

## Article

# Folic acid exerts dose-dependent biphasic effects on cardiac development of zebrafish embryos

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**Simple Summary:** Folic acid is an essential vitamin for human beings. It has become a consensus to supplement folic acid during pregnancy. It is reported that 15% ~ 20% of people in the world supplement folic acid excessively. We found that excessive folic acid supplementation or insufficient folic acid intake in zebrafish could lead to abnormal heart development of zebrafish embryos. We elucidated the mechanism of folic acid on early cardiac development for the first time. These results provide a scientific basis for the important reasonable supplement of folic acid. At the same time, we constructed zebrafish mutants with abnormal folate metabolism, which provides a novel biological model for the study of folate metabolism.

**Abstract:** Folic acid, one of the 13 essential vitamins, plays an important role in cardiovascular development. Mutations in folic acid synthesis gene 5,10-methylenetetrahydrofolate reductase (*MTHFR*) is significantly associated with the occurrence of congenital heart disease. However, the mechanisms underlying the regulation of cardiac development by *mthfr* gene are poorly understood. Here, we exposed zebrafish embryos to excessive folate or folate metabolism inhibitors. And we established a knock-out mutant of *mthfr* gene in zebrafish by using CRISPR/Cas9. The zebrafish embryos of insufficient or excessive folic acid, and *mthfr*<sup>-/-</sup> mutant all gave rise to early pericardial edema and cardiac defect at 3 days after fertilization(dpf). Furthermore, the folic acid treated embryos showed abnormal movement at 5dpf. The expression levels of cardiac marker genes *hand2*, *gata4* and *nppa* changed in the abnormality of folate metabolism embryos and *mthfr*<sup>-/-</sup> mutant, and there is evidence that they are related to the change of methylation level caused by the change of folate metabolism. In conclusion, our study provides a novel model for the in-depth study of *MTHFR* gene and folate metabolism. And our results reveal that folic acid has a dose-dependent biphasic effect on early cardiac development.

**Keywords:** *mthfr*; folic acid; heart development; zebrafish; CRISPR/Cas9

**Note:** Authors are encouraged to provide a **Graphical Abstract** as a self-explanatory image to appear alongside with the text abstract in the Table of Contents. Figures should be a high-quality image in any common image format, and must be different from other figures in the main text. Note that images displayed online will be up to 11 by 9 cm on screen and the figure should be clear at this size.

## 1. Introduction

Folic acid plays a vital role in cardiovascular development as it is an important vitamin necessary for methylation reaction, nucleotide synthesis and maintaining homocysteine at non-toxic level [1]. Insufficient folate metabolism will lead to methionine circulation obstruction and Hyperhomocysteinemia (Hhcy) [2]. Hhcy is an independent risk factor for congenital heart disease (CHD) [3]. Some studies have shown that folic acid deficiency can also affect development of brain, liver and other organs, leading to the occurrence of various diseases [4,5]. In the world, taking folic acid supplementation during pregnancy to prevent the occurrence of various congenital diseases has become a consensus. But there are still 15-20% of pregnant women due to the combined use of diet and folic acid supplements, resulting in 1-4 times the dose of excessive folic acid supplementation [6,7]. Therefore, it is very important to evaluate the effects of folic acid deficiency and excess on organ development.

Low folate intake during pregnancy and a common genetic variation in folate metabolism (methylenetetrahydrofolate reductase (MTHFR), 677C > T, about 15% homozygous and 20% heterozygous in Caucasians, about 17% homozygous and 23% heterozygous in Northern Chinese) can lead to varying degrees of fetal dysplasia [8,9]. MTHFR is one of the key enzymes in folate pathway and methionine metabolism. Under the action of methylenetetrahydrofolate reductase and methionine synthetase reductase (MTRR), folate participates in two important aspects of metabolism in human body. Folic acid can add the chemical group of "one carbon unit" to the harmful homocysteine, thus reducing the level of Hcys in plasma [2]. It is very necessary to study the regulation of folic acid on early biological development.

The metabolism of folic acid includes the transformation of exogenous folic acid into 5-methyltetrahydrofolate (5-MTHF) and the methylation of 5-MTHF into Hcys [10,11]. As a carrier of one carbon unit, folic acid mediates the transfer of one carbon unit in the form of coenzyme in the process of amino acid metabolism and mutual transformation between methionine and Hcys [12,13]; These reports indicate that folic acid plays an important role in the early development of biological organs, especially in the development of neural tube. However, it is still unclear whether the excessive and deficient folate will affect the development of heart and the mechanism of folate affecting the development of organs including heart.

In this study, we used different concentrations of folic acid and folic acid inhibitor methotrexate to treat zebrafish embryos. We aim to explore the effects of excessive or insufficient folic acid supplementation on early heart development of zebrafish embryos. A zebrafish knock-out model of *MTHFR* gene was constructed by CRISPR/Cas9 technology to determine the dose base biphasic effect and mechanism of folic acid in early embryonic heart development. This study broadens our understanding of the potential function of *MTHFR* gene and deepens the current understanding of the relationship between folate and early heart development.

## 2. Materials and Methods

### 2.1. Zebrafish maintenance and care

The adult AB wild type zebrafish maintained at 28.5 °C in the dark cycle of 14h / 10h light. Five to six pairs of zebrafish mate naturally. An average of 200-300 embryos were produced each time. Embryos were stored, washed and graded in E3 medium (5 mM NaCl, 0.17 mM KCl, 0.33 mM CaCl<sub>2</sub>, 0.33 mM MgSO<sub>4</sub> dissolved in re distilled water) at 28.5 °C. All handling of fishes was carried out in accordance with the guidelines on the care and use of animals for scientific purposes set up by the Institutional Animal Care and Use Committee (IACUC) of the Shanghai Ocean University (SHOU), Shanghai, China. This research was approved by the IACUC (IACUC 20171009) of SHOU.

### 2.2. Microinjection of zebrafish embryos with CRISPR/Cas9 Knock-out

The full-length codon-optimized Cas9 plasmid was obtained from Xiong' lab [14] sgRNAs were designed against the *methfr* gene (ENSDARG00000053087) using the CRISPR design tool (<http://crispr.mit.edu/>) [15]. The target was designed as Exon2 5'-GGTGAAC-CAAAGAGCTGACG-3'. The sequence of primers was as follows Primers forward 5'-GGGGTAATGCTGCCAACTGA-3' Primers reverse 5'-GATTGACCGCTCCAGACGAT-3'. Using protocol of message machine® T7 ultra Kit (Thermo Fisher Scientific, USA, AMB13455) was transcribed in vitro to synthesize cas9 mRNA, and maxiscript7 was used to transcribe in vitro, and then sgRNA was obtained by LiCl/ethanol precipitation. At the single cell stage, embryos were injected with 1nl solution containing 80ng/μl *methfr*-sgRNAs and 400ng/μl cas9 protein. Then the injected embryos were cultured in E3 medium.

### 2.3. *In situ* hybridization

Whole mount in situ hybridization (WISH) was performed as previously described by Zu et al [16]. Primers used for antisense probe synthesis were listed in supplementary Table S1.

### 2.4. Quantitative Real-time PCR

Total RNA was extracted by homogenizing 30 embryos in Trizol reagent (Invitrogen, USA, 15596-026), followed by standard reverse transcription. Using SYBR® Green Master Mix (Thermo Fisher, USA, A25742) was used for quadruplicate real-time PCR. Primer sequences are listed in the supplementary table S2. β-actin was used to standardize the gene level. The change of multiple was calculated by 2<sup>-ΔΔ</sup> method. Statistically significant difference was defined as the P < 0.05 threshold of student's T test.

### 2.5. Behavioral test

Behavioral tests were performed at 5dpf and recorded using Danio vision system (Noldus information technology company, Wageningen, the Netherlands). Zebrafish were divided into wild type, MTX antagonistic and folic acid excess group. Embryos were collected and placed in a 24 well E3 medium. After 15 minutes of indoor adaptation, 10 minutes of exercise were recorded. Digital tracks and heat maps were generated using the Ethovision® XT 11.5 software (Noldus). The above measurements are made in triplicate.

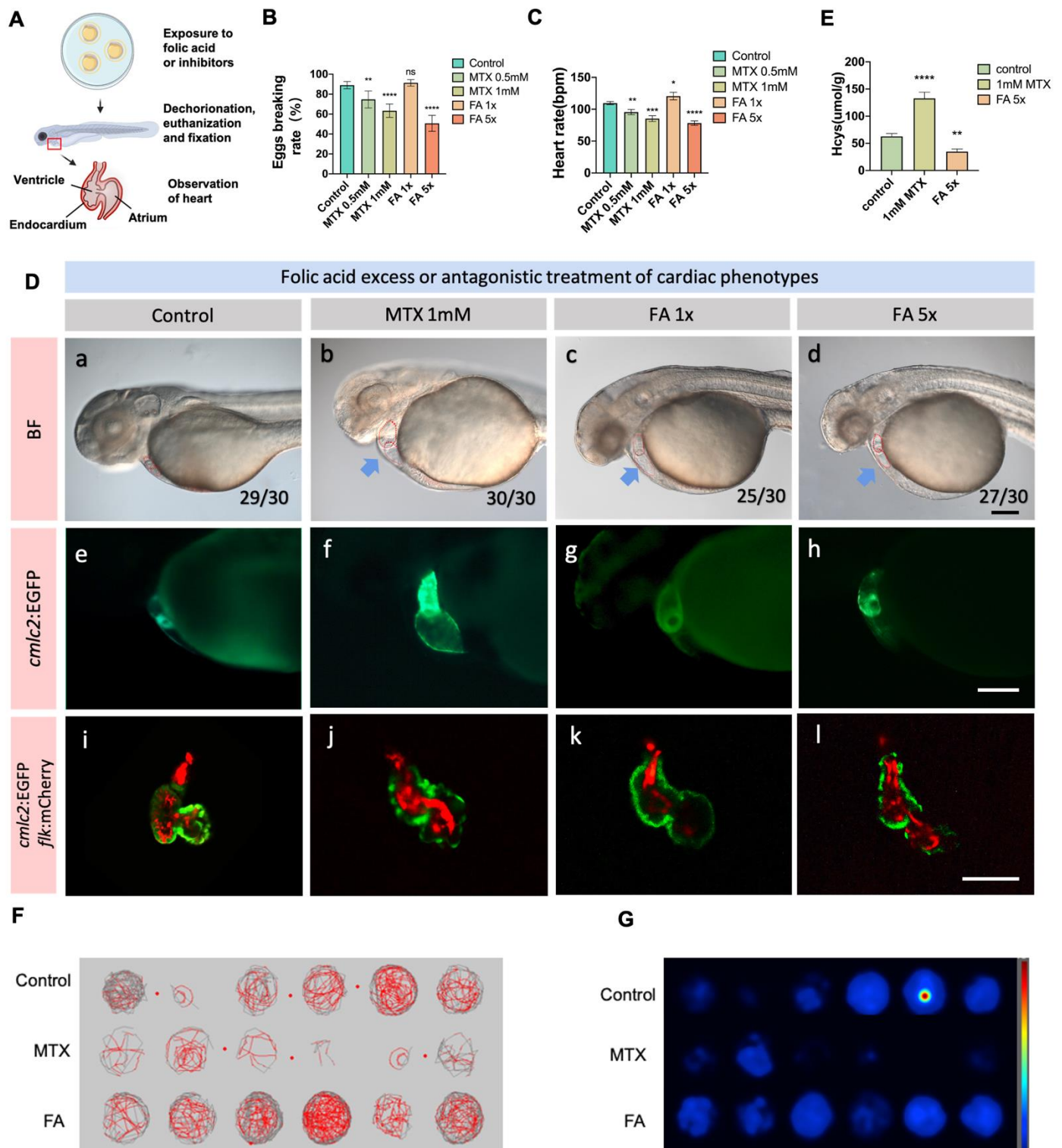
### 2.6. Assessment of DNA methylation level

Bisulfite sequencing PCR (BSP) was used to verify the change of DNA methylation level. Genomic DNA was treated with bisulfite according to the operation manual of EZ DNA methylation gold® Kit (Zymo, USA, d5005). The primers of bsp-pcr were designed by methprimer (<http://www.urogene.org/cgi-bin/methprimer/methprimer.cgi>). The primer sequence is in the supplementary table. DNA fragments were cloned and sequenced by trans1-t1 competent cells. BIQ analyzer software was used to analyze the sequencing results.

## 3. Results

### 3.1. Folic acid has biphasic effects on early heart development in zebrafish

We evaluated cardiac development in transgenic zebrafish Tg(*cmlc2:EGFP*; *krdl:mCherry*) embryos using fluorescent labeling to investigate the role of exogenous folate in cardiac development after normal neural tube closure (Fig. 1A). Embryos were



**Figure 1.** Folate excess and folate deficiency can lead to different degrees of abnormal development of cardiac physiological function and abnormal metabolism of homocysteine. (A) Treatment of zebrafish embryos with folic acid and folic acid inhibitors. (B) The rate of membrane rupture of zebrafish embryos treated with folic acid and folic acid inhibitor was statistically analyzed. (\*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ , \*\*\*\*  $p < 0.0001$ , ns: no statistical difference) (C) The rate of membrane rupture of zebrafish embryos treated with folic acid and folic acid inhibitor was statistically analyzed. (D) The phenotypes of zebrafish 3dpf embryonic heart after different concentrations of folic acid and MTX inhibited folate metabolism pathway were demonstrated. a-d is the view under light microscope, e-h is *cm/c2:EGFP* labeled cardiac fluorescence image, i-l is *cm/c2:EGFP* and *flk:mCherry* Co labeled confocal images of the heart. Scale bars: 100 $\mu$ m. (E) High homocysteine content



in zebrafish of different groups. (F) Digital tracks of larvae from wildtype (WT), MTX and FA 1x groups at 5 dpf. (G) Heat maps of the digital tracks F.

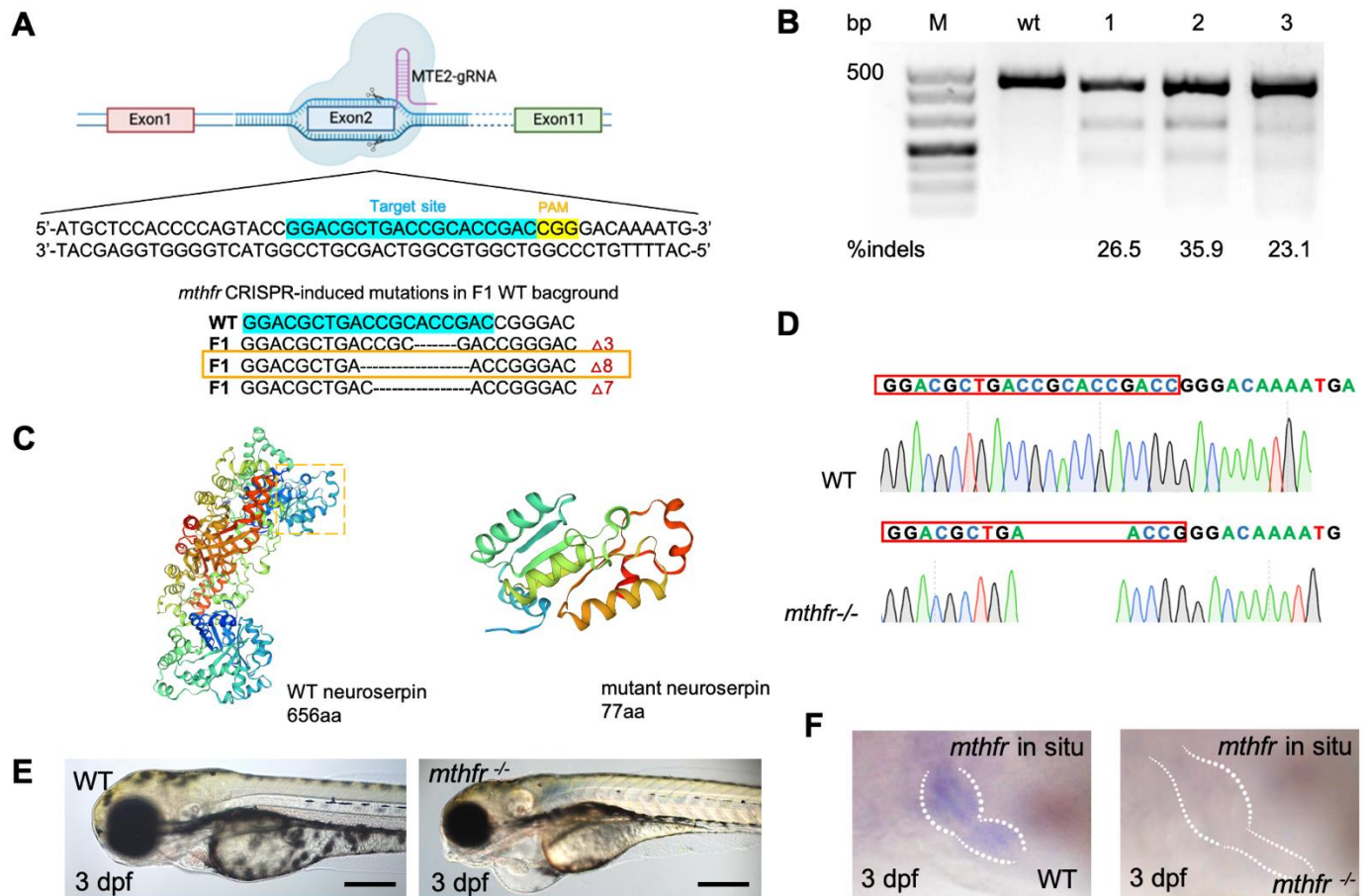
kept in E3 medium and exposed to inhibitors methotrexate (MTX) and different doses of folic acid. Therefore, the exposure time was 16 hpf to 36 hpf. We set up five groups of exposure, namely control group, 0.5 mM and 1 mM MTX, recommended [7] dose of folic acid (FA 1x,1mM) and five times excess dose of folic acid (FA 5x,5mM). There were 30 embryos in each group, and three biological repetitions were set. At the end of exposure, the 36 hpf eggs breaking rate of zebrafish embryos was counted. With the increase of antagonist and folic acid dosage, the normal membrane breaking rate of zebrafish embryos decreased (Fig. 1B). The heart rate of zebrafish embryos decreased with the use of antagonists and excessive folic acid (Fig. 1C). These results show that excessive folic acid supplementation and use of antagonists can lead to delayed embryonic development of zebrafish.

The cardiac development of zebrafish was observed at 36 hpf. The results showed that folic acid inhibitor could make the pericardial cavity of zebrafish embryos swell and the ventricles expand in different degrees. Excessive folic acid can make zebrafish embryo atria and ventricles elongate and heart looping abnormal (Fig. 1D f,g,h). These results suggest that both folic acid deficiency and folic acid excess can lead to abnormal cardiac development in zebrafish embryos, which is usually positively correlated with the dose. Confocal images showed that zebrafish heart looping was abnormal after different gradients of folic acid and MTX folic acid antagonist treatment. At the same time, the structure of cardiac chamber also changed, and the thickness of myocardial wall also changed more and more obviously with the change of treatment dose (Fig. 1D j,k,i). The cardiac development of zebrafish was observed at 36 hpf. The results showed that folic acid inhibitor could make the pericardial cavity of zebrafish embryos swell and the ventricles expand in different degrees. Excessive folic acid can make zebrafish embryo atria and ventricles elongate and heart looping abnormal (Fig. 1D f,g,h). These results suggest that both folic acid deficiency and folic acid excess can lead to abnormal cardiac development in zebrafish embryos, which is usually positively correlated with the dose. Confocal images showed that zebrafish heart looping was abnormal after different gradients of folic acid and MTX folic acid antagonist treatment. At the same time, the structure of cardiac chamber also changed, and the thickness of myocardial wall also changed more and more obviously with the change of treatment dose (Fig. 1D j,k,i).

### 3.2. Deficiency of folic acid metabolism in zebrafish embryos leads to significant increase of Hcys content

The content of Hcys in zebrafish embryos of different treatment groups was determined. The results showed that insufficient folate metabolism would lead to significant increase of Hcys content. However, excessive folic acid supplementation can keep Hcys at a low level (Fig. 1E).

We observed abnormal behavior changes in zebrafish treated with folic acid or *methfr* mutant. behavior tests are also carried out at 5dpf. The digital trajectory and the corresponding heat map are shown in figures 1F and G (Fig. 1F-G). Compared with wild-type embryos, the movement distance and average velocity of *methfr*<sup>-/-</sup> mutant embryos were observed (Fig. S1). Mobility is the percentage of the completed area (Fig. S1 C). Zebrafish showed decreased movement state are similar to human Hyperhomocysteinemia. Different concentrations of folate were used in HEK293T cells and detected by luciferase reporter gene system. We found that the change of folate content can also cause the change of some genes related to cardiac development regulation (Fig. S2).



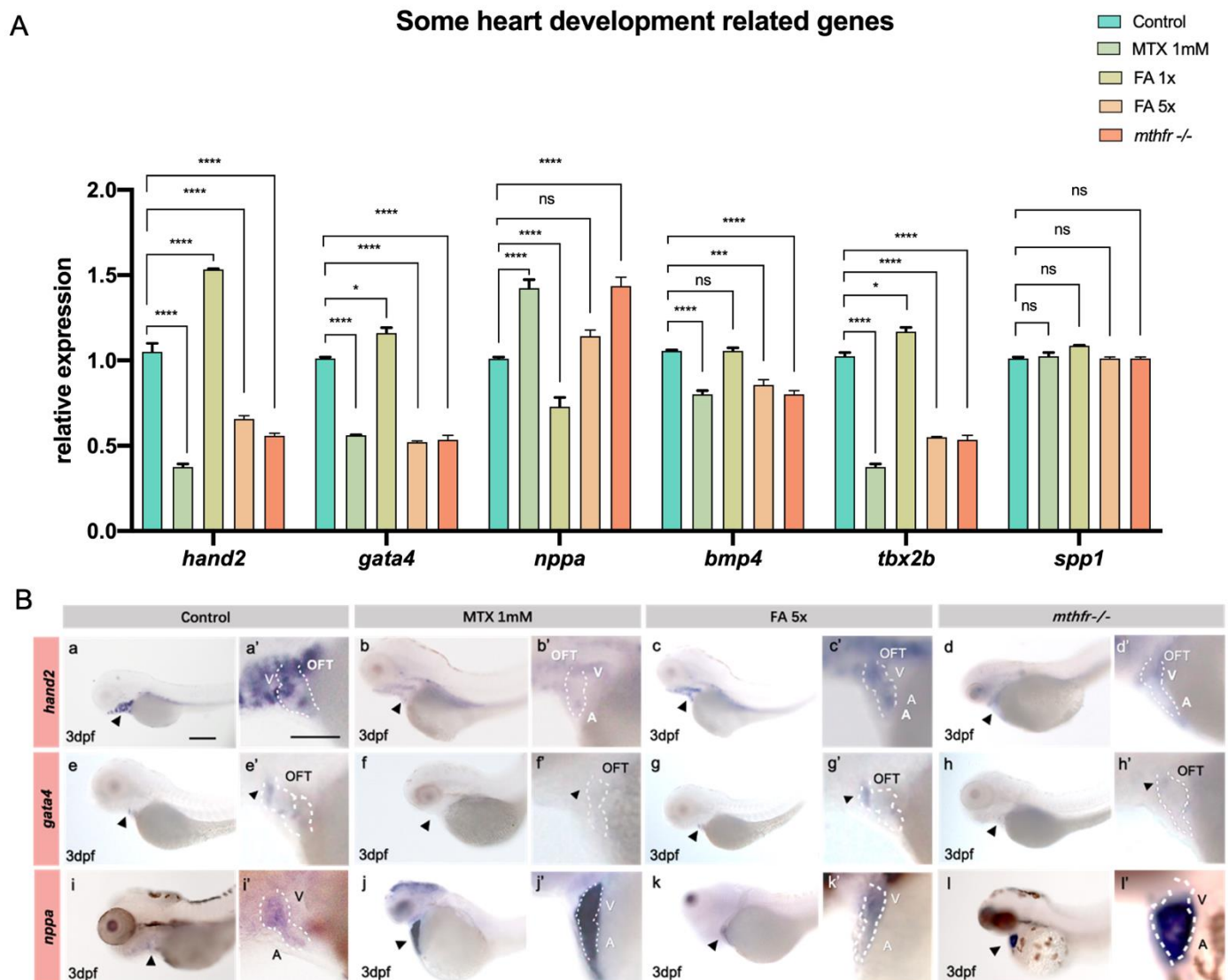
**Figure 2.** Generation of *mthfr* mutant using the CRISPR/Cas9 system. (A) Design of sgRNA target in exon 2 of zebrafish *mthfr* gene. The mutation type of code shift selected by orange frame is selected finally. (B) Two short DNA fragments were obtained by T7E1 digestion. In the control group, 437 bp fragment was amplified from wild-type embryos with the same set of primers. (C) The predicted truncation of Mthfr protein. (D) Sequencing map of homozygous zebrafish adults. (E) Bright-field views of *mthfr*<sup>-/-</sup> zebrafish showed Pericardial enlargement, ventricular enlargement and abnormal heart looping. Scale bars: 500µm. (F) The results of in situ hybridization showed that the expression of *mthfr* gene in homozygous mutant zebrafish was changed.

### 3.3. CRISPR/Cas9 mediated *mthfr* gene knock-out model in zebrafish

We constructed the *mthfr* gene knock-out mutant by using CRISPR/Cas9 in zebrafish. *mthfr* gene was knocked out by a specific sgRNA target on exon 2 (Fig. 2A). Microinjection of *mthfr* sgRNA binding Cas9 protein into the fertilized single-cell embryos was performed. RT-PCR was performed 2 days after fertilization to verify the indels of exon 2 of *mthfr* transcript in the injected embryos. The results showed that the injection of *mthfr* knock-out gRNA resulted in the indels of exon 2. One fragment was amplified with primers spanning the exon 2 gRNA sequence of *mthfr*, and two shorter DNA fragments were obtained by T7E1 digestion. In the control group, a 437 bp fragment was amplified from wild-type embryos (Fig. 2B). Sequencing of PCR products confirmed that the exon 2 of *mthfr* knock-out injected embryo transcript had several base pairs deletion. The genome editing efficiency of several *mthfr* sgRNA targeting different sites was compared, and the one with the highest efficiency for exon 2 was selected. It is predicted that the 8bp frameshift deletion will produce premature stop codon, which will truncate the protein of 77 amino acids (aa) compared with 656aa full-length Mthfr protein (Fig. 2C). The *mthfr* fish carrying 8bp deletion was hybridized to obtain homozygous *mthfr* fish whose genotype was determined by sequencing (Fig. 2D). Compared with wild-type zebrafish embryos, *mthfr*<sup>-/-</sup> mutant zebrafish embryos have obvious abnormal cardiac development.

Pericardial enlargement, ventricular enlargement and abnormal heart looping were found (Fig. 2E).

In situ hybridization showed that *methfr* gene was expressed at 3dpf wild-type zebrafish heart. The expression of *methfr* gene decreased significantly in *methfr*<sup>-/-</sup> mutant. (Fig. 2F-G). Real qPCR experiment showed that the expression of *methfr* gene increased at 6hpf, then decreased and stabilized at 12 hpf (Fig. S3 A). In situ hybridization confirmed that *methfr* was widely expressed in zebrafish embryos, including heart, brain, optic nerve and liver. It is strongly expressed in the heart (Fig. S3 B). These results indicate that *methfr* gene is involved in folate metabolism and plays an important role in early embryonic development of zebrafish. After 16hpf neural tube closure [17], *methfr* gene is still involved in the later organ development.

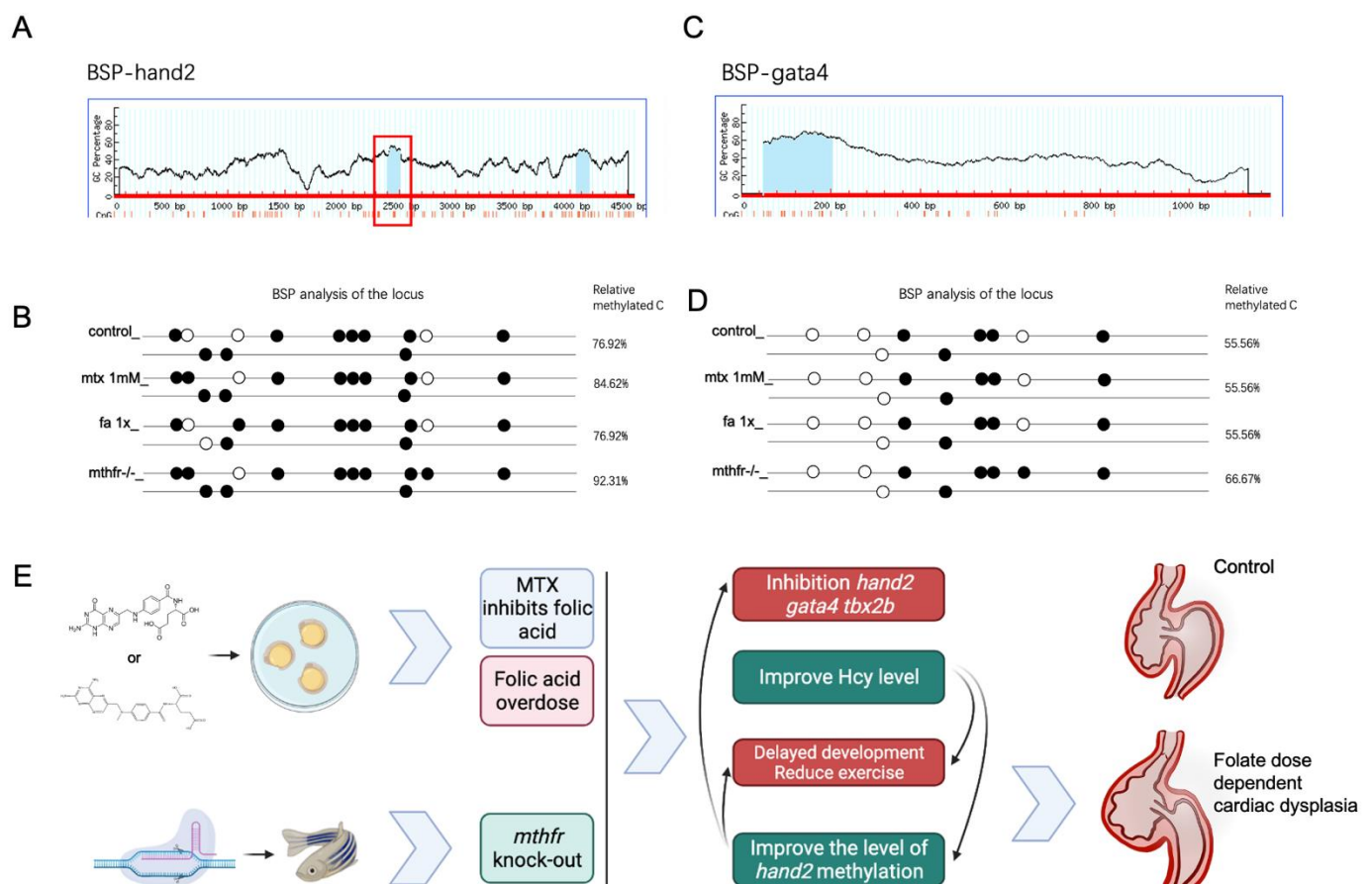


**Figure 3.** Abnormal folate metabolism results in changes of zebrafish embryo heart development gene expression. (A) Results of Q-PCR for *hand2*, *nkx2.5*, *gata4*, *bmp4*, *tbx2b*, *spp1*, *hoxb1a*, *nppa* in the embryonic heart of zebrafish in each group. (Student -t test, \*  $p < 0.05$ , \*\*  $p < 0.01$ , \*\*\*  $p < 0.001$ , \*\*\*\*  $p < 0.0001$ , ns: no statistical difference). (B) In situ hybridization showed the expression of *hand2*, *gata4*, *nppa* in different groups of 3dpf zebrafish embryonic heart. A: atria V: ventricle OFT: outflow tract. n=3. Scale bars: 200 $\mu$ m.

### 3.4. Folic acid deficiency and excessive supplement lead to the changes of heart related genes.

The expressions of *hand2*, *gata4*, *nppa*, *bmp4*, *tbx2b*, *spp1* in the heart of zebrafish embryos at 3dpf were detected semi quantitatively by Q-PCR. Compared with the untreated control group, the changes of folate supplement and the expression of genes related to heart development in *methfr*<sup>-/-</sup> mutant embryos were different (Fig. 3A).

According to the results of Q-PCR and the previous abnormal phenotype of heart, selected *hand2*, *gata4* and *nppa* as the key genes of heart development and indicators for in situ hybridization. In wild-type zebrafish embryos, *hand2* was expressed in the AVC(A-V canal) of the heart at 3dpf (Fig. 3Ba). The expression of *hand2* in zebrafish embryonic heart was decreased in folic acid antagonistic treatment group, folic acid excess supplement group and *methfr*<sup>-/-</sup> mutation group (Fig. 3Bb-d). In wild-type zebrafish embryos, *gata4* was strongly expressed in cardiac outflow tract (OFT) and AVC (Fig. 3Be). Similarly, the expression of *gata4* gene decreased with the metabolism of folic acid (Fig. 3Bf-h). This is consistent with the Q-PCR expression trend of *hand2*. In zebrafish embryonic heart, *nppa* gene expression was up-regulated with the decrease of folate metabolism (Fig. 3Bi-l).



**Figure 4.** Effects of folic acid on partial gene methylation in zebrafish embryos. (A) The CpG island of *hand2* gene for BSP experiment was predicted and selected. (B) Zebrafish embryos with different folate metabolism groups BSP analysis of the locus of *hand2*. (C) The CpG island of *gata4* gene for BSP experiment was predicted and selected. (D) Zebrafish embryos with different folate metabolism groups BSP analysis of the locus of *gata4*. (E) The schematic diagram of the dose-dependent biphasic effects mechanism of folic acid on zebrafish heart development.

### 3.5. The abnormal methylation of *hand2* and *gata4* were caused by folate metabolism changes

Epigenetic regulation of gene expression involves many processes[18]. We used bisulfite sequencing (BSP) to verify that abnormal folate metabolism can change the methylation level of *hand2* gene. BSP primer sequence was designed by predicting the CpG island of *hand2* gene promoter (Fig. 4A). The results showed that folate inhibition and



abnormal folate metabolism caused by *mthfr*<sup>-/-</sup> mutation could increase the methylation level of *hand2* gene (Fig. 4B). The increase of promoter methylation level can inhibit the expression of *hand2* in zebrafish early embryonic development. Compared with the effect of folic acid on the methylation level of *hand2* gene, the change of folic acid content had no significant effect on the methylation level of *gata4* gene. Only in *mthfr*<sup>-/-</sup> mutant, the methylation level of *gata4* gene was slightly up-regulated (Fig. 4D). Based on the existing results, the effect of folic acid dose-dependent two-way effect on zebrafish heart development is shown in Figure 4E.

#### 4. Discussion

This study found that excessive or insufficient folate can lead to abnormal heart development, and *mthfr* gene is one of the key genes. We selected 16 hpf as the initial period of folic acid or MTX exposure. At about 16 hpf, the neural tube of zebrafish closed normally [19]. At 24 hpf, the original cardiac tube was formed by the differentiation of cardiac cells. At 36 hpf, the differentiation of atria and ventricles was basically completed, and cardiac morphogenesis and torsion completed the development of cardiac looping [20,21]. Although it has been reported that *MTHFR* gene is closely related to folate metabolism, DNA synthesis and methylation [22], and it has been recognized that folic acid supplementation during pregnancy is beneficial to fetal development, but the mechanism of *MTHFR* gene mutation leading to cardiac dysplasia and increased risk of congenital heart disease is still unclear. We have constructed a zebrafish strain with *mthfr* knock-out, which provides a novel model for exploring the function of *mthfr* in the development of various organs, folate metabolism and DNA methylation of zebrafish early embryos.

Folic acid deficiency could lead to the increase of Hcys. Interestingly, excessive folate supplementation also led to similar phenotypes and gene expression changes in zebrafish embryos as folate deficiency. Previous studies have shown that folic acid is converted into 5-methyltetrahydrofolate (5-MTHF) in vivo and 5-MTHF enters the methylation reaction of Hcys [23]. Hhcy is an independent risk factor for cardiovascular disease. Hhcy can lead to fatigue, emotional changes and reduced exercise status [24]. However, excessive folic acid did not increase Hcys. These results suggest that folic acid supplementation can lead to changes in the expression of genes related to cardiac development, but it does not affect the cycle of one carbon unit and the transformation process of folic acid to active folic acid. Studies have shown that the combined effect of genetic and environmental factors may be the main cause of congenital heart disease [21]. The development of heart is a complex process, many factors participate in the regulation of heart development. The disorder of these factors can cause the abnormal development of the heart. *hand2*, *gata4*, *nppa*, *bmp4*, *tbx2b*, *spp1* genes expressed in Second heart field, cardiac chamber and atrioventricular septum are very important for early cardiac development [25]. In this study, the expression of *hand2*, *gata4*, *bmp4*, *tbx2b*, *nppa* showed a dose-dependent change of folic acid. Except *nppa*, the change trend of these gene expression is consistent. In addition, excessive folate treatment and folate inhibitor treatment led to down-regulation of gene expression. The results of these in situ hybridization experiments were consistent with the previous results of Q-PCR. This proves that folate excess and deficiency have a biphasic dose-dependent relationship with some genes related to heart development and folate metabolism.

In addition, from the previous Hcys results and behavioral experiments, we found that the increase of exogenous folate could make zebrafish more active. Q-PCR results and in situ hybridization data revealed that the expression of *mthfr* gene, *hand2* and other cardiac development related genes were more stable and balanced due to the normalization of folate cycle. The homocysteine level in zebrafish tends to be normal. Therefore, the heart development of zebrafish embryos tends to be normal. This also explains why abnormal folate metabolism leads to decreased heart rate and increased signs of heart failure.

As S-adenosylmethionine (SAM) is the most common methyl donor of DNA methylation, it can directly affect the degree of DNA and protein methylation, thus causing apparent genetic disorder [26]. Folic acid acts as the carrier of one carbon unit in the process of amino acid metabolism and the mutual transformation of methionine and Hcys and mediates the transfer of one carbon unit in the form of coenzyme. SAM involved in folate cycle, will also be generated during folate cycle. In this study, we determined that folic acid deficiency could increase the methylation level of *hand2* gene promoter. The addition of folic acid can keep DNA methylation at a stable level.

Overall, we constructed a novel *methfr* zebrafish mutation model and found the first time that insufficient or excessive folic acid intake can lead to changes in gene expression during early cardiac development of zebrafish embryos. Abnormal folate metabolism can lead to abnormal metabolism of Hcys and abnormal methylation of some genes in zebrafish. These results will increase the risk of all kinds of congenital diseases, including congenital heart disease. It has been proved that excessive folic acid supplementation has a negative effect on the early development of organisms. Folic acid has a dose-dependent biphasic effect on organism development.

## 5. Conclusions

Folic acid has biphasic effects on early heart development in zebrafish. The differential expression of cardiac development related genes is related to folate. Abnormal folate metabolism changes the methylation level of *hand2* and *gata4* promoters.

**Supplementary Materials:** The following are available online at [www.mdpi.com/xxx/s1](http://www.mdpi.com/xxx/s1), Figure S1: Behavioral data analysis in zebrafish embryos caused by abnormal folate metabolism, Figure S2: Different concentrations of folate were used in HEK293T cells and detected by luciferase reporter gene system, Figure S2: *methfr* gene is widely expressed in zebrafish embryos and qPCR data at different developmental stages, Table S1: Primers used for antisense probe synthesis, Table S2: Primers that were used for Quantitative Real-time Polymerase Chain Reaction Video S1: *methfr* homozygous mutant zebrafish phenotype video.

**Author Contributions:** Conceptualization, Y.Z., X.H.; methodology, X.H.; software, X.H.; validation, X.H. and B.W.; formal analysis, X.H.; investigation, X.H.; resources, X.H.; data curation, X.H. and H.W.; writing—original draft preparation, X.H. and Y.Z.; writing—review and editing, X.H., Y.Z. and H.W.; visualization, X.H.; supervision, Y.Z.; project administration, X.H. and Y.Z.; funding acquisition, Y.Z. All authors have read and agreed to the published version of the manuscript.

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**Institutional Review Board Statement:** All handling of fishes was carried out in accordance with the guidelines on the care and use of animals for scientific purposes set up by the Institutional Animal Care and Use Committee (IACUC) of the Shanghai Ocean University (SHOU), Shanghai, China. This research was approved by the IACUC (IACUC 20171009) of SHOU.

**Informed Consent Statement:** Not applicable.

**Data Availability Statement:** All data needed to evaluate the conclusions in the paper are included in the paper and/or the Supplementary Materials. The plasmid system and fish lines used in this study are available from the corresponding author upon reasonable request.

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**Conflicts of Interest:** The authors declare no conflict of interest.

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