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Safety of Dietary Camelina Oil Supplementation in Healthy, Adult Dogs

Scarlett Burron¹, Taylor Richards¹, Keely Patterson¹, Caitlin Grant², Nadeem Akhtar¹, Luciano Trevizan³, Wendy Pearson¹, and Anna Kate Shoveller ^{1*}

- Department of Animal Biosciences, University of Guelph, Guelph, ON N1G 2W1, Canada; sburron@uoguelph.ca; tricha16@uoguelph.ca; kpatte10@uoguelph.ca; akhatarn@uoguelph.ca; wpearson@uoguelph.ca; ashovell@uoguelph.ca
- 2 Department of Clinical Studies, University of Guelph, Guelph, ON N1G 2W1, Canada; grantc@uoguelph.ca
- ³ Departamento de Zootecnia, Universidade Federal do Rio Grande do Sul, Porto Alegre, Rio Grande do Sul 91540-000, Brazil; ltrevizan@ufrgs.com
- * Correspondence: ashovell@uoguelph.ca

Simple Summary: Dietary sources of omega-6 and omega-3 fatty acids are essential in canine diets and provide many health benefits. Camelina (*Camelina sativa*) is a low-input, high-yield oilseed crop that produces highly unsaturated oil (~90%), has a desirable omega-6 to omega-3 fatty acid ratio, and high concentrations of tocopherols. These attributes make camelina oil a potential alternative to other plant-based oil products for canine nutrition. In the current study, we evaluated the safety of dietary camelina oil supplementation over a 16-week period in dogs by assessing body weight, body condition score, food intake, and hematology and biochemistry analytes. Differences in results were minimal compared to dogs fed canola and flaxseed oil, which are regarded as safe for use in canine diets. Therefore, camelina oil can be considered safe for use in the nutrition of adult dogs.

Abstract: This study aimed to determine whether camelina oil is safe for use in canine diets, using canola oil and flax oil as controls as they are similar and generally regarded as safe (GRAS) for canine diets. Thirty privately-owned adult dogs of various breeds (17 females; 13 males), with an average age of 7.2 ± 3.1 years (mean ± SD) and body weight (BW) of 27.4 ± 14.0 were used. After a 4-week wash-in period using sunflower oil and kibble, dogs were blocked by breed, age, and size, and randomly allocated to one of three treatment oils (camelina (CAM), flax (FLX), or canola (OLA)) at a level of 8.2 g oil/100g total dietary intake. Body condition score (BCS), BW, food intake (FI), and hematological and select biochemical parameters were measured at various timepoints over a 16-week feeding period. All data were analyzed with ANOVA using PROC GLIMMIX of SAS. No biologically significant differences were seen between treatment groups for BW, BCS, FI, hematological and biochemical results. Statistically significant differences noted among some serum biochemical results were considered small and due to normal biological variation. These results support a conclusion that camelina oil is safe for use in canine nutrition.

Keywords: omega-3; omega-6; fatty acids; camelina oil, flaxseed oil; canola oil; canine nutrition

1. Introduction

Dietary sources of omega-6 linoleic acid (C18:2n-6; LA) and omega-3 alpha-linolenic (C18:3n-3; ALA) fatty acids are essential in canine diets, as dogs are not able to produce these fatty acids endogenously [1]. Omega-3 (n-3) fatty acids, in particular, have been shown to have many health-promoting outcomes, including cardioprotective effects [2-4], anti-inflammatory and immune modulating benefits [5-7], and improved skin and coat health properties [8,9]. Fish oils are a commonly used source of n-3 supplementation due to their high levels of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA), however, large-scale use of fish oil in canine diets is not an environmentally sustainable option long-term, leaving a need for plant-based oil alternatives [10-12]. Canola,

corn, soybean, and sunflower oil are commonly used plant-based lipid sources in the pet food industry, however, these oils have much higher levels of omega-6 (n-6) than n-3 fatty acids, with n-6:n-3 ratios of 58:0.7, 20.2:12, 57:7, and 65.7:0 respectively [12,13]. Flax oil does have a more desirable n-6:n-3 ratio (12.7:53.3) and has been shown to be beneficial in canine diets, though continuous cropping of flaxseed oil plants is rare in North America due to sensitivity to winter climates and disease or pests [12,14]. This leaves room in the market for another plant-based oil that can be easily cultivated and provide high n-3 inclusion while still being economically and environmentally sustainable.

Camelina (*Camelina sativa*), also known as false flax or gold of pleasure, is an oilseed plant of the Brassicaceae (mustard) family that can be grown in a variety of climates, seasons, and soil types due to its short growing season and tolerance to drought and low temperatures [15-18]. Camelina is known to be a low-input, high-yield crop that can perform favourably on poor soils and is resistant to many pests that affect other oilseed crops [19,20]. The camelina oilseed has a high oil yield (~40% oil and ~60% meal) and the resulting oil is highly unsaturated (~90%), has a desirable n-6 to n-3 ratio, and high concentrations of tocopherols [21]. Camelina meal has been approved as safe for use in broiler chickens, cattle fed in confinement for slaughter, and laying hens at an inclusion of up to 10% of the diet, as well as the use of camelina oil in fish feed [12,22].

The objective of this study was to determine the safety of camelina oil on canine health by comparing it to flaxseed oil (favourably high in n-3 fatty acids) and canola oil (commonly used in pet foods). Since camelina meal has already been approved as safe for use in many livestock species, and since flaxseed oil and canola oil are currently used and regarded as safe for use in canine diets, we hypothesized that there would be no negative effects of camelina oil supplementation in adult dogs on food intake (FI), body weight (BW), body condition score (BCS), and hematology and serum biochemistry analytes.

2. Materials and Methods

2.1. Animals, Health Assessment, and Housing

The present study was approved by the University of Guelph's Animal Care Committee (Animal Use Protocol # 4365) and in accordance with national and institutional guidelines for the care and use of animals. Thirty privately-owned, adult dogs of mixed breeds (17 females: 16 spayed, 1 intact; 13 males: 10 neutered, 3 intact), with an average age of 7.2 ± 3.1 years (mean \pm standard deviation, SD) and BW of 27.4 ± 14.0 were recruited to participate in the study. All dogs met the following inclusion criteria: clinically healthy on assessment, showing no abnormalities on routine biochemistry and complete blood count (CBC) blood tests, and having no known dietary allergies or skin conditions before being accepted to the study. Dogs were housed at the owner's homes, where they followed their usual daily routines.

2.2. Diets, Study Design, and Food Intake

All dogs were acclimated to a dry extruded commercial kibble (SUMMIT Three Meat Reduced Calorie Recipe, Petcurean, Chilliwack, BC, Canada) (Table 1), sunflower oil (SA Kernel-Trade, Kuiv, Ukraine) (Table 2), and treats (proximate analysis: metabolizable energy 3039 kcal/kg; crude protein minimum 65%; crude fat minimum 5.1%; crude fibre maximum 4.0%; moisture max 9.56%) (Beef Tendersticks, The Crump Group, Brampton, ON, Canada) over a 4-week wash-in period. During the wash-in period and throughout the study, daily portions of food, oil, and treats were pre-weighed by researchers and given to owners in two-week intervals to be offered to dogs daily at a frequency as determined by owners. In order to avoid the occurrence of lipid peroxidation, oil was mixed with food immediately before feeding. Leftover food was returned to researchers and subsequently weighed and recorded to calculate FI.

Table 1. Diet nutrient content of SUMMIT Three Meat Reduced Calorie Recipe on an as-fed basis and ingredient composition¹.

Nutrient Contents	Analyzed Content (As Fed Basis)
Moisture (%)	8.00
Crude Protein (%)	23.0
Nitrogen-Free Extract (%) ²	52.0
Crude Fibre (%)	2.80
Crude Fat (%)	9.00
Omega 6 (%)	2.00
Omega 3 (%)	0.83
Linoleic Acid (%)	1.90
DHA (%)	0.01
Ash (%)	7.10
Metabolizable Energy (kcal/kg) ³	3,613

¹ Chicken meal, whole brown rice, whole white rice, barley, oatmeal, chicken fat (preserved with mixed to-copherols), peas, lamb meal, salmon meal, natural chicken flavour, whole dried egg, sunflower oil, rice bran, flaxseed, dried kelp, dicalcium phosphate, potassium chloride, choline chloride, sodium chloride, calcium carbonate, vitamins (vitamin A supplement, vitamin D3 supplement, vitamin E supplement, niacin, L-ascorbyl-2- polyphosphate (a source of vitamin C), d-calcium pantothenate, thiamine mononitrate, beta-carotene, riboflavin, pyridoxine hydrochloride, folic acid, biotin, vitamin B12 supplement), minerals (zinc proteinate, iron proteinate, copper proteinate, zinc oxide, manganese proteinate, copper sulphate, ferrous sulphate, calcium iodate, manganous oxide, selenium yeast), DL-methionine, glucosamine hydrochloride, chondroitin sulphate, yeast extract, yucca schidigera extract, dried rosemary

Dogs were initially fed to meet their maintenance energy requirements (110 x BW $^{0.75}$), then every two weeks BW and BCS were recorded, and the amount of feed was adjusted to maintain BW and BCS throughout the study. Oil was included in the diet at a level of 8.2 grams of oil per 100 grams of total intake, bringing the total dietary lipid content to 20% inclusion on an as-fed basis. Treats were included in the diet up to 2.5 grams per 100 grams total intake, and the remaining proportion of the diet was provided as kibble.

Table 2. Fatty acid profile of camelina oil, canola oil, flax oil, and sunflower oil.

Parameter	Sunflower ¹	Canola ²	Flax ²	Camelina ²
Saturated Fatty Acids (%)	9.61	6.50	8.20	9.50
Monounsaturated Fatty Acids (%)	14.1	63.8	16.6	35.2
Polyunsaturated Fatty Acids (%)	76.3	29.7	75.2	55.3
Omega 6 (%)	76.2	18.6	16.5	19.8
Omega 3 (%)	0.04	11.1	58.6	35.4
Trans fat (%)	N/A	< 0.1	< 0.1	< 0.1
Total Fat (%)	N/A	99.9	100	99.9

¹Numerical values from Kostik et al. (2013) and only represent generic sunflower oil, not the specific brand used for this study [23]

A randomized complete block design (RCBD) with repeated measures was used for this study. After the wash-in period, dogs were blocked by breed, age, and size before being randomly allocated to one of three treatment diets: camelina oil (CAM) (n=10; 8 females; 2 males), flax oil (FLX) (n=10; 5 females; 5 males), or canola oil (OLA) (n=10; 4 females; 6 males). Sunflower oil was replaced with either CAM, FLX, or OLA, and feeding continued as described for 16 weeks.

2.3. Body Weight and Body Condition Scores

Body weight was measured every two weeks using a Redmon Precision Digital Pet Scale (Redmon Co., Peru, IN, USA) and used to calculate dietary food, oil, and treat intake. Body weights on weeks 0, 2, 4, 10, and 16 were measured after an overnight fast and at the same time of day. This allowed researchers to eliminate variability due to time

²Calculated nitrogen free extract.

³Calculated metabolizable energy based on modified Atwater values.

² Samples run in duplicate by SGS Canada Inc., average values reported

since last feeding and diurnal effects on BW. For each dog, BCS was assessed on weeks 0, 2, 4, 10, 16 using a validated 9-point scale [24].

2.4. Sample Collection and Analysis

Dogs were fasted for a minimum of 10 hours and blood samples were collected via cephalic venipuncture using a syringe (Becton, Dickinson and Company, Franklin Lakes, NJ, USA). Of the collected blood, 1mL was put into a K2 EDTA 10.8mg Vacutainer (Becton, Dickinson and Company, Franklin Lakes, NJ, USA) for hematological indices and 1 mL was put into a serum vacutainer (Becton, Dickinson and Company, Franklin Lakes, NJ, USA). Fasted blood samples were collected within 2 weeks prior (pre-study or baseline) to starting the wash-in diet with sunflower seed oil supplementation, and on weeks 4, 10, and 16 after starting diets supplemented with treatment oils. Collection was taken at these timepoints to allow researchers the opportunity to assess the effects of both diet and treatment oils on standard veterinary diagnostic measures and markers of health and nutritional status using serum and whole blood.

For hematology (complete blood cell count; CBC), values were determined by the Animal Health Laboratory (AHL) (University of Guelph, Guelph, Canada) using an Advia 2120 hematology analyzer (Siemens Global, Munich, Germany). EDTA samples were stored on ice and analyzed the same day, or in few cases where laboratory was closed, blood smears were performed and stored at room temperature and EDTA samples were refrigerated until analyses were available. Hematological samples were analyzed for blood leukocyte count (WBC), erythrocyte count (RBC), hemoglobin (Hb), hematocrit (Hct) (RBC x MCV), mean cell volume (MCV), mean cell hemoglobin (MCH) (Hb/RBC), mean corpuscular hemoglobin concentration (MCHC) (Hb/Hct), red cell distribution width (RDW), platelet count, mean platelet volume (MPV), plateletecrit, total solids (T.S.) protein, and segmented neutrophil, lymphocyte, monocyte, and eosinophil counts.

For biochemical analysis, blood from serum vacutainer (1 mL) was allowed to clot, centrifuged at 7,200 g for 15 minutes using an accuSpin Micro 17 centrifuge (Thermo Fisher Scientific, Waltham, MA, USA), then serum aliquots were collected and analyzed same day or frozen at -80°C until analysis. Serum samples were analyzed for calcium, phosphorus, magnesium, sodium, potassium, chloride, carbon dioxide, anion gap, sodium:potassium (Na:K) ratio, total protein, albumin, globulin, albumin:globulin (A:G) ratio, urea, creatine, glucose, cholesterol, total bilirubin, conjugated bilirubin, free bilirubin, alkaline phosphatase (ALP), steroid-induced ALP, gamma-glutamyl transferase (GGT), alanine aminotransferase (ALT), creatine kinase (CK), amylase, lipase, and calculated osmolarity, using a cobas 6000 c501 analyzer (Roche Diagnostics Internation AG, Rotkreuz, Switzerland).

The biomarker reference intervals used by AHL for both hematology and biochemistry have been previously determined and used 86 healthy, fasted adult dogs of various breeds, lifestyles, and life stages.

2.6. Statistical Analysis

All statistical analyses were performed using the PROC GLIMMIX of SAS Studio® software (v.9.4., SAS Institute Inc., Cary, NC, USA). Dog was the experimental unit, and treatment oils and sex were treated as fixed effects. Week was treated as a repeated measure. An analysis of variance (ANOVA) was performed to assess effects of treatment on BW, BCS, FI, and biochemistry and hematology analytes. Assumptions of residuals for all parameters were assessed, using Shapiro-Wilk to test normality. Residuals were not uniformly distributed for ALP, ALT, CK, and lipase, and as such, data were log-transformed prior to analysis. Least-square means were used to assess differences in means of treatment, week, and treatment by week interactions. When fixed effects were significant, means were separated using Tukey-Kramer Adjustments. Significance was declared at a $P \le 0.05$.

3. Results

Due to difficulty with blood collection, no hematology or biochemistry samples were obtained from Dog #21 on week 16. Dog #14 was put on antibiotics for a urinary tract infection before week 16, and as a result, CBC and biochemistry data were excluded to maintain consistency between all dogs. Dog #10 dropped out of the study after week 4 for unrelated medical reasons. Further, only partial samples were obtained on 5 occasions (Dog #1, week 1; Dog #9, week 16; Dog #13, week 4 and week 10; and Dog #18, week 4), leading to some missing values in the CBC and biochemistry data. All aforementioned data were excluded, and statistical analysis was performed using PROC GLIMMIX in order to account for the missing data points and subsequent unequal number of observations between groups. Two additional animals were included in each treatment group to account for possible variation arising from differences in breed, age, and sex of dogs, as well as to account for the possibility of a dog being removed or dropping out of the study or for the possibility of missing data points. Statistically significant differences are outlined below but the statistical analysis mostly found very small differences between treatment groups and values within given reference ranges and as such, determined to be biologically insignificant.

3.1. Body Weight, Body-Condition Score, and Food Intake

In order to maintain BW, researchers decreased FI after week 2 (FI=12.13 g/kg/day) and continued to decrease FI until week 16 (FI=10.66 g/kg/day) as needed based on biweekly BW measurements of each dog (Table 3). Body weight and BCS were similar among treatments and across weeks (P > 0.05). Food intake did not differ among treatment or treatment by week interactions (P > 0.05); however, FI did differ across weeks (P < 0.001). Specifically, FI was greater at week 2 than weeks 10, 12, and 14; pre-study, and weeks 4 and 8 were greater than weeks 6, 10, 12, and 14; and weeks 6, 10, and 12 were greater than week 14 (P < 0.0001; Table 3).

Table 3. Daily food intake for healthy, adult dogs fed one of three dietary oil supplements (camelina, flax, or canola oil) over a 16-week period. Values shown are Ismeans estimates for treatment (oil) and treatment by week interaction.

	Food Inta	ike Means Estim	ate (g/kg/day)		P-Values					
	Camelina	Canola	Flax	Mean ± SEM (Week)	P (Trmt)	P (Week)	P (Trmt*Week)			
					0.4733	< 0.0001	0.8420			
Mean ± SEM ¹	12.24 ± 0.697	11.11 ± 0.697	11.27 ± 0.698							
WK 0	12.44	11.86	11.98	$12.01^{AB} \pm 0.382$						
Wk 2	13.00	11.58	11.82	$12.13^{A} \pm 0.403$						
Wk 4	12.98	11.46	11.66	$12.04^{\rm AB} \pm 0.414$						
Wk 6	11.96	11.11	11.23	$11.55^{AB} \pm 0.420$						
Wk 8	12.30	11.00	11.36	$11.43^{ABC} \pm 0.467$						
Wk 10	12.27	10.77	10.99	$11.34^{BC} \pm 0.458$						
Wk 12	11.78	10.75	10.76	$11.10^{\circ} \pm 0.438$						
Wk 14	11.23	10.37	10.38	$10.66^{\rm D} \pm 0.396$						

¹ Abbreviation: SEM, Standard error of means

3.2. Hematology

All hematology outcomes are listed in Table 4. No hematological biomarkers differed among treatment groups (P > 0.05), though pooled data of MCH, total soluble protein, and lymphocyte count differed across weeks (P < 0.05). MCH was greater at week 16 than week 10, though no differences were seen from pre-study or week 4 (P = 0.0121). Total soluble protein was greater for pre-study than week 4, though not different from weeks 10 and 16 (P = 0.0002), and lymphocyte count was greater for pre-study than weeks 4, 10, and 16 (P = 0.0076). All mean estimates stayed within the AHL hematology reference range, except T.S. protein that had estimates 7% above the reference range.

A-D Different superscripts used to reflect differences among weeks (P < 0.05)

Table 4. Hematology of healthy, adult dogs fed one of three dietary oil supplements (camelina, flax, or canola oil) over a 16-week period. Values are shown are Ismeans estimates for treatment (oil), treatment by week interaction, and week.

		Treatment		Treatmen	t*Week		Week (Pooled)				P-Values			
Marker	Ref. Range ¹	Mean ± SEM ¹	Pre- study	Wk¹ 4	Wk 10	Wk 16	Pre- study± SEM	Wk 4± SEM	Wk 10± SEM	Wk 16± SEM	Trmt ¹	Week	Trmt* Week	
WBC ¹	4.9-15.4						8.34 ±	8.46 ±	8.09 ±	8.25 ±	0.4025	0.8205	0.6789	
(x 10^9/L)		0.15 . 0.005	0.70	0.01	0.45	0.00	0.512	0.514	0.515	0.520				
Camelina Canola		9.17 ± 0.837 7.54 ± 0.802	9.79 7.09	9.01 8.05	8.67 7.42	9.22 7.61								
Flax		8.15 ± 0.787	8.13	8.33	8.19	7.93								
RBC ¹	5.8-8.5	0.15 ± 0.767	0.15	0.55	0.17	7.55	6.77 ±	6.77 ±	6.89 ±	6.86 ±	0.6592	0.5321	0.4282	
(x 10^12/L)	5.0 6.5						0.130	0.131	0.131	0.134	0.0072	0.5521	0.4202	
Camelina		6.75 ± 0.209	6.57	6.74	6.73	6.94								
Canola		6.75 ± 0.200	6.69	6.79	6.82	6.70								
Flax		6.97 ± 0.197	7.04	6.77	7.13	6.95								
Hb^1	133-197						161 ±	162 ±	$163 \pm$	$166 \pm$	0.6249	0.1946	0.6497	
(g/L)					4=0		3.056	3.068	3.071	3.136				
Camelina		160 ± 4.936	156	160	158	167								
Canola		163 ± 4.730	160	163	163	164								
Flax	0.20.0.50	166 ± 4.655	166	163	168	168	0.40 +	0.48 ±	0.40 +	0.40 +	0.7055	0.6142	0.4207	
HCT ¹ (L/L)	0.39-0.56						0.48 ± 0.010	0.48 ± 0.010	0.49 ± 0.010	0.48 ± 0.010	0.7855	0.6143	0.4396	
(L/L) Camelina		0.48 ± 0.015	0.47	0.49	0.48	0.48	0.010	0.010	0.010	0.010				
Canola		0.48 ± 0.013 0.48 ± 0.014	0.47	0.48	0.49	0.48								
Flax		0.49 ± 0.014	0.50	0.48	0.51	0.48								
MCV ¹	66-75		- 10 0		****		$71.2 \pm$	71.8 ±	71.0 ±	70.0 ±	0.5930	0.3554	0.8199	
(fL)							0.694	0.699	0.702	0.737				
Camelina		70.9 ± 0.749	71.3	72.5	70.7	69.2								
Canola		71.5 ± 0.720	71.2	71.5	71.5	71.9								
Flax		70.5 ± 0.735	71.1	71.4	70.7	68.7								
MCH^1	21-25							$24.1^{AB} \pm$	$23.7^{B} \pm$	$24.3^{A} \pm$	0.5001	0.0121	0.5807	
(pg)							0.191	0.192	0.192	0.200				
Camelina		23.8 ± 0.289	23.9	23.8	23.3	24.0								
Canola		24.3 ± 0.277	24.1	24.2	24.1	24.6								
Flax MCHC ¹	321-360	24.0 ± 0.274	23.7	24.4	23.7	24.3	336 ±	335 ±	334 ±	348 ±	0.8247	0.0704	0.7874	
(gL)	321-300						3.919	3.952	3.961	4.163	0.0247	0.0704	0.7074	
Camelina		336 ± 4.051	335	327	333	350	0.717	0.702	0.701	1.100				
Canola		339 ± 3.895	341	338	335	343								
Flax		339 ± 3.994	333	339	334	351								
RDW^1	11-14						$12.9 \pm$	$12.9 \pm$	$13.0 \pm$	13.6 ±	0.4994	0.3172	0.5112	
(%)							0.275	0.278	0.277	0.292				
Camelina		13.0 ± 0.253	12.8	12.3	13.2	13.8								
Canola		13.3 ± 0.243	13.2	13.4	13.5	13.2								
Flax	445 440	12.9 ± 0.252	12.7	13.0	12.3	13.7	2.42	2=4	404	405	0.5050	0.0424	0.5454	
Platelets	117-418						242 ±	254±	191 ±	185 ±	0.5852	0.0626	0.7476	
(x 10^9/L)		224 + 24 E1	270	265	194	166	20.97	21.09	21.18	22.23				
Camelina Canola		224 ± 24.51 232 ± 23.55	234	265 240	227	166 226								
Flax		198 ± 23.90	220	257	151	163								
MPV ¹	7-14	170 ± 25.70	220	207	101	100	10.6 ±	10.8 ±	10.6 ±	11.2 ±	0.2173	0.5714	0.7430	
(fL)							0.376	0.379	0.379	0.397			2 200	
Camelina		10.8 ± 0.456	10.8	10.5	11.1	11.0			•					
Canola		11.3 ± 0.438	11.3	11.5	10.6	11.9								
Flax		10.2 ± 0.442	9.53	10.6	10.1	10.5								
Plateletcrit	0.14-0.47						0.23^{AB} ±		$0.19^{B} \pm$	$0.20^{AB} \pm$	0.4580	0.0169	0.5971	
(%)		0.00	0.04	0.04	0.46	0.10	0.020	0.021	0.021	0.022				
Camelina		0.22 ± 0.022	0.24	0.26	0.19	0.18								
Canola		0.25 ± 0.021	0.24	0.26	0.23	0.25								
Flax T.S. Protein ¹	55-75	0.21 ± 0.022	0.21	0.30	0.14	0.18	74.8 ^A ±	76.6 ^B ±	76.2 ^{AB} ±	78.0 ^{AB} ±	0.5546	0.0002	0.8743	
(g/L)	33-73						1.124	76.65 ± 1.121	1.128	78.0 ^{AB} ± 1.179	0.5540	0.0002	0.0743	
(g/L) Camelina		77.6 ± 1.571	75.3	77.7	77.7	80.2	1.124	1.141	1.140	1.1/7				
Canola		76.1 ± 1.508	74.3	76.8	76.2	76.9								
Flax		75.4 ± 1.494	74.7	75.3	74.7	77.0								
Segmented	2.9-10.6		•		•		5.13 ±	5.20 ±	5.32 ±	5.33 ±	0.1307	0.8461	0.8341	
Neutrophil							0.339	0.340	0.340	0.344	'		-	
Count														
(x 10^9/L)														
Camelina		6.02 ± 0.556	6.08	6.02	5.82	6.17								
Canola		4.35 ± 0.533	3.99	4.22	4.64	4.56								

Flax		5.36 ± 0.523	5.31	5.37	5.50	5.25							
Lymphocyte Count (x 10^9/L)	0.8-5.1						2.13 ^A ± 0.131	1.97 ^{AB} ± 0.132	$1.66^{B} \pm 0.132$	$1.73^{B} \pm 0.135$	0.6318	0.0076	0.3049
Camelina		2.01 ± 0.180	2.34	2.03	1.66	2.01							
Canola		1.82 ±0.173	2.26	1.81	1.69	1.50							
Flax		1.79 ± 0.171	1.78	2.05	1.63	1.69							
Monocyte	0.0 - 1.1						$0.42 \pm$	$0.35 \pm$	$0.40 \pm$	$0.41 \pm$	0.6238	0.5686	0.7791
Count							0.054	0.054	0.054	0.056			
(x 10^9/L)													
Camelina		0.36 ± 0.066	0.45	0.30	0.39	0.29							
Canola		0.45 ± 0.063	0.44	0.40	0.41	0.53							
Flax		0.38 ± 0.063	0.36	0.34	0.40	0.42							
Eosinophil	0.08-1.33						$0.62 \pm$	$0.64 \pm$	$0.68 \pm$	$0.66 \pm$	0.5960	0.9441	0.7665
Count							0.115	0.114	0.114	0.117			
(x 10^9/L)													
Camelina		0.79 ± 0.175	0.82	0.83	0.75	0.79							
Canola		0.57 ± 0.166	0.40	0.55	0.64	0.69							
Flax		0.58 ± 0.166	0.63	0.54	0.64	0.52							

¹ Abbreviations: SEM, Standard error of means; Ref. Range, Reference Range; Wk, Week; Trmt, Treatment; RBC, erythrocyte count; WBC, white blood cell count; Hb, hemoglobin; Hct, hematocrit; MCV, mean cell volume; MCH, mean cell hemoglobin; MCHC, mean corpuscular hemoglobin concentration; RDW, red cell distribution width; MPV, mean platelet volume; T.S. protein, total solids protein.

A-C Values in a row and category with different superscurpt are significantly different (P<0.05).

3.3. Biochemistry

All biochemistry outcomes are listed in Table 5. The majority of biochemical biomarkers did not differ among treatment groups (P > 0.05), though statistically significant differences among treatments were found for GGT and ALT. GGT was greater in CAM and FLX treatment groups than the OLA group (P = 0.0130). ALT was greater for CAM than FLX treatment groups, but neither were different than OLA group (P = 0.0209).

For treatment by week interactions, conjugated bilirubin was greater at week 4 than for pre-study for the CAM treatment group, though no difference was seen with any other treatment by week interactions (P=0.0208). No other differences were seen for treatment by week interactions for biochemical analytes (P > 0.05).

Table 5. Serum biochemistry for healthy, adult dogs fed one of three dietary oil supplements (camelina, flax, or canola oil) over a 16-week period. Values are shown are Ismeans estimates for treatment (oil), treatment by week interaction, and week.

	Treatment Treatment*Week							Week (Pooled)		P-Values		
Marker	Ref. Range ¹	Mean ± SEM¹	Pre- study	Wk¹ 4	Wk 10	Wk 16	Pre-study± SEM	Wk 4± SEM	Wk 10± SEM	Wk 16± SEM	Trmt ¹	Week	Trmt* Week
Calcium	2.50-3.00						2.52 ±	2.55 ±	2.55 ±	2.58 ±	0.7484	0.2212	0.4107
(mmol/L)							0.024	0.024	0.025	0.025			
Camelina		2.57 ± 0.032	2.55	2.61	2.56	2.55							
Canola		2.54 ± 0.031	2.52	2.51	2.53	2.59							
Flax		2.54 ± 0.031	2.49	2.52	2.55	2.59							
Phosphorus	0.90-1.85						1.24 ± 0.042	1.16 ±	1.18 ± 0.044	1.22 ±	0.3729	0.1728	0.2832
(mmol/L)							0.043	0.043	0.044	0.044			
Camelina		1.13 ± 0.061	1.26	1.07	1.09	1.10							
Canola		1.23 ± 0.058	1.26	1.20	1.20	1.26							
Flax		1.24 ± 0.570	1.19	1.22	1.25	1.32	4.0						
Sodium	140-154						146 ^{AB} ±	147 ^A ±	145 ^B ±	146 ^A ±	0.5555	< 0.0001	0.9041
(mmol/L)							0.324	0.324	0.331	0.340			
Camelina		146 ± 0.408	146	147	146	147							
Canola		146 ± 0.395	146	146	145	147							
Flax		146 ± 0.391	146	147	145	146							
Magnesium	0.7 - 1.0						0.84 ± 0.012	0.82 ± 0.012	0.83 ± 0.012	0.82 ± 0.014	0.4130	0.2481	0.7377
(mmol/L)							0.013	0.013	0.013	0.014			
Camelina		0.82 ± 0.021	0.83	0.81	0.84	0.81							
Canola		0.85 ± 0.020	0.87	0.84	0.84	0.84							
Flax		0.81 ± 0.020	0.82	0.81	0.82	0.81		AD		P.C			
Potassium	3.8-5.4						4.99 ^A ±	4.90^{AB}	$4.70^{\circ} \pm 0.050$	$4.78^{BC} \pm$	0.5878	0.0002	0.7987
(mmol/L)							0.058	0.058	0.059	0.060			
Camelina		4.81 ± 0.077	5.03	4.84	4.61	4.78		0.038					
Canola		4.91 ± 0.074	5.04	4.93	4.81	4.86							
Flax		4.81 ± 0.073	4.91	4.92	4.70	4.70							

Chlanda.	104 110						111 ^A ±	110 ^{AB}	109 ^B ±	110 ^{AB} ±	0.5770	0.0045	0.1753
Chloride (mmol/L)	104-119						0.465	±	0.471	0.478	0.5778	0.0045	0.1752
Camelina		111 ± 0.747	111	111	111	111		0.465					
Canola Flax		110 ± 0.720 110 ± 0.703	111 111	110 110	108 109	110 110							
Carbon	15-25	110 ± 0.705	111	110	107	110	18.1^{A} \pm		$17.4^{AB} \pm$	$17.6^{AB} \pm$	0.8910	0.0025	0.6793
Dioxide							0.294	0.298	0.306	0.326			
(mmol/L) Camelina		17.4 ± 0.301	18.0	16.8	17.2	17.4							
Canola		17.4 ± 0.284	18.5	16.1	17.5	17.3							
Flax Anion Gap	13-24	17.5 ± 0.281	17.7	16.8	17.5	18.0	22.1 ^B ±	24.8 ^A	23.4 ^B ±	23.4 ^{AB} ±	0.7104	< 0.0001	0.6028
(mmol/L)	13-24						0.459	\pm	0.473	0.501	0.7104	<0.0001	0.0028
Camelina		23.4 ± 0.628	22.6	24.2	23.2	23.4		0.463					
Canola Flax		23.8 ± 0.596 23.1 ± 0.589	21.8 21.8	25.5 24.7	24.0 22.9	23.9 23.0							
Na:K Ratio ¹	29-37	20.1 2 0.005	21.0	21.7	22.7	20.0	$29.5^{\rm B} \pm$	30.2^{AB}	$31.0^{\text{A}}\pm$	$31.0^{A} \pm$	0.4702	0.0015	0.6193
C 1:		20.7 . 0.500	20.4	20.6	22.0	21.0	0.375	0.375	0.383	0.391			
Camelina Canola		30.7 ± 0.506 29.9 ± 0.489	29.4 29.2	30.6 29.8	32.0 30.0	31.0 30.5							
Flax		30.6 ± 0.481	29.8	30.2	30.9	31.4			_				
Total Protein	55-74						$62.2^{AB} \pm 0.786$	62.9 ^A ±	$61.2^{\text{B}} \pm 0.795$	$61.5^{AB} \pm 0.798$	0.5071	0.0078	0.2894
(g/L) Camelina		63.2 ± 1.345	63.2	64.6	62.1	63.0	0.700	0.790	0.775	0.770			
Canola		61.4 ± 1.285	61.0	62.6	61.3	60.8							
Flax Albumin	29-43	61.2 ± 1.259	62.4	61.5	60.1	60.8	37.5 ^{AB} ±	37.3 ^B ±	37.1 ^B ±	38.0 ^A ±	0.9721	0.0087	0.2812
(g/L)	29-43						0.436	0.436	0.439	0.442	0.9721	0.0067	0.2612
Camelina		37.6 ± 0.747	37.1	37.4	37.3	38.5							
Canola Flax		37.3 ± 0.720 37.5 ± 0.700	37.9 37.6	36.9 37.6	36.8 37.2	37.8 37.8							
Globulin	21-42	37.3 ± 0.700	37.0	37.0	37.2	37.0	$24.2^{AB} \pm$	25.6^{A}	$24.1^{AB} \pm$	$23.5^{B} \pm$	0.6714	0.0058	0.1424
(g/L)		25 4 225	24.7	25.4	240	24.6	0.799	0.803	0.810	0.814			
Camelina Canola		25.3 ± 1.335 24.1 ± 1.275	24.7 23.1	27.1 25.7	24.8 24.5	24.6 22.9		0.003					
Flax		23.7 ± 1.250	24.8	23.9	23.0	23.1							
A:G Ratio ¹	0.7-1.8						$1.57^{AB} \pm 0.053$	$1.51^{\text{B}} \pm 0.053$	$1.61^{AB} \pm 0.054$	$1.67^{A} \pm 0.054$	0.7507	0.0049	0.1078
Camelina		1.54 ± 0.085	1.49	1.44	1.59	1.63	0.033	0.055	0.054	0.054			
Canola		1.62 ± 0.081	1.70	1.48	1.58	1.73							
Flax Urea	3.5-9.0	1.61 ± 0.079	1.53	1.60	1.66	1.66	5.62 ^A ±	4.92 ^B ±	4.83 ^B ±	4.96 ^{AB} ±	0.0687	0.0129	0.6221
(mmol/L)	3.3-9.0						0.244	0.247	0.252	0.258	0.0007	0.0129	0.0221
Camelina		4.96 ± 0.347	5.65	5.06	4.66	4.45							
Canola Flax		5.72 ± 0.333 4.57 ± 0.327	6.21 5.01	5.42 4.27	5.28 4.56	5.98 4.44							
Creatine	20-150	1.07 ± 0.027	0.01	1.27	1.00	1.11	78.3 ±	82.9 ±	80.2 ±	82.1 ±	0.4840	0.2917	0.3730
(µmol/L) Camelina		92.0 + 6.905	767	96.2	01.0	97 F	3.971	3.989	4.017	4.091			
Camelina		82.9 ± 6.805 85.1 ± 6.496	76.7 82.9	86.3 86.8	81.0 83.0	87.5 87.7							
Flax		74.6 ± 6.356	75.1	75.5	76.8	71.0	~ D	A.P.	AD	1			
Glucose (mmol/L)	3.3-7.3						$5.14^{B} \pm 0.079$	5.32 ^{AB} ±	$5.21^{AB} \pm 0.081$	$5.39^{A} \pm 0.083$	0.1811	0.0245	0.6345
Camelina		5.22 ± 0.115	5.15	5.33	5.22	5.20		0.079					
Canola		5.14 ± 0.111	5.05	5.17	5.04	5.30							
Flax Total Bilirubin	0-4	5.43 ± 0.109	5.24	5.46	5.37	5.65	0.90 ^B ±	1.34 ^A	1.46 ^A +	1.30 ^A ±	0.7096	0.0006	0.4048
(µmol/L)	V 1						0.138	\pm	0.141	0.142	0 0.70	0.0000	0.1010
Camelina		1.39 ± 0.205	0.93	1.45	1.52	1.65		0.138					
Canola Flax		1.20 ± 0.197 1.17 ± 0.193	0.72 1.05	1.32 1.25	1.48 1.39	1.27 0.99							
Conjugated	0-1			0		200 V	$0.53^{B} \pm$	0.73^{AB}	$0.76^{A} \pm$	$0.69^{AB} \pm$	0.9948	0.0354	0.0208
Bilirubin							0.081	0.081	0.082	0.084			
(µmol/L) Camelina		0.68 ± 0.115	0.31^{B}	0.90^{A}	0.80^{AB}	0.69 ^{AB}							
Canola		0.67 ± 0.111	0.54^{AB}	0.54^{AB}	0.84^{AB}	0.76 ^{AB}							
Flax Free Bilirubin	0-3	0.69 ± 0.109	0.73^{AB}	0.73 ^{AB}	0.65 ^{AB}	0.63 ^{AB}	0.41 ±	0.64 ±	0.73 ±	0.63 ±	0.8368	0.1050	0.1666
(µmol/L)	0-3						0.124	0.124	0.73 ± 0.127	0.03 ± 0.128	0.0300	0.1050	0.1000
Camelina		0.67 ± 0.175	0.64	0.52	0.59	0.93							
Canola Flax		0.60 ± 0.169 0.53 ± 0.166	0.27 0.31	0.78 0.61	$0.74 \\ 0.84$	0.62 0.34							
Cholesterol	3.60-	= 0.100	0.01	3.01	J.U.1	5.51	6.46 ±	6.61 ±	6.44 ±	6.44 ±	0.8759	0.3339	0.0011
(mmol/L)	10.20	659 + 0.745	6 20 ARCD	6 92 ARCD	6 12 ARCD	6 67 ARCD	0.361	0.361	0.362	0.365			
Camelina Canola		6.58 ± 0.645 6.23 ± 0.619		6.83 ABCD 6.22 ABCD									

Flax		6.66 ± 0.604	7.20 ^{ACD}	6.76^{ABCD}	6.37 ^{BCD}	6.32^{ABCD}							
ALP1	22-143						$44.8^{B} \pm$	67.2 ^A	56.6 ^A ±	61.4 ^A ±	0.4755	< 0.0001	0.6648
(U/L)	22 110						6.875	±	8.702	9.496	0.1700	-0.0001	0.0010
Camelina		72.7 ± 19.65	54.6	83.7	70.3	87.1		10.29					
Canola		44.9 ± 11.70	37.6	50.1	47.5	45.6							
Flax		56.3 ± 14.25	44.0	72.3	54.1	58.4							
Steroid-	0-84						11.8^{B} \pm	19.2 ^A	$13.5^{AB} \pm$	$15.2^{AB} \pm$	0.2262	0.0112	0.8550
Induced ALP1							3.547	±	4.110	4.67			
(U/L)								5.919					
Camelina		26.6 ± 13.52	20.2	33.4	25.4	29.0							
Canola		6.49 ± 3.796	6.21	7.77	5.64	6.51							
Flax		18.4 ± 8.687	13.1	27.3	17.1	18.7							
GGT ¹	0-7						$1.34 \pm$	$1.93 \pm$	$1.58 \pm$	$0.98 \pm$	0.0130	0.2539	0.1589
(U/L)							0.343	0.343	0.357	0.362			
Camelina		$2.08^{A} \pm 0.352$	0.81	2.96	2.44	2.13							
Canola		$0.54^{B} \pm 0.339$	1.27	0.29	0.67	0.00							
Flax		$1.75^{A} \pm 0.338$	1.94	2.54	1.63	0.90	_						
ALT^1	19-107						$40.0^{B} \pm$	49.0 ^A	$51.4^{A} \pm$	$52.2^{A} \pm$	0.0209	0.0005	0.3563
(U/L)							3.602	± 4.414	4.700	4.799			
Camelina		$58.6^{A} \pm 8.749$	43.3	58.1	70.2	66.8							
Canola		$55.1^{AB} \pm 7.903$	48.4	55.4	57.7	59.7							
Flax		$33.9^{B} \pm 4.751$	30.4	36.4	33.4	35.7	D	AD					
CK1	40-255						$92.2^{B} \pm$	108 ^{AB}	$119^{AB} \pm 11.22$	$126^{A} \pm 12.02$	0.2677	0.0290	0.8641
(U/L)							8.414	9.817	11.22	12.03			
Camelina		94.2 ± 11.22	81.6	82.9	108	108		7.017					
Canola		123 ± 14.17	109	124	120	144							
Flax		116 ± 13.09	88.1	121	129	130	638 ^B ±	688 ^A ±	688 ^{AB} ±	679 ^{AB} ±			
Amylase	299-947						$638^{3} \pm 47.85$	688" ± 47.85	688.13 ± 48.14	6/9·15 ± 48.49	0.6248	0.0410	0.4374
(U/L)		(FO . 00.00	(10	654	600	602	47.65	47.03	40.14	40.49			
Camelina		672 ± 83.99	643	654	698	693							
Canola		730 ± 80.56	670	760	739	749 504							
Flax	25.252	618 ± 78.70	601	649	628	594	107 ^A +	87.3 ^B ±	101 ^{AB} +	$89.8^{AB} \pm$	0.0700	0.0100	0.5100
Lipase	25-353						9.935	8.097	9.589	8.691	0.0722	0.0182	0.5192
(U/L) Camelina		106 + 14.04	110	84.1	104	108	7.733	0.077	7.507	0.071			
Camelina Canola		106 ± 14.04 75.3 ± 9.418	113 83.4	67.4	124 75.0	72.4							
Flax Calculated	_	112 ± 13.97	130	117	110	92.4	292 ^A ±	292 ^A ±	$289^{B} \pm$	291 ^A ±	0.6718	< 0.0001	0.8177
Osmolarity	_						0.706	0.713	0.728	0.754	0.0718	\0.0001	0.01//
(mmol/L)							0.,00	0.7.25	020	0., 0 .			
(IIIIII01/L) Camelina		291 ± 0.934	293	293	289	291							
Camelina		291 ± 0.934 291 ± 0.895	293 292	293 292	288	291							
Flax		291 ± 0.895 290 ± 0.885	292	292	288	293 291							
riax		∠9U ± U.∂∂Э	290	292	200	291							

¹ Abbreviations: SEM, Standard error of means; Ref. Range, Reference Range; Wk, Week; Trmt, Treatment; Na:K Ratio, sodium; potassium ratio; A:G Ratio, albumin:globulin ration; ALP; alkaline phosphatase; Steroid-Induced ALP, steroid-induced alkaline phosphatase; GGT, gammaglutamyl transferase; ALT, alanine aminotrasnferase; CK, creatine kinase.

A-C Values in a row and category with different superscurpt are significantly different (P<0.05).

When treatment groups were pooled, calcium, phosphorus, magnesium, creatine, free bilirubin, and amylase did not differ across weeks (P > 0.05), though all other biochemical biomarkers showed differences across weeks (P < 0.05). Values were greater for pre-study than week 4 for CO₂ (P=0.0025), urea (P=0.012), and lipase, though not different from weeks 10 and 16 (P=0.0182). Values at weeks 4, 10, and 16 were greater than pre-study values for total bilirubin (P=0.0006), ALP (P<0.0001), and ALT (P=0.0005). Values at week 16 were greater than pre-study for CK (P=0.0290), glucose (P=0.0245), chloride (P=0.0045) and conjugated bilirubin, though not different from weeks 4 or 10 (P=0.0354). Sodium levels were greater at weeks 4 and 16 than week 10, though not different from pre-study values (P<0.0001). Potassium levels were greater pre-study than at weeks 10 and 16, and week 4 and week 16 were greater than week 10 (P=0.0002). Anion gap values were greater at weeks 4 and 16 than pre-study values, though not different from week 10 (P<0.0001). Na:K ratio was greater at weeks 10 and 16 than pre-study values, though not different from week 4 (P=0.0015). Total protein was greater at week 10 than week 4, though not different from pre-study values or week 16 (P=0.0086). Albumin values were greater at week 16 than weeks 4 and 10, and no difference was seen from pre-study values (P=0.0078). Globulin values were greater at week 4 than weeks 10 and 16, though not different than pre-study values (P=0.0058). A:G ratio was greater at week 16 than week 4, though not different from pre-study or week 10 (P=0.0049). Values were greater at week 4 than pre-study values for steroid-induced ALP (P=0.0112) and amylase

(P=0.0410), though not different from weeks 10 or 16. Calculated osmolarity was greater at week 10 than at all other time points (P<0.0001).

All means estimates for treatment, week, and treatment by week interactions stayed within the AHL reference range for all biochemistry biomarkers. It is worth noting, however, that while all means estimates for ALP stayed within the reference range, the raw data showed that four dogs were below the reference range at one or more time points thorough the study, and six dogs exceeded the upper limit of the reference range by at least 25% at one or more time points throughout the study. A urinalysis was performed for all dogs exceeding the reference range by more than 25% in order to assess whether there were any abnormalities with the concentrating abilities of their kidneys or any proteinuria that could be indicative of the ALP increase being more than just benign; however, no abnormalities were noted on the urinalysis for any of the dogs.

4. Discussion

The purpose of this study was to determine the safety of dietary camelina oil supplementation on canine health by comparing dogs fed camelina oil to dogs fed flaxseed oil or canola oil, in order to obtain GRAS and AAFCO ingredient definition for camelina oil. Minimal differences were observed in BW, BCS, FI, and hematological and serum biochemical profiles over a 112-day period for dogs fed supplemental camelina oil as compared to control treatment oils, flax and canola.

4.1. BW, BCS, and Food Intake

In order to maintain BW and BCS, FI was adjusted throughout the course of the study and was reduced by 11.2% from baseline (week 0) to week 16. The initial amount of food offered was calculated for all dogs using the same metabolic energy requirement coefficient, regardless of age, sex, or neuter status. Variability based on the aforementioned factors was likely a large contributor to why food intake had to be restricted through the course of the study, as it has been shown that estimating maintenance energy requirements of pet dogs based on BW alone is not always as accurate as when husbandry, neuter status, age, sex, and activity levels are factored in [25]. While this impacted the statistical results for BW, BCS, and FI – and perhaps other variables – differences between treatment group results for all outcome variables measured were small and determined to be biologically insignificant when compared to normal intervals. Alternatively, if dogs were allowed to gain or lose weight, then we would have to account for that as a potential independent variable that could affect all the parameters we evaluated.

4.2. Hematology and Biochemistry

Current data in dogs is contradictory as to whether high-fat diets are associated with an increase or decrease in serum cholesterol concentrations, though fat type, rather than total crude fat inclusion, may play a larger role in serum cholesterol concentrations [26-29]. In the present study, there was a significant change in cholesterol concentrations for treatment and week interaction, where OLA was significantly higher at week 10 than pre-study values and FLX was significantly lower at week 10 than pre-study values, though no significance was seen among treatments or weeks and all values remained within the reference range (Animal Health Laboratory, Guelph, Canada). This indicates that neither the high dietary lipid inclusion, nor specific lipid source, resulted in a change in serum cholesterol concentrations of dogs overall in the present study.

Canine serum ALP activity is a non-specific biomarker for cholestasis and can also be increased in young large breed dogs due to bone growth and increased levels of exogenous or endogenous corticosteroids [30]. Mean serum ALP activity results remained within the reference range for all time points and among all treatment levels, though a statistically significant increase was seen at weeks 4, 10, and 16 for pooled data compared to pre-study values. These results contradict other studies, where dogs fed high fat diets showed decreased ALP concentrations over time [26,29]. It remains unclear,

however, whether the changes to ALP concentrations observed by Swanson et al. (2004) and Anturaniemi et al. (2020) were related to the dietary lipid content or other factors such as inclusion levels of proteins, carbohydrates, or other nutrients, as well as differences in analytical methods. While we did see an increase in ALP of 25% above the reference range for six dogs, as well as four dogs that were below the reference range at one or more time point, these observations were independent of treatment oil and all dogs remained clinically healthy with no other abnormalities reported by owners. Increases in ALP are non-specific and ALP concentrations may be influenced by a variety of factors, including sex, age, and breed [29,32-35], as such, the large variability both in the current data, as well as in the literature, suggests the variability in ALP results are due to normal biological variation or other non-treatment related factors.

While significant differences were seen among treatments for both GGT and ALT, all values remained within reference range (Animal Health Laboratory, Guelph, Canada). To the authors' knowledge there is presently no conclusive evidence to suggest dietary composition has a significant effect on either of these liver-related biomarkers in dogs. Swanson et al. (2004) found no significant differences in ALT or GGT concentrations in dogs fed an animal-based diet (20% crude fat) compared to dogs fed a plantbased diet (8% crude fat) [29]. Ober et al. (2016) found no significant differences in ALT in dogs fed a high-fat performance diet, a maintenance diet, or a maintenance diet with supplementary corn oil [31]. Similarly, Anturaniemi et al. (2020) found no differences in ALT in dogs fed heat-processed high carbohydrate diet versus dogs fed non-processed high-fat diet [26]. In training sled dogs fed two different diets with high fat content (53.7% for diet A and 48.5% for diet B) an increase in ALT was measured for diet B at weeks 7 and 20 from week 0, though ALT concentrations decreased from week 20 to 24 [37]. Though an increase was seen at certain timepoints for ALT, such changes could also be attributed to differences in dietary protein content in the diets [37]. For the present study, both ALT and GGT levels remained at the lower end of the reference range, and no other significant effects among treatments were seen for other liver related biomarkers, indicating that the dietary supplementation of CAM, when compared to FLX and OLA, had no negative effects on hepatic health over the 16-week period.

Values for T.S. protein did not differ among treatments; however, all values were above reference range by up to 7% (Animal Health Laboratory, Guelph, Canada). This is a semi-quantitative measurement of plasma proteins and is much less accurate than the biochemical analysis of serum total protein included in the biochemical panel, which was within normal ranges. Therefore, the minor changes in T.S. protein above the reference range were considered irrelevant for the safety assessment of CAM.

An increase was seen in total bilirubin by week, and conjugated bilirubin for both week and treatment by week interaction, however, all values remained within the reference range and no differences were observed among treatments. It is difficult to compare normal bilirubin values of the present study with existing literature in dogs, as reference ranges show variability among different laboratories and, as such, values cannot be accurately compared [26,38].

4.3 Considerations

This study used client-owned dogs, which provided researchers an opportunity to study the real-world effects of camelina oil on canine health, as opposed to in a laboratory setting. This more accurately depicts how camelina oil will affect the canine population as a whole, as the study participants represent various breeds, ages, sizes, and activity levels.

Authors also acknowledge possible limitations that could have resulted from working with client-owned dogs that do not live in a controlled environment. Though owners were asked to report any deviations from the provided study diet, researchers could not control for any other possible foods given, with or without the owner's knowledge. Unknown deviations from the diet, failure of owners to report any veterinary care, medications, or supplements throughout the study, as well as differences in environments and

routines between households could have impacted BW, BCS, FI, and hematology and biochemistry analytes. Since dogs were brought to campus for blood collection, stress may have had an impact on some concentrations of hematology and biochemistry analytes. Furthermore, recorded FI could have been impacted by feeding schedules of owners, failure to return leftover food, or multi-dog households where there is a possibility that provided food was consumed by other dogs. Finally, because the food was mixed with oil before feeding, researchers were unable to determine oil and food intake separately. Though dogs were blocked for breed, age, and size, sources of variation due to environmental conditions could not be controlled for in the statistical analysis.

5. Conclusions

This study presents information about the effects of dietary camelina oil supplementation on body weight, body condition score, food intake, and hematology and biochemistry analytes, as compared to canola and flaxseed oil, in healthy, adult dogs. Canola and flaxseed oil are already considered safe for use in canine diets and differences in aforementioned parameters were minimal among treatment groups. As such, we suggest that camelina oil should be considered safe for use in canine nutrition.

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Institutional Review Board Statement: The study was conducted according to the guidelines of the Declaration of Helsinki and approved by the Animal Care Committee at the University of Guelph (AUP #4481).

Data Availability Statement: The data presented in this study are available on request from the corresponding author.

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Conflicts of Interest: A.K.S. was previously employed by P&G and Mars Pet Care, serves on the Scientific Advisory Board for Trouw Nutrition, and has received honoraria and research funding from various commodity groups, pet food manufacturers, and ingredient suppliers. C.G. holds the Nestle Purina Professorship in Companion Animal Nutrition. S.B., T.R., K.P., N.A., W.P., and L.T. declare no conflict of interest.

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