Self-organized PT-symmetry of exciton-polariton condensate in a double-well potential

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Abstract: We investigate the dynamics and stationary states of a semiconductor exciton-polariton condensate in a double well potential. We find that upon the population build up of the polaritons by above-threshold laser pumping, coherence relaxation due to the phase fluctuations of the polaritons drives the system into a stable fixed point corresponding to a self-organized PT-symmetric phase.

Keywords: exciton-polaritons, PT-symmetry, double-well potential, Bose-Einstein condensates

1. Introduction

One of the prominent research directions in semiconductor optics is the study of exciton-polariton condensation in microcavities. Exciton-polaritons are hybrid quasiparticles of strongly coupled quantum well excitons and cavity photons [1,2], retaining the properties of both matter and light. The excitonic part mediates effective interactions between the polaritons, giving rise to interesting nonlinear properties, whereas the small effective mass of the photonic component enables Bose-Einstein condensation even at ambient temperatures [3–5], in contrast to their ultracold atomic counterparts [6]. The short lifetime of the polariton condensate renders it an open system that requires continuous replenishing from the excitonic reservoir via external pumping. After their experimental realization [7,8], the polariton condensates have been shown to be ideal system for studies of many effects at the interface of non-equilibrium physics and nonlinear dynamics.

The intrinsic nonlinear dynamics of polariton systems lead to a variety of effects, such as the appearance of a Mach-Cherenkov cone in a supersonic flow [9], the formation of quantized vortices [10], and dark solitons [11]. Moreover, the polariton condensates can be engineered with high precision by the external laser fields [8,12–14]. Finally, such systems are promising candidates for various applications in photonic devices, such as switches, gates and transistors [3], as well as for simulations of interacting spin models [15].

The “open” nature of a system featuring gain and loss leads to interesting implications when the dissipative dynamics become pseudo-Hermitian. This is the case in parity-time (PT) symmetric setups, where dissipation losses are exactly balanced by the pumping gain. Systems with PT-symmetry has been a flourishing and broad research field, extending from quantum mechanics [16] and field theory [17] to optics [18] and acoustics [19].

The interplay between the inherent losses and the laser pumping adjusted to preserve the PT symmetry provides an effective framework where a polariton system can exhibit coherent, Hermitian-like dynamics for relatively long times. Remarkable recent results include permanent Rabi oscillations [20], multistability and condensation below threshold [21], exceptional points in polaritonic cavities below lasing threshold [22],...
Figure 1. Schematic top view (left panel) and side view (right panel) of a polariton system in a double quantum well. Spatially shaped pumping lasers populate with rates $P_L$ and $P_R$ the reservoir excitons $n_{L,R}$, which decay via recombination with rates $\Gamma$ and energy-relax and scatter into the polariton condensate with rate $R$. The pumping lasers also create the confining potentials for the polaritons $\psi_L$ and $\psi_R$, which decay with rates $\kappa$, are continuously replenished by reservoir excitons with rates $R_{n_{L,R}}$, while interacting with each other via the Josephson coupling $J$.

and coherent oscillations of a two species polariton mixture in a double well [23]. The latter has been shown to be able to simulate the dynamics of a pair of spin-1/2 particles (qubits) in the presence of exchange interaction. So far, however, polariton structures in the framework of PT symmetry have not been extensively studied, and more efforts are needed to reveal the rich landscape of phenomena that can emerge from this framework.

In this work we study the dynamics of an exciton-polariton condensate in a double well potential, in the presence of time-varying exciton populations and phase fluctuations. We consider the coupled-mode Gross-Pitaevskii equations for the polaritons supplemented by the rate equations for the laser-pumped exciton reservoirs, and derive analytically the steady state solutions for the exciton and polariton populations as well as their coherence. We find that, when the total pumping rate is above threshold, the system automatically attains the PT symmetric state, independently of the pumping rates of the individual sites. Employing numerical simulations for several different pumping rates and initial conditions, we verify our analytical findings. We also study the stability and robustness of our results in the presence of phase noise caused by the unavoidable phase fluctuations of the polaritons.

2. The exciton-polariton system

The system under consideration is schematically illustrated in Fig. 1. One or more layers of semiconductor quantum wells are placed inside the semiconductor microcavity near the antinode of the resonant cavity field mode. Spatially shaped pumping lasers replenish continuously the exciton reservoirs and simultaneously create confining potentials for the polariton condensate. Assuming a tight-binding double-well potential, the exciton-polariton system can be described by the following coupled nonlinear Schrödinger equations for the polariton condensate wavefunctions $\psi_L$ and $\psi_R$ in the left ($L$) and right ($R$) wells [24]:

$$i\partial_t \psi_L = \left[\epsilon_L + \eta|\psi_L|^2\right]\psi_L + \frac{i}{2}[R_{n_L} - \kappa]|\psi_L - J\psi_R|,$$  (1a)

$$i\partial_t \psi_R = \left[\epsilon_R + \eta|\psi_R|^2\right]\psi_R + \frac{i}{2}[R_{n_R} - \kappa]|\psi_R - J^*\psi_L|,$$  (1b)

where $\epsilon_{L,R}$ are the single-particle energies, $\eta$ is the nonlinear interaction strength, $\kappa$ is the decay rate of the polaritons due to the exciton recombination and cavity photon losses (assumed the same for both wells), and $J$ is the Josephson (tunnel) coupling between the
wells. The polariton equations are supplemented by the equations for the populations $n_{L,R}$ of the reservoir excitons,

$$\partial_t n_L = P_L - \Gamma n_L - R n_L |\psi_L|^2,$$
$$\partial_t n_R = P_R - \Gamma n_R - R n_R |\psi_R|^2,$$

(2a) \hspace{1cm} (2b)

which are created by laser pumping with rates $P_{L,R}$, decay with rate $\Gamma$, and scatter into the polariton condensate with rate $R$.

In Appendix A we briefly outline the PT-symmetry conditions for a condensate in a double well potential. Neglecting for the moment the non-linearity $\eta$, the PT-symmetry condition is satisfied when $\epsilon_L = \epsilon_R = 0$ and the gain in one well exactly compensates the losses in the other,

$$\gamma_L \equiv \frac{1}{2} [Rn_L - \kappa] = -\frac{1}{2} [Rn_R - \kappa] \equiv -\gamma_R,$$

(3)

as per Eqs. (1a) and (1b), which leads to $n_L + n_R = \frac{2\kappa}{R}$. The threshold pumping at which the polariton condensate starts to form can be obtained from the condition that the sum of the gain and loss in both wells is non-negative, $\gamma_L + \gamma_R \geq 0$. With Eq. (3), this condition is equivalent to

$$n_L + n_R \geq \frac{2\kappa}{R},$$

(4)

Note that, exactly at the threshold, this is the same condition as for the PT-symmetry. In the stationary regime for the reservoir excitons, $\partial_t n_{L,R} = 0$, we find from Eqs. (2) the steady-state values

$$n_{L,R} = \frac{P_{L,R}}{\Gamma + R |\psi_{L,R}|^2}.$$  

(5)

Exactly at the threshold for condensate formation, the values of the polariton populations in both wells, $|\psi_{L,R}|^2$, are marginally equal to zero and we have $n_{L,R} \approx P_{L,R}/\Gamma$. Substituting these values into Eq. (4), we find the threshold pumping condition

$$P_L + P_R \geq \frac{2\kappa \Gamma}{R},$$

(6)

above which the condensate begins to form, while for $P_L + P_R < \frac{2\kappa \Gamma}{R}$ the condensate decays to zero.

In the upper panels of Fig. 2 we show the polariton populations $|\psi_{L,R}|^2$ for different pumping rates and initial conditions, with and without non-linear interaction, as obtained from the numerical solution of Eqs. (1-2). The insets show the evolution of the exciton populations $n_L$ and $n_R$ and their sum $n_L + n_R$. For pumping below threshold, we observe a decay of the initial (seed) polariton populations with rate $\gamma_L + \gamma_R \approx \frac{R}{\Gamma} (P_L + P_R) - \kappa < 0$, accompanied by Rabi-like oscillations, while the exciton populations settle to $n_{L,R} = \frac{P_{L,R}}{\Gamma}$. For pumping above threshold, the polariton populations grow until reaching certain values $|\psi_{L,R}|^2$ at which $n_L + n_R \approx \frac{2\kappa}{R}$, while the Rabi-like oscillations persist or are eventually damped, depending on the initial conditions or presence of non-linear interaction, as discussed below. Remarkably, the polariton and exciton populations increase and decrease, respectively, reaching the same stationary values which satisfy the PT-symmetry conditions, independently of the pumping rates, as long as pumping is retained above threshold.
3. Equivalence of the PT-symmetry and steady state conditions

To understand the dynamics of the system, it is convenient to express Eqs. (1) in terms of the polariton populations \(|\psi_{L,R}|^2\) and coherence \(\Theta \equiv \psi_L^* \psi_R\) as

\[
\begin{align*}
\partial_t |\psi_L|^2 &= 2\gamma_L |\psi_L|^2 + 2i \text{Im} \Theta, \\
\partial_t |\psi_R|^2 &= 2\gamma_R |\psi_R|^2 - 2i \text{Im} \Theta, \\
\partial_t \Theta &= -i \left[ \epsilon_L - \epsilon_R + \eta (|\psi_L|^2 - |\psi_R|^2) \right] \Theta \\
&\quad + (\gamma_L + \gamma_R) \Theta - i \left[ |\psi_L|^2 - |\psi_R|^2 \right].
\end{align*}
\]

(7a) \(\quad\) (7b) \(\quad\) (7c)

Note that below threshold, \((\gamma_L + \gamma_R) < 0\), both the polariton populations and their coherence decay to zero, as already mentioned above.

Let us assume \(\epsilon_{L,R} = 0\) and consider first the case of vanishing nonlinearity \(\eta = 0\). Equation (7c) indicates that the coherence decays only if its real part is nonzero. In turn, the solution for the real part of the coherence is

\[\text{Re} \Theta(t) = \text{Re} \Theta(0) e^{\int_0^t (\gamma_L + \gamma_R) dt'}.\]

(8)

Hence, if initially \(\text{Re} \Theta(0) = 0\), it will remain so at later times, \(\text{Re} \Theta(t) = 0\) \(\forall t > 0\). Then the dynamics of the system, if pumped above threshold, will exhibit continuous Rabi-like oscillations with frequency \(f\), while no steady state will be attained, as in Fig. 2(b).

In practice, however, even if initially we have \(\text{Re} \Theta(0) = 0\) [e.g., either \(\psi_L(0) = 0\) or \(\psi_R(0) = 0\)], the unavoidable phase fluctuations of the polaritons will eventually lead to the appearance of finite \(\text{Re} \Theta(t) \neq 0\), which in turn will result in the decay of...
coherence and drive the system to the steady state. Equivalently, if we have initially $\text{Re}\Theta(0) \neq 0$, the system can still exhibit initially Rabi-like oscillations, but then it will eventually attain the steady state, as in Fig. 2(c). Finally, as seen from Eq. (7c) the nonlinear interaction couples the real and imaginary parts of the coherence $\Theta$ with the rate $\eta(\vert \psi_L^2 - \vert \psi_R^2 \vert)$. Hence, in the presence of nonlinearity $\eta \neq 0$, we expect the eventual decay of the coherence with the system attaining the steady state, for any initial conditions and independent on the phase fluctuations, as in Fig. 2(d).

Setting the time derivative in the left-hand side of the Eq. (7c) equal to zero, we find the steady state is reached when

$$R[n_L + n_R] - 2\kappa \eta = 0, \quad \text{and} \quad \vert \psi_L^2 \vert^2 = \vert \psi_R^2 \vert^2. \quad (9)$$

Remarkably, the first equation corresponds exactly to the PT-symmetry condition $n_L + n_R = 2\kappa R$ discussed above. Moreover, this condition is satisfied even in the presence of nonlinear interaction $\eta \neq 0$, because the equal polariton populations as per the second equation lead to exactly the same energy shifts $\eta(\vert \psi_L^2 - \vert \psi_R^2 \vert)$ of the polaritons in both wells. In other words, for any initial conditions, and provided the total pumping is above threshold as per Eq. (6) but otherwise arbitrary $P_L$ and $P_R$, the system attains a stable fixed point corresponding to the PT-symmetric state. Even when no steady state exists or is yet reached, the PT condition in Eq. (9) is approximately satisfied, as seen in the insets of Fig. 2.

Combining Eqs. (5) and (9), we find that steady state polariton populations are

$$\vert \psi_L^2 \vert^2 = \vert \psi_R^2 \vert^2 = \frac{P_L + P_R}{2\kappa} - \frac{\Gamma}{R}. \quad (10)$$

Figure 3. Dynamics of the polariton populations $\vert \psi_{L,R}^2 \vert$ (upper panels), the coherence $\Theta$ (middle panels), and the left-well polariton field correlation function $g^{(1)}(t)$ (lower panels), for the same parameters as in Fig. 2 with the addition of phase fluctuations causing decoherence with rate $\zeta = 0.05J$, as obtained from the the ensemble averaged solution of Eqs. (1-2). (a) Linear case ($\eta = 0$) with the below threshold pumping $P_L = 1000J$ and $P_R = 990J$ leading to the exponential decay of the correlation function $g^{(1)}(t) \sim e^{-\zeta t}$. (b) Same as in (a), but for stronger pumping above threshold $P_L = 1080J$ and $P_R = 1020J$. Now, independently of the initial value of $\text{Re}\Theta(0)$, the phase fluctuations cause exponential decay of $g^{(1)}(t) \sim e^{-\zeta t}$ while the system approaches the steady state. (c) Same as in (b) but in the presence of nonlinearity $\eta = 0.3J$, causing accelerated decay of $g^{(1)}(t) \sim e^{-0.057t}$ and faster approach of the system to the steady state. In the lower panels, we also show the correlation functions $g^{(1)}(t)$ obtained from the long-time average of the system dynamics (the oscillating tail of $g^{(1)}$ is due to the finite length of the time series).
while the exciton populations are

\[ n_{L,R} = \frac{2\kappa P_{L,R}}{R(P_L + P_R)}. \]  

Using these stationary values for \( n_{L,R} \) and \( |\psi_{L,R}|^2 \) in Eqs. (7a) and (7b) in the steady state we obtain

\[ \text{Im}(\Theta) = \frac{\kappa \Gamma (P_L - P_R)}{2} - \frac{P_L - P_R}{4J}, \]  

and from \( |\psi_L \psi_R^*|^2 = [\text{Re}(\psi_L \psi_R^*)]^2 + [\text{Im}(\psi_L \psi_R^*)]^2 \) we obtain

\[ \text{Re}(\Theta) = D \sqrt{4J^2(P_L + P_R)^2 - \kappa^2(P_L - P_R)^2} \]  

where

\[ D = \frac{P_L + P_R - 2\kappa \Gamma / R}{4J \gamma (P_L + P_R)}. \]

These results are verified by the numerical simulations illustrated in Fig. 2 and they equally hold for any value the nonlinearity strength \( \eta \).

4. Phase fluctuations

As mentioned above, the coherence of the polariton condensate will decay due to the phase fluctuations that are always present in realistic quantum systems. We therefore incorporate the phase noise in our numerical calculations and investigate how it modifies the dynamics of the polaritons and the coherence. We model the phase fluctuations as the standard Wiener process for stochastic differential equations. Thus, the single-particle energies \( \epsilon_{L,R} \) in Eqs. (1) become Gaussian stochastic variables with the mean \( \langle \epsilon_{L,R} \rangle = 0 \) and variance \( \sigma^2 = 2\xi / \delta t \), where \( \xi \) is the decoherence rate and \( \delta t \) is the time step for picking a new random energy.

In Fig. 3 we show the results of our numerical simulations as obtained upon the ensemble average over \( N = 1000 \) independent realizations of the system dynamics. We compute the first-order correlation functions \( g^{(1)}(t) \), which quantify the coherence for the polaritonic fields, via

\[ g^{(1)}(t) = \frac{\langle \psi(t_0) \psi(t) \rangle}{\sqrt{\langle |\psi(t_0)|^2 \rangle \langle |\psi(t)|^2 \rangle}}, \]  

where \( \psi = \psi_L \) or \( \psi_R \), and \( \ldots \) denotes the ensemble average.

Below the pumping threshold, the polariton fields decay with rate \( \gamma_L + \gamma_R < 0 \), but the phase fluctuations with rate \( \xi \) causes even faster decay of coherence, \( g^{(1)}(t) \propto e^{-\xi t - (\gamma_L + \gamma_R) t} \), as seen in Fig. 3(a). For pumping above threshold, the phase noise causes exponential decay of the correlation function \( g^{(1)}(t) \propto e^{-\gamma t} \), while the system approaches the steady state independently of the initial value of coherence \( \text{Re}(\Theta) \), as seen in Fig. 3(b). Including also the nonlinear interaction \( \eta \neq 0 \) further accelerates the decay of the correlation function and the system approaches the steady state even faster.

We finally note that for an ergodic system the ensemble-averaged and time-averaged correlation functions are equivalent. To verify whether our polariton system is ergodic, we also compute the field correlation function

\[ g^{(1)}(t) = \frac{\int_0^t d\tau \psi(\tau) \psi^*(\tau + t)}{\sqrt{\int_0^t d\tau \langle |\psi(\tau)|^2 \rangle \int_0^t d\tau \langle |\psi(\tau + t)|^2 \rangle}}, \]  

resulting from a single, long-time trajectory with \( t_f - t_i = 3000 / J \). As seen in Fig. 3 (lower panels), the computed ensemble-averaged and time-averaged correlation functions coincide to a very approximation, attesting to the ergodicity of our system.
5. Conclusions

To summarize, we have studied an exciton-polariton system in a double-well potential, taking into account the dynamics of the reservoir excitons and the polaritons. We have found that for pumping of the excitons above the total threshold value for the formation of the polariton condensate, the exciton populations attain the values that satisfy the PT-symmetry condition for the polariton condensate, independent of the pumping rates of the individual wells. Employing the population-coherence equations, we interpreted the corresponding dynamics and revealed the stable fixed point, or the steady state, that the system approaches. To make our analysis experimentally relevant, we have taken also into account the phase fluctuations present in any realistic system, and computed the first-order correlation functions for the polariton fields, which revealed the coherence decay with the corresponding rate.

We note that our results apply to moderate non-linear interaction strength and small differences in pumping rates of the two wells. For large difference in the pumping rates, the strong non-linear energy shift of the polariton condensate energy may lead to self-trapping and break-up of the PT symmetry [25].

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Appendix A. Polariton condensate in a PT-symmetric double well

Consider a polariton condensate in a double well potential described by the coupled-mode equations

\[ i \partial_t \psi_L = (\epsilon_L + i \gamma_L) \psi_L + \eta |\psi_L|^2 \psi_L - J \psi_R, \]
\[ i \partial_t \psi_R = (\epsilon_R + i \gamma_R) \psi_R + \eta |\psi_R|^2 \psi_R - J^* \psi_L, \]

where \( \epsilon_{L,R} \) are the single-particle energies, \( \gamma_{L,R} \) are the incoherent loss (\( \gamma < 0 \)) or gain (\( \gamma > 0 \)) rates at each well, \( \eta \) is the nonlinear interaction strength, and \( J \) is the Josephson coupling between the wells.

Figure A1. Imaginary part of the eigenvalues \( \lambda_{\pm} \) in Eq. (A3). For \( \gamma < J (= 1) \) we have a PT symmetric phase with real eigenvalues. Above the bifurcation point at \( \gamma = J \), the system enters the PT broken phase with imaginary eigenvalues.

If we set \( \epsilon_{L,R} = 0 \), assume negligibly weak nonlinearity, \( \eta |\psi|^2 \ll J \), and set \( \gamma_L = -\gamma_R = \gamma \) so that the loss at the right well is exactly compensated by the gain at the left well, we obtain a PT-symmetric Hamiltonian matrix corresponding to Eqs. (A1) [23]:

\[ \mathcal{H} = \begin{pmatrix} i \gamma & -J \\ -J^* & -i \gamma \end{pmatrix}. \]
Its eigenvalues and the corresponding eigenvectors are given by

\[ \lambda_{\pm} = \pm \sqrt{|J|^2 - \gamma^2} \quad (A3) \]

and

\[ |\pm\rangle = \left[ \left( \sqrt{|J|^2 - \gamma^2 \pm i\gamma} \right) |L\rangle \mp |R\rangle \right] / N_{\pm} \quad (A4) \]

with \( N_{\pm} \) the normalization factors. For \( \gamma < |J| \), the eigenvalue spectrum is real and the dynamics is Hermitian-like. For \( \gamma > |J| \), the eigenvalues become imaginary and the system enters the PT-broken phase. The case \( |J| = \gamma \) corresponds to the exceptional point of the system where the eigenvalues become degenerate and the eigenstates coalesce. Figure A1 illustrates the dependence of imaginary part of the eigenvalues on the loss/gain parameter \( \gamma \).

References
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