Kingdom of Saudi Arabia

Ministry of National Guard - Health Affairs

الملكة العربية السعودية

وزارة الحرس الوطني - الشوون الص



IRB NCBE Registration No.: H-01-R-005











Memo Ref.No. IRBC/0742/20

E-CTS Ref. No.



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JED-20-427780-64660

Study Number:

SP20/127/J

Study Title:

The Relationship between Pica and Iron Deficiency Anemia among Pregnant Women

in East Jeddah Hospital

Study Sponsor:

Non Grant

IRB Approval Date: 18 May 2020

IRB Review Type:

Expedited Review

☐ Full Board

Study site(s):

Western Region



Assistant Professor, Maternity Nursing, College of Nursing, KSAU-HS, Jeddah

Ministry of National Guard - Health Affairs



After reviewing your submitted research proposal/protocol and related documents, the IRB has APPROVED the submission. The approval includes the following related documents:

Document/Title	Version	Date
Research Proposal	01	18 May 2020
Informed Consent	01	18 May 2020
Data Collection/Questionnaire	01	18 May 2020

The approval of the research study is valid for one year from the above approval to expiration date.

Terms of Approval:

- Annual Reports: An Annual report must be submitted for approval to avoid termination/suspension of your research.
- Financial report: If your study is funded project, details financial report should be submitted with the scientific report.
- Final Report: After completion of the study, a final report must be forwarded to the IRB.
- Retention of original data: The PI is responsible for the storage and retention of original data pertaining to the project for a minimum of five years.
- Reporting of adverse events or unanticipated problems: The PI is responsible to report any serious or unexpected adverse events or unanticipated problems, which could involve any risk to participants or others, or any event on incidents that may have impact on the research or participants.
- Biological samples: No biological samples to be shipped out of the Kingdom of Saudi Arabia without prior IRB approval.
- Participant incentives: No financial compensation or gifts to be given to participants without prior IRB approval.
- Storage of biological samples: All biological samples collected for the purpose of this research must be stored in the KAIMRC related repository.
- You will need to resubmit the proposal to the IRB for review and re-approval before implementing any changes to the approved proposal.
- It is possible that the IRB may decide that the proposed new changes may exclude the proposal from being accepted for exempt review.

It is your responsibility to safely store the data collected.

19 MAY 2020

Prof. Abdullah Al Sayyari

Chairman, Institutional Review Board (IRB) Ministry of National Guard - Health Affairs

AS/rla

P.O. Box 22490, Riyadh 11426 Tel. 8011111 Telex: 403450 NGRMED SJ (ORACLE 29795) HA . Printing Press 17 / 137

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