

Supplementary Table S1: The sociodemographic characteristics of the patients involved in the study.

Sociodemographic characteristics	Number	Percentage
Age, years		
0–20	2	2.47%
21–30	4	4.94%
31–40	19	23.46%
41–50	32	39.51%
51–64	24	29.63%
Sex		
Male	37	45.68%
Female	44	54.32%
Nationality		
Spanish	54	66.67%
Other nationalities	27	33.33%
Marital status		
Married	57	70.37%
Single	21	25.93%
Divorced	3	3.70%
Availability of social support		
Yes	18	22.22%
No	63	77.78%
Education level		
Primary school	1	1.23%
High school	53	65.43%
University	20	24.69%
Postgraduate	7	8.64%
Employment		
Yes	67	82.72%
No	14	17.28%
Socioeconomic status		
Low	27	33.33%
Average	48	59.26%
High	6	7.41%

Supplementary Table S2: Healing Index as described by Landry et. al. 1988.

Healing index Score	Tissue color	Bleeding on palpation	Granulation tissue	Incision margin	Suppuration
1—very poor, Two or more signs are present	2: 50% of red gingiva	Yes	Yes	Not epithelized, with loss of epithelium beyond incision margin	Yes
2—poor	2: 50% of red gingiva	Yes	Yes	Not epithelized, with exposed connective tissue	No
3—good	25–50% of red gingiva	No	No	No exposed connective tissue	No
4—very good	< 25% of red gingiva	No	No	No exposed connective tissue	No
5—excellent	All pink tissues	No	No	No exposed connective tissue	No