

Review

# Multiple System Atrophy: Mitochondria Dysregulation, Reprogramming and Alternative of Neuroprotective Agents

Sri Widyarti<sup>1</sup>, Syahputra Wibowo<sup>1</sup>, Akhmad Sabarudin<sup>2</sup>, Intan Abhirama<sup>3</sup> and Sutiman Bambang Sumitro<sup>\*1</sup>

<sup>1</sup>Department of Biology, Faculty of Mathematics and Natural Sciences, Brawijaya University Jl. Veteran, Malang 65145, East Java, Indonesia.

<sup>2</sup>Department of Chemistry, Faculty of Mathematics and Natural Sciences, Brawijaya University, Jl. Veteran, Malang 65145, East Java, Indonesia.

<sup>3</sup>Department of Neurology, Bogor Senior Hospital, Jl. Raya Tajur 16137, West Java, Indonesia

\* Correspondence: sutiman@ub.ac.id

## ABSTRACT

A progressive and chronic neurological condition called MSA (Multiple System Atrophy) is characterized clinically by varying degrees of dysautonomia, cerebellar ataxia, and parkinsonism. The concept of mitochondrial dysregulation in MSA is one perspective in handling this neurodegenerative disease. Damage to functional mitochondria is driven by the presence of  $\alpha$ -Synuclein-induced mitochondrial localization. The goal of MSA treatment up until now has been to reduce symptoms. One of the innovations in the treatment of MSA could be the novel idea based on mitochondrial reprogramming pathways. Mitochondrial reprogramming can be done in various ways in which the use of hydrogen, magnesium and low-dose hydrogen peroxide.

**Keywords:** Hydrogen; Mitochondrial Dysregulation; MSA; Multiple System Atrophy

## Introduction

It is well known that multiple system atrophy (MSA) is a neurodegenerative disease experienced by adults. There are several characteristics of this disease, namely dysautonomia and parkinsonism. This MSA disease is pathologically characterized by the aggregation and localization of  $\alpha$ -synuclein, rapid disease progress, and lack of response to L-DOPA.  $\alpha$ -Synuclein is known to have mitochondria localization, affecting the disharmony of energy supply in MSA patients [1-4]. The main themes in this article are the concept of MSA with a focus on mitochondrial dysregulation and its relation to mitochondrial reprogramming and research related to MSA therapy to date and future perspectives of MSA treatment.

## Mitochondria Dysregulation in MSA

There are two categories of MSA, namely cerebellar and parkinsonian [5,6,7]. In MSA patients who have a cerebellar type, ataxia is found. Ataxia is a neurological condition that impacts the lack of coordination in the movement of the muscles. Changes in the

condition of this dysfunction are usually characterized by changes in the ability to speak and eye movements of an abnormal nature. Meanwhile, in MSA patients with a parkinsonian type, there is extrapyramidal motor abnormality. This neurological condition is related to lesions in the basal ganglia. This situation causes the inability of MSA sufferers to initiate changes in movement activities easily and quickly. In addition, parkinsonian-type MSA sufferers also experience muscular rigidity, and this condition is a condition of the body's muscles that contract continuously and eventually limit passive movement. Furthermore, there are also difficulties in maintaining muscle movement in the fingers, feet and other places in the body in a fixed position, commonly referred to as athetosis [8,9,10].

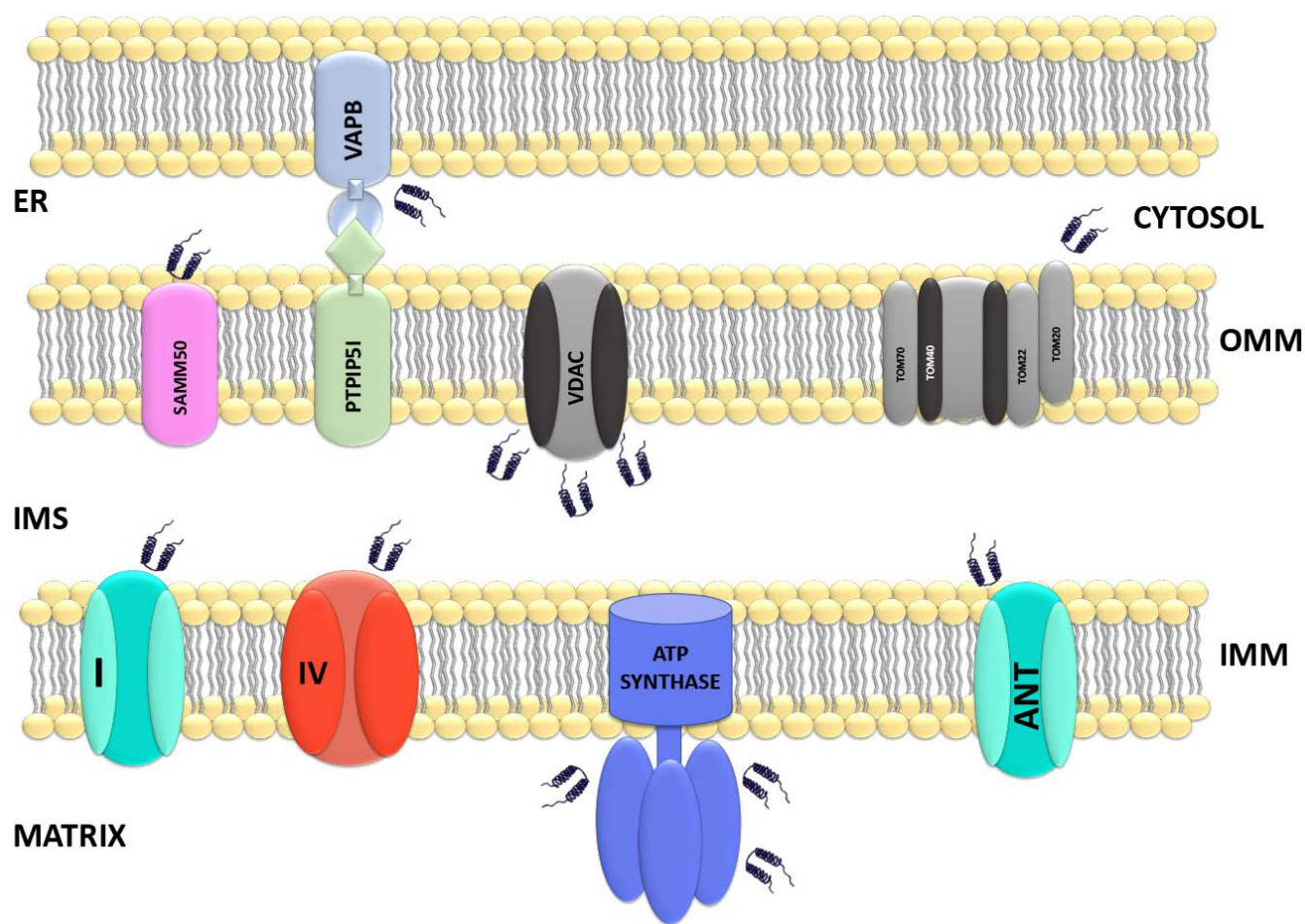
Multiple system atrophy is closely related to  $\alpha$ -synuclein, where  $\alpha$ -synuclein is a synaptic protein which, in physiological conditions, is an unfolded protein produced by neuronal cells [11-15]. This protein can affect mitochondria, as it is known that mitochondria are crucial cell organelles in the context of energy. The impact of  $\alpha$ -synuclein on signalling calcium ions ( $\text{Ca}^{2+}$ ) within the mitochondria can affect the exchange of those ions and the physical interaction between the mitochondria and the ER. Some cases, such as the low expression of A53T caused by the influence  $\alpha$ -synuclein with mitochondria, can cause fragmentation of the mitochondria [16-19].

Localization of  $\alpha$ -synuclein in various membranes in mitochondria can be found in MSA patients. MAM (Mitochondria-associated membranes) is a part that has a special function in the relationship between mitochondria and ER (endoplasmic reticulum), where this part functions in the regulation of mitochondrial dynamics and division also unfolded protein response [20-23]. Localization  $\alpha$ -synuclein in this membrane will increase the uptake of  $\text{Ca}^{2+}$  if it is in an overexpression state. At the same time, it will change mitochondrial morphology if it is in a downregulation condition [16].  $\alpha$ -Synuclein residing in MAM demonstrated interacting with ER VAPB (Vesicle-associated membrane protein-associated protein B) [24, 25].

$\alpha$ -Synuclein is also located in other parts of the mitochondria, such as OMM (Outer Mitochondrial Membrane), IMS (Inter-membrane Space), IMM (Inner Mitochondrial Membrane), and MM (Mitochondrial Matrix). In the OMM section of this protein, it is known that  $\alpha$ -synuclein can bind to lipids and membranes [26]. Localization of this protein is also found in dopaminergic neurons [27]. The data show that binding  $\alpha$ -synuclein to OMM causes mitochondrial fragmentation of both DRP1-independent and MFN [28]. The amount of this protein that binds to OMM is known to affect mitochondrial size in both wild and A53T types of  $\alpha$ -synuclein [19].

Another part of the mitochondria that is the localization site of  $\alpha$ -synuclein is the IMS (Inter-membrane Space). The interactions in this section can lead to increased ROS production and potential alteration of mitochondrial membranes. Basal conditions are also one of the conditions for  $\alpha$ -synuclein translocation in IMS [28, 29]. Whereas in IMM (Inner Mitochondrial

Membrane), it is known that  $\alpha$ -synuclein can bind to IMM through N-terminus [30]. Then in MM (Mitochondrial Matrix)  $\alpha$ -synuclein can bind to  $\gamma$ , B and D chains of ATP synthase. Aggregation conditions and mutations of  $\alpha$ -synuclein cause loss of mitochondria function and accelerate the process of damage to neurodegenerative disease [31-34]. In general, translocation of  $\alpha$ -synuclein in mitochondria is mediated by lipid binding, VDAC proteins and TIM/TOM complexes [35,36]. The compilation of the results of these studies is represented in Figure 1.



**Figure 1.** Localization of  $\alpha$ -synuclein in mitochondrial membranes

**Mitochondrial Reprogramming**

In relation to mitochondria that are damaged in various neurodegenerative diseases, it is necessary to know that several studies target mitochondrial reprogramming. Research on mitochondrial reprogramming in MSA is minimal. However, in types of diseases such as Parkinson's disease (PD), mitochondrial impairment and research have been carried out related to mitochondrial and metabolic reprogramming. It is known that there is a mutation of the PINK1 gene in PD patients. This gene functions in the encoding of the mitochondrial kinase [37-40]. The research of Tufi et al. (2014) showed that genetic and pharmacological manipulation of

nucleotide metabolism pathways could be a solution to improve mitochondrial function. Mitochondria reprogramming through the administration of folic acid and dNS (deoxyribonucleosides) through the mechanism of mitochondrial biogenesis [41]. In addition, several studies on glucose metabolic dysfunction related to neurodegenerative diseases can also use the concept of metabolic reprogramming. It should be noted that the oxidation of glucose to CO<sub>2</sub> to produce ATP through the oxidative phosphorylation pathway occurs in the mitochondria. Mitochondria are the main actors in cellular energy supply, affecting amino acid synthesis and directly affecting the production of neurotransmitters and protein synthesis (Table 1). Mitochondrial changes in neurodegenerative disease affect neuronal function [42, 43].

**Table 1.** The connection between metabolic disorders and neurodegenerative disease

| Neurodegenerative Diseases | Neuronal Glucose and Glucose metabolism (Decrease Uptake) | Dysfunctional in Mitochondria                   | Ref     |
|----------------------------|-----------------------------------------------------------|-------------------------------------------------|---------|
| Alzheimer’s Disease        | ↓ Expression of glucose transporter                       | Imbalance in mitochondrial fission and fusion   | [44-64] |
|                            | ↑ Metabolism of ketone body                               | ↓ Axonal transport                              |         |
|                            | ↓ Metabolic complex activity                              |                                                 |         |
|                            | ↑ Aerobic Glycolysis                                      | ↓ Mitochondria in a cell                        |         |
|                            | ↑ Pyruvate dehydrogenase in inactive form                 |                                                 |         |
| Parkinson’s Disease        | ↓ NADH dehydrogenase                                      | Mutations in Leucine-rich repeat kinase (LRRK2) | [65-80] |
|                            | ↓ 6-phosphogluconate dehydrogenase                        | Mutations in PTEN induced kinase 1 (PINK1)      |         |
|                            | ↓ G6P dehydrogenase                                       | Mutations in Htr A serine peptide 2 (HTRA2)     |         |

Metabolic reprogramming in neurodegenerative disease can be done in various ways, namely hypoxia and exercise-induced. IHHT (intermittent hypoxia-hyperoxia training) is used in patients aged with MCI (mild cognitive impairment) conditions, which is a precursor to Alzheimer's disease. Training in using IHHT improves cognitive function in patients significantly, and it is known that decreased expression of Amyloids- $\beta$  after administration of IHHT indicates a neuroprotective mechanism. Similarly, intermittent hypoxic conditioning can improve short-term memory in patients with MCI [81,82,83]. While reprogramming using exercise-induced affects several points, namely an increase in temperature and blood pressure, hypoxia conditions and the impact on mitochondrial skeletal muscles, biogenesis, fusion and respiration of mitochondrial. In addition to the mitochondria in the skeletal muscle, there are several theories regarding direct neuroprotective signalling. As it is known that mitochondria not only react to signaling molecules but can be transferred between cells. Several studies have shown that systemic administration of mitochondria into the blood results in the relocation of mitochondria to brain regions and benefits mouse models of Parkinson's and Alzheimer's disease [84-87]. The possibility of using the concept in handling MSA in the future is not impossible.

### Management of MSA

The treatment of MSA to date has focused on symptom management that occurs in each patient, which is very specific. This condition can occur because MSA is a multisystem disease. So various fields of science such as cardiology, neurology, urology, psychiatry, pulmonary, and dietary are needed to create a comprehensive system for handling this disease. Some MSA symptoms, namely parkinsonism, can be given Armatandine 100 mg x 3 times daily or levodopa / Carbidopa drugs (200-300 mg x 3-4 times daily) and followed by physical therapy and exercise [88-93]. Then, for spasticity symptoms, muscle relaxants such as tizanidine or baclofen can be used, while symptom dystonia can use trihexyphenidyl [94-97]. As it is known that symptom ataxia also occurs in MSA patients and although no medications have been able to improve this symptom significantly, intensive physical therapy can help the patient's condition [98-102]. As for sleep disorders such as REM sleep behavior disorder or restless legs syndrome, MSA patients can be given clonazepam 0.5 to 2 mg at night, but if an apnea condition follows the symptoms, it is more advisable to give melatonin with an initial dose of 3 mg. During apnea, changes in sleeping position, neurostimulation and weight loss can be made [103-107]. Table 2 summarizes some therapies that have been and are being carried out for MSA disease.

**Table 2.** Therapeutic Drugs for Multiple System Atrophy

| Mechanism                                                  | Therapeutic drug       | Results                                                                                      | Ref   |
|------------------------------------------------------------|------------------------|----------------------------------------------------------------------------------------------|-------|
| Neuroprotection                                            | Riluzole               | No effect on progression of MSA (Phase III)                                                  | [108] |
| Mitochondrial Function                                     | CoQ10                  | Ongoing (Phase II)                                                                           | [109] |
| Neuroprotection                                            | Mesenchymal stem cells | Delayed progression of MSA (Phase II)                                                        | [110] |
| $\alpha$ -Synuclein<br>(Inhibition of aggregation process) | Lithium                | Drug trial is terminated (severe side effect such as death, daytime sleepiness and tremor)   | [111] |
| $\alpha$ -Synuclein (Modulates of oligomerization process) | Anle138b               | Ongoing (Phase I)                                                                            | [112] |
| $\alpha$ -Synuclein<br>(Inhibition of aggregation process) | Anti-miR-101           | Decreased GCIs and increased autophagy (Pre-clinic)                                          | [113] |
| Neuroprotection                                            | Exendin-4              | Decreased $\alpha$ -synuclein oligomers, cell death and insulin resistance (Phase II)        | [114] |
| $\alpha$ -Synuclein<br>(Inhibition of aggregation process) | CLR01                  | Decreased synuclein oligomers, GCIs, microglial activation and motor impairment (Pre-clinic) | [115] |
|                                                            | Belnacasan (VX-765)    | Decreased synuclein oligomers, GCIs, microglial activation (Pre-clinic)                      | [116] |
|                                                            | Rifampicin             | No effect on progression of MSA (Phase II)                                                   | [117] |

**Alternative neuroprotective agents in MSA**

**Molecular Hydrogen (H<sub>2</sub>)**

Several recent studies have shown that molecular hydrogen has therapeutic capabilities in various human diseases such as metabolic syndrome, ischemia-reperfusion injury, organ transplantation, type 2 diabetes mellitus and other neurodegenerative diseases [118-126]. The advantage of using hydrogen is that it can be applied in various ways, namely through gas therapy, in the form of drinks

as hydrogen-water or dialysis or intravenous injection (IV). The use of IV has the advantage that it can bring hydrogen molecules directly into the bloodstream. Matsumoto et al. (2013) examined the use of oral hydrogen water for PD disease, where neuroprotective effects were found through mediation using ghrelin production [127]. The concentration of H<sub>2</sub> that can show a protective effect on dopamine neurons is 0.04-0.8 mM. Table 3 is a compilation of the neuroprotective effects of molecular H<sub>2</sub> through various mechanisms in neurodegenerative diseases.

**Table 3.** Neuroprotective Effects of Molecular Hydrogen

| Hydrogen administration                                     | Neurodegenerative Disease | Mechanism of Neuroprotective Effects                                                                                                                   | Ref        |
|-------------------------------------------------------------|---------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|------------|
| Oral and inhalation                                         | Parkinson’s disease       | Activation of gastric ghrelin system, minimizing the loss of dopaminergic cells, and reducing oxidative stress                                         | [127-133]  |
| Oral, inhalation, intravenous and intraperitoneal injection | Ischemia                  | Stabilization of mitochondrial function, blood-brain barrier maintenance, reduction of endoplasmic reticulum stress, oxidative and inflammatory stress | [134-137]  |
| Intraperitoneal injection                                   | Subarachnoid hemorrhage   | Anti apoptosis and inhibiton of oxidative stress                                                                                                       | [138, 139] |
| Oral, intracerebral and intraperitoneal injection           | Alzheimer’s disease       | Up regulation of Sirt1-FoxO3a axis, stimulating AMPK, inhibiting the activation of NLRP3 and JNK                                                       | [140-145]  |
| Intraperitoneal injection and inhalation                    | Brain injury              | Blood-brain barrier maintenance and stabilization of mitochondrial function                                                                            | [146-150]  |

**Magnesium**

Magnesium is a macro element that is very important for humans, especially its function, which is involved in neurotransmission and body metabolism. Some studies show that magnesium deficiency can cause neurological disorders especially synaptic plasticity [151,152,153]. In Parkinson's disease, the role of magnesium is seen in inhibiting the aggregation of α-synuclein [154]. The function

of magnesium itself is most widely studied for cerebral ischemic disease [155]. Magnesium, in physiological conditions, can regulate neuronal activity [156]. Associated with mitochondrial magnesium reprogramming can maintain mitochondrial function and energy metabolism of cells [157]. Table 4 is a compilation of several studies using magnesium as a supplement in treating cerebral ischemic disease. It is possible that the use of magnesium supplements can improve the condition of people with other neurodegenerative diseases, including MSA. More research is needed regarding this hypothesis.

**Table 4.** Magnesium Function in Cerebral Ischemic Disease

| Magnesium Administration  | Magnesium Type and Dose         | Results                                                       | Ref   |
|---------------------------|---------------------------------|---------------------------------------------------------------|-------|
| Intravenous injection     | MgSO <sub>4</sub> (360 μmol/kg) | Reduction of infarct volume if combined with mild hypothermia | [158] |
| Intraperitoneal injection | MgCl <sub>2</sub> (1 mmol/kg)   | Reduction of infarct volume                                   | [159] |
| Inraarterial injection    | MgSO <sub>4</sub> (90 mg/kg)    | Reduction of infarct volume                                   | [160] |
| Intraperitoneal injection | MgSO <sub>4</sub> (2 g/kg)      | Reduction of neuronal apoptosis                               | [161] |
| Inraarterial injection    | MgSO <sub>4</sub> (750 μmol/kg) | Reduction of infarct volume                                   | [162] |
| Intravenous injection     | MgSO <sub>4</sub> (90 mg/kg)    | Reduction of infarct volume                                   | [163] |
| Intraperitoneal injection | MgSO <sub>4</sub> (250 mg/kg)   | Reduction of infarct volume                                   | [164] |

**Low Concentration of Hydrogen Peroxide**

H<sub>2</sub>O<sub>2</sub> molecules are frequently regarded as poisonous molecules that have a harmful impact on numerous levels of life, both cellular and tissue [165-166]. Many studies, however, have discovered that the concentration of this molecule impacts the function of the molecules in the body. Low H<sub>2</sub>O<sub>2</sub> concentrations can bring a variety of benefits. This molecule will be broken down into H<sub>2</sub>O and ½ O<sub>2</sub> with the help of the enzyme catalase (CAT). The breakdown product, particularly O<sub>2</sub>, has the potential to become an alternate supply in the body and reduce the generation of reactive oxidant species. Several studies have revealed that the H<sub>2</sub>O<sub>2</sub> molecule has a variety of beneficial roles, including as a regulatory signal in metabolism [167-172]. H<sub>2</sub>O<sub>2</sub> has a neuroprotective effect and can prevent the progression of apoptosis in PC12 cell lines at low concentrations of 10 M. This indicates that utilizing molecules at low concentrations improves mitochondrial activity [173].

## Conclusion and Future Directions

This review journal has systematically discussed MSA, both characteristics and mitochondria impairment caused by  $\alpha$ -synuclein, as well as the possibility of mitochondria reprogramming through the administration of several alternative neuroprotective agents such as hydrogen, magnesium and low-dose hydrogen peroxide. The management of MSA to date has also been described, and it needs to be highlighted that the handling condition is still in the form of managing symptoms. Future research needs to be carried out in preclinic and clinical trials to prove MSA management using some of the alternative neuroprotective agents above, both in single and complex forms, then for the initial stage an in-silico study can be carried out. The use of protein modeling, docking and molecular dynamic simulation can be maximized [174-177].

## REFERENCE

1. Dickson, D. W.; Liu, W.-K.; Hardy, J.; Farrer, M.; Mehta, N.; Uitti, R.; Mark, M.; Zimmerman, T.; Golbe, L.; Sage, J.; Sima, A.; D'Amato, C.; Albin, R.; Gilman, S.; Yen, S.-H. Widespread alterations of  $\alpha$ -synuclein in multiple system atrophy. *The American Journal of Pathology* 1999, 155, 1241–1251.
2. Wakabayashi, K.; Takahashi, H. Cellular pathology in multiple system atrophy. *Neuropathology* 2006, 26, 338–345.
3. Yoshida, M. Multiple system atrophy:  $\alpha$ -synuclein and neuronal degeneration. *Neuropathology* 2007, 27, 484–493.
4. Wenning, G. K.; Shlomo, Y. B.; Magalhães, M.; Danie, S. E.; Quinn, N. P. Clinical features and natural history of multiple system atrophy. *Brain* 1994, 117, 835–845.
5. Kosaka, K.; Yoshimura, M.; Ikeda, K.; Budka, H. Diffuse type of Lewy body disease: progressive dementia with abundant cortical Lewy bodies and senile changes of varying degree--a new disease?. *Clin Neuropathol.* 1984, 3(5):185-192.
6. Kosaka, K. Diffuse lewy body disease in Japan. *Journal of Neurology* 1990, 237, 197–204.
7. Kosaka, K. Lewy bodies in cerebral cortex. report of three cases. *Acta Neuropathologica* 1978, 42, 127–134.
8. Gilman, S.; May, S. J.; Shults, C. W.; Tanner, C. M.; Kukull, W.; Lee, V. M.-Y.; Masliah, E.; Low, P.; Sandroni, P.; Trojanowski, J. Q.; Ozelius, L.; Foroud, T. The North American Multiple System Atrophy Study Group. *Journal of Neural Transmission* 2005, 112, 1687–1694.
9. Burn, DJ.; Jaros, E.; Multiple system atrophy: cellular and molecular pathology. *Mol Pathol.* 2001, 54(6), 419-426.
10. Gilman, S.; Low, P.; Quinn, N.; Albanese, A.; Ben-Shlomo, Y.; Fowler, C.; Kaufmann, H.; Klockgether, T.; Lang, A.; Lantos, P.; Litvan, I.; Mathias, C.; Oliver, E.; Robertson, D.; Schatz, I.; Wenning, G. Consensus statement on the diagnosis of multiple system atrophy. *Clinical Autonomic Research* 1998, 8, 359–362.

11. Lashuel, H. A.; Overk, C. R.; Oueslati, A.; Masliah, E. The many faces of  $\alpha$ -synuclein: From structure and toxicity to therapeutic target. *Nature Reviews Neuroscience* 2013, 14, 38–48.
12. Iwai, A.; Masliah, E.; Yoshimoto, M.; Ge, N.; Flanagan, L.; Rohan de Silva, H. A.; Kittel, A.; Saitoh, T. The precursor protein of non-A $\beta$  component of alzheimer's disease amyloid is a presynaptic protein of the central nervous system. *Neuron* 1995, 14, 467–475.
13. Eliezer, D.; Kutluay, E.; Bussell, R.; Browne, G. Conformational properties of  $\alpha$ -synuclein in its free and lipid-associated states 1 edited by P. E. Wright. *Journal of Molecular Biology* 2001, 307, 1061–1073.
14. Uéda, K.; Fukushima, H.; Masliah, E.; Xia, Y.; Iwai, A.; Yoshimoto, M.; Otero, D. A.; Kondo, J.; Ihara, Y.; Saitoh, T. Molecular cloning of cDNA encoding an unrecognized component of amyloid in alzheimer disease. *Proceedings of the National Academy of Sciences* 1993, 90, 11282–11286.
15. Valera, E.; Monzio Compagnoni, G.; Masliah, E. Review: Novel treatment strategies targeting alpha-synuclein in multiple system atrophy as a model of synucleinopathy. *Neuropathology and Applied Neurobiology* 2016, 42, 95–106.
16. Simmen, T.; Lynes, E. M.; Gesson, K.; Thomas, G. Oxidative protein folding in the endoplasmic reticulum: Tight links to the mitochondria-associated membrane (MAM). *Biochimica et Biophysica Acta (BBA) - Biomembranes* 2010, 1798, 1465–1473.
17. Ottolini, D.; Cali, T.; Negro, A.; Brini, M. The parkinson disease-related protein DJ-1 counteracts mitochondrial impairment induced by the tumour suppressor protein p53 by enhancing endoplasmic reticulum-mitochondria tethering. *Human Molecular Genetics* 2013, 22, 2152–2168.
18. Calì, T.; Ottolini, D.; Negro, A.; Brini, M.  $\alpha$ -Synuclein controls mitochondrial calcium homeostasis by enhancing endoplasmic reticulum-mitochondria interactions. *J Biol Chem* 2012, 287(22), 17914–17929.
19. Pozo Devoto, V. M.; Falzone, T. L. Mitochondrial dynamics in parkinson's disease: A role for  $\alpha$ -synuclein? *Disease Models & Mechanisms* 2017, 10, 1075–1087.
20. Csordás, G.; Hajnóczky, G. SR/ER–mitochondrial local communication: Calcium and Ros. *Biochimica et Biophysica Acta (BBA) - Bioenergetics* 2009, 1787, 1352–1362.
21. Friedman, J. R.; Lackner, L. L.; West, M.; DiBenedetto, J. R.; Nunnari, J.; Voeltz, G. K. ER tubules mark sites of Mitochondrial Division. *Science* 2011, 334, 358–362.
22. Hayashi, T.; Rizzuto, R.; Hajnoczky, G.; Su, T.-P. MAM: More than just a housekeeper. *Trends in Cell Biology* 2009, 19, 81–88.
23. Rizzuto, R.; Pozzan, T. Microdomains of intracellular  $\text{Ca}^{2+}$ : Molecular determinants and functional consequences. *Physiological Reviews* 2006, 86, 369–408.

24. Paillusson, S.; Gomez-Suaga, P.; Stoica, R.; Little, D.; Gissen, P.; Devine, M. J.; Noble, W.; Hanger, D. P.; Miller, C. C.  $\alpha$ -synuclein binds to the ER-mitochondria tethering protein VAPB to disrupt  $Ca^{2+}$  homeostasis and mitochondrial ATP production. *Acta Neuropathologica* 2017, 134, 129–149.
25. Guardia-Laguarta, C.; Area-Gomez, E.; Schon, E. A.; Przedborski, S. Novel subcellular localization for  $\alpha$ -synuclein: Possible functional consequences. *Frontiers in Neuroanatomy* 2015, 9.
26. Shvadchak, V. V.; Yushchenko, D. A.; Pievo, R.; Jovin, T. M. The mode of  $\alpha$ -synuclein binding to membranes depends on lipid composition and lipid to protein ratio. *FEBS Letters* 2011, 585, 3513–3519.
27. Li, W.-W.; Yang, R.; Guo, J.-C.; Ren, H.-M.; Zha, X.-L.; Cheng, J.-S.; Cai, D.-F. Localization of  $\alpha$ -synuclein to mitochondria within midbrain of mice. *NeuroReport* 2007, 18, 1543–1546.
28. Kamp, F.; Exner, N.; Lutz, A. K.; Wender, N.; Hegermann, J.; Brunner, B.; Nuscher, B.; Bartels, T.; Giese, A.; Beyer, K.; Eimer, S.; Winklhofer, K. F.; Haass, C. Inhibition of mitochondrial fusion by  $\alpha$ -synuclein is rescued by Pink1, parkin and DJ-1. *The EMBO Journal* 2010, 29, 3571–3589.
29. Shen, J.; Du, T.; Wang, X.; Duan, C.; Gao, G.; Zhang, J.; Lu, L.; Yang, H.  $\alpha$ -Synuclein amino terminus regulates mitochondrial membrane permeability. *Brain Research* 2014, 1591, 14–26.
30. Robotta, M.; Gerding, H. R.; Vogel, A.; Hauser, K.; Schildknecht, S.; Karreman, C.; Leist, M.; Subramaniam, V.; Drescher, M.  $\alpha$ -Synuclein binds to the inner membrane of mitochondria in an  $\alpha$ -helical conformation. *ChemBioChem* 2014, 15, 2499–2502.
31. Liu, G.; Zhang, C.; Yin, J.; Li, X.; Cheng, F.; Li, Y.; Yang, H.; Ueda, K.; Chan, P.; Yu, S.  $\alpha$ -Synuclein is differentially expressed in mitochondria from different rat brain regions and dose-dependently down-regulates complex I activity. *Neuroscience Letters* 2009, 454, 187–192.
32. Devi, L.; Raghavendran, V.; Prabhu, B. M.; Avadhani, N. G.; Anandatheerthavarada, H. K. Mitochondrial import and accumulation of  $\alpha$ -synuclein impair complex I in human dopaminergic neuronal cultures and parkinson disease brain. *Journal of Biological Chemistry* 2008, 283, 9089–9100.
33. McFarland, M. A.; Ellis, C. E.; Markey, S. P.; Nussbaum, R. L. Proteomics analysis identifies phosphorylation-dependent  $\alpha$ -synuclein protein interactions. *Molecular & Cellular Proteomics* 2008, 7, 2123–2137.
34. Zhang, L.; Zhang, C.; Zhu, Y.; Cai, Q.; Chan, P.; Ueda, K.; Yu, S.; Yang, H. Semi-quantitative analysis of  $\alpha$ -synuclein in subcellular pools of rat brain neurons: An immunogold electron microscopic study using a C-terminal specific monoclonal antibody. *Brain Research* 2008, 1244, 40–52.

35. Nakamura, K. A-synuclein and mitochondria: Partners in crime? *Neurotherapeutics* 2013, 10, 391–399.
36. Abramov, A. Y.; Berezhnov, A. V.; Fedotova, E. I.; Zinchenko, V. P.; Dolgacheva, L. P. Interaction of misfolded proteins and mitochondria in neurodegenerative disorders. *Biochemical Society Transactions* 2017, 45, 1025–1033.
37. Tatsuta, T.; Langer, T. Quality control of mitochondria: Protection against neurodegeneration and ageing. *The EMBO Journal* 2008, 27, 306–314.
38. Deas, E.; Plun-Favreau, H.; Wood, N. W. PINK1 function in health and disease. *EMBO Molecular Medicine* 2009, 1, 152–165.
39. Lu, B.; Vogel, H. drosophila models of neurodegenerative diseases. *Annual Review of Pathology: Mechanisms of Disease* 2009, 4, 315–342.
40. Broadley, S. A.; Hartl, F. U. Mitochondrial stress signaling: A pathway unfolds. *Trends in Cell Biology* 2008, 18, 1–4.
41. Tufi, R.; Gandhi, S.; de Castro, I. P.; Lehmann, S.; Angelova, P. R.; Dinsdale, D.; Deas, E.; Plun-Favreau, H.; Nicotera, P.; Abramov, A. Y.; Willis, A. E.; Mallucci, G. R.; Loh, S. H.; Martins, L. M. Enhancing nucleotide metabolism protects against mitochondrial dysfunction and neurodegeneration in a PINK1 model of parkinson's disease. *Nature Cell Biology* 2014, 16, 157–166.
42. Bélanger, M.; Allaman, I.; Magistretti, P. J. Brain energy metabolism: Focus on astrocyte-neuron metabolic cooperation. *Cell Metabolism* 2011, 14, 724–738.
43. Esteves, A.; Arduíno, D.; Silva, D.F.F.; Martins Branco, D.; Oliveira, C.R.; Cardoso, S. Mitochondrial Metabolism in Age-Related Neurodegenerative Disorders: Alzheimer's and Parkinson's Revisited. Nova Science Publishers, Inc: New York 2011, 187-244.
44. Liu, Y.; Liu, F.; Iqbal, K.; Grundke-Iqbal, I.; Gong, C.-X. Decreased glucose transporters correlate to abnormal hyperphosphorylation of tau in alzheimer disease. *FEBS Letters* 2008, 582, 359–364.
45. Kalaria, R. H. N.; Harik, S. I. Reduced glucose transporter at the blood-brain barrier and in cerebral cortex in alzheimer disease. *Journal of Neurochemistry* 1989, 53, 1083–1088.
46. Simpson, I. A.; Chundu, K. R.; Davies-Hill, T.; Honer, W. G.; Davies, P. Decreased concentrations of Glut1 and GLUT3 glucose transporters in the brains of patients with alzheimer's disease. *Annals of Neurology* 1994, 35, 546–551.
47. Harr, S. D.; Simonian, N. A.; Hyman, B. T. Functional alterations in Alzheimer's disease: Decreased glucose transporter 3 immunoreactivity in the perforant pathway terminal zone. *Journal of Neuropathology and Experimental Neurology* 1995, 54, 38–41.

- 
48. Parker, W. D.; Filley, C. M.; Parks, J. K. Cytochrome oxidase deficiency in alzheimer's disease. *Neurology* 1990, 40, 1302–1302.
  49. Swerdlow, R. H.; Kish, S. J. Mitochondria in alzheimer's disease. *International Review of Neurobiology* 2002, 341–385.
  50. Kish, S. J.; Bergeron, C.; Rajput, A.; Dozic, S.; Mastrogiacomo, F.; Chang, L.-J.; Wilson, J. M.; DiStefano, L. M.; Nobrega, J. N. Brain cytochrome oxidase in alzheimer's disease. *Journal of Neurochemistry* 1992, 59, 776–779.
  51. Shoffner, J. M. Oxidative phosphorylation defects and alzheimer's disease. *neurogenetics* 1997, 1, 13–19.
  52. Wong-Riley, M.; Antuono, P.; Ho, K.-C.; Egan, R.; Hevner, R.; Liebl, W.; Huang, Z.; Rachel, R.; Jones, J. Cytochrome oxidase in alzheimer's disease: Biochemical, histochemical, and immunohistochemical analyses of the visual and other systems. *Vision Research* 1997, 37, 3593–3608.
  53. Santos, R. X.; Correia, S. C.; Wang, X.; Perry, G.; Smith, M. A.; Moreira, P. I.; Zhu, X. Alzheimer's disease: Diverse aspects of mitochondrial malfunctioning. *International journal of clinical and experimental pathology* 2010, 3, 570–581.
  54. Parker, W. D.; Mahr, N. J.; Filley, C. M.; Parks, J. K.; Hughes, D.; Young, D. A.; Cullum, C. M. Reduced platelet cytochrome c oxidase activity in alzheimer's disease. *Neurology* 1994, 44, 1086–1086.
  55. Kim, S. H.; Vlkolinsky, R.; Cairns, N.; Lubec\*, G. Decreased levels of complex III core protein 1 and complex V  $\beta$  chain in brains from patients with alzheimer's disease and Down Syndrome. *Cellular and Molecular Life Sciences* 2000, 57, 1810–1816.
  56. Bosetti, F. Cytochrome c oxidase and mitochondrial F1F0-atpase (ATP synthase) activities in platelets and brain from patients with alzheimer's disease. *Neurobiology of Aging* 2002, 23, 371–376.
  57. Blass, J. P.; Sheu, R. K.; Gibson, G. E. Inherent abnormalities in energy metabolism in alzheimer disease: Interaction with cerebrovascular compromise. *Annals of the New York Academy of Sciences* 2000, 903, 204–221.
  58. Cardoso, S. M.; Proença, M. T.; Santos, S.; Santana, I.; Oliveira, C. R. Cytochrome c oxidase is decreased in alzheimer's disease platelets. *Neurobiology of Aging* 2004, 25, 105–110.
  59. Mutisya, E. M.; Bowling, A. C.; Beal, M. F. Cortical cytochrome oxidase activity is reduced in alzheimer's disease. *Journal of Neurochemistry* 1994, 63, 2179–2184.
  60. Valla, J.; Schneider, L.; Niedzielko, T.; Coon, K. D.; Caselli, R.; Sabbagh, M. N.; Ahern, G. L.; Baxter, L.; Alexander, G.; Walker, D. G.; Reiman, E. M. Impaired platelet mitochondrial activity in alzheimer's disease and mild cognitive impairment. *Mitochondrion* 2006, 6, 323–330.

- 
61. Parker, W. D.; BA, J. P.; Filley, C. M.; Kleinschmidt-DeMasters, B. K. Electron transport chain defects in alzheimer's disease brain. *Neurology* 1994, 44, 1090–1096.
  62. Curti, D.; Rognoni, F.; Gasparini, L.; Cattaneo, A.; Paolillo, M.; Racchi, M.; Zani, L.; Bianchetti, A.; Trabucchi, M.; Bergamaschi, S.; Govoni, S. Oxidative metabolism in cultured fibroblasts derived from sporadic alzheimer's disease (AD) patients. *Neuroscience Letters* 1997, 236, 13–16.
  63. Yao, J.; Irwin, R. W.; Zhao, L.; Nilsen, J.; Hamilton, R. T.; Brinton, R. D. Mitochondrial bioenergetic deficit precedes alzheimer's pathology in female mouse model of alzheimer's disease. *Proceedings of the National Academy of Sciences* 2009, 106, 14670–14675.
  64. Fukuyama, R.; Hatanpää, K.; Rapoport, S. I.; Chandrasekaran, K. Gene expression of ND4, a subunit of complex I of oxidative phosphorylation in mitochondria, is decreased in temporal cortex of brains of alzheimer's disease patients. *Brain Research* 1996, 713, 290–293.
  65. Chung, K. K.; Thomas, B.; Li, X.; Pletnikova, O.; Troncoso, J. C.; Marsh, L.; Dawson, V. L.; Dawson, T. M. S-nitrosylation of parkin regulates ubiquitination and compromises Parkin's protective function. *Science* 2004, 304, 1328–1331.
  66. Borghammer, P.; Chakravarty, M.; Jonsdottir, K. Y.; Sato, N.; Matsuda, H.; Ito, K.; Arahata, Y.; Kato, T.; Gjedde, A. Cortical hypometabolism and hypoperfusion in parkinson's disease is extensive: Probably even at early disease stages. *Brain Structure and Function* 2010, 214, 303–317.
  67. Song, D. D.; Shults, C. W.; Sisk, A.; Rockenstein, E.; Masliah, E. Enhanced substantia nigra mitochondrial pathology in human  $\alpha$ -synuclein transgenic mice after treatment with MPTP. *Experimental Neurology* 2004, 186, 158–172.
  68. Silvestri, L.; Caputo, V.; Bellacchio, E.; Atorino, L.; Dallapiccola, B.; Valente, E. M.; Casari, G. Mitochondrial import and enzymatic activity of PINK1 mutants associated to recessive parkinsonism. *Human Molecular Genetics* 2005, 14, 3477–3492.
  69. Palacino, J. J.; Sagi, D.; Goldberg, M. S.; Krauss, S.; Motz, C.; Wacker, M.; Klose, J.; Shen, J. Mitochondrial dysfunction and oxidative damage in parkin-deficient mice. *Journal of Biological Chemistry* 2004, 279, 18614–18622.
  70. Petit, A.; Kawarai, T.; Paitel, E.; Sanjo, N.; Maj, M.; Scheid, M.; Chen, F.; Gu, Y.; Hasegawa, H.; Salehi-Rad, S.; Wang, L.; Rogaeva, E.; Fraser, P.; Robinson, B.; St George-Hyslop, P.; Tandon, A. Wild-type pink1 prevents basal and induced neuronal apoptosis, a protective effect abrogated by parkinson disease-related mutations. *Journal of Biological Chemistry* 2005, 280, 34025–34032.

71. Yang, Y.; Gehrke, S.; Imai, Y.; Huang, Z.; Ouyang, Y.; Wang, J.-W.; Yang, L.; Beal, M. F.; Vogel, H.; Lu, B. Mitochondrial pathology and muscle and dopaminergic neuron degeneration caused by inactivation of *drosophila* PINK1 is rescued by Parkin. *Proceedings of the National Academy of Sciences* 2006, 103, 10793–10798.
72. Knight, A. L.; Yan, X.; Hamamichi, S.; Ajjuri, R. R.; Mazzulli, J. R.; Zhang, M. W.; Daigle, J. G.; Zhang, S.; Borom, A. R.; Roberts, L. R.; Lee, S. K.; DeLeon, S. M.; Viollet-Djelassi, C.; Krainc, D.; O'Donnell, J. M.; Caldwell, K. A.; Caldwell, G. A. The glycolytic enzyme, GPI, is a functionally conserved modifier of dopaminergic neurodegeneration in parkinson's models. *Cell Metabolism* 2014, 20, 145–157.
73. Pesah, Y.; Pham, T.; Burgess, H.; Middlebrooks, B.; Verstreken, P.; Zhou, Y.; Harding, M.; Bellen, H.; Mardon, G. *drosophila* parkin mutants have decreased mass and cell size and increased sensitivity to oxygen radical stress. *Development* 2004, 131, 2183–2194.
74. Dunn, L.; Allen, G. F. G.; Mamais, A.; Ling, H.; Li, A.; Duberley, K. E.; Hargreaves, I. P.; Pope, S.; Holton, J. L.; Lees, A.; Heales, S. J.; Bandopadhyay, R. Dysregulation of glucose metabolism is an early event in sporadic parkinson's disease. *Neurobiology of Aging* 2014, 35, 1111–1115.
75. Barroso, N.; Campos, Y.; Huertas, R.; Esteban, J.; Molina, J. A.; Alonso, A.; Gutierrez-Rivas, E.; Arenas, J. Respiratory chain enzyme activities in lymphocytes from untreated patients with parkinson disease. *Clinical Chemistry* 1993, 39, 667–669.
76. Mann, V. M.; Cooper, J. M.; Daniel, S. E.; Srai, K.; Jenner, P.; Marsden, C. D.; Schapira, A. H. Complex I, iron, and ferritin in parkinson's disease substantia nigra. *Annals of Neurology* 1994, 36, 876–881.
77. Rodriguez-Araujo, G.; Nakagami, H.; Hayashi, H.; Mori, M.; Shiuchi, T.; Minokoshi, Y.; Nakaoka, Y.; Takami, Y.; Komuro, I.; Morishita, R.; Kaneda, Y. Alpha-synuclein elicits glucose uptake and utilization in adipocytes through the GAB1/PI3K/akt transduction pathway. *Cellular and Molecular Life Sciences* 2013, 70, 1123–1133.
78. Blandini, F.; Nappi, G.; Timothy Greenamyre, J. Quantitative study of Mitochondrial Complex I in platelets of Parkinsonian patients. *Movement Disorders* 1998, 13, 11–15.
79. Yoshino, H.; Nakagawa-Hattori, Y.; Kondo, T.; Mizuno, Y. Mitochondrial complex I and II activities of lymphocytes and platelets in parkinson's disease. *Journal of Neural Transmission - Parkinson's Disease and Dementia Section* 1992, 4, 27–34.
80. Haas, R. H.; Nasirian, F.; Nakano, K.; Ward, D.; Pay, M.; Hill, R.; Shults, C. W. Low platelet mitochondrial complex I and complex II/III activity in early untreated parkinson's disease. *Annals of Neurology* 1995, 37, 714–722.

81. Wang, H.; Shi, X.; Schenck, H.; Hall, J. R.; Ross, S. E.; Kline, G. P.; Chen, S.; Mallet, R. T.; Chen, P. Intermittent hypoxia training for treating mild cognitive impairment: A pilot study. *American Journal of Alzheimer's Disease & Other Dementias*® 2020, 35, 153331751989672.
82. Serebrovska, Z. O.; Serebrovska, T. V.; Kholin, V. A.; Tumanovska, L. V.; Shysh, A. M.; Pashevin, D. A.; Goncharov, S. V.; Stroy, D.; Grib, O. N.; Shatylo, V. B.; Bachinskaya, N. Y.; Egorov, E.; Xi, L.; Dosenko, V. E. Intermittent hypoxia-hyperoxia training improves cognitive function and decreases circulating biomarkers of alzheimer's disease in patients with mild cognitive impairment: A pilot study. *International Journal of Molecular Sciences* 2019, 20, 5405.
83. Bayer, U.; Likar, R.; Pinter, G.; Stettner, H.; Demschar, S.; Trummer, B.; Neuwersch, S.; Glazachev, O.; Burtscher, M. Intermittent hypoxic-hyperoxic training on cognitive performance in Geriatric Patients. *Alzheimer's & Dementia: Translational Research & Clinical Interventions* 2017, 3, 114–122.
84. Nitzan, K.; Benhamron, S.; Valitsky, M.; Kesner, E.E.; Lichtenstein, M.; Ben-Zvi, A.; Ella, E.; Segalstein, Y.; Saada, A.; LorberboumGalski, H.; et al. Mitochondrial transfer ameliorates cognitive deficits, neuronal loss, and gliosis in Alzheimer's disease mice. *J. Alzheimer's Dis. JAD* 2019, 72, 587–604
85. Shi, X.; Zhao, M.; Fu, C.; Fu, A. Intravenous administration of mitochondria for treating experimental Parkinson's disease. *Mitochondrion* 2017, 34, 91–100.
- 86 Beale, G.H.; Knowles, J.K. Interspecies transfer of mitochondria in *Paramecium aurelia*. *Mol. Gen. Genet.* 1976, 143, 197–201.
87. Clark, M.A.; Shay, J.W. Mitochondrial transformation of mammalian cells. *Nature* 1982, 295, 605–607.
88. Flabeau, O.; Meissner, W. G.; Tison, F. Multiple system atrophy: Current and future approaches to management. *Therapeutic Advances in Neurological Disorders* 2010, 3, 249–263.
89. Wenning, G. K.; Colosimo, C.; Geser, F.; Poewe, W. Multiple system atrophy. *The Lancet Neurology* 2004, 3, 93–103.
90. Fanciulli, A.; Wenning, G. K. Multiple-system atrophy. *New England Journal of Medicine* 2015, 372, 249–263.
91. Rajrut, A. H.; Uitti, R. J.; Fenton, M. E.; George, D. Amantadine effectiveness in multiple system atrophy and progressive supranuclear palsy. *Parkinsonism & Related Disorders* 1997, 3, 211–214.
92. Köllensperger, M.; Geser, F.; Ndayisaba, J.-P.; Boesch, S.; Seppi, K.; Ostergaard, K.; Dupont, E.; Cardozo, A.; Tolosa, E.; Abele, M.; Klockgether, T.; Yekhlief, F.; Tison, F.; Daniels, C.; Deuschl, G.; Coelho, M.; Sampaio, C.; Bozi, M.; Quinn, N.; Schrag, A.; Mathias, C. J.; Fowler, C.; Nilsson, C. F.; Widner, H.; Schimke, N.; Oertel, W.; del Sorbo, F.; Albanese, A.; Pellecchia, M. T.; Barone, P.; Djaldetti, R.; Colosimo, C.; Meco, G.; Gonzalez-Mandly, A.; Berciano, J.; Gurevich, T.; Giladi, N.; Galitzky, M.; Rascol, O.; Kamm, C.; Gasser, T.; Siebert, U.; Poewe, W.; Wenning, G. K. Presentation, diagnosis, and

- management of multiple system atrophy in Europe: Final analysis of the European Multiple System Atrophy Registry. *Movement Disorders* 2010, 25, 2604–2612.
93. Wenning, G. K. Placebo-controlled trial of amantadine in multiple-system atrophy. *Clinical Neuropharmacology* 2005, 28, 225–227.
  94. Thobois, S.; Broussolle, E.; Toureille, L.; Vial, C. Severe dysphagia after botulinum toxin injection for cervical dystonia in multiple system atrophy. *Movement Disorders* 2001, 16, 764–765.
  95. Boesch, S. M. Dystonia in multiple system atrophy. *Journal of Neurology, Neurosurgery & Psychiatry* 2002, 72, 300–303.
  96. Wenning, G. K.; Tison, F.; ben Shlomo, Y.; Daniel, S. E.; Quinn, N. P. Multiple system atrophy: A review of 203 pathologically proven cases. *Movement Disorders* 1997, 12, 133–147.
  97. Müller, J.; Wenning, G. K.; Wissel, J.; Seppi, K.; Poewe, W. Botulinum toxin treatment in atypical Parkinsonian disorders associated with disabling focal dystonia. *Journal of Neurology* 2002, 249, 300–304.
  98. Colosimo, C.; Tiple, D.; Wenning, G. K. Management of Multiple System atrophy: State of the art. *Journal of Neural Transmission* 2005, 112, 1695–1704.
  99. Ilg, W.; Bastian, A. J.; Boesch, S.; Burciu, R. G.; Celnik, P.; Claaßen, J.; Feil, K.; Kalla, R.; Miyai, I.; Nachbauer, W.; Schöls, L.; Strupp, M.; Synofzik, M.; Teufel, J.; Timmann, D. Consensus paper: Management of degenerative cerebellar disorders. *The Cerebellum* 2013, 13, 248–268.
  100. Wedge, F. The impact of resistance training on balance and functional ability of a patient with multiple system atrophy. *Journal of Geriatric Physical Therapy* 2008, 31, 79–83.
  101. Ilg, W.; Synofzik, M.; Brotz, D.; Burkard, S.; Giese, M. A.; Schols, L. Intensive coordinative training improves motor performance in degenerative cerebellar disease. *Neurology* 2009, 73, 1823–1830.
  102. Landers, M.; Adams, M.; Acosta, K.; Fox, A. Challenge-oriented gait and balance training in sporadic olivopontocerebellar atrophy: A case study. *Journal of Neurologic Physical Therapy* 2009, 33, 160–168.
  103. Escribá, J.; Hoyo, B. Alternatives to clonazepam in rem behavior disorder treatment. *Journal of Clinical Sleep Medicine* 2016, 12, 1193–1193.
  104. Iranzo, A.; Santamaria, J.; Tolosa, E.; Vilaseca, I.; Valldeoriola, F.; Marti, M. J.; Munoz, E. Long-term effect of CPAP in the treatment of Nocturnal Stridor in multiple system atrophy. *Neurology* 2004, 63, 930–932.

105. Nonaka, M.; Imai, T.; Shintani, T.; Kawamata, M.; Chiba, S.; Matsumoto, H. Non-invasive positive pressure ventilation for laryngeal contraction disorder during sleep in multiple system atrophy. *Journal of the Neurological Sciences* 2006, 247, 53–58.
106. Ghorayeb, I.; Bioulac, B.; Tison, F. Sleep disorders in multiple system atrophy. *Journal of Neural Transmission* 2005, 112, 1669–1675.
107. Rohrer, G.; Höglinger, G. U.; Levin, J. Symptomatic therapy of Multiple System Atrophy. *Autonomic Neuroscience* 2018, 211, 26–30.
108. Bensimon, G.; Ludolph, A.; Agid, Y.; Vidailhet, M.; Payan, C.; Leigh, P. N. RILUZOLE treatment, survival and diagnostic criteria in parkinson plus disorders: The NNIPPS study. *Brain* 2008, 132, 156–171.
109. Mitsui, J.; Koguchi, K.; Momose, T.; Takahashi, M.; Matsukawa, T.; Yasuda, T.; Tokushige, S.-ichi; Ishiura, H.; Goto, J.; Nakazaki, S.; Kondo, T.; Ito, H.; Yamamoto, Y.; Tsuji, S. Three-year follow-up of high-dose ubiquinol supplementation in a case of familial multiple system atrophy with compound heterozygous COQ2 mutations. *The Cerebellum* 2017, 16, 664–672.
110. Lee, P. H.; Lee, J. E.; Kim, H.-S.; Song, S. K.; Lee, H. S.; Nam, H. S.; Cheong, J.-W.; Jeong, Y.; Park, H.-J.; Kim, D. J.; Nam, C. M.; Lee, J. D.; Kim, H. O.; Sohn, Y. H. A randomized trial of mesenchymal stem cells in multiple system atrophy. *Annals of Neurology* 2012, 72, 32–40.
111. Sacca F.; Marsili, A.; Quarantelli, M.; Brescia Morra, V.; Brunetti, A.; Carbone, R.; Pane, C.; Puorro, G.; Russo, C. V.; Salvatore, E.; Tucci, T.; Michele, G.; Filla, A. A randomized clinical trial of lithium in multiple system atrophy. *Journal of Neurology* 2013, 260, 458–461.
112. Heras-Garvin, A.; Weckbecker, D.; Ryazanov, S.; Leonov, A.; Griesinger, C.; Giese, A.; Wenning, G. K.; Stefanova, N. ANLE138B modulates  $\alpha$ -synuclein oligomerization and prevents motor decline and neurodegeneration in a mouse model of Multiple System Atrophy. *Movement Disorders* 2019, 34, 255–263.
113. Valera, E.; Spencer, B.; Mott, J.; Trejo, M.; Adame, A.; Mante, M.; Rockenstein, E.; Troncoso, J. C.; Beach, T. G.; Masliah, E.; Desplats, P. MicroRNA-101 modulates autophagy and oligodendroglial alpha-synuclein accumulation in multiple system atrophy. *Frontiers in Molecular Neuroscience* 2017, 10, 329.
114. Bassil, F.; Canron, M.-H.; Vital, A.; Bezard, E.; Li, Y.; Greig, N. H.; Gulyani, S.; Kapogiannis, D.; Fernagut, P.-O.; Meissner, W. G. Insulin resistance and exendin-4 treatment for multiple system atrophy. *Brain* 2017, 140, 1420–1436.
115. Herrera-Vaquero, M.; Bouquio, D.; Kallab, M.; Biggs, K.; Nair, G.; Ochoa, J.; Heras-Garvin, A.; Heid, C.; Hadrovic, I.; Poewe, W.; Wenning, G. K.; Klärner, F.-G.; Schrader, T.; Bitan, G.; Stefanova, N. The Molecular Tweezer CLR01 reduces

- aggregated, pathologic, and seeding-competent  $\alpha$ -synuclein in experimental multiple system atrophy. *Biochimica et Biophysica Acta (BBA) - Molecular Basis of Disease* 2019, 1865, 165513.
116. Bassil, F.; Fernagut, P.-O.; Bezard, E.; Pruvost, A.; Leste-Lasserre, T.; Hoang, Q. Q.; Ringe, D.; Petsko, G. A.; Meissner, W. G. Reducing C-terminal truncation mitigates synucleinopathy and neurodegeneration in a transgenic model of Multiple System Atrophy. *Proceedings of the National Academy of Sciences* 2016, 113, 9593–9598.
  117. Wenning, G. K.; Krismer, F.; Poewe, W. Rifampicin for Multiple System atrophy. *The Lancet Neurology* 2014, 13, 237–239.
  118. Cardinal, J. S.; Zhan, J.; Wang, Y.; Sugimoto, R.; Tsung, A.; McCurry, K. R.; Billiar, T. R.; Nakao, A. Oral hydrogen water prevents chronic allograft nephropathy in rats. *Kidney International* 2009, 77, 101–109.
  119. Hayashida, K.; Sano, M.; Kamimura, N.; Yokota, T.; Suzuki, M.; Maekawa, Y.; Kawamura, A.; Abe, T.; Ohta, S.; Fukuda, K.; Hori, S. H<sub>2</sub> gas improves functional outcome after cardiac arrest to an extent comparable to therapeutic hypothermia in a rat model. *Journal of the American Heart Association* 2012, 1.
  120. Ohsawa, I.; Ishikawa, M.; Takahashi, K.; Watanabe, M.; Nishimaki, K.; Yamagata, K.; Katsura, K.-ichiro; Katayama, Y.; Asoh, S.; Ohta, S. Hydrogen acts as a therapeutic antioxidant by selectively reducing cytotoxic oxygen radicals. *Nature Medicine* 2007, 13, 688–694.
  121. Fukuda, K.-ichi; Asoh, S.; Ishikawa, M.; Yamamoto, Y.; Ohsawa, I.; Ohta, S. Inhalation of hydrogen gas suppresses hepatic injury caused by ischemia/reperfusion through reducing oxidative stress. *Biochemical and Biophysical Research Communications* 2007, 361, 670–674.
  122. Kawamura, T.; Huang, C.-S.; Tochigi, N.; Lee, S.; Shigemura, N.; Billiar, T. R.; Okumura, M.; Nakao, A.; Toyoda, Y. Inhaled hydrogen gas therapy for prevention of lung transplant-induced ischemia/reperfusion injury in rats. *Transplantation* 2010, 90, 1344–1351.
  123. Kajiyama, S.; Hasegawa, G.; Asano, M.; Hosoda, H.; Fukui, M.; Nakamura, N.; Kitawaki, J.; Imai, S.; Nakano, K.; Ohta, M.; Adachi, T.; Obayashi, H.; Yoshikawa, T. Supplementation of hydrogen-rich water improves lipid and glucose metabolism in patients with type 2 diabetes or impaired glucose tolerance. *Nutrition Research* 2008, 28, 137–143.
  124. Kamimura, N.; Nishimaki, K.; Ohsawa, I.; Ohta, S. Molecular hydrogen improves obesity and diabetes by inducing hepatic FGF21 and stimulating energy metabolism in db/db mice. *Obesity* 2011, 19, 1396–1403.
  125. Ohta, S. Recent progress toward hydrogen medicine: Potential of molecular hydrogen for preventive and therapeutic applications. *Current Pharmaceutical Design* 2011, 17, 2241–2252.

126. Buchholz, B. M.; Kaczorowski, D. J.; Sugimoto, R.; Yang, R.; Wang, Y.; Billiar, T. R.; McCurry, K. R.; Bauer, A. J.; Nakao, A. Hydrogen inhalation ameliorates oxidative stress in transplantation induced intestinal graft injury. *American Journal of Transplantation* 2008, 8, 2015–2024.
127. Matsumoto, A.; Yamafuji, M.; Tachibana, T.; Nakabeppu, Y.; Noda, M.; Nakaya, H. Oral ‘Hydrogen Water’ induces neuroprotective ghrelin secretion in mice. *Scientific Reports* 2013, 3.
128. Yoritaka, A.; Takanashi, M.; Hirayama, M.; Nakahara, T.; Ohta, S.; Hattori, N. Pilot study of H<sub>2</sub>therapy in parkinson's disease: A randomized double-blind placebo-controlled trial. *Movement Disorders* 2013, 28, 836–839.
129. Kobayashi, Y.; Imamura, R.; Koyama, Y.; Kondo, M.; Kobayashi, H.; Nonomura, N.; Shimada, S. Renoprotective and neuroprotective effects of enteric hydrogen generation from si-based agent. *Scientific Reports* 2020, 10.
130. Ito, M.; Hirayama, M.; Yamai, K.; Goto, S.; Ito, M.; Ichihara, M.; Ohno, K. Drinking hydrogen water and intermittent hydrogen gas exposure, but not lactulose or continuous hydrogen gas exposure, prevent 6-hydroxydopamine-induced parkinson's disease in rats. *Medical Gas Research* 2012, 2, 15.
131. Yoshii, Y.; Inoue, T.; Uemura, Y.; Iwasaki, Y.; Yada, T.; Nakabeppu, Y.; Noda, M. Complexity of stomach–brain interaction induced by molecular hydrogen in parkinson's disease model mice. *Neurochemical Research* 2017, 42, 2658–2665.
132. Fujita, K.; Seike, T.; Yutsudo, N.; Ohno, M.; Yamada, H.; Yamaguchi, H.; Sakumi, K.; Yamakawa, Y.; Kido, M. A.; Takaki, A.; Katafuchi, T.; Tanaka, Y.; Nakabeppu, Y.; Noda, M. Hydrogen in drinking water reduces dopaminergic neuronal loss in the 1-methyl-4-phenyl-1,2,3,6-tetrahydropyridine mouse model of parkinson's disease. *PLoS ONE* 2009, 4.
133. Fu, Y.; Ito, M.; Fujita, Y.; Ito, M.; Ichihara, M.; Masuda, A.; Suzuki, Y.; Maesawa, S.; Kajita, Y.; Hirayama, M.; Ohsawa, I.; Ohta, S.; Ohno, K. Molecular hydrogen is protective against 6-hydroxydopamine-induced nigrostriatal degeneration in a rat model of parkinson's disease. *Neuroscience Letters* 2009, 453, 81–85.
134. Li, Q.; Yu, P.; Zeng, Q.; Luo, B.; Cai, S.; Hui, K.; Yu, G.; Zhu, C.; Chen, X.; Duan, M.; Sun, X. Neuroprotective effect of hydrogen-rich saline in global cerebral ischemia/reperfusion rats: Up-regulated Tregs and down-regulated Mir-21, mir-210 and NF-KB Expression. *Neurochemical Research* 2016, 41, 2655–2665.
135. Mei, Q.-Y.; Hu, Q.; Huang, J.-L.; Liu, W.-W.; Manaenko, A.; Sun, X.-J. Hydrogen inhibits microglial activation and regulates microglial phenotype in a mouse middle cerebral artery occlusion model. *Medical Gas Research* 2019, 9, 127.
136. Ono, H.; Nishijima, Y.; Ohta, S.; Sakamoto, M.; Kinone, K.; Horikosi, T.; Tamaki, M.; Takeshita, H.; Futatuki, T.; Ohishi, W.; Ishiguro, T.; Okamoto, S.; Ishii, S.; Takanami, H. Hydrogen gas inhalation treatment in acute cerebral infarction: A randomized controlled clinical study on safety and neuroprotection. *Journal of Stroke and Cerebrovascular Diseases* 2017, 26, 2587–2594.

137. Gao, Y.; Gui, Q.; Jin, L.; Yu, P.; Wu, L.; Cao, L.; Wang, Q.; Duan, M. Hydrogen-rich saline attenuates hippocampus endoplasmic reticulum stress after cardiac arrest in rats. *Neuroscience Letters* 2017, 640, 29–36.
138. Hong, Y.; Shao, A. W.; Wang, J.; Chen, S.; Wu, H. J.; McBride, D. W.; Wu, Q.; Sun, X. J.; Zhang, J. M. Neuroprotective effect of hydrogen-rich saline against neurologic damage and apoptosis in early brain injury following subarachnoid hemorrhage: Possible role of the AKT/gsk3 $\beta$  signaling pathway. *PLoS ONE* 2014, 9.
139. Shao, A.; Wu, H.; Hong, Y.; Tu, S.; Sun, X.; Wu, Q.; Zhao, Q.; Zhang, J.; Sheng, J. Hydrogen-rich saline attenuated subarachnoid hemorrhage-induced early brain injury in rats by suppressing inflammatory response: Possible involvement of NF-KB pathway and NLRP3 inflammasome. *Molecular Neurobiology* 2016, 53, 3462–3476.
140. Zhang L, Zhao P, Yue C, Jin Z, Liu Q, Du X, et al. Sustained release of bioactive hydrogen by Pd hydride nanoparticles overcomes Alzheimer's disease. *Biomaterials* 2019, 197: 393–404.
141. Wei, R.; Zhang, R.; Xie, Y.; Shen, L.; Chen, F. Hydrogen suppresses hypoxia/reoxygenation-induced cell death in hippocampal neurons through reducing oxidative stress. *Cellular Physiology and Biochemistry* 2015, 36, 585–598.
142. Hou, C.; Peng, Y.; Qin, C.; Fan, F.; Liu, J.; Long, J. Hydrogen-rich water improves cognitive impairment gender-dependently in App/PS1 mice without affecting AB clearance. *Free Radical Research* 2018, 52, 1311–1322.
143. Li, J.; Wang, C.; Zhang, J. H.; Cai, J.-M.; Cao, Y.-P.; Sun, X.-J. Hydrogen-rich saline improves memory function in a rat model of amyloid-beta-induced alzheimer's disease by reduction of oxidative stress. *Brain Research* 2010, 1328, 152–161.
144. Lin, C.-L.; Huang, W.-N.; Li, H.-H.; Huang, C.-N.; Hsieh, S.; Lai, C.; Lu, F.-J. Hydrogen-rich water attenuates amyloid  $\beta$ -induced cytotoxicity through upregulation of SIRT1-FOXO3A by stimulation of AMP-activated protein kinase in SK-N-MC Cells. *Chemico-Biological Interactions* 2015, 240, 12–21.
145. Wang, C.; Li, J.; Liu, Q.; Yang, R.; Zhang, J. H.; Cao, Y.-P.; Sun, X.-J. Hydrogen-rich saline reduces oxidative stress and inflammation by inhibit of JNK and NF-KB activation in a rat model of amyloid-beta-induced alzheimer's disease. *Neuroscience Letters* 2011, 491, 127–132.
146. Zhang, K.-xiang; Wang, J.-long; Zhang, Q.-shan; Zhu, K.-di; Sun, J.-feng; Zhang, Z.-peng; Sun, J.-wen Hydrogen-rich saline injection into the subarachnoid cavity within 2 weeks promotes recovery after acute spinal cord injury. *Neural Regeneration Research* 2015, 10, 958.
147. Dohi, K.; Kraemer, B. C.; Erickson, M. A.; McMillan, P. J.; Kovac, A.; Flachbartova, Z.; Hansen, K. M.; Shah, G. N.; Sheibani, N.; Salameh, T.; Banks, W. A. Molecular hydrogen in drinking water protects against neurodegenerative changes induced by traumatic brain injury. *PLoS ONE* 2014, 9.

- 
148. Ji, X.; Tian, Y.; Xie, K.; Liu, W.; Qu, Y.; Fei, Z. Protective effects of hydrogen-rich saline in a rat model of traumatic brain injury via reducing oxidative stress. *Journal of Surgical Research* 2012, 178.
149. Chen, X.; Cui, J.; Zhai, X.; Zhang, J.; Gu, Z.; Zhi, X.; Weng, W.; Pan, P.; Cao, L.; Ji, F.; Wang, Z.; Su, J. Inhalation of hydrogen of different concentrations ameliorates spinal cord injury in mice by protecting spinal cord neurons from apoptosis, oxidative injury and mitochondrial structure damages. *Cellular Physiology and Biochemistry* 2018, 47, 176–190.
150. Liu, F.-T.; Xu, S.-M.; Xiang, Z.-H.; Li, X.-N.; Li, J.; Yuan, H.-B.; Sun, X.-J. Molecular hydrogen suppresses reactive astrogliosis related to oxidative injury during spinal cord injury in rats. *CNS Neuroscience & Therapeutics* 2014, 20, 778–786.
151. Ohsawa, I.; Ishikawa, M.; Takahashi, K.; Watanabe, M.; Nishimaki, K.; Yamagata, K.; Katsura, K.-ichiro; Katayama, Y.; Asoh, S.; Ohta, S. Hydrogen acts as a therapeutic antioxidant by selectively reducing cytotoxic oxygen radicals. *Nature Medicine* 2007, 13, 688–694.
152. Gharib, B.; Hanna, S.; Abdallahi, O. M. S.; Lepidi, H.; Gardette, B.; De Reggi, M. Anti-inflammatory properties of molecular hydrogen: Investigation on parasite-induced liver inflammation. *Comptes Rendus de l'Académie des Sciences - Series III - Sciences de la Vie* 2001, 324, 719–724.
153. Ono, H.; Nishijima, Y.; Adachi, N.; Sakamoto, M.; Kudo, Y.; Kaneko, K.; Nakao, A.; Imaoka, T. A basic study on molecular hydrogen (H<sub>2</sub>) inhalation in acute cerebral ischemia patients for safety check with physiological parameters and measurement of blood H<sub>2</sub> level. *Medical Gas Research* 2012, 2, 21.
154. Zhuang, Z.; Zhou, M.-liang; You, W.-chun; Zhu, L.; Ma, C.-yuan; Sun, X.-jun; Shi, J.-xin Hydrogen-rich saline alleviates early brain injury via reducing oxidative stress and brain edema following experimental subarachnoid hemorrhage in Rabbits. *BMC Neuroscience* 2012, 13.
155. Itoh, K.; Maki, T.; Shindo, A.; Egawa, N.; Liang, A. C.; Itoh, N.; Lo, E. H.; Lok, J.; Arai, K. Magnesium sulfate protects oligodendrocyte lineage cells in a rat cell-culture model of hypoxic–ischemic injury. *Neuroscience Research* 2016, 106, 66–69..
156. Altura, B. T.; Altura, B. M. A method for distinguishing ionized, complexed and protein-bound MG in normal and diseased subjects. *Scandinavian Journal of Clinical and Laboratory Investigation* 1994, 54, 83–87.
157. Kowaltowski, A. J.; Naia-da-Silva, E. S.; Castilho, R. F.; Vercesi, A. E. Ca<sup>2+</sup>-stimulated mitochondrial reactive oxygen species generation and permeability transition are inhibited by Dibucaine or mg<sup>2+</sup>. *Archives of Biochemistry and Biophysics* 1998, 359, 77–81.

- 
158. Campbell, K.; Meloni, B. P.; Knuckey, N. W. Combined magnesium and mild hypothermia (35°C) treatment reduces infarct volumes after permanent middle cerebral artery occlusion in the rat at 2 and 4, but not 6 h. *Brain Research* 2008, 1230, 258–264.
159. Izumi, Y.; Roussel, S.; Pinard, E.; Seylaz, J. Reduction of infarct volume by magnesium after middle cerebral artery occlusion in rats. *Journal of Cerebral Blood Flow & Metabolism* 1991, 11, 1025–1030.
160. Lee, E.-J.; Ayoub, I. A.; Harris, F. B.; Hassan, M.; Ogilvy, C. S.; Maynard, K. I. Mexiletine and magnesium independently, but not combined, protect against permanent focal cerebral ischemia in wistar rats. *Journal of Neuroscience Research* 1999, 58, 442–448.
161. Zhou H.; Ma Y.; Zhou Y.; Liu Z.; Wang K.; Chen G.; Effects of magnesium sulfate on neuron apoptosis and expression of caspase-3, bax and bcl-2 after cerebral ischemia-reperfusion injury. *Chinese medical journal* 2003, 116, 1532-1534.
162. Lee, E.-J.; Lee, M.-Y.; Chang, G.-L.; Chen, L.-H.; Hu, Y.-L.; Chen, T.-Y.; Wu, T.-S. Delayed treatment with magnesium: Reduction of brain infarction and improvement of electrophysiological recovery following transient focal cerebral ischemia in rats. *Journal of Neurosurgery* 2005, 102, 1085–1093.
163. Atabey, C.; Sahin, S.; Kahraman, S.; Bulakbasi, N. Can magnesium Sulphate prevent cerebral ischemic injury? An experimental study and Neuroradiological evidence. *Journal of Neurological Sciences* 2013, 30, 30-39.
165. Sundaresan M, Yu ZX, Ferrans VJ, Irani K, Finkel T. Requirement for generation of H<sub>2</sub>O<sub>2</sub> for platelet-derived growth factor signal transduction. *Science*. 1995, 270: 296–299.
166. Halliwell B, Gutteridge JMC. Free radicals, other reactive species and disease. In: Halliwell B, Gutteridge JMC (eds). *Free Radicals in Biology and Medicine*. Clarendon Press: Oxford. 1999, pp.617–783.
167. Auerbach JM, Segal M. Peroxide modulation of slow onset potentiation in rat hippocampus. *J Neurosci*. 1997, 17: 8695–8701.
168. Klann E, Thiels E. Modulation of protein kinases and proteins phosphatases by reactive oxygen species: implications for hippocampal synaptic plasticity. *Prog Neuropsychopharmacol Biol Psychiatry*. 1999, 23: 359–376.
169. Topper JN, Cai J, Falb D, Gimbrone MA Jr. Identification of vascular endothelial genes differentially responsive to fluid mechanical stimuli: cyclooxygenase-2, manganese superoxide dismutase, and endothelial cell nitric oxide synthase are selectively up-regulated by steady laminar shear stress. *Proc Natl Acad Sci USA*. 1996, 93: 10417–10422.

- 
170. Rhee SG. H<sub>2</sub>O<sub>2</sub>, a necessary evil for cell signaling. *Science*. 2006, 312: 1882–1883.
  171. D'Autréaux B, Toledano MB . ROS as signalling molecules: mechanisms that generate specificity in ROS homeostasis. *Nat Rev Mol Cell Biol*. 2007, 8: 813–824.
  172. Stone JR, Yang S . Hydrogen peroxide: a signaling messenger. *Antioxid Redox Signal*. 2006, 8: 243–270.
  173. Xiao-Qing T, Jun-Li Z, Yu C, Jian-Qiang F, Pei-Xi C. Hydrogen peroxide preconditioning protects PC12 cells against apoptosis induced by dopamine.
  174. Wibowo S, Sumitro SB, Widyarti S. Computational Study of Cu<sup>2+</sup>, Fe<sup>2+</sup>, Fe<sup>3+</sup>, Mn<sup>2+</sup> and Mn<sup>3+</sup> binding sites identification on HSA 4K2C. *IOP Conference Series: Materials Science and Engineering*. 2020;833(1):012052. doi:10.1088/1757-899x/833/1/012052
  175. WIBOWO SYAHPUTRA, WIDYARTI SRI, SABARUDIN AKHMAD, SOEATMADJI DJOKOWAHONO, SUMITRO SUTIMANBAMBANG. The role of astaxanthin compared with metformin in preventing glycated human serum albumin from possible unfolding: A molecular dynamic study. *Asian Journal of Pharmaceutical and Clinical Research*. 2019:276-282. doi:10.22159/ajpcr.2019.v12i9.34617
  176. Wibowo S, Widyarti S, Sabarudin A, Soeatmadji DW, Sumitro SB. DFT and molecular dynamics studies of astaxanthin-metal ions (Cu<sup>2+</sup> and Zn<sup>2+</sup>) complex to prevent glycated human serum albumin from possible unfolding. *Heliyon*. 2021;7(3). doi:10.1016/j.heliyon.2021.e06548
  177. Wibowo S, Costa J, Baratto MC, Pogni R, Widyarti S, Sabarudin A, Matsuo K, Sumitro SB. Quantification and Improvement of the Dynamics of Human Serum Albumin and Glycated Human Serum Albumin with Astaxanthin/Astaxanthin-Metal Ion Complexes: Physico-Chemical and Computational Approaches. *International Journal of Molecular Sciences*. 2022; 23(9):4771. <https://doi.org/10.3390/ijms23094771>