articular cartilage degeneration

We then investigated whether there was a correlation between Cbf $\beta$  expression and articular cartilage degeneration *in vivo*. Aged articular cartilage reduced Cbf $\beta$  and its partner protein Runx1, but the expression of Runx2 and Runx3 was not significantly different compared to the young articular cartilage (Fig. 1E). Moreover, the expression of Cbf $\beta$  decreased in both mouse and human osteoarthritic cartilage (Fig. 1F-G). These results suggest that loss of Cbf $\beta$  may be involved in articular cartilage degeneration. Next, we investigated Cbf $\beta$  functions in joint development using articular cartilage-specific Cbf $\beta$  deleted *Gdf5-Cre; Cbf $\beta$ <sup>fl/fl</sup>* (*Cbf $\beta$ <sup>Δac/Δac</sup>*) mice. With *Rosa26* reporter (*R26R*) mice *Gdf5-Cre* activities were specifically observed in the articular cartilage, with around 75% deletion in articular cartilage by qRT- PCR (Supplementary Fig. 2A and 2B) and immunofluorescent staining in E16.5 (Supplementary Fig. 2C and 2D) and 20-week-old (Supplementary Figure 1e). *Cbf $\beta$ <sup>Δac/Δac</sup>* mice displayed typical joint and cartilage formation at E14.5 and E16.5 embryonic stages (Fig. 2a and 2b). To further understand the effect of Cbf $\beta$  on articular cartilage homeostasis, we performed the articular cartilage integrity assessment with histochemical analysis at 12-month-old mice joints. *Cbf $\beta$ <sup>Δac/+</sup>* mice displayed higher OARSI scores than WT mice but without statistical significance. However, *Cbf $\beta$ <sup>Δac/Δac</sup>* mice exhibited high OARSI scores with severe cartilage destruction (Fig. 2c and 2d). Cbf $\beta$ , Aggrecan, and Col2 $\alpha$ 1 mRNAs decreased, whereas Mmp13 expression increased in the articular cartilage of 12-month-old *Cbf $\beta$ <sup>Δac/Δac</sup>* mice (Fig. 2e). These results indicate that Cbf $\beta$  physiologically protects articular cartilage during aging and that deletion of Cbf $\beta$  causes age-dependent spontaneous OA progression.

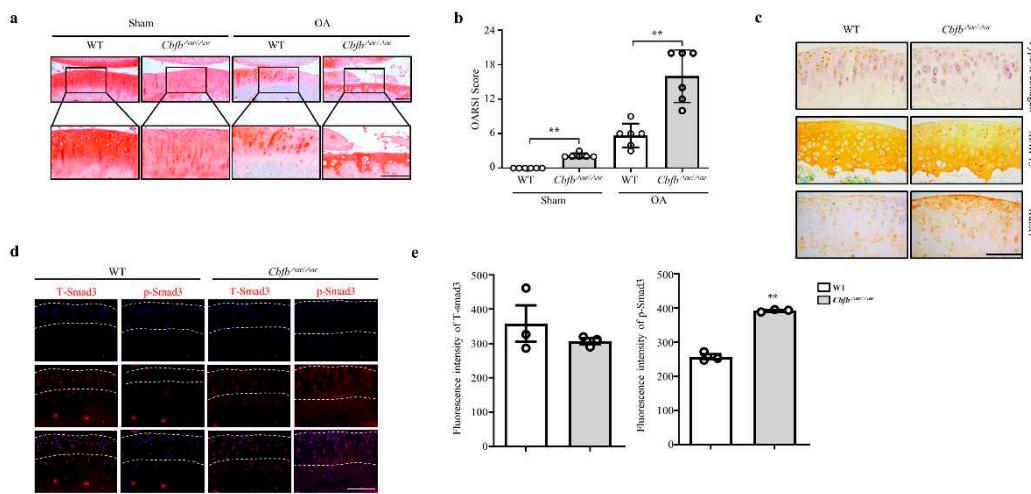


**Figure 2.** Joint cartilage-specific Cbf $\beta$  deleted mice exhibit spontaneous cartilage degeneration. (a, b) Evaluation of joint and limb formation by Safranin-O staining at E14.5 (WT=3, *Cbf $\beta$ <sup>Δac/Δac</sup>*=4) and E16.5 (WT=7, *Cbf $\beta$ <sup>Δac/Δac</sup>*=7) of *Cbf $\beta$ <sup>Δac/Δac</sup>* mice. The humerus length was analyzed with the Leica program. Scale bars, 500  $\mu$ m & 100  $\mu$ m. (c) Spontaneous OA development assessed by Safranin O staining in 12-month-old *Cbf $\beta$ <sup>Δac/Δac</sup>* mice. (d) OA severity was determined by histological analysis according to OARSI guidelines. Scale bars, 100  $\mu$ m (WT=5, *Cbf $\beta$ <sup>Δac/+</sup>*=4, *Cbf $\beta$ <sup>Δac/Δac</sup>*=5). (e) Cbf $\beta$ , Col2 $\alpha$ 1, Aggrecan, and Mmp13 mRNA expression were evaluated by qRT-PCR in 12-month-old *Cbf $\beta$ <sup>Δac/Δac</sup>* articular cartilage.

### 3.3. Genetic deletion of Cbf $\beta$ accelerated OA progression

Cbf $\beta$  deficiency induced spontaneous OA development and presumed accelerated knee joint degradation in a surgically induced OA model. To explore this idea using a DMM surgery-induced mouse OA model, we confirmed the *Cbf $\beta$ <sup>Δac/Δac</sup>* mice joints' OA progression. Safranin O staining and scoring by the OARSI method revealed that *Cbf $\beta$ <sup>Δac/Δac</sup>* mice joints induced severe damage to articular

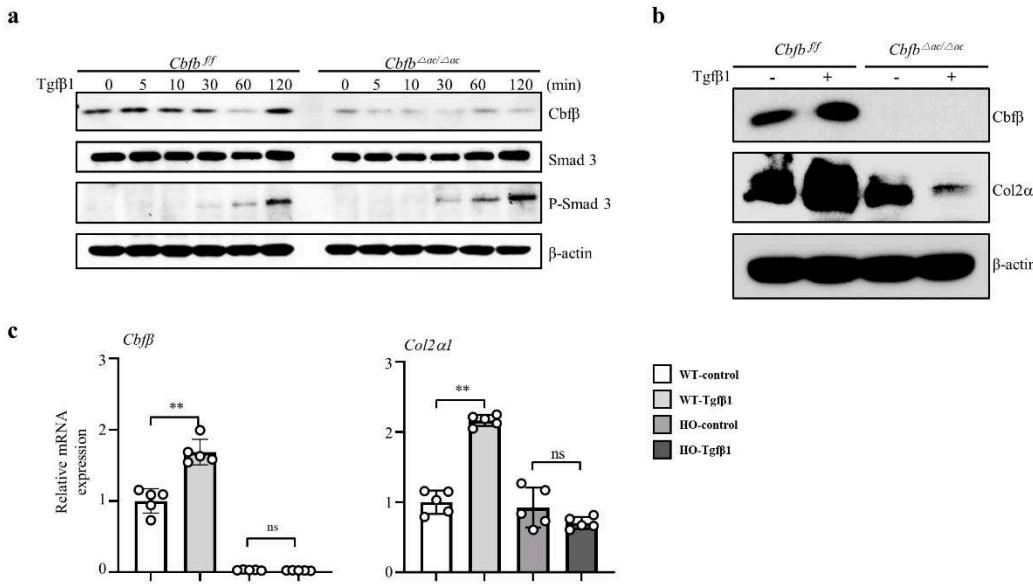
cartilage compared with controls. Indeed, *Cbf $\beta$ <sup>Δac/Δac</sup>* mouse joints, even the sham group, showed more cartilage degeneration with a high OARSI score compared to WT mice at 20 weeks (Fig. 3a and 3b). Immunohistochemical staining decreased articular cartilage proteins that provide protection, such as Runx1 and Col2 $\alpha$ , were decreased (Fig. 3c). Conversely, the matrix-degrading enzyme Mmp13 increased on the articular surface of *Cbf $\beta$ <sup>Δac/Δac</sup>* mice compared to those of WT mice (Fig. 3c). TGF- $\beta$ 1 is one of the most critical anabolic regulators for articular cartilage integrity. Hence, we determined whether Cbf $\beta$  could modulate TGF- $\beta$ 1 signaling in the *Cbf $\beta$ <sup>Δac/Δac</sup>* mouse articular cartilage. In fluorescence staining, the signal of pSmad3 unexpectedly increased in the *Cbf $\beta$ <sup>Δac/Δac</sup>* mouse joint cartilage (Fig. 3d-e). These data raised another question as to why TGF- $\beta$ 1 signaling activation could not increase Type II collagen expression in *Cbf $\beta$ <sup>Δac/Δac</sup>* mouse joint cartilage.



**Figure 3.** Deletion of *Cbf $\beta$*  in the articular chondrocytes accelerated OA pathogenesis progression. (a) Articular cartilage destruction was determined by Safranin O staining 8 weeks after DMM surgery. Articular cartilage destructed severely in *Cbf $\beta$ <sup>Δac/Δac</sup>* mice. (b) The severity of OA was analyzed according to OARSI guidelines (n=6). Scale bars, 100  $\mu$ m. (c) Immunohistochemical staining was performed on paraffin sections using anti-Runx1, -Col2 $\alpha$ 1, and -Mmp13 antibodies. (d) Expression of pSmad3 (left panel) and total Smad3 (T-Smad, right panel) in articular cartilage (AC) assessed by immunofluorescence staining in WT and *Cbf $\beta$ <sup>Δac/Δac</sup>* 20-week-old mice. (e) The pSmad3 and T-Smad fluorescence intensity of (e) were analyzed with the Leica fluorescence analysis program (n=3). Scale bars, 100  $\mu$ m.

### 3.4. *Cbf $\beta$* modulates articular cartilage integrity by modulating TGF- $\beta$ 1 signaling

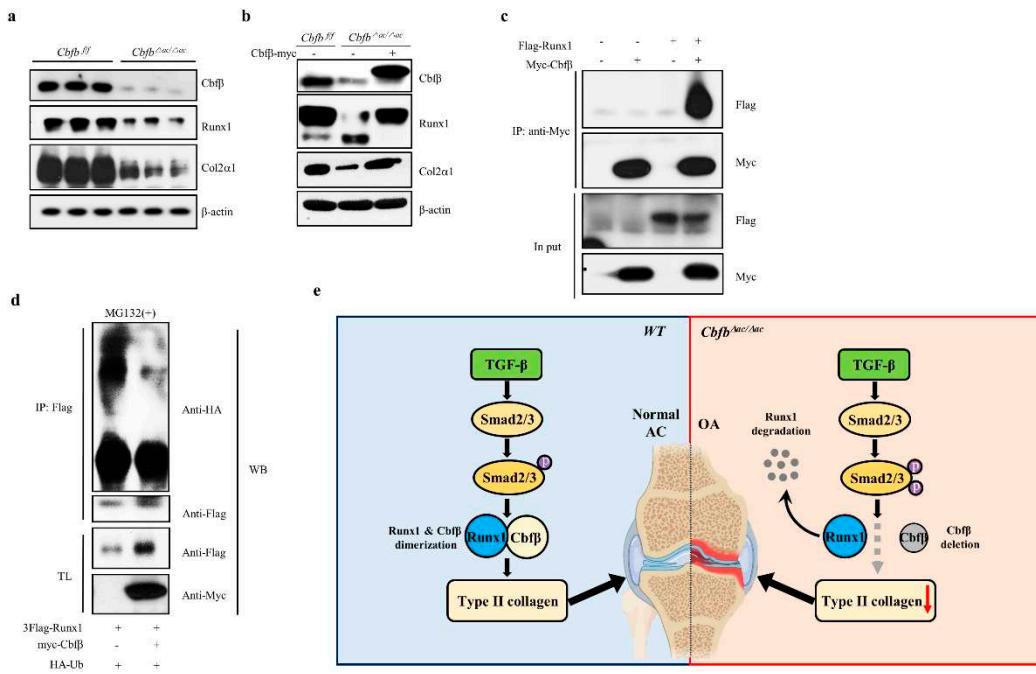
To clarify how Cbf $\beta$  is involved in the TGF- $\beta$ 1 mediated Type II collagen expression, we performed a TGF- $\beta$ 1 responsive assay in the Cbf $\beta$  deleted chondrocytes. Interestingly, TGF- $\beta$ 1 treatment increased p-Smad3 in the *Cbf $\beta$ <sup>Δac/Δac</sup>* articular chondrocytes compared to WT cells under the (Fig. 4a). Consistently with *in vivo* data, TGF- $\beta$ 1-mediated Cbf $\beta$  and Col2 $\alpha$ 1 expression were reduced in *Cbf $\beta$ <sup>Δac/Δac</sup>* articular chondrocytes compared with WT (Fig. 4b-c). These results indicate that Cbf $\beta$  plays an essential role in maintaining TGF- $\beta$  signaling pathway integrity in the articular cartilage.



**Figure 4.** Impaired TGF- $\beta$ 1-mediated *Col2α1* transcription in *Cbfβ*-deficient articular chondrocytes. (a) *Cbfβ*, pSmad3, and T-smad3 expression were evaluated by western blotting in *Cbfβ<sup>Δac/Δac</sup>* articular chondrocyte. (b) Effects of TGF- $\beta$ 1 treatment for 24 h on *Cbfβ* and *Col2α1* protein levels by western blotting. (c) The expression of *Cbfβ*, *Runx1*, and *Col2α1* mRNA was measured by qRT-PCR.

### 3.4. *Cbfβ* stabilizes *Runx1* in articular chondrocytes

*Runx1*, *Runx2*, and *Runx3* are crucial targets of TGF- $\beta$  superfamily signaling [31]. *Runx1* is a central regulator of articular cartilage integrity by coordinating YAP, TGF- $\beta$ , and Wnt signaling in articular cartilage formation and maintenance by enhancing type II collagen and matrix production in collaboration with Sox trios [43]. We, therefore, hypothesized that *Runx1* proteolysis resulted in accelerated cartilage degeneration in the *Cbfβ* deleted articular chondrocytes [32]. To test this hypothesis, we examined the expression of the *Runx1* and *Col2α1* in the *Cbfβ* deleted articular chondrocytes. The levels of *Runx1* and *Col2α1* were reduced in *Cbfβ* deleted articular chondrocytes from *Cbfβ<sup>Δac/Δac</sup>* mice, whereas rescue of *Cbfβ* in *Cbfβ*-deleted articular chondrocytes restored *Runx1* and *Col2α1* (Fig. 5a-b). To further investigate the effects of *Cbfβ* on *Runx1* stability in articular chondrocytes, we performed co-immunoprecipitation and poly-ubiquitination (Figure 5c). In articular chondrocytes, *Cbfβ* can endogenously bind *Runx1* and protect *Runx1* from polyubiquitination-mediated proteasomal degradation (Fig. 5c-d). These results suggest that *Cbfβ* makes the complex with *Runx1*, stabilizing *Runx1* in articular chondrocytes.



**Figure 5.** Requirement of Cbf $\beta$  for Runx1 stabilization in articular chondrocytes. (a) Total protein was extracted from primary articular chondrocytes derived from WT or Cbf $\beta$  $^{\Delta ac/\Delta ac}$  mice and western blotting was performed with anti-Cbf $\beta$ , -Runx1, -Col2 $\alpha$ 1, and - $\beta$ -actin antibodies.  $\beta$ -actin as the loading control. (b) Primary cultured articular chondrocytes derived from Cbf $\beta$  $^{\Delta ac/\Delta ac}$  mice were transiently transfected with Myc-Cbf $\beta$  for 24 h, and the expression levels of Cbf $\beta$ , Runx1, Col2 $\alpha$ 1, Mmp13, and  $\beta$ -actin analyzed by Western blotting. WT was relative control. (c) Primary cultures of articular chondrocytes were co-transfected with vectors expressing Flag-Runx1 and Myc-Cbf $\beta$  for 24 h. Total extracts were immunoprecipitated with anti-Myc antibody, and Runx1 was detected with anti-Flag antibody by Western blotting. (d) For polyubiquitination assay, ATDC5 chondrocytes were transfected with HA-Ub, Flag-Runx1, and Myc-Cbf $\beta$  for 24 h and treated with 10  $\mu$ M MG132 for the last 2 h. After immunoprecipitation of Runx1 using anti-Flag antibody, Ub, Runx1, Cbf $\beta$  levels were determined by western blotting (WB) using anti-HA, anti-Flag, and anti-Myc antibodies. TL, total lysates. (e) Schematic diagram of how the Cbf $\beta$ /Runx1 complex affects TGF- $\beta$  signaling to regulate articular cartilage homeostasis. Deletion of Cbf $\beta$  induces spontaneous OA and surgically induced accelerated OA due to rapid Runx1 degradation.

#### 4. Discussion

In this study, we found that the articular cartilage-specific deletion of Cbf $\beta$  resulted in spontaneous OA development and exacerbated OA progression in the surgically induced DMM model. Expression of Cbf $\beta$  decreased with aging and OA progression in articular cartilage, and only Runx1 among the Runx transcription factors downregulated in response to a decrease in Cbf $\beta$  (Fig. 1c and 1d). The absence or rescue of Cbf $\beta$  in Cbf $\beta$ -deleted articular chondrocytes determined the levels of Runx1 and Cbf $\beta$ /Runx1 complex as well as Col2 $\alpha$ 1, indicating that Cbf $\beta$ /Runx1 complex formation plays a crucial role in maintaining articular cartilage homeostasis. Moreover, Cbf $\beta$  as a component of the Cbf $\beta$ /Runx1 complex was a key regulator of TGF- $\beta$  signaling with modulation of pSmad3 in Cbf $\beta$ -deleted articular chondrocytes. A proper Cbf $\beta$ /Runx1 complex formation via TGF- $\beta$  signaling is vital for maintaining normal articular chondrocyte functional integrity and preventing degenerative cartilage diseases of joints such as OA.

Physiological maintenance of articular cartilage requires tight control of the TGF- $\beta$  signaling pathway [10]. Our study demonstrates the critical role of Cbf $\beta$  and Runx1 as a mediator of TGF- $\beta$  signaling (Fig. 5e). First, Cbf $\beta$  and Runx1, like various components of the TGF- $\beta$  signaling pathway, such as the ALK1/ALK5 ratio [13], decreased with aging and OA progression. The activation of TGF- $\beta$  signaling increased Cbf $\beta$  and Runx1 expression and Cbf $\beta$ /Runx1 complex formation. Deletion of

*Cbf $\beta$*  attenuated the activation of the TGF- $\beta$  signaling pathway; however, forced expression of *Cbf $\beta$*  recovered *Runx1* and *Col2a1* expression in *Cbf $\beta$* -deficient chondrocytes. Moreover, the deletion of *Cbf $\beta$*  increased pSmad3 in the articular cartilage of *Cbf $\beta$ <sup>Δac/Δac</sup>* mice. The increase of pSmad3 may result from the regulatory role of the negative feedback loop in the TGF- $\beta$  signaling pathway. Unknown factors regulated by or involved in the *Cbf $\beta$ /Runx1* in articular chondrocytes need further studies.

Several studies have suggested their involvement regarding the contribution of Runx transcription factors to OA. For example, *Runx1* contributes to articular cartilage maintenance by increasing cartilage matrix production and inhibiting hypertrophic differentiation [32, 33]. Another evidence is that the small molecule KGN binds to filamin A, a cytoplasmic sequestrant of *Cbf $\beta$* , releasing *Cbf $\beta$*  from filamin A, which translocates *Cbf $\beta$*  to the nucleus and binds to *Runx1* but not *Runx2* of articular chondrocytes [34]. *Runx1* is known to stimulate the differentiation of mesenchymal cells into chondrocytes by regulating the expression of type II collagen rather than type X collagen, a hypertrophy marker [18, 34]. This study showed that *Cbf $\beta$*  levels correlated well with *Runx1* but not with *Runx2* and *Runx3*. In aged articular cartilage, *Cbf $\beta$*  and *Runx1* decreased, but *Runx2* and *Runx3* were not, which also correlated well with the articular cartilage phenotype of *Cbf $\beta$ <sup>Δac/Δac</sup>* mice. We also revealed that disruption of the TGF- $\beta$  signaling integrity by deletion of *Cbf $\beta$*  in articular chondrocytes increases catabolic cytokines and enzymes like IL-6, IL-17, IL-18, IL-22, Mmp 9, Mmp 13, Mmp14, and Mmp15. Therefore, the positive relationship of the *Cbf $\beta$ /Runx1* complex with Type II collagen is essential to the TGF- $\beta$  signaling pathway in articular cartilage integrity.

Regarding *Runx2* and *Runx3*, *Runx2* expressed negligibly, while *Runx3* was comparable to *Runx1* in articular cartilage. Our study showed that diminished *Runx1* correlated well with the level of *Cbf $\beta$* , whereas increased *Runx2* and *Runx3* in the human OA samples did not. Our previous studies showed the protection of *Runx2* by *Cbf $\beta$*  in both chondrocytes and osteoblasts [29, 30], suggesting the presence of differential heterodimerization of *Cbf $\beta$*  with Runx transcription factors in skeletal tissues. Some cases of OA upregulate *Runx2* with a transition from articular chondrocytes to hypertrophic chondrocytes (Kawaguchi, 2008). *Runx2* haploinsufficiency mice show delayed OA progression after induction of knee joint instability [35]. Additionally, the deletion of *Runx2* in articular chondrocytes slows the progression of surgery-induced OA [36]. Moreover, chondrocyte-specific *Runx2* overexpression accelerates OA progression [37]. These works of literature indicate a positive relationship between OA progression and aberrant expression of *Runx2* in articular chondrocytes. However, the *Cbf $\beta$*  study showed that *Runx1*, but not *Runx2* or *Runx3*, was primarily involved in the aggravated OA phenotype in the DMM model and *Cbf $\beta$* -deleted spontaneous OA and human OA samples.

## 5. Conclusions

In this study, deletion of *Cbf $\beta$*  in articular cartilage decreased *Runx1* and type II collagen, which enhanced OA progression spontaneously in *Cbf $\beta$ <sup>Δac/Δac</sup>* mice. These results indicate that *Cbf $\beta$*  regulates *Runx1* protein stability and subsequently modulates *Runx1* target genes such as type II collagen in the articular cartilage. Our findings indicate that *Cbf $\beta$*  prevents articular cartilage destruction by maintaining the integrity of the TGF- $\beta$  signal pathway through the stabilization of *Runx1*.

**Supplementary Materials:** They will be provided when this paper is sent to review.

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**Informed Consent Statement:** The Institutional Review Board of Kyungpook National University Hospital approved the use of human OA cartilage, and written informed consent was obtained from all patients prior to the surgical procedure (IRB File No of KNUH 2022-01-010-001).

**Data Availability Statement:** The data that support the findings of this study are openly available in [repository name “Cells-GDF5-CBFB-Figures” and “Cells-GDF5-CBFB-Figures-Raw data”] at <https://drive.google.com/drive/folders/15O7G0gX8ypbl9qFUUkizPEd6v3ycJyXC?usp=sharing> and <https://drive.google.com/drive/folders/18UjNmtxL8LjM9fcgU0ovSIN2WBioVYEA?usp=sharing>.

**Conflicts of Interest:** The authors declare no conflict of interest.

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