

# *A Novel Mitophagy Enhancer Protects Cardiomyocytes against Hypoxia/Reoxygenation*

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**Abstract:** Ischemia/reperfusion (I/R) injury results in cell death by inducing apoptosis. During I/R, early generation of mitochondrial reactive oxygen species (mtROS) can induce neighboring mitochondria to release additional ROS, a toxic cycle resulting in significant mitochondrial and cellular injury. Oxidative damage in the mitochondria contributes to various pathologies, including I/R injury. Accordingly, preventing mitochondrial oxidative damage should be therapeutically relevant for many disorders, including cardiovascular diseases. We recently discovered an Indole-Peptide-Tempo Conjugate (IPTC) that served as a novel bifunctional agent with both antioxidant and autophagy-modulating capacity. Here, we demonstrate that IPTC can protect H9C2 cardiomyocytes from hypoxia/reoxygenation (H/R) injury that results from mtROS overproduction due to impaired mitophagy and resultant mitochondrial dysfunction. We hypothesize that the mechanism of action of IPTC involves the capacity to decrease mtROS combined with induction of mitophagy.

**Keywords:** Oxidative Stress, Free radical scavenging, Autophagy, Ischemia/reperfusion injury, Hypoxia/reoxygenation, Mitophagy

## 1. Introduction

Acute myocardial infarction (AMI) is a major source of morbidity worldwide. Prompt reperfusion strategies including pharmacological thrombolysis and percutaneous coronary intervention (PCI) have significantly improved the outlook for patients with AMI. Paradoxically, however, rapid restoration of coronary blood flow results in cardiomyocyte damage and frequent irreversible cell damage or necrosis collectively referred to as myocardial ischemia/reperfusion (M-I/R) injury [1-3]. M-I/R can further expand cardiac damage by up to 50% of the original infarct size. Clinical consequences of M-I/R include irreversible loss of contractile cardiac function and reperfusion arrhythmias. The cellular and molecular events underlying M-I/R injury are driven by multiple processes, including inflammation, endothelial dysfunction, loss of mitochondrial membrane potential, overproduction of reactive oxygen species (ROS), and platelet aggregation leading to microthrombi formation [4,5]. Overproduction of mitochondrial ROS is enhanced with the onset of reperfusion [3]. Tempol (4-hydroxy-2,2,6,6-tetramethyl-piperidine-N-oxyl) has recently garnered significant attention as an antioxidant preventing ROS accumulation. Tempol is

a stable nitroxide radical compound, and its antioxidant capacity is likely enhanced due to its superoxide dismutase (SOD)-mimicking activity [6-9].

Indole alkaloids are naturally occurring plant substances that possess a variety of neuropharmacological, psychopharmacological, and antitumor effects [10-18]. For example, the alkaloid berberine produces its anticancer effects via the induction of autophagic cell death and mitochondrial apoptosis in cancer cells [19]. Further, the indole alkaloid indole-3-carbinol represents a potent antithrombotic agent with antiplatelet activity resulting from inhibition of GP IIb/IIIa receptor and thromboxane B2 formation [20]. Additionally, indole-3-carbinol cyclic tetrameric derivative (CTet) induces autophagy and inhibits cell proliferation in both estrogen receptor-positive (MCF-7) and triple-negative (MDA-MB-231) breast cancer cell lines [21]. Here, we have sought the development of novel small molecule compounds that can prevent M-I/R injury, the latter representing a serious unmet clinical need worldwide. Our study centered on the hypothesis that conjugating an indole alkaloid scaffold, but possessing a peptide motif (RGD, arginine-glycine-aspartate) confers antiplatelet/antithrombotic capacity as seen in von Willebrand factor [22], with Tempol (i.e., Indole-Peptide-Tempo Conjugate (IPTC)) would result in compounds with enhanced autophagy-modulating properties that could attenuate oxidative damage and thus protect cardiomyocytes from I/R injury.

## 2. Materials and Methods

### 2.1. Synthesis of IPTC

**2.1.1. Synthesis of (1S,3S)-1-methyl-2,3,4,9-tetrahydro-1H-pyrido[3,4-b]indole-3-carboxylic acid (**1**):** To a solution of 0.5 mL 98% H<sub>2</sub>SO<sub>4</sub> in distilled water (200 mL), L-Trp (5 g, 25 mmol) was added in three portions. The mixture was stirred at r.t. for 15 min, and then CH<sub>3</sub>CHO (5 mL) was added dropwise. The reaction mixture continued stirring at r.t. overnight until the precipitate appeared. Then concentrated ammonia solution (~1.5 mL) was added to adjust the pH to 7.0. The formed precipitate was collected by filtration (78% yield). M.p. 287-289°C. ESI/MS 231 [M+H]<sup>+</sup>. IR (KBr) 3101-2405, 2962, 2905, 1703, 1624, 1595, 1506, 1453, 1376, 1072, 904 cm<sup>-1</sup>. <sup>1</sup>H NMR (400 MHz, DMSO-*d*<sub>6</sub>) δ/ppm = 11.92 (s, 1 H), 10.97 (s, 1 H), 9.17 (s, 1 H), 7.45 (d, *J* = 7.5 Hz, 1 H), 7.36 (t, *J* = 8.0 Hz, 1 H), 7.10 (t, *J* = 8.0 Hz, 1 H), 7.01 (t, *J* = 7.5 Hz, 1 H), 4.22 (q, *J* = 4.8 Hz, 1 H), 3.66 (dd, *J* = 10.5 Hz, *J* = 5.0 Hz, 1 H), 3.14 (dd, *J* = 10.5 Hz, *J* = 2.4 Hz, 1 H), 2.85 (ddd, *J* = 10.5 Hz, *J* = 5.0 Hz, *J* = 2.4 Hz, 1 H), 1.38 (d, *J* = 5.0 Hz, 3 H).

**2.1.2. Synthesis of Methyl-1-methyl-1,2,3,4-tetrahydro-β-carboline-3-carboxylate (**2**):** At 0 °C, to 10 mL methanol, 1 mL of thionyl chloride was added dropwise. The mixture was stirred at r.t. for 15 min, and then 2.0 g (8.7 mmol) of 1-methyl-1,2,3,4-tetrahydro-β-carboline-3-carboxylic acid **1** was added slowly. The reaction mixture was stirred at r.t. until TLC (CHCl<sub>3</sub>/MeOH, 15:1) indicated the complete disappearance of 1-methyl-1,2,3,4-tetrahydro-β-carboline-3-carboxylic acid. The reaction mixture was neutralized with an aqueous solution of sodium bicarbonate (10%) to pH 7.0. The formed precipitate was collected by filtration (82% yield). ESI/MS: 245 [M+H].

**2.1.3. Synthesis of Methyl-1-methyl- $\beta$ -carboline-3-carboxylate (**3**):** A suspension of 5.0 g (20.0 mmol) of compound **2**, 1.4 g (20. mmol) sulfur flour, and 20 ml of anhydrous dimethyl benzene was refluxed until TLC (CHCl<sub>3</sub>/MeOH, 15:1) indicated the complete disappearance of compound **2**. On evaporation, the residue was dissolved in 10 mL of MeOH. After filtration and evaporation under reduced pressure, 3.2 g (65%) of compound **3** was obtained as a yellow powder. M.p. 242–243 °C; ESI/MS: 241 [M+H]<sup>+</sup>; IR (KBr): 3310, 2954, 2922, 2901, 2811, 1742, 1600, 1581, 1566, 1450, 1380, 1066, 900 cm<sup>-1</sup>; <sup>1</sup>H NMR (400MHz, DMSO-*d*<sub>6</sub>):  $\delta$  = 9.98 (s, 1H), 7.41 (d, *J* = 5.6 Hz, 1H), 7.35 (d, *J* = 7.2 Hz, 1H), 7.15 (d, *J* = 8.2 Hz, 1H), 7.11 (t, *J* = 7.5 Hz, 1H), 6.97 (t, *J* = 6.4 Hz, 1H), 3.74 (s, 3H), 2.03 (s, 3H).

**2.1.4. Synthesis of 1-Methyl- $\beta$ -carboline-3-carboxylic acid (**4**):** To a solution of 5.0 g (20.8 mmol) of compound (**3**), 120 ml of the aqueous solution of sodium hydroxide (2.0 mmol/L) was added and then stirred at 60 °C until TLC (CHCl<sub>3</sub>/MeOH, 15:1) indicated the complete disappearance of compound (**3**). The reaction mixture was neutralized with hydrochloric acid to pH 7.0. The formed precipitate was collected by filtration to give 3.86 g (82%) of compound **4** as a yellow powder. M.p. 292–293 °C; ESI/MS: 227 [M+H]<sup>+</sup>; IR (KBr): 3230, 2252, 2924, 2910, 2900, 1700, 1610, 1585, 1562, 1440, 1380, 1066, 900 cm<sup>-1</sup>; <sup>1</sup>H NMR (CDCl<sub>3</sub>):  $\delta$  = 11.06 (s, 1H), 9.88 (s, 1H), 7.42 (d, *J* = 5.8 Hz, 1H), 7.39 (d, *J* = 7.1 Hz, 1H), 7.10 (d, *J* = 8.0 Hz, 1H), 7.10 (t, *J* = 7.6 Hz, 1H), 6.99 (t, *J* = 6.6 Hz, 1H), 2.10 (s, 3H).

**2.1.5. Synthesis of compound **6**:** 0.20 mmol of hydroxybenzotriazole (HOBt) and 0.25 mmol of dicyclohexylcarbodiimide (DCC) were added to a solution containing 0.20 mmol of compound **4** in 5 mL of anhydrous THF at 0°C. The reaction mixture was stirred at 0 °C for 24 h. Precipitated dicyclohexyl urea was isolated by filtration. The filtrate was evaporated under reduced pressure, and the residue was triturated with petroleum ether to provide the corresponding ester. 0.20 mmol of tetrapeptide (**5**) and 0.26 mmol of *N*-methylmorpholine were then added to a solution of the preceding ester in 10 mL of anhydrous THF. The reaction mixture was stirred at room temperature for 24 h. Following evaporation, the residue was dissolved in 50 mL of ethyl acetate. The solution was washed with 5% sodium bicarbonate, followed by 5% citric acid and saturated sodium chloride, and the organic phase was separated and dried over anhydrous sodium sulfate. Following filtration and evaporation under reduced pressure, compound **6** was obtained by column chromatography purification (CHCl<sub>3</sub>/CH<sub>3</sub>OH, 30:1). M.p. 103 - 104 °C; [ $\alpha$ ]<sub>D</sub><sup>25</sup> = - 2.38 (c = 0.375, CH<sub>3</sub>OH + DMF); ESI/MS: 958 [M + H]<sup>+</sup>; IR (KBr) 3305, 3064, 3034, 2933, 2872, 1737, 1654, 1625, 1597, 1527, 1498, 1452, 1388, 1352, 1261, 1251, 1215, 1151, 1105, 1001, 908, 785, 738, 698, 582, 516 cm<sup>-1</sup>. <sup>1</sup>H-NMR (DMSO, 400 MHz)  $\delta$  /ppm= 11.96 (s, 1 H), 8.69 (m, 2 H), 8.52 (m, 1 H), 8.45 (d, *J* = 7.8 Hz, 1 H), 8.32 (d, *J* = 7.5 Hz, 2 H), 8.18-7.50 (m, 2 H), 7.67-7.56 (m, 2 H), 7.33-7.24 (m, 16 H), 5.16-5.10 (m, 2H), 5.06-5.01 (m, 2 H), 4.82 (q, *J* = 8.1 Hz, 1 H), 4.68 (q, *J* = 7.8 Hz, 1 H), 4.59 (q, *J* = 4.8 Hz, 1 H), 4.45 (q, *J* = 12 Hz, 2 H), 4.02-3.75 (m, 3 H), 3.70 - 3.63 (m, 1 H), 3.20 (m, 2 H), 3.02-2.83 (m, 3 H), 2.78-2.73 (m, 2 H), 2.67-2.59 (m, 1 H), 1.85-1.81 (m, 1 H), 1.78-1.74 (m, 1 H), 1.57 (m, 2 H); <sup>13</sup>C-NMR (DMSO, 75 MHz)  $\delta$  /ppm= 172.25, 171.05, 170.25, 170.15, 169.21, 169.11, 164.98, 159.77, 141.51, 141.34, 138.90, 138.25, 136.50, 136.46, 136.22, 136.15, 128.80, 128.63, 128.48, 128.42, 128.38, 128.34, 128.27, 128.13, 127.95, 127.91, 127.06, 126.88, 122.53, 121.91, 120.45, 112.76, 112.71, 72.74, 69.48, 66.59, 66.15, 53.15, 52.46, 49.53, 42.40, 36.81, 30.83, 25.25, 20.91.

**2.1.6. Synthesis of compound **7**:** 0.2 mmol of compound **6** was added to 1 mL of phenyl methyl ether, 1 mL of dimethyl sulfide, and 4 mL of HF and stirred at 0 °C for 2 h. The reaction mixture was evaporated under reduced pressure and the residue was then triturated with petroleum ether. The triturated residue was further purified on Sephadex G-10 followed by HPLC purification (56% yield). M.p. 78-79°C.  $[\alpha]_D^{25} = -6.64$  ( $c = 0.5$ , H<sub>2</sub>O). ESI/MS: 642 [M+H]<sup>+</sup>; IR (KBr) 3278, 3199, 2785, 2318, 1668, 1533, 1465, 1400, 1278, 1255, 1170, 1114, 1031, 896, 866, 667, 640, 576, 518, 457 cm<sup>-1</sup>; <sup>1</sup>H-NMR (DMSO, 400 MHz)  $\delta$  /ppm = 12.03 (s, 1 H), 8.70 (m, 2 H), 8.34 (d,  $J = 7.8$  Hz, 1 H), 7.74 (m, 1 H), 7.66 - 7.56 (m, 3 H), 7.31-7.26 (m, 4 H), 4.65 (m, 1 H), 4.58 (m, 2 H), 4.15 (m, 2 H), 3.88-3.58 (m, 4 H), 3.15-3.07 (m, 2 H), 2.85 (m, 3 H), 2.71 (m, 1 H), 2.58 (m, 1 H), 2.45 (m, 3 H), 1.94 (m, 1 H), 1.77 (m, 1 H), 1.56 (m, 2 H). <sup>13</sup>C-NMR (DMSO, 75 MHz)  $\delta$  /ppm = 172.80, 172.46, 171.07, 169.03, 164.93, 157.31, 141.55, 141.34, 138.83, 136.50, 128.83, 127.88, 123.30, 122.57, 121.87, 120.46, 119.03, 112.74, 65.14, 61.89, 54.21, 49.86, 44.67, 42.52, 36.99, 30.86, 25.30, 20.95.

**2.1.7. Synthesis of IPTC:** At 0°C, 4-amino Tempo (1.6mmol), and a catalytic amount of HOBT were added to a solution of compound **7** (1.5mmol) in CH<sub>2</sub>Cl<sub>2</sub>, 1-ethyl-3-(3-dimethylaminopropyl) carbodiimide (EDC) (1.6mmol). The pH was adjusted to 8-9. The reaction mixture was stirred under argon until TLC analysis indicated the complete disappearance of compound **7**. The solvent was evaporated under vacuum and the crude residue was further purified by flash chromatography to give the target compound, **IPTC**, as an orange powder (45% yield). HRMS(ESI)  $m/z$  for C<sub>37</sub>H<sub>52</sub>N<sub>11</sub>O<sub>9</sub>: 794.3949; found: 794.3963.

**2.2. PC12 cell survival assay:** [23-30] The free radical scavenging capacity of the newly synthesized compound IPTC was evaluated in PC12 cells using the method of Dawson with minor modifications. In brief, PC12 cells were grown in Dulbecco's modified Eagle's medium supplemented with 10% heat-inactivated horse serum (Hyclone), 5% fetal bovine serum (GIBCO), 1.0 mM sodium pyruvate, 100 U/mL penicillin, and 100 µg/mL streptomycin at 37 °C, in 5% CO<sub>2</sub> atmosphere. PC12 cells were seeded in 96-well plates coated with poly-L-lysine at a density of 20,000 cells per well during the exponential phase of growth. After a 24 h attachment period fresh media containing 12.5, 25, 50, 100, or 200 µM of **IPTC**, respectively, were added to each well and were incubated for 1 h. Nitric oxide (NO) damage was then induced by adding 2 mM of sodium nitroprusside (SNP) followed by 2 h of incubation [31]. The media were replaced with fresh media and cells were incubated for 14 h, after which cell survival was measured by a colorimetric assay with MTT according to the method of Mosmann [32]. Similarly, H<sub>2</sub>O<sub>2</sub> damage was induced with 1 mM H<sub>2</sub>O<sub>2</sub> followed by 1 h of incubation, while hydroxy-radical (•OH) damage was induced by 1 mM H<sub>2</sub>O<sub>2</sub>/30 µM Fe (II) followed by 1 h of incubation [32]. Statistical analysis employed a one-way ANOVA test.

**2.3. Hypoxia/reoxygenation (H/R) protocol:** H9C2 cardiomyocytes have been routinely used as a cellular model of cardiac ischemia/reperfusion (I/R) injury in vitro [39]. Rat cardiomyocytes H9C2 were cultured in Dulbecco's Modified Eagle's Medium/Nutrient Mixture F-12 (DMEM/F12) supplemented with 10% (v/v) fetal bovine serum (FBS, Invitrogen Life Technologies), 100 µg/mL of penicillin and 100 µg/mL of streptomycin. Cells were cultured to 70%-80% confluence for further experiments. We examined the putative pro-

protective effects of **IPTC** in rat cardiomyocytes H9C2 using the cellular model of hypoxia/re-oxygenation (H/R), which was achieved in a flow-through chamber as previously described [39]. In brief, H9C2 cells were subjected to hypoxia using glucose-free and FBS-free DMEM/F12 buffer in a flow-through chamber supplied with 94% N<sub>2</sub>, 5% CO<sub>2</sub>, and 1% O<sub>2</sub> at 37°C for 6 h. After hypoxia, the cells were transferred back to 10% FBS and DMEM/F12 under normal conditions for reoxygenation for 4 h. Normal control cells were incubated in a regular cell culture incubator under normoxic conditions.

H9C2 cells were divided into 12 groups: (1) Sham-control group, cells were cultured under normal conditions; (2) Control + Tempol group, cells were cultured with Tempol (10 µM) under normal conditions; (3) Control + Mito-Tempo groups, cells were cultured with Mito-Tempo (10 µM) under normal conditions. Mito-Tempo is a mitochondria-targeted antioxidant. The chemical structure of Mito-Tempo contains a piperidine nitroxide (Tempo) with the lipophilic cation triphenylphosphonium (TPP<sup>+</sup>) [40]. (4) Control + **IPTC** groups, cells were cultured with **IPTC** (10 µM) under normal conditions. (5) Hypoxia (H) group, cells were subjected to 6h of hypoxia (H) protocol; (6) Hypoxia + Tempol (10 µM) group, cells pretreated with Tempol for 12 h before induction of hypoxia and then subjected to 6h of hypoxia; (7) Hypoxia + Mito-Tempo (10 µM) group, cells pretreated with Mito-Tempo for 12 h before induction of hypoxia and then subjected to 6h of hypoxia; (8) Hypoxia + **IPTC** (10 µM) group, cells pretreated with **IPTC** for 12 h before induction of hypoxia and then subjected to 6h of hypoxia; (9) H/R group, cells were subjected to hypoxia/reoxygenation protocol (H/R); (10) H/R + Tempol (10 µM) group, cells pretreated with Tempol for 12 h before induction of hypoxia and then subjected to H/R protocol; (11) H/R + Mito-Tempo (10 µM) group, cells pretreated with Mito-Tempo for 12 h before induction of hypoxia and then subjected to H/R protocol; (12) H/R + **IPTC** (10 µM) group, cells pretreated with **IPTC** for 12 h before induction of hypoxia and then subjected to H/R protocol.

**Cell viability assay:** Cell viability was evaluated with the CCK-8 kit by a microplate reader at a wavelength of 450 nm. Cell counting kit-8 (CCK-8) is a colorimetric assay for the determination of the number of viable cells in the cytotoxicity assay, which is more sensitive than any other tetrazolium salts such as MTT. Each experiment was repeated 3 times, and the results are shown in **Figure 1**. Data are expressed as a percentage of the sham control and are represented as mean ± SD (n = 6; #: p < 0.05; \*: p < 0.01 vs H/R alone group).

**Detection of lactate dehydrogenase (LDH):** The LDH release assay is a cell cytotoxicity assay used for the assessment of plasma membrane damage in a cellular population. In this assay, LDH reduces NAD to NADH, which then interacts with a specific probe to produce a color (OD max = 450nm). The levels of LDH in cell supernatants were detected using commercially available kits by following the manufacturer's protocol. In brief, the cell supernatants were collected and then incubated with the reagents of the LDH assay kit. LDH activity was quantified by a microplate reader at OD450nm. LDH activity was expressed as (U/L), and the results are shown in **Figure 2**. The irreversible injury was quantitated as the percent total LDH released (values are expressed as mean ± SD; n = 6).

**Detection of Mitochondrial ROS generation:** Cardiomyocytes H9C2 were counter-



stained with MitoProbe and Hoechst 33342, respectively. MitoProbe is a group of novel fluorogenic probes specifically localized in mitochondria and can be employed both *in vivo* and *in vitro* for the detection of mitochondrial ROS generation [33-39]. Mitochondrial ROS (mtROS) generation and the mitochondrial morphology changes can be directly visualized under confocal fluorescence microscopy (**Figure 3A**) using cell samples subjected to the same H/R protocol. The generation of mtROS and the alterations of mitochondrial morphology were simultaneously examined at three different time points of H/R (i) 0 h (before cells were subjected to H/R; (ii) immediately after 6h of hypoxia; (iii) immediately after 6h of hypoxia followed by 4h of reoxygenation. Before quantifying the alterations of the mean fluorescence intensity (MFI) of MitoProbe, the confocal fluorescence images were pre-processed (**Figure 3B**) to improve the quality of binarized images. By measuring the MFI of MitoProbe changes in the binarized images, the total ROS generation in the mitochondria was quantitatively determined and the results are shown in **Figure 3C**. Error bars indicate the standard error of the mean (SEM) from at least four independent experiments. (#: compared with control at baseline,  $p < 0.01$ ; \*: compared with H/R alone,  $p < 0.01$ ).

*Mitochondrial morphology analysis:* Cells were counter-stained with MitoTracker (green fluorescence) for mitochondrial morphological analysis. The mitochondrial morphology was classified into three categories: tubular (normal), intermediate (tubular with swollen regions), and fragmented (small and globular) (**Figure 3D**). The method for quantification involved determining the percentage of cells with abnormal mitochondrial morphologies as a surrogate for the proportion of cells with fragmented mitochondria. When cells with intermediate or fragmented mitochondria were expressed as a percentage of the total cells counted (100 cells were counted per experiment and the data was averaged over four independent experiments per treatment), the non-treated cells contained predominantly long and evenly distributed tubular mitochondria throughout the cell. Error bars indicate SEM from at least four independent experiments (#: compared with H/R alone,  $p < 0.05$ ; \*: compared with H/R alone,  $p < 0.01$ ). The results were presented in **Figure 3E**.

*Detection of malondialdehyde (MDA):* Protein concentrations of lysis buffer were measured by enhanced bicinchoninic acid (BCA) protein assay kit. MDA is a commonly used marker for oxidative stress. For detection of MDA, the cell lysis buffers were incubated with the reagents of the MDA assay kit, and this kit allows the quantitation of MDA-protein adduct. MDA level was expressed as nmol/ (mg protein), and the results are shown in **Figure 4**. Values are expressed as mean  $\pm$  SD;  $n = 3$ .

*Detection of mitophagy:* Microscopy-based green fluorescent protein GFP-LC3 puncta formation assay is a commonly used assay for measuring autophagic activity [71]. To further examine the effect of IPTC on the degradation of mitochondria by autophagy (mitophagy), H9C2 cells were transfected with GFP-LC3. Then GFP-LC3 transfected H9C2 cells were co-stained with MitoProbe. Rapamycin is a known inducer of autophagy [41]. Herein, rapamycin was used as a positive control in our present study. 10 fields of view were randomly selected for each sample, and the percentages of cells with GFP-LC3 positive punctate, MitoProbe positive, and their colocalization (dual-positive, GFP-LC3+/MitoProbe+) were calculated, respectively, and the results are shown in **Figure 5**.

In this assay, H9C2 cells were divided into five groups: (1) Sham-control group, cells were cultured under normal conditions; (2) Hypoxia (H) group, cells were subjected to 6h of hypoxia (H); (3) H/R group, cells were subjected to hypoxia/reoxygenation protocol (H/R); (4) H/R + rapamycin (10  $\mu$ M) group, cells pretreated with rapamycin for 12 h before induction of hypoxia and then subjected to H/R protocol; (5) H/R + **IPTC** (10  $\mu$ M) group, cells pretreated with **IPTC** for 12 h before induction of hypoxia and then subjected to H/R protocol.

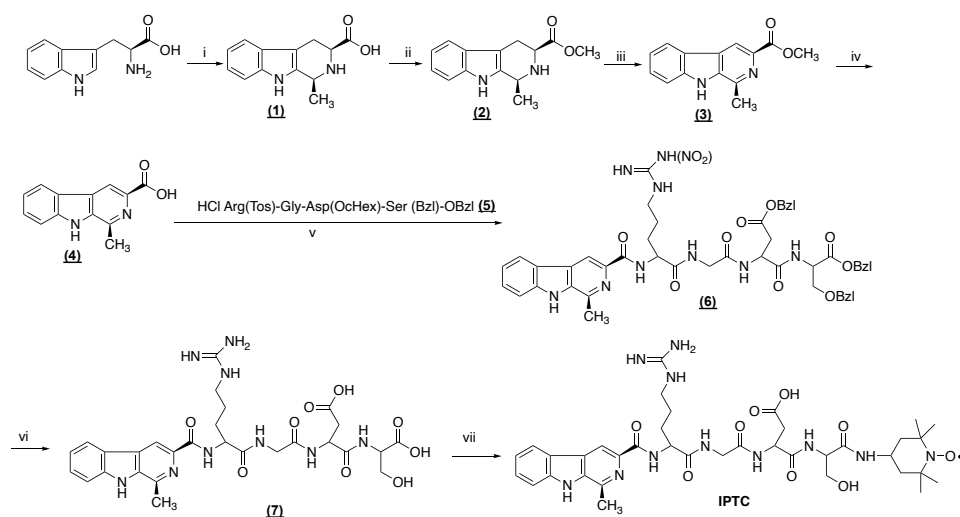
*Detection of mitochondrial permeability transition pore (mPTP) opening:* In this assay, H9C2 cells were divided into nine groups: (1) Sham-control group; (2) Control + rapamycin (10  $\mu$ M) group; cells were cultured with rapamycin (10  $\mu$ M) under normal conditions. (3) Control + **IPTC** (10  $\mu$ M) groups; cells were cultured with **IPTC** (10  $\mu$ M) under normal conditions. (4) Hypoxia (H) group, cells were subjected to 6h of hypoxia (H); (5) Hypoxia + rapamycin (10  $\mu$ M) group, cells pretreated with rapamycin for 12 h before induction of hypoxia and then subjected to 6h of hypoxia; (6) Hypoxia + **IPTC** (10  $\mu$ M) group, cells pretreated with **IPTC** for 12 h before induction of hypoxia and then subjected to 6h of hypoxia; (7) H/R group, cells were subjected to hypoxia/reoxygenation protocol (H/R); (8) H/R + rapamycin (10  $\mu$ M) group, cells pretreated with rapamycin for 12 h before induction of hypoxia and then subjected to H/R protocol; (9) H/R + **IPTC** (10  $\mu$ M) group, cells pretreated with **IPTC** for 12 h before induction of hypoxia and then subjected to H/R protocol.

Briefly, rat cardiomyocytes H9C2 were incubated with calcein (fluorescein complex; 2  $\mu$ M) and  $\text{CoCl}_2$  (1 mM) in Hank's Balanced Salt Solution (HBSS)/ $\text{Ca}^{2+}$  at 37°C for 15 min. Calcein can passively diffuse into cells. Calcein-AM is a membrane-permeable fluorophore. It can easily diffuse into all subcellular compartments including mitochondria [42]. The acetoxymethyl (AM) group of the fluorophore can be readily cleaved by ubiquitous intracellular esterase. Because of its hydrophilicity, calcein is then trapped within all subcellular compartments. Thus, calcein can accumulate in the cytosol and mitochondria and its corresponding fluorescence can be observed. The cells are then loaded with the divalent cobalt cation ( $\text{Co}^{2+}$ ).  $\text{CoCl}_2$  can quench the cytosolic fluorescence, whereas the fluorescence from the mitochondria can be maintained because of the intact inner mitochondrial membrane [42]. The opening of the mitochondrial permeability transition pore (mPTP) enables cobalt to enter mitochondria thereby resulting in the quenching of calcein fluorescence in the mitochondria. Before quantifying the alterations of the mean fluorescence intensity (MFI) of the calcein fluorescence, the confocal fluorescence images were pre-processed to improve the quality of binarized images. Error bars indicate the standard error of the mean (SEM) from at least four independent experiments. The results are shown in **Figure 6**.

### 3. Results

**3.1. Synthesis of IPTC:** Starting from the optically active L-tryptophan, following esterification of the carboxylic moiety with  $\text{MeOH}/\text{SOCl}_2$ , the resulting L-tryptophan methyl ester was then subjected to Pictet-Spengler cyclization with acetaldehyde to yield 1-methyl-1,2,3,4-tetrahydro- $\beta$ -carboline-3-carboxylate **2** in 45% yield. The conversion of the 1,2,3,4-tetrahydro- $\beta$ -carboline derivative **2** to the corresponding  $\beta$ -carboline derivative **3** (67% yield) was carried out via oxidation of the tetrahydro- $\beta$ -carboline derivatives

with sulfur in refluxing xylene. Subsequently, compound **3** was hydrolyzed in the presence of sodium hydroxide to provide the key intermediate **4** (83% yield). The protected tetrapeptide intermediates were prepared according to the synthetic route shown in **Scheme 1**. The protected tetrapeptide intermediate **5** was prepared via the solution method. The conjugation of **4** and the protected tetrapeptide fragment **5** subsequently proceeded smoothly to give compound **6**. After removal of the protecting groups, compound **7** was subjected to conjugation with 4-amino Tempol, and the desired product **IPTC** was obtained in moderate yield (45% yield).



**Scheme 1:** Synthetic route for **IPTC**. Reagents: (i)  $\text{H}_2\text{SO}_4$ ,  $\text{CH}_3\text{CHO}$ ; (ii)  $\text{SOCl}_2$ ; (iii) Sulfur; (iv)  $\text{NaOH(aq)}$ ; (v) compound **5**,  $N,N'$ -dicyclohexylcarbodiimide (DCC); (vi) hydrogen fluoride (HF); (vii) 4-amino-Tempo, DCC.

**3.2. In vitro antioxidant and free radical scavenging activity of IPTC evaluated in PC 12 cell lines:** Rat pheochromocytoma (PC12) cells that originate from the adrenal medulla, synthesize and release catecholamines. PC12 cells are very sensitive to oxidative stress, and it has been extensively used for *in vitro* ischemia studies [23-30]. Herein, the free radical scavenging properties of **IPTC** against  $\bullet\text{NO}$ ,  $\bullet\text{OH}$ , and  $\text{H}_2\text{O}_2$  were evaluated using PC12 cell survival assay and compared with that of Tempol. The results were expressed as  $\text{EC}_{50}$  ( $\mu\text{M}$ ) values. The reduction of viability induced by exposure to free radicals was curtailed with incubation of **IPTC** or Tempol. We found that **IPTC** exhibited significantly better hydroxyl radical scavenging than Tempol ( $p < 0.001$ ) or its precursor compound **4** ( $p < 0.001$ ). In addition, we observed that **IPTC** showed a clear better protecting ability against  $\text{H}_2\text{O}_2$  than Tempol ( $p < 0.01$ ) or its precursor compound **4** ( $p < 0.01$ ). Furthermore, we found that **IPTC** exhibited comparable or better protection against  $\bullet\text{NO}$  than its precursor, compound **4**, or Tempol (**Table 1**).

**Table 1.** Free radical scavenging activity of **IPTC** tested in PC12 cell survival assays

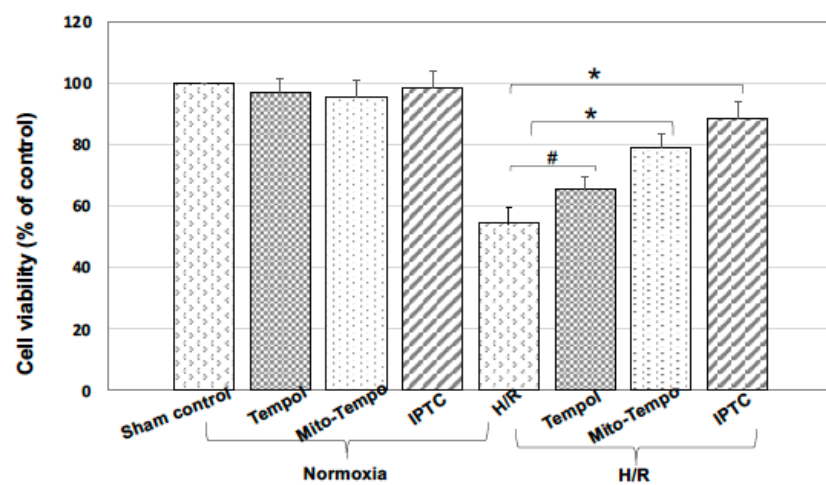
Compound	$\text{EC}_{50}$ ( $\mu\text{M}$ ) ( $X \pm \text{SD}$ )		
	$\text{EC}_{50}/\bullet\text{NO}$	$\text{EC}_{50}/\text{H}_2\text{O}_2$	$\text{EC}_{50}/\bullet\text{OH}$
Tempol	$90.4 \pm 4.5$	$65.7 \pm 2.8$	$84.3 \pm 3.2$
Compound <b>4</b>	$88.7 \pm 4.6$	$56.4 \pm 4.3$	$91.0 \pm 4.7$
<b>IPTC</b>	$61.5 \pm 3.7$	$31.3 \pm 3.4^{##}$	$15.7 \pm 2.5^{***}$

$^{##}$ :  $p < 0.01$ ;  $^{***}$ :  $p < 0.001$ .



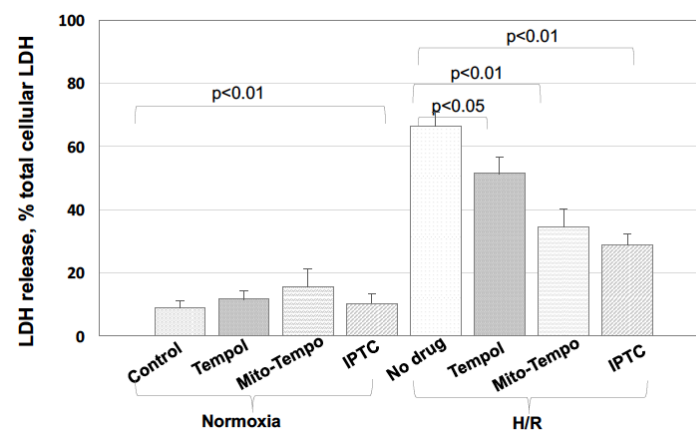
### 3.3. IPTC improved cell viability of H9C2 cells subjected to hypoxia/reoxygenation (H/R) protocol:

The vulnerability of H9C2 cardiomyocytes to hypoxia and H/R-induced oxidative stress was determined by cell viability. Cell viability was tested by CCK-8 assay. Analysis of cell viability demonstrated that H9C2 cells are sensitive to H/R injury. Compared to the control group, the cell viability of the H/R groups was significantly reduced ( $p < 0.01$ ). The effects of drug (Tempol, Mito-Tempo, and **IPTC**) pretreatment on the cell viability of H9C2 subjected to H/R were presented in **Figure 1**. The pretreatment with Tempo, Mito-Tempo, or **IPTC** could prevent the loss of H9C2 cells to a different extent. There is a significant difference between Mito-Tempo + H/R groups compared to the H/R group alone ( $p < 0.01$ ). When compared to Mito-Tempo, **IPTC** exhibited slightly better cytoprotective activities, but there is no statistical difference.



**Figure 1.** Effect of the tested compounds (Tempol, Mito-Tempo, and **IPTC**) on the cell viability of H9C2 cells subjected to H/R protocol.

**3.4. IPTC reduced LDH level in H9C2 cells subjected to H/R:** The LDH (lactate dehydrogenase) release assay is a routinely used assay for the assessment of cytotoxicity assay by monitoring the level of plasma membrane damage in the cell population. As shown in **Figure 2**, the basal LDH release of cells from sham-control groups was  $8.9 \pm 2.1\%$ . Under normoxic conditions, there was no noticeable effect observed on basal LDH release after pre-incubation with Tempol/Mito-Tempo/**IPTC** alone. During H/R, a substantial number of cells were irreversibly injured, as shown by the release of  $66.5 \pm 4.2\%$  of total cellular LDH. The pretreatment with Tempol/Mito-Tempo/**IPTC** had similar protective effects against lethal cell injury, and they reduced hypoxic injury to a different extent. Of note, pretreatment with **IPTC** followed by H/R protocol could dramatically limit lethal cell injury ( $28.8 \pm 3.4\%$ ). Compared to the sham control group, the expression of LDH was higher in the H/R group ( $p < 0.01$ ). During H/R, Mito-Tempo ( $p < 0.01$ ) or **IPTC** pretreatment ( $p < 0.01$ ) remarkably reduced the level of LDH. No significant difference was observed between **IPTC**- and Mito-Tempo pretreatment groups.

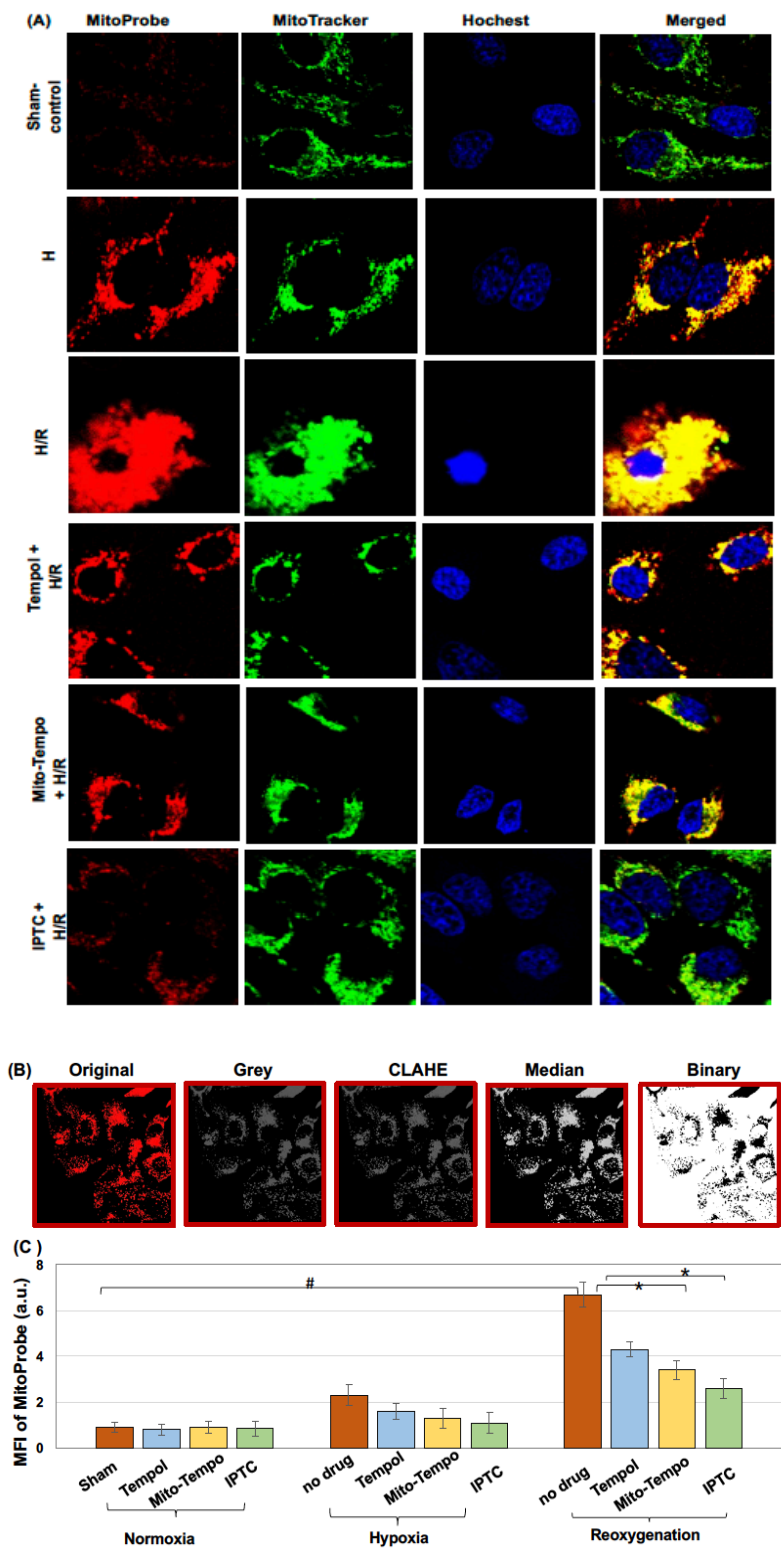


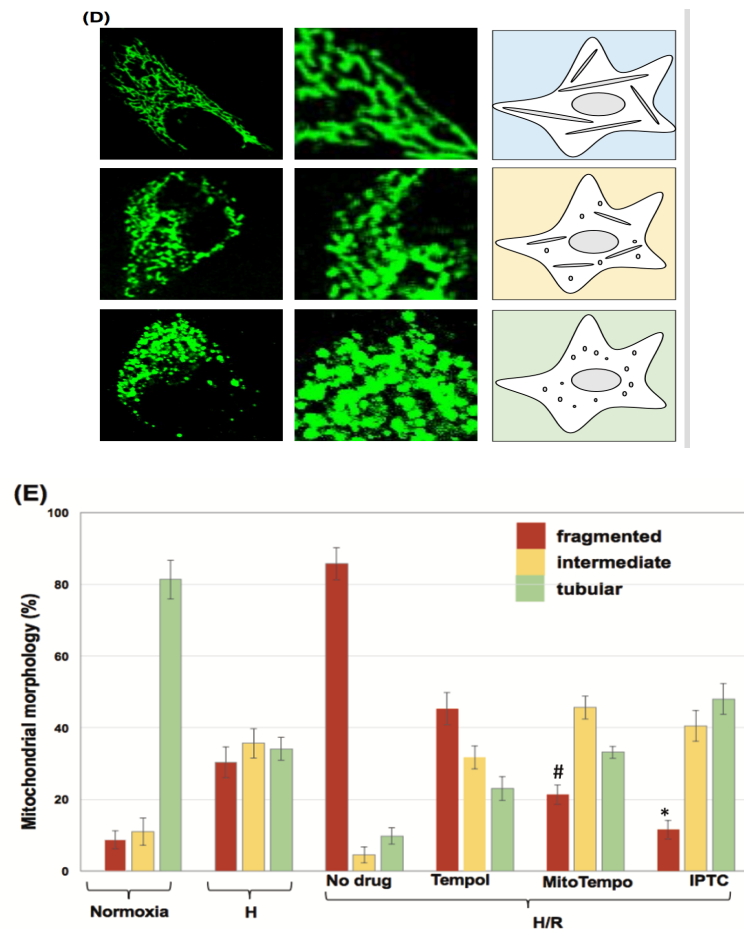
**Figure 2.** Effect of the tested compounds (Tempol, Mito-Tempo, and IPTC) on the lethal injury of H9C2 cells induced by H/R. Cells were exposed to the tested compounds for 12h prior to being subjected to hypoxia for 6h and reoxygenation for 4h.

### 3.5. *IPTC* inhibited mitochondrial fragmentation and mitochondria-derived ROS (mtROS) production in H9C2 cells subjected to H/R protocol:

During hypoxia, selected cells displayed enhanced MitoProbe signals with fluorescence restricted to the tubular network surrounding the nucleus (row 2, **Figure 3A**). Conversely, reoxygenation resulted in dispersed and irregular staining in cells with enhanced fluorescence. Increases in MitoProbe fluorescence relative to baseline values were evident during H/R. Pretreatment with either Mito-Tempo or *IPTC* significantly attenuated the increase in MitoProbe fluorescence intensity during H/R. By measuring the fluorescence intensity of MitoProbe changes at different time points of H/R, the total ROS generation in the mitochondria was quantified. In our current studies, we observed a ~2.5-fold increase of mtROS during the hypoxia phase (row 2, **Figure 3A**; see **Figure 3C** for quantitative values), while 6h of hypoxia followed by 4h of reoxygenation resulted in a ~7.4-fold elevation of mtROS (row 3, **Figure 3A**; see **Figure 3C** for quantitative values). Cells pretreated with either Mito-Tempo or *IPTC* manifested much lower mtROS levels, suggesting that elevated mtROS generation induced by H/R could be significantly mitigated by Mito-Tempo (row 5, **Figure 3A**; see **Figure 3C** for quantitative values) or *IPTC* intervention (row 6, **Figure 3A**; see **Figure 3C** for quantitative values).

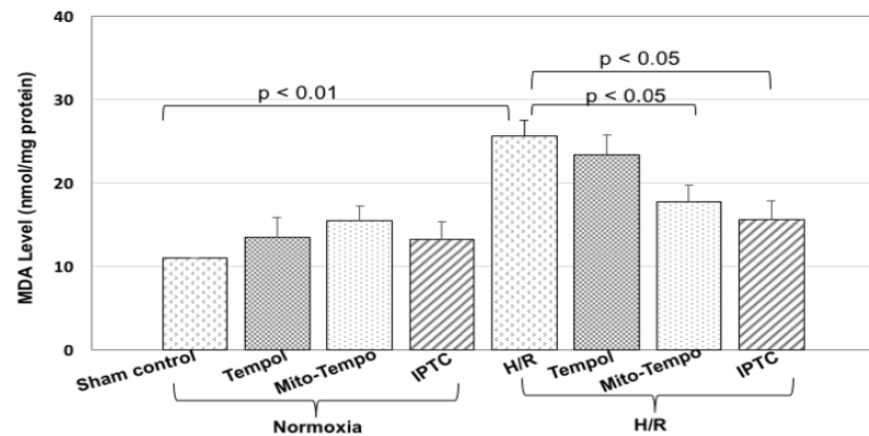
Next, we addressed the effect of *IPTC* on mitochondrial morphology. Mitochondria in sham control cells are long tubular structures (illustration image see row 1, **Figure 3D**) with weak fluorescence of MitoProbe. The number of cells with intermediate (illustration image see row 2, **Figure 3D**) and fragmented mitochondria increased significantly during hypoxia and was found to significantly increase the percentage of cells with intermediate or fragmented mitochondria when compared to control cells, whereas reoxygenation resulted in most cells displaying fragmented mitochondria with shorter and spherical structures (illustration image see row 3, **Figure 3D**). The percent of cells exhibiting long tubular mitochondria decreased from  $81.3 \pm 5.4\%$  (sham control) to  $9.8 \pm 2.3\%$  (H/R alone), while mitochondria with intermediate and fragmented morphology were predominantly aggregated in the perinuclear region (row 3, **Figure 3A**). Mito-Tempo or *IPTC* addition to the control cell perfusate undergoing hypoxia resulted in significant protection against H/R induced cell death and attenuated the fragmented mitochondrial appearance. The cells treated with *IPTC* + H/R significantly decreased the percentage of cells with fragmented mitochondria (*IPTC* + H/R:  $85.7 \pm 4.5\%$  vs. H/R alone:  $11.5 \pm 2.6\%$ ) (row 6, **Figure 3A**; see **Figure 3E** for quantitative values).





**Figure 3.** IPTC inhibited mitochondrial ROS production and mitochondrial fragmentation in H9C2 cells subjected to hypoxia/reoxygenation (H/R) protocol: (A) Representative confocal microscopic images of H9C2 rat cardiomyocytes counter-stained with MitoProbe (100 nM, red fluorescence), MitoTracker (green fluorescence) and Hoechst 33342 (blue fluorescence): Fluorescent images are displayed for cells from a sham-control group (no H/R), cells subjected to hypoxia or cells subjected to H/R with/without drug (Tempol, Mito-Tempo, and IPTC) treatment; (B) The confocal fluorescence images were pre-processed to improve the quality of binarized images. (C) By measuring the mean fluorescence intensity (MFI) of MitoProbe changes in the binarized images, the total ROS generation in the mitochondria was quantified. (D) Mitochondrial morphology was categorized as follows: tubular, intermediate, and fragmented. (E) Mitochondrial morphology analysis of H9C2 cells subjected to H/R with/without drug (Tempol/Mito-Tempo/IPTC) treatment. Cell were imaged on an inverted laser scanning fluorescent microscope (Olympus) using a 60 x oil immersion objective lens.

During H/R, oxidative stress aggravates lipid peroxidation, DNA damage, and oxidation of proteins. Oxidized lipids and their products are fragmented to produce malondialdehyde (MDA). Next, intracellular levels of MDA (**Figure 4**) were examined. The production of MDA dramatically increased after H/R ( $p < 0.01$ ), whereas Mito-Tempo + H/R ( $p < 0.05$ ) or IPTC + H/R treatment significantly reduced the MDA level ( $p < 0.05$ ), suggesting the potential of antioxidant treatment with either Mito-Tempo or IPTC for inhibiting lipid peroxidation and oxidative damage induced by H/R protocol.

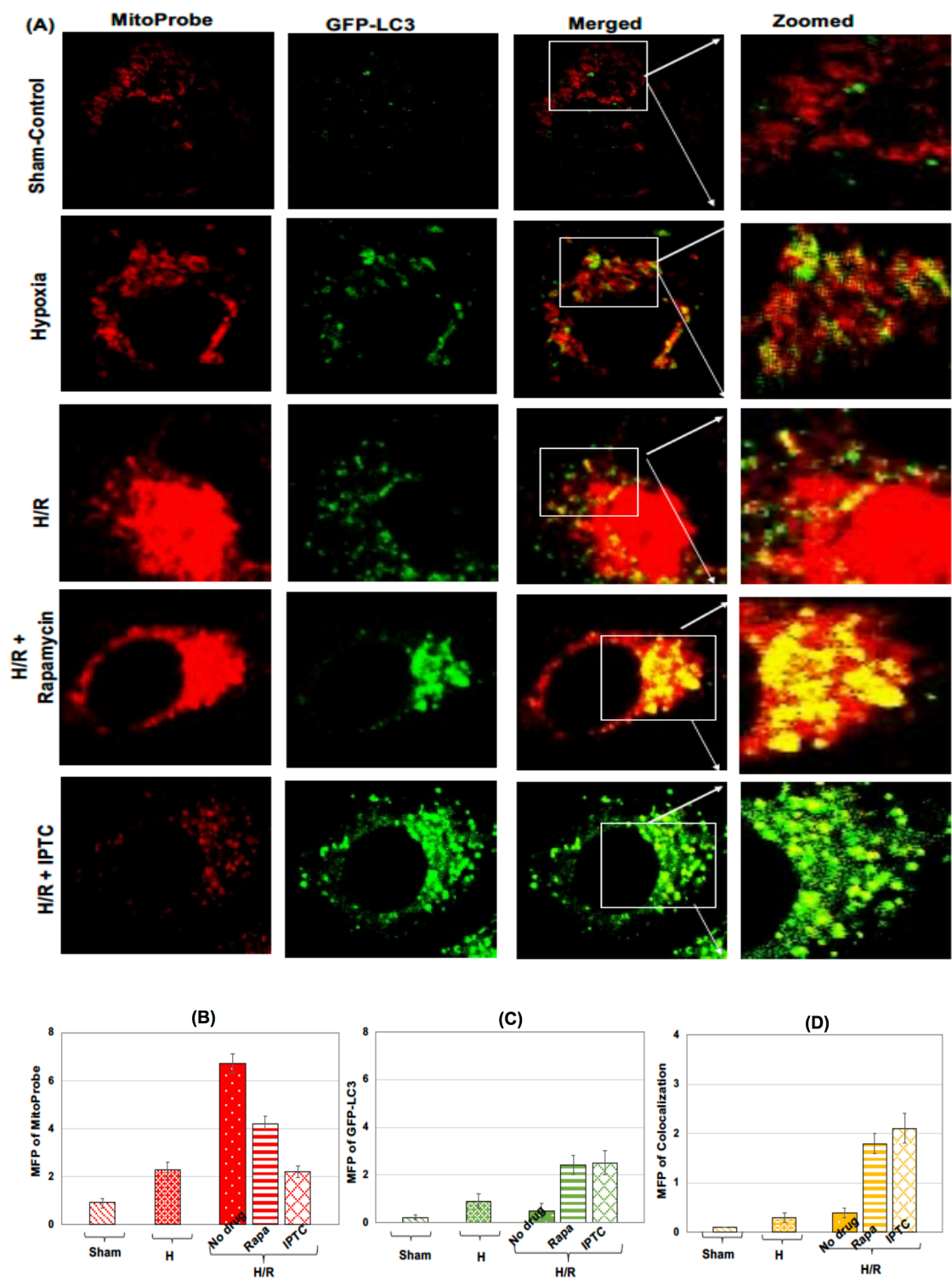


**Figure 4.** Effect of test compounds (Tempol, Mito-Tempol, and IPTC) pretreatment on malondialdehyde (MDA) in H9C2 cells during H/R injury. Values are expressed as mean  $\pm$  SD; n = 3.

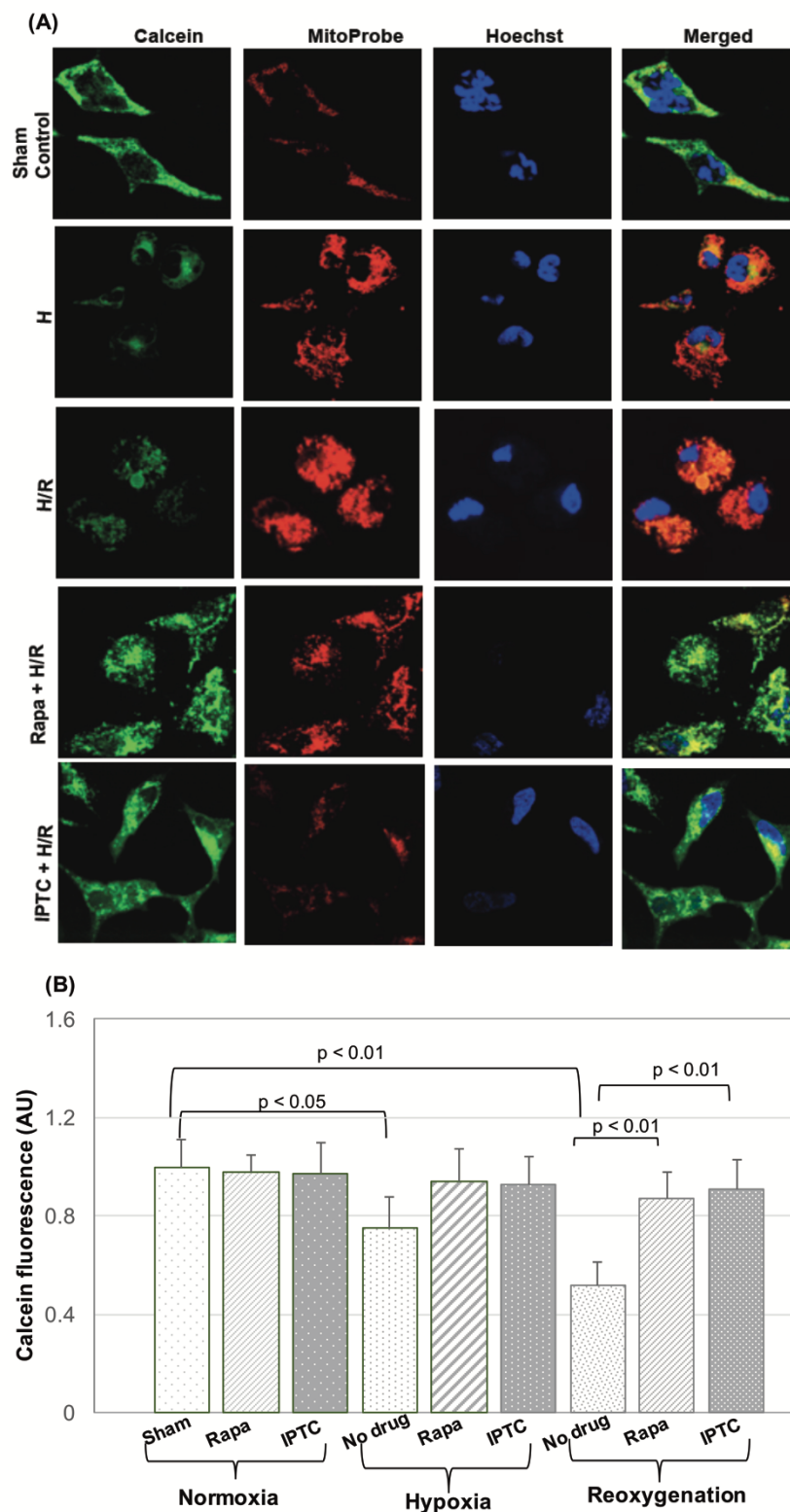
**3.6. IPTC induces protective mitophagy against H/R injury:** To carefully monitor the mitophagy response during H/R, H9C2 cells were transfected with GFP-LC3 for labeling autophagosomal membranes. GFP-LC3 puncta can be used to quantitatively analyze autophagosomes. To facilitate the study of the relationship between mitophagy and mtROS production, GFP-LC3 transfected H9C2 cells were further labeled with MitoProbe for real-time monitoring of the colocalization of GFP-LC3 labeling and MitoProbe. In this assay, co-localization of the oxidatively “stressed” mitochondria (visualized by MitoProbe, red fluorescence) with autophagosomes (visualized by GFP-LC3, green fluorescence) provides an estimation of successful fusion between damaged mitochondria with the autophagosomes for trafficking to lysosomes for degradation. Compared to sham control groups (row 1, **Figure 5A**), we found that the percentage of cells with GFP-LC3 punctate increased during the phase of hypoxia (row 2, **Figure 5A**). During the reoxygenation, the percentage of cells with GFP-LC3 punctate remained unchanged. It was noticed that the majority of mitochondria became fragmented accompanied by significantly increased mtROS after reoxygenation (row 3, **Figure 5A**). Interestingly, treatment of H9C2 cells with IPTC significantly increased autophagosome formation (visualized by GFP-LC3, green fluorescence) (row 5, **Figure 5A**; see **Figure 5C** for quantitative values). Moreover, the elevated mtROS levels induced by H/R were reduced remarkably after IPTC treatment (row 5, **Figure 5A**; see **Figure 5B** for quantitative values). After IPTC treatment, most of the oxidatively “stressed” mitochondria (visualized by MitoProbe, red fluorescence) were found to be co-localized with autophagosomes (visualized by GFP-LC3, green fluorescence). The autophagosome-mitochondria fusion results in damaged mitochondria being incorporated into autolysosomes (visualized by double-positive, MitoProbe+/GFP-LC3+, yellow fluorescence), suggesting that the dysfunctional mitochondria are selectively delivered for autophagic degradation (mitophagy).

**3.7. IPTC inhibits mPTP opening during hypoxia/reoxygenation (H/R).** The opening of mitochondrial permeability transition pore (mPTP) in H9C2 rat cardiomyoblasts was then evaluated using calcein-AM assay (calcein-AM, AM = acetoxymethyl). During hypoxia (row 2, **Figure 6**), calcein fluorescence in most subcellular compartments was quenched except within the mitochondrial matrix because the intact inner mitochondrial membrane is  $\text{Co}^{2+}$  impermeable. During the late stage of reoxygenation (row 3, **Figure 6**), the mitochondrial calcein fluorescence was also quenched because of the opening of the mPTP. By contrast, the mitochondrial calcein fluorescence was significantly higher in the rapamycin + H/R (row 4, **Figure 6**) or IPTC + H/R-treated cells (row 5, **Figure 6**) than that of the H/R alone-treated cells, indicating that rapamycin/IPTC could inhibit the opening of mPTP.





**Figure 5. IPTC enhances mitophagy in H9C2 rat cardiomyocytes subjected to hypoxia/reoxygenation (H/R).** (A) Representative confocal fluorescent images of rat cardiomyocytes H9C2 subjected to different treatment protocols during H/R. (B) mitochondrial ROS level was determined by measuring the mean fluorescence intensity (MFI) of MitoProbes; (C) autophagosome formation was estimated by measuring the MFI of GFP-LC3 changes; and (D) the co-localization index, estimating mitophagy activity, was produced by measuring the MFI of double-positive (GFP-LC3+/ MitoProbe+) cells with yellow fluorescence. Cell were imaged on an inverted laser scanning fluorescent microscope (Olympus) using a 60 x oil immersion objective lens.



**Figure 6. IPTC inhibits mPTP opening during hypoxia/reoxygenation (H/R).** (A) Representative confocal microscopic images of H9C2 rat cardiomyocytes after incubation with calcein-AM (1  $\mu$ M, green fluorescence),  $\text{Co}^{2+}$  (1 mM) and MitoProbe (1  $\mu$ M, red fluorescence), and Hoechst 33342 (blue fluorescence): Fluorescent images are displayed for cells from a sham-control group (no H/R), cells subjected to hypoxia (H), or cells subjected to H/R with/without rapamycin/IPTC treatment; Cell were imaged on an inverted laser scanning fluorescent microscope (Olympus) using a 60 x oil immersion objective lens. (B) Quantification of mitochondrial calcein fluorescence in H9C2 cardiomyocytes subjected to H/R in the absence/presence of rapamycin/IPTC.

#### 4. Discussion

Under normal physiological conditions, the mitochondrial reactive oxygen species (mtROS) scavenging system keeps mtROS at low levels, the latter serving as intracellular signaling molecules [43]. Under pathophysiological conditions, dysregulated mitochondrial scavenging systems will lead to ROS overproduction and ensuing oxidative damage [43-45]. ROS and oxidative damage are involved in pathological processes of cardiovascular diseases (CVDs). Traditionally, free radicals were merely considered toxins that induce oxidative stress and concomitant cellular damage. For decades, considerable research has been focused on eliminating excess free radicals generated in the body. Yet, experimental and clinical studies focused on the use of antioxidant therapy to mitigate myocardial damage have yielded mixed results. Moreover, decreasing the systemic level of ROS by using antioxidant therapy may be detrimental in certain instances.

$\beta$ -carboline is biologically active alkaloid, and these compounds have been reported to possess a wide range of biological effects, such as anti-inflammatory, antithrombotic activities, antiviral, anticancer and free radical scavenging activities [46]. Previous studies demonstrated the potential application of  $\beta$ -carboline derivatives in the treatment of cardiovascular diseases like hypertension [47], myocardial infarction [25], [48], cancer [49-52], and ischemia/reperfusion injury [53-59]. In addition, 4-hydroxy-2,2,6,6-tetramethyl-piperidine-N-oxyl (Tempol) has gained attention. It has been suggested that the antioxidant capacity of Tempol is structurally related because it is a stable nitroxide radical compound [60]. Additionally, Tempol's antioxidant capacity is likely enhanced because it possesses superoxide dismutase (SOD)-mimicking activity [60]. In our present study, we have demonstrated that **IPTC** exhibits superior free radical scavenging activity toward  $\bullet$ NO,  $\bullet$ OH, and  $\text{H}_2\text{O}_2$  in the PC12 cell survival assay (**Table 1**). The elimination of the free radicals is critical for alleviating oxidative damage. Incubating cells with the **IPTC** could improve the PC12 cell viability, suggesting that **IPTC** has a good radical scavenging potential toward different kinds of free radical species. Compared to Tempol or compound **4** (the precursor of **IPTC**), **IPTC** seems to have better free radical scavenging activity, and this is likely due to the synergistic effects of these two seemingly irrelevant antioxidant moieties,  $\beta$ -carboline and nitroxide.

Because of its free radical scavenging potentials toward different free radicals, especially toward  $\bullet$ NO, one may question whether **IPTC** may serve as a pro-thrombotic agent. Previously, we reported the antithrombotic properties of a series of phenolic tetrahydro- $\beta$ -carboline RGD peptide conjugates [61]. Recently, we examined the effect of **IPTC** on platelet activation induced by the physiologic agonists, ADP and PAF. We found that **IPTC** could inhibit platelet activation and aggregation induced by ADP and PAF in a dose-dependent manner and the results will be published elsewhere. The exact action mechanism of **IPTC** in regulating platelet activity remains unclear. We hypothesize that the antiplatelet aggregation activity of **IPTC** is likely through the balance of autophagy and the maintenance of optimal platelet intracellular ROS levels.

Encouraged by these results, we further examined the effect of **IPTC** on mitochondrial morphology and mitochondrial oxidative status using rat cardiomyocytes H9C2 in a hypoxia/reoxygenation (H/R) cellular model. H9C2 cells closely mimic primary cardiomyocytes in terms of energy metabolism and are sensitive to H/R [63]. To provide better mechanistic insight that cannot be obtained from a clinical situation, a simplified cellular model is adopted. Cardiomyocytes can be used as a powerful *in vitro* model of ischemia-reperfusion (I/R), whereby ischemia is simulated with hypoxia and reperfusion with reoxygenation. By eliminating the influences of other cell types (e.g., fibroblasts, endothelial cells, inflammatory/immune cells, and plates) or circulating factors (e.g., hormones, neurotransmitters, and cytokines), this model system allows us precise control of the cellular and extracellular environment, especially the impact of H/R on cardiomyocytes [64]. Moreover, it allows us to directly compare the efficacy of the tested compounds. The H/R model is commonly used in ischemia research that may be combined with other injury

models to fully reproduce features of I/R injury [64]. In our present study, the culture medium was replaced with DMEM containing no glucose before the induction of hypoxia.

To monitor mitochondrial ROS production during H/R, H9C2 cells were labeled with MitoProbe (a fluorogenic dye that is highly sensitive for monitoring mtROS [33-39]). Through measurement of the MFI of MitoProbe at different time points of H/R, the total amount of mtROS could be estimated. Simultaneously, MitoTracker is used to gauge alterations of mitochondrial morphology. We observed an ~2.5- fold increase in mitochondrial ROS levels during the phase of hypoxia. As shown in **Figure 3A&C**, an ~7.4- fold elevation of ROS in the mitochondria was associated with the phase of reoxygenation, a highly toxic environment for H9C2 cells. We observed significant inhibition of mtROS with the administration of Mito-Tempol or **IPTC** in our cell model.

During reoxygenation, the number of cells with intermediate and fragmented mitochondria increased significantly. Hypoxia was found to significantly increase the percentage of cells with intermediate or fragmented mitochondria when compared to the sham-control cells, whereas reoxygenation resulted in most cells displaying fragmented mitochondria. During H/R, the percentage of sham-control cells exhibiting long tubular mitochondria, and the mitochondria with the intermediate as well as the fragmented morphology were predominantly aggregated in the perinuclear region. Pretreatment of cells with **IPTC** resulted in significant protection during H/R and attenuated the fragmented mitochondrial appearance. The H9C2 cells treated with **IPTC** + H/R exhibited an increase in the percentage of cells with tubular mitochondria (**Figure 3E**). The damage to the cardiac H9C2 cells induced by the H/R protocol may be due to, in part, the overproduction of ROS and the accumulation of the damaged mitochondria. The H/R-induced ROS overproduction is accompanied by the reduction of endogenous antioxidants. We further demonstrated that cardiomyocytes H9C2 subjected to H/R caused a marked reduction of cell viability and elevation of oxidative stress accompanied by LDH release and MDA production.

Unlike Tempol, whose  $t_{1/2}$  in the blood is only 15 s with only narrow nitroxide antioxidant capacity [70], the antioxidant activity of **IPTC** may not only originate from the nitroxide moiety of Tempol but also from the  $\beta$ -carboline moiety of **IPTC**, which would coordinately enhance the radical-scavenging capacity of nitroxide while increasing the half-life of the molecule. The hydrophobic microenvironments induced by  $\beta$ -carboline's planar tricyclic system and the hydrophilic nature of the side chain of the RGDS peptide are likely to contribute to the enhanced overall antioxidant-scavenging property of **IPTC**. Based on the predicted lowest energy conformation of **IPTC**, we speculate that a nitroxide radical surrounded by hydrophobic and resonance-stabilized amino acid side chains may result in enhanced bioavailability that correlates to improved scavenging of  $\bullet\text{OH}$  or  $\text{NO}\bullet$  and associated cytoprotective effects.

One of the primary factors in initiating the pathological response to the I/R injury is the overproduction of ROS in the mitochondria. The increase of mtROS during reoxygenation contributes to the progression of cardiomyocyte death. As cardiomyocytes are post-mitotic cells with high demands for energy, they are rich in mitochondria and are particularly susceptible to damaged and dysfunctional mitochondria. The alterations of mitochondrial morphology have been associated with several fundamental cellular functions [64]. H/R induces "excessive" fragmentation of mitochondria, which is an important sign of the initiation of apoptosis. The aggregates of fragmented mitochondria can continuously produce ROS and trigger a series of damaging events eventually leading to cell death. Removal of dysfunctional mitochondria is the key to cellular survival.

Autophagy is a cellular self-protective mechanism. In our present study, GFP-LC3 fluorescence was used to study autophagy in H9C2 cells. During the early phase of H/R, the number of GFP-LC3 labeled structures (GFP-LC3 green "dots"), representing autophagosomes, was increased in cells exposed to hypoxia, suggesting autophagy is activated. Furthermore, we evaluated the co-localization of MitoProbe-positive (representing oxidatively "stressed" mitochondria) and GFP-LC3-positive puncta (representing autophago-

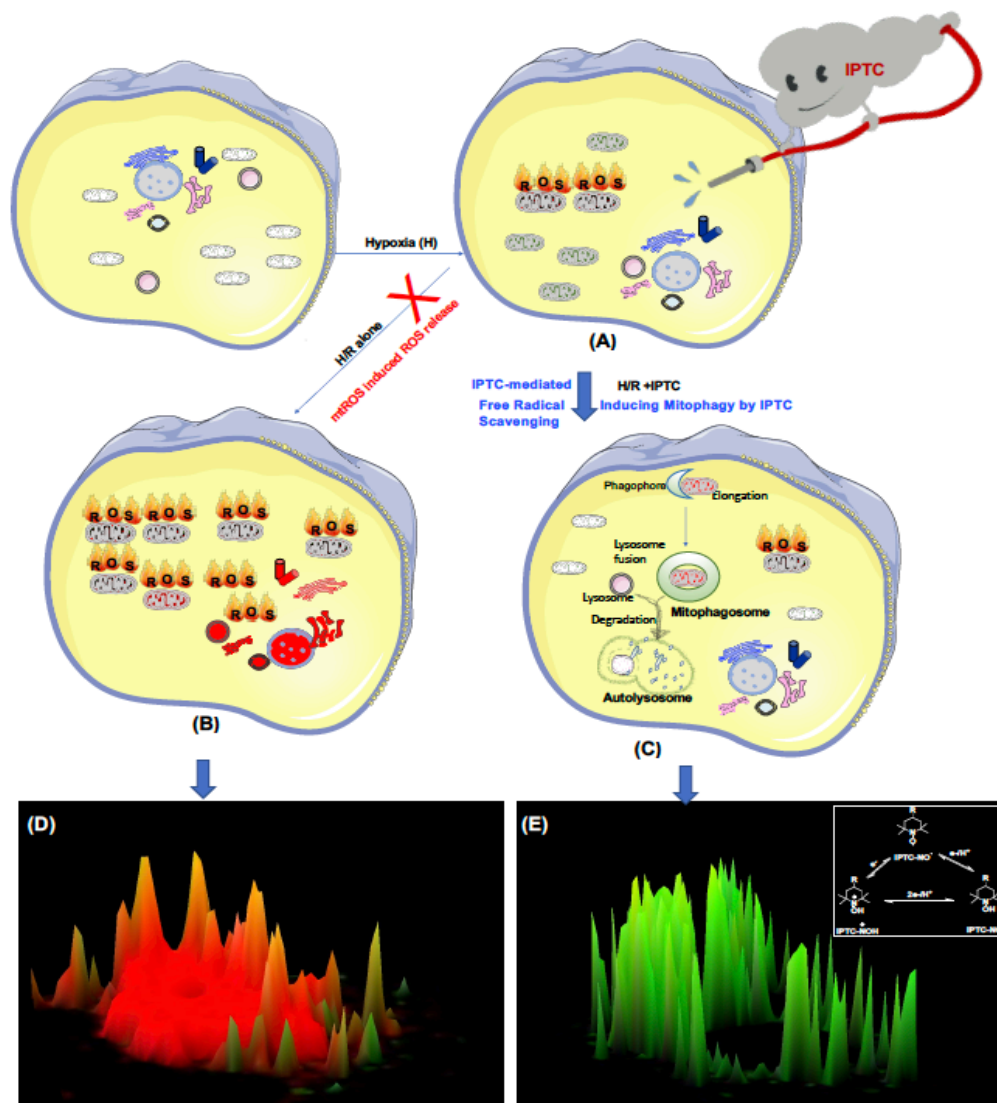


somes). Compared to the normoxia group, the cells exposed to hypoxia exhibited an increased co-localization of MitoProbe- and GFP-LC3-positive puncta, suggesting activated autophagy could effectively remove the oxidatively damaged mitochondria. Although the mitochondrial ROS levels increased by ~2.5 fold, it is still in a tolerable range for H9C2 cells. When oxygen and nutrients are resumed to normal condition, the number of oxidatively “stressed” mitochondria increased significantly. However, the percentage of colocalization of MitoProbe- and GFP-LC3-positive puncta remains relatively low (**Figure 5**), suggesting the degradation capacity of mitophagy machinery may be impaired during reoxygenation. Defective mitophagy triggers the accumulation of damaged mitochondria causing a sudden upsurge of mtROS levels (~7.4-fold increase), which may further induce mitochondrial permeability transition pore (mPTP) opening (**Figure 6**). Pretreatment with **IPTC** led to a dramatically increased colocalization of yellow puncta [double positive, MitoProbe+ (red fluorescence)/GFP-LC3+ (green fluorescence)] per cell in H9C2 cardiomyocytes (row 5, **Figure 5A**), suggesting that mitophagy is activated after **IPTC** treatment. Thus, the ROS-producing mitochondria could be effectively removed thereby protecting cells against further damage induced by H/R. **IPTC**-pretreated cells revealed a level of mitophagy comparable to that of rapamycin-treated cells (row 4, **Figure 5A**).

Autophagy has been recognized as an important cell survival process in the experimental model of cardiac I/R injury. However, following acute ischemic injuries, basal levels of autophagy may be overwhelmed, which may eventually lead to cardiomyocyte death. It is important to identify specific chemical modulators of autophagy that can be used to modulate autophagy *in vivo*. Rapamycin has been reported to enhance mitophagy and reduce apoptosis after spinal I/R injury [66]. In addition, it has been reported that spermidine could promote autophagy through the AMPK/mTOR pathway thereby alleviating myocardial injury. Interestingly, spermidine's anti-oxidative stress and anti-inflammatory properties also contribute to the reduction of cardiac dysfunction induced by myocardial infarction [67]. Because of the complex interplay between ROS signaling and autophagy modulators [68] [69] in AMI, identification of the optimal combination of autophagy modulators and antioxidants to improve cardiac function after AMI remains a challenge. In our present study, we demonstrated that **IPTC**-pretreated cardiac cells could significantly inhibit mPTP opening, a process that is critical in reperfusion injury and heart failure. This unique feature is likely achieved by its dual function (a combined modulation of autophagy and ROS production). When **IPTC** is incubated with cells, a dynamic equilibrium is established between the three forms of **IPTC** that is highly dependent on the cellular “redox status”. The reduction rates of **IPTC-NO•** in normal and inflammatory cells differ because their redox statuses are quantitatively different. In hypoxic inflammatory cells, the nitroxide form (**IPTC-NO•**) is rapidly reduced to its corresponding hydroxylamine form (**IPTC-NOH**). In oxygen-rich normal cells (i.e. cardiomyocytes), the nitroxide moiety of **IPTC** remains in the oxidized form (**IPTC-NO•**).

Our *in vitro* studies provide further evidence that cytoprotection associated with **IPTC** may correlate with its dual function (antioxidant and mitophagy-inducing potential), which originates from the unique kinetic equilibrium capacities of its three forms, the nitroxide form (**IPTC-NO•**), oxoammonium pair (**IPTC-NO<sup>⊕</sup>**) and hydroxylamine form (**IPTC-NOH**). In theory, the unique self-replenish property of **IPTC** can enable cells never run out of antioxidants. The cellular redox process can be continuously balanced via reversible one-electron transfer reactions. Thus, under redox-balanced microenvironment, the mitochondria can constantly undergo damage repair, whereas severely damaged mitochondria will be degraded and recycled by **IPTC**-triggered mitophagy. Our proposed molecular mechanism of **IPTC** is presented graphically in **Figure 7**. Currently, we are working on transitioning these *in vitro* studies to the examination of the cardioprotective effect of **IPTC** in an *in vivo* model of myocardial I/R injury.





**Figure 7. IPTC can put out a “fire” in the heart mitochondria.** The initial mtROS generated during hypoxia (A) can induce neighboring mitochondria to release more ROS (B), the so-called “ROS triggered ROS to release”. Thus, vast mitochondrial damage overwhelms autophagosomes and their capacity to remove damaged mitochondria. During hypoxia/reoxygenation (H/R), nitroxide metabolism occurs constantly via the reduction of the nitroxide form (IPTC-NO•) to hydroxylamine (IPTC-NOH). IPTC-NO•, having a single unpaired electron, can continuously undergo redox transformations between the one-electron oxidized state, the oxoammonium cation (IPTC-NO<sup>+</sup>), and the one-electron reduced IPTC-NOH. Under the balanced redox microenvironment (C), the mitochondria undergo constant damage repair through mitochondrial dynamics, whereas severely damaged mitochondria will be degraded and recycled through IPTC-induced mitophagy. 3D surface plot of the mitochondria of the cardiac cells co-stained with MitoProbe (red fluorescence) and MitoTracker (green fluorescence) subjected to H/R in the absence (D) and presence (E) of IPTC.

## 5. Conclusions

Pre-treatment with a novel multifunctional agent, IPTC, was found to ameliorate increased ROS levels and weakened mitophagy induced by H/R, suggesting induction of mitophagy in an adaptive manner that may mitigate mitochondrial oxidative stress. We propose that the protective effects of IPTC originate from a synergistic effect between mitophagy maintenance combined with the capacity to maintain homeostasis of mitochondria.

drial ROS contents. Our study presents a novel molecular approach that synergizes autophagy with mitochondrial function to prevent ischemic/reperfusion damage to cardiomyocytes.

**Author Contributions:** Conceptualization, K.G.M. and L.B.; methodology and investigation, L.B.; X.G.; X.Y. S.H.; S.J.; X.G.; X.Y.; S. J., and K.G.M. data analysis, L.B.; X.G.; X.Y.; S. H.; S. J., and K.G.M. writing, reviewing and editing; L.B.; funding acquisition. All authors have read and agreed to the published version of the manuscript.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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