

Supplementary Materials

Table S1: Descriptive indicators of the population of Navarra, cohort 2012 to 2016 (≥ 18 years) stratified by sex.

		2012			2013			2014			2015			2016		
		Total	Females	Males	Total	Females	Males	Total	Females	Males	Total	Females	Males	Total	Females	Males
Population		473448	237856	235592	478917	240522	238395	483777	245394	238383	483825	245837	237988	483217	246037	237180
T2D Prevalence, n (%)		19603 (4,14)	8581 (3,61)	11022 (4,68)	20810 (4,35)	9081 (3,78)	11727 (4,92)	22763 (4,71)	9901 (4,03)	12862 (5,40)	24183 (5,00)	10506 (4,27)	13377 (5,75)	24394 (5,05)	10757 (4,30)	13817 (5,83)
18-34 Years		214 (0,17)	104 (0,17)	110 (0,17)	212 (0,18)	104 (0,18)	108 (0,18)	212 (0,18)	104 (0,18)	108 (0,18)	207 (0,18)	101 (0,18)	106 (0,19)	199 (0,18)	107 (0,20)	92 (0,17)
35 -44 Years		908 (0,90)	329 (1,10)	579 (0,90)	871 (0,85)	315 (0,65)	556 (1,05)	892 (0,87)	334 (0,67)	108 (1,06)	909 (0,90)	341 (0,69)	568 (1,09)	884 (0,89)	339 (0,70)	545 (1,07)
45 -54 Years		2576 (2,99)	832 (3,94)	1744 (2,99)	2642 (3,00)	866 (2,03)	1776 (3,92)	2730 (3,03)	901 (2,04)	1829 (3,98)	2853 (3,11)	950 (2,11)	1903 (4,08)	2833 (3,05)	956 (2,10)	545 (3,98)
55 -64 Years		4753 (7,38)	1652 (9,50)	3101 (7,38)	4884 (7,37)	1677 (5,14)	3207 (9,54)	5005 (7,30)	1699 (4,99)	3306 (9,59)	5034 (7,21)	1712 (4,92)	3322 (9,48)	5159 (7,21)	1763 (4,94)	1877 (9,47)
65 -74 Years		5455 (11,77)	2344 (13,89)	3111 (11,77)	5778 (11,89)	2403 (9,64)	3375 (14,27)	6491 (12,24)	2668 (9,69)	3823 (14,99)	6939 (12,58)	2785 (9,74)	4154 (15,64)	6937 (12,41)	2765 (9,55)	4172 (15,49)
75 -84 Years		4628 (12,64)	2544 (13,46)	2084 (12,64)	5006 (13,31)	2713 (12,64)	2293 (14,21)	5561 (14,91)	2901 (13,48)	2660 (16,86)	5822 (15,91)	2993 (14,19)	2829 (18,24)	5837 (15,96)	2972 (14,12)	2865 (14,45)
85 and over		1069 (7,44)	776 (6,55)	293 (7,44)	1471 (8,32)	1003 (8,69)	414 (7,55)	1872 (11,83)	1294 (12,00)	578 (11,48)	2419 (14,71)	1624 (14,54)	795 (15,07)	2545 (14,86)	1675 (14,46)	870 (15,67)
Age Mean (SD)	No T2D	47,87 (17,94)	49,03 (18,67)	46,70 (17,09)	48,47 (18,13)	49,63 (18,85)	47,30 (17,29)	48,60 (17,92)	49,71 (18,57)	47,44 (17,13)	48,94 (13,35)	47,44 (17,13)	47,79 (17,90)	49,76 (18,74)	50,86 (19,47)	48,62 (17,88)
	T2D	66,52 (12,74)	69,19 (13,07)	64,45 (12,07)	67,20 (12,87)	69,89 (13,26)	65,13 (12,16)	67,94 (12,97)	70,58 (13,35)	65,92 (12,29)	68,57 (13,15)	71,24 (13,56)	66,53 (12,46)	68,72 (13,14)	71,27 (13,63)	66,76 (12,40)
Low Income, (%)	No T2D	3,68	4,22	3,13	3,67	4,21	3,13	3,83	4,36	3,28	3,99	4,55	3,41	4,01	4,58	3,42
	T2D	4,57	5,56	3,79	4,72	5,85	3,85	4,83	6,12	3,84	5,09	6,36	4,12	5,26	6,47	4,34
% Obesity (BMI ≥ 30)	No T2D	25,15	23,82	26,65	24,95	23,65	26,43	24,41	23,06	25,96	24,20	22,86	25,74	23,96	22,63	25,51
	T2D	46,04	48,86	43,84	46,50	49,26	44,36	46,85	49,47	44,82	47,14	49,72	45,14	48,08	50,50	46,21
Current smoker (%)	No T2D	24,75	20,78	29,11	24,36	20,60	28,47	24,09	20,62	27,92	23,75	20,44	27,43	23,57	20,39	27,10
	T2D	17,01	8,76	23,50	17,04	9,17	23,16	16,79	9,46	22,48	16,40	9,25	21,94	16,85	9,79	22,29